

AN ASTORIA JAZZ FESTIVAL EVENT

SINGER/TRUMPETER SUBLIME

ROBERT
MOORE
QUARTET

OCT
26

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Oct 19 - 21

October 2018 • vol 19 • issue 236

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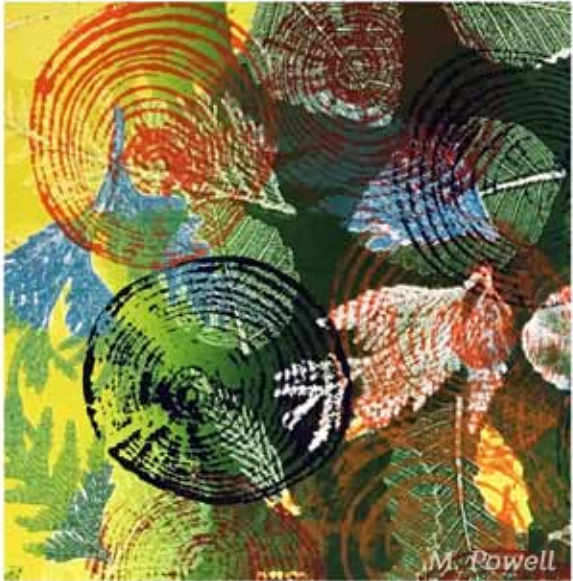
What we cover:

- County Commission Race ⇨ Pam + Pete
- Astoria City Council:
Uniontown District ⇨ Roger + David
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- OREGON BALLOT MEASURES
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Robert Moore Oct 26

ONE YEAR AGO to the jazz weekend coming up, KALA welcomed saxophonist/singer Katrina New, as headliner in the first Astoria Jazz Festival. Katrina, her original Latin swing, and her players, completely blew expectations out of the river, shall we say, for all in attendance.

This year, co-founder Bruce Watts, Astoria Jazz Fest and KALA welcome a comparable talent to the stage. Trumpeter/Singer Robert Moore, transplanted to Portland in 2005 from Birmingham AL, has been described by Tom D'Antoni of Oregon Music News "a vintage hipster and possibly the coolest one in town." And this cool cat will be supported by a top roster of players, some of which have performed on the KALA stage; percussionist Al Martin (Katrina New Band), with the groove spilling out of his congas, guitarist Dan Gildea who recently wowed audiences in the Bre Gregg Show, and is often heard with top jazz vocalists in Portland, bassist Bill Athens who played here with underground soul jazz group Trio Subtonic, and saxophonist Willie Matheis, who also currently plays with Cherry Poppin' Daddies, Ural Thomas and the Pain, and as a guest artist in many jazz enumerations. Plus local guest artist for the eve, North Coast guitarist Dave Drury.

Moore started his singing career in a Southern Baptist church, and after stints as a public schools music teacher, he began his performance career, settling in Birmingham. His band the Wildcats, played all the festivals, and clubs in New Orleans, Atlanta, and the Carolinas, often winning the regional music mag, and readers poll awards.

At an early age, Moore picked up the harmonica, and played in some bands, but in an interview he says, "Hearing King Pleasure on the radio was the take-off point for my lifelong interest in jazz. Jazz

took me beyond where the blues and rock were taking me."

He also cites Mark Murphy and Eddie Jefferson, and Nancy King as vocal influences. One critic says of Moore, "Chet Baker meets Tom Waits." Robert Moore has evolved a sound of his own, mixing his southern roots influences of soul and gospel into his own interpretations of bebop and swinging jazz. Whether leading with his horn into familiar standards, scatting imaginative ideas straight from the heart, blowing creative lines on his harmonica, or exposing listeners to interspersed originals, Moore cuts to the heart of a song, opening up sounds in new ways & winning fans with his frequent notes of humor.

If you're not familiar with Moore, check out some of his recordings and live performance on romomusic.net. Then you'll want to pick up an advance ticket at www.libertyastoria.org

An Astoria Jazz Festival Event

Jazz Trumpeter/Singer ROBERT MOORE. Friday, Oct 26. \$18. Doors open 7pm. Show at 8pm. Full Bar. Advance Tickets, www.libertyastoria.com. KALA is located at 1017 Marine Dr. Astoria. 503.338.4878



**Special Guest
Guitarist Dave Drury**

KALA welcomes Storyteller William Kennedy Hornyak on Thursday October 18 at 7:30pm. Hornyak casts a spell with haunting traditional myths, legends, poems, songs and lore from Ireland and Scotland in honor of the Celtic New Year of Samhain (Halloween). For mature audiences only.

Will Hornyak has delighted audiences across the United States for nearly 25 years. A featured performer at the National Storytelling Festival in Jonesborough, Tennessee, Will engages audiences with imaginative, well-crafted and deeply moving performances.

The Oregonian says, "Hornyak is Storyteller par excellence...endless wit, boundless enthusiasm... he ushers listeners across a spiritual threshold." A true seasonal delight, enjoy this magical, mystical evening with this gifted performer.

Thursday, October 18, 7:30pm. Doors open 7pm. \$15. Advance tickets: libertytheater.org. Full Bar. Ages 16+. Will call tickets at the KALA door, time of show.

KALA performance space is located at 1017 Marine Drive in Astoria. 503.338.4878



**Storyteller William Kennedy Hornyak
Thursday, October 18, 7:30pm**



MEET DULCYE TAYLOR Candidate for Astoria Mayor

Astoria Town Hall Meetings

- Baked Alaska Annex - Tues Oct 9
5:30-7:30pm 1 12th St #1
- Astor Place - Thur Oct 11
11am - 12pm 999 Klaskanine Ave
- Astoria Riverwalk Inn, Dining Room -
Wed Oct. 17 5:30-7:30pm 400 Industry St.
- KALA - Wed Oct 24
6-8pm 1017 Marine Dr
- Astoria Library Flag Room - Tues October 30
5:30-7:30pm 450 10th St.

As Mayor, Dulcye Taylor will:

- Listen to and treat all Astorians respectfully
- Prioritize solutions to address homelessness
- Refocus investment in affordable housing
- Support efforts to ensure that local businesses thrive

Throughout her volunteer career Dulcye has created and participated in events throughout the community, bringing dollars to local businesses as well as nonprofit organizations, schools and the community at large. Her skills, honed through extensive volunteer service, have expanded Dulcye's understanding of how city government works, strengthened her leadership skills, further developed her capabilities as a consensus builder, and reinforced her ability to work with diverse groups and perspectives toward common goals.

dulcyeformayor.com
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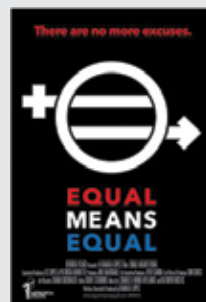
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ASTORIA INTERNATIONAL FILM FESTIVAL OCT 19 - 21 WOMEN IN FILM



THE 12TH ANNUAL Astoria Film Festival presents Women In Film, a program of selected female producers, directors, or films with a female story line—a first tribute to women in film on the Oregon Coast. Ron Craig, founder/exec. Director brings the 3-day festival to the Liberty Theatre each October, providing a forum for independent filmmakers from around the world and their work to an appreciative audience.

Attend a post-film discussion after the showing of Equal Means Equal in the McTavish Room. Tickets are available online @ \$10 per/screening, or full package for \$80.

Go to: Libertyastoria.showare.com Also available at the Liberty Box Office at the time of film.

FRIDAY OCT 19

5pm: *Living While Dying* (2017)

A story of life. A story of death. Finding joy in the journey.

6:30pm: *In her Blood* (2018)

Directed by Heather Ann McBride - Thriller - 2h 3min

Thirteen-year-old, Hadley, and her little sister find themselves hungry and homeless. Hadley reaches out to their estranged family, only to discover they were safer on the streets.

SATURDAY, OCT 20

11:00am: *Passion & Power* (2015)

Direct. by Emiko Omori, Wendy Slick -Documentary

This is the story of one simple invention, the vibrator, and its relationship to one complex human behavior, the female orgasm. The history of the vibrator and its medical use had virtually vanished until historian, Rachel Maines, researching needlework patterns in early 20th century women's magazines, ran across ads for electric vibrators. Piquing her curiosity, she traced the origins of this early electrified appliance and made an astonishing discovery.

1:00pm: *The Girls in the Band* (2011)

Directed by Judy Chaikin Documentary - 1h 21min

The untold stories of female jazz and big band instrumentalists and their journeys from the late 1930's to the present day.

3:00pm: *Equal Means Equal*

Directed by Kamala Lopez

An unflinching look at how women are treated in the United States today. By following both real life stories and precedent setting legal cases, director Kamala Lopez discovers how outdated and discriminatory attitudes inform and influence seemingly disparate issues, from workplace matters to domestic violence, rape and sexual assault to the foster care system,

- the healthcare system and the legal system.
- Along the way, she reveals the inadequacy
- of present laws in place that claim to protect
- women, ultimately presenting a compelling and
- persuasive argument for the urgency of ratifying
- the Equal Rights Amendment.

- Attend a forum in the McTavish Room to discuss
- Women In Film after the show.

6:30pm: *RBG* (Ruth Bader Ginsburg) (2018)

Directed by Julie Cohen, Betsy West Documentary - 1h 38min

- The exceptional life and career of U.S. Supreme
- Court Justice Ruth Bader Ginsburg, who has
- developed a breathtaking legal legacy while
- becoming an unexpected pop culture icon.

SUNDAY OCT 21

12:30pm *Anita*

Directed by Freida Lee Mock Documentary - 1h 35min

- A profile of Anita Hill, the African-American law-
- yer who challenged Clarence Thomas' nomina-
- tion to the US Supreme Court and thus exposed
- the problem of sexual harassment to the world.

- Croissants & coffee before the show! Doors will
- open at 11:30am.

2:30pm *Eloquent Nude The Love and Legacy of Edward Weston & Charis Wilson* (2007)

- Now age 90, Charis Wilson recounts her years
- with Weston with great humor, candor, and
- some regret. Combining insight from leading
- scholars, rare archival images, and convincingly
- authentic reenactments, Eloquent Nude pres-
- ents a remarkable true story of love and loss,
- travel and adventure, and an intimate look at the
- making of Modern photography.

4:00pm *The Women* (1939)

Directed by George Cukor - Comedy, Drama - 2h 13min

- A study of the lives and romantic entanglements
- of various interconnected women.

RUSSIAN GOLD MEDALISTS RETURN TO ASTORIA



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Competition in Moscow
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**Johannes Brahms
SONATA FOR CELLO AND
PIANO F MAJOR, OP. 99**

**Claude Debussy
THE GIRL WITH THE
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**César Franck
SONATA FOR CELLO
AND PIANO IN
A MAJOR**



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Expect Traffic Impacts during Great Columbia Crossing Still time to Volunteer or Run/Walk

THE GREAT COLUMBIA CROSSING 10K event is Sunday morning, October 14, 2018. The Astoria-Warrenton Area Chamber of Commerce is looking forward to a great event weekend with more than 3,000 event participants and volunteers during this once-a-year opportunity to cross the Astoria-Megler Bridge on foot. To improve security and enhance the experience, this year, the entire bridge will be closed to vehicles during the event, from 8:30 a.m. to 11:00 a.m.

Your patience on race morning is greatly appreciated while traffic on and around the Astoria-Megler Bridge is affected. There will be heavy traffic in this area beginning by 6:00 a.m. as participants arrive for the event. Shuttle buses to the starting area begin operating by 7:00 a.m. creating a steady flow of vehicles on the bridge. At 8:30 a.m., the Oregon Department of Transportation will close the bridge to all but emergency vehicles. Traffic flow should be back to normal shortly after 11:00 a.m. when the participants are cleared from the bridge.

The Chamber and partner agencies encourage local drivers to be prepared for this closure and schedule trips across the bridge before or after the event, or on another day. Vehicles will be dispersed and directed away from the bridge during the 2.5-hour event closure.

"We appreciate the assistance and coordination from the many agencies that provide traffic control, security and safety for this event," stated David Reid, Executive Director of the Astoria-Warrenton Area Chamber of Commerce. "The bridge closure is a significant change to our event and we acknowledge that it impacts people beyond our registered participants. We wish to thank the community for your patience and understanding as we preserve this annual tradition while responding to official concerns for the safety of our volunteers and participants."

For more information, please contact the Astoria-Warrenton Chamber of Commerce at 503-325-6311 or visit www.greatcolumbiacrossing.com. There is still time to be a part of the event. Volunteer to assist during the event or sign up to run or walk today online or in person during packet pick up on Thursday, Friday and Saturday, October 11-13.

Why DIY? Self-Sufficiency and American Life

ARE WE AS SELF-SUFFICIENT as we can be? As we should be? What are the pleasures and pitfalls of doing it yourself? At 3 p.m. **Saturday, October 20**, at the Astoria Library, participate in a free discussion investigating why we strive to be makers and doers in a world that provides more conveniences than ever before.

The conversation will be facilitated by Jennifer Burns Bright, a food educator and travel writer based in Port Orford, Oregon. When she's not gathering seaweed or fermenting fruit, Burns Bright might be found interviewing young farmers, old pirates, and mad scientists.

This program is part of Oregon Humanities' state-wide Conversation Project. The Astoria Library is located at 450 10th Street, Astoria. For information about library programs, contact 503-325-7323 or visit astorialibrary.org.



3 New Members on the Oregon Board of Forestry



IMAGE: Stirling Gorsuch painting

THE OREGON SENATE confirmed the three new members to the Board of Forestry this September 26 on a party line vote, 17-13.

The seven-member Board of Forestry is charged with ensuring sustainable management of Oregon's private and state-owned forests. The appointments mark an important, incremental step away from a Board that has historically been dominated by timber interests. With these appointments, only three of the seven members will have strong ties to the timber industry, which is still a significant presence, but is nonetheless diminished from past boards.

The three board members who will still have strong timber ties on the board are: Joe Justice, Hancock Forests (new appointee), Nils Christoffersen, Wallowa Resources (current member), Mike Rose, Woodworkers Union (current member).

Those without close timber ties are: Tom Imeson, NW Natural Gas Corp. (current board chair), Jim Kelly, Businessman and Ranch owner from Kimberly, Oregon (new appointee), Brenda McComb, Retired OSU forest scientist (new appointee), Cindy Williams, Consulting fish biologist (current member)

Despite the fact that three members will still have strong forest ties, timber lobbyists strenuously objected to the appointments, as did several Republican Senators who claimed that the slate was unbalanced.

Governor Kate Brown's team made this a priority, standing up for the Board of Forestry as a public interest board.

"Of course, the tough part lies ahead, which is starting to move Oregon's private and state forest laws up from their status as the laggard on the West Coast. This Board will be better able to help with that more than any in recent history," stated Bob Van Dyke, Policy Director for Oregon and California Wild Salmon Center.

Pesticides Round Table Rockaway Beach Citizens for Watershed Protection

JEREMY SAPPINTON and Victoria Holt, both retired U of W public health faculty, will participate in a round table discussion on health issues related to wide-spread pesticide use in industrial forestry. These practices have damaged, and continue to damage our coastal watersheds, and impact the places we live and recreate. The members of Rockaway Beach Citizens for Watershed Protection want to insure that the air we breathe and water we drink are safe. The aerial spraying of pesticides near our communities remains a concerning public health issue. Other Oregon locations such as Triangle Lake, Gold Beach, and Lincoln City have documented human exposure and related health concerns from forestry pesticide spraying in their communities.

Join this important discussion. The round table will examine risks these pesticides pose to people, coastal forest habitat, and the wildlife our watersheds support.

Tuesday, Oct. 9, 6-9pm. Location: North Coast Recreation District building (NCRD) 36155 9th St. in Nehalem, Oregon.

County Commission Candidate Peter Rosco

Holds Informational Forums

THE SECOND of 3 Forums presented by Candidate Peter Rosco will be on Sunday, Oct. 14th, 4-6pm at the Performing Arts Center on 16th Street in Astoria. The first forum at the Netel Grange covered farming and forestry issues. The topic will be Arts, Events and Museums in Clatsop County. The Moderator will be well known photographer Don Frank, a member of the Clatsop County Arts Council. Participants will include Jennifer Crockett from the Liberty Theater, Charlene Larsen of the North Coast Symphonic Band and others to be named later.

A third Forum on the Hospitality and Restaurant Industry in Clatsop County will be held at the Baked Alaska Annex on October 22, 4-6pm. Moderated by former Chamber of Commerce Director Skip Hauke, it will include both Hotel and Restaurant speakers with a focus on the overall economic impact of the combined industries in the region. Labor shortages and affordable housing will also be discussed.



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STEPHEN BERK

The TOXIC ABSURDITY of Climate Change Denial

ONE OF THE MULTIPLE American delusions of our time is the utter nonsense of climate change denial. Despite the fact that almost one hundred per cent of climate scientists worldwide agree that our climate is changing so rapidly that we will have ever increasing extreme weather: mega-droughts in normally dry areas; massive flooding in normally wet ones; massive hurricanes; significant coastal sea rise to the point that many coastal cities will be inundated, a very large number of Americans still refuse to believe in such deleterious climate change. I know otherwise intelligent people who spout the nonsense that today's global warming is all part of a recurring cyclical pattern. That sounds "scientific," doesn't it? But no one in the world scientific community believes it. As I write this, Hurricane Florence is bearing down on the North Carolina coast. I have relatives who live there who are driving to Ohio, as many thousands evacuate.

This year we have had a solid wall of flame throughout California and much of the West as hundreds of thousands of acres of forests have been burned to the ground. Such massive fires come in the wake of ever increasing lack of rainfall in the dry Western regions. While these regions normally have a long dry season and only about twelve to twenty inches of rain year round, they are now running well below that figure. Ever increasing drought has been going on for some decades in much of California, the most populous state in the country, with close to forty million. My wife, Mollie, and I moved to Astoria from Southern California in 2004, because we were well aware of an increasing water problem there. San Diego County, where we lived, was commonly getting only around twelve inches of rain per year. Even here in the Northwest, the length and dryness of the dry seasons are increasing and rain is now concentrated mainly in relatively few months. We have not had significant rain in supposedly rainy Astoria since last April.

There are basically two ways to respond to the climate crisis. One is the proverbial Ostrich approach, to bury one's head in the sand, i.e. ignore or deny the problem and go on living as if everything is the same. The other is to take the facts into consideration and act accordingly. Denial is the most primitive and common of what Freud called the defense mechanisms. If we deny the problem exists or act as if it doesn't, we can go on living our normal lives. A lesser form of denial is to acknowledge

heavily populated New York City, will have major flooding to the point of existential crisis. It is time that thoughtful Americans, especially our leaders begin to plan and appropriate many billions for the building of massive seawalls in coastal areas, as the Netherlands has long since done. These will be a dire necessity if our coastal cities are to survive. The states should not have to handle this expense themselves; as it is a national problem, the federal government should pick up the lion's share.

These walls are a dire necessity, as opposed to President Trump's frivolous wall on the border to keep Mexicans out.

Obviously, climate change denial would scotch any such preparation for the inevitable future, fraught with the dire changes that much more extreme and unpredictable weather will bring. Unfortunately the Trump administration and most of the Republican Party personifies that very denial as their official position. And while Democrats recognize the need to do something about climate change, it is hardly at the top of their to-do list. The few things that were done during the Obama administration to mitigate the contributors to climate change are being reversed by Trump. Indeed, the denial-



ist Trump administration is reversing mammoth numbers of environmental protection policies previously enacted. One of the most ominous actions is the gutting of a law severely limiting emissions of methane gas, done in service to the powerful coal and gas industries. The Trump administration, wholly oblivious to the environmental and climate crises, is in the process of enacting major reversal of a great many decades old environmental policies. This includes among other things an update to public land use planning that hands over huge tracts to coal and gas industries, the approval of the Keystone XL Pipeline, and a lifting of the freeze on new coal mining leases. The US is hence now rushing backwards and massively contributing to worldwide pollution and the toxic climate change it engenders.

If we are among the minority of Americans who read and pay attention to conditions in other parts of the world, we are even more aware of climatic changes. The Indian subcontinent, which normally experiences an extremely rainy monsoon season, is now getting more intense monsoon rains and massive flooding. Parts of it will in coming decades be inundated with seawater, and Bangladesh, in the northeastern part of the subcontinent, may cease to exist. And here in the United States parts of low lying places like south Florida, as well as much of

Vote Pro-Democracy
November 6th
We have a lot at stake.



OREGON BALLOT MEASURES
Do these measures advance democracy?

| Ballot Measure | ROP Recommendation | Advances democracy? Promotes a sanctuary for us all? |
|----------------|---|---|
| 106 | <div><div>X</div><div>NO</div></div> | Measure 106 would amend the constitution to prohibit the allocation of public funds for abortion and related reproductive services. It would prevent public employees and working class people, including those on Oregon Health Plan, from accessing such services. With national talk of repealing Roe vs Wade, Oregonians have a chance to say No to limiting reproductive rights. This is a direct attack on healthcare options for low-wage workers and public employees. |
| 105 | <div><div>X</div><div>NO</div></div> | Measure 105 is an attempt to repeal Oregon's state sanctuary law, which prevents local law enforcement and other state agencies from using public resources to aid federal immigration enforcement. For 30 years, this law has effectively limited racial profiling of our immigrant community members. When police collaborate with ICE, immigrants are too afraid to access police protection against assault, domestic violence, robbery, and other protections everyone else enjoys. Beyond reducing public safety, 105 would also divert already stretched funds from our local agencies to enforce federal policy. Both socially and economically, the costs are more than Oregon can afford. |
| 104 | <div><div>X</div><div>NO</div></div> | Measure 104 would amend the constitution to require a 3/5ths supermajority vote in the State Legislature to eliminate tax breaks for special interests, or raise fees. 104 uses the Oregon Constitution to shield the biggest corporations in the State from any increased fees to pay for the rising costs of their use of public resources, or to clean up the pollution they might cause. This would make it even harder to fund our roads, schools, libraries, and public health care. In fact, passing Measure 104 would immediately cause cuts to the Oregon Health Plan, something voters just agreed to fund in January. |
| 103 | <div><div>X</div><div>NO</div></div> | Measure 103 would amend the constitution to permanently block taxation on groceries and to freeze the state corporate minimum tax for any business related to the food industry. But don't be fooled--103 isn't about protecting consumers! Kroger, Costco, and Albertsons Safeway have donated a combined \$1.96 million (99% of the campaigns contributions) in an effort to protect big food corporations from paying their fair share of corporate taxes, while these same corporations benefit from use of roads, water, sewage, and other public services. Like Measure 104, 103 would immediately overturn the fees passed on hospitals (since they serve food) approved by voters in January to fund the Oregon Health Plan, putting the health care of hundreds of thousands of Oregonians at risk. |
| 102 | <div><div></div><div>YOU DECIDE</div></div> | Measure 102 would amend the constitution, allowing public funding to be mixed with private dollars to build privately-owned affordable housing. Oregon currently has a need for over 120,000 affordable housing units, just to stay even with the demand for housing that working people can afford. By allowing private funders to participate in public bond-funded affordable housing projects, we will increase the amount of affordable housing units that can be built. We ultimately need less privatization of our public resources, not more, including publicly-owned affordable housing. Measure 102 presents a less desirable, but quicker method to build affordable housing units. There also remains a need for renters' protections, and the ability of communities to enact rent control measures. Measure 102 addresses the housing crisis from one angle but does not solve it. |

The Rural Organizing Project is a non-profit non-partisan organization that works to advance democracy and human dignity in all of Oregon's 36 counties. ROP prepares this Voter Guide to encourage rural Oregonians to participate in the election process in pursuit of democracy and justice — regardless of your party affiliation. With this in mind, ROP advocates for ballot measures that will strengthen our communities, but not for or against any candidates.

Get a full version of the THE STAND Voter Guide at www.rop.org, and pick up a hard copy in your local coffee house, libraries and book stores. Read more on the analysis of the tough issues and upcoming ballot measures, plus conversation starters on building a more just democracy.

learn more and connect with www.rop.org

BY KATHERINE LACAZE

DOWNTOWN
WARD 3
Astoria City Council



Joan Herman

REGARDLESS of the outcome in November's General Election, Astoria's City Council will have a significantly different composition, with a new mayor at the helm and more than half the seats filled with fresh faces.

Vying for the Ward 3 City Council position, currently filled by councilor Cindy Price, are two long-time Astoria residents: Joan Herman and Ron Zilli. Coming from starkly different backgrounds — journalism, small business ownership and education for Herman and forestry and military service for Zilli — the two share a common passion to serve a city they love.

From talking with residents within Ward 3, Herman feels housing and development loom as two of the most important issues in the community.

Astoria, she feels, "is at a tipping point" when it comes to the city's development. The town is growing and tourism is thriving, but those activities come with a set of issues.

"I'm concerned about some of the proposed development along the waterfront that could change the character of the town," Herman said, adding she does not support allowing multi-story hotels to continue developing along the waterfront. She does, however, believe the city needs to address the shortage of workforce or affordable housing and support businesses in providing living-wage jobs.

"We can have both, because one of the best things we can do for the business community here is to preserve Astoria's character," she said.

She is a fan of businesses restoring and repurposing old buildings, giving them new life, as was done by Fort George Brewery, Blue Scorchers Bakery, and Street 14 Café, among others. She also appreciates the city's approving the expansion of the Clatsop Enterprise Zone to include most of the Astoria waterfront. The zone offers temporary tax relief to qualifying businesses setting up or expanding on selected properties to help augment economic activity.

"That's a nice incentive for businesses," Herman said.

Zilli, while acknowledging change and development are currently hot topics, views the issues within "a bigger, contextual timeline." During the past century, the waterfront has gone through numerous iterations, and he doesn't believe the current pace of change is unprecedented from a historical perspective. In terms of guiding or managing growth, the level at which City Council is engaging right now "is appropriate," he said.

His main concern is promoting transparency and a public process that allows individuals affected by local government actions to voice their opinions. Having worked more than two decades in forestry, "an incredibly contentious business," and handling the public comment process on timber sales, Zilli knows people need to feel heard to help them understand and accept outcomes.

"People are attached to those feelings and beliefs and those are very real to them," he said.



Ron Zilli

Zilli feels an area where the City Council should take leadership is in proactively assessing a plan for infrastructure improvements and calculating their real costs.

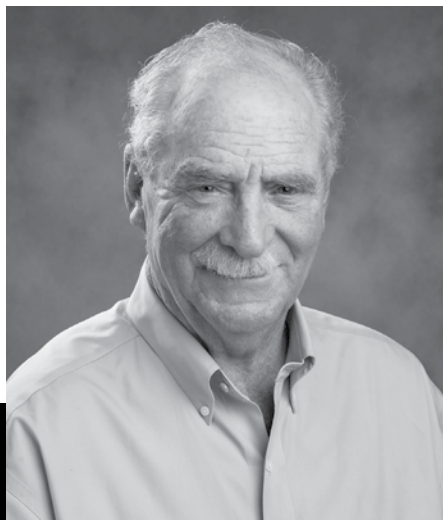
Along with housing and development, both Zilli and Herman acknowledge homelessness as a prevalent issue in Astoria, although it is not unique to the city by any means. They also both feel the problem is multi-faceted with no clear-cut solution.

Zilli encourages the City Council to work with agencies, such as Clatsop Community Action or Helping Hands Reentry Outreach Centers, to provide resources, adding "if someone is going to try to put forth some effort to improve themselves, I'm all for helping them." Local grassroots organizations, such as Filling Empty Bellies — which provides primarily meals along with other resources to Astoria's homeless and hungry — play a role in addressing the issue, according to Zilli.

"Everybody has to try and identify where they see a need they can support and help with," he said. "If someone has resources and passion to fulfill something that's a known, visible need, I have a lot of respect and admiration for them."

Herman shared a similar sentiment.

cont. p8



Peter ROSCOE

For Clatsop County Commission District 3

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Lower Columbia Q Center Astoria Armory - 1636 Exchange Street Astoria

Mission: The Lower Columbia Q Center is a safe and welcoming resource and peer support service for the LGBTQ+ community, friends, family, and allies of the Lower Columbia Region.

The Lower Columbia Q Center provides many great services and has fostered some amazing relationships over the past few years. We would love to welcome you with open arms to join us during one of our events, or support groups.

Support Groups/Ongoing

- Queer Edge Sobriety Support Group: First Wednesday of the month. 6-7:30 pm
- Open Social Group: Second Wednesday of the month. 6-8 pm
- LCQC Board Meeting: Third Wednesday of the month. 6-8 pm

Lower Columbia Gender Alliance/Trans Support

The Lower Columbia Gender Alliance holds peer support group meetings on the third Thursday of each month. Meetings are open to transgender, gender queer, questioning and family members or partners. Meetings will be at 6:30pm - 8pm at the Q center. For Information call Tessa James at 503 545-5311.

Over the Rainbow Radio Show on KMUN
91.9 Every 3rd Wednesday 8:30 - 1030pm

LCQC Choir meets every Monday 7-8:30pm
Contact LCQCAstoria@gmail.com.

-LGBTIQ+ Teen Social and Skate Night: Every Friday
at the Astoria Armory. 5-9 pm

Monthly LGBTQ Events in Lincoln County

- 1st Wed of ea. month, 7pm is Trans Parents
Coffee Hour at the Chalet in Newport.

- 2nd Tues. ea month, 4pm is LGBT+ & Allies
Happy Hour at Georgie's in Newport.

- 2nd Wed. ea month - 6pm to 7:30pm PFLAG
Group at St. Stephen's at 9th and Hurbert in
Newport.

- 4th Sun of ea month, 11am is OUT OR Coast
Women's Coffee at Cafe Mundo in Newport.

To connect with Oregon Central Coast Chapter of
PFLAG, call (541)265-7194, email: pflagocc@gmail.com

Driftwood Public Library presents two programs about lesbian, gay, bisexual, and transgender lives

OCTOBER IS LGBT (Lesbian, Gay, Bisexual, and Transgender) History Month! To coincide with this national event, Driftwood Public Library will present two informational programs on LGBT topics.

On Saturday, October 20th, at 3 PM, guest speakers Sinclair St. Claire and Kit Lorelied of Tualatin Public Library will present "Beyond Pronouns: Transgender Experiences." The program discusses the experiences of transgender and gender non-conforming individuals, and offers tips and information about how workplaces and communities can become more welcoming toward transgender and gender non-conforming people, both legally and socially. Attendees will learn more about the ways "business as usual" can be a stumbling block for people who don't fit neatly into boxes labeled "male" and "female." Former Lincoln City educator, journalist, and writer Bethany Howe will introduce the presentation.

On Sunday, October 21st at 3 PM, a guest panel of adult and teen experts from the Central Coast chapter of Parents and Friends of Gay, Lesbian, Bisexual and Transgender People (PFLAG) will be presenting their panel "LGBTQ 101." Billed as "everything you wanted to know but were afraid to ask," this panel is an intended as an introduction to terminology and basic concepts related to lesbian, gay, bisexual, and transgender experiences; panel members will also share their personal experiences and answer questions. County Commissioner Claire Hall will introduce the discussion.

Both programs will take place at Driftwood Public Library and are free and open to the public thanks to the generous support of the Friends of Driftwood Public Library. The library is located on the second floor of the City Hall building at 801 SW HWY 101, across the street from Burger King and adjacent to McKay's Market. Questions about the series can be directed to the library's Circulation Supervisor, Ken Hobson at 541-996-1242 or khobson@lincolncity.org.

How Bullying Shapes Our Lives Q Center Discussion

THE LOWER COLUMBIA Q CENTER (LCQC) invites you to an open discussion of how the correlating affects of bullying in our school relates to school performances and how these experiences shape youths lives.

The LCQC is based in Astoria, Oregon and was formed in 2016. The organization strives to promote a safe and welcoming resource and support service to the LGBTQ+ community and ALL other community members in our Lower Columbian region. Its mission to foster healthy relationships with community members to gain a better understanding of each other and help make our communities stronger.

LCQC has partnered with organizations, community members, concerned parents, medical and mental health professionals who all feel bullying is a pervasive, chronic and damaging problem for our students and schools.

This open discussion will be held on Sunday October 28th, 2018 from 1PM - 4PM, Hosted By Clatsop Community College in Room 219, 1651 Lexington Ave, Astoria. Join the discussion and be a part of the solution!

CLATSOP COUNTY DEMOCRATS MEET Clatsop County Democrats meet the fourth Monday of each month at 6:00 p.m. in room 221 of Columbia Hall at Clatsop Community College in Astoria. Parking next to Columbia Hall is accessed off of and above Lexington Avenue, between 15th and 16th Streets. For more information about the Clatsop County Democratic Party, please go to www.clatsopdemocrats.org or www.facebook.com/clatsopdemocrats.

PACIFIC COUNTY DEMOCRATS Monthly Meeting - 2nd Mondays, 6pm, Long Beach County Building, Sandridge Rd. Pacific pacificcountydem@gmail.com

CREATE • Oct 18 Columbia River Estuary Action Team

CREATE is a group of citizens working to protect the unique Columbia River Estuary and the rivers and streams that flow into it. All are welcome!

CREATE was started by people who were involved in the successful 12 year battle against LNG in Clatsop County. Its purpose is to foster citizen involvement in protecting the unique, beautiful and productive Columbia River Estuary.

New members are always welcome. Come and join in at 6pm, 3rd Thursdays at the Blue Scorcher. August/No Meet Up! Next meeting Sept 20.

Tackling homelessness in Astoria “takes all groups – from the small organizations, such as Filling Empty Bellies, to the more established, such as [Clatsop Behavioral Healthcare] – working together,” Herman said, adding, “organizations such as Filling Empty Bellies exist because there’s that need and it’s not being filled, so they step in and do what they can.”

People can be homeless for a myriad of reasons, from overwhelming medical bills or job loss to mental illness and drug addiction, but not everyone who is homeless is jobless, and the city’s affordable housing crisis doesn’t help the problem.

“The city can’t solve [homelessness], but it can work with agencies and nonprofits that serve the homeless community or address the causes,” Herman said.

In discussing other issues that touch the lives of Astoria residents, both Herman and Zilli were asked about climate change and the city’s responsibility – if any – in addressing such a global crisis on a local level.

Although she did not reference specific examples or proposals, Herman said she would “absolutely support anything we can do to address the real problem of climate change.”

Zilli said climate change “comes up all the time in our forest policy planning work,” but it’s a complicated scientific problem.

One of Astoria’s biggest assets in terms of natural resources is the 3,700-acre Bear Creek Watershed. In 2015, the city signed a contract with the Climate Trust, a Portland nonprofit selling carbon credits, and the “jury is still out on how that plays out over the years,” Zilli said. Logging in the watershed has occurred for many decades, and timber sales bring in about \$200,000 in revenue annually.

According to Zilli, the city is on track with their harvesting operations in the watershed.

“I don’t think they overharvest in there by any means,” he said. “They’ve been progressive in trying to work on something that generates revenue while still providing the primary goal, which is clean water.”

Herman agreed timber sales provide an important revenue source for a small city offering many necessary resources to its citizens, which is why she approves of the activity.

“As long as it’s not impacting the watershed and they’re doing it in a sustainable way, I support it,” she said. “I know on the surface it sounds bad, but I think it makes sense.”

Regardless of which candidate is victorious in the election Nov. 6, Herman and Zilli both expressed a sense of confidence in their decision to participate in the political process.

“I really hope I’m elected, but if I’m not, I’ll continue doing the same things I’m doing, which is attending the City Council meetings and being very involved in the city government because I love this community and I enjoy doing that kind of work,” Herman said.

Zilli, who feels everybody has a civic duty to contribute, views his candidacy not in opposition to Herman’s but as a way to offer his fresh, independent view, as well as skills and knowledge, to the citizens of Astoria.

“I’m definitely not running against Joan Herman for anything I think Joan Herman lacks or couldn’t bring to the job,” he said. “I’m doing this because I want to contribute to our community; that’s the bottom line.”

UNIONTOWN WARD 1 Astoria City Council

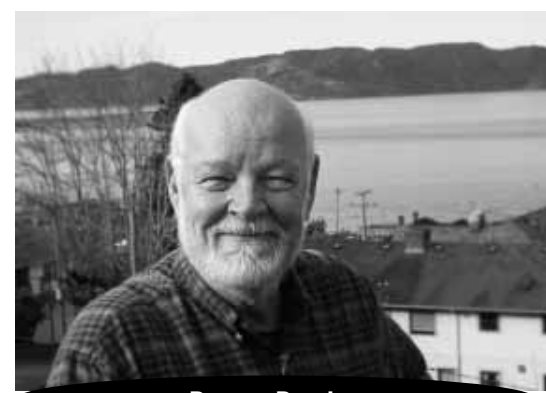
ON OCTOBER 3RD, Ward #1 city council candidates David Drafall and Roger Rocka joined other area candidates at a forum hosted by the Astoria Association of University Women. As the panel settled in to begin, both men had their heads turned toward one another in conversation, their body language reading more like community than competitors. On the panel, Rocka referred to Drafall as his friend.

They have a lot in common, both claiming a progressive vision for Astoria. Along with the majority of candidates at the forum, they support the school bond and more affordable and work-force housing. Both want to represent an Astoria that stays focused on the needs of its residents over the interests of hotel developers.

Rocka, a 24 year Astoria resident, decided to run for city council to make sure it didn’t become “a council of suits again like it has been in the past.” He saw that the council was losing two strong progressive voices with Zetty Nemlowill and Cindy Price deciding not to run for reelection.

He’s concerned that control over what happens along the Riverfront “is slipping out of the hands of the people of Astoria, and even out of the hands of our city government.”

For Drafall, a nearly 30 year Uniontown resident, he says he feels it is important for, “someone who cares about and understands Uniontown to be on the City Council.” A hairdresser by trade, he’s worked for 27 years out of One Six Five West Bond, a Uniontown institution, with former partner



Roger Rocka

and salon owner Leroy Adolphson. Drafall lost his view of the river when the Holiday Inn Express was built. City Councilor Cindy Price had encouraged him to run for office, and when he found out Uniontown’s Astoria Warehousing was closing and heard the

rumors about developers being interested in the space, he became more urgently motivated. Neither candidate was born or raised in Astoria, but in their decades here, both have rooted themselves firmly in the community. As Drafall puts it, after arriving in Astoria at the age of 23, “I didn’t grow up here, but I grew up here.”

Drafall is a member of the Finnish Brotherhood, serves on the Q Center Board and also works as a tour guide. He got into the job as a way to do something that “scared the hell out of me.”

Rocka, is a familiar voice on KMUN’s “The Human Beat,” where he is also a board member. He also served as Executive Director, of Astoria-Warrenton Area Chamber of Commerce from 1994-2004 and worked to fight the LNG terminal.

Hipfish asked the candidates about two topics covered by the paper in recent issues: watershed timber harvests and the revenue the city of Astoria collects from this practice; and the non-profit Filling Empty Bellies’ ultimate goal of opening a day-time drop-in center to support those experiencing homelessness.

Each had a different perspective.

On Filling Empty Bellies specifically and the issue of services in general, Rocka is a supporter. “We absolutely need daytime, year-round services for the homeless here,” he says without hesitation. “Where people could get a shower and wash their clothes. We need those services during the day because that is what enables people to crawl out of the hole they are in.”

A volunteer at the Astoria Warming Center, during the particularly harsh winter of 2016-2017, Rocka interviewed people accessing services at

BY KAISA
SCHLARB



David Drafall

the AWC for “The Human Beat,” and a drop-in center was brought up as a much needed solution.

“People experiencing homelessness are not a homogenous group,” he says. “I hope we can convince people not to see them that way.”

While he did not express opposition to Filling Empty Bellies specifically, Drafall is less optimistic about the success of low-barrier services such as shelters and drop-in centers. He is cautiously supportive of Helping Hands, which is bringing emergency shelter and transitional housing into Uniontown. Helping Hands has program requirements, otherwise known as “barrier-services,” which Drafall supports.

Rather, Drafall would like to focus on creating affordable and workforce housing, and supporting those who are struggling to find a safe, affordable place to live. He envisions Uniontown as a great part of town to encourage workforce units, and opposes plans to demolish a 7 unit historic house on Alameda.

The candidates had different perspectives on the issue of timber harvests in the Bear Creek Watershed, which bring in yearly city revenue.

“I think what we are doing up there so far has been ok,” says Rocka. “There is nothing evil about doing a little thinning, but it has to be very carefully done. It is a revenue source and the city needs money for capital improvements as our city ages.”

He says he’s spoken with Jeff Harrington, the director of Public Works which oversees the Watershed Reservoir. “He’s something of an environmentalist. I trust him.”

He opens up his views on timber harvest from the watershed to county private forest land. “A majority of Clatsop County’s private forest land is no longer owned by small family wood-lot owners who want to preserve it and keep it for their children and grandchildren and therefore do their work on that basis. Instead it is Wall Street, basically investment trusts that I think now own more than 2/3 of the private forest land in Clatsop County. That is worrisome. Their whole ethos is different. It is get money now.”

By contrast, Drafall finds any removal of timber from the watershed to be dangerous. “We don’t need to be logging our watershed at all, ever.” He continues, “That is our water. The little bit of money that the city makes from the logs itself does not off-set the chance that we could destroy our water system. Its not enough money. A few hundred thousand dollars? And loggers sometimes cut the wrong tree. How many times to they get to do that?”

Acknowledging that as one vote on the council he may not be able to single-handedly end logging the watershed he offers, “If we are going to log our watershed I want something in the contract saying, “if the wrong tree is cut, its a fine. 10,000 dollars per wrong tree, Because then loggers will be a lot more selective. We have to hold loggers accountable.”

In his closing statement at the candidates forum, Drafall said he wants to see some longer term continuity on the city council and would run for additional terms. Rocka, by contrast, would only run one term, but believes without the goal of reelection he can work more honestly and directly.

Drafall’s campaign slogan, “It’s Our Town,” resonates with a still-alive vision of Uniontown and a robust, working Astoria. Its a working Astoria Drafall is a member of. “I’m in step with Astorians,” he says.

A particular vision Rocka has is for the city to openly express a value of equality. “Oregon has a very checkered past with race relations, and we are still seeing the effects. We don’t have that many people of color in Astoria and in Oregon in general. I would like our city become an exemplar of equality and acceptance and have that as a part of our city’s motto.”

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"women have been central to the environmental movement and our understanding of ecology since its earliest stirrings and fragile beginnings in the 19th century" Excerpted from "Rachel Carson and Her Sisters" by Robert K. Musil



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INCO NEWS INDIVISIBLE North Coast Oregon

INCO EVENTS OCT

INCO Astoria Community Group

Saturday, Oct. 6, 8 am
Street 14 Café, Astoria

Storm the Midterms Door-to-Door Canvassing

Sunday, Oct. 7, 3 pm
Second floor, Labor Temple, Astoria

"I Will Vote" Essay Contest Deadline

Monday, Oct. 8, midnight
Details at incoregon.org

INCO Seaside-Gearhart

Tuesday, Oct. 9, 6:30 – 8 pm
Email incoregon@gmail.com for location

INCO Warrenton Community Group Meeting

Saturday, Oct. 13, 11 am
Dooger's Seafood and Grill, Warrenton

Storm the Midterms Door-to-Door Canvassing

Sunday, Oct. 14, 3 pm
Second floor, Labor Temple, Astoria

INCO Vote the Future Team

Wednesday, Oct. 17, 6:30 – 8 pm
Seaside Library Board Room
INCO Book Club
Wednesday, Oct. 17, 6:30 pm
Email incoregon@gmail.com for directions

Postcards to Voters Writing Party

Friday, October 19th, 4:00 PM to 5:30 PM
Seaside - email beebashcroft@gmail.com for location

INCO Under 40s Group Meeting,

Postcard Party + "Wine & Whine" Happy Hour
Saturday, October 20th, 5:00 PM to 7:30 PM
Seaside - email beebashcroft@gmail.com for location

Postcards to Voters Writing Party

Sunday, October 21st, 4:00 PM to 5:30 PM
Seaside - email beebashcroft@gmail.com for location

Storm the Midterms Door-to-Door Canvassing

Sunday, Oct. 21, 3 pm
Second floor, Labor Temple, Astoria

Storm the Midterms Door-to-Door Canvassing

Saturday, Oct. 27, 10 am
Pacific County, WA. Email incoregon@gmail.com for details

Storm the Midterms Postcard Parties

Fridays, 4 – 5:30 pm, Gearhart
Contact incoregon@gmail.com for address and for additional postcard party opportunities

How YOU Can Change the Election

By Beeb Ashcroft



Beeb Ashcroft facilitates an Under 40 INCO event in Astoria

WITH MIDTERM ELECTIONS LOOMING, countless Americans are waiting with bated breath to see what comes next. We all know the importance of turning out the vote, but it's easy to feel discouraged. For the majority of individuals who are consumed with work and family obligations, both time and money are scarce, causing a feeling of helplessness. But there is good news – because it is possible for anyone to make a difference this year.

The Importance of Voter Outreach

Many results in the 2018 midterms could be decided by a very narrow margin, making voter outreach crucial. In a world where campaigns spend big money on TV ads and junk mail, it's easy to feel like your voice will be drowned out in the noise; but research has shown that a personal connection is one of the most effective ways to inspire someone else to vote.

Potential volunteers should feel empowered to know that you don't need to be rich and powerful to make a difference – because data tells us that simply interacting one-on-one with voters is incredibly impactful. So what are the most efficient ways to do this?

Door-to-Door Canvassing:

Door-to-door canvassing is incredibly effective: Extensive research has proven canvassing to increase voter turnout, generating an estimated one vote per 15 individuals contacted, with a knock-on effect of influencing others in the household as well.*

Phone Banking:

Another extremely impactful method of reaching voters is phone banking. The average volunteer phone bank will generate one vote per 35 calls; what's more, calls made specifically by enthusiastic volunteers are the most effective of all phone outreach methods, generating far more votes than commercial phone banks or robocalls.*

Text Banking:

Text banking is a relatively new form of outreach, and due to the rapid advances in cell phone technology, there is minimal research currently available.

Studies conducted in 2006 and 2010 both reported increased turnout to varying degrees.* One grassroots organization, Build The Wave, has created a targeted texting campaign for the 2018 midterms based on data gathered by their team. They previously ran a texting campaign on behalf of Democrat Conor Lamb, sending more than 94,000 texts that reached over 37,000 constituents who voted for Lamb.** He went on to win his Congressional seat by just 627 votes, which illustrates how profoundly important every single vote is. With texting offering the ability for one volunteer to reach 600+ voters in a half hour, this is a compelling new method of voter outreach.

Sending Tweets:

Social media canvassing by volunteers is another area that has yet to be studied on a large scale due to its recent inception. One study looked at the impact of personal interaction with friends on their news feeds encouraging them to vote, and found it generated one vote per 12 friends engaged.*

Sending Postcards:

Postcards to Voters is an initiative that started in early 2017 to mobilize activists in sending decorative, handwritten postcards to voters. Although this particular method of mail outreach is new, research has shown that direct mail does increase voter turnout, and that unconventional mailings have to potential to be substantially more effective.*

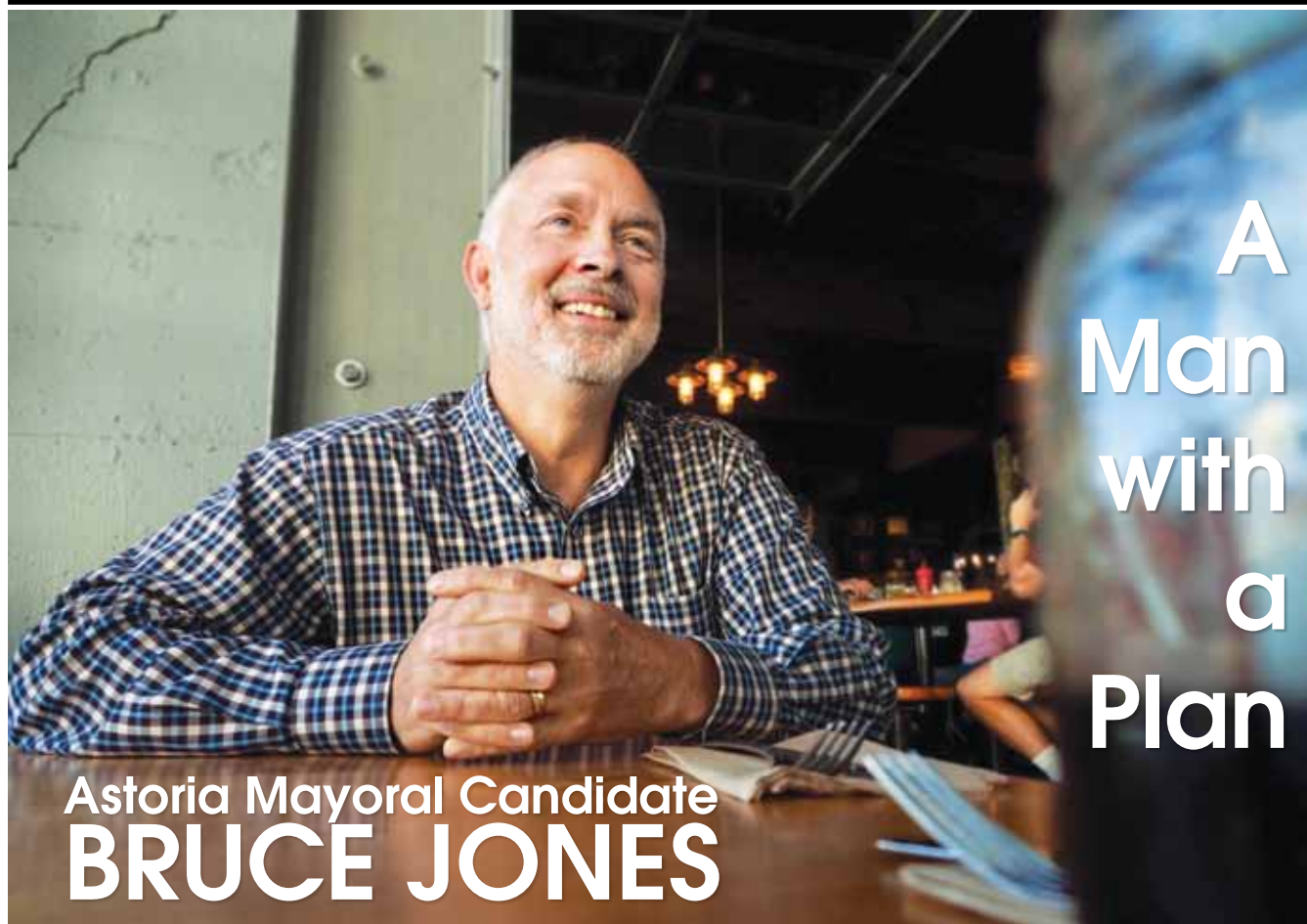
Get Involved!

Whether you have five minutes to send a Tweet, 30 minutes to send postcards, or an hour to text bank, there are a myriad of ways to create change this year – many from the comfort of your own home. For more information and signup links, visit our new website: <http://www.ireallycare.us>

*Source: Get Out the Vote: How to Increase Voter Turnout – Third Edition by Donald P. Green and Alan S. Gerber

**Source: BuildTheWave.org

Beeb Ashcroft is a London-born journalist living in Seaside. She is the leader of INCO's new Under 40s group working to mobilize Gen-X and Millennial voters with simple, effective, no-pressure activism.



A Man with a Plan

Astoria Mayoral Candidate BRUCE JONES

BRUCE JONES says it never crossed his mind to run for Mayor, but a passion for public service led him down this path. After retiring from a 30+ year career in the Coast Guard he says, "I could have done consulting work in the maritime environment and made money, but that's not what drives me. It is so cool to be able to contribute to the community."

A resident of Astoria since 2011, this was Bruce and his wife Linda's final Coast Guard assignment, where Jones was the River Sector Commander. "Most take their final assignment knowing they'll be moving again at retirement," says Jones. "What's the likelihood that the last place you're assigned is where you want to retire?"

For Bruce & Linda, it was. After years of living in various Coast Guard communities, it was Astoria where they ultimately felt embraced. "Within a year of being here, we decided to stay."

Both began to get involved as volunteers. Initially, Bruce on the United Way of Clatsop County, and Linda, the Assistance League of the Columbia Pacific.

Jones was also appointed to the Library Foundation by former Mayor Willis Van Dusen, and has served on the Friends of the Column & the Armory Board. In the two years between his retirement and bid for city council, Jones worked as a helicopter pilot for the Columbia River Bar Pilots.

Since November 2017, he has been employed as Deputy Director of the Columbia River Maritime Museum. "For a retired Coast Guard guy, working for the Columbia River Maritime Museum is a good fit. It's also 2 miles from my front door, so it's perfect."

In his two years on the Astoria city council, Jones has earned a reputation for dispassionate leadership and the ability to make tough compromises. Fellow city council member Tom Brownson says of Jones, "Bruce is good on the council, he's had a couple of

years to figure out the system and he's maintained good relations with city staff. He understands the mayor's duties and his life experience could support him well as mayor. He's even-handed, pragmatic and thoughtful."

With his mayoral run, Jones is looking to parlay his background into strong, active city leadership. "I'd like to articulate what we want Astoria to look like 25 years from now and 50 years from now and take deliberate, conscious steps to get there."

He's excited about the city's 5 Year Economic Development Strategy, which at this stage has identified five batches of economic activity suitable to Astoria. The identified industries are heavily Maritime focused, and Jones voted with the city council to expand the Economic Enterprise Zone out to Tongue point in support of a shipyard and boat building industry.

"I'm hoping five years from now they have double or triple the amount of jobs," says Jones of Tongue Point. He also points to the expansion of the MERTS campus and job training going hand-in-hand with the expansion to train local Astorians for skilled work.

Planning for more jobs leads to the inevitable question: where will everyone live with affordable housing in short supply?

On this subject, Jones is prepared to set a city council agenda and will to move forward with compromises he knows will not please everyone.

"The problem is, there is no solution to the housing situation that doesn't involve some people not getting to keep their neighborhood the way it is," he explains. "We have to create more housing. It means going for more flexibility in the code, decreasing setback and minimum parking requirements. There are pieces of property in town that have the potential to have homes or apartments built on it."

He also points to a Construction Excise Tax, which has been implemented in Bend, to create a fund for affordable housing. While Bend is going through a higher volume of development to generate such a fund, it may be something that is a viable option in Astoria.

Currently, a Clatsop County Housing Study is in the works, due to be finished at the end of the year. It's what Jones hopes will be

the key to moving forward with a sound housing plan, a "blue-print for steps we can be taking. I don't want to tell people, 'the solution can just be to live in Warrenton.'"

On the issue of homelessness, Jones wants to "increase the response," but like many community leaders he cites homelessness as "intractable." He calls for direct and strong advocacy at the state and federal level to address the deteriorated state of mental health care in Oregon and in the United States, which he sees as a significant contributor to the current homelessness crisis.

Recently he voted with the rest of the city council to close a loophole in the city code; the code did not ban camping in city forests, brought to attention after a camp on the east side of town was discovered by police. Subsequently, Mayor Lamear has put a temporary hold on amending the rule, wanting to first bring the issue to the Homelessness Solutions Task Force, a group Jones plans to join.

The recent 9th Circuit Court of Appeals Ruling on MARTIN v. City of Boise ruled that "as long as there is no option of sleeping indoors, the government cannot criminalize indigent, homeless people for sleeping outdoors, on public property, on the false premise they had a choice in the matter." Ordinances against camping, "violate[s] the Eighth Amendment insofar as it imposes criminal sanctions against homeless individuals for sleeping outdoors, on public property, when no alternative shelter is available."

When determining whether shelter beds are available, the ruling uses county-wide numbers on homelessness as an indicator because the city of Boise is the seat of Ada county. By this precedent, Astoria, as the seat of Clatsop County, must look at county-wide numbers when determining whether there are enough beds or options available to arrest or cite individuals for sleeping outside.

The 2017 Point-In-Time count, which is accepted as a mere snapshot and underrepresentation of the actual numbers on homelessness, tracked 682 homeless people in the County. Clatsop Community Action, a nonprofit based in Astoria that provides food, rental assistance and housing, estimated last year that the county has more than 1,000 homeless people at any given time.

Jones acknowledges the recent 9th Circuit Court ruling that arresting those sleeping outside with nowhere else to go as "cruel and unusual punishment" applies to Astoria. Yet, he believes camping on city property needs to stay illegal, indicating that Astoria is compelled to support enough beds and services for people experiencing homelessness in this community. A supporter of the Astoria Warming Center and the incoming Helping Hands, Jones says he applauds their work.

The AWC, which is only open during inclement weather, reaches capacity at 35 beds, and Helping Hands is projected to offer 60-70 and is set to open later this fall.

Another issue that sets Jones's candidacy apart is his focus on the Cascade Subduction Zone Earthquake & Tsunami. Jones is clear in his perspective that Astoria and Clatsop County need to take a more serious and proactive approach to planning for an event. "We are definitely way behind the curve in preparing. People just hope it won't happen."

His first step is simply increased awareness, talking more about disaster preparedness as a community, and supporting education on preparing emergency kits and response plans.

"Really think it through, what is your life going to be like if the roads are all damaged and you can't go anywhere, you turn on

cont. p12

BRUCE JONES cont.

your tap at home and no water comes out, you can't flush your toilet, no one is bringing you food."

After responding to numerous disasters in the Coast Guard, including Hurricane Katrina, Jones has a mind for the coordination and training that facilitates a ready response. He would start 2019 with more town hall meetings and table top exercises. In a table top exercise, different agencies, businesses and community members would get together to game out their actions so it's closer to second nature after a traumatic event.

He also believes there are investments that can be made by the city at a reasonable cost, as well as grants that could be applied for support having basic supplies on hand.

"We don't want people to think the city is going to have all the food and water for them, but we could have a container full of filters and let people go filter their own water. What are the most basic supplies we could buy for our residents?"

Another long-term step Jones supports is relocating the Uniontown fire station to the top of the hill as a public safety building.

Patrick Corcoran, an Astoria-based geologist and Coastal Hazard Specialist for Oregon State University, has been calling on local municipalities and political leadership to take a more active role in shaping policy related to the Cascadia Subduction Zone. While he doesn't endorse a particular candidate, he's advocating for the advancement of municipal and political will, to take the event seriously and to ask thoughtful questions about how to plan and how to respond.

"Our leadership is the framework that we have to deal with, with our economic and social footprints here. I endorse a platform of resilience," he says.

Last year, Corcoran spoke on the Subduction Zone earthquake with Roger Rocka on Coast Community Radio's "The Human Beat," where he noted, "We're treating this like a marginal inconvenience, especially in the development community. It mostly takes leadership. It takes someone saying, 'this is an inconvenient truth, but it is going to happen.'"

In the interview, he underscored the importance of Japan's city mayors after their 2011 earthquake. "The mayor's of cities are the ultimate authority in disasters and they are the ones who have to make decisions about life and death about evacuations shelters, where resources go from the federal govt, where they don't go." Corcoran acknowledged the chain of command may look different in Astoria, nonetheless, the mayor would play a significant role in a natural disaster.

Jones envisions himself as an active leader, whether responding to the "big one" or setting the agenda for the city council on important issues like housing, job creation and development.

Like others seeking to lead, he's candid about the changes taking place in Astoria. His mantra, "Manage the change rather than be managed by it."

Jones is for preserving the best of Astoria while simultaneously fostering its growth. On shaping the aforementioned 25 year vision he says, "For me, personally, if in 25 years we drove into town from Tongue Point and the first thing you saw was an Olive Garden and a strip mall, that's what failure looks like."



What Can A Clatsop County Commissioner Do?

By Bob Goldberg

PAM AND PETE VIE FOR DISTRICT 3

PAMELA WEV AND PETER ROSCOE are running for Clatsop County Commission at a time when parts of the county are gentrifying, the economy is booming, and the population is growing. Several measures on the November 6th ballot are proof of the county's growing pains. There's a county tax on marijuana, a bond for a new county jail in Warrenton, a bond to keep the Sunset Empire Park and Recreation District running, an Astoria School District and a Warrenton School District bond measure, a marijuana tax amendment in Gearhart, and a repeat of the Cannon Beach fire district bond measure that failed in a special election recently because it didn't get 50% participation.

At the same time, more and more county residents are being forced to move within or outside the county, workforce housing is very scarce, homelessness is increasing, and our preparedness for The Big One – whether another Great Gale or a huge earthquake and tsunami event – is not really getting any better.

So what can Wev or Roscoe do to help? Lianne Thompson and Mark Kujila have already won their respective seats, and will start their new terms (Thompson is returning) in January. The winner of the District 3 race will join Thompson, Kujila, Sarah Nebeker and Kathleen Sullivan on the commission, and try to work out the problems and blessings of the county on the upper left edge of Oregon in 2019 and beyond.

THE CANDIDATES

Pamela Wev

WEV is currently at the end of her second year as vice-chair of the Clatsop County Democratic Central Committee. She's been active with the local Democrats "for as long as I've been in town," which is almost 4 years. Her experience in government is almost career-long. "I've worked at every level, from the White House to city hall," Wev told me. Then the recession hit, and Wev says she "saw it coming, so I sold my house in one day, and took a 3-month course at PSU in English as a Second Language. I went to Ukraine, Kazakhstan and Turkey and taught for 7 years. Loved every minute of it."

Having obtained a real estate license and working on land use issues for a while in Portland, Wev came to the coast initially to look at a property she had helped to develop in Ocean Park. She ended up moving to the coast, and still works on land use issues for clients in the area.

"I've had the privilege in my career of working for a couple of really terrific public officials," Wev said in a response to a question about her experience in government. She worked in the Carter White House as a liaison between the federal Commerce, HUD and Transportation agencies, after working as a planner in Commerce for a year, back in 1976. When the Reagan administration came in, her job became moot, and she did some planning work in D.C., then moved to Loudon County, Maryland, where she became the director of development. Next was a move to Portland, where she briefly worked in private practice before joining the mayor's office under the legendary Vera Katz, working on a program to define performance measures for city and county services. A 4-year stint as a consultant to the Portland Development Commission rounded out her Portland experience.



When asked why she was running for county commissioner, Wev responded that several women approached her and asked her to run. They were looking for someone with government experience who could help the commission to function properly within our form of county government.

When asked what she thought a county commissioner should do, Wev expressed disappointment with the current commission in working together as a cohesive team, their lack of strategic planning, and the siloing of policy areas. This has led, according to Wev, to a situation where county manager Cameron Moore doesn't have policy direction in assigning tasks and projects to county staff. As an example of planning that should have already been done, Wev pointed out that there is no countywide coordinated infrastructure or plan to connect people that have evacuated to high ground after an earthquake. Without a plan, she said, resources from the federal and state governments will not materialize here, but will go to those counties that are "ready to rock."

When asked if she would, if elected, proactively seek constituents' input and advocate for them, Wev said, "A lot of people don't know who to call, so to call the person you elected to represent you is a natural – hell yes – I've been very clear on the campaign; I give people my personal cell number, a website they can go to, they can email me, I'm here." She promised that all who attend her monthly Saturday meetings at Peter Pan Market will get a free slice of pie!

As an example of the lack of public input into important county decisions, Wev pointed out that the jail bond measure before voters in November was presented to the commissioners by the county sheriff, and no public input had gone into the proposal. "We need a new jail," Wev said emphatically, but important details should have been discussed with the public before the bond measure was put together, she added.

When asked how she would handle relations between the county and the municipal and special district

jurisdictions, Wev replied, "If I were the county manager, I would hold a monthly or bimonthly lunch for all the other city managers. That's basic." As a commissioner, Wev said she would encourage her fellow commissioners to address the issue.

Issue-oriented public forums are something that Wev would like to see more of in the county. Issues she's interested in having discussed in these forums include forestry, affordable housing, mental health, tourism (including port functions and vacation rental issues), law enforcement, education, farming, water allocation and use, and development and land use.

Hiring a new county manager will most likely be one of the first things on the commission's agenda in the new term starting in January. Wev told me that she would like the commission to look for someone with rural Oregon experience in management, planning or law.

Whether she wins this race or not, Wev intends to spend the rest of her life in our little paradise here on the coast. "I've lived all over the world, and this is the first place that I've lived that I knew I would never leave. I'm leaving here by the river."

According to ORESTAR, the state database for campaign contributions, Wev's chief contributors include Chris Farrar, Leon Jackson, Dr. Tom Duncan, Michael Stevens and Sara Meyer.

Peter Roscoe

The "local" of the two candidates, Roscoe said he and his family have been North Coast residents since 1956. He went to school in Astoria, graduated Astoria High and "went on a really long walkabout" – college in Canada for a year, back here to Clatsop Community College, joined the navy, "traveled the world", was a Vietnam veteran, came back and went to the University of Oregon (U of O), worked in cold storage in Astoria, then T.J.'s Taproom (which is now the Maritime Tavern), took writing and filmmaking classes in Cannon Beach, then back to the U of O for theater, writing, film criticism and acting classes, then on to L.A. to try his hand at show business.

While the show business gig maybe wasn't for him, Roscoe said, while in L.A., he started working in the restaurant business. First bartending, then managing, and eventually cooking. The Rodney King riots in L.A. prompted Roscoe and his family back to Portland, where he worked in various restaurants as a chef. Convinced by a friend to open his own restaurant, Roscoe opened Fulio's in 2005. He sold the restaurant to a friend and retired in 2017.

Volunteering and service to the community have been big factors in Roscoe's life. He's been on the Astoria Planning Commission, an Astoria city councilor, and on the boards of the Duncan Law Seafood Center, Astoria Regatta, and the Oregon Restaurant & Lodging Association, part of the Oregon Department of Fish and Wildlife/WAFW Joint Task Force, and on the Col-Pac Regional Economic Development Board. Roscoe is also currently the president of the Rotary Club of Astoria.

When Lisa Clement, the current District 3 commissioner, decided not to run, Roscoe put his hat in the ring right away. But he had already decided to run. "Over the years, I've been asked to run for state representative, mayor, rerun for city council, and

I have some ideas that I think the county could improve on, and by being in this position, it will help move it in this direction. The county, on so many levels, has stagnated, and I think that it needs a more collegial commission that could become a better team. I feel I'm a good fit, personality-wise and vision-wise, to help the county do better in some of these areas."

Initially, Roscoe pointed to hiring a county manager and being involved in the budget process as the main roles of a county commissioner. When pressed for an answer involving the public, Roscoe responded that as an Astoria city councilor, he got almost daily questioning from the public at his restaurant. He also mentioned the monthly sessions that Tom Brownson, a current Astoria city councilor, has as a model for what he would do if elected. Roscoe believes he has a good understanding of District 3 – both the rural component in the Lewis & Clark and Olney areas and the downtown Astoria business district. "I would also listen to people outside the district, whether it's Arch Cape or Warrenton or Brownsmead," Roscoe added. An effective team as a county commission is important, according to Roscoe, and giving each commissioner a set of policy areas as their expertise and experience dictate is an important part of making good team decisions.

"Everyone wants a healthy forest products industry," Roscoe stated when asked about important issues not widely reported, "and nobody wants to destroy the environment." Fishing is another "key leg in our economic table", Roscoe said. Health is another key area. "It's not all tourism related," Roscoe quipped, when stating that the hospitality and restaurant sector is a big part of our economy, "locals have to eat, too!"

Cultural tourism, which according to Roscoe is the arts, museums, and events happening in the county, is also an important part of our economy that has been ignored in reports generated by groups such as Col-Pac, he said. Finally, Roscoe mentioned farming as a particular passion for him.

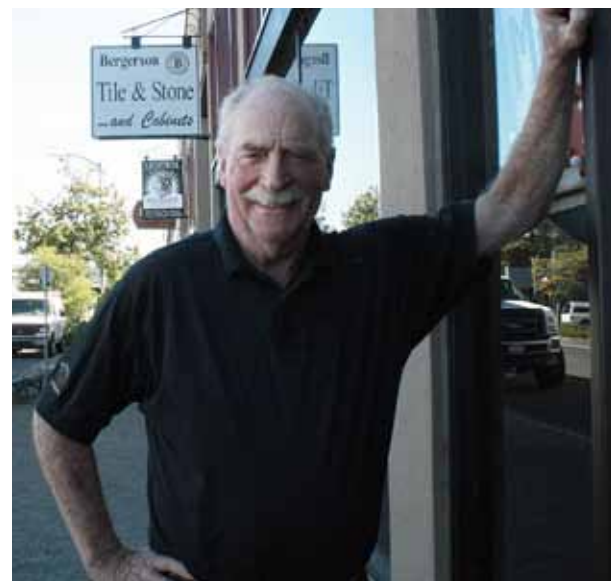
Relationships with other government officials and with businesspeople in the county should be easy, he said. "Name an official I don't know," he quipped.

When asked about the jail bond, Roscoe said that we do need a new jail, and mentioned that an idea stirring is to use the current jail site as a mental health facility. On affordable housing, Roscoe noted that a county commissioner could help to cut some of the "red tape" from some regulations and local codes without jeopardizing the safety and integrity of the housing developments.

A new county manager should be "eager, willing, have lots of experience with counties with similar characteristics as our county, and the right personality," Roscoe said. Checking references would also be important to avoid the kinds of problems we've had before, he added.

"I think I'm a better person to represent the people in Clatsop than she [Wev] is, just by my experience and longevity," Roscoe concluded.

ORESTAR records show Roscoe's major contributors are Martin Nygaard, Pepsi of Astoria, Cary Johnson, Dan Van Dusen, Kurt and Jon Englund, Ronald Williams and Margaret Spalding.



The current commissioner for District 4, Kathleen Sullivan, says that whoever wins the District 3 race, there will be a new dynamic on the commission and in county government in general in 2019. Not only will there be two new commissioners, but the district attorney, sheriff and county manager will all be leaving within the next year. She says that after not doing any strategic planning this year, the commission will most likely be resuming their planning sessions next year, given the extensive changes. The new commissioners will be sent to County College, a program of the Association of Oregon Counties in collaboration with Oregon State University Extension Service, according to Sullivan. There they will learn the ropes of their new jobs, along with other new county commissioners across the state.

According to the Ground Rules document governing commissioner interactions, commissioners represent ALL constituents of Clatsop County, not just those residing in their districts. The commissioners are expected to work as a team to make policy that reflects the interests and priorities of the residents of the county. As such, most interaction with the public occurs during commission meetings, according to Sullivan. She recommends that a county resident with a concern that can't make a commission meeting submit their concerns to any or all of the commissioners, or directly to the county manager. Commissioners will in any case pass on any resident's concerns to the county manager.

DEBATE

Pamela Wev, candidate for Clatsop County Commissioner – District 3, has issued a challenge to debate to her opponent Peter Roscoe. Debate to be held Friday, Oct. 19 at 6pm in the Flag Room of the Astor Library in Astoria

•A neutral moderator will be chosen
•The public and the media will be invited
•The topics of the one-hour debate would be affordable housing, economic development and emergency preparedness

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Joan for City Council, PO Box 946, Astoria, OR 97103 joan4ward3@gamil.com and on Facebook at Joan for City Council

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Ward 3 (Central Astoria)

SEASONAL HOOPLA



Samhain Show

Ragas and Medieval flavorings via some of the tastiest sitar playing this side of Ravi Shankar"

A Samhain/Halloween concert brings together music, poetry, stories and folklore in celebration of the ancient Celtic bonfire festival. The Celtic Feast of Samhain also known as Féile na Marbh (the Feast of the Dead) marks the end of harvest, the beginning of Winter and the Celtic New Year and is traditionally celebrated at the end of October and beginning of November. Samhain is Irish-Gaelic for 'the Summer's end', and is pronounced 'sow-in'. A celebration of life over death, and a time to remember those who have left the world of the living.

Candles would be lit at the graves of loved ones and bonfires were lit throughout the countryside. It is believed that the borders between the world of the living and the dead is thinner on this night - also known as 'Ancestor night'. Halloween is based on the 'Feast of Samhain'.

Thursday Oct 25, Music & Stories from the Celtic Wheel of Time. \$15 Gen, \$10 Senior/Student, kids under 13 FREE. 7-9pm at THE PAC in Astoria.

FOUR SHILLINGS SHORT. the husband/wife duo of Aodh Og O'Tuama from Cork, Ireland and Christy Martin from California, perform Traditional and Original music from the Celtic lands, Medieval & Renaissance Europe, India and the Americas on a fantastic array of over 30 instruments.

One press media stated, "A delightfully surprising collection of songs and sounds this husband/wife act create, while stretching the limits of Celtic and Folk music by stirring in generous amounts of Indian

TALES FROM THE CELTIC OTHER WORLD. Storyteller Will Hornyak weaves the magic. \$15 At KALA in Astoria.

TRICK OR TEASE Kerfuffle: A Vintage Burlesque Comedy Revue, Halloween Fantasy Show. **Sat October 20** at 10pm, and **Friday, October 26** at 8pm. Zombies, Ghosts, Vampires, Demons, Angels, Monsters, Witches, Mummies, Satan's Concubines, and more... will charm, electrify, and seduce you. Reserved Tickets: are VIP Stage-Side Seats with Unobstructed Views. Available at www.BrownPaperTickets.com ONE WEEK before Performance. \$12-\$15. Door Tickets are General Admission Bar-Side Seats/Stand-ing Room Only with Partially-Obstructed Views and Sound until capacity is reached. Available at the Door, ONE HOUR before Performance. \$10. At the Labor Temple in Astoria. 21+ only. I'D Req'd.

THE ROCKY HORROR PICTURE SHOW. Saturday Oct 20. \$10 admission, \$15 Bag of Swag, including T-shirt, and all the stuff you'll need to fully participate in the show-- hot dogs, prunes, cards, bell, party hat, toast, and more. No outside food or beverages allowed (hot dogs, rice, etc). Appropriate costumes encouraged. 10pm - midnight at the ASOC Playhouse in Astoria.

HAUNTED ASTORIA Writer's Showcase. The submissions are in and on **Oct. 24** at the Inferno Lounge, a sampling of submissions from The Haunted Astoria Short Story Writing Contest will be read, beginning at 6pm. Cash prizes will be awarded for the three top winners. The 2018 theme is Graveyard of the Pacific. "We give artistic reign for authors to interpret the theme," stated coordinator Cyndi Mudge. Scoring includes how writers incorporate the history, landscape or historic buildings and landmarks of the area (including those that no longer exist) into their story.

Three judges were selected to review all submissions and include: Mac Burns-Executive Director, Clatsop County Historical Society, Ryan Hume-Clatsop Community College Writing Instructor and Faculty Advisor for Rain magazine, Dinah Urell-Publisher of HIPFISHmonthly and proprietor of KALA performance space.

DANCE NOW! On **Friday, Oct. 26** Dance Now! presents special needs friends from throughout Clatsop County with opportunities to have fun and build friendships. Dance Now! events are sponsored by a community-based committee of families, friends, and caregivers. Costumes are encouraged. All Ages. Caregivers must be present. Supervision is not available. FREE 6-8pm at Warrenton Grade School gym, 820 SW Cedar St.

AAMC HALLOWEEN DANCE PARTY. 9pm. 21+ \$5. Costumes encouraged! LIVE DJ. Astoria Arts & Movement Center. **Friday, Oct. 26**

SPIRIT GATHERING at the Shelburne Hotel, **Friday Oct. 26.** Get ready to sit, sip, and talk to the spirits at the Shelburne Hotel. Psychic Siamese reading Tarot cards by appointment, seasonal cuisine, and cocktails that represents the spirits at the hotel. Costumes Encouraged. \$30, 6 - 9pm at the Shelburne Hotel in Seaview. Get tickets at brownpapertickets.com/event/3616368

TALES WORTH TELLING. At 6pm, **Saturday, Oct. 27,** at the Astoria Library (450 10th Street), local storyteller Jacqueline Denton will present a variety of tales, including an Appalachian folktale, a fractured fairytale and - as befits the season - something spooky. All ages are welcome, but the intended audience is older children, teens and adults.

Denton has been sharing stories for 20 years, most recently at the Washington Historical Society's Time Travelers' Ball, at weekly Washington County Public Library programs and in the Liberty Theatre's Tennessee Williams production last August.

HALLOWEEN AT THE SAND TRAP. Costume party **Sat. Oct. 27** Featuring the music of Maxwell Strozzi 7pm till 8pm, The Girl Can't Help It, 8pm till 10pm. Sand Trap in Gearhart. No Cover.

TALKING TOMBSTONES. Former citizens are expected to return from the great beyond for a graveside chat with any and all willing to visit their tombstone. The tour is free, but donations are accepted. Tours start from 1 - 3pm at a cemetery in Clatsop County. Sponsored by the CC Historical Society. Location TBA. **Sunday, Oct. 28.** See www.cumtux.org

HALLOWEEN HELLORIUM. Oct. 31. Ma Barley & The Pagan Pancakes raise traditional hellorium, three night of! Costumes YES! 8 - 11pm at Fort George in Astoria.



CCC Art Department Presents America is a Great Place to Live: Paintings by Justyna Kisielewicz

ARTIST JUSTYNA KISIELEWICZ describes the body of work that she will be exhibiting in her upcoming solo show at the Royal Nebeker Gallery as a jigsaw puzzle in which she pieces together the many aspects of her creative vision, conveying her own personal interpretation of American mythology. Kisielewicz opens the CCC gallery 2018-2019 season as the Au Naturel solo show award exhibit entitled America is a Great Place to Live.

The show runs September 24 through November 1, with a reception for the artists scheduled for Thursday, October 18 at 6pm, open to the public.

Kisielewicz is originally from Poland and received her MFA from the Academy of Fine Arts in Warsaw. Her work has been featured in Elle, Harper's Bazaar, Glamour, Business Insider, Juxtapoz, Supersonic Magazine and Paint Pulse Magazine, exhibited nationally and internationally, and most recently has been acquired for the permanent collection of the National Museum in Gdansk, Poland. She was also granted an EB1-1 visa (Green Card) for Extraordinary Abilities in Arts.

The paintings included in the exhibit tell the story of her life journey, beginning with her childhood fascination of and longing for America, a far-away place that at the time seemed so impossibly exotic and inaccessible. Kisielewicz' visual narrative then moves on to her arrival in America after the lifting of the iron curtain. In this series, she often incorporates self-images in which she represents herself as popular American heroes or other well-known characters. She explains that her work reflects the typical American trait of "naïve individualism and freedom to be yourself however tacky it may look" as well as "the desire in American



culture to celebrate youth and stop the clock of aging."

She also points out that her work is not meant to be about "politics or the complex identity of America," but rather her own "imaginary and real journey through a great place." She emphatically states that she feels "privileged and honored to call America a great place to live and paint."

WORKSHOP: In conjunction with this exhibit, Kisielewicz will conduct a workshop entitled "Un-teaching Art" that will provide participants with insights and actual hands-on practice of her unique perspective and approach to art-making on **FRIDAY, OCTOBER 19** from 10am until 2pm. FREE to CCC students enrolled in fall term art classes and open to the general public for a \$25 fee. Pre-registration required. For more info, a materials list, and to register, contact Kristin Shauk by phone (503-338-2472) or e-mail kshauck@clatsopcc.edu.

The CCC Royal Nebeker Gallery and the Drawing/Painting Studio are ADA accessible. Both are located at 1799 Lexington Avenue in Astoria. Gallery Hours: 9am - 5pm Mon - Fri, weekends and holidays by appt.

Exploring New Surfaces Leah Kohlenberg at Fairweather

New works by Pdx artist Leah Kohlenberg are featured at Fairweather Gallery in Seaside. The work inspired by the Oregon coast uses raw brush work and unexpected colors to focus on the initial power that comes from the first artistic impressions. An experienced painter for over 18 years Kohlenberg also teaches drawing to many local professional groups.

Artists also included in this exhibit-Canadian abstract artist Carmela Newstead, and longtime coastal painter Kathy Moberg, use either new materials or techniques to amplify the meaning in the content of their work-adding or embedding new materials to the surface creates surprise, and occasionally deeper interpretation and understanding of the subject. AgF

Fairweather Gallery is located at 612 Broadway, Seaside OR.



Devils Cauldron, oil on canvas.

Dot Painting with Chimoya Astoria Art Loft

ASTORIA ART LOFT is featuring the highly evolved dot paintings of Chimoyo. Her delicate and complex renderings include designs as well as realistic portrayals of animals and objects. Her artwork is fairly small, often 10 x 10, understandable when one examines the intricate detail. The dot paintings are vivid, more so than paintings done with brush strokes. The distance between dots seems to let the white of the background show through, thus increasing the brilliance.

Chimoyo's work will be exhibited during October at the Astoria Art Loft. Meet Chimoyo and enjoy her creations on the Second Saturday Art Walk, October 13.



October Calendar

Tuesday 9

MUSIC

Jeff Crosby. No cover, 8pm at the Adrift Hotel in Long Beach.

HAPPENING

Candidate Forum/Farmers Market. 2 – 9pm at the Grays River Grange.

River Excursion. Lewis and Clark Tour. Lectures and more plus a guided river excursion around the lower Columbia River aboard the Portland Spirit. \$99 - \$125. Email Larry.McClure@or-icthf.org for more information and to register.

Wednesday 10

ART

Resident Show & Tell. 6pm in the Boyden Studio at the Sitka Center, Otis.

MUSIC

Green Mountain Guild. No cover, 8pm at the Adrift Hotel in Long Beach.

HAPPENING

Night of All Knowledge Trivia Tournament. A free and fun team trivia event. 6pm at the Seaside Library.

LECTURE

Art of Aging/Dying Series. Body Image and Acceptance. 3pm at the Hoffman Center in Manzanita.

Thursday 11

MUSIC

Green Mountain Guild. No cover, 8pm at the Adrift Hotel in Long Beach.

LITERARY

Author Reading. Author Christopher Sandford will read from and discuss his new book "The Man Who Would Be Sherlock: The Real-Life Adventures of Arthur Conan Doyle." 7pm in the Community Room at the Seaside Library.

Dark and Stormy Nights. Mystery writer Cindy Brown, author of the Ivy Meadows Series will read from her work. Free, 4pm at the Driftwood Public Library in Lincoln City.

HAPPENING

A Tour to Die For. Stories about the residents of Pioneer Cemetery in Lincoln City are united with actors to literally bring the history of Lincoln City to life. Your

tour guide is well versed in the legends and lore of our town. You'll hear local folklore and tales of a time past, as well as other mysterious occurrences on your journey to Pioneer Cemetery. Tours run every 60 minutes and depart from the Lincoln City Cultural Center. \$25, 5:30 – 9:30pm.

Friday 12

MUSIC

Water Music Festival. Fandango, \$40, 6:30 – 9:30pm at the Inn at Harbour Village in Ilwaco. Get tickets at watermusic.com

Sonny Hess. No cover, 7pm at the Sand Trap Pub in Gearhart.

Live Music. No cover, 9pm at the Adrift Hotel in Long Beach.

Forrest Avery. 10pm at the Labor Temple in Astoria.

ART

Tidal Treasures Tillamook County Quilt Show. Memories at the Beach. Door prizes, raffle quilts, quilts available for sale, and more. 9am – 5pm at the City Hall Community Building, Bay City.

Opening Reception. For the Sound of Nature, Sound of Art exhibit. 5 – 7pm in the Chessman Gallery at the Lincoln City Cultural Center.

LECTURE

The Art of Pruning. 7pm at the Hoffman Center in Manzanita.

LITERARY

Lunch in the Loft. With author Kristina McMorris, who will read from/discuss her new book "Sold on a Monday." \$25, includes lunch plus a signed copy of the book. Lunch only \$10. Noon at Beach Books in Seaside. RSVP at 503-738-3500

HAPPENING

A Tour to Die For. Tours run every 60 minutes and depart from the Lincoln City Cultural Center. \$25, 5:30 – 9:30pm.

OUTSIDE

Mysterious Mushrooms of Fort Stevens. Join a Park Ranger for a program on wild mushroom followed by a hike to hunt for fungi. The program is free, but there is a \$5.00 day use parking fee at Coffenburg Lake. 1 – 3pm at Coffenburg Lake at Fort Stevens State Park.



PHOTO: DINAH URELL

"IMPROV is very difficult. The actor can't think ahead, she has to trust the moment, that what she needs will come to her. She has to trust herself, her partners and the muse. It takes courage to do that," says Director Karen Bain, in response to preparing for a series of improv nights staged at Astor St. Playhouse.

IMPROV NIGHT at the ASOC is chock full of local talent; the ensemble features Sasha Miller, Deac Guidi, T.J. Newton, Bob Liotta, Julien Thomas, Babbs Teague, Lori Wilson Honl and LaMar Blackner.

Director Karen Bain, MFA has been a local director for 25 years with a Master of Fine Arts in director and actor training from the University of Oregon.

Public performances will be Friday and Saturday nights, October 5-13th at 7 pm. Box office opens at 6pm, the house opens at 6:30pm on performance nights. Tickets are available at <http://asocplay.com>. 18 and older please!

The ASOC Playhouse is located at 129 West Bond St. in Uniontown, Astoria

THEATER

Improv Comedy. \$10 - \$15, 7pm at the ASOC Playhouse in Astoria.

Deathtrap. A killer comedy. \$20 - \$25, 7:30pm at the Coaster Theater in Cannon Beach.

Saturday 13

MUSIC

Water Music Festival. Marc Teicholz. \$30, 3pm at the Oysterville Church. Get tickets at watermusic.com

Blues Guitar Master Terry Robb. With David Wiegman opening act. \$10, 7pm at the Hoffman Center in Manzanita.

ESCAPE. A Journey Tribute. \$28, 7pm at the Liberty Theater in Astoria.

Tom May. \$15, 7pm at the Peninsula Arts Center in Long Beach.

Two Crows Joy. 7pm at WineKraft in Astoria.

Eric John Kaiser. No cover, 8 – 10pm at Public Coast Brewing in Cannon Beach.

McDougall. \$5 cover, 9pm at the San Dune Pub in Manzanita.

Muddy River Nightmare Band/Los Vamanos. \$5, 10pm at the Labor Temple in Astoria.

Michael Nau and The Mighty Thread. No cover, 8pm at the Sou'wester Lodge in Seaview.

Live Music. No cover, 9pm at the Adrift Hotel in Long Beach.

ART

Astoria Artwalk. Free, 5 – 8pm at galleries and other businesses n downtown Astoria.

Tidal Treasures Tillamook County Quilt Show. 9am – 5pm at the City Hall Community Building, Bay City.

FOOD & DRINK

Big Reds. Wine Tasting. 1 – 4pm at the Cellar on 10th in Astoria.

Tiny Toberfest. A small German-style beer festival with small portions of beer and food. Plus live music. \$30, 2 – 6pm at Fort George in Astoria. Get tickets at eventbrite.com/e/fort-george-brewery-tinytober-fest-tickets-48739398854

HAPPENING

Cranberrian Fair. A celebration of local harvest including all things cranberry. Foods, vendors, craft demonstrations and more will showcase the area's rich heritage. \$5 admittance. 10am – 4pm at the Columbia Pacific Heritage Museum, Ilwaco.

The Ruins at the Astor. An epic party at the Astor Hotel. With The Holiday Friends, live DJ beer and more. 9 – 11pm at 1425 Commercial Street in Astoria.

Second Saturday Makers Bazaar & Flea Market. 10am – 3pm at the First Presbyterian Church in Astoria.

Home and Chef Tour. Explore 6 spectacular homes the while enjoying great food and gorgeous floral displays. Amazing chefs will be stationed at each location, offering samples of their favorite dishes. \$30, 11am – 4pm in Gearhart. Get tickets at brownpapertickets.com/event/3590109?ref=349591

Stuffed Puffin Pumpkin Palooza. \$39, 1 – 2pm at the Cannon Beach City Hall. Tickets available at coastweekend.com/cw/events#!/details/Stuffed-Puffin-Pumpkin-Palooza/5320326/2018-10-13T13

Kathie Stevens Boxing Out Hunger Memorial Show. A boxing competition. Admission is \$10 + 3 non-perishable food items. 6 – 8pm at the Fairgrounds in Tillamook.

A Tour to Die For. Tours run every 60 minutes and depart from the Lincoln City Cultural Center. \$25, 5:30 – 9:30pm.

LITERARY

Author Reading. Author Mark Scott Smith will read from and discuss his newest novel, "The Osprey and the Sea Wolf: The Battle of the Atlantic 1942." 1pm in the Community Room at the Seaside Library.

OUTSIDE

Wild Mushroom Hike. Join an Oregon State Park Ranger for a guided hike for wild mushrooms at Fort Stevens State Park. The hike will focus on the varieties of wild mushroom that grow in the area. 1 – 3pm. Meet at Battery Russell.

THEATER

Improv Comedy. \$10 - \$15, 7pm at the ASOC Playhouse in Astoria.

Deathtrap. A killer comedy. \$20 - \$25, 7:30pm at the Coaster Theater in Cannon Beach.

Sunday 14

MUSIC

Water Music Festival. Alpin Hong, \$40, 2pm at Eagle's Nest in Ilwaco. Get tickets at watermusic.com

Live Music. No cover, 8pm at the Adrift Hotel in Long Beach.

Russian Gold. Cellist Sergey Antonov and pianist Ilya Kazantsev. \$25 - \$40. The \$40 admission includes a post-concert reception at Fulio's Pastaria. 7pm at the Liberty Theater in Astoria.

The Van Rontens. No cover. 8pm at Fort George Brewery & Public House in Astoria.

→ cont. p19

West Coast Party Starter DJ Prashant brings his colorful dance party to the Astoria Elks Lodge on October 12. Join him in celebration of India's Navratra Festival which features the use of colorful dandiya sticks in a communal folk dance. Use of dandiya sticks and tradi. dance instruction is included. Tunes feature remixes of popular and international hits. Dressing up in colorful vibrant attire is preferred but not required. Doors open 8pm with Dandiya lessons at 9pm. Nonstop beats until 12am. All Ages. Tickets \$5-20, with discounted advance tickets available at Eventbrite. visit BollywoodDreamsEntertainment.com on Facebook or www.dreamsperfected.com.



The Ruins at the Astor PARTY.....

The Ruins at the Astor. An epic party at the Astor Hotel, to ring in the new season. With The Holiday Friends, LIVE DJ beer and more. Arrive early, get a wrist band, then rage all night. NO Cover. 9 – 11pm at 1425 Commercial Street in Astoria.



THEATER & PERFORMANCE



DEATHTRAP at the Coaster a killer comedy by Ira Levi Thru Oct 27

SEEMINGLY comfortably ensconced in his charming Connecticut home, Sidney Bruhl, a successful writer of Broadway thrillers, is struggling to overcome a dry spell which has resulted in a string of failures and a shortage of funds. A possible break in his fortunes occurs when he receives a script from a student in the seminar he has been conducting at a nearby college—a thriller which Sidney recognizes immediately as a potential Broadway hit. Sidney's plan, which he devises with his wife's

help, is to offer collaboration to the student, an idea which the younger man quickly accepts. Thereafter suspense mounts steadily as the plot begins to twist and turn with devilish cleverness, and with such an abundance of thrills and laughter, that audiences will be held enthralled until the final, startling moments of the play.

CAST: Frank Jagodnik, Sue Neuer, Bennett Hunter, Ann Bronson, David Sweeney. Directed by Ryan Hull.

SHOWS: Sept 21 – Oct 27. Fri/Sat 7:30pm & Sun matinees 3pm. For tickets go to coastertheatre.com.

The Harbor Presents: Dancing with the Clatsop County Stars

October 18

EIGHT LOCAL CELEBRITIES will compete for charity in the first annual Dancing with the Clatsop County Stars! Jason Schermerhorn, Chris Breitmeyer, Charlene Larsen, Julie Flues, Norma Hernandez, Howard Rub, Andy Morgan and Molly Pringle will be paired with professional dancers from the Utah Ballroom Dance Company and spend one week learning a routine that they'll perform for the audience. Mayor Arline LaMear, Dane Gouge and Dida DeAngelis will sit as guest judges and weigh in with their opinion, but the winners will ultimately be decided by the audience. Cast your vote for which local celebrity will hold the coveted Mirror Ball Trophy!

While the judges are counting the votes, in the second half of the show, the Utah Ballroom Dance Company performs.

The opening act of the show will be a Latin number performed by a group of up to 40 local kids between the ages of 8-14. There are still spaces left for kids to sign up, so contact Ariel at ariel@harbornw.org or 503-325-3426 to learn about the requirements and register!

Tickets are \$15-\$35, Tiered seating and available for purchase at the Liberty Theatre Box Office or online! Libertyastoria.org

All proceeds benefit The Harbor, the local non-profit that supports survivors of domestic violence, sexual assault and stalking. Help support this vital resource as they raise money to benefit survivor services and their new confidential emergency shelter.



3 Leg Torso And NCBS Share Stage At The Liberty October 28

3 LEG TORSO and the North Coast Symphonic Band collaborate on a joint production at 2 pm on Sunday, October 28 at the Liberty Theater in Astoria. The afternoon's program "Dances of Enchantment" will present solo sets by both groups and a finale with both groups performing together in original arrangements of 3 Leg Torso tunes with wind band accompaniment. Doors open for general seating at 1:30pm. Family friendly admission prices are made possible by generous grants from the Oregon Community Foundation, the Clatsop Cultural Coalition, the Oregon Cultural Trust, and the generous donors to the NCSB.

3 Leg Torso is described as Portland's hippest eclectic chamber band performing elegant and daring modern chamber pop music infused with tradition and innovation. Evoking tango,

Eastern European folk and world music traditions, their cosmopolitan style embraces wit and humor with thoughtful, uncommon and beautiful arrangements.

Advance tickets at www.libertyastoria.org/ and the box office, 1203 Commercial, in Astoria, from 2 to 5:30 PM Wed through Sat and two hours before the performance. Regular admission is \$15. Student tickets are \$7. Children 12 and under are free. FMI: www.northcoastsymphonicband.org, find us on Facebook or call 503-325-2431.



A memorable evening featuring:

A dual performance by
Thomas Lauderdale & Hunter Noack

A lavish catered reception
by Carruthers & Table 360

A luxury live auction

LIBERTY
THEATRE
ASTORIA, OREGON

LIBERTY THEATRE
GALA

NOVEMBER

10
SAT

Join the Theatre as we kick off
Our campaign to improve
the liberty's infrastructure,
bringing a new class of performances
including opera and Broadway
to the North Coast

**TICKETS AVAILABLE AT:
LIBERTYASTORIA.ORG/GALA**

Shaman's Way Marc Boone at IMOGEN

IMOGEN GALLERY presents a second solo exhibition for reputable artist Marc Boone, opening Oct 13, 5-8pm. Boone who has enjoyed a career that has spanned both the Atlantic and Pacific coasts, now resides in Ocean Park, of southwest Washington. For this exhibition, Shaman's Way he brings a series of oil paintings dedicated to jazz masters and his love of the dramatic landscape he now calls home.

This series, Shaman's Way, has its origins in the medicine men and women who connected with nature and all creation to influence the world of good and evil while also instilling the influence of random back notes that come through the genre of jazz.

"For many of them the world's center was a tree—the axis mundi—which the shaman ascends for enlightenment. Jazz musicians—Coltrane, Miles Davis, Oscar Peterson, Herbie Hancock—and vocalists Ella Fitzgerald and Sarah Vaughn—embody the shaman's way along with some painters. For me those painters who most exemplify the shaman's tradition include Van Gogh, Mondrian, Morris Graves, Charles Burchfield, Rothko and Jackson Pollock."

Richard Speer, art critic and writer who wrote about Boone's previous exhibition at Imogen, eloquently described his work as "confident and assured, yet never



Ocean for Sarah Vaughn, 8x24 oil on canvas

showy, these are the works of a master of chroma and composition who, by talent and good fortune, enjoyed early personal exposure to some of the giants of modern and contemporary art." Beyond mentorship by Louis Bunce, Boone after moving to New York City found himself in the midst of many of the art world's influential figures, including the likes of Philip Guston, Elaine de Kooning, Salvatore Scarpitta, Edward Dugmore, Clyfford Still, Sam Gilliam, as well as others who ranked as illustrious leaders of modern abstraction.

Imogen Gallery is located at 240 11th Street, Open Mon-Sat, 11- 5, 11- 4 each Sunday, closed Wed. 503.468. www.imogengallery.com.

Jane Terzis at McVarish Gallery

Opening October 13TH McVarish gallery will present the portrait based art of painter Jane Terzis in a show titled "Learning to Live in the World". In this collection of fictitious character studies, Jane's subjects are primarily children or scenes from childhood that convey a universally ageless sentiment about the human experience.

Jane holds an MA in medical illustration and spent many years as an illustrator, yet, although that level of skill is apparent, there is a warmth and looser expressive nature to her painting style. She describes her intention in the handling of the characters she creates, "to convey a quality of tenderness, introspection and the challenges of living in today's world". Her quirky, sometimes feisty kids do just that in a way that reminds us that we are all just kids deep down, trying to figure out how to live here.

The opening reception will be from 5:00-8:30pm Saturday the 13th and it will run until Friday November 8th at McVarish Gallery, 160 Tenth St. Astoria. View on mcvarishgallery.com



"Margaret", oil on panel



VICKI BAKER at tempo

TREES, TREES, TREES.
Deciduous Trees, Fir
Trees and Palm Trees

are the subjects of Vicki Baker's new series of Acrylic Paintings showing at Tempo Gallery. Stop by to see Vicki's new work and visit with her from 5-8 during Art Walk on Sat. Oct. 13th and listen to Vocal & Guitar music by Tim Wiley. More TEMPO artists exhibit: Ed Peterson, Phyllis Taylor, Janet Hutchings, Thron Riggs, Carol Smith and Mark Hutchings will also be present. Wine and refreshments!

Tempo Gallery is located at 1271 Commercial in Astoria.

Luminari Arts Group Show



Luminari Arts presents a group show of mixed media works by 12 regional artists. THE EYE BALL, a planned annual event, hosts: Charlotte Bruhn, Sid Deluca, j. Griffis, Diane Jackson, Lindsay Levay, Lilithclay, Skye McKey, Judith Niland, Terrie Remington, Patty Thurlby, Lori Smith and Wendy Wallin Malinow. Live music with Ted Brainiard and friends. Tarot card readings: The Third Eye, by Judith.

Luminari Arts, open daily is located at 1133 Commercial, Astoria.

3 Shows at RIVERSEA



Marie Powell

Beach Peninsula, in an exhibition and installation honoring the magnificent old-growth trees of the Pacific Northwest. Powell combines monotype techniques with expressive painting in oils and acrylics. Treat creatively mixes elements of woodcuts and monoprints with painting.



JA Smith Howling at the Dimming Light

RIVERSEA GALLERY opens three separate shows during Second Saturday Artwalk on October 13, with a reception from 5 to 8pm featuring live music by Paul Brady and Jesse Jones along with catered refreshments. The featured artwork will remain on view through November 6, 2018.

Spirits of the Ancients pairs Marie Powell and Penny Treat, two printmakers from the Long

Gracing the center of the show is an installation titled, Spirit Forest, monotypes printed in forest motifs on long paper cylinders suspended to form a virtual grove. In keeping with the theme, one hundred fir seedlings will be passed out during the opening festivities.

In the Alcove, Vancouver, Washington artist **Julie Ann Smith**, presents a series of still-life paintings titled, *Walking with the Mundane*. In these small, jewel-like works, the artist turns to mundane objects in her daily life for inspiration. Items picked up from her neighborhood walks, beach strolls and thrift shop searches "become characters in a narrative about all the stuff in our lives that we overlook."

Featured local jewelry artist, **Garnet Griebel Booth**, is a recent transplant from Kansas City. Over the years she has indulged her passionate interest in gemstones by creating one-of-a-kind jewelry and, more recently, taking up rock-hounding and prospecting her own material. Some of her pieces are miniature compositions of scavenged flora and fauna set under resin and framed with metalwork. Each of her small works has a story behind it of personal adventure combined with the metaphysical properties of gems.

RiverSea Gallery, open daily at 1160 Commercial Street in Astoria 503-325-1270, riverseagallery.com



GGBooth, Foraged Crabs

ODD @ LightBox

LIGHTBOX PHOTOGRAPHIC will host the artists' opening reception for ODD on Saturday, October 13th, from 5-8 pm, thru Nov 7. The ODD exhibit shares photographic images that deviate from the normal—either in subject or in method—that are mismatched, individualistic, outside the box, and peculiar. Photographs that simultaneously challenge and excite. Images that dare viewers to think and see in unexpected ways. The Exhibit was juried by Russell Joslin.

Russell Joslin is a celebrated editor and publisher. For 17 years (2000-2017), he was the Owner, Editor & Publisher of the internationally acclaimed photography journal SHOTS. In 2018, he founded a new photography and art book publishing company, Skeleton Key Press. He lives and works in Oslo, Norway.

LightBox is located at 1045 Marine Drive in Astoria, hours are Tuesday – Saturday, 11 - 5:30.



DianneYudelson, The Office.

WORD.

State of Wonder at the Coast: April Baer interviews Nancy Pearl at the NCRD October 20

OREGON Public Broadcasting's STATE OF WONDER is coming to the coast October 20, 2018. Host April Baer will interview Nancy Pearl at the NCRD Performing Arts Center at 7pm. Proceeds from the event will benefit the Manzanita Writers' Series and the North Tillamook Library Friends.

Nancy Pearl is a well-known National Public Radio contributor and has been called "America's Librarian." Since the release of the best-selling Book Lust in 2003 and the Librarian Action Figure modeled in her likeness, Pearl has become a rock star among readers and the tastemaker people turn to when deciding what to read next.

Renowned for her keen sense of humor and her witty insights, she will discuss the need for books and libraries and how books can change our minds, hearts and actions. Says Pearl, "This is not original to me, but our leaders need to be readers, because God help us if they're not."

In Seattle, Pearl started the first citywide book club called If All Seattle Read The Same Book, a program that became a national movement: the One City, One Book program. She is known for



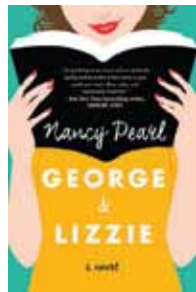
Book Lust, a compilation of her favorite reads, along with follow-on books Book Crush and Book Lust to Go. She recently published her first novel, *George & Lizzie*.

Nancy Pearl hosts a monthly Seattle television show "Book Lust." A regular commentator about books on NPR's Morning Edition and NPR affiliate stations KUOW in Seattle and KWGS in Tulsa, she was named 2011 Librarian of the Year by Library Journal. In 2004, she became the 50th winner of the Women's National Book Association Award for her extraordinary contribution to the world of books.

April Baer hosts the weekly radio arts show, "State of Wonder," on OPB, covering how art is made and experienced. Prior to this assignment, she worked as a reporter and was the local host of "Morning Edition" at OPB.

Purchase Nancy Pearl's books and get them signed following the event. There will be no Open Mic at the evening event to allow for the interview and Q&A.

Admission for the evening is \$25. Tickets are available online at hoffmanarts.org, or from library board members and Manzanita Writers' Series volunteers.



JOIN SPL OCTOBER 13 in hosting author Mark Scott Smith, speaking about his historical novel, *The Osprey And The Sea Wolf: The Barle Of The Atlantic 1942* at 1pm in the Community Room.

In 1942 a German U-Boat campaign in the Western Atlantic (Operation Drumbeat) came close to severing the vital artery of war supplies between America and Great Britain. Unprepared and ill-equipped, America struggled to counter this skilled offensive as U-Boats sent nearly 300 ships and 5000 men to the bottom off the East Coast, Gulf of Mexico and Caribbean.

This history-inspired novel is told from the points of view of two protagonists: Rainer, a 32-year-old career Naval officer and highly successful U-Boat commander from the lovely Hanseatic city of Lübeck Germany, and Ramón, a 24-year-old Mexican-American B-25 pilot, who, through academic and athletic prowess, has successfully navigated the racism of his SW Texas home.

Manzanita author Mark Scott Smith spent 40 years doing academic medical writing before he turned to historical fiction. He was intrigued with WWII events in Oregon and Japan and this led to his first book "Enemy in the Mirror" which was published in 2012. "The Osprey and the Sea Wolf" is his second novel.

JOIN SPL ON OCTOBER 18, as author Christopher Sandford tells the story of *The Man Who Would Be Sherlock* in the Community Room at 7pm.

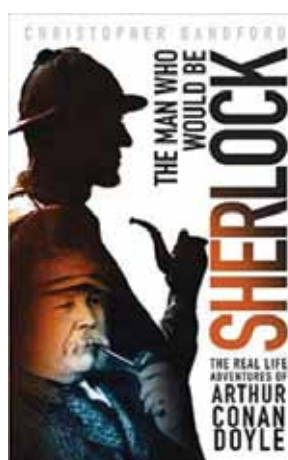
When Arthur Conan Doyle was a lonely 7-year old schoolboy at pre-prep Newington Academy in Edinburgh, s French emigri' named Eugene Chantrelle was engaged there to teach Modern Languages. A

few years later, Chantrelle would be hanged for murder. Thus, began Conan Doyle's own association with some of the most gruesome crimes of the Victorian and Edwardian eras.

This early link between actual crime and the greatest detective story writer of all time is one of many. Conan Doyle would also go on to play a leading role in the notorious case of the Staffordshire "mad ripper," as well as the chilling story of Oscar Slater and the Glasgow murders.

Christopher Sandford is the author of nineteen books and has written for a variety of publications including the Times of London, The Daily Telegraph, Cosmopolitan, and Rolling Stone. His biographies of Mick Jagger, Kurt Cobain and Sting have been best sellers. Born in London, Sandford splits his time between Seattle and England.

The Seaside Public Library is located at 1131 Broadway. For more information call (503) 738-6742 or visit us at www.seasidelibrary.org



Poet Laureate Kim Stafford In Tillamook Oct 12

THE TILLAMOOK COUNTY PIONEER MUSEUM is pleased to welcome Oregon's newest Poet Laureate Kim Stafford to a special program on Thursday, October 18 at 1:00 PM in the Main Gallery.

Stafford is the founding director of the Northwest Writing Institute at Lewis & Clark College and the author of a dozen books of poetry and prose, including *The Muses Among Us: Eloquent Listening and Other Pleasures of the Writer's Craft* and *100 Tricks Every Boy Can Do: How My Brother Disappeared*. He has taught writing in dozens of schools and community centers, and in Scotland, Italy, and Bhutan. In May 2018, he was named Oregon's 9th Poet Laureate by Governor Kate Brown.



This program is free and open to the public with open seating. However, reservations are required as space is limited. Visit Eventbrite and go to "Poet Laureate at Tillamook County Pioneer Museum." You may also call the Museum at 503.842.4553 to make your reservation before October 12.

Climactic Dialogue for the Climactic Story Teller: A Writing Workshop with Diana Kirk

Dialogue is the difference between grey skies and periwinkle horizons. It's the color, the peak, the cherry on the top of a banana split. It's an accent to any story and it brings you from one of narration only to a multi-faceted quilt of characters and nuances that can only be found when characters speak outloud. Learn how to write using dialogue to tell your story or fold into an existing one. Find people's voices, find your own.

Tell stories from your own lives and practice writing these into small vignettes or polaroids of dialogue leading to a climactic conclusion. When you leave, you'll have the tools and confidence necessary to write other people's words, to write your own words...with intent.

Diana Kirk is a liar, a hussy, a boss lady and a downright dirty dawg. Which means she's a helluva writer. The author of *Licking Flames: Tales of a Half-Assed Hussy and Nasty!* has been published in *Progressive* magazine, *Nailed*, *Psychology of It* and has appeared on NPR. Her stories, her vignettes and her ramblings can be found all over social media and most nights at her 92 year old bar called Workers Tavern in Astoria, Oregon.

Saturday Nov 3. 11am - 3pm. COST: \$30 plus \$13 material fee (includes book). Please pay material fee directly to the instructor.

BRING: Please bring paper and pen/pencil or other favorite writing method. Please bring a sack lunch and/or snack. Coffee and tea provided. This workshop is for students age 18 and up. Perfect for beginners. Perfect for essay writers. Novel writers. Whomever.

RSVP: souwesterfrontdesk@gmail.com or 360-642-2542



PHILOSOFARIAN Is Tolerance Possible?

What is tolerance? Does tolerance mean tolerating intolerance? Join this discussion on ways to think about tolerance. And an exploration of the paradoxes that seem unavoidable when talking about it.

Join Seth Tichenor at Fort George Lovell Room

Thursday, Oct 25 at 7pm at Fort George in Astoria. FREE.



THE ASTORIA WRITER'S GUILD presents fall workshop schedule:

October 13th, 10am-1pm Poetry of Place with John Sibley Williams. Location TBA \$65, Guild member discount. Register at www.thewritersguild.org/workshops. Poetry of place focuses on the he landscapes we know, have traveled to, or imagine. Award winning poet John Sibley Williams will focus on ways both the mundane and the sublime impact and inform our writing through prompts, exercises, and discussion.

November 3, 7-10pm. A Dark and Stormy Night: Dress up as your favorite book character and join us for music, wine, and wordplay at RiverSea Art Gallery 1160 Commercial Street in Astoria. All proceeds will benefit the work of the Writer's Guild to promote literacy in the Astoria area.

RIC'S POETRY MIC 1st Tues @ Winkraft

IN HONOR of founder Ric Vrana, Ric's Poetry Mic is held at WinKraft, 80 10th Street (on the west end of the Pier 11 Building) in Astoria. The event takes place the first Tuesday of every month. Readings are from 7pm to 8:30pm, with sign up to read at 6:45 p.m. All poetry friends are welcome to come to read and listen. Contact: Mary Lou McAuley <mmcauley05@gmail.com>

WRITE ASTORIA

WRITE ASTORIA is a free, open forum where writers read from works in progress and offer each other constructive feedback. The group meets in the Astoria Public Library Flag Room twice/month, on 1st and 3rd Wednesdays from 5-7pm.

HAPPENING

Cranberrian Fair. A celebration of local harvest including all things cranberry.

\$5 admittance. 10am – 4pm at the Columbia Pacific Heritage Museum, Ilwaco.

OUTSIDE

Great Columbia Crossing. Experience the glory of the Columbia with an invigorating 10k run or walk across the beautiful Astoria-Megler Bridge on Sunday, The annual race offers all skill levels for a chance to trek across the longest truss bridge in North America. The race begins at the Dismal Nitch Rest Area in Washington and ends at the foot of Basin Street in Astoria. \$40. Starts at 8:45am. Register at secure.getmeregistered.com/get_information.php?event_id=129520

THEATER

Deathtrap. A killer comedy. \$20 - \$25, 3pm at the Coaster Theater in Cannon Beach.

Monday 15

MUSIC

Liz Chibucos. No cover, 8pm at the Adrift Hotel in Long Beach.

ART

Tipsy Easel Glow in the Dark Paint Night. 7pm at the Manzanita Lighthouse.

Tuesday 16

MUSIC

Liz Chibucos. No cover, 8pm at the Adrift Hotel in Long Beach.

Wednesday 17

MUSIC

Liz Chibucos. No cover, 8pm at the Adrift Hotel in Long Beach.

ART

Maori Clay Artists Collective Presentation. The artists will present a lecture and slide presentation of their artwork and home in Aotearoa, New Zealand. 1 – 4pm in the CCC Art Building.

Thursday 18

MUSIC

Live Music. No cover, 8pm at the Adrift Hotel in Long Beach.

ART

Artist's Reception. For an exhibition"America is a Great Place to Live", a collection of paintings by California-based artist Justyna Kisielewicz. 6pm at the CCC Royal Nebeker Gallery.

FOOD & DRINK

Laksloda Luncheon. Plus Finnish bake sale. \$12 11:30am until food is gone, usually around 1:30pm. At Soumi Hall in Astoria.

HAPPENING

Dancing with the Clatsop County Stars. Eight of our local celebrities will compete in a dance competiton benefiting the Harbor. \$15 - \$35, 7pm at the Liberty Theater in Astoria.

LITERARY

Poetry Reading. Oregon's newest Poet Laureate, Kim Stafford, will present from his work at 1pm in the Main Gallery at the Tillamook County Pioneer Museum in Tillamook.

Dark and Stormy Nights. Mystery writer John Larson, will read from his work. Free, 4pm at the Driftwood Public Library in Lincoln City.

OUTSIDE

Wild Mushroom Hike. Join an Oregon State Park Ranger for a guided hike for wild

mushrooms at Fort Stevens State Park. The hike will focus on the varieties of wild mushroom that grow in the area. 1 – 3pm. Meet at Battery Russell.

THEATER

Tales from the Celtic Otherworld. Storyteller William Kennedy Hornyak casts a spell with haunting traditional myths, legends, poems, songs and lore from Ireland and Scotland in honor of the Celtic New Year of Samhain. For mature audiences only. 7:30pm. Doors at 7pm. \$15. Advance tickets at libertyastoria.org

Better Late. A romantic comedy. \$15, 7:30pm at Theater West in Lincoln City.

Friday 19

MUSIC

Jean Mann. \$10, 7pm at the Hoffman Center in Manzanita.

Live Music. No cover, 7pm at the Sand Trap Pub in Gearhart.

Live Music. No cover, 9pm at the Adrift Hotel in Long Beach.

CINEMA

Astoria International Film Festival. \$10 per screening or \$80 for an all-events pass. All films will be shown at the Liberty Theater in Astoria. Visit goaiff.com for schedule and tickets.

HAPPENING

A Tour to Die For. Tours run every 60 minutes and depart from the Lincoln City Cultural Center. \$25, 5:30 – 9:30pm.

Haunted Taft. A spine-chilling walking tour of Lincoln City's Historic Taft District. Tours run at 5:30, 7:00 and 8:30 PM. Tickets \$10-\$20. FMI call 541-921-9329

OUTSIDE

Wild Mushroom Hike. Join an Oregon State Park Ranger for a guided hike for wild mushrooms at Fort Stevens State Park. The hike will focus on the varieties of wild mushroom that grow in the area. 1 – 3pm. Meet at Battery Russell.

THEATER

Deathtrap. A killer comedy. \$20 - \$25, 7:30pm at the Coaster Theater in Cannon Beach

Better Late. A romantic comedy. \$15, 7:30pm at Theater West in Lincoln City.

Saturday 20

MUSIC

Live Music. No cover, 9pm at the Adrift Hotel in Long Beach.

Will West and the Friendly Strangers. \$5 cover, 9pm at the San Dune Pub in Manzanita.

LITERARY

Jan Bono Book Release. Bono's new book Crab Bait will have a signing 10am-2pm, at 3 Cups Coffee House in Astoria.

CINEMA

The Rocky Horror Picture Show. \$10 admission, \$15 Bag of Swag, including T-shirt, and all the stuff you'll need to fully participate in the show-- hot dogs, prunes, cards, bell, party hat, toast, and more. No outside food or beverages allowed (hot dogs, rice, etc). Appropriate costumes encouraged. 10pm – midnight at the ASOC Playhouse in Astoria.

FOOD & DRINK

Wines for Halloween. Wine Tasting. 1 – 4pm at the Cellar on 10th in Astoria.

HAPPENING

Be an ASOC Angel Fundraiser. Featuring dinner, dessert, live and silent auction, and ASOC's edition of the classic TV Game show "I've Got a Secret". You'll get a shot at being one of the panel-

ists to determine our ASOC Celebrity's secrets. \$25 single, \$40 couple. 5:30pm at the ASOC Playhouse in Astoria.

Annual Dog Show on the Beach. A public event open to all dogs and dog lovers. Prizes are awarded in over 20 categories at this fun day on the beach. Registration fee \$10 per dog. 9am – 2:30pm on the beach in front of Surfsand Resort in Cannon Beach.

Oregon Public Broadcasting's State of Wonder. Host April Baer will interview Nancy Pearl. \$25, 7pm at the NCRD Performing Arts Center in Nehalem.

Tillamook Rotary Senior (Citizen) Prom. Music, dancing, and food! This year's theme: Through the Decades So put on an outfit from your favorite decade, and come join the fun. Noon – 3pm at the Tillamook Elks.

A Tour to Die For. Tours run every 60 minutes and depart from the Lincoln City Cultural Center. \$25, 5:30 – 9:30pm.

Haunted Taft. A spine-chilling walking tour of Lincoln City's Historic Taft District. Tours run at 5:30, 7:00 and 8:30 PM. Tickets \$10-\$20. FMI call 541-921-9329

OUTSIDE

Wild Mushroom Walk. Join Ida Gianopulos for an easy hike through Sitka Wetlands in search of mushrooms. Ida will focus our attention to the variety of fungi in these wetlands, and the role they play in our environment. Learn basic mushroom identification and how to use a guidebook. 10am – 3pm at Alder Creek Farm in Nehalem. Sign up at explorenaturetil-lamookcoast.com

THEATER

Deathtrap. A killer comedy. \$20 - \$25, 7:30pm at the Coaster Theater in Cannon Beach

Better Late. A romantic comedy. \$15, 7:30pm at Theater West in Lincoln City.

Sunday 21

MUSIC

The Rice Brothers. \$15, 2pm at the Historic Raymond Theater in Raymond.

Live Music. No cover, 8pm at the Adrift Hotel in Long Beach.

Gus Clark and The Least of His Problems. No cover. 8pm at Fort George Brewery & Public House in Astoria.

FOOD & DRINK

Pancake Breakfast. All-you-can-eat for \$5, 8am – noon at the Bay City Arts Center.

Cannon Beach American Legion Breakfast. \$7 adults, \$3 children under 6. 9 – 11:30am at the American Legion Hall in Cannon Beach.

HAPPENING

A Tour to Die For. Tours run every 60 minutes and depart from the Lincoln City Cultural Center. \$25, Noon – 2pm.

LITERARY

NW Author Series. With Kim Stafford, Oregon's Poet Laureate. 2pm at the Cannon Beach Library.

Monday 22

MUSIC

Esza Rose. No cover, 8pm at the Adrift Hotel in Long Beach.

Tuesday 23

MUSIC

Esza Rose. No cover, 8pm at the Adrift Hotel in Long Beach.

TERRY ROBB

Acoustic fingerstyle guitar virtuoso Terry Robb returns to the North Coast for an intimate evening concert at the Hoffman Center for the Arts. Robb has redefined acoustic blues guitar with his signature fingerpicking style. Robb's unique blues sound, incorporating elements from the Mississippi Delta music tradition, ragtime, country, swing, and jazz, has made him a legend among blues musicians in his prolific music career spanning four decades.

Saturday, Oct. 13, 7pm. Saturday, Oct 13, 7pm. David Wiegan opens. \$10. Hoffman Center is located at 594 Laneda Ave. in Manzanita



JEAN MANN

Queen Of The Tenor Guitar, Uke And Various Other Happy Noise-Makers plays the Hoffman Center. Jean's inventive musical prose, velvety folk-style vocals and just the right touch on any instrument she's playing will charm your socks off.

Friday, Oct 19, 7pm. \$10 at The Hoffman Center in Manzanita

Wednesday 24

MUSIC

Pretty Gritty No cover, 8pm at the Adrift Hotel in Long Beach.

CINEMA

Suicide: The Ripple Effect. 5 – 8pm at the NCRD Performing Arts Center in Nehalem.

LITERARY

Haunted Astoria. Short Story Writing Contest includes a Writer's Showcase where a sampling of submissions will be read, and winners announced at Inferno Lounge starting at 6 pm. Inferno Lounge is located on Pier 11 overlooking the Columbia River in Astoria

Thursday 25

MUSIC

Four Schillings Short. A Samhain/Halloween Concert. \$15, 7pm at the PAC in Astoria.

Pretty Gritty No cover, 8pm at the Adrift Hotel in Long Beach.

LECTURE

Plilosofarian. Is Tolerance Possible? With Seth Tichenor. FREE. 7pm in the Lovell Showroom at Fort George in Astoria.

LITERARY

Dark and Stormy Nights. Mystery writer Melissa Eskue Ousley will read from her work. Free, 4pm at the Driftwood Public Library in Lincoln City.

THEATER

Better Late. A romantic comedy. \$15, 7:30pm at Theater West in Lincoln City.

Friday 26

MUSIC

Jazz Artist Robert Moore. Singer/Trumpeter Robert Moore performs with quintet at KALA. An Astoria Jazz Festival event. \$18. Advance Tickets. Libertyastoria.org

The Michael Shay Trio. No cover, 7pm at the Sand Trap Pub in Gearhart.

Pretty Gritty. No cover, 9pm at the Adrift Hotel in Long Beach.

HAPPENING

Spirit Gathering. Get ready to sit, sip, and talk to the spirits at the Shelburne Hotel. Psychic Siamese reading Tarot cards by appointment, seasonal cuisine, and cocktails that represents the spirits at the hotel. Costumes Encouraged. \$30, 6 – 9pm at the Shelburne Hotel in Seaview. Get tickets at brownpapertickets.com/event/3616368

Halloween Dance with DANCE NOW! Dance Now presents special needs friends from throughout Clatsop County with opportunities to have fun and build friendships. Free, all ages, costumes are encouraged. Caregivers must be present, supervision is not available. 6 – 8pm at the Warrenton Grade School Gym.

AAMC Halloween Dance Party. 9pm. 21+ \$5. Costumes encouraged! Astoria Arts & Movement Center.

Seaside Sashay Square Dance Festival. Plus Passport Promenade and Craft Fair. At The Seaside Convention Center.

Haunted Taft. A spine-chilling walking tour of Lincoln City's Historic Taft District. Tours run at 5:30, 7:00 and 8:30 PM. Tickets \$10-\$20. FMI call 541-921-9329

cont. p20



Girl Can't Help It

YES. I mean no I mean JOURNEY. This band with a lot a female power in it takes on the mission to provide you with the covers. And you better not stop believing it — **THEY ARE HOT.** Get all disguised for a Sand Trap Halloween Bash. Sat, Oct 27, 8-10pm No Cover

THEATER

Better Late. A romantic comedy. \$15, 7:30pm at Theater West in Lincoln City.

Saturday 27

MUSIC

Troll Radio Revue. 11am at Fort George in Astoria.

Shelly Rudolph. \$15, 7pm at the Peninsula Arts Center in Long Beach.

Britnee Kellogg. No cover, 8pm at Public Coast Brewing in Cannon Beach.

Pretty Gritty No cover, 8pm at the Adrift Hotel in Long Beach.

ART

Tillamook Downtown District Artwalk. 1-3pm in Tillamook.

FOOD & DRINK

Premium NW Wineries. Wine Tasting. 1 – 4pm at the Cel-lar on 10th in Astoria.

HAPPENING

Seaside Sashay Square Dance Festival. At The Seaside Convention Center.

Haunted Taft. A spine-chilling walking tour of Lincoln City's Historic Taft District. Tours run at 5:30, 7:00 and 8:30 PM. Tickets \$10-\$20. FMI call 541-921-9329

Sunday 28

MUSIC

North Coast Symphonic Band. Dances of Enchantment with special guests 3 Leg Torso. \$15, 2pm at the Liberty Theater in Astoria.

Pretty Gritty No cover, 8pm at the Adrift Hotel in Long Beach.

Alexa Wiley & The Wilderness. Live Music. No cover. 8pm at Fort George Brewery & Public House in Astoria.

HAPPENING

Talking Tombstones. Former citizens are expected to return from the great beyond for a graveside chat with any and all willing to visit their tombstone. The tour is free, but donations are accepted. Tours start from 1 – 3pm at a cemetery in Clatsop County. Location TBA.

THEATER

Mystery Dinner and Show. Now You See It. This event includes a 3 course special dinner from Maggie's plus a Mystery Show hosted by The Murder Mystery Company of Portland. Dress in your fanciest evening gowns and suits for an evening of high fashion and suspenseful mystery with a thrilling conclusion. \$60, 6 – 8pm at Maggie's on the Prom in Seaside. Reservations required. 503-738-6403

Better Late. A romantic comedy. \$15, 7:30pm at Theater West in Lincoln City.

Monday 29

MUSIC

Pretty Gritty No cover, 8pm at the Adrift Hotel in Long Beach.

HAPPENING

Trunk or Treat. through the maze of vehicles that will be decorated for this special event. There will be games, candy, and fun things to do. For children 6th grade and under and accompanying adults. 1 – 3pm in the North Coast Family Fellowships parking lot in Seaside.

Tuesday 30

MUSIC

Live Music. No cover, 8pm at the Adrift Hotel in Long Beach.

Wednesday 31

MUSIC

Live Music. No cover, 8pm at the Adrift Hotel in Long Beach.

HAPPENING

Ma Barley & The Pagan Pancakes. At the Halloween Hellorium. 8 – 11pm at Fort George in Astoria.

Help Out at a Native Plant Nursery. Help out the NCLC at a native plant Nursery. Meet up at the NCLC office in Seaside at 8:30am or at the Northwest Oregon Restoration Partnership Nursery in Tillamook at 10am.

Downtown Trick or Treating. 3 – 5pm in downtown Tillamook.

Thursday 1

MUSIC

Jeremy Wilson. No cover, 8pm at the Adrift Hotel in Long Beach.

HAPPENING

First Thursday Trivia. Teams of 1-5 compete for universal admiration and fantastic prizes. Sign up ahead of time or just show up! Free, 5:30 – 6:30pm at the Astoria Public Library.

Dia De Los Muertos Holiday Celebration. Live music, face painting, crafts and a potluck party included. Children and adults are encouraged to dress up and bring a remembrance to add to the 'ofrenda' (alter table), to remember a loved one who has passed on. 5:30 – 7:30pm at the Driftwood Public Library in Lincoln City.

THEATER

Better Late. A romantic comedy. \$15, 7:30pm at Theater West in Lincoln City.

Friday 2

MUSIC

Paula Abdul. \$60 - \$65, 8pm at Chinook Winds in Lincoln City.

Jeremy Wilson. No cover, 9pm at the Adrift Hotel in Long Beach.

FLASH CUTS

MOVIES & MUSINGS

Fall awards season kicks off in a big way with the debut of two Academy Awards contenders and a slew of Sundance indies plus the much-anticipated remake of a horror classic.

FIRST MAN (OCT 12) Ryan Gosling stars as astronaut Neil Armstrong in director Damien Chazelle's story of the first man to set foot on the moon. Unlike movies like The Right Stuff, where the space race was depicted as part of the Cold War, Chazelle literally turns away from nationalistic flag waving and focuses on the man and the unprecedented enormity of NASA's moon mission. In the first scene, Armstrong pilots an X-15 on a test flight to the edge of space and back in a contraption that seems noisy, cramped and extremely dangerous. Soon afterward, Armstrong and his wife Jan (Claire Foy) lose their 3-year-old daughter to cancer. Starting over, the Armstrongs move to Houston where Neil joins NASA's astronaut program. Armstrong bonds with fellow astronauts in training, including ambitious Buzz Aldrin (Corey Stoll) and his best friends Ed White (Jason Clarke) and Elliot See (Patrick Fugit). However, as the space race heats up, astronauts are killed and tension mounts. Armstrong compensates by becoming even more self-contained. When a NASA official tries to smooth things over, chain-smoking Jan (who knows better) finally lashes out at a NASA official telling him "You don't have anything under control!" and forces Neil to tell his children that he may never return from his moon mission.

COLETTE (OCT, 12 LIMITED) Keira Knightley plays turn of the century French literary superstar Sidonie—Gabrielle Colette



in this story of a bisexual woman who despite restrictions for women of the time, comes into her own, both professionally and personally. At the time women's life options were limited to marriage or being a kept woman by a rich man. As a teenager, Colette is swept off her feet by debonair literary scene maker Henry Guthrie-Villars (Dominic West), known as Willy. Willy is a popular author, but his income lags behind his lavish lifestyle so he employs ghostwriters to keep up his output. Noticing Colette's love of story-telling, he has Colette write a novel. When the novel is eventually published, Claudine at School is a huge hit with one catch –

Previews

FILM.

BY LES KANEKUNI



SUSPIRIA

Willy has taken credit for Colette's work. Although denied professional recognition, Colette's personal life blossoms when she becomes attracted to two women, a "wayward American debutante" Georgie (Eleanor Tomlinson), then later cross-dressing Missy (Denise Gough). Willy, an open libertine, complicates matters when he has a fling with Georgie. Eventually, Colette realizes that she must free herself of Willy to become the person she is.

HALLOWEEN (OCT. 19) Jamie Lee Curtis returns to the role of Laurie Strode in this re-imaging of the Halloween franchise. Movie basically discards the previous nine sequels to the 1978 original and picks up 40 years later. Michael Myers (Nick Castle) has been imprisoned since the events of the first movie. Dr. Sartain (Haluk Bilginer), who is studying Myers, visits him in the institution and presents him with a familiar object: his mask. Myers does not react. Laurie Strode, permanently scarred by her encounter with Myers, has in the intervening 40 years trained for the day Myers will return, outfitting her house with weapons and secret passages. All the monomaniacal preparation has come at a price. By raising her daughter Karen (Judy Greer) as a fighter she has alienated her. Karen now has a husband and a daughter, Allyson (Andi Matichak). When Myers is being transferred to another prison, the bus wrecks and Myers escapes. When Myers shows up in Haddonfield, Illinois on – you guessed it – Halloween, Laurie, Karen and Allyson team up to take down the near-mythical monster.

BOHEMIAN RHAPSODY (NOV. 2)

Rami Malek (Mr. Robot) stars as Freddie Mercury in the rare rock biopic with good early buzz. Synopsis: Bohemian Rhapsody is a foot-stomping celebration of Queen, their music and their extraordinary lead singer Freddie Mercury. Freddie defied stereotypes and shattered convention to become one of the most beloved entertainers on the planet. The film traces the meteoric rise of the band through their iconic songs and revolutionary sound. They reach unparalleled success, but in an unexpected turn Freddie, surrounded by darker influences, shuns Queen in pursuit of his solo career. Having suffered greatly without the collaboration of Queen, Freddie manages to reunite with his bandmates just in time for Live Aid. While bravely facing a recent AIDS diagnosis, Freddie leads the band in one of the greatest performances in the history of rock music. Queen cements a legacy that continues to inspire outsiders, dreamers and music lovers to this day.

SUSPIRIA (NOV. 2) Call Me By Your Name director Luca Guadagnino returns with his remake of the '70s horror classic about a dance company run by a coven of witches. Unlike the original which focused on terrifying effect, on genre scares, the remake has more on its mind with references to terrorism in Germany in the '70s when the story is set and even to Nazism. Dakota Johnson plays American dance student Susie Bannion who arrives in Berlin in the fall of 1977 to audition for the Markos Dance Academy. Although without formal training, Susie wows artistic director Madame Blanc (Tilda Swinton) with her ferocious routine and is accepted. Susie rises quickly, winning the lead role in the academy's new piece and becoming a favorite of Madame Blanc. However, Susie discovers disquieting news about a student, Patricia (Chloe Grace Moretz) who disappeared the day before Susie arrived and met with psychiatrist Dr. Klemperer (Swinton w/heavy makeup) with proof that the academy is run by a trio of witches. Madame Blanc tells her students that Patricia left to join a terrorist group, however one student, Olga, accuses Madame Blanc of driving Patricia away. Soon after, Olga meets a hideous fate and Susie discovers the academy is not what she thought it was.

A PRIVATE WAR (NOV. 2 LIMITED)

Academy Award nominated documentary director Matthew Heineman makes his dramatic feature debut with a portrait of real life war correspondent Marie Colvin (Rosamund Pike), who was killed while covering Syria's civil war in 2012. Colvin is relentless while working on stories. On assignment in Sri Lanka covering the Tamil Tigers, she's caught in a firefight and loses an eye. Off assignment is another story. Colvin can't maintain relationships, drinks and eventually suffers from PTSD. Ignoring her editor's suggestion to stay in London, she heads to Iraq, teaming up with ace photographer Paul Conroy (Jamie Dornan) where they uncover a mass grave of Kuwaiti POWs, then it's on to Afghanistan, Libya and finally, Syria.



Bohemian Rhapsody

FREE WILL ASTROLOGY

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OCTOBER

ARIES (March 21-April 19): Electra is an action-packed story written by ancient Greek playwright Sophocles. It features epic characters taking drastic action in response to extreme events. In contrast to that text is Marcel Proust's novel *In Search of Lost Time*, which draws from the author's experiences growing up, coming of age, and falling in love, all the while in quest for meaning and beauty. Author Virginia Woolfe compared the two works, writing, "In six pages of Proust we can find more complicated and varied emotions than in the whole of the Electra." In accordance with astrological omens, I recommend that for now you specialize in the Proustian mode rather than the Sophoclean. Your feelings in the next five weeks could be as rich and interesting and educational as they have been in a long time. Honor them!

TAURUS (April 20-May 20): Researchers in Maryland have created a new building material with a strength-to-weight ratio that's eight times better than steel. It's an effective insulator, and in some forms can be bent and folded. Best of all, it's biodegradable and cost-effective. The stuff is called nanowood, and is derived from lightweight, fast-growing trees like balsa. I propose that we make it your main metaphor for the foreseeable future. Why? Because I think you're primed to locate or create your own version of a flexible, durable, robust building block.

GEMINI (May 21-June 20): The U.S. Secretary of Defense paid an official visit to Indonesia early this year. The government arranged for him to observe soldiers as they demonstrated how tough and well-trained they were. Some of the troops shimmed through broken glass, demolished bricks with their heads, walked through fire, and bit heads off snakes. I hope you won't try stunts like that in the coming weeks, Gemini. It will be a favorable time for you show off your skills and make strong impressions. You'll be wise to impress important people with how creative and resourceful you are. But there's no need to try too hard or resort to exaggeration.

CANCER (June 21-July 22): i confess that i have a fuzzy self-image. With odd regularity, i don't seem to know exactly what or who i am. For example, i sometimes think i'm so nice and polite that i need to toughen up. But on other occasions i feel my views are so outrageous and controversial that i should tone myself down. Which is true? Often, i even neglect to capitalize the word "i." You have probably experienced some of this fuzziness, my fellow Cancerian. But you're now in a favorable phase to cultivate a more definitive self-image. Here's a helpful tip: We Cancerians have a natural talent for inspiring people to love us. This ability will come in especially handy as we work on making an enduring upgrade from i to I. Our allies' support and feedback will fuel our inner efforts to clarify our identity.

LEO (July 23-Aug. 22): "I am a little afraid of love, it makes me rather stupid." So said author Simone de Beauvoir in a letter she wrote to her lover, Nelson Algren. I'm happy to let you know, Leo, that during the next twelve months, love is likely to have the opposite effect on you. According to my analysis of the astrological omens, it will tend to make you smarter and more perceptive. To the degree that you expand your capacity for love, you will become more resilient and a better decision-maker. As you get the chance to express love with utmost skill and artistry, you will awaken dormant potentials and boost your personal power.

VIRGO (Aug. 23-Sept. 22): Your theme in the coming weeks is the art of attending to details. But wait! I said "the art." That means attending to details with panache, not with overly meticulous fussing. For inspiration, meditate on St. Francis Xavier's advice, "Be great in little things." And let's take his thought a step further with a quote from author Richard Shivers: "Be great in little things, and you will be given opportunity to do big things." Novelist Tom Robbins provides us with one more nuance: "When we accept small wonders, we qualify ourselves to imagine great wonders."

LIBRA (Sept. 23-Oct. 22): Libran astrophysicist Neil deGrasse Tyson offers this observation: "When you look for things in life like love, meaning, motivation, it implies they are sitting behind a tree or under a rock. [But] the most successful people in life recognize that in life they create their own love, they manufacture their own meaning, they generate their own motivation." I think Tyson's simple wisdom is exactly what you need to hear right now, Libra. You're primed for a breakthrough in your ability to create your own fate.

SCORPIO (Oct. 23-Nov. 21): Japanese entrepreneur Hiroki Terai has created a business that offers crying therapy. His clients watch short videos specially formulated to make them weep. When the tears flow, a professional helper is on hand to wipe them gently away and provide comforting words. "Tears have relaxing and healing effects," says an Okinawan musician who works as one of the helpers. Hiroki Terai adds, "It has been said that one drop of tear has the effect of relieving stress for a week." I wish there were a service like this near where you live, Scorpio. The next two weeks will be a perfect time to relieve pent-up worry and sadness and anxiety through cathartic rituals like crying. What other strategies might work for you?

SAGITTARIUS (Nov. 22-Dec. 21): Fling out friendly feelers! Sling out interesting invitations! Figure out how to get noticed for all the right reasons! Make yourself so interesting that no one can resist your proposals! Use your spunky riddle-solving powers to help ease your tribe's anxieties. Risk looking odd if that will make you smarter! Plunk yourself down in pivotal places where vitality is welling up! Send out telepathic beams that say, "I'm ready for sweet adventure. I'm ready for enjoyable transformation!"

CAPRICORN (Dec. 22-Jan. 19): "Someone spoke to me last night, told me the truth," writes poet Doeianne Laux. "I knew I should make myself get up, write it down, but it was late, and I was exhausted from working. Now I remember only the flavor." I offer these thoughts, Capricorn, in the hope they'll help you avoid Laux's mistake. I'm quite sure that crucial insights and revelations will be coming your way, and I want you to do whatever's necessary to completely capture them so you can study and meditate on them at length.

AQUARIUS (Jan. 20-Feb. 18): As a young man, Aquarian poet Louis Dudek struck up a correspondence with renowned poet Ezra Pound, who was 32 years older. Dudek "admired him immensely," and "loved him for the joy and the luminosity" of his poetry, but also resented him "for being so magnificent." With a mix of mischief and adulation, Dudek wrote a poem to his hero. It included these lines: "For Christ's sake, you didn't invent sunlight. There was sun dazzle before you. But you talk as if you made light or discovered it." I hope his frisky tone might inspire you to try something similar with your own idols. It would be healthy to be more playful and lighthearted about anything or anyone you take too seriously or give enormous power to.

PISCES (Feb. 19-March 20): In his book *Till We Have Faces*, C. S. Lewis writes, "Holy places are dark places. It is life and strength, not knowledge and words, that we get in them. Holy wisdom is not clear and thin like water, but thick and dark like blood." In that spirit, and in accordance with astrological omens, I suggest you seek out dark holy places that evoke wonder and reverence, even awe. Hopefully, you will be inspired thereby to bring new beauty into your life. You'll be purged of trivial concerns and become receptive to a fresh promise from your future life.

Homework: At what moment in your life were you closest to being perfectly content? Recreate the conditions that prevailed then. Testify at Freewillastrology.com.

FREEWILLASTROLOGY.COM

Bike Madame

By Margaret Hammit-McDonald

My Bike On Stuff

IT'S A BIKE'S usual state of affairs to have someone riding it, but sometimes the bike becomes the passenger. Whether you're taking the bus for part of your commute or you're headed off in your car to a distant trail ride, from time to time, bikes get to enjoy the scenery. Options for giving your bike a ride include various car-mounted accessories, pickup truck beds, front-mounted racks on buses, and hooks on trains and streetcars. Other transport methods are more unusual...we'll get to those at the end.

We've all seen the venerable roof rack, which has kept bikes out of the trunk or hatchback (and from being disassembled to fit) for decades. Roof racks come in multisport varieties, allowing you to carry kayaks and cargo containers as well. Their less than aerodynamic nature does eat up your gas or battery, and you must be aware of your vehicle's greater height when passing under low bridges. A rear-mounted rack reduces some of these problems, and it's also easier to mount bikes because you don't have to lift them as high. Some offer a platform design for multiple bikes. Sadly, if you're involved in a rear-end collision, the bike(s) as well as the car can be totaled. If you have unusually shaped bikes (recumbents, tandems), you can tow them with a specialized trailer. Heavy trailers do consume electricity or gas, though, and backing up can be a nightmare.

I lived in rural Pennsylvania as a teenager, and heavy snowfall combined with farm work made pickup trucks ubiquitous. You could toss all kinds of things, or living beings, into the bed, from your friends to your dog to your bike. If you choose this option, I recommend purchasing a device that keeps the bike(s) stable in the truck bed, since loose bikes can be jostled around in there, damaging the frame and components. Should you need to transport your bike on a boat, you'll run into a similar problem: keeping the bike from sloshing

around. Ferries and other large watercraft may include bike racks or storage rooms. But if your vessel is small, like a canoe or rowboat, consider adapting a truck-bed bike-immobilizing device for aquatic trips.

Can you convince a pack animal, such as an elephant, mule, or camel, to



carry a bike? If you go on an international bike tour, you may need to avail yourself of pack-animal services over ground that's hostile to bike tires (deserts, mountains, glaciers, and such). To see a gentleman

riding a camel with his bike strapped on, check out this website: <http://bikeroute.com/NationalBicycleGreenwayNews/2014/05/21/mountain-bike-and-rider-carrying-camel/>. (Paul Gagnon took this photo for BikeSome-Where.com.) I don't suggest trying this at home, unless you know the camel well.

Without a friendly pack animal nearby, you might become the bike's transport system. Most such situations are mercifully brief: you just need to pick up the bike and lift it over or around something. But if you're a fan of bikepacking (a combo of hiking, backpacking, and mountain biking), you can purchase special backpacks (or attachments for an existing backpack) for carrying your bike to your destination—up a hill, for example, that you'll then careen down.

Taking a bike onto a plane, alas, requires disassembling the poor critter. When bikes go into space (moon mountain-biking, anyone?), their fate will likely be the same...unless some engineer figures out a way to create a rocket rack that won't let the bike be crumpled or vaporized on reentering the atmosphere.

Physician, writer and writing instructor, visit Margaret Hammit - McDonald's blog/website Valor and Compassion, where she focuses on writing topics www.valorandcompassion.com.

WORKSHOPS/CLASSES

PRINTMAKING Without a Press. Relief, Mono-types, & Collagraphs Using Akua Non-Toxic Inks. October 13. With Jane Pagliarulo. Learn the myriad ways you can print on your kitchen table or schoolroom desk using rolling pin, printing pin, or baren. These techniques are immediate, experimental, fun and well-suited for teachers or professionals or folks who claim they are not artistic! Our printing plates will include wood, plexiglass, gel plates, easycut, scratch foam and mat board, and we will play with masking tape, paper, mylar, brushes, rags and brayers. \$150 + \$40 materials fee. 11am – 5pm at the Sou’wester Lodge in Seaview. Call 360-642-2542 to register.

AARP SMART DRIVER COURSE. October 17. The AARP Smart Driver course is specifically designed for drivers age 50 and older. In many states, drivers may benefit from a discount on their auto insurance premium upon completing the course. The course will help students refresh driving skills and knowledge of the rules — and hazards — of the road, and help reduce chances of receiving a traffic violation or getting into an accident. Oregon State law provides a discount on your auto insurance premium for completing this course. \$15, 9am – 4pm at the Bob Chisholm Community Center in Seaside. To register, call 503-338-2566.

PHOTOGRAPHY on the Bay. October 20. With Jim Young. A course for emerging landscape and nature photographers. The class will emphasize the basics of photography and will focus on composition. Traveling along Netarts Bay, participants will practice new skills in the field. Free 10am – 2:30pm in the Netarts Bay area. Register for details at explorenaturetillamookcoast.com

MYCOPIGMENTS. An Exploration of Mushroom and Lichen Dyes. October 24. With Alissa Allen Lake Louise. Learn about prized local wild mushrooms and lichens used for dye. We will design 3 silk scarves using resist techniques for simple, yet elegant patterns. Participants will receive a detailed instructional handout, a color guide to the best local dye fungi and 3 silk scarves. \$75 plus \$25 materials fee. 11am – 3pm at the Sou’wester Lodge in Seaview. Call 360-642-2542 to register.

EXPLORING COLOR: SILK PAINTING. October 27. With Jess Beebe. We will be working with color combinations on paper exploring the interaction of color before we take paint to silk scarves. The process of silk painting is much like watercolor and the application of salt at the end adds textural interest. The finished silks (21” square) may be worn or hung as wall art. \$50, noon – 4pm at the Sou’wester Lodge in Seaview. Call 360-642-2542 to register.

MYCOLOGY SPORE PRINTING CLASS. November 10. This fun and creative class will teach participants to make beautiful spore prints with interesting local mushrooms. Spore prints can be used both for species identification and artistic purposes! All materials will be provided. 10am – noon at the Cannon Beach Visitor Center.

BODY WORK-YOGA-FITNESS

SEPTEMBER ANGORA HIKING CLUB. Radar Ridge in Washington. SEPT 22-At 9am meet on Marine Drive, between 6th & 7th, across from McDonalds. Radar Hill, was a Naval Air Station. It gives panoramic views of the Naselle Valley. Including Long Beach Peninsula, Willapa Bay, and the Pacific. Snag, and Western Lakes are also called Radar Hill ponds with elevations of 1100 feet. This is an easy walk around both lakes with a trail between. It is approximately 2 miles. Washington State Park pass is required for each automobile. Leader is Linda Dugan 503 440-3909. SEPT 29–Oswald West on Hwy. 101, 9am on Marine Drive, (above) or at the restrooms at Oswald State Park at 9:50am, then car shuttle between Arch Cape and Falcom Cove. The Oswald West hike is a short section of the Oregon Coast Trail which includes a suspension bridge. Leader is June Baumlser 503

368-4323. Kathleen Hudson, President, Angora Hiking Club 503 861-2802.

QIGONG WALKING AND FORMS. Mondays, starting January 23. With Donna Quinn. Qigong is an ancient Chinese health care system that integrates physical postures, breathing techniques and focused intention. Qigong (Chi Kung) means cultivating energy, it is a system practiced for health maintenance, healing and increasing vitality. Free community class, 7:30am at RiversZen Yoga in Astoria.

CLASSICAL BELLY DANCE. Classes held Sundays 3-4:30 @ Tolovana Community Hall 3778 s. Hemlock Cannon Beach. Drop in \$10. Everyone welcome. Info call Sarah 971-601-0127.

YOGA IN NEHALEM.North County Recreation District. Mon. 5:15-6:45pm/Beginning Classical Yoga. Tues. 4-5:30pm/Feel Good Flow Yoga. Wed. 8-9:30a/Mid-Life Yoga, Leading You into Your 50’s, 60’s, 70’s and Beyond! Wed. 5:45-7:15pm/Restorative Yoga. Thurs. 8-9:30am/Chair Yoga,Thurs 5:45-7:15pm/Hatha for All Yoga. Fri 8-9:30am/Very Gentle Yoga. Fri 11:30-1pm/Living Yoga. Sat. 8-9:30am/Classical Yoga. 6 different RYT yoga instructors, in-district \$8; out-of-district \$13. contact 503-368-7160.

RIVERSZEN YOGA and Ki-Hara Resistance Stretching Studio. Located at 399 31st Str. Astoria. 503-440-3554. Over 30 classes, for Strength, Stamina or Yoga Flow,Levels 1, 2 & 3 offered from early morning to evening, 7 days a week. 1/2price for new students first month and locals residents first day free.Free parking and a handicapped ramp is available. http://riverszen.com orFacebook.com/RiversZen.

YOGA – BAY CITY ARTS CENTER. Classed with Michelle Lawhorn - Mon & Thurs 6pm. \$5 per class.

YOGA—MANZANITA, Center for Contemplative Arts, Manzanita Ave., Tuesday 5-6:30pm. \$10 drop-in fee. Call 503-368-3733 for more information.

YOGA/GEARHART. Gearhart Workout. For more information log on to www.gearhart-workout.com 3470 Hwy. 101 N. Suite 104 in Gearhart

CB’AI CHI. The Center for the Contemplative Arts, Manzanita: Wednesday Mornings 10-11:30. \$30/month. Call 368-6227 for more info.

LEARN SELF DEFENSE. Private lessons in Ocean Park, WA (home gym) with Black Belt instructor Jon Belcher in Kenpo Karate (Adults only, \$10.00 per 1 & 1/2 hr lesson). Currently teaching Mondays & Thursdays from 1:00pm on. To try a free introductory lesson contact instructor at: Phone: 360-665-0860 or E-mail: jonbelcher1741@yahoo.Com Instructor teaches the Ed Parker system of American Kenpo Karate.

CB ZUMBA. Low Impact Fitness for many ages. Licensed instruction. Tolovana Community Hall 3779 S. Hemlock, Cannon Beach, Call Joy: 503.738.6560

NEHALEM ZUMBA. Come join the Zumba party at North County Recreation District in Nehalem, Oregon. Tue-Thur 6:30 to 7:30pm/ Fri 9-10am. FALL term thru Dec. Attire: Loose gym clothing, non-gripping sneakers, a water bottle & lots of energy! Rosa Erlebach – instructor. Ncrd. 36155 9th Street Nehalem, Or 97131(503) 368-4595 Rerlebach@gmail.Com

SPIRITUALITY

LOOKING FOR A UNITY CHURCH? Join in a “Celebration of Spirit” sponsored by Common Ground Interspiritual Fellowship. This Sunday morning gathering is not defined by any particular belief system, and is especially intended for the “spiritual but not religious,” as well as those who draw from more than one faith tradition. Time: Sundays 9:30 – 10:30 am Location: Franklin Ave. & 11th St. Astoria, in the Wesley Room of the Methodist Church, (use building entrance on 11th). For more informa-

tion see http://cgifellowship.org, contact info@cgifellowship.org, or call 916-307-9790.

A COURSE IN MIRACLES STUDY GROUP A Course in Miracles study group will meet on Sundays from 3-5pm at the Ocean Park Library conference room as of April 1st. All meetings are open to the public and free of charge. The Course in Miracles is a spiritual practice, Christian in nature, dealing with universal themes and experience. The Course will address existential questions such as “Who am I?”, “Where did I come from?”, “What is my purpose here?”, as well as the practice of undoing fear and guilt, attainment of inner peace, healing of sickness and of relationships, forgiveness and compassion, prayer/meditation and enlightenment. The Course in Miracles books will be available for use and purchase at the meetings. For more info, please contact: Kenny Tam (206) 979-7714 (cell).

AUTHENTIC Spiritual Conversations Meets every Tuesday in Astoria, from 7:00 – 8:30 PM. Are you looking for a spiritual community of like-minded people but don't seem to fit in anywhere? Do you want to be able to explore your spiritual questions, doubts, and practices in a space where everyone's needs are respectfully held? Are you tired of keeping silent in order to fit into group norms that tell you what you should believe? Join in a conversation where your unique spiritual path is respected and you can feel safe to express your authentic truth. All faiths, including “spiritual but not religious” are welcome. We meet in the new Columbia Memorial Hospital Cancer Center located at 1905 Exchange. For more information contact info@cgifellowship.org or call 916-307-9790.

COLUMBIA RIVER MEDITATION GROUP. Meets Wed 5:30-7:30pm, Towler Hall rm 306 at CCC. Meditation can reduce stress, increase health, creativity and efficiency, and lead to a more deeply satisfying and richer life. Led by ordained Zen priest/non-religious. Many different styles practiced, discussion of common problems encountered during meditation, focus on deveoping a regualr practice. All welcome.

ART & MINDFULNESS. With Amy Selena Reynolds. Once a month , 2nd Saturdays, 1-4 pm. Deepen your connection with your heart, mind, and spirit, play with creativity, find out where art and meditation begin. No previous art or meditation experience is necessary. Bring a journal and your favorite pen. All other supplies will be provided. Class fee:\$30 (Note: No one will be turned away for lack of funds. Please contact Amy if you have a financial hardship but want to take a class). Call Amy at 503-421-7412 or email amyselena888@gmail.com

A SILENT MEDITATION • with Lola Sacks. St. Catherine’s Center for the Contemplative Arts, Manzanita: Monday Nights 5 - 5:45 Call 368-6227 for more info.

LECTIO DIVINA • Meditation with Holy Scripture. The Center for the Contemplative Arts, Manzanita: Tuesday Mornings 10-11:30. Call 368-6227 for more info.

LABYRINTH WALK • Grace Episcopal Church, 1545 Franklin St, Astoria, 3-6. Every 1st Sunday.

VOLUNTEER

CLATSOP COUNTY GENEALOGY SOCIETY is embarking on county-wide cemeteryidentification and cataloging project. Cemeteries are among the most valuable of historic resources. They are reminders of our settlement patterns and can reveal information about our historic events, ethnicity,religion, lifestyles and genealogy. The society is seeking volunteers tojoin members in identifying and visiting cemeteries to catalog theinformation for future



Weekly Habitat Restoration/Stewardship Work Parties. 10 am - noon. Meet at Alder Creek Farm, at the end of Underhill Lane between Nehalem and Manzanita. Dress for the weather and prepare to get outside with great people on beautiful properties doing a variety of habitat restoration activities. For more information contact Lower Nehalem Community Trust, 503-368-3203, Inct@nehaletel.net

MEETINGS/MEET-UPS

GRIEF SUPPORT GROUP. ASTORIA/SEA-SIDE. Lower Columbia Hosice is currently offering free bereavement and grief support group meetings twice per month: 1st Thurs. 2-4pm@ Bob Chisholm Comm.Center, Meeting Rm. 1, 1225 Ave. A, Seaside. 3rd Tues. 4-30-6pm, Columbia Memorial Hospital, Columbia Center, Chinok Rm, 2021 Exchange St., Astoria. Queutions call: 503-338-6230.

KNITTING CLUB. Weekly on Tuesdays 5:30-6:30. Location: Coffee Girl, Pier 39 Astoria. Community members of any skill level can meet to knit at Coffee Girl. We teach beginners and encourage everyone to bring their own supplies. If knitting isn't your thing, we welcome other crafts as well.

INCLUSIVE MEN’S GROUP. Meets at the Center for Contemplative Arts in Manzanita. Sunday evenings. 5:00pm - 8pm. Next meeting June 9. Benefit from the experience of a more diverse circle of men – all ages - all walks of life - all points of view - let's expand the possibilities. Some of us have been meeting together for 9 years. Others are new to the process. Either way, each man adds to the evening. We all have connection to a vast knowledge. The group intelligence is more expansive than the individual awareness. There is a great release and power in sharing our wisdom and our vulnerabilities. We are confidential. We are inclusive. We are diverse. Bring Yourself - Be Yourself - Add Yourself to the mix. See what happens. FMI: Darel Grothaus, darelgrothaus@raincity.com

TILLAMOOK PILOTS ASSOCIATION. Meets 1st Sat ea. month at the Airbase Cafe (Tillamook Air Museum) at 9am for their regular business meeting and to promote general aviation. Interested in learning to fly? Or simply interested in general aviation, come to the meeting and meet similar-minded folks? The TPA owns a Cessna 172 available for members to rent for instruction or forgeneral use for licensed pilots who are members of TPA. tillamookpilots.org.

ENCORE – Join us for the ENCORE Lunch Bunch the first Friday of each month. Questions about Lunch Bunch? Call Gerrie Penny 360-244-3018 or Carey Birkenfeld, 503-791-3917. ENCORE is a membership organization for people age 50 and older who are interested in life-long learning opportunities. ENCORE (Exploring New Concepts of Retirement Education) is sponsored by Clatsop Community College and offers classes in a variety of subjects, social events, and occasional educational trips. For more information, please refer to our website: www.encorelearn.org or contact Leah Olson, Clatsop Community College Community Education Coordinator, 503-338-2408 OR TOLL FREE AT 1-855-252-8767.

COMMUNITY LISTINGS

REPAIR CAFÉ

LOOK for the REPAIR EVENT sidewalk sign on Duane Street on the fourth Wednesday of the month. This month is a special reminder to mend those jackets and jeans and get those garden tools sharpened to get your home and garden ready for winter.

Repair Café is a community of people who not only can repair, sew, sharpen and give expert advice on pretty much anything that is broken, torn, dull or in need of repair, but LOVE doing it! And FOR FREE! (NO gas engines please.)

Why do they weigh items to be repaired? They have scales to weigh your item to be repaired and even make a guessing game out of it, because we have a goal to keep 2,000 lbs. of broken items from entering our local landfill. Help ‘em to achieve that goal by repairing and fixing your broken stuff!

Future dates for Holiday Repair Café? Same place, same 4th Wednesday of the Month for November 28. Our December Repair Café will be one week earlier on December 19, 2018. facebook.com/repairastoria. If you have any questions about an item you’d like to bring to Astoria’s Repair Café Please call 503-307-0834.



Dance Your Joy at AAMC

342 10th St. in Astoria. For class info please contact the instructor directly. **Classes may change, for a current schedule & instructor info visit: astoriaartsandmovement.com**

• **MONDAY**
8:30 - 9:30am Zumba Dance Fitness with Kim Postlewaite
5:30 - 6:15pm: Pilates (all levels) with Jude MatulichHall
6:15 - 7pm: Gentle Yoga with Jude MatulichHall
7:30 - 8:30pm Modern with Marco Davis
• **TUESDAY** 8:30-9:30am: Zumba with Joy Sigler
6:30 - 7pm Beg. Tap w/Marco Davis
7 - 8pm Inter. Tap w/Marco Davis

• **WEDNESDAY**
9:30-10:45am: Gentle Yoga with Terrie Powers
6-7:15pm: Belly Dance Basics with Jessamyn Grace
7:15-8:15pm: Gentle Yoga Choreography with Jessamyn Grace

THURSDAY
8:30-9:30am Zumba with Joy Sigler
ATS Belly Dance Wrkshp w/Leigh Anne Fri Nov 9, 6 – 7:30pm. \$15, all are welcome!

THE LOWER COLUMBIA CLASSICS CAR CLUB. Invitation to all who are interested in Collector Cars to attend one of our monthly meetings. The meetings are held at Steve Jordan’s Shop Building, located at 35232 Helligso Lane in rural Astoria - meet on the 3rd Thursday of each month. If you are interested and need the directions to get there, you may call Steve Jordan at 503-325-1807

THE ASTORIA CHESS CLUB. meets Saturday mornings at 11:30 AM at Three Cups Coffee House and Thursday evenings at 5:30 PM at the Hotel Elliott’s wine bar. Players of all ages and skill levels are welcome to attend. For more information, contact us at astoriachess-club@gmail.com or visit our Facebook page.”

NORTH COAST LA LECHE LEAGUE. Pregnant women, mothers, babies & toddlers welcome. Topics discussed: preparing for birth and breastfeeding, adjusting to motherhood, parenting babies and toddlers, breastfeeding basics, benefits and challenges of breastfeeding, nutrition, and weaning. Astoria: 1st Tuesdays 5:30-7pm. Blue Scorcher Bakery1493 Duane St, Astoria. Seaside: 3rd Thursdays 10-12. Seaside Public Library, 1131 Broadway St, Seaside. Call or text LLL Leader Megan Oien for breastfeeding support at 503-440-4942 or LLL leader Kestrel Gates at 503-453-3777.



Messages Sonja Grace

mystic healer

The Electromagnetic Field and You

THERE IS A FEELING of anger and irritation in the air that seems to leave many people without patience. As we struggle to manage a complex world that is dominated in technology our very nature is being tested. Earth's electromagnetic field protects us from solar winds and cosmic radiation. This incredible safety net governs the north and south poles and has threatened a pole reversal. The last time the poles reversed according to scientist was 780,000 years ago but apparently, we came close to a reversal just 40,000 years ago.

There is an ancient tribe in Africa that would burn down their clay huts and grain bins as a sacred ritual, to bring the rains back. Apparently, scientist have learned that when you burn clay at high temperatures you stabilize the magnetic minerals. The record of the Earth's magnetic

field is locked into these ancient artifacts. One area of the world that the electromagnetic field is so weak the amount of radiation passing through could disrupt the electronics on satellites spans from Chile to Zimbabwe. This vast area is called the South Atlantic Anomaly. Thanks to our African ancestors and the artifacts found science is learning more about the cycle of pole reversal and when these fluctuations happen. It seems every 3-5 thousand years there has been activity.

The most interesting of all is what is under South Africa. Scientist are now speculating the core-mantle boundary could be impacting the global magnetic field. Sitting 1800 miles below the African continent is a vast reservoir of dense rock called the African Large Low Shear Velocity Province. This dense region is millions of years

old and sits between the hot liquid iron of Earth's outer core and the stiffer cooler mantle. Scientist suggest that this may be somehow disturbing the iron- which helps to generate the Earth's magnetic field.

What does all of this have to do with you? When you live anywhere on planet Earth there is a shared experience. You often hear people in the spiritual community saying, 'we are all one'. Our emotional experience is what creates the feeling of oneness. Humans all share feelings of love, anger, impatience, resentment, joy and more. This is the measuring stick of our species. You can ask someone across the globe what do you feel? They are often going through what others express because we are all affected by energy. Cosmic rays, solar flares and solar winds are bombarding us daily.

The spiritual community often echoes a desire to leave Earth, leave their bodies, and for some escape daily through other means like alcohol, drugs, food, shopping, gaming and a long list of distractions. My guides have told me that we are at the end of a phase of humanity and the desire to leave Earth is something that not only is manifesting through a weakened electromagnetic field but our collective karmic experience. We have been here before and we have seen

the end of a phase of humanity when Atlantis and Lumeria fell. (the electromagnetic field weakened during this time) My guides have advised that as a collective we can strengthen the electromagnetic field. They have also warned that we need to be here now and focus on the planet. Focus your thoughts and be present, give back to her, share your pain and sorrow with her, and love her. We can reweave our etheric webs around our auric field by simply putting our mind to the task and say, "I am now reweaving my etheric web". Let's raise our vibration and observe the feelings of anger and irritation allowing for compassion and forgiveness to better understand the bombardment from the cosmos and reweave the electromagnetic field around our planet.

For over thirty years, award winning author and Mystic Healer, Sonja Grace has been offering her international clientele, immediate stability, clarity, and guidance. Sonja is an energy surgeon who works with the physical, emotional, mental and spiritual bodies. She helps clients process emotional wounds, clear karma and gain inner peace.

Sonja's new book 'Dancing with Raven and Bear, A Book of Earth Medicine and Animal Magic' is published by Inner Traditions and now available for pre order at www.sonjagrace.com

A Special Request from the Dogs & Cats at the Clatsop County Shelter

We're a little
low on supplies.
Would you please help?



Dog Food - Nature's Domain
(Costco)

Cat Food - Nature's Domain
(Costco)

High Quality Kitten Food
50 Gallon garbage bags
13 Gallon Tall Kitchen Bags

Papertowels

Cat Toys (No Catnip)

Bleach

Dog Kongs (Black only please)

Feline Pine Cat Litter

Tennis Balls

Liquid Laundry Detergent

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Cash Donations

Clatsop County Animal Shelter

1315 SE 19th Street
Warrenton, OR 97146
503-861-7387

Tuesday thru Saturday
Noon to 4pm



wordwisdom

By Tobi Nason

THESE DAYS

I DID IT AGAIN. I got a book from the library called, "The Book of Joy," by Dalai Lama and Desmond Tutu. When times are chaotic or my life seems to be going in the wrong direction, I check out a book. I'll let you know next month what wisdom it shares.

Some people pursue money or fame. I seem intent on finding joy and happiness. Always though, the meanings of those words have to be understood. Happiness can be a daily fleeting thing. Joy tends to be imbedded deeper in the body, an accumulation of happiness's. Happiness and joy are not static conditions: they involve actions.

Years ago, I owned a game and puzzle store. I took a small business class at one point. The first thing we had to do was write a mission statement. It was a simple statement of intention. It stated the aim of the business, which in turn, helps dictate choices made.

If one's life "business" is to find joy and happiness, then one needs a mission statement. It helps guide actions

and keeps one focused. I wrote mine. I realize it's easy to get sidetracked, too easy to react badly to the daily news. Too easy to let anger and depression dig in their roots and grow, like a cancer. Too easy! A daily bombardment of appalling news, world and local, is like eating bad food. Eventually you pay the price.

My goal in the last two months has been to keep myself on a sane and reasonable path. Focus on goals and take care of myself. My mission statement reminds me that in the long term, I will be an accumulation of choices made each day. How do I want to feel and be? Do I want to have a bagful of small stupid regrets that add up to a chunk of shame?

Or do I want to make more thoughtful choices all along the way, knowing that I can't change the world, the politics per se, the way others are. But I can do more than react badly. I can be pro active in responses. Choose my battles. Take care of myself for the bigger challenges ahead, whatever they may be.

The world is changing. It is time. Good change for some is perceived as bad change for others. Hence, the resultant bad behavior on the part of those that fear losing privilege. (In keeping with my mission statement, I am avoiding inflammatory language and trying to avoid more controversy. What I find appalling, there are some, yes, really, some that don't. Boys will be boys mentality, for example. I could spew outrage for a page and a half, but...smile - it's not in my mission statement.) What's not in my mission statement, but implicit, is that there is Karma and the phrase, "Give them enough rope and they will hang themselves." So many strong, honorable women are scaring the crap out of old white men.

My mission statement ensures that I will not self-destruct before the world, our country, comes to its senses.

Tobi Nason is a counselor in Warrenton.
(503) 440-0587.



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Office: 503.436.0335 Fax: 503.436-0604

bodies in balance

By Tracy Erfling, N.D.

Dr. Tracy Erfling is a
naturopath physician in the
Lower Columbia Region.
Questions?
erflingnd@icloud.com



THERE IS NO MORE concerning issue facing my patients, our country and the world than our increasing weight. It is a complex and multifaceted issue, which is by no means solved with a single recommendation; but instead a careful evaluation of individual challenges. I have some ideas to share with which some of you will relate, others will continue to be perplexed, but my hope is that everyone will see the possibilities for success.

Starting with the obvious, diet and exercise are a must. When counseling people on weight control it is imperative that this issue is explored in detail. Just laying out the basics is often an eye opening experience for many, especially if they have never been given some simple guidelines, which I find are rarely addressed. Let's first look at eating patterns...do you regularly skip meals, go long periods of time without eating, or frequently go without breakfast? When looking at this from simply a calorie only theory this method would seemingly work because we are using more calories than we are consuming...unfortunately there is a big BUT here (unintended pun). When there is no fuel coming in we have to create it from within and this happens by means of cortisol, our adrenal 'stress' hormone. When we overproduce this hormone there are many consequences, one of which is the release of insulin, our storage hormone. When insulin is released in this way (as opposed to the increase of blood glucose from food digestion) we begin to become less sensitive to its message. This creates even more challenges to weight loss over time as the body will create a storage pattern in an attempt to mediate future caloric restriction.

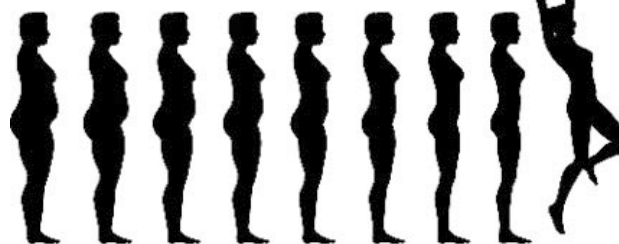
That said there is also some worthy research coming out regarding caloric restriction and weight loss/longevity. Whether we're talking about fasting a day a week, intermittent fasting where calorie intake is limited to 6 hours a day, etc. These options can be quite successful. It should be noted that this is a different strategy than waking up at 7am not eating all day and then having a big dinner at 5pm when you're absolutely starving and continuing to snack until bedtime. Typically intermittent fasting is a well planned and thought thru process involving the ever important aspect of movement as well.

Another important question is what are you drinking? Many are consuming sweet beverages...sodas, energy drinks, sport drinks, and the ever popular coffee drinks. Sometimes these drinks may be sugar free or have low calories, but even so they are sweet! And just having

having the same and going to work all day...FIND THE TIME!!

OK I imagine you knew much of this already and hopefully you are employing that knowledge! Yet another enlightening connection is related to estrogen. This is a powerful hormone which although associated primarily with women is also produced in small amounts by men and is certainly a player in weight management for both sexes. Estrogen and cortisol are in cahoots with one another, meaning when one is high it can increase the other. Estrogen is also increased with inflammatory conditions again through this cortisol connection. What are some other sources of estrogen? Well if you are already overweight it is stored in and released from your very own fat cells, and sadly much comes from our environment. Plastics, skin

WEIGHING IN ON THE PROBLEM OF WEIGHT



something sweet sets off this whole insulin cascade mentioned above; adding to that the fact that beverages are fairly instantly absorbed into the bloodstream (no fat, protein or fiber to slow the digestion), means they almost immediately affect this blood sugar/insulin system. So back to plain old boring water huh? Yep! OR make sure these types of beverages are consumed with a meal versus alone, AND set some limits on these treats. This clearly goes for alcohol too! Also worth checking out are beverages that aren't sweet like green or herb teas, black coffee, or mineral waters (for those who like the bubbles). FYI plain old water is a terrific appetite suppressant!

Exercise (like water) is just a must, I can't think of any way around it. These bodies are meant to move, they were not designed to sit all day! This is where we return to calories in, calories out. It is indeed an important balance of weight maintenance. So for a very sedentary person there are WAY fewer calories necessary than for a more active person (regardless of weight). There are some helpful apps on your smartphone to keep track of this balancing act, and of course this is also the keystone for many popular weight loss programs. I will add that exercise is very different from an active job/lifestyle. There are some essential metabolic reactions that a vigorous walk creates that running around a busy restaurant all day does not. Therefore, I am saying that if you have that double mocha latte AND go to your spin class you've created more balance than

care products, food (i.e. dairy and meat) and food additives to name a few; it is an incredibly prevalent hormone which is creating some unfortunate consequences in our health. What's the answer? Good quality dietary fiber, cruciferous vegetables (broccoli, cauliflower, kale, brussel sprouts and cabbage), and progesterone balance. But as with all hormones this is not a solution to take lightly, whenever I suggest hormones I absolutely recommend doing it under the supervision of a qualified professional as all too often I see self administered hormones causing as many problems as they can potentially solve.

Other lifestyle factors to employ are good stress management. Good elimination, this is something to optimize from the bowels, liver, skin and kidneys, because if you are not pooping, peeing, sweating or detoxifying properly, weight loss will be more difficult. And of course good ol' Sleep! A good night's sleep will help to clear many of the problematic hormones mentioned above, is a key time for detoxification and will improve your ability to make good choices.

Phew, weight loss is exhausting and for many a life-long pursuit. I hope I have shed light on some new ways to think about weight loss, or better yet actions to take against this weighty concern.

DO something you love, BE with someone you love, EAT your vegetables, DRINK clean water, BREATHE deeply and MOVE your body EVERYDAY!!

CHEW ON THIS!

by Merianne Myers



EVERYBODY I KNOW is wandering stealthily through the woods right now, hot on the trail of wild mushrooms and determined to keep their location under wraps. No need to fear incursion on your sweet spot by me. I'm as apt to go mushrooming as I am to go vegan. No offense to my vegan friends all of whom seem perfectly sane in other ways, but frankly you're batty when it comes to food. Some things just aren't negotiable. Like eggs, cheese and real good bourbon.

If I had to go out and shoot, catch, forage or dig my dinner, I'd be dragging a saltine through a tub of peanut butter three times a day. My idea of finding food is a trip to the Astoria Co-op where they have thoughtfully arrayed everything I love in appealing profusion and all I have to do is toss it in a bag. I'm happy to cook, I'm just not into hot pursuit. Or death by dinner.

To wit: Throughout history deadly mushrooms have killed the famous and the sadly uninformed with an admirable lack of bias. In the beginning, there must have been countless cases of indigestion giving way to the realization that you'd just eaten your last meal. However, once early man had completed the research, people were quick to use mushrooms for homicide, suicide, hallucinogenic trips to another side and dinner.

To the uninitiated, harvesting mushrooms can be a daunting prospect. Experience and education are all that steer us clear of the Death Cap or Destroying Angel. Not only will they kill you, they sound mighty unappealing on a menu.

Don't get me wrong, I love a nice walk in the woods. What I'm not interested in is stalking dinner while I'm at it. A gift of Chanterelles, Morels, Chicken of the Woods, Lobsters or any other tasty fungus is always welcome. Bring 'em on and plan to stay for dinner. Dig a few clams while you're at it, I'll pour an aromatic, adult beverage and you can regale me with vivid tales of the hunt. I'll smile politely and cook.

There are countless ways to prepare wild mushrooms. Almost all of them completely luscious. Tucked into a quiche, tossed with your pasta of choice, spooned over toast, adorning a steak or chop, folded into an omelet, wild mushrooms will add bodacious flavor and a touch of class to any savory dish. Ultimately, it's hard to improve on the basics. Mushrooms love bacon almost as much as I do. They're smitten with onions and shameless when it comes to cognac. Happy Autumn!

Tune in to **FOOD TALK**, an irreverent conversation about home cooking with hosts Merianne Myers and Linda Perkins.

First and Third Mondays of every month, 9:30 to 10:00am
on Coast Community Radio, KMUN 91.9fm, KTCB 89.5fm,
streaming and available as podcast
at coastradio.org.

WILD THINGS, YOU MAKE MY HEART SING MUSHROOM SAUTE`

Brush the pine needles and other schmutz off the mushrooms.

2 cups medium diced wild mushrooms
(or any mushrooms, really)
1 Shallot or 1/2 medium onion, medium dice
2 strips bacon, cut into lardons
1 Tablespoon +/- butter
1 Tablespoon +/- olive oil
Cognac
Salt & Pepper

I TRY TO CUT all the ingredients to about the same size so that they cook evenly and sit politely on a fork. However, a nice bolete cut into steaks works just as well. When I made this recently, I added some chopped Shishito peppers which are still in season and grown locally. They're not chili pepper hot, just tasty.

Warm a sauté pan over medium heat, add olive oil and bacon. Cook and stir until bacon has surrendered its fat. Add shallot and mushrooms. Sprinkle lightly with salt. This is where I tossed in the peppers. I opt to cook this pan of perfection slowly so that the mushrooms and onions get soft and amenable without browning. Add the butter and cognac and continue to cook until the liquid has reduced. Salt & pepper to taste.



Ecstatic Dance with Scott Schaeffer



WHILE not quite a workshop, Scott Schaeffer will facilitate this event with a brief introduction, definition and history, of this form of free-form dance. Then join in as Schaeffer plays a mix of world and electronic rhythm and beats for this event.

Ecstatic Dance is a term used to describe free form dance and in general describes transcendental, sacred dance, and other practices of movement meditation. Ecstatic Dance events are differentiated by being inclusive to all ages in a talk-free space with little to no direction on how members are supposed to dance.

Sun, November 11 @ 11:00 am – 12:45 pm. \$5, At the Sou' Wester 3728 J Place, Seaview, WA.

Wear comfortable clothes that allow your body to move without restriction and comfortable shoes that allow your feet to move on a smooth concrete floor. All ages welcome. (Children must be accompanied by an adult if they are in attendance.)

RSVP: souwesterfrontdesk@gmail.com or 360-642-2542

Rewriting Your Relationship to Stress

Thursday, Oct
25th, 6:30-8pm
Hoffman Center
for the Arts

Join Manzanita resident, Jessica Schaffer, Wellness Mentor and Health Educator for an evening exploring creative ways to rewrite your relationship to stress. Jessica is passionate about introducing people to the concept of stress physiology (how our bodies process and metabolize stress) and has spent the past 20 years helping individuals cultivate tools to better manage and regulate their nervous system responses to stress and trauma. Cost: \$20/person if paid in advance. \$25/person if paying at the door. To pre-register, visit: <https://nervoussystemreset.com/rewriting-stress-registration/594> Laneda Ave, Manzanita



Living Well with Diabetes A six-week program for people with Diabetes

In this workshop, participants learn and/or enhance their skills needed in the daily management of diabetes. Each workshop runs 6 weeks meeting 2 1/2 hours per week.

Topics include: Techniques to deal with symptoms of diabetes, Fatigue, Stress, Exercise, Healthy eating, Appropriate use of medication, Working.

Tuesdays, October 23—November 27, 1:00—3:30 PM
CMH Columbia Center—2021 Marine Drive. FREE. You can register online at www.columbiamemorial.org, or by calling the CMH Community Outreach Department @ 503-338-7564, or by e-mail to cham@columbiamemorial.org.

Columbia River Meditaion Group Meets Wed 5:30-7:30pm, Towler Hall rm 306 at CCC. Meditation can reduce stress, increase health, creativity and efficiency, and lead to a more deeply satisfying and richer life. Led by ordained Zen priest/non-religious. Many different styles practiced, discussion of common problems encountered during meditation, focus on deveoping a regualr practice. All welcome.



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Oct 13

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Savor The Earthly Delights Of Autumn Wild Mushroom Celebration Oct. 1 Through Nov. 15

Mushroom-centric dinners, lodging packages, identification hikes and arts & crafts classes are timed to the peak of the fall harvest season



North Coast dame of the wild mushroom, Veronica Williams

AS WILD MUSHROOM FANS eagerly watch fall forecasts for coastal rain, chefs, innkeepers and foragers on Washington's Long Beach Peninsula are in planning mode to make the best of this year's peak wild mushroom season. Their plans culminate with the Wild Mushroom Celebration, a collection of wild mushroom-related culinary and educational events, which takes place on the Long Beach Peninsula from Oct. 1 through Nov. 15.

Among this year's highlights are the following:

- For the duration of the Celebration, a guest room special at Adrift Hotel paired with a five-course mushroom-focused dinner menu at Pickled Fish;

- The 15th Annual Wild Mushroom Dinner, Oct. 5, at 7:30PM at The Depot Restaurant, a five-course menu paired with wines from Elsom Cellars of Seattle;

- A spore-printing class with Kyla Sjogren on Oct. 17 and a Mycopigments (mushroom dyes) workshop with Alissa Allen on Oct. 24 at the Sou'wester Lodge and Vintage Travel Trailer Resort;

- A Wild Mushroom Weekend, Oct. 19 to 21, at Boreas Bed & Breakfast Inn, featuring two nights deluxe accommodations, gourmet breakfasts daily, a visit with famed forager, Veronica Williams, All Wild, and a Wild Mushroom Dinner complete with matching wines.

Free wild mushroom guided hikes and programs will also be offered at Fort Stevens State Park, across the Columbia River from the Long Beach Peninsula. Dates and times have yet to be determined. A \$5 parking fee applies.

The culinary community on the Long Beach Peninsula has long celebrated the region's wealth of wild foods. In addition to wild mushrooms, favorites include blackberries, huckleberries, wild celery, sea beans, and abundant gifts from the surrounding rivers, bays and ocean. FMI: Wild Mushroom Celebration, visit wildmushroomcelebration.com. For destination information on the Long Beach Peninsula, access visitlongbeachpeninsula.com or call 360.642.2400



FOODGROOVE

Laksloda Luncheon at Suomi Hall • Oct 18

ANY WAY YOU SLICE IT, it's salmon and potatoes. Growing up as a kid in Astoria, my father was the head Laksloda chef. I didn't realize, until I was in my teens, that we weren't the only family eating this dish. I thought it was something my father had created, as he was always cooking up creations, and that he had given this particular favorite a rather funny name. Whether you doll it up with all organic creme and butter and smoked salmon and caramelized onions, as my sister does (to die for) or you just do the basic, there's something crazy comforting about this basic of basic Finnish foods.

Now's your chance to dig in to this hearty yum with a whole bunch of Finns. What could be better? The Finnish Brotherhood Auxiliary invites all to a laksloda luncheon and bake sale of Finnish pastries on Thursday, October 18. Lunch will start at 11:30 at the historic Suomi Hall in Uniontown (244 West Marine Drive in Astoria).

The luncheon features the traditional salmon/potato casserole, beets, peas or beans, rye bread, rieska, apple crisp and coffee. Cost for the meal is \$12/person and for those hungry enough to eat seconds, it is all you can eat. Food is usually gone by 1:30, so come and enjoy this yearly lunch early. (Take out is available for those who can't stay).

The bake sale will include Finnish pastries such as prune tarts, rieska, pulla (cardamon braids), Finnish ribbon cookies, gingerbread cakes, etc.

Proceeds go towards maintenance of the hall and supporting Finnish culture in the community. - D. Urell



11th Annual Assistance League Home & Chef Tour Oct 13

ASSISTANCE LEAGUE of the Columbia Pacific invites you to our 11th Annual Home & Chef Tour.

Explore 6 spectacular homes the while enjoying great food and gorgeous floral. Amazing chefs will be stationed at each location, offering samples of their favorite dishes.

This year's spectacular homes are located in the "Beaches" area of Gearhart and Warrenton including Surf Pines, Pinehurst, The Reserve, The Highlands, and downtown Gearhart. Tour chef's feature Nisa's Thai Kitchen, El Cartin Mexican Cuisine, Fulio's Italian & Mediterranean Cuisine, Drake Radditz Fishing Guide Service, The Wayfarer Restaurant & The Sweet Shop

All proceeds from the tour support Assistance League of the Columbia Pacific's philanthropic programs for local children in need including Operation School Bell, Cinderella's Closet, the Duffel Bag program and extracurricular activity scholarships.

Florists on display: Bloomin Crazy Floral, Natural Nook, Erikson's Floral Company, Elizabeth Bunce.

General Admission is \$30. Purchase your tickets at www.brownpapertickets.com. Includes entrance to all homes. The event is family friendly. Oct. 13, 11am - 4pm. Tickets also available at Holly McHone Jewelers in Astoria and all Columbia Bank locations. Proceeds benefit "Operation School Bell" program that will provide clothing to over 700 Clatsop County Children.

IT'S TWO WEEKS LATE, nowhere near Germany, and so, so tiny. If you're exhausted from hoisting those massive steins (giant beer mugs are the WURST!), come get small and cozy at TinyToberfest with Fort George.

Ticket holders to this four-hour festival will receive a tiny festival stein, tiny pseudo-authentic Bavarian snacks, loads of tiny entertainment, and access to the special TinyToberfest taps in the Fort George Garden.

Fort George The Meadow • pFriem Festbier • Occidental Festbier • Andechs Festbier Aecht Schlenkerla Rauchbier And More TBA

Only a tiny number of tickets are available. Take a short moment to reserve yours at tinytoberfest.com. And remember: there are no small Oktoberfests, except for TinyToberfest. O'zapft is!

Saturday, October 13th -- 2pm to 6pm. Fort George Brewery
tinytoberfest.com



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