

September 2023 • vol 24 • issue 233

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Thursdays, Sept 21 - Nov 9
Ages 10 -14 | 5:30 - 6:30 pm

Creative Drama Club

Saturdays, Oct 28 - Nov 18
Ages 3 1/2 -5 | 1:00 - 2:00 pm

The Mystery of the Cox Combe Cache

Tuesdays, Sept 12 - Oct 30
Ages 8 -11 | 4:00 - 5:00 pm

The Mystery of the McTavish Room

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Acting

Wednesdays, Sept 13 - Nov 1
Ages 9 -11 | 4:00 - 5:00 pm

Creative Drama Club

Saturdays, Sept 23 - Oct 14
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October 13, 2023, 7:30 pm

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**Mary Flower
w/ Doc Stein
n' Spud Siegel**

**Sept
9**

MARY FLOWER is an internationally known and award-winning picker, singer/songwriter teacher, and recording artist. The Midwest native relocated from Denver to the vibrant Portland, Oregon music scene in 2004. She continues to please crowds and critics at folk festivals, teaching seminars and concert stages domestically and abroad that include Merlefest, Kerrville, King Biscuit, Prairie Home Companion and the Vancouver Folk Festival, among many.

A finalist in 2000 and 2002 at the National Finger Picking Guitar Championship, a nominee in 2008, 2012 and 2016 for a Blues Foundation Blues Music Award, and many times a Cascade Blues Assn. Muddy Award winner, Flower embodies a luscious and lusty mix of rootsy, acoustic-blues guitar and vocal styles that span a number of idioms from Piedmont to the Mississippi Delta, with stops in ragtime, swing, folk and hot jazz.

Joining Mary Flower in an impeccable trio, is **Hawaiian Steel Guitarist Doc Stein**; specialist in country, western swing, ragtime and blues on guitar, ban-



jo and dobro. And multi-instrumentalist and **mandolin specialist, Spud Siegel**, known for his magic musical proclivities in these parts and throughout the northwest.

Flower and her trio are always a treat-virtuosity charmed by the sweetness of song and entertainment.

Saturday, Sept 9, 7:30pm. Doors open 7pm. Tickets \$20 at kalaastoria.com

WATER THE MUSICAL with Your Song My Song For Kids of all ages! FREE • 3pm

**Sept
17**

A PERFECT FOLLOW-UP to the North Coast Citizens for Watershed Protection event, KALA welcomes ensemble Your Song My Song, an environmental justice-focused children's entertainment group from the central coast of Oregon that writes music about connecting to the planet. With unique, funky, and original songs and a fully interactive musical show with hundreds of puppets, Your Song My Song celebrates the beauty and bio-magic of the third rock from the sun. Get ready to be inspired to dance and also to take action and claim your roles as integral crew mates here on Spaceship Earth!

Water the Musical, a fully interactive show, invites the audience to dance, sing

along, and puppeteer one of their 200 space and sea puppets and transform the energy of dread around climate change into joyous play, opportunity for growth, and community action.

Meant for kids, but loved by adults, this earthy and off-world musical adventure journeys through funky disco rollerskate jams, spacey dance tunes and sweet jazzy folk tunes.

Your Song My Song encourages all to learn from the expertise of their conservation partner, Oregon Shores, CoastWatch, just how you can better become a steward



of our planetary home. Space for Art Foundation supports Your Song My Song's Water The Musical.

Sunday, Sept 17. 3pm. Doors open at 2:30pm For all ages. A FREE event. Check out some of their great tunes on three albums and a sing-along songbook at yoursongmysong.com

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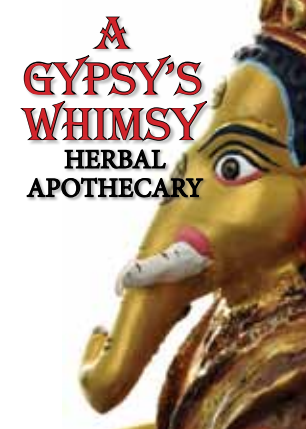
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Kenia Goodman is Sister Agnes Devereaux

AGNES OF GOD

Three demanding roles directed by George Dzundza
presented by Rising Tide Productions

BY PATRICK WEBB

FOR the three actors playing in “Agnes of God,” learning difficult lines has been only part of the experience.

All have been delighted at stretching their theatrical talents under the guidance of an experienced director who was a familiar face in movies and TV shows dating back to the 1970s.

George Dzundza had a long career as an actor, earning early prominence in the powerful 1978 movie “The Deer Hunter,” which placed a necessary spotlight on the trauma of veterans returning from the Vietnam War. He was a memorable cop partner to Michael Douglas in the 1992 thriller “Basic Instinct.”

In retirement Dzundza and his wife, Mary Jo moved to the North Coast.

Since his transplant to the coast Dzundza has been directing community theatre—In 2016, he co-founded Rising Tide Productions which has staged Edward Albee’s absurdist play “Seascape,” a one-person show “I Am My Own Wife,” and “Doubt,” a play about a priest suspected of abuse.

“Agnes of God” was first staged in 1979 and moved to Broadway in 1982. A movie followed three years later, springboarding the

career of a young Meg Tilly and earning her a Golden Globe. Jane Fonda’s portrayal of the psychiatrist and Anne Bancroft’s nuanced mother superior were widely praised; although none won Oscars, all three actresses earned international honors at a Czech film festival.

The play is based on a true story. It takes place in a Catholic convent in Montreal, Canada, and highlights the differing reactions of the doctor and the senior nun when the body of a baby is discovered. One core issue is the centuries-old debate about the compatibility of religion and science. The psychiatrist is an atheist, though her different past emerges as the play progresses. And the mother superior wasn’t always a nun.

Although the stage at Nehalem is a reasonable width, Rising Tide Productions has intentionally embraced a minimalist approach which focuses attention on the actors.

When asked about the challenge of staging “Agnes,” Dzundza immediately noted the lack of set and props. “In a play that has none of those things, everything you do becomes a little more significant,” he said. “So the search for truth becomes paramount and it becomes really important, because when it’s not there the audience will know it.

“That’s hard to find those levels and we work very hard at it.”

Dzundza’s family emigrated from Europe. During his early training in the U.S., Dzundza came into contact with Stella Adler, who had a 55-year career as an acting teacher, and whose pupils included Marlon Brando, Elaine Stritch, Peter Bogdanovich and Robert DeNiro. Konstantin Stanislavski’s methods, first taught while mining Chekhov’s rich scripts in the late 19th century, encouraged his acting students to think deeply, seeking their characters’ motivations. Adler’s approach broadened the Russian theater teacher’s pioneering work by looking at sociological aspects, too.

“It gives an actress the opportunity to go into levels of depth that are rare in plays,” he said.

Three coast residents have spent months commuting for intense rehearsals.

The production features Kenia Goodman as Agnes. A performer since she was a little girl. Goodman said the experience has stretched her. “There are a couple of scenes where I have to show Agnes’s mental issues,” she said. “She hasn’t really been around society very much, so she needs to seem more child-like and more pure — and sometimes it’s hard to just turn off everything you’ve ever learned and appear more like, ‘I have never read a book and never seen the Internet and never looked at anything.’”

Cameron Lira said the process has deepened her acting skills, too. “Dr. Livingstone is a very commanding and fierce presence and I feel like me, Cameron Lira, is not quite a commanding presence. So I really have had to dig deep to find something sturdy and commanding in myself.”

She said she has embraced the way Dzundza has shared techniques he learned from Adler.

“Stella Adler is an iconic acting teacher,” Lira said. “He is coming at us with so much knowledge and ready to share it with us. It has been an astounding experience, and getting to work with these two lovely women has been a treat. It feels like a team.”

Susi Brown retired as a high school drama teacher some years ago. She has invested significant energy in Astoria community theater with The River and later spearheading Pier Pressure Productions, which was the forerunner of the Ten Fifteen Theater. As well as directing and acting, she is a creative costume designer.

She has relished the experience of peeling back the many layers of Mother Miriam Ruth, even though rehearsals have meant trying one approach then abandoning it when she and her director have discovered a better one.

“I am an eternal student, and any time I can learn something new, something different, it’s thrilling for me,” Brown said. “This approach from the Stella Adler point of view is



Actor/Director George Dzundza

completely different. I knew who Stella Adler was, and had seen films about her, but when you are in the hot seat it is an entirely different experience.”

Dzundza hopes audiences will be entertained and envisions deep conversations in the car home from the theater — and afterward — just like “Doubt,” which ended with no solid conclusion about the accused priest’s guilt.

“To address those kinds of issues, when you talk about them they sound scary, yet when you see them in a play format you see the reaching out to the public to say, ‘Take a look at this. You look at it, you decide. You go home and talk about it,’ then that sparks that conversation.

“Any play that we do, I strive for that. You kind of want to go talk about it, and say, ‘What do you think?’ At least that was my training and that was what I was raised to do.” His team concurs.

“We are after a goal of taking people into our own little world for an hour and a half and giving them something to talk about on the way home,” Lira said.

Goodman noted that the intense rehearsal process has been worthwhile. “Even if just one person is left thinking at the end of the night, considering the debate between religion and science, I think we have done our job right.”

Catch the last weekend performance. The show runs through September 10th at NCRD Performing Arts Center in Nehalem. Friday and Saturday performances are at 7pm and Sunday shows are at 2pm. Tickets are \$20 and available at the door. Payment methods accepted are cash and credit card.



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HIPFISHmonthly is located at 1017 Marine Dr in Astoria.
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ADVERTISING INQUIRIES

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 HIPFISH is produced on the web at:

EDITOR/PUBLISHER:
 Dinah Urell

GRAPHICS:
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 Dinah Urell
 Myshkin Warbler

CALENDAR/PRODUCTION

Assistance/Staff Writer: Cathy Nist

MAGIC WEB WORKER:
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ON THE COVER: "WATER"
 by Denise Monahagn, Astoria.

Celebrate Fall and 96 Years of Library Services

CELEBRATE the arrival of fall and 96 years of good books and fellowship at the Cannon Beach Library's Annual Fall Celebration and fundraiser. *The Celebration takes place Saturday September 30th at the library, 131 N. Hemlock Street in downtown Cannon Beach.* Purchase raffle tickets for gift certificate packages and place silent auction bids at the library from September 1st through September 30th (need not be present to win.)

Come to the library at 3 p.m. on the day of the celebration for LOTS of amazing door prizes and cake cutting. Raffle tickets for gift certificate packages will be drawn and announcement of silent auction winners. Tickets will also be drawn for the beautiful autumn-themed quilt currently on display at the library. Bring the kids by for fall-themed crafting from 2 to 3 p.m.

The raffle includes 7 bundles of gift certificates donated by generous local merchants and restaurant owners. Win a chance to experience the best of Cannon Beach, while also supporting the programs and operations of the library!

Auction items include overnight stays donated by five premium oceanfront hotels (Hallmark Resort & Spa, Land's End at Cannon Beach, Ocean Lodge, Surfsand Hotel and Tolovana Inn), a gift certificate for the Stephanie Inn Dining Room, and a gift certificate for handblown glass from Ice Fire Glassworks.

For more information about the celebration, check the library website at www.cannonbeachlibrary.org.

Wild Salmon Center Astoria Activism Night Focus: HCP

JOIN the STAND TALL campaign for an evening of community activism! You'll hear from coalition and community members about what's at stake for our North Coast forests and what you can do to help secure a Habitat Conservation Plan for the Tillamook and Clatsop State Forests. Snacks will be provided, and your first drink is on WSC.

Space is limited for this event, please only RSVP if you are planning to attend!

Wednesday, Oct 4. At Fort George Lovell Taproom. 6-6:30pm. Grab and drink and mingle. 6:30pm - 6:45pm - Presentation by WSC's Oregon Policy Senior Program Manager, Michael Lang. 6:45pm - 8pm • Special guest panel discussion + audience Q&A.

LABRYINTH WALKS



Experience this walking meditation and contemplation. The next Labyrinth Walk in Astoria is set for the Autumnal Equinox Sept. 23 from 6-8pm with piano music by Jennifer Goodenberger. At Grace Episcopal Church, 1545 Franklin, Astoria.

The first Sunday of every month, St. Catherine's Episcopal Church in Nehalem offers a Labrynth Walk from 3-5pm. 36335 N Hwy 101, Nehalem, OR

Clatsop County Cultural Grants 2024

THE CLATSOP COUNTY Cultural Coalition's grant cycle for fiscal year 2024 has kicked off, with approximately \$12,000 in funding available for projects that support, maintain, preserve and protect cultural programs in the arts, heritage and humanities in Clatsop County.

Organizations with 501(c)3 nonprofit status are eligible to apply for grants through the cultural coalition. Individuals also may apply when sponsored by a nonprofit fiscal agent. Applications are due by 5 p.m. Oct. 31.

Grant awards will be announced in January 2024 for activities occurring between Jan. 1, 2024, and Dec. 31, 2024. Grant funds of up to \$2,500 are available per project. Funding priorities include:

Read the Clatsop County Cultural Coalition Plan and FAQs, which are online at www.clatsopculturalcoalition.org.

The coalition also recommends that applicants attend a workshop or schedule a review session to check their application before submission to avoid common mistakes that lead to disqualification. The coalition has two upcoming workshops:

- 6:30 to 8pm Tuesday, Sept. 26 or Oct 10 at the Art Loft on Marine Drive in Astoria.

Participants can join either workshop in person or remotely via Zoom. FMI or to register, email information@clatsopculturalcoalition.org or call 503-298-9258 or 503-791-6207.

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www.thetenfifteentheater.com

North Coast INCO NEWS INDIVISIBLE

SUNSHINE, SCHEMES, AND SCRUTINY

By Laurie Caplan

WHAT'S your favorite courtroom film? *To Kill a Mockingbird*, *Witness for the Prosecution*, and *Judgement at Nuremberg* are classics across all genres. Viewers enjoy the suspense and hope for the victory of right over wrong.

Now we have the upcoming real life trial of Donald Trump for the January 6 insurrection. However, federal criminal trials are not allowed to be televised. Unless that rule is changed, none of us will be able to see for ourselves what this trial is about. We won't get to see the evidence, testimony of witnesses, questions by attorneys, or rulings by the judge.

Last month, INCO urged the US Attorney General, the Department of Justice, and the Judicial Conference of the United States to allow this trial to be completely televised and streamed.

Here's what INCO asked:

You have a significant opportunity to provide a civics lesson to Americans and people around the world. We urge you to modify the rules so that the trial of United States v. Trump can be televised and streamed live.

The public needs to see that the rule of law applies to each of us, including a former president, and that Mr. Trump will get a fair trial.

All of us need the opportunity to see and hear the actual proceedings, not just a few video clips and comments selected by news outlets and social media algorithms. A live-streamed and televised trial could strengthen Americans' belief in the validity of this particular court case and in the American judicial system.

Public access could limit the damage caused by distorted, inaccurate, and deceptive reporting. Malevolent media and political forces are already lying about the indictment and maligning Jack Smith, Judge Chutkan, and others working to ensure a fair trial.

Televising and streaming will also preserve a record of the trial that will limit revisionist interpretation. A fixed camera, as

"Truth never damages a cause that is just."
- Mahatma Gandhi

on C-Span, that doesn't show or identify the jurors, will minimize/eliminate the sensationalism that some people fear.

Trials in the US are usually public, per the US Constitution's 6th Amendment. It is authoritarian countries such as Russia, North Korea, and China that forbid the public from attending or watching trials.

Good governance and good justice are done in public and are markers of a strong civil society. As Justice Brandeis said, "Sunlight is said to be the best of disinfectants."

The mission of our grassroots organization, Indivisible North Coast Oregon, is to defend democracy by opposing authoritarianism, bigotry, and corruption. We join respected civic leaders, elected officials, jurists, and many others in urging you to allow this pivotal trial to be televised and streamed live.

The case is United States v. Trump, and it is we, the people, who are the United States.

"The indictments will echo through American democracy for generations. The outcomes of the cases will affect voting rights, racial justice, executive powers, checks and balances, and more." -- Brennan Center for Justice

Please ask for Trump's trial for his attempted coup to be televised and streamed live:

- The US Department of Justice Comment Line: 202-353-1555

- US Department of Justice: <https://www.justice.gov/doj/webform/your-message-department-justice>

- Judicial Conference of the United States: <https://www.uscourts.gov/contact-us>

Indivisible North Coast Oregon (INCO) defends democracy by opposing authoritarianism, bigotry, and corruption. Sign up to get our weekly e-newsletter at www.incoregon.org, or contact incoregon@gmail.com. Indivisible North Coast Oregon is on Facebook.

North Coast Chorale Fall Season

TUESDAY, SEPTEMBER 5TH Registration begins for all those interested in singing with North Coast Chorale (NCC). **This enrollment opportunity will remain open until Tuesday, September 26th.** NCC is a community choir **that's all about fun** and learning, so this invitation is for male, female, young, and veteran voices. No auditions are required, but Chorale members must be at least 18 years old. Rehearsal will follow registration and every Tuesday thereafter beginning at 6:30 p.m., at the Larsen Center on the corner of 16th and Franklin Streets in Astoria. For more information, please contact Director, Dr. Vincent Jones-Centeno at (773)392-8408, Vincent.d.centeno@gmail.com or President ChrisLynn Taylor at (503) 440-9002, macievivmama@yahoo.com

Here's a sneak peek of the music planned for the 2023 - 2024 Season:

The Annual November *Messiah Sing-along*, presented on November 26th, will feature selected choruses complemented by NCC soloists accompanied by a harpsichord, strings, horns, and percussion. All proceeds from this event will benefit the CCA Regional Food Bank. The Chorale will present *Oratorio de Noel* by Camille Saint Saens and various Christmas Motets by Michael Praetorius on December 15th and 17th. This production will not only feature professional soloists, but also a string quintet, organ, and bell choir.



NCC's spring season will take a dip into the macabre with medleys from *Sweeney Todd*, *Little Shop of Horrors*, and *Phantom of the Opera*. One more intriguing element to this concert will be the inclusion of the Astoria Conservatory Children's Choir as they sing selections from *Mathilda*.

The Next Chapter in Watershed Protection: NCCWP Comes to Astoria

By Heather Hirschi

JOIN North Coast Communities for Watershed Protection (NCCWP) for a kickoff event at KALA Performance Space.

NCCWP opens a new chapter in Astoria and welcomes Anna Kaufman as the Astoria Chapter Coordinator

As Oregon communities experience increasing changes due to the climate crisis, many residents are organizing for real solutions. Here on the coast, North Coast Communities for Watershed Protection (NCCWP) has been the vanguard of community action to protect coastal watersheds.

NCCWP is “a grassroots group working, through education and advocacy, for better protections of the water we drink, the air we breathe, and the forests that sustain us.” Initiated by Rockaway resident and native Oregonian Nancy Webster, the group has been operating since 2012. Nancy was concerned about the threats of aerial spraying in the Jetty Creek Watershed, her community’s only source of drinking water. Coastal water supplies are threatened, and many contaminated, by the logging industry’s practice of chemical spraying after a clear cut.

NCCWP has grown significantly in recent years, as the impacts of deforestation increase in the Pacific Northwest. Now partnering with neighboring communities challenged with threats to air and water quality, they also work with statewide organizations who advocate for sustainable forest practices “that will ensure clean air and water for all living beings.”

Watershed protection isn't a phrase that immediately invites controversy—most would agree clean water supplies are essential to every community, and protecting them should be a community priority. Yet in Oregon, the most forested state in the lower 48, clearcutting practices are legally prioritized over Oregonians' watersheds, especially on the North Coast.

While Oregon's forests are "protected" as public lands, only 3% of the forests are public lands. Clearcutting is legal on "privately held" lands. The private holders include corporations like Weyerhaeuser, which continue to use a poison cocktail to spray after a clearcut.

In 2023, the Oregon timber industry continues to spray herbicides and pesticides, all of which seriously endanger human and animal life. Sprays include triclopyr, chlorpyrifos, Diuron and 2,4-D (one of the so-called “Agent Orange” chemicals), chemicals linked to respiratory problems, liver and kidney damage, miscarriages, and cancer. According to the Sierra Club, “up to 40 percent of the pesticides sprayed onto forestland by helicopters is blown off course from its targets.”

And hand spraying isn't an alternative. In 2020, the Stimson Lumber company conducted a chemical spray near Wheeler with

workers on the ground spraying from backpacks. The cocktail they sprayed included "pesticides like aminopyralid, metsulfuron methyl, glyphosate, sulfometuron methyl, and Syl-Tac," according to NCCWP. Obviously, the toxicity of these chemicals endangers the workers, as well.

The timber industry has justified spraying with claims it encourages conifer regrowth by eliminating competing species like the native red alder. But a basic understanding of ecology informs us that biodiversity actually encourages and sustains healthy regrowth of all species. Indeed, the red alder, which grows quickly, shades and protects the new conifers.

Clearcut spraying does not serve the purpose clearcutters claim, and moreover, the chemicals leach into nearby watersheds. Many people aren't aware of the degree of toxicity these chemicals introduce to coastal water supplies.

Last year NCCWP initiated a petition drive that calls for no more aerial spraying in coastal watersheds. Already, they have collected more than 1,300 signatures for their campaign, "Stop Clearcutting, Slash Burns and Pesticide Sprays Near Drinking Water Sources on the Oregon Coast".

NCCWP uses outreach like the petition campaign to heighten awareness of the costs of deforestation in Oregon. Deforestation not only contaminates water supplies, it



NCCWP gathers at Hug Point to protest spraying in the region

releases carbon stored in trees back into the atmosphere as carbon dioxide. Deforestation contributes up to 20% of global greenhouse emissions.

"We are already seeing the ramifications of climate change every day," says Anna Kaufman, NCCWP's new Astoria Chapter Coordinator, "with storm events in LA during the summer and 130 degree heat waves in the Midwest—the health of our forests and watersheds are critical to carbon sequestration."

Anna recently graduated from Vassar College in upstate New York with a degree in Environmental Studies. She grew up



! NCCWP Volunteer Mike Baker and Astoria coordinator Anna Kaufman collect signatures at the Seaside Farmer's Market

in LA and though she lauds the city for its rich culture and art, she flourishes on Oregon's quieter and more forested North Coast. A self-described "lover of nature," Anna recently completed an internship with

to join NCCWP in protecting the coast's vital watersheds. "We are at a crossroads now environmentally," she says, "Now is the time to get involved in grassroots activism like NCCWP"

Friday, September 15, NCCWP launches the Astoria Chapter at KALA. The evening offers food and drink, a chance to meet Anna and other members of NCCWP, and a screening of "Last of the Ancient Rainforests" with a Q&A by filmmaker Paul Johnson. Learn what you can do to to change forest practices for "all living beings."

NCCWP KICK – OFF
Friday, Sept 15 • 6 – 9pm

- Meet n' Greet

- Food & Beverage Special.

Vegetarian Chilli Baskets

- Screening:

Last of The Ancient Rain Forests + Q&A with Director Paul Johnson

- Discussion of NCCWP Mission and Current Initiatives

You are encouraged to register for the event at www.healthywatershed.org
(But not necessary to attend this free event)

Saturday Sept 16 Beach Clean-Up with SOLVE
KALA 1017 Marine Dr. in Astoria



Public Coast Brewery owner Ryan Snyder has big plans for his experimental farm.

PUBLIC COAST FARM

This coastal brewery has its own 40-acre farm

BY WILLIAM DEAN

A SPRAWLING FARM named after a brewery is framed by pines off a stretch of Route 26, between Cannon Beach and Portland.

On its 40 manicured acres and within its oversized greenhouse are grown a dizzying array of crops – from blueberries and hops to apples, tomatoes, herbs and peppers. There are so many varieties, even the farm managers have a hard time keeping track.

Welcome to Public Coast Farm, Version 2.

If owner Ryan Snyder has his way, there will be many more incarnations to come, including a tasting room, satellite brewery, music festivals – even an events center.

Version 1 entailed the conversion of the neglected property that had doubled as a private air strip for a former children's TV show host and pilot known as "Ramblin' Rod" into a professional farm.

There were blueberries on the land when it was acquired in 2019, but many of the bushes were in poor shape and had to be ripped out and replaced. Under Snyder's watch, fruit trees, row crops and beehive boxes were added, the greenhouse built, a new creek-side pumping station installed and a cold storage building created.

Snyder had driven by the farm for years without paying much notice, but when he spotted a recently erected "For Sale" sign, he had to pull over. It fit the vision he had for a property that could become a "dream culinary farm" serving his two Cannon Beach businesses: Public Coast Brewery with its bustling brewpub; and the oceanfront Stephanie Inn with its upscale restaurant.

Another benefit was the location, about a half-hour from Portland, where Public Coast sells some of its beer. Kegs, cases and other supplies could be stored at the farm until needed, easing a space crunch at the brewery and inn.

Snyder, who grew up in Palm Springs, made a name for himself in the hospitality business. He says he wanted to own a brewery of his own since working for one in Las Vegas in the 1990s.

But a farm? He concedes he had no clue how to run one when he bought it.

"Zero. Zip. Nada."

Gradually, however, the dream has materialized. This summer, Snyder began offering free live music in a grassy area dotted with wooden picnic tables. There's beer on tap and a farm stand. The relaxed vibe draws several hundred visitors every weekend.

Much of the harvest is trucked to Cannon Beach, where inventive brewers use the ingredients in their beers and hard seltzers, and cooks at the brewpub and restaurant also take full advantage. "Ask your server about what's on the menu from our farm," the restaurant's web page advises.

On a recent sunny afternoon, Snyder strolled through the farm's sunflower field in his straw hat, watching the honey bees do their thing.

Sunflowers? What beer or entrée are they used in?

"Naw," he says with a smile. "They're just pretty."

Will Leroux recalls the day he learned that Snyder had bought the farm with a tug of his bushy, salt-and-pepper beard.

"I was stoked about it," the brewer says, quickly adding that it wasn't a huge surprise. "Ryan is always looking for the next adventure. That was apropos for him."

Leroux knew the possibilities better than most. He'd notched 30 years as a chef before Snyder recruited him for the inaugural role of brewmaster, based almost entirely on a hunch.

It had to be, because Leroux had never brewed before. After a crash course at a brewery and some lackluster home-brewing,



Lead brewer Will Leroux, a former chef, calls the farm his "culinary playground."



By William Dean

he learned on the job, starting with Public Coast's opening on East Third Street in June 2016.

Snyder was right, of course. Leroux proved to be a natural, finding the art of brewing not so different than making artisan bread. His highly tuned palate for taste bud-tingling flavor combinations didn't hurt.

Within two years, he snagged a gold medal at the prestigious World Beer Cup for his '67 Blonde Ale (the brewery's top seller). More honors would follow.

Now, he and fellow brewer Ron Christianson have a farm at their disposal. They joke about constantly searching for new ways to use a certain abundant fruit.

"We've got blueberry this, blueberry that, blueberry this," Leroux quips.

"Yeah, we love blueberries," Christianson chimes in.

It didn't take them long to launch a Farm Stand Series of beers that sprinkle the bounty into the recipes. Other farm-rich brews keep coming.

There's the Blueberry Wheat Ale, a hefeweizen-style beer made with German yeast and ample amounts of those berries.

There's also the Honey Red Ale, Jalapeno-Mango Tart Ale, Rosemary IPA and Blueberry Hard Seltzer, to name a few.

During a recent morning visit, a special brew was lagering, preparing for the first infusion of fresh hops grown at the farm in twin towering rows, some 18 feet high.

The 10-barrel brewhouse visible from the pub was humming, its tanks filled with a variety of beers in various stages of fermentation. Steps away, a mobile canning line was packaging craft root beer named after Snyder's son.

Leroux calls the fruited property out east his "culinary playground," and says the farmers there often greet him with samples of something new.

"What can you do with these?" they ask.

"It's a blessing," Christianson says, dwarfed by the stainless-steel fermenters. "Farm to tank."

Public Coast Farm offers the brewery and inn another advantage: Year-round fresh local produce.

Coastal Oregon has a relatively short growing season, but the 5,000-square-foot greenhouse (powered by solar energy) has no such restraints.

The greenhouse boasts up to 10 varieties of heirloom tomatoes, seven types of peppers, green beans, zucchini, tiger melons,



Heirloom tomatoes are trained to grow skyward in the expansive greenhouse.

lemon cucumbers, squash, carrots, microgreens and an assortment of herbs.

The farm and greenhouse are managed by Antonio and Lupita Rios, a husband-and-wife team that takes great pride in the quality of the organic produce being raised. Lupita nurtures her strung-up tomatoes with soft instrumental music. Antonio frets over experimental crops like an expectant father.

During the peak harvest season, as many as 15 workers are employed, Antonio says. Spanning 10 acres, the blueberry yield alone is approaching 100,000 pounds.

Public Coast has an arrangement with a company to manage the bee boxes and collect the wildflower honey, which is jarred and sold at specialty stores in the area.



Berry bonanza: The farm produces nearly 100,000 pounds of blueberries a year.

While the farm by most accounts is a success, there have been setbacks along the way: Veggies that proved to be too susceptible to pests; fruit varieties that weren't as tasty as imagined.

The Cascade and Magnum hops, planted two years ago, have developed some root rot that Snyder hopes can be addressed by moving them to a spot where the water table isn't so high.

"Everything we do here is kind of a test," he says. "We learn as we go."

While most craft breweries strive to use local or regional ingredients, few actually own a farm.

Wolves & People Farmhouse Brewery in Newberg, founded in 2016, grows many of the ingredients used in its beers, including hops, fruit and grains.

Milkhouse Brewery in Mount Airy, Maryland, actually started out as a 47-acre farm. Now, they grow as much as they can to make beer.

As for Public Coast Farm, it's been a few years now and Snyder still clearly enjoys being a gentleman farmer.

He wanders through the blueberry patch, plucking fruit and snacking as he goes. He waves to the crew working in the rows. They smile and wave back.

"The amount of love that's put into the farm is incredible to me," he says.

William Dean is an author with a passion for craft beer. His blog, Astoria Beer Zone (astoriabeerzone.com), covers the North Coast. His latest suspense novel, Militia Men, is available in bookstores and online.

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AN EVENING WITH WRITER CASEY PARKS

by Mike Francis

IN the slight figure of writer Casey Parks reside a multitude of stories; some uplifting and inspiring, some searing and painful. They unspool gracefully from her keyboard, these tales of people facing harsh constraints, unfeeling institutions, even rejection from their families and friends.

Many of these stories run under her byline in The Washington Post, where she covers gender and family issues. But one of the most powerful is her own, as revealed in her acclaimed first book, *Diary of a Misfit: A Memoir and a Mystery*.

She is coming to Astoria to talk about the book, which describes her own passages as a young person coming to terms with her sexuality in a conservative town in Louisiana. By itself, it's a compelling story, especially as Parks was part of a churchgoing family with deeply conflicted feelings about what it meant to be gay.

The week after she came out to her mother, her parents asked their pastor for guidance. The pastor turned to the congregation and started to pray aloud. "Save Casey's soul," he said, "Save her and take her life immediately so she can make Heaven her home." Her father was startled, and retreated. Her mother prayed along.

That was the beginning of Parks's public journey as a gay woman; the beginning of a new, tortured chapter in her relationship with her mother; and it led to the mystery of Roy Hudgins, which would obsess her for the next 20 years. Hudgins is the center of the "mystery" of the book's subtitle.

Hudgins was born a woman, but lived in post-Depression rural Louisiana as a man. He was known in the area as a short, jeans-wearing bachelor who wrote poems and sang songs from his porch to the accompaniment of his banjo. He wrote lines such as:

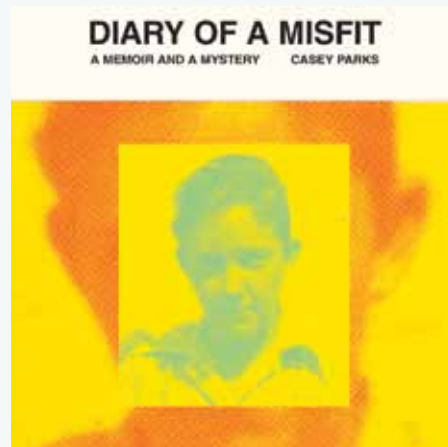
*I've lived in Hell for most of my life
Nothing but heartaches, sorrow and strife
You can't get water from a dry well
You can't get to Heaven by going to Hell*

In the wake of her own coming out, Parks learned about Hudgins, who had known her grandmother and had died in 2006. As an adult and professional journalist at The Oregonian and elsewhere, Parks spent years trying to piece together his story, flying home to interview people who had known him, examining the old photos and scraps of written material she could find. But Hudgins was elusive, his own thoughts hidden or guarded by others. Some resisted Parks' appeals to share their memories, suspicious, perhaps, of the journalist's motives.

In the end, Parks' story does justice to Hudgins, who is known posthumously to a world far beyond his rural home. Some of his songs and poems are now in print, and his picture even graces the cover of *Diary of a Misfit*, a book written with "incredible empathy," said Writer's Guild President Marianne Monson.

The Sept. 8 event in Astoria opens with a reading by Astoria's Alyssa Graybeal, who recently released *Floppy: Tales of a Genetic Freak of Nature at the End of the World*. It's a story about Graybeal's own journey of navigating a medical mystery and her own sexuality, and it was named a Most Anticipated Feminist Book of 2023 by Ms. magazine.

In choosing a venue for the appearance of Parks and Graybeal, The Writer's Guild consciously sought a place that would signal acceptance and reconciliation. Peace First Lutheran Church, which says it seeks to be recognized as "an inclusive and affirming place for people of all races, ethnicities, political affiliations, sexual orientations, gender identities and expressions," was eager to cosponsor the event, said church council president Judith Lampi and Social Justice chair Karen Haines.



AN EVENING WITH CASEY PARKS
along with Astoria
writer-cartoonist Alyssa Graybeal
Friday, Sept. 8, 6:30pm.
Peace First Lutheran Church
downtown campus

562 12th St., Astoria FREE
thanks to funding from Literary Arts
Sponsored by The Writer's Guild of Astoria
and Peace First Lutheran Church

WORD

NW Author Series Jon Raymond

JON RAYMOND, an Oregon Book Award-winning author and Emmy-nominated screenwriter, will be the first speaker for the Cannon Beach Library's 2023-24 NW Authors Series. Raymond's recent book, *Denial*, a futuristic thriller about climate change, was a New York Times Book Review Editor's Choice in 2022. The book, nominated for an Oregon Book Award, will be available for purchase at the event.



Raymond also is known for his novels *The Half-Life* and *Rain Dragon*. In 2008, Raymond published his first collection of short stories, *Livability*, which

won the Oregon Book Award's Ken Kesey Award for Fiction in 2009. Two stories from that collection (*Old Joy* and *Train Choir*)

were adapted into feature films directed by Kelly Reichardt. Raymond was nominated for an Emmy for his teleplay writing with Todd Haynes on the HBO miniseries *Mildred Pierce*, starring Kate Winslet. His latest collaboration with Kelly Reichardt is *Showing Up*, which premiered at Festival de Cannes in 2022.

The presentation is Saturday, Sept 16, 2pm in the library or online. This is a hybrid event; attend the talk at the library or watch online: www.cannonbeachlibrary.org.



Manzanita Writer Series Authors in Conversation

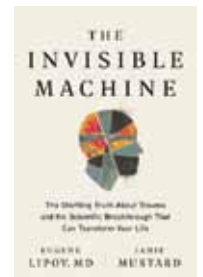
LOCAL collaborative writer **Holly Lorincz** will be sitting down with

Artist **Jamie Mustard** to discuss their recently published book on trauma, the biological impact on the body, the broader impact on society, and the doctor who pioneered an innovation that is already changing lives.

The world has long misunderstood trauma. Now, leading experts in the field have a radical new understanding of post-traumatic stress . . . and a surprising new treatment to reverse it

could have profound implications for medicine, mental health, and society. Weaving hard science with moving human stories, *The Invisible Machine* reveals how this treatment was developed. It also tells the incredible story of the unlikely team, including the doctor, an artist, Special Forces leadership, and a sheriff, who are working together to change our understanding of post-traumatic stress and why it matters to society.

Saturday, Sept 16. 7pm. FREE at the Hoffman Center in Manzanita. Please register at: hoffmanarts.org. 594 Laneda Ave.



Writer-In-Residence

ERICA BERRY, this year's winner of the North Coast Writers Residency will read from her work Sept. 24 at 3pm. at the Astoria Visual Arts Gallery, 1000 Duane St. in Astoria. The event is free and open to the public.

Berry is the Portland-based author of *Wolfish: Wolf, Self, and the Stories We Tell About Fear*, and she intends to spend her residence week this September to work on her second nonfiction book, *Hot Heads*, which she describes as "a mix of cultural criticism, journalism and memoir exploring the influence global warming has on romantic love." Her reading at the AVA Gallery is the culmination of her residency.

Berry's exploration of the linkage of climate change and romantic love flows from an assignment by *Outside* magazine. Imagining the existence of love in the face of an impending ecological catastrophe, she said, "is critical for helping us cope." The directors of the Writer's Guild selected Berry this spring from among more than 30 accomplished applicants for the fifth year of the North Coast Residency program.

Writers who are chosen as residents are hosted in a private setting for a week so that they can focus on their projects. The program, a collaboration developed between The Writer's Guild and Astoria Visual Arts, seeks to support and cultivate promising writers, especially those who live in the Pacific Northwest.

Memoir Workshop w/Alyssa Graybeal

TALK about common pitfalls, techniques and structures to consider, and tips for finding a publisher. Includes prompts to carry forward into your writing practice.

Alyssa Graybeal is a writer and cartoonist whose work explores the emotional landscape of chronic illness and disability. Her memoir *Floppy: Tales of a Genetic Freak of Nature at the End of the World* (2023) is about living with the connective tissue disorder Ehlers-Danlos syndrome, and it won the Red Hen Press Nonfiction Book Award. She works as an editor and writing coach, and lives in Astoria, Oregon.

Register at www.thewritersguild.org. Saturday, Sept 9, 11am-1pm via zoom.

THEATRE: MACBETH

Ten Fifteen's production combines ancient, modern elements + stage combat

By Patrick Webb

One of the bloodiest plays in Shakespeare's canon is being produced in Astoria. "Macbeth" will be staged at the Ten Fifteen Theater, opening Sept. 15 and running two weekends.

Three witches prophesy that Macbeth, a warrior general, will earn high honors then become king of Scotland. Encouraged by his ambitious wife, he commits murders to seize power.

The dark themes are embraced by director Sam Dinkowitz, a 2022 transplant to Clatsop County, who has acted in 10 Shakespeare productions, including "Macbeth" at the Oregon Shakespeare Festival in Ashland. He has played roles in the TV shows "Leverage" and "The Librarians" and has worked professionally as a stage fight choreographer.

It is his first show for the Ten Fifteen, although he taught classes in stage fighting and Shakespearean speech earlier in the year. He is also an instructor in

with the evolution of our society, it is frustrating that after 500 years we still have ambitious leaders that are driven by a quest for war.

"Yes, our opinions of Jews have changed, and our opinions of women have changed, but our relationship between power and rulers is still kind of stuck in almost a Dark Ages' approach — we just do it with drones and computer-guided missiles instead of swords."

The production blends ancient and modern. It includes lighting designed by Mick Alderman and projected images of conflict. King Duncan collates battle casualties on an i-Pad. His young son Malcolm checks his mobile phone, while around them soldiers fight with swords.

Markus Brown, a familiar face in the Astoria theater scene, signed up for Dinkowitz's classes knowing they would help his audition. He plays the Scottish nobleman Ross and another combatant. "I've 'died' on stage, but never with a sword," Brown said. "I wanted to carry the skills to the show. It is a whole new part of the craft. It's a different language."

Dinkowitz said his fascination for stage combat began with childhood sword-fighting with his brother, then a high school assignment in Grants Pass when he and another student trashed their classroom re-enacting a duel from "Hamlet."

Later, earning his bachelor's of fine arts in performance at Southern Oregon University in Ashland in 2009, staff from the Oregon Shakespeare Festival led the movement classes, whetting his appetite to learn more. "I've always appreciated the laboratory of the theater and that's where the stage violence became important," he said.

Dinkowitz can be seen being choked by actress Rebecca Romijn in the second series finale of TNT's "The Librarians." He has a simple teaching philosophy: "safety, safety and then storytelling."

"Whether it's martial arts or sports or stage combat, I think it's super important for humans to find a healthy, safe way to kind of exercise those violent impulses which are within all of us — which I don't think can be eradicated, but they

can be used in healthy and creative ways."

The production features 10 actors; nine play multiple roles. Marco Davis has designed accessories for versatile costumes to avoid time-consuming delays between scenes, a pet peeve of the director. The three witches are Karen Bain, Jolene Magee and Jacob Merwin. But they have other guises: all three portray Scottish army officers and Magee also plays Lady Macduff. Even Gigi Chadwick, who plays the scheming Lady Macbeth, appears as another character.

Only John Hoff, a Cannon Beach actor-director with five Coaster Theatre productions under his belt, is excused double duty. Hoff's career, as well as working in software sales and education, included 11 years as a professional actor. He is the season-ending villain in the Amazon Prime TV series "In Plain Sight."

Two newcomers to the Astoria acting scene, Darren Delano, who plays Banquo, and Macduff/witch Merwin, drive 45 and 55 miles respectively to each rehearsal. Merwin, who performed in Irish theaters while earning a master's degree, has sword training; Delano, a rookie swordsman, has acted and sung in multiple Portland-area productions.

The cast includes William Ham, who is a Ten Fifteen stalwart, Liam McCaughey and Patrick Webb. McCaughey, an Astoria High School senior, appeared as the eldest Von Trapp boy in a summer production of "The Sound of Music" with the Peninsula Association of Performing Artists in Chinook, Wash.

The crew includes assistant director Deborah Jensen, stage managers Brandii O'Reagan and Jill Norris, and Phillip Leonard on the board.

"Macbeth" will be staged at the Ten Fifteen Theater at 1015 Commercial St., Astoria. Performances are 7:30 p.m. Sept. 15-16, 21-23; and 3:30 p.m. Sept. 17. Tickets are \$20, available online at www.thetenfifteen theater.com



Gigi Chadwick appears as Lady Macbeth, John Hoff is Macbeth.



Stage combat teacher/director Sam Dinkowitz, center, instructs actors in safe sword handling during rehearsals for "Macbeth." Markus Brown, left, plays Ross, and John Hoff is Macbeth.

the Kids Make theatRE program at the Liberty Theatre in Astoria.

His resume lists a half-dozen "Macbeths" as an actor or fight choreographer. "The joke is that I am not a huge Shakespeare fan, but I am a huge 'Macbeth' fan," he said.

Dinkowitz believes modern society has somewhat moved on from themes in Bard plays, like the "Merchant of Venice," which addresses anti-semitism, and "Taming the Shrew," which highlights gender inequality.

"What interests me is the ones that do stick around and have poignancy—the ones that have something to do with love and something to do with flawed leaders," he said. "As we move forward



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POST-PUNK garage rockers Hell Baby is a brand new band out of Seattle consisting of seasoned veterans of the local scene: Lolli (of Mommy Long Legs, Tummy), Sylva (of The Carols, Plexi), Sidney (of Sleepover Club, Miscomings), and Speen (of Scorn Dog, Titanic 2). They're FUN!!!!

ATTIC TED from central Texas is an interactive musical performance artist, playing weirdo gothic carnival musical theater, creepy and funny, utilizing cardboard constructed masks, to create a visual experience compounding the quirky bizarro pop music into a surrealist dream. Using an old Hammond Organ for bass and rhythm loops, distorted guitar, Casio twists, clarinet, and strange noises.

Catch these two catchy acts Sat., Sept 9. Doors open 7pm, music at 8pm. \$10. At Ye Old Labor Temple in Astoria.

Monday 4

HAPPENING

Battle of Clatsop County Civil War Living History. Each day will feature 2 battle reenactments, fashion show, medical demonstration and more. \$15 admission, at Clatsop County Fair & Expo Center, Astoria.

Tuesday 5

LECTURE & LITERARY

Ric's Poetry Open Mic. 7 – 8:30pm at WineKraft in Astoria.

Thursday 7

THEATER & PERFORMANCE

Popcorn Falls. \$20, 7:30pm at Theater West in Lincoln City.

Friday 8

MUSIC

Joey Altruda. 6 - 8pm at Buoy Beer in Astoria.

LECTURE & LITERARY

An evening with Casey Parks. Along with Astoria writer-cartoonist Alyssa Graybeal. Free, 6:30pm at Peace First Lutheran Church in Astoria.

THEATER & PERFORMANCE

Agnes of God. Drama. \$20, 7 – 9pm at NCRD in Nehalem.

Popcorn Falls. \$20, 7:30pm at Theater West in Lincoln City.

HAPPENING

Benefit Celebration. Live music, silent auction, wine beer, and light food. Admission is pay what you can. 5:30 – 8pm at the Cannon Beach History Center and Museum.

Port of Garibaldi Seafood & Spirits Festival. Demos, samples, vendors, live music, VIP dinners. Seafood buffet dinner \$60, 5 – 8pm. At the Port of Garibaldi Event Tent, 107 Jerry Creasy Way, Garibaldi. Get dinner tickets at aftontickets.com/POGSeafoodFest. FMI Facebook.com/GaribaldiSeafoodandSpiritsFestival

Saturday 9

MUSIC

The Mary Flower Trio with Spud Siegel and Doc Stein. Acoustic Blues and Jazz. 7:30 at KALA in Astoria. Tickets \$20 online at kalaastoria.com

Attic Ted and Hell Baby. 410, 21+, 8pm at the Labor Temple in Astoria.

Amanda Ransom. Pop/Country/Folk. 4 – 6pm at WooHoo Winery in Raymond.

ART

Art Astoria Art Walk. 5 – 8pm in downtown Astoria.

THEATER & PERFORMANCE

Agnes of God. Drama. \$20, 7 – 9pm at NCRD in Nehalem.

Popcorn Falls. \$20, 7:30pm at Theater West in Lincoln City.

HAPPENING

Dahlia Fest. Dahlias will be available for purchase by the stem. Noon – 6pm at WoHoo Winery in Raymond.

Rod Run to the End of the World. Gates & booths open, registration, Show & Shine, Cruise, and more. 8am – 5pm at Wilson Field in Ocean Park.

Salt Maker Return. Members of the Pacific Northwest Living Historians will reenact the Lewis & Clark expedition salt camp. 9am – 6pm on the beach west of the intersection of Avenue U and the Prom in Seaside.

Cannon Beach Cottage & Garden Tour. The self guided walking tour features over a dozen charming cottages. \$40, noon – 5pm. Get tickets at the Cannon Beach History Center and Museum.

Port of Garibaldi Seafood & Spirits Festival. Demos, samples, vendors, live music, VIP dinners. Seafood boil dinner \$100, 5 – 8pm. At the Port of Garibaldi Event Tent, 107 Jerry Creasy Way, Garibaldi. Get dinner tickets at aftontickets.com/POGSeafoodFest. FMI Facebook.com/GaribaldiSeafoodandSpiritsFestival

Sunday 10

MUSIC

Mike Frazier. No cover, 6pm in the Lovell Building at Fort George in Astoria.

Kodak Quartet. Free, 2 – 4pm at the Raymond Theater.

LECTURE & LITERARY

Cannon Beach Garden Tea. With Beaver Tails and Treasure Trails lecture by Doug Kenck-Crispin. \$25, 11am – 1pm. FMI, visit cbhistory.org

THEATER & PERFORMANCE

Agnes of God. Drama. \$20, 2 - 4pm at NCRD in Nehalem.

HAPPENING

Rod Run to the End of the World. Gates & booths open, registration, Show & Shine, Awards Ceremony, and more. 8am – 5pm at Wilson Field in Ocean Park.

Salt Maker Return. Members of the Pacific Northwest Living Historians will reenact the Lewis & Clark expedition salt camp. 9am – 3pm on the beach west of the intersection of Avenue U and the Prom in Seaside.

Port of Garibaldi Seafood & Spirits Festival. Demos, samples, vendors, live music. At the Port of Garibaldi Event Tent, 107 Jerry Creasy Way, Garibaldi. FMI Facebook.com/GaribaldiSeafoodandSpiritsFestival

Tuesday 12

MUSIC

ZHUG. \$10, 7pm at the Lincoln City Cultural Center.

Wednesday 13

MUSIC

Sofia Talvik. Swedish Singer/Songwriter. \$20 4 – 6pm at the Peninsula Arts Center in Long Beach.

Thursday 14

HAPPENING

Seaside SandFest. Sand Sculpture contest. Hosting 8 Master Sculptors and free

sand castle lessons at Lesson Beach. On the beach near First Ave & the Prom.

Wheels and Waves Car Show. In Seaside. See seasidecarshow.com for schedule.

Friday 15

MUSIC

Chris McNeary. 6 - 8pm at Buoy Beer in Astoria.

THEATER & PERFORMANCE

Macbeth. \$20, 7:30pm at the Ten Fifteen Theater in Astoria.

HAPPENING

NCCWP KICK-OFF EVENT. Meet n' Greet, w/ organizers, Rainforest Movie (1-hour), Q & A with filmmaker. 6-9pm at KALA.

Seaside SandFest. Sand Sculpture contest. Hosting 8 Master Sculptors and free sand castle lessons at Lesson Beach. On the beach near First Ave & the Prom.

Wheels and Waves Car Show. In Seaside. See seasidecarshow.com for schedule.

Saturday 16

MUSIC

Chelsea La Fey & The Salt Shakers. \$15 cover (cash only), BBQ dinner \$15, free Swing class at 6pm. Music 7 – 9pm. At the Seaside Elks Lodge.

Rhythm Culture. Roots Reggae infused with Blues and Jazz. 8 – 11pm at the San Dune Pub in Manzanita.

LECTURE & LITERARY

Poetry Reading and Broadside Launch with Paulann Petersen. Free, 6 – 7:30pm at the Clatskanie Cultural Center.

NW Authors Series. With John Raymond. Free, 2 – 3pm at the Cannon Beach Library.

Manzanita Writers Series. Authors in Conversation. Local collaborative writer Holly Lorincz will be sitting down with Author/Artist Jamie Mustard to discuss their recently published book on trauma, the biological impact on the body, the broader impact on society, and the doctor who pioneered an innovation that is already changing lives. Free, 7pm at the Hoffman Center in Manzanita.

THEATER & PERFORMANCE

Macbeth. \$20, 7:30pm at the Ten Fifteen Theater in Astoria.

HAPPENING

The Liberty Gala. Catered reception and live auction. Black tie optional. \$150, 5pm at the Liberty Theater in Astoria.

Northwest Garlic Festival. food and craft vendors, live music, kids' activities, garlic decor, garlic soap, jewelry, garlic smothered food, spices, & garlic ice cream. At Roy E. Sheldon Park in Ocean Park.

Seaside SandFest. Sand Sculpture contest. Hosting 8 Master Sculptors and free sand castle lessons at Lesson Beach. On the beach near First Ave & the Prom.

Wheels and Waves Car Show. In Seaside. See seasidecarshow.com for schedule.

Sunday 17

MUSIC

Your Song My Song. Kids and Fam. Puppets and live music show. 3-4pm at KALA in Astoria. FREE.



Moon Circles

September 11th, 7-8 pm

Enjoy an evening of reflection, intention, and connection with information about the current moon placement, introspective journal prompts, and a guided meditation for energetic alignment.

Astrology Club

September 15th, 5:30-7:30 pm

Speak this symbolic language of archetypes. Discuss planets, zodiac signs, houses, and transits. All things astrology are welcome!"

Tarot Club

September 30th, 6-8 pm

Tarot enthusiasts come together to share wisdom and experiences, to offer stories, interpretations, and support to all who care to join. For

more information, check out Facebook at Lumen Community Tarot Club. Come join a not-so-secret society.

All take place at Lumen Community Wellness, 1350 Exchange Street, Astoria. These all have a \$10 suggested donation.

WEEKLY EVENTS

MONDAY

Burgers & Jam Night at the Cannon Beach American Legion, every Monday from 6-8 pm, open to the public. Richard Thomasian, Dave Quinton, Bill Gaylord, Randy Weese, and Chelsea LaFey. Jammers welcome.

TUESDAY

Bingo Night. 6 – 8pm at Pelican Brewing Company – Cannon Beach.

WEDNESDAY

Live Bluegrass Music. With Small Towne. No cover, 6-8pm at Burly and the Bean in Seaside.

Trivia at the Merry Time. Trivia with host Sara Lu. 21+ . Signups at 6:30 and play at 7pm. Bingo-Trivia at 9pm. General Trivia \$2 per person to play: win cash and fun prizes. At the Merry Time Bar in Astoria.

THURSDAY

Guitar Noir with Joey Altruda. Jazz standards. 5 – 7pm at WineKraft in Astoria.

Karaoke with Lorraine. No cover, 7 – 10pm at the Labor Temple in Astoria.

Karaoke at Xanadu 7-10pm Astoria

Crafternoon. Come in person or Online to Craft and make friends. All crafts and skill levels welcome. 1 - 3pm at Purly Shell Fiber Arts in Ilwaco.

Trivia Night. 6 – 8pm at Pelican Brewing Company – Cannon Beach.

FRIDAY

Skate Night. Roller skating family fun. 5 – 9pm at the Astoria Armory.

Virtual Open Mic.

Live online from the Peninsula Arts Center in Long Beach. 6:45 – 8:30pm. get link

Spirit Dance 2.0. Free-form dance. Music by DJ Pranawave. Suggested donation, \$10. Free for kids. 6 - 8pm. At Pine Grove Community Club in Manzanita.

Garibaldi Jam. Old-time favorites and Country-Western standards. Admission by donation. 6 – 8pm at the Garibaldi Community Hall.

SATURDAY

Karaoke at Xanadu 7-10pm Astoria

Skate Night. Roller skating family fun. 5 – 9pm at the Astoria Armory.

SUNDAY

Sunday Nostalgia with Barbara Anne. Folksinger Barbara Anne plays folk rock, covers and originals, and often is joined by her musical friends. 1-4pm at Winekraft in Astoria

Karaoke with Connor. No cover, 7 – 10pm at the Labor Temple in Astoria.

THE STRING CONSPIRACY performs at The Bistro in Cannon Beach every Sunday, 5:30-8pm, reservations required. Chelsea LaFey, Richard Thomasian, Dave Quinton are the best kept secret in town, playing an eclectic mix of all genres of music.

Sunday Gems. Open Jams 3 – 6pm at the Other Brother's Bar in Cannon Beach.

Mr Vales Art Class. No cover, 6pm in the Lovell Building at Fort George in Astoria.
Hank Williams Centennial Revue. \$20, 2pm at the Raymond Theater.

HAPPENING

Northwest Garlic Festival. food and craft vendors, live music, kids' activities, garlic decor, garlic soap, jewelry, garlic smothered food, spices, & garlic ice cream. At Roy E. Sheldon Park in Ocean Park.

Seaside SandFest. Sand Sculpture contest. Hosting 8 Master Sculptors and free sand castle lessons at Lesson Beach. On the beach near First Ave & the Prom.

THEATER & PERFORMANCE

Macbeth. \$20, 3:30pm at the Ten Fifteen Theater in Astoria.

Darcelle XV & Company. The Legacy Continues. Happiness Reigns Forever! Drag Performance. \$25, 3pm at the Coaster Theater in Cannon Beach.

HAPPENING

Wheels and Waves Car Show. In Seaside. See seasidecarshow.com for schedule.

Wednesday 20

THEATER & PERFORMANCE

Navaraska Kalinga Nardana. Contemporary Indian Dance. An evening of dance, mime, rhythm, music and storytelling. \$15, 7pm at the Liberty Theater in Astoria.

Friday 22

MUSIC

John Orr. 6 - 8pm at Buoy Beer in Astoria.

Horsefeathers. \$10, 7pm in the Liberty Theater McTavish Room, Astoria.

HAPPENING

Wings Over Willapa Festival. Bird walks and programs ranging from wildlife tracking to birding with technology, and more. \$5 festival registration fee, additional fees for some of the activities. At several locations on the Long Beach Peninsula and at Willapa NWR - Cutthroat Creek. FMI, visit friendsowillaparefuge.org

Saturday 23

MUSIC

Jukebox Hero. A Foreigner tribute. \$30, 7pm at the Liberty Theater in Astoria.

Acoustic Minds. Twin sister pop duo. 4pm at the Peninsula Arts Center. \$15

ART

Tillamook Downtown District Art Walk. 1 - 3pm.

LECTURE & LITERARY

Visual Arts Lecture. Ed Carpenter: Fifty Years of Public Art and Recent Uncommissioned Projects. \$15, 2 - 4pm at the Hoffman Center in Manzanita.

HAPPENING

Oktoberfest. Beer, live music, food, games, and more. Free admission, family friendly. 11am -10pm at the Astoria Armory.

Labyrinth Walk. Autumnal Equinox. Music by Jennifer Goodenberger. 6 - 8pm At Grace Episcopal Church, Astoria.

HAPPENING

Wings Over Willapa Festival. Bird walks and programs ranging from wildlife

tracking to birding with technology, and more. \$5 festival registration fee, additional fees for some of the activities. At several locations on the Long Beach Peninsula and at Willapa NWR - Cutthroat Creek. FMI, visit friendsowillaparefuge.org

SK8 & Shred Fundraiser, Skateboard Competition. Open to all ages and skill levels. Music, food, awards, and cash prizes. Special demonstrations from world class pro skater, Tom Inouye and local riders. Vendors will be there to answer questions about state of the art gear. \$10. Register from 10am - noon, competition from noon - 4pm. At seaside Skate Park.

Sunday 24

MUSIC

Electric Vice. No cover, 6pm in the Lovell Building at Fort George in Astoria.

ART

Ilwaco Art Walk. 1 - 4pm in downtown and at the Port of Ilwaco.

LECTURE & LITERARY

Author Reading. Erica Berry, this year's winner of the North Coast Writers Residency will read from her work. Free, 3 pm at the Astoria Visual Arts Gallery.

THEATER & PERFORMANCE

Every Brilliant Thing. \$15, 3pm at the Larsen Center in Astoria

HAPPENING

Wings Over Willapa Festival. Bird walks and programs ranging from wildlife tracking to birding with technology, and more. \$5 festival registration fee, additional fees for some of the activities. At several locations on the Long Beach Peninsula and at Willapa NWR - Cutthroat Creek. FMI, visit friendsowillaparefuge.org

Monday 25

THEATER & PERFORMANCE

Macbeth. \$20, 7:30pm at the Ten Fifteen Theater in Astoria.

Tuesday 26

THEATER & PERFORMANCE

Macbeth. \$20, 7:30pm at the Ten Fifteen Theater in Astoria.

Wednesday 27

MUSIC

Heron Valley. \$35, 7 - 9pm at the Lincoln City Cultural Center.

Thursday 28

LECTURE & LITERARY

History & Hops Lecture Series. "Bayocean: Atlantis of Oregon" book, presented by Jerry Sutherland. Free, 6pm at Seaside Brewing Company.

Friday 29

MUSIC

Joey Altruda. 6-8pm at Buoy Beer in Astoria.

THEATER & PERFORMANCE

Sleuth. \$20 - \$25, 7:30pm at the Coaster Theater in Cannon Beach.

HAPPENING

Into the Wild. Film screening. \$1, 8pm at the Liberty Theater in Astoria.

Saturday 30

MUSIC

Pigs on the Wing. Pink Floyd tribute. \$37, 7:30pm at the Liberty Theater in Astoria.

Norma Sylvester. 8 - 11pm at the San Dune Pub in Manzanita.

Big Band Saturday Night with the Lincoln City Pops. \$25, 7 - 10pm at the Lincoln City Cultural Center.

LECTURE & LITERARY

Manzanita Writers Series. Cascadia Field Guide: Art, Ecology, Poetry. 6 - 8pm at the Hoffman Center in Manzanita.

THEATER & PERFORMANCE

Sleuth. \$20 - \$25, 7:30pm at the Coaster Theater in Cannon Beach.

HAPPENING

Fall Celebration. Door prizes, cake, silent auction, raffle, and more. Door prizes on cake cutting begins at 3pm, Children's Crafting 2 - 3pm at the Cannon Beach Library.

Annual Hoffman Wonder Garden Plant Sale. 10am - 1pm at the Hoffman Wonder Garden in Manzanita.

Sunday 1

MUSIC

Pianist /Composer Jennifer Goodenberger. CD release concert, Sound Within, for yoga, meditation and healing. \$20. 3pm at the Larsen Center in Astoria. Tickets \$20 online at www.partnersforthehpac.org or at the door.

Live Music. No cover, 6pm in the Lovell Building at Fort George in Astoria.

Locarno. Mexican, Cuban, Folk, Pop, and Punk. \$20, 2pm at the Raymond Theater.

Garaj Mahal. \$25, 4pm at White Clover Grange in Nehalem. Get tickets at Tickettomato.com

Tuesday 3

LECTURE & LITERARY

Ric's Poetry Open Mic. 7 - 8:30pm at WineKraft in Astoria.

Wednesday 4

MUSIC

45th Parallel Universe. Musical Tasting Menu. Chamber Music. \$35, 7pm at the Liberty Theater in Astoria.

LITERARY & LECTURE

Wild Salmon Center. Presentation on the Habitat Conservation Plan. 6-8pm at Fort George Taproom in Astoria.

Friday 6

MUSIC

IDANHA. 6-8pm at Buoy Beer in Astoria.

THEATER & PERFORMANCE

Bartow. Staged reading. \$15, 7:30pm at the Ten Fifteen Theater in Astoria.

Sleuth. \$20 - \$25, 7:30pm at the Coaster Theater in Cannon Beach.

Acoustic Minds

TWINS, Jenna and Amanda Price are Acoustic Minds, aka The AM. Original soulful pop, power harmonies, introspective lyrics and commitment to social justice. This dynamic duo has been singing together since kids with their singer dad, and started writing together in high school.

Saturday, Sept 23, 4pm at the Peninsula Arts Center in WA. \$15. Seating is limited to 36. Advance tickets at peninsulaartscenter.org.

Mr. Vale's Math Class

HORNS that knock down the door and percussion-laden grooves that are the perfect accompaniment to any dance party from this 6-piece funky ensemble. Throw down the text books, grab some pots and pans & join in.

Sunday Sept 17. 6-8pm at the fort! Fort George Sunday jam in the Lovell Tap Room.



NORTH COAST MUSIC PROJECT (NCMP) presents Garaj Mahal at the White Clover Grange. After a 7 year hiatus, Garaj Mahal hits the road again! Featuring Kai Eckhart, Oz Ez-zeldin, Fareed Haque, and Hassan Hurd NCMP presents this world class jazz-funk-fusion ensemble during their brief upcoming PNW tour.



GARAJ MAHAL

For those not familiar with this super group see their website at : garajmahal.us

Sunday, Oct 1 at 4pm. At the White Clover Grange in Nehalem. Advance Tickets on sale now. Tickettomato.com

The 2nd Annual Seaside SandFest

Sculpture Contest and Lesson Beach. Next to the Seaside Prom at 1st Ave and Prom

September 14-17.

SEASIDE hosts the only multi-day Master's Solo Sand Sculpture event in Oregon, creating serious WOW! sculptures. The sculptures are right next to the Seaside Prom for easy and free viewing. This year's event is expanding to host 8 master sculptors, and Lesson Beach offers free sand castle lessons, helping you make the best sand castle you've ever made.

"These were amazing! Large, detailed sand sculptures, and way better than anything else I've ever seen on the Oregon Coast. And I was able to make a real sand castle with the help on Lesson Beach, way better than I've ever made before", said Anne Romaine, manager at the Seashore Inn in Seaside.

Winners are chosen by public voting for People's Choice. Come and be amazed by the Wow! sand sculptures in Seaside, and learn how the pros build such amazing sculptures. Don't forget your camera!

For more information, go to www.SeasideSandfest.com



Dean Murray, Dallas, OR - "King of Nothing" (inspired by a Metallica song) SandFest 2022

Traditional Tales of the Caribbean

Virgin Island Storytellers
Dr. Lois Hassell-Habtes
and Glen "Kwabena" Davis

"Life lessons as taught by a spider" - Many children of the Virgin Islands or the wider Caribbean have sat spellbound by the legendary tales of Anansi the Spider, a popular folk hero who uses wit and creativity to maneuver himself out of danger. Known as Anansi Stories, these tales were brought to the Caribbean and North America by the Ashanti people of Ghana, West Africa. The stories survived the slave trade and have been handed down through the generations. Anansi is an 'ancient spiderman' who is sometimes depicted as a bald-headed man with six arms-who has the transformative powers.

Culture bearer, Glen "Kwabena" Davis was inspired in the '50s by hearing traditional tales from family members and considers Anansi stories to be "one of our greatest gifts to the new world."



These tales are part of a larger tradition of storytelling, in which listeners are left with inspiration that can be applied to their own lives. Glenn Davis is a native Virgin Islander, born and raised in St. Thomas. He is a graduate of Charlotte Amalie High School and received his Bachelor of Arts degree from the College of the Virgin Islands.

On a recent visit to St. Thomas, members from the Peace First Lutheran con-



gregation in Astoria met author and storyteller Dr Lois Hassell-Habtes, experienced her music and stories, and invited her to visit Astoria. She is a much beloved educator, musician, and leader in the cultural scene in St. Thomas, and an active member of the oldest church in the ELCA, Frederick Evangelical Lutheran Church (1666). Dr. Habtes is the author of *Under the Big Tree: Traditional Tales of the Caribbean and Beyond—Broo 'Nansi and the Tar Baby.*, (Little Bell Caribbean; 2016).

Performance: Sunday, September 17, 3pm at The Larsen Center, 588 16th St. in Astoria. A free event, with donations suggested. Storyteller Master Class, Sept 16, 1-4pm. Contact office@peacefirstlutheran.com

THEATRE PERFORMANCE

Pianist/Composer Jennifer Goodenberger in concert

THE CHARLENE LARSON CENTER for the Performing Arts welcomes pianist, Jennifer Goodenberger, in a concert of her original compositions, Sunday, October 1 at 3:00 pm.

Goodenberger is well known to local audiences. She gave her first concert at the CLC in 1979, and has gone on to perform many concerts there over the intervening years. However, her last concert as a solo pianist at the CLA was in 2016, and her last concert of original compositions in 2009.

In addition to performing her solo piano compositions, Jennifer will be joined by her niece, soprano, Noelle Goodenberger, performing vocal compositions premired by Noelle's parents, also musicians, in 1989.

Not only will this concert include original compositions, but it is also a CD release concert for her newest recording, "Sound Within." This CD was created especially for yoga, meditation and healing.



As part of the concert, Jennifer will discuss the different techniques she used to craft the music. She will be joined by yoga instructor, Sally Anderson, who will demonstrate yoga poses inspired by the music.

Known for the elegance of her playing, and her sensitive and expressive performances, Jennifer's intimate and contemplative piano solos are an introspective journey into one's soul. Her original works range from deeply healing and spiritual compositions to passionate and romantic creations, and are a mesmerizing fusion of classical, improvisational and contemporary styles. She has previously released 8 solo piano CDs. Her recordings are often used in the healing arts, and as film soundtracks

Sunday, Oct 1, 3pm. Tickets are \$20 and available online at www.partnersforthe pac.org or at the door.



DARCELLE XV & COMPANY The Legacy continues....

HOT OFF their historic, Guinness World Record setting Drag-A-Thon performance for the longest drag artist stage show, the performers of Darcelle XV Showplace are heading to the Coaster Theatre Playhouse!

Darcelle XV & Company, based in Portland, have been entertaining audiences in all walks of life for over 50 years with Las Vegas-style cabaret revues of Glitz, Glamour and Comedy.

Sunday, Sept. 17, 3pm. TICKETS: \$25. Tickets available online, at the theatre box office or by calling 503-436-1242. Doors open at 2:15pm.



Navarasa Kalinga Nardana

NAVARASA KALINGA NARDANA is a colorful and vibrant storytelling production, appealing to all ages and global audiences. The cast of

professional artists with exceptional pre-recorded music, elegant lighting and elaborate costuming light up the stage for an evening of wonderful dance, mime, rhythm, music and storytelling.

Dr. Jayanthi Raman (choreographer) blazes the dance scene with her virtuoso performances and award winning choreography. The artist lends herself graciously to the physical representation of music through the visual dynamic medium of traditional and contemporary Indian dance. Using the Indian dance form as the starting point for her exploration, she creates thought provoking work; including her recent critically acclaimed dance with MacArthur genius fellow NY based drummer Dafnis Prieto, reviewed as 'fearless in her experimentation' by the Oregon Arts Watch.

Wed. Sept 20, 7pm. Doors open at 6pm. Gen. Admin. \$15. At the Liberty Theatre in Astoria.

HORSE FEATHERS

HORSE FEATHERS and their re-imagined string ensemble of seasoned players are returning to the road in the summer of 2023 in support of their Kill Rock Stars re-issue of their 2008 breakthrough release "House With No Home." Justin Ringle and longtime violinist Nathan Crockett will be backed by new additions of upright bass (Luke Ydstie: The Hackles, Blind Pilot), banjo (Kati Claborn: The Hackles, Blind Pilot) and violin (Halli Anderson: River Whyless). The group will be performing selections from "House With No Home" as well as old favorites, highlighting the acoustic characteristics of earlier orchestral arrangements as well as the energy of recent releases.

Friday, Sept 22, 7pm. Tickets \$10 at The Liberty in Astoria



DON'T MISS IT

RAIN OPERA

9/30 8pm 21+

100 E 2ND ST UNIT B, CANNON BEACH, OR 97110

Fictional Characters Star In Paintings at Riversea Gallery

The gallery presents figurative paintings by **Jane Terzis** and **Jill McVarish** in two solo shows. An opening reception will be held during Astoria's Art Walk on Saturday, September 9: view the art from 12 – 8 pm, meet the artists during the evening from 5 – 8 pm, with live music by John Orr on guitar and Clarence Robinson on stand-up bass. Both shows will be continue through October 10, 2023.



J. McVarish, *Voulezvous Coucher Avec Moi*

Many of us had imaginary friends in our childhood, but Jane Terzis had a private club of them. She began painting people when she was four years old and never stopped. In **Fairy Tale**, Terzis offers a series of invented portraits and extends an invitation to enter her enchanted world. Her paintings of fictional children depict characters brimming with life and so full of distinctive personalities that we are compelled to believe we've met them somewhere. In these paintings, Terzis explores the antics, adventures, relationships, and puzzles experienced by kids everywhere.

Exhibiting in the Alcove, Jill McVarish turns back the clock to the 1970s in **Welcome to the Hotel California**. With her signature twist of humor, she focuses on the darker aspects of lifestyles in that storied decade and teases with playful musical references. Each painting draws its title and theme from a popular song.

McVarish brings an avid interest in art history and an astute grasp of contemporary popular culture to her painting. This mix of highbrow and lowbrow, beauty and dark absurdity, defines her work. As she plays with these juxtapositions, the artist renders her vision in a style that harkens back to the painting techniques of the 17th-century masters, influenced by her post-graduate studies in Amsterdam.

RiverSea Gallery is open daily at 1160 Commercial Street in the heart of historic Astoria. For more information, call the gallery at 503-325-1270, or visit the website at riverseagallery.com.



J.Terzis, *Coming of Age*

Darren Orange PARACOSM and Justin L'Amie In The Weeds at IMOGEN

IMOGEN caps off the summer season with two powerhouse exhibitions opening during September's ArtWalk. A new series of dynamic and explosive oil paintings, "Paracosm," by Darren Orange, and "In The Weeds," by Justin L'Amie brings a new series of delightful watercolor and gouache paintings. The two exhibitions open during Astoria's Second Saturday ArtWalk, Sept 9, 12 – 8 pm and remain on view through October 9th. Both artists will be in attendance from 5 – 8 pm that evening.

Darren Orange, known far and wide for his emotive oil paintings delves further into abstraction within his latest series "Paracosm". He continues with his bold and energetic style, employing movement synonymous with dance and filling the gallery's new exhibition space with powerful color and energy. Within this provocative series, he pushes the unseen boundaries of mark making as expression. About this exhibition he states: "A childhood dreamscape of imagination. A universe unlocked through creation. This body of work explores abstraction through the lens of altered perspective. The intention to achieve new insight in placement and composition. An attempt to flip the script of my previous understanding of viewer painting relationship by

leading the viewer inside of the painting."

In the front gallery, a solo exhibition for artist Justin L'Amie. Working primarily in watercolor he brings a new collection of delightful paintings portraying flora and fauna in whimsical and spontaneous composition. L'Amie who lives in Portland is from Astoria and began his art studies at Clatsop Community College before acquiring his BFA at Cornish College of Art. For his introduction to Imogen Gallery, L'Amie brings "In The Weeds", a refreshing and original take on still life painting, with vases overflowing with intricate pattern of life. His work is imbued with that sense of "happy", encouraging the viewer to join in with a sense of discovery from each impeccably painted moth or mushroom found within thoughtful and magical composition.

Imogen Gallery is located at 240 11th Street. Open Thurs - Mon 12 to 5pm, Sun 12 - 4, closed Tue/Wed.



D. Orange, *Synesthesia oil on panel*



J.L'Amie, *Caretaker watercolor and gouache*

Philip Barasch: Bearing Witness Ava Gallery

PHILIP RAYMOND BARASCH and Charis Elizabeth Hughes walked into each other's lives in February of 1989. They fell in love and stayed in love for 33 years. "Bearing Witness" is a series of 19 oil paintings structured after the Stations of the Cross. In the 62 days from her diagnosis with a brain tumor in April 2022, to her departure, Charis Barasch—a devout Christian—literally manifested her theology. "Bearing Witness" expresses in words and text what was revealed to her husband of 33 years, Philip Barasch, in her final weeks. This exhibition embodies both a final wish and an act of unconditional love between husband and wife.

Philip has maintained a lifelong interest in sequential art. He is the creator of HandHewn, a magazine designed to explore the Graphic Short Story art form. His years in Portland, Oregon included involvement with The Stumptown Comic Book Convention, Sequential Art Gallery and Talisman Gallery. Philip and his wife, Charis, relocated to Astoria in 2018. Charis departed this world in 2022, radically altering Philip's art form. He is now creatively consumed by this forced, revolutionary reinvention. See Philip's solo exhibit, Bearing Witness, at Astoria Visual Arts September 9 through October 8.

Astoria Visual Arts located at 1000 Duane Street in Astoria and is open Fridays and Saturdays from 2 to 6pm and Sundays from 10 to 1pm. Learn more at astoriavisualarts.org.



Julie Moore at LightBox Luminosity: an elemental conversation

LIGHTBOX Photographic Gallery opens Julie Moore's exhibit, Luminosity: an elemental conversation on Sept 9 with an opening artist reception from 4 – 7pm. The exhibit showcases contemporary lumens and exclusive hand painted poly photogravures.

The images conjure up delicate communications between the pieces of art to each other and the elements that created them. Standing with one leg in the past and one in the present, Moore co-creates with molecules of sunlight, wind, dust, spices and emulsions to allow the art to speak to the viewers & each other.

About her work, Julie has said: "My images share the way I see the world, its soft tenderness and extravagant beauty, its agonizing loss and exquisite aging. I see the overlooked aspects of life and nature. There is small and precious beauty in the unseen, a part of everyday life that can go missing because it is not prominent, yet has much to teach us." Julie's work has been shown in a number of juried exhibitions in various galleries across the country.

The exhibit runs from Sept 9 through Oct 11, 2023. LightBox is located at 1045 Marine Drive in Astoria open Wed - Sat, 12 - 5:00pm. lightbox-photographic.com



Artist Grants for Local Artists

THE CANNON BEACH ARTS ASSOCIATION is looking for local and regional artists residing in Clatsop or Tillamook County to apply for its 2023 – 2024 Individual Artist Grant. The grant amount is \$2,000 and may be awarded in part or in total to those who qualify. The Artist Grant is intended to promote the work of local artists and to provide support necessary to expand their creative process. It is also the intent to encourage a wider art audience and quality art experiences within the community. The Artist Grant is open to visual artists, writers, performers, and musicians showing serious intent and working to produce original material.

More information and to complete an application please visit our website cannonbeacharts.org/artistgrant. All proposals must be submitted by October 1, 2023.

ASTORIA VISUAL ARTS announces a call for artists for the second round of the Agnes Field Artist Awards. Artists residing in Clatsop, Pacific and Wahkiakum County may submit proposals for financial support for a broad range of projects, including for materials, supplies, travel, submission fees, equipment, etc. Project proposals will be reviewed by a selection panel and funding awarded based on the merit of the application and the level of professional development anticipated by the artist. Requests may range from \$250 to \$1000.

Applications must be received via email to astoriavisualarts@gmail.com by September 30. View the full prospectus at AstoriaVisualArts.org.

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art happens openings and news in the LCPR

Neon Shadows Morrison Pierce at Made in Astoria

MORRISON PIERCE debuts a new body of work titled "Neon Shadows" at Made in Astoria, opening September 9 from noon to 8pm. A contemporary artist for many years, Pierce is known for his neo-expressionistic, sometimes graffiti-style paintings, which use pop culture and current events to fuel his creative process. Casting a light on the absurdity of commonplace American symbols that reflect ideals of happiness and success, "Neon Shadows" does not disappoint for those fond of Pierce's signature dystopian humor. A rare breed of artist that gives his all for the sake of art, Pierce's latest body of work offers an artist's reflection of today's world—in the shadow of the American dream.

Not long ago in 2023, Pierce, together with local artist Yasmina Nysten as the duo "die Famous", sent a collection of 60 large scale paintings to Paris and Beirut; a significant move for an artist from a rural town. As the artwork moves around internationally, out of touch, the blank

walls of Pierce's studio enabled a torrent of paintings. "This show is personal," says Pierce, "It is me recharging my soul after Beirut, it's the energy of the space and about kindness and true friendship." Each year Pierce travels to his hometown, 3200 miles by car, to Mississippi and to Art Basel in Miami, one of the most popular international art fairs in the world, bringing together 200 galleries and more than 4,000 artists from five continents. And each year, after soaking up the sun, Pierce returns home, in the darkest part of the year, to Astoria. "It doesn't take much for me to keep coming back to this town even when I cross the country in the dead of winter—I know this place is home."



See "Neon Shadows" at Made in Astoria, 1269 Commercial Street, Sept 9 through Oct 8, Wed through Sun, 12 to 5pm and by appt; and connect with Pierce through his Instagram site @gorillakillface. Made in Astoria will also be debuting the beginnings of its new local makers market in September. More online soon at www.madeinastoria.com.

Florilegium Shannon Amidon at Brumfield Gallery



Dandelion

SHANNON AMIDON'S EXHIBITION, *Florilegium*, opens September 9, during Astoria's Second Saturday Art Walk at Brumfield Gallery. Her layered encaustic paintings are inspired by nature, often using natural pigments and ground minerals in the surface. She is also interested in using found text and text-like markings, where the meaning is lost and interpretation open.

This group of paintings was created especially for this exhibition. The work is inspired by, and includes materials gathered from her rural, Oregon property. She uses wax from her own bees to make her encaustics. She draws the title from the Latin word used to describe a collection of botanical observances or illustrations drawn from a

particular location. This led her to consider the diversity of her own piece of the world she calls home.

"Florilegium is an ode to the captivating beauty found within the plant and floral realm. Drawing inspiration from the vibrant flora inhabiting the diverse landscape of the 4.5 acres in rural Troutdale, Oregon that I call home, this body of work melds a contemporary approach with a nod to the cherished traditions of Florilegium and Victorian Floriography. Through a blend of collaged vintage ephemera, illustration, photography, and mixed media encaustic techniques incorporating rich layers of wax, delicate gold leaf, and semi-precious stones, these artworks endeavor to illuminate not only the inherent allure of nature but also the pressing need to appreciate and preserve its invaluable biodiversity."

The artist's reception is Saturday, September 9, 5-7pm. The gallery is open Wed through Sat 11am-5pm and Sun 11am-4pm. It is located at 1033 Marine Drive in Astoria,

Hoffman Center For The Arts Marlana Stoddard-Hayes And Tom Cramer



Marlana Stoddard-Hayes

DURING the month of September in the Hoffman Gallery, Marlana Stoddard-Hayes will show her work "Alluvium." Stoddard-Hayes uses plant waters and fungi prints to include in her work process, which includes painting and works on paper. The works in this show are all acrylic or watercolor with spore prints. Stoddard-Hayes recently retired from Marylhurst University in Portland, in the Department of Interdisciplinary Studies, where she guided students to discover their own spiritual truth as revealed through a writing practice. She still teaches at the Sitka Center for Art and Ecology on the Oregon coast, where she has been an active presence for 33 years, first arriving in Oregon as a Sitka resident in 1990.

Tom Cramer's current work emerged in the late 1990's and is an attempt to merge painting and relief wood carving. The labor intensive aspect of the recent work is intended to be consistent with their content. His work in this show includes standing figures and relief projects. Cramer is especially influenced by recent trips to India, Egypt, and Europe. He would like to think that the wiser and older cultures to which he fortunately has been exposed have helped him towards the more timeless goals of what all art should be about: an art driven by emotional content.



Tom Cramer

View Art August 31 through September 30, Thurs - Sun from 12-5 pm. The not-for-profit Hoffman Center for the Arts is located at 594 Laneda Avenue in Manzanita



MEET CHARLIE!

Charlie is a cute and sweet older Maltipoo (Maltese and Poodle). Based on his energy level, you wouldn't know he's 13 years old! This boy stands 12 inches high and weighs 12.6lbs. Unfortunately, Charlie recently lost his person and is looking for a warm, calm home for his golden years. Charlie enjoys a couple of brisk walks every day. He would love someone to cuddle up next to when he is not out exploring. Charlie seems to do well with other dogs.

BREEZE

Meet Breeze! Breeze is a very sweet and affectionate pibble. He is a young adult, about 2 years old. Breeze weighs 70 lbs and stands 21" tall at his shoulder. He is very eager to please and looks at the person walking him for clues of what you want him to do. He knows sit, wait, and stay. He is an easy walk once he does his business! Breeze seems to do well with other dogs and also horses. He loves to play ball and loves to roll in tall grass - he would do these activities forever if you let him! Breeze loves attention and enjoys being in the sun and getting belly rubs. He is a great passenger in a car. He will need a yard with a secure 5-foot fence. He may look a little intimidating but Breeze is a big softy who just wants lots of love!

If Charlie or Breeze sound like the one for you, please get in touch!

By Kate Cooper • Animal Rescue Volunteer

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Speak up! Speak out! Just Speak...

word wisdom

SOMETIMES speaking up or out is out of this world difficult. Think of the times you wanted your boss to know your side of a situation... but it seemed not to matter, so you silence yourself. Or you hear talk you don't like, either to you or just within earshot—insulting, maybe racist, any offensive talk. Speaking up may prove difficult. Not speaking up may become a bad habit, and ultimately an unhealthy one.

My motto these days is: If someone's not listening, stop speaking. It has proved to be helpful; less arguments, less edgy hard feelings. When I say I stop speaking, I mean specifically to that person. I will speak to a higher up or someone whose job it is to show concern—HR, manager, and on a private level, a trusted friend or counselor can defuse a feeling.

I learned during post grad studies and in real life, the best gifts you can give to a person is time and a listening ear/heart. I also learned



(This may be why fame of any sort feels good at first.)

Listening involves putting yourself aside and absorbing the words of another. It requires a small sacrifice of time and a small chunk of ego (yours) to step aside for a while. So we now know about listening...

By Tobi Nason

Speaking up. Just as it honors a person to be heard, so it is self-honoring to speak up when necessary. Let boundaries be known. Be respectful but adamant. Not loud, but from a place of calm. Others need to know that you were hurt, saddened, angered, by words, maybe inadvertently spoken. Maybe never to happen again. Remember when you were a kid and mom came to your defense? ... you are now your own "mom." Take care of yourself. Speak up, and be willing to stand by your words.

Let the other party think about it. Move on. You've done your part.

Life would be easier if everyone tried to clear the air. But sometimes it's your job to speak truth and move aside. Sometimes a lonely journey.... So be it.

Tobi Nason, counselor, MA, lives in Warrenton, welcomes topic suggestions - (503) 440-0587.

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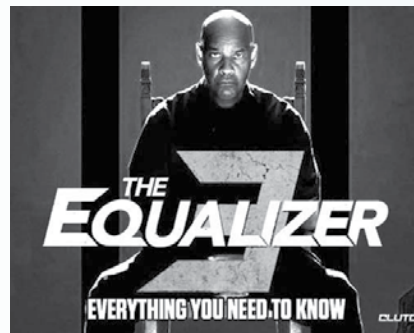
FLASH CUTS

MOVIES & MUSINGS

THEATRICAL / STREAMING RELEASES SEPT '23

BY LES KANEKUNI

THE EQUALIZER 3 (SEPT. 1) In what's billed as the final installment in the series, Denzel Washington returns as ex-government hit man Robert McCall. 3 opens with a scene of carnage. An Italian vineyard strewn with bodies bearing evidence of violent death. McCall eliminates the last bad guy but at a price – he's shot in the back. A policeman takes him to a local doctor (Remo Girone) who treats his wound. As he recovers, McCall takes a liking to the small Southern Italian town with friendly locals. Once healed, McCall stays on,



learning Italian and connecting on a first name basis with the locals. But McCall's instincts never go away, and he becomes aware that the town is being terrorized by Camorra thugs who think nothing of burning down the fishmonger's store and torturing a policeman in front of his family. When McCall discovers the mob has ties to terrorism, he brings in green CIA agent Emma Collins (Dakota Fanning) before using his special talents to bring justice to the town.

A HAUNTING IN VENICE (SEPT. 15) Kenneth Branagh returns for his third turn as super detective Hercule Poirot in this mystery based on Agatha Christie's All Hallow's Eve. Hercule Poirot is retired and living in Venice, when he's accosted by an old friend, mystery writer Ariadne Oliver (Tina Fey). Oliver believes psychic Joyce Reynolds (Michelle Yeoh) who professes the ability to speak to the dead, is a fraud and enlists Poirot

to help her prove it. When Poirot and Oliver attend the séance at Reynolds decaying palazzo, one of the guests, Rowena Drake (Kelly Reilly), requests to speak to her dead daughter. Reynolds speaks with the voice of her daughter. Soon after, one of the guests dies, and Poirot himself sees and experiences what seem to be murderous supernatural spirits. Poirot must solve the biggest mystery of his career – a murder that may have been committed by the dead.

A MILLION MILES AWAY (SEPT. 15) Amazon Prime) Film tells the inspirational, true life story of Jose Hernandez, who rose from humble beginnings as a migrant worker to fulfill his dream of becoming an astronaut. Growing up in a small village in Michoacan, Mexico, Hernandez and his family move from town to town, workings fields from there to the San Joaquin Valley. Attending many schools, Jose does not learn English until age 12. From a young age, Jose dreams of traveling the night sky in a rocket. Despite the encouragement of parents, relatives and teachers, Jose's dream seems impossible. But Jose perseveres, studying STEM in college, then joining the Livermore research institute where he and a colleague develop the first digital mammography imaging system, all the while applying for the astronaut training system and being rejected 11 times. On the 12th, he's accepted. On the verge of his first mission into space Hernandez says: "Who better to leave this planet and dive into the unknown than a migrant farm worker?"

CASSANDRO (SEPT. 22 AMAZON PRIME) Gael García Bernal plays real-life gay Mexican wrestler Saúl Armendáriz – the Liberace of Lucha

Libre -- in this story of an out gay wrestler in a very macho sport. Armendáriz is an American from El Paso, who wrestles just across the border in Juárez and is comfortably out, unlike his married boyfriend Gerardo (Raúl Castillo), also a luchadore. Armendáriz basks in the limelight, but because of his small size is forced to fight as El



Gael García Bernal plays real-life gay Mexican wrestler Saúl Armendáriz – the Liberace of Lucha Libre

Topo (the mouse) against much bigger, hyper-macho opponents and scripted to lose while being humiliated. When he tells his trainer Sabrina (Roberta Colindrez) he wants to win, she suggests he wrestle as an "exótico," – a drag wrestler. Faster than you can say leopard skin, Saúl repurposes his mom's onesie and takes the name Cassandro. From the moment he gets in the ring, Cassandro is a star. Unlike other exóticos who flounce around stereotypically, Cassandro is himself – a gay wrestler who doesn't hide it. When promoters see how popular Cassandro is with crowds, they re-write the script so that the exótico wins. Cassandro keeps winning and eventually is matched against legendary luchadore El Hijo del Santo.

GUY RITCHIE'S THE COVENANT (SEPT. 22 AMAZON PRIME) Director Guy Ritchie takes a left turn from self-consciously hip gangster flicks with this unflinching look at loyalty. In 2018 in Afghanistan, when Special Forces Sgt. John Kinley's (Jake Gyllenhaal) unit is truck-bombed, his interpreter is killed. Replacing him is Ahmed Abdullah (Dar Salim), an interpreter who says he does his job only for the money. Kinley doesn't trust him, but Ahmed saves Kinley's team from an ambush. Kinley discovers that Ahmed has personal reasons to work for the Americans: his son was tortured and killed by the Taliban. On a mission to find an insurgent arms cache 100 km. from base, Kinley's unit is attacked by Taliban, leaving Kinley and Ahmed the sole survivors. With the Taliban hot on their heels, Ahmed must carry the wounded Kinley over mountain trails back to base. Recovering in the U.S., Kinley learns Ahmed and his family are now marked for death by the Taliban. When the government ignores his request for a rescue mission, Kinley heads alone to Afghanistan to save the man to whom he owes his life.



Branagh returns to Poirot

FREE WILL ASTROLOGY

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SEPTEMBER 2023

ARIES (March 21-April 19): Climate change is dramatically altering the Earth. People born today will experience three times as many floods and droughts as someone born in 1960, as well as seven times more heat waves. In urgent efforts to find a cure, scientists are generating outlandish proposals: planting mechanical trees, creating undersea walls to protect melting glaciers from warm ocean water, dimming the sun with airborne calcium carbonate, and covering Arctic ice with a layer of glass. In this spirit, I encourage you to incite unruly and even unorthodox brainstormers to solve your personal dilemmas. Be wildly inventive and creative.

TAURUS (April 20-May 20): "When love is not madness, it is not love," wrote Spanish author Pedro Calderon de la Barca. In my opinion, that's naive, melodramatic nonsense! I will forgive him for his ignorance, since he worked as a soldier and celibate priest in the 17th century. The truth is that yes, love should have a touch of madness. But when it has more than a touch, it's usually a fake kind of love: rooted in misunderstanding, immaturity, selfishness, and lack of emotional intelligence. In accordance with astrological factors, I assign you Tauruses to be dynamic practitioners of genuine togetherness in the coming months: with hints of madness and wildness, yes, but mostly big helpings of mutual respect, smart compassion, tender care, and a knack for dealing maturely with disagreements.

GEMINI (May 21-June 20): Gemini author Iain S. Thomas writes, "There are two things everyone has. One is The Great Sadness and the other is How Weird I Really Am. But only some of us are brave enough to talk about them." The coming weeks will be a favorable time to ripen your relationship with these two things, Gemini. You will have the extra gravitas necessary to understand how vital they are to your full humanity. You can also express and discuss them in meaningful ways with the people you trust.

CANCER (June 21-July 22): A self-fulfilling prophecy happens when the expectations we embrace actually come to pass. We cling so devotedly to a belief about what will occur that we help generate its literal manifestation. This can be unfortunate if the anticipated outcome isn't good for us. But it can be fortunate if the future we visualize upgrades our well-being. I invite you to ruminate on the negative and positive projections you're now harboring. Then shed the former and reinforce the latter.

LEO (July 23-Aug. 22): The holy book of the Zoroastrian religion describes a mythical mountain, Hara Berezaiti. It's the geographic center of the universe. The sun hides behind it at night. Stars and planets revolve around it. All the world's waters originate at its peak. Hara Berezaiti is so luminous and holy that no darkness can survive there, nor can the false gods abide. I would love for you to have your own version of Hara Berezaiti, Leo: a shining source of beauty and strength in your inner landscape. I invite you to use your imagination to create this sanctuary within you. Picture yourself having exciting, healing adventures there. Give it a name you love. Call on its invigorating presence when you need a sacred boost.

VIRGO (Aug. 23-Sept. 22): Virgo journalist Anthony Loyd has spent a lot of time in war zones, so it's no surprise he has bleak views about human nature. He makes the following assertion: "We think we have freedom of choice, but really most of our actions are puny meanderings in the prison yard built by history and early experience." I agree that our conditioning and routines prevent us from being fully liberated. But most of us have some capacity for responding to the raw truth of the moment and are not utterly bound by the habits of the past. At our worst, we have 20-percent access to freedom of choice. At our best, we have 70-percent. I believe you will be near the 70-percent levels in the coming weeks, dear Virgo.

LIBRA (Sept. 23-Oct. 22): Libra poet T. S. Eliot wrote the iconic narrative poem "The Wasteland." One part of the story takes place in a bar near closing time. Several times, the bartender calls out, "Hurry up, please—it's time." He wants the customers to finish their drinks and leave for the night. Now imagine I'm that bartender standing near you. I'm telling you, "Hurry up, please—it's time." What I mean is that you are in the climactic phase of your astrological cycle. You need to finish this chapter of your life story so you can move on to the next one. "Hurry up, please—it's time" means you have a sacred duty to resolve, as best you can, every lingering confusion and mystery.

SCORPIO (Oct. 23-Nov. 21): Addressing a lover, Scorpio poet Margaret Atwood says, "I would like to walk with you through that lucent wavering forest of bluegreen leaves with its watery sun & three moons, towards the cave where you must descend, towards your worst fear." That is a bold declaration. Have you ever summoned such a deep devotion for a loved one? You will have more power and skill than usual to do that in the coming months. Whether you want to or not is a different question. But yes, you will be connected to dynamic magic that will make you a brave and valuable ally.

SAGITTARIUS (Nov. 22-Dec. 21): Sagittarian theologian N. T. Wright writes, "The great challenge to self-knowledge is blind attachment to our virtues. It is hard to criticize what we think are our virtues. Although the spirit languishes without ideals, idealism can be the greatest danger." In my view, that statement formulates a central Sagittarian challenge. On the one hand, you need to cultivate high ideals if you want to be exquisitely yourself. On the other hand, you must ensure your high ideals don't become weapons you use to manipulate and harass others. Author Howard Bloom adds more. "Watch out for the dark side of your own idealism and of your moral sense," he writes. "Both come from our arsenal of natural instincts. And both easily degenerate into an excuse for attacks on others." Now is a good time for you to ponder these issues.

CAPRICORN (Dec. 22-Jan. 19): Capricorn playwright and novelist Rose Franken said, "Anyone can be passionate, but it takes real lovers to be silly." That's interesting, because many traditional astrologers say that Capricorns are the least likely zodiac sign to be silly. Speaking from personal experience, though, I have known members of your tribe to be goofy, nutty, and silly when they feel comfortably in love. An old Capricorn girlfriend of mine delighted in playing and having wicked good fun. Wherever you rank in the annals of wacky Capricorns, I hope you will consider expressing these qualities in the coming weeks. Romance and intimacy will thrive if you do.

AQUARIUS (Jan. 20-Feb. 18): As I work on writing new books, I often draw on inspirations that flow through me as I take long hikes. The vigorous exercise shakes loose visions and ideas that are not accessible as I sit in front of my computer. Aquarian novelist Charles Dickens was an adherent of this approach. At night, he liked to walk around London for miles, marveling at the story ideas that welled up in him. I recommend our strategy to you in the coming weeks, Aquarius. As you move your body, key revelations and enriching emotions will well up in you.

PISCES (Feb. 19-March 20): The coming months will be an excellent time to build, discover, and use metaphorical bridges. To get in the mood, brainstorm about every type of bridge you might need. How about a connecting link between your past and future? How about a nexus between a task you must do and a task you love to do? And maybe a conduit between two groups of allies that would then serve you even better than they already do? Your homework is to fantasize about three more exciting junctions, combinations, or couplings.

HOMEWORK: DO YOU HAVE THE POWER AND KNOW-HOW TO OFFER BEAUTIFUL FORMS OF LOVE? NEWSLETTER.FREEWILLASTROLOGY.COM



Desdemona Speaks

by Judith Altruda

Forever Barbie

THE BARBIE MOVIE, summer's biggest blockbuster, is coming to the Columbian Theater soon. Greta Gerwig's genius film is a hilarious, fashion-forward, "feminist fable" that follows Stereotypical Barbie on her quest to help a troubled girl (actually the girl's mother) in the real world, only to find herself objectified by men and blamed by women for "setting

Barbie changed. In 1971, her face was redesigned to smile openly and looked straight at you as if seeking approval or asking permission. Over the years, Barbie fell from feminist grace--her origin story erased, her truth inverted.

The art I was making when I saw the Smithsonian cover was steeped in my studies of matriarchal societies and spirituality--

--as one of my teachers put it "the G word". Suddenly, I had a modern-day icon, a misunderstood muse, who reflected the society that I came from--- Barbie. Through paintings, sculptures, and mixed media pieces, I portrayed Barbie as



Barbie Sarcophagus, carved cedar, barbie doll, paint, 1997



7ft Barbie, carved of red cedar, 1999.

the feminist movement back 50 years." Meanwhile, her escort Ken discovers the patriarchy and horses. (Okay, no more spoiler alerts.)

AWAKENING

Back in the 1990s, when I was in art college, I had a Barbie "awakening". It happened while thumbing through a stack of outdated magazines in a dentist's waiting room. The cover of *Smithsonian Magazine*, December 1989, featured a fold-out cover in honor of Barbie's 30th birthday, with a pictorial history of the doll and her "changing roles and fashions" through time. When introduced in 1959, Barbie, created by a woman, was a revolutionary play-tool for girls, representing unlimited possibilities. Barbie sprang into the world without parents, husband, or babies. Starting it off was Original Barbie in a striped swimsuit, self-contained, gaze averted. Serious. Mysterious. This was the Barbie my older sister had owned, and I must have played with, although I wasn't really into dolls as a kid. The chronology continued, showing Barbie as fashion icon and career woman; stewardess, nurse, doctor, and astronaut--years before the first lunar landing. Over time, however,

Primordial Goddess, to mixed reviews at my senior critique. Perhaps she had too much plastic baggage to overcome, perhaps the times weren't right, maybe my approach wasn't effective. But it did spark a heated debate amongst the faculty!

YESTERDAY AND TODAY

Barbie remained my muse long after graduating from Cornish College of the Arts. Deciding to forgo grad school, I moved back to Tokeland and started carving. From red cedar I sculpted a 7 ft replica of Original Barbie, with a gold-leafed ponytail and abalone eyes, her black "gown" burned into her body with a torch. That was in 1999. After that, my art, and my life, changed direction.

Seeing Greta Gerwig's film was like a religious experience for me. I laughed and cried and felt extremely validated. It's entertaining and enlightening. It's thought provoking, politically relevant, conversation generating. It's also groundbreaking--Kudos to Gerwig, the first female director to gross a billion dollars at the box office!

Barbie is at the Columbian Theater/Astoria through Sept. 7. \$5.

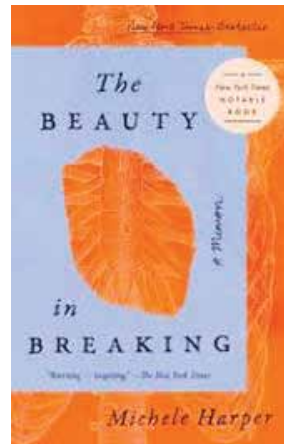
Meditations of an ER Physician

RECENTLY I had the honor of reading *The Beauty in Breaking*, a memoir by emergency-department physician Michele Harper. Her work differs in many ways from my small-town practice, and "meditative" is probably the last word I would use to describe working in an ED. And yet Dr. Harper describes the cultivation of stillness as the heart of caring for people in emergency situations: a state that allows her to remain centered when making life-and-death decisions and that comforts frightened patients and their families (pages xiv-xv).

Many people picture ED physicians as the stunt doubles of the medical world: adrenaline junkies who thrive on a fast pace and dire stakes. But Dr. Harper decided on her career as a teenager after her brother tried to stop their father from abusing their mother yet again and their father injured him severely enough to require treatment in the ED. When the staff summoned her brother for his evaluation, she studied the people in the waiting area and considered "how all of us had converged in these hallowed halls for a chance to reveal our wounds, to offer up our hurt and pain to be eased" (18). She thought about her own wounded family and decided that "If I could find stillness in this chaos, if I could find love beyond this violence, if I could heal these layers of wounds, then I would be the doctor in my own emergency room. That would be my offering to the world, to myself" (19).

What she found when she pursued her calling was that not only were the people who entered the ED "broken" (sometimes literally, often socioeconomically, whether they were victims of the violence that disproportionately affects poor people or because they could only afford routine medical care through the ED), but the system of medical care was similarly fractured. Medical training also inflicted trauma on its students, with its hazing practices and the expectation that one can make sound decisions after 24 sleepless hours. An all-consuming career is also all too often disruptive to family life. These obstacles make it all the more admirable that Dr. Harper and other providers prioritize treating their patients with humaneness and dignity. This takes almost indescribable bravery, whether in standing up to police officers who (illegally) demand that a young man in their custody be subjected to a physical examination against his will, or in striving to get a VA medical center to develop a complementary-medicine center.

The push to deliver care faster, and to serve more patients, in order to maximize taxpayer costs have created an untenable situation for people whose main goal is to serve



their fellow beings. It's a problem for everyone from PCPs to specialists and ED staff, despite the reputation of emergency medicine for following the dictum a nurse once told me, "Greet 'em, treat 'em, and street 'em." That's why the quieter courage that most impressed me in Dr. Harper's memoir is the seemingly simple decision to stay a moment and ask a patient a question that reveals a past traumatic history and gets her referred for counseling—taking time to go deeper despite the pressure of knowing dozens of other patients are waiting for you.

The paradox at the heart of this illuminating book is that we can choose to respond to injury with a movement toward wholeness for both yourself and the others whom you touch. It also reminds us that medicine isn't just an interaction between doctor and patient; it's an intervention by a good physician to heal their own corner of the world.

4-H Helps Youth Thrive

RECRUITMENT for the upcoming 4-H year is now open for youth ages 5 to 19 (as of Sept. 1). You can enjoy learning about photography, art, animal science, horticulture, dogs, horses, starting a business, and more! We also offer a Leadership Club for youth in grades 8 to 12 where they learn to run events, do public speaking, and get involved in helping the community.

A few upcoming events open to youth in Clatsop County are:

- **Virtual Babysitting Series**-youth ages 10-18 are welcome to take this Nov. 8, 9, 15, 16 (4:00 to 5:30) training. If all days are completed, you will receive an OSU certificate of completion. Register at <https://beav.es/TQm> Need not be a 4-H member.

- **4-H Lock-In**-youth grades 4-6 are invited to attend this overnight event at Camp Kiwanilong, 6pm Nov. 11 till 8:30am on the 12th. Cost is \$30.00 and activities include: Games, crafts, community service, songs, skits, laughter and fun! Call 503-325-8573 to register. Need not be a 4-H member.

- **Creating and Selling a product "4-H Bidz Kidz"**-There will be an Open House on October 12, 6pm at the 4-H Club House by the Fairgrounds for those interested in finding out more. It is for youth ages 5-19 who would like to join a club to learn how to create, market, and sell a product at the Astoria Sunday Market or Seaside Market (or other locations).

Volunteers make 4-H Happen! We are also looking for volunteer adult leaders to start new clubs. Clatsop County 4-H has over 360 youth members and 127 adult volunteers who work with these youth to teach them project skills and life skills. The projects we are able to offer youth is dependent on our leaders. If you have a skill to share and would like to be a positive influence in a child's life, please contact the Extension Office. You can call for member or leader information at 503-325-8573.

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FOOD GROOVE

I WROTE a version of this column back in 2015. At that time, I had never been to Spain. Since then, I've been twice. A total of 6 delicious weeks in heaven on earth. Heaven in the something-truly-lovely sense, not the god's-in-his,-etc, etc...sense. Here's the original column:

"Well, I never been to Spain, But I kinda like the music," Three Dog Night nailed one of the top 5 reasons why I've always wanted to go to Spain. They are, in no particular order: Geography, Sun, Music, Food, Art. My list goes far beyond 5, but I'll not burden you with the details. I have endless insupportable excuses for never having gone to Spain. Every single one of them contains the word 'money' or 'time' admittedly two of the lamest reasons possible for not doing something. On the upside, I'm not dead yet and as I get older I've become less impressed with the importance of logic employed in one's decision making. So, Spain is absolutely on my dance card.

Catalonia, a fiercely independent region of Spain, occupies the northeastern corner of the country; a triangle of earth pointing across the Mediterranean to Italy. It can claim Salvador Dali, Joan Miro, Jose Carreras and Ferran Adria among its native sons. Toss in the Pyrenees, the Costa Brava, Barcelona and Romesco and behold the influence that place has on genius. Which, incidentally, serves to explain why the Lower Columbia Pacific is home to such brilliance.

As part of the minuscule bit of research I throw at all my columns, I ran across this sentence pulled from one of the many 'visit Spain' websites, "...Catalonia developed into one of the preferred touristical destinations." Oh, the delight in discovery of a brand new word! Turns out touristical is an actual word. A perfectly silly and wonderful word.

Digression being the better part of valor, as I believe it to be, I have taken the scenic route to the crux of the matter which is Romesco. So much more than a sauce, Romesco evokes the blazing sun, vineyards, olive groves, sunflower fields, tempestuous Flamenco and lusty rumba catalana of Spain in general and Catalonia in particular.

There is disagreement amongst Catalans as to whether Romesco is of Roman or Moorish origin. That particular tussle doesn't interest me. Seriously, Romesco is all about tomatoes and peppers which did not even show up in Europe until the 16th century when sailing ships began importing all manner of pillaged goods from the new world to the old.

As with all time honored foods, the perfect Romesco is up to the cook who makes it as family recipes get passed around. It can be a pasta sauce, a dip for roasted vegetables, a sandwich spread, a top dressing or basting medium for meat and fish, a sexy addition to soup stock and much, much more.



CHEW ON THIS!

by Merianne Myers



NEVER BEEN TO SPAIN ROMESCO

3 slicing tomatoes or 6 Romas

10 garlic cloves

2 slices crusty bread

1/2 cup almonds

1/2 cup filberts or pine nuts or walnuts

OR

1 cup almonds

1 roasted red, yellow or orange bell pepper

1 Tablespoon red wine vinegar

1 Tablespoon sherry vinegar

1 teaspoon smoked paprika

Pinch of cayenne

1 teaspoon salt

3/4 cup olive oil

Preheat oven to 450. Put tomatoes, pepper, nuts and bread on a baking sheet and roast, turning occasionally. Bread and nuts will be done before the veggies. Keep an eye out.

Put bread and nuts in a food processor and pulse until coarse grind. Add everything else except the olive oil and pulse until desired consistency. With the machine running, pour olive oil in a thin stream until well blended. Taste and adjust seasoning.

NOTE: The amounts are suggestions, add or subtract as you wish. If you are using this as a sauce over pasta, you may want a bit more oil to make a thinner sauce. Keeps up to a week in a sealed container in the fridge.

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The Architect Hound



Astor Court Grocery

THIS MONTH the Architect Hound trotted (carefully!) along Alameda Avenue to a historic neighborhood in the southwest area of the Astoria peninsula sometimes referred to as Astor Court. The Astor Court grocery building is one of two of the dozen or so early 20th century small groceries that is still a neighborhood market. Built in 1917, the Astor Court Grocery is a wood-frame vernacular commercial structure with central entry, flanking display windows topped by a multi-paned transom window. A distinctive architectural element of the building is the 'boomtown' false front that presents a more formal rectangular facade hiding the simple, front gabled roof. The projecting cornice that runs along the top of the false front is decorated with brackets that add a touch of class. Like many small businesses, the

By Eric Wheeler

some interesting details. In 1915, an extension of the Astoria electric streetcar along the serpentine Alameda Avenue to the junction with West Lexington Avenue was the impetus for residential development to follow. Today, one can see the current bus shelter that is located at the former Alameda streetcar terminus. At about the same time as the streetcar extension was completed, a real estate developer published an article celebrating declaring that the "The new Astor Court will be finest residential site" touting the views from the lots as that will be "unexcelled anywhere" with "lots laid out on a terrace plan" to prevent obstructed views.

Dates of construction of many of the residences along Alameda, Glasgow and Florence streets show houses built after 1915 and through the 1920s, indicating residential growth after the streetcar line was established. A neighborhood school built nearby on West Niagra Avenue in 1919 was originally called the Astor Court School. That building was incorporated into a new, larger school built on the site in 1925 and renamed Capt. Robert Gray School. More evidence of a growing neighborhood is the location



Astor Court Grocery had a steady change of ownership through the first half of the 20th century. Robert Overby owned the grocery from the 1960s until 2000. Many neighbors remember the building as "Bob's Grocery" even thought the official name through those years was the Astor Court Grocery. The grocery is currently operated by, and caters to the Hispanic community in the area.

The name and longevity of this local landmark led me to investigate the history of this area in search of answers to the questions about the naming and development and of the Astor Court neighborhood. My colleagues at the Lower Columbia Preservation Society and I have unearthed

of another grocery store, Beemer's Grocery at 695 Alameda Ave, located practically across the street from the Astor Court Grocery at 690 Alameda Ave. The Astor Court name pops up again in the 1960s in the Astor Court Apartments located a couple of blocks south-west of the grocery stores and streetcar stop which define the center of the neighborhood. The Architect Hound sees enough evidence to call the immediate neighborhood around the two groceries, the streetcar terminus and the school, Astor Court; Astoria's first, and perhaps only, streetcar neighborhood. What do you think?

ericwheeler2@gmail.com

Hold Your Stein at BUOY BEER'S OKTOBERFEST • SEPT 23

PAINFUL it may be but focusing on 32 ounces of soon-to-be-guzzled delicious Festbier in collaboration with Obelisk Beer Co. will see you through in this year's Stein-ly Cup competition at Buoy Beer's OKTOBERFEST, coming up Saturday Sept 23 at the Astoria Armory.

The traditional Bavarian strength contest known as Masskrugstemmen with its newly growing popularity in America requires that you hold approximately 5 lbs. of glass and beer out in front of your body with a straight arm, parallel to the ground. You go

as long as you can and the last person holding (no spilling allowed) with good form is the winner.

The U.S. Women's National Record in 2022 is 6 minutes and 10 seconds and the U.S. Men's National Record in 2018 is 21 minutes, 17 seconds, according to the US Steinholding Assoc. To participate

in the Buoy Beer competition you sign-up online for \$15 (that includes the price of the beer) and choose one of three qualifying rounds, 11:30, 2:30 and 5:30. The final competition round commences at

7:30pm. Prizes for the top 3 winners are a Munktiki mug and \$100 Buoy gift card. The first place winner will also get a stein at the

5 lbs. Beer and Stein

Hub for year-round 32oz pours and their name on the Stein-ly Cup plaque, a befitting honor! You'll find a full description of rules on the Buoy Beer registration page, and the US Steinholding Association offers training tips for the serious competitor and it also suggests you just practice holding the stein a lot.

Oktoberfest opens at 11am. You'll be serenaded by the Oompah Boys, with room to Polka! German-style foods, fun & games, check in for more info about a "Best Dressed" competition, as in "get your lederhosen out of the closet." More beer collaborations include Altoberfest collaboration with Ecliptic Brewing, Fresh Hop collaboration with Single Hill Brewing, Pile Buck Pilsner, Doppelbock, FRESH Helles, Oak Lagered Vienna Lager, and Fresh Hop from Ecliptic Brewing.

The music theme of the festival is definitely horn bands! Following the **Oompah Boys** will be **Left on Tenth**, manifesting a variety of genres from funky grooves, to hard driving rock, to reggae inspired tunes, and then **Jay Si Proof** rounds out the night with they're adventurous jazz fusion to low-fi jams to a full fledged funk party through 10pm.

Saturday, Sept 23, 11am - 10pm. Astoria Armory 1636 Exchange ST. in Astoria. Admission is FREE!



Astoria Sunday Market Is Seeking Makers/Producers/Artists For The Astoria Holiday Market

THE HOLIDAYS are just around the corner, and ASM is seeking Makers, Producers and Artists for the Astoria Holiday Market! This market, featuring regional handcrafted arts and goods, will be a fun and easy way to shop local for the holidays.

Location: Astoria Armory - 1636 Exchange Street

Dates: November 26, December 3 & December 10 - ALL SUNDAYS

Time: 10am to 3pm.

Applications are being taken for the Astoria Holiday Market NOW through SEPTEMBER 8TH! Interested vendors will find all the information and the application HERE: <https://managemymarket.com/landing.aspx?orgID=2342>.

The holiday market will feature 40+ different vendors each week and will be a fun and festive shopping experience! Plan on coffee and pastries while you shop and other fun holiday surprises.



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Astoria Sunday Market 2023



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MARY FLOWER Finger Style Acoustic Blues
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\$20 Doors open at 7pm



Friday, Sept 15

NORTH COAST CITIZENS FOR WATERSHED PROTECTION
Astoria Chapter Kick-Off Event. 6-9pm, Speakers, Film, Food &
Beverage Special. FREE Admission. Open to the Public

Sunday, Sept 17

WATER THE MUSICAL by musical band
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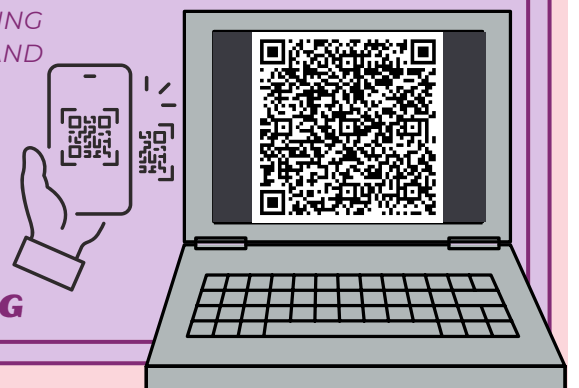
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