

September 2021 • vol 22 • issue 271

HIPFISH MONTHLY

alternative press serving the lower columbia pacific region

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100 YEARS OF WEIRD AND WONDERFUL!

THIS OCTOBER P18



Terra Obscura

new poetry

Mary Lou McAuley p16

COMEBACK:

Sage's POETRY VENUE. Yay!

Salon Sensibilities p8

Interact with a Psychopomp


at the **Earth & Ocean Festival**

Sept 16-19

immersive beach theatre, land art,
installation, sky art, raku, fire dancing,
galleries and more—
connecting art and
environmental stewardship p7



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Aug 14

astoriadowntown.com

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First Person: Authors Talk welcomes Deborah Reed Sept 24

FIRST PERSON: AUTHORS TALK is an interview show featuring conversation about all things writerly. Each month, Host Heather Hirschi interviews a local writer live on the KALA stage, with questions from the audience and a few surprises. In September, we welcome Fall with guest Deborah Reed, novelist and owner of Cloud & Leaf Bookstore in Manzanita. A few years ago, Reed bought the well-loved bookstore and is now a vibrant contributor to the Coast's literary community.

Reed is the author of seven novels, including most recently, *Pale Morning Light with Violet Swan* and *The Days When Birds Come Back*, both published by Houghton Mifflin Harcourt. She taught novel writing at the Hellenic American University in Athens, Greece, and the UCLA extension program in Los Angeles. Reed also was the co-director of the Black Forest Writing Seminars at Albert-Ludwig University in Freiburg, Germany. She now splits her time between the Oregon coast and Berlin.

Reed's complex characterization and well-paced storylines create engrossing tales that examine the nuances of daily life, art and memory. *Pale Morning Light with Violet*

Swan features a 93-year-old titular character, artist Violet Swan. For nearly a century, Violet has lived and painted on the Oregon Coast, "translating tragedy and hardship into art," and now Violet reckons with secrets about to be revealed. An intergenerational novel, *Pale Morning Light with Violet Swan* explores Violet's life as art, including her escape from rural Georgia at fourteen during World War II. Violet's life, "inspired by nothing more than the way she imagined it to be, would turn out to be her greatest masterpiece."

Deborah Reed's other recent novel, *The Days When Birds Come Back*, also is inspired by the Oregon coast. June, recently divorced and sober, returns to the coast of her youth and must decide what to do with her late grandparents' home, "a place haunted by memories of her childhood". She meets Jameson, who begins renovating the cedar shingled house. Drawn to each other, June and Jameson circle close but both are fearful, gripped by their pasts. *The Days When Birds Come Back*, like June's house itself, is "a graceful testament to endurance, rebuilding, and the possibilities of coming home".

Please join us for a conversation with the talented Deborah Reed on Friday, September 24. Doors open at 7:30, show at 8pm Tickets: \$15 Available at the door and online at www.brownpapertickets.com.



Storyteller Will Hornyak

**Mostly Grimm: Tales from
the Darkest Side of the
Brother's Collected Stories
Oct 22**

MASTER STORYTELLER WILL HORNYAK celebrates the Celtic New Year of Samhain with stories from the darkest side of the Brothers Grimm (among others) along with poems, songs and lore in honor of the "thin times" of the year. For mature audiences, age 14 and older.

About the Storyteller: From Irish myths and Russian fairytales to Mexican folktales and Oregon tall tales, Will Hornyak weaves a wide web of oral traditions into thoughtful, engaging and well crafted performances. Will has performed throughout the United States and been a featured teller at the National Storytelling Festival in Jonesborough, Tennessee. He lives in Milwaukie, Oregon but resides mostly in his imagination where facts rarely intrude upon a good story.

A favorite guest artist at KALA, Will's last scheduled performance in March 2020 was postponed due to Covid-19. KALA hopes to be welcoming back his treasured storytelling powers, more than a year and half later.

"Storyteller par excellence....Will Hornyak takes listeners across a spiritual threshold... transports audiences young and old into an amazing world of imagination." *The Oregonian*

"Warmth, wit, wisdom....Will Hornyak is a perennial favorite." *Rebecca Horn Director Forest Storytelling Festival*

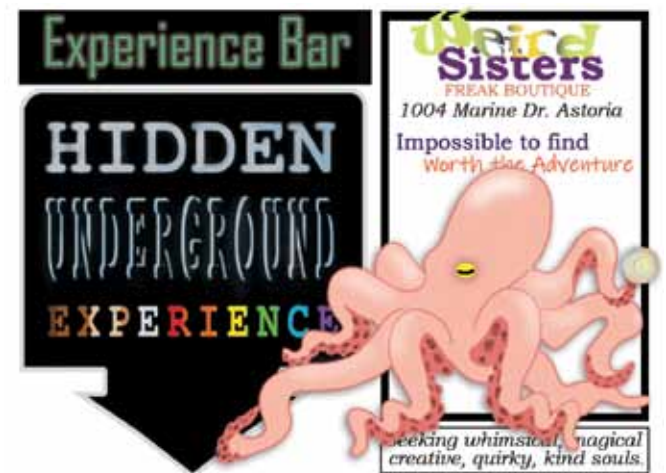
Friday, October 22, 7:30pm. Doors open 7pm. \$15. www.brownpapertickets.com. Tickets on sale Oct 1, 2021.

Social Distance Seating

KALA shows will comply with social distance seating of tables 6ft. apart. The room is ventilated, in addition to ceiling fans. Our capacity is limited. All shows in August and early September have been postponed.

We will monitor the ultimate safety of producing events at this time, as we move forward.

We ask that our attendees provide vaccination cards, and maintain mask safety while moving about in the venue. Stay safe, stay well, stay tuned.



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Doors open 7:30, Show at 8pm

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STEPHEN BERK

FUTILE INTERVENTIONS

SOME FORTY-SIX YEARS AGO, together with most Americans, I watched U.S. diplomatic personnel and some of their South Vietnamese allies struggling to board a helicopter on the roof of the American embassy. They were abandoning Saigon as it fell to communist North Vietnam and its South Vietnamese allies in the National Liberation Front. The Vietnam War (1955-75) was the longest military conflict growing out of the Cold War between American capitalism and its proxies, and Russian (Soviet) communism and its proxies. After Vietnam reunified under the communists, its government and economic system evolved from the Soviet model to a state combining features of socialist government with those of a market economy. From 1989-91, as the Soviet Union fell apart, Russia and its neighbors in Eastern Europe also adopted the chief features of market capitalism.

The almost half century of Cold War was supposedly won by Western capitalism, led by the United States. But had the U.S. remained allied with Russia in the working relationship the two great powers had shared during World War Two, the outcome would have been much the same. No war was fought between the U.S. and the Soviet Union. And even as we lost the proxy war in Vietnam, the communist government of Vietnam by the beginning of this century had also adopted many of the features of capitalism and was trading with the West as mutual investment occurred.

The U.S. encountered what would eventually become the chief communist power, China, also in a proxy war. The Chinese had acquired nuclear weapons by 1949, the year of the communist takeover. The U.S. fought a Chinese Army as well as communist North Korea, defending the capitalist South from 1950-53. Korea had been divided between the two systems at the 38th parallel at the end of World War Two. After the North invaded the South in June, 1950, the U.S., along with several allies entered the war and fought it to a stalemate. The two Koreas remain divided at the 38th parallel. Even though the U.S. was a lot more powerful than China at the time, they avoided invading China because encountering its huge military might lead to a nuclear war.

Today with both countries as superpowers with often conflicting interests, their economies are yet closely linked. China retains its communist state but has developed into the chief capitalist manufacturing hub of the world. Thus we have avoided war with both China and Russia, who are allied. But at present, U.S. relations with a now capitalist Russia are much more strained. This is because the U.S., since the Soviet Union broke up, has been allying with and planting missiles aimed at Russia in Eastern European countries formerly dominated by the Soviet Union.

Both Russia and the U.S. have fought and lost a war against the militant Islamists who control Afghanistan, near the Russian border. An Orthodox Christian state, Russia has to contend with

militant Islam in the states along its southern border. Vladimir Putin warned George W. Bush against going into Afghanistan following the 9-11-01 attacks on the World Trade Center, which were attributed to Osama Bin Laden and his militant Islamist organization, al Qaeda. Afghanistan is a country of high mountains, making it very difficult for a foreign army to invade and carry on war. Bush not only sent troops to Afghanistan, but also Iraq, where his father, George H.W. Bush had previously sent troops to fight Iraqi leader Saddam Hussein, who had invaded Kuwait. The elder Bush had removed Hussein from Kuwait, and the second president Bush ultimately killed him. But Hussein's Iraq had never been the problem. The U.S. faced twenty years of stiff Afghan resistance from the militantly Islamist Taliban while training the Afghan army to counter the Taliban. After twenty years of fighting the Taliban and training the Afghan army, U.S. president, Joe Biden, brought American troops home in the hope that the Afghan army could hold them in check. But the Taliban, following U.S. departure, easily captured the Afghan cities and countryside in a rout, thus taking control of the country.

Hence, the U.S. has again been frustrated in its attempt at defeating militant foreign insurgencies. After twenty years in Vietnam we had failed to "Vietnamize" the war, that is to train the non-communist South Vietnamese troops to overcome the insurgency of the Viet Cong (South Vietnamese communists). This especially had been the plan of President Richard Nixon when he inherited the War in 1969, to withdraw making "peace with honor." But Vietnamization proved unworkable. The South Vietnamese Army, largely trained by the Americans, lacked the skill and the strength of cause that the communists had. While the latter were revolutionaries advancing their cause, the former were less militant and too tied to the Americans, who proved incapable of "winning the hearts and minds of the people." The South Vietnamese army could not live off the peasants in the countryside as "fish in the sea," to use communist leader Ho Chi Minh's phrase. They were more of a regular army, ill equipped to fight a prolonged guerrilla war. And despite the U.S. travail at training them, neither could they fight in the manner of the guerrillas, who had been fighting anti-colonial warfare since the previous victorious war against the French.

Thus in two twenty year wars against popular revolutionary movements – the more recent one against the Taliban and the previous against Vietnamese communists – Americans were unable to adequately train nationals to take on the fighting. And once U.S. forces departed, the revolutionaries were able to obtain victory for their movement and its ideology. Lesson: the U.S. cannot fight adequately and raise armies of indigenous nationals to defeat popular revolutionary movements.



LOWER COLUMBIA POETRY COMPETITION Open in conjunction with POET JERICHO BROWN

THE WRITER'S GUILD OF ASTORIA, Oregon is seeking poetry entries from residents of Clatsop, Pacific & Tillamook Counties for a contest in connection with Jericho Brown's visit to our community. Deadline for entries is October 1, 2021.

Poets are invited to respond to the theme of "Tradition," inspired by Jericho Brown's *The Tradition* (Copper Canyon Press; 2019), winner of the 2020 Pulitzer Prize in Poetry.

Submit up to three poems as a single .doc, .docx, or .pdf attachment to info@thewritersguild.org. The Writer's Guild Board of Directors will judge the entries in the competition categories of Middle School, High School, and College/Community. The following information should appear in the header of each entry: poet's name, competition category, home address, email address, and phone number. Entries without all information will be disqualified.

This Poetry Competition will culminate in the Conversation and Reading with Jericho Brown at Astoria's Liberty Theatre on Friday, November 5 at 7pm. The three winners of the poetry competition will be invited to work with a performance coach and read during the event. First place winners will be awarded \$100 gift cards to Lucy's Books. Winning poems will also be featured on the Writer's Guild website.

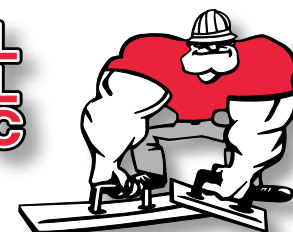
For more information contact: Lauren Mallett, Secretary, info@thewritersguild.org



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MASK.

*Still showing in
public places near you...*



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Local Arts, Culture Organizations Eligible for Grant Funds

ASTORIA, ORE. – The Clatsop County Cultural Coalition is gearing up to accept applications for the 2022 grant cycle. The grant awards, funded by the Oregon Cultural Trust, are distributed to projects that support, maintain, preserve and protect cultural programs in the arts, heritage and humanities in Clatsop County. “The awards given out each year can make a difference in the success of a project and a dream to become self-sustaining,” co-chair Charlene Larsen said. “When your community supports cultural efforts with funding, the recognition and support means so much to the success of a project and encourages more support from your friends and neighbors in Clatsop County.” Organizations with 501(c)3 nonprofit status are eligible to apply for grants through the cultural coalition. Individuals may apply when sponsored by a nonprofit fiscal agent. Application forms are due by 5 p.m. Oct. 31. Late applications will not be accepted.

Grant awards will be announced in December 2021 for activities occurring between January 1, 2022, and December 31, 2022. Grant funds are available up to \$2,000 per project. Approximately \$10,000 is awarded each grant cycle. Funding priorities include:

- Raising awareness of culture in the visual and performing arts, heritage, and/ or humanities.
- Supporting the preservation, functionality, and/or sustained usage of physical facilities for visual and performing arts, heritage, and/or humanities in Clatsop County.
- Strengthening the overall health of existing nonprofit organizations, schools, individuals, or businesses related to visual and performing arts, heritage, and/or humanities in Clatsop County.

Applicants are encouraged to read the Clatsop County Cultural Coalition Plan and FAQs, which are online at www.clatsopculturalcoalition.org.

Virtual grant writing workshops will take place from 6:30 to 8 p.m. Wednesday, Oct. 6, and Friday, Oct. 18, via Zoom. Applicants are encouraged to attend a workshop. Email kpaino2060@gmail.com to make a reservation and receive materials, or, if no email access, call 503-741-1914 to arrange for material pickup.



On the Seaside Beach west of Ave U and Prom Intersection, Members of the Pacific Northwest Living Historians (PNLH) will bring to life the salt camp, that Lewis & Clark explores established more than 200 years ago, and where they proceeded to make salt by boiling sea water for nearly two months, all while enduring the wet winter weather, before they returned to Fort Clatsop.

A family friendly free interactive learning opportunity, September 11-12, 9am to 6pm on Saturday and 9am to 3pm on Sunday.



ASTORIA NORDIC HERITAGE PARK BREAKS GROUND

THE ASTORIA Scandinavian Heritage Association culminated a six-year fundraising and planning effort for Astoria Nordic Heritage Park by holding a groundbreaking ceremony on August 19, 2021. The cultural heritage non-profit has raised \$1.5 million and construction will start on September 7, 2021, with dedication planned for June 17, 2022, prior to the opening of the 2022 Astoria Scandinavian Midsummer Festival. Donations, grants and pledges from over 400 individuals, 12 foundations and lodges, 10 corporations, and 2 government entities made the park project possible.

Speakers and invited guests to the groundbreaking ceremony included Mayor Bruce Jones and other local elected officials; Parks and Rec Director Jonah Dart-McLean and other City of Astoria personnel, the ANHP architects Audrey West and Marin Bjork of Seattle; the engineering and construction team for the park; members of the 2021 Astoria Scandinavian Midsummer Festival Court; representatives of local Nordic lodges; and members of the Astoria Scandinavian Heritage Association. Nordic refreshments were served by local lodge members. The ceremony was for invited guests only because of the COVID situation.

The West Studio of Seattle, Washington, designed the park to tell the Nordic story line of Clatsop County. The staircase and ramp from the Astoria RiverWalk to Nordic Heritage Park represent the immigrants' farewell to the Nordic lands (“We Said Our Last Goodbyes”). Five granite pillars represent Denmark, Finland, Iceland, Norway, and Sweden, and six flag poles will fly the flags of the Nordic countries and the U.S. on special occasions. Steamer trunks on the plaza reflect the meager prize possessions that Nordic immigrants

brought with them to a new country. The main feature on the Arrival Plaza is the Midsummer Pole representing the traditions that the Nordic immigrants celebrate in the new land. “We Came to Work” is the theme of the path proceeding from the Arrival Plaza through the Gateway Arch. Nordic immigrants came to contribute and find their version of the American dream. Interpretive panels explain the significance of contributions of Nordic immigrants to the fabric of the local community and the challenges of immigrant life everywhere and in any time. Artistic representations on granite slabs honor typical early immigrant professions such as fisherman, logger, cannery worker, carpenter, farmer/ dairy worker, and domestic worker. Benches at the end of the path let park visitors enjoy the river view and reflect on the universal immigrant experience in a new land.

The Astoria Scandinavian Heritage Association was formed in 2011 and is headquartered in Astoria, Oregon. ASHA's non-profit status is driven by a continued mission to preserve traditional Nordic culture and heritage through opportunities in areas of customs, language, food and the arts and to educate the citizens of Clatsop County and surrounding areas about the culture and heritage of the Nordic countries. ASHA's primary activity has been to support the Astoria Scandinavian Midsummer Festival, an Oregon Heritage Tradition since 1968, but since 2015, the non-profit has also been involved in efforts to build Astoria Nordic Heritage Park. Donations are still being sought for the construction contingency fund and to build an endowment to maintain park structures.

More information is available at AstoriaHeritagePark.org.



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North Coast INCO NEWS INDIVISIBLE

Look For Reason And Reassurance

FOR THE LAST SEVERAL YEARS, most Americans have been seeking perspective, reassurance, and courage to face the challenges of our age. Like you, we are saddened and worried about the tragedies of climate, Haiti, Afghanistan, covid, wild-fires, etc. So much needs fixing. We appreciate all of you who support and persevere with Indivisible North Coast Oregon (INCO) and other pro-democracy groups.

As part of our work for a better country, INCO has permission from Robert Hubbell to share with Hipfish readers excerpts from his excellent online newsletter, Today's Edition. Read his newsletters at <https://roberthubbell.substack.com>.

Hubbell calls himself a citizen, optimist, and realist. He writes, "The newsletter started in February 2017 as my effort (as a father and husband) to provide hope and perspective to my family after the unexpected results of the 2016 election. Over time, my family email was shared among friends and became of community of like-minded citizens devoted to preserving American democracy."

"It is too early to panic or celebrate over the results of the 2020 census. But major trends in population growth appear to favor Democrats over the long term (L)et's recognize that the GOP is embracing a white nationalist identity Given that the GOP has tied its fortunes to white nationalism, consider The Hill's [a political news site] top line results from the census:

- The white population is shrinking in absolute numbers (for the first time since 1790).
- Every state became more diverse over the last ten years.
- Minority groups are growing organically (without immigration)
- The suburbs are growing (rural areas are not)

- Population growth is slowing

"Each of the above factors suggests that Democrats have a built-in demographic advantage in the coming decades. (Note of caution: Democrats cannot take for granted support from the growing Latino population.) Republicans may be celebrating the short-term good news in the 2020 census that will enable them to gerrymander. But a sober assessment of the census should have GOP leadership wondering who will be left to turn off the lights when their burning platform of white nationalism collapses for lack of support." -- 8-13-21

"... The Civics Center (<https://thecivicscenter.org/>) is running a High School Registration Week from September 27th to October 1st. The Civics Center is dedicated to building the foundations of youth civic engagement and voter participation in high schools through education, organizing, and advocacy. It supports student-led, peer-to-peer voter registration and pre-registration efforts in high school communities

"... the best way to navigate the challenging times ahead is to personally engage in the noble causes of defending democracy and preserving our planet while keeping our gaze fixed on the distant horizon. We must be proactive and patient in equal measure. Get involved, or serve as a mentor for someone else. Better yet, do both." -- 8-12-21

INCO's weekly newsletter suggests specific actions for you to make a difference for yourself and your community. For more information about INCO and our activities, sign up at www.incoregon.org to get INCO's newsletter. Questions and comments to incoregon@gmail.com.



**LGBTQI+
LOWER COLUMBIA PACIFIC**

www.lowercolumbiaqcenter.org
503-468-5155
171 Bond St. in Astoria

The roster of offerings at the Lower Columbia Q Center include engagement, service, community and support. LCQC is casting a wide net for volunteers who do everything from events and programs to service on the Board of Directors and committee positions.

Lower Columbia Q Center is open 3-5pm Mondays and Wednesdays for drop in and office hours utilizing local and CDC guidelines. That means 10 or less people and masks are required. Check out the new facility and views of the bridge and river from 171 W Bond St. in Uniontown, Astoria.

**Call the phone line for
contacts listed:**

OPEN 6-9PM Friday nights using the same guidelines and also available at that time by Zoom online. We invite your interests in resources, support, socializing and just hanging out for fun. Some folks drop in for a few minutes others for a few hours. Contact: Jim Summers

YOUTH GROUP, Kiki at the Q, meets the second and fourth Thursdays 5-8 PM at the Lower Columbia Q Center and alternately by Zoom online. These meetings may feature special guests and teen experts from the Harbor. Contact: Christina Gilinsky

THE LCQC GENDER ALLIANCE meets the third Thursday of the month from 6-8 PM.

This peer support group has been operating for over eight years and is currently meeting by Zoom online. Contact: Tessa Scheller

THE LATE BLOOMERS peer support group has been operating for some time in Portland and now at LCQC, currently by Zoom on line. The guys get together the second and fourth Saturdays 3:30-5:30 PM. Contact: Franklin/Jim Summers

QUEER EDGE SOBRIETY is our peer support group featuring support for fun and sober living. Meeting currently by zoom on line, the first Wednesday of the month 6-7:30 PM Contact: Tessa Scheller

Cannon Beach's Earth & Ocean Arts Festival Promoting Environmental Awareness and Stewardship September 16 - 19



PSYCHOPOMP Ox Head/ Horse Face

WHEN ASKED, "What would you suggest to festival attendees in order for them to enjoy the performances of your troupe at the Earth & Ocean Festival", We Players founding director Ava Roy said, "I'll steal a line from the beginning of PSYCHOPOMP—pay attention, be present, be attentive, be curious." She adds, "There are rewards both planned and unplanned in nature."

Roy's San Francisco-based theater company, acclaimed for their site-integrated performances recently concluded its production, a meditative and creative guided journey staged in McClure Park, which was specifically designed in response to Covid-19 restrictions. PSYCHOPOMP, which portrays



Dave and Boni Deal fire Raku for the 50th Year

mythic creatures from every culture who are tasked to ferry souls between worlds, will be immersed in a multitude of art happenings over the 4-day festival in Cannon Beach. Look for roving colorful performers, and live performance installations.

"I love that this festival will bring things in that your not likely going to see at any other time," says one of Earth & Ocean's founding organizers, Eeva Lantela of Dragon Fire Gallery.

As last year's plans for the second Earth & Ocean Festival came to a halt under the pandemic, with confidence granted by the City of Cannon Beach emergency managers, following indoor and outdoor

masking and social distancing requirements, this year's festival is a go.

In addition to showcasing art inspired by the natural world and encouraging stewardship, Earth & Ocean Arts Festival is a fundraiser for five North Oregon Coast based environmental non-profits including: North Coast Land Conservancy, Wildlife Center of the North Coast, Friends of Haystack Rock, Sea Turtles Forever, and Friends of Cape Falcon Marine Reserve.

Help Create the World's Largest Sea Star



An exciting addition to this year's festival is Art For The Sky. The public is invited to be part of a live art project that will create the world's largest sea star on the beach, entirely made up of people. The live art project will be coordinated by Art for the Sky, known for creating giant living paintings made of groups of people that are photographed from the sky. Over a span of twenty years, Art for the Sky founder Daniel Dancer has completed over 300 projects, in 44 states and eight countries with the help of more than 150,000 participants.

According to Lantela the sea star was chosen as a symbol of the fragility of our ecosystem, and its encouraging comeback since its depletion from a wasting syndrome that hit the west coast in 2013. The five arms of the sea star also represent the five environmental non-profit beneficiaries. Each arm of the sea star will be a different color. Lantela says, "There's a surprise for the center of the sea star which will be revealed at the time of the event."

Up to 200 people are invited to partake, and registration is filling up. It's important to pre-register online. Lantela encourages family's to come together. "It's a great opportunity to show our support for the non-profits, for the environment and our caring about it and coming together as a community to say so, and have some fun at the same time."

Lantela also informs that the actual time spent in formation for the drone to video record is very brief, and people spacing has been incorporated. Most of the time spent is in preparation, which allows for social distancing. The Art For Sky Event does not require a registration fee, it is a free event.

FESTIVAL SCHEDULE

Friday, September 17

Festival Registration 10am-6pm | Community Hall

Gallery Events & Exhibitions 10am-6pm | Participating Galleries

Arts & Conservation Presentations

1pm-5pm | Community Hall

- **For the Love of Turtles** with glass artist Kathleen Sheard 1pm

- **Art Detox Challenge** with artist Erik Abel discusses the toxic world of art supplies and solutions. (2pm);

- **Seeking Connection with Nature:** Exploration of Values through Storytelling, with biological science technician Kalya Fermin 3pm.

- **Art for the Sky Project Introduction** with Daniel Dancer. This presentation with instructions for all participants will also be on Facebook live and can be viewed on the Cannon Beach Gallery Group Facebook page (4pm).

Saturday, September 18

Land Art Installations All Day | On the beach at Whale Park. Salvaged marine debris is used to create beautiful ecological beach weavings in this Artists In Action exhibit featuring the work of Shelby Silver and Emily Miller.

Gallery Events & Exhibitions 10am-6pm | Participating Galleries

Festival Registration 9:30am-2pm | DragonFire Gallery

Live Performance Installations and Roving Performers from We Players 11-2pm | Installations at Coaster Theatre Courtyard and Sandpiper Square; Roving performers will appear between Sea Breeze Court in midtown and Whale Park in downtown

Microplastic Clean-up Demonstration

2:30pm | On the beach at Whale Park. Learn about the issue of microplastics or join the clean-up efforts at this microplastic clean-up demonstration by Sea Turtles Forever founder Marc Ward using his patented microstatic screening process that is now being used world-wide.

Scavenger Hunt

3pm | Location tba Visit some of Cannon Beach's public art and other discoveries on the town's walking trails and beach, a fun activity for

kids of all ages to participate in with their families.

Art For the Sky to Create World's Largest Sea Star 4pm on beach off of 2nd Street

Living Sculptures & Site Responsive Sonic Improvisations By We Players 6pm

| On the beach at Whale Park Interact with living sculptures and keep your eyes and ears tuned for moments of beauty on the beach by performers from San Francisco's We Players.

Raku Pottery Firing on the Beach & Fire Dancing Performance 7pm | On the beach at Whale Park

Ending with a burst of flame and smoke that creates the iridescent sheen of raku pottery, ceramic artists Dave and Boni Deal will fire a raku piece on the beach for the public to view. The Deals began firing raku on the beach 50 years ago and this will be their final public demonstration of this exciting process. Come share in a toast to the artists honoring their long artistic careers. After the fiery conclusion of the raku firing, stay for a fire dancing performance on the beach by a We Players performer.

Sunday, September 19

Gallery Events & Exhibitions 10am-5pm | Participating Galleries

Art For The Sky Sea Star Project Reveal 10am | Community Hall

Dualing Easels: A Unique Painting Experience: 11am | Community Hall

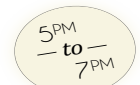
Festival passes are \$50 per person and include all festival events (excluding Thursday's dinner) and entry in a prize drawing worth \$500 in gift certificates for use at participating Cannon Beach galleries. A total of \$25 from every festival pass sold will be donated directly to the participating non-profit organizations. Admission to festival events is free for children 12 and younger, excluding the Thursday dinner. Adults and children can participate free in the Art For The Sky live art sea star by registering online.

For a complete Schedule go to: cbgallery.com



SEASIDE FIRST SATURDAY ART WALK 2021 SCHEDULE

Celebrating 17 Years · Est. 2004
"Those that live for the arts, support the arts."



The first Saturday of the month
from March to December 2021

Celebrating the local art scene since 2004, the **Seaside First Saturday Art Walk** is a journey through the **Historic Gilbert District**. Free and open to the public, dedicated parking can be found in the parking lot at the corner of Ocean and Holiday.

SeasideFirstSaturdayArtwalk thegilbertdistrict.wordpress.com



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Writing in Community: First Person Brings Conversation to the Stage

THE JOY OF GATHERING AGAIN—of hugs and visible smiles—was palpable and surprising, despite having longed for it since the 2020 shutdown. In May, my first public outing was as host of First Person: Authors Talk, a new collaborative production with KALA performance space, and its producers Dinah Urell and Les Kanekuni.

Each month, I interview a local writer live on the KALA stage. Scheduled guests include coastal novelists, memoirists, and poets who write in genres from horror to magical realism. With questions from the audience and a few surprises, First Person brings the page to performance in the tradition of the literary salon.

Much has been written about salons, a literary phenomenon originating in the 1600s among the Italian aristocracy. Salons became popular in France shortly thereafter, and have maintained popularity throughout the world. Salons, like creative writing generally, were once the purview of the elite. But in times when women were denied formal education, salons served as informal education. Generally hosted by a woman, they provided a venue for women to share their own work and ideas, as well as access to other poets and writers.

Central to the concept of salons is a premise something like the Greeks' dialectic: that knowledge is created through active conversation. Many minds coming together to interrogate each other's words deepens understanding. And pleasure.

In the 20th century, Modernism revived the salon with Saturday evening gatherings at 7 rue de Fleurus. Hosted by American writer, Gertrude Stein and her partner Alice B. Toklas, the salon's guests included luminaries from Henri Matisse to Ezra Pound.

Salons have gained new popularity in the 21st century, with various individuals and organizations hosting writerly events live and online. Like many contemporary iterations, First Person: Authors Talk brings the salon to the stage. We draw inspiration from interview shows like James Lipton's "Inside the Actor's Studio" and Damian Barr's "The Literary Salon."

First Person opens with a conversation that later opens to audience members. Finally, in our nod to Lipton, we ask 10 short answer questions derived from the Proust Questionnaire, a popular Victorian parlor game.

So there we were in May, 2021, a collection of about 26 (safely distanced)



By Heather Hirschi

words that speak to readers still requires solitude.

It's magic, really, that this solitary act creates a solidarity between writer and reader, a shared experience of an imagined world that allows us to inhabit each other's understanding. Writer Mario Vargas Llosa identifies fiction, particularly, as a gift of completion for humans:

"A wondrous dream, a fantasy incarnate, fiction completes us, mutilated beings burdened with the awful dichotomy of having

only one life and the ability to desire a thousand."

Perhaps uniquely in the arts, writing bridges the "right brain" and the "left" through a synchronous engagement of both the creative and the analytic mind. The act is like an internal dialectic process, in which creation is attended by critique. A dancer's moves may appear effortless, yet their muscles have memorized years of training to present that effect. Similarly, a practiced writer's mind creates and edits simultaneously, pulling all the rules together, sometimes exploding them, to paint a world with words.

And of course, once pulled out of thought into form, once produced as words on a page, writing is performative. All those bits of meaning and whimsy arranged to exact effect, often written to be performed. Poet Florence Sage tells me she imagines her words spoken when she writes poetry, imagines performing her poems. In conversation with her community.

The solitary relationship between writer and reader is transformed by performance. In that transformation, it becomes part of the public sphere, once again enacting the dialectic of meaning making. Perhaps writing's primary relationship is the writer's engagement with self, or with the muse. But all art is a dance with an audience.

Ultimately, the soul of writing requires community. The dance with the audience is choreographed to be performed. First Person offers a window into how the individual writer's art creates worlds, reveals histories and maps the unknown. Through that window, we get a chance to visit their world-making imaginations. We emerge from the solitude of writing to gather in performance of the potential (and pleasure!) of many minds imagining art together.

As we face uncertain times, First Person: Authors Talk offers another conversation in September with novelist and owner of Cloud & Leaf Bookstore, Deborah Reed. We are committed to gathering safely.

souls. Our inaugural guest Cliff Taylor and I discussed The Memory of Souls, his memoir about emerging from childhood trauma into years of dancing and learning the traditions of his Ponca and Lakota ancestors. Through dancing, he came to know the little people. Cliff's soulful discussion of his experience set the tone for conversation about the daily sacred. When the audience joined with questions, Sophia was invoked. The concept of writing's connection to wisdom, and story's connection to the sacred infused the mutual space. In the best tradition of a literary performance, conversation built knowledge through the heart based questions Cliff's words evoked.

First Person offers a window into the individual writer's art, while exploring the creative possibilities of conversation and mutual curiosity. Literary salons were established around the intellectual potential (and pleasure) of many minds imagining art together.

At heart, writing is a solitary act. Any writer knows the necessity of dedicated alone time to pull bits of scattered words and emotion from our minds into form. Simultaneously, and fascinatingly, writing is an act of relationship between writer and audience. Meaning, ultimately, relies on what the audience brings to reading and the writer's ability to anticipate what they carry.

Maybe the writer taps into the universal, because writers long dead can speak to living readers with as full a sense of meaning as a current tv show, perhaps fuller. The interaction between author and audience is an intimacy that exists entirely on the page, outside time and place.

Writing is a solitary act that creates worlds. Someone alive today can inhabit a world created by Walt Whitman, for example, or Zora Neale Hurston, neither of whom that reader will ever meet. But their words are alive in 2021 with the same brilliance as they were in 1845 or 1935, and can speak to the reader directly.

Of course, the voices that contribute to one writer's mind are multitudinous, sometimes gathered over lifetimes. But sitting down to cohes those voices into

UNSHELTERED:

dispatches from the street community



By Teresa Barnes

Quarantine and Shelter

THE MORNING OF THIS WRITING I went from a phone conversation with my pregnant niece—who I can't visit because I've been vaccinated and she believes my altered DNA can affect her unborn baby—to a meeting with our local Public Health Department, Clatsop Community Action and the Oregon Health Authority. In the meeting we talked about a lot of big, difficult topics, including what to do when unhoused people need to quarantine and there are no available hotel rooms for them. So as much as I'd rather not, I'm feeling called to discuss the "C" word. I'm going to talk about Covid-19, and how people can shelter in place when they don't have shelter, and, maybe more importantly, what our response to our intersecting public health crises can teach us about solving homelessness.

I know, I know. If you're like me you're sick of talking about Covid; sick of reading about it, and hearing about it, and thinking about it. Besides that, who knows how much the landscape will have changed by the time this is published. I was so excited when the CDC guidance of wearing masks inside came down earlier this year, and so sad when our local cases begin to spike recently. Just when we thought we were out of the woods, we find ourselves once again fully immersed in them... only now we've been walking around the woods for the last year and a half, and we're tired, and the sun's going down, and we just want to find somewhere to curl up and sleep until it comes out again.

I'm thinking about this because I've been in meetings lately with the people who are solving this crisis in our area. I'm writing this the day after the news conference where the Clatsop County Public Health Department and local hospitals told us we're past the stage where we can contain this, that we're just trying to mitigate risk; that the numbers are too high to even report individual Covid cases anymore, and we're seeing an alarming rise in cases amongst infants, children, and other vulnerable populations. The staffs of these agencies, and Clatsop Community Action, and probably too many more to list here, are working their asses off to keep us out of full disaster mode. They might be angels, but they're not magicians.

Those in public health are being asked to solve a crisis that much of the popula-

tion they serve doesn't believe in, or refuse to get vaccinated against (but still want to get tested for.) Those in the nonprofit world are being asked to find beds for people to quarantine, when we've all been in the meetings where our local leaders have acknowledged, publicly and repeatedly, that we don't have enough beds for all of our residents. And this is supposed to happen during wildfire and tourist season, with staffing shortages and disruptions in seemingly every supply chain.

So what DO we do when faced with someone who has Covid, or might, but doesn't have anywhere to shelter? As much as I wish the AWC could be there for those who need somewhere to go, if we could quarantine people there we'd already be doing that. The urgency around this situation is understandable, but it doesn't change the underlying reality that the infrastructure for a situation like this has never been put in place. It makes me think of the snarky "Lack of planning on your part does not constitute an emergency on my part." Except this time it does, and wishing we'd been working on better emergency shelter options since we started pleading for them doesn't help.

As far as sayings go, I've always preferred "Be Prepared." I think that the operative part of the phrase is the "pre" part of "prepared"—it doesn't do much good to plan for your survival if you don't start planning until your survival is in question. There's no reason to think that there aren't going to be continuing emergencies; that homelessness, or wildfires, or any of the crises we're experiencing are going to just go away. As Margo Lulich from Public Health reminded us, we've experienced communicable disease outbreaks here before: back then we had a shared sense of vulnerability, and worked together to keep each other safe. May the silver lining of this dark time be a return to the collective spirit and wisdom of our past.

UNSHELTERED: Dispatches from the street community is presented in collaboration with HIPFISH and the Astoria Warming Center.

Teresa Barnes is the interim Executive Director of the Astoria Warming Center.
www.astoriawarmingcenter.org
www.facebook.com/astoriawarmingcenter/

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FRIDAY OCTOBER 1st

"MARSH GIRLS"

WILD WILD WEST

4-6pm

Business Mixer & Ribbon Cutting
All local area business owners
& representatives are invited!



SATURDAY OCTOBER 2nd

10-4 Parking Lot Party

(Hours vary for performers)

Free Family Fun!
A REAL LIVE Sea Creature
in a water tank!

- Adult & Kids Bouncy House
- Whip, Juggling & Lasso tricks by Leapin Louie
- Stilt Walking/ Duo Acrobatics by Jon Dutch
- Aerial Acrobatics/ Duo Acrobatics by Rebecca Palmer
- Hand Balancing/ Foot Archery by Acro Britt
- Fire Dancing/Belly Dancing by MirCat

SUNDAY OCTOBER 3rd

CELEBRATION OF LIFE
FOR MARIAN MARSH

1 - 4 pm

Open to friends, family and fans
of Marsh's Free Museum.

Come celebrate the life
of the woman who brought
"Jake The Alligator Man"
to the Long Beach Peninsula.
See the completed pumpkin
sculpture of Marian Marsh.

Music by THREE HOUR TOUR
from 2-4pm

8-10 pm STREET DANCE
TY CURTIS BAND

5th Street Closed between
downtown & Ocean Beach Blvd.
on the side of Marsh's

marshesfreemuseum.com

Pumpkin Carving
with Tom Lindskog

See him carve and create the
Marian Marsh pumpkin sculpture.
She'll be wearing some of Marian's
actual clothes! Guests of the Sunday
Celebration of Life can view and take
pictures with the life size sculpture.

IN STORE SPECIALS AND
100 YEAR MERCHANDISE!!

Marsh's Free Museum has become a traditional stop for many families visiting the Long Beach Peninsula over the years. Marsh's wants to collect your memories and stories. Stop by the store anytime during the weekend to share your story and enter to win a door prize.



The Cast of STEEL MAGNOLIAS

Ten Fifteen Theater THE WEIR Returns

ASTORIA'S newly constructed Black Box Theater, open for just more than a year before the pandemic closure, is turning the lights back on.

RIVERBEND PLAYERS Return To the Stage This October

RIVERBEND PLAYERS return to the stage at the North County Recreational District this Fall with Robert Harling's comedy-drama STEEL MAGNOLIAS, running November 5 – 7 and November 12 -14. The opening of "Steel Magnolias" will mark nearly two years to the day since Riverbend Players has presented a production on stage in front of a live audience. During the interim, Riverbend produced two virtual plays: "It's a Wonderful Life" and "The Dog Logs," which were very entertaining productions that raised nearly \$10,000 in support of local businesses and to aid the local organizations that work to alleviate food insecurity.

Steel Magnolias focuses on the camaraderie of six Southern women who talk, gossip, needle and harangue each other through the best of times - and comfort and repair one another through the worst. The play is alternately hilarious and touching, revealing these southern belles to be as delicate as magnolias, yet as strong as steel.

Steel Magnolias is directed by Jeff Slamal and stars, in order of appearance, Margo McClellan as Truvy, Julee Ward as Annelle, Sharon Gavin as Clairee, Emma Andrade as Shelby, Sue Neuer as M'Lynn and Linda Makohon as Ouiser.

Robert Harling was inspired to write his first play after his sister Susan died of complications from diabetes. "Steel Magnolias" premiered off-Broadway at the WPA Theater in 1987, then quickly transferred to the Lucille Lortel Theater and became an instant sensation, running for three years and spawning the hit movie.

Look for tickets on sale through Tickettomato.com soon. \$17 General admission. North County Recreational District, 36155 9th Street, Nehalem, OR. www.riverbendplayers.org

Ten Fifteen Productions has announced its formation as a non-profit to manage the theater space. This group consists of Jessamyn West, co-owner of the Oddfellows Building, longtime theater director Susi Brown, and Executive Director, Danyelle Tinker.

Taking up where it left off, is the re-opening of THE WEIR on October 15th. Directed by Karen Bain, this play had previously opened on March 13th, 2020 - and promptly closed due to the pandemic. Watch for ticket information as it becomes available. Conor McPherson's haunting drama is deeply rooted in Irish folklore and the murky boundary between reality and the supernatural, truth and imagination, and life and death.

In 2022, Tinker plans a four show season of fully staged productions, some reader's theatre, and other regular events. "Our hope is for this space to add to the performing arts community in Astoria, and find our niche in collaboration with the Liberty Theater, Astor Street Opry Company, KALA, and the Charlene Larsen Center for the Performing Arts," comments Tinker. www.thetenfifteen-theater.com, as well as follow on Facebook and Instagram.

Join the North Coast Chorale to sing THE HEALER

THE NORTH COAST CHORALE will present the cantata "The Healer" by contemporary composer Karl Jenkins, on Dec. 10 and 12, 2021. This music addresses healing of the individual body and soul, as well as the healing of our earth. North Coast Chorale is looking for singers to help with the healing process.

NCC welcomes singers to join as it safely rehearses this piece following appropriate guidelines for singing together. Through 2020-2021 NCC rehearsed under COVID Guidelines to present several successful, safe concert performances. Director Denise Reed states, "Herein lies the real healing, as we sing together as community."

Please contact NCC at 503-338-8403 if interested and for more information.

POETRY RELEASE: Mary Lou McAuley

Terra Obscura: Poems and Hidden Maps

IN THE EARLY SHUTDOWN of 2020, Mary Lou McAuley's daily life of "places to go and people to see" was suspended. She was furloughed from her position at the Astor Library as the world shut down due to the COVID pandemic. Suddenly restricted from "normal" activity, she felt directionless. "I felt disrupted. I didn't know what to do." Cartography lent her the concept of Terra Incognita, an unmapped territory. "I realized without all these things I usually do, I needed a map." This exploration became fertile inspiration for poetry. She realized she was discovering and revealing maps through territory not only unmapped, but unknown: *Terra Obscura*. The disruption of the normal was ultimately transformative for Mary Lou and resulted in *Terra Obscura: Poems and Hidden Maps*, her third book of poetry.

The collection was published in August, 2021 through Ingram Independent Press, which also published McAuley's 2018 collection *900 Moon Journey*. Shortly before it came out, Ric's Poetry Night held their first gathering at WineKraft in Astoria since the pandemic began, with Mary Lou at the helm. It was her final night emceeing the monthly gathering of coastal writers. McAuley missed the gathering through the shutdown, and is happy to return as a participant. Her many



By Heather Hirschi

years of service as Ric's emcee have been appreciated by the writers' community on the coast. That night at Ric's, other founding members honored McAuley with flowers and shared memories.

McAuley is grateful for the writers' community here, "And Astoria, the Coast, generally. I appreciate the people's goodwill." McAuley was born in Chehalis and grew up in Goldendale, Washington, near the river and the Gorge. After some time in Seattle for college, McAuley returned to the coast and her beloved Columbia River. She bought a bookstore, which is now Jupiter's Rare & Used Books in Cannon Beach. McAuley moved again and landed in Colorado, where she met her husband, painter Robert Paulmenn. He says she couldn't stop talking about the river and they moved back to Oregon, where they've been for the past 9 years.

The shutdown gave McAuley an opportunity to reevaluate the daily, to live more deeply in appreciation for the gifts of place here on the coast. It was an opportunity to attend to the tender places we ignore with busy-ness, she says. "It's a gift," she says. "If something comes your way, unwrap it. Take the time."

Copies of *Terra Obscura: Poems and Hidden Maps* are available at RiverSea Gallery, Lucy's Books, and McVarish Gallery.



On the Anniversary of My Death

Every day I awaken
to the day I die
It is in the calendar somewhere
Maybe tomorrow
Maybe a few years from now
but it is there
and I am strangely reassured
by this
I can tell you what I have been thinking
about all these days I didn't die
I've been thinking of all the places
I've never gone
because of war
i've been thinking of all the birds and animals
I'll never see because they have vanished
I've been thinking about all the people
I have loved and who love me
I have been thinking about all the people
I have loved and who love me
I've been thinking more about what is here
than about what comes next

I can tell you this:
Before we open our eyes
and deliver our lungs to this world
we are listening, reaching and turning
and into our ears and hands
a map is placed
it is our fleshy landscape
it has a legend that fades into the margin
please remember
this map can and often must be changed
that's what I've been thinking about
on the anniversary of my death

Mary Lou McAuley 2021, *Terra Obscura*

AVA: Artist/Curator JOHN MUELLER Manifest Origins

ASTORIA VISUAL ARTS presents "Manifest Origins," an exhibit featuring the work of award-winning Oregon artist and curator John Mueller. From provocative explorations of artistic plausibility to vulnerable reflections of personal experiences, he meticulously executes his art with a sharp wit and an approachable sense of humor through his refined manipulation of materials, methods, and installation.

Pervasive and salient themes of contextual synchronicities and the rarification of ordinary objects are thoughtfully presented throughout this intimately curated collection. Mueller's conceptual approach and craft demonstrate a genuine commitment to and curiosity of collaborative endeavors that foster an active and thorough consideration of the questions raised by his current creations. Recent pieces feature interpretive commissions by notable guest artists Roger Hayes and Jamie Gustavson.

His keen interest in display began when studying jewelry and metalsmithing at the University of North Texas while earning his Bachelor's degree. The process and formality of placing precious objects in display cases to exhibit them were to become a means to an end of sorts for his future expansion into sculptural work.

After graduating, he was employed as the managing preparator at the Austin Museum of Art in Austin, Texas, installing exhibits of everything from folk art to traveling Smithsonian collections. The diverse and challenging nature of adapting installations to enhance and engage the essence of each exhibition further developed his interest and skills in the field of professional presentation of fine art.

Since relocating to Oregon in 1995, he has become inseparable from the beautiful Pacific Northwest. While engaged in Post-Baccalaureate studies at Eastern Oregon University, he connected with



Letters to Leah

several local artists who joined to form a collective, Waypoint Studio, where many locally legendary art and music events took place over the years.

In 2007, John and members of Waypoint Studio were instrumental in creating the Satellite Art Gallery in downtown La Grande, Oregon, showcasing regional and national artists. The gallery has since closed, but Waypoint Studio continues to thrive under his direction as general manager.

MANIFEST ORIGINS opens during the second Saturday Art Walk on September 11 and runs through October 3. Astoria Visual Arts is a 501 (c)3 nonprofit that works to enhance, strengthen and promote the arts in Greater Astoria. The AVA Gallery is located at 1000 Duane Street and is open Friday, Saturday and Sunday from 12:00 to 4:00 pm.

AVA Hosts Member Appreciation Exhibit

ASTORIA VISUAL ARTS (AVA) invites AVA members to participate in a group show at the AVA Gallery opening on October 9. This annual show offers a chance for AVA to highlight member artists, which provide important sustaining financial contributions that continue to help AVA operate and grow. Because space is limited, if artists' work is large, only one piece may be submitted; if artists' work is relatively small, two or three may be submitted. All media is welcome. Deliver work on Wednesday, October 6 from 4:00 - 6:00pm or Thursday, October 7 from 10:00am - 12:00pm.

The Cloistered Crones Are Pushing the Dream! Painting Exhibition at NCRD Gallery in Nehalem



Goldea See, Fantasy Family Portrait

PUSHING THE DREAM, a collaborative exhibition of paintings and drawings opens at North County Recreation District (NCRD) Gallery on September 2, showing through September 30.

Presenting their work, The Cloistered Crones are Chris Williams, Christine Eagon, Robin Clear, and Goldea See. Their message: Come to the world as it should be; where sheep look at you as frankly as Manet's Olympia, in which mythical beasts are your lovers, the gods your companions and spheres join the symphony in progress. We're all in this together, come to see but leave inspired to co-create a better world with us.

Each of the artists shares former studies/degrees in art, ties to Oregon, work in private collections as well as museums, and common mission in "Pushing the Dream." Say they, "If you need a safe escape in these trying times, this exhibit can provide a place for meditation, reflection, introspection, contemplation or plain old peace and quiet."

NCRD Gallery is located at 36155 9th Street, Nehalem, OR. Stop by Mon - Fri, 8am to 3pm. Social distancing and masks/face coverings will be required as per Oregon state mandate.



Magenta Planet, Chris Williams

Watercolors at Trail's End Gallery

TRAIL'S END ART Association's Main Gallery features a dual show with Watercolors by Judith Fredrikson and Oils by Frederick (Rick) Jones. Their art shows an interesting juxtaposition of the use of color and brush work in Watercolor and Oil done in the fine art traditions while retaining their own unique styles.



Judith Fredrikson, Trillium

Watercolorist Judith Fredrikson is a native Oregonian but lived for twenty years in the Seattle area. WA. In 1985 she took a watercolor class with Seattle painter and calligrapher Marilyn Webberly where she became enchanted with watercolors and has remained so since. Judith's work focuses on what she sees, with captivating botanicals.

Frederick (Rick) Jones brings a similar love of the Pacific NW environment to his paintings. Having resided in the Mid-south, Rocky Mountains, California, and Northwest, he brings a unique flavor of each of these geographical areas into his oils. But his Northwest work reflects the same love of the environment that co-artist Fredrikson brings to her



Frederick Jones, Countryyard

work. His brush strokes somehow remain bold and subtle at the same time. Jones is currently president of the Society of Washington Artists and board member of Columbia Arts Network, Vancouver, Washington.

Opening Reception:
Sat, Sept 4, 2-5pm,
through Sept 26.

Hours Fridays-Sundays, 11am-3pm and is located at 656 A Street in Gearhart, 503-717- 9458.

Annual Endangered Species Exhibit Astoria Art Loft

SEA SERPENT? Dinosaur? Haven't they been extinct for thousands of years? Yes, BUT . . . Both are a part of the annual endangered (and extinct) animal and plant art exhibit at Astoria Art Loft. And, they're big! And touchable! They're found in the company of saber-toothed tigers, giraffes, elephants, trees, sea turtles, early hominoids, and other long-gone animals and plants.

The purpose of the annual endangered species exhibit is to draw attention to the life forms which are disappearing rapidly from our world. Although some extinction is normal, about 1 species per 1,000,000 per year, the current rate is many times greater. Most endangered species are essential to life as we know it. The honey bee, for example, is necessary to transmit pollen and is crucial to agriculture. Oak trees, another example, are necessary to hold soil in place, to provide food and shelter for other animals and insects, and more. The loss of each species means life is more precarious for many other life forms.

This judged exhibit gives artists of all ages opportunities to improve hone their artistic skills, think creatively, learn more about the extinct and endangered, and explore ways each individual can contribute to lessen the endangering of living things. It also provides artists the satisfaction of knowing they are doing something positive in the face of what seems an overwhelming situation.

"Extinct and Endangered" runs through the month of September. The Astoria Art Loft, 106 Third Street, in Astoria is open Tues-Sat, 10am - 4pm, and by appt.



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Downtown Astoria



DARREN ORANGE *Chrysalis* at Imogen

IMOGEN welcomes back Northwest artist Darren Orange with his third solo exhibition. Orange, known throughout the region for his bold and evocative style brings his latest collection, *Chrysalis*. His paintings typically encapsulate the raw power of the Pacific Northwest through abstract interpretations of landscape however for this series he moves further into pure abstraction. *Chrysalis* opens during the Astoria Second Saturday Artwalk, September 11, 5 – 8 pm. Orange will be present and available to answer questions about his work. The exhibition will be on view through October 4.

Darren Orange brings yet another powerful and provocative series of oil paintings, pushing the unseen boundaries of mark making as expression. Employing meditation as practice Orange delivers a spirited departure from his past style with bold fresh swathes of color echoing the fractal nuance of the eastern sunrise or the depth of an old growth forest floor. With the still gritty element that has been the pinnacle of his work for decades he depicts quieter moments, leaving room for reflection with dedicated

stillness through the art of art making itself. With intuitive mark making at the forefront of his process each painting becomes an exercise of part dance and part meditation and direct interpretations of his strong sense of place.



Flight's Gamble Over A Bent Horizon, oil on canvas 24x30

About the series he states:

"The not so randomness of free association mark making on canvas echoes the constructed creation of the cosmos. In the sublimity of forever spiral fractals in natural Fibonacci sequences I spin into creative ebbs and flows, high water marks and corrective retractions. Every mark affecting the next and the whole of the composition reflects the relations in harmony, balance, stress, and tension. In my attempt to make the work of painting fun by the act of play, I employ a type of aesthetic chess, active exploration in mark making, and carving out composition. While in a meditative focus the process has become a quieter practice of creative activity."

Orange's work has been widely exhibited, reaching all four corners of the United States, including New York, Atlanta, Santa Fe, Portland as well as the Coos Bay Art Museum, Oregon. He was selected by the Oregon Arts Commission for the Art in The Governor's Office program, a prestigious recognition as an Oregon artist. His work can be found in private, public, and corporate collections around the world.

Imogen Gallery is located at 240 11th Street. Current business hours are Thurs thru Mon 12:00 to 5:00 and Sunday 12 – 4, closed Tues/Wed. 503.468.0620 www.imogengallery.com.



Ephemeral Fossil 48x48 oil on canvas

Contemplating The Edge: North Coast Landscapes At Riversea Gallery

RIVERSEA GALLERY presents *Contemplating the Edge*, a group exhibition of North Coast landscapes, opening September 11 with a reception during Astoria's Second Saturday Artwalk from 12:00 to 8:00 pm. The show continues through October 5, 2021.

Looking to nature as their muse, eleven regional artists capture the wild beauty of this liminal zone at the very edge of the Pacific Northwest, a land where nature holds sway over mere human activities, where misted forests and surging rivers meet the vastness of sea and sky.

The show encompasses an interesting variety of styles, from representational to abstraction, with artists working in assorted painting and printmaking mediums. Whether inspired by vista, mood, color or weather, each work offers a potent homage to the Pacific Northwest region. Participating artists are: Thomas Benenati, Kathryn

Cotnoir, Stirling Gorsuch, Don Gray, Katia Kyte, Lisa Onstad, Robert Paulmann, Erik Sandgren, Kirk Weller, Jennifer Williams, J. Scott Wilson.

RiverSea Gallery is open daily at 1160 Commercial Street in Astoria. Monday through Saturday, noon to 5; Sunday, noon to 4. 503-325-1270 riverseagallery.com.



E. Sandgren, Heceta



S. Gorsuch, Receding Tide



D Gray, Headwaters

Eugene Landry; An Artist, A Time and a Tribe Shoalwater Bay Tribe Heritage Museum



Kristine Torset, Shoalwater Bay Cultural Specialist, holds a painting by Landry's wife Sharon, and Winona Mail Weber holds the matching still life by Eugene. The paintings, made in 1965, were reunited in 2021 for the exhibit.

TOKELAND, WASHINGTON- The Shoalwater Bay Indian Tribe is proud to present Eugene Landry; An Artist, A Time and a Tribe, at the Nahms-chahts Heritage Museum. The exhibit will open September 17.

The display will include 30 oil paintings by Eugene Landry, (1937-1988) an enrolled Shoalwater Bay artist with Hoh and Quileute descent also. Eugene painted the world around him, and the people in it. His paintings tell a powerful story of mid-twentieth century life on the Shoalwater Bay reservation. Paralyzed at the age of 18, he dedicated his life to perfecting his craft from a wheelchair.

Much of his work was lost after his death.

Twenty-five years later, the collection was found in an attic by Tokeland artist Judith Altruda. She has since dedicated herself to restoring Eugene's artistic legacy and is writing a book about his life and work.

The Heritage Museum is located on the former site of Landry's studio. It's only fitting that the art created here, fifty years ago, is coming home.

"Eugene's art is so much more than just one man's view of the world," says Earl Davis, cultural director of the Shoalwater Bay museum. "It is an important index point that highlights a turning point in tribal history. During Eugene's time the people were at a crossroads of struggling and recovery. We have come a long way since then but it is important to remember the effort that went into getting us here. Many of our elders when viewing Eugene's work reflect upon those times and begin sharing those stories with us. I doubt that he ever intended his work to be such important cultural cues, but that's exactly what they have become."

A 2019 Humanities Washington Storyteller's grant recipient,

Opening reception September 17 from 3pm-6pm. The exhibit will be on display during regular museum hours; Tues-Sat 10am-6pm Admission Free. Masks required. 4115 State Route 105 Tokeland, WA (360) 267-8130, www.eugenelandry.com



Landry Still Life

PHOT-CHOCH

all-Indigenous collection of traditional and contemporary art

Phot-Choch (pote-ch-oh-ch) is the Chinook word for "Fort George" (Named by French-Canadians) and commonly known now as Astoria, Oregon. The title of this show was chosen with guidance from Tony Johnson, Chairman of the Chinook Tribe. Astoria, or Phot-Choch as Chinooks still call it, is traditional Clatsop Chinook territory.

This exhibition features an all-Indigenous collection of traditional and contemporary art, including carving, weaving, beadwork, painting, and photography.

Gallery open hours: 1pm - 5pm Saturday and Sunday, and by appt. School groups with chaperones may inquire about special viewings/field trips.

Funding for this project came from a Precipice Grant applied for by Liz Harris and Patricia Vázquez Gómez a curator and artist in Portland. The exhibition debuts a new wooden floor made possible by additional funding from the Ford Foundation.

At the ANITA Building, 1314 Commercial St. Astoria, as Phot-Choch showcase the works of local Indigenous artists and honor the original Chinook inhabitants of this land. 1pm to 5pm Sat/Sun through mid-Sept.

ABOUT GEORGE

By Kate Cooper • Animal Rescue Volunteer



MEET GORGEOUS GEORGE! George is a 2-year-old Foxhound / Australian Cattle Dog mix who weighs about 55 lbs. He was taken in by South Pacific County Humane Society in January this year, after he was found as a stray. George immediately became a firm favorite with everyone at the shelter. A playful and affectionate pup with a fun personality, George is full of energy

and life. He has a big smile and an even bigger heart!

George gets on well with other dogs, and has several canine buddies at the shelter. This boy really enjoys playing! George loves the water and loves to chase a ball. He is full of beans, and particularly likes goofing around larger dogs. He is not however a fan of cats!

George really likes going for walks, he is curious and is happiest when he is exploring. He would do well with an active person or family. George is smart and knows some commands. He is food motivated and would be very trainable outside the shelter environment. He would benefit from some more leash training, though a lot of his energy is pent up energy from being in the shelter for 7 months. George also really likes going in the car.

George has developed the unusual habit of eating rocks. Clearly not good for him, he currently wears a basket muzzle when he goes for a walk to ensure he does not consume any! George is adapting well to wearing his muzzle, and it is hoped this will be a short-term precaution. It is the belief of several at the shelter that when George finds his forever home, and so

is both less stressed and less bored this behavior will stop.

George is a handsome boy. He often gets comments when he is out and about with the dog walkers about how pretty and good looking he is! Although he can be a little shy when first meeting new people, George quickly warms up once he gets to know you. Shelter volunteer Loretta Cook says of George, 'he is an absolute love! I always enjoying seeing him when I get to the shelter, and he gives his friendly bark. Though I would really enjoy to not see him anymore, if this meant he had been adopted. He really deserves a great home!'

If George sounds like the boy for you, please go to WWW.BEACHPETS.COM and follow the links to Adopt. Once an application form has been completed, the shelter will reach out to arrange a meet and greet with George. If you have more questions about George, you can call the shelter on 360 642 1180. The shelter runs a foster to adopt scheme, which means if you like you can foster a dog first before committing to adoption.

By Tobi Nason

The Whole Brain - Get it to Work! wordwisdom

A FRIEND gave me a book called "Whole Brain Living" Subtitle: The Anatomy of Choice and the Four Characters that Drive Our Life. (Jill Taylor, PhD: Hay House.) I'm in the process of reading it now, but I am so excited! We've heard of being "Left Brained" (analytical and methodical) and "Right Brained" (more creative and artistic). We get labeled pretty early on and often use it as an excuse- "Oh, I'm Left Brained, what do you expect?" That sort of thing.

I know that the brain is like the Motherboard in a computer. Everything depends on that brain working. Somehow we allow our labeled right or left brain dependency to continue on, without ever thinking there are ways to use the brain in all its functions. Yes, one side will dominate as a function of personality and needs, but it's possible to override the dominance. The decisions and choices are optimized. Wouldn't that be nice - to have a fully working brain?

It is a myth that we only use 10% of our brains. We use all of our brain every day. This book was written by

a woman who went into a coma and came out with a blank mind. She had to learn to access parts of her brain, and also work with the parts that suddenly reemerged back to life. She discovered she had access to 4 different parts, each had a different solution to a concern or problem. She had options in decision making. Like we all do... except we have perhaps not exercised certain areas as much as some. Hence the labeling of right brain, left brain. Like using one arm all the time and it turns out nice muscles and so we choose that arm to continue to dominant, while a perfectly good limb needs to be used more to keep up in shape. We have the ability to choose to activate one of 4 systems in response to life's concerns. How exciting is that??

Humans have a tendency to go the easy way, the most comfortable route to any solution, the path of least resistance. To become more whole brain, here are some tips from the internet:

Meditate. Exercise regularly. Write. Listen to some Mozart. Laugh. Healthy diet. Plenty of sleep.

Also: Work on Desire. Be open to change. Be around positive people. Address your resistances.

Why does this seem so exciting to me? As a counselor, all the above suggestions are pretty well a "given" in terms of mental health. To find you can choose which part of your brain will best serve your needs is dramatic. It's like taking your brain to the gym, fine-tuning an already sophisticated piece of work.

Counselor's advice: Treat your brain kindly. Follow the above advice. Don't smoke, do drugs. If you ruin your so-called Motherboard, the rest of the ship is on a downward slope. Nothing will function optimally. Not so-good decisions will be made, ones that have serious repercussions. Irreparable damage. With a fully working brain, not one stuck on replay, one can only imagine the wonderful things to come.

Tobi Nason, Counselor, lives in Warrenton. Appointments can be made at (503) 440-0587.



A Special Request from the Dogs & Cats at the CLATSOP COUNTY SHELTER

We're a little low on supplies.
Would you please help?

- Dog Food - Nature's Domain (Costco)
- Cat Food - Nature's Domain (Costco)
- Wet Dog Food & Pate style Cat Food
- High Quality Kitten Food
- 50 Gallon Garbage Bags
- 13 Gallon Tall Kitchen Bags
- Paper Towels
- Dawn
- Bleach
- Cat Toys (No Catnip)
- Dog Kongs (Black only please)
- Feline Pine Cat Litter
- Laundry Detergent (HE)
- Also - We take Cash Donations!*

**Clatsop County
Animal Shelter**
1315 SE 19th Street
Warrenton, OR 97146

503-861-7387
Tuesday thru Saturday
Noon to 4pm



THE LOWER COLUMBIA CLINIC
Thomas S. Duncan, M.D. • Susan L Skinner, CNM, CFNP
595 18th, Astoria • 503-325-9131



Theatrical Releases

SHANG-CHI AND THE LEGEND OF THE TEN RINGS (Sept. 3) Marvel presents its first movie with an Asian lead character. Simu Liu plays Shang-Chi, a son brought up to be a killer by his immortal crime lord father Wenwu (Tony Leung), who has rejected his background for a humbler one parking cars in San Francisco. But inevitably, the son will have to confront the father to make himself whole and move forward. A thousand years previous, Wenwu came into possession of the Ten Rings, which bestow immense power on their wearer. When Wenwu threatens the present in his guise as the Mandarin and his Ten Rings organization, Shang-Chi must fight his father to overcome his past. With Awkwafina and Michelle Yeoh.

QUEENPINS (SEPT. 10) Kristen Bell and Vince Vaughan topline this comedy about two women stuck in dead-end situation who scam corporations out of millions in coupons. Synopsis: A frustrated suburban housewife and her best friend hatch an illegal coupon-club scheme that scams millions from corporations and delivers deals to legions of fellow coupon clippers. Hot on their trail an unlikely duo – a hapless loss-prevention officer and a determined U.S. postal inspector – both looking to end their criminal enterprise.

THE EYES OF TAMMIE FAYE (SEPT. 17) Jessica Chastain and Andrew Garfield star as Tammie Faye and Jim Bakker, who rose to fame and fortune as tele-evangelists in the '80s, only for their empire to crash and burn when Jim is convicted on fraud charges and

his reputation ruined when his extramarital affairs become public. While sharing her husband's conservative Christian values, Tammie Faye's views diverged with her acceptance of LGBT values and her compassion for AIDS patients during a time when mainstream figures avoided them.

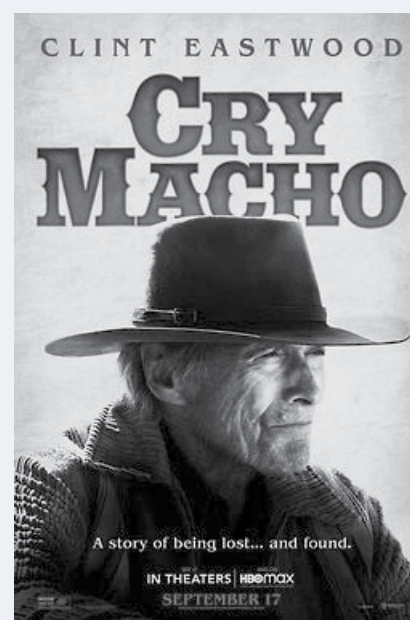


DEAR EVAN HANSEN (SEPT. 24) The hit Broadway musical comes to the screen with Ben Platt, who originated the role on stage, reprising his role as Evan Hansen. Evan Hansen, an unpopular high school student with social anxiety disorder, sees a therapist for his disorder. One of her coping strategies is for Evan to write letters to himself. A classmate he doesn't know, Connor Murphy, steals one of his letters. Later, Connor is a suicide and his parents find the Dear Evan Hansen letter in his possession and conclude that Connor wrote the letter and that he and Evan were friends – his last friend – when in reality, the two were not friends at all. With Julianne Moore and Amy Adams.



Streaming Releases

BLOOD BROTHERS: Malcom X & Muhammad Ali (Sept. 9 Netflix) Doc about the friendship between two of the most influential figures of the 20th century – Malcom X and Muhammad Ali. Director Marcus A. Clarke said, "Malcolm X and Muhammad Ali are two of the most iconic and revered African Americans of the twentieth century, and yet the depths of their friendship and the influence they had on each other is largely unknown. Blood Brothers provides a deeper understanding into what made these two men tick, the intense role faith played in their bond and ultimately how their budding friendship came to an abrupt end."



CRY MACHO (SEPT. 17 HBO MAX) Clint Eastwood directs and stars in this story that takes his career-defining macho tough guy roles from the '60s and '70s and turns them on their head. Eastwood plays Mike Milo, an alcoholic ex-rodeo star whose career was ended after a horrific accident. Down on his luck, Milo is approached by ex-boss Howard Polk (Dwight Yoakam) to kidnap his son, Rafo, who lives with his mother in Mexico and transport him back to Texas. Discovering Rafo living on the streets in Mexico City surviving by cockfighting and petty thievery, Milo persuades the tough, defiant boy to travel back to Texas with him. On their journey, Milo tries to cure the boy of his attitude. "This macho thing is overrated," Milos says, "Just people trying to be macho to show they've got grit. That's about all they end up with."



THOSE WHO WISH ME DEAD (Sept. 30 HBO Max) Taylor Sheridan directs and Angelina Jolie stars in this forest thriller about a forest ranger who must protect a child pursued by killers. Jolie plays Hannah, a former smokejumper, who's mistake cost the lives of several of her crew. Now, she lives a solitary life in Montana manning a forest watchtower. In Florida forensic accountant Owen (Jake Weber) who has uncovered evidence of government corruption sees a news report that the district attorney on the case has been murdered. Knowing that he is next, he flees to Montana with his son Connor. But there, the two assassins Jack (Aidan Gillen) and Patrick (Nicholas Hoult) catch up to them. Owen is killed but gives Connor evidence and tells him to find a sheriff. Instead, Connor finds Hannah, who must protect him against the killers and the forest fire they have set.

SCENES FROM A MARRIAGE (Sept. 12 HBO) Limited series remakes Ingmar Bergman's 1973 series about a disintegrating marriage. New series stars Jessica Chastain and Oscar Isaac as Mira and Jonathan. Mira is a tech executive, the family breadwinner who nonetheless finds her marriage empty and unfulfilling. Jonathan is a philosophy professor desperate to keep the marriage alive. Series follows the relationship as it falls apart, re-forms and falls apart again over the course of a decade.

FREE WILL ASTROLOGY

© Copyright 2021 Rob Breznsy **SEPT 2021**

h	r	♂	↑	☉	♋	♏	♏
11°	6'	27°	7'	15°	64'	0°	48'

ARIES (March 21-April 19): Aries poet Anna Kamienska wrote, "I've learned to value failed conversations, missed connections, confusions. What remains is what's unsaid, what's underneath. Understanding on another level of being." In the coming weeks, I suggest you adopt her perspective as you evaluate both past and present experiences. You're likely to find small treasures in what you'd assumed were wastelands. You may uncover inspiring clues in plot twists that initially frustrated you. Upon further examination, interludes you dismissed as unimportant or uninteresting could reveal valuable wrinkles.

TAURUS (April 20-May 20): After studying your astrological omens, I've decided to offer you inspiration from the ancient Roman poet Catullus. I hope the extravagant spirit of his words will free you to be greedy for the delights of love and affection. Catullus wrote, "Give me a thousand kisses, then a hundred; then another thousand, then a second hundred; then yet another thousand." I'll add the following to Catullus's appeal: Seek an abundance of endearing words, sweet favors and gifts, caresses and massages, help with your work, and fabulous orgasms. If there's no one in your life to provide you with such blessings, give them to yourself.

GEMINI (May 21-June 20): Gemini author Elif Batuman writes that the Old Uzbek language was rich in expressions about crying. There were "words for wanting to cry and not being able to, for loudly crying like thunder in the clouds, for crying in gasps, for weeping inwardly or secretly, for crying ceaselessly in a high voice, for crying in hiccups, and for crying while uttering the sound 'hay hay.'" I recommend all of these to you in the coming days, as well as others you might dream up. Why? It's prime time to seek the invigorating release and renewal that come from shedding tears generated by deep and mysterious feelings.

CANCER (June 21-July 22): A blogger named MythWoven imagines an "alternate universe where I literally go to school forever (for free) so I can learn about art and literature and history and languages for 100 years. No job skills. No credit requirements. No student loans. Just learning." I have longings like hers. There's an eternal student within me that wants to be endlessly surprised with exciting information about interesting subjects. I would love to be continually adding fresh skills and aptitudes to my repertoire. In the coming weeks, I will give free rein to that part of me. I recommend you do the same, my fellow Cancerian.

LEO (July 23-Aug. 22): In 2016, the International Garden Photograph of the Year depicted lush lupine flowers in New Zealand. The sea of tall purple, pink, and blue blooms was praised as "an elegant symphony" and "a joy to behold." What the judges didn't mention is that lupine is an invasive species in New Zealand. It forces native plant species out of their habitat, which in turn drives away native animal species, including birds like the wrybill, black stilt, and banded dotterel. Is there a metaphorically comparable phenomenon in your life, Leo? Problematic beauty? Some influence that's both attractive and prickly? A wonderful thing that can also be troublesome? The coming weeks will be a favorable time to try to heal the predicament.

VIRGO (Aug. 23-Sept. 22): "I often wonder who I am and where is my country and where do I belong and why was I ever born at all," wrote Virgo author Jean Rhys (1890-1979). I don't think you will be agitated by those questions during the next eight weeks, Virgo. In fact, I suspect you will feel as secure in your identity as you have in a long time. You will enjoy prolonged clarity about your role in the world, the nature of your desires, and how you should plan your life for the next two years. If for some inexplicable reason you're not already enjoying these developments, stop what you're doing and meditate on the probability that I am telling you the bold truth.

LIBRA (Sept. 23-Oct. 22): Several states in the US have statutes prohibiting blasphemy. Saying "God damn it" could theoretically get you fined in Massachusetts, South Carolina, and Wyoming. In the coming days, it's best to proceed carefully in places like those, since you've been authorized by cosmic forces to curse more often and more forcefully than usual. Why? Because you need to summon vivid and intense protests in the face of influences that may be inhibiting and infringing on your soul's style. You have a poetic license to rebel against conventions that oppress you.

SCORPIO (Oct. 23-Nov. 21): Everyone dreams at least three dreams per night. In a year, your subconscious mind generates over 1,100 dreams. About this remarkable fact, novelist Mila Kundera writes, "Dreaming is not merely an act of coded communication. It is also an aesthetic activity, a game that is a value in itself. To dream about things that have not happened is among humanity's deepest needs." I bring this to your attention, Scorpio, because September is Honor Your Dreams Month. To celebrate, I suggest the following experiments. 1. Every night before sleep, write down a question you'd like your dreams to respond to. 2. Keep a notebook by your bed and transcribe at least one dream each time you sleep. 3. In the morning, have fun imagining what the previous night's dreams might be trying to communicate to you. 4. Say prayers of gratitude to your dreams, thanking them for their provocative, entertaining stories.

SAGITTARIUS (Nov. 22-Dec. 21): In her autobiography *Changing*, Sagittarian actor Liv Ullmann expresses grief about how she and a loved one failed to communicate essential truths to each other. I propose we regard her as your anti-role model for the rest of 2021. Use her error as your inspiration. Make emotionally intelligent efforts to talk about unsaid things that linger like ghostly puzzles between you and those you care about.

CAPRICORN (Dec. 22-Jan. 19): "I could do with a bit more excess," writes author Joanne Harris. "From now on I'm going to be immoderate—and volatile," she vows. "I shall enjoy loud music and lurid poetry. I shall be rampant." Let me be clear, Capricorn: I'm not urging you to be immoderate, volatile, excessive, and rampant every day for the rest of your long life. But I think you will generate health benefits and good fortune if you experiment with that approach in the coming weeks. Can you think of relatively sane, sensible ways to give yourself this salubrious luxury?

AQUARIUS (Jan. 20-Feb. 18): While wading through the internet's wilder terrain, I found a provocative quote alleged to have been uttered by the ancient Greek philosopher Socrates. He supposedly said, "My ultimate goal is to look totally hot, but not be unapproachable." I confess that in the past I have sometimes been fooled by fake quotes, and I suspect this is one. Still, it's amusing to entertain the possibility that such an august personage as Socrates, a major influencer of Western culture, might say something so cute and colloquial. Even if he didn't actually say it, I like the idea of blending ancient wisdom with modern insights, seriousness with silliness, thoughtful analysis with good fun. In accordance with astrological omens, I recommend you experiment with comparable hybrids in the coming weeks. (PS: One of your goals should be to look totally hot, but not be unapproachable.)

PISCES (Feb. 19-March 20): "If you don't know what you want," writes Piscean novelist Chuck Palahniuk, "you end up with a lot you don't." Very true! And right now, it's extra important to keep that in mind. During the coming weeks, you'll be at the peak of your ability to attract what you want and need. Wouldn't you prefer to gather influences you really desire—as opposed to those for which you have mild or zero interest? Define your wants and needs very precisely.

Moon and the Wolf

By John Ciminello

A long time ago before city lights
and footprints in lunar-dust,
the moon called down for a friend, a companion, a lover,
really anyone to talk with, to swap stories of childhood
or share a joke or two about the gaseous pretenses of the sun,
or complain about falling stars and rising tides,
or confess the dark side of loneliness.

No one responded,
volcanoes were too busy boiling magma,
spouting ash 30,000 feet into the air.
Dinosaurs had no time for conversation
as they rumbled and chomped and snorted
their way into oblivion.

Man stared in awe and fear at the beckoning moon,
he has always been ignorant to the mysteries of woman
and the changing phases
of moon's subtle attraction.

And then wolf spoke with a clear voice
like a spark reaching into the aching darkness,
curling upward with a longing to touch the face,
his howl awakens in the heart and belly,
rises to the chest and throat,
shakes the illuminated air as if to say,
"I sense your loneliness, I feel the ebb and pull
of your grief and like a friend returning from
a long journey, it is good to see
your face again."



POETRY VENUE Florence Sage

About the Poem:

Moon and Wolf: both fascinating to us. Here they are given voices, as if human and with human emotions, two characters telling their sad stories. I root for those heroic loners to be happy.

The poem reads like a native myth explaining "Why Wolf Howls at the Moon." Loneliness, says the poet, that's why. The wolf, being more attuned than most others on earth, recognizes this: the moon gets lonely too. And deserves better. Two loners, one neglected, the other rejected.

The moon our companion, the howling wolf our longing. Read the wolf's words aloud in a high thin howl and turn your eyes up gratefully to the faithful moon. Who would we be without it?

The story is spare, told as in a conversation ("really anyone to talk with"; "it is good to see your face again.") with a touch of awe ("the dark side of the moon" is a fascinating concept, as is "the pull of your grief" in the tides). This poem has stayed with me from when I heard it from John at the mic. It's a fine example of his shorter work from the calm-eyed poet John Ciminello.

About the Poet:

John Ciminello shares life with his wife Patricia in Naselle, Washington, where he is newly retired and practices a favorite saying of his Italian grandfather, translated as "the sweetness of doing nothing." He writes poems as much for his wife as for himself, and she accompanies him to Astoria for monthly readings at Ric's Poetry Mic, listening to the soft regular rhythms and the pictures in his words with her eyes serenely closed. John has read poems by invitation at several area events on the coast and on KBOO-FM, and has two books of poems: *Shrine Above High Tide* (2009) and *Magnolias, Mockingbirds and Sweet Potato Pies* (2017).

The Column: Poetry Venue selects a poem a month from active area poets, by invitation. At this time we draw from among poets reading at Ric's Mic in Astoria at WineKraft, foot of 10th, 7pm on first Tuesdays. "About the Poem" tells what the editor liked most about the poem, and "About the Poet" is meant to give readers a glimpse into who the poet is.

HOMEWORK. WHAT'S YOUR GREATEST BLESSING?
NEWSLETTER@FREEWILLASTROLOGY.COM

Sit Still? Heck, No!

DO YOU REMEMBER BEING A KID, bursting with the need to move around, but then some adult admonished you to "sit still"? Then you'd get in trouble for wriggling, bouncing your leg, or tossing a paper airplane when the Authority Figures weren't looking.

Thankfully, adults who work with young children have become more enlightened about their drive to be active and have designed more movement-friendly settings and events. As we get older, though, the expectation remains that we'll settle down to a polite, sedentary existence. The closer we approach silence and immobility, the easier it becomes to create an orderly environment conducive to study, work, and unfortunately, passivity and obedience as well.

Healthcare providers have warned about the connection between a sedentary life and chronic disease, and research has confirmed that physical activity is just as effective at relieving anxiety and depression as medications are. More recently, neuroscientists have discovered negative effects of inactivity on cognition and personality. The limited freedom of movement thought to be conducive to an optimal learning environment is an impediment to learning.

A 2013 study sponsored by the Institute of Medicine demonstrated that children who are given movement breaks at school are more attentive, process information more quickly, and even receive better test scores than children who

are stuck at their desks. Public-health educator James Sallis explains why: movement increases circulation in the brain and thus nourishes brain cells. Some schools have embraced these findings, but others object that movement breaks take time away from preparation for high-stakes tests and will create disruptions, not energized minds (Donna De La Cruz, "Why Kids Shouldn't Sit Still In Class," New York Times, March 21, 2017,

In his book *In Praise of Walking*, neuroscientist Shane O'Mara suggests that the need for movement is built into evolutionary history. As an organism evolves the ability to move, it also develops a sensory apparatus to respond to the environment (page 30). As for humans, our characteristic upright posture didn't just change our skeletal structure and movement patterns; it also changed our perceptions and fostered our collective intellectual development. "Walking makes our minds mobile, and our mobile brains have marched to the far horizons of the planet" (page 3).

Not only does movement improve our mood and sharpen our intellectual acuity, but it even has an effect on our personality. A study with elders revealed a connection between low levels of physical activity and tendencies to be

less open to new experiences and less friendly. The least active people were also the least agreeable and adventuresome of all (124).

Inactivity is often blamed on individual choice and negative personality traits like laziness. In an individualistic society, it's easy to overlook social factors, such as the relationship between regimentation (including enforced quite and stillness) and creating a docile work force under industrial capitalism, and the way access to safe, non-body-shaming places to exercise, as well as the time to do so, are associated with higher socioeconomic status. As awareness of the relationship between movement, learning, sociability, creativity, and mental-emotional health becomes more widely disseminated, will changes in school and work environments be effected differentially based on socioeconomic status? Will children from wealthy families, attending prestigious schools with a low student-teacher ratio, be afforded the right to move, while children in overcrowded, underfunded schools will continue to be admonished to sit still?

While executives enjoy their treadmill desks and bouncing on yoga balls at board meetings, fast-food workers and receptionists are likely to end up stuck at their workstations. Hmm...sounds like a call to, well, a movement!



SOU'WESTER ARTS & ECOLOGY CENTER Fall Programming • Sept 25 - Dec 18

Artist-led workshops in dye-making, painting, screen printing, drawing, clay, woodworking, foraging, wildcrafting, zines, comics, photography and more!



The Sou' Wester Arts & Ecology Center is providing several unique learning opportunities this Fall! The After-school Program and Saturday Workshop series consists of a month-long Natural Dye Series as well as artist-led workshops in ceramics, woodworking, fiber arts, photography, silk screening, zine making, and more!

The After-school Program for youth 7-11 meets Tuesday, Wednesday, and Thursday from 3:30pm- 5:30pm with possible transportation from Long Beach Elementary. Tuition is \$75/week plus materials fee. To register for the After-School Program, go to the Souwesterlodge.com>Art>After School to fill out the form and proceed to payment.

The Saturday Workshop Series meets on Saturdays from 10am - 2pm. A multi-generational class, Saturday workshops are open to both adults and youth. Children under 12 are to be accompanied by an adult. Tuition for this separate program is \$50/class + materials fee. To register for a Saturday Workshop, go to the Souwesterlodge.com>Art>Workshops, to fill out the form and proceed to payment.

Classes begin September 25th and run through December 18th. All workshops will be held outdoors and masks are required for all students and teaching artists.

There are several Discounted Tuition Opportunities:

- All adult Natural Dye Workshops (Four Saturdays): 25% off
 - All youth Natural Dye Workshops (Four weeks and four Saturdays): 25% off
 - Sibling discount: 10% off
 - All After-school Workshops: 20% off
- Limited need-based scholarships

Please visit the Souwester website to find out more information about all of the awesome workshops planned!

The Sou'Wester Arts & Ecology Center also houses THE WAVE OF THE FUTURE COOP, a montessori-inspired learning community that focuses on experiential education, arts, and the environment. The Wave is offering two great programs this Fall:

- Preschool Aged Program: Starting Tuesday, September 7. Mon- Fri 8am - 3pm for children ages 30 month and up.
- Elementary Aged School Support + Enrichment: Starting Tuesday, September 14. Tues-Thurs 12PM- 3PM for youth ages 7-12 who are online learning or homeschooling.

To learn more or sign up for any of the Wave of the Future Programs, visit their website or email them at waveofthefuture-coop@gmail.com.

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CHEW ON THIS!

by Merianne Myers



FULL DISCLOSURE: This is a reprint of an ancient Hipfish column old enough to have escaped the numbering system I put in place eleven years ago. True, summer only lasted a day this year. Not so the Covid Pandemic which has lingered seemingly forever, showing no signs that it has anywhere it would rather be. Admittedly, off-planet would be its only option at this point. All this to explain that not everything in this particular column is reflective of our current reality. It speaks of a gentler time. You know, when we weren't all so busy being disgusted with each other over politics, immunizations, religion and everything else that somebody else is doing without our approval. Remember that? Sure, we have always been judgmental without justification and afraid of anyone who doesn't look like us and quick to declare war on whoever looks to have the most of something we want. But we used to employ a 'thin, thin 16 mm shell' of dignity as we moved through the world. Now, not so much. In the end, we are human and humans are real big babies alternately being adorable and pitching a tantrum that requires a clean-up on aisle B.*

MAYBE you're a city-dweller on the lam or a traveler recreating your vehicle through a corner of what you thought would be Oregon but turned out to be Paradise or the waitress, running late because of the god awful traffic, who will serve you dinner and a smile later this evening. There will be a moment for each of us when the total body experience of summer will hit us.

Summer is an afternoon of heat that makes us want to get away from people and real close to someone. It's sun and sweat, languor and luxury. Summer makes us want to lay in the hammock with a cold drink and a hot book. The benevolent body shot from a perfect Summer moment carries the caress and optimism of sunshine, the scent of flowers at their blowzy best, something with ice cubes, the smell of corn roasting on a fire. It's a lover drawing you close. It's a swoon.

Fall may be a bountiful goddess and winter a cool calculator. Spring has a definite lock on the Miss Congeniality title. But summer is ooh-baby sexy. And, sweet corn is key to summer. Just as we can't leave out watermelon, peaches, honest-to-god tomatoes and cold beer, we can't omit sweet corn and still have an 'E' ticket. (Does Disneyland still have E tickets? Things may have changed since I was there in 1957.) Luckily, a person can do really a lot of things with sweet corn. Just ask the Native Americans who were cultivating corn thousands of years ago in a place they didn't call Mexico.

Not to mention.....SILK. Corn has silk! It is sweet, gorgeous and swank. Its corpulent kernels have an enthusiastic burst radius. Not since oysters were irritated to the point of pearls has the combo of deluxe and delish been more artfully done. Sweet corn and oysters can be best friends. A dollop of assertive corn salsa on a just-shucked half-shell can leave us breathless and grateful.

Corn Salsa bestows scrumptious on a fish filet, roast chicken, a taco, a cup of gazpacho, a corn chip or anything at all. It is a real good way to down a slug of summer.

FRESH CORN SALSA



- 1 cup fresh-off-the-cob corn kernels
 - 1 vine-ripened tomato,
 - However many finely chopped, diced Jalapeños you want. Seed 'em or don't, your call
 - 1 avocado, peeled, pitted and diced
 - 2 tablespoons fresh squeezed lime juice
 - 1 Tablespoon fresh Cilantro, chopped
- Toss everything together, let sit in the fridge for a half hour or more to think about what it has done.
- * ...to quote Firesign Theater

Tune in to FOOD TALK, an irreverent conversation about home cookin with hosts Merianne Myers and Linda Perkins. 1st and 3rd Mondays of every month, 9:30 to 10am on Coast Community Radio, KMUN 91.9fm, KTCB 89.5fm, streaming and available as podcast at coastradio.org

Angora Hiking Club

Round Lake, Camas, WA and Bonaventure Retirement Tour Wednesday, September 8 Vancouver, WA.

On Wednesday, September 8, interested walkers will meet at 9am at 2nd St. parking lot between 2nd & 3rd St in Astoria, Oregon and carpool east on OR Hwy. 30/WA 433/432 to I-5, then South to East 205 to Vancouver, to East Hwy 14, then North in Clark County to Camas on Hwy. 500 to NE Everett St & NE 35th. Those wanting to join us there may do so at 11AM.

Round Lake in Lacamas Park has a lovely Picnic Area, Restrooms, Lake loop with a waterfall, benches, and trees.

Of most interest are the Douglas Fir, Western Red Cedar and Big Leaf Maple trees. Participants will begin at the parking lot and follow the loop around Round Lake including a few small hills for a total of 1.5 miles. There is a fish ladder and lake dam. Enjoy the symphony of sounds as you walk, very relaxing.

At approximately noon meet at the Picnic area for the hiker-furnished lunches. Bottled water will be provided by the leader.

After lunch proceed to Bonaventure of Vancouver Senior Living, 9317 NE 86th Street. Hannah Dunbar, Marketing Manager will give a tour of the almost 2 year old 4 story Community. It is for Seniors: Independent Living, Assisted Living and Memory Care (Dementia). Lemonade, Iced Tea and sweet treats will be provided complimentary to us on the Patio.

It is not necessary to be an Angora member. Guests are always welcome. Remember to bring your own lunch, snacks, sturdy shoes, and walking sticks. However, pets are not allowed on the hike. If interested in joining this event please make reservations by Monday, Labor Day, September 6.

Call Hike Leader, Kathleen Hudson 503 791-1392 or Hannah Dunbar 360 718-3520.



Round Lake Waterfall

ATTEND THE MANZANITA MEN'S GROUP



WHERE: Nehalem City Park, Nehalem, Oregon: From US 101 in Nehalem, turn South on 10th St. and then right on Tohls Street and follow it up the hill and around to the left to the park.

WHEN: Sunday evening, September 5, TIME 4pm - 6pm **TOPIC TO SPEAK TO THIS WEEK:** "Guilt — the actions I have done that resulted in harm and caused me to feel regret, shame, or other negative feelings about myself."

WHAT TO BRING: A Chair. And a MASK to wear if you are not fully vaccinated or are concerned about contracting the Corona Virus. Maintain physical distance while connecting socially.

WHY: It would benefit all to experience a more diverse circle of men - all ages - all walks of life - all points of view. Let's expand the possibilities.

HOW: Each man adds to the evening. We all have connection to a vast knowledge. The group intelligence is more expansive than the individual awareness. There is a great release and power in sharing our wisdom and our vulnerabilities.

Confidential. Inclusive. Diverse. New men are always welcome in this circle - Bring Yourself - Be Yourself - Add yourself to the mix; see what happens.

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MARSH'S FREE MUSEUM

Celebrates the Weird and Wonderful 100 Years a 3-Day Street Celebration and Marian Marsh Memorium



WEATHER PERMITTING, plus safe outside social distancing—all who hold dear the fantastic time capsule that keeps on keeping on, Marsh's Free Museum is celebrating its centennial year. Marsh's Free Museum is an unusual and iconic business that has become a traditional stop for many families visiting the Long Beach Peninsula. Home to "Jake the Alligator Man" and other unique curiosities and antiques—from shrunken heads, a fortune teller, freaky taxidermy and the largest retail sea shell collection on the west coast, you couldn't possibly see it all in one trip!



**Champion Ariel Artist
Rebecca Palmer Performs**

and due to the pandemic, her family was unable to hold a befitting memorial. The Long Beach, Washington location was started in 1950, however, photos show that Wellington Marsh started collecting and doing his trade business back in 1921. Over the years, the museum of the curious has been passed down through the family and is currently co-owned by Wellington Marsh's great-granddaughters, lovingly known as "The Marsh Girls".

Marian Marsh is attributed to bringing "Jake the Alligator Man" to Long Beach but mainly she over saw the management of the museum for many years, welcoming its visitors. And "Jake" (a whole other story) maintains an uber-fantastic cult reputation, making the cover of many a tabloid and annual theme parties in his honor.



Mr. Wellington Marsh

Fans and memory keepers are invited to three days of unique events, planned to commemorate and celebrate "100 years of Weird & Wonderful" in keeping with the Marsh tradition, Oct 1 - 3.

Special to this celebration, is the honoring of Marian Marsh, former owner of the museum with her husband Wellington Marsh. The beloved Marian Marsh passed in 2020,

One can surmise Marian and Wellington Marsh understood human psychology, from fascination with the absurd to delight in interacting in a curio museum chock full. For today when we visit Marsh's, and can still put a coin into an antique entertainment machine, it's a time travel

link to the past, and surreal parallel to the cell phone in our pockets.

In true Marsh tradition, the celebration brings TOM LINDSKOG, NOTED PUMPKIN SCULPTOR from Eugene, Or (social studies teacher by day) to sculpt a life size Marian Marsh. Spectators can view the carving and

building of the sculpture on Saturday, Oct. 2. The final version of the sculpture will be presented on SUNDAY, OCT. 3, replete with Marian's actual clothing. In memory, all family, friends and fans of Marsh's are invited to attend this open house style event and Celebration of Life from 1-4 pm. The sculpture will be available for viewing, and photo opportunity. In addition to the festivities, Marsh's is collecting stories and memories. Slips will be provided over the weekend to write your favorite memory. Memories will be collected and entrants may win a door prize drawing.

The opening event, FRIDAY, OCTOBER 1 (4-6 PM) is a business mixer and ribbon cutting with all local area business owners and representatives invited, themed "Wild Wild West" and hosted by The Marsh Girls.

SATURDAY, OCT 2, 10-4PM IS PARKING LOT PARTY FREE FAMILY FUN, which includes both an adult and children's bouncy house (who knew their was an adult bouncy house) as well as a promised mysterious real live sea creature in a water tank. Throughout the day, Marsh's brings a bevy of renowned Circus genre performers in comedy and dramatic acrobatics. Like Leapin' Louie, the Cowboy Lasso artist/comedian, Rebecca Palmer, Champion Ariel Artist, and Hand Balancing Artist Acro Britt, (David Letterman) who also specializes in target hitting Foot Archery. The Parking Lot Party promises a full regalia of not-to-miss entertainment.

GUEST BANDS perform Sunday Oct 3.

Three Hour Tour 2 - 4pm.

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Leapin' Louie**



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For complete details, visit: cbgallerygroup.com

