

July 2021 • vol 22 • issue 269

# HIPFISH MONTHLY

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In discussion of his award-winning  
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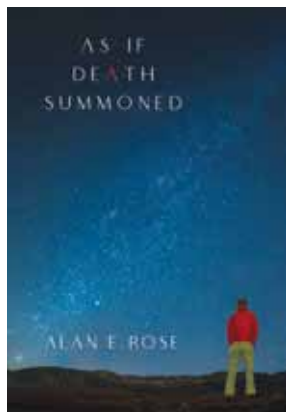
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## First Person: Authors Talk Host Heather Hirschi Interviews INDIE Award Winning Novelist, Alan E. Rose

SUMMER OPENS a fresh season at KALA with First Person: Authors Talk, an hour of lively conversation about all things literary. Each month, Host Heather Hirschi interviews a local writer live on the KALA stage, with questions from the audience and a few surprises. Scheduled guests include coastal novelists, memoirists, and poets who write in genres from horror to magical realism.

July's guest is novelist Alan E. Rose. His visit to Astoria commemorates the 40th anniversary of the CDC's identification of Acquired Immunodeficiency Syndrome (AIDS) in July, 1981. Rose's novel, *As If Death Summoned*, revolves around the impact of AIDS on the narrator as the virus spreads in Melbourne, Australia, and through his community in Portland. As *If Death Summoned*, released on World AIDS Day, December 1, 2020, won the Foreword INDIES Book of the Year Award.



*As If Death Summoned* is a first person account of one man's experience losing friends, a life partner, and his soul to the fight against AIDS. But as much as the novel accounts for the narrator's experience of AIDS driven pathos, the humor-laced, erudite story affirms the beauty of life and the possibility for healing. At its heart, the book is about grief and the renewal of hope,

about accepting loss and learning how to love through the embrace of mystery.

Author of four novels, Alan Rose grew up in the Pacific Northwest and has lived in Tokyo, Japan and Melbourne, Australia. He currently lives in rural southwest Washington where he organizes WordFest, a monthly gathering of readers and writers in Longview, WA. WordFest currently takes place on Zoom, free and open to the public. Rose also hosts the KLTV program, "Book Chat," in which he interviews writers of the northwest. "BookChat" is broadcast three times a week. Links available at [alan-rose.com/bookchat/](http://alan-rose.com/bookchat/).

**Join KALA for a conversation with Alan Rose on Friday, July 16. Doors open at 7:30pm, show at 8pm. Tickets: \$15 Available at the door and online at [www.brownpapertickets.com](http://www.brownpapertickets.com). Beer, Wine and Cocktails available. KALA is located at 1017 Marine Dr. in Astoria. 503.338.4878**



## "My name is David and I am an actor - a gay actor."

By Shelley Loring

**MY BROTHER** David died of AIDS in May of 1991, 20 years ago. He was 47 years old. In the 1970's he became involved in the gay rights movement and began living what he referred to as an "openly gay life". It was during this time that he "came out" professionally and to our family, though he had "come out" to himself long before that.

He is not here to tell his own "coming out" story, but I have put together passages from his many writings in the hope of portraying a little of what it was like to be a gay man "out of the closet" during the 1970's.

In 1977, in the midst of some important issues in the gay rights movement, David wrote a public statement to members of the entertainment industry which he had been a part of for many years. He explained his reasons for doing this: "In actuality, what I am doing is "coming out" professionally." In addition to sending this statement to people in the Hollywood community, he sent copies to various publications of the Gay Media "... in the hope that this statement may encourage other entertainers and artists to take similar stands." The Gay publications printed the statement. However, he also sent copies to the Hollywood "trade" papers, none of which published the statement. David wrote that his gay activist friends warned him that he was committing "professional suicide" by sending out this statement, but David assured them that at that point "I have no career to lose and, hence I am in a position to do and say what so many others would like to do and say, but are in fact unable to because of their professional status."

### The Statement:

"My name is David and I am an actor - a gay actor. I spent over six years in Hollywood and during that time, I became well acquainted with the motion picture industry's attitudes, mores, and social rituals. The existing system - and make no mistake about it, it is a well entrenched system - allows the individual to do anything; as long as it is kept in "the closet". Any controversial activities, either political or sexual, that become public knowledge are either frowned upon by the so called "liberals", or blatantly discriminated against by the more reactionary members of the entertainment community. This system is harmful to the arts in general; but worse, it is stifling and repressive to the individual artist, attempting to create meaningful art within its confines. In contemporary society and, specifically, in western society, individuals who attain prominence in the

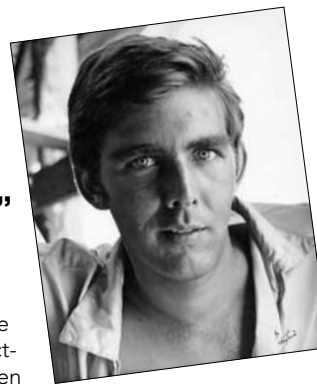
arts are respected, even adored by the public who value their opinions on various issues. There are many actors, musicians, artists and writers who, over the years, have been outspoken in their support of the various issues surrounding the human rights movement. For this I commend them; but this is not enough. The right to love and be loved is the most personal, the most inalienable of all human rights. Why the silence on this issue by prominent members of the entertainment industry? There is probably more homosexuality and bi-sexuality among members of the arts than in any other profession. I repeat, why the collective and individual silence? Isn't it time for the hypocrisy and deceit to end? At the very least they could support the gay rights movement as individuals, openly and publicly. At best they could acknowledge who and what they are. The cost of such silence is the respectability and acceptance of the humanity of us all."

- June 22, 1977

In 2011 it is difficult to imagine that being gay in the entertainment industry is at all an issue, but when my brother was involved in this world, things were very different than what they are today. One of his dreams was to be a part of a quality picture that dealt with gay love. How I wish he would have lived to see the making of a movie like "Brokeback Mountain".

As he wrote: "The real inroads in the human rights area will be made through the treatment of the issues by the arts and humanities in an intelligent, sensitive and dignified manner."

Our parents were quite concerned about David's "coming out" statement and did not understand his need to do this. But as David wrote, talking about our mother: "... but she has never felt the need to, once and for all, throw off the fear and guilt that are so much a part of the gay person's experience in this society, and which can only be eased by the "coming out" process for the majority of us. While they are both in support of me, and have been throughout the ups and downs of what living an openly gay life imposes, it is difficult for them, as it is for most people, to totally comprehend the kind of oppression and discrimination I have undergone for the past fifteen years, and even before that, throughout school



In October of 2011 HIPFiSH published a special for National Coming Out Day which featured coming out stories from coastal contributors. We reprint this story from that collection in commemorating the 40th anniversary of the CDC's identification of Acquired Immunodeficiency Syndrome (AIDS) in July, 1981. The writer, Astoria resident Shelley Loring contributed the piece in honor of her late brother David Loring, a Cannon Beach resident who died of AIDS.

Shelley noted in a recent email exchange, how much has changed in the 10 years since this piece was published. Says Loring "It seems now, though that too many of the "younger" generation don't seem to realize how much progress has been made since the 1970's. Acknowledging progress doesn't mean that we're done or that there still isn't more work to be done, but I think it's really important to realize that we have made a lot of progress since the 1970's."

In June of 2020 the Supreme Court declared that the historic Civil rights Act of 1964 protects LGBTQ employees from workplace discrimination nationwide. Enter backlash. This year state legislators across the country have introduced more than 100 bills to restrict trans rights, targeting transgender youth. In Clatsop County recent controversy around gender identity and trans education has sprung up in school and public services. The work continues on.

This story honors the amazing history of hard fought LGBTQ activism and the progress we can wholly respect in our own backyard.

- Dinah Urell

and even childhood." David used to say to me: "How would you feel if you were told by the psychiatric community that you are sick, told by the religious community that you are a sinner and told by the legal community that you are a criminal?"

Attitudes have definitely improved in the 30 plus years since my brother "came out", but we are still not entirely there. Until gay people can enjoy all of the rights that others in our society enjoy, we have our work cut out for us. As David wrote some 30 years ago: "Many of us have wondered why it is necessary for us to defend practices that we know are normal and human." The right to "love and be loved" should not have to be fought for. However, as David wrote: "Throughout history groups of individuals have been singled out for oppression, usually as a means to divert public attention from the real problems at hand. This season and for many seasons throughout history it is the gays. We are the easiest of scapegoats because we pose a fundamental fear in the minds of bigots from all groups." And now in 2011, we must not let the bigots win again!



Shelley, Mom June & David

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## outside the box



STEPHEN BERK

I FIRST HEARD THE PHRASE “politically correct” in the nineties as professor in Cal. State, Long Beach’s history department. The term made me think of the former Soviet Union, which had recently decomposed. There the Communist Party had been the only acceptable source of political and most other forms of thought. Political correctness had reached its zenith during the era of Josef Stalin, dictator for over thirty years. Stalin had imprisoned those who thought and particularly wrote from a politically incorrect, or non-Stalinist point of view. The Communist party determined what kind of thinking was correctly socialist and what was incorrectly bourgeois revisionist.

The Soviets under Stalin had a correct Communist party line for virtually every kind of thought, including scientific. If your thinking (writing, speech) went outside the Stalinist line, you might have a couple of party comrades knock on your door and invite you to stay for an undetermined, invariably long period of time in one of the many gulags, or forced labor camps. When I first heard the term “politically correct” in this country, I thought of Stalinism, Maoism and other totalitarian orders where freedom of thought was anathema.

And yet, now authoritative intellectuals and politicians in the U. S. were determining what was politically correct and what was not. Our two major political parties had always been loose coalitions with some degree of overlap, the Democrats representing center/left and the Republicans center/right. Because of the overlap and a loose, pragmatic approach to politics, as opposed to rigid ideologies, the two parties could and often did work “across the aisle” to get things done. Republicans and Democrats indeed often ate and socialized with one another. But today this sense of camaraderie has all but vanished. Our politics have become bitterly ideological and consequently highly dysfunctional.

Members of both parties share the good life. They are highly paid, have the best medical care available, gold plated

retirements and many privileges, like franking (free mail) unavailable to the general public. The chief occupation of the national political class is to continuously raise money for their campaigns to stay in office. The president has been limited to two terms since 1952, but members of

in Western Europe. In fact many of those countries have good relations including trade with Russia.

When the Soviet Union broke down in the nineties, many of the countries it had absorbed in Eastern Europe took back their sovereign rights. The U. S. took

advantage of the situation, conducting revolutions given different color labels in those countries. These revolutions were largely the work of American entities, namely the CIA and the National Endowment for Democracy. So despite the fact that Russia has long abandoned communism and has ceased to be a rival, official U. S. policy continues to be anti-Russian. President Biden recently characterized Russian President Putin as a “killer.” The Russians do not share this dim view of the U. S. or any of its Western allies.



both houses of Congress can remain for life if they can raise millions from the special interests whom they service. These interests pay for the political advertising that manipulates the people into voting for them. The common goal is to stay in office as long as possible and thereby enjoy a privileged life.

What then does running for and staying in office have to do with political correctness? Not much, that is if office holders cannot convince their constituents that there is only one way to view each of the important issues. For example, in foreign policy we have allies in Western Europe, Canada, and now much of Eastern Europe, and adversaries, chiefly Russia and China. Our oldest allied relationships come from traditional associations, formal and informal. A formal association created in 1949 and still in existence is NATO (North Atlantic Treaty Association). Its name is dated because it also now encompasses Eastern European countries like Poland and the Czech Republic and Middle Eastern ones like Turkey. NATO was formed initially at the height of the Cold War. And now an expanded form of NATO into former Soviet client states in Eastern Europe carries on an American started New Cold War. There is actually no real basis for the New Cold War. Russia does not threaten the U. S. or its allies

Mouthing the anti-Russian line, many of our politicians project America’s worldwide militarism and hegemonic stance onto the Russians. When the U. S. conducted its color revolution in Ukraine, on Russia’s border and the Russian Army entered Ukraine at the behest of the Russian people living in east Ukraine, most of our politicians condemned this as “Russian aggression.”

Ironically, the U. S. political class has a more favorable policy towards a still communist and much more powerful China. The reason: U. S. corporations have outsourced production there to obtain cheap labor at the expense of the American working class. Thus they have made China into a world production hub. Hence, China will soon displace the U. S. as the world’s largest economy. With its state-of-the-art military, China is far more aggressive than Russia, having taken over neighboring countries like Tibet. So Russian president Putin is unthinkingly denounced by people like Joe Biden. But the much more powerful and threatening Chinese leader, Shi Jin Ping is never castigated. We kowtow to Chinese power and demonize the much less threatening Russians. It is much like when a lesser Mafia boss disrespected another boss of his own stature while paying homage to the boss of all bosses.





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## Oregon Passes Groundbreaking Legislation Requiring 100% Clean Electricity by 2040

[SALEM, OR] -- On Oregon's hottest day in recorded history, the Oregon Senate passed an ambitious bill to transition the state's electricity to 100% clean energy by 2040 while centering benefits for communities of color and rural, coastal, and low-income communities and workers. The 100% Clean Energy for All bill (House Bill 2021) passed with 16-12 votes. With the passage of this bill, Oregon will have the fastest timeline to eliminate greenhouse gas emissions from the electric sector in the United States.

The bill, which was chief-sponsored by Representative Pam Marsh (D-Ashland) Representative Khanh Pham (D-Portland) and sponsored by a long list of state representatives and senators, will invest \$50 million into community-based renewable energy projects to boost community-owned and developed clean energy projects across Oregon, including disaster-resilient solar plus battery and microgrid projects to sustain access to electricity during extreme weather events. HB 2021 was run as a package with the successful Energy Affordability Act (HB 2475) which creates a low-income rate for energy consumers in Oregon passed earlier this session and the Healthy Homes Act (HB 2842) which invests \$10 million for low-income home upgrades that reduce energy and improve health outcomes and is expected to pass.

The 100% Clean Energy for All bill requires the utilities to establish community benefits and impacts advisory panels, ensures clean energy job training opportunities are maximized for communities of color, rural communities, and low-income communities in Oregon, caps any energy cost increases to ratepayers at no more than 6%, and requires consultation with Federally-Recognized Tribes for clean energy development that could impact their cultural and natural resources.

Along with one of the fastest timelines for emissions free energy in the country, the bill also makes Oregon the first U.S. state to ban new development or expansions of fossil fuel power plants in the state.

House Bill 2021 (100% Clean Energy for All) was one of three bills supported by the Oregon Clean Energy Opportunity campaign, whose leadership consists of rural- and BIPOC-led environmental justice groups convened by the Oregon Just Transition Alliance and its members.

**Along with one of the fastest timelines for emissions free energy in the country, the bill also makes Oregon the first U.S. state to ban new development or expansions of fossil fuel power plants in the state.**



KMUN's Development Director Susan Peterson and a truck full of trash after a couple hours along Hwy 101.

### New KMUN Frequency in Cannon Beach Area 89.3

Good people of Cannon Beach, Tolovana Park and Arch Cape, your long wait is over! The new KMUN translator has finally found its new home and strength in Cannon Beach. Can't find it on the radio dial? Well that's one of the other aspects of the new set up! You'll now find KMUN at 89.3FM in the Cannon Beach area. The signal should be very strong and clear, as the radio waves are transmitting at 250 watts instead of the 10 watts provided by the old transmitter which was located in a barn, surrounded by trees, east of the highway, in midtown.

The new translator site is at the north end of town, well above the inundation zone atop a 50' tower that is much closer to the tops of the surrounding trees. Beyond KMUN's more powerful broadcast antenna, the tower will also accommodate radio antennas for local HAM, GMRS and City of Cannon Beach emergency radios. Strong emergency communication capacity is a big priority for KMUN, and to be on the air for you when it counts.

The success of this project was made possible through the extensive collaboration of KMUN staff and volunteers, City of Cannon Beach employees, members of the Sunset Empire Amateur Radio Club (SEARC) and local talented contractors. This project received financial support from the Oregon Community Foundation, MJ Murdock Charitable Trust, Pacific Power Foundation and Cannon Beach community members.



## Downtown Association Hires Interim Director

THE ASTORIA DOWNTOWN Historic District Association (ADHDA) Board of Directors welcomes **JESSAMYN WEST** into the role of Interim Executive Director to lead the non-profit organization through the end of 2021. After a failed search for a permanent executive director, the board voted to close the search temporarily, secure an interim with the skills needed to lead the organization, and re-open the search at the end of the year. Jessamyn is a local Astorian and community leader who is known for her involvement in City Council and is part-owner of the Oddfells Building and Director of the Astoria Arts and Movement Center. She steps into this interim role with a love of downtown Astoria and knowledge of running non-profits, working with the city, and managing grants.

"I am incredibly honored to be stepping into the interim position but also nervous! I really look up to Sarah Lu (former executive director) and remember saying how her shoes were going to be challenging to fill

when congratulating her on her new position. But I promise to do my best- I really do love Astoria and its businesses, history, organizations and community. There is no other place I'd rather be a part of," Jessamyn stated.

The ADHDA Board is grateful for Jessamyn's leadership in this transitional time for the organization. "As many other businesses know, this is a challenging time to secure employees, and we are fortunate to have found such a solid leader in the community who could step in and continue the work of the ADHDA," said Julie Kovatch, the ADHDA Board President.

Jessamyn will start her role with the downtown association on July 1st.







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# North Coast INCO NEWS INDIVISIBLE

By Caitlyn Aldersea



## How to Get Young People to Run for Office (from the perspective of a young person)

**GenerationZ** has already made waves in the U.S. political landscape, but our political activism has yet to translate into political leadership. In order to get the next generation of voices into governing structures, we GenZers need help in securing financial and social backing to run a successful campaign.

AS ONE OF THE MOST POLITICALLY active generations in contemporary history, GenerationZ is already known for its commitment to a more equitable future. While active in grassroots organizations, our activist mentality has not necessarily translated into political leadership, so why the hold up in getting young people to run for office? This "hold-up" stems from fundraising and networking gaps which are critical to running a successful campaign.

We all know the saying "put your money where your mouth is." In the political sphere, this is especially true as funding can make or break a campaign. For us young people, however, the lack of generational wealth, adjusted for gender and race, combined with unlivable minimum wages make the cost of campaigning an unfathomable reality. For example, a shot at city council in some cities costs on average \$11,000. In comparison, the average student loan debt rate for GenZ is \$14,807 and credit card debt levels to \$2,000.

If we as a society want young people to run, we need young people to fundraise and fundraise sustainably. With our personal capital lacking, older generations can not only support us with their own financial means but also connect us with the right financial donors to make our campaigns successful in the long-term.

The second thing to get young people to run for office is networking. While we are the social media generation, we do not necessarily have political connections. With the voting age at 18, many of our friends either have not had the chance to vote or are not old enough yet. According to the 2020 U.S. Census, 57% of 18-34 year-olds voted in the election compared to 69% of 35-64 year-olds and 74% of the 65 and older demographic.

With the voting majority well above the GenerationZ demographic, we need support from older generations to not just vote for us, but to connect us to those currently in influential political networks. Whether through a mentorship program in high school or fellowship opportunities in college, the best way to encourage young people to run is by establishing our political networks.

With early professional opportunities, young people will not only envision themselves in elected positions but will also have the political connections to make that dream a reality.

GenerationZ is a politically ambitious cohort, but we need support to attain political leadership. This newfound financial and networking knowledge will ensure our campaigns are successful and sustainable so that we can best serve our communities.

Indivisible North Coast Oregon (INCO) defends democracy and encourages citizen engagement. Get INCO's weekly newsletter by signing up at [www.incoregon.org](http://www.incoregon.org).

*Caitlyn Aldersea is an undergraduate at the University of Denver Korbel School of International Relations. She has interned with IGNITE and the National League of Women in Government, focusing on political research to best support up-and-coming female political leaders. She spoke about gendered assumptions of elected officials at the 2018 TEDxYouth Portland conference.*

For more information about INCO and our activities, sign up at [www.incoregon.org](http://www.incoregon.org) to get INCO's weekly newsletter.

Questions to [incoregon@gmail.com](mailto:incoregon@gmail.com).



**LGBTQI+  
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[www.lowercolumbiaqcenter.org](http://www.lowercolumbiaqcenter.org)  
503-468-5155  
171 Bond St. in Astoria

The roster of offerings at the Lower Columbia Q Center include engagement, service, community and support. LCQC is casting a wide net for volunteers who do everything from events and programs to service on the Board of Directors and committee positions.

**Lower Columbia Q Center** is open 3-5pm Mondays and Wednesdays for drop in and office hours utilizing local and CDC guidelines. That means 10 or less people and masks are required. Check out the new facility and views of the bridge and river from 171 W Bond St. in Uniontown, Astoria.

**Call the phone line for  
contacts listed:**

**OPEN 6-9PM** Friday nights using the same guidelines and also available at that time by Zoom online. We invite your interests in resources, support, socializing and just hanging out for fun. Some folks drop in for a few minutes others for a few hours. Contact: Jim Summers

**YOUTH GROUP**, Kiki at the Q, meets the second and fourth Thursdays 5-8 PM at the Lower Columbia Q Center and alternately by Zoom online. These meetings may feature special guests and teen experts from the Harbor. Contact: Christina Gilinsky

**THE LCQC GENDER ALLIANCE** meets the third Thursday of the month from 6-8 PM.

This peer support group has been operating for over eight years and is currently meeting by Zoom online. Contact: Tessa Scheller

**THE LATE BLOOMERS** peer support group has been operating for some time in Portland and now at LCQC, currently by Zoom on line. The guys get together the second and fourth Saturdays 3:30-5:30 PM. Contact: Franklin/Jim Summers

**QUEER EDGE SOBRIETY** is our peer support group featuring support for fun and sober living. Meeting currently by zoom on line, the first Wednesday of the month 6-7:30 PM Contact: Tessa Scheller



## 81st Oregon Legislative Session Wrap-Up From the Office of the Governor

"This session has marked a turning point for Oregon. I am pleased that today, coming out of session, we are better positioned to address the key challenges facing Oregonians: the public health and economic impacts of the COVID-19 pandemic, wildfire recovery and preparedness, and taking steps to end systemic racism and address racial disparities in Oregon.

The Governor noted the following bills and budget investments of particular significance:

### RACIAL JUSTICE

- SB 289, taking steps towards reducing and eliminating bias crimes to make our public lands safe for all Oregonians.
- HB 2001, requiring public schools to take reasonable steps to retain educator diversity by establishing cultural or linguistic expertise, not just seniority, as a factor in employment decisions related to teachers.
- HB 2166, focusing on creating culturally specific education settings for our children and youth, increasing the racial and ethnic diversity of Oregon's teachers, and ensuring all kids can be successful in preschool and early learning programs.
- HB 2167, codifying the Racial Justice Council into state law and ensuring its existence into the future.
- HB 2168, making Juneteenth an official state holiday.
- HB 2266, ensuring all businesses have access to capital for business improvement and expansion.
- SB 291, ensuring every Oregonian has an opportunity to find housing.
- Housing and Behavioral Health
- SB 278, providing Oregonians with safe harbor from eviction when they apply for rental assistance.
- A historic investment of approximately \$700 million in affordable housing development, permanent supportive housing, and housing support for communities affected by wildfire.
- A groundbreaking \$350 million investment in behavioral health, with investments in workforce development, grants for innovative community investments and, with HB 2086, a new integrated approach that will align behavioral health programs statewide to improve services for Oregonians.

### WILDFIRE RECOVERY, COVID-19 AND EMERGENCY PREPAREDNESS

- SB 405, helping Oregonians who lost their homes to wildfires last year rebuild.
- SB 762, improving and modernizing Oregon's wildfire preparedness with three strategies: creating fire-adapted communities; developing safe and effective responses; and increasing the resiliency of Oregon's landscapes.
- HB 3272, giving Oregonians more time to rebuild without losing insurance coverage.
- HB 2927, modernizing the structure of the Oregon State Fire Marshal and Office of Emergency Management to adapt to new, emerging crises.
- HB 3352, Cover all People, and fully funding the Oregon Health Plan so that, as we recover from COVID-19, we continue to do all we can to ensure every Oregonian has access to health care.

### COMMUNITY INVESTMENTS

- HB 2163, establishing a long-term rent assistance program (initially focusing on youth exiting the foster care system and other institutional settings).



- HB 3292, enabling local organizations and governments to develop community engagement plans for water projects.
- \$120 million in broadband expansion statewide.
- Expansion of access to high-quality early care and education programming for approximately 6,000 children through investments in Oregon Pre-Kindergarten and Early Head Start, Preschool Promise, and the Early Childhood Equity Fund, and HB 3073 to create the Department of Early Learning and Care.

### Clean Energy

- HB 2021, requiring retail electricity providers to reduce greenhouse gas emissions associated with electricity sold to Oregon consumers.
- HB 2165, expanding electric vehicle access and transportation electrification, especially for communities of color, low-income, and rural communities.
- HB 2475, allowing the Public Utility Commission to determine rates that protect low-income customers, and to provide more resources and financial support for advocates of environmental justice and low-income customers to meaningfully participate in PUC proceedings.
- HB 3141, reducing the public purpose charge for electricity consumers from 3% to 1.5%, and allowing more households to be served with energy assistance and weatherization at a time of critical need.

### REFORMING OUR CRIMINAL JUSTICE SYSTEM

- SB 48, significantly reforming Oregon's system of pre-trial detention by reducing the importance of bail, and establishing standards for victim notification, input, and safety considerations. Passage will lead to more consistent release decisions across the state.
- HB 2162, implementing the work of the Governor's Public Safety Training and Standards Task Force to ensure law enforcement agencies with more than 35 officers are accredited; to require police officers receive equity training to maintain certification; and to ensure community voices are represented on the Board on Public Safety and Standards Training by adding two public members.
- HB 2172, allowing individuals that have substantially complied with the conditions of their post-prison supervision to be discharged early from supervision.
- HB 2204, establishing a statewide program to provide grants to restorative justice programs that seek to bring together those harmed, impacted community members, and responsible parties in identifying solutions that promote healing, including promoting dialogue and mutual agreement.
- The Reimagine Justice Fund, ensuring that communities most impacted by law enforcement actions are at the table during future criminal justice reform conversations.

## UNSHELTERED: dispatches from the street community



By Teresa Barnes

### The Camping Bill HB 3115

JUNE WAS ANOTHER IMPORTANT MONTH for Oregon's unsheltered residents, as several more bills passed in the House that affect their treatment by local municipalities. House Bill 3124 increases the time that written notice must be posted before removal of homeless individuals from established camping sites, and that items must be held onto afterwards, as well as the procedures around doing so. Although this is an important step, I believe the law with the farthest reaching consequences is House Bill 3115.

To summarize HB 3115 in its own words, the bill: *provides that local law regulating sitting, lying, sleeping or keeping warm and dry outdoors on public property that is open to public must be objectively reasonable as to time, place and manner with regards to persons experiencing homelessness.* What, you may be asking, does "objectively reasonable" mean? I found this phrase frustratingly vague so I consulted an Oregon attorney who specializes in how state law affects local policies. Our conversation was illuminating, as it both clarified my own research and also gave me a lesson as to how we got here.

A brief history of the genesis of this bill: In 2009 a group of unsheltered residents in Boise, Idaho sued the City regarding its anti-camping ordinance. (I try not to refer to people sleeping outside as camping because they have no other choice as "camping," which implies a voluntary recreational activity, but the law has yet to catch up). The plaintiffs lost their original case but in 2018 the Court of Appeals for the Ninth Circuit overturned it, ruling that cities cannot enforce such ordinances if they do not have enough shelter beds available for their unhoused population. The decision was based on the Eighth Amendment to the U.S. Constitution's prohibition on cruel and unusual punishment, as it was deemed to unfairly criminalize people for needing to fulfill the basic human functions of sitting and sleeping.

HB 3115 builds upon *Martin vs. Boise* by her putting the responsibility onto cities to either provide affordable housing or shelter beds, or simply allow those with nowhere else to go to camp publicly. While cities have until July 2023 to update their sit/lie ordinances to be in compliance with the new law, the bill opens the door to legal challenges immediately from those being asked to move locations. Cities will be required to both prove that there is another reasonable

place people can stay, and to pay the plaintiff's attorney's fees if they win. (The attorney I spoke with estimated this to be around \$100-150,000 per case.)

This bill also raises questions as to what exactly it means to decriminalize homelessness. Is it just the absence of citations? Or is constantly shuffling people from spot to spot also a form of punishment? More importantly- what purpose do either of these serve? Wouldn't it make more sense for the City to invest their future legal fees in those providing real solutions?

To quote the Harvard Law Review regarding *Martin vs. Boise*: "The case's most significant impact, then, was to limit cities' ability to push homeless people out; by allowing them to stay somewhere within Boise's boundaries, the panel turned homeless people into part of the City's public... By challenging the City in a forum where they had some control over their stories, the plaintiffs spurred media coverage that questioned the City's policies, highlighted the lack of shelter beds, and, generally, re-framed their struggles as city-wide concerns."

It is this last bit that I find to be the most important portion of our recent bills: the re-framing of homelessness -- and the search for solutions to it -- as something that is, at least in part, a responsibility of our government. As someone at the helm of an organization that is actively trying to provide a place for people to sleep and get their basic needs met, I'm the latest in a line of people who've struggled year after year for the AWC to even be allowed to operate. We're providing a service that the City and County both need, and that if we were to put a price tag on would far exceed the financial support that we've ever received from either. I hope that with the encouragement of this new law that will be a thing of the past. We're aren't asking them to solve this alone, but rather to support the organizations that are already doing this work. They can count on us... can we count on them?

*UNSHELTERED: Dispatches from the street community* is presented in collaboration with HIPFISH and the Astoria Warming Center.

Teresa Barnes is the Interim Executive Director of the Astoria Warming Center.  
[www.astoriawarmingcenter.org](http://www.astoriawarmingcenter.org)  
[www.facebook.com/astoriawarmingcenter/](https://www.facebook.com/astoriawarmingcenter/)



**GET YOUR CREATIVE FIX** at the 11th annual Astoria Open Studios Tour! Astoria is home to an unusual number of visual artists who keep flocking to this area, drawn to the beauty and the iconic history.

Astoria Open Studios Tour is your chance to meet many of those artists as they open the studio spaces to the public during this free, family-friendly event. Travel by car, bike, motorcycle or on foot to visit the studios of both professional and emerging artists, Saturday, July 24 and Sunday, July 25 from 11am to 5pm each day. Everyone, all ages, can enjoy this free public event, meeting the makers, and getting a close-up view of their techniques and media. Many artists will be giving demonstrations. Astoria is home to so many talented artists, you never know what you are going to find.

This is a popular and fun event for locals, visitors and anyone curious about the opportunity to meet creative people and see their unique spaces. "We have 55 artists participating this year at 27 locations," says Astoria Visual Arts Executive Director, Annie Eskelin, "There are many new faces and places this year. I'm excited to see what these artists have been working on since having so much time in their studios over the last year. It will be a very interesting event, and, of course, it will be great to see so many people in person again." A few artists opted to participate virtually only with videos they created specifically for this event. Those will be posted on AVA's website and YouTube channel and on social media. Masks will be required for all indoor studio spaces if deemed necessary by Clatsop County.

Artists will also have one or two pieces featured in an exhibit at the Astoria Visual Arts Gallery, opening during Art Walk on July 10 and will run through August 8.

**Full color printed tour guides may be picked up at the AVA Gallery, located at 1000 Duane Street, or at most galleries, hotels and coffee shops in mid July and an interactive map will also be available online at [astoriavisualarts.org](http://astoriavisualarts.org).**

The Astoria Open Studios Tour is sponsored by the City of Astoria. AVA is a 501(c)3 non-profit arts organization founded in 1989 that works to enhance, strengthen and promote the arts in Greater Astoria.

## Astoria Open Studios Tour Offers a Private Glimpse into Astoria's Vibrant Art Scene



**55 Artists  
July 24 - 25  
11 to 5pm**



### A SELF-GUIDED ADVENTURE!

Join the fun by car, foot, bike, or motorcycle traveling to artist studios across the beautiful and historic Astoria!

Artists' studios are as diverse as the artwork they create, and provide an intimate glimpse into their creative process. Some artists have pop-up studios just for the weekend and some have been honing their studios for over a decade.

Each artist's studio is marked with a number and some have red arrows to help guide you to their door.

Many artists will be giving demonstrations throughout the weekend and many studios are handicap accessible, noted in this guide.

Bring your family and friends for an unforgettable experience!

- |   |   |   |   |   |   |
|---|---|---|---|---|---|
| 1 Iris Sullivan Daire<br>Dream Bird Studio<br>5249 Birch St     | 6 Jess Graff<br>Gwenyth Manley<br>Studio Gwenyth<br>3399 Franklin Ave   | 10 Matthew Palmgren<br>249 14th St (upstairs)                   | 15 Kirista Trask<br>Audrey Long<br>Cambium Gallery<br>1010 Duane St   | 18 Jeannette Davis<br>Jo Pomeroy<br>Jennifer Goodenberger<br>Judith Fredrikson<br>Christine Kende<br>MaryKate Barendse-Adams<br>Jacquelyn Hern<br>Melinda Talbot<br>Rhonda Gewin<br>Esther Sanford<br>Barbara Thacker<br>Astoria Art Loft<br>106 Third St | 21 Dave Ambrose<br>1179 Jerome Avenue<br>Jonn Wiims<br>1215 15th Street |
| 2 Chris Bryant<br>Paradise Productions<br>5115 Birch St         | 7 Phyllis Taylor<br>Constance Waisanen<br>Carol Smith<br>Sai Rajsavong<br>Peace First Lutheran<br>725 33rd St | 11 Osar DeMasi<br>Morrison Pierce<br>1170 Commercial (upstairs) | 16 Liv Joice<br>1010 Duane, Ste E (downstairs)  | 23 Christopher Bekins<br>387 Lexington Ave  | 24 Christine Trexel<br>345 Lexington Ave                                |
| 3 Blaine Verley<br>Big Orange<br>4798 Cedar St                  | 8 Robert Paulmenn<br>Robert Paulmenn Fine Art<br>The Red Market<br>2740 Grand Ave                             | 12 Janet Hutchings<br>West Coast Artisans<br>160 10th St        | 17 Cathy Stearns<br>Deanna Antony<br>Denise Monaghan<br>Kate Speranza<br>Kristin Nekovar<br>Roy Sanchez<br>Agnes Field<br>Rita Brown<br>Astoria Studio Collective<br>372 10th St (upstairs) | 25 Christine Eagon<br>1425 7th St   | 26 Tabor Porter<br>752 Alameda Ave                                      |
| 4 Ivonne Coward<br>3862 Franklin Avenue                         | 9 Jeffrey Donnelly<br>630 17th Ave  | 13 Jill McVarish<br>McVarish Gallery<br>160 10th St             | 19 Carrie Williams<br>Eldorado<br>242 Columbia Ave, Apt B   | 27 Glen Herman<br>Astoria Makers<br>34706 Production Lane   |   |
| 5 Judith Niland<br>Judith Niland Art Creations<br>3679 Duane St |   | 14 Paul Polson<br>Paul Polson Art Gallery<br>100 10th St        | 20 Molly Schulp<br>643 Grand Ave  |   |   |





## Matthew Palmgren, Mixed Media

Matthew Palmgren is a mixed-media artist born and raised in Seattle, Washington. He earned his BFA from Western Washington University in 2007, where he studied sculpture and industrial design. In Seattle, he worked as an art handler for art institutions, museums, and private residences. Palmgren moved to Astoria in 2013 and is currently the Assistant Curator at the Columbia River Maritime Museum and an Exhibit Technician at the Clatsop County Historical Society.

Palmgren's fascinating creations involve "arranging and layering of transfer, print media, drawings, wood, and resin." Through this elaborate process, Palmgren's work becomes more than "a representation of an object, but an object in its own right." Currently, Palmgren's pieces explore "how recognizable imagery can create a visual narrative and how the subconscious finds meaning through the lens of cultural iconography." Within this framework, he aims "to include the observer's interpretation of these images as a collective whole that is object-oriented."

## artist sampling

### Iris Sullivan Daire: Textile Artist

by heather hirschi

At times, textile artist Iris Sullivan Daire feels like her work is a kind of prayer. Other times it's play. "I believe that the energy with which I make something somehow imbues the object with intent." Daire has set up her studio and life to cultivate the relationship between the natural world that supplies her materials, the intent with which she creates, and the objects she releases to the world. The principles she inhabits through this process are "connectivity, joy, and beauty".

Iris Sullivan Daire is a naturalist dyer who learned to weave at 7. She has worked with natural dyes and pigments for more than 25 years. Daire grows dye plants and "maps the color potential of the wild plants that grow in and around the Columbia River". She makes wearable art, hosts natural dye workshops and creates "art from the front lines of nature culture." According to Daire, "connecting to plants opens up a magical realm where perspectives change, and healing is possible."

Daire works out of Dream Bird Studio on the Columbia River in Astoria. Her proximity to the Coast Range rainforest offers opportunities to interact with the flora and fauna of the area. For Daire, a "right relationship with the land" is crucial. Using plants from her neighborhood fosters an awareness of her harvest's impact on the landscape. "When looking out my window," she says, "I see the water, and the many birds that rely on it for food - knowing that when I dispose of dye baths from the studio I have a responsibility to make sure my work does no harm. My intention is that the work of my hands, in collaboration with the natural world and the other makers of the materials I use, will inspire more connection, joy and beauty in the lives of all."



## Gwyneth Manley, Chainmaille Jewelry and Small Batch Ceramics

Gwyneth Manley grew up on the central coast of California in an "artistic and science-driven home" where she learned early to explore her world with open eyes. Manley studied at the University of Memphis and finished her bachelors degree in General Studio Art at Cal State Fullerton where she learned to make ceramics. Her mother, a fiber artist and beader who passed away from breast cancer in 2012, taught her how to make jewelry. She bought Manley her "first chainmaille kit that we worked on together." After her mother's death, she started a small business selling her chainmaille jewelry. "The business was not for profit, it was an outlet for grief but it allowed me to continue paying for materials and gave me good homes to send my work off to."

Manley's dad also has supported her "artistic development since childhood. Enthusiastic when I succeed and analytical about any setbacks." Since graduating



college and up until the beginning of the pandemic, Manley developed her small business while working full time in the industry.

Most recently, Manley also has been developing her own work, expanding both her small batch ceramics and chainmaille jewelry product lines. She also has expanded her connections to her community of supporters and established Omni Open Studios, a project initiated during the pandemic lockdown to promote fellow artists through Artist Video collaborations and live online art events.

Manley is very excited to be part of the Astoria Visual Arts Open Studio. Her beautiful chainmaille earrings, necklaces, bracelets, and even iron pan scrubbers will be available for purchase. Her friend and fellow artist, Jess Graff is hosting Manley's work for the event. Both ceramic artists will have a variety of fun items featured, from pots and mugs to mini sculptures. Graff's prints, stickers and enamel pins also will be available for purchase.

## Cathy Stearns: Acrylic, Color pencil, Paper mache

Visual artist Cathy Stearns has a background in painting, dancing and animation. After earning her BFA at CalArts in experimental animation, she exhibited the film she created there in Michigan, California and Bulgaria. Her paintings and drawings at museums, galleries, and other spaces in California, Arizona, Chicago, and Oregon. For the past 45 years, Stearns has called the west coast, from north to south, home.

For the AVA Open Studio, Stearns features recent acrylic painting on canvas, color pencil drawings, fun one of a kind original cards, and acrylic "Made in Mexico" paper mache skulls. Stearns will be working on a new painting on a 6' by 4' canvas during the tour.

Stearns likes contrast, which she explores both in color and black & white. "I allow my palette a free range of orchestrated color. My primary medium is either acrylic on paper or canvas, or color pencil on paper. I enjoy and exploit color, but I appreciate the immediacy of black and white and the practice of working with pencil or ink on paper."

Her titles reflect her interest in the natural environment and a weird sense of dread and whimsy; new works include, "Rising Tide," "Welcome," "Holding My Breath," "April Skull," "Eye Splash," and "Bring Me Your Love, a.k.a. Cry for Help No. 357;"

Stearns is fascinated with movement, especially the elemental movement of the ocean. "I am obsessed

with the power of the ocean and strive to show what it feels like to be tossed and pounded by currents, limbs wavering and torso twisting within the water." Her work depicts movement through time and space within natural environments. "I choreograph line and color to provoke memories of sensations, and physical expressions of the body and the elements."

And she likes skulls.





## HAVE AN OUTDOOR SUMMER SHAKESPERIENCE WITH THE COASTER THEATRE



SUMMER in Cannon Beach's City Park will be filled with Shakespearean sonnets and mysterious plots as the Coaster Theatre Playhouse takes its performances outside this year.

**On Fridays, from July 9 to Sept. 3, the "Coaster Theatre Shakesperience Presents Sixty-Second Shakespeare" will be offered at 6pm in the park, at Second and Spruce streets, behind the Cannon Beach Visitors Center.**

Directed by Patrick Lathrop, "Sixty-Second Shakespeare" involves a collection of humorous scenes and sonnets from classic Shakespearean plays. With each piece no longer than a minute, the Shakesperience is designed to entertain Shakespeare novices and experts alike.

The cast includes Rosemary Allen, Luthian Goldstein-McDonald, Lynn Hadley, Margaret Hammitt-McDonald, Leonard Hoge, Bennett Hunter, Katherine Lacaze and Terra Wolden.

**On Saturdays, from July 10 through Sept. 4, mysterious characters will reveal secret plots**

**in the "Coaster Theatre Mystery Hour Presents the Case of the Coaster Clambake." The laughter begins at 6pm in the park.**

Who dunnit? Was it Joey Breakers, an American aging surfer that seeks the ultimate wave? Or Cannon Beach local Pete Zaria, an Italian pizza restaurateur with a history of saucy fashion and traditions? Or possibly Sue Nami, a French oceanographer who came to Cannon Beach for the summer and knows everyone's business? Join British detective Clive Sheerluck as he unravels the mystery of his own demise, and help Clive uncover his killer.

Directed by Katherine Lacaze, the cast includes Frank Jagodnik, Brittan Williams, David Sweeney, Lucas Ethridge, Bob Liotta, Margo McClellan and Emily Andrade.

No admission will be charged for either play, but donations are welcome.

Previews of both performances also are planned at 4pm, Sunday, July 25 in Astoria's McClure Park, at Eighth Street and Grand.

## SUMMER OPERA ON THE PAC STAGE MENOTTI'S THE OLD MAID AND THE THIEF

REGIONAL OREGON OPERA COMPANY, now based in Astoria, Cascadia Chamber Opera stages its first production since the pandemic shutdown, happening this July. It's an infrequent opportunity to enjoy resident soprano and co-founding Artistic Director of the company, Bereniece Jones Centeno who performs a role (also Charlene Larsen PAC Exec. Director), and her husband pianist/educator Vincent Centeno conducting.

The Old Maid and the Thief is a fully-staged production in English that tells the comic tale of mistaken identity, gossiping neighbors, love-sickness, and hapless victims where "virtue is mighty but sin has variety"! Greg Hopper-Moore is the director and Vincent Centeno conducts the cast of local, regional singers including Ann Bronson, ChrisLynn Taylor, Bereniece Jones-Centeno, and Elias Hesse with Paul Brady at the piano.

Originally commissioned by NBC, The Old Maid and The Thief was one of the earliest operas composed specifically for performance on the radio. Inspired to write the story of the opera after visiting the family of his partner, famed American composer Samuel Barber, Menotti found that what seemed to be a quaint, cute town actually covered up a plethora of secrets about people and places.



Ann Bronson, Elias Hess, Bereniece Jones-Centeno, ChrisLynn Taylor, Vincent Centeno with Paul Brady at the piano.

Upon the opera's premiere in 1939, the work was received with wide enthusiasm by American music critics. The success of the opera helped further establish Menotti's career in the United States. In 1941 it was adapted for stage.

**PERFORMANCES: Friday, July 30 at 7pm/Sunday, Aug. 1 at 4pm. Charlene Larsen Center for the Performing Arts (the PAC) located at 588 16th St in Astoria (on the corner of 16th and Franklin).**

Tickets: \$16. Purchase at [www.partnersforthePAC.org](http://www.partnersforthePAC.org). Also available by phone: at 503-338-9132. Email: [info@cascadiaconcertopera.org](mailto:info@cascadiaconcertopera.org) Web: [cascadiaconcertopera.org](http://cascadiaconcertopera.org)



LIBERTY THEATRE EXECUTIVE DIRECTOR Jennifer Crockett candidly refers to the pandemic shutdown as "a 15-month intermission." Across the nation performance venues, from the Lincoln Center to devoted regional civic theatres, and 'popular music' venues, slowly traverse the booking conundrum—as touring acts, reliant on these venues do the same. In the meantime, Crockett has signed back on to the Liberty following an earlier announcement that she would step down.

In an interview with the Astorian newspaper she revealed that by reducing the constant on-board responsibilities of a rural, regional civic theatre director, and creating a plan

to allocate a team—this originating from the search for a replacement—she herself inevitably became the replacement. You gotta love a pandemic for that. Crockett spearheaded the North Coast Performing Arts Alliance, tying into COVID Relief Grants for 17 coastal arts organizations. This intrinsic link is invaluable in the rising coastal pool of performance presenters and venues.

While a solid season schedule is still in the wings, The Liberty celebrates event re-opening with an outdoor Block Party on 12th Street in Astoria. The block between Commercial and Duane will feature a live stage, some food vending and beer and wine libations, plus kid stuff and a schedule of performers. Free and open to the public.

**4PM: BRIAN BOVENIZER & NEW OLD STOCK – locally inspired country and folk originals.**

**5PM: SPARROW DANCE COMPANY: Modern dance + accessible popular dance themes.**

**6PM: THE BUILDERS & THE BUTCHERS – Hard hitting folk rockers, and one of the most exciting live bands in the Pacific Northwest.**

## And Then There Were None • TAPA COMES BACK

THE TILLAMOOK ASSOCIATION FOR THE PERFORMING ARTS is proud to announce the cast for its production of Agatha Christie's *And Then There Were None*. Originally set to open in May of 2020, the cast has been rehearsing since March of 2020 by virtual and socially distant methods. Once the cast and crew met vaccination protocols, full rehearsals were finally able to get underway. The cast includes many familiar and a couple new faces - Gerry Cortimilia, Kelli McMellon, Chester Grace, Mallory Staudinger, Jason Hovey, Bill Farnum, Michael Murphy, Cody Mann, Becki Wilhelm, Holly Dickson and Lora Ressler.

Set on an isolated island off the coast of England, ten people with dark pasts are summoned by mysterious ways. As they assemble they are confronted with their pasts and the fear of judgement sets in. One by one they fall, each by

a different method. As the survivors await their fate, their suspicions turn to each other. A masterpiece of dramatic construction, its growing sense of dread and unfaltering tension will keep you guessing to the very end. Do any survive? Is the killer unmasked? Find out soon as TAPA prepares to re-open its doors this July to one of Christie's darkest tales.

**PERFORMANCES: TAPA opens And Then There Were None on July 23 following with performances July 24-25, 30-31, August 1, 6-8. Evening shows are at 7pm, Sunday mats 2pm. Follow at [TillamookTheater.com](http://TillamookTheater.com) and on Facebook for ticket information for show dates and times. TAPA hopes to open under normal circumstances, however be aware that some restrictions (vaccination proof, masks, etc.) may be required at the time of entry depending on current COVID-19 conditions.**



Back row: Bill Farnum, Cody Mann, Michael Murphy, Jason Hovey, Kelli McMellon and Gerry Cortimilia. Front Row: Holly Dickson, Chester Grace, Lora Ressler and Becki Wilhelm



# art happens *openings and news in the LCPR*

## Paintings by Samyak Yamauchi Jewelry by Judith Altruda at RiverSea

RIVERSEA GALLERY presents narrative paintings by Portland artist Samyak Yamauchi and a new collection of jewelry with sea glass and gems by Judith Altruda of Tokeland, Washington. The two shows open July 10 and continue through August 10, 2021. The opening reception will be held on Saturday July 10 from 12 – 8 pm during Astoria's Artwalk. Judith Altruda will be available from 4 – 7 pm, and Samyak Yamauchi will be in attendance from 5 – 8 pm.

*Fierce Grace* is an exhibition of lively and engaging paintings by Samyak Yamauchi that celebrate her loving relationship with her puppy, Jake, a small dog that she found and then tragically lost to a rare disease last summer. During their short time together he brought a bright sparkle to her days spent in quarantine. These paintings are a tribute to Jake, to the uplifting pleasure of relationships with pets, and how love and joy can transcend grief.



S.Yamauchi, *Fierce Grace*, 24x18

Born in Tokyo, Japan, Yamauchi immigrated to the United States as an infant, and was raised in Portland, Oregon. She turned to painting eight years ago after thirty years of teaching and thirteen years making and exhibiting glass mosaics. Her work has been exhibited in many Oregon art venues and is in private collections across the country.

Judith Altruda has spent long, introspective months during the pandemic revisiting her jewelry-making roots, rediscovering what she loves about her designs, materials and process, then innovating from there. For this new collection, she has emphasized her love of bold, textured metal and organic forms worked in reticulated silver.



J.Altruda, *Moonstone and Opal Bands*

Gems, diamonds and vintage sea glass punctuate this body of work, fifty pieces in all. The artist is known for her use of complex metalsmithing techniques such as reticulation and etching to add texture and a suggestion of historic pattern and timeworn patina to her work.

Vintage sea glass, collected from her international travels, plays a central role in this collection and is a material Altruda has turned to for many years.

In addition, Altruda has chosen to feature opals and moonstones, gems that contain a shimmering iridescence in their heart. Nestled into surrounds of high karat gold, their glimmer and flash create an elegant contrast with the rustic textured silver. Diamonds add a spark of interest to many of the works here, and also feature as solitaires in some of the rings.

*RiverSea Gallery is open daily at 1160 Commercial Street in Astoria. Monday through Saturday, noon to 5; Sunday, noon to 4. 503-325-1270 riverseagallery.com.*

## PHOT-CHOCH

all-Indigenous collection of traditional and contemporary art



P ot-Choch (pote-ch-oh-ch) is the Chinook word for "Fort George" (Named by French-Canadians) and commonly known now as Astoria, Oregon. The title of this show was chosen with guidance from Tony Johnson, Chairman of the Chinook Tribe. Astoria, or P ot-Choch as Chinooks still call it, is traditional Clatsop Chinook territory.

Opening June, 12th and on view through summer at the Historic Anita building, this exhibition features an all-Indigenous collection of traditional and contemporary art, including carving, weaving, beadwork, painting, and photography.

Gallery open hours for the duration of the exhibit: 1PM - 5PM Saturday and Sunday, and by appointment. School groups with chaperones may inquire about special viewings/field trips.

Funding for this project came from a Precipice Grant applied for by Liz Harris and Patricia Vázquez Gómez a curator and artist in Portland. The exhibition debuts a new wooden floor made possible by additional funding from the Ford Foundation.

*At the ANITA Building, 1314 Commercial St. Astoria, as Phot-Choch showcase the works of local Indigenous artists and honor the original Chinook inhabitants of this land. 1pm to 5pm Sat/Sun through mid-September.*

## Exhibit and History of Picture Frames at Astoria Art Loft



Roman Period Egypt, AD 50-70.

Do you notice the picture frames around you? Did you know that frames were used by the ancient Egyptians? Have you ever been to an exhibit of only frames? Astoria Art Loft will exhibit frames of all kinds with a pictorial history of frames going back to the 11 century from July 1 – July 22, 2021.

*An opening reception will be on July 10 from 1 p.m. – 4 p.m. as part of the Art Walk. A special presentation will be made by Michael Bruhn, of Astoria's Best Framer, and will be supplemented by a video on "The History of Frames" from the Metropolitan Museum of Art.*

## Lower Columbia Poetry Competition Open

THE WRITER'S GUILD OF ASTORIA, Oregon is seeking poetry entries from residents of Clatsop, Pacific & Tillamook Counties for a contest in connection with Jericho Brown's visit to our community. Deadline for entries is October 1, 2021.

Poets are invited to respond to the theme of "Tradition," inspired by Jericho Brown's *The Tradition* (Copper Canyon Press; 2019), winner of the 2020 Pulitzer Prize in Poetry.



Submit up to three poems as a single .doc, .docx, or .pdf attachment to [info@thewritersguild.org](mailto:info@thewritersguild.org). The Writer's Guild Board of Directors will judge the entries in the competition categories of Middle School, High School, and College/Community. The following information should appear in the header of each entry: poet's name, competition category, home address, email address, and phone number. Entries without all information will be disqualified.

This Poetry Competition will culminate in the Conversation and Reading with Jericho Brown at Astoria's Liberty Theatre on Friday, November 5 at 7pm. The three winners of the poetry competition will be invited to work with a performance coach and read during the event. First place winners will be awarded \$100 gift cards to Lucy's Books. Winning poems will also be featured on the Writer's Guild website.

## Community Writes: Summer Summertime and the living is easy – so let's write about it

"Community Writes" invites residents of the North Coast, and those with strong ties here, to submit short pieces of fiction, non-fiction or memoir, focused on rotating topics each quarter. The program launched last December with the topic "New Beginnings." Round 2 was all about "Baseball," and now it's time to write about "Summer."

Submissions will be accepted through July 15, and there is a \$5 fee per submission. Topics and deadlines for the summer and fall quarters, and more information about how to participate, are available here.

The program is open to all – whether you are a published writer or not – and contributions will be published on a rolling basis on the Community Writes page.

*"Writing is like a muscle; the harder you work it, the more powerful it becomes," said Ellis Conklin, a longtime journalist and co-leader of the program.*

*"Community Writes is aimed at helping us see one another and our world more clearly."*



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## Mysterium The Paintings of Bethany Rowland @ IMOGEN

Bethany Rowland returns to Imogen Gallery for her fifth solo exhibition with her latest series of acrylic paintings, *Mysterium*. The exhibition opens during Astoria's Second Saturday Artwalk, Saturday July 10 from noon – 8 pm. Rowland who is known for her soulful paintings once again delivers another deep and powerful series. In times of turmoil, Rowland has always looked to the natural world to find order. Within this collection she cultivates and shares contemplative peace, utilizing imagery of wildlife she offers suggestion of acceptance for the unknown. Believing in the sacredness of mystery, through her painting Rowland works "to gain an understanding of the unseen, to understand through other ways of knowing, through observation, listening and being attentive to process." Her paintings fuse the undefined element of abstraction while gently leading into hints of realism, ultimately portraying an undeniable sense of order.

For many artists, landscape becomes muse. This holds true for Rowland who deems land and its inhabitants as spiritual guides. Her painting has always explored that side of nature and even more so with the unknowns and questions that have arisen after the past year and a half. While creating this body of work during a pandemic, Rowland found herself contemplating what could her painting convey? What could her visual metaphor offer? While she knew she did not hold answers, her painting process evolved into the acceptance of what is beyond control.

Rowland, an avid observer of nature allowed this series to direct itself. She paints in a dreamlike manner allowing wildlife to emerge from a dark and mysterious background.



*In the Blink of AN Eye 2021 acrylic on clayboard 24x18*

In one such painting a lone deer breaks through a shroud, looking directly into the viewer without fear its eyes intent on providing understanding and acceptance. Working in acrylic on clayboard, her paintings offer a perfect blend of realism and abstraction, with subtle nuance of brush stroke she crafts composition lending to the mysticism of landscape and animals she honors.

Rowland who has been painting for nearly 25 years handles her medium, style and subject matter with unabashed confidence, carefully cultivating imagery that is a beautiful and evocative marriage of representation and abstraction. Combining quiet corners of complex layers of sheer color with definitive mark and gesture, she conveys emotion; a hint of melancholy, comfort and acceptance within each composition. She readily sights such artists as Phil Sylvester of The Drawing Studio in Portland, OR as well as others including Andrea Schwartz-Feit, William Park and the late Royal Nebeker for giving her the courage to trust her own intuition in her practice. She understands form and allows herself freedom to explore the nuance of posture through the discipline of painting the human figure. Her figura-

tive work has been juried into Clatsop Community College's annual Au Naturel: The Nude In The 21st Century, for multiple exhibitions throughout its history. Her work is regularly included to the annual Sitka Art Invitational as well as the juried annual Cascade Aids Project art auction.

**Imogen Gallery is open 5 days a week (closed Tues/Wed) at 240 11th Street in Astoria. Hours: Thur-Mon 12noon to 5pm, 12 to 4 Sun. Avail by appt, 503.468.0620/imo-gengallery.com.**

## Hoffman Gallery Pam Greene and Kathy Kanas

The Hoffman Gallery features the oil paintings of Pam Greene, and basket weaver Kathy Kanas this July.

Entitled *Pacific Daydream*, Pam Greene speaks to this series, "A year like no other. A year like waves. A year of staying close to home, living a Pacific daydream from my Neahkahnie studio. A year of soaking in the days with king tides, low tides, mist, smoke, fog, hail, spikey Sitka spruce and coral clouds clearing and cleaning the sky."

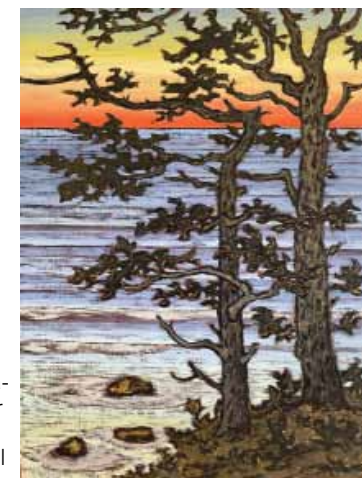
This series of oil paintings aims to capture moments of awe with the vibrant color palette that emerges when the monochromatic rain finally stops. It is a record of our coast, reminding us of the persistent, ancient procession beyond our swirling human constructs. Fortunately, nature provides a model of beauty, strength and perseverance making the world bearable and marvelous."

"After many years and many baskets, my inspiration continues to come from the beauty and variety of plants and their fibers' transformation into woven forms," says Kathy Kanas.

"Each basket is a collection of my thoughts at different times under various circumstances. Often, I am asked about the story behind a piece. It may be about trying something new, or it may be about revisiting something tried long ago. I can describe where and how the material was collected and prepared then constructed into something new. But what is not shared is where my mind goes during the process and act of weaving."

These pieces created during the pandemic, many while "on the road" away from my studio, involved thoughts far ranging. Despite the emotionally draining events occurring, being mindful of gratitude, appreciation, and hope was reinforced with each outward-spiraling round of weaving. And reaching the end was really a new beginning."

**The Hoffman Gallery is free and open to the public Thursday – Saturday, 1pm to 5pm (open till 7pm Fridays, located at 594 Laneda in Manzanita, Or. For more info on the July show, visit <https://hoffmanarts.org/events/gallery-show-july-2021/>**



*Hour of Ethereal Light, Pam Greene*



*Kathy Kanas*

## Mary Schlunegger CLOCKS at Trails' End

TRAIL'S END Art Association Gallery opens a new show in July featuring the work of Mary Schlunegger. Schlunegger is painter, fabric and 3-D artist who will be unveiling her new CLOCKS series. Her work along with other members runs July 2 - August 1. A reception is held July 3 during the Gearhart ArtWalk, 2-5pm. at the Trail's End Art Association Gallery at 656 A Street in Gearhart.

Spending most of her life growing up surfing the shores of California and Hawaii, Mary Schlunegger draws inspiration from these memories, and a close connection with ocean and wildlife. She primarily paints with acrylics, but also experiments with mixed media and fiber arts. Having retired from a decades-long Interior Design business, she is now devoted as a full time visual artist, living on the Oregon coast. She earned a BA from San Diego State University and since moving to the coast has studied under Shirley Dahlsten, Michael Schlichting, Ruth Armitage and Linda Gebhart.

Trail's End is the oldest non-profit Art Association and Gallery on the North Coast and resides in an historical building on the edge of Gearhart's Centennial Park, 656 A Street in Gearhart.

**Open Fridays through Sunday's 11am to 3pm. 503-717-9458. [trailsendart.org](http://trailsendart.org).**



## Cicely Gilman and Ivan Sultan at AIMCA



*Cicely Gilman, "Goddesses Large Blue" digital print on fabric*

AIMCA presents two new local artists the month of July. Cicely Gilman shares her love of design in her vibrant digital art and collage work influenced by her residencies in Europe and the states. Ivan Sultan has handcrafted medieval inspired chainmail necklaces, earrings and bracelets made of sterling silver, a style that he has developed and perfected over many years.

Returning and resident artists include: TKO, Paul Gagnon, Sid Deluca, and Lisa Ackerman. Vintage books, tools, postcards, batiks, tables, chairs and other interesting items will also be for sale! Live music by Lorenzo. Piano lessons now available. For private showings and more info call (503) 395-1221.

**Open for Astoria Art Walk, July 10, 12-8pm. Astoria Institute of Music and Center for the Arts is located at 1159 Marine Dr. Look forward to new posted open hours.**



*Ivan Sultan, Bracelet*



# MESSAGES SONJA GRACE



I AM PLEASED to announce I am embarking on a new adventure! The Meditation Peace Project is taking flight and expanding! I am actively looking for land to plant root for the Earth Retreat and the Meditation Peace Project. My calendar is nearly booked to the end of the year with clients all over the world. I will be appearing on another episode of Beyond Belief with George Noory on GAIA TV later this year. With so much happening I made the difficult decision to say farewell to my column in Hipfish. Of course, my writing continues with my free weekly email called 'Earth Angel'. All these years of writing my column has brought me joy and gratitude. I see your smiles and feel your love. I am always here traversing new elements of the fifth dimension. I would like to remind readers to stay in the center, find your inner peace and join me for the

Meditation Peace Project. This free one hour guided meditation takes place once a month on zoom, that not only helps you to ground your energy but connect you to your inner peace. Sign up on my website. Don't forget to communicate with your inner child daily. That part of you that seeks approval, acknowledgement, and validation outside of yourself is the needs of the inner child that were never fulfilled at that crucial time of development. Spend time with your bare feet on the Earth. Connect with this great planet and feel her energy supporting you. Ask for Earth energy to rise through your feet into your nervous system and ground fear, anxiety, and depression. Watch my new series on YouTube 'The Earth Angel Diary' and get inspired and connect with the Divine! I feel gratitude for each day I am allowed to be here on Earth and witness the remarkable shifts and changes our world continues to navigate. I want to thank Dinah Urell for providing such a lovely news outlet for the coastal community and beyond. It's been a pleasure to be a part of your publication. I wish you all good health, happiness, love

and prosperity in the months and years ahead. Many blessings!

*Sonja Grace is a highly sought-after mystic, healer, artist, and storyteller with both Norwegian and Native American heritage. She has been counseling an international roster of clients for over thirty years. The award-winning author of Spirit Traveler, Become an Earth Angel, and Dancing with Raven and Bear, Sonja is currently presenting Mystic Healing on Sky TV in the U.K. on Feel Good Factor TV. She has appeared multiple times on GAIA TV's Great Minds, Inspirations, Ancient Civilizations and Beyond Belief with George Noory and Coast to Coast AM. Her latest creation is Odin and the Nine Realms Oracle a 54-card set containing all original artwork by Sonja Grace who share the wisdom and guidance of the Norse Gods. Findhorn Press/ Inner Traditions at: [www.sonjagrace.com](http://www.sonjagrace.com)*

## New Adventure!

## wordwisdom

By Tobi Nason

TODAY, as I write this, trying to get words on paper, ideas running around like skittish mice (all offspring of a once original idea, I might add), I had a flashback to a beautiful cool sunny day, just like today and having teenage girl thoughts and great wonderment about my future. Would I marry? What would I end up doing? Where would I travel? "Breakfast at Tiffany's" and the "The Great Gatsby" tugged at my young imagination. I longed for twists of fate, for chances at self-invention. Who did I want to be? How much of that answer would be in the alignment of the stars?

Upon reflection, I've decided I've had an interesting enough life—enough surprising circumstantial events to take me off on unforeseen paths. Because of family problems, I went to a small girls' school on Cape Cod, which opened my eyes to a bigger world. I wanted to live there and was making plans when I met my future husband, and plans changed.

Never dreamed I'd move from stodgy New England to the Wild West. Never imagined being divorced with 2 children. While I often dreamed of living on the coast, the opportunity to do so arose and I took it, despite friends warning me I'd be lonely and unemployed. I'm training myself to think



young. I'm pretty sure most people get immersed in daily routines, the details of life. I'm taking a bit of time everyday to create space for possibility, to start my day with wonderment, as to who and what and the "aha!" moments of life.

Probably safe to say most people work hard to get through the days. We all have concerns—money, relationships, and physicality. Just getting through the days are no longer good enough, not for me and I'd suggest not for anyone. I want to feel, as I once did, that maybe today something wonderful and life changing will happen. I'm choosing to be open to whatever comes along. I feel younger already.

Counselor's suggestion: It's easy to get bogged down with daily routine. Shake it up a bit. Let your imagination take you places. Take a few chances. There are no failures in life, just missed opportunities. Your heart will love life again. I promise.

Tobi Nason is a counselor located in Warrenton. (503) 440-0587 for appointments.

Thinking Young!



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# MUSIC



**Norman Sylvester • Cannon Beach**

ON SUNDAY, JULY 11TH, legendary bluesman Norman Sylvester performs a free concert in Cannon Beach's downtown city park.

Known as the "Boogie Cat," Sylvester was inducted into the Oregon Music Hall of Fame in 2011. He's shared stages with a who's-who of the blues, including BB King, Buddy Guy, Mavis Staples and more.

After an unprecedented year off, Sylvester and his band are thrilled to be playing live again. The performance will be Sylvester's second since the pandemic layoff (his first, scheduled for a week earlier, is at the renowned Portland Waterfront Blues Festival).

The "Boogie Cat" was born in Bonita, Louisiana, where he began singing gospel in church. At the age of 12, the Sylvester family boarded the Union Pacific train for a new life in the Pacific Northwest.

As legend has it, a twenty-something Norman attended a concert of Buddy Guy and talked his way on stage. After Norman's performance, Guy encouraged him to devote himself to a career in music.

Besides performing regularly, Sylvester and his band teaches blues history in local schools and mentors young artists.

This free, family friendly concert begins at 5:30PM. Attendees are encouraged to bring blankets, low-backed chairs and fully stocked picnic baskets.

The park is located in downtown Cannon Beach, northeast of the Chamber of Commerce at 2nd & Spruce.

The concert is produced by the Tolovana Arts Colony and made possible by a Community Grant from the City of Cannon Beach.

visit [tolovanaartscolony.org](http://tolovanaartscolony.org), email [tolovanaartscolony@gmail.com](mailto:tolovanaartscolony@gmail.com), or call 541-215-4445.



**Catch fantastic roots duo Mojo Holler** This summer, every 4th Saturday evening from 7pm to 9pm at the Schooner Restaurant and Lounge in Netarts. This is a free event but dining reservations are suggested. Dining reservations at the Schooner can be made by calling (503) 815-9900.

## FLASH CUTS MOVIES & MUSINGS

### THEATRICAL RELEASES



#### BLACK WIDOW (JULY 9, also streaming on Disney+)

Scarlett Johansson toplines as Natasha Romanoff/Black Widow in the Marvel character's first standalone film. Black Widow, which is not an origin story, takes place just after the events of Captain America: The Winter Soldier. Romanoff is trained from birth to be a KGB assassin but when the Soviet Union falls, she becomes a target, reuniting her with her younger sister Yelena (Florence Pugh) who is also a former Black Widow. Ray Winstone plays Dreykov, the head of the Red Room who groomed both and now sees them as threats. Synopsis: At birth the Black Widow (aka Natasha Romanova) is given to the KGB, which grooms her to become its ultimate operative. When the U.S.S.R. breaks up, the government tries to kill her as the action moves to present-day New York, where she is a freelance operative.

#### JUNGLE CRUISE (JULY 30, also streaming on Disney+)

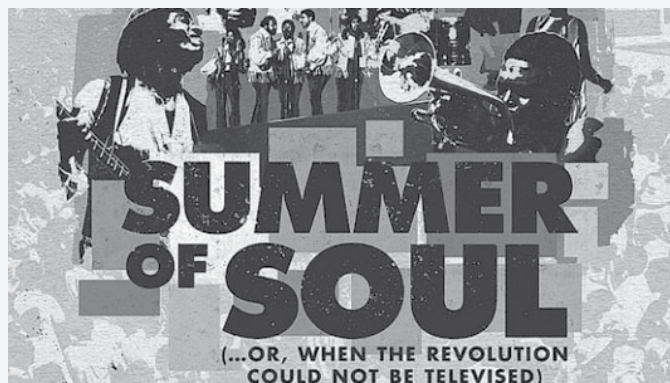
Dwayne Johnson and Emily Blunt play mismatched personalities with a common goal in this Disney adventure thriller. Johnson plays casual, wisecracking boat skipper Frank Wolff who is hired by staunch British researcher Dr. Lily Houghton (Blunt) to take her down the Amazon in search of a tree with near-unparalleled healing powers, which could change the future of medicine. On their quest to find the tree the pair must deal with supernatural and natural forces that threaten them, the tree and all mankind.

## STREAMING IN JULY

### STREAMING RELEASES

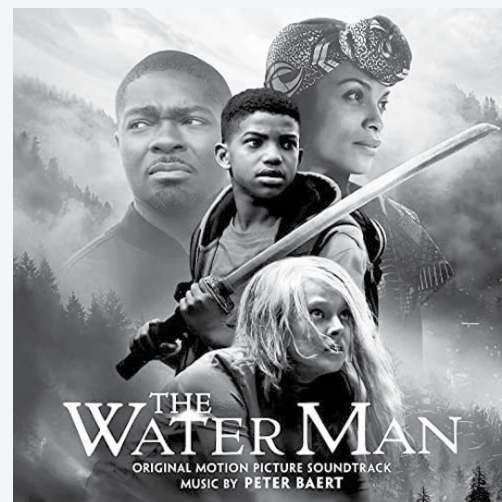
#### THE TOMORROW WAR (JULY 2 AMAZON)

The release for Paramount's \$200M sci-fi actioner was derailed due to the pandemic so the pic was sold to Amazon for streaming release. Chris Pratt stars as a family man and ex-soldier who is drafted to fight a war in the future. Synopsis: The world is stunned when a group of time travelers arrive from the year 2051 to deliver an urgent message: Thirty years in the future, mankind is losing a global war against a deadly alien species. The only hope for survival is for soldiers and civilians from the present to be transported to the future and join the fight. Among those recruited is high school teacher and family man Dan Forester (Chris Pratt). Determined to save the world for his young daughter, Dan teams up with a brilliant scientist (Yvonne Strahovski) and his estranged father (J.K. Simmons) in a desperate quest to rewrite the fate of the planet.



#### SUMMER OF SOUL (JULY 2 HULU)

Amir "Questlove" Thompson of The Roots directs his first feature film in this documentary of 50-year-old Harlem music festival that was lost to time until now. Over six weekends in the summer of 1969, the Harlem Cultural Festival, with acts like Stevie Wonder, Nina Simone, Sly and the Family Stone, Max Roach, The Temptations, Gladys Knight and the Pips was held and filmed by TV producer Hal Tulchin. But the fest drew little media attention because it overlapped with the Woodstock festival held in upstate New York. When Tulchin approached networks with the footage for a possible TV special, there was little interest. Fifty years later, the footage was unearthed and Thompson shot new interviews with audience members and performers, both extolling how significant the festival was for Black people and themselves. Spiffed-up video footage looks and sounds surprisingly good.



#### THE WATER MAN (JULY 9 NETFLIX)

Emmy-nominated actor David Oyelowo makes his directorial debut with story of a family facing a crisis whose only solution might be a ghost who lives deep in the Pacific Northwest woods. 11-year-old Gunnar (Lonnie Chavis) has a lot on his mind. His father Amos (Oyelowo) has moved their family to small-town Pine Mills, Ore. But his greatest worry is the condition of his mother Mary (Rosario Dawson), who has leukemia. Gunnar hears about the existence of the Water Man, a ghost who haunts the nearby woods who possesses the power to heal. A local undertaker (Alfred Molina) tells Gunnar the Water Man was once a miner who found a magic stone just before a flood killed nearly everyone in town including his wife. The Water Man has been searching for his wife's body ever since, hoping to bring her back to life.

On hearing this tale, Gunnar grabs his Dad's antique samurai sword and with the help of a homeless girl, Jo, who claims to have seen the Water Man, sets off into the woods to find him and save his mother.

#### MCCARTNEY 3,2,1 (JULY 16 HULU)

Legendary rock musician Paul McCartney sits with famed record producer Rick Rubin for a six-part in-depth interview covering his entire career with The Beatles, Wings and five decades of solo music making. Hulu Originals president Craig Erwich said: "Never before have fans had the opportunity to hear Paul McCartney share, in such expansive, celebratory detail, the experience of creating his life's work — more than 50 years of culture-defining music. To be an observer as Paul and Rick Rubin deconstruct how some of the biggest hits in music history came to be is truly enlightening."



# FREE WILL ASTROLOGY

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♈ 11° ♀ 6° ♄ 27° ♀ 7° ☉ 15° ♀ 64° ♄ 0° ♄ 48°

**ARIES** (March 21-April 19): Columnist Linda Weltner says that there's a dual purpose to cleaning your home, rearranging the furniture, adding new art to the walls, and doting on your potted plants. Taking good care of your environment is a primary way of taking good care of yourself. She writes, "The home upon which we have lavished so much attention is the embodiment of our own self love." I invite you to make that your inspirational meditation for the next two weeks.

**TAURUS** (April 20-May 20): "For peace of mind, I will lie about any thing at any time," said author Amy Hempel. Hmmm. I'm the opposite. To cultivate peace of mind, I try to speak and live the truth as much as I can. Lying makes me nervous. It also seems to make me dumber. It forces me to keep close track of my fibs so I can be sure to stick to my same deceitful story when the subject comes up later. What about you, Taurus? For your peace of mind, do you prefer to rely on dishonesty or honesty? I'm hoping that for the next four weeks, you will favor the latter. Cultivating judicious candor will heal you and boost your intelligence.

**GEMINI** (May 21-June 20): In her essay about education, "Don't Overthink It," philosopher Agnes Callard reminds us, "No matter how much we increase our investment at the front end—perfecting our minds with thinking classes, long ruminations, novel-reading, and moral algebra—we cannot spare ourselves the agony of learning by doing." That will be a key theme for you in the next four weeks, dear Gemini. You will need to make abundant use of empiricism: pursuing knowledge through direct experience, using your powers of observation and a willingness to experiment.

**CANCER** (June 21-July 22): Philosopher Friedrich Nietzsche said that when our rational minds are working at their best, they inspire us to cultivate our most interesting and enlivening passions. They also de-emphasize and suppress any energy-draining passions that might have a hold on us. I'm hoping you will take full advantage of this in the coming weeks, Cancerian. You will generate good fortune and sweet breakthroughs as you highlight desires that uplift you and downgrade desires that diminish you.

**LEO** (July 23-Aug. 22): Leo author Wendell Berry suggests, "It may be that when we no longer know what to do, we have come to our real work, and when we no longer know which way to go, we have begun our real journey." Although there's wisdom in that formulation, I don't think it's true a majority of the time. Far more often we are fed by the strong, clear intuitions that emerge from our secret depths—from the sacred gut feelings that give us accurate guidance about what to do and where to go. But I do suspect that right now may be one of those phases when Berry's notion is true for you, Leo. What do you think?

**VIRGO** (Aug. 23-Sept. 22): In 1750, more than 250 years after Columbus first visited the New World, Native Americans were still a majority of the continent's population. But between 1776 and now, the United States government stole 1.5 billion acres of land from its original owners—25 times the size of the United Kingdom. Here's another sad fact: Between 1778 and 1871, America's federal administrations signed over 500 treaties with indigenous tribes—and broke every one of them. The possibility that these sins will eventually be remedied is very small. I bring them up only to serve as possible metaphors for your personal life. Is there anything you have unfairly gained from others? Is there anything others have unfairly gained from you? The next six months will be prime time to seek atonement and correction.

**LIBRA** (Sept. 23-Oct. 22): Libran Zen teacher Thich Nhat Hanh advises you and me and everyone else to "seek the spiritual in every ordinary thing that you do every day." You have to work at it a bit, he says; you must have it as your firm intention. But it's not really hard to do. "Sweeping the floor, watering the vegetables,

and washing the dishes become holy and sacred if mindfulness is there," he adds. I think you Libras will have a special knack for this fun activity in the coming weeks. (Thich Nhat Hanh wrote a series of "Mindfulness Essentials" books that includes *How to Eat*, *How to Walk*, *How to Relax*, and *How to Connect*. I invite you to come up with your own such instructions.)

**SCORPIO** (Oct. 23-Nov. 21): My unexpected interpretation of the current astrological omens suggests that you will be wise to go naked as much as possible in the coming weeks. Being skyclad, as the pagans say, will be healing for you. You will awaken dormant feelings that will help you see the world with enhanced understanding. The love that you experience for yourself will soften one of your hard edges, and increase your appreciation for all the magic that your life is blessed with. One important caveat: Of course, don't impose your nakedness on anyone who doesn't want to witness it.

**SAGITTARIUS** (Nov. 22-Dec. 21): If you analyzed the best-selling songs as measured by Billboard magazine, you'd think we were in the midst of a dangerous decline in population. The vast majority of those popular tunes feature lyrics with reproductive themes. It's as if there's some abject fear that humans aren't going to make enough babies, and need to be constantly cajoled and incited to engage in love-making. But I don't think you Sagittarians, whatever your sexual preference, will need any of that nagging in the coming days. Your Eros Quotient should be higher than it has been in a while.

**CAPRICORN** (Dec. 22-Jan. 19): Pulitzer Prize-winning author Donna Tartt, born under the sign of Capricorn, writes, "Beauty is rarely soft or consolatory. Quite the contrary. Genuine beauty is always quite alarming." In my view, that's an unwarranted generalization. It may sometimes be true, but is often not. Genuine beauty may also be elegant, lyrical, inspiring, healing, and ennobling. Having said that, I will speculate that the beauty you encounter in the near future may indeed be disruptive or jolting, but mostly because it has the potential to remind you of what you're missing—and motivate you to go after what you've been missing.

**AQUARIUS** (Jan. 20-Feb. 18): On July 21, 1969, Aquarian astronaut Buzz Aldrin was the second human to walk on the moon. It happened during a spectacular astrological aspect, when transiting Jupiter and Uranus in Libra were trine to Aldrin's natal Sun in Aquarius. But after this heroic event, following his return to earth, he found it hard to get his bearings again. He took a job as a car salesman, but had no talent for it. In six months, he didn't sell a single car. Later, however, he found satisfaction as an advocate for space exploration, and he developed technology to make future trips to Mars more efficient. I hope that if you are now involved in any activity that resembles Aldrin's stint as a car salesman—that is, a task you're not skilled at and don't like—you will spend the coming weeks making plans to escape to more engaging pursuits.

**PISCES** (Feb. 19-March 20): Astronomers say the Big Bang birthed the universe 13.8 billion years ago. But a star 190 light years away from Earth contradicts that theory. Its age seems to be 14.5 billion years, older than the universe itself. Its scientific name is HD 140283, but it's informally referred to as Methuselah, named after the Biblical character who lived till age 969. Sometimes, like now, you remind me of that star. You seem to be an impossibly old soul—like you've been around so many thousands of lifetimes that, you, too, predate the Big Bang. But guess what: It's time to take a break from that aspect of your destiny. In the next two weeks, you have cosmic permission to explore the mysteries of playful innocence. Be young and blithe and curious. Treasure your inner child.

**HOMEWORK. SEND YOUR SUGGESTIONS ABOUT HOW I MIGHT BE ABLE TO SERVE YOU BETTER. NEWSLETTER@FREEWILLASTROLOGY.COM**

# Bike Madame

By Margaret Hammitt-McDonald

## Unicycle Curious?

A group of intrepid teens rolls around an area near my old office in Cannon Beach on all manner of conveyances that require greater than average balance, skill, and moxie, including a unicycle. Okay, I may be middle-aged, but I'm always game for a new adventure, as long as I have a reasonable guarantee not to take an epic fall and mess up my arthritic knee. Mind you, I'm not about to rush out and buy a unicycle; right now, I wonder if it's even possible for a 50-year-old to learn to ride one without ending up glutes over teakettle.

The website of the Unicycle Society of America (who knew such a cool group existed?) proclaims, "Almost anyone can learn to ride a unicycle!" (Ugh, I have a sinking feeling that I could be one of those "almosts" who can't stay seated on the darn thing.) They recommend checking out a local unicycle club for in-person lessons, but if you're determined to teach yourself, find a flat area with a fence or railing to hold onto, such as a level yard or deck. You can then use the handhold to pull yourself up onto the seat and (presuming it's not full of splinters) to hang onto lightly as you start to pedal. Should you feel like you're starting to fall off (I anticipate this, alas), the trick is to pop off the front of the unicycle and land on your feet. ("Learning to Ride," Unicycle Society of America).

Unicycle.com, home of a British unicycle riders' association, provides a size chart so you can select the correct craft for your body size and riding style. My size would either be 20" (general riders eight and over) or 24" (experienced road cyclists). They also provide additional suggestions for the initial learning venue: a narrow hallway where you can touch the walls with both hands, or any flat place where a friend can stand on either side and hold your hands to help keep you upright. The organization provides illustrated tips for adjusting the saddle (including which end is the front), mounting and getting underway, and idling or rocking, a useful skill when stopped at an intersection.



("How To Ride a Unicycle," <https://uniusa.org/Learn-to-Ride>).

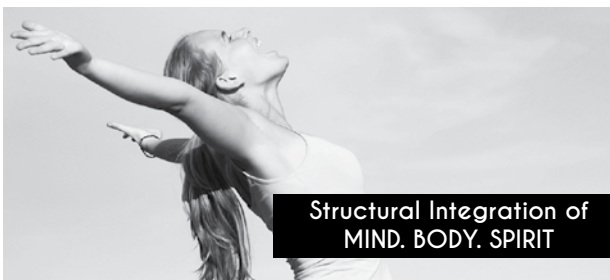
What about unicycle mishaps? YouTube videos abound, but an article aimed at emergency medical personnel reassures readers that unicycle accidents are rarer than bike or trike accidents, since unicycles are slower and seldom used as transportation alternatives. They estimate that unicycles are involved in only 168 visits to United States emergency departments per year, with injuries to the extremities (sprains, strains, and fractures) being most common. However, it remains difficult to calculate how risky unicycling is, as we don't yet know the number of unicyclists in the U.S. (Ryan Radecki, "Unicycles, Not All Fun and Games?", *Emergency Medicine Literature of Note*, November 5, 2013).

Although trauma specialist Dr. Radecki scoffs at the idea of riding any distance on a unicycle, in 2020, Englishman Ed Pratt rode 22,000 miles around the world on one! His adventure netted 300,000 pounds for the charitable organization School In A Bag, which provides backpacks full of school supplies for vulnerable children. Along the way, he encountered obstacles familiar to multi-wheeled cyclists, including flat tires and chase-happy dogs. (Shea Simmons, "This Guy Spent 1,200 Days Pedaling Around the World on a Unicycle," *Men's Health*, September 2, 2020).

Should I decide to give unicycling a try, my goal is more modest: to make it around the block without doing an endo, preferably not in front of teens.



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-Rachel Carson

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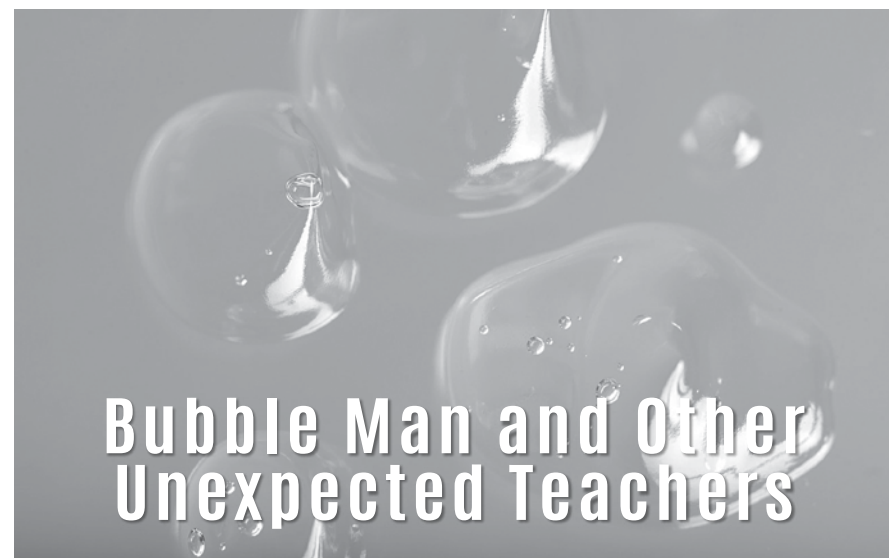
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## Whole PLANET Health By Margaret Hammitt-McDonald



## Bubble Man and Other Unexpected Teachers

IF YOU'VE taken a midday walk on Seaside's beach recently, you've likely encountered "Bubble Man," who uses his handmade net and a bucket full of suds to produce colossal bubbles that drift over the beach and into the street. It's enchanting to watch the outsized bubbles fuse, tumble, and dissolve in the breeze. One afternoon, I overheard him explaining that he'd once held an ordinary job but now that he's retired, he comes to the beach to create something lovely for others to enjoy. In return, he keeps a discreet contributions bucket on a nearby bench.

Throughout life, I've benefited from brief but illuminating encounters with wise people. Some are regulars, like the bus drivers and garbage collectors I chat with. Others I meet while just passing through, like a radiant, delightful college student/server at a restaurant in the only town for 50 miles on Route 50, dubbed the nation's loneliest highway. I'm thankful for these brilliant people. Despite the stresses they must endure in a society where "connection" refers to something computers do rather than something people make, they approach life with both graceful acceptance and the resolve to do something worthy in their own corner of the world.

When I was a teenager, I discovered some now-classic books that gave Western readers access to Zen Buddhism. Mindful living benefited me as I bumbled my way through the usual adolescent self-making journey. The crystalline concepts of Zen bestowed gifts on me that I can only repay by passing them along: realizations about the role we play in our suffering by investing in flawed ideas and clingy versions of

attachment, the transient nature of the moment (whether pleasant or unpleasant), and how our ability to change our minds for the better can be as strong as our capacity to "mess ourselves up" with our faulty thinking. Yet even with all these insights, I still longed for one missing component: a mentor. I told myself, "If only I had a teacher, I could..." (fill in the blank: become enlightened, kiss anxiety goodbye, get along better with others... It took life experiences to understand that I was surrounded by teachers. I just needed to redefine who could be one and what it meant to learn from them.

Along the way I also learned how vital it is to express gratitude for the lessons. As I started to recognize my own privileges, I questioned my ego-centric assumption that the world provided me with teachers because I was special and deserving. I assumed that noble underprivileged people were honored to bestow their insights and caring, while I didn't have to think too hard about their oppressions. Being called on this attitude became a form of enlightenment in itself, the kind that comes with a swift kick in the pants. I had to acknowledge that when I took teachings from individuals who've been denied the same privileges I enjoy, or from an entire culture that's underrepresented and discriminated against, this underlying inequity makes it essential not only to give credit for the intellectual property that has benefited me, but also to work to improve the material and juridical conditions under which my guides live.

That's why the wise teacher takes along a collections bucket, and the grateful student gives something back.



THE ROMANS were responsible for the calendar we use these days. Those same sly Romans gave scant credit to the previous wise guys, the Greeks, for pretty much everything. All the while building on Greek brilliance to come up with a darned impressive empire. As with all empires, the end was inevitable (take note USA) and in 476 C.E.\*, the Barbarians, tiring of being at the gate, marched in and took over. Remnants of all who came before from the world over remain, our calendar, a mashup to be sure, being one of them.

\*C.E. stands for Current Era, formerly known as Anno Domini or Year of Our Lord. Simmer down Christians, we are merely adjusting terminology to include everyone. B.C. is now B.C.E. or Before Current Era. It's not my idea, but it's a good one.

The Romans named the months of their year after Gods and notable citizens. I don't think the title 'July', named for Julius Caesar is evocative of the sultry, sumptuous spectacle that occupies the heart of summer. Have you seen a likeness of Julius Caesar? It would be difficult to come up with a less appropriate namesake for something so altogether hot and delicious. Frankly, I don't think we should name anything truly important after a person, real or mythical. But, I spare you that particular rant. That's how much I love you.

I think we should each choose our preferred names for the months so that none of us ever knows exactly when the other one means, thereby putting time in its proper perspective. I hereby name the month formerly known as July, Tomato. June was Peach and Melon, once sadly named August, is waiting in the wings to burst upon us in all its juicy sweet glory.

The name tomato comes from Nahuatl, an Aztec language that christened it tomatl. The botanical name, lycopersicon esculentum,

might work as a month name going by its translation, wolf peach. You can use that one if you like. It's up for grabs.

Tomato's membership in the nightshade family was likely a reason that the poison rumor got started in times long gone. Once the world caught on to what the Aztecs knew all along, tomatoes went from being shunned to being called Love Apple, Apple of Paradise, Golden Apple and other excitedly reverent names. Folks who formerly gave tomatoes a wide berth, suddenly swore that placing one on your window sill would ward off evil, that tomatoes were a perfect offering to their gods and that, as a matter of fact, tomatoes were an aphrodisiac. We humans are so quixotic! (Helpful tip: Anything we passionately claim to be so probably isn't.)

In 1897, Joseph Campbell introduced condensed tomato soup and the rest is Mmm, Mmm Grilled Cheese. (That's Joseph Campbell, the soup guy. Not the professor/myth maven who came along later and probably ate some of his predecessor's soup along the way.)

There are countless ways to love tomatoes. First and best, eat local, in-season tomatoes just as they are and as many as you can. My first memory of tomatoes is of lingering in my grandfather's vegetable garden where he kept an overturned tin can protecting a salt shaker at the end of the tomato row. Snack Bar!

BLT's, Salade Caprese, grilled pizza and pasta sauce are obvious tomato lusciousness. Add a fried egg to your BLT to elevate yummy to yikes! Sauté cherry tomatoes in a dollop of good olive oil just to bursting and add to lightly steamed green beans sprinkled with crumbled feta. Those same burst tomatoes added to al dente spaghetti dressed with a drizzle of olive oil, a crack of black pepper, a chiffonade of fresh basil and shaved Parmesan make a quick and deluxe meal.

Sometimes I am overcome with the desire to eat all of summer's bounty at one sitting. The less generous amongst you might call that gluttony. I call it a celebration. I would be happy to discuss our differences over a nice meal of tomatoes and corn. Exactly like this one:

## CHEW ON THIS!

by Merianne Myers



## CELEBRATE THE MONTH OF TOMATO CASSEROLE

Adapted from a 2007  
Gourmet Magazine recipe  
Serves 6

- 2 lbs vine-ripened tomatoes cut into 1/2" thick slices
- 2 +/- teaspoons salt
- 1 +/- teaspoon black pepper
- 4ish cups fresh-off-the-cob corn kernels
- 1 cup whole milk
- 1/2 cup heavy cream
- 2 cups fresh bread crumbs - grind your own from day old bread, crust and all. If you don't have day-old bread, pop a few slices in the toaster to dry out. You can use commercial bread crumbs or panko, but this gorgeous casserole will definitely not be the same.
- 1/2 cup fresh basil, chopped
- 1 ounce freshly grated Parmesan
- 6 Tablespoons butter, diced into small pieces, plus a bit more for buttering the baking pan
- Place a baking rack on a rimmed sheet pan. Season both sides of the tomato slices with salt and pepper and place them on the rack to drain. Allow about a half hour for the excess juice to drip away.

Preheat oven to 375. Butter a 2 quart baking dish.

I know it's summer and the oven is not our favorite kitchen appliance right now. Just set the preheat, mix a frosty something, take it out into the shade and relax. When the oven comes up to temp, go back inside, pop the casserole in, mix another frosty something and go outside for another 45 minutes. This leisure time makes me love my oven. Even in the middle of Tomato!

In a 2 quart saucepan, bring the milk, cream and a pinch of salt to a simmer. Add the corn kernels and continue to simmer until corn is tender. This only takes about 5 minutes. Don't overdo it! Cool slightly.

In a medium bowl, toss bread crumbs, basil, cheese and a pinch each of salt and pepper together.

Cover the bottom of the pan with tomato slices, sprinkle with bread crumb mixture, dot with butter and cover with about half of the corn mixture. Repeat with about half of remaining tomatoes, bread crumbs, butter and ALL of the corn mixture. Arrange remaining tomatoes as a top layer, sprinkle with the last of the bread crumbs and dot with butter.

Bake until golden and bubbly, about 40 minutes. Cool for 15 minutes before serving.

## Tidepool BioBlitz at Cape Falcon Marine Reserve Through July 26

Participants contribute to science while having fun tidepooling



Manzanita, OR: Do you love tidepooling? This year's BioBlitz at Cape Falcon Marine Reserve could be just the thing for you!

A BioBlitz is a community volunteer-led survey of an area with the goal of identifying all the plant and wildlife species that can be found in that area at one time: a snapshot of biodiversity. Participants use the free and easy to learn iNaturalist smartphone app to document and identify the species they find. The data contributed by participants can be used by scientists for important research, like how species are migrating due to climate change.

"A BioBlitz is a fun way to contribute to science and learn more about the many kinds of life living in Oregon coast tidepools, from sea anemones and sea stars to algae and corals, and even birds such as Black Oystercatchers," said Margaret Treadwell, Program Coordinator for Friends of Cape Falcon Marine Reserve.

This year, community groups at all five of Oregon's Marine Reserves are partnering with Oregon Coast Aquarium and the PRIMED Network (Primary Responders in Marine Emergent Disease) to host a BioBlitz with a "hybrid" approach. Participants will use iNaturalist, a website and smartphone app that allows you to take a photo of a plant or animal, get an identification response from a naturalist, and record your findings for the BioBlitz event.

BioBlitz participants will explore the shoreline of Cape Falcon Marine Reserve, from Arch Cape to Neahkahnie Beach just north of Manzanita, with their own household group and record observations with the iNaturalist app on any day from June 25 to July 26. Tidepool enthusiasts should time their visits to coincide with low tides - visit [tinyurl.com/NCOTides2021](https://www.inaturalist.org/projects/bioblitz-2021-at-cape-falcon-marine-reserve) for tide tables - and be careful of incoming tides and sneaker waves, remembering to never turn their back on the ocean. A map of the marine reserve is available at: [www.nehalemtrust.org/capefalconmr/](https://www.nehalemtrust.org/capefalconmr/) and BioBlitz observations can be browsed at [www.inaturalist.org/projects/bioblitz-2021-at-cape-falcon-marine-reserve](https://www.inaturalist.org/projects/bioblitz-2021-at-cape-falcon-marine-reserve).

Interested in participating in the BioBlitz? Watch a short video on how to use iNaturalist at <https://youtu.be/KRy4UYWsfI>, then head out to Cape Falcon Marine Reserve to record your observations. Participants can also choose to add their observations to the Marine Wildlife Health iNaturalist project to contribute data to Oregon State University PRIMED Network scientists who are on the front line in detecting and tracking disease outbreaks in marine wildlife species. To learn how, watch a short video at <https://youtu.be/9iQHJ3QLpA>.

Cape Falcon Marine Reserve is the northernmost of Oregon's five Marine Reserves, and is located off Oswald West State Park between Manzanita and Cannon Beach, including the north end of Neahkahnie Beach and Short Sand Beach. It is a 20 square-mile area in Oregon's ocean that is set aside for conservation of biodiversity and scientific research.

Find out more at <https://www.nehalemtrust.org/capefalconmr>.

Tune in to FOOD TALK, an irreverent conversation about home cookin with hosts Merianne Myers and Linda Perkins. 1st and 3rd Mondays of every month, 9:30 to 10am on Coast Community Radio, KMUN 91.9fm, KTCB 89.5fm, streaming and available as podcast at [coastradio.org](https://coastradio.org)





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**Saturday Market at the Port.** Saturdays, 10am - 4pm through September 25. Located along the waterfront in Ilwaco, WA. facebook.com/IlwacoSaturdayMarket

**Columbia-Pacific Farmer's Market.** Fridays, Noon - 3pm through September 17. In downtown Long Beach, WA. longbeachwa.gov/recreation/farmersmarket/

**Astoria Sunday Market.** Sundays, through October 10, 10am - 3pm. On 12th St in downtown Astoria. Some vendors may take debit/credit cards. astoriasundaymarket.com/

**Hanthorn Cannery Market** at Pier 39 in Astoria. Sundays from 10am to 3pm. New vendors welcome, contact: HanthornCanneryMarket@gmail.com or call 360-269-1039.

**Market Day Online Ordering.** Pre-order locally grown and produced food items online and pick up at the North Coast Food Web in Astoria on Thursdays 2-6pm. Register at northcoastfoodweb.org

**Seaside Farmer's Market.** Wednesdays, 2 - 6pm, June 16 September 30. Corner of Broadway and Hwy 101 in Seaside. debit cards and SNAP accepted. seasiidemarket.org

**Cannon Beach Farmer's Market.** Tuesdays, June 15 - September 30, 1 - 5pm. Located in the Midtown area of Cannon Beach. SNAP, Visa, and Mastercard accepted. ci.cannon-beach.or.us/farmers-market

**Manzanita Farmer's Market.** Fridays, 4-7pm June 11 - September 17 at Underhill Plaza in Manzanita. Online ordering available. manzanitafarmers-market.com

**Tillamook Farmer's Market.** Saturdays, June - September, 9am - 2pm. On the corner of Laurel Ave. and 2nd St in downtown Tillamook. SNAP and debit cards are accepted. https://tillamookchamber.org/Tillamook-Farmers-Market/

**Pacific City Farmers Market.** Sundays June 13 - September. 10am - 2pm At 6200 Camp St in Pacific City. facebook.com/PacificCityFarmersMarket

**Neskowin Farmers Market.** Saturdays, through September, 9am - 1pm. At the corner of Hwy 101 and Summit Rd. across from the Neskowin Beach Wayside. neskowin-farmersmarket.com

**Lincoln City Farmers and Crafters Market.** Sundays, through October 8, hours TBA. Located at the Cultural Center in Lincoln City. The market accepts debit/credit and SNAP cards. Masks required. lincolncityfarmersmarket.org

**Tuesday Night Thing.** 4-7 pm, July to September. At the Lincoln City Cultural Center, with the first hour (4-5 pm) reserved for the most vulnerable populations. LincolnCity-CulturalCenter.org

## Seaside Museum Celebrates Prom Centennial



Prom Tapestry by Tess Tappert

WITH ITS RECENT RE-OPENING, the Seaside Museum is poised to join with other community organizations in the commemoration of Seaside Prom's 100th birthday.

The Seaside Library's first new art show since COVID closures features a exhibit by the Seaside Museum of photos taken of and at the Prom during the last one hundred years. At the end of August, this exhibit will move into the museum's History Center.

**Organization of festivities celebrating the centennial on August 7, 2021**—which is exactly 100 years since the original dedication—is being led by museum board president, Steve Wright. Just as in 1921, dignitaries from all levels of government have been invited to attend. Features include a re-christening of the Prom and Turnaround with a bottle of seawater, just as done in 1921, and burying a time capsule to be opened at the Prom's Bicentennial in 2121.

Many businesses in the community have joined in support of both the centennial celebrations and of the Museum as they sell the museum's limited edition Prom Centennial lapel pins.

**For the second year, textile artist Tess Tappert of Prineville, OR has created a work of art to be raffled as a fundraiser for the museum.** She designed and pieced the triptych quilted collage specifically for celebration of the Seaside Prom's Centennial. "One Hundred Years on the Seaside Prom" includes more than 200 different fabrics; contains more than 50 different type of beads and colors of thread; and is embellished by more 15 quilting patterns. Each 40"x20" panel reflects an era spanning 33-35 years of the Prom's life. Photos from those eras are incorporated into the design. The piece is on display in the museum's gift shop and will be featured at Fairweather House & Gallery at the Seaside First Saturday Art Walk, July 3rd, as well as on July 4th. Raffle tickets have been designed to be frameable mementos. The artwork has been copyrighted by the museum as they look to use it in different gift items and continue to celebrate the Prom.

The Seaside Museum is located at 570 Necanicum and is currently open 10AM-3PM on Fridays and Saturdays. More information is available at 503-738-7065 or online at www.seasideoregonmuseum.com.

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