

May 2023 • vol 24 • issue 291

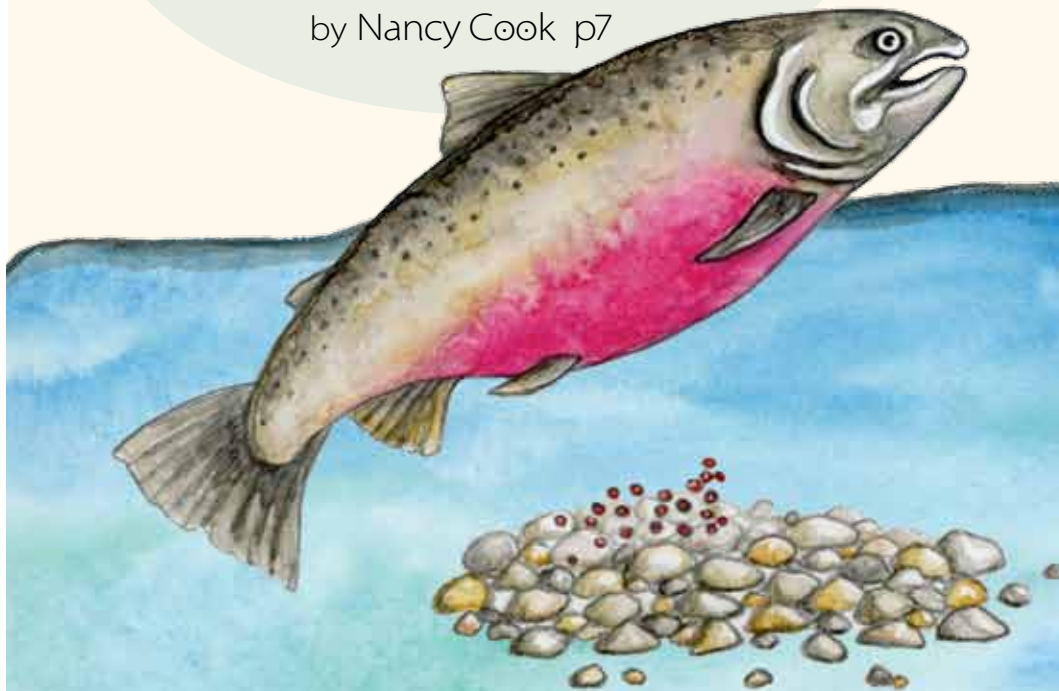
HIPEISH MONTHLY

alternative press serving the lower columbia pacific region

**The Future of
Western Oregon Forests:
why all the
hoopla about HCP?**

by Nancy Cook p7

**A House is not a Home
Ballot M 4-221 p20**



**SUNDAY MARKET
Rain or Shine!
Opens May 14**

KEVIN STAPLES
Runner with a Cause
NC Runners Supply

**Remembering
Painter
Henk Pander**



**TRASH BASH
Art's Festival
May 5 - 21**

It's time for a night out!

Comedian Kyle Kinane

Presented by North Coast Comedy Night

8:00 pm, Saturday, May 27, 2023



Known for his multiple comedy albums and specials, Kyle has also performed on numerous late-night shows, including Conan and Fallon, as well as appearing on Comedy Central and in a variety of movies and TV shows.

Columbia River Symphony

May 5, 7:00 pm / Free

Nine stories for the whole family, told by narration, visuals and our full orchestra

Little Ballet Theatre

May 6, 7:00 pm

Young Choreographers and Taps Showcase, featuring student's original pieces

PTSD 911

May 13, 7:00 pm

Moving documentary explores the struggles of 911's first responders

Buy your tickets today! Online or at the Box Office.
www.libertyastoria.org

Liberty Theatre Summer 2023 Camps, Workshops and Productions

Missoula Children's Theatre - Cinderella

July 10 - 16, 2023

Cost of participating:

Free, thanks to outside funding.

Auditions:

July 10, 10:00 am

No pre-registration needed. Meet in main lobby.

Rehearsals:

July 10 - 14, 10:00 am - 2:00 pm

Please plan to bring lunches.

Performances:

July 15, 3:00 pm and 5:30 pm

Open to friends, family and the public - \$5

Kids Make Theatre, Summer 2023

Early-bird and sibling discounts | Scholarships available
Sign up and learn more at www.kidsmaketheatre.org

May 30: Magic Workshop - Sleight of Hand Basics

Ages 11-18 | 4:00 - 5:30 pm

June 17: Stage Combat Workshop

Ages 10-18 | 1:00 - 4:00 pm

June 26 - 30: The League of Extraordinary Kids -

A Superhero Camp - Ages 9-12 | 10:00 am - 3:00 pm

July 5 - 7: The Fairy Garden Camp

Ages 6-9 | 9:00 am - 12:00 pm

August 7-19: Teen Theatre Zombie Lab

Ages 13-18 | 10:00 am - 3:00 pm

Performances held August 18 and 19



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Alice DiMicele

Americana/Folk Singer-Songwriter

By Dinah Urell

IF I WAS WALKING through the forest one day, and I happen to meet a forest troubadour, guitar in hand singing their heart out to and with Ma Nature, I would want that troubadour to be Alice DiMicele.

In 1989 Alice traveled and performed with the Ancient Forest Rescue expedition who brought a 700 year old Douglas Fir log across the US to raise awareness of the plight of ancient forests in the United States. She got her start in activism with Earth First! Siskiyou in 1987 in Southern Oregon playing many benefits for local forest protection with the group EarthSong and as a solo artist.

Alice has played more benefits than she could ever count for various causes including protecting the environment, Women's rights, LGBTQI rights, Indigenous/Native American rights, groups that

work for racial equality, justice, and freedom for all.

Spanning a three + decade musical career, Alice recorded her first album in 1989, "Make A Change" in her new home in Southern Oregon. Hailing from the east coast, at 17 she picked up the guitar and soon was honing her skills in coffeehouses in upstate New York and New Jersey, but found her roots here in the green state and has long resided in Ashland, Or.

Alice's new album, her sixteenth release, "Every Seed We Plant," is a snapshot of life in these times. The title track was inspired by Alice's dear friend and elder of the Takelma Tribe, Angas Pilgrim Baker, written on the way to her memorial. Other tracks explore grief and depression experienced today on a collective level, while balancing the emotional waters offering soulful, uplifting love songs. Alice offers a free download of her new album in a special presentation—a song a day, with a background story on each song, plus a total acoustic version.

If you would like to meet Alice in the forest or at the ocean, you can. Her website offers a collection of music videos; just Alice, her guitar, and nature—but of course with a great line-up of Oregon



musicians on arrangements of her tunes. Want an extra good energy plug for the day, take a deep dive, go to alicediciceli.com.

If there were a folk music laureate of Oregon, Alice would make a good first. In the meantime, she brings her original infusion of folk, jazz, blues and R&B, deep alto voice and the finessing of her five octave range to the KALA Stage. Look out!

Saturday May 20 • 7:30pm
Tickets \$20



UNCLE MARY

Juke Joint Blues
& Mad Carnival Folk
May 27

KALA Stage welcomes Portland trio Uncle Mary. They are Heidi Hodge on double bass, Kya Eckstrand on washboard percussion, and Pat Buckley on guitar. With their infectious energy they create a rich tapestry of sound and 3-part harmonies abound. Old blues from the 20's and 30's, originals and a variety of Americana, Uncle Mary light up the night! Dancing totally allowed!

Doors open 7ish and music flowing by 8pm. Early Bird tickets online: \$13. At the door \$15



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HENDRIK "Henk" Pander, the Dutch-born painter who moved to Portland in 1965 with his American wife, died on Friday April 7 at the age of 85. He was still painting in January, but was rapidly overtaken by a brain tumor that drained him of the restless energy that had kept him in the public eye for over five decades. By the late 60's, as Portland's counterculture began to flower, he was already attracting attention for his unique talent, which found an outlet in street posters, stage sets, magazine covers etc., filled with a vibrant, almost overwhelming, use of color.

His first exhibition at Portland State University in 1969 included life-size "erotic" nudes that was well ahead of its time and caused a harsh reaction among some viewers who publicly criticized them as "pornographic" and "depraved." He was unperturbed and continued to rise to prominence in the 1970's as an artist who was unafraid to tackle any topic, however controversial, including violent anti-war politics. For the next 50 years, he produced big canvasses on highly-charged subjects from the Vietnam War protests to the recent Black Lives Matter demonstrations.

Art critics and writers may have wanted to categorize him as a "socially-conscious painter," but he seemed determined to prove that it was impossible to compartmentalize his work. He found inspiration all around him and gained popular recognition for his monumental depictions of catastrophic local events like the eruption of Mount St. Helens in 1980. He had the unique ability to turn a news event into a true work of art, like a reporter with a brush and easel, and show the drama of fast-moving, sometimes explosive events better than any photographer.

He could also relax into more tranquil scenes like the unusual rock formations in eastern Oregon and fields in the Willamette Valley. He also had great affection for the historic Dutch still-life tradition that he had first studied at art school in Amsterdam. But it was on the banks of the Columbia, where the docks and marine traffic recalled the many rivers and canals of the Netherlands, that he really felt at home. This led to a major exhibition of his large pictures of marine scenes at the Columbia River Maritime Museum in the mid-2000's and was where I re-discovered his work.

I can still recall the picture that had the most striking impact was the breathtaking "Burning of the New Carissa" (1999), which combined several of his favorite themes. At the same time, Clatsop Community College managed to accomplish the notable feat of giving Pander's still lives equal billing with their own show. Here you could marvel at a large selection of his landscapes, flower arrangements, and street scenes of his native

land. For the rest of his life, Pander became a regular visitor to the lower river, often painting or sketching in plein aire (open air).

In 2012, Teri Sund opened Imogen Gallery on 11th Street in Astoria and Pander became a regular visitor. "He came in several times to view the shows before he finally introduced himself," she recalled. "Henk loved this area and his paintings of the lower Columbia region showcase the beauty and grit of the working river that Astoria is still known for, she added. "I was thrilled and honored when he asked if I'd be interested in showing his work--and still feel that way to this



HENK and BLM painting

Photo via Henk Pander — Visual Artist Facebook page.

day. His presence here has truly been a gift," she explained. (Imogen was planning a show devoted to Pander this summer, but Teri does not know if or when that will now happen.)

"Henk was very generous to the local community, sharing his work in multiple venues including Columbia Memorial Hospital and Clatsop Community College," said Kristin Shauck, head of the college's art department. She told me he was a good friend who was loved by the art students and faculty alike. "He was incredibly generous with his vast knowledge and artistic skill, and he was so open to sharing his deep passion for art in workshops and classes," she continued. "Henk contributed so much to our art program: he was the judge of the last Au Naturel show in 2020, just before the lockdown. I feel incredibly lucky to have known him and miss him terribly," she confided.

With his interest in depicting disasters, natural and man-made, Henk was also fascinated by the heroic way people can respond to accidents, so he made contact with the Portland Fire Bureau and was able to accompany them to highway accidents and other dangerous scenes. This gave him the personal experience to build an in-depth project that yielded full sets of related drawings, watercolors, and oil paintings. Another strand in his wide artistic range was to follow his imagination further afield, to see the preparation and launch of the Galileo Spacecraft on its journey out into the solar system.

However, there was another aspect of his multi-faceted artistic ability that definitely deserves mention: portraiture, especially the two portraits of former Governors Tom McCall and John Kitzhaber that hang in the state Capitol in Salem. They are both contemporary in style, but still show great respect for their subjects, and must surely represent the official seal of approval on his career. It was 2018 before Pander turned his eye on the Columbia again, and created the largest set of illustrations of his career, for the first Vanport Mosaic Festival.

This was to commemorate the 70th anniversary of the 1948 Memorial Day flood that destroyed Vanport." This wartime workers town was built almost overnight by Henry Kaiser in 1942 to house 45,000 of his shipyard employees and their families on the lowland south of the Columbia and west of the road to Vancouver. It provided him with the opportunity to combine many ideas he had worked with separately in the past like first responders, floodwater, destruction, desperate survivors, and stormy weather in five very large watercolors. (Luckily, there were only about 5,000 people still living there in the post-war years.)

In addition, he added a second series representing the over 300 Liberty ships built in Portland 1941-45, and the life-saving post-war mission of these ships to deliver food to the starving European mainland after the German army was defeated. Underlying this series and indeed much of his life's work were Pander's childhood memories of the Nazi occupation of the Netherlands. Pander also created work for the Oregon Jewish Museum and Center for Holocaust Education and was 80 when he completed this epic project.

All these works emerged from a modest house in southeast Portland packed with his large artworks. He admitted that many of these were too big and confrontational to sell to collectors, but this never deterred him from creating art for public display. We can only hope that more of this type of work will also remain available in the future. In his personal life, he also followed his own path, helping to raise the two boys from his short-lived first marriage, the filmmakers Jacob and Arnold.

He finally found a life partner in his third marriage with Delores Rooney, which lasted 32 years until her death in 2010. He spent the last decade with Jody Sterne, a longtime friend, and the couple divided their time between his house and hers near Mount Hood. He recently spoke to Vanport Mosaic's Laura La Forti, who is from Italy, in a video, insisting: "I am not an American artist, I am a DUTCH artist!" Despite his protests, Oregon can certainly claim to be the place where he witnessed and documented a large slice of American life.

Online gallery of 101 paintings:
<https://henkpander.format.com/paintings#1>

Ten Fifteen Productions
**Volunteer
Open House**

**Saturday, May 13th
1pm-3pm**

*Learn about the many ways
to get involved at
The Ten Fifteen Theater!*

1015 Commercial St
Astoria, OR 97103



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Bob Goldberg

COVER: Owl and Fish Endangered.

By Lori O'Neil. www.driftwake.com



Astoria Sunday Market Opens

ASTORIA SUNDAY MARKET (ASM) announces the opening of the 2023 Sunday Market Season on Sunday, May 14th, Mothers Day. ASM takes place on 12th Street, from Marine Drive to Exchange Street, in downtown Astoria, Oregon. Hours are from 10am until 3pm. The season runs from May 14th through October 8th, rain or shine.

This year, its 23rd season, there will be 200-plus vendors on rotation all season. ASM is a Growers and Makers Only market offering fresh local produce, delicious specialty foods, plus fine art and crafts, all grown or made in the Pacific Northwest, tasty food and drinks to enjoy onsite and live music each Sunday.

There will be a short Opening Day Celebration on 5/14 at 9:50am in the Wells Fargo parking lot that will conclude at 10am with the ringing of the opening bell. Early attendees will receive a fun freebie from our roaming market staff and volunteers. Opening day entertainment will be provided by local band, Brownsmead Flats.

New this year - there will be an interactive Vendor Map on our website - www.astoriasundaymarket.com - beginning Monday, May 8th. This map will be updated weekly and is a place where shoppers can locate their favorite vendors or review who will be at the market in real time, anytime.

The Sunday Market is not only a fun outdoor market but is also a community gathering place where visitors and locals alike can get together to be outside, enjoy the day, and support local growers and makers.

ASM accepts SNAP/EBT and offers a Double Up Food Bucks match of up to \$20 that can be used for fresh produce or produce bearing plants. Our SNAP/Double Up Food Bucks program is run from the Information Booth on the corner of Marine Drive and 12 Street. This is a NEW location.

Clatsop County Partners with Fire Agencies Wildfire Prevention Campaign

MAY is Wildfire Awareness Month and Clatsop County Emergency Management is joining state and local agencies in a month-long campaign to encourage, empower and inform Oregonians on how they can help prevent and prepare for wildfire.

"Last summer, some individuals in our community experienced wildfires and others struggled with harmful air quality levels," said Justin Gibbs. "There is work we can do together to reduce the risk of wildfires this summer season and keep our air healthy."

This week's focus is on defensible space. That means creating a buffer between your home or business and the grass, trees, shrubs or any wildland area that surrounds it. Look at the plants, landscape arrangement, and outdoor furniture nearby and make sure they are giving embers or flames fewer options to latch onto and ignite.

The wildfire campaign partners are the Oregon Office of the State Fire Marshal, Oregon Department of For-

estry and Clatsop County Fire Defense Board. The Clatsop County Fire Defense Board is made up of all the local fire services and engages with external partners to improve the delivery of emergency services across all hazards.

The OSFM has several resources to help Oregonians create and maintain defensible space. These simple actions could make the difference when a wildfire occurs.

The OSFM is hosting a series of webinars in April, May and June. They are geared towards helping you be prepared for a wildfire. **For Webinars and sign-up links go to Oregon.gov.**

View the award-winning and compelling new film,

ELEMENTAL: REIMAGINE WILDFIRE

a documentary that looks to the past for urgently needed solutions to managing wildfires.

May 13 at The Columbian Theater in Astoria. Read all about it, HF p23.

HEART OF CARTM PRESENTS
TRASH BASH 2023
ART FESTIVAL

FRIDAY, MAY 5TH, 5PM
TRASH ART GALLERY OPENING
COVE GALLERY & STUDIO - WHEELER
W/ FLAMENCO GUITARIST, JEFFERY TRAPP

SUNDAY, MAY 7TH, 2PM
TRASH TALES STORYTELLING
HOFFMAN CENTER FOR THE ARTS - MANZANITA

FRIDAY, MAY 19TH, 6PM
TRASH TALES STORYTELLING
ROCKAWAY ROASTERY

SATURDAY, MAY 20, DOORS @4PM
TRASH FASHION SHOW
NEHALEM BAY WINERY
W/ JOHNNY WHEELS & THE SWAMP DONKEYS

DETAILS:
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North Coast INCO NEWS INDIVISIBLE

"Nobody made a greater mistake than he who did nothing
because he could only do a little."
- - Edmund Burke

RIPPLES: RETAIL DEMOCRACY IN OREGON

By Laurie Caplan, INCO Leadership Team

Be a voter!

Your vote matters! Remember to vote in the May 16 Special District elections. On the ballot are positions on boards of local schools, Clatsop Community College, health districts, and more.

If you haven't received your ballot or Voters' Pamphlet, contact the Clatsop County Elections office at 503-325-8605; or go to 820 Exchange Street, Ste. 200, Astoria. Your ballot must be postmarked on or before May 16. The ballot return envelope is postage paid, so no stamp is needed.

Extremism in Oregon

"Republican leaders are now adopting increasingly autocratic measures, using the police powers of government to impose moralized regulations, turning private citizens into enforcement officers and expelling defiant elected Democrats just as county Republican parties, particularly in western states, are electing militia members, Christian nationalists and QAnon believers to key posts.

"Here's one example. Last November, the Republican Party of Clackamas County in Oregon chose a new vice chairman, Daniel Tooze, a Proud Boy from Oregon City, and Rick Riley, head of the county chapter of Take Back America, which denies the results of the 2020 presidential election, as chairman. Oregon Public Broadcasting reported that in central Oregon's Deschutes County, the local Republican Party chose Scott Stuart, "a member of the county chapter of People's Rights, a nationwide network of militia groups and anti-government activists founded by conservative firebrand Ammon Bundy."

-- Thomas Edsall, New York Times, April 12, 2023

Right-wing extremists are making inroads into Oregon's local and state governments. You can help defeat them by voting in every election for pro-democracy candidates. Together we can strengthen Oregon democracy and help our communities thrive.

Guns and reproductive health care in the Oregon legislature

"The main points of contention between Republicans and Democrats regard guns and abortion. House Democrats and Republicans agreed to delay consideration of HB2002 and HB2005 until mid-May.

"HB 2002 builds on Oregon's 2017 law ensuring access to abortion and other reproductive and gender-affirming health care. Every Democrat on the joint budget committee voted April 13 to send House Bill 2002 for a vote of the full house - and every Republican voted against it.

"HB 2005 seeks to regulate homemade firearms, restrict the purchase of some guns to buyers under the age of 21, and allow public bodies to regulate concealed carry on their premises.

"Again, every Democrat on the joint budget committee voted to send House Bill 2005 for a vote of the full House and every Republican opposed it."

-- State Representative David Gomberg (House District 10)

Doing retail democracy

Kudos to everyone doing the work of "retail democracy" in your communities, such as attending city council and other local governance meetings, or serving on local government advisory committees.

You can do democracy from home, too.

- Stay informed by following the news. Gain perspective with online newsletters at Substack and The Bulwark.

- Write a Letter to the Editor of your local newspaper.

- Sign up to write to voters at Postcardstovoters.org and at VoteForward.org.

- Contact elected officials regarding issues you care about.

- Donate to pro-democracy organizations.

- Keep your voter registration current. Be a voter. Encourage others to be voters, too.

Indivisible North Coast Oregon (INCO) defends democracy by opposing authoritarianism, bigotry, and corruption. Sign up to get our weekly e-newsletter at www.incoregon.org, or contact incoregon@gmail.com. Indivisible North Coast Oregon is on Facebook.

SOUP BOWL 2023 • The Harbor Benefit Night • May 20

THE SOUP BOWL is a cherished tradition that brings caring people in Clatsop County together for an evening that demonstrates the power of community—The Harbor's largest fundraising event.

The event features inspiring speakers, beautiful handcrafted ceramic bowls, delicious food from our local restaurants, like-minded community, and cool auction items from surrounding businesses!

Keynote Speakers and themes this year are:

What's Love Got to Do with it:

Claiming Well being in a World of Harm

Laura Diamond, from Conflict Artistry LLC, will share her knowledge on Restorative Justice, why survivors may want to go through the process with their abusive partners, and how this impacts the community.

Sally Eck is a social justice advocate and trainer who teaches in the Women's Studies Department at Portland State University and has a dynamic international consulting practice.

Roberta Hunte is an Assistant Professor at Portland State University's School of Social Work. She received her M.S. in Conflict

Resolution from PSU, and her doctorate from the University of Manitoba in Peace and Conflict Studies.

Amanda Singer is a social justice educator with 30 years of experience working with diverse communities to heal trauma and transform conflict. Dr. Singer is an Associate Professor at Portland State University

As always, each ticketholder will get to enhance their collections and add another beautifully handcrafted bowl made by Master Potter Richard Rowland and his team of volunteers. For more than 20-years, this wonderful group of potters have produced thousands of bowls to benefit The Harbor.

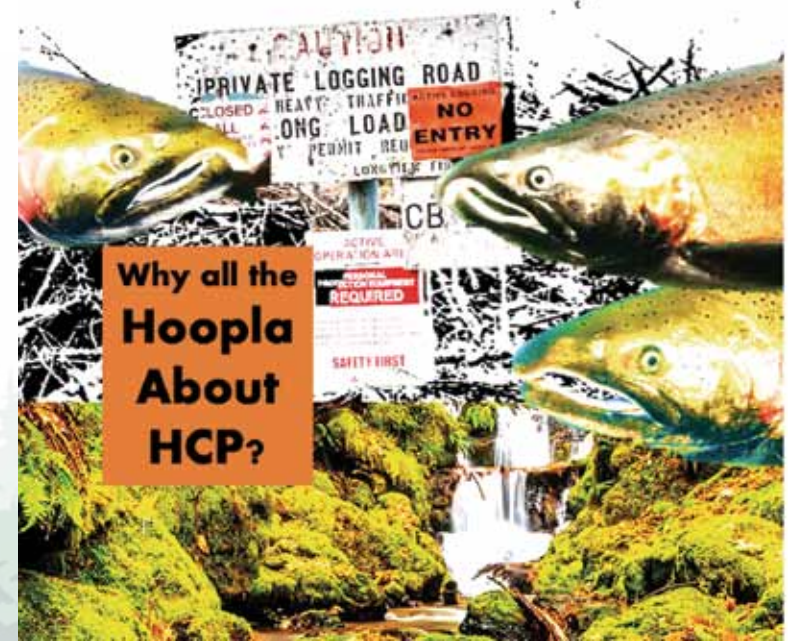
The Harbor is partnering with Clatsop Community Action and the County on a shelter project that will get at-risk populations into shelter, including survivors of domestic violence, families, members of the 2SLGBTQIA+ and Latinx communities, and those experiencing mental health and substance use issues. Plans are to open in the spring of 2023! Ticket Info: habornw.org



THE FUTURE OF WESTERN OREGON FORESTS

By Nancy Cook

WHAT THE HECK IS AN HCP? No, it's not the newest Molly, nor some kind of hybrid LSD. HCP refers to any formal **Habitat Conservation Plan**, created by resource managers to promote broadscale habitat conservation while mitigating management challenges posed by federal Endangered Species Act protections. HCPs adopted across the nation effectively negotiate “deals” between landowners and the federal government. A landowner (including the state) develops a plan to conserve habitat for federally listed species, and in return the agency can request “incidental take permits” for management activities on other tracts. HCPs provide legal protection should landowners harm rare species during management activities. Costly annual surveys for individual rare species end with HCP adoption, as do unanticipated cancellation of timber sales should monitoring reveal presence of a listed species.



GRAPHIC by Nancy Cook

Recent buzz around involves Oregon Department of Forestry's (ODF's) Western Oregon State Forest Habitat Conservation Plan (HCP) to address ESA Compliance for 17 species currently listed or *potentially* at-risk due to state forest management practice. What will Western Oregon State Forests look like in 10 years? 20 years? 70 years? Will they support world-class wild salmon rivers, wildlife habitat, and increased recreational opportunities—or will they be managed to maximize timber harvest to support county timber revenues? Western Oregon HCP impacts more than 600,000 acres of state forest in Clatsop and Tillamook Counties. The plan's “balanced management approach” means roughly half total acreage—including critical salmon habitat—will be managed for “conservation” with remaining acreage managed as working timberlands, to include industrial style clearcutting, and tracts of 70+ year stands scheduled for harvest. Indeed, NOAA EIS analysis for Preferred Alternative predicts **higher average annual timber revenues and rural jobs compared to No Action over the course of the 70 year commitment.**

In recent months, the timber industry and its political arms have ramped-up efforts to derail or delay this plan, waging what some long-standing salmon advocates call, “a full-on, myth-fueled war against the HCP.” Meanwhile, former State Senator Betsy Johnson recently lambasted HCP as “bureaucratic hogwash” claiming, “...rural Oregonians feel like this plan is being shoved down their throats.” A lot of rural Oregonians read the Hipfish, and citizen awareness is so important, with a **key opportunity for letters or public testimony at upcoming June 7th Board of Forestry meeting in Sisters.**

Economic impacts related to Oregon State Forest management **are** important, and this HCP fully acknowledges that. Historically, timber harvest has dominated management of local state forests. This has benefitted the local

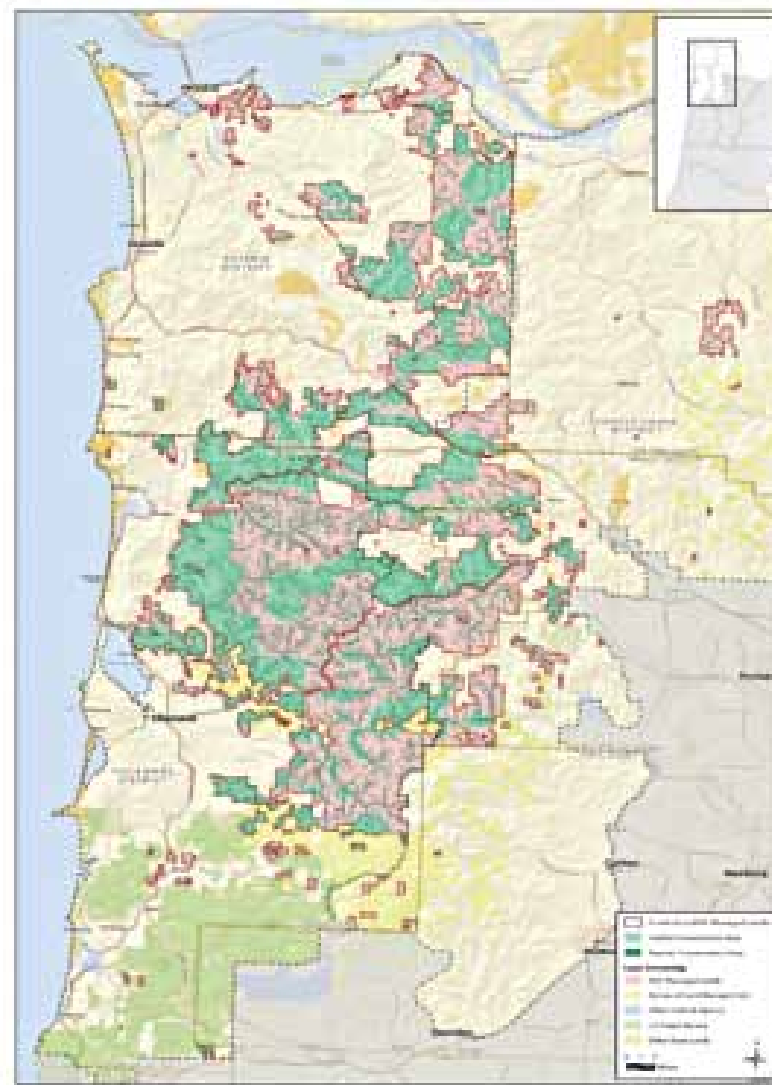


Figure ES-2. Habitat Conservation Areas and Riparian Conservation Areas in Northwestern Oregon. Green represents conservation areas (HCP Public Draft)

timber industry which contracts to harvest logs, maintain roads, and mill lumber. Rural counties also receive county land trust timber revenues proportional to harvest volume and market pricing. Furthermore, ODF pays their entire budget from state forest timber revenues. This has created vested interest to maximize logging revenues, especially at the District level. I heard the term “agency capture” several times in recent weeks. And it's clear, part of the current resistance to HCP is coming from ODF District offices and big timber voices on the BOF, like Joe Justice, LaGrande-based Regional Manager for Hancock Lumber. And no, our own beloved, generous and feisty timeber baroness Betsy, is **not retired**. Indeed, it feels fair to describe current obstructionist tactics as a “mutiny from within.” It appears there's an agency civil war happening between ODF “Salemcentric planner types,” and the “real foresters” on the Coast, resisting HCP's progressive management perhaps in part due to fear their own units could see un-projected budget reductions.

Meanwhile, ODF's *own* stated goals for HCP include:

- increase operational certainty, cost savings, and predictability of revenue generation...
- use science-based forestry to promote conditions that create sustainable, productive forests that are resilient to large fires [and] climate change impacts.

Denying climate change can be costly. Moreover, as Oregon has grown and changed, forests are also valued more and more by recreation users who also contribute significantly to rural economies. Western Oregon state forests include spawning streams for economically valuable salmon stocks protected under federal law. Law suits can get expensive, with infamous Linn County lawsuit wracking up to \$200million+ in legal fees before Oregon Supreme Court snubbed second appeal. Despite the hype, this HCP is clearly a compromise for devout conservationists. But most would agree, it's a big win for salmon.

Learn more at www.forestlegacy.org or ODF's <https://www.oregon.gov/odf/aboutodf/pages/hcp-initiative> which includes *Frequently Asked Questions*, portals for public comment, and links to NOAA EIS statement.

cont. p9

Fish are Forest Products, too. It's all about the Buffer Zones! Outdoor Recreation Attracts Big \$\$\$

By Nancy Cook

INFLAMMATORY rhetoric about “economic catastrophe” vis-à-vis a few million in *projected* timber revenue ignores the many sectors of our North Coast economy which serve to benefit from HCP’s balanced management approach—first and foremost, fishermen—and fisherwomen, too. HCP’s focus on riparian protection acknowledges that that *fish are forest products, too!* State forests support a growing recreational economy up the river and down the Coast, especially along salmon strongholds—Wilson Kilchis, Trask, Tillamook, Miami Rivers—in Tillamook County, but also here in Clatsop County: Big Creek, Gnat Creek, Klaskanine, Nehalem, Necanicum. All these watersheds receive increased protection.

Bob Rees, professional guide and publisher of *The Guide’s Forecast*, has watched his Columbia River/Tillamook Bay charter business increasingly compromised: “Last year, the take of wild fall Chi-

nook salmon was **CLOSED** in the entire Tillamook Basin, and we’re facing **ANOTHER CLOSURE** for the fall 2023 season. Adult steelhead returns of 2022 and clearly this year, are severely down. *In the last two decades, we’ve never witnessed so little opportunity to pursue salmon and steelhead on the North Coast,* an indication that we have a critical



Bob Rees, Professional Guide

problem. Any deviation on forward progression in implementing a strong HCP compromises the recovery of depleted wild salmon and steelhead species our community depends on.”

Through Bob’s sign-on approach, anglers themselves have also voiced support for HCP including Jeffrey Stefanick, of Portland: “I witnessed the clear cutting of the two hills on either side of the Wilson River in 1992-93. The river completely changed after filling up with silt and small gravels. Water quality after the rains was horrible, from a little color to a chocolate in a few hours.” James Livingston of Monmouth, wrote, “I am also an OSU trained Forestry graduate and Forest Recreation minor. I believe forestry and recreation can co-exist when managed wisely. Stream buffer zones and forest management for water quality are a part of good forest management.”

Astoria commercial fisherman and poet Dave Densmore also weighed in with BOF in November: “I’ve supported my family fishing salmon in Alaska, Oregon, Washington, Columbia River, offshore. **The bottom line is simple: salmon need healthy stream beds to spawn in. Spawning salmon need clear, cool water and clean gravel beds, period.** Logging watersheds should be closely regulated, to include enhanced conservation measures. And that comes from a guy who has worked as a logger, too. I believe a lot of logging companies are trying to do better, but we’ve reached such a tipping point with salmon stocks and the environment in general. We need strong leadership.” At age 76, the thing that bothers Densmore most is the infighting. “Pitting loggers against fishermen, or charter skippers against commercial fleets—none of that works. We all need fish, we all need a healthy climate, we all need healthy forests to support those fish and foresters. Here in Oregon, we’ve been opposing each other far too long instead of trying to work together. The right plan should be a win-win situation for all. And that means protecting the streams for the fish.”



Commercial Fisherman and Poet Dave Densmore

Award-winning author Irene Martin, narrator of the OPB documentary Astoria, has studied lower Columbia River fisheries for over forty years. Her husband, Kent, is a fourth-generation Columbia River gillnetter, and together they have fished from Alaska, to the Willapa Bay, to Columbia. Her May 2022 *White Paper on Columbia*

“Pitting loggers against fishermen, or charter skippers against commercial fleets—none of that works. We all need fish, we all need a healthy climate, we all need healthy forests to support those fish and foresters. Here in Oregon, we’ve been opposing each other far too long instead of trying to work together. The right plan should be a win-win situation for all.”

— Dave Densmore

River Salmon Gillnet Communities reflects, “Habitat protection and restoration is key to having viable fisheries in the future, whether commercial, recreational, or tribal. Long-term thinking; Advocacy; Community efforts; Willingness to work together; Equity of access. These are values that help salmon and salmon recovery. ... Salmon will not survive, let alone thrive, if these values are ignored.” Steve Fick, of Astoria’s FishHawk Fisheries, also describes salmon’s importance of salmon to our local economy and lifestyle: “Working in a salmon plant, serving fish in a restaurant, fishing on a boat or related marine business creates family-wage jobs. In Astoria, salmon mean scholarships for students, little league sponsors, food bank support... Our social fabric is tied to salmon...”



Chinook troller Amy Sharp of the F/V Persuader

We all need to understand the indirect connection healthy ecosystems bring to us all!”

Westport based offshore troller Amy Sharp of the *F/V Persuader* has seen her family’s income largely eliminated by 2023 unprecedented ocean Chinook closure by the Pacific Fishery Management Council, prompted by near-record low returns in Klamath and Sacramento watershed, where fall-run Chinook face competition for limited water resource. Chasing Chinook up and down the Coast to support direct market seafood brand Heritage Ocean was a dream in the making for Amy and her husband. With no offshore trolling, that dream’s become a nightmare: “It’s a shame that 1000s of workers who directly rely on the salmon industry must lose their livelihoods so a few nut farmers in California can produce a product not native nor a keystone species to that region. Historical forestry practices have adversely affected West Coast salmon runs. Damming of rivers and irrigation have devastated salmon. As stewards of land and sea, we must adopt responsible management practices in our forests, farmlands, and waters to promote habitat restoration which protects native species. We cannot succumb to greed, but must ensure wild salmon survive for generations to come.”

I feel for Amy. It must be hard to hear paid media hype about projected revenue reductions for a monstrosity profitable timber industry when local fishing families continue to struggle. Salmon support our economies, too. We don’t need economic analysts to grasp that story. Astorians witnessed the collapse of 2022 North Coast fall Chinook run last: no charter boats on the Lower Columbia means less hotels full, lower restaurant and retail receipts, less beer, soda, tackle, and gasoline sold. That all adds up. Healthy fish stocks and healthy forest attract money to our communities—anglers, for sure, but also campers, hikers, mountain bikers, mushroomers, kayakers, hunters. This weekend hundreds of trail runners from all over the state converged on Tillamook State Forest for three days of racing in a Tillamook Burn forest festival. All that outdoor recreation spending adds up. *Travel Oregon* reported local recreationists and visitors spent \$1.44 billion in the North Coast Tourism Region, 10,600 full and part time jobs, \$361 million in wages, and \$52 million in state and local taxes, plus a whole lot of happy recreators.



Timber Economics in Perspective: A Bigger Picture

Citizens encountering “HCP = catastrophe” rhetoric might review Clatsop County’s public budget, which reports a 40% Reserve (approximately \$40 million) while also documenting economic truth wherein county timber revenues have frequently fluctuated long before HCP.

Assessing timber politics’ impacts on county coffers also invites a longer lens. Recent pro-timber legislation has negatively impacted



county budgets and county jobs in **huge** ways. Perhaps most notable, was the staged elimination of the severance (“stumpage”) tax in the 1990’s. In 2021, *OPB and the Oregonian* jointly reported, “For decades, private timber owners in Oregon paid a severance tax on the value of the trees they logged. But in the 1990s, lawmakers passed a series of tax cuts that began lowering the funding provided to schools and local governments. Then they eliminated the tax for all but the smallest timber owners, who can opt to pay it in exchange for reduced property taxes.” According to ODF statistics, between 1991-2020, private timber logged approximately \$67 billion in stumpage value. If severance tax had not eliminated, timber companies would have paid approximately \$3 billion over 19 years. Instead, cities and counties collected... roughly \$871 million.” **That’s more than \$2billion in revenue loss to counties in Oregon**, which continues to tax timber owners at significantly lower rates than Washington and California.

The timber industry’s own initiatives to pursue profit margins have also radically reduced wood products jobs and mill closures in rural communities thru what’s often described as “the impact of mechanization.” Oregon Employment Department describes that downward trend: “Technology advances, more automation, and less labor intensive manufacturing processes all conspired to reduced demand for employment, despite the ramp-up in lumber production.” Also impactful are varying rates of raw log export, predominantly through Port of Longview. Private timber’s choice to abandoning NW mills in favor of raw log export not only impacts jobs; it also impacts timber pricing and associated county revenues [think supply and demand]. Meanwhile, state law mandates State Forest logs be milled locally, and logging operations bidding on state forest tracts must not engage in raw export for three years prior to purchasing state timber. That arrangement creates real pressure to maximize profit from limited state forest acreage to preserve bottom line for local mills (Hampton, Stinson), some of the best “mom & pop” timber companies in the state, who support a whole lot of salmon restoration.

History of County Trust State Forest Lands

Short lived SB795 debate highlighted beliefs from those who feel County Trust Lands should be deemed special. History on that appears on Clatsop County’s website. In summary, before 1930, nearly all working timberlands in Clatsop and Tillamook County were privately owned. Following the Depression and subsequent Tillamook Burns, many western Oregon timber owners turned over logged-out or burned-out acreage to the counties in lieu of paying taxes. In 1936, Clatsop became the first county to deed these abandoned mostly clearcut forestlands to the state in exchange for a share in future timber revenues (once the trees grew back). Transfer of County Trust lands was never mandatory. And, like it or not, the notorious Linn County v. State of Oregon lawsuit confirmed ODF is **not** required to maximize timber harvest from these lands. Nothing about HCP changes this longstanding model for revenue sharing. Discussions of “decoupling” or “reinventing the funding model” are tangential strategy to “make counties right.” Nor does **this** HCP impact private timber owners. **Only State Forests will be impacted, and like it or not**, ODF’s Mission guides management of those forests: “To serve the people of Oregon by protecting, managing, and promoting stewardship... to enhance environmental, economic, and community sustainability.”

In November 2022, Oregon Values and Beliefs Center conducted state-wide surveys of citizens’ values surrounding forests. Results clearly support the balanced management approach HCP promotes, with 73% surveyed valuing “habitat for wildlife” as “very important” compared to 40% who believe “Economic support for rural communities” as “very important.” **And all North Coast citizens have the chance to tell the Board of Forestry what they value in limited publically owned state forest.**

VOICE YOUR VALUES FUTURE OF STATE FORESTS.
Oregon Board of Forestry Hybrid Meeting – June 7, Sisters, OR

To testify LIVE or virtually by ZOOM, citizens must sign up by email with hilary.olivos-rood@odf.oregon.gov.
Include: Name, Residence, Email, any Affiliation, ATTN: Agenda Item 1: Public Comments, Preference (virtual or in-person).
Sign-up starts May 26th, closes 5 p.m. on June 2nd.

To submit written comments to the Board:
Email – Boardofforestry@oregon.gov
Mail: Oregon BOF 2600 State St. Salem, OR 97310

Want more talking points, or help with testimony?
Or visit Oregon Forest Conservation Coalition at:
forestlegacy.org

Recent Events/Complicating Factors

November’s BOF Meeting in Seaside included ample Public Testimony from diverse stakeholders, with majority voices weighing in pro-HCP and timber interests also well represented. However, early 2023, ODF released projected Implementation Plans (IPs) which predicted lower harvest compared to EIS projections, at least during transition. Then came SB795, a short-lived bill and bold proposition to jettison HCP and instead return state land to the counties for management. Effectively concurrent, BOF member Joe Justice, Regional Manager at Hancock Lumber made an internal motion to jettison HCP and start over. That motion was voted down 4-3. Public testimony from both sides continued to flow in, and then came March 8 BOF Meeting Corvallis. Statesman Journal reported, “Former candidate for Oregon governor Betsy Johnson and a convoy of about 100 loggers, timber owners, and students blasted an increasingly controversial plan.” Betsy refers to HCP as “bureaucratic hogwash” accusing ODF of mismanaging state forests with inadequate public process.

District 32 State Rep Cyrus Javadi also penned a letter representing Republican caucus concerns: “the current Plan is heavy on protection and light on economic realism. ... we strongly urge reconsideration of ODF’s proposals.”

Also in March came the “coho litigation settlement,” involving a long running lawsuit against ODF, brought by the Center for Biological Diversity, Cascadia Wild, and Native Fish Society who claimed logging practice in Tillamook (steep slopes & road issues) represented an “incidental take” for impacted coho. The settlement required ODF increase buffers around streams and improve road inventory. That may sound like a good thing, but now some point to the “coho settlement” to claim HCP is no longer necessary.

In April State Forester Cal Mukumoto responded: “I have directed staff to look for opportunities to add additional volume while also ensuring compliance with the parameters of this transition... we are committed to leveraging opportunities for flexibility and adaptability in our operational decisions during this transition period.”

Governor Kotek also responded to Republican caucus in writing, prompting Astorian’s April 29 article, Kotek calls for collaboration on habitat conservation plan: “Most important to the ongoing conversation is the question of whether we will come together to find a better, more balanced approach to address the fiscal impacts and unintended consequences of an outdated funding model that needs to be re-examined... our forests today must be managed for a multitude of public values. I am prepared to work with all who are willing to engage in a thoughtful and collaborative discussion aimed at solving this larger issue.”

cont. p10

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Will State Forest Habitat Protection Really Make A Difference for Local Salmon?

THERE'S no denying diverse challenges wild Pacific salmon face—from changing ocean conditions, dams, competition with hatchery fish, disease, management missteps, competition for irrigation water, and yes, those plentiful sea lions everyone loves to blame. Discussing proposed HCP, some quickly divert wider threats to salmon viability as means to sidestep the importance of State Forest habitat protection. Hearing arguments of this sort to justify inaction can be frustrating. Up and down the coast, land trusts, watershed councils, river councils, state and federal agencies, and private timber companies themselves are working diligently to enhance watersheds to support salmon habitat. HCP supports and amplifies these important efforts. Either/or arguments can feel empty. Don't threatened salmon stocks deserve all available interventions to support their continued survival?

Dr. Matt Sloat, co-author of a new study published in *Fish & Fisheries* offering comprehensive



DUNCAN BERRY Fish in a tree-Tree in a fish / Western red Cedar round and Wilson River Steelhead

consideration of North American wild Chinook salmon seems to think so: "As environmental conditions get tougher, it's increasingly important that we understand and maintain the different survival strategies that Chinook have honed over millions of

years." Sloan's team found "a strong link between Chinook abundance trends and time spent in relatively cold freshwater and marine habitats." However, life histories of Chinook stock vary even within the same watershed. On the bright side, Sloan's study documents how spring Chinook returning to Oregon's Clackamas and Sandy Rivers "made remarkable recoveries following dam removals and other fish passage corrections." Habitat conservation and restoration efforts measures can make a real difference for NW fish, and diverse approaches to support diverse

life cycles are important. Many scientists believe this HCP—both Preferred Alternative and especially enhanced conservation Alternative 3—to be a clear win for local salmon. And all Oregonians have a chance to voice their own values to the Board of Forestry in weeks to come.

WRITER'S DISCLAIMER HCP = A Chance to Express Your Forest Values

After a month-long deep dive into timber politics, I'm struck how much this HCP debate revolves around trust. Not just County Land Trust agreements—but also interpersonal trust, collective trust in agencies, trust within agencies, trust in science. Fear erodes trust. Nobody wants to see their job, or their 4-H program disappear. Thousand page plans are intimidating. Bitter lawsuits leave deep wounds. Organized, well funded smear campaigns spread disinformation. So many citizens live in media silos which promotes scientific denialism, while lambasting all regulation. It's easy to say, read the fine-print: HCP is not about eliminating logging; EIS predict higher revenues, more jobs. But there's some rural folks think "Salemcentric EIS" is just a bunch of BS. Indeed, I talked to a top salary ODF leader who is hoping for—and quite possibly helping—this plan to "implode from within." For some, it's clear, habitat conservation is a treehugger conversation. Hitting streams to catch steelhead on Sunday morning is fun, but "pitting fish against trees," that's plain annoying. Ultimately, this HCP revolves around forest values.

While I tried to be fair in my reporting, I, too, have values. I value the old growth fir beams and hardy cedar shakes of my Astoria cedar home. I value the local Chinook and Clatsop first peoples, displaced so loggers, mill workers, carpenters could labor to build me a home. I know what it feels like to fear one's job could disappear, to watch it gone: that identity loss, financial insecurity. I value economic security, but I also trust our timber neighbors and local counties will be just fine. I'm a lot less confident about our local salmon and our fishing families. Right now, Oregon has a chance to do the next right thing, not perfection, but real progress towards a balanced approach to managing state land. When it comes down to it, I value real forests: mosses, trilliums, ferns, those chanterelles I love to harvest come late September. I value big, diverse trees:

their strength, their shade, their carbon-sequestering super powers—and the home trees create for forest critters: squirrels, voles, elk, marten, and that rare red-legged frog who stared me down for minutes from her safe refuge at the base of a big old hemlock off a little-known state forest trail high above Alderbrook Slough. I value forest birds: MAMU murrelets and owls, but also hummers, kingfishers, dippers, those glorious harlequins and mergansers who fly up forest streams to float down the ripples of wild water. I value wild water—clear and cold—to swim, to paddle, to angle, to flow free and lie still with sweet gravels: welcoming home our spawn-till-you-die wild salmon sisters. I value days on the big river when that rare Chinook bites, or the whole skiff blast to life in a frenzy of coho, and the charter skipper who made a lifestyle allowing others to experience such glee. And yes, I also value science and resource planning efforts, but really it's not necessary to complicate this choice issue with EIS. I support HCP Alternative 3 because I support fish and real forests.

For me HCP means "We the people" have a chance to stand up for OUR values. It's so easy takes five minutes, maybe fifteen to write a letter. Or better yet, save that date, June 7th. Let the folks at forestlegacy.org help you sign-up for testimony.



hf

TRASH BASH 24TH ANNUAL HEART OF CARTM TRASH BASH IS ON!

reduce, reuse, reimagine

By Alyssa Evans



PHOTO: Broken Banjo

SOMETIMES, one person's trash becomes another's gallery piece. Or fashion statement.

Heart of Cartm is back with its annual event, the Trash Bash Art Festival. This year marks the festival's 24th anniversary. This year's event features an art gallery show, a fashion show and two storytelling events.

"We've expanded the trash bash to be expendable and intentional," said Jessi Just, Heart of Cartm's executive director. "These events fit with our vision of leading the community to zero waste."

The events are meant to encourage attendees to be intentional with how they manage waste.

"We're wanting to train the community to look at all of their things in a new way. Instead of throwing something away, can it be repaired? Given away? Used for a new purpose?" Just said.

Festival events also "celebrate creativity and resourcefulness," Just said.

The festival will feature events running from May 5 to May 20. Events will be held in Nehalem, Manzanita, Rockaway Beach and Wheeler.

Festivities will kick off May 5 with a "Trash Art Gallery," hosted at COVE Gallery & Studio. The gallery show will feature hand-crafted pieces of art made from repurposed items of trash.

The gallery will be followed by two "Trash Tales Storytelling" events, held in Manzanita and Rockaway Beach. The events are a new addition to the festival. During the events, participants will share poems, essays and stories based on their experiences with throwing away garbage.

"We realize that humans come with stuff. Every transition of our life produces stuff. Every time someone dies, moves, graduates. Whether it's a happy or sad event, it comes with decisions on what to keep," Just said. "Those are the stories I want to capture at Trash Tales."

The last event of the festival will be the organization's beloved "Trashion Show," held at Nehalem Bay Winery on May 20. The show begins at 5:30 p.m., lasting about an hour, but the event will be open from 4 to 9 p.m. in total. During the show, artists will show off outfits made entirely from repurposed trash.

"We're really excited about the number of new folk participating in the trashion show. There are many old favorites that participate every year and also quite a few new people trying out the show for the first time," Just said.

The show will feature live music from Jonny Wheels & the Swamp Donkeys, of Portland. The band plays Americana-style folk rock.

The festival's four events are centered around a theme of immersion.

"We're celebrating the idea of immersing ourselves into our new role of who we are now and not forgetting where we came from, but celebrating who we are becoming," Just said.

Event buttons that will provide access to all four events will be on sale at each event or the Heart of Cartm store. Buttons cost \$50. Individual event tickets will be available for \$20. Sales support Heart of Cartm.

"This is our fundraiser. These sales support us all year," Just said. "It's really a ripple effect. If you come to the party and have a good time, and buy a few things, you end up supporting us all year and supporting the community. It has a growing effect. You can feel good about participating in this event."

In addition to accepting financial donations, the organization is always accepting volunteers. Those interested in volunteering for the festival events or getting connected with the organization as a year-round volunteer should contact Just at jessi@heartofcartm.org.

"We appreciate folks donating their time and skills," Just said.

TRASH BASH ART FESTIVAL 2023 • May 5-20

Trash Art Gallery at COVE Gallery & Studio (395 Nehalem Blvd., Wheeler)

Opening Party May 5, 5 to 7pm.

Trash Art Gallery Hours: Thurs-Mon
May 5 - May 21

Trash Tales at the Hoffman Center for the Arts (594 Laneda Ave., Manzanita) May 7, 2 to 4pm

Trash Tales at Rockaway Roastery (165 S. Miller St., Rockaway Beach) May 19, 6 to 8pm

Trashion Show at Nehalem Bay Winery (34965 OR-53, Nehalem) May 20, 4 to 9pm

EVENT BUTTONS (\$50) or single-event tickets (\$20) available at the door or at Heart of Cartm (395 Nehalem Blvd., Wheeler)



PHOTO: Broken Banjo

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PROFILE: NORTH COAST RUNNERS SUPPLY

By
Alysa
Evans



Kevin Staples of North Coast Runners is standing on store fixture, a human powered treadmill, a smooth operator. Purchase a pair of shoes and test them out on the treadmill to make sure they're a good fit before you leave the store. On the wall behind, Staples commissioned the running mural by ????. Hallie the store dog is checking it out.

ATHLETES of all skill levels have a new place to run (or walk) to.

North Coast Runners Supply is a new running store located in downtown Astoria. The store carries a variety of running supplies, as well as gear for other sports.

What's in store

North Coast Runners Supply is the only running store within two hours of Astoria. Kevin Staples decided to open the store last fall when the former proprietor offered to let him take over her business lease.

"It was kismet, the right place at the right time," Staples said.

Staples opened the store in January 2023.

The store features a variety of equipment that supports runners and walkers. Products include shoes, clothing, swimming gear, yoga supplies, nutritional items and dog supplies. The store's offerings support athletes of all skill levels and identities.

"I'm looking at supporting overall wellness," Staples said.

While shopping at North Coast Runners, whether you're in the know on some of the latest greatest products on the market, you can pick up a pair of OOFOS sandals, amazingly comfortable recovery footwear designed to reduce pressure and demand on your feet and joints, after exercise or just for daily wear.



The Magic Sole Machine. The AETRIX will scan the diametrics of your foot, helping to choose a custom orthotic to align your body and skeletal system.

twice a week and goes swimming on his non-running days.

"When I get injured, I head over to the pool and go swim instead," Staples said. "I'm trying to keep my heart rate up. I went from pushing an XXL to a large shirt. I swear I'm never going to go back. I'm going to do whatever it takes to stay on this side of 180 pounds."

Staples' pet supplies section is inspired by his two dogs, Zeka and Hallie. They come to the store with Staples each day and "work" as the store's official greeting team.

Running for a cause

Staples has a long history with running. He started running while he was a diver for the U.S. Navy.

"We ran all the time. It was a daily part of the job. We ran everywhere to stay in shape," Staples said. "It wasn't something that I enjoyed."

After leaving the Navy, Staples would run occasionally to lose weight.

"I would start running again and then something would happen and I'd stop. It was like a cycle," Staples said.

In 2019, Staples and his wife separated. In 2020, his dad Carl died suddenly while snorkeling on a family vacation. Months later, his mom Sharon entered hospice for ovarian cancer. Running became an outlet for Staples as he worked on his healing and grieving process, while caring for his mother during her last months.

"Any of those things happening would have sucked but when they kept coming at me it was like 'What did I do wrong? Who did I piss off?'" Staples said. "Eventually, I was like, 'Well, I could sit here and keep drinking or worse, or I could get out of the house.' So I put on my shoes and left. And when I stopped crying, I came home."

At the time, Staples had completed half marathons but had never completed a full marathon.

"Because I was in Florida, in January, the weather was nice. I wasn't allowed to work remotely for my job so I was like, 'Well, I have literally nothing to do here so I might as well start training for a marathon,'" Staples said.

Meet Kevin Staples Runner with a cause

"Running with ear buds is dangerous, when you can't hear what's going on around you," explains Staples. NC Runners stocks SHOKZ, bone conduction headphones—they lay at the base of your neck, coming up over your ears, and rest on your temples. You can hear music perfectly and be in tune to your surroundings.

Hands-on—shopping for products that will add value to your exercise, Staples is knowledgeable and eager to help you improve your experience.

Staples was inspired to include swimming and yoga gear because he enjoys those activities when he isn't running. He practices yoga once or

Sharon died on April 24. The next day, Staples ran his first full marathon, raising money for the National Ovarian Cancer Coalition.

"The Eugene Marathon was virtual that year so I ran it the next day in Jacksonville, Florida," Staples said.

After the Eugene Marathon, the coalition asked Staples to run the New York City Marathon to raise money for the organization. He raised \$45,000, becoming the largest individual fundraiser for the NOCC, he said.

"That's when I started getting hooked to the energy of a real marathon and all the work that goes into it," Staples said.

After the New York Marathon, the NOCC asked Staples if he would be interested in running the Berlin Marathon, which would take place in late September 2022. At the time, he was working as an instructor at Clatsop Community College.

"NOCC had just gotten bids for Berlin for the first time. ...

They called me and said 'Do you want to take on Berlin?' It was Sept. 5 and classes started Sept. 6," Staples said.

Staples had to make a decision: continue teaching or go to the race.

"I thought about it and was like 'You know what, I think I'd rather raise money for the NOCC.' So that's what we do now. We raise money for the NOCC," Staples said.

Since the New York City Marathon, Staples has run marathons on almost all seven continents.

"I started thinking, 'Oh wait a minute. I've been to six continents in my life but I haven't been to Antarctica.' I found this group that runs all seven continents and was like 'Alright, let's go see Antarctica,'" Staples said.

Staples has raced in other locations including Jerusalem and Tokyo. In April, he ran the Eugene Marathon in honor of his mom. In September, he will travel to Berlin and Cape Town, South Africa, for two separate races. He also plans to climb Mount Kilimanjaro with his daughter Evelyn and group of cancer survivors and family members as another fundraiser for the NOCC.

After completing those races, South America and Australia will be the last continents Staples hasn't raced on yet.

Start small

For those interested in running, Staples recommends starting off small.

"Five years ago, I had back surgery and was pushing 240 pounds. I started swimming and running a mile on the treadmill three times a week. I just increased it slowly and I haven't stopped since. Five years ago, I wasn't thinking about running a marathon. I was thinking I need to get in shape. But if you go too fast too soon, you're going to hate it. And when it starts hurting and it's no longer enjoyable, that's the wrong way to go about it!"



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hf



Fetch a ticket for Sylvia on the Coaster Theatre Stage this May

MAN'S best friend or wife's worst nightmare? When Greg brings home a dog he found in the park—or that has found him—bearing only the name "Sylvia" on her name tag, she becomes a major bone of contention between husband and wife. Sylvia opens at the Coaster Theatre Playhouse on May 12.

Greg and Kate have moved to Manhattan after 22 years of child-raising in the suburbs. Greg's career as a financial trader is winding down, while Kate's career, as a public-school English teacher, is beginning to offer her more opportunities. Greg's new street-smart pup She offers Greg an escape from the frustrations of his job and the unknowns of middle age. To Kate, Sylvia becomes a rival for affection. And Sylvia thinks Kate just doesn't understand the relationship between man and dog.

Sylvia is directed by Patrick Lathrop and features Maren Kain as Sylvia, John Hoff as Greg, Cyndi Fisher as Kate and Katherine Lacaze as Tom, Phyllis and Leslie

The production crew includes, Patrick Lathrop (costumer), Mick Alderman (set builder/lighting design), Juan Lira (set painter) and Nancy McCarthy (sound and light operator).

Sylvia runs weekends through June 3. Performances will be at 7:30 p.m. Fridays and Saturdays with a matinee show at 3 p.m. Sunday, May 21 and a 7:30 p.m. show Sunday, May 28.

Tickets are \$20 or \$25; they can be purchased at the theatre box office (503-436-1242) or online at coastertheatre.com. The box office is open 12:30 to 4:30 p.m. Wednesday through Saturday and 12:30 p.m. to curtain on performance days.

Cast of Sylvia (left to right) Katherine Lacaze, John Hoff, Maren Kain, Cyndi Fisher. Photo courtesy of the Coaster Theatre Playhouse

Upcoming shows and events at the theatre:

Sherwood: The Adventures of Robin Hood June 23 Sept. 3

Sleuth auditions June 27 & 28

Coaster Theatre Kidz Summer Camp July 24-28

PE THEATER



MAY FORMANCE

THE WEEKEND OF MARCH 17TH, the cast and crew of AN INTERVIEW travelled to Gallery Theater in McMinnville for the American Association of Community Theatre's Regional One-Act Festival.

The rules are simple, yet restrictive - meant to enforce an equal playing field between organizations of all sizes and budgets. Everything needed for the show (sets, props, costumes, and actors) must fit within a 10x10 foot space. Each company has ten minutes to set up, sixty minutes to perform, and ten minutes to tear down. Every element of this process is timed and adjudicated - including the 80 minutes they are allotted for a tech rehearsal earlier in the day. If a group has a hair out of their 10x10 foot box or surpasses their time by even one second, they are disqualified. The winning company then advances to the national competition, which is being held in Louisville, Kentucky this year.

Ten Fifteen Productions was the only representative from Oregon, performing alongside theaters from Bellingham, WA, Spokane, WA, Eagle, ID, and Emmitt, ID. Over the course of two days, each theater had their individual performances and adjudications, and there were several social opportunities for the companies to get to know one another.

While Ten Fifteen didn't get the top prize, their actors, Gigi Chadwick and Mick Alderman, swept the awards for Individual Performances. The company was also notified that they placed second, and should the winning production (from Spokane,



WA) not be able to participate at the national level, Ten Fifteen would be asked to go in their place. Also representing the theater were Director, Ryan Hull, Stage Manager, Olivia Johnston, and Executive Director, Danyelle Tinker.

"It was such a joyous experience," says Tinker, "we went into the festival with no expectations, just a desire to do our best, see good theatre, and get to know some of our peers. The end result was more than I could have imagined - I am so proud of our cast and crew. We are fortunate to have this caliber of talent in our small community."

Performathon Fundraiser Wants YOU!

THE TEN FIFTEEN THEATER is gearing up for its 24 Hour non-stop fundraising event to take place on Saturday, July 15.

All sorts of acts are encouraged to sign up: cooking/mixology demos, TED talks, drag queens, singer/songwriters, original plays, group yoga, poetry readings, basket weaving, KJs, and more! Nothing is off limits.

The format: time slots available in 15 minute increments. Sign up for however many spots you need for your act - and if

you don't use the full 15 minutes, that's ok too. There's a link to claim your spot.

<https://signup.com/go/sfKhyOW> Or access from Ten Fifteen website.

The event is also in need of planning committee members, raffle/silent auction items, and front of house help - so if you or someone you know might be interested in joining the fun, contact danyelle@thetenfifteentheater.com.

Prepare for Magic and Mindreading at Ten Fifteen Theater

SETH HOWARD has been mesmerizing and mystifying people for over 20 years in the Pacific Northwest. He is bringing his unique style of comedy and mindreading to the Ten Fifteen Theater for another evening of magic. Be prepared to be amazed as Seth reads minds, predicts the future and delivers fun and laughs for all ages.

Opening for Seth is Jay Frasier. Jay combines sleight of hand, physical comedy and audience participation to create uniquely magical and entertaining performances.

Friday, May 19 at 7pm. Tickets \$20 Adults, \$10 Children under 18. Tickets online at thetenfifteentheater.com. Tickets available at the door. Doors open 6:30pm. 1015 Commercial in Astoria

Miss Minsky's Burlesque

Get your tickets quick for another production of Minsky's Burlesque, based out of Portland, employing a garden of drag queens, kings, comedians, hula hoopers, acrobats and the like, from across the PNW, in classic and neo strip tease entertainment, all while the dapper staff of the LT serve delicious cocktails & libations inside a historical landmark and jewel of the coast.

The show's theme - A Love Letter to Entomology . . . buzzzzzzzz!

And honorably named for the historic Minsky's Burlesque of the '30's that launched the career of Gypsy Rose Lee, the founder and queen of artful strip tease.

Saturday, May 27. 9pm. Door at 8pm. Tickets \$15 at eventbrite.com. Labor Temple in Astoria.



MAY 2023

George Colligan Trio JAZZ MAY 13



JONESING for some really good LIVE jazz? George Colligan is not only one of the great jazz pianists of his generation, but he has earned an international reputation as a multi-instrumentalist (drums, trumpet, organ, keyboards), composer, accompanist, teacher, and bandleader, as well as popular blogger (jazztruth.blogspot.com). Winner of the 2015 DownBeat magazine Critics Poll (Keyboard), he has had a long association with living jazz legend Jack DeJohnette; recent touring took Colligan around the U.S. with "An Evening with Jack DeJohnette and Savion Glover." Colligan, from NYC, now resides in Portland and is Full Professor at PSU.

MAY 13, 7PM. Hear Colligan and trio, Eric Gruber on bass, Michael Raynor on drums, and guest vocalist NORTH COAST SINGER KELLEY SHANNON at the Red Building in Uniontown. Tickets are \$35, and a \$50 VIP gets you front seats and a Bistro Dinner. For tickets and info go to Ticketstripe.com



HOLIDAY FRIENDS @ LAGERFEST! May 12-13

THE WEATHER portends perfect conditions for drinking lagers on the dock. Buoy Beer throws Lager Fest May 12-13 in its original location. Buoy partners with more than a dozen West Coast breweries, giving lager lovers and beer lovers a chance to taste variations of the style's color, fermentation processes, hop profiles, and malt flavors. Fest kicks-off with fantabulous indie rockers **Holiday Friends** at 3pm on Friday.

Then run off the lager calories Saturday morn, with 10th annual **RUN ON THE RIVER HALF MARATHON, 10K/5k, fundraiser for Astoria Parks and Rec Community Foundation sponsored by Buoy.** More lager follows, music by the Hackles, event mugs and tokens, and opportunity to join Buoy Beer Club (w/ perks like discounts on drafts, packaged beers, merch and brewer events). A beautiful day on the river that can't be beat!

Mother's Day Tea & Scones Flavel House Museum.



Treat the mothers in your life to a delightful afternoon of tea and scones in the Flavel House Museum dining room on **Saturday, May 13th, from 1:00 to 4:00 pm.** For just \$14.00 per person or \$10.00 for CCHS members, you will be served hot tea with scones and other sweet pastries. You will also enjoy a self-guided tour of the Victorian mansion. Reservations are encouraged. info@astoriamuseums.org.

HAPPENNINGS in the Lower Columbia Pacific Region

Tuesday 9

LECTURE & LITERARY

Wordfest. Featuring Marianne Monson, Mary Putka, and Ashley Bugge. 6 – 8pm at St Stephen's Episcopal Church in Longview.

Thursday 11

HAPPENING

PNW Sailing Days – PNW Offshore Race. A yacht race from the mouth of the Columbia River to Victoria, BC. Race Start & Blessing of the Fleet at 11pm at the Port of Ilwaco.

Friday 12

MUSIC

Holiday Friends. 3 – 8pm at Lager Fest in Astoria.

Flying Caravan. \$5, 21+, 8-10pm, at Other Brothers Bar in Cannon Beach.

Artist/Music Showcase. Free, 7 -9pm at Tillamook Fairview Grange.

THEATER & PERFORMANCE

Sylvia. \$20 - \$25, 7pm at the Coaster Theater in Cannon Beach.

HAPPENING

Lager Fest. Celebrate the wonderful world of lagers with live music, great company, and unbeatable river views. At the original Buoy Beer location on the Riverwalk in Astoria.

Fort to Sea Trail Bird Hike. Join a Park Ranger on a guided walk to look for and identify birds. 9am at the Fort to Sea Trailhead at Sunset Beach, Warrenton.

Pacific Coast Running Festival. Kids 1/2 mile or 1 mile Dashes, Kids Pedal and Dash, 5K, 10K, Half Marathon, NEW Sand Marathon and a 12.6 mile "Tour De Pacific" bicycle tour. In Long Beach. FMI and registration, visit whyracingevents.com

Cannon Beach Fat Bike Festival. \$40. Link to schedule and registration at cannonbeach.org

Saturday 13

MUSIC

JAZZ at the Loft. Portland Pianist George Colligan and Trio perform, with special guest, singer Kelley Shannon Stargazer. \$35, VIP Tickets with dinner, \$50. 7pm in the Loft at the Red Building in Astoria. Get tickets at ticketstripe.com

Old Town Diamonds, Sole Proprietors. Country/Rockabilly/Punk/Rock/Soul. \$10, 21+, 8pm at the Labor Temple in Astoria.

Jim Faddis with Dale Atkins. Americana. \$20, 4pm at the Peninsula Arts center in Long Beach.

Forest Veil. No cover, 8 - 9:30pm at the Sou'wester Lodge in Seaview.

Flying Caravan. Psych Folk. \$5 cover, 6 – 8pm at Burly and the Bean in Seaside.

Lloyd Jones. \$5, 21+, 8-10pm, at Other Brothers Bar in Cannon Beach.

ART

Second Saturday Art Walk. 5 – 8pm in downtown Astoria.

LECTURE & LITERARY

Warrenton Library After Dark. With local author Marianne Monson. 4 – 5pm at the Warrenton Library.

THEATER & PERFORMANCE

Sylvia. \$20 - \$25, 7pm at the Coaster Theater in Cannon Beach.

HAPPENING

Run on the River. 10K and 5K. Registration includes a shirt, medal, lunch, and a beverage from Buoy Beer Company. \$60 for 5K, \$75 for 10K. 10K starts at 10am, 5K starts at 11am at the 7th St platform by Buoy Beer in Astoria. Pre-register at astoriaparksfoundation.com

Lager Fest. Celebrate the wonderful world of lagers with live music, great company, and unbeatable river views. 11am – 8pm at the original Buoy Beer location on the Riverwalk in Astoria.

Volunteer Open House. 1 – 3pm at Ten Fifteen Theater in Astoria.

Plant Sale and Conference. 9am at Clatsop County Fair & Expo, Astoria.

Mother's day Tea and scones. \$10 - \$14, 1 – 4pm at the Flavel House Museum in Astoria.

Pacific Coast Running Festival. Kids 1/2 mile or 1 mile Dashes, Kids Pedal and Dash, 5K, 10K, Half Marathon, NEW Sand Marathon and a 12.6 mile "Tour De Pacific" bicycle tour. In Long Beach. FMI and registration, visit whyracingevents.com

Cannon Beach Fat Bike Festival. \$40. Link to schedule and registration at cannonbeach.org

Migratory Bird Celebration. Join local conservation, education and community science organizations to learn about and celebrate our birds. 10am – 2pm at Lower Nehalem Community Trust's Alder Creek Farm in Nehalem. Please RSVP at nehalet-trust.org/birds

Nehalem Bay Garden Club Plant Sale. 10am – 3pm at 4380 North Fork Rd, Nehalem.

Sunday 14

MUSIC

Live Music. No cover, 6pm in the Lovell Building at Fort George in Astoria.

Ensemble Sangineto. \$30, 7pm at the Lincoln City Cultural Center.

HAPPENING

Pacific Coast Running Festival. Kids 1/2 mile or 1 mile Dashes, Kids Pedal and Dash, 5K, 10K, Half Marathon, NEW Sand Marathon and a 12.6 mile "Tour De Pacific" bicycle tour. In Long Beach. FMI and registration, visit whyracingevents.com

Mother's Day Tea. \$38, 8am – 2pm at the Shelburne Hotel in Seaview. Make your reservations at opentable.com

Cannon Beach Fat Bike Festival. \$40. Link to schedule and registration at cannonbeach.org

Nehalem Bay Garden Club Plant Sale. 10am – noon at 4380 North Fork Rd, Nehalem.

Tuesday 16

HAPPENING

Columbia River Estuary Conference: Reconnection. Bringing together restoration practitioners, scientists, researchers, and others interested in the ecosystems and restoration of the lower Columbia River, its estuary, plume and nearshore ocean. \$100 for all 3

WEEKLY EVENTS

DROP - IN TAROT

Saturdays 3-6 at Weird Sisters Freak Boutique. These are great for an introductory tarot experience or just for a quick check in. 1004 Marine Drive Astoria \$5 per card, 3 card max. **More info:** juliahesse.com Immerse, amuse, and amaze yourself in the wonderful Weird Sisters Freak Boutique experience while you wait.



TUESDAY

Bingo Night. 6 – 8pm at Pelican Brewing Company – Cannon Beach.

WEDNESDAY

Live Bluegrass Music. With Small Towne. No cover, 6-8pm at Burly and the Bean in Seaside.

Triva at the Merry Time. Trivia with host Sara Lu. 21+ . Sign-ups at 6:30 and play at 7pm. Bingo-Trivia at 9pm. General Trivia \$2 per person to play: win cash and fun prizes. At the Merry Time Bar in Astoria.

THURSDAY

Guitar Noir with Joey Altruda. Jazz standards. 5 – 7pm at WineKraft in Astoria.

Karaoke with Lorraine. No cover, 7 – 10pm at the Labor Temple in Astoria.

Small Farms Marketplace. Shop for eggs, veggies, bread, meat, prepared food, tea, coffee, and more. Customers can shop online Sunday-Tuesday each week and pick up their order Thursday 3-6pm at the North Coast Food Web in Astoria.

Crafternoon. Come in person or Online to Craft and make friends. All crafts and skill levels welcome. 1 - 3pm at Purly Shell Fiber Arts in Ilwaco.

Trivia Night. 6 – 8pm at Pelican Brewing Company – Cannon Beach.

FRIDAY

Skate Night. Roller skating family fun. 5 – 9pm at the Astoria Armory.

Virtual Open Mic. Live online from the Peninsula Arts Center in Long Beach. 6:45 – 8:30pm. [get link](#)

Spirit Dance 2.0. Free-form dance. Music by DJ Pranawave. Suggested donation, \$10. Free for kids. 6 - 8pm. At Pine Grove Community Club in Manzanita.

Garibaldi Jam. Old-time favorites and Country-Western standards. Admission by donation. 6 – 8pm at the Garibaldi Community Hall.

SATURDAY

Skate Night. Roller skating family fun. 5 – 9pm at the Astoria Armory.

Tarot readings with Julia Hesse. \$5 per card, 3 card max. Saturdays 3-6 at Weird Sisters Freak Boutique in Astoria

SUNDAY

Sunday Nostalgia with Barbara Anne. Folksinger Barbara Anne plays folk rock, covers and originals, and often is joined by her musical friends. 1-4pm at Winekraft in Astoria

Karaoke with Connor. No cover, 7 – 10pm at the Labor Temple in Astoria.

Sunday Gems. Open Jams 3 – 6pm at the Other Brother's Bar in Cannon Beach.

LIVE MUSIC • THEATRE • PERFORMANCE



LUPULIN ECSTASY FESTIVAL

PARTY ON THE MANSION LAWN!!!! Another block of tickets released, and another block of festival real estate added to this day dedicated to 30+ Fort George 3-Way IPA collaborators—plus baby goats, a giant pot of gumbo, wandering magician, inflatable animals, food carts and other stuff!

Ticket gets you into the Flavel Mansion and Film Museum
Rising Eastern Oregon songstress Margo Cilker headlines, along with Patterson Hood (of the Drive-By Truckers), and The Cave Singers.

Ticket gets you into the Flavel Mansion and Film Museum. All this happens in one magical afternoon, Saturday May 20, 12-6pm in downtown Astoria. Tickets at Fort George Brewery.com.

days, half price for Clatsop County residents and students. Starting at 8:30am at the Liberty Theater in Astoria. Registration link at estuarypartnership.org

Wednesday 17

MUSIC

The Brothers Reed. Bluegrass and more. \$20, 4pm at the Peninsula Arts center in Long Beach.

LECTURE & LITERARY

Story Hour: Stories to Amuse and Delight. Faculty and staff from Clatsop Community College will read Stories to Amuse and Delight from printed works. In the Library Lounge at CCC in Astoria.

HAPPENING

Columbia River Estuary Conference: Reconnection. Starting at 8:30am at the Liberty Theater in Astoria. Registration link at estuarypartnership.org

Thursday 18

ART

Annual Student art Show & Reception. 6 – 8pm at the Royal Nebeker Art Gallery at CCC.

LECTURE & LITERARY

Poetry Reading. Anis Mojgani, Oregon Poet Laureate, will give a special reading with Q&A to follow. Free, 6pm at the Astoria Public Library.

HAPPENING

Columbia River Estuary Conference: Reconnection. Starting at 8:30am at the Liberty Theater in Astoria. Registration link at estuarypartnership.org

Friday 19

MUSIC

John Orr Jazz. \$5, 21+, 8-10pm, at Other Brothers Bar in Cannon Beach.

THEATER & PERFORMANCE

Magic and Mindreading with Seth Howard. Howard brings comedy and mindreading to the stage. Slight of hand

performer Jay Frasier opens. Adults \$20. Kids \$10. 7pm at the Ten Fifteen Theater in Astoria.

Sylvia. \$20 - \$25, 7pm at the Coaster Theater in Cannon Beach.

Trash Tales II Storytelling & Raffle. \$20, 6 – 8pm at Rockaway Roastery in Rockaway Beach.

HAPPENING

Battery Russell Bird Walk. Join a Park Ranger on a guided walk to look for and identify birds. 9am at Battery Russell in Fort Stevens State Park, Warrenton.

Saturday 20

MUSIC

Alice Dimicle. Folk Diva. 7:30pm.KALA Performance Space. Tickets \$20 @ kalaastoria.com

Beardz II Men. 80s-90s Hip-Hop and R&B tribute band. \$18, 21+, 8pm at the Labor Temple in Astoria. Advance tickets at Eventbrite.com

The Barbaras. No cover, 8 - 9:30pm at the Sou'wester Lodge in Seaview.

Small Towne. \$5, 21+, 8-10pm, at Other Brothers Bar in Cannon Beach.

Western Supply Company Spring Dance Concert. Live Honky Tonk. Suggested donation of \$10 - \$20. 7pm at the Bay City Arts Center.

Queer Prom. Adult Dance, 18+. Dress code is from business casual to formal wear. On theme costumes allowed so long as appropriate. Please no sweats or light wash, faded, ripped jeans. \$20, 8 – 10pm at the Port of Tillamook Bay.

ART

Trash Bash Art Festival Trashion Show. With musical guests Johnny Wheels & the Swamp Donkeys. \$20, 4 – 9pm at Nehalem Bay Winery, Nehalem.

THEATER & PERFORMANCE

Sylvia. \$20 - \$25, 7pm at the Coaster Theater in Cannon Beach.

Poet Laureate of Oregon Anis Mojgani

THE ASTORIA WRITER'S GUILD will welcome Anis Mojgani, the 10th Poet Laureate of Oregon on **THURSDAY, MAY 18, 6pm** at the Astoria Public Library, with a Q&A to follow. Free to the public.

A national and international Poetry Slam winner, Anis is known for his performances and well regarded for them the world over, Anis has performed at hundreds of universities across the U.S.; festivals around the globe such as the Sydney Writers Festival, Jamaica's Calabash festival, and Seoul's Young Writers Festival; and for audiences as varied as the United Nations and the House of Blues. The author of six books of poetry and the libretto for Sanctuaries, his first children's book is forthcoming from Holiday House/Neal Porter Books; his latest poetry collection, *The Tigers They Let Me*, comes out in June.

Through his work he often explores ideas connected to diaspora, memory, grief, and vulnerability. Originally from New Orleans, Anis lives in Portland Oregon where he can be found making art in his studio and occasionally reading poems from out its window at sunset to others.

Writer's Guild Poetry Workshop

In this generative poetry workshop led by Armin Tolentino, explore, experiment, and play with various poetry techniques, especially sound and metaphor, to turn a blank page into the first draft of a new poem. Attend this virtual workshop from the comfort of your home, via Zoom. Log-in credentials will be provided to attendees via email.

ARMIN TOLENTINO is currently serving as the Poet Laureate of Clark County. He earned his MFA at Rutgers University in Newark. He is the author of *We Meant to Bring It Home Alive* (Alternating Current Press, 2019), and his poetry has appeared in Hyphen Magazine, Arsenic Lobster, The Raven Chronicles, and elsewhere.

Workshop: Saturday May 13, 10am – 12pm. Free tuition for Guild members. (non-members pay a reduced workshop fee of \$25). Need-based scholarships are available. To register, go to the Guild website at www.thewritersguild.org



HAPPENING

Jeep Go Topless Parade. Starting at 10 am at the Bolstad Beach Approach in Long Beach.

Knappton Cove Heritage Center Open House. 1 – 4pm at 501 State Route 401, between Astoria and Naselle.

Lupulin Ecstasy Festival. journey through the history of Astoria as you wander the grounds of the Flavel Mansion and Oregon Film Museum. Live music, special attractions, food, and tastes of IPAs. \$79, noon – 6pm at the Flavel House and Orgeon Film Museum in Astoria. Get tickets at Eventbrite.com

Spring Wine Walk. 3 – 6:30pm in downtown Seaside.

20th Annual Soup Bowl Fundraiser. 5 – 8pm at the Bob Chisholm Community Center in Seaside.

23 Annual Show & Shine. Car show. 9am -2pm on Laurel Avenue in downtown Tillamook.

Spring Rummage Sale. 9am - 3pm at Tillamook Swiss Hall.

Young Pros Group Hike. Dog friendly. Light snacks and water will be provided. Meets at Bay Ocean Spit at 10am.

Sunday 21

MUSIC

Live Music. No cover, 6pm in the Lovell Building at Fort George in Astoria.

Daimh. \$25, 7pm at the Lincoln City Cultural Center.

LECTURE & LITERARY

Oregon Women Artists: 150 Years Strong. With Bonnie Laing-Malcomson. \$15, 1 – 2:30pm at the Hoffman Center in Manzanita.

THEATER & PERFORMANCE

Sylvia. \$20 - \$25, 3pm at the Coaster Theater in Cannon Beach.

HAPPENING

Artful Breakfast. All you can eat eggs, pancakes, beans, salsa, fruit, and more. \$5, 8am – noon at the Bay City Arts Center.

Tuesday 23

MUSIC

Celebration Musicae – A Recital. James Achilles features his private students in recital. Free, 7 – 9pm at the PAC in Astoria.

Wednesday 24

MUSIC

An Evening with David Arkenstone and Friends. \$23 - \$36, 7:30pm at the PAC in Astoria.

Thursday 25

THEATER & PERFORMANCE

The Dining Room. Drama. 7:30pm at Theater West in Lincoln City.

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Sarah Cohen - Artistic Director of Dance

Music ~ Dance ~ Performing Arts

HAPPENING

Friends of the Library Sale. 8am - 5pm at North Tillamook Library in Manzanita.

Friday 26

Milo Graamans & Friends. Original and Classical music. \$20, 7pm at the Lincoln City Cultural Center.

THEATER & PERFORMANCE
Sylvia. \$20 - \$25, 7pm at the Coaster Theater in Cannon Beach.

The Dining Room. Drama. 7:30pm at Theater West in Lincoln City.

HAPPENING

World's Longest Garage Sale. Throughout the Long Beach Peninsula.

Old Fort Stevens Bird Walk. Join a Park Ranger on a guided walk to look for and identify birds. Meet up at 9am at the Museum at Fort Stevens state Park, Warrenton.

Friends of the Library Sale. 8am - 5pm at North Tillamook Library in Manzanita.

Saturday 27

MUSIC

UNCle Mary. Funky Jump Blues Trio. 7:30pm \$15. KALA Performance Space.

Groovy Wallpaper. Cello and percussion. \$20, 4pm at the Peninsula Arts center in Long Beach.

Yawa. No cover, 8 - 9:30pm at the Sou'wester Lodge in Seaview.

ART

Chinook Arts and Crafts Fest. 10am - 3pm at the Historic Chinook School Event Center in Chinook.

THEATER & PERFORMANCE

Miss MINSKY Presents: Burlesque. Burlesque/variety performances. \$15, 21+, 8pm at the Labor Temple in Astoria. Get tickets at Eventbrite.com

North Coast Comedy Night. Featuring Kyle Kinane. \$15, 18+, 8pm at the Liberty Theater in Astoria.

Sylvia. \$20 - \$25, 7pm at the Coaster Theater in Cannon Beach.

The Dining Room. Drama. 7:30pm at Theater West in Lincoln City.

HAPPENING

World's Longest Garage Sale. Throughout the Long Beach Peninsula.

Friends of the Library Sale. 8am - 5pm at North Tillamook Library in Manzanita.

Sunday 28

MUSIC

Live Music. No cover, 6pm in the Lovell Building at Fort George in Astoria.

ART

Ilwaco Art Walk. 1-4pm at the Port of Ilwaco.

Chinook Arts and Crafts Fest. 10am - 3pm at the Historic Chinook School Event Center in Chinook.

THEATER & PERFORMANCE
Sylvia. \$20 - \$25, 7pm at the Coaster Theater in Cannon Beach.

HAPPENING

World's Longest Garage Sale. Throughout the Long Beach Peninsula.

Monday 29

HAPPENING

World's Longest Garage Sale. Throughout the Long Beach Peninsula.

Wednesday 31

MUSIC

Fred Carter. \$15, 4pm at the Peninsula Arts Center in Long Beach.

Thursday 1

THEATER & PERFORMANCE

The Dining Room. Drama. 7:30pm at Theater West in Lincoln City.

Friday 2

MUSIC

13th Tenor Guitar Gathering. Workshops and concerts. \$20/ workshop, \$20 per concert. Concert at 7pm at the PAC in Astoria. Schedule and tickets at tenorguitar.org

In the Pink. Pink Floyd tribute band. \$25, 21+, 8pm at Times Theater & Public House in Seaside. Get tickets at Eventbrite.com

THEATER & PERFORMANCE

Sylvia. \$20 - \$25, 7pm at the Coaster Theater in Cannon Beach.

The Dining Room. Drama. 7:30pm at Theater West in Lincoln City.

Saturday 3

MUSIC

13th Tenor Guitar Gathering. Workshops and concerts. \$20/ workshop, \$20 per concert. Concert at 7pm at the PAC in Astoria. Schedule and tickets at tenorguitar.org

Jeremy Ferrara. 8pm at the Sou'wester Lodge in Seaview.

In the Pink. Pink Floyd tribute band. \$25, 21+, 8pm at Times Theater & Public House in Seaside. Get tickets at Eventbrite.com

ART

First Saturday Art Walk. 5 - 7pm in the Gilbert District in Seaside.

THEATER & PERFORMANCE
Sylvia. \$20 - \$25, 7pm at the Coaster Theater in Cannon Beach.

The Dining Room. Drama. 7:30pm at Theater West in Lincoln City.

HAPPENING

Diva Drag Brunch. \$15, starts at noon at the Merry Time in Astoria.

50's Cruise Reunion. Car show. Hot Rods, Cars, Trucks, and special interest vehicles on display. At Camp Rilea, Warrenton.

VISUAL ART

Spring Unveiling Art Festival. In Cannon Beach. cbgallerygroup.com

HAPPENING

MERTS Open House. 9am - 2pm at the CCC MERTS campus in Astoria.



Astoria Music Conservatory Klds get ready for Broadway

North Coast Chorale and Astoria Conservatory perform West Side Story, Les Miserables, and The Sound of Music.

Beauty Out of Chaos.

That's the theme for the North Coast Chorale's upcoming concert. On Friday, May 19 at 7pm. and Sunday, May 21 at 4pm the Chorale will present selections from *West Side Story*, *Les Miserables*, and *The Sound of Music* at the Larsen Center, 588 Franklin Street in Astoria. Tickets are \$17 and are available now by going online to: www.charlenelarsencenter.org or by calling (503)338-9132.

This NCC concert features Phyllis Taylor on the cello, and a variety of Chorale soloists, along with the Modern Dance and Musical Theatre/Children Chorus from the Astoria Conservatory of Music. As it is the Chorale's goal to incorporate as many of the local arts as possible into its performances, this sort of collaboration will be seen in future performances.



Director, Dr. Vincent Jones-Centeno, sees the concert, "Beauty Out of Chaos", as an illustration of how, since time began, humankind has been plagued with social injustice in its many forms. The music of Bernstein & Sondheim (WSS), Rogers & Hammerstein II (Sound of Music) and Schonberg,

Boubil, Natil & Kretzner (Les Miserables) identify with the struggle and co-existence of different social classes, nationalities, and cultural and religious beliefs. These pieces exemplify the beauty of how the strength and determination of humankind endeavor to move beyond injustice to hope and harmony. The Chorale anticipates an inspiring production for all who attend.

As a Partner of the Partners for the Pac(PAC), North Coast Chorale supports the continued existence of the Charlene Larsen Center for the Performance of Arts.

The Chorale receives support from Oregon Arts Commission.



Groovy Wallpaper

Skip von Kuske is Portland's foremost cellist and Don Henson is known for his Rube Goldberg-like percussion set up and performance. To call them a cello and percussion duo would fall far short of the mark. **Saturday, May 27, 4pm at the Peninsula Arts Center. Tickets \$20.** peninsulaartscenter.org

Astoria Visual Arts 9th Annual County Student Art Show

ASTORIA VISUAL ARTS (AVA) is proud to showcase local student artists for the 9th annual Clatsop County Student Art Show at the AVA Gallery. The show runs May 13 through June 4 and is juried for cash awards and prizes. The exhibition brings together students from Astoria, Knappa and Warrenton High Schools along with youth attending Astoria Choice Academy and homeschool students. Each student created artwork on a 12"x12" wood panel, with over 150 panels distributed. Wood panels were graciously donated by City Lumber in Astoria. Art appreciation and art-making are

immensely valuable skills for students' personal and academic development.

Join in celebrating these talented young artists and in thanking the art teachers at each school during the open reception at AVA on May 13 from noon to 8:00pm. A short artist reception and award ceremony will take place at 5:00pm. Each artwork



Lauren S. Warrenton High

will be available for sale for \$50 each, with students receiving all proceeds from each sale.

This exhibit is supported by AVA's Miss Bea Johnson Fund, founded in 2011, that advocates for the importance of art education for student's personal and academic development, and provides learning opportunities for students to build knowledge and develop skills in the visual arts. This program provides weekly art classes for students at Astoria Choice Academy, quarterly workshops at local high schools. AVA also organizes a field trip to Portland each year for students from each school and hosts an annual art exhibit.

AVA Gallery is open to the public Friday/Saturday from 12pm to 4pm. Attend the opening during the art walk from 12noon to 8pm on April 8. Located at 1000 Duane Street in Astoria. astoriavisualarts.org

Call for Art: My Astoria

Astoria Visual Arts (AVA) and the Cannery Pier Hotel & Spa collaborate for a second year to host a regional call for artists to submit artwork to be considered for the permanent col-

lection at the Cannery Pier Hotel. My Astoria is the theme of this year's project.

The Cannery Pier Hotel provides luxury accommodations to visitors from across the globe. One selected artwork will be prominently featured on display at the hotel. Artists residing in Clatsop or Pacific County, working in two-dimensional media, are invited to submit artwork for consideration. Artwork will be selected by a panel of representatives from the Cannery Pier Hotel and regional arts professionals. The selected artist will receive a \$1500 purchase award for their artwork and the image may be represented on various promotional materials for the hotel. An artist reception and unveiling will take place during Artwalk on July 8.

How to Apply: Submit up to three, high quality images via email to astoriavisualarts@gmail.com and include a short bio about their artistic background. Strong candidates' artwork will represent the rich, iconic imagery of Astoria and the Columbia Pacific Region. See the full prospectus on AVA's website at www.astoriavisualarts.org. Artwork submissions must be received by June 15, 2023.

Opportunity for Regional Artists

Astoria Visual Arts (AVA) invites local artists residing in Clatsop or Pacific County to apply to be AVA's next artist-in-residence. One artist will be selected to receive in a rent-free studio space at the Astoria Studio Collective located at 372 10th Street for a period of six months, July 1 through December 30, 2023. Artists working in any media are encouraged to apply. The deadline for applications is June 10.

AVA's artist-in-residence program is designed to encourage the creative, intellectual and professional growth of local artists. Residency finalists are chosen on the basis of merit by a selection panel of working artists and arts patrons. Those who have applied in the past are encouraged to reapply with an updated portfolio and statement reflecting updates and changes. Since 2015, 33 artists have been awarded the AVA artist-in-residence.

FMI about AVA a-i-r and how to apply, go to: www.astoriavisualarts.org.



Avya H, Warrenton High

May Exhibitions at RIVERSEA

RiverSea Gallery presents two shows opening Saturday, May 13 during Astoria's Artwalk. Casebeer exhibits mixed media collage and Carol Greiwe offers a new collection of contemporary art jewelry. The Artwalk reception begins at noon on May 13. Meet the artists from 5:00 - 8:00 and enjoy live music beginning at 5:30. Casebeer's show continues through June 6 and Greiwe's jewelry will remain on view through May 31, 2023.

Show, Don't Tell is an exhibition of narrative collage by **Casebeer**, who views her works as psychological landscapes, "the place where the invisible barriers and tensions between the conscious and the subconscious intersect and bring fragments together as a whole." Her particular genius is the integration and juxtaposition of image and phrase to create an introspective statement, often served up with a sly dose of wit. She combines collage and painting with language, all sourced from vintage magazines, old posters, math books, and random fragments of overheard



Casebeer, *Radiant or Falling*

conversations. Casebeer is an inveterate and astute observer of modern life, always collecting ideas. Her art is autobiographical and also a story of the times we are living in.



Greiwe, *Ring Trio*

Jewelry artist **Carol Greiwe** returns to RiverSea with a show of her latest collection, titled *Grace at the Still Point*, inspired by the movement of dance, the forms in nature, and the stillness of architecture. Her modern, sculptural art jewelry features innovative combinations of pearls, gems, and her own handcrafted ceramic stones set in silver with accents of gold. Sophisticated metalsmithing techniques and an edgy contemporary aesthetic make this jewelry wearable art. Each piece is captivating in its striking simplicity, one-of-a-kind, and fabulous. Based in Portland, Oregon, Greiwe exhibits her work nationally in premier juried art shows.

RiverSea Gallery is open daily at 1160 Commercial Street in Astoria. Mon Thru Saturday, noon to 5; Sunday, noon to 4. 503-325-1270 www.riverseagallery.com

The Ancient Art of Glass Making The ART Loft

ASTORIA ART LOFT will honor the ancient fine art form of fused glass with an exhibit of work by **CHRISTINE KENDE** and other local glass artists. Kendé combines metals - silver, copper, gold with glass to produce stunning landscapes, seascapes, and more. The many pieces show the great depth and detail that result from repeated firings.

Thousands of years ago, glass was as precious as gold and silver. The Egyptians, the Romans, and the Greeks used fusing as the primary technique for producing glass until the Romans developed the glass blowpipe. Blown glass was easier to produce and less expensive, so fused glass fell out of favor around the 3rd century A.D. Blowing glass was the preferred method to produce glass objects for hundreds of years.

In the 19th century, in France, fused glass became fashionable again. Artists produced vividly colored objects including decorative art, vases, jewelry, and other objects. Fused glass enjoyed a significant resurgence in the U. S. beginning in the 1960's.

Astoria Art Loft is at 106 Third Street, Astoria, OR 97103. Phone: 503.325.4442 email: astoriaartloft@gmail.com Located directly above Fine Art Supply on Marine Drive, the Art Loft is open Tuesday through Saturday, 10:00 a.m. - 4:00 p.m. All are welcome.



Ash Stone, *Indelible*

LightBox "New Visionaries"

LIGHTBOX Photographic Gallery opens "New Visionaries" on Saturday, May 13 with an opening artists reception from 4 - 7 p.m. This group exhibition celebrates the Oregon Educational Photographic Community and recognizes the gifted students enrolled in Oregon University Art departments. Artwork using any photographic processes was considered with work that features the unique vision and creativity of the photographer. Thirty student photographers from around the state were selected to exhibit along with invited faculty. The exhibit is juried by the members of The Guild at LightBox.

The exhibit runs from May 12 through June 7, 2023. Complete show info is on the LightBox website at lightbox-photographic.com/shows/. Contact LightBox at 503-468-0238 or info@lightboxphotographic.com. LightBox is located at 1045 Marine Drive in Astoria, hours are Wednesday - Saturday, 12 - 5pm.

jazz at the Loft

MAY
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7pm

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George Colligan Piano Trio

Special Guest



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or call 971-286-8266



Kathleen Faulkner The View from Here IMOGEN Gallery

IMOGEN announces the extension of a solo exhibition for Northwest artist Kathleen Faulkner, her first show at Imogen. Faulkner who works in oil and oil pastel, brings a new series of paintings depicting the quiet places, focusing on the landscape of the coastal Pacific Northwest. She conveys a meditative sense within her work, a gentle and serene interpretation of coastal waterways

and forests, while reflecting on past and future of these places and the sustainability of them. Stop by and breathe in the beauty. The exhibition will remain on view through June 5th.

Imogen Gallery is located at 240 11th Street. Open Thurs - Mon 12 to 5pm, Sun 12 - 4, closed Tue/Wed.
www.imogengallery.com 503.468.0620



A Quiet Afternoon, oil, pastel on panel 20x24

HOFFMAN CENTER FOR THE ARTS May Show

COMING to the Hoffman Gallery in May is artist and avid fisherman **Jim Koudelka**, exhibiting his unique fly-tying stations as well as various ceramic works. Koudelka owns and operates "Forest to Fly," a small business that designs and makes tabletop fly-tying stations out of Portland, Oregon. He is also a highly skilled ceramicist, currently working on "Pastime Pots," a series of cups, mugs, and bowls inspired by fly fishing. Koudelka creates pieces aesthetically unique and functional.

Portland artist and part time Neahkahnie Beach resident, **Jenny Siegel's** background in design and healing has led her to a dedicated creative practice and somatic exploration. Siegel shows "Fluid Bodies," a series of mixed media paintings which explore the

interconnectedness of bodies of water that cover much of our planet, and the elemental fluid in our own bodies.

Photographer **Michael Krall** presents "Flight of Ideas," soft and ethereal abstract photos of Dunlin in flight against the blue and green bay. As a photographer, Krall is attracted by the range and diversity of nature, capturing mystery, beauty, and timelessness in images. He splits his time between Netarts and Portland.

View art May 4 through May 27, Thur-Sun 12-5pm. An artists' reception will be held 3-5 pm on May 6. Artists will speak about their work and answer questions. Hoffman Center for the Arts is located at 594 Laneda Avenue, Manzanita, Oregon.



M. Krall



J. Koudelka,



J. Siegel



NORTH COAST CHORALE

Featuring Astoria's Conservatory of Music
Children's Choir & Ballet Dancers

Dr. Vincent Jones-Centeno, Director

Presents

BEAUTY OUT OF CHAOS

Music from West Side Story, Les Miserables,
and Sound of Music

FRI., MAY 19 AT 7 PM AND

SUN., MAY 21, 2023 AT 4 PM

Charlene Larsen Center for the Performing Arts

588 16th Street, Astoria OR

Tickets: \$17 online at charlenelarsencenter.org

Or call 503-338-9132

Members of the Partners for the PAC

With support from the Oregon Arts Commission

Brumfield Gallery Carla O'Connor

OPENING MAY 13, Brumfield Gallery presents 23 new paintings by artist Carla O'Connor. Working in watercolor and gouache, Carla layers textures over figurative imagery to create bold designs with strong emotion. She works in an intuitive style that balances realism and abstraction. Carla says of the show, "Many of these are my responses to these past years of the Covid world pandemic and its effect on my art world, the women's movement, quarantine, and a long dry spell when I lost my inspiration to paint - and what brought me out of that time."

"My work addresses the passage of time - the human response to the internal and external events that change and shape our lives. The work has evolved like a continuous spiral, always circling around to a new beginning and provides me with a visual narrative to express all those moments and experiences - both minuscule and monumental. It is my means to communicate a personal vision into the strengths and fragility of life."

Carla O'Connor received her BFA in painting from Kent State University, and continued her studies through educational institutions. She taught workshops for many years, sharing her techniques while encouraging her students to find their own voice.

Carla will be present in the gallery for an artists' reception with Cary Weigand on June 3, 5-7pm.

Brumfield Gallery showcases ceramic and mixed media sculptures and figurative painting. The gallery is open Wed through Sat 11am-5pm/ Sun 11am-4pm. Located at 1033 Marine Drive in Astoria, Oregon. www.brumfieldgallery.com.



Mystery

White Bird Gallery

WHITE BIRD GALLERY presents a line-up of contemporary artists being showcased for the Spring Unveiling 2023 exhibition. The new show includes a dynamic grouping of abstract canvases, by Christopher Mathie, an exquisite collection of blown glass sculpture of husband and wife team Jeremy Newman & Allison Ciancibelli, plus miniature paintings and jewelry created with layers of resin. by Faryn Davis.

The artists on display use their connections to the natural world as a point of inspiration in their artworks. Stop by the gallery through June 20th to experience the array of creativity in this new exhibit!

The gallery is located at 251 N. Hemlock in Cannon Beach, open daily 11am - 5pm.



Jeremy Newman & Allison Ciancibelli: Blown Glass Sculpture

Join your neighbors: VOTE YES on Measure 4-221

Voting Yes on Measure 4-221 protects residential neighborhoods in unincorporated Clatsop County from unrestrained commercial development. Without it, there are *no caps or limits* to prevent the continued conversion of homes to short-term rentals (STRs) by out-of-town investors and corporations. Full stop.

Astoria, Warrenton, Gearhart, Seaside and Cannon Beach have laws that limit STRs. For over 40 years, zoning rules developed by and for Clatsop County residents have similarly protected our rural neighborhoods. Your Yes vote upholds that zoning, and gradually retires permits that were erroneously issued by the County from 2018-2021.

Limiting STRs is just one piece of the housing puzzle. But unlike interest rates or building costs, it's a piece we can control, right now, by voting Yes on 4-221. In this historic crisis, when teachers, firefighters, and other workers who serve our community can't find a home at any price, every single home matters.

Please join us in voting YES on Measure 4-221 so we can all preserve the things we love about Clatsop County for the next generation.

www.yeson4221.com

RETURN YOUR BALLOT BY MAY 16, 2023

These neighbors, organizations and businesses urge your YES vote on Measure 4-221

Oregon Coast Alliance (ORCA) - Arch Cape Falcon Cove Beach Community Club - Clatsop County Commissioner Pamela Wev – Astoria City Councilor Andy Davis - Watt Childress, Jupiter's Books, Cannon Beach - Clatsop County Democrats - Kendall and Wade Padgett-McEuen, Green Door Cafe, Astoria - Pastor Bill Van Nostran - Cove Built, LLC - Candice Sweet Smith, Sweet Septic, Seaside - Michelle Valigura, Basalt Gallery, Cannon Beach - Andrea Mazzarella, Realtor - Former Clatsop County Commissioner Kathleen Sullivan - Former Clatsop Co. Planning Commission Chair Nadia Gardner - Susana Gladwin, Clatsop Co. Comprehensive Pan Citizen Advisory Committee, Jewell - Doug Barker, Firefighter and Seaside Chamber (Ret.), Seaside - and thousands more of your neighbors who live, work, and raise families right here in Clatsop County.

A House is not a Home M 4-221

IN THE SUMMER OF 2022, citizen group North Coast Neighbors United (NCNU) began their mission to place referendum Measure 4-221 on the May 2023 ballot. The measure will repeal the county ordinance adopted in June 2022, officially permitting STRs (Short Term Rentals) in 16 County zones in unincorporated Clatsop County.

While citizen action groups start small, and fewer people do largess the volunteering, gathering support is the goal. Attending the county's open markets, NCNU started their campaign, eventually obtaining over 1100 signatures from county residents to get their measure on the ballot. In the process, they were approached for conversation by many out-of-towners from all over the country, offering support, commiserating and validating that the STR surge is indeed widespread.

As a resident who returned to her roots 25 years ago from one of the biggest cities in the United States, cultural mecca L.A., the exchange for small community, from a traffic-lived life was quite frankly a life-saver. Seeing and being a part of the region's cultural churnings over these 25 years is in itself, life-giving, life-affirming. Having 4th generation roots connected to those that came before who protected the way of life, and they holding the respect for those who came before them, this region's spirit and soul will, when it comes down to it, work and fight to protect our environment and relationship to way of life.

Tourism is the new welcoming way of life, and since this region came into western populace, second homes and even vacationers have long roots here. Locally-owned vacation businesses take great care in respect to co-habitation, utilize local workforce, and provide economic boon. But the vast majority of vacation rental investors live in Portland, Seattle, San Francisco and beyond. The profits they create do not remain here. Rental fees are a great investment, going to out-of-area investors, out-of-state investors. Of the \$700,000 transient lodging tax paid by vacation rental businesses, 70% of those funds, by law, must be reinvested into tourism, merely helping to generate more tourism. A comparison would be timber revenues from the Oregon State Forest lands that pay for the running of the Oregon Department of Forestry.

Clatsop County is in housing crisis. There are not enough homes for people to buy or rent. Rental prices for modest dwellings are way beyond the means of many houseless persons in the county. "The per capita rate of homelessness here in Clatsop County is the highest in the state. It's 6 times the state average and 4.6 times Multnomah County's per capita rate of homelessness (- Amy Baker, Clatsop County Behavioral Health, News Release, 3/8/23, careoregon.org)

The writings is on the wall, or lack there of. 100 vacation homes in rural, residential-only neighborhoods contribute to the housing supply problem. The value of homes that are available have been distorted, every home is a potential vacation rental. As stated in the Clatsop County Voter Guide:

- Since 2018, starter homes in Clatsop County have increased in price by 64% to nearly half a million dollars. (Zillow Home Value index for Single Family Homes in Clatsop



Lincoln City, Or.

County, 2/28/23. Zillow.com.home-values/1621/Clatsop-county-or.)

- 58% of new homes built in Clatsop County since 2010 are used as short-tem rentals instead of permanent residential housing. (2019 Clatsop County Housing Strategy Summary Report).

- "Our agency loses about 30% of the applicants in our job pipeline because of lack of housing." Amy Baker, Clatsop County Behavioral Health (News release 3/8/23, careoregon.org)

These statistics do not represent a tiny group of NIMBY'S who want to close off parts of beaches for private communities. While a small group of people have done the footwork, they are bringing attention to a crisis that is plaguing the coast. The not-so-exclusive Cove Beach is approx. one-third local, one-third second homes, and one-third short-term rental. Roads are not paved, and the community runs on septic, designed for a limited amount of people. Local people rent homes there, and with the STR licensing in place, loss of residence to an STR turnover is highly possible. One resident couple of Cove Beach, with an 11 year old son, is surrounded by several STR's. New people in the neighborhood on a weekly basis can give pause to the health and well-being of a child's environment - what their hood might look like.

According to a Cove Beach resident, of recent, a very, very,

very small A-frame house in need of repair sold in Cove Beach. It was listed for an enormous amount, \$500,000. After 20 bids on the place it sold for \$675,000. Geez, wanna buy a bridge?

When the supply of beach houses runs out, will STR investors look to other unincorporated regions. Olney is really just a hop, skip and jump from the beach. It could be marketed as such: Ever hear a real cow moo, catch a frog, smell manure—relax in the country minutes away from glorious beaches.

When I was kid growing up here, we went to Peter Iredale to look at the wreck and bring the dog to run on the beach, and go clam digging. If we were going for a picnic we chose Hug Point for its beauty. As teens we would never have thought to lay on the beach at Peter Iredale. Now on a summer day, it looks like Malibu Beach, every possible spot taken up with a beach blanket, and families come to respite from inland. People dig it.

Will this measure solve the housing shortage—it's only a part of a solution to a massive crisis. If the ballot wins, will it hurt local businesses? Is it not the right solution as its opponents warn, exposing the County to Measure 49 lawsuits.

Will the County Commission as promised, represent the wishes of its constituency, rather than putting monetary value before quality of life?

Proponents state, we have to start somewhere, clean the slate and renegotiate.

ABOUT ROSCOE!

By Kate Cooper • Animal Rescue Volunteer



MEET ROSCOE! Roscoe is a 2 years old, very cute Jack Russell Terrier mix. He's very active all day long. Roscoe loves to run, so a pet parent who is a runner or hiker would be great for him. After a busy day, he'll do some lap sitting and give adorable cuddles.

Roscoe is super friendly and loves everyone! With other dogs, he's selective about who he likes so being the only dog in the home would be best; he shows no interest in cats. Roscoe needs a little leash and manners training, especially "paws down" when he gets excited and jumps on people. But other than some happy jumping, he is a great pup and will be a wonderful family dog!

Please go to:
WWW.BEACHPETS.COM and follow the links to Adopt. Once an application form has been completed, the shelter will reach out to arrange a meet and greet.
More info: 360.642.1180.

word wisdom

"M" is for the many things...

MOTHER'S DAY is almost here! In its simplest form, moms all over our country are honored with cards, gifts and flowers.

Mother's Day dates back to Ancient Greece and Rome in honor of their Mother Goddesses. It evolved over the centuries and in 1908, the first Mother's Day was created by Anna Jarvis, in honor of her mother. She teamed up with flower shops and department stores to help spread the word. It became an official national holiday in 1914. Anna Jarvis watched as Mother's Day spiraled into a commercialized version of her intent. She then lobbied against it and denounced the companies who obviously profited.

Writing about mothers in general can be tricky. So many types of mothers: Good ones, bad ones, crazy ones, long deceased ones. If you feel you had a great mom, count your blessings. For those of you that



Ellen Marcus

By Tobi Nason

feel like you didn't get "mom of the year," here are a few thoughts.

Sometimes mothers repeat what they themselves experienced as children. Sometimes mothers who had bad parents actively choose to do better. And then sometimes there's a little mismatch between mother and child. A hyperactive child may need a mom who gives him/her more freedom, more leeway to be. Maybe the quiet child who likes reading and solitary activities needs a mom that recognizes that and does not get disappointed because the child doesn't want dance classes or lots of group sports.

In an effort to be the best possible mom, it can happen that the

child and his/her needs get sidelined. I have seen that often—a child and mother "mismatched" with lots of misunderstandings, hurt feelings. Finding a common ground to "love" each other can be a challenge.

This Mother's Day, don't try to make it perfect. Don't give flowers and candy if what your mother really wants is a lunch date with you. Ask her. Don't assume.

Mothers and babies bond by one being dependent upon the other. As life goes on, the roles will most likely reverse. Be interested enough to discover who your mother really is and what's in her heart.

Just the way she looked into your baby eyes and wondered . . . who are you? What does life hold for you? How can I help you in life? It's called Love.

Tobi Nason is a mother of two beautiful people. She can be reached for counseling at (503) 440-0587

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GUARDIANS OF THE GALAXY VOL.3 (MAY 5)

The final entry in the Guardians series drops with an extra-long, 150 min., action, joke and chees music packed entry. Gamora's death at the hands of Thanos has left Peter Quill a drunken wreck. Soon after, Quill's problem is solved as Gamora returns, but not the Gamora he knew and loved. This alternate-world Gamora wants nothing to do with Quill which sends him spiraling again. The Guardians are dealt a blow when Adam Berserker (Will Poulter) attacks their outpost and injures Rocket, putting him on life support. The Guardians spring into action to



save Rocket, which means facing up with the High Evolutionary (Chukwudi Iwujii), who created the genetically-modified raccoon in his lab and is now bent on re-populating Earth with similar creatures.

SILo (MAY 5 APPLE TV) Rebecca Ferguson toplines this limited series of an underground society that may not be what it seems. In a dystopian future, thousands of people inhabit a gigantic silo deep underground in a highly-regulated society where dissent is outlawed with the penalty of death. The residents are told that the surface is toxic and going there means death. No discussion is permitted. Even the expressed desire to see the surface for themselves means that person is left there to die. Holston (David Oyelowo) and Allison (Rashida Jones) are a couple trying to have a child. Allision works in IT while Holston is the sheriff. In the course of their work they discover information that causes them to doubt what they've been told. However, it is left to lower-class engineer Juliette (Ferguson) to lead the way to discover the truth.

HYPNOTIC (MAY 12) In director Robert Rodriguez's mindbending sci-fi thriller, Ben Affleck plays detective Daniel Rourke, a man who'll stop at nothing to get his perp and use any means necessary. But Rourke is haunted by the memory of a crime he couldn't solve – the abduction of his seven-year-old daughter Minnie, which led to the end of his marriage. Tipped off that a bank safe deposit box is to be robbed, Rourke and his partner Nicks race to the bank. There, they find a mysterious man (Bill Fichtner) who seemingly has the ability to influence minds. The man commands bank employees and police to stand aside as he enters. In the targeted safe deposit box, Rourke finds a picture of Minnie with the words "Find Lev Dellrayne" written on it. Realizing that the heist and his daughter's disappearance are connected, Rourke follows a lead to psychic Diana Cruz (Alicia Braga) who tells Rourke that the mysterious man is Lev Dellrayne and that he and Cruz are "hypnotics," hypnotists trained by a secret government Division that have the ability to create hypnotic "constructs" of reality. As Dellrayne pursues them, Rourke and Cruz discover that Dellrayne is after a weapon codenamed "Domino" developed by the Division and that Domino and Rourke himself share a secret connection.

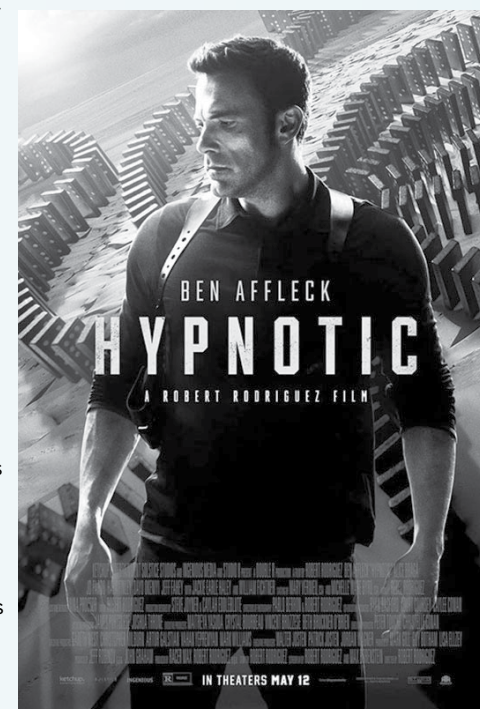
MASTER GARDENER (MAY 19) Veteran director Paul Schrader returns with the very Schrader-like story of a solitary man trying to escape a violent past. Joel Edgerton plays Narvel Roth, a former white supremacist who literally wears his past in the Nazi-tattoos that cover his back. After providing evidence for

the government that resulted in many of his white-power extremists being jailed, Roth is placed in witness protection and now lives the placid, predictable life of a gardener, tending to the grounds of wealthy dowager Norma Haverhill's (Sigourney Weaver) former plantation house. To remain in the haughty, imperious Haverhill's good graces, Roth's duties also extend to the bedroom. Everything changes when Haverhill's mixed-race grand niece Maya (Quintessa Swindell) appears and Haverhill insists Roth take her on as an apprentice. Maya has had her own issues with drugs and an abusive relationship with drug dealer R.G. Despite the incongruity of an ex-white supremacist working with a mixed-race girl, Roth and Maya get along, Maya eventually turning enthusiastic to both gardening and the gardener, a development that causes tension with Norma and R.G. When Maya turns up with a battered face, courtesy of R.G., Narvel reaches into his violent past to secure his and Maya's future.

FUBAR (MAY 25 NETFLIX) Arnold Schwarzenegger stars in his first scripted TV series in this spy-comedy about a father and daughter CIA agents. Synopsis: A father and daughter have both been working as CIA Operatives for years, but each kept their involvement in the CIA hidden from the other. When longtime CIA operative Luke Brenner (Schwarzenegger), he looks forward to reigniting his relationship with his divorced wife. However, after an agent is compromised, Brenner is called back for one last mission. For the mission, he is paired with another CIA operative. Upon meeting her, Brenner is shocked to discover she is his



daughter, Emma. Their entire relationship has been a lie. Upon learning of each other's involvement in the CIA, the pair are forced to work together as partners, and against the backdrop of explosive action, and espionage, learn who each other really are. About My Father (May 26) Comedian Sebastian Maniscalco and Academy Award winner Robert DeNiro team up for this father-son culture clash comedy. Sebastian tells his



immigrant hair stylist father, Salvo (DeNiro), he plans to propose to his WASP girlfriend Ellie (Leslie Bibb). When Ellie's family invites him for a get-to-know-the-prospective-family Fourth of July weekend, this presents a problem for Sebastian, who is reluctant to leave his father alone after his wife passed. Sebastian reluctantly invites Salvo, then tries to tell him how to behave around Ellie's super-rich, eccentric family. But Salvo sees through him immediately. "You're worried your immigrant father's gonna make you look like some kind of goombah." Off they go to Ellie's family compound

which includes tennis courts and pheasants roaming the grounds. While Sebastian tries his best to ingratiate himself, Salvo fits in like a sore thumb, inadvertently insulting his hosts with his traditional views. His old-school ways embarrass Sebastian, but Salvo sets him straight: "I'm trying to make sure you don't make an ass out of yourself by being somebody you're not," he says. "Everything that I do for you, that I've ever done for you, is for your own good."

FREE WILL ASTROLOGY

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h	r	♂	♂	☉	♂	♂	♂
11°	6'	27°	7'	15°	54'	0°	48'

MAY 2023

ARIES (March 21-April 19): Before forming the band called The Beatles, John Lennon, George Harrison, and Paul McCartney performed under various other names: the Quarrymen, Japage 3, and Johnny and the Moondogs. I suspect you are currently at your own equivalent of the Johnny and the Moondogs phase. You're building momentum. You're gathering the tools and resources you need. But you have not yet found the exact title, descriptor, or definition for your enterprise. I suggest you be extra alert for its arrival in the coming weeks.

TAURUS (April 20-May 20): I've selected a passage to serve as one of your prime themes during the rest of 2023. It comes from poet Jane Shore. She writes, "Now I feel I am learning how to grow into the space I was always meant to occupy, into a self I can know." Dear Taurus, you will have the opportunity to grow ever-more assured and self-possessed as you embody Shore's description in the coming months. Congratulations in advance on the progress you will make to more fully activate your soul's code.

GEMINI (May 21-June 20): Georges Rouault (1871-1958) was a Gemini painter who bequeathed the world over 3,000 works of art. There might have been even more. But years before he died, he burned 315 of his unfinished paintings. He felt they were imperfect, and he would never have time or be motivated to finish them. I think the coming weeks would be a good time for you to enjoy a comparable purge, Gemini. Are there things in your world that don't mean much to you anymore and are simply taking up space? Consider the possibility of freeing yourself from their stale energy.

CANCER (June 21-July 22): Britain occupied India for almost 200 years. It was a ruthless and undemocratic exploitation that steadily drained India's wealth and resources. Mahatma Gandhi wasn't the only leader who fought British oppression, but he was among the most effective. In 1930, he led a 24-day, 240-mile march to protest the empire's tyrannical salt tax. This action was instrumental in energizing the Indian independence movement that ultimately culminated in India's freedom. I vote to make Gandhi one of your inspirational role models in the coming months. Are you ready to launch a liberation project? Stage a constructive rebellion? Martial the collaborative energies of your people in a holy cause?

LEO (July 23-Aug. 22): As crucial as it is to take responsibility, it is also essential to recognize where our responsibilities end and what should be left for others to do. For example, we usually shouldn't do work for other people that they can just as easily do for themselves. We shouldn't sacrifice doing the work that only we can do and get sidetracked doing work that many people can do. To be effective and to find fulfillment in life, it's vital for us to discover what truly needs to be within our care and what should be outside of our care. I see the coming weeks as a favorable time for you to clarify the boundary between these two.

VIRGO (Aug. 23-Sept. 22): Virgo-born Marie Laveau (1801-1881) was a powerful Voodoo priestess, herbalist, activist, and midwife in New Orleans. According to legend, she could walk on water, summon clairvoyant visions, safely suck the poison out of a snake's jowls, and cast spells to help her clients achieve their heart's desires. There is also a wealth of more tangible evidence that she was a community activist who healed the sick, volunteered as an advocate for prisoners, provided free teachings, and did rituals for needy people who couldn't pay her. I hereby assign her to be your inspirational role model for the coming weeks. I suspect you will have extra power to help people in both mysterious and practical ways.

LIBRA (Sept. 23-Oct. 22): What are the best methods to exorcize our personal demons, ghosts, and goblins? Or at least subdue them and neutralize their ill effects? We all have such phantoms at work in our psyches, corroding our confidence and undermining our intentions. One approach I don't recommend is to get mad at yourself for having these interlopers. Never do that. The demons' strategy, you see, is to manipulate you into being mean and cruel to yourself. To drive them away, I suggest you shower yourself with love and kindness. That seriously reduces their ability to trick you and hurt you—and may even put them into a deep sleep. Now is an excellent time to try this approach.

SCORPIO (Oct. 23-Nov. 21): As she matured, Scorpio poet Sylvia Plath wrote, "I am learning how to compromise the wild dream ideals and the necessary realities without such screaming pain." I believe you're ready to go even further than Plath was able to, dear Scorpio. In the coming weeks, you could not merely "compromise" the wild dream ideals and the necessary realities. You could synergize them and get them to collaborate in satisfying ways. Bonus: I bet you will accomplish this feat without screaming pain. In fact, you may generate surprising pleasures that delight you with their revelations.

SAGITTARIUS (Nov. 22-Dec. 21): Some primates use herbal and clay medicines to self-medicate. Great apes, chimpanzees, bonobos, and gorillas ingest a variety of ingredients that fight against parasitic infection and help relieve various gastrointestinal disturbances. (More info: <https://tinyurl.com/Primates-SelfMedicate>.) Our ancestors learned the same healing arts, though far more extensively. And many Indigenous people today still practice this kind of self-care. With these thoughts in mind, Sagittarius, I urge you to spend quality time in the coming weeks deepening your understanding of how to heal and nurture yourself. The kinds of "medicines" you might draw on could be herbs, and may also be music, stories, colors, scents, books, relationships, and adventures.

CAPRICORN (Dec. 22-Jan. 19): The mythic traditions of all cultures are replete with tales of clashes and combats. If we draw on these tales to deduce what activity humans enjoy more than any other, we might conclude that it's fighting with each other. But I hope you will avoid this normal habit as much as possible during the next three weeks, Capricorn. I am encouraging you to actively repress all inclinations to tangle. Just for now, I believe you will cast a wildly benevolent magic spell on your mental and physical health if you avoid arguments and skirmishes. Here's a helpful tip: In each situation you're involved in, focus on sustaining a vision of the most graceful, positive outcome.

AQUARIUS (Jan. 20-Feb. 18): Is there a person who could serve as your Über Mother for a while? This would be a wise and tender maternal ally who gives you the extra nurturing you need, along with steady doses of warm, crisp advice on how to weave your way through your labyrinthine decisions. Your temporary Über Mother could be any gender, really. They would love and accept you for exactly who you are, even as they stoke your confidence to pursue your sweet dreams about the future. Supportive and inspirational. Reassuring and invigorating. Championing you and consecrating you.

PISCES (Feb. 19-March 20): Congratulations on acquiring the Big New Riddle! I trust it will inspire you to grow wiser and kinder and wilder over the coming months. I've compiled some clues to help you unravel and ultimately solve this challenging and fascinating mystery. 1. Refrain from calling on any strength that's stingy or pinched. Ally yourself solely with generous power. 2. Avoid putting your faith in trivial and irrelevant "benefits." Hold out for the most soulful assistance. 3. The answer to key questions may often be, "Make new connections and enhance existing connections."

FILM



MAY 13

7PM

COLUMBIAN THEATER
ASTORIA

by heather hirschi

Elemental: Reimagine Wildfire: Hope for the Future in a New Approach to Fire Management

A BREATHTAKING new documentary, which premieres at the **Columbia Theater in Astoria on May 13**, asks Americans to reimagine our relationship to wildfire. Oregonians understand wildfire's devastating impact on local communities. The 2020 fire season saw whole towns destroyed and skies up and down the coast choked with smoke. Lives and homes were lost, a trend that recalled 2018's fires and the decimation of Paradise, California.

Across the West, terrifying fire seasons are a new reality. According to *Elemental: Reimagine Wildfire*, these out-of-control conflagrations are the result of an approach to fire management that no longer serves a warming planet. Climate change and the loss of old growth forests insist that we shift our response to wildfire.

As we prepare for a hotter and hotter future, we can look to the past for urgently needed solutions. The documentary explores the traditional approach to fire of the Yurok Tribe, who practiced controlled burning for generations before settler colonialism. "Fire was a major tool of managing the landscape," says Yurok Tribal Member Rick O'Rourke of the Klamath River Reservation in California. "It's a fire adapted landscape, and we're a fire adapted people. The application of fire kept us in balance." O'Rourke is part of the Yurok Cultural Fire Management Council.

According to fellow Council and Yurok Tribal member, Margo Robbins, fire was used not only to prevent forest conflagration, but to increase the health of plants used for food and tools. Controlled burns help keep meadows alive, which contributes to biodiversity.

The Yurok understand that fire management is not a "fight." O'Rourke claims, "I don't fight fires. I light them." According to *Elemental: Reimagine Wildfire* director Trip Jennings, "What we learn from [the Yurok's Cultural Fire Management Council] is that fire just is; characterization of fire as good or bad is kind of irrelevant. That's the ecology of almost every terrestrial ecosystem, and we need to live in that reality."

The film affirms the necessity of rethinking our combative approach to fire. It explains conditions that contributed to the success of U.S. wildfire management in the West until climate change and clearcutting changed the equation. While cool air and precipitation helped diminish wildfire's impact in the latter half of the 20th century, 21st century climate conditions give us fires that refuse control.

Elemental: Reimagine Wildfire features voices from people who lived through some recent wildfires, including a young family's harrowing escape from Paradise, California. That wildfire ignited from wind-driven embers and within a few hours destroyed the town. More recently Oregon, California and Colorado suffered their worst wildfires in recorded history.

Climate and fire experts explain the deficiencies in current U.S. fire management and offer hope with solutions like ember resistant homes.

Narrated by Golden Globe and Emmy nominated actor David Oyelowo, *Elemental: Reimagine Wildfire* is the project of Oregonian filmmaker, Trip Jennings in collaboration with Ralph Bloemers. The founder of Balance Media, Jennings has worked with National Geographic for over a decade. His films have won awards around the world and have aired on major networks on every continent. *Elemental, Reimagine Wildfire* was selected by over 30 top film festivals and garnered awards from 20+ juries around North America.

Ralph Bloemers has worked on wildfire and community safety for nearly two decades, collaborating with the scientific community to bring their knowledge and research to the public.

Elemental: Reimagine Wildfire is an entreaty to change our thinking now. Former United States Forest Service Chief Michael Dombeck says the "visually stunning" documentary "distills what we've learned about wildland fire over the decades and provides a roadmap for badly needed changes that will benefit thousands of people, particularly in fire prone communities."

HOMEWORK: NAME THREE WONDERFUL THINGS YOU WANT TO BE EXPERIENCING ONE YEAR FROM TODAY NEWSLETTER.FREEWILLASTROLOGY.COM

Support Groups That Help, Not Hinder

FAR BACK in the temporal mists of our evolution, our hominin ancestors discovered strength in numbers. What we lacked in talons, fangs, or intimidating size, we made up for through our capacity for cooperation. Evolutionary biologist E.O. Wilson suggests that our complex social behaviors, language, and even flair for storytelling began as ways to cement the social bonds that were crucial for survival. With this history, it's no wonder that so many of us benefit from support groups for addiction recovery, chronic illness, and/or psychotherapy. The benefits of support groups have been confirmed by research, but not all support groups are created equal. What distinguishes a group that's actually supportive from one that can impede and even endanger one's healing journey?

A truly supportive group accepts that there's no one size fits all solution to the situation that the group has in common. My patients have shared experiences where they were shamed for either accepting or rejecting (depending on the group) standard medical treatment for their condition. Others have described trauma-support groups that end up retraumatizing participants. Although group members come together over a shared condition, the causes and manifestations of the condition are unique, and what works for one person does not necessarily work for everyone. Beware of groups that insist on an orthodoxy of some sort: "you must take this supplement," "this type of therapy is the only way," or "if you're still sick, it means

you just don't want to be well on some level."

The strength of groups is that all members have experience with the condition that brought them together, and that creates an affinity that doesn't exist with a healthcare provider who knows about the condition but doesn't experi-



ence it themselves. Remember, though, that the expertise of experience doesn't turn someone into a professional healer. Support groups and a knowledgeable, empathetic healthcare team are the optimal combination.

Where people gather together, the potential for power struggles unfortunately arises too. That's why it's important to have a robust facilitative structure, whether in the form of a group leader who's skilled at defusing problematic situations and keeping everyone on track, or in a democratic,

decentralized group, a structure with clearly defined boundaries and guidelines to which all must agree. Otherwise, the group might have problems like breaches of confidentiality, one or more members dominating the conversation or behaving disruptively, or the formation of cliques that drain the group's energy with their squabbling and competing. Before joining a group, be sure to review their guidelines for participation and the processes by which they hold members accountable. Beware if the group either has no such guidelines (including accountability measures) or if the power to enforce them resides in one person's hands.

Our ancient desire to belong also leaves us vulnerable to conformity, groupthink, and attachment to charismatic leaders and practices that border on the cultlike. As the linguist Amanda Montell's book *Cultish* discusses, while it's rare to encounter the type of destructive cult that used to be sensationalized in the news, the language of uniformity and "us vs. them" abounds in unexpected places, from trendy athletic clubs to popular diets. Some groups are led by therapists or doctors, but beware groups where part of the attraction is the charismatic figure of that expert, especially if they're also selling proprietary supplements or other products.

Support groups help people to stop feeling alone with a complex problem and to start feeling accepted and, well, supported. But that support shouldn't come at the price of your autonomy, dignity, self-esteem...or wallet.



Build Your Nest Book Club

A FREE 4 class series for expectant parents

ARE YOU PREGNANT or know someone who is? There is a new program for families on the North Coast! The Build Your Nest (BYN) Postpartum Navigator Pilot Project is a community-based program that is all about helping parents through what is often one of the hardest parts of the parenting journey: the postpartum time. In fact, the term "postpartum" became synonymous with depression. There are so many common challenges of the postpartum time that really can go better when families are more prepared and more supported. Often parents don't know where to turn when things get hard, whether that's lactation, mental health, or isolation. Here on the coast, parents face the additional struggles of rural healthcare systems: the limited services and long wait times, which have only gotten worse during the pandemic.

The BYN Postpartum Navigator is a community health worker role that helps families navigate this time. This role has grown out of the Build Your Nest postpartum planning workbook, written by community member Kestrel Gates. The Navigator role doesn't replace any other service, but rather connects parents to other programs and services. The Pilot Project is being developed collaboratively with Gates and the Navigators, including Jennifer Childress, Nayeli Cruz Jimenez, Bree Libertad, Jamie Oller, Rechele Plummer, and Katie Winters who bring their collective experience as midwives, doulas, traditional health workers, home visitors, and early childhood specialists. The initial funding is through a partnership with the nonprofit Nurturely, with a Ford Family Foundation grant.

The Postpartum Navigators offers direct support to families, as well as classes on postpartum planning and lactation. The first class is the Build Your Nest Book Club at the Astoria Public Library. Learn more about the program here: <https://www.buildyournestworkbook.com/navigation-for-parents>.

Build Your Nest Book Club

A FREE 4 class series for expectant parents

With Bree Libertad

Astoria Public Library

Mondays 10am - 11am May 15th, May 22nd, June 5th, June 12th

To register email breeslibertad@gmail.com

Build Your Nest Book Club

A FREE 4 class series for expectant parents

With Rechele Plummer

Seaside Public Library

Thursdays 5-6pm June 22, 29, July 6th, 13th.

To register email rechele@thenurturedoulas.org

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FOOD GROOVE

P.J. O'Rourke once said, "A fruit is a vegetable with looks and money. Plus, if you let fruit rot, it turns into wine, something Brussels sprouts never do." Miss Piggy (who ought to know) said, "After all the trouble you go to, you get about as much actual "food" out of eating an artichoke as you would from licking 30 or 40 postage stamps." It's true. Mostly.

I love vegetables. Almost all of them. But, I LOVE fruit, if you know what I mean. A mango sporting sunrise colored blush or a slice of ripe melon on a summer day or berries, any berries, sparkling with dew are perfection on their own. Vegetables have to try harder. A platter of baby carrots*, celery sticks, broccoli and cauliflower florets with ranch dressing on a potluck buffet is tantamount to announcing, "I just don't care."

*Seriously? 'Baby' carrots are an insult to carrots. They are not babies. They are plugs cut by machine from regular carrots and, like any vegetable, once you cut it you need to eat it. It does not get more delicious by dumping it in a plastic bag, trucking it across state lines, delaying the inevitable in cold storage only to set it out in the produce section to while away the days until we buy it. These are not baby carrots, they're senior citizens. As one of those citizens myself, I can promise you neither me nor the baby carrots are as fresh as we once were.

With a tiny bit of effort, those ingredients (adult carrots, please) tossed with a bit of olive oil, sprinkled with salt and roasted in the oven can render the whole leftover problem moot. Drag them through a side of mayo stirred with a touch of curry powder and be happy to eat your vegetables. It doesn't take much to create something all at once veggie and desirous.

When I cruise the market produce section, I generally pass the green bell peppers by in favor of the brightly colored ones. They're sweeter and prettier and shiny! They're also way more expensive and not at all appropriate for this month's recipe. The bite of green pepper mixed with the richness of Roma tomatoes and a boatload of garlic make something so deluxe it's impossible to believe there isn't a secret ingredient in there somewhere. I have been making this stuff for decades and still haven't found anything to rival it for topping a slice of baguette. Sorry, baked brie. It's true. Its elegance incarnate added to a roast beef, tuna or grilled cheese sandwich. It plays a stellar supporting role served alongside roast chicken. A spoonful next to custardy scrambled eggs and a toasted bagel is enough to get me to eat breakfast. And I don't eat breakfast. Salade de piment is great warm, cold or room temp. I make a boatload of it because it keeps for days and days in the fridge and we tend to eat some with every meal. Did I mention it is most definitely delish with a glass of your favorite red? Or white. Or bubbly.



CHEW ON THIS!

by Merianne Myers



SALADE DE PIMENT

OR

Sal-odd duh Pee-moe as we would spell it if we didn't know better.

Which we often don't. Speaking solely for myself, you understand.

The amounts of these few ingredients are up to you. I'm merely telling you what I did this morning. This un-recipe is a contradiction. Where number of ingredients is concerned, less is more. When it comes to quantity of those few ingredients, more is definitely more.

- 10 Green Bell Peppers
- 7 Roma Tomatoes
- 1 Head of garlic, separated into cloves and peeled
- Olive Oil
- Salt

You can blister the peppers and tomatoes on a grill, on a gas burner or under the broiler. You are not roasting them, just setting them up to be easy to peel.

Toss the whole peppers and tomatoes in olive oil and set them to blister, turning them often to get all sides. When done, put the peppers in a bowl covered with a kitchen towel to steam while you pull the peel off the tomatoes and cut them into bite sized pieces. Dice is too tiny, chunks are too big. They are going to cook down but they need to retain some integrity (don't we all?).

Cover the bottom of a large sauté pan with olive oil. My 12" All Clad needs 3 Tablespoons. Olive oil is the delivery system for this lusciousness so you need more than just a dash to prevent sticking. Set temp to medium low, add tomatoes and garlic and let them simmer while you prep the peppers.

When peppers are cool enough to handle, remove the stems and seeds and peel the skin off. Inhale the crazy good aroma while you cut the peppers into bite sized pieces to match the tomatoes. Add them to the pan and sprinkle everything with a few pinches of salt. Simmer the works until the garlic can be smooched with a fork. By then the tomatoes and peppers will have softened.

Put a spoonful on a bite of bread. If it makes you close your eyes and moan, it's done.

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The Architect Hound

North Head Lighthouse

THE ARCHITECT HOUND trotted over the Megler Bridge and into Cape Disappointment State Park for this month's architectural profile. North Head Lighthouse (1898) was another addition to a string of lighthouses along the Oregon and Washington coasts built as the maritime trade into the major Pacific Northwest seaports grew in frequency and volume of freight.

Cape Disappointment Lighthouse (1856) was visible for mariners coming in to the Columbia River from the west and south, but not from ships arriving from the north. After a number of tragic wrecks along the Long Beach area in Washington, funding was allocated for a new lighthouse located on a promontory easily seen by southbound ships from the north.

The location of North Head Lighthouse is considered the second most windy site in the continental US with windspeeds clocked at over 120 miles per hour. (Do you know the first?) To withstand the constant punishment from the wind and rain, the de-



Keepers House

sign and materials had to be first rate...and they are. The 65 foot tall lighthouse stands 195 feet above the waterline and is solidly built with a sandstone base and brick tower with a cement plaster overlay. The lantern room was originally equipped with a first order Fresnel lens that shined with a fixed white beam to distinguish North Head from the alternating red and white flashes sent out by the Cape Disappointment Lighthouse. Along with the lighthouse, there are two elegant Italianate-style residences, a barn and a number of other outbuildings on site.

Notice the formidable but attractive rounded stone foundation, and the column that tapers from the lantern to the base. I see a reference to a Greco-Roman column with the distinctive 'base, shaft



and capital' tripartite form seen in the columns in ancient classical temples.

This should not be surprising. The architect is German-born Carl Lieck (1854-1939), who received his architectural training in Europe before



Lighthouse Barn

coming to the West Coast to set up his practice in Astoria. Lieck is best known as the architect of the George Flavel House (1885) and Grace Episcopal Church (1886) in Astoria.

In 1889, Lieck moved to Portland to take a job as an engineer/designer for the US Lighthouse Service. During his thirty-year career with the Lighthouse Service he designed twenty-five buildings including several lighthouses along the Oregon/Washington coast including the Gray's Harbor Lighthouse (1898) in Westport and the Desdemona Sands Lighthouse (1902) near Astoria. The Desdemona Sands Lighthouse stood on pilings in the middle of the Columbia River just a few miles downstream from Astoria. It was decommissioned as a manned lighthouse in 1934 and demolished in 1945. Reportedly, Lieck's motto as a lighthouse designer was "build 'em stout to make 'em last", and it has for over 120 years!

The North Head Lighthouse was no longer manned starting in 1961. With no one on site, the exterior significantly deteriorated but the basic structure remained sound. The exterior was restored in 1984 and today North Head is considered the most intact light station in the Pacific Northwest.

The North Head lighthouse is open for tours 11 a.m. to 3 p.m. Thu - Sun; May 1 through Sep 24.

TENOR GUITARS IN TOWN TGG coming up

THE 13TH TENOR GUITAR GATHERING will be held in Astoria, Oregon on June 2 through 4, 2023. Workshops, jam sessions, two evening concerts, and the always popular ride on the waterfront trolley while playing and singing, and the TGG Orchestra at the Sunday Market make for "jam" - packed weekend of live music.

TGG will see a wonderful mix of familiar performers and teachers, along with new ones. The fantastic four performers who have been an integral part of the history of the event, includes John Lawlor from Philadelphia, Grant Flick from Bowling Green, Ohio, Tim May from Nashville and Tyler Jackson, who now calls Oklahoma home. These four are well known and respected as TGG mainstay performers—top notch solo performers, when they play together, magic happens.

Returning performers include Pat MacSwyney of California, Paul Gabrielson, a bassist from Washington, Gerry Carthy of New Mexico, and Alison Helzer, a Gerry Carthy prodigy, from Oregon.

A new performer this year is August Watters, a part time resident of Astoria. He's described as a multi-stylistic, improvising mandolinist and also a former Professor of Ear Training at Berklee College of Music, along with being an arranger.

Although it is called the Tenor Guitar Gathering, performers and teachers will utilize the mandolin, tenor guitar, banjo, violin and embrace multiple ways of tuning and varied genres of music.

Daytime Jam sessions, Workshops and Concerts will be held in the Charlene Larsen Center for Performing Arts. Register for workshops and get tickets at TenorGuitar.org



Tenor Guitar Legend Tiny Grimes



Clatsop County Democrats

Know who to vote for this upcoming election! - Make a plan to vote!

Port of Astoria

Position 4 - Robert Stevens

Clatsop Community College

Zone 1, Position 1 - Marc Gendelman

Astoria School District

Position 2 - Heidi Wintermute

Jewell School District

Position 3 - Cecelia LaBar-Mialon

Warrenton-Hammond School District

Position 5 - Guillermo Romero

Union Health District

Position 4 - Jessie Reed

Arch Cape Water Supply District

Position 5 - Nadia Gardner

Falcon-Cove Beach Water District

Position 4 - Leslie Smith

Miles Crossing Sanitary Sewer District

Position 1 - Bruce Dehler

Measures - Vote YES

4-221: Referendum repeals ordinance allowing short-term rentals in unincorporated areas

4-222: City of Warrenton Library Levy Renewal

4-223: Clatsop Care Heath District Levy Renewal

Fire Levy Renewals:

4-224: Lewis & Clark RFPD

5-292: Clatskanie RFPD

5-294: Mist-Birkenfeld RFPD

More information available at www.clatsopdems.org

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Non-perishable food bank donations are appreciated!

Dennis & Dees
LANDSCAPING & GARDEN CENTERS

Trail's End Recovery
Klatskanine River RV Park

ACE
The helpful place.

BRIMS
Farm & Garden

KALA

Performance Space
an intimate music venue + bar

Alice Di Micele

Americana/Folk Singer Songwriter

Saturday
May 20

7:30pm
TICKETS: \$20
Doors open 7pm



UNCLE MARY

Juke Joint Blues and Mad Carnival Folk!
Come Dance and Make Merry!

Saturday
May 27

Doors Open
7:30pm
Music @ 8pm
Early Bird Advance
Tickets \$13
Or \$15 at the door.



TICKET LINK: kalaastoria.com

KALA Performance Space 1017 Marine DR. in Astoria 503.338.4878