

October 2023 • vol 24 • issue 278

HIPIFiSH MONTHLY

alternative press serving the lower columbia pacific region

The Magic of Astoria
a weekend of events to celebrate
our power within

Astoria International
Film Fest
@ The Columbian

WRITE CALAVERITAS
for Astoria's
Dia de los Muertos

Astori-US Day!
an adventure in downtown

Savor Cannon Beach
9 extraordinary food & wine events

What Water Holds:
Four Fisherpoets
@ KALA Oct 21

No Place Like Home

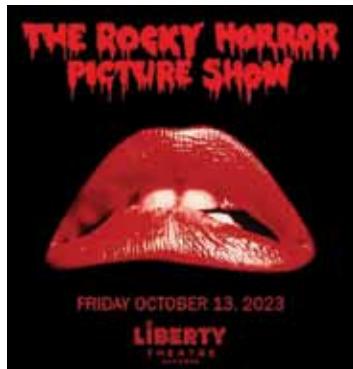
Photographer Roger Dorband
captures the essence of place
at RiverSea Gallery this Oct p4

It's time for a night out!

The Rocky Horror Picture Show

7:30 pm, Friday, October 13, 2023

You asked. We listened. The ultimate cult film



returns to The Liberty for all the little Transylvanians out there. Get ready to cheer, sing, jump to the left and step to the right in a bawdy and outrageous night hosted by the one and only Ginger Vitus!

North Coast Comedy Night

8:00 pm, Saturday, October 21, 2023

Don't miss the biggest comedy show on the



North Coast! Drew Wilson-McGrath hosts, and introduces you to your two new favorite comics - Arlo Weierhauser and Kermet Apio. Doors open at 7:00 pm; concessions in the Lower Lobby.

Mike Super - Magic and Illusion

7:00 pm, October 16, 2023

Come witness mind-blowing illusions weaved together with the hilarity of a headline comedian,



as Mike Super takes magic to new levels that will literally reach out and touch you! This amazing performance is fun for the whole family.

Practical Magic (1998)

8:00 pm, Friday, October 20, 2023

Two witch sisters fight a curse preventing them from finding lasting love.

Paranormal Investigations

6:30 pm & 9:00 pm
Saturday, October 28, 2023

Ghostoria investigators are back, in search of spirits at The Liberty. Two sessions.

North Coast Symphonic Band

2:00 pm, Sunday, November 5, 2023

Titled "Days of Nostalgia," features memorable songs and activities through the years.

An Evening with Jad Abumrad

7:00 pm, Monday, November 6, 2023
Radiolab creator and former host brings visual media & music.

Workshop for Theatre Educators - \$15.00

9:00 am - 4:00 pm, Sunday, October 22, 2023
Professional Development workshop for theatre educators, teachers incorporating theatre into their classrooms, and anyone working creatively with children. Visit www.kidsmaketheatre.org for more.

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MUSIC@KALA

UNCLE MARY and the Juke Joint Revivalists Halloween Spook Show

IT MAY BE DEJAVU, cause when you're in the presence of popular Portland trio Uncle Mary, due to the sheer joyous authenticity of their performance, they make the Juke Joint style come alive and you might be able to picture yourself in another era, or maybe you're connecting with a past life.

Heidi Hodge on double-bass, Kya Eckstrand on washboard percussion and Pat Buckley on guitar with their infectious energy, create a rich tapestry of sound and sweet

3-part harmonies abound. You'll hear covers such as "My Man Called Me" by Big Mama Thornton, "No Matter How She Done It" by Tampa Red and Thomas A. Dorsey and "Kindhearted Woman" by Robert Johnson.

Some of Uncle Mary's original tunes include the love song "Down Like Wine" and "Shattuck Street Zoo," which is a tale of early 1970s apartment woe. Songs in the spirit of the Halloween season include "Voodoo Workin'" by Charles Sheffield and Uncle Mary originals "Mr. Milton," which is based on a Portland ghost story, "Stabbah," which is a spooky crime story,



WATER THE MUSICAL with Your Song My Song For Kids of all ages! FREE • 1pm

Nov
12

KALA welcomes a return engagement of ensemble Your Song My Song, an environmental justice-focused children's entertainment group from the central coast of Oregon that writes music about connecting to the planet. With unique, funky, and original songs and a fully interactive musical show with hundreds of puppets, Your Song My Song celebrates the beauty and bio-magic of the third rock from the sun. Get ready to be inspired to dance and also to take action and claim your roles as integral crew mates here on Spaceship Earth!

Water the Musical, a fully interactive show, invites the audience to dance, sing along, and puppeteer one of their 200 space and sea puppets and transform the

energy of dread around climate change into joyous play, opportunity for growth, and community action. Meant for kids, but loved by adults, this earthy and off-world musical adventure journeys through funky disco rollerskate jams, spacey dance tunes and sweet jazzy folk tunes.

Your Song My Song encourages all to learn from the expertise of their conservation partner, Oregon Shores, CoastWatch, just how you can better become a steward of our planetary home. Space for Art



Foundation supports Your Song My Song's Water The Musical.

Sunday, Nov 12, 1pm. Doors open at 12:30pm For all ages. A FREE event.
Check out some of their great tunes on three albums and a sing-along songbook at yoursongmysong.com

COMING RIGHT UP!

What Water Holds: Four FisherPoets Saturday Oct 21 • 7:30pm see p7

CLEM STARK

HOLLY HUGHES

JOHN BRODERICK

TELA AADSEN

KALA Performance Space 1017 Marine Dr. in Astoria

An Intimate Music Room + Bar

Performance Schedule and Ticket Link www.kalaastoria.com

ASTORIA ART WALK

SECOND SATURDAY ART WALK

OCT 14 12PM - 8PM

astoriadowntown.com

Visit
Downtown
Astoria
on the 2nd
Saturday of
every month for
art, music,
and general
merriment!

Presented by the
Astoria Downtown
Historic District
Association

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Garden

Visual Arts
Writing
Clay
Horticulture

hoffmanarts.org  Manzanita

The Magic of Astoria

Prepare to embark on a weekend full of enchantment and wonder

October 20th - 22nd

It all begins with...

**PRACTICAL
MAGIC**



And the spell continues

Magic March Costume Parade

Metaphysical Faire, Foods & Spirits

The Magic of Seth Howard

Triple Moon Belly Dance

Underground Spirit Tours

& more

THIS WEEKEND OF SPELLBINDING EVENTS
IS NOT TO BE MISSED!

Join the "Magic of Astoria" Facebook group for details on all magical events

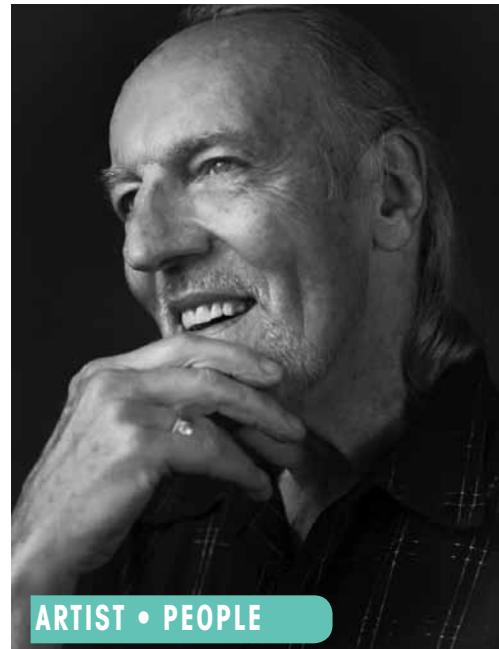


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ARTIST • PEOPLE

NO PLACE LIKE HOME

PHOTOGRAPHER ROGER DORBAND captures the essence of place at RiverSea Gallery this month

BY CAROL RAPHAEL

YOU MAY NEVER SEE Astoria in quite the same way after spending time with Roger Dorband's gorgeous photographs currently on view at the RiverSea Gallery from October 14 to November 7. This body of work from one of Oregon's finest photographic artists is the culmination of a lifetime devoted to capturing the essence of a place, whether it's the North Coast of Oregon, the monuments of Paris, or the dusty streets of India. Wherever he finds himself, Dorband brings a refined eye, sensitivity to color and light, and an unusual capacity for careful, patient observation of the world around him. During the 15 years Dorband has been a local resident, he has aimed his camera at the beauty that he often finds in the most unexpected of places.

The photographs on exhibit—the show is entitled, fittingly, *No Place Like Home*—range from seascapes and landscapes to buildings and people. All are infused with the luminous soft light of the northern coastal region and impeccably composed. Together they offer the flavor of another side of Astoria, probably not the one thousands of tourists drive there for. There is a quality of stillness, serenity, and even transcendence in this beautiful body of work.

Dorband intimates as much in his artist's statement. He writes of the "undercurrent of moodiness if not downright melancholy" that

he has picked up on in Astoria, in spite of all the good times people generally associate with coastal life. He also subtly refers to his own mature stage in life when one can be attracted to the allure of ports and their call to journey, whether to a foreign land or a final resting place. A harbor is a place of comings and goings, a place of transitions.

One particularly poignant image of a beached grey whale, entitled *Final Resting Place*, makes the sentiment obvious. But other images capture the wistfulness in more subtle ways: a lone tree in an open field along an estuary, a few abandoned posts standing akimbo amidst desiccated brush, an empty expanse of beach at low tide.

Not all the photographs in the exhibition are devoid of humans, but mostly the figures, if not entirely solitary, are often disconnected from one another, lost in contemplation or the task at hand. A lone inspector stands atop a tall ladder to scrutinize the looming hull of a docked ship. A woman clothed in flowery attire stands under a pink umbrella smoking, with eyes closed, lost in reverie or simply grateful for respite from a rainy day. Even the stunning photo of a young boy enthralled by enormous hand-blown bubbles seems stopped in his tracks by the sheer wonder of the giant shapes.

And then there are the container ships, a defining characteristic of this northern tip of the Oregon shore. Those silent, sleek vessels whose interiors are packed with mysterious wares, ply the end waters of the Columbia River as they make their unhurried way to sea and destinations unknown. They cast their spell in a number of images in the show, evoking the thrill of departure or emerging ghostlike from the watery mists.

But mostly it's the light that makes Dorband's photographs so dazzling. Whether it's the sun's rays creating a corona in a stormy sky, reflections of sunlight shimmering atop calm waters, the golden hues of a trailer park at sundown, or the infinite shades of coastal blues, Dorband's technical skills are at their peak.

Dorband began concentrating on photography after first exploring other disciplines and media. He was born and raised in Grants Pass, studied psychology at the University of

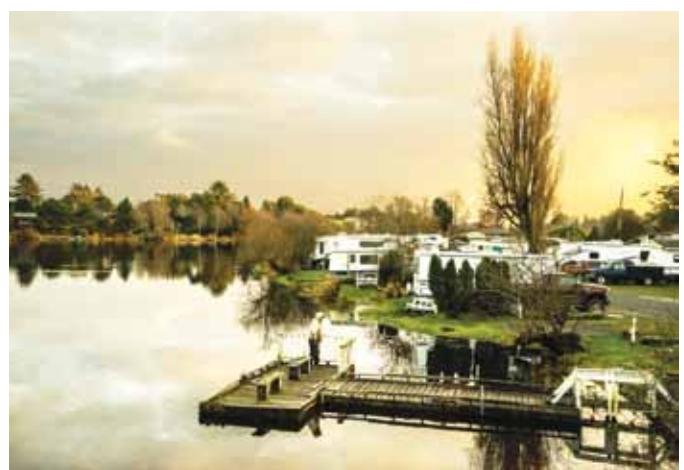
Oregon, and began his professional life as a social worker. A serious illness when he was in college had a profound impact on his life and initiated his lifelong interest in spirituality and seeking deeper truths. As he put it, he

decided to commit to living fully in the present and to "seek the path less traveled by," which has served him well in his life as an artist. His photographs are at once exhilarating and moving, capturing surface beauty while pointing to the greater depths that lie beneath.

In 1969 Dorband made his first trip to Europe, a year-long backpacking trip that introduced him to the great museums of the world and inspired him to try his hand at watercolor painting. Soon after he returned to the States, he enrolled in Portland State University to major in sculpture.



Praying for Rain



Sunset Lake

Though he still works occasionally in sculpture, it was a second year-long trip to Europe in 1980 that sealed Dorband's dedication to photography. Not long thereafter, he began working with famed Portland writer Ursula Le Guin on two book projects that combined his photographs with her prose and poetry. Their book on the Steens Mountain, *Out Here: Portrait of a River*, also received high praise.

Dorband has exhibited his photographs widely in the Pacific Northwest and elsewhere and is included in many prestigious collections, including those of the Portland Art Museum, Willamette University's Hallie Ford Museum, and the Jordon Schnitzer Museum of Art at the University of Oregon. He also writes for Hipfish from time to time and is active in regional forest conservation efforts.

Don't miss this show and the opportunity to see Dorband's wonderful photography!



Inside the Month:

NO PLACE LIKE HOME . . . C. Raphael p4
 4 FisherPoets . . . M. Monson p7
 Seasonal Events . . . p8
 Savor CB . . . p22
 Theatre/Perf. . . p13
 Art Happens . . . p15-16
 CALENDAR DAY BY DAY .. p12-14

COLUMNS

Word Wisdom . . . Nason p21
 Pet o' the Month . . . Cooper p21
 Flash Cuts Movie Haps . . . Kanekuni p22
 Free Will Astrology . . . Brezny p23
 Desdemona Speaks . . . J. Altruda p19
 Whole Planet Health . . . Hammit p24
 Chew On This . . . M. Meyers p25
 Architect Hound . . . E. Wheeler p26

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ON THE COVER: "Past, Present, Future"
 by Roger Dorband, Astoria, Or.

Clatsop Community College 65th Anniversary

CLATSOP COMMUNITY COLLEGE (CCC) announces its 65th anniversary celebration, marking a significant milestone in its history as the first state recognized community college in the state of Oregon. Established in August of 1958, CCC has been a cornerstone of education and community development in Clatsop County for over six decades.

To commemorate the anniversary, CCC invites the community to join in a festive open house on **Saturday, October 14th, 2023, from 1:00 p.m. to 4:00 p.m.** at the Lexington campus located at 1651 Lexington Ave in Astoria. This event promises a fun-filled afternoon packed with engaging activities, tours of campus, socializing, refreshments, and prizes. Visitors will have the opportunity to meet faculty and staff in classrooms and departments to see the scope of CCC's ongoing commitment to education and community engagement. Also, the CCC Foundation's Bandit Celebration that recognizes scholarship recipients and the generous donors will immediately follow the open house.

In addition to the open house, CCC is hosting a series of monthly events throughout Clatsop County designed to bring people together and celebrate the college's longstanding engagement in the community. These events will feature a wide range of activities, including trivia nights, lectures, volunteer opportunities, and fun events like bowling, music video nights, and bonfires with the aim of fostering a stronger sense of unity and collaboration among Clatsop County residents.



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to Book



MASTERING THE MOON Mystical Workshop

Unlock and unleash your emotional world and inner truth with this workshop! You'll learn about your unique cosmic nature, discover how to express yourself with your personal style and release buried negative emotions through:

- Understanding your astrological moon sign
- Learning personal styling for your shadow
- Releasing emotional attachments
- Resetting with a healing guided meditation

WHEN: SUNDAY, NOVEMBER 12TH, 2-5 PM
 WHERE: ROSE BRIAR MANSION
 636 14TH ST, ASTORIA, OR
 EARLY BIRD PRICING: \$67
 PRICING AFTER OCT 10th: \$97

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Sleuth

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Performances begin at 7:30 p.m.

Sunday shows start at 3:00 p.m.

Tickets \$25 or \$20



108 N Hemlock Street
 Cannon Beach, OR
 Tickets: 503-436-1242
coastertheatre.com



ROGER DORBAND

No Place Like Home

October 14 – November 7

1160 Commercial Street Astoria, Oregon
503.325.1270 riverseagallery.com Open daily

Coming in October to The Ten Fifteen Theater

BARTOW
by Greg Berman
A WORLD PREMIERE STAGED READING
Directed by DANIELLE TINKER

October 6th & 7th at 7:30pm
October 8th at 3:30pm
\$15
Tickets available at the door or online at thetenfifteenththeater.com

AUDITION ANNOUNCEMENT
Almost, Maine
by John Cariani
Directed by Karen Sosa, Jim Brown & William Hahn
October 15th & 16th
7:00pm
The Ten Fifteen Theater
1015 Commercial St - Astoria
For complete details, visit www.thetenfifteenththeater.com

Ten Fifteen Productions 2024 Season Announcement Party
Food - Drinks - Announcements - Fun
Saturday, October 21st
Doors open at 7pm
FREE
Reserve your spot at www.thetenfifteenththeater.com

For more information and tickets, visit:
www.thetenfifteenththeater.com

INSIGHTS AND ACTIVISTS

By Laurie Caplan

"AN ACTIVIST is someone who cannot help but fight for something. That person is not usually motivated by a need for power or money or fame, but in fact is driven slightly mad by some injustice, some cruelty, some unfairness, so much so that he or she is compelled by some internal moral engine to act to make it better." --Eve Ensler

"Human kindness has never weakened the stamina or softened the fiber of a free people. A nation does not have to be cruel to be tough." -- Franklin Roosevelt

"The point is that the relative freedom which we enjoy depends on public opinion. The law is no protection. Governments make laws, but whether they are carried out, and how the police behave, depends on the general temper in the country. If large numbers of people are interested in freedom of speech, there will be freedom of speech, even if the law forbids it; if public opinion is sluggish, inconvenient minorities will be persecuted, even if laws exist to protect them." -- George Orwell, "Freedom of the Park"

"The worst form of liberal arrogance is to dismiss the forces that brought Trump to power and are feeding resurgent nationalism around the world. Nobody was ever persuaded by being made to feel stupid." - Roger Cohen, New York Times, September, 2017

"Civics is not just knowing what is happening in the world, but knowing how to be better citizens of the world. There is no such thing as "your side of the boat is sinking." — E. Johns

"(Charles) Stover believed — and his life proves — that it is possible to make a difference in the world without yelling. It is easy to get caught up in the shouting of politicians, or to want simply to walk away from it all. That is why it is more important than ever to listen to the stories of those around us." -- Ariella Rosen, "A Whisper in an Age of Shouting"

"If I am not for myself, then who will be for me? And if I am only for myself, then what am I? And if not now, when?" -- Rabbi Hillel

"It is not enough that we do our best; sometimes we must do what is required."

--Winston Churchill

"Democracies need to be challenged, unlike dictatorships that fear broad challenge because it may cause them to buckle. Challenge in democracies is also rebirth." --Roger Cohen

"Do what you can, where you are, with what you've got." --Theodore Roosevelt

"It takes decades, centuries, to develop ingrained norms of political restraint and self-control. But they can be undone in short order by a demagogue feeding a vengeful populism."

--Charles Krauthammer

"I have long thought it is kind of fundamental in our society that when you expand the liberty of any of us, you expand the liberty of all of us." -- Senator Paul Simon, Illinois

"We were born into the opportunity to be aware, to care, and to create meaning in action."

--David Lee Myers

"Vote, write, speak, work, march, fight, struggle -- whatever it takes to secure the blessings of liberty." -- Molly Ivins

Our communities and country need us. Activate your inner activist. We might not make everything fine today, but we can start.

Indivisible North Coast Oregon (INCO) defends democracy by opposing authoritarianism, bigotry, and corruption. Sign up to get our weekly e-newsletter at www.incoregon.org, or contact incoregon@gmail.com. Indivisible North Coast Oregon is on Facebook.

THE NORTH COAST EOL Collective: A Collective Approach to Death and Dying

THE NORTH COAST EOL Collective believes in a Collective Approach to Death and Dying. Its mission is to create community by connecting people, resources, and experiences to educate and support a holistic approach to end-of-life for individuals and families living on the North Coast.

In October, there are three offerings beyond the launch of Death Cafes.

October 17th from 12 - 1:00 pm
Compassionate Communities: A Model for Equitable End-of-Life Care

End-of-life doulas (EOLDs) are uniquely positioned to act as informed conduits of care and transformation within their communities. Thoughtful, holistic, collaborative action between EOLDs and the systems surrounding them can increase community resilience and encourage higher quality and more equitable end-of-life care experiences. This webinar will highlight the work of The Peaceful Presence Project, an end-of-life doula collective and community-based organization in Central Or-

egon. Learn more about the Peaceful Presence Project thepeacefulpresenceproject.org

October 20th from 12 - 1:00 pm
Compassion and Choices

Introduction to Compassion and Choices: Compassion & Choices improves care, expands options, and empowers everyone to chart their end-of-life journey. Introduction to Compassion & Choices: history, mission, vision including Medical Aid in Dying (MAiD) history and Oregon's end-of-life options movement. Primer on the Oregon Death with Dignity Act, including requirements and data about who utilizes the law. Highlight the importance of end-of-life planning. Learn more about Compassion and Choices www.compassionandchoices.org

October 26: 12- 1:15 AND 6-7:15 pm.

Oregon Green Burial Council
Finding Meaning in Greener Burials

What are the end-of-life options that do less

alternatives look, feel, and sound like? What can folks who aren't religious do when planning a funeral to help it be personalized and meaningful? How can one plan ahead to make sure their funeral reflects their personality and values? Learn more about the Green Burial Council www.greenburialcouncil.org.

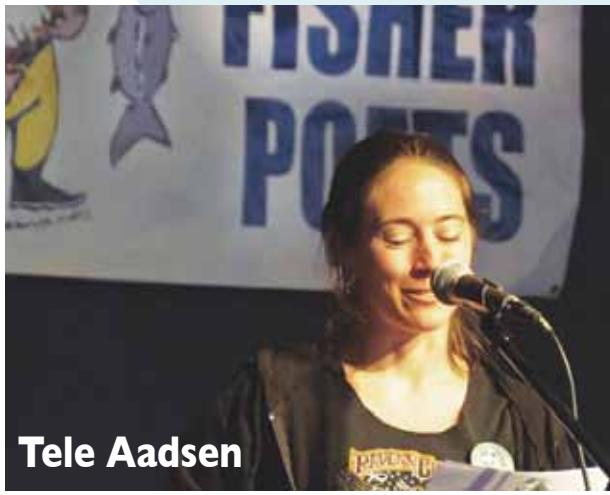
Offerings are virtual and at no cost to participants. The North Coast EOL Collective is committed to offering diverse presentations from local and national organizations and advocates in the end-of-life movement.

Learn more www.northcoasteolcollective.com



WHAT WATER HOLDS: Four Fisher Poets

By Marianne Monson



Tele Aadsen

KALA is going to be awash with words when four talented Fisher Poets share the stage on October 21st. Tele Aadsen, Clemens Stark, Holly Hughes, and Jon Broderick are familiar names for patrons of the Gathering, and this event offers a glimpse of all the annual fisherpoetry goodness to come in February.

Three originators of Fisherpoets are coming together to help fellow poet Tele Aadsen celebrate the release of her new book, *What Water Holds*, a collection of essays written in the decade between 2012 and 2023 for the Gathering. "What Water Holds is born of FisherPoets," Aadsen said. "This book wouldn't exist without this community. Jon, Clem, and Holly have all been generous mentors and sources of inspiration. I'm honored to share this evening together in the ever-magical KALA, no less. I can't wait to be in their audience."

Each of the four poets plan to read for 10-12 minutes before returning to the stage in conversation with the audience to discuss voice, craft, and what it means to write about labor, as well as other topics suggested by the audience. While FisherPoets' packed schedule can leave participants a little breathless as they race from performer to performer, this is a rare opportunity to slow down with more time for an intimate conversation. Tele Aadsen says she's particularly excited to hold the event on the KALA stage of which she says, "there's no dreamier, more perfect venue for fostering authenticity and intimacy. Communal connection is truly the heart of FisherPoets and I wanted that to drive what we share at KALA."

As most North Coast residents know, FisherPoets Gathering was founded in 1998 and takes place every year in celebration of writing in response to the practice of commercial fishing. More than a hundred fisherpoets, most from the Pacific Northwest, share poetry, songs, and memoir before an audience of

two thousand people in various venues around Astoria.

The initial organizer for the FisherPoets Gathering was Jon Broderick, who made the first phone calls in 1997 to invite forty people to share their work together. Broderick was first exposed to fisherpoetry in the Alaska Fisherman's Journal. A commercial fisher since 1976, Broderick began as a deckhand, salmon fishing out of Kodiak. In 1986, he sold his gillnetter and began teaching English and French in high school, but each summer, he continued fishing in Bristol Bay. At Linfield College

he took classes from Clem Stark, a poet and carpenter. "I had never heard anyone write creatively about work before," Broderick said, who began writing in response to his life on the water and dreaming of connecting with other fisherpoets. The first Gathering was held at Astoria's Wet Dog Café before 200 audience members. Venues were added over the years as the event grew. Jon is a guitar and banjo player and writes both music and poetry.

Clem Stark, who first exposed Jon Broderick to fisherpoetry, is a carpenter and poet who studied literature at Princeton University. He has worked as a merchant seaman and a deckhand, which is the basis for his fisherpoetry. Stark has published ten volumes of poetry to date, including one winner of and two finalists for the Oregon Book Award.

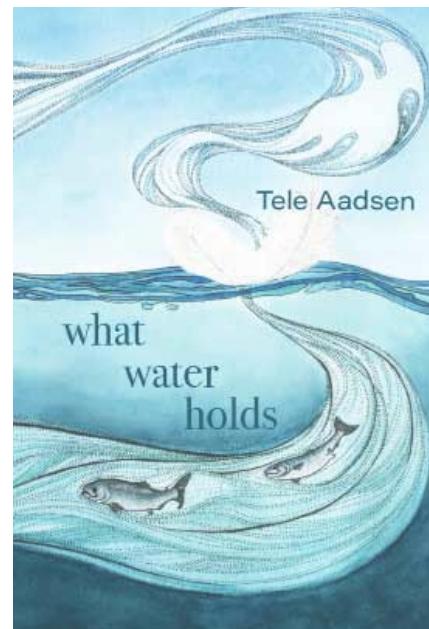
Holly Hughes was one of two women to respond to Jon's original call, and she performed at the first gathering in 1998. Hughes spent over thirty summers working on the water in Alaska as a skipper, fisherperson, and naturalist. She also spent a

number of years working as a journalist reporting on environmental issues, working to restore local salmon runs. She taught writing at Edmonds Community College for more than two decades where she won a number of awards for her teaching. She is the author and editor of several books, including a fine art chapbook that won an American Book Award. Her poems have been nominated for a Pushcart Prize and featured in *An American Life in Poetry*. She is co-publisher of Empty Bowl press and approached Tele Aadsen about the possibility of putting together a collection of her essays.

Tele Aadsen grew up commercial fishing with her parents in Alaska. From May through September, she trolls for king and coho salmon and October through April,

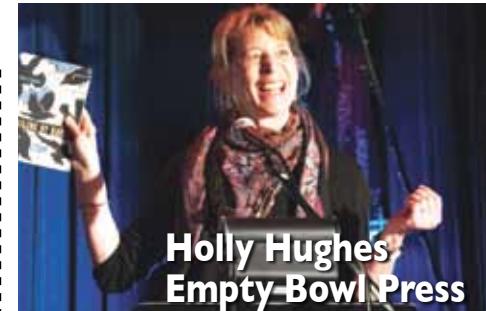
in Washington's Skagit Valley, she writes. Aadsen considers both writing and linefishing to be "laborious, beautifully inefficient process[es]". She found her way to FisherPoets Gathering for the first time in 2012 where she signed up as a performer and found herself welcomed into the vibrant community. Motivated anew by each annual deadline, Aadsen created two new pieces each year for the next ten years, which have now been gathered in this collection. "As a writer, performer, & human, FisherPoets Gathering has been the most affirming, enriching, supportive community I've been privileged to participate in," Aadsen said. "We inspire each other. Absorbing the diversity of written voice and style, how uniquely we each distill similar experiences, is validating: there's room for all."

— Laura Kalpaki, author of *Memory into Memoir*

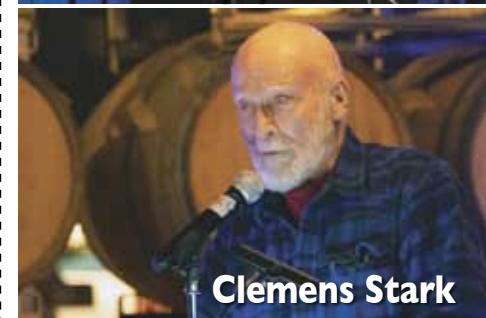


"In this slim, elegant volume, Tele Aadsen evokes the sea and the fishing community in all its peril and poetry. From childhood on, hers is a life lived from dock to deck, and the empathy and understanding she brings to her past resonates on every page. Her hard-earned wisdom is rendered in brilliant writing. The reader can savor these essays one at a time or plunge through the whole book and be equally delighted. Read, *What Water Holds*, and you will never look at a salmon in quite the same way again."

we have to Cascadia and all the beings who inhabit it. We loved working with Tele on this collection and look forward to the reading at



**Holly Hughes
Empty Bowl Press**



Clemens Stark



Jon Broderick

Kala to celebrate "What Water Holds" being out in the world. Since the essays were written for the annual Fisherpoets Gathering, it's fitting to be reading at Kala --where many of these essays were first heard with long-time fellow fisherpoets Clem Stark and Jon Broderick."

The four fisherpoets will share the stage for a night of poetry and music that is sure to inspire. Come celebrate the songs and sounds of the sea with four talented poets working at the height of their artistic powers.

KALA welcomes FOUR FISHERPOETS

Saturday Oct 21, 7:30pm

Tickets \$10 advance

\$13 @ door

online: kalaastoria.com

or call 503.338.4878

The Magic of Astoria

The Magic of Astoria offers a weekend filled with enchantment and wonder! Extraordinary events designed to celebrate the unique power residing within each individual, while also embracing the collective energy of the universe.

This unique weekend combines film, parade, performance, an Astoria Underground Tour and a diverse offering of artisans and practitioners at the coinciding Metaphysical Faire happening in the historic Pier 39 over the Columbia River.

Take counsel with an astrologer and have your chart read by practitioners who offer their own approaches to the use of astrology, speak with an Angel or Spirit Guide, discover spirit tools such as singing bowls, gemstones and crystals, and handcrafted items for your personal alter, magic work, and intuitive journey. Discover local and regional practitioners and artisans.

OCT 20

PRACTICAL MAGIC. The Movie \$12. 8pm. At The Liberty Theatre

Movie theme costumes encouraged, shop with magical vendors, sip tasty drinks and take a memory photo in the seasonal photo area. Doors open at 7pm. Tickets: libertyastoria.org



Movie, Practical Magic initiates the weekend. Costumes encouraged. Refreshments, merchandise and Trivia w/prizes



Mystical Artisans: Jasmine Carlie Creations will demonstrate her magic live painting and offer one-of-a-kind originals.

OCT 21

MAGIC MARCH COSTUME PARADE - 3pm (Maritime Museum to Pier 39).

PIERLY MAGIC METAPHYSICAL FAIRE 4 – 10pm, Pier 39 Annex, Free admission. A variety of metaphysical practices, energy services, enchanted arts and magical products, food and spirits

AN EVENING OF SPELLBINDING ENTERTAINMENT. 7-9pm Pier 39 Event Space. 2 Showings

7-8pm The Magic of Seth Howard/Triple Moon \$12
8-9pm Triple Moon Belly Dance/Seth Howard
Admission \$12

OCT 22

UNDERGROUND MAGIC – 11am and 1pm
The Astoria Underground/Spirit Tours Admission \$15



Magician Seth Howard



Triple Moon Belly Dance

ASTORI-US DAY! Oct 14

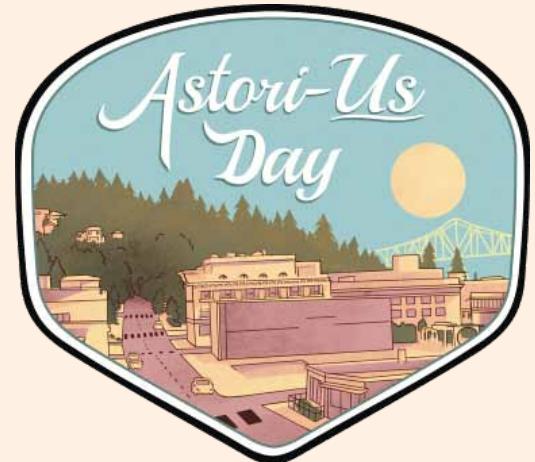
A FABULOUS OPPORTUNITY for Astorians and those that love to visit and shop in Astoria, the Astoria Downtown Association and local businesses coordinate a day of celebrating doing business with special events, free giveaways and stellar deals going throughout the day.

Over 30 participating businesses will offer specials, discounts and charitable donations, and visiting guests.

CAMBIDIUM GALLERY will present live music by Lindsey Bones at 3:33pm and feature the release of new work by local Ceramicist Tamee Harden. TERRA STONES will offer 13% off of the whole store through the weekend. LUCY BOOKS features storytelling at 10:45 and guest musicians throughout the day. SHORT WAVE hosts local artist Jessica Schleif selling her one of a kind handmade botanical wreaths and will be contributing 10% of their daily sales to the Chinook Nation in support of their fight for federal recognition. PURPLE COW, 20% off the entire store. Local artist Autumn Hurd does a pop-up sale at GATHERED BAKESHOP. Taking 10% off your entire purchase at the counter, WEIRD SISTERS reduces prices on summer stuff, and storewide 10% in addition to that extra bump at the counter.

That's just a few of the deals and events going down.

Visit astoriadowntown.com for a handy map and plan for some time in your day to adventure Astoria's offerings.



Third Biennial Arts Summit: Art Works! Artists Teaching Artists

THE THIRD BIENNIAL Clatsop County Arts Summit will take place from 9 a.m. to 12:30 p.m. Saturday, October 14, at Clatsop Community College in Astoria. This event is free and open to the public; the program can be accessed at clatsopcountyarts council.com/events.

ABOUT THE ARTS SUMMIT: Working artists and fledgling professionals in the arts industries don't always have the tools or knowledge to turn their passions and creative talent into a viable source of income. It's difficult for artists, especially those who are just starting out, to create a business around their work.

The Clatsop County Arts Council holds a biennial one-day Arts Summit and invites professional artists to share their knowledge at a series of free workshops. Anyone in the community is welcome to attend the summit and choose a few workshops to participate in. The Arts Summit also includes a presentation for government and business leaders about the economic impact of the arts in Clatsop County and a roundtable discussion with all the workshop presenters.

The Workshops include:

Becoming A Professional: a panel of artists
Developing Your Business Plan: Meyer Freedman
Finding Funding: Jessamyn West
Navigating Online Options: Holly Mars
Understanding Copyright Issues: Cary Novotny

For Full Program Details go to: clatsopcountyarts council.com

Council Mission: OUR MISSION is to support, promote, and advocate for the arts and cultural enrichment in the county. We envision Clatsop County as an arts mecca, where every community member's creativity has an outlet, public art lives in abundance, low-cost art is accessible across demographics, and the public is aware of the economic importance of art. The council was originally established by Clatsop County as an advisory committee to the Board of Commissioners. In 2022, the council became a nonprofit entity, although its goals remained the same: to serve and promote the creative community of Clatsop County.

Astoria International Film Festival

Oct 20 - 22

The Columbian Theater will be hosting the 2023 Astoria International Film Festival. AIFF and the Columbian have put together a great collection of films to make for a great weekend of cinema. Stay tuned for more details in the coming weeks and film times. columbianvoodoo.com Here is a synopsis of each days viewing:

FRIDAY OCTOBER 20

A collection of short films including:

Remembering York Street
Albina Vision Series
Hunger Ward
Rex Amos: A Man of Many Hats
Wide Blue Yawn

SATURDAY OCTOBER 21

Charlie's Country (Australia)

Charlie (David Gulpilil), an Aboriginal man of Australia, struggles to navigate the society he finds himself in, especially when he tries to reconnect with the traditional ways of his people.

Rafiki (Kenya)

A story of developing love between two young women in the repressive environment of Nairobi Kenya.

Little Richard: I Am Everything (USA)

Little Richard: I Am Everything tells the story of the Black queer origins of rock n' roll, exploding the whitewashed canon of American pop music to reveal the innovator -- the originator -- Richard Penniman.

ATTENTION ALL RADIOLAB LOVERS!

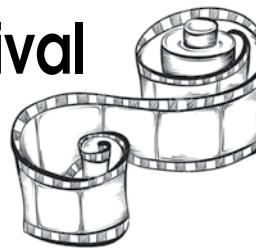
JAD ABUMRAD is the creator and former host of Radiolab, a public radio program broadcast on nearly 600 stations across the nation and downloaded more than 12 million times a month as a podcast. Abumrad hosts Everything. Together. Radio on Apple Music Hits. Each episode offers a kaleidoscopic mix of uptempo, electro, dance, funk, hip-hop, experimental noise, soul, and everything in between.

He's won three George Foster Peabody Awards, and in 2011 Abumrad was honored as a MacArthur Fellow (also known as the Genius Grant). The MacArthur Foundation website says, "Abumrad is inspiring boundless curiosity within a new generation of listeners and experimenting with sound to find ever more effective and entertaining ways to explain ideas and tell a story."

Abumrad will use his unique presentation style to create a full-sensory experience, utilizing visual media and music to inspire wonder, curiosity, and a deeper understanding of the world around us.

As the creator of Radiolab, Jad Abumrad is not just responsible for one of the most highly regarded radio shows and podcasts, but for a style of sound design that influenced many of today's most popular audio shows.

—Nick Douglas, Lifehacker.com



SUNDAY OCTOBER 22

EO (Poland)

The world is a mysterious place when seen through the eyes of EO, a grey donkey with melancholic eyes.

No Bears (Iran)

NO BEARS portrays two parallel love stories. In both, the lovers are troubled by hidden, inevitable obstacles, the force of superstition and the mechanics of power.

Some Like It Hot (USA)

The 1959 crossdressing comedy starring Marilyn Monroe, Jack Lemmon, and Tony Curtis.



The film is an outrageous, hilarious, and amazingly unpretentious trip through a funhouse of sexual identities. —Chris Cabin, SLANT



JAD ABUMRAD Liberty Show Nov 6

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WRITE LETTERS ABOUT SHELTER

Oregon Humanities' long-running letter exchange is a pen-pal project with a twist.

MANY of the most pressing issues facing Oregon today relate to some form of shelter, be it housing, citizenship, personal safety, or even shade. Questions about who deserves shelter, and what kind, and where, and how it should be paid for, show up daily in media, public meetings, and private conversations. These questions can be hard to ask and harder to answer, and that's why Oregon Humanities is inviting Oregonians to write about shelter for the fall round of Dear Stranger, a letter-exchange project in which people make connections by sending a letter to someone they've never met.

Oregon Humanities is a statewide organization that brings people together to talk, listen, and learn from one another. "Dear Stranger asks us to intentionally reflect and share about our experiences," says Lucy Solares-Steger, the program coordinator at Oregon Humanities who runs the Dear Stranger project. "While at first this can be daunting or challenging, many letter writers find that they're able to work through these experiences by writing them out, and through this, make a really impactful connection with another person."

The aim of Dear Stranger is to create shared understanding among Oregonians with different backgrounds, experiences, and beliefs. The premise is simple: Write a letter, get a letter, and make a new connection. Oregon Humanities has operated Dear Stranger since 2014, with each round of the project asking writers to address a different question or theme. More than one thousand Oregonians have exchanged letters through the project to date.

THIS FALL'S PROMPT FOR WRITERS IS, "Write about what comes to mind when you think of shelter. Think about home, sanctuaries, and refuge of all kinds. You can write about finding shelter or losing shelter, safety, and protection. What kinds of dangers do we seek shelter from? You might also consider: What constitutes a house, and how is that different from a home? What makes your home feel like home?"

Instructions for participation are available on the

Oregon Humanities website at oregonhumanities.org. Letters are swapped anonymously, and each person receives a letter from the person who received the one they wrote. What happens next is up to the writers. If they'd like to write a reply, they can do so through Oregon Humanities.

Letters should be addressed to Oregon Humanities, Attn: Dear Stranger, 610 SW Alder St., Suite 1111, Portland, Oregon, 97205. For this round, Oregon Humanities will exchange letters mailed by October 31, 2023.

Questions about Dear Stranger should be directed to programs@oregonhumanities.org.

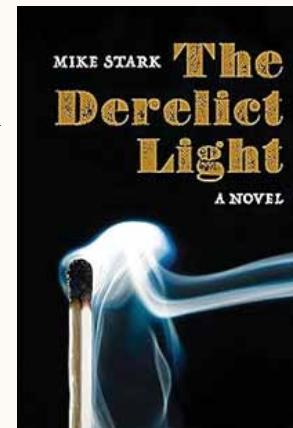
Former Astoria journalist Mike Stark tells a new story of the disastrous 1922 fire in a novel • Oct 18

MIKE STARK, a former reporter for the Daily Astorian and for KMUN, will read from his new novel, *The Derelict Light*, on Wednesday, Oct. 18 at the Astoria Public Library, 450 10th St., at 6 p.m. Stark's first novel, but third book, *The Derelict Light* recounts the story of the fire that consumed downtown Astoria in December 1922 through the eyes of a lovesick thief, a Finnish immigrant, Klansmen, Socialists and Oregon's first female fire investigator.

The book was published by the University of Nebraska Press, which says of it: "Inspired by historical events, *The Derelict Light* explores a Pacific Northwest town in the grips of catastrophe, caught in a bitter struggle between progress, greed, and human frailty." Tracy Daugherty, who wrote *148 Charles Street* and *Snow and Straw*, says "The Derelict Light belongs to the tradition of John Steinbeck's *In Dubious Battle* and *The Grapes of Wrath*, and the American proletarian novels of the 1930s, in highlighting the intersections among work, migration, and politics."

Stark's appearance is sponsored by The Writer's Guild of Astoria, a nonprofit that supports the region's writers and poets. His appearance is free, but you can register at thewritersguild.org. The reading will be followed by an author reception and signing.

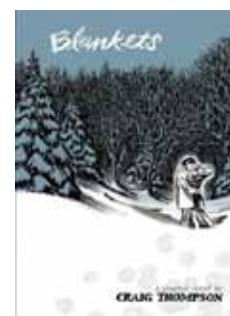
Stark, who previously published *Chasing the Ghost Bear: On the Trail of America's Lost Super Beast* (Bison Books, 2022) and *Wrecked in Yellowstone: Greed, Obsession, and the Untold Story of Yellowstone's Most Infamous Shipwreck* (Riverbend Books), lived in Astoria for several years, where he worked as a reporter for *The Astorian*. He now lives in Tucson, Arizona.



WORD

NW Author Series Graphic Novelist Craig Thompson

JOIN CANNON BEACH LIBRARY on Oct. 14 at 2pm for a talk with award-winning graphic novelist and cartoonist Craig Thompson. He will discuss his art, works, and the 20th anniversary of his groundbreaking novel *Blankets*.



Blankets has been described as a poignant graphic memoir, eloquent, and a superb example of the art. His other works include *Carnet de Voyage*, *Good-bye Chunky Rice*, and *Habibi*. Books will be available for purchase and signing.

Thompson was born in Michigan in 1975, and grew up in a rural farming community in central Wisconsin. His works have won numerous industry awards and have been published in nearly twenty languages around the world. Thompson lives in Portland, Oregon.

The presentation is Saturday, Oct 14, 2pm in the library or online. This is a hybrid event; attend the talk at the library or watch online: www.cannonbeachlibrary.org.



Write Calaveritas poetry contest!

ASTORIA'S EL DIA DE LOS MUERTOS Nov. 4 Celebrate with Poet Brenda Cárdenas

THE WRITER'S GUILD and El Centro NW announce a Poetry Contest in honor of their El Día de los Muertos celebration. In the Mexican tradition, Calaveritas are satirical poems meant to deal lightly with serious subjects that are difficult to talk about (such as politics, tragedy, and death). Local authors are invited to write calaveritas in English, Spanish, or both languages, and submit them for the opportunity to win cash prizes and the opportunity to read their work onstage at the Larsen Performing Arts Center in Astoria with visiting award winning author, Brenda Cárdenas.

Contest Rules:

- OPEN to residents of Clatsop, Columbia, Tillamook, Pacific, and Wahkiakum counties
- SUBMIT 1-3 calaveritas by the deadline October 21st
- POEMS may be written in English, Spanish, or both
- CATEGORIES: K-6, 6-8 grade, high school, and adult
- SEND your work to: info@elcentronw.org

El Centro NW is a community-based organization whose mission is "Unite and empower the Hispanic community by providing a space, a voice, and a way to access academic, financial, health, and cultural resources." <https://elcentronw.org>

SAVE THE DATE WRITER'S GUILD BENEFIT NOV 4

The El Día de los Muertos event is a Poetry Reading and benefit for The Writer's Guild of Astoria with Latina poet and essayist Brenda Cárdenas at the Charlene Larsen Center, Astoria, 6:30 pm. Enjoy readings and auction items. Tickets are \$15 for general admission and \$45 for a VIP ticket

including reception. All proceeds to support 2024 guild programming!

Cárdenas also will read briefly at a family-friendly afternoon event at the **Barbey Maritime Center**, from 1 to 5 p.m. featuring Mexican food, crafts, face painting, and altars.

Cárdenas' poems and essays have appeared in such anthologies and journals as: Latinx Poetics: The Art of Poetry; POETRY; TAB: Journal of Poetry and Poetics; Kinship: Belonging in a World of Relations; Grabbed: Poets and Writers on Sexual Assault, Empowerment, and Healing; Ghost Fishing: An Eco-Justice Anthology, among others. Recently, her "Poema para los Tin-Tun-Teros" was put to music by composer Daniel Afon-



so, and the choral score will be published by Hal Leonard, the largest music publisher in the U.S. Cárdenas co-taught the inaugural master workshop for Pintura:Palabra: A Project in Ekphrasis sponsored by Letras Latinas and the Smithsonian American Art Museum. She has served as faculty for the CantoMundo writers' retreat and as Milwaukee Poet Laureate. She currently teaches creative writing and U.S. Latinx literatures at University of Wisconsin-Milwaukee. You can find her at brendacardenas.net.

THEATRE

BARTOW Artistic worlds to collide at The Ten Fifteen Theater

BARTOW, an original play from Portland based playwright, Greg Berman, will open for a three-performance engagement at Ten Fifteen Productions beginning October 6. This staged reading is sponsored in part by a grant from the Clatsop County Cultural Coalition, and will feature collaboration with Astoria Visual Arts, as well as a post show discussion on October 7 with the playwright and Charles Froelick of the Froelick Gallery in Portland.

About the Show: Paralyzed after a major stroke, Oregonian and Contemporary artist, Rick Bartow and a young med student attempt their own form of therapy by entering Bartow's art as expressions of prior traumas, lost Indigenous heritage, abstract animal paintings, sculptures, masks, and lost songs. This is a theatrical exploration of recovery adapted from Rick Bartow's retrospective and accompanying book "Things You Know But Cannot Explain."

Directed by Danyelle Tinker. Cast: Rick Bartow - Julian Painter, Will Markowitz - Connor Swan, Deer - Deborah Jensen, Coyote - Olive Delsol, Bear - Bill Honl, Circus Lady - Rhonda Warnack

SHOWS: October 6 & 7 at 7:30pm. October 8 at 3:30pm. *A post show discussion will follow the October 7 performance. Tickets: \$15 online at thetenfifteentheater.com



GRIMM TALES: LITTLE RED RIDING HOOD Performed by the Astoria Conservatory

WITCHES, Goblins, Fairies, and Spooky Creatures join Astoria Conservatory for a hysterical and funky retelling of the Brothers Grimm story Little Red Riding Hood. Join Count De Ville (a modern-ish day vampire) and Dr. Lupin as they tell you all about Little Red Riding Hood. Great for families!

Directed and written by Astoria Conservatory dance instructor Sarah Cohen. Sing and dance, audience participation welcomed.

Shows: Oct 27-28 at 6pm. Costumes welcomed. Charlene Larsen Center of Performing Arts: 588 16th St Astoria. Tickets \$10, but if you come in costume, \$5.

SLEUTH The Ultimate Game Of Cat-And-Mouse at The Coaster

THE ULTIMATE GAME of cat and mouse is played out in a cozy English country house owned by celebrated mystery writer, Andrew Wyke. Invited guest Milo Tindle, a young rival who shares Wyke's love for games, declares his intention to run off with Wyke's wife. The two men devise an elaborate revenge/power game; through their style and cunning, the stakes continue to rise, leading to the play's inexorable, heart-stopping finish.

SHOWS: October 12-21, (Show delayed from original start date of Sept 21.)

Performances Fri/Sat at 7:30pm. Sun at 3pm.

TICKETS: \$25 and \$20. Tickets available online, at the theatre box office or by calling 503-436-1242.

ALSO at The Coaster: Friday, November 3. Fundraising concert to benefit the Coaster Theatre Playhouse and the North Coast Community Food Project of Oregon. **The evening will feature Coaster Theatre actors and singers from past plays and musicals singing show tunes and pop songs!** Enter a drawing for wonderful prizes by bringing any non-perishable, unexpired canned goods to the event. A portion of the proceeds will go to help support the North Coast Community Food Project of Oregon.



FRANKENSTEIN:

THE RADIO PLAY is a chilling adaptation of Mary Shelley's classic novel, brought to life through the power of sound. This radio play is full of suspense, horror, and thought-provoking themes. A must-see for fans of classic literature and vintage radio drama.

Directed by Julee Ward. Oct 20 - 27. Fri/Sat at 7pm. Sun mat at 2pm.

Tickets at www.Riverbend-Players.org. Rated PG for Violence: Parental Guidance Suggested

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Mike was named Entertainer of the Year for two consecutive years and, as the winner of NBC's Phenomenon, Super is the ONLY magician in history to win a live magic competition on Primetime Network Television. Mike was also a top 12 finalist on NBC's #1 rated summer series, America's Got Talent!

Join the journey of emotions - from laughter, intrigue, danger, fear, wonder, anticipation, tears, and sentimentality that only Mike Super delivers.

Monday, October 16 7pm, Reserved Seating, \$15-35





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Historic District
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OCT 2023



Rocky Horror Picture Show

NO LOSS in opportunity to do the Time Warp again. This holiday season here in ye oldy freaky Astoria, you can toucha-toucha-touch-me twice. Two houses of entertainment feature our favorite cult film in full movie performance ragalia.

LIBERTY THEATRE: Our dear drag phenom Ginger Vitus hosts this extravaganza, and will guide you with weird aplomb through all the tricks of Rocky Horror trade. Come in costume, duh. And if not ... who cares. Rocky Virgins will be blessed. No fluids and food solubles, so leave the substitute meat wieners and annoying minute rice at home. Creativity will abound without.

ROCKTOBER 13th. 7:30pm. Gen Admission, \$15, 17+ please.

ASOC: Coupla weeks down the Rocky path, you can do it "AGAIN". Astor St. Opry will feature special performances, costume contest, Swag Bag with t-shirt, props, and surprises...hmm, what could that be? And yes please, no throwing food crap.

ROCKTOBER 28th. 7:30pm Tickets \$25 asoplay.com At The ASOC Playhouse in Astoria. R.I.P. Meatloaf!!!!

Saturday 7

MUSIC

Electric Vice. Synth Rock. \$10, 21+, 8pm at the Labor Temple in Astoria.

Barney Perrine. Classic Rock. 3 – 5pm at Shelburne Pub in Seaview.

Lindsay Clark. Folk, Country. Free, 8 – 9:30pm at Sou'wester Lodge in Seaview.

ART

Seaside First Saturday Art Walk. 5 – 7pm in downtown Seaside.

LECTURE & LITERARY

PNW Authors Book Fair. Twenty-two local authors will be on hand with their books to meet and greet coastal readers. 10am – 3pm at Peninsula Church Center in Seaview.

THEATER & PERFORMANCE

Bartow. Staged reading. \$15, 7:30pm at the Ten Fifteen Theater in Astoria.

Sleuth. \$20 – \$25, 7:30pm at the Coaster Theater in Cannon Beach.

HAPPENING

Short Films by Ron Walker. Montage, Halloween Havoc, and Boxcar Days. With reading by author Linda Eddleston. Free, 2pm at the Seaside Library.

Hispanic/Latinx Heritage Month Community Celebration. Aztec Dance performance, trick roping demonstration, folk art workshops for children, photo booth, delicious food, beverages, and community resources. People are welcome to wear traditional dress from their country of origin. Free, 4 – 9pm at Sunset Recreation Center in Seaside.

Blessing of the Animals. All animals brought to the South Pacific County Humane Society in Long Beach from 1 – 3pm will receive a blessing.

Seashanties by the Seashore. A fund-raising event for the US Coast Guard Boathouse in Garibaldi. Introduction to and history about the boathouse by Steve Denning, Sea Shanties by Pound Stone, Irish Dancers, Dinner catered by Garibaldi Portside Bistro.

\$85 per person, \$500 for VIP table for a maximum of 5, individual VIP tickets \$185. 6 – 9pm at the historic US Coast Guard Boathouse in Garibaldi.

Sunday 8

MUSIC

The Waysiders. No cover, 6pm in the Lovell Building at Fort George in Astoria.

HAPPENINGS in the Lower Columbia Pacific Region

Carl Wirkkala and the Whistle Punks. Admission by donation. 4pm at the Naselle Community Center.

Raeann Phillips. Singer/Songwriter. 7 – 9pm at Pickled Fish in Long Beach.

Carey Buerk. 2 – 3pm at Seaside United Methodist Church.

Gadan. Celtic. \$35, 2 – 4pm at the Lincoln City Cultural Center.

THEATER & PERFORMANCE

Bartow. Staged reading. \$15, 3:30pm at the Ten Fifteen Theater in Astoria.

Sleuth. \$20 - \$25, 3pm at the Coaster Theater in Cannon Beach.

HAPPENING

Oktoberfest. Dinner, live music, beer garden, silent auction. \$40, 5 – 9pm at the Historic Chinook School. friendsofchinookschool.org

Great Columbia Crossing. 10K run/walk race across the Astoria – Megler Bridge. \$50, optional event shirt \$20. Register at oldoregon.com/the-great-columbia-crossing-10k

Monday 9

MUSIC

Raeann Phillips. Singer/Songwriter. 7 – 9pm at Pickled Fish in Long Beach.

Past President's Cabaret. Presented by the Monday Musical Club of Tillamook. Free, 7pm at First Christian Church Fellowship Hall in Tillamook.

Tuesday 10

MUSIC

Raeann Phillips. Singer/Songwriter. 7 – 9pm at Pickled Fish in Long Beach.

Wednesday 11

MUSIC

Kristin Grainger & Dan Wetzel. \$20, 4pm at the Peninsula Arts Center in Long Beach.

LECTURE & LITERARY

Watershed Wonders. Learn about science and culture on the North Coast of Oregon and beyond. 8pm at Burly and the Bean in Seaside.

HAPPENING

Fort & Friends Makers Market. Featuring crafts, woodworking, art, clothing, cards, and more, all handmade by Fort George employees and their closest friends. 5 – 8pm at Fort George Lovell Taproom in Astoria.

Thursday 12

MUSIC

Brocco. Jazz, Folk, and Celtic-tinged R&B. 7 – 9pm at Pickled Fish in Long Beach.

THEATER & PERFORMANCE

Sleuth. \$20 - \$25, 7:30pm at the Coaster Theater in Cannon Beach.

HAPPENING

Netel Grange Pie Auction and Dinner Fundraiser. Pie auction, live music, country dance, and vegetarian dinner. Dinner donations accepted at the door. 4 – 8pm at Netel Grange, Astoria.

Savor Cannon Beach Wine & Culinary Festival. Several tasting locations in Cannon Beach. \$5 - \$150. FMI at savorcanonbeach.com

Friday 13

MUSIC

Naked Mole Rats & Buck Moon. \$10, 21+, 8pm at the Labor Temple in Astoria.

Brocco. Jazz, Folk, and Celtic-tinged R&B. 6 – 8pm at Shelburne Pub in Seaview.

Water Music Festival. Diego Figueiredo and Chuchido Valdes. Latin Jazz. \$30 per concert, or \$50 for both. 7pm at the Chinook Event Center.

Artist/Music Showcase. Free, 7 – 9pm at the Tillamook Fairview Grange Hall.

LECTURE & LITERARY

Cliff Taylor Book Reading. Poet and Author Cliff Taylor will read from his work. 4:30 – 5:30pm at the Hoffman Center in Cannon Beach.

THEATER & PERFORMANCE

Sleuth. \$20 - \$25, 7:30pm at the Coaster Theater in Cannon Beach.

HAPPENING

The Rocky Horror Picture Show Screening. Hosted by Ginger Vitus. \$15, 7:30pm at the Liberty Theater in Astoria.

Savor Cannon Beach Wine & Culinary Festival. Several tasting locations in Cannon Beach. \$5 - \$150. FMI at savorcanonbeach.com

Saturday 14

MUSIC

Heaven Skate, Black Shelton, & Neilson Family. \$10, 21+, 8pm at the Labor Temple in Astoria.

Brocco. Jazz, Folk, and Celtic-tinged R&B. 3 – 5pm at Shelburne Pub in Seaview.

Nick Jaina. 8 – 9:30pm at Sou'wester Lodge in Seaview.

Water Music Festival. Alpin Hong. Classical Piano. \$30 per concert, or \$50 for both. 4pm at the Chinook Event Center.

ART

Second Saturday Art Walk. 5 – 8pm in downtown Astoria.

Art Works! Artists teaching artists in free workshops. 8:30am – Noon on the third floor of Towler Hall at CCC in Astoria. FMI clatsopcountyarts council.com/events

LECTURE & LITERARY

Walking with Our Ancestors, a Talk with Vice Chairman of the Chinook Indian Nation, Sam Robinson. Robinson will share stories of how reconnecting with his Ancestors has enhanced his life. Free, 4 – 5pm at the Columbia Pacific Heritage Museum.

NW Authors Series. Craig Thompson. 2pm at the Cannon Beach Library.

THEATER & PERFORMANCE

Sleuth. \$20 - \$25, 7:30pm at the Coaster Theater in Cannon Beach.

HAPPENING

Cranberry Harvest Weekend. 9am – 5pm at the Pacific Coast Cranberry Research Foundation and Museum in Long Beach.

Artful Breakfast. All-you-can-eat eggs, pancakes, and more. \$8am – noon at the Bay City Arts Center.

Walking with Our Ancestors, a Talk with Vice Chairman of the Chinook Indian Nation, Sam Robinson. Robinson will share stories of how reconnecting with his Ancestors has enhanced his life.

Free, 4 – 5pm at the Columbia Pacific Heritage Museum.

NW Authors Series. Craig Thompson. 2pm at the Cannon Beach Library.

THEATER & PERFORMANCE

Sleuth. \$20 - \$25, 7:30pm at the Coaster Theater in Cannon Beach.

HAPPENING

Laksloida Lunch. Meal includes Laksloida, green veggies, pickled beets, rieska, apple crisp/cream, coffee. \$20, all you can eat. Plus bake sale with Finnish inspired pastries and raffle gifts. 11:30am – 1:30pm at Suomi Hall in Astoria.

Cliff Taylor Reads

ENROLLED MEMBER of the Ponca Tribe of Nebraska, Cliff Taylor is writer, poet, speaker, and storyteller, living on the Northcoast. Taylor reads from his new release of poetry, *The Native Who Never Left*.

Author Suzanne Ohlman says, "His poetic landscape is equal parts Wounded Knee and Scooby Doo, genocide and rebirth, grief for the lost, yet a reclaiming — both playful and fierce — of what remains."

Friday, Oct 13, 4:30pm at Hoffman Center for the Arts 594 Laneda Ave in Manzanita.

Wednesday 18

MUSIC

Eugenia Riot. Folk. 7 – 9pm at Pickled Fish in Long Beach.

LECTURE & LITERARY

Mike Stark Author The Derelict Light, which recounts the story of the fire that consumed downtown Astoria 1922. Free, 6pm at the Astoria Public Library.

Manzanita Writer's Series Presents. The Gift of Aging: Growing Older with Purpose, Planning, and Positivity. The Gift of Aging: Growing Older with Purpose, Planning, and Positivity. Free, 4pm at the Hoffman Center in Manzanita.

Thursday 19

MUSIC

Eugenia Riot. Folk. 7 – 9pm at Pickled Fish in Long Beach.

Le Almeida. Indie. 7 – 8:30pm at Sou'wester Lodge in Seaview.

THEATER & PERFORMANCE

Sleuth. \$20 - \$25, 7:30pm at the Coaster Theater in Cannon Beach.

HAPPENING

Savor Cannon Beach Wine & Culinary Festival. Several tasting locations in Cannon Beach. \$5 - \$150. FMI at savorcanonbeach.com

Friday 20

MUSIC

No Living Witness, Sacrificer, and Vominaut. Heavy Metal. \$10, 21+, 8pm at the Labor Temple in Astoria.

Nathan Earle. 6 – 8pm at Shelburne Pub in Seaview.

THEATER & PERFORMANCE

OctoberJEST. Stand up comedy. Julia Corral headlining. \$10 - \$40, 9pm at Xanadu in Astoria.

Sleuth. \$20 - \$25, 7:30pm at the Coaster Theater in Cannon Beach.

HAPPENING

Practical Magic Screening. \$12, 8pm at the Liberty Theater in Astoria.

Tuesday 17

MUSIC

Kris Stuart. Folk music, Blues, and Country. 7 – 9pm at Pickled Fish in Long Beach.

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Savor Cannon Beach Wine & Culinary Festival. Several tasting locations in Cannon Beach. \$5 - \$150. FMI at savorcannonbeach.com

Saturday 21

MUSIC

Brickbat Mansion. Shoegaze, Goth, Dark-wave. \$10, 21+, 8pm at the Labor Temple in Astoria.

Spud Siegel & The Snakeskinners. \$20, 4pm at the Peninsula Arts Center in Long Beach.

Nathan Earle. 3 - 5pm at Shelburne Pub in Seaview.

K Van Petten. Stargaze. 8 - 9:30pm at Sou'wester Lodge in Seaview.

Chelsea LaFey & The Salt Shakers. 7pm at the Seaside Elks Lodge.

Steinway Piano Concert Series. Stephen Beus. Piano classics. 7pm at Cannon Beach Community Church.

LECTURE & LITERARY

Four Fisher Poets. Tele Aadsen, Clem Stark, Holly Hughes and Jon Broderick, readings and music. 7:30pm. \$10 at KALA in Astoria.

Manzanita Writers' Series Presents. Author Reading and Conversation. With Author Kristen Jokinen and Publisher Rhonda Hughes. Free, 4 - 5:30pm at the Hoffman Center in Manzanita.

THEATER & PERFORMANCE

North Coast Comedy Night. Featuring Arlo Wierhauser and Kermit Apio, hosted by Drew Wilson-McGrath. \$10, 8pm at the Liberty Theater in Astoria.

Sleuth. \$20 - \$25, 7:30pm at the Coaster Theater in Cannon Beach.

HAPPENING

Diva Drag Brunch. \$15, 11am at Xanadu in Astoria.

Ten Fifteen Productions 2024 Season Announcement Party. Food, drinks, announcements, fun. Free, 7pm - 10pm at Ten Fifteen Theater in Astoria. Reserve your spot at thetenfifteentheater.com

Warrenton Fall Festival. Trunk or Treat, Carnival games, Pumpkin Launch, vendors, and more. Free admission, carnival games are \$2 each (cash only). Noon - 4pm at Quincy Robertson Park in Warrenton.

Fall Fun Fest. Carnival games, a cake walk, a costume contest, and a pumpkin decorating contest. \$2 entry fee, max \$10 per family. 4 - 7pm at Sunset Recreation Center in Seaside.

Savor Cannon Beach Wine & Culinary Festival. Several tasting locations in Cannon Beach. \$5 - \$150. FMI at savorcannonbeach.com

Sunday 22

MUSIC

Megan Diana. No cover, 6pm in the Lovell Building at Fort George in Astoria.

Nathan Earle. 7 - 9pm at Pickled Fish in Long Beach.

Monday 23

MUSIC

Mbraascatu. 7 - 9pm at Pickled Fish in Long Beach.

Tuesday 24

MUSIC

Kendl Winter. 7 - 9pm at Pickled Fish in Long Beach.

LECTURE & LITERARY

Writer's Guild open Mic. 5:30pm at River Mile 38 Pub in Cathlamet.

Wednesday 25

MUSIC

The Squeaky Wheels. Bluegrass. \$15, 4pm at the Peninsula Arts Center in Long Beach.

Kendl Winter. 7 - 9pm at Pickled Fish in Long Beach.

Thursday 26

MUSIC

Kendl Winter. 7 - 9pm at Pickled Fish in Long Beach.

THEATER & PERFORMANCE

Panache. \$20, 7:30pm at Theater West in Lincoln City.

HAPPENING

Savor Cannon Beach Wine & Culinary Festival. Several tasting locations in Cannon Beach. \$5 - \$150. FMI at savorcannonbeach.com

Friday 27

THEATER & PERFORMANCE

Grimm Tales: Little Red Riding Hood. A hysterical and funky retelling of the Brothers Grimm story Little Red Riding Hood. \$10, \$5 if in costume. 6pm at the Larsen Center in Astoria.

Panache. \$20, 7:30pm at Theater West in Lincoln City.

HAPPENING

Savor Cannon Beach Wine & Culinary Festival. Several tasting locations in Cannon Beach. \$5 - \$150. FMI at savorcannonbeach.com

Saturday 28

MUSIC

Uncle Mary Halloween Social. Groove to the juke joint tunes of Portland trio Uncle Mary, Costume music social, complimentary sweet treats. Doors open 7:30pm. Tickets \$15. At KALA in Astoria.

Marian Dicicco. Murder, Mayhem, and Halloween. \$15, 4pm at the Peninsula Arts Center in Long Beach.

Hanna Haas. Folk. 8 - 10:30pm at Sou'wester Lodge in Seaview.

ART

Tillamook Downtown District Art Walk. 1 - 3pm.

THEATER & PERFORMANCE

Miss Minsky Presents: Burlesque. Burlesque and variety performances. \$15, 21+, 9pm at the Labor Temple in Astoria.

Panache. \$20, 7:30pm at Theater West in Lincoln City.

HAPPENING

The Rocky Horror Picture Show. Special performances, costume contest, and movie. \$25, includes swag bag

with t-shirt, props, and surprises. 7:30pm at the ASOC Playhouse in Astoria.

Ghostoria Presents Paranormal Investigations. Join the hunt in a live ghost investigation throughout various locations of the Liberty Theater utilizing specialty equipment designed to see the unseen, hear the unheard, and find those silently moving in the halls and spaces of the theater. \$30, ages 14+. 6:30pm and 9pm at the Liberty Theater in Astoria.

Seaside Sashay Square Dance Festival Event. 9am - 1pm at the Turnaround in Seaside.

Halloween Happenin's. Witches? Warlocks Paddle Out, 9am - noon. Halloween Carnival, noon - 3pm. Both events take place at Quatat Park in Seaside. .

Trick or Treat the Dory Fleet. Plus live music and fun activities. Free, 5 - 7pm at Kiawanda Community Center in Pacific City.

Sunday 29

MUSIC

Fran. No cover, 6pm in the Lovell Building at Fort George in Astoria.

The Hackles. Roots-influenced Folk. 7 - 9pm at Pickled Fish in Long Beach.

Steinway Piano Concert Series. Northwest Piano Trio. Performing What She

Has to Say, featuring music written by women performed by women. 3pm at Cannon Beach Community Church.

THEATER & PERFORMANCE

Talking Tombstones. Cemetery resident reenactment. 1 - 3pm at a cemetery in Clatsop County, TBA. Free, donations accepted. Location will be announced 2 weeks prior to the event.

HAPPENING

Halloween Happenin's. Pet Parade. Sign in at 9:30am in front of the Cookie Jar. Parade starts at 10am.

Trunk or Treat, Noon - 2pm near the Turnaround. The Pumpkin Drop will happen shortly after 2pm. These events take place in Seaside.

Founder's Night. Event admission includes a 3-course dinner created by Oregon Fine Foods, a closed bar, silent and live auctions. \$60 - \$480, 6 - 8pm at the Seaside Convention Center.

Monday 30

MUSIC

The Hackles. Roots-influenced Folk. 7 - 9pm at Pickled Fish in Long Beach.

Tuesday 31

HAPPENING

Trick or Treat. At businesses in downtown Astoria from 3 - 5pm.

Halloween at XANADU. Celebrate movie legend Vampira. Costume contest 7pm. \$20 entry fee. Dancing at 8pm. At Xanadu in Astoria.

Halloween Hellorium. Live music, costumes, and beer. At Fort George in Astoria.

Halloween Block Party. 4 - 8pm on Lake Street in Ilwaco.

Halloween Trick or Treat Fun. A family friendly party with games, trick-or-treating, hot dogs, and cider. 6 - 8pm at Pacific County Fire Department #1 in Ocean Park.

Thursday 2

THEATER & PERFORMANCE

Panache. \$20, 7:30pm at Theater West in Lincoln City.

Friday 3

MUSIC

Steinway Piano Concert Series. David Robinson. 7pm at Cannon Beach Community Church.

Coaster Theater Sings. The evening will feature Coaster Theatre actors and singers from past plays and musicals singing show tunes and pop songs. \$10, 7:30pm at the Coaster Theater in Cannon Beach.

ART

Stormy Weather Arts Festival. I, visit cannonbeach.org

THEATER & PERFORMANCE

Panache. \$20, 7:30pm at Theater West in Lincoln City.

HAPPENING

Uniquely Local Quality Crafts Holiday Gift Bazaar. 10am - 3pm at Peninsula Church Center in Seaview.

Saturday 4

ART

First Saturday Art Walk. 5 - 7pm in downtown Seaside.

Stormy Weather Arts Festival. I, visit cannonbeach.org

LECTURE & LITERARY

El Dia de los Muertos Poetry Reading. With Brenda Cardenes. \$15 - \$45 (for VIP ticket), 6:30pm at the Larsen Center in Astoria.

THEATER & PERFORMANCE

Panache. \$20, 7:30pm at Theater West in Lincoln City.

HAPPENING

Dia de los Muertos. Altares, Bailes Folkloricos, traditional Mexican food for sale, and more. 1 - 5pm at Barbey Maritime Center in Astoria.

Uniquely Local Quality Crafts Holiday Gift Bazaar. 10am - 3pm at Peninsula Church Center in Seaview.

Red Dress Party is back!

JOIN ASTORIA PRIDE as it raises money for HIV Alliance right here in Clatsop County. Dance to 80's with DJ Synergize. Gotta wear red, or buy a red event T-Shirt, Red Wear contest, raffle + auction, and special guest performance from PDX. Dida DeAngelis and Miss Ariel View are your hosts.



Talking Tombstones

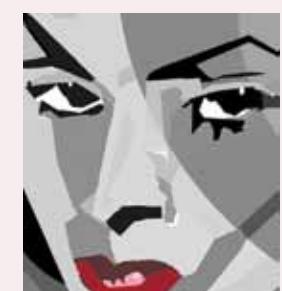
FORMER CITIZENS return from the great beyond for a graveyard chat if you're willing to visit them at their tombstone. Visitors should plan to arrive no later than 3pm as the deceased begin to fade from view as the darkness of night draws near. Cemetery location to be announced two weeks prior to event.



Sunday Oct 29, 1-5pm. Watch social media for location. For more info call 503 325 2203 or e-mail: info@astoriamuseums.org.

VAMPIRA Halloween at XANADU

THE MOST ALLURING, and only tuna slinging lady Vampire, Finnish Maila Nurmi grew up in Astoria, before her very interesting career in movies, fashion and all things aesthet, in addition to her Vampira persona. Get your Vampira on, and vie for the best. \$20 to enter. Then dance into the hallowed night. Sponsored by Astoria International Film festival



HALLOWEEN. Oct 31 at XANADU in Astoria.

HALLOWEEN HELLORIUM Holiday Friends

ON THE SCARIEST NIGHT in the spookiest town on the coast, the most haunting (and fun) place to be is the Halloween Hellorium at Fort George Brewery and Public House. In its many manifestations in the last decade while FG was still formulating its structures, many a local folk spread their Halloween wings, especially with Astoria's own Ma Barley reggae tribute band.

Gather on the block for a night of live music, costumes, and... you guessed it, beer! Prizes awarded to the best costumes of the night. All ages welcome!



HALLOWEEN, Oct 31. FREE Admission. All Ages.



Water Music Festival 2023

Grammy nominees Diego Figueiredo and Chuchito Valdes, Piano Artist Alpin Hong

THE PENINSULA'S Water Music Festival 2023 promises to be one of the most exciting and memorable in its history of nearly 40 years.

Friday Oct 13

Grammy nominees Diego Figueiredo and Chuchito Valdes, Cuban guitar-piano duo—two of the most exciting and explosive artists in Latin Jazz today, will thrill the audience with hot sounds of Cuba's roots and modern jazz on Friday, Oct 13. The Social Hour begins at 6pm to include appetizers and no-host bar, concert at 7pm.



Saturday Oct 14 (social hour at 3pm, concert at 4pm) features the unbeatable artistry of world-renowned classical pianist Alpin Hong, one of WMF's all-time favorite performers. Alpin will take attendees on a breathtaking journey with his magical interpretations, coupled with a warm personality and rare humor.

Both concerts include appetizers and desserts to match the music genres.



Oct 13 – 14 at the Chinook Event Center in Chinook, WA. Tickets are \$30 per concert – or, buy the two-concert package at a savings, for just \$50. Get tickets now, online at WATERMUSICSOCIETY.COM, or purchase at the door upon availability.



6th Annual Cannon Beach Steinway Concert Series

The 6th Annual Steinway Piano Concert Series hosted by Cannon Beach Community Church, located at 132 E. Washington in downtown Cannon Beach, features five concerts. All concerts are free and open to the public.

Saturday, Oct. 21, 7pm

Stephen Beus

The world renowned classical pianist returns to Cannon Beach Community Church. Beus will open the 6th Annual Cannon Beach Steinway Concert Series, with donations received at the door to benefit the Cannon Beach Food Pantry. Stephen Beus, a professional Steinway Artist pianist, will perform on Community Church's 7-foot 2008 Steinway Grand Piano. This memorial benefit concert is in honor of Tom Drumheller, late CEO of Escape Lodging in Cannon Beach. Fanfare magazine writes:

Northwest Piano Trio Sunday, Oct 29, 3pm

Northwest Piano Trio returns to perform "What She Has to Say," featuring music written by women performed by women. The concert features music by three women composers, including Elfrida Andree', Jennifer Higdon, and Clara Schumann. The Northwest Piano Trio includes Esther Shim on violin, Hannah Hillebrand on Cello, and pianist Stephanie Smith performing on the Community Church Steinway Model B seven-foot grand piano. The Northwest Piano Trio, founded in 2014, is based in Portland, Oregon. The concert is free and open to the public. Donations to support Northwest Piano Trio may be given at the door.



• **Friday, Nov. 3rd 7pm: Pianist David Robinson** performs piano compositions by Italian composer Ludovico Einaudi along with nature cinematography by Thomas Robinson. This cinema and piano concert collaboration, Journey into Nature, is part of Cannon Beach's 36th Annual Stormy Weather Arts Festival.

• **Sunday, Dec. 10th, 3pm: Northwest Piano Trio** return to perform a holiday concert.

• **Saturday, Dec. 16th, 4pm: pianist Jennifer Goodenberger and Shelly Loring** on flute will perform a holiday concert.

AVA Member Artists Show + Gather for Annual Meeting

ASTORIA VISUAL ARTS celebrates its member artists and stellar volunteers during a group exhibit highlighting the immense creative talent of AVA supporters. This exhibit, titled **STORYTELLING**, brings together community-minded artists throughout the Columbia Pacific Region. Juror for the show is Bill Itman, North Coast Art Historian, art collector and former Director of CCC Art Center Gallery from 1999-2006.

Individuals or businesses can become AVA members, which provides crucial financial support for all AVA's programs. The exhibit opens **October 14 at**

AVA with an opening reception from 12:00 to 8:00pm and runs through November 4.

The title "Storytelling" is a nod to the well known Native American artist, Rick Bartow (1946-2016), whose life will be featured in a play at the 1015 Theater in early October. Several AVA members will have artwork featured in the lobby of the theater during the show and AVA member Philip Barasch will moderate a discussion between the playwright, Greg Berman and Portland gallery owner, Charles Froelick, of the Froelick Gallery, a representative of Bartow's artwork.

Contribute Your Art

Anyone who is or wants to be an AVA member is invited to join the show at AVA. Bring 1 to 3 pieces to the AVA Gallery, located at 1000 Duane Street in Astoria, Tuesday, October 10 from 10:00 to 11:30am, Wednesday, October 11 from 5:00 to 6:30pm, or by appointment. Space is limited, so if artwork is large (over 36"), only one piece may fit in the show, if work is smaller than 36", artists may bring up to 3 pieces. All media is welcome.

AVA's Annual Members Meeting: To coincide with AVA's Members exhibit, AVA will also host its annual Members' Meeting on **Saturday, October 21 at 3:00pm at AVA**. Several artists that have participated in AVA's programming through exhibits or residencies will give short talks about their experiences. Members will elect new board of directors and vote on other pertinent issues. This meeting is open to the general public. Food and beverages will be provided.



Create an ICON at The Art Loft

IN THE ART WORLD, an icon is a type of religious art, most commonly a painting, but also metal, stone, linen, mosaic, or fresco. Icons go back into antiquity, ancient Egypt, for example. The religious icons are traced back to the 3rd century in the context of Eastern Orthodox, Oriental Orthodox, and Catholic churches. The subjects are often Christ, Mary, the saints, and angels.

Creating an icon is an involved and lengthy process. A wooden panel is first coated with linen soaked in fish glue, then covered in multiple layers of gesso. An image is inscribed in the dried layers of paint. Next, multiple layers of egg tempera and layers of egg yolk form the image. Color is an important element and mineral pigments mixed with egg yolk and water form the paint. Halos are painted with 23.5 karat gold. Special approaches such as reverse perspective are used to make the subject appear in the immediate foreground. Letters and scripture are often added, in calligraphy. Finally, when the painting is completely dry, it is varnished with linseed oil.

A SPECIAL 2-DAY WORKSHOP, ICON PAINTING, will be held on **Saturday, October 14 and Saturday, October 21**, from 10:30am - 4pm. It will be at Astoria Art Loft, 106 Third Street, Astoria, OR. Lori MacDonald, a skilled icon painter, is the instructor. The class is limited to 10. The fee is \$100 and includes all materials. Some scholarships are available. To register or for more information, please call 503.325.4442, e-mail: astoriaart-loft@gmail.com , or www.AstoriaArtLoft.com.

Oriental Brush Painting Workshop

An Oriental Brush Painting workshop will be held at Astoria Art Loft on Monday, October 9, 2023, from 11 a.m. – 2 p.m. The Art Loft welcomes brush painting expert and artist Tom Grogg. Participating artists in the workshop will learn how to hold the brushes, how to use the ink and experience the many brush strokes. Each artist will create a painting using the traditional techniques. The fee is \$100. All supplies are included.

Contact the Art Loft at 503-325-4442 or visit www.AstoriaArtLoft.com for more information.



COAR: Artists Give New Life to Your Junk

ASTORIA ARTISTS Dustin Nord and Olivia Joyce have been wading through garbage at the Astoria Transfer Station since June looking for items and materials to resurrect from the heap and give a new purpose—as art. Both were awarded the Coastal Oregon Artist Residency, a collaborative program developed by Recology Western Oregon and Astoria Visual Arts to support the creation of art from recycled, repurposed and discarded materials. The pair of artists have had four months to put together a body of work culminating in an exhibit, titled “Stew”, which opens Saturday, October 14 at 1332 Commercial Street during Astoria’s Artwalk and runs through October 28. Visitors can see the show Monday - Sunday 8:00am - 6:00pm.



Olivia Joyce

“This residency has changed my life,” exclaims Nord, “I haven’t made much art since moving to Astoria 6 years ago. To be able to create again feels so good.” Nord used a portion of the sizable stipend he received from Recology to purchase a welder and tools to facilitate his passion for working with metal. He also constructed a studio space at the Recology facility in Warrenton and utilizes the space as much as he can. Throughout the summer, Nord has spent 3-5 days a week, either gleaning materials from the Transfer Station or working in his ad hoc studio space. “I feel fortunate to have been chosen for this residency. I’ve always used reclaimed materials to make my art, so this opportunity is right up my alley. Working with the staff at Recology has been a real pleasure.”

“Working with Recology at the Transfer Station has been a game changer for my art,” says Joyce about her experience, “I have spent the past four months exploring new textures and techniques with the raw materials I found. I was able to scavenge plexiglas and lenses from rear projection televisions, as well as lumber and cardboard tubing left over from renovation projects in town. All the employees at the transfer station were incredibly helpful in helping me pull what I could find. I’m sad it has to end!” Joyce’s background is primarily in theater design, previously working as a scenic artist all over the US including for world class designers on and off Broadway, TV, and fashion.

SEE THE SHOW: Opening reception: October 14 from 12:00-8:00pm. On View: October 14 - 28, Monday - Sunday, 8:00am - 6:00pm 1332 Commercial Street (next to Sleeper Coffee) No cost, all ages are welcome

Roger Dorband and Tabor Porter at RiverSea Gallery

RiverSea Gallery presents two shows featuring photography by Roger Dorband (see feature HF Oct’23 p4) and jewelry and assemblages by Tabor Porter. Both exhibitions open Saturday, October 14 during the Astoria Artwalk. View the artwork beginning at noon, meet the artists from 5:00 - 8:00, and enjoy live music by John Orr. Artworks will remain on view through November 7, 2024

In the Alcove, Tabor Porter, master metalsmith and designer of eccentricities, presents Wonder, an exhibition of jewelry and eclectic objects. He offers a new collection of extravagantly detailed, multi-layered wearable treasures created from precious metals and gems. Accompanying the jewelry are assemblage sculptures created from his collection of esoteric artifacts, some with a taste of the macabre.

RiverSea Gallery is open daily at 1160 Commercial Street in the heart of historic Astoria. For more information, call the gallery at 503-325-1270, or visit the website at riversagallery.com.



Woman figure, Porter



Dustin Nord

Diane Kingzett at IMOGEN

DIANE KINGZETT of Portland brings a new series of mixed medium paintings for her fifth solo exhibition at Imogen. Describing herself as a painter of emotion, Kingzett leaves preconceived ideas of content and composition to consider her own internal dialogue, allowing psyche to become muse. The Things We Leave Behind is consistent with Kingzett’s abstract style of expression but with a departure, giving pause for clarity and acceptance. The exhibition opens during Astoria’s second Saturday artwalk, October 14. Kingzett will be in attendance and available to answer questions about her work from 5 - 8 pm that evening. The show will be on view through November 6.

Exploring new ideas, she has also incorporated the use of new medium. Working with flashe paint for the first time along with oil, her first love, she brings an intensity of color with a deep matte finish. Flashe paint is typically utilized on stage sets in theaters for its ability to absorb light with less reflection. For Kingzett this has granted a new-found freedom in the process of painting itself. Her painting style has always held the element of confidence, the addition of a medium new to her has enhanced that assuredness, freeing her hand and eye even further to explore her own ideas while bringing a deeper level of richness to color, texture, and finish. Consistent to her work is her ability to provide space for intuitive consideration of process through an ethereal sense of reality.

Kingzett, who has painted for well over 30 years earned her BFA at West Virginia University and studied at the San Francisco Art Institute as well as the Vermont



The Four Agreements, flashe paint, oil and paper on panel 24x20

Studio Center. Having lived in all four corners of the country, Kingzett has taken inspiration from her experiences and utilized that towards the development of her work as a painter. She is also an accomplished silversmith, translating her love of color and texture to exquisite bezel set stone jewelry pieces, also available at Imogen.

Imogen Gallery is located at 240 11th Street. Open Thurs - Mon 12 to 5pm, Sun 12 - 4, closed Tue/Wed. www.imogengallery.com 503.468.0620



Narcissus, 30x28 flashe paint and oil on panel



Dreamstate

Merlin Benjamin: Paintings Trails End Gallery

TRAILS END Art Association (TEAA) Gallery opens a new exhibit in October featuring works by TEAA artist Merlin (Ben) Benjamin. The opening reception will be October 7th during the Gearhart ArtWalk, from 2:00 to 5:00pm

Merlin (Ben) Benjamin has been drawing and painting since he was a child - from cartoons depicting the daily family life, sports figures and hot rods/ classic cars he loved (and still loves). He began painting in oils in high school in Yakima, WA, and continued with that medium for years until life (kids, work, etc.) usurped his time.

After living in California, Alaska and Hawaii (courtesy of the US Navy) and Texas, Ben relocated to Seaside in July 2020. He and his wife bought a 1900-vintage house where he has created a studio. There Benjamin continues his lifelong love of drawing and painting, inspired by the beautiful Seaside beach nearby.

The exhibit will be available for viewing during Gallery hours, Friday, Saturday, Sundays, 11:00 am - 3:00 pm from October 6th through October 28th. Trail's End Gallery is located at 656 A Street in Gearhart. TrailsEndArt.org. Phone 503 717-9458



Reflections

Miraculous/Mystique at LightBox

LIGHTBOX Photographic Gallery opens Eleanor Gorman’s exhibit, Miraculous Survival on Saturday, October 14th with an opening artist reception from 4 - 7 p.m.

Eleanor will give and artists talk at 3pm before the opening, please reserve a seat by contacting michael at michael@lightbox-photographic.com

MIRACULOUS SURVIVAL documents Gorman’s struggle and recovery from a near fatal Staph MRSA bacterial infection. This would eventually result in open heart surgery mitral valve replacement, stroke, kidney dialysis and other surgeries. Gorman could not walk or speak and have little memory of these events.

Says Gorman, “During the months of my recovery memories of the Oregon Coast filled my mind and I dreamed of once again walking the beach. Over the past three years my daughters Caroline and Cathy have shared the story of my illness and survival with me. These images are a collaboration with them. I’ve combined my own photos captured on my many visits to the Oregon Coast with photographs taken by my daughters during my illness.”

ALSO At LightBox: members of PhotoZone, a photographic critique group from Eugene, Oregon, in a group exhibit, MYSTIQUE.

Join the opening Artists’ Reception from 4-7pm on Saturday, October 14th! Both exhibits run through November 8. LightBox is located at 1045 Marine Drive in Astoria, hours are Wed- Sat, 12 - 5pm 503.468.0238

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art happens *openings and news in the LCPR*

The Mythos of the Soul at Made in Astoria

October brings the full frontal of autumn to the North Coast and with the swirling remains of skeletal leaves, so also rouses a surreal enchantment of death. For some, even a great many in our communities, this is their favorite time of year. October is a reminder that death can

be revered, not feared, as All Hallows Eve and All Souls Day approach and many remember and honor the souls of the no longer living. Two Astoria talents GIANNA FABIANO and LINDSAY BONES, especially love this time of year. Together, they unveil a joint show titled "The

Mythos of the Soul," at Made in Astoria, which explores death from two different, but equally haunting, perspectives. See Fabiano' and Bones' show October 14 through November



Lindsay Bones

5 and meeting the artists during Artwalk on October 14 from noon to 8pm.

Fabiano is a self taught artist with a focus on traditional oil painting, heavily inspired by the Baroque and Italian Renaissance eras. Her new collection reaches through the patina of time and transposes fragments of the past into symbolic narratives for the present. "Each fragment serves as a window into a dreamlike representation," says Fabiano "a mysterious moment in a darker time that no longer exists can be felt through each piece." Her delicately rendered images are haunting at first glance and the symbolism delves further into soul-stirring mythos.

Lindsay Bones of UPSTAIRS ODDITIES showcases her latest taxidermy creations featuring numerous animals adorned in elaborate handmade garments. Each personified critter includes numerous found objects, further adding to the surreal nature of Bones' work. She began work-



Gianna Fabiano

ing in rogue taxidermy, the genre of surreal art that uses traditional taxidermied specimens in unconventional ways, over 10 years ago, which evolved from a deep love of animals.

See "The Mythos of the Soul" at Made in Astoria, 1269 Commercial Street, October 14 through November 5. MIA is open Wednesday through Sunday from 12:00 to 5:00pm and by appointment. Connect with MIA on social media and visit the online store soon at made-in-astoria.com.

Wesley Anderegg Sculptures At Brumfield Gallery

OPENING OCTOBER 14, Brumfield Gallery presents the work of Wesley Anderegg. Wesley Anderegg is known for his figurative sculptures of people and humanoid figures. His characters occupy a strange world where they are often caught in a ridiculous and sometimes dangerous situation. Often a humorous commentary on our lives, his work evokes a sense of whimsy and brings out the inner child.

Wesley Anderegg was born in Phoenix, Arizona in 1958. He earned a BS degree in geography from Arizona State University, where he took a class that ignited his passion for ceramics. He has had many solo exhibitions and participated in group exhibitions and art fairs across the United States. His work has been published in many books, catalogues, and magazines. He's also been the recipient of numerous awards,



and his work is held in numerous public collections including the Renwick Gallery at the Smithsonian American Art Museum. Wesley Anderegg lives and works on his ranch in the Santa Rita Hills in Northern Santa Barbara County.

This month's Art Walk coincides with the return of Astoria Day. To join the party, the gallery will be hosting a meet-the-artists afternoon tea from 2:30-4:00pm. The confirmed artists in attendance will be Karen Abel, Shannon Amidon, Andrea Benson, Jen Crowe, Ruth Hunter, Carla O'Connor, and Renée Zangara.

Brumfield Gallery showcases ceramic and mixed media sculptures and figurative painting. Open Wed - Sat 11am-5pm and Sun 11am-4pm. The gallery is open until 8pm during Art Walk. Located at 1033 Marine Drive in Astoria.

The Hoffman Gallery Joan Truckenbrod Textiles



JOAN TRUCKENBROD is a digital artist exploring the intersection of the digital realm

with textiles to examine contemporary social issues. Currently she is creating hand digital Jacquard weavings using a TC2 loom. She also works with various forms of printmaking. Her artwork is exhibited internationally.

The Whitney Museum of American Art included her early coded algorithmic textile and drawings in their exhibition Programmed: Rules, Codes, and Choreographies in Art, 1965 to the Present in 2018 and 2019. This artwork is in their permanent collection. Truckenbrod's textiles are included in collections at The Art Institute of Chicago, the Block Museum of Art, the Illinois State Museum and the Buffalo AKG Art Museum. Ms Truckenbrod has an MFA from The School of the Art Institute of Chicago. Truckenbrod is Professor Emeritus in the Art and Technology Department at The School of the Art Institute of Chicago, and has relocated her studio to Corvallis. Joan Truckenbrod's artwork is represented by the RCM Galerie in Paris, France.

View Art October 5 through October 27, Thurs - Sun from 12-5 pm. The not-for-profit Hoffman Center for the Arts is located at 594 Laneda Avenue in Manzanita



MEET INDY AND ARCHIE!

Are you ready to welcome some irresistible, playful bundles of joy into your life? Look no further than Indy and Archie, our dynamic duo of Rottweiler-Lab puppies! At least we think that's their combination. We believe they are approximately 3 months old. While both are initially a tad shy, they quickly warm up to be some of the sweetest and most playful pups you'll ever meet!

Indy and Archie are a pair of bonded siblings, but they're also open to finding loving homes separately if that suits your family better. Their charming personalities will melt your heart, and their playful antics will keep you smiling all day long. They walk well on the leash, and enjoy sniffing and following their curious noses.

These two pups are not only great with each other but also appear friendly with other dogs and people. They're like little balls of energy and would be thrilled to be part of an active and loving family. A yard to run in and lots of belly rubs are high on their wish list!

Don't miss your chance to make Indy or Archie (or both!) a part of your family. They're waiting to bring endless joy and love into your home. Contact the shelter today to meet these adorable pups and make their tails wag with happiness!

By Kate Cooper • Animal Rescue Volunteer

Please go to:
WWW.BEACHPETS.COM
 and follow the links to Adopt.
 Once an application form has been completed, the shelter will reach out to arrange a meet and greet.
 More info: 360.642.1180.



word wisdom

SUMMER has come and gone. Fall is here. Expect cooler winds, a bit of rain, and darker skies earlier and earlier.

When I was a kid, it meant school resumed, routines clicked in. It was a transition into more serious mode.

The darker days and lack of sufficient sunshine can slowly allow depression to bloom, like a mushroom in the dark. Partially it's physiological. Dopamine levels drop due to less sunlight and partially - age. The other part of seasonal sadness is the process of change. Change is hard for most everyone, on some level. Even "good" changes involve leaving something, someone behind and stepping forward into a hopeful unknown. Even if one has chosen a change with care (new job, relocation, going solo) there is fear of the what-ifs. And there's usually some sense of loss lurking.

Such is the same with seasonal changes imposed upon us. Our bodies react physically. Rumination and a remembrance can stop a person in their tracks.

Fall is the time to transition. Attend to the demands of the season. Get those warmer clothes out. The days are shortening and some of you may never see more than an hour of weak, fading sunlight. A sad-



spaceinkshop.com

ness sets in, a bit like melancholy—or worse.

It's human to have ups and downs, but if there are more down days than up, it can slowly erode your sense of self. And thanks to

By Tobi Nason

Mother Nature, and genetics, some of us have the downs to look forward to. Is that you?

Some practical suggestions. Take Vit D—it helps stimulate dopamine production. Think of getting what I call a Happy Lite. You sit with this lite for 15-30 minutes a day. It mimics sunlight and your brain is fooled into producing happy hormones.

Walk. Go through the steps of your days. Check In with yourself periodically re: sense of well being.

Adapting to seasonal change means being aware and taking proactive steps on your behalf. Just as we throw on a sweater when we're shivering with cold, take note of your own mental health. It may mean talking to a good friend or counselor. More physical activity. Maybe a mild antidepressant is needed.

A tree that can bend with the wind will not break. Then the flowers of Spring will bloom. You want to be there. It's called Life.

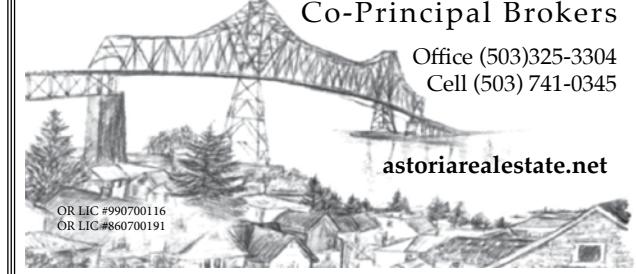
Tobi Nason is a Warrenton counselor (503)440-0587.

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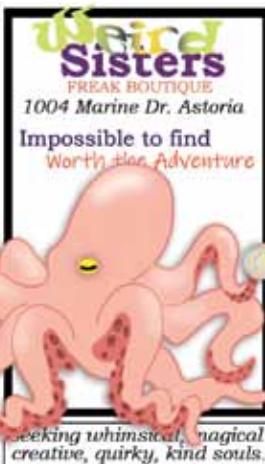
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Music ~ Dance ~ Performing Arts

FLASH CUTS
MOVIES & MUSINGS

THEATRICAL / STREAMING RELEASES SEPT '23

BY LES KANEKUNI



THE EXORCIST: BELIEVER (OCT. 6)

After re-invigorating the *Halloween* franchise, director David Gordon Green was tasked with doing the same for *The Exorcist*, an all-time great horror whose sequels fell far short of the original. Green wisely avoided a re-boot and instead pivoted to a direct sequel, ignoring all previous sequels. He scored a major coup by convincing Ellen Burstyn to return to her signature role as Chris MacNeil for the first time. Green also persuaded Linda Blair, who played the possessed child Regan, to return as a consultant and perhaps a cameo appearance. Story hews closely to the original. Fifty years after the events of the first film, two girls from different families become possessed by a demon. The desperate families turn to the only person who can help them – the only person who has firsthand experience with possession – Chris MacNeil. Two sequels have already been greenlit with the first, *The Exorcist: Deceiver* bowing on April 18, 2025.

FOE (OCT. 6)

Academy Award nominees Saoirse Ronan and Paul Mescal top line this dystopian love story that asks questions about humanity and identity. Married couple Junior (Mescal) and Hen (Ronan) live in an isolated farmhouse in the Midwest. It's 2065, and some unknown disaster has

destroyed the climate, leaving the world short of water and livable land. Androids are being used as labor. The human race is experimenting with colonies in space to move to. It's not just the land that is dying. As Hen reveals in voiceover, so is their marriage. Seven years in, the romance has gone and as Hen puts it, pieces of herself have fallen away. One

day, Terrance (Aaron Pierre), a government representative, arrives at their farmhouse and informs them that they have been chosen to participate in a climate migration experiment. Then he drops a bomb: Junior must go on a space mission for two years. He has no choice. Hen is devastated. Then Terrence drops another bomb. While Junior is away, he will be replaced with a replica to keep Hen company. Not an android. A "new kind of self-determining life form" as Terrence puts it.

THE CAINE MUTINY COURT-MARTIAL (Oct. 6 Showtime)

In his final film, *The French Connection* and *The Exorcist* director William Friedkin made the curious choice of choosing to film Herman Wouk's play based on his novel about the court martial of a U.S. Navy officer who took command of a ship from its captain. Although Friedkin has made films of many plays throughout his career, including recently two by Tracy Letts, the Wouk play, originally set in World War II and updated by Friedkin to peacetime 2022, seems less pertinent now than when it first appeared in 1953. A one set courtroom piece, story centers on the court martial of Lt. Maryk (Jake Lacy), who has taken command of the USS Caine, a navy minesweeper patrolling the Persian Gulf, from

Lieutenant Commander Queeg (Kiefer Sutherland) during a storm. But the person who is really on trial is Queeg, a disciplinarian disliked by his crew and some officers. The court must decide if Maryk acted without justification or was Queeg unsound of mind and unfit to command?

FAIR PLAY (OCT. 13 NETFLIX)

The cutthroat world of high finance is the background for this relationship/workplace thriller. Emily (Phoebe Dynevor) and Luke (Alden Ehrenreich) are young, ambitious financial analysts for New York investment firm Crest Capital. They're also in a hot relationship in secret because office relationships are prohibited. At Crest, the pressure to perform is intense. Those who don't are dismissed. The entire office watches a portfolio manager destroy his office with a golf club before being escorted out by security. Emily overhears that Luke is in line for the dismissed PM's job and wants to reveal their relationship, but Luke wants to keep it a secret until both are promoted and they can "tell everyone else to go fuck themselves." But then

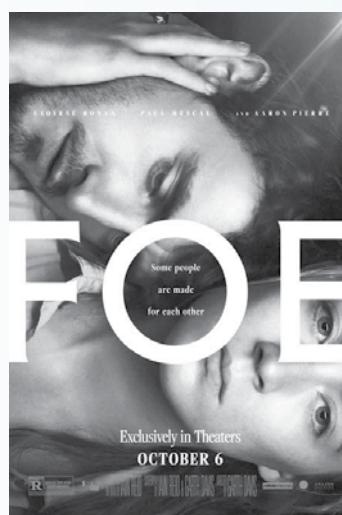
ice-cold Crest CEO Campbell (Eddie Marsan) informs Emily that the job is hers. When she informs Luke, it's all he can do to smile and congratulate her, while



fuming inwardly. Despite his statement that their relationship is more important than his career ambitions, it's clear that's not the case. As Emily's career ascends, the relationship descends into backstabbing and worse. When Luke gives Emily an investment tip that backfires, reflecting badly on her, Emily suspects that the bad advice Luke passed to her was done intentionally. While not quite *Wall Street* meets *Fatal Attraction*, the classier *Fair Play* nods to both.

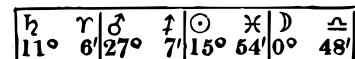
KILLERS OF THE FLOWER MOON (OCT. 20)

Martin Scorsese directs this period crime thriller based on the bestselling David Grann book. Based on a true story, 3 1/2 hour, \$200M production tells an ugly story of greed, racism and murder in 1920's Oklahoma. Like many of his crime films, Scorsese tells the story mainly from the point of view of the criminals, namely Bill "King" Hale (Robert DeNiro), a wealthy cattle rancher who presents himself as pillar of the community and his nephew, Ernest Burkhart (Leo DiCaprio), a spineless man willing to do the dirty work for his uncle. When oil is discovered on Osage Indian land, the tribe members all share the oil revenue and instantly become the richest per capita people on earth. After World War I, when Ernest arrives in Oklahoma and begins working for Hale, his uncle is already plotting to acquire the lucrative mineral rights from the Osage by whatever means necessary. Toward this end, Hale identifies Mollie Kyle (Lily Gladstone), who's family controls vast mineral rights, as a target for Burkhart. After mentioning that marrying Kyle would be a "smart investment," Burkhart strikes up a relationship with her. They marry and soon after, Hale chillingly lays out his plan for acquiring her family's oil rights. Nearly immediately, Kyle's family members start turning up suspiciously dead. As the family grows smaller, the mineral rights flow toward Mollie, who's rights will pass to her husband upon her death. Burkhart, who genuinely loves Mollie, is torn between his feelings for her and his uncle's plan to kill her.



FREE WILL ASTROLOGY

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OCTOBER 2023

ARIES (March 21-April 19): I've been doing interviews in support of my new book *Astrology Is Real: Revelations from My Life as an Oracle*. Now and then, I'm asked this question: "Do you actually believe all that mystical woo-woo you write about?" I respond diplomatically, though inwardly I'm screaming, "How profoundly hypocritical I would be if I did not believe in the 'mystical woo-woo' I have spent my adult studying and teaching!" But here's my polite answer: I love and revere the venerable spiritual philosophies that some demean as "mystical woo-woo." I see it as my job to translate those subtle ideas into well-grounded, practical suggestions that my readers can use to enhance their lives. Everything I just said is the prelude for your assignment, Aries: Work with extra focus to actuate your high ideals and deep values in the ordinary events of your daily life. As the American idioms advise: *Walk your talk and practice what you preach.*

TAURUS (April 20-May 20): I'm happy to see the expanding use of service animals. Initially, there were guide dogs to assist humans with imperfect vision. Later, there came mobility animals for those who need aid in moving around and hearing animals for those who can't detect ringing doorbells. In recent years, emotional support animals have provided comfort for people who benefit from mental health assistance. I foresee a future in which all of us feel free and eager to call on the nurturing of companion animals. You may already have such friends, Taurus. If so, I urge you to express extra appreciation for them in the coming weeks. Ripe your relationship. And if not, now is an excellent time to explore the boost you can get from loving animals.

GEMINI (May 21-June 20): Gemini author Chuck Klosterman jokes, "I eat sugared cereal almost exclusively. This is because I'm the opposite of a 'no-nonsense' guy. I'm an 'all-nonsense' guy." The coming weeks will be a constructive and liberating time for you to experiment with being an all-nonsense person, dear Gemini. How? Start by temporarily suspending any deep attachment you have to being a serious, hyper-rational adult doing staid, weighty adult things. Be mischievously committed to playing a lot and having maximum fun. Dancing sex! Ice cream uproots! Renegade fantasies! Laughter orgies! Joke romps! Giddy brainstorms and euphoric heartstorms!

CANCER (June 21-July 22): Cancerian comedian Gilda Radner said, "I base most of my fashion taste on what doesn't itch." Let's use that as a prime metaphor for you in the coming weeks. According to my reading of the astrological omens, you will be wise to opt for what feels good over what merely looks good. You will make the right choices if you are committed to loving yourself more than trying to figure out how to get others to love you. Celebrate highly functional beauty, dear Cancerian. Exult in the clear intuitions that arise as you circumvent self-consciousness and revel in festive self-love.

LEO (July 23-Aug. 22): The amazingly creative Leo singer-songwriter Tori Amos gives this testimony: "All creators go through a period where they're dry and don't know how to get back to the creative source. Where is that waterfall? At a certain point, you say, 'I'll take a rivulet.'" Her testimony is true for all of us in our quest to find what we want and need. Of course, we would prefer to have permanent, unwavering access to the waterfall. But that's not realistic. Besides, sometimes the rivulet is sufficient. And if we follow the rivulet, it may eventually lead to the waterfall.

VIRGO (Aug. 23-Sept. 22): Do you perform experiments on yourself? I do on myself. I formulate hypotheses about what might be healthy for me, then carry out tests to gather evidence about whether they are. A recent one was: Do I feel my best if I eat five small meals per day or three bigger ones? Another: Is my sleep most rejuvenating if I go to bed at 10 pm and wake up at 7 am

HOMEWORK: WHAT IF YOU COULD HEAL A PAST TRAUMA? HOW WOULD YOU START?
NEWSLETTER.FREEWILLASTROLOGY.COM

Grieving Together:

A Communal Process to Reclaim Grief as Integral to Life

IN THESE MONTHS of final harvests and trick or treating, we tend to focus culturally on the frivolity of Halloween, relegating the season to spooky stories and perhaps, keeping death at bay. But the roots of Samhain and the Day of the Dead grow from the recognition that death and dying are as much part of life's cycle as birth. Autumn offers the gift of remembering to honor the elegance of decay and recognizing the necessity of grief.



Too often, grieving is shunned in our culture, seen as an emotion to escape or overcome. "Language and ceremony around grief is often superficial, strained or missing all together." In November, the newly formed NeahKahNie Grief Collective presents a Sacred Grief Retreat to "claim our grief as a sacred and essential part of being alive." Hosted by NorthFork 53 in Nehalem, the day's events will be facilitated by owner Ginger Edwards.

The Collective offers participants the opportunity to "gather in community to honor the beautiful and complex emotion that is grief. Grief that is both personal and planetary, raw and ancient- held simultaneously in our hearts, bodies, minds and souls." The gathering provides a "safe and deeply held space" to come together in our grieving as "a pathway to remembering" we are not alone.

Inspired by the teachings of grief therapists like Joanna Macy, Francis Weller and Sonbonfu Some, the retreat will "draw from the energy of the season and the natural world changing around us to feel, move and speak with our grief." The day's events include an optional wood-fired sauna and cold plunge, group Nature Mandala creation and sharing circle, group somatic practices with grief in the body, creating a touchstone, and integration of the day in small groups. Northfork 53 will provide tea and snacks throughout.

GROUP LEADERS include local elder, ecologist and herbalist VIVI TALLMAN; yoga teacher, writer and ceremonial leader, APRIL CLARK; massage therapist and somatic healer, JAMIE TAYLOR; and artist and animal death doula, BRIONIE ARNOLD.

Sacred Grief Retreat at NorthFork 53, Saturday, November 4, 10am to 4pm, 77282 Hwy 53. Nehalem, OR 97131 <https://www.northfork53.com/events>

Mastering the Moon Workshop

BREAK FREE FROM limiting beliefs and embrace your authentic self at the "Mastering the Moon: Astrological Moon Signs, Personal Style, & Emotional Attachments" workshop.

Hosted by three skilled practitioners, this transformative event will guide attendees on a journey of self-discovery, emotional healing, and personal style enhancement. By delving into the mystical realm of astrological moon signs, participants will gain valuable insights into their unique cosmic nature and emotional attachments.

At "Mastering the Moon," you will:

1. Discover Your Emotional Needs: Understand your most fundamental emotional needs based on your astrological moon sign, offering clarity on what nurtures, fulfills, and completes you on an emotional level.

2. Embrace Your Authentic Self: Learn to embrace your true, authentic self and dress for your moon sign. Stop blending in with the crowd and empower yourself to stand out as your most genuine, Divine self.

3. Liberate Your Emotions: Break free from subconscious negative emotional beliefs that may be holding you back in life, allowing you to experience emotional liberation and a renewed sense of self.

4. Reset Your Compass Through a Healing Sound Bath - Conclude the workshop with a healing guided meditation designed to reset your emotional compass and leave you feeling refreshed and centered.

Join this illuminating journey of self-discovery and personal growth and explore the profound connections between astrology, personal style, and emotional well-being.

Early bird pricing of \$67 is available for a limited time, so secure your spot to embark on a transformative experience that will leave you better equipped to navigate your emotional world and express your true self confidently.

For more information and to register for the event, please visit astrologywithdestiny.com

About the practitioners and hosts, Destiny Rogers is a local astrologer and blogger who uses the cycles of the planets as a tool for self-development, self-acceptance and empowerment.

Nicole Steegmans is a personal stylist who utilizes astrology to help women stop blending in and start standing out as their most genuine, Divine selves.

Becca Briggs is a certified life coach dedicated to empowering others to break through their personal barriers, societal pressures, and expectations, enabling them to embrace their true selves and inner desires.

Date: Sunday, November 12, 2pm - 5pm. At the Rosebriar Mansion, 636 14th Street, Astoria. Event Pricing: Early Bird Special \$67 until Oct. 10 | Full-price \$97

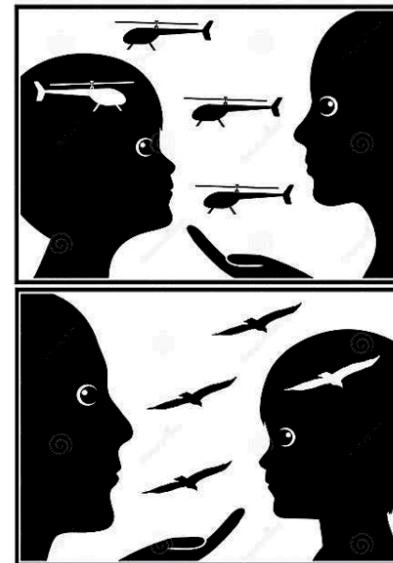
Parental Polarization, Part 590

WHY are so many political discussions adversarial? Explanations abound, but at heart lies a tendency to flatten nuance in favor of binary opposition. This tendency undermines opportunities for people with differing viewpoints to find common ground, and extends to subjects that aren't primarily political, such as parenting. Judging from the children and teens I've seen in my practice, no One, True Parenting Faith magically produces healthy, well-adjusted young adults. The most important factor is paying attention to child(ren) and adjusting parenting practices to their ever-evolving personalities and needs. But parenting styles are often wielded as weapons by political parties to foment opposition instead of solidarity.

Consider the stereotype of the helicopter parent who hovers over their adolescent like a surveillance drone from a dystopian movie. Intent upon handing success to their offspring through no effort on the child's part, the parent harangues high-school teachers who gave the kid a B+ and college admissions officers who, well, didn't admit them. The deleterious psychological effects of helicopter parenting on the child/target include low self-esteem (from not experiencing the satisfaction of making one's own decisions...and mistakes) and (paradoxically) entitlement (because this parental intervention must mean you're super-special). Helicoptering is supposedly the product of liberal politics, in contrast with free-range parents who raise rugged, self-reliant individuals in the tradition of Little House on the Prairie.

These clichés are referenced to score points, and few real-life people embody them. The stereotypes also assume that once a helicopter (or free-range) parent, always a helicopter (or free-range) parent, for always and with every child. When I studied child development in pediatrics classes, I learned that the younger the child is, the more they need a constant parental presence to provide care, reassurance, and redirection. Crawling babies and toddlers are more mobile than discerning; they need low-hazard childproofed environments and vigilant caregivers to ensure that they don't run into the street, pull bookshelves down onto themselves, etc. Being vigilant is essential to raising small children. The difficulty arises when parents don't know when or how to start encouraging independent exploration.

There's a tendency for conservative approaches to infiltrate even liberal discourse when it comes to raising children, and that's no surprise. Childrearing practices tend to err on the side of following tradition rather than innovating. This includes the lionization of the free-range parent, who encourages their children to explore the world and pick up a few bruises (as well as that hard-to-define quality called "grit" or "resiliency"), making instructive mistakes along the way. But should this adventure-some parenting style include giving sharp kitchen implements to kindergarteners—or in an extreme case I witnessed, put a six- and a four-year-old in charge of tending a campfire? While I applaud parents' efforts to



encourage their kids to do their own thing, gain a sense of independence and self-efficacy, and learn from mistakes, it's neither safe nor helpful to stop providing adult guidance at some arbitrary age. And that's where the impulse to "helicopter" might come from: not some pathological result of being brought up by "softie" liberal parents, but because changes in modern life have left emerging adults with a greater need for mature adult guidance than in past generations.

Parents, too, need social support, and that includes experienced parents sharing their wisdom while remaining aware of how societal changes might necessitate rethinking age-old advice. Weaponizing parenthood as a plank in a political platform results not just in simplistic stereotypes, but also in advice that does more harm than good.

Milk Magic prenatal lactation workshop

Milk Magic prenatal lactation workshop for expectant parents is going to be held online with in person follow up Parent Pop Ins.

You'll learn about latch and supply, some common problems and solutions. We'll talk about how it's good for your baby and for you. Our milk really is magic.

All parents and caregivers are welcome -even grandparents and other close people. These classes are free thanks to grant funding.

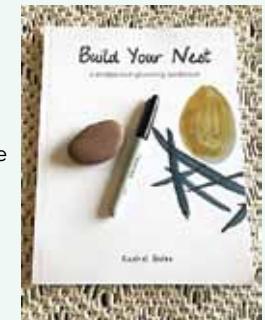
The facilitators are not lactation consultants / IBCLC. They have all taken Nurturely's Milk Magic Educators training and have various other lactation education and work experience.

October 19th 5-7pm

November 18th 12-2pm

December 13 7-9pm

www.buildyournestworkbook.com/milk-magic



Build Your Nest

postpartum planning workshop for expectant parents

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Wild Roots in Astoria

October 15th 1-5pm

www.buildyournestworkbook.com/book-club-pilot-project

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FOOD GROOVE

CHEW ON THIS!

by Merianne Myers



WE LIVE IN DARK TIMES. I'm not talking impending winter. I mean the big old mess we've made of almost everything. I mean we the people. Humans. I say that without restriction to planetary location, political position or dogma of any kind. I think it's just plain human nature to muck things up, sometimes unintentionally, sometimes with resolve. I have come to believe that every single one of us is somewhere on the spectrum of crazy with barking mad at one extreme and unbridled passion on the other. Just to make things even more interesting, we don't sit still in our place on that spectrum. We cruise around at the mercy of the influences du jour. That's probably smart, moving targets being so much harder to hit.

I feel lucky to have been raised in a military family then run away to come of age in San Francisco in the 60's and 70's. To say, "I've looked at life from both sides now," would imply that I think there are only two sides to life, which I don't. But, I believe you get my drift. My six-ish decades of observation (I'm 77, however I didn't notice too damn much in the first 15 years or so) have shown me nothing to indicate that we will all settle down and start taking care of each other. Or that we will, as a whole, come to respect the rights of all living things or take care of the planet or dedicate ourselves to one thing like, say, not killing each other in wholesale quantities.

I do not believe we will ever overcome our tendencies toward greed, possessiveness, paranoia of the unknown/change, suspicion of the 'other', etc., etc. The list of lousy reasons to run amok is long and has not, as far as I can tell, grown one iota shorter since we crawled out of the ooze.

This perspective would sink my emotional life raft if it weren't for ART! Art is my drug of choice, my salvation in the face of a cruel reality and the tow rope that drags me along the spectrum from unhinged to joyful. Given that there truly is no accounting for taste, I don't worry about anyone else's opinion about what qualifies as art. I can't be pinned down to a genre or school or discipline. My tastes are wide-ranging and inexplicable, swinging from Michelangelo to Matt Groening, Beethoven to Bone Thugs in a mad cavalcade of bliss. The concept of 'inappropriate' has no place in my perception of art. A bad day can be set right with a couple of hours of music. Or watering and trimming my indoor plants whose constant gift of beauty and oxygen makes me hopeful. Or wondering how I can make more wall space to accommodate the ridiculous number of paintings I have acquired over the years, all of which I want to see every day.

Wondering where the recipe is? Me, too! I saved the best for last. Cooking for someone is a beloved art form and one that allows for listening to music, looking at a painting and cuddling up to the fern on my kitchen counter all at the same time. It's everything! I found this recipe in a magazine at a laundromat some 20 years ago while killing time between wash and dry.



ALL IS NOT RIGHT WITH THE WORLD PUMPKIN PEAR SOUP

1 cup chopped onion
4 teaspoons grated fresh ginger
2 Tablespoons butter
6 pears, peeled, cored and sliced
2 15 oz. cans of pumpkin (not pie filling, just pumpkin)
3 cups vegetable broth
2 cups milk
Salt and Pepper

Sauté onion and ginger in butter until softened. Add pears and sauté another minute or two. Add pumpkin and broth. Bring to a boil, reduce heat and simmer, covered until pears are tender - maybe 5 to 10 minutes. Blend or process in batches until smooth. Return to the pan, stir in milk and heat through. Season with salt and pepper to taste.

This soup is delicious beyond imagining just as it is. However, these kinds of soups shine even brighter if you bejewel them with a tiny bit of fat. A pat of plain or compound butter, a dollop of creme fraiche or sour cream would do nicely.

Could you make this with fresh pumpkin? Of course! But, that would require extra planning and time and effort. Spectrum traveler that I am, I seldom experience those three requirements in sync. I'm pretty much a Soup Now! sort.

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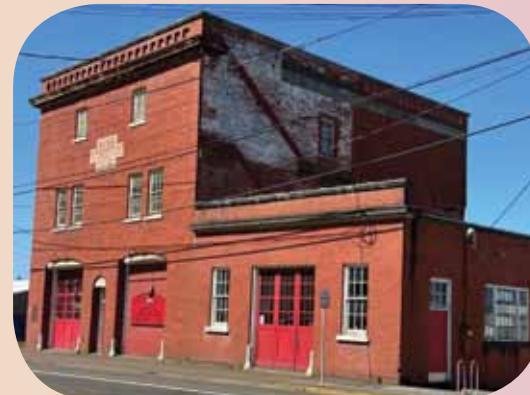
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The Architect Hound



By Eric Wheeler

North Pacific Brewery/Uppertown Fire Station

THIS MONTH'S featured building is a great example of early 20th century adaptive reuse that includes a major remodel and three changes in utility. This landmark building located at 2968 Marine Drive in the heart of commercial Uppertown, started out as the North Pacific Brewery (1896) designed by noted Portland architect Emil Schacht. Interestingly, Schacht also designed the legendary Louie Hotel (1896-1939) in the same year and later got the commission for the former Astoria City Hall (1904), now the Clatsop County Heritage Museum. The archival photo of the brewery shows an elegant four-story late Victorian facade with adjacent brewing building. Also, note the Astoria Streetcar, whose tracks are long since buried under the concrete and asphalt of Marine Drive. And, in the lower left corner you can see evidence that the entire structure of buildings, sidewalks and streets is built on top of wooden pilings, which was the case for most of downtown Astoria until the Great Fire of 1922.



North Pacific Brewery (1896)

The brewery closed in 1915 in anticipation of statewide Prohibition in 1916. Reportedly, there were a couple of attempts to convert the facility to non-alcoholic beverages, but those failed and the city of Astoria took over ownership in the early 1920s. In 1928, noted local architect John Wicks, redesigned the building into Fire Station #2, serving the Uppertown neighborhood. Greatly reduced from its appearance as a brewery, the remodeled and repurposed fire station still has a touch of the elegant neoclassical symmetry seen in the



Fire Station c.1935
original brewery building. The single story addition on the east side was added later and the fire station building still retains its 1930s era appearance.

In 1977, a new fire station was built directly behind the 1928 fire station and the building was decommissioned as a fire station. The next iteration of the venerable old red brick building was as a museum. Opened in 1990 in the former fire station, the Uppertown Fire Fighter's Museum showcases vintage and antique firefighting equipment utilized by the Astoria Fire Department during its 150-year-plus history. A highlight in the museum's collection is the horse-drawn 1876 LaFrance Hook and Ladder Truck. The museum is typically open on Saturdays from noon to 3:00 PM, but is currently closed for the season. This low-key volunteer-staffed museum is definitely worth a visit when it reopens next year. The current tenant on the third floor of the building is Fire Station Yoga, since 2020 offering a range of heated to room temperature yoga classes. Most Sunday mornings the Architect Hound ambles over to the former fire station for a weekly yoga class on the third floor and manages to catch a glance of the gripping photographic exhibit of the Great Fire of 1922 curated by the Clatsop County Heritage Museum. Representing both change and continuity over the decades, the Fire Station building was listed on the National Register of Historic Places in 1984 and represents a distinctive arc of Uppertown Astoria history.

Contact the Archetect Hound: ericwheeler2@gmail.com

A series of nine premium food and wine events are planned for SAVOR CANNON BEACH October 12-27



Events for the 2023 Savor Cannon Beach Wine & Culinary Festival have been announced and tickets are available now. The 2023 series of premium small group wine and culinary experiences will span two weeks with events between October 12 and 27 at various locations in Cannon Beach, Oregon. The festival will include a series of nine extraordinary food and wine events including premium wine tasting experiences; learning opportunities for wine enthusiasts; a limited-seating seafood and wine pairing dinner; and an exclusive after-hours private event in the galleries featuring guest wineries and innovative small bite pairings.

Participants will have the opportunity to taste a flight of 10-year-old reds, exclusive tasting line-ups of wine from some of the Northwest's most celebrated winemakers and some of the top award-winning wines from the 2023 Savor Northwest Wine Awards held earlier in the year in Cannon Beach. Educational programs and experiences will test your palate and wine knowledge where you will learn to assess wines like a professional, identify varietals in blind tastings and compare Old World French wines with their Northwest equivalents while challenging you to identify which is which.

More info and to purchase tickets, visit: savorcannonbeach.com



Old World Reds Versus Northwest Reds? • The Wine Shack

Thursday, Oct. 12 | 4-5pm | Premium Wine Program
10-Year-Old Reds • Bistro Restaurant

Friday, Oct 13 | 5:30-6:45pm | Wine Experience
Premium Wines from Long Shadows • The Wine Shack

Saturday, Oct 14 | 5:30-6:45pm | Premium Wine Program
Best of Brian Carter Cellars Red Wines • IceFire Glassworks

Thursday, Oct. 19 | 4-5pm | Premium Wine Program
Savor Northwest 2023 Best of Class Wines • Bistro Restaurant

Friday, Oct 20 | 5:30-6:45pm | Wine Experience

Sunday, October 22 | 5pm | Wine Dinner
Seafood & Wine Pairing Dinner with Sokol Blosser • Season's Cafe

Thursday, Oct. 26 | 4-5pm | Premium Wine Program
Savor Northwest 2023 Gold Medal Pinot Noirs • TBA

Friday, Oct 27 | 5:30-6:45pm | Wine Experience
Taste Like a Sommelier: A Blind Tasting Challenge • The Wine Shack

Laksloida Luncheon At Suomi Hall

A FAVORITE DISH in many a Finnish Astorian's home through the decades, Laksloida or Lohilaitikko, anyway you slice it, is salmon and potatoes and onions. And has now become one of a new tradition of the Finnish Brotherhood Lodge, to offer a community meal in the house of Suomi Hall, one of the few remaining historical structures from Finn Town aka Uniontown. A great way to celebrate ancestry.

Meal includes Laksloida, green veggies, pickled beets, rieska, apple crisp/cream, coffee.

Cost is \$20 adults (as much as you want to eat) and \$10 young people 12 and under

A bake sale with Finnish inspired pastries and raffle gifts will be part of the festivities.



Save the date for October 14, from 11:30am to 1:30pm. Finnish Brotherhood Lodge (Suomi Hall) at 244 West Marine Drive

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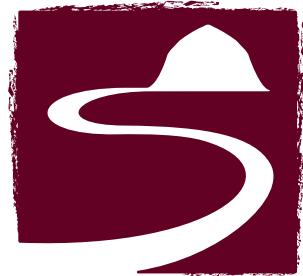
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COMING SOON

Friday, Oct 21

What Water Holds: Four FisherPoets
7:30pm • \$10 (advance tix suggested) \$13 @ door
Tele Aadsen, Clem Starck, Jon Broderick, Holly Hughes
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Saturday, Oct 28

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