

February 2023 • vol 25 • issue 288

HIPFISH MONTHLY

alternative press serving the lower columbia pacific region

Paul Van der Veldt
and his
Shallon Winery
an Architect Hound special



Waiting To Deliver
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fishing memoir **READ AN EXCERPT**
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THE TIPTONS SAX QUARTET
From Big Band to Balkan
Chamber Jazz and Funk,
The all-women band in
honor of Women's History
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It's **FISHER POETS** Time

It's time for a night out!

Quarteto Nuevo

7:00 pm, Saturday, March 11, 2023

Quarteto Nuevo melds the music of ancient worlds and faraway places with a contemporary groove that enchants all ages! Merging western classical, eastern European folk, Latin and jazz, the ensemble's razor-sharp precision is enhanced by jazzy interludes, lightly rumbling percussions and mesmerizing rhythms.



Finnegan Blue

7:00 pm, Saturday, March 18, 2023

Finnegan Blue takes Americana clear off the rails! The six-piece band brings you a night of bluegrass, Irish, reggae and gospel, rocking a mix of toe-tapping originals and traditional Irish and bluegrass covers – all hot-wired by Finnegan Blue's high-energy.



Kingston Trio

7:00 pm, Thursday, April 13, 2023

Come re-discover the timeless music of the Kingston Trio all over again. The current group has intrinsic links to the original trio, and they're bringing the same sound and energy that led their legendary folk music to the top of the charts.



Caro Pierotto

7:00 pm, Saturday, April 29, 2023



With a vintage voice and a repertoire of samba, forró, reggae, soul and pop, Caro focuses on spreading love and hope through her music. Her charisma and talent will guide you through an authentic Brazilian experience, leaving you charmed and inspired.

Buy your tickets today! Online or at the Box Office.
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The 26th Annual • FisherPoets Gathering • February 24 - 25

AFTER A COUPLE of surprisingly successful on-line virtual gatherings, the FisherPoets Gathering is back in Astoria February 24-26, in person as it ought to be, celebrating commercial fishing and its community in story, song and poetry. Here's the lowdown. Full details www.fisherpoets.org

At the Labor Temple Thursday night fans and startled regulars might find a few fisherpoets at the mic warming up though scheduled performances don't begin until the following day.

Friday and Saturday evening fisherpoets will take the stage from 5 to 10 p.m. at six venues downtown: the **Astoria Brewing Company, the Columbian Theater, Fort George's Lovell Showroom, KALA, the Liberty Theatre, and the Ten Fifteen Theater.** Fans of fisherpoetry can expect to hear authentic creative voices from Alaska, British Columbia, the West Coast as well as from New England and Chesapeake Bay. The complete current schedule, available at www.fisherpoets.org, guarantees a variety of pleasant surprises and old favorites at each venue so fans who choose to can sit tight and worry less about chasing radio fish.

Following evening readings, the FisherPoets Gathering continues until hosts chase guests out. **FRIDAY NIGHT at KALA the Beerman Creeks String Band** plays on for those who want to tap their feet or dance a bit, flowing into the **annual Fishy Dance and social w/ DJ D'Fish.** **The Columbian Theater hosts the now annual FisherPoets at the Line Poetry Slam.** Rebecca Kraft invites singers down to the **WineKraft Wine Bar to enjoy a casual singing circle.**

SATURDAY NIGHT, Ray Troll and the Ratfish Wranglers continue their evening set late at the Columbian Theater, another welcome final farewell performance. **The Umpteenth Annual Fisherpoets Gathering Poetry Contest begins at 10 p.m. sharp at the Liberty Theatre.** All fisherpoetry fans bearing an event button are welcome to have a go. Rules will be announced Friday at the Gathering. **Elsewhere, the Ten Fifteen Theater might let Beerman Creek play on a while and WineKraft Wine bar invites singers back.**

SPECIAL EVENTS at the FisherPoets Gathering fill the daytime schedule starting **Friday afternoon at Clatsop Community College's Patriot Hall. Clem Starck, Will Hornyak and Ron McDaniel offer performance tips and techniques for poets and storytellers.** In another workshop those who want to write more effective rhyming poetry can join Jon Broderick to learn how.

SATURDAY'S SPECIAL EVENTS schedule is packed with workshops and presentations at Pier 39 and Patriot Hall on podcasting for fisherpoets, hands-on instruction in knot tying, on memoir writing, on progress toward healthy oceans and a healthy Columbia River, on songwriting and on harmonizing voices, maybe a second workshop on performance tips. But first, **Rob and Tiffani Seitz invite fans to South Bay Wild Fish House for a speed BS session.**

Friday and Saturday afternoons from 2 to 4 p.m. WineKraft Wine Bar hosts the Gathering's Open-Mic. Everyone with a FPG event button is welcome to have a go. Sign up on site.

ASTORIA'S ART GALLERIES are participating again. Imogen Gallery is featuring watercolors by fisherpoet and

artist George Wilson. Astoria Visual Arts is hosting a fish-themed art show. Saturday afternoon at 2:30 the RiverSea Gallery, featuring work by fisherpoet and gyotaku artist Duncan Berry, invites the public to enjoy a presentation with him joined by other fisherpoets.

Lamenting the loss of fisherpoets Jon Campbell a year ago, and shortly after, of Harlan Bailey, the FisherPoets Gathering presents Saturday afternoon at the Columbian Theater, **the second annual Campbell's Last Set,** where various fisherpoets celebrate the works of those whom the Gathering now misses and wants to remember.

The FisherPoets Gathering will wind up Sunday morning at the Columbian Theater, first with a Gospel harmony sing-along just for fun, followed by the Readers' Farewell Mic, a very short last poem from everyone who's still around and already awake.

Fans may still find fisherpoetry **Sunday afternoon at the Cannon Beach Arts Association Gallery or Sunday evening at the Inferno Lounge until at last the 2023 FisherPoets Gathering peters out like a salmon run.**

Details and further reliable information on these Special Events, the Evening Reading Schedule and the 2023 FisherPoets Gathering itself can be found at the FisherPoets Gathering website www.fisherpoets.org.

THE FISHERPOETS GATHERING GEARSHACK will pop up in Suite A, downstairs at 1154 Commercial St. There fans can buy their \$20 event button good for all events all weekend. Those 18 years and younger are admitted free so bring the kids though high-schoolers may be disappointed to learn that fisherpoets have agreed to watch their language.

Fisherpoets, trying to recoup travel expenses or remediate poor fish prices, again offer books, cds, art for sale at the Gearshack. Thanks to local and sometimes distant generosity, the FisherPoets Gathering Silent Auction posts up there again, too. The FPG Gearshack will be open mid-morning until 6 p.m. Friday and Saturday.

KMUN will broadcast and stream performances live from 6 to 10 p.m. from the Liberty Theatre for those who can't make it.

Duncan Berry, print
Birds of the Estuary, at RiverSea Gallery



FisherPoets 2003. My how its grown.

More about participating galleries on pg16

George Wilson,
Grey Heron, at IMOGEN

PATRICK DIXON

is a familiar in these parts at FisherPoets Gathering, having attended as a performing poet for the last 18 years, and often seen capturing poets on stage with his camera, archiving the many faces on stages over two plus decades. A commercial photographer and freelance writer, Dixon edited the seven-book anthology of fisher poetry, *Anchored in Deep Water: The FisherPoets Anthology*. He's also the creator of *In The Tote*, a website dedicated to the writings and musings, songs and tales of the commercial fishing industry, and collected gatherings of the Fisher Poets.

Using poetry, prose and photography, *Waiting to Deliver* tells the story of a young man's journey into the world of commercial fishing for salmon on the waters of Cook Inlet, Alaska. Starting as a 27-year old greenhorn schoolteacher from Indiana, Patrick Dixon works as a deckhand for two seasons before buying his own boat and permit. Through a series of missteps inspired by ignorance, inexperience and bad luck, he stumbles through twenty years of learning how to survive the dangers inherent in working on the water, nursing a perpetual sinking boat, staying afloat financially and becoming a member of a fishing community.



READ THE
EXCERPT P8



DUNCAN BERRY

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Ten Fifteen Productions presents
an AACTFest State Competition Submission

An Interview

by David Mamet

Directed by RYAN HULL

Friday, February 10th at 4:00pm
\$20

All proceeds go toward the cast
and crew's travel expenses to the
regional competition in March.

The Ten Fifteen Theater
1015 Commercial St - Astoria, OR 97103
Tickets available at
thetenfifteentheater.com or at the door.

GUILTY CONSCIENCE

a mystery drama

Coaster Theatre Playhouse
this February

By Katherine Lacaze

THE COASTER THEATRE Playhouse has seen many a mystery performed on its stage over time, but its upcoming production, which opens Feb. 10, offers something a little different from the typical whodunit.

"Guilty Conscience," written by William Link and Richard L. Levison, (a longtime mystery writing team who created the TV series *Columbo* and many more) makes no secret of its villain, or would-be murderer. The play follows the story of a brilliant and ruthless criminal attorney, Arthur Jamison, who is plotting to kill his wife.

Before he does so, he wants to mentally test each possible method and scenario as it could potentially play out in court. He creates an imaginary prosecutor, and then pits himself against that fabricated alter ego in a series of witty and occasionally hostile exchanges. His frustration grows as he feels unable to formulate the ultimate alibi. This is followed by shock, when Arthur discovers his wife and another person are simultaneously plotting to kill him.

"It's going to get the audience talking, especially between Act I and Act II, but even after the play," said Margo McClellan, who plays Louise Jamison, the wife in question. "It's going to be kind of a water-cooler-type play, where people will be like, 'Well, what do you think happened here?' Because not everything is black and white."

A Blending of Reality and Fantasy

In the Coaster Theatre production, directed by Thomas Ryan, veteran community theater actor Frank Jagodnik brings the character of Arthur Jamison to life. Jagodnik been interested in this play ever since it was slated for the Coaster's 2020 summer season. The theater canceled nearly all of its productions that year because of the COVID-19 pandemic.

Jagodnik was grateful the show was added to this year's lineup so he would have a chance to audition. After 27 years of performing in Coaster Theatre productions, "Guilty Conscience" will be his last play before he moves out of the area.

Coaster newcomer Bryan Churchill, of Manzanita, plays opposite of Jagod-



Bryan Churchill as prosecutor in the courtroom of Arthur Jamison's mind (Frank Jagodnik)



The happy murder plotting couple. Jagodnik and Margo McClellan as Louise Jamison

nik as the prosecutor in the courtroom of his mind. Churchill, who has acted in two shows with the Riverbend Players in Nehalem, is a retired attorney by trade, so in the process of shaping his character, he's pulled from some of his past experiences.

"It's been really fun finding opportunities to use some of the things I've learned from my training," he said.

Overall, "Guilty Conscience" can be categorized as a drama, and the cast is going for a natural and authentic portrayal of their characters to match the deeply human themes explored in the play.



Toddy Adams is Jackie, the friendly neighbor

"We're trying to be very real in a very fantastic way," Jagodnik said.

This is a new challenge for McClellan, who has done mysteries in the past, but generally taken on more comedic roles. Louise Jamison is "truly the first purely dramatic role I've played," she adds. In this case, McClellan has to embody a deeply scorned and hurt human whose "sadness has turned into fury." To maintain this brewing tension and anger for the approximately two-hour run, McClellan will picture "horrible" exes or people who've betrayed or backstabbed her.

"That helps me," she said, adding, "It takes a lot of energy. I'm pretty tired after rehearsals."

The challenge for Toddy Adams, who rounds out the cast, is doing a straight play with a significant line load after primarily performing in musicals. However, it was this very challenge that drew her to audi-

tion. She wanted to try something different and stretch her acting skills.

"As Jackie," Adams said, "who's kind of flitting about on stage and being this obnoxious, ridiculous character, it's been fun to get into that and to think about why she would do what she's doing versus relying on, 'Oh, the music is telling you, the music evokes the emotion.' No, I have to create that all by myself."

A 'Not So Typical' Mystery

All of the players are enjoying not only the cohesion and camaraderie being fostered among their group, but also developing a show that will keep audiences guessing from start to finish—but not in the traditional sense of a mystery. There's no detective coming in to solve the crime, listening to alibies, looking for evidence and combing through witnesses who may or may not be reliable. There are no clues to evaluate.

"The who's not in question," Jagodnik said, adding the first line of the show is his character asking, "What if I hired someone to kill her?"

The fantasy aspect—and the fact that parts of the play are taking place solely in Arthur Jamison's head—builds uncertainty and puts all the action into question.

"It's hard to tell what's real and what's not real, and you want to keep that suspense with the audience," Churchill said. "They're going to enjoy the ride a little more, because it's not so typical."

Adams agreed, adding, "I think the audience is going to really love following along and being misled and confused."

"Guilty Conscience" was originally scheduled to open the first weekend of February, but the opening was postponed as the theater is undergoing renovations to convert its stage lights to LEDs. The two shows that were canceled have been rescheduled to make for a three-weekend run.

PERFORMANCES: Feb 10-11, 16-18, 24-25 at 7:30pm. Sun Mats: Feb. 12, 19 and Saturday, Feb 25, all at 3pm. Tickets \$20-\$25, info at coastertheatre.com



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ART DIORAMA by Catie Bursch-Scientific Illustrator and a Marine Educator, Fisher Poet Presenter, and art at AVA Gallery

Governor Tina Kotek Seeks Diverse Membership to Statewide Housing Production Advisory Council

GOVERNOR TINA KOTEK announced that she is accepting applications for her newly created Housing Production Advisory Council. The council was established through an executive order on January 10, the Governor's first full day in office.

The order established an annual housing production goal of 36,000 additional housing units at all levels of affordability across the state to address Oregon's current housing shortage and keep pace with projected population growth. That's an ambitious target – about an 80 percent increase over current construction trends – and would set Oregon on a path to build 360,000 additional homes over the next decade.

The Housing Production Advisory Council will be responsible for proposing an action plan to meet the state's housing production goals. It will be composed of 25 members, including the Governor or her designee, bipartisan members of the Oregon House and Senate, relevant state agency directors, and a Tribal member. The largest share

of members (18) will be appointed by the Governor with the goal of assembling a highly effective, diverse and representative council, ready to get to work for Oregonians.

The Governor is looking to appoint housing developers with expertise in permanent supportive, affordable, and market rate housing, representatives of rural and coastal communities, communities of color, local government representatives, and experts in land use, fair housing, permitting, workforce development, and construction. Oregonians interested in applying for the Council are encouraged to submit an application, found here. Applications are due February 15, 2023. Appointees will begin work on the Council in early March.

Moreover, the executive order dictates that two co-chairs be appointed, one living or working in an urban area and the other in a rural area. The Council is scheduled to provide a recommended framework for their action plan by April 1, 2023.

Oregon Coast Tourism Partners Receive Over \$200K for Accessibility Initiatives

OREGON COAST, OREGON -- Eight Oregon Coast destination management organizations (DMOs) were granted a total of \$201,240 to partner with Wheel the World, a global accessible travel company, in their effort to make the Oregon Coast more accessible to travelers with disabilities.

The funds awarded are the result of a coordinated approach among partners to apply for Travel Oregon's 2022 Capacity and Small Project Grants. These communities and organizations are working to provide disabled travelers with comprehensive, accurate information to make their stay on the Oregon Coast more accessible.

Coastal organizations who received funds to partner with Wheel the World include:

- Astoria-Warrenton Area Chamber of Commerce, \$35,000
- City of Lincoln City, \$20,000
- Coos Bay-North Bend-Charleston Visitor & Convention Bureau, \$25,000
- Depoe Bay Chamber of Commerce, \$20,000
- Florence Area Chamber of Commerce, \$30,500
- Greater Newport Chamber of Commerce, \$33,190
- Waldport Chamber of Commerce, \$17,550
- Yachats Chamber of Commerce, \$20,000

These eight organizations will work with Wheel the World to conduct an accessibility assessment of local tourism businesses, receive accessibility training through Wheel the World Academy, and have local tourism businesses listed on WheeltheWorld.com, a comprehensive guide for travelers with disabilities to find and book accessible travel experiences.

Star Wars star Daisy Ridley filmed an indie movie on the Oregon coast last year...as reported recently in the Hollywood Reporter

That Oregon coast location is really quite beautiful.

Yeah, it's stunning.

You visited some of the Goonies locations while you were shooting this?

Yeah, I hit up every spot in Astoria. I went to the maritime and film museums. I went to the Goonies house and beach. Where we filmed the cinema scene, that is, I believe, the most haunted town in Oregon, and it was actually quite freaky. And then on the way out, I went for brunch with a few people in Portland. [Astoria] has such an interesting quality; there've been tons of shipwrecks. It's such a dangerous part of the water, and you can feel that people are getting on with their lives with this quite intense threat next to them. So it's quite an unusual place, but it's very warm and very inviting in a community way. The town of Astoria itself was just gorgeous.

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Guilty Conscience

February 3-25, 2023

Performances begin at 7:30 p.m.
Sunday shows start at 3:00 p.m.

Tickets
\$25 or \$20



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North Coast INCO NEWS INDIVISIBLE

Salmon, Schools, And Special Districts

What adds to your quality of life in Clatsop County?

Here's one list: Fresh air. Fresh-caught salmon. Distinctive businesses. Local musicians. Beaches, bridges, and bakeries. The mighty Columbia. Healthy soil. KALA. Clatsop County Fair. Good jobs. Nearby shopping. Horses. Playgrounds.

Add to that the hundreds of volunteers who make Clatsop County a desirable place to live.

These county residents serve on numerous committees, boards, and commissions, including those of Special Districts, whose purpose is to keep our communities thriving and sustainable.

If you want to be involved in the decisions shaping your quality of life, then consider running for a Special District office. They might not sound glamorous, but special districts, including the Clatsop Soil and Water Conservation District, school boards, and rural fire department boards, are the foundation of our communities. Voters will elect members for dozens of positions on May 16.

Special Districts are a form of local government created by a local community to meet a specific need. Special districts in Clatsop County include health, public utility, rural fire protection, sanitary, school, water, and others, including the Sunset Empire Park & Recreation District. Countywide special districts are the Port of Astoria, Sunset Empire Transportation, and Clatsop Community College. More information is at clatsopcounty.gov/clear/page/elected-officials.

People run for office because they believe local governing boards should be transparent and accountable. They have ideas for improving services, want to know how tax dollars are spent, advocate for issues and values they care about, or just want to get involved to make their community better.

Most of the information on local positions and filing is on the Clatsop County website, co.clatsop.or.us/clerk/page/elections. Filing deadline for the May 16 election is March 16.

Connect with the Q Community LOWER COLUMBIA Q CENTER

www.lowercolumbiaqcenter.org
503-468-5155

THE ROSTER OF OFFERINGS at the Lower Columbia Q Center includes engagement, service, community and support. LCQC is casting a wide net for volunteers who do everything from events and programs to service on the Board of Directors and committee positions.

Lower Columbia Q Center is open 3-5pm Mondays and Wednesdays for drop in and office hours utilizing local and CDC guidelines. That means 10 or less people, and masks are required at this current time of mask mandates. Check out the new facility and views of the bridge and river from 171 W Bond St. in Uniontown, Astoria. Call the phone line for contacts listed:

OPEN 6-8pm FRIDAY NIGHTS FOR GAME NIGHT, using the same guidelines. Q Center invites your interests in resources, support, socializing and just hanging out for fun. Some folks drop in for a few minutes, others for a few hours. Contact: Benedetto DeFrancisco, Program Coordinator

"Heroes are not giant statues framed against a red sky. They are people who say, 'This is my community, and it's my responsibility to make it better.'"

-- Oregon Governor Tom McCall

INCO is just one of hundreds of pro-democracy groups around the country. Why do we still need them?

Despite some exciting victories for democracy in the last two elections, anti-democracy groups and legislators continue to threaten America. Democracy Docket reports these examples from January:

- Republican lawmakers in at least three states are looking to make the ballot initiative process more difficult. These proposals build on recent momentum to curtail voters' power at the ballot box.

- Last month an Arizona appellate court rejected the Arizona Republican Party's second attempt to end the state's no-excuse mail-in voting policy. The unanimous decision is a victory for Arizona voters — a majority of whom vote by mail — who will continue to benefit from Arizona's robust mail-in voting system.

- Missouri Republicans introduced a dozen bills to make it harder for Missouri voters to amend the state constitution. The bills would raise the threshold to approve amendments, increase the number of voter signatures required to get on the ballot and more.

What do these threats to democracy have to do with serving on a Special District board? Learning the nuts and bolts of local governance prepares office-holders for more public service. Many people begin their political careers by serving on Special District boards. This could be you, or someone you know. Democracy needs you. If you don't run, who will?

Indivisible North Coast Oregon (INCO) defends democracy by opposing authoritarianism, bigotry, and corruption. Sign up to get our weekly e-newsletter at www.incoregon.org, or contact incoregon@gmail.com. Indivisible North Coast Oregon is on Facebook.



Stay Tuned - QBook Club on temporary hold

YOUTH GROUP: In Partnership with The Harbor, *The Closet Cleaners Youth Group*, meets *Thursdays 4-5pm* on Zoom. These meetings may feature special guests and teen experts from the Harbor. Contact: Benedetto DeFrancisco

THE LCQC GENDER ALLIANCE meets the first and third Tuesdays of the month from 6-7pm on Zoom. This peer support group has been operating for over eight years and is currently meeting by Zoom online. Contact: Tessa Scheller or Benedetto DeFrancisco

QUEER EDGE SOBRIETY is Q Center's peer support group featuring support for fun and sober living. Meeting currently by zoom, every Wednesday from 6-7pm. Contact: Tessa Scheller or Benedetto DeFrancisco. **Stay tuned for reorganizing on this event.**

QUEER BOOK CLUB meets on the last Monday of the month, on Zoom from 6pm - 7pm. Visit the website for details. Contact: Benedetto DeFrancisco

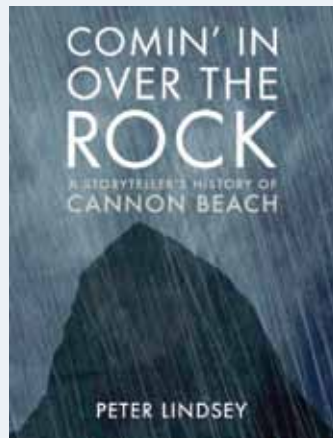
WORD

Comin' In Over the Rock Benefit Night

Visit the Cannon Beach History Center & Museum on Thursday, February 9, 4pm for a special talk and benefit night featuring local Cannon Beach historian, Peter Lindsey. Lindsey will share stories and memories from his out-of-print book, *Comin' In Over the Rock*, and afterwards, you will have the opportunity to support Lindsey with a donation to help get his beloved book reprinted. Lindsey's charming book shares the anecdotal history of Cannon Beach from Lindsey's perspective of living here for over sixty years and has garnered widespread enthusiasm from all over the Pacific Northwest and beyond.

While this event is free, cash or check donations are strongly encouraged. All cash and check donations received from this event will go to Peter Lindsey towards the reprinting of his book, *Comin' In Over the Rock*. Join CB History Center for this benefit night to help support one of Cannon Beach's most beloved authors.

This event will be held at the Cannon Beach History Center & Museum, located at 1387 South Spruce Street, Cannon Beach, OR. Seating for this event is at a limited capacity of 50 people, however people are welcome to stop by to donate. **This lecture starts promptly at 4:00 p.m. on Thursday, February 9, 2023.** Parking for this event is extremely limited and it is encouraged to arrive early to find parking. This event is part of the Cannon Beach History Center & Museum's free annual lecture series sponsored by Martin North (Stephanie Inn & Stephanie Inn Dining Room, Public Coast Brewing, Public Coast Farm) and Pelican Brewing Company that occurs every January through May. For more information about this event, visit www.cbhistory.org or call 503-436-9301.



NW Author Series • Author Willy Vlautin

THE NW AUTHORS SERIES welcomes best-selling author Willy Vlautin Saturday, **February 11 at 2pm**. This is a hybrid event; join the library on the day of the event, or watch online: www.cannonbeachlibrary.org. This event is FREE and open to the public. Space may be limited; please come early.

Born and raised in Reno, Nevada, Willy Vlautin is the author of six novels and is the founder of the bands Richmond Fontaine and The Delines. Vlautin started writing stories and songs at the age of eleven after receiving his first guitar. Inspired by songwriters and novelists Paul Kelly, Willie Nelson, Tom Waits, William Kennedy, Raymond Carver, and John Steinbeck, Vlautin works diligently to tell working class stories in his novels and songs.

Vlautin has been the recipient of three Oregon Book Awards, The Nevada Silver Pen Award, and was inducted into the Nevada Writers Hall of Fame and the Oregon Music Hall of Fame. He was a finalist for the PEN/Faulkner Award and was shortlisted for the Impac Award (International Dublin Literary Award). Two of his novels, *The Motel Life* and *Lean on Pete*, have been adapted as films. His novels have been translated into eleven languages. Vlautin teaches at Pacific University's MFA in Writing program.

WINTER WRITING GAMES

Harbor House Writers Workshop

THE SECOND ANNUAL Harbor House Writers Winter Retreat will be Sat., March 25 at the Peninsula Arts Center in Long Beach, Washington. Three fun, interactive, skill-building exercises and a session on writing for periodicals are offered.

Hone your writing skills, ignite your creativity, meet friends in the writing community. Break for lunch. Writing discussions follow, plus Greg and Ruth will share tips for "Freelance Writing for Magazines & Newspapers."

About the founders
Greg and Ruth Zschomler founded Harbor House Writers, LLC in 2016 while living in Aberdeen, WA. From those humble beginnings they began and operated Harbor Books for five years, which they sold in 2020. (Harbor Books still operates in Hoquiam, Wash.) Now Greg and Ruth live a semi-retired life, still writing and teaching, in Ocean Park, Wash. with their former bookstore (and fully-retired) cat, Dorian Gray. They own eyrie press, publisher of faith-based books, a subsidiary of Harbor House Writers, LLC.
The one-day retreat is held from 9am to 4pm, at the Peninsula Arts Center in Long Beach, WA. Cost of the event is \$19.99 if you register by March 1, or \$24.99 after that date. Details and discount registration info at harborhousewriters.square.site

CANNON BEACH READS, a book club open to everyone, is beginning their 17th year of discussing important fiction and nonfiction books. If you would like more information or are interested in participating, contact Joe Bernt at berntj@ohio.edu.

Cannon Beach Reads meets every 3rd Wed. of the month at the CB Library, beginning at 7pm, either via Zoom or in-person - or both, depending on what the group decides. The February book selection is "The Next Tsunami, living on a Restless Coast" by Bonnie Henderson. The library has 2 copies of each title available for check out, and The Cannon Beach Book Company can order books for purchase. New members are always welcome.

Ric's Poetry Night

Ric's Poetry Mic is back in person, with hosts, Astoria poets Florence Sage and Jim Dott, on first Tuesdays of the month at WineKraft in Astoria, 80 10th St., at the Columbia River's edge, in the Pier 11 Building. Writers and poetry lovers gather to read their original or favorite poems/prose excerpts at the mic, welcoming listeners.

Sign-up to read is at 7pm, 5 min. per reader. Face masks are requested at this time.



UNSHELTERED

By Teresa Barnes

I'M WRITING THIS during the Astoria Warming Center's 9th season of overnight shelter, which looks like it may end up being our busiest one to date. I say that taking into account the 2016-17 season, when we served 212 people by running 26 days over our 90 day limit; thinking, I guess, that the City would be grateful to those who donated almost an extra month of unpaid labor so our unhoused neighbors wouldn't die on the streets. Ah, the ignorance of youth!

That was a hard lesson learned before my time as an employee of the AWC, but I've certainly had my share as well. I started getting paid to work there in October of 2020 and five months later was asked to be the interim executive director. I worked with a dwindling group to try to guide the Warming Center to a place of long-term stability, but I had no idea how much resistance there would be to something as basic as permanent shelter. I look back on my time with the organization and don't know whether to be proud or embarrassed of my naivete.

I tried to strengthen relationships with community stakeholders, immediately meeting with a local agency who had supported us for years to seek their guidance. I couldn't guess they would later stop communicating with us, pull our funding and attempt to take over our organization. I had a friendly relationship with Astoria's last police chief, so I didn't anticipate the person who took the job after he retired to introduce himself by warning possible prosecution if AWC staff didn't turn over information about our guests. I thought I had a good relationship with the Astorian too and didn't expect their series of negative and misleading articles about the AWC's struggles, rather than everything we've accomplished in spite of them. I initially gave the paper the benefit of the doubt, but when they mentioned our "board turnover" yet again- in an article about an emergency opening- it became clear they were pushing a narrative. The less salacious story is that me and a previous staff member (who donated her time) coordinated the opening with Clatsop County Emergency Management to shelter local unhoused residents during extreme weather. I thought it was impressive we pulled this off

with three days' notice, before we'd even hired our staff!

No one comes to social work for the fame or the glory, but I hadn't foreseen the AWC being attacked for our part in working on our community's homelessness crisis. I forgot that the nonprofit industrial complex isn't designed to solve problems, because then everyone in it would be out of jobs. I broke the rule I hadn't known existed: you can wear yourself out on do-gooding for as long as you want, but you don't get to talk about how the sausage is made.

We decided to keep our heads down and focus on the work, and I'm glad we did. The work is needed more now than ever before. I tallied the AWC's numbers on New Year's Eve and realized we had already served 144 distinct individuals. For reference, this is more than our entire 2019-20 season (the last season before our reduced Covid capacity went into place), and we weren't even halfway through our 90 days at the time. Since then we have been at capacity every night.

The Warming Center's season will be done on February 19th, at which point LiFEBoat Services hopes to begin offering overnight shelter. As this chapter of our story comes to a close, it seems like a good time to step back from this column as well. I want to thank the Hipfish for giving me a space to talk about a topic that is so important, and close to my heart, and those who have taken the time to read this. I am so grateful to the AWC's incredible staff and Board, and LiFEBoat, and everyone who has donated their time, clothing, food, energy and money to keep us going. Please, continue to support low-barrier services regardless of who is providing them. People can't focus on bettering themselves if they don't have their basic needs met. If you prefer the bootstraps metaphor- you can't lift yourself up by them if you don't have any shoes.

I still believe that a different solution exists for us as soon as we are ready to work together to make it happen. In the meantime, I hope we can be kind to each other.

Teresa Baarnes is an activist, housing advocate and community organizer at the Astoria Warming Center

Paul Van der Veldt and his Shallon Winery

SPECIAL by Eric Wheeler • *The Architect Hound*



Before Locovore there was Paul!



Zero Zone Lockers circa late 40's. Courtesy Sara's Old Photos

PHOTOS: Dinah Urell, Eric Wheeler

IN MY research and wanderings as an architectural historian over the past thirty years, I have learned a lot about the evolution of American architectural tastes and styles. Implicit, but not often stated, is that buildings are really about people; people who live and work in the buildings and also passersby who see the buildings as part of the overall life of a neighborhood. Since the late 1970s, the charming Mediterranean Revival building, located kitty-corner north-west from the Clatsop County Heritage Museum, has been the home and shop for a remarkable Astorian; Paul Vanderveldt and his Shallon Winery business. We'll get back to Paul's story; but first some history of the building.

The Shallon Winery building was designed as an automobile showroom and service garage by noted local architect, John Wicks, in 1926. Astoria rebuilt from the Great Fire of 1922 with a widened Commercial Street to accommodate automobile traffic and parking. After the fire over a dozen new buildings were built in downtown Astoria as auto sales and repair buildings to serve the growing number of automobile owners. The winery building was constructed for the Clatsop Motor Company selling Packard, Pontiac and Oakland automobiles. It continued to be used for the auto business as a storage garage and repair shop over the next decade until conversion to a locally-owned cold storage building known as "Zero Zone Lockers" in 1939. (see photo) Another adaptive re-use and partial make-

over in 1972 converted the building into a bicycle shop called "BiKing". Six years later the property was purchased by Paul Vanderveldt, and after a two-year process of conversion and licensing, Paul opened the Shallon Winery in 1980. Before diving into the amazing forty year history of the winery, let's look at some of the distinctive architectural aspects of the building.

The exterior is a combination of pebble-dash stucco on the south facade and a charming robin's-egg and sky blue painted stucco on the rest of the building. The mix of the stucco exterior and red tile roof with inset glazed medallions are indicators of the Mediterranean Revival style that was very popular up and down the West Coast in the 1920s. The slightly projecting flanking bays on the left and right add a strong element of symmetry. One can imagine that the recessed central bay once had large show-room windows for the 1920s car dealership. The original use can be detected in the large opening on the left side that likely had a garage door for automobile ingress and egress. The multi-pane transom window and office entry door on the right side appear to be original. The interesting similarity of the black glazed medallions and dissimilarity of the tile-clad roof types led me to a whimsical interpretation of the top of the two flanking bays.

Do you see abstracted human faces in the flanking bays? Ok, bear with me. See the eyes and nose in the black glazed tile? Open mouths in the blue band on the left side and transom window on the right side look like toothy smiles to me. And different hair-cuts



in the gable roof on the left and flat roof with projecting cornice on the right. See it? Husband and wife? Sister and brother? Boy and Girl? Try it out sometime. You do have to be looking straight ahead at the facade.

Now back to the personal story of Paul Van der Veldt and his winery. I had a chance to meet Paul recently and get a tour of his winery building and residence. What follows are some of my personal observations about this remarkable man and his distinctive contribution to the cultural vitality of the North Coast. Paul was born in 1925 and attended local parochial and public schools. He grew up in the countryside near Tucker Creek, a wooded rural area south of Astoria between the Lewis and Clark River and Young's River. In interviews over the years, Paul reflected that his childhood in the woods and fields nurtured his love of the natural world and curiosity about the local flora. Those experiences and inspirations in nature would later have a big influence on his wine-making career. Another childhood experience that he documented

with a framed newspaper mounted on the tasting room wall was the overflight of the US Navy dirigible "Akron" in the spring of 1932 when Paul was seven years old. He related that his astonishment at the size and grandeur of the airship later inspired him to pursue aeronautical engineering in college.

His post-high school education included a year at Reed College until his father found out that the SE Portland school had a reputation for leftist politics and he had to leave. It appears

that his real education came from his incredibly varied work as court secretary for Clatsop County, log scaler for rafts on the Columbia, social service worker in Los Angeles followed by part-time work for his father's heavy construction company. After a four-year stint in the Navy during the Korean War, he took classes in English and aeronautical engineering at California Polytechnic School in San Luis Obispo. He never got a degree or work as an aeronautical engineer, but during his time in southern California he did develop a weakness for Harley-Davidson motorcycles and a commitment to a Buddhist meditation practice. By his mid-30s he returned to Astoria to work full-time as a building contractor for various large projects in the region. In his early 50s he signed on as a cook on various tug boats traveling along the Pacific rim from Alaska to the Panama Canal and over to Hawaii. It was between these nautical adventures over a five year period that he developed an interest in wine. Apparently, it was during his

early 60s that this polymath/Renaissance man found his true calling as a self-taught enologist (winemaker).

By good luck or intent, Vanderveldt's choice of the building for his winery was spot on. The John Wicks-designed two-level poured concrete structure was ideal in terms of location and function. On a recent visit we toured the upper level which included the office, manufacturing/fermenting room, packing room and laboratory. The manufacturing room is highlighted by trompe l'oeil murals depicting early Fort Astoria, the visit of the Akron dirigible in 1932 and a silhouette of the Hawaiian islands. All of these faux arched windows, created by dearly departed local artist Michael Dewade, lend a playful, whimsical feel to the space. The laboratory, on the other hand, is a well-equipped shop that would be suitable for a professionally trained chemist. Paul had an addition built to the north that functions as a tasting room upstairs and part of the two-unit apartment below.

It is in the tasting room that Paul met his public with the wit and charm of a North Coast bohemian bon vivant; which he apparently cultivated with glee. He was a perfectionist with his product, but what really distinguished his wine from all others was his success in developing an array of flavors unlike any other in the world. He developed several offerings based on fermented whey, including his "Lemon Meringue Pie" and a cranberry/whey wine called "Cran du Lait". One might think that these quirky blends, including the "Chocolate/Orange" wine were a bit contrived, just to be different. However, an underlying theme in many of his specialty flavors is the regional and wild origin of the contents. You might say that Paul anticipated the 'locavore' movement thirty years before it took root in the US. Some examples include his wild blackberry, wild elderberry, wild plum and wild huckleberry offerings. He also produced more conventional flavors in an unusual style; like peach, blueberry, spiced apple, rhubarb and black cherry.

In the numerous articles written about Paul and his Shallon Winery, a couple of themes emerge. He really was a 'one-man show'. He gathered, fermented, bottled, packed and promoted his products essentially alone. However, he is a people person. He likes to share that he was open 365 days a year and met with approximately 50,000 visitors over the decades. He clearly took delight in meeting visitors to the tasting room with enthusiasm and grace and giving them a short course on his distinctive approach to wine-making. However, my guess is that self-styled connoisseurs who only wanted to display their own knowledge got the cold shoulder from this masterly Astoria-born and reared autodidact. One personal testimonial that he is very proud of is an effusive note from poet Gary Snyder.

I sense that the other motif of Paul's personal and professional life is connection to place; the place that is Astoria and the North Coast. He saw a lot of the world before coming back to his roots where he created a distinctive small-batch winery on the east end of downtown Astoria. A revealing example of his life-long connection to the region is the name of the winery. "Shallon" is the species name for the salal bush; *gaultheria shallon*. Is there a salal wine, you might ask? Of course there is! Instead of investing in a vineyard and taking a more traditional route to creating a financially successful winery, Paul chose to focus on using locally-sourced contents and developing the complex chemistry needed to create the impressive array of distinctive Shallon flavors. He clearly took the path less traveled, and his legions of fans have benefited from his skill and audacity; and so to has the Astoria community.

In a city that is today chock-full of artists, musicians, writers and crafters of all types, Paul Vanderveldt stands out as a cultural creative well ahead of his time in the grittier Astoria of earlier decades. After nearly forty years in the wine business, 97-year-old Paul is now fully retired. The winery closed in the early pandemic days of 2020 and has not reopened. The future of the Shallon Winery building is uncertain. The simple, two-level building with dirigible mural on the west side and quirky south facade with pebble-dash surface and red tile roof, is a notable local landmark for its architecture and history as the Shallon Winery.



Manufacturing and Fermenting



The Lab



The Alter

Will it become the new home of another Astoria creative genius? One can only hope. Hipfish sends out a big thank you to Paul Van der Veldt for his years of vision and dedication to the craft of wine-making in Astoria.



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THE RAIN is a kaleidoscope of white lines in the headlights. On high, the wipers hammer at it, tossing spray sideways with each frantic sweep across the windshield. The torrent pounds at the glass between strokes. Even at only 25 miles an hour, it's hard to see through the deluge, and my Fleetwood Mac cassette is barely audible through the drumming on the roof. I splash through pothole after pothole in the gravel of the cannery yard. A paper bag of groceries shifts in the seat next to me as I swerve to avoid a particularly large puddle. I slow and park in a sparse row of muddy trucks and beater cars facing the boardwalk. Even stopped, the wipers can't keep up with the downpour. It's two in the morning. I squirt out at the river. Not one of the silhouettes of commercial fishing boats tied to the dock has a light on. I'm early. We are fishing today, but nobody is ready to leave in this storm. I scan the yard and boardwalk. Normally two or three people can be seen at this time of night making their way to their boats with groceries, duffels or other gear. Tonight, the yard is empty. The wind sprays rain on my side window. I'm not eager to go out there. I light a smoke, turn off the engine and crack the window while I consider whether or not to wait until the rain eases.

My cigarette is almost done when another gust whips cold water onto my cheek and neck. Jesus, I breathe. I lift the collar of my cannery jacket and zip it all the way up. I take a last drag before shoving the cigarette butt out the crack. It's soaked and sputtering before I let go, and the wind pins it to the window. I watch the last of the smoke die as it slides halfway down and stops. I roll up the window, grab my bag of groceries and open the door. After four fishing periods with my skipper, I have finally decided to bring my own food to the boat. His menu of bologna, ketchup and butter on white

bread, along with bitter black instant coffee is all we eat when fishing, and I can't stand it anymore. I need better fare, so earlier this afternoon I loaded the shopping cart with Oreos, deli chicken, chips, peanut butter, jelly, a six-pack of soda, peanut butter crackers, gum, a giant bag of peanut M & M's and a healthy handful of Snickers. *From now on I eat well while we fish!* I smile at the thought as the checker stuffs the bag.

I pull my ball cap tight and look down as I walk to the lower float – the floating dock that the fleet uses when there isn't room at the more convenient upper dock. The float itself is tethered to pilings stuck in the riverbed and is in good repair. Several boats tie off here between fishing periods, but where the upper float has an access ladder on wheels that raises and lowers with the huge Cook Inlet tides, the lower float is only accessible by a ramshackle walkway stretched from the riverbank to the float. It's a Rube Goldberg-looking affair made of slippery-looking planks, sheets of plywood and waterlogged pieces of 2x12's lashed together with make-shift lines and cables. I look up as I reach the walkway – or what's left of it. The enormous high tide that we've had in the night is racing out to sea, and the 4x8 piece of plywood I am supposed to walk across is tilted at a steep angle with a foot of water pouring over it like it's a half-exposed rock in the middle of a white-water rapids. A taut wire cable rises from deep below the surface of the river and stretches to a piling sunk in the muddy bank next to me. There's a gap in the ramp at least six feet long, not counting the half-submerged plywood. The cable vibrates from the force of the torrent rushing past. Halfway along its length a piece of kelp bounces and sways. There's no getting across this mess.

Standing in the downpour, I can see our boat tied to the outside of the float. My skipper is on board, asleep. I'd rather spend the night in my own bed and get up a little early

before a fish day. I'm sure he would too, but he lives twenty-five miles out of town, so for him the boat is a better option. This is my first season, but in the past few weeks I've learned how every minute of sleep is to be savored during fishing. I'm not about to yell for help and wake everyone up. I look down the boardwalk toward the upper float and the cannery yard. Still no one in sight.

I put the groceries on the ground under the eave of the nearby gear shed and walk to the edge of the ramp. If I pull the line stretched between the 2x12 plank laying in the mud and the submerged plywood, I think, I might be able to lift the plywood back to the surface. At the edge of the river, the plank rests on the muddy bank at a 30-degree angle. I step onto it and ease my way to the water. The end of the plank is awash, and the eyebolt the line is tied to is barely above the surface. I lean out, grab the line and pull. It doesn't budge. Cold water surges up my arm and soaks my sleeve. I squat and pull hard using my legs, but the line doesn't move. My tennis shoes begin to slip on the wet wood, so I let go and step back. Raindrops, lit by the safety lights of the cannery, dance circles of colored light on the dark water. I consider going back to the truck to wait until the fleet wakes up, but Jim counts on me arriving early to wake him. He won't be happy if I don't show. I'm new at this, but I've already heard stories about skippers who go fishing without their crew if they're late.

I watch as rivulets of water pour from the brim of my cap. I'm staring at the inside of the float, where it's too shallow to tie up a 32-foot fishing boat like the *North Sea*. I'm looking at two *dories* tied off to it. *Wait a second.* I turn back to the gear shack. I'd set my groceries down ten feet from where someone leaned a new, ten-foot flat-bottomed plywood skiff. I tip the skiff over expecting to see oars inside, but they aren't there. I look from the skiff to the float. It's only thirty feet,

but the current would sweep me downriver if I tried to push myself across from shore. The Kenai River is cold and tonight, swollen and angry – not a place to make a mistake. I step back under the eave and clean the rain off my glasses with the bandana from my pocket.

I give it a think. I can get within six feet of the float in the skiff if I pull hand-over-hand using the cable that's stretched between the piling and whatever it's tied to under the water. That will get me close enough that I should be able to push off and grab the float before the current can take me downriver. I drag the skiff to the edge of the water on the downstream side of the walkway. I put the groceries in the bottom, push the little boat out until it floats, and holding its small bow line with one hand and the line coming off the piling with the other, I step in.

The skiff reacts to my weight like a skateboard on ice, tipping and bucking left and right. I sit quickly on the stern, which is still firm in the mud. Squatting to keep my center of gravity low, I duck-walk to the middle seat while holding the cable. I try not to think about what will happen if I end up in the river. I drop the bow line and straddle the seat, facing the upriver side of the little boat. Pulling on the cable coming out of the water and using my weight, I scoot the skiff out into the current. Immediately the little boat tries to shoot downriver. My fingers are white as I clench the cable. The upriver side of the skiff dips low toward the water. Keeping a grip on the line, I stretch my arms and slide back on the seat toward the other side of the skiff, righting it. I slide my hands along the cable as it angles downward until my wrists are against the transom, my fingertips screaming with the strain. I have no more line and six feet to go. Breathing fast, I gain a little leverage by raising myself to a squat. I rock the skiff back, then pull hard and launch it toward the float and let go.

Help Send Actors/Crew to the AACTFest Attend AN INTERVIEW at TenFifteen

TEN FIFTEEN PRODUCTIONS brings their September 2022 production of David Mamet's AN INTERVIEW to the regional AACTFest competition. The festival will take place at Gallery Theatre in McMinnville on March 17th and 18th.

The road to regionals will begin with a state adjudication of the show on Friday, February 10 at 4pm at The Ten Fifteen Theater. The performance is open to the public and tickets are currently available on the theater's website. All proceeds from this performance will go toward the cast and crew's travel expenses to the March event.

Should the group be selected to advance, they will bring the production to the national AACTFest event in Kentucky this June.

AACTFest is a national festival put on by the American Association of Community Theatre. The state competition winner will move on to the regional competition in McMinnville, and then the winner of the regional competition will



Gigi Chadwick

advance to the national competition in Kentucky this June. For more information on AACT, visit www.aact.org.

About the show:

An Interview is an oblique, mystifying interrogation. A sleazy lawyer is forced to answer difficult questions and to admit the truth about his life and career.



Cast: Mick Alderman
Gigi Chadwick

Directed by Ryan Hall and stage managed by Olivia Johnston.

MAMET

Tickets are \$20, and are currently available online at www.thetenfifteentheater.com. If you wish to support the production, but are unable to attend the performance, you may donate toward travel expenses on the website as well. Friday, February 10 at 4pm. The Ten Fifteen Theater.



Mick Alderman

Kim Angelis and Jennifer Goodenberger Romancing The Larsen Center January 19

Coastal violinist Kim Angelis and pianist Jennifer Goodenberger perform a benefit concert for the Larsen Center in memory of Josef Gault, the long-time manager of the center, formerly called the PAC.

Violin Virtuoso and composer Kim Angelis is an international performer and recording artist; her music inspired by gypsy-influence, bluegrass swing, classical structure and folk. Goodenberger is active as a recording artist and solo pianist, performing her original compositions and arrangements of folk and Celtic music. Her recordings are often used in the healing arts, and as film soundtracks. She has released 8 solo piano CDs.

February 19, 3pm at the Larsen Center. Tickets \$15. online: charnelarsencenter.org 503.338.9132 588 16th St. Astoria



Love, Lies & The Doctor's Dilemma TAPA presents

TAPA Players offer up a prescription for the winter doldrums this February. A contemporary farce by Michael Parker & Susan Parker, written in 2016, and centered on a couple of plant growing lovebirds.

Here's the lowdown on the plot: Widow Joan (Kristi Hanson) and her boyfriend/former gardener Sandy (Bruce Underwood) try to hide their relationship and what's growing in the greenhouse, growing enough pot to supply them with their daily dose of breakfast brownies, (when it was illegal). Joan tells one little white lie that grows into a hilarious afternoon complete with aging movie star Olivia St. Claire (Rikki Reid), mobster Vinny "the enforcer" (David Lamar Wheeler) who's intent on collecting a debt from Joan's son Chris (Jason Hovey), and neighbor Rachael (Kristin Johnson) who leaves chaos in her wake. Love, Lies, & the Doctor's Dilemma, with its physical comedy is just the right farce the physician ordered for the winter doldrums! Directed by Joan Harper.

PERFORMANCES: February 3-4, 10-11 at 7pm. Sunday matinees February 5, & 12 at 2pm. Doors open 30 minutes prior to curtain. At The Barn Community Playhouse, 12th & Ivy in Tillamook. Adults \$15, 12 and under \$10. Ticket info: tillamooktheater.com.



THEATRE PERFORMANCE

Every Brilliant Thing The Larsen Center

ACTOR TERRI BAIER and Director Edward James take their production on the road after a successful opening at KALA Performance Space in November 2022. As planned—this one - cast member show, with few props, requires only a stage, and an audience, not only to perform for, but to perform with—is the perfect movable play.

EVERY BRILLIANT THING is the story of a seven year old girl whose mother is in the hospital because 'she finds it hard to be happy.' To cheer up her clinically depressed mother, the girl starts a list of everything that's brilliant about the world, everything worth living for. 1. Ice cream. 2. Kung Fu movies. 3. Burning things. 4. Laughing so hard you shoot milk out your nose. Narrated by the now 37 year old woman, we learn how the list takes on a life of its own.

Although "Every Brilliant Thing" explores sobering subjects such as loneliness, suicide and depression, it is brimming with both heart and humor in a way that fully encapsulates the human experience and makes the story relatable, empowering and uplifting.

In fact, a reviewer for The Guardian once described it as: "One of the funniest plays you'll ever see about depression—"

Jonny Donahoe, script co-writer, is a well-known British comedian and performer who does stand-up comedy, and his brand of humor is evident in the writing.



Catch Every Brilliant Thing, Feb 3 at 7pm and Feb 5 at 3pm

That's one of the reasons the play appealed to James: It embeds humor into genuinely gut-wrenching topics without minimizing their impact or the authenticity of the woman who is recounting her life experiences.

At the beginning, Baier explains, the narrator is a young child, "so there are still little bursts of that childhood experience and viewpoint."

Another element of humor comes through incorporating the audience into what is otherwise a one-woman show. That lends itself to improvisation and the comedy that naturally accompanies the unexpected.

The piece also has the ability to bring awareness to and generate important dialogue about pervasive mental health issues. (Excerpt: Katherine Lacaze, Hipfish 11/22).

February 3, 7pm and Feb 5 at 3pm. Tickets \$15. online: charnelarsencenter.org The Larsen Center, 588 16th St. Astoria

Heroes and Villains Headline North Coast Symphonic Band's February 26 Concert



THE NORTH COAST SYMPHONIC BAND (NCSB)

presents a program of music featuring "Heroes, Legends, Myths, and Villains" at 2 p.m. Sunday, February

26, 2023 at the Astoria High School Auditorium. The band is conducted by Terry Dahlgren of Warrenton, Oregon.

According to Dahlgren, his music choices constitute "an ambitious and adventurous program featuring some well-known works and a few lesser-known, but equally exciting, pieces based around myths and lore. Well-known works include selections from the film scores for Superman and The Legend of Zorro. We'll also venture into science fiction with Doctor Who: Through Time and Space. The piece The Saint and the City by Jacob de Haan will explore the myth surrounding the city of Zwolle in the Netherlands. It's an epic adventure about the archangel Michael who becomes a young knight and fights off a dragon that terrorizes the beautiful city." The program will open

with the heroic John Williams piece The Olympic Spirit. NCSB Board President Brian Bergman will be the concert's emcee.

The Wables will perform concert prelude music from 1:30 to 1:55 PM while the audience gathers.

Regular admission is \$15 and student admission is \$8. Advance tickets can be purchased at the Liberty Theater Box Office from 2 to 5:30 p.m. Wednesdays through Saturdays or online at www.libertyastoria.showare.com. Tickets will also be available at the door starting at noon the day of the concert. Astoria High School is located at 1001 W. Marine Drive, Astoria.

AHS Band Director Jesse Strauch will be performing in the percussion section of the band in this concert. "AHS is excited to have the NCSB perform for the first time on our newly renovated auditorium stage," Strauch said. "Through the community bond effort, we are able to provide a space for local community performing arts groups to access this resource to support live shows."

WEEKLY EVENTS



Vista House is the project of Tim Howe and a rotating cast of characters, spanning the width of the country. Howe's alt-country dad vibe makes way for moments of powerpop and introspective indie rock, all with a wink and a nod to remind us that nothing has to be that serious. Vista House's music, just like the iconic Columbia River landmark, serves as a marker in the road and a bend in the waterway, a reflection of where you've been and where you're headed.

Vista House's upcoming album, *Oregon III*, will be released on February 9th via Anything Bagel tapes. The album chronicles Howe's cross-country journeys, ping-ponging between living in Oregon and rural North Carolina multiple times.

Sunday Feb 12, 6-8pm at the Fort George Lovell Room in Astoria. All ages, No Cover.

Friday 3

MUSIC
IDANHA. 6:30 – 8:30pm at Buoy Beer in Astoria.

The Horsenecks. Bluegrass. 6 – 8pm at Shelburne Pub in Seaview.

John Orr. Solo guitar. No cover, 6 – 8pm at Burley and the Bean in Seaside.

Matt Andersen. Singer/Songwriter. \$30, 7pm at the Lincoln City Cultural Center.

THEATER & PERFORMANCE

Every Brilliant Thing. \$15, 7pm at the Larsen Center in Astoria.

Guilty Conscience. \$20 - \$25, 7:30pm at the Coaster Theater in Cannon Beach.

Love, Lies, and the Doctor's Dilemma. Comedic farce. 7pm at TAPA in Tillamook.

Saturday 4

MUSIC
The Horsenecks. Bluegrass. 3 - 5pm at Shelburne Pub in Seaview.

Arran Fagan. Folk. No cover, 7 – 8:30pm at the Sou'wester Lodge in Seaview.

VISUAL ART

Seaside Art Walk. 7 – 7pm on Broadway St. and Holladay Dr. in Seaside.

Opening Reception. The Mini-Retrospective: John R. Stahl (1937-2017), Netarts Bay Modernist. 2 – 4pm at the Hoffman Center in Manzanita.

THEATER & PERFORMANCE
Love, Lies, and the Doctor's Dilemma. Comedic farce. 7pm at TAPA in Tillamook.

LECTURE & LITERARY

Story Time. Listen to stories about the theme, "Be My Valentine!" Pick up a take-home Valentine kit and a free gift. Target age is pre-k to 8 years old, but any age may attend. All children must be accompanied by an adult. 2pm at the Cannon Beach Library.

HAPPENING

Columbia River Shipwreck Conference 2023. \$20, noon – 4pm at the Columbia River Maritime Museum in Astoria.

Sunday 5

MUSIC
JT Trawick. Americana. 7 – 9pm at Pickled Fish in Long Beach.

THEATER & PERFORMANCE
Every Brilliant Thing. \$15, 3pm at the Larsen Center in Astoria.

Love, Lies, and the Doctor's Dilemma. Comedic farce. 2pm at TAPA in Tillamook.

LECTURE & LITERARY

Oregon Legacy Literary Series. Callum Angus. Free, 3pm at the Driftwood Public Library in Lincoln City.

Monday 6

MUSIC
JT Trawick. Americana. 7 – 9pm at Pickled Fish in Long Beach.

Tuesday 7

MUSIC
Barney Perrine. Blues/ Classic Rock. 7 – 9pm at Pickled Fish in Long Beach.
THEATER & PERFORMANCE
Open Mic. Join friends and poets for Ric's Open Mic. 7 pm at WineKraft in Astoria.

Wednesday 8

MUSIC
Barney Perrine. Blues/ Classic Rock. 7 – 9pm at Pickled Fish in Long Beach.

LECTURE & LITERARY
World of Haystack Rock Lecture Series. Free, 7pm at the Cannon Beach Library.

Food for All Oregonians Community Forum. A bilingual Spanish and English event. dinner and free off-site childcare included. 5:30pm at 2710 1st St in Tillamook.

Thursday 9

MUSIC
Brocco. Jazz, Folk, and Celtic tinged R&B. 7 – 9pm at Pickled Fish in Long Beach.

THEATER & PERFORMANCE
Pacific Story Slam. A live storytelling performance competition where stories are told to a theme. 6 – 8pm at North Beach Tavern in Long Beach.

LECTURE & LITERARY
Comin' in Over the Rock Benefit Night. With Cannon Beach Historian Peter Lindsey. Admission is free, but donations are strongly encouraged. 4pm at the Cannon Beach History Center & Museum.

HAPPENING
Bingo. 5 – 7pm at the Shelburne Pub in Seaview.

Friday 10

MUSIC
Ted Brainard. 6 – 8pm at Buoy Beer in Astoria.

Brocco. Jazz, Folk, and Celtic tinged R&B. 6 – 8pm at the Shelburne Pub in Seaview.

Mike Corry & Bryan Teal. No cover, 6 – 8pm at Burley and the Bean in Seaside.

Artist/Music Showcase. 7 – 9pm at Fairview Grange in Tillamook.

THEATER & PERFORMANCE
An Interview. Ten Fifteen Theater brings this David Mamet play to the stage one more time, as a warm-up to the regional AACTFest competition. \$20, 4pm. Proceeds to benefit travel expenses. Ten Fifteen Theater in Astoria

Guilty Conscience. Crime/Drama/Mystery. \$20 - \$25. 7:30pm at the Coaster Theater in Cannon Beach.

Love, Lies, and the Doctor's Dilemma. Comedic farce. 7pm at TAPA in Tillamook.

HAPPENING

Valentine Dog Portrait Mini Photo Session. \$99. At the Cannon Beach History

Center and Museum. make a reservation online at cynthiadanielwolf.com/valentine-session-sign-up

Saturday 11

MUSIC
Johnny Connolly & Sean Gavin. Irish/ Celtic. \$20, 4pm at the Peninsula Arts Center in Long Beach.

Ted Brainard. 3 - 5pm at the Shelburne Pub in Seaview.

Sama Dams. No cover, 7 – 8:30pm at the Sou'wester Lodge in Seaview.

Just Us. 6:30pm at the American Legion in Seaside.

Love Me, Love Me Not, a Valentine's Show. With Amanda Stanaway and Katelyn Convery. \$25, 7 – 9pm at the Bay City Arts Center.

VISUAL ART
2nd Saturday Art Walk. 5 – 8pm in downtown Astoria.

THEATER & PERFORMANCE
Guilty Conscience. Crime/Drama/Mystery. \$20 - \$25. 7:30pm at the Coaster Theater in Cannon Beach.

Love, Lies, and the Doctor's Dilemma. Comedic farce. 7pm at TAPA in Tillamook.

LECTURE & LITERARY
NW Authors Series. Willy Vlautin. 2pm at the Cannon Beach Library. Attend in person, or watch online at cannon-beachlibrary.org

Sunday 12

MUSIC
Raeann Phillips. Singer/Songwriter. 7 – 9pm at Pickled Fish in Long Beach.

Newberry & Verch. Celtic. \$30, 2pm at the Lincoln City Cultural Center.

THEATER & PERFORMANCE
Guilty Conscience. Crime/Drama/Mystery. \$20 - \$25. 3pm at the Coaster Theater in Cannon Beach.

Pacific Story Slam. A live storytelling performance competition where stories are told to a theme. 6 – 8pm at Maggie's on the Prom in Seaside

Love, Lies, and the Doctor's Dilemma. Comedic farce. 2pm at TAPA in Tillamook.

LECTURE & LITERARY
Oregon Legacy Literary Series. Connie Soper & Carey Taylor. Free, 3pm at the Driftwood Public Library in Lincoln City.

HAPPENING
Valentine Dog Portrait Mini Photo Session. \$99. At the Cannon Beach History Center and Museum. make a reservation online at cynthiadanielwolf.com/valentine-session-sign-up

Monday 13

MUSIC
Raeann Phillips. Singer/Songwriter. 7 – 9pm at Pickled Fish in Long Beach.



SUNDAY
Sunday Nostalgia with Barbara Anne. Folksinger Barbara Anne plays folk rock, covers and originals, and often is joined by her musical friends. 1-4pm at Winekraft in Astoria.

TUESDAY
Bingo Night. 6 – 8pm at Pelican Brewing Company – Cannon Beach.

WEDNESDAY
Live Bluegrass Music. With Small Towne. No cover, 6-8pm at Burly and the Bean in Seaside.

Trivia at the Merry Time. Trivia with host Sara Lu. 21+ . Signups at 6:30 and play at 7pm. Bingo-Trivia at 9pm. General Trivia \$2 per person to play: win cash and fun prizes. At the Merry Time Bar in Astoria.

THURSDAY
Guitar Noir with Joey Altruda. Jazz and more. 5 – 7pm at WineKraft in Astoria.

Small Farms Marketplace. Shop for eggs, veggies, bread, meat, prepared food, tea, coffee, and more. Customers can shop online Sunday-Tuesday each week and pick up their order Thursday 3-6pm at the North Coast Food Web in Astoria. Accepts SNAP EBT, cash, check, or debit/credit payments. Also accept Farm Direct checks seasonally (FDNP). Shop online at northcoastfoodweb.localfoodmarketplace.com/

Crafternoon. Come in person or Online to Craft and make friends. All crafts and skill levels welcome. 1 - 3pm at Purly Shell Fiber Arts in Ilwaco.

Trivia Night. 6 – 8pm at Pelican Brewing Company – Cannon Beach.

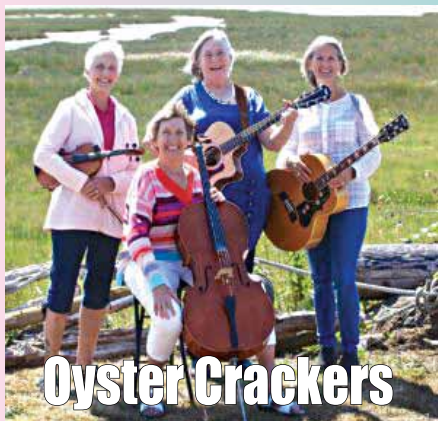
FRIDAY
Virtual Open Mic. Live online from the Peninsula Arts Center in Long Beach. 6:45 – 8:30pm. [get link](#)

Spirit Dance 2.0. Free-form dance. Music by DJ Pranawave. Suggested donation, \$10. Free for kids. 6 - 8pm. At Pine Grove Community Club in Manzanita.

Garibaldi Jam. Old-time favorites and Country-Western standards. Admission by donation. 6 – 8pm at the Garibaldi Community Hall.

SUNDAY
Fort George. Always a LIVE Band. 6pm-8pm in the Lovell Building at Fort George Brewery in Astoria. Food and Drink. All Agers. No Cover.

Karaoke with Connor. No cover, 7 – 10pm at the Labor Temple in Astoria.



Folk, swing and all kinds of good things, plus originals. The Oyster Crackers fresh from the Peninsula. Catch 'em at **The Peninsula Arts Center, Sunday, Feb 25, at 4pm. Tickets: peninsulaartscenter.org**



Faith & Majesty are an indie folk/alt sister duo/band from Gainesville, Florida. Their contemplative writing melded with hard-hitting harmonies make their music feel like a heartbreaking lullaby. Having started making music together in 2016, the duo are excited to release their first EP in 2023 following their string of single releases.

Sat, February 18, 7:00 pm – 8:30 pm, The Sou'wester Lodge in Seaview, No Cover.

Tuesday 14

MUSIC

Jazz on the River. With the Mel Brown B-3 Organ Group. \$65, includes dinner. 6:30pm in the McTavish Room at the Liberty Theater in Astoria.

Raeann Phillips. Singer/Songwriter. 7 – 9pm at Pickled Fish in Long Beach.

Austin Leonard Jones. No cover, 7 – 8:30pm at the Sou'wester Lodge in Seaview.

Wednesday 15

THEATER & PERFORMANCE

Pacific Story Slam. A live storytelling performance competition where stories are told to a theme. 6 – 8pm at the Worker's Tavern in Astoria.

HAPPENING

Tillamook County Job Fair. 10am-2pm at Tillamook Bay Community College in Tillamook.

Thursday 16

MUSIC

Blair Borax. Folk-Pop. 7 – 9pm at Pickled Fish in Long Beach.

VISUAL ART

Faculty+ Art Show Reception. 6 – 8pm at the Royal Nebeker Art Gallery at CCC in Astoria.

THEATER & PERFORMANCE

Guilty Conscience. Crime/Drama/Mystery. \$20 - \$25. 7:30pm at the Coaster Theater in Cannon Beach.

HAPPENING

Fascination Tournament Fundraiser. \$140 for a team of 4. 21+ only event including pizza, salad, beverage and bar. 6 – 8pm at Funland Arcade in Seaside.

Friday 17

MUSIC

Chris McNeary. 6 – 8pm at Buoy Beer in Astoria.

The Secret Beach & Jeremy James Meyer. 8pm at the Labor Temple in Astoria.

Christopher Worth. Indie Soul. \$20, 4pm at the Peninsula Arts Center in Long Beach.

Blair Borax. Folk-Pop. 6 – 8pm at the Shelburne Pub in Seaview.

John Tullis and Friends. No cover, 6 – 8pm at Burley and the Bean in Seaside.

VISUAL ART

Artist Reception: Figure & Face Exhibition. 4:30 – 6:30pm at the Cannon Beach Gallery.

THEATER & PERFORMANCE

Guilty Conscience. Crime/Drama/Mystery. \$20 - \$25. 7:30pm at the Coaster Theater in Cannon Beach.

Saturday 18

MUSIC

Blair Borax. Folk-Pop. 3 – 5pm at the Shelburne Pub in Seaview.

LECTURE & LITERARY

The Life and Work of Artist John R. Stahl. 1:30pm at the Hoffman Center in Manzanita.

THEATER & PERFORMANCE

Guilty Conscience. Crime/Drama/Mystery. \$20 - \$25. 7:30pm at the Coaster Theater in Cannon Beach.

HAPPENING

Roaring 20's Speakeasy Casino Night. Enjoy games of Black Jack, Roulette, Craps, and (for an additional fee) Texas Hold'em poker. Prizes for top chip holders' best 1920s costume at the end of the night. \$20 per person, \$30 per couple. Additional \$30 - \$50 for Texas Hold'em. 6 – 10pm at the Heritage Museum in Ilwaco.

Caring for Your Family's Treasures. With Donella Lucero and Betsy Millard. A presentation covering the basics of preserving cherished family items such as photographs and textiles. 1 – 4pm at the Columbia Pacific Heritage Museum in Ilwaco.

Sunday 19

MUSIC

Romancing the Larsen Center. Violinist Kim Angelis and pianist Jennifer Goodenberger in concert. 3pm. Tickets \$15. online at larsencenter.org and at the door. At The PAC, 16th & Franklin in Astoria.

The Wardens. Folk/Roots/Western. \$20, 2 – 4pm at the Raymond Theater in Raymond.

Kris Stuart. Folk, Blues, Country. 7 – 9pm at Pickled Fish in Long Beach.

THEATER & PERFORMANCE

Guilty Conscience. Crime/Drama/Mystery. \$20 - \$25. 7:30pm at the Coaster Theater in Cannon Beach.

LECTURE & LITERARY

Oregon Legacy Literary Series. Rachel King. Free. 3pm at the Driftwood Public Library in Lincoln City.

HAPPENING

The Goonies. Film screening. \$8, 7pm at the Liberty Theater in Astoria.

Artful Breakfast. \$5 - \$12. All you can eat eggs, pancakes, and more. 9am – noon at the Bay City Arts Center.

Monday 20

MUSIC

Kris Stuart. Folk, Blues, Country. 7 – 9pm at Pickled Fish in Long Beach.

Tuesday 21

MUSIC

Kris Stuart. Folk, Blues, Country. 7 – 9pm at Pickled Fish in Long Beach.

Wednesday 22

MUSIC

Terry Robb. Blues. \$20, 4pm at the Peninsula Arts Center in Long Beach.

Jacob Miller. Singer/Songwriter. 7 – 9pm at Pickled Fish in Long Beach.

LECTURE & LITERARY

State of Eelgrass in Tillamook Bay. With Tony D'Andrea. 6 – 7pm at Oregon Department of Forestry, Tillamook.

Thursday 23

MUSIC

Jacob Miller. Singer/Songwriter. 7 – 9pm at Pickled Fish in Long Beach.

LECTURE & LITERARY

Nature Matters. 10th Anniversary of Oregon's Marine Reserves: What have we learned? 7pm in the Lovell Showroom at Fort George in Astoria.

Friday 24

MUSIC

Castletown. Americana/Celtic. 6 – 8pm at Buoy Beer in Astoria.

Jacob Miller. Singer/Songwriter. 6 – 8pm at the Shelburne Pub in Seaview.

Barbara Anne. Original Folk and favorite covers. No cover, 6 – 8pm at Burley and the Bean in Seaside.

THEATER & PERFORMANCE

The Fisherpoets Gathering. Performance poetry, prose and song. Admission price get you a button and entry to all. At venues in Astoria.

Guilty Conscience. Crime/Drama/Mystery. \$20 - \$25. 7:30pm at the Coaster Theater in Cannon Beach.

Saturday 25

MUSIC

The Oyster Crackers. \$15, 4pm at the Peninsula Arts Center in Long Beach.

The Hackles. Roots-influenced Folk. 3 – 5pm at the Shelburne Pub in Seaview.

Oh, Rose. No cover, 7 – 8:30pm at the Sou'wester Lodge in Seaview.

VISUAL ART

Tillamook Downtown District Art Walk. 1 – 3pm in downtown Tillamook.

THEATER & PERFORMANCE

The Fisherpoets Gathering. Performance poetry, prose and song. Admission price get you a button and entry to all. At venues in Downtown Astoria. fisherpoets.org

Guilty Conscience. Crime/Drama/Mystery. \$20 - \$25. 3pm and 7:30pm at the Coaster Theater in Cannon Beach.

Industrial Cassette. A one-act Musical about climate change. 7 – 9pm at the Lincoln City Cultural Center.

HAPPENING

Shore Style Wedding and Special Events Faire. \$15 - \$25, 10 am – 3:30pm at the Loft in the Red Building, Astoria.

3 Capes Marathon Relay. From Cape Meares to Cape Kiwanda. \$249 for a five-person team, \$129 for a two-person team, and a solo marathoner is \$79. Register by 3/15 to get the t-shirt. Register online at threecapesrelay.com

Sunday 26

MUSIC

North Coast Symphonic Band. Heroes, legends, Myths, & Villans. \$8 - \$15, 1:30pm at Astoria High School.

The Hackles. Roots-influenced Folk. 7 – 9pm at Pickled Fish in Long Beach.

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THEATER & PERFORMANCE
The Fisherpoets Gathering. Performance poetry, prose and song. Admission price get you a button Coaster Theater Sunday Afternoon
fisherpoets.org

LECTURE & LITERARY
Oregon Legacy Literary Series. Mark Yaconelli. Free, 3pm at the Driftwood Public Library in Lincoln City.

HAPPENING
Astoria Contra Dance. No experience necessary. 8pm at the AAMC in Astoria.

Monday 27

MUSIC
The Hackles. Roots-influenced Folk. 7 - 9pm at Pickled Fish in Long Beach.

Tuesday 28

MUSIC
Kendl Winter. 7 - 9pm at Pickled Fish in Long Beach.

Wednesday 1

MUSIC
Bart Budwig & Meredith Lane. 6:30 - 8:30pm at Buoy Beer in Astoria.
Kendl Winter. 7 - 9pm at Pickled Fish in Long Beach.

Thursday 2

MUSIC
The Horsenecks. Bluegrass. 7 - 9pm at Pickled Fish in Long Beach.

Friday 3

MUSIC
IDANHA. 6 - 8pm at Buoy Beer in Astoria.
The Horsenecks. Bluegrass. 6 - 8pm at the Shelburne Pub in Seaview.
THEATER & PERFORMANCE
Heisenberg. A romance. \$25, 7pm at the Lincoln City Cultural Center.

Saturday 4

MUSIC
The Horsenecks. Bluegrass. 3 - 5pm at the Shelburne Pub in Seaview.
Twin Bridges No cover, 7 - 8:30pm at the Sou'wester Lodge in Seaview.

VISUAL ART

Seaside Art Walk. 7 - 7pm on Broadway St. and Holladay Dr. in Seaside.

THEATER & PERFORMANCE
Heisenberg. A romance. \$25, 7pm at the Lincoln City Cultural Center.

Sunday 5

MUSIC
Empire Trio. A Classical crossover ensemble. \$20, 2 - 4pm at the Raymond Theater in Raymond.

THEATER & PERFORMANCE
Heisenberg. A romance. \$25, 2pm at the Lincoln City Cultural Center.



The Tiptons are Coming

THE TIPTONS SAXOPHONE QUARTET & DRUMS are an internationally renowned all-female saxophone quartet with drums, celebrating over 30 years as a band. Amy Denio (alto sax, clarinet, voice) is joined by co-leader Jessica Lurie (soprano/alto/tenor sax, voice), Sue Orfield (tenor sax, voice), Tina Richerson (baritone sax, voice) and Xavier Lecouturier (drums, percussion) from Seattle.

The Tiptons' material ranges from micro-Big Band to Gospel, Bluegrass to Balkan, whimsical Chamber Jazz, and nocturnal Funk to Free Jazz Improvisation using saxophones, clarinet, their voices, drums, and inventive percussion to create a genre-busting 'world soul' sound. The band takes its name in honor of Billy Tipton, a female-born saxophonist who lived their life as a man in the 20th century to realize their dreams as a professional musician.

The Tiptons have released 13 CDs on labels such as Knitting Factory, New World Records, No Man's Land and Stockfish, as well as their own label, Zipa! / Spoot / Sowiesound. Their engaging sound reaches the deepest corners of our musical imaginations with saxophones, clarinet, voice, and drums. On their newest CD 'COOKBOOK' (2017), The Tiptons take ingredients from their boundless pantries and spice racks, using flavors inspired by music from New Orleans to Azerbaijan, mixed with tangos, hymns and rollicking sea shanties. You will be entertained by funky grooves and ironic recipes, dynamic improvisations and tasty compositions. COOKBOOK was recorded in Salzburg, Austria, mixed and mastered in Seattle, WA, and is commercially available worldwide on CD and by digital download.

The Tiptons have received multiple commissions and grants for composition and international collaborations. They also lead educational improvisation and composition workshops around the world, to people of all ages and musical abilities. The ensemble has performed at festivals worldwide such as North Sea and TAKTLOS and have been featured on radio stations worldwide including US National Public Radio, Italian, Austrian, German and Slovenian National Radio, have been featured by glowing press reviews in Downbeat Magazine, Spin, Earshot Jazz Magazine, All About Jazz, The Boston Phoenix, Seattle Stranger, LA Weekly, Musiche (Italy), etc.

"A concert by the Tiptons is always an invigorating event ... A truly unique phenomenon, ... they shock their audiences: funny, sharp and innovative, they lead where you do not expect to go, generously bringing us amazing songs, a soulful music, popular and demanding ... a feast for the eyes, an open spectacle, free and full of humor."
songkick.org,FR

FRIDAY, MARCH 10
7:30PM KALA Performance Space
Tickets \$25. Tickets on sale NOW
online: brownpapertickets.com

KALA 1017 Marine Dr. Astoria
503.338.4878

John R. Stahl, Netarts Bay Modernist A Mini-Retrospective at The Hoffman Center Gallery

LARGE ABSTRACT PAINTINGS, etchings, block prints, monotypes, and collages compete for attention with beautifully painted watercolors that perfectly capture our shimmering coastal light. In honor of Valentine's Day, one wall holds five exuberant individual Valentines gifted annually from the artist to his beloved wife. Never



Aaron Johanson, "Portrait of John R. Stahl holding his sculpture Nootka (1983)," 2000, gelatin silver print, collection of Janet Stahl.

satisfied with working in only one dimension, there are also painstakingly carved, modernist, sedimentary stone sculptures and, because John was an avid hunter, traditionally carved waterfowl decoys.

Stahl was a Renaissance man who loved contemporary art. He enjoyed expressing and challenging himself to master a wide variety of artistic mediums and styles while always maintaining his personal identity. John and his wife, Jan, built a house on Netarts Bay in 1979. They fished, hunted, grew their own vegetables, and were constantly inspired by the stunningly beautiful environment surrounding them. This exhibit demonstrates the strength, persistence, and clear vision of a gifted artist through 50 years of artistic accomplishment.

EXHIBIT February 3 through 25, Fridays through Sundays from 1-5 pm. An opening reception will be held 2-4 pm on February 4 during which the artist's wife Jan Stahl and exhibit curator Bonnie Laing-Malcolmson will speak about the artist and answer questions. A lecture on John R. Stahl's life and work will be held at the Hoffman at 1:30 on Saturday February 18. The not-for-profit Hoffman Center for the Arts is located at 594 Laneda Avenue, Manzanita, Oregon.



J. Stahl, *The Sun Also Rises*, Mixed Media

Recollection: Memories as collections of images painted through time.

Jill Falk at The Chessman Gallery

LINCOLN CITY – The Chessman Gallery, located inside the Lincoln City Cultural Center hosts a new exhibit titled "Recollection: Memories as collections of images painted through time" by painter and installation artist, Jill Falk. This show runs from February 3rd through March 20th.

This exhibit by Northwestern Artist, Jill Falk is comprised of several collections of evocative monochromatic paintings made over the last five years in Portland, Lincoln City, and Southern Oregon, as well as a site-specific video installation. It explores how images we hold onto as memory become anchors for particular states or feeling spaces we occupy at different times in our lives.

Jill says, "Memory, I think, is its own kind of painting. We build and alter memories every time we touch them (that's what the neuroscience says!). The building of a memory, to me, is so tangential to my process of painting, the way the ground is built with layers of paint and information, the image laid in, removed, repositioned, repainted, re-collected. The images I use for reference in my work generally come from still shots of television and film, old family photos (my own family and others), as well as my own personal photographic archives. The final paintings become a mesh of my own "actual" memories and memory captured through the lens of another and imprinted onto me, to be recollected later in my own memory banks. I get curious about how the images we hold as the past



become our reference for the passage of time and reality itself. Without memory I'm not even sure if time exists, exactly."

These paintings vary in scope from abstraction to higher levels of image rendering, much like a memory or a dream, some parts are clearer or more fully represented than others. This work is mostly focused on the feeling state of memory and less with 'accuracy' of an event.

The Chessman Gallery is open Thursday through Sunday, 10am – 4pm. The LCCC is located at 540 NE Hwy 101, Lincoln City, OR. 541 994 9994 www.lincolncity-culturalcenter.org

THENtherehereNOW

at KALA Gallery Rachel Siegel

THEN THERE, HERE NOW, is an exhibition with an eclectic mix of works created by artist Rachel Siegel. The exhibit includes older and newer works with themes of time & place; environment, landscape, home & people; embodiment & disembodiment. This micro retrospective features works of mixed media, collage, digital photography, illustrations, and installation.

A multi-media and installation artist and educator, Siegel now resides in Astoria and teaches photography for Portland Community College. Her creative work includes advocacy and organizing community art projects along

with teaching and creating artwork. She began to utilize art as a social tool while an undergraduate student, at UC Berkeley, graduating with two Bachelor of Arts degrees in the Practice of Art and Peace & Conflict Studies, the latter is a trans-disciplinary major, which allowed her to examine ways to facilitate a just society through art.

"For me, art goes beyond beauty, but I find it a great hook. The intention of my creative work is to socially engage by observing the universality of experiences and sharing stories that reveal a deeper understanding of our lives."



Print 2



Print 3

Fem-Pastiche

These digital collages juxtapose the internal body and the external natural world. The Pastiche of images composing these prints are from various sources, including scans of plant material, original paintings, drawings, photographs and found medical text and diagrams. The images are concerned with how we function as an organism and how we function within nature as a bigger organism that contains us.

Measure Up is a body of photographic diptychs exploring the psychological and social implications of how we measure both beauty and devastation. How can our representation of the landscape remain idealized, while the actual use and exploitation of natural resources plays out more brutally? Cultural views of women's bodies have a parallel to that of the land—purity and perfection are craved over knowledge and realism.



Measuring Up

Rachel weaves together multiple interests, often using humor and playfulness to investigate issues that are significant to her: including body image, family, health and labor. Rachel works on collaborative and solo projects. She has exhibited nationally and internationally, received grant funding for projects and her work is owned by private and institutional collections. Her MFA is from University at Buffalo, State University New York. And her BFA is from University of California, Berkeley.

Then There, Here Now opens for Astoria Art Walk, Feb 11, at 3pm. In celebration of the show, at 8pm, Singer Songstress Tavé Fascé Drake, front girl for the band Gerle Haggard, will entertain including songs, stories, poems, ukulele fun and games).

DJ GAIA follows with a dance set of vintage international funk and soul. Join KALA in art, music and community dance. 1017 Marine Dr. in Astoria

Northern Light Paintings by George Wilson IMOGEN Gallery

IN CELEBRATION of the return of FisherPoets Gathering, IMOGEN welcomes back George Wilson, a commercial fisherman and professional artist. Wilson who comes from a generational fishing family in Scotland now resides in Portland. His love of water, merging where sky meets shore is ever present in soothing and dreamlike watercolor paintings. For this series Wilson continues in true fashion bringing ethereal paintings, focusing on landscape, flora and fauna etched within memory. The exhibition Northern Light opens Saturday, February 11th from 5:00 – 8:00 pm and will remain on display through March 6th. George Wilson will be in attendance from 5:00 – 7:00 pm as well as the delightful duo Weird Fishes, comprised of Graham Nystrom and Celeste Olivares performing acoustic music.

For George Wilson, waterways are essential to life. Born into a fishing family in a small coastal Scottish village, he was raised on and around Moray Firth, an inlet of the North Sea. Wilson's relationship to water has always been a part of his



G. Wilson, *Glacial Waters*

existence, as well as a source of livelihood. His work is infused with his experiences as a fisherman, bringing the beauty of solitude as surveyor of land, water and its inhabitants.

His profound connection has culminated in an enchanting series of paintings that serve as visual poetry to places he has known, reflecting shoreline and its ever-changing edges as weather fronts work to shape and define.

For this series he brings serene landscapes depicting his love of terrain of places he's known. The saturation of

pigment on paper gently pools, emulating the climate and impact of atmospheric quality. Trees, lush with life dot hillsides held by waterways. As a fisherman, Wilson's work is framed by the importance of where land and sky meet. He shares with the viewer his love of the land with dreamlike renditions of places that resonate with a deep and rooted sense of nostalgia. About this series he reflects, "I am thinking about Northern Oceans today; of haar (sea fog) and the call of the kittiwake; of pink blushing dawns, long daylight hours and blazing sunsets. I know the Northern Light of Scotland and Alaska. I've seen it dancing on the Moray Firth and on the Shelikof Strait. I have seen it at the end of the day dipping behind the peaks of Morven and behind the snow-capped mountains of the Alaskan Peninsula. It is memory and longing, familiar yet far away."

Wilson who has painted as long as he's fished, eventually found himself entering the academic world with studies at Gray's School of Art, one of the United Kingdom's most prestigious art schools located in Aberdeen, Scotland. After graduating with a focus on painting and drawing, he found his way back to the sea where his time was shared between fishing trips and the studio. His work is a beautiful balance of both worlds with one love always merging with the other.

Imogen Gallery is located at 240 11th Street. Open Thurs - Mon 12 to 5pm, Sun 12 - 4, closed Tue/Wed. www.imogengallery.com 503.468.0620



G Wilson, *Island*

Artwork of Far Flung Friends in the Fishing Industry AVA Gallery



Maria Mellito, *Salmon Scape*, fish skin print

EACH YEAR in late February Astoria becomes a mecca for souls to pay homage to the mighty salmon and the commercial fishing industry during the FisherPoets Gathering. Astoria Visual Arts welcomes those FisherPoets who also lend their craft to the visual artists in an exhibit, Far Flung Friends in the Fishing Industry, featuring a variety of media--dioramas, fish skin prints, photography, printmaking, all honoring the annual salmon harvest. Alongside featured FisherPoet artists, regional makers will also share their fish inspired art. The exhibit opens during Astoria's Artwalk, February 11 from noon to 8:00pm and runs through March 4.

Astoria Visual Arts is located at 1000 Duane Street in Astoria is open Fridays and Saturdays from 12:00 to 4:00pm. Astoria Visual Arts is a 501(c)3 nonprofit, founded in 1989, that works to enhance, strengthen and promote the arts in Greater Astoria. For more information, please visit www.astoriavisualarts.org.



Noah Alexander and Isaac Stein, *A Widening Gyre*

Duncan Berry Exhibits Original Prints Of Oregon Coast Wildlife at RiverSea Gallery + Fisher Poet Afternoon

RIVERSEA GALLERY presents All My Relations, an exhibition featuring original prints of Oregon coast wildlife by Duncan Berry, an Oregon printmaker, photographer, and poet who will also perform in the 2023 Fisher Poets Gathering. The show opens on Saturday, February 11, from noon to 8:00 pm during Astoria's Artwalk, with the artist in attendance from 5:00 to 8:00 pm. The work will remain on view through March 7, 2023.

A special event and second reception for the artist will be held at RiverSea Gallery on Saturday, February 25, from 2:30 - 4:00 during the Fisher Poets Gathering. Surrounded by the All My Relations show, Berry and a cohort of fellow fisher poets, Mariah Warren, Meezie Hermansen, and Maggie Bursch, will perform their poems, sea shanties, and songs—poignant and hair-raising tales of the sea and those hunter-gatherers that venture out upon its rough waters.

Berry considers himself and other humans as one humble component of the interconnected web of life and natural elements in the surrounding environment. He makes his home in the UNESCO Biosphere Reserve at Cascade Head on the central Oregon coast. The land, sea, and sky of this hallowed



D. Berry, *All My Relations*, print



place are his muse, teacher, and sanctuary. This show explores his emotional connection with a diverse and fertile range of beings from various habitats, all found within a one-mile radius of his abode. His printmaking practice is a hands-on form of reverence for the life forms he depicts so eloquently.

Working directly from the salvaged body of a sea or land creature, a spray of foliage, or a slab of wood, Berry makes expressive composite impressions, using archival inks on mulberry paper to create elegant, one-of-a-kind prints mounted on birch panels. Some of his works are in a striking combination of white ink on black Unryu paper.

Berry has spent his life immersed in the surroundings of the Pacific Northwest coast and brings that deep connection to all his artwork. He grew up on Clatsop Plains south of Astoria and began working on his brother's salmon troller out of the Columbia River while still a teenager, becoming captain of the boat within a few years. Later, Berry spent several decades on Vashon Island, Washington as an entrepreneur in numerous art and design businesses. Upon his return to Oregon in 2006, he formed a non-profit to protect a large swath of land near Cascade Head. In addition to printmaking and photography, he writes poems and sea shanties about his fishing experiences and his connection with the beautiful land he calls home.

RiverSea Gallery is open daily at 1160 Commercial Street in Astoria. Mon Thru Saturday, noon to 5; Sunday, noon to 4. 503-325-1270 www.riverseagallery.com

BE A FOSTER HOME FOR A PUP!

By Kate Cooper • Animal Rescue Volunteer



Big Bug, an adorable boxer-mix is just one of the pups who would love a foster!

THIS MONTH instead of promoting a particular pup, we are putting out a call for fosters. Like many shelters across the land, we are full. We have a number of long stay dogs. Nationally adoptions are down 13%. So, we are looking for folks who can offer a temporary home to a needy dog.

Why would you foster? Don't you just end up having to give your foster pup away to a new home, and then worry that home is not as good as the one you provided ... Well in fact there are SO many benefits to fostering. Firstly it's not forever, instead you get all the joys of having a dog while simultaneously knowing it's not a 15 year commitment! You also get to be a hero for taking a pup out of the shelter. This action immediately reduces their stress levels, increases their sleep regularity and gives them some much needed stability. As a result, the dog you take will become more adoptable right away. Then as they stay with you making themselves at home, you will get to know more about who this dog is, what they love, what they react to. This is all precious information for adoption postings and passing on to prospective adopters. As we are talking about marketing, there are all kinds of ways to give your foster pup

exposure. This might include taking them with you on trips and excursions, or just to your local cafe. Add an 'adopt me' harness to their attire and people will see your pup is looking for their permanent home.

In terms of what the shelter provide, we will supply food and cover any costs associated with the dog while they are with you. We are also available to give support during the foster stay. In addition, if a foster placement doesn't work out we will always take the dog back. So, what do you say? Can you provide a temporary home to a pup in need, and change their life? If so - please follow the link below and complete our foster form.

<https://beachpets.com/long-beach-wa-shelter/foster/>



A Special Request from the Dogs & Cats at the CLATSOP COUNTY SHELTER

We're a little low on supplies.
Would you please help?

Dog Food – Nature's Domain (Costco)
Cat Food – Nature's Domain (Costco)
Wet Dog Food & Pate style Cat Food
High Quality Kitten Food
50 Gallon Garbage Bags
13 Gallon Tall Kitchen Bags
Paper Towels
Dawn
Bleach
Cat Toys (No Catnip)
Dog Kongs (Black only please)
Feline Pine Cat Litter
Laundry Detergent (HE)
Also - We take Cash Donations!

Clatsop County
Animal Shelter
1315 SE 19th Street
Warrenton, OR 97146

503-861-7387
Tuesday thru Saturday
Noon to 4pm

By Tobi Nason

word wisdom

TELL me how you really feel!

VALENTINE'S DAY can either be the best day of the year or maybe the worst. I've written many columns about love, types of love, what love is and what it isn't. I love the holiday when I'm in a romantic relationship. There's anticipation and the element of surprise, the opportunity for opening up more, moving a relationship forward, closer, together. Cards and gifts, chocolates- what's wrong with any of this?

Valentine's Day can move lovers forward and sustain relationships that, in reality, maybe should not be forwarded or sustained. The hype perpetuated yearly by marketers to "be in love" can sideline a so-so relationship. The idea of being in love (and loved) can be an aphrodisiac. The other person is everything and perfect. There is an excessive pressure to be in a romantic scenario. And yet, some will use the two weeks before the big day

to betray the loved one, as sort of a sick revenge. What's going on??

Valentine's Day may trigger one's shadow self, the ego's blind side. It's



the side where the ego refuses to acknowledge traits deemed unacceptable such as sadness, rage, laziness, cruelty, jealousy. Conclusion: Valentine's Day is a scripted day for couples and lovers to demonstrate the level of love for the other. The

shadow side (and yes, we all have at least one if not more) may be festering with sadness or rage over a lost lover. Or one lover spends much more time and energy to show love to the other only to have the other grab a box of chocolates and call it a day. Laziness has reared its ugly head. The beginning of subtle sabotages. The shadows are showing.

Bottom line: Recognize and acknowledge your own shadows. Yes, I can be (lazy, slightly cruel, mean spirited, jealous, etc.) Fill in the blank. Don't play act love. Be genuine and honest about who you are. Not perfect, not all good or all bad- but human. Happy Valentine's Day! It's a day to love people.

Tobi Nason is a counselor in Warrenton (503)440-0587.

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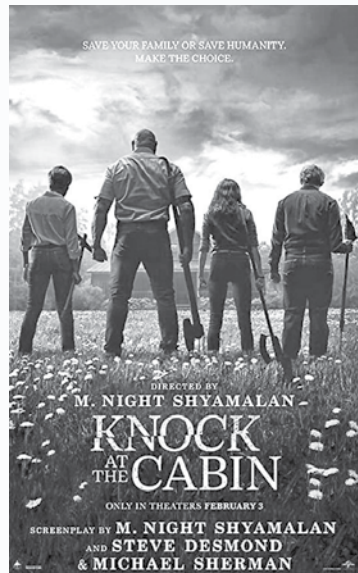
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THEATRICAL / STREAMING RELEASES

KNOCK AT THE CABIN (FEB. 3) M. Night Shyamalan returns with an apocalyptic thriller that some are calling his best film in years. A gay couple, Andrew (Ben Aldridge) and Eric (Jonathan Groff) and their 7-year-old daughter Wen (Kristen Cui) take a blissful vacation at a remote cabin in the woods. While playing outside, Wen sees a man emerge from the woods.

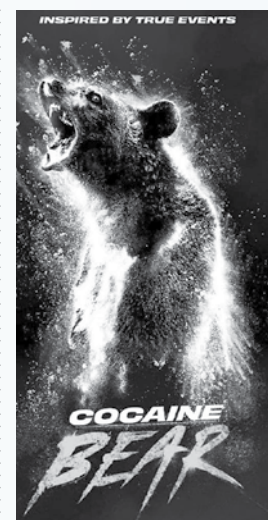
The man introduces himself to Wen as Leonard (Dave Bautista). Leonard tells Wen he needs her and her parents' help to save the world and apologizes for what he must do. Wen runs to warn her parents when she sees Adriane (Abby Quinn), Redmond (Rupert Grint) and Sabrina (Nikki Amuka-Bird) arrive carrying strange weapons. After the strangers break down the door and tie Andrew and Eric up, Leonard informs them that his group have all experienced premonitions of a coming apocalypse which can only be averted if the family chooses to sacrifice and kill one of their own. Eric and Andrew reject Leonard's group's claims as an excuse for a hate attack. Who is telling the truth?



80 FOR BRADY (FEB. 3) Screen legends Jane Fonda, Sally Field, Lily Tomlin and Rita Moreno team up for a buddy comedy focused on their shared love for football, more specifically dreamboat quarterback Tom Brady. Moreno plays Maura, who lives at plush retirement community. Betty (Field), is a retired mathematics professor and the long-suffering wife of a clingy husband (Bob Balaban). Fonda plays Trish, a writer of football-themed romance novels. Quarterback of the foursome is Lou (Tomlin), who's a cancer survivor and why the women are fans of the Patriots and Brady. When the friends miraculously win Super Bowl tickets in a contest, they hit the road to Houston with Lou having a secret personal motivation to see their idol. In the midst of Super Bowl festivities, the friends

indulge in some very un-senior-like behavior such as Betty participating in a hot sauce eating contest hosted by Guy Fieri, Maura sitting in on a high stakes poker game with heavy hitters, and accidental consumption of cannabis edibles leading to Lou and Betty doing their best dance moves, leading to a showstopping solo by Moreno. Based on a true story.

MAGIC MIKE'S LAST DANCE (FEB. 10) Director Steven Soderbergh returns to the series he started with the third and final film in the Magic Mike trilogy. Mike Lane's (Tatum) big business plans have collapsed and he finds himself broke and tending bar in Florida, back to square one. But he meets a mysterious wealthy woman, Maxandra Mendoza (Salma Hayek) who recruits him with an offer he can't refuse and an agenda she keeps to herself. Mike can't refuse the offer: to go to London to whip a talented roster of dancers to put on the ultimate Mike Lane show. "I want every woman who walks into this theater to feel that a woman can have whatever she wants whenever she wants," Mendoza commands. With no other options, Mike is happy to oblige.

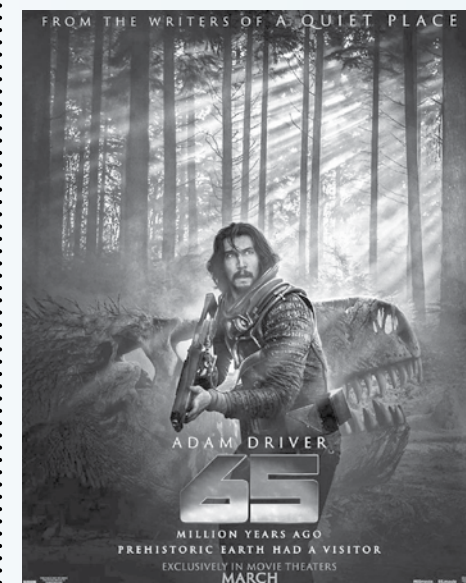


that a 175 pound black bear had "died of an overdose of cocaine after discovering a batch of the drug." The story has been fictionalized and turned into an action comedy by director Elizabeth Banks. In the movie a 500 lb. black bear ingests the cocaine dropped from a plane in a botched smuggling operation. Fueled by rage and a desire for more cocaine, the bear goes on a murder spree. The drug smugglers, led by Ray Liotta in one of his last roles, desperately search the woods for their missing stash, never realizing that they have more to worry about than lost cocaine. Various backwoods types provide amusement and body count. Keri Russell, O'Shea Jackson and Margo Matindale star.

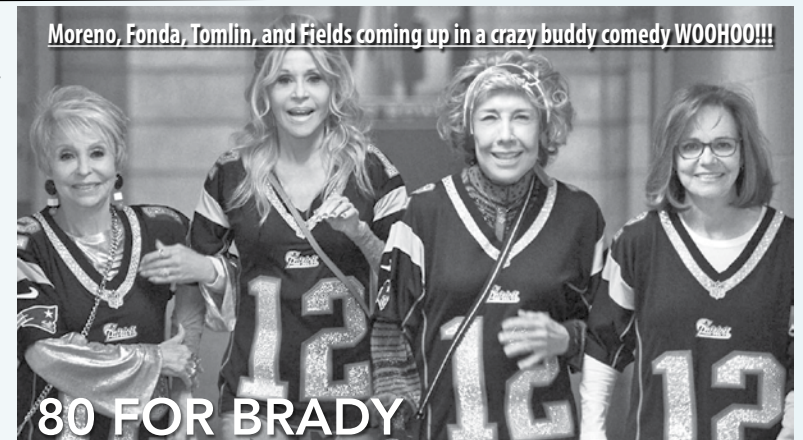
COCAINE BEAR (FEB. 24) The title says it all. In 1985, convicted drug smuggler Andrew Thornton threw a duffle bag full of cocaine out of a small plane and bailed out over Georgia. After his parachute malfunctioned, Thornton was killed but his cocaine landed intact. Later, the Georgia Department of Investigation announced

CREED III (MAR. 3) Michael B. Jordan makes his directorial debut as well as playing Adonis Creed for the third time in the long-running Rocky series. After the events of Creed II (2018) Adonis Creed is thriving in both his boxing career and family life.

When a childhood friend and former boxing prodigy, Damian "Dame" Anderson, resurfaces after serving a long sentence in prison, he is eager to prove that he deserves his shot in the ring. The face-off between former friends is more than just a fight. To settle the score, Donnie must put his future on the line to battle Dame – a fighter who has nothing to lose. For the first time, Sylvester Stallone does not appear in a Rocky film, quite possibly because of his publically-expressed anger since 2019 at Rocky producer Irwin Winkler over not having an ownership stake in the franchise.

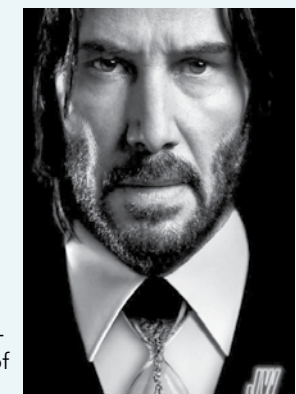


65 (MAR. 17) Multiple Oscar nominee Adam Driver stars in his first non-Star Wars sci-fi actioner. When his spacecraft crash lands on an unknown planet, pilot Mills (Driver) and a young girl, Koa (Ariana Greenblatt) are the only survivors. While the planet's atmosphere supports life, while exploring, Mills finds the remains of a giant animal and realizes they are not alone. Mills realizes they have crashed on Earth 65 million years in the past in the time of the dinosaurs. Mills and Koa's only chance of rescue is to reach an escape pod, but that



means crossing an unknown terrain filled with prehistoric creatures intent on killing them. On top of this, the pair learn that a giant asteroid is on a collision path with Earth and must desperately reach their escape vessel as the extinction of the world approaches.

JOHN WICK: CHAPTER 4 (Mar. 24) Keanu Reeves returns to the fourth installment of his signature action series, along with regulars Ian McShane as Winston Scott and Laurence Fishburne as The Bowery King, with the addition of new stars Donnie Yen as Caine and Bill Skarsgard as The Marquis de Gramont. Synopsis: With the price on his head ever increasing, John Wick uncovers a path to defeating the High Table, but before he can earn his freedom, Wick must face off against a new enemy with powerful alliances across the globe and forces that turn old friends into new foes. Two franchise spinoffs are in the works: one, a film entitled Ballerina (currently shooting) starring Ana de Armas (Blonde) as Rooney, a ballerina who seeks revenge by hunting the murderers of her family. The character was first introduced in John Wick Parabellum. John Wick and Winston Scott make appearances. Also, a 3-part TV series titled The Continental debuts on Peacock in 2023. The Continental is an origin story for the hotel that is a refuge for hitmen. Synopsis: Told from the perspective of the hotel manager, a young Winston Scott, played by Colin Woodell, who is based on Ian McShane's character in the films, is dragged through 1975 New York to face a past he thought he'd left behind. In an attempt to seize control of the iconic hotel, which serves as a meeting point for the world's most dangerous criminals, Winston charts a deadly course through the mysterious underworld of New York City.



FREE WILL ASTROLOGY

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FEBRUARY 2023

ARIES (March 21-April 19): Theoretically, you could offer to help a person who doesn't like you. You could bring a gourmet vegan meal to a meat-eater or pay a compliment to a bigot. I suppose you could even sing beautiful love songs to annoyed passersby or recite passages from great literature to an eight-year-old immersed in his video game. But there are better ways to express your talents and dispense your gifts—especially now, when it's crucial for your long-term mental health that you offer your blessings to recipients who will use them best and appreciate them most.

TAURUS (April 20-May 20): In esoteric astrology, Taurus rules the third eye. Poetically speaking, this is a subtle organ of perception, a sixth sense that sees through mere appearances and discerns the secret or hidden nature of things. Some people are surprised to learn about this theory. Doesn't traditional astrology say that you Bulls are sober and well-grounded? Here's the bigger view: The penetrating vision of an evolved Taurus is potent because it peels away superficial truths and uncovers deeper truths. Would you like to tap into more of this potential superpower? The coming weeks will be a good time to do so.

GEMINI (May 21-June 20): The ingredient you would need to fulfill the next stage of a fun dream is behind door #1. Behind door #2 is a vision of a creative twist you could do but haven't managed yet. Behind door #3 is a clue that might help you achieve more disciplined freedom than you've known before. Do you think I'm exaggerating? I'm not. Here's the catch: You may be able to open only one door before the magic spell wears off—*unless* you enlist the services of a consultant, ally, witch, or guardian angel to help you bargain with fate to provide even more of the luck that may be available.

CANCER (June 21-July 22): I trust you are mostly ready for the educational adventures and experiments that are possible. The uncertainties that accompany them, whether real or imagined, will bring out the best in you. For optimal results, you should apply your nighttime thinking to daytime activities, and vice versa. Wiggle free of responsibilities unless they teach you noble truths. And finally, summon the intuitive powers that will sustain you and guide you through the brilliant shadow initiations. (PS: Take the wildest rides you dare as long as they are safe.)

LEO (July 23-Aug. 22): Fate has decreed, "Leos must be wanderers for a while." You are under no obligation to obey this mandate, of course. Theoretically, you could resist it. But if you do indeed rebel, be sure your willpower is very strong. You will get away with outsmarting or revising fate only if your discipline is fierce and your determination is intense. OK? So let's imagine that you will indeed bend fate's decree to suit your needs. What would that look like? Here's one possibility: The "wandering" you undertake can be done in the name of focused exploration rather than aimless meandering.

VIRGO (Aug. 23-Sept. 22): I wish I could help you understand and manage a situation that has confused you. I'd love to bolster your strength to deal with substitutes that have been dissipating your commitment to the Real Things. In a perfect world, I could emancipate you from yearnings that are out of sync with your highest good. And maybe I'd be able to teach you to dissolve a habit that has weakened your willpower. And why can't I be of full service to you in these ways? Because, according to my assessment, you have not completely acknowledged your need for this help. So neither I nor anyone else can provide it. But now that you've read this horoscope, I'm hoping you will make yourself more receptive to the necessary support and favors and relief.

LIBRA (Sept. 23-Oct. 22): I can't definitively predict you will receive an influx of cash in the next three weeks. It's possible, though. And I'm not able to guarantee you'll be the beneficiary

of free lunches and unexpected gifts. But who knows? They could very well appear. Torrents of praise and appreciation may flow, too, though trickles are more likely. And there is a small chance of solicitous gestures coming your way from sexy angels and cute maestros. What I can promise you for sure, however, are fresh eruptions of savvy in your brain and sagacity in your heart. Here's your keynote, as expressed by the Queen of Sheba 700 years ago: "Wisdom is sweeter than honey, brings more joy than wine, illumines more than the sun, is more precious than jewels."

SCORPIO (Oct. 23-Nov. 21): Your assignment, Scorpio, is to cultivate a closer relationship with the cells that comprise your body. They are alive! Speak to them as you would to a beloved child or animal. In your meditations and fantasies, bless them with tender wishes. Let them know how grateful you are for the grand collaboration you have going, and affectionately urge them to do what's best for all concerned. For you Scorpios, February is Love and Care for Your Inner Creatures Month.

SAGITTARIUS (Nov. 22-Dec. 21): Revamped and refurbished things are coming back for another look. Retreads and redemption-seekers are headed in your direction. I think you should consider giving them an audience. They are likely to be more fun or interesting or useful during their second time around. Dear Sagittarius, I suspect that the imminent future may also invite you to consider the possibility of accepting stand-ins and substitutes and imitators. They may turn out to be better than the so-called real things they replace. In conclusion, be receptive to Plan Bs, second choices, and alternate routes. They could lead you to the exact opportunities you didn't know you needed.

CAPRICORN (Dec. 22-Jan. 19): Author Neil Gaiman declared, "I've never known anyone who was what he or she seemed." While that may be generally accurate, it will be far less true about you Capricorns in the coming weeks. By my astrological reckoning, you will be very close to what you seem to be. The harmony between your deep inner self and your outer persona will be at record-breaking levels. No one will have to wonder if they must be wary of hidden agendas lurking below your surface. Everyone can be confident that what they see in you is what they will get from you. This is an amazing accomplishment! Congrats!

AQUARIUS (Jan. 20-Feb. 18): "I want to raise up the magic world all round me and live strongly and quietly there," wrote Aquarian author Virginia Woolf in her diary. What do you think she meant by "raise up the magic world all round me"? More importantly, how would you raise up the magic world around you? Meditate fiercely and generously on that tantalizing project. The coming weeks will be an ideal time to attend to such a wondrous possibility. You now have extra power to conjure up healing, protection, inspiration, and mojo for yourself.

PISCES (Feb. 19-March 20): Before going to sleep, I asked my subconscious mind to bring a dream that would be helpful for you. Here's what it gave me: In my dream, I was reading a comic book titled *Zoe Stardust Quells Her Demon*. On the first page, Zoe was facing a purple monster whose body was beastly but whose face looked a bit like hers. On page two, the monster chased Zoe down the street, but Zoe escaped. In the third scene, the monster was alone, licking its fur. In the fourth scene, Zoe sneaked up behind the monster and shot it with a blow dart that delivered a sedative, knocking it unconscious. In the final panel, Zoe had arranged for the monster to be transported to a lush uninhabited island where it could enjoy its life without bothering her. Now here's my dream interpretation, Pisces: Don't directly confront your inner foe or nagging demon. Approach stealthily and render it inert. Then banish it from your sphere, preferably forever.



The Pacific Story Slam is Back!

THE Pacific Story Slam is Back - A multi-bar collaboration and competition. Seaside vs. Astoria vs. Long Beach. Win the Championship trophy and claim your town as the best storytelling town on the coast!

"What is a Story Slam?"

A story slam is a live storytelling performance competition where members of the audience stand up and tell a story to a theme. The stories must be true, they must be YOURS and they must be told in 5 minutes or less.

Who can participate?

Any member of the audience can put their name in the basket to tell a story. ALL members of the audience will be given a ballot and be asked to vote for the best storyteller.

Can I tell a story at more than one bar?

Absolutely! Even if it's only to be an audience judge or to checkout the competition.

Monthly winning storytellers will

go on to compete in the GRAND Championship March 25th at Workers Tavern with guest storyteller judges **Eleanor Cathleen O'Brien** hot off her Scotland Fringe Festival show and **Cat Powell-Hoffman** recently of The Moth at the Arlene Schnitzer in Portland!

The monthly themes for the 2023 Pacific Story Slams will be the same at each bar.

January - Bad Influence

February - Customer Service

March - Luck

Grand Championship on March

25th

- Champion's Choice

LOCAL DATES:

Workers Tavern in Astoria

Wednesdays, 2/15, 3/15 6:00 pm

North Beach Tavern in Long Beach

Thursdays, 2/9, 3/16 6:00 pm

Maggie's On The Prom in Seaside

Sundays, 2/12, 3/12 6:00 pm

Any questions? Call the participating venues.

Sou'wester Arts & Ecology Workshops Music and Play: Creative Songwriting and Listening as a form of Play with Mike Long

LEARN A NEW CRAFT or trade with Sou'wester Artist-In-Residence Instructors at Saturday Workshops. Workshops run 10am -2pm. Check out the schedule and register for some creative fun. Workshop participants receive 10% off of lodging. www.souwesterlodge.com

Music and Play Workshop-February 18: Either as listener or creator, how we participate in music is deeply informed by cultural norms. In this workshop, I'd like to invite musicians, non-musicians, beginners, and experts to explore our often hidden cultural values. We will investigate examples of unconventional songs and styles and explore how integrating "play" into your music can lead to unexpected places.

Mike Long (Tiny Anthems) has been writing songs about other people's lives for a living for the last half a decade. Having composed and recorded hundreds of sprawling, funny, sometimes messy songs to celebrate actual people, he believes that music and community go hand-in-hand.



HOMEWORK: GIVE A BLESSING TO SOMEONE THAT YOU WOULD LIKE TO RECEIVE YOURSELF.
NEWSLETTER.FREEWILLASTROLOGY.COM

But It's Natural!

In naturopathic medical school, the most surprising thing I learned was that not all “artificial” medical interventions are as harmful as I had believed, and not all “natural” interventions are risk-free. Like many aspiring practitioners, I’d had negative experiences with conventional treatments for a chronic health condition, only to experience improvement from dietary changes and herbs. Most of my first-year classmates had similar experiences and beliefs, and we were surprised (and in some cases disappointed) to find these beliefs challenged in our basic and clinical science courses. I came away with a more nuanced attitude toward any type of medical intervention, whether “conventional” or “complementary/alternative,” with an emphasis on using whatever will provide the most benefit and the least harm for each person.

Anything that has the potential to treat a condition also has the potential to do harm. A substance can't be both medicinal and safe for everyone, any time. That's why nutraceutical products have a warning on the bottle saying, “Talk to your healthcare provider before taking this supplement.” Your provider can recommend products that are right for your specific health condition(s) and provide precautions if you have a particular condition. The more potent the medicine, the finer the line is between a therapeutic dose and a toxic dose (i.e., poisoning). Sometimes folks think that if a little helps, more is better, but this isn't a good plan for



either medications or supplements, especially supplements that act more like medications (small amounts go a long way).

Herb-drug and herb-nutrient interactions are common. If you're taking more than one medicine for the same condition, you might get additive effects where you'll need less of each substance for the same effect...and what was supposed to be a therapeutic dose becomes a toxic dose. Some substances interfere with others' efficacy, with some interactions being well-known (vegetables high in vitamin K with blood thinners; grapefruits with cholesterol-lowering drugs) and others not so much. Hippocrates rightly characterized food as medicine, and if something is medicine, it can hurt as well as heal if it's not wisely prescribed and used.

Natural medicines haven't been as extensively tested as pharmaceuticals in their randomized controlled trials, with tens of thousands of study participants. One reason is that pharmaceutical companies don't have a financial interest in researching substances that they can't patent and profit from. On the other hand, natural medicines have a long history of empirical use, which I value and respect as ancestral knowledge. It just becomes a “user beware” issue: medicines from nature are powerful allies (like the Force), but you also need to accept that in taking the ones that haven't been researched as much, you're conducting your own medical experiment...on yourself.

What about wildcrafting herbs? I love collecting plants in the wild and establishing relationships with them. But you need to know the hazards, such as contamination of the soil from pesticides or hydrocarbons (thus, don't collect plants growing right by the roadside) and from toxic plants that grow in the same environment.

I love the fact that natural medicine is democratic: you don't need a medical degree to befriend plants and to access cultural wisdom about their uses. But this accessibility also means you need to accept certain risks and to inform yourself about possible adverse effects, allergic reactions, and other problems. I love empowering people to learn about traditional remedies and folk wisdom, but I encourage a healthy dose of caution, since no medicine is 100% safe for 100% of people 100% of the time.

CMH HOSTS VARIETY OF SUPPORT GROUPS AND CLASSES Programs open to the public

Diabetes Prevention Program: CMH's Diabetes Prevention Program starts Tuesday, Jan. 31, 2023, and runs weekly on **Tuesday evenings from 5:30 to 6:30 p.m.** in the CMH Columbia Center Coho Room, 2021 Marine Dr., in Astoria. This program is CDC-recognized and based on research. It is focused on healthy eating and physical activity. Registration is required.

Grief Support Group: The grief support group is for anyone experiencing the loss of someone. This group is a safe place to explore the challenges you face as you journey on your unique path of grief. The group meets **every third Thursday monthly**, from 4:30 to 6 p.m. in the Lower Columbia Hospice office, 2120 Exchange St., Ste. 203 in Astoria.

Tobacco Support Group to Stay Quit: If you've quit tobacco (smoking/vaping/nicotine) and are looking for encouragement to stay quit, join the support group at CMH. Meetings will be held the **first Thursday (noon to 1 p.m.) and last Thursday (5:30 to 6:30 p.m.) monthly** in the Coho Conference Room, 2021 Marine Dr., in Astoria. The group will run from March 2 through August 31.

Weekend Birth Class: This nurse-led class covers labor and pain management, nutrition, infant care, breastfeeding, and self-care after baby is born. **This is a one-day course on certain Saturdays from 9 a.m. to 4:30 p.m.** in the CMH Columbia Center Coho Room, 2021 Marine Dr., in Astoria. Registration is required. Upcoming class dates include March 4, April 15 and June 3. More classes will be scheduled for the second half of 2023.

WomenHeart Heart Disease Support Group: WomenHeart is a support group for women to help them learn about heart disease, including how to prevent or how to manage and live more fully once diagnosed. **The group meets several times a year on most third Wednesdays of the month at 6:30 p.m. via Zoom.** The link is accessible at columbiamemorial.org/events.

To register for the above events or learn more about them, visit columbiamemorial.org/events.

Dragonheart Herbs & Natural Medicine
www.cannonbeachacupuncture.com

Margaret Hammitt-McDonald, PhD, MSOM, ND, LAc
Naturopathic Physician, Licensed Acupuncturist
Shannon K. Brown, MSOM, ND, LAc
Naturopathic Physician, Licensed Acupuncturist
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FOOD GROOVE

YOU know how THEY say that we only use 10% of our brain capacity? I know why. Not why they say it. Why we do it. It's because every single person, animal, element and thing in the universe is connected to and dependent upon every other person, animal, element and thing in the universe. Awareness of that fact on a minute-to-minute basis is exhausting and often terrifying. Even the occasional glimmer of realization where this is concerned is sufficient reason for at least 90% of one's brain to clock out. I am aware there are those who are highly evolved and zen-like, and able to grok all of the above with grace and calm. I'M NOT TALKING TO YOU! I'm never talking to you.

My brain, in its tiny way, chooses to focus. It's a self defense mechanism and it has worked just okay, thank you, for lo these many years. 10% of my brain focuses on the issues at hand and the other 90% lolls about on its chaise lounge eating bon bons and channel surfing. I'm about 10% certain that's how it works.

So here's the focus: Valentine's Day. It's a perfect brain exercise. It encompasses love, passion, tenderness, remembrance and the possibility of sex. If you add food to the mix (and you most certainly should) you have enough stuff to keep a good 12% of your brain occupied for a full day.

Love is a big, complicated theme. Having had three exceptional husbands, I can tell you that I know rather a lot and absolutely nothing about the subject. But I know something about food and food is the ultimate aphrodisiac. No need to invest in questionable substances claiming to enhance sexual desire. Everything you need is in the pantry.

Granted, Valentine's Day is more about romance than sex but the lines are blurry and good food lovingly prepared works either way. Here are a few things I would do if I wanted to romance an evening away:

a) Flora and lots of it. Flowers and greens add color, humidity, aroma and atmosphere. I like the moist*, earthy feel and smell of plants rather than the big nose of old fashioned roses and cut flowers when it comes to blending with a meal.

b) It's no secret that I think music makes everything better. Just make sure it doesn't compete with the hyper-sexy stuff like the sounds of flatware grazing china, the chink of a wine bottle kissing the rim of a glass, the fizz of champagne cascading down the inside of a flute, a guttering candle, the appreciative sounds following a first bite of something luscious. It's table talk and it's erotic as all get out.

c) Get your hands on your food. Sure, there are things that require silverware. Potatoes and gravy and pudding are not easy to eat gracefully by hand. There are potential merits in trying but, in this case, we're talking romance not lust. Salads, which try not to stay on your fork anyway, are fine for eating with fingers, bread torn from the loaf and dipped in soft butter or sauce from your plate, whole fruit and wedges of cheese, soup drunk from big mugs, roasted vegetables, meat on the bone - there is no end to what you can eat by hand. Offering someone a bite from your fingers is a whole different deal than a bite off your fork, if you get my drift.

d) All of the above. Plus dessert. Things dipped in chocolate are perfect. Chocolate Fondue is warm, sensual, luscious luxury.

If you're in love or serious like, Happy Valentine's Day. If you are between commitments, as it were, chocolate doesn't judge you. It aims to please. And succeeds.

CHEW ON THIS!

by Merianne Myers



VALENTINIAN CHOCOLATE FONDUE

- 10 ounces dark chocolate (70% cacao is nice)
- 6 Tablespoons heavy cream
- 1 Tablespoon Cognac or Grand Marnier or booze of choice
- 1 Tablespoon butter or sweet nut oil or orange oil (optional)

• Heat the cream to a simmer. Do not let it boil.
• Chop the chocolate and put it in a heatproof bowl over a pot of simmering water. When it begins to melt, stir in the remaining ingredients and blend.

• Fondue pots are nice but not mandatory. I have used an 8" terra cotta flower pot with a votive candle in it. On another occasion, a small heating pad designed to keep your coffee cup warm did the trick. This was initially thought to be a gift of questionable merit. Until...fondue!

• A whole lot of stuff is happy to be dipped in this glossy goodness. Serve with a tray of orange segments, banana slices, ginger snaps, pretzels, marshmallows, pecans, dried apricots, strawberries. You figure it out. Just now, I'm figuring out dried plums. Remember when they used to be prunes? Well, now they're dried plums. Whatever you call them, give them a little soak in Armagnac then a dip in chocolate. They love that. You will, too.



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Desdemona Speaks

By Judith Altruda

Sisterhood of the Sea

The Fisher Poets are coming to Astoria this month—the first in-person gathering since 2020. One of my favorite performers at that last event was 90-year-old Loretta Brockhoff of Tokeland Washington, who held audiences spellbound with *The Tale of the Barbara Lee*, a tragic account of a crab boat



Loretta standing by, from a long ago fishing era.

that sank while attempting to aid the coast guard cutter *Invincible*.

It happened on January 29, 1960. Loretta listened to it go down on Hallicrafter radio in her kitchen, hoping it wasn't her husband's boat in trouble. She wasn't the only one:

"The wives along the coast set their hallicrafters
Ship to shore on the marine band channel
For each lived her own nightmare
Of having her world ripped asunder by one call
It wasn't something you were ever prepared for
It was just the way you lived, praying and hoping"

Loretta, who had dreamed of becoming a newspaper reporter, came to Tokeland as a teen in the summer of 1947. Basically, she never left. She got a job shaking crab at Nelsons Cannery for 4 cents a pound. Three years later, she married Jack Brockhoff, a commercial crab fisherman. While raising their five children and working at the cannery, Loretta was also a charter member of the Tokeland Mother's Club, (a precursor to the PTA). Somehow, she also found time to write.

She shared the following poem onstage in 2020. Written in plural form, it is not just one woman's experience but a community of women, fishermen's wives, a sisterhood of the sea.

Loretta hopes to return to Fisher Poets this year. "If I'm still alive, I'll be there," she joked.



Lorette Brockhoff at KALA, 2020 Fisher Poets



HOME FROM THE SEA

BY LORETTA BROCKHOFF

The old hallicrafter radio, ship to shore,
Sits on the kitchen shelf.

Our lifeline—our contact
It cuts across the kitchen,
It cuts across our lives!

You so seldom speak on the radio
But I track you thru your running mates
As they banter back and forth.
Limey had tuna signs offshore
Hear the fish are hitting off Blanco
Awful long haul down there
Rumors of tuna 200 fathom straight out
Aw getting dark—better pack it in for the night!

They come home from the sea,
They smell like dead fish, rotten bait,
They smell like dried saltwater
Like diesel, oil, life and death!
Oh God, we're glad to have them back!

Life goes on; summer is underway
Beach fires, hot dogs and swimming
With the kids at the Davis swimming hole.
Trip should be winding down
Fuel and supplies running low.
Will they head home or for another port?
The old hallicrafter cuts thru our lives
As we wait some more!

You catch your breath,
Your heart skips a beat!
You plaster your ear to the speaker
As you scream at the kids
Be quiet! Someone's in trouble
Whew! Not one of ours
Earl is the closest—heading their way
Three men aboard—taking on water
89 to 90 miles to Newport!

Rumors are flying—the boats are heading home
Maybe the hatch is loaded, maybe not.
Radio says they should make the dock around six.
As the boats slip around the corner onto the dock
I spot your blood-spattered cap cocked over one ear.
That stupid grin lights up your blue eyes
As they momentarily meet mine.
Go get me a beer, I hear you yell;
As the cannery crew arrives,
The work of unloading begins
One trip safely over,
Another soon to come!

They come home from the sea
They smell like dead fish, like rotten bait;
Like diesel oil, like life and death.
Oh God, we are glad to have them back!

NORTH COAST COMMUNITIES FOR WATERSHED PROTECTION PETITION

To: Oregon's elected officials, private timber corporations and the Oregon Department of Forestry

Stop Clearcutting, Slash Burns and Pesticide Sprays Near Drinking Water Sources on the Oregon Coast

We the undersigned Petitioners are residents, business owners, water rate-payers, visitors and admirers of the North Oregon Coast who are concerned about the water we drink and the air we breathe. This petition shows support for basic, common-sense protections of these drinking watersheds. It will be presented to city, county and state legislators and agencies in order to demonstrate widespread support for common-sense protections for the most essential human rights of access to safe and plentiful drinking water, and clean air. These are protections our communities desperately need in the face of a changing climate.

Why is this important?

WHEREAS, there is a growing water shortage, especially in the summers, caused by climate change, increased demand and accelerated forest clearcutting;

WHEREAS, water quality has declined, and in some areas, can require an unsafe amount of chemical additives and treatments to meet minimum Oregon Health Authority standards;

WHEREAS, buffer zones are inadequate to address the fact that the air we breathe and the water we drink are compromised by slash burning and pesticide spraying;

WHEREAS, government agencies have failed to adequately protect community watersheds and air quality, even in the face of unprecedented climate change and industrial forest clearcutting;

ACCORDINGLY, Petitioners want accountability for the above, want no more logging operations and no more pesticide use in drinking watersheds across all land ownership in the North Oregon Coast, and want an end to pesticide applications near where people live and recreate.

FURTHERMORE, Petitioners seek independent health studies and unbiased analyses of the water people in the area drink and the air everyone breathes.

To sign this petition go to www.healthywatershed.org

PETITION and AWARENESS CAMPAIGN: Safeguard and Restore our Drinking Water Sources. Because of drought, seasonal water shortages, and industrial forestry practices, our coastal drinking water quality and quantity are being seriously compromised. As a matter of necessity and regardless of land ownership, NCCWP demands no more logging and no more pesticide spraying within our drinking watersheds, since drinking water is rightfully part of the public trust. We all deserve access to clean air and water.

NCCWP is looking for people willing to help canvas in-person, door-to-door, at farmers markets, and, possibly, in front of supermarkets. Please contact NCCWP this is something you would be comfortable and willing to help with in 2023!

The aim of the current petition is to spread awareness throughout our coastal communities—and beyond—and to begin to build a massive wave of public support. The petition will be presented to local and state elected officials and relevant organizational leadership. Sign the petition if you care about the health of our watersheds, and share it with friends.

For more information about NCCWP and to sign up to volunteer, go to healthywatersheds.org

VOLUNTEER!

EDITOR'S NOTE: In the January issue of HIPFISH we featured the North Coast Communities For Watershed Protection story, *Trust The Alder*. In the end, we screwed up the website address for this petition. So we present it again with the correct address.

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