

April 2017 • vol 18 • issue 219

**Of Forests and Clean Water
Rainbow Giving *part 1***

By Roger Dorband

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RESISTANCE**
artists respond

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Oregon Mandolin Orchestra

THE OREGON MANDOLIN ORCHESTRA is launching its eighth season with a 2017 Spring Concert Tour of Portland, the Oregon Coast and Southwest Washington, April 21-23.



The Orchestra, composed of 24 instruments from the mandolin family and directed by Portland's leading mandolinist, Brian Oberlin, will perform movements from Mozart's 3rd and 4th Violin Concertos

and Hummel's Mandolin Concerto, as well as folk music from the Americas.

The concerts will feature a special guest, mandolin luminary Evan Marshall. (www.evanjmarshall.com) Evan will perform mandolin solos in the Mozart and Hummel Concertos. In a special performance, Evan will join forces with Brian Oberlin to play swing, bluegrass and classical as part of their crowd-pleasing duet, Twin Mandolin Slingers.

Founded in 2010, the Oregon Mandolin Orchestra has successfully revived the tradition of community mandolin orchestras popular in cities across North America during the early 20th century. Today, the all-volunteer, Portland-based Orchestra boasts 24 members who play mandolin, mandola, mandocello and mandobass to create a warm, distinctive sound something like musical rain. The Orchestra has performed in Portland, Salem, Hillsboro, Hood River, Pendleton and Vancouver, Wash.



Saturday, April 22. Liberty Theatre in Astoria. Doors open 7 p.m., Concert at 7:30 p.m. Tickets are \$18 for adults, \$15 for students, seniors and military and can be purchased online through libertyastoria.org.

RAINSPOUT MUSIC FESTIVAL in Yachats!

Music will reign over the bucolic Oregon Coast village of Yachats Oregon April 28, 29, and 30, at the Rainspout 2017 Music Festival.

Rainspout 2017 offers a diverse, exciting, eclectic collection of world class musical acts, workshops, dining, dancing, hosted jam sessions, plus a children show and an all ages sing-a-long.

Spend a wonderful music-filled weekend in the coastal village travel guru Arthur Frommer named as one of his ten favorite travel destinations in the world!

Food and spirits are served at the main venue during all hours of operation. The first 72 all event tickets purchased, include option of Sat. night reserved seats.

Friday night:

- An intimate jazz evening of music. Two great bands with far reaching influences in jazz, swing, blues are featured: The Barbara Dzuro Quartet. Barbara Dzuro on piano, backed by Bruce Cole on drums, Mike Hans on Bass and Scott Mitchell on sax.
- The incomparable Paul Biondi with Gus Russell on keyboard, bring their exciting musical show to Yachats, including a tribute to blues great Etta James featuring dynamic vocalist Joanne Broh.

Saturday Events

- Sat. Jam 11am to 4pm in the 501 Bldg.
- Workshops
- Children's Show with Mike & Carlene McCornack
- Sing A Long Hootenany with The New Folksters
- Song writing workshop

Barbara Turrill

- Terry Trenholm The One Man Band
- Folk Artist Barb Turrill w/ Morgan Spiess
- Mike and Carlene McCornack
- The New Folksters

Saturday Night Events

- Betty and the Boy
- East- West International Project

Sunday Events

- Morning Jam
- Songwriting workshop w/ Betty and the Boy
- Fiddling Big Sue – A Performance + How Down

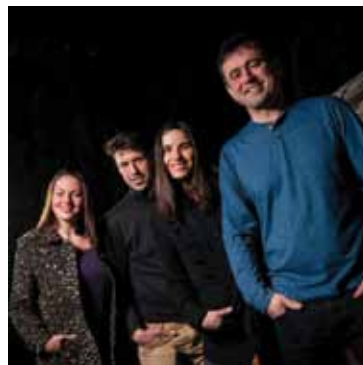
Tickets on sale at www.brownpapertickets.com, Visit rainspout.org or Rainspout Music Festival on Facebook for more information. email: events@yachats.org 541-968-6089



Eugene-based **Betty & The Boy** are a unique folk/pop string ensemble, drawing from classical lines, featuring violin, cello, mandolin, stand-up bass, and the distinctive vocals of front gal Betty Jaeger - yet their music defies a distinct category. Discover this band at the RAINSPOUT Music Festival

East-West International

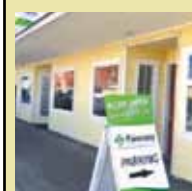
boasts Artistic Director and accordion virtuoso Sergei Teleshev, Sean Peterson on bass, and vocalists Galina Kaluzhina and Viktoriya Hewitt. This charming quartet perform jazz standards to complicated Astor Piazzola tunes, lush harmonies and lively stage presence. All members from different countries.



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KCPB 90.9

KCPB broadcasts 400 watts of power from its transmitter on Megler Mountain.



DUSTY SANTAMARIA

Minor Cult Figure • Vinyl Release
@ KALA Friday April 28

MUSIC

TOURING in support of his newest vinyl release, *"Minor Cult Figure,"* on Voodoo It Yourself Records, Dusty Santamaria has been a phantom cornerstone of the West Coast underground music and poetry scene for the past decade. Drawing from mid-century R&B, gospel, and country music as well as Magick theory and poetics. Santamaria's songs and memorable live shows have scored him opening slots for the likes of Reckless Eric and Lucinda Williams. A self-described "minor cult figure," Dusty Santamaria performs as one possessed by the spirit of that re-emerging zeitgeist of a lost, yet intrinsic era of American sound.

Dusty performs a solo show at KALA, Friday, April 28. Opening act Graham Nystrom performs on piano and guitar. You've heard Graham on KMUN, performing his duties as Operations Manager, and the man-behind-the-sound-board at the Liberty Theater - take this opportunity to discover two very unique artists in this showcase spotlight.

Dusty Santamaria Tour Show: Doors open 8pm. Show @ 8:30. \$7 @ the door. AT KALA, 1017 Marine Drive in Astoria.

IN THE SONG *Sylvia Says*, the opening track off the album *Minor Cult Figure*, Dusty Santamaria sings, "Left my home in ancient Rome, a messenger out on the sly." This is quintessential Santamaria: cryptically romantic, damp with the collective shadow, hinting of an unresolved past.

A selection of previously recorded material from 2008-2015, the ten tracks that comprise *Minor Cult Figure* were hand-picked from four full-length releases and an EP, and pressed for the first time on vinyl.

Santamaria, a fixture of Portland's underground music and poetry scene for over a decade, relocated, temporarily, in 2016 to Southern California. (The *Willamette Week* lamented the departure in last year's article entitled *Portland Is Losing Dusty Santamaria, The Greatest Enigma It Never Knew It Had*). Uprooted from his adopted city and based for the past year in the town of Temecula, Santamaria found himself at an artistic crossroads.

"Being back in Temecula is killing a part of me that probably needs to die, but it is also training me to focus, with discipline, on what I'm calling my True Will," said Santamaria. "Any illusion I had of my status as a small-time Portland rock star completely disintegrated into my new reality as an anonymous worker in a suburban neighborhood."

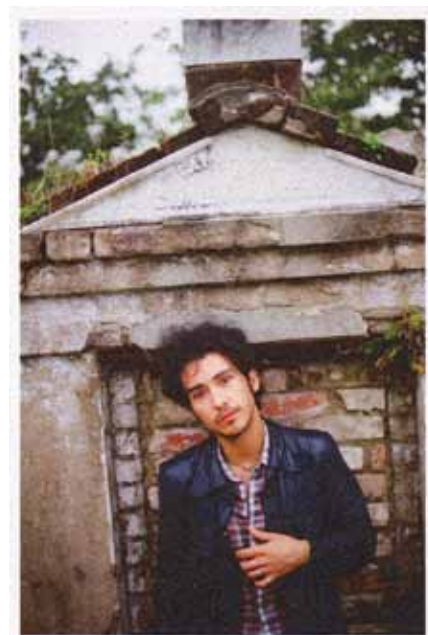
That encapsulation within a stale and arid landscape inspired a renewed desire for touring. In 2016 Santamaria hit the road in brief stints, traveling as far east as Texas and Louisiana to perform his songs. With the release of *Minor Cult Figure*, a greater devotion to the touring life seems imminent.

"I love the road," said Santamaria. "It's a great reminder that wherever you go, whatever you're looking at, you're really only looking at one thing, which is life experiencing itself."

And, perhaps, it is on the road where Dusty Santamaria truly belongs. His songs and poems have often suggested an allegiance to some ambiguous gypsy lineage. The lyrics on *Minor Cult Figure* spill from the speakers like archival sacrament, while Santamaria's adaptive voice navigates the hallways and passages of his own documented past, ghostly and elegant, yet timeless in structure and substance. The music pulls from a variety of American styles, weaving doo-wop with folk, country with punk. Layers upon layers. An overlapping of time and place where, beneath the surface, swims the voice of the messenger. Cadences rise and fall like echoes of a playful mysticism from the backroom of an occult shop; to understand the songs, one must be willing to pass through the beaded curtain and offer up a palm.

"I'm giddy as hell that these songs are coming out on vinyl," said Santamaria about the release of *Minor Cult Figure*. "Most of the folks that helped bring this record to life are living in the Pacific Northwest. It was in the rainy Oregon winter that I first got a notion of artistic community. I'm very grateful for that. This area of the world always leaves me wondering, what's really at the bottom of the rain?"

- Charles Ghent



The Art of Resistance

Over 20 local artists respond to the Astoria Visual Arts group show hosted by KALA Gallery, juried by AVA board member Agnes Field, on exhibit through the month of May, 2nd Saturday Art Walk. Social Justice, Environment, Politics, Feminism, Gender—these topics approached in surprising, gritty, thoughtful and individual expression.

View the gallery during events at KALA, look for select weekend viewing hours posted via Facebook, view in May at the 2nd Saturday Art Walk. KALA is located at 1017 Marine Drive. 503.338.4878.



Anna Lee Larimore, UNCLE SAM

ART
ART
ART



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Win your dream vacation while supporting the NEW SCHOOL at Fire Mountain School.

THE NEW SCHOOL at Fire Mountain is continuing the long held tradition of holding a raffle for a dream vacation valued at \$4,000. The theme this year is India with the drawing on May 6, 2017 at the Old Nehalem Fire Hall during the Raffle Party with Indian food, libations, music and dancing. In addition to the grand prize of \$4,000 toward your dream vacation (airfare and accommodations to the destination of your choice), there is also a 2nd place prize of a \$250 gift certificate to Breitenbush Hot Springs and a 3rd place prize for a 90 minute massage with Ashley Nagle of At the Water's Edge in Seaside.

Tickets are \$40 each or 3 for \$100 with a limit of 500 tickets for sale, they can be purchased from a Fire Mountain parent or at Moxie in Seaside, Cannon Beach Books in Cannon Beach or Mother Natures in Manzanita. A raffle ticket gets you and a date into the Raffle Party at no extra charge (a \$30 value). There will also be a silent auction at the raffle party featuring goods and

services unique to our coastal region.

Fire Mountain School is an independent school dedicated to assisting children in their ongoing work of exploring and making sense of the world. Since 1983, teachers and parents have joined together to create a community structure in which children experience an environment that helps them to become their best selves, curious, confident, creative problem solvers and stewards of their home place. By providing a foundation of experiential, hands on education for the whole child, the Fire Mountain Community nurtures healthy, happy, lifelong learners.

The New School at Fire Mountain is surrounded by extraordinary rain forest of Oswald West State Park on the Oregon Coast and serves pre-school aged children through 4th grade.

If you would like more information about the school or to buy a raffle ticket on line, please visit our website at <http://www.firemountainschool.org>.



AAUW Candidate Forum

Once again AAUW is sponsoring a political forum on Wednesday May 3, at Clatsop Community College, Columbia Hall, Room 219 from 7 p.m. to 9 p.m. This election will not have a voters' pamphlet where candidates outline their qualifications. Some contested positions are the Astoria school District, Clatsop Care Center Health District, Clatsop Community College, and Port of Astoria. Many other special districts have candidates running for this election. This forum, open to the public, will have submitted questions by the audience to the candidates. For more information contact Sara Meyer at 503-325-7969.

Candidates for some of the contested positions are Clatsop Community College: Pamela Mattson McDonald and Patrick Wingard for Position 2, Rosemary Baker-Monaghan and Mary Beth Cottle for Position 5; Port of Astoria: James T. Campbell and Stephen C. Fulton for Position 1, Dirk Rohne and Dick Hellberg for Position 2, Frank R. Spence and Pat O'Grady for Position 5; Astoria School Board: Andy Davis and Jeanette C. Sampson for Position 4, Jenna Rickenbach and Bob Goldberg for Position 5; and Clatsop Care Health District: Mindy Stokes and Karen Burke for Position 1; Jacqueline DeVaney and Michael Aho for Position 3.



ROV TEAM. Clockwise from back: Pat Keefe, Sam Daire, Chris Novellinos, Georges Oates Larsen, Haley Werst, Jennifer Jordan

Help Clatsop Community College ROV TEAM Bring LAZURUS to International Competition

WHILE ROBOTS have not yet taken over the world, no one can deny that their popularity and importance has been on the rise. It might seem surprising, but this is especially true underwater. The field of underwater robotics is expanding rapidly and you can witness it firsthand right here in Astoria.

A small but very dedicated team of young engineers has been working hard up in the physics lab at Clatsop Community College. For the last several years these studious Astorians have been constructing underwater ROVs (Remotely Operated Vehicles). They compete annually in the MATE international robotics competition where their creations are put to the test with an aquatic obstacle course meant to simulate real-world marine robotics applications. Such applications range from international data line repair, underwater light-show maintenance, to interplanetary exploration. MATE's competition emphasizes the importance of science, engineering, technology and mathematics and its importance in everyday life. Outside the pool, teams learn the importance of entrepreneurship and how to operate as a small company. Competing groups are tasked with presenting their ROV as a useful innovation to potential investors.

Last year this ragged band was the only team in Oregon to qualify and attend the international competition hosted by NASA at the Neutral Buoyancy Lab in Houston, Texas. Throughout this unique opportunity Clatsop's ROV Team faced many challenges that required creative thinking, leadership, and strong group dynamics. Now armed with knowledge from the 2016 experience, the team is making a bold comeback and is striving to make Astoria proud.

"Our time in Houston was a fantastic experience for us," remarked Georges Oates Larsen, team leader, about the competition. "We learned a lot. This competition forces us to grow as engineers, as leaders, and as people."

This year the Clatsop Community College Robotics Team is heading to Long Beach, California to compete with their most advanced robot to date. Now, under the team moniker Lazarus Industries, they seek to apply everything they have learned and do better than ever before. They have already constructed the bulk of their titular robot, "Lazarus", in just over half the time it took them to build their 2016 robot, "Maggie", last year. As the competition date draws near, Lazarus Industries is getting ready for the biggest event of their career thus far.

"Saying it's an amazing opportunity is an understatement," team CEO Haley Werst commented. "This is something that's going to impact us for the rest of our lives."

GoFundMe Lazarus Project

Their path to success is not an easy one, however. The construction of Lazarus is just the first step. The team still needs to secure transportation, housing, food, and funding to build mission-specific tools. If you would like to support this passionate group of students, you can contact them at LazarusProject@clatsopcc.edu, or donate to their GoFundMe. Your contribution will not only help the team reach their goals but will strengthen the field of student robotics right here coastal Astoria. And of course, if you want to follow their project, check out their facebook page!

www.gofundme.com/ProjectLazarus-CCC

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"women have been central to the environmental movement and our understanding of ecology since its earliest stirrings and fragile beginnings in the 19th century"
Excerpted from "Rachel Carson and Her Sisters" by Robert K. Musil



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Most Americans of my post-World War Two generation are aware that our children and grandchildren do not have anything like the opportunity for upward mobility that we had. One major reason is the loss of family wage jobs due to globalization. This process of eliminating all barriers to free trade has

thousand dollars from government backed financial entities charging interest. And student loans are the most unforgiveable. When corporate CEOs, have investments go sour, it is relatively easy and often a wise move to declare bankruptcy. Donald Trump, our first billionaire president, has done so

many times. But former college students working in the low wage economy

Killing Opportunity by Stephen Berk

had profoundly negative effects for American working families. The neoliberal world order has chiefly enriched Wall Street executives, Big Oil, and war industries. In the nineties corporate offshoring of capital and manufacturing went into high gear, facilitating the "race to the bottom," i.e. to countries with no costly unions, environmental or safety regulations. Thus union jobs with living wages and benefits were replaced here by low wage service jobs with less than fulltime hours and no benefits.

As the rust belt grew and Americans became aware they were losing ground, the policy elite assured them that education was the way up. The cyber world was creating the "knowledge industry," and Americans only needed to get the higher education that would enable them to thrive in the computerized world. But for Americans in the low wage economy, college became increasingly unaffordable. Community colleges, which had previously charged either no tuition or a modest one, were now costing thousands of dollars per year. State universities with tuitions of one to two hundred dollars a semester a generation ago, were now commonly up to several thousand dollars a year. Public research universities could run fifty thousand for four years in tuition alone. And with no limits on corporate consolidation, textbook publishers, with reduced competition and a captive audience, began charging exorbitant prices. Now students taking a full class load have book costs of five hundred or more per semester or quarter.

Thus the new norm is for students to borrow anywhere from twenty to a hundred

invariably have to pony up several hundred a month for much of the remainder of their work lives. And even those who have



acquired substantial computer skills may well find themselves "downsized" out of their jobs as they reach their fifties. Their replacements are younger people with the latest technical training, many from "developing" countries, who are paid much less than the Americans they replace. And when these high level senior technicians are laid off, usually without medical or retirement benefits, they frequently end up at call centers, where they make little as they compete with others in countries with much lower living standards.

Our political class often makes grandiose commitments to free public higher education, or increased government support. But the reality is that in the past generation virtually every state has moved to defund higher education. State legislatures, worried about public reaction to tax increases, now vote consistently to lower funding for higher education. This trend was exaggerated

following the crash of 2008 and the ensuing Great Recession. A few examples: Booming Sun Belt state, Arizona, cut state spending per student by 50.4% between 2008 and 2013. Oregon, with Portland's cost of living skyrocketing, cut higher education funding by 42% in the same period. California, with an economy bigger than most countries, cut higher education funding by 29.3%. Massachusetts, known for its burgeoning knowledge industries, cut higher education spending by 37.4 %. The only states during this period to increase spending are the sparsely populated Alaska, Wyoming and North Dakota.

The inevitable result of almost universal cuts in higher education has been continuous rises in tuition in community and four year public colleges and universities. To compound the problem, K-12, which gets the lion's share of education tax money in nearly every state, through property taxes and other funding, now does virtually no vocational training. It is dominated by a standardized testing racket, which makes billions for the testing companies, but squeezes all creativity and diversity out of education as instructors are forced to "teach to the test." During much of the last century, most high schools included trade curricula. In our highly technical society, they could also do so today. But vocational training no longer comes free, as it mainly occurs now in community colleges. High schools only came into existence in the early twentieth century. Today, they rarely educate students to the level of nineteenth century grammar schools (usually grades 1-8) using McGuffey's Readers, which introduced Shakespeare in the sixth grade.

If America is to restore hope and opportunity to the 99 per cent, we must end our fixation with budget busting, spirit killing, wholly destructive practices of endless wars and mass incarceration. Last year, Senator Bernie Sanders drew much support for proposing to restore free public higher education. But he did not specify where the money would come from. President Trump offers more militarism, along with tax cuts for the wealthy, even as he seeks a trillion dollars to rebuild infrastructure. Who will rebuild it, when people can no longer afford to get the education necessary to do so?



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NATURE NEWS

Dam, Beavers! Dam!

AS HUMANS have come to understand and value the critical role of wetlands in healthy ecosystems, beavers—the world's greatest wetland engineers—are finally getting the respect they deserve. In the first of several beaver-appreciation events in Seaside, join scientist Kate Holleran at the Seaside Public Library on Wednesday, **APRIL 19, AT 6PM** for an evening exploring how to encourage beavers to return to our communities—and how to live with the results. “Dam, Beaver! Dam!” is the fourth of five wildlife-themed Listening to the Land presentations in 2017. Admission is free.

Even urban areas, where beavers were long considered pests, are now welcoming beavers as partners in habitat restoration efforts. Holleran, a senior natural resources scientist at Metro in the Portland area, has implemented several projects to improve the aquatic and forest habitat along Johnson Creek on the east side of the Metro district, on Chehalem Ridge on the west side, and on other nearby streams, much to the delight of beavers. She'll talk about beaver restoration research and her own experience with beavers, exploring how her team has lured beavers back to streams and how adjacent landowners are coping with the effects of beaver activities on their property.

Holleran has spent the last 30 years wandering around in, working in, and studying the natural world. Since 2007 her work at Metro has focused on land acquisition and habitat restoration across Clackamas, Multnomah, and Washington counties. Previously she was a program coordinator and faculty member for the Natural Resources Technology Program at Mt. Hood Community College and



worked in forest management for the US Forest Service. Kate has a bachelor's degree in forest science and a master's in science teaching.

ON MAY 6, artwork depicting beavers and beaver habitat will go on display at Fairweather House & Gallery and other venues throughout town in time for the Seaside First Saturday Art Walk. That same day the author of *Once They Were Hats: In Search of the Mighty Beaver* will make a special appearance at Beach Books. Visit NCLCtrust.org/dam-beaver-dam for more information on all of these events. Listening to the Land is a monthly winter speaker series offered January through May and presented by North Coast Land Conservancy and the Necanicum Watershed Council in partnership with the Seaside Public Library.

Volunteer in Tillamook to help coastal native plants thrive

WHEN North Coast Land Conservancy needs native plants for one of its properties, it turns to the nursery at Northwest Oregon Restoration Partnership, a program of Tillamook Estuaries Partnership. As a member organization of NORP, NCLC is obliged to help out at the nursery from time to time, planting or potting or doing other tasks. On Wednesday, April 26, staff and volunteers from NCLC are headed to the NORP nursery at the south end of Tillamook to help out as needed—most likely, potting bare-root shrubs for their final growing-out period before being used in a habitat restoration project somewhere in the region.

Participants plan to meet at the nursery in Tillamook at 10 a.m. or outside the NCLC office in Seaside at 8:30 a.m. to carpool or caravan to the site. Anyone interested in helping is asked to contact NCLC Stewardship Director Melissa Reich at melissar@NCLCtrust.org or (503) 738-9126; she can provide directions and other details. Participants should bring a lunch and work gloves if they have them (extra gloves will be available for those who need them). There are porta-potties available. Dress for the weather; participants will likely be working in covered but unheated spaces.

NORP is a partnership among several conservation organizations. It grows native plants that originate in and are genetically appropriate for the climate and conditions on the northern Oregon Coast. NORP allows its plants to grow large, with large rootstocks, which helps them compete successfully in areas where non-native pasture grass or reed canary grass has taken over. The NORP nursery is located at Camp Tillamook, an Oregon Youth Authority facility providing work-study for youths transitioning out of detention. By helping at the nursery, the young men in the program gain important work and social skills.



Earth Day Dog Walk • April 20

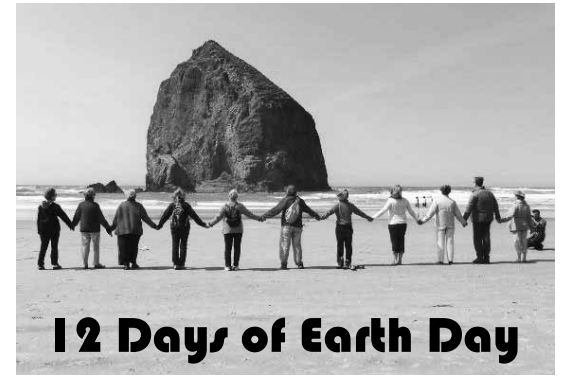
A **DOG WALK** will be hosted at Lewis and Clark National Historical Park's Netul Landing to help raise awareness about climate change, as well as promote outdoor activities. With our leashed dogs, we will be walking two miles on the Netul Trail, to Fort Clatsop and back. The event will take place on Thursday, April 20th from 3 to 5 p.m. at the park's Netul Landing. The landing is approximately one mile past the visitor center entrance on Fort Clatsop Road. There will be prizes, drinks and snacks provided. Dog lovers and community members are welcome to attend.

Astoria High School student Maryann Mandujano is organizing this event as part of her senior project. She belongs to the Lewis and Clark National Historical Park Science & Sustainability youth leadership team. After participating in North Cascades Institute's backcountry Youth Leadership Adventures program in Summer 2016 to learn about climate change's impact on National Parks and communities, Maryann wants to give back to the Astoria community through encouraging locals to reduce their carbon footprint by spending more time outdoors. At this dog walk, community members can learn environmentally responsible ways to enjoy nature with their dogs, as well as more information about sustainability! We hope to see you there!

For questions or comments contact Maryann Mandujano at mmandujano17@astoriak12.org

Schedule: 3:00-3:10 Arrive at Netul Landing trailhead, 3:10-3:20 Event Introduction, 3:20-4:50 Walk to Fort Clatsop and back, 4:50-5:00 Prizes/socializing

For more information, call the park at (503) 861-2471 or check out www.nps.gov/lewi or Lewis and Clark National Historical Park on Facebook.



12 Days of Earth Day

THE 8TH ANNUAL 12 Days of Earth Day celebration will offer numerous environmentally focused opportunities for community members and visitors to participate in.

Participants can celebrate the return of the tufted puffins to Haystack Rock; visitors and residents alike can learn about these special birds from Haystack Rock Awareness Program staff & volunteers, who will provide environmental interpretation and set-up puffin viewing stations on the beach as conditions allow throughout the festival days. Other events include a community Potluck on April 21st, Friends of Haystack Rock talk on April 12th, at 7pm, tree plantings, guided tours around Cannon Beach, a “Pets and People” Walking Parade, and a Street Fair where numerous different environmental groups will share ideas. For the full schedule of events visit our newly updated webpage at TwelveDaysofEarthDay.com!

The Twelve Days of Earth Day Committee are a dedicated group of volunteers whose mission is to provide a platform for education and celebration of our Earth, our waters and our air, with a special emphasis on the yearly celebration of Earth Day. A subcommittee of the City of Cannon Beach Parks and Community Services Committee, the goal is to be an inclusive community group, working to ensure and provide access to current environmental information and educational opportunities to our residents and visitors alike.

ART CONTEST! The second annual 12 Days of Earth Day Marine Debris Art Contest takes place during the 12 Days celebration. Participants who love beachcombing, creativity and stewardship are encouraged to participate in this special art contest beginning March 28th! The theme this year is “It’s a Small World”; art should be less than 2’x2’x2’ in size. Participants are invited to collect beach debris (plastic, shoes, hats, towels; any trash that washes up on our beaches) and use it to make art; all materials must be debris that are collected off the beach. Bring creations to the Cannon Beach Chamber Community Hall between 3pm and 4pm on April 21st.

Proposed Rainforest Reserve receives \$45,000 grant from outdoor businesses

PROTECTION of a proposed natural area adjacent to Oswald West State Park by North Coast Land Conservancy got a boost Thursday with the award of a \$45,000 grant from The Conservation Alliance. “It’s a real inspiration to receive this nationally competitive award,” said NCLC Executive Director Katie Voelke. “We must be on the right track for creating, as Sam Boardman put it, one of the country’s ‘great natural areas.’” The proposed Rainforest Reserve is part of a 3,500-acre summit-to-sea corridor originally envisioned by Oregon’s first state parks superintendent, Samuel Boardman, nearly a century ago.

North Coast Land Conservancy is one of 20 organizations from throughout the country to share \$850,000 in support this spring from The Conservation Alliance, a Bend-based group representing more than 200 outdoor businesses nationwide. The Alliance’s collective contributions support grassroots environmental organizations and their efforts to protect wild places where outdoor enthusiasts recreate. Each member business plays a role in determining which organizations receive funding. NCLC was nominated by Manzanita-based photographer and Alliance member Justin Bailie.

“This project is a great way to bring these lands into conservation,” said Scott Lee, chairman of the Clatsop County Board of Commissioners and an NCLC supporter. “It promotes public benefit for the community, all without burdening taxpayers.”

“It’s an honor to be selected by this program,” Voelke added. We particularly appreciate Justin Bailie for his stunning photography and his support of conservation.”

Since 1989 The Conservation Alliance has distributed more than \$17 million in grants that have helped protect 50 million acres and 2,991 river miles, acquire 12 climbing areas for the public, remove or halt 29 dams, and get five near-shore areas designated marine reserves, all for future generations. A complete list of grant recipients can be found at conservationalliance.com.

THIS WAY OUT SM
The International Lesbian & Gay Radio Magazine
On KMUN Coast Community Radio
Wednesdays at 10:30pm.

***This Way Out* marks almost 30 years on the air!**
Our first program was distributed on April 1, 1988.

It's the award-winning internationally distributed weekly GLBT radio program, currently airing on over 150 local community radio stations around the world.

Get the latest news, listen to *This Way Out* on Coast Community Radio.

KMUN 91.9 ASTORIA **KTCB 89.5 TILLAMOOK**

Adlai Alexander Concert
Friday, April 28 @ 7:00 p.m.
Tickets \$15




503-436-9301
www.cbhistory.org

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COASTER THEATRE
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Lower Columbia Q Center Meeting

Astoria Armory - 1636 Exchange Street Astoria, 3rd Wednesday of the month, 6pm-7pm

Attention all LGBTIQ community members and allies! We meet at the Astoria Armory to discuss the great strides we have made in our efforts to build awareness, community, educational opportunities and pride, as well as future endeavors to increase safety, visibility and support services in Clatsop County and beyond. Something often said in the LGBTIQ community is that "we get to choose our family". We want to extend a welcome to the people of the Lower Columbia Region to join our family.

Mission: The Lower Columbia Q Center is a safe and welcoming resource and peer support service for the LGBTIQ community, friends, family, and allies of the Lower Columbia Region.

Lower Columbia Gender Alliance/Trans Support

The Lower Columbia Gender Alliance holds peer support group meetings on the third Thursday of each month. Meetings are open to transgender, gender queer, questioning and family members or partners. Meetings will be at 6:30 pm at the Q center. For Information call Jeralyn O'Brien @ 503-341-3777

Over the Rainbow Radio Show on KMUN 91.9 Every 3rd Wednesday 8:30 - 1030pm

LCQC Choir meets every Monday 7-8:30pm
Contact LCQCAstoria@gmail.com.

Skate nights and LGBTIQ+ teen social nights are back! Next Skate - April 21 5-9pm.

2nd Wed each Month. Open LBGTQ Friends and families peer support group 6-9pm. Everyone Welcome.

On the web: LCQCAstoria.org/facebook
LCQCAstoria@gmail.com

Monthly LGBTQ Events in Lincoln County

- 1st Wed of ea. month, 7pm is Trans Parents Coffee Hour at the Chalet in Newport.
 - 2nd Tues. ea month, 4pm is LGBT+ & Allies Happy Hour at Georgie's in Newport.
 - 2nd Wed. ea month - 6pm to 7:30pm PFLAG Group at St. Stephen's at 9th and Hubert in Newport.
 - 4th Sun of ea month, 11am is OUT OR Coast Women's Coffee at Cafe Mundo in Newport.
- To connect with Oregon Central Coast Chapter of PFLAG, call (541)265-7194, email: pflagocc@gmail.com

Warrenton Warming Center • Volunteer!

THE WARRENTON WARMING CENTER located inside the gym at the Calvary Assembly of God on 1365 S. Main Street in Warrenton is offering warmth, shelter and a hot meal to those that need it.

If you or anyone you know is looking for an opportunity to make a difference in someone's life, we'd like to invite you to take a look at the Warming Center schedule and see how you can help. We desperately need more volunteers. Each shift is only three hours long.

Operating Hours: 6:30pm – 8pm, 8pm – 11pm, 11pm – 2am, 2am – 5am, 5am – 8am, 8am – 9am

Please email warrentonwarmingcenter@gmail.com if you can help, even your time is limited.

Want to make a tax-deductible donation - you may mail checks to: P.O. BOX 808, Warrenton, OR 97146 or make donations through our Go Fund Me account at www.gofundme.com/rennn4bg.

Meet Frank Spence April 12

Running for Port Commission, Seat 5, Frank Spence will hold a Meet & Greet on April 1, 4:30-6pm at the Bridgewater Bistro. Spence has worked in local government for over 45 years, mostly as city manager and county administrator, responsible for multi-million dollar budgets. He has served on the Port's Budget Committee for the past 2+ years. All are welcome. Complimentary Light fare & punch served. Cocktails available.

Suzanne Bonamici Town Hall April 15

Congressman Bonamici presents a town hall meeting, Saturday, April 15 at 11am at the Warrenton High School Gym, 1700 S. Main Ave.

She'll be discussing support to working families, increase opportunities for American workers and businesses, improvement of access to affordable health care, strengthening public education, protection of our environment, and support of seniors. My staff will be available to assist anyone experiencing problems with federal agencies. I look forward to hearing from you and learning what issues you care about and what you would like me to be working on as your Representative.

Indivisible Warrenton will hold a Voter Registration Drive, same date/locale, from 10:30 – 12:30pm.

PACIFIC GREEN PARTY OF CLATSOP COUNTY next chapter meeting, which will be held on Sunday, April 16 at 4pm at Clatsop Community College in the Art Building room 101. The address is 1651 Lexington Ave, Astoria, OR 97103. Discussion: Rank Choice Voting.

Discussion will regard endorsement of candidates for the upcoming Clatsop County special elections in May. Candidates who are seeking endorsement from the Pacific Green Party of Clatsop County chapter must submit their name, whether they are a PGP member, their district (if applicable), the office they are considering running for, and a brief biography to pgpclatsopcounty@gmail.com prior to the meeting

CLATSOP COUNTY DEMOCRATS MEET fourth Monday of each month at 7pm. Doors open at 6:30pm, at the Astoria Yacht Club, located on the second floor of the building immediately to the east of the former Astoria Riverwalk Inn and above Tiki Tours. Access is by the external staircase on the north/beautiful Columbia River side of the building overlooking the West Mooring Basin. www.ClatsopDemocrats.org

PACIFIC COUNTY DEMOCRATS

Monthly Meeting - 2nd Mondays, 7pm, North County Annex
1216 Robert Bush Drive, South Bend, WA

CREATE • April 20

Columbia River Estuary Action Team

CREATE, Columbia River Estuary Action Team, will hold its regular meeting at the Blue Scorchers Bakery and Café on Thursday, March 16, at 6 p.m. CREATE is a group of citizens working to protect the unique, fertile and beautiful Columbia River Estuary and the rivers and streams that flow into it. Please join us. All are welcome!

CREATE was started by people who were involved in the successful 12 year battle against LNG in Clatsop County. Its purpose is to foster citizen involvement in protecting the unique, beautiful and productive Columbia River Estuary.

Most recently CREATE members have been speaking out about issues involving the state forest watersheds which feed into the estuary and affect its health.

New members are always welcome. Come and join in at 6 p.m. on Thursday, March 16 at the Blue Scorchers.

RIC'S POETRY MIC

a gathering of poets monthly in Astoria

April is the cruellest month, breeding
Lilacs out of the dead land, mixing
Memory and desire, stirring
Dull roots with spring rain.
Winter kept us warm, covering
Earth in forgetful snow, feeding
A little life with dried tubers.

T.S. Eliot, 1. The Burial of the Dead, from "The Wasteland"

April is a By Florence Sage POEM

APRIL IS POETRY MONTH in America, a time "to increase awareness and appreciation of poetry," a time to read poems, write poems, go out and listen to poems. Why did the Academy of American Poets choose April for this? Is it because February was taken for Black History Month and March for Women's History Month, and Poetry Month just got in line?

I like to think it's because the most poetic opening stanza in modern English was written about April. Like April, poetry can stir our own dull roots, breed flowers out of our dry internal land, and attune us to how memory and desire mix deep in our subtle places. This can be quite unsettling – T. S. Eliot says cruel. Poets think that's a good thing.

Not just in April, of course. Something stirring and poetic comes every month and season of the year, if we pay attention to the sequence of life around us, the tilt of the earth, shifting both outer and internal systems, as T.S. Eliot went on to say: "Summer surprised us, coming over the Starnbergersee/With a shower of rain."

So poets keep on – seeking something to delight or appall, something to soak us through the skin, to stir us up, that wasn't in the world before, their own assumptions shaken, then pause with it, pause, and maybe it comes, soft or loud over the sea, that breath-catch surprise, poetry.

Give it a try. Go listen to poets, read all sorts of books and favorite poems, sit quietly down in a big chair or take a walk, talk to yourself as you pace the floor, pavement and trails, as you do repairs on the house. Then in a friendly café or your own private room, scrawl what emerges in your mind onto the white pages of your writing book (a scrap of paper will do) or tap it into your laptop or pad. Pause, ponder. Go back to it again; put together only the best words you can find that make you excited; cut out everything else. Wait for it. And there's that surprise! And there you find your last line, grabbing the poem for a dance.

When you've got something to read aloud to good listeners, do it. I recall how, after proudly completing my first few poems nearly 20 years ago (two were about my dog), I drove all the way to the Barnes and Noble "open mic" in Janzen Beach for my first public reading before I lost my nerve: "If I'm going to be a poet, I want to be a poet who gets up and reads." I knew it would make me better at it. Trembling does subside. Monday Mike at the River Theater grew out of that experience.

My favorite place to read these days: on the first Tuesday of every month, Ric's Poetry Mic at WineKraft, a wine bar at the foot of 10th Street in Astoria. Secure your keys (mine once went into the

river) and step carefully across the wooden decking and protruding bolts into the warmth of what Hemingway would call "a clean, well-lighted place."

Inclusive, serious, funny, fun, filling the room with remarkable words, the mic event was named for Ric Vrana, the intrepid and beloved Astoria poet who started and MC'd an open mic in 2015 at Astoria's Port of Call. Ric opened each month with a poem he admired; in his turn, he spun off his own poems from his bold heart and his innate beat; applauded the poets who were learning how – and he meant it, every clap of his solid hands, every big grin on his face. Poets or not, Ric worked earnestly to get all word lovers to join in. Prose writer Ryan Hume tells us Ric would even pull his car over to hand him a monthly flyer at the curb.

Barbara Byrd, a work-friend of Ric's, read at the commemorative Reading for Ric we held after his sudden death early in 2016. That night she stood at the mic with "a poem that I love that reminded me so much of Ric – Marge Piercy's 'To Be of Use'."

As we poets reorganized and carried on with Ric's name, in the words of the current MC, Mary Lou McAuley, the event is "a fitting tribute to his intention, . . . love of the craft, the vision, and respect for each other." Faithfully every "first Tuesday," she starts sign-ups at 6:45 p.m. and opens the live mic at 7. Experienced and fledgling poets alike walk in, both regulars and occasional visitors from, to date: Cannon Beach, Seaside, Astoria, also Portland; Chinook, Naselle and Grays River, WA.

We come to read our own poems and favorites, up to five minutes each – from a page, a book, a laptop, a phone. Prose pieces get the same five. Nothing to read? Too preoccupied to write? So come to listen; poets need good listeners. Minors are welcome at this venue and event too.

Let's hear from more of the regulars.

"An opportunity for personal growth," says poet Kat Dudley. "In each piece there is a universal message that teaches me more about myself, those in my lives, and how to become a better human being." That's poetry for you, though it's likely to be sneaky about it. Author-poet Robert Michael Pyle says, "Ric's Mic is where I come to hear the voices, thoughts, whims, and convictions of poets who see the world through different lenses and concerns from my own."

New at it? Lynette Scribner gets that: "As a beginning poet I was terribly nervous about sharing my work in front of very accomplished, and, in some cases, professional poets. It's a welcoming, safe environment where everyone shares. I'm hugely grateful for that." And LeeAnn Schmelzenbach: "I keep coming, when I

can, to continue to build bridges with the other incredible writers who have far more experience. Thus, I am able to learn as well as enjoy the gathering. . . ."

At an open mic like this, there's no critique, just you and the mic and your listeners, and your own sense of what works and doesn't, where you stumble, where you glide, as you hear your poem in your own voice.

Says veteran poet Jim Dott, "I read a lot of poetry but you don't have the same experience as when you hear it read aloud." As Pyle says, "It is a place to read new work . . . to careful listeners, and even the sea lions off the docks." Reading a fresh new poem out loud lets us hear it better; we might go home and rewrite, to bring it back a month or two later – a month or two better.

Dott continues: "The monthly open mic provides me a deadline to spur me to write or complete something." "It's a spur to write something new each month," Pyle says. And don't we all need a spur?

Yes, it is satisfying to be able to get up and say, "Here's one I haven't read to you before," or even better, "Here's a new one, maybe not quite done." You're bringing a gift to the party, and getting a party favor back.

An enjoyable little party, Pyle comments: "Ric's Mic at WineKraft gives me a good reason to step out of my mossy hermitage to connect with other poets. A good glass of wine and a warm bowl of soup among friends, out of the cold rain and lapping waves on the riverfront."

Beyond the aesthetics and pleasure, why care so much about words? Poet J. Griffis speaks to this new era: "As the times keep getting harder, and language is more and more abused, it is vital to have a place where words are valued at their true worth and honest folk try hard to use them truthfully."

Lovers of the beauty and integrity of words and wordcraft, warm evening comforts and creative company: It's worth coming out on a first-Tuesday evening, in any month, for an intoxicating glass of poems.

*Ric's Poetry Mic meets the last Tuesday of each month @ Winecraft, 80 10th St. (west end of Pier 11) @ 7pm, in Astoria. This month in partnership with the Astoria Public Library, Ric's Poetry Mic brings **Poet Maggie Chula** to the library, presenting work from her upcoming collection, **Daffodils at Twilight**, on Saturday, April 29, 6pm-7:30pm.*



MC Mary Lou McAuley opens the evening.

Photo: Michael Granger

AUTHOR DIANA KIRK

profile of a half-assed hussy

Meet Author Diana Kirk. On this page! And then, invite yourself to KALA, **Friday April 21**. Kirk presents from her new book of memoir/essays, *Licking Flames, Tales of a Half-Assed Hussy* and is joined by Portland writer Celeste Gurevich opening. Two writer-hussys for the price of one!

Complimentary decadence in dessert follows. Doors open 7:30. Show at 8pm. \$8 @ the door. 1017 Marine Drive in Astoria.

"I am complicated. I am a woman, a mother, a daughter, a wife and a bitch. I'm everything. I'm you and your sister, your best friend, your annoying mother on Thanksgiving. I'm an LLCd CEO and a broken down crying drunk girl in front of a Las Vegas casino. I'm everything, so you will find yourself in my writing....somewhere. Maybe when we were innocent teenagers or maybe when we weren't innocent teenagers. But you're there because we're all just the same on the inside. We're looking for that place in life where the interesting bits and pieces fall into our vision and bring tears or pain or love. Where the storms waiting on the horizon test our iron jugs until the day we finally give out fatigued from a very...worthy....life."

Author Diana Kirk moved to Astoria in early 2015 after a few too many years in Portland's kale district. Stuck in what she describes as the hundred dollar Saturdays of smiling yoga families drinking handkrafty beers, Diana's family was looking for a place to reinvent themselves. For the 156th time.

"My husband and I have been a million different people. We've been to five continents together, we've imported cars into Canada, worked on farms in Thailand, guided in Alaska. We've seen a lot of the world and it's really different and exotic and yet quite often, exactly the same. Human behavior and goals only change with different levels of freedom. And all people are fascinating to me. I want to meet them and share experiences, laugh a little, cry a little and just feel a life with no regrets."

Her recent collection of essays by Black Bomb Books called *Licking Flames: Tales of a Half-Assed Hussy* is a brash ode to womanhood and experience lifestyles. Author Ariel Gore of *Ending Eve* describes her book as "Like listening to Courtney Love sing 'My Way.' At turns funny and biting, Kirk offers a sharp exploration into what it means to be a bold woman in a world built by and for men."

"Am I biting? Yes. I probably am. I see hypocrisy everywhere. Even within myself. I mean I can make fun of Portland's ridiculous mighty whitey kombucha movement but I drink chai lattes like every other white girl twat. I also spend time on a corner barstool next to a fisherman flush with hundreds drinking duck farts and beer chasers, knowing he has no home tonight, no couch to crash on. I see sixty year old men still pounding nails, twenty year old girls chasing smiles, people using credit cards to keep up with the current artisan cocktail movement and Pornhub Viagra addicted accountants. I'm aware of it all, and I'm comfortable talking about it all. It's what my book is about. The interesting intersections in my life that just so happen to be surrounded in that area of life we don't always talk about. There's a podcast out there called Death, Sex & Money. I should be on it. Those are subjects I love to talk about but they're not subjects most people can easily talk about. That sometimes makes me controversial or biting. A woman discussing a blowjob can be considered controversial. Or a whore. I'm here to break those boundaries that keep women silenced. I'm a fan of teaching the big boys what a big girl sounds like. I don't hold back."



"The funniest stories in her book are when the shit gets real, as she says. 'Well, isn't that always the funniest parts of life? When you're trying to lose your virginity and everything goes wrong or when you accidentally end up at a party you have no business being at. I mean my book isn't The Office uncomfortable humor, but it's real humor. How can you deal with teenage pre-ejaculation any other way? It's just a funny thing that happens to young men just like bleeding all over a camel in Morocco can happen to women. Like me!'"

There's a sweet essay in her book called *Well I Declare* about meeting her husband on the Oregon Coast—Cannon Beach specifically in the early nineties. Both in college, she worked for Osburn's Grocery while he flew kites for Once Upon a Breeze.

"If only someone could have told me what a magical time that would be in my life. Drum circles, camping on the Nehalem, beach volleyball, dancing at Bill's before it was rebuilt. It was a great time in both our lives. It definitely helped shape our decision to move to the coast."

Married now for nineteen years with three boys, she home schools, and runs she and her husband's real estate investment company out of a basement office in between writing essays and interviews for publication.

"I'm basically looking at houses or writing or talking about Algebra or walking Fort Clatsop, all day. Like all day. My two youngest boys are with me or being consciously ignored while I make the bacon, as they say. My older is now taking some classes at Astoria High School and spent the winter on the swim team. It's hard to keep up with everyone right now because I'm dropping them off at the pool while talking on the phone to a Portland lender on blue tooth. I drag them around to meet sub-contractors or authors I'm interviewing for publication. We hang at Coffee Girl while I write an essay about a Nicaraguan Sandinista I met a few years back or eat lunch at La Cabana while I'm working on a mortgage calculator. Homeschooling is a lifestyle. You do stuff together and keep your lives less compartmentalized. It works for us. It's not for everyone."

Now working on her second book, a collection of travel essays centered on the connections women make abroad despite language and economic barriers, Kirk hopes to book a tour this summer with her family.

"We bought a tent trailer last year and did a few of those 'American family' camping trips. I thought it would be fun to tour the country with m'boys this summer although I hate leaving the Pacific Northwest in summer. We'll see. I might also decide to write from a nearby beach or hug a corner at Winekraft bar. I don't want to really think about it too much. I'm pretty spontaneous. Life has a way of happening while you plan your life."

Book Excerpt: *Well I Declare*

WONDERING what other homeless hippies had set-up in their vans, I wandered over and came face to face with a blue-eyed long-hair cooking a tofu scramble with Jerry singing in the background. His name was Stevie and his dog Tahoma sat behind guarding her man with teeth bared. She acted every bit the jealous bitch.

"Hey, I'm Diana. I live in that green pickle van over there. How you doing this morning?"

"I'm good. I've seen you around town. I'd heard two girls were camping out for the summer in that thing."

"Yeah, we couldn't get a room anywhere so this is home for now. You work in town?"

He said he flew kites for the local kite shop. Pay was a percentage of their days' profits and so he lived in his van year round at U of O during the school year. He studied geology and did contract work for an environmental consultant that required him to camp out in the woods sometimes for months at a time. It was just easier to stay in the van as a full timer.

His van was clean. Lined with shelves of milk crates holding food and kitchen utensils. Breakfast was on a cast iron pan over a backpack stove that looked well worn and used. I watched him pour on some Sriracha chili sauce when he was done and grab a fork from a tin cup bungeed to the back of his driver's seat.

It hadn't gone unnoticed that his Irish wool knit sweater hung on his huge shoulders just so. Or that his thigh muscles were as cut as an anatomy drawing. Or that his pearly white teeth kept popping out under a huge smiley face.

I didn't hear much he said that morning because it took every bit of energy for me to not overshare or pretend I like the Dead. I concentrated on acting cool and aloof.

"Yeah, totally, I'm a bio major, third year. Just working the curve in case I wanna hit grad school, ya know?"

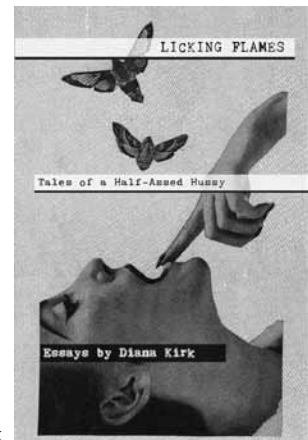
"Oh sweet, I just got a tat on my back, a little Mother Earth Gaia back there to remind me what's real, ya know?"

The whole summer we hung out, a big group of us from colleges all up and down the west. We'd have drum circles on the beach and I'd shake a dried bean pod trying not to stare at Stevie with his sun bleached hair bouncing around his head as he grooved to the beats. We'd hike during the day and talk for hours about nudibranchs and magma flow temperatures. Sometimes we'd argue too about Andy Warhol's tomato cans and how stupid they were, are, still.

Over time I confessed I didn't like the Dead, or that I hated the Dead and their twenty minute songs. I confessed I didn't understand Water-ship Down and had no desire to read Siddhartha. He smiled and told me he read sci fi books and hated lentils. It was a moment. There were moments.

On Friday nights at the pub there'd be live music and I'd nurse beer after beer from a corner and watch him boogie down with the crowd until the floor boards screamed they were gonna burst. I'd watch the other broomstick skirt girls twirl around him with their belled bracelets and headwraps. Girls I'd curse under my breath, "get the fuck away from him Moondance, he's mine."

It wasn't until the last night of summer, when I was drunk off cheap beers did Stevie finally squeeze my leg under the table. I saw the little sparkle in his eye and knew I was spending the rest of the night in his van.



First Came Oregon's Bottle Bill, Then Came **CARTM**



Linda Kozlowski, Manzanita resident and CARTM board chair brings in a load of deposit aluminum cans to help CARTM meet its 20th anniversary goal of 20,000 additional deposit cans and bottles over 2016's total—1,000 more cans for each of the 20 years of CARTM's service to the community. Photo by Susan Walsh.

IT IS RARE these days to see people tossing bottles or cans out car windows. Instead, recycling bottles and cans has become the norm and we can thank Oregon for that. In 1971 Oregon passed the first anti-litter bottle bill in the United States requiring refundable deposits on all beer and soft drink containers.

Passage of similar bills in ten states reduced beverage container litter up to 83%, conserving natural resources through recycling, and reduced waste going to landfills.

Since its operation began, CARTM in Manzanita has seen steady growth in the return of deposit bottles and cans, especially since water containers were added to the bottle bill. In 2016 a record 587,910 deposit bottles and cans were donated to CARTM for recycling.

"All segments of our community return bottles and cans to CARTM," said executive director Karen Reddick-Yurka. "The locals, the visitors, the campers at the state park and people who rent vacation homes are strong users of our service. The money we receive from this source is important to our operations."

On April 1, the current five cent deposit will increase to 10 cents on water, flavored water, soda water, mineral water, beer/malt beverages and carbonated soft drinks. Additional beverages (such as cider, coconut water, coffee, tea, fruit juice and energy drinks) will be added to this list in January 2018 but until then only those containers with the appropriate Oregon refund label are considered deposit bottle or cans.

As CARTM celebrates its anniversary, Karen and her crew have set a goal of an additional 20,000 deposit bottles and cans – 1,000 for each of our 20 years - for a total of 607,910. "We encourage the community to help meet this ambitious goal," Karen said.

"We recognize that on April 1, every redeemable can or bottle is worth more," said Karen, "so we are making donation slips available to those who bring their bottles and cans to CARTM." "We are grateful for these very generous donations to CARTM's bottom line."

When people 'return their returnables' to CARTM in 2017, Karen considers it a birthday

present to CARTM for its 20th. "We hope everyone will put Sunday, May 21 on their calendar to come to CARTM for birthday cake," Karen added. CARTM will be celebrating that day with complimentary cake, live music and a special sidewalk sale filled with unique items, bargains and collectibles.

For more information call 503-368-7764 or email ed@cartm.org.

Top 10 reasons to return your returnables to CARTM

1. Think of each deposit bottle and can returned to CARTM as a birthday present for our 20th year!
2. Recycling deposit bottles and cans is the easiest and best way to have an environmental impact. No new mining, harvesting, refining necessary-- the same materials are used again and again and again!
3. So convenient to drop off returnables to CARTM with your other recyclables
4. Keeps our roads, trails, waterways and walkways beautiful and clean of debris.
5. It's an easy way to donate to CARTM and helps keep this unique, local, colorful, creative, community minded non-profit going strong!
6. No waiting in line at redemption centers or can-counting machines.
7. Donation receipts for tax purposes are available for your generous donation of returnable bottles and cans.
8. Keeps your garage neat and tidy!
9. Reduces the amount of land required for landfills, and reduces the toxins released as these materials degrade.
10. Helps CARTM meet its 20th anniversary returnable goal of 607,910 returnables in 2017 (587,910 were returned in 2016)

Free Discussion About What Makes Us Oregonians

IN 2015, Oregon's population exceeded 4 million people. Not only are we growing in number, we're also changing demographically. Considering that Oregon has a history of racial exclusion, these changes prompt questions about Oregonian identity and values. How do we build communities that welcome people of all backgrounds? How are minority and under-represented populations included and treated today?

This is the focus of "Where Are You From? Exploring What Makes Us Oregonians," a free conversation with Kerani Mitchell on **THURSDAY, APRIL 13, 2017, at 7:00 p.m.** at the Cannon Beach History Center & Museum, 1387 South Spruce Street. This program is hosted by Cannon Beach History Center & Museum and sponsored by Oregon Humanities.

As an East Indian adoptee who has spent most of her life in small Oregon towns, Mitchell is accustomed to questions about her citizenship and lineage. The constant questioning of her identity inspired Mitchell to obtain a BA in International Studies from Seattle University, where she focused on multicultural and social jus-



tice issues. She's since held numerous positions coordinating people and programs in nonprofit settings, working with immigrant, student, and volunteer populations. She currently works as a coordinator at the year-round arts and cultural nonprofit Sisters Folk Festival, Inc., and serves on the Bend International School Board of Directors.

Through the Conversation Project, Oregon Humanities offers free programs that engage community members in thoughtful, challenging conversations about ideas critical to our daily lives and our state's future. For more information about this free community discussion, please contact Elaine Trucke at 503-436-9301 or elaine@cbhistory.org.

Washington's Long Beach Peninsula Offers Terrific Spring Hiking For Those Who Aren't Afraid Of The Mud

SLOSHING through ankle deep mud on a rare sunny or more predictably rainy day is a quintessential Northwest experience. When spring's urge to get outdoors calls, find perfectly wet trails plus 28 miles of sandy, public beach on Washington's Long Beach Peninsula.

Well known for the oyster beds of Willapa Bay, great food, bird watching, and charter fishing, the Long Beach Peninsula also boasts an impressive system of trails. An estimated 30 miles of trails traverse the peninsula through grassy dunes and old growth forests, over rocky headlands, around wetlands and through scrub pine forest.

Local experts suggest the following for great spring hiking:

The soggy, 1.5-mile round-trip **Coastal Loop** includes plenty of short ups and downs, with steep sections. Features included huge, ancient Sitka spruce (some 10 feet in diameter), views of the Columbia River, and fauna and flora including newts, frogs, bald eagles, owls, foxes, otters, huckleberries, mushrooms, and flowers. Access to this 1.5-mile round trip loop is near Serious Pizza and the park office at the entrance to Ilwaco's Cape Disappointment State Park (Discovery Pass required for cars). Dogs on leash are permitted.

The Weather Beach and Bearberry trails at Leadbetter Point, on the north end of the Peninsula, are likely to be under water this time of year. The 1.1-mile **Bay Loop** (green trail) offers mud without wading, birding sites, scrub pine forest, marsh grass fields and flat terrain. A Discover Pass is required for parking at Leadbetter Point State Park.

Delight in signs of spring (and mud) on three trails at the headquarters of the Willapa National Wildlife Refuge: ¼-mile **Art Trail** mostly



ART TRAIL. Commemorating the restoration of the small stream, art pieces are placed along the curving boardwalk to tell the stories of the waterway and the many species that live there. Students from the University of Washington Public Arts Program designed, constructed, and installed the artwork for the trail under the direction of professors John Young, Ian Robertson, and Jim Nicholls.

on boardwalk; fern-laden **Cut Throat Climb**, a ¾-mile loop; and nearby third-mile **Teal Slough**, showcasing millennium-old western red cedar and Sitka spruce trees. The refuge headquarters is near milepost 24 on State Route 101. Teal Slough is 1.6 miles northeast of the headquarters.

For the mud adverse, all but a short section of **Discovery Trail** on the west side of the Cape Disappointment headlands is paved. This 8.5-mile long coastal interpretive path stretches from Ilwaco on a forested climb and descent to Beard's Hollow wetlands, then through grassy dunes to a mile north of Long Beach, with a forested spur to North Head Lighthouse added in 2014. Access points most with free parking are at the Port of Ilwaco, Beard's Hollow, the Seaview and both Long Beach beach approaches, as well as the south end of the Breakers Resort. In Long Beach, the trail parallels a ½ mile wooden boardwalk. The trail is shared with cyclists, and dogs on leashes are permitted.

FMI on the Peninsula's trails and recreational offerings, call the Long Beach Peninsula Visitors Bureau at 360.642.2400 or access www.funbeach.com.

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Coast Community Radio

KMUN 91.9, 88.9, 91.3, 104.3

KMUN broadcasts 7,500 watts of power from its main transmitter on Megler Mountain, and 10 watts each from translators in Wheeler, Cannon Beach and South Astoria.

KTCB 89.5

KTCB broadcasts 4400 watts of power from Cape Mears, serving Tillamook county.

KCPB 90.9

KCPB broadcasts 400 watts of power from its transmitter on Megler Mountain.



Oregonians head to Salem to Rally for Water & Wildlife

Business owners, concerned citizens, and conservation groups to hold rally to support clean water and abundant wildlife, insist Oregon needs stronger laws!

The Rally for Water and Wildlife takes place on the Capital Steps. 11am-1pm on April 19.

Participants are asked to wear blue for water or green for trees, and bring wildlife props, as well as signage!

Oregon needs stronger environmental leadership!

We must update State environmental policy and be the "Green State" we claim to be. Pure, clean drinking water, rivers full of healthy fish, and abundant wildlife are keystones of Oregon's identity. – Oregon Wild



Jetty Creek Clear Cut - Photo by Roger Dorband

This rally calls for:

- Comprehensive science-based logging policy reform that protects: forests, streams and biodiversity.
- Science based regulations to protect people and wildlife from applications of toxics. Oregon's drinking water, fish and native pollinators are most at risk from outdated regulations.
- Protections for Water and Wildlife on State owned public lands. Public lands such as The Elliott, Tillamook and Clatsop State Forests are sources of drinking water, and provide the habitat that Oregonians need for wildlife viewing, hunting and fishing.

Featured Speakers:

Representative David Gombert – Representative Pam Marsh
Rural Oregon Advocate Francis Eatherington, Fishing Guide Kate Taylor, Wildlife Advocate Quinn Read, and Community Organizer Nancy Webster!

This Event is cosponsored by the following organizations:

Rockaway Beach Citizens for Watershed Protection, Forest Web of Cottage Grove, Great Old Broads for Wilderness Willamette Valley, 350 Eugene, Cascadia Wildlands, Defenders of Wildlife, Center for a Sustainable Economy, Pacific Rivers, K.S. Wild Rogue Riverkeeper, The Oregon League of Conservation Voters, Portland Audubon Society Oregon Chapter Sierra Club, Beyond Toxics, and Oregon Wild

Contacts: Jason Gonzales, Oregon Wild
541-344-0675, JG@oregonwild.org

Lisa Arkin, Beyond Toxics
541-465-8860 larkin@beyondtoxics.org

Climate March – Columbia River April 29: Protect the Columbia from coal, oil, and methanol export

Communities along the Columbia River are key to our climate future. Residents of Longview, Vancouver, and Kalama, Washington, are pushing back against the dirty fossil fuel industry and protecting their communities and climate.

You're invited to join them on April 29th in Kalama, Washington.

On April 29th, hundreds of thousands of people across the nation will come together—including in Washington DC—to ensure that our future includes clean air, water, and a stable climate. You don't have to go to DC to participate; your local community needs you here.

How to participate in Southwest Washington and the Lower Columbia River:
A two-part event is happening in Kalama to oppose the coal export terminal in Longview, the methanol refinery and export terminal in Kalama, and the oil terminal in Vancouver.

Part One: Fishing boat parade on the Columbia River. Participate from shore at the Port of Kalama marina or sign up to join with your fishing boat! To bring your fishing boat please email Jasmine@ColumbiaRiverkeeper.org for details.

Saturday, April 29, 10:30 – 11:30 am at 110 W. Marine Drive, Kalama

Part Two: Eat lunch and attend workshops about effective involvement in your community's campaign against the coal, oil, and methanol terminals at the Kalama Community Building

Saturday, April 29, 2017 Lunch: noon – 1 pm; Workshops: 1 – 4 pm at 216 Elm Street, Kalama, Washington 98625

For more info, and to RSVP, visit columbiariverkeeper.org



COLUMBIA RIVERKEEPER is collaborating with local residents to oppose the world's largest fracked gas-to-methanol refinery in Kalama. But Riverkeeper is also exposing how these massive methanol refinery proposals would profoundly increase our region's consumption of fracked gas and drive the construction of massive new gas pipelines into the Pacific Northwest.

Why is fracked gas such a big deal? It is primarily comprised of methane, a powerful greenhouse gas. Methane leaks from fracking gas wells and gas pipelines are so severe that scientists have concluded that fracked gas can be as bad for our climate as coal.

The Kalama methanol refinery would use a stunning volume of natural gas; 320 million cubic feet per day, more than all other Washington industry combined. Thus far, the methanol company has not explained how the existing natural gas pipeline system could supply the methanol refinery. But newly released documents from NW Natural explain that the gas company could lease pipeline capacity to the Kalama methanol refinery to "bridge the gap in time between the commencement of methanol plant operation and the in-service date for an upstream infrastructure expansion, say three years." In other words, a major new natural gas pipeline into the Northwest would be built in the next three years to supply the methanol refinery.

GULLEY'S BUTCHER SHOP

old fashioned, locally owned and locally sourced.

By Iris Daire

The MEAT of it.

GLENN AND DIANA Gulley hold to the *meat aesthete*. Both having grown up in small town Oregon, it is not surprising that there are hunters in Diana's family, and Glenn himself is a lifelong hunter. As such he is intimately familiar with the ins and outs of butchering deer and elk. They knew from these experiences that there is a vast flavor difference between animals who have lived a life with space and a natural diet, and those "raised" in feed lots. (Read horrible conditions with a lot of chemicals, antibiotics and fear.) Just like with us, it could easily be said that cows, pigs and sheep are what they eat. Or perhaps that they taste of what and how they eat.

Most Astorians eat meat regularly. Unfortunately, until now, much of the meat commercially available has originated in truly deplorable conditions, handled with an eye towards maximizing shelf life over nutrition and flavor. If you have ever compared fresh farm eggs to commercially produced eggs you probably have recognized the vast differences in taste and appearance. The industrial yolks are pale and wan vs the dark and gorgeous yolks of a back yard hen. Eggs provide an obvious example of the impact of diet on the quality of animal products. A kind of visual difference which may not be as obvious when shopping for meats that have been "enhanced" with dyes and chemical preservatives, laid out upon their little trays and shrink wrapped.



The increasing industrialization and centralization of the food infrastructure of our nation has left people with little choice as to where their food comes when they shop in the big food outlets. Just how long were those tomatoes in transit? When was that meat on the little styrofoam tray first butchered? How long was it frozen? The demise of the quality of what we put on our plate has resulted in negative impacts on our health and wellbeing. The life expectancy of the current generation is less than that of their grandparents, and this has a lot to do with what we eat.

The push back of agricultural industrialization has come from small organic farmers, cooperative groceries, farmer's markets and forward seeing restaurants like Blue Scorchers, Clemente's, Street Fourteen, Fort George, and Carruthers - which all buy direct from local farms. It's a trend that is increasing nationally. The market for real food that has not been "enhanced" is on the rise. Gulley's Butcher Shop is a welcome addition to the efforts within the local scene towards more sustainable food sourcing.

For years the Gulleys have been making a point of seeking out old fashioned butcher shops where ever they have traveled. Vestiges of a time when our food was handled on a human scale, and where you can talk directly to the butcher. Sort of like the 1991 movie, *The Butcher Wife* without the magic twinkles.

After raising their kids, and working in construction and property management for two decades, the couple was ready for a change.

Then a store front in a building owned by Diana's parents, Ken and DeLores Richards, opened up last spring on Commercial Street. They decided it was a good time to change professions and give butchering a go. After all downtown Astoria no longer has a super market, and the Astoria Cooperative, the sole grocery store, has only a very small meat selection. The Gulleys were savvy to the local foods movement that is so established in the Northwest, and eager to take part in it.

They sought out a trained butcher and Glenn began to add to his skills by learning the formal art of processing sides of beef, lamb and pork into cuts and portions to please the palates of Astorians. Butchering is traditionally a skill learned directly on the job, and Glenn has worked hard to absorb as much as he could from the two butchers that have worked in the shop since they opened last August. The option to go into a mom and pop shop that is only selling fresh grass



House-made pork sausage, like Red Wine and Parmesan, and Andouille are part of the weekly menu. Glenn weighs dog bones - your Fido deserves the best.



Photos: Dinah Urell

Gulley's Butcher shop is located at
1255 Commercial St. in Astoria.
Open Tue - Sat, 11am to 5:30pm. Look for
Sunday hours this summer. 503.325.2478

fed animals sourced from within a few hundred miles is a vast improvement for both the karma and taste buds of Astorian carnivores.

While vegetable farmers can drop off produce to cafe kitchens with little fuss, getting meat from farm to table is a little more convoluted. The USDA rules around slaughter require stringent



oversight of slaughter facilities. This came about as a direct result of blatant exploitation of both people and animals as early as 1906. It was in that year that public awareness of the terrible conditions for both workers and animals in the slaughterhouses first resulted in legislation to regulate safety. This was helped by Upton Sinclair's novel *The Jungle*. (Yet again highlighting the important role of artists in creating a just society.) In the hundred and ten years since those first laws the rules have continued to evolve to address the reality of increasingly huge industrial facilities. One unfortunate fallout is the simultaneous decline in small regional meat packing outfits, which have been unable to meet the financial burden required to keep up with regulations designed for factories many many times larger.

What this means for farmers who raise animals is that they often need to transport their animals

many miles to be killed and processed into the meat folks like to serve on their dinner table.

The Gulleys have sourced their meats from Carlton Farms and Anderson Ranches, both Oregon Companies which specialize in pastured animals, and have their own processing facilities. This allows the Butcher Shop to get large cuts of meat delivered fresh, rather than frozen, that they can then portion out for their case.

Diana and Glenn have also sought out fresh un-homogenized milk in glass from Tillamook's Bennett Family Farm, goat cheese from Skamokawa Farmstead Creamery, local eggs, and a few other items to help round out your meal. Having direct connection to small scale local producers year round is a valuable service that storefronts like Gulley's can offer, but often don't.

In the months since they opened, stopping by the butcher's has already become a habit for many customers. They have regulars who get specific cuts every week for health reasons, and have found themselves challenged by the special requests from high caliber home cooks. These passionate home chefs have found a new way to cope with the dark wet winters of the North coast by dreaming up and preparing fabulous meals using meats purchased at the new butcher shop.

When asked what their favorite part of running a butcher shop has been, Glenn was quick to say that the relationships they have forged with their local clientele has been the absolute highpoint. They have been surprised by how supportive people have been, and grateful that their hunch about the need for an old fashioned butcher shop in downtown Astoria has turned out to be true. Even during slower winter months people need to eat, and Diana and Glenn are happy to be providing real food to their beloved customers.

Iris has been a passionate cook, baker, and vegetarian for the past 30 years. She lives in a household full of felines, with a hoard of free roaming chickens, and two raw meat eating cats. She writes about health, nature and sometimes consciousness on her blog Pookaride.com.

OF FORESTS AND CLEAN WATER

RAINBOW GIVING

By
Roger
Dorband

IN THE PACIFIC NORTHWEST, especially here on the coast, water in all of its forms soaks our hills, mountains and valleys, feeding our rivers, creeks and springs in a never ending cycle. Water grows the forests, grows our gardens, cleans our air, fills our wells, cradles the fetuses waiting to be born, surrounds the life of our bodies, and gives us the rainbow. Water is of the essence, inseparable from the gift of life itself.

I once noticed something different in the pronunciation of the word "water" by an African American friend of mine who grew up in Arkansas. We were doing hard physical labor at the time and he needed a drink. "Water." When he said it the word sounded different, like "weurter", which sounded to me like the movement of a stream. That sound somehow acknowledged water's preciousness, the way it would if your people came out of the fields where the water was strictly rationed.

Too often we take water's preciousness and importance in our lives for granted. We turn on the tap without second thought. But when the well runs dry or lead is discovered in the water our survival instincts raise it above everything else. From Flint, Michigan, to Standing Rock, North Dakota, to towns like Rockaway Beach on our own North Coast, recent events have made the absolute necessity of clean water for human health and survival of paramount concern.

In Flint political malfeasance and incompetence, combined with a callous disregard for the health of a community written off as powerless, has resulted in the lead poisoning of hundreds of children, some of whom will be disadvantaged by its effects for their entire lifetime.

There is no water crisis at Standing Rock. Not yet. But in accordance with the Native American principle that decisions be made with the welfare of 7 future generations taken into consideration, the Standing Rock Sioux Tribe is resisting an oil pipeline running under the Missouri River on their ancient territorial

land. Their concern is based on the reasonable assumption that a rupture in the pipeline at some point in time will contaminate the river, source of their drinking water and that of many thousands of others.

Leaving aside the spiritual dimension of the tribe's objection to the pipeline, the forces directly in opposition to the inviolability of their

tenance and add to the ground water supply. The root system and underground organic network of forests filters impurities from runoff and prevents further erosion the end result of which can be contaminants in drinking water. Trees adjacent to streams keep water temperatures cooler and less inclined to grow algae and develop bacteria. These positive

than stands of 150 to 500 year old trees. Perhaps more surprising was the finding that as the tree plantations aged to 50 years the amount of reduction in streamflows increased!

Perry and Jones's data was reanalyzed in 2017 by Frissell and Raven Hydrobiological and Landscape Sciences of Montana. Their analysis of the data found that "mature and old growth Douglas-fir forests appear to be exceedingly efficient in water use and produce steady streamflows compared to second growth forest plantations".

Looking at the overall reduction of streamflows in rivers and creeks throughout the Pacific Northwest coastal region during the past 50 years, Frissell and Raven found that the streamflows in mature stands were relatively unaffected by increased temperatures associated with climate change. That suggested to them that streamflow reductions could be caused "as much or more by the cumulative effects of logging than by climate change."

Frissell and Raven concluded that Perry and Jones' study "suggests that summer, fall and early winter streamflows are today dramatically depleted on a widespread basis across western Oregon and the Pacific Northwest as a consequence of extensive logging and vegetative regrowth in plantations following logging."

With the onset of global warming this new research is seminal to future discussions of the effect of logging on potential water shortage. This is especially true in states like California which has an active timber industry and has already experienced drought severe enough to require widespread water use restrictions.

Considering the extent of industrial clearcutting in the state, Oregon is not exempt from such concerns. In Rockaway Beach, where in the past 12 years the Jetty Creek Watershed has been 80% clearcut, water shortages and rationing are a distinct possibility in the future.

HERBICIDES AGAIN AND AGAIN

Beside the flow loss, another way in which clearcutting can damage drinking water is the use of herbicides which are routinely sprayed on clearcut land in order to suppress the growth of brush and unwanted species that inhibit the development of harvestable fir trees. Herbicides in drinking water are extremely hazardous to human health, insidious because



Photos by Roger Dorband

drinking water include over-reliance on fossil fuels, land rights, corporate greed and noncooperation, lack of legislative will, and, like in Flint, a disregard to the health of a community deemed to be politically powerless.

All but the first of these factors are in play in Rockaway Beach and on the coast of Oregon in general where citizens and environmental organizations are complaining that rampant clearcutting on the western flank of the Coast Range is contributing to contamination and flow reduction of drinking water sources.

PARADISE LOST

When left undisturbed, forests in the Pacific Northwest are integral to the availability and purity of our drinking water. The shaded canopy of a mature conifer forest allows rain and snow melt to percolate into the ground before evaporation occurs. The needles and branches of old growth forests are even known to capture moisture from fog that drips to the forest floor to provide for their own sus-

effects of forests on water quality are especially compromise where ever there has been clearcutting. Among the less obvious negative impacts of clearcut logging on water supplies is its effect on streamflow. An extensive controlled study done in the Pacific Northwest in 2016 by Timothy Perry and Julia Jones of the College of Earth, Ocean, and Atmospheric Sciences at Oregon State University made a surprising finding. Their analysis of 60 years of streamflow data showed that tree plantations having grown up after clearcutting and replanting left significantly less water in streams flowing through them during summer months than those in similar parcels left as old growth or mature stands. One explanation for this phenomenon is that young replanted trees and rapidly growing underbrush after clearcutting consume much more water than older trees.

While this reasoning is still theoretical the data clearly showed that plantation streams had 50% less flow during summer months

their presence isn't routinely tested for by water providers and they may not be detectable to sight or taste.

Herbicides currently being used in Oregon that have been linked in studies to cancer and other maladies are 2,4-D, roundup, atrazine and triclopyr. (For more details on the health aspect of these chemicals see HipFish issues for September and October 2016.)

Oregon regulations allow for the aerial spraying of these herbicides over non-fish bearing streams and tributaries. 2,4-D has a half life of 15 days in surface water which is plenty of time for water in a contaminated tributary to reach a larger stream which may be the source of someone's drinking water. This is particularly true if the spraying has occurred in or near a municipal watershed. 2,4-D remains volatile in ground water for over a year which potentially allows it to creep into springs and wells.

In past years, Luke Shepard, Director of Public Works for Rockaway Beach, has shut down the water filtration plant on Jetty Creek for 24 hours when the timber companies in the area have informed him of eminent spraying of herbicides. The duration of the shut down is limited by the availability of only a one day reserve water supply. Fortunately for the citizens of Rockaway Beach no shut downs have occurred in the past couple of years due to reduced timber harvest in the watershed.

Thanks to the efforts of organizer Nancy Webster and other activists in Rockaway Beach, the City and timber companies are now on notice that they are being scrutinized. Shepard now reports that he has gotten tentative assurances from Greenwood Resources, the timber company that owns the remainder of standing timber in the Jetty Creek Watershed, that in the future they will use hand sprayed herbicides only and provide wider buffers around the creek than those called for in the Oregon Forest Practices Act.

That is good news for the citizens of Rockaway Beach because even when aerial spray pilots carefully avoid spraying directly over ground water there is still the possibility of drift into water sources especially here on the coast where sudden wind gusts are the norm. Drift can literally carry the airborne chemicals for miles as attested to by the residents of Rockaway Beach who in the past have been able to smell and taste them in the air from their homes when spraying occurred.

More egregious than drift are the occasional pilot errors and equipment failures which can result in residents literally being rained on by herbicides. Such an event occurred in the Cedar Valley community of southern Oregon 3 years ago. (See the October issue of HipFish.) In addition to the health problems the residents there suffered they are still wondering if water from their wells and local springs is safe to drink.

MUDDYING THE WATER

The third major detriment to clean water caused by logging activity is increased turbidity. Whether from building logging roads, driving heavy equipment over a denuded forest floor, or harvesting trees on steep terrain, logging increases erosion which puts more sediment and debris in the form of organic and inorganic matter into streams. The Perry and Jones data analysis showed how turbidity is increased in logged over areas simply by volume of runoff.

The fundamental problem with increased turbidity in streams results from the interaction of the sediments and debris with disinfectants like chlorine which is used to kill off harmful bacteria. This interaction produces what the EPA refers to as disinfectant "byproducts". More accurately they are potentially harmful "contaminants" which will be examined in part 2 of this article.

The notion that logging increases turbidity seems obvious especially to anyone who has lived downstream from intense logging activity as have the citizens of Rockaway Beach. Since 2011 they have received 8 warnings of excessive disinfectant contaminants in their drinking water due to increased turbidity.

Though it seems obvious that clearcutting increases the amount of turbidity in associated streams, there was surprising industry reaction to that finding in a recent study by the Oregon Department of Environmental Quality.

SILENCING THE DEQ

The Oregon Department of Environmental Quality was founded in 1969 shortly after Governor Tom McCall ordered the temporary closure of 4 pulp mills on the Willamette River whose pollution had contributed to lowering the oxygen level in the river to the extent that migrating salmon could not survive. Today, as an agency with over 75 years of accumulated water science, the DEQ's is Oregon's most authoritative protector of the state's water quality. And yet their draft report that identifies logging as a contributor to water pollution on the Oregon coast was squelched by the timber industry and its supporters.

The Draft Coastal Resource Guide, completed in 2015 by DEQ water quality specialists after a 2 year effort, looked in a general manner at 50 public water systems along the coast where the majority of the land surrounding and within watersheds is owned by industrial logging operations.



Photos by Roger Dorband

According to DEQ statistics, "water for 40% of the drinking water systems on the coast flows through forest owned by private timber companies that log extensively." The report goes on to say that "64% of all coastal water systems have had 2 or more alerts "of contaminants in their drinking water due to the interaction of chlorine with sediment in the water."

The intent of the DEQ's report was to provide coastal water providers with information about potential pollution threats for planning purposes. A broader report for the entire state is also in the works but because of the effects of global warming and the many complaints about water quality coming from the Oregon Coast the decision was made to expedite the report for that region.

The DEQ report stated that forest loss can lead to greater water quality problems primarily because "clearcut timber harvesting is known to increase landslide rates on steep slopes and increase erosion". The report cautions that the problem is exacerbated on

the Oregon Coast due to the intense storms occurring that are associated with global warming.

Last year a case in point occurred on the Jetty Creek Watershed. Recent intense rainstorms dumped so much debris in the form of dirt, sticks and small rocks into Jetty Creek that a large pile of the debris clogging the water filtration plant at the base of the creek had to be removed with an excavator.

Tony Schick, writing earlier this year about the DEQ's unpublished report for OPB's Earth Fix, said the timber industry and the state's Department of Forestry brought "intense push back and charges of anti-logging bias" against the DEQ for the report. Schick obtained documents that show that timber groups claimed that the report "encourages the reader to identify threats with little data". In their comments to the DEQ's director the groups also said, "DEQ should not help local activists in their push for tougher clean water standards", further stating that it was "alarming that DEQ would facilitate the goals of anti-logging 'fringe groups'".

According to Schick, the timber industry, "didn't like the statistics cited in the DEQ report". Neither did the Department of Forestry, which regulates the timber industry. The department, "denied any link between forest loss and increased turbidity, let alone problems with harmful disinfection byproducts." Forestry officials wanted the DEQ to remove any language from their report connecting timber harvest with landslides and sediments in streams. They also suggested rewording so there was no implication that regulations in the Oregon Forest Practices Act are too weak to protect water quality. Peter Daugherty, current director of the Department, reiterated, "I don't believe that there's any scientific evidence that forest practices are directly related to some indications of potential increased turbidity in those systems."

In spite of Daugherty's remark, there is generally accepted data from Oregon as well as from outside of the state that establishes the relationship between forest loss and turbidity increase. This was underscored by the Federal Environmental Protection Agency last year. The EPA found that the State of Oregon failed to clean up coastal stream pollution after having been warned about the situation for several years. The EPA cited logging as the first cause of the pollution problem along with agriculture and landslides. As a result of the EPA finding Oregon lost a 1.2 million dollar federal grant that ironically would have gone to water quality improvement projects on the Oregon Coast.

The push back on the DEQ's report by the timber industry, Department of Forestry and industry affiliated associations like the Oregon Forest Resource Institute, ultimately lead to the report being shelved. To date it remains unpublished. It is important to note that while the reaction of all three entities involved in the push back are based on their own assessments of the facts, the other common thread that links them is that they all profit from timber harvest.

THE TAKE AWAY

Clearly, any compromise of the DEQ's independence diminishes their authority and the prospects of maintaining drinking water quality. It is particularly troubling that the Oregon Department of Forestry chose to side with the timber industry in undercutting the DEQ. The culpability does not lie with ODF Director, Peter Daugherty, alone. He simply reflects an ongoing department philosophy that frequently puts the interests of the timber industry ahead of protecting the public's health and the environment. In a 2013 interview, Lena Tucker, the Deputy Chief of the ODF's Private Forest Division said, "Overall our mission is to keep those working forest lands working."

And working they are. During the 2 year interim since the DEQ's 2015 Draft Coastal Resource Guide was suppressed the timber companies have ramped up their operations as evidenced by the many new clearcuts now visible along the coast. Meanwhile concerned citizen groups have continued their activism in the hope that water quality will finally be given priority above timber harvest by legislators and the Oregon Board of Forestry.

(In the next issue - disinfectant contaminants in water. and look at our Bear Creek Watershed)

Jody Miller Photography and Stirling Gorsuch Handmade Prints Featured in Solo Shows at RiverSea Gallery

RIVERSEA GALLERY presents two solo shows featuring artists with ties to the north coast, opening on April 8 during Astoria's Second Saturday Artwalk and continuing through May 9, 2017.



Friendship, 22" x 32" Jodi Miller

Legends in White is a solo exhibition of dramatic, black and white photographs by Jody Miller, entirely focused on the ethereal beauty of the white horses of the Camargue, a rare breed that has lived wild in the coastal salt marshes of southwestern France since prehistoric times. These photographs, some in a very large format, have been printed on matte finish aluminum and framed without glass, giving each image a striking immediacy.

Throughout her career, Miller has favored photographing the natural and urban landscape, but became entranced by the famed wild herd on a recent trip to Provence. The horses run free in a national park, on land they have adapted to over countless generations, and in these photographs, the rugged breed appears as an elemental expression of the wild landscape that supports them.

Miller has been photographing the landscape for over forty years. She studied with Ansel Adams in Carmel, California in the early 1980s, and later with Arthur Ollman in San Diego. Her work has been published in numerous magazines and exhibitions, and is in the permanent collection of the Tate Gallery in London. A Los Angeles resident for 45 years, she now makes her home in Astoria, Oregon when not traveling.

In the Alcove, *Erosion and Memory* showcases handmade prints by north coast native, Stirling Gorsuch. This body of work is inspired by geologi-

cal forces and extreme natural phenomena that have shaped the Northwest landscape, both in present time and over millennia. The artist incorporates a window motif as a printed element in many of the compositions in this series, thus placing the viewer at the scene, looking through a portal at past, present and future landscape change.

All of the prints in this exhibition are either linocut or monotype combinations, many with an inspired use of mixed media. In a nod to his long time practice of creative experimentation, Gorsuch has worked back into numerous pieces with hand coloring and the use of various drawing media.



Ashes in the Fall, monoprnt, chine colle', 25.5" x 19.5"

Gorsuch was raised in Cannon Beach. His award winning art studies at Clatsop Community College led him to Oregon State University where he studied printmaking under the tutelage of Yugi Hiratsuka, receiving his BFA, Summa Cum Laude, in 2015. Since 2013 he has exhibited in Portland, Corvallis, Bend, and on the north Oregon coast.

RiverSea Gallery is open daily at 1160 Commercial Street in downtown Astoria, Oregon. For more information, call the gallery at 503-325-1270, or visit the website at riverseagallery.com.

Exhibit Opens: Science of Storms At Columbia River Maritime Museum

THIS MARCH CRMM announced its newest exhibit, Science of Storms, The Extraordinary Weather of the Pacific Northwest. Here in the Pacific Northwest we experience extraordinary weather—extremes of precipitation in the form of rain, fog, ice and snow. Together with extreme winds, can make for some challenging conditions. Mariners have always had a vested interest in accurately recording and predicting the weather. Often their lives and livelihoods depended on it.

This exhibit will look at our extraordinary weather, the historical interest of mariners in the subject, and the ways that science and technology have addressed

the challenges of predicting the weather.

Included in the exhibit will be a TV weather forecaster's studio space where visitors can try their hand at giving a weather forecast, see themselves as rescuers would using infrared vision technology, view the earth from space and see for themselves the generation of storms over the vast Pacific, come to understand the role geography plays in our extreme weather conditions and how it relates to the rain shadows of the Northwest and experience hurricane force winds in a hurricane wind simulator.

CRMM is located at 1792 Marine Drive in Astoria.

Indigenous Intrinsic Manifestations Linley B. Logan Royal Nebeker Gallery

CLATSOP COMMUNITY COLLEGE is proud to announce, Indigenous Intrinsic Manifestations, an exhibition of artwork by contemporary, Onondowaga (Seneca) artist, Linley B. Logan at the Royal Nebeker Gallery, with an opening reception on Thursday, April 13, from 6pm-8pm. The reception is free and everyone is welcome. Light refreshments will be available.

The exhibition showcases Linley's talents as a multi-disciplinary artist and designer with a deep connection to his Seneca heritage. Along with a strong foundation in fine art, his education includes focuses on industrial and graphic designs. He attended the Rochester Institute of Technology for industrial Design and Fine Art, in New York and the Institute of American Indian Arts in Santa Fe, New Mexico. Mr. Logan grew up in the Tonawanda Seneca Nation, which is part of the Six Iroquois Confederacy. Visitors to the exhibition can expect to see works in printmaking, ceramics, and mixed media with blended elements of both contemporary and traditional styles.

In addition to visual art, Linley has authored articles on Haudenosaunee social dance traditions, supported indigenous artists and arts organizations through his work at the Evergreen State College Longhouse, and specialized in contemporary art from the indigenous perspective. He has accepted invitations to attend several international gatherings of indigenous artists in North America, Hawaii, Guatemala, and New Zealand. Through this, he has shown his artwork and given presentations across the country and abroad.

A PRINTMAKING WORKSHOP, led by Linley, will be offered at the college Art Building on Wednesday, May 10. Space is limited with priority given to CCC students. More information will be available on the gallery's website.

The CCC Royal Nebeker Gallery, established in 1979 and uniquely overlooking the Columbia River, is an important community-gathering place and forum for critical, contemporary art dialogue.

The gallery is located in the CCC Art Center at 1799 Lexington Avenue in Astoria, Oregon. The gallery is open Monday thru Friday, 8 a.m. to 5 p.m. and Saturdays, 11 a.m. to 4 p.m. For more information about CCC or to learn more about the Royal Nebeker Gallery visit <https://www.clatsopcc.edu/community/ccc-royal-nebeker-art-gallery>.



Heno (the Thunderer), Coming From the East Oil painting 2009

PDX 30 & LightBox Files at LightBox Gallery

LIGHTBOX PHOTOGRAPHIC Gallery recognizes the Portland photographic community for their incredible talent in the 6th annual "PDX 30 Exhibit". This group exhibit shows thru May 10.

In honor of Portland Photo Month, April 2017, this group exhibit celebrates LightBox's appreciation of the Portland Photographic Community by showcasing their work. One image each from 30 photographers was chosen to be featured in the exhibit, work that exhibits the unique vision and creativity of the photographer and stood out above the crowd.

This year Portland Photographer Joni Kabana served as juror. Joni is a visual art-ist who is most happy when she is deep into a world which is unfamiliar to her. She can be found at home or in remote villages across the globe working on magazine, NGO, corporate and personal projects trying to stretch her beliefs and imagination as far as they will go.

Also opening on the same night is the LightBox Files Exhibit. Eight photographers work will be featured in the viewing drawers at the gallery for the 2017 calendar year. The LightBox Files are entering the second year at the gallery, honoring the complete photographer by recognizing those that pursue the art of fine printing, in whatever medium that may be. On this night all eight photographers will be featured with a series of prints on the walls and a collection in the drawers.

LightBox is located at 1045 Marine Dr. in Astoria. Hours are Tues-Sat 11-5:30. Contact LightBox at 503-468-0238 or info@lightbox-photographic.com



Echoes of My Youth, Kristy Hruska

April Cultural Calendar

Enjoy Contra Dance with Clatsop County Stringband and caller Dave Ambrose

CLATSOP COUNTY STRINGBAND will be playing April 14, 2017 for the 2nd Friday Contra dance at Astoria Arts and Movement Center.

Clatsop County Stringband members Knox Swanson, Larry Moore, Gina & Hobe Kytr and caller Dave Ambrose invite you to join us for an evening of great music, dancing, laughing, and good times. Knox and Larry are members of the Beerman Creek Stringband. Gina and Hobe formerly played in the Blue Heron Stringband with our good friend Ann Baldwin. All dances taught. No partner or experience necessary.

Expect a mass of happy contra-dancing folks – this is one Astoria revival that has really taken off. 7-10pm. Sliding scale \$5-\$10 – pay what you can. Astoria Arts and Movement Center @ 342 10th Street Astoria, OR.



Hook & Anchor w/River Whyless April 13

Blind Pilot's Kati Claborn drives many of the tunes you'll hear from Hook & Anchor, on stage April 13 at the Liberty. Originally a group of associate musicians gathered by long-time friend and collaborator Erik Clampitt to play a handful of gigs culminating in a show at the San Francisco Old-time and Bluegrass Festival, Claborn's songwriting on the road with BP found voice in the collaboration. The project quickly became a vessel for other member's back-pocket tunes, giving the music breadth and variety, and Hook & Anchor became a keeper.

The band consists of Claborn (banjo, guitar), Clampitt (electric guitar, pedal steel), old-time music veteran Gabrielle Macrae (fiddle, banjo, guitar), and fellow Blind Pilots Luke Ydstie (bass, piano), and Ryan Dobrowski (drums). Asheville, North Carolina's River Whyless opens.

Thursday, April 13, 7:30pm. Tickets at libertyastoria.org



Swing Dance LIVE with the Bar-K-Buckaroos w/Lessons!!!! April 25

PUT SOME SWING in your step with the help of **Swing Dance Instructor Jen Miller** on Tuesday Nights at the AAMC. 6:30pm intermediate level West Coast Swing, 7:30 beginner level West Coast Swing, 8:30 student led practice hour, culminating in a LIVE music dance party the end of ea. month. Series packages available or \$15 drop in. No partner required. Contact Jen at Jen Robinson jen@floorplay.net. Drop in for social dance on the 25th, \$2 Student, \$6 single, \$10 couple. Schwing!!!!!! All Levels Class from 6:30-7:30pm, then bust out your swing moves with the Buckaroos!

Astoria Arts and Movement Center @ 342 10th Street Astoria

Monday 10

- MUSIC
- Freshman-Sophomore Solo Program. 7pm at the Church of the Nazarene in Tillamook.
- Luke Winslow-King. No cover, 7pm at the Adrift Hotel in Long Beach.
- HAPPENING
- Newfoundland Club of America National Specialty. Includes Conformation, Obedience, and an Iron Dog Competition. At Salishan Spa & Golf Resort. See 2017 NCA National Specialty page on Facebook.

Tuesday 11

- MUSIC
- Luke Winslow-King. No cover, 7pm at the Adrift Hotel in Long Beach.
- HAPPENING
- 12 Days of Earth Day. Offering numerous environmentally focused events.in Cannon Beach. twelvedaysofearthday.com
- Newfoundland Club of America National Specialty. Includes Conformation, Obedience, and an Iron Dog Competition. At Salishan Spa & Golf Resort. See 2017 NCA National Specialty page on Facebook.
- LECTURE
- The Art of Aging/Dying Lecture Series. Legacy Writing with Mary Myers. 3 – 5pm at the Hoffman Center in Manzanita.

Wednesday 12

- MUSIC
- Redwood Son. No cover, 7pm at the Adrift Hotel in Long Beach.
- HAPPENING
- Night of All Knowledge Trivia Tournament. A team trivia competition. 6pm at the Seaside Library.
- 12 Days of Earth Day. Offering numerous environmentally focused events.in Cannon Beach. twelvedaysofearthday.com
- Newfoundland Club of America National Specialty. Includes Conformation, Obedience, and an Iron Dog Competition. At Salishan Spa & Golf Resort. See 2017 NCA National Specialty page on Facebook.
- LECTURE
- Salty Talks. Dungeness crab movement and migration in the Columbia River Estuary will be discusses by Curtis Roegner. 6:30 – 8pm at Salt Hotel and Pub in Ilwaco.
- The World of Haystack Rock. Geology of Haystack Rock with Tom Horning. 7pm at the Cannon Beach Library.

Thursday 13

- MUSIC
- Hook & Anchor. With the River Whyless at the Liberty Theater. \$25. 7:30pm.
- Wanderlodge. No cover, 7pm at the Adrift Hotel in Long Beach.
- Theater. Love, Loss & What I Wore. Free, 7pm at the Lincoln City Cultural Center.
- ART
- Opening Reception. Indigenous Intrinsic Manifestations, works by Linley B Logan. 6pm at the Royal Nebeker Gallery at CCC in Astoria.
- HAPPENING
- Lady Liberty Luncheon. Celebrating women contributing to Astoria's community.

Advance Astoria Community Forum #2. Five Year Economic Development Strategy. 6:30 – 8:30pm at Hampton Inn in Astoria. 2

12 Days of Earth Day. Offering numerous environmentally focused events.in Cannon Beach. twelvedaysofearthday.com

Newfoundland Club of America National Specialty. Includes Conformation, Obedience, and an Iron Dog Competition. At Salishan Spa & Golf Resort. See 2017 NCA National Specialty page on Facebook.

LECTURE

Nature Matters Lecture Series. Art and Parks. ~~Kathy Harris, Bright Moon~~ the Fort George Lovell Showroom in Astoria.

Oregon Conversation Project. Where are You From? Exploring What Makes Us Oregonians. With Kerani Mitchell. 7pm at the Cannon Beach History Center & Museum.

THEATER

Love, Loss & What I Wore. Free, at the Lincoln City Cultural Center. 541-994-5663

Friday 14

- MUSIC
- The Bylines. No cover, 7pm at the San Trap Pub in Gearhart.
- Hang 'Em High. 8pm at the Seafood Grill Lounge at Chinook Winds in Lincoln City.
- Wanderlodge. No cover, 9pm at the Adrift Hotel in Long Beach.

HAPPENING

Easter Egg Dyeing. Bring your hard-boiled eggs, and we'll provide the dye, paint, stickers, and fun. 6- 8pm at Port of Play in Astoria.

12 Days of Earth Day. Offering numerous environmentally focused events.in Cannon Beach. twelvedaysofearthday.com

Newfoundland Club of America National Specialty. Includes Conformation, Obedience, and an Iron Dog Competition. At Salishan Spa & Golf Resort. See 2017 NCA National Specialty page on Facebook.

Comedy on the Coast. Featuring Greg Warren, Kermet Apio, and Rodney Sherwood. \$15, 8pm at Chinook Winds in Lincoln City.

THEATER

Love, Loss & What I Wore. Free, at the Lincoln City Cultural Center. 541-994-5663

The Real Lewis & Clark Story. \$5, 7pm at the ASOC Playhouse in Astoria

The Mousetrap. Whodunit. \$20 - \$25, 7:30pm at the Coaster Theater in Cannon Beach.

Saturday 15

- MUSIC
- The Hey-Ho Trio. \$15, 7pm at the Peninsula Arts Center in Long Beach.
- Dusty Santamaria, Travis Champ, and Gallen Ballinger. No cover, 8pm at the Sou'wester Lodge in Seaview.
- Hang 'Em High. 8pm at the Seafood Grill Lounge at Chinook Winds in Lincoln City.
- Sandra Dolores. 4pm at the Nauti Mermaid in Lincoln City.
- Karaoke from Hell. \$5 cover, 9pm at the San Dune Pub in Manzanita.
- Ted Vaughn Blues Band. 9pm at Snug Harbor in Lincoln City.
- Wanderlodge. No cover, 9pm at the Adrift Hotel in Long Beach.
- FOOD & DRINK
- Wine Tasting. Wines for Easter. 1 – 4pm at the Cellar on 10th in Astoria.

→ cont. p19

theater & performance

MOUSETRAP

AT THE COASTER THEATER



A GROUP OF STRANGERS have gathered in a country manor during a treacherous snowstorm. With no possibility of reaching the outside world, they discover a murder and find themselves, one by one, under suspicion. The suspects include the newly married couple who run the house, and the suspicions in their minds nearly wreck their perfect marriage. Other suspects include a spinster with a curious background, an architect who seems better equipped to be a chef, a retired Army major, a strange little man who claims his car has overturned in a drift, and a jurist who makes life miserable for everyone. Into their midst comes a policeman, traveling on skis. He no sooner arrives, when the jurist is killed. Two down, and one to go. To get to the rationale of

the murderer's pattern, the policeman probes the background of everyone present, and rattles a lot of skeletons. Another famous Agatha Christie switch finish! Chalk up another superb intrigue for the foremost mystery writer of her time.

CAUTIONS: If this were a movie it would be rated PG.

CAST Emily Dante, William Ham, Richard Bowman, Timothy Garvin, Tony Ihander, Frank Jagodnik, Heather Neuwirth, Donald Conner, David Sweeney. Directed by Susi Brown.

NOW Playing! Thru April 15, Performances begin at 7:30pm, Fri/Sat. Sunday shows start at 3:00pm. See calendar at coastertheatre.com. Tickets \$25-\$20.

Come Together - A Community Celebration of Theater Arts

April 22nd at NCRD Performing Arts Center in Nehalem

JOIN NCRD Performing Arts Center on Saturday, April 22nd, at 7pm, for "Come Together" - A community celebration of music & theater arts.

This promises to be a fun evening of family entertainment with a variety of talented local artists in one incredible venue - NCRD Performing Arts Center.

Great talent is lined up including many local favorites and exciting newcomers - singers & musicians (Broadway, opera, folk, and blues) dancers, improv & comedy, skits, and more.

Find out more about our amazing lineup by joining the NCRD Facebook event page.

North County Recreation District (NCRD) Performing Arts Center, 36155 9th Street, Nehalem, Oregon, Tel: 503-368-7008

Tickets: \$10 ea. (tickets can be purchased in advance at the NCRD office). Unsold tickets will be available to purchase at the door. General admission. All ages.

This evening of entertainment is appropriate for the entire family and net proceeds from ticket sales will be donated to support programs for students at Neah-Kah-Nie High School. Show Contact: Rosa Erlebach (503) 487-7565

Auditions: To Kill A Mockingbird

The Tillamook Association for the Performing Arts announces auditions for the classic story, "To Kill A Mockingbird". Richard Coon will be directing the well-known tale, written by Harper Lee and dramatized by Christopher Sergel, renowned for its warmth and humor despite dealing with serious issues such as racial inequality and the destruction of innocence. TAPA is looking for twelve (12) men and eight (8) women, including roles for 1 girl and 2 boys. The show opens July 14th.

Auditions will be held at Oregon Coast Dance Center on Saturday April 22nd and Sunday April 23rd, starting promptly at 2:00 pm. Oregon Coast Dance Center is located at 106 Main Ave in Tillamook.

An audition flyer with additional cast and production details is available on www.tillamooktheater.com or by emailing info@tillamooktheater.com. For additional details call Richard at 842-4678.

FUNNY MONEY Coming up at TAPA

THE TILLAMOOK ASSOCIATION for the Performing Arts (TAPA), in partnership with Cyndi Lewis of Rob Trost Real Estate, is excited to announce the cast of the upcoming production "Funny Money", written by Ray Cooney, and directed by Becki Wilhelm.

Henry Perkins is a mild-mannered accountant who accidentally picks up the wrong briefcase on his way home from work and discovers it is the best birthday present ever.....because the briefcase is filled with money! Tired of the day-to-day grind, he decides to keep the money and immediately wants to depart for points unknown. Will his wife go along with the plan? How does he keep the news from his best friends who are coming over? Throw in the police, an impatient taxi driver, and the briefcase's actual owner, and an evening of hilarious theater is bound to ensue!

TAPA veterans Lynn Lothman and Julie Bucknam play the roles of Henry and Jean Perkins, while David Wiegman and Robin Eley play their friends Vic and Betty Johnson. Gerry Cortimilia makes an appearance as the impatient taxi driver, Bill. And we see Garrick Gordon and Daniel Reid as police detectives, Slater and Davenport. Rounding out the cast is newcomer Dennis Greiner as Mr. Big, the owner of the briefcase full of money.

This hilarious, madcap farce opens April 28 with a Gala Celebration and runs through May 13th.

Tickets now on sale. As always, reserved seating is available through Diamond Art Jewelers located at 307 Main Street in Tillamook, or call (503) 842-7940 for reservations.



ASOC'S The Real Lewis & Clark or . . . How the Finns Discovered Astoria

THE ASTOR STREET OPRY COMPANY proudly to announce its original production of "Lewis and Clark, or How the Finns Discovered Astoria," directed by Ashley Mundel, with musical direction by Dida DeAngelis and choreography by Carleta Lewis-Allen!

Written by ASOC legend Judith P. Niland, with original music by Philip Morrill of Astoria, this vaudeville styled, musical-melodrama is sure to bring a smile to your face and a skip in your step during these dark

north coast nights. Witness as the heroes forge their way from Missouri to the Oregon coast, suffering tragedy at the hands of evil foes while battling the wild - all without losing their beer supplies. Watch how they come to the gallant rescue of the Corps of Discovery, reach the end of the Pacific Trail first, and settle the city they christen

"Astoria" in honor of their relative, John Jacob Svenson-Astor.

Performance dates are Fridays and Saturdays at 7pm, March 31 through April 29. There will be two Sunday matinees, April 9 at 23 at 2pm. The house opens 30 minutes before each performance. All Fridays are \$5 for any seat!

For tickets call (503)-325-6104, or find us online at www.astorstreetoprycompany.com.



Wild & Whatnot Jennifer Mercedes at IMOGEN

IMOGEN jumps into spring with the fresh and bold paintings of Jennifer Mercedes. *Wild & Whatnot* opens for Astoria's Second Saturday Artwalk, April 8. Mercedes of Portland, Oregon, is well known for her bold, playful and expressive style. For her third solo exhibition at Imogen, she brings a collection of animalia and abstract paintings that are sure to captivate and embody the life forces of spring. Meet and talk with Mercedes at the reception, 5-8pm. Light bites and drink will be provided by Astoria Coffeehouse and Bistro. *Wild & Whatnot* will be on view through May 9th.

Jennifer Mercedes who has enjoyed a lifelong love of the visual language, is not afraid to bend the rules of painting; in fact she has developed her own set she follows for her mixed medium creations. Not one to fit the mold of a traditionalist, Mercedes practices what she preaches. After graduating with a fine arts degree from Western Washington University, Mercedes left the academic structure for the more casual atmosphere of the Alberta District in Portland. It was there that she began to practice her own set of rules allowing the freedom that truly defines her style. Working on all scales, each finished painting expresses a quality of joie de vivre, bold and exaggerated use of color and brilliant brush stroke jump from surface, as if trying to escape containment.

Mercedes, who has exhibited her work throughout the country, has also illustrated and published a children's book, been a featured artist on OPB's ArtBeat program, and created a two story tall mural on the façade of the Grand Rapids Children's Museum.

Imogen Gallery is located at 240 11th Street, on the vibrant block shared with Cargo and Astoria Coffeehouse & Bistro. Mon through Sat, 11 to 5, 11 to 4 ea Sun, and closed Wed. 503.468.0620/imogengallery.com .



TREES :: Constance Waisanen Textiles at CB History Center

THE CANNON BEACH HISTORY Center & Museum will be opening a textile exhibit this April featuring local textile artist, Constance Waisanen. Waisanen is a creative and innovative quilter with an interesting background. Trained as a chemical engineer and currently working a financial consultant, her experience is deeply rooted in the mathematical and scientific worlds. As a native Minnesotan and longtime resident of Knappa, Oregon, she feels a deep connection to nature and especially trees.

In this show Waisanen uses many of the methods she has learned over a thirty-year connection to the world of fiber art. Hand dyed backgrounds showcase trees made with fabric imaged using traditional Shibori methods. Landscapes are created from her collection of hand dyed and commercial fabric in exciting and surprising collaboration. Two of the pieces feature her adult sons, who both work locally in the world of the forest. "This show is the culmination of ten years of working with the metaphor of the tree and it is deeply satisfying to see the work in one space where it can be shared," says Waisanen.



TREES opens on Saturday, April 8 at 6pm. Meet and Greet with the artist to discuss her techniques and inspiration. Waisanen's exhibit is an exploration of organic forms, patterns, and images of our local resources.

On display through May at the CB History Center located at 1387 S. Spruce Street. www.cbhistory.org, 503.436.9301.

DREA ROSE FROST Landscapes and Lost Objects At CB Arts

JOIN THE CANNON BEACH ARTS Association and local artist Drea Rose Frost the month of April for an opening reception of the Artist Grant recipient's April show, *Landscapes and Lost Objects: The Breath of Each Tide*, on Saturday, April 1st, 2017 from 6 - 8 pm at the Cannon Beach Gallery located at 1064 S. Hemlock St. The exhibit will be on display for the month of April and guests are also encouraged to attend the artist talk on Sunday, April 2nd, starting at 11 am, also located at the gallery.

The exhibit features expansive oceanic landscapes with an inventive use of flotsam and jetsam pieces found locally. The artist describes her show as "the act of elevating the objects from their stationary existence by removing them from their original context." She hopes to promote environmental stewardship by integrating manmade debris. *Landscapes and Lost Objects* is proudly sponsored by Recology.

CB Art Gallery is located at 1064 Hemlock in Cannon Beach. Open from 10-4, Wed through Sun in the winter, and all week in the summer. The gallery is staffed by many volunteers. 503.436.0744.



WHITE BIRD GALLERY celebrates the expressive qualities of clay Ceramics Invitational Thru April 30

WHITE BIRD GALLERY is hosting a new show of contemporary ceramic art, presented in conjunction with the 2017 NCECA (National Council on Education for the Ceramic Arts) Conference in Portland. The gallery has represented ceramic artists since 1971, this exhibit focuses on clay as both a functional and sculptural medium with artworks in a variety of techniques that explore gesture, naturalism, transformation, physicality, precision and surface patterning.

Exhibiting Artists: Mike Moran: sculpture & mixed media, Eric Boos: biomorphic vessels, Larry Halvorsen: sculpture & functional pottery, Randolph Silver: sculptural vases, Wally Schwab: plates & vessels, Karl Yost: wall relief, sculpture & vessels.

White Bird is located at 251 N. Hemlock, C.B.

ERIC BOOS

In his series of semi-functional biomorphic vessels called "Almost Edible" Eric Boos

explores the intersection of food, eating, sensuality, sexuality and organic growth. The studio built one-of-a-kind porcelain pieces, are made using both traditional and innovative techniques. The precisely sculpted forms have smooth glass-like surfaces, clean and formal lines, carefully balanced shapes and an appealing vibrant color palette that is the result of multiple layers of ceramic glaze and multiple firings of each piece. His luscious sculptures are elegant, playful, and useful with colors so juicy and mouthwatering, the artist admittedly had to say they were "Almost Edible."



GO HOME WITH CARMEN MIRANDA!



LUMINARI ARTS celebrates three years of great business this artwalk! Two benefits will occur simultaneously; Headstart shares "Art through a Child's Eyes" for the third year. Meet the little artists and bid on their masterpieces while enjoying refreshments and live music.

The second organization represented this night is the Performing Arts Center. A silent auction will be held for this fabulous, almost full size Carmen Miranda marionette. She is hand-pieced fabric, gorgeously costumed and meticulously detailed. All proceeds from this auction go to the PAC.

Luminari Arts is located at 1133 Commercial in Astoria. 503.468.0308

Hound Of The Sea: Wild Man, Wild Waves, Wild Wisdom Author Karen Karbo • April 17

SEASIDE LIBRARY hosts Karen Karbo, author of "Hound of the Sea: Wild Man, Wild Waves, Wild Wisdom," April 17, taking place in the Community Room at 7pm, with book sales and signings presented by Beach Books.

"Hound of the Sea" is the thrilling and candid memoir of world record-holding and controversial Big Wave surfer Garrett McNamara as he chronicles his emotional quest to ride the most formidable waves on earth.

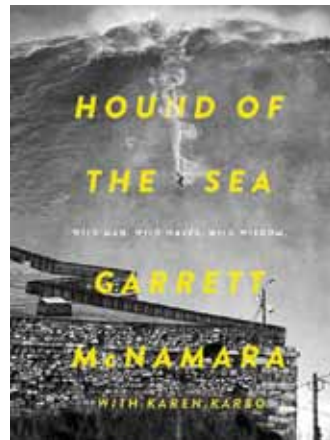
Garrett McNamara—affectionately known as GMac—set the world record for the sport, surfing a seventy-eight-foot wave in Nazaré, Portugal in 2011, a record he smashed two years later at the same break. Propelled by the challenge and promise of bigger, more difficult waves, this adrenaline-fueled loner and polarizing figure travels the globe to ride the most dangerous waves the oceans have to offer, from calving glaciers to hurricane swells. But what motivates McNamara to go to such extremes—to risk everything for one thrilling ride? Is riding giant waves the ultimate exercise in control or surrender?

Karen Karbo will tell this personal and emotional story that gives an intimate look at what drives this inventive, iconoclastic man. Surfing awesome giants isn't just thrill seeking, it's about vanquishing fears and defeating

obstacles past and present. Surfers and non-surfers alike will embrace McNamara's story—as they have William Finnegan's "Barbarian Days"—and its intimate look at the enigmatic pursuit of riding waves, big and small. "Hound of the Sea" is a record of perseverance, passion, and healing. Thoughtful, suspenseful, and spiritually profound, Karbo reveals the beautiful soul of surfing through the eyes of one of its most daring and devoted disciples.

Karen Karbo is an award winning author of numerous books. Her short stories and essays have appeared in Elle, Vogue, Esquire, and the New York Times. She lives in Portland.

The Seaside Public Library is located at 1131 Broadway. seasidepubliclibrary.org (503) 738-6742



Publishing Your Chapbook April 16 • Hoffman Center

THE MANZANITA WRITERS' SERIES presents a workshop "Publishing Your Chapbook: for poetry chapbooks, books of short stories/essays" on April 15, 2017 from 10 a.m. to 12:30 p.m.

We are currently enjoying a small press renaissance, with countless publishing options for emerging authors. From submitting to reputable chapbook publishers to creating handmade, locally printed, limited editions of your work, the world has never been more open to an author's specific vision.

Join award-winning poet and literary agent JOHN SIBLEY WILLIAMS for this hands-on workshop exploring the ins-and-outs of organizing and publishing your chapbook. For writers of both poetry and prose, "Publishing your Chapbook" will guide you all the way from inspiration to publication.

John Sibley Williams serves as editor of The Inflectionist Review and works as both a literary agent and Marketing Director of Portland-based Inkwater Press. He is the editor of two Northwest literary anthologies and the author of nine poetry collections, including *Disinheritance* and *Controlled Hallucinations*. A five-time Pushcart nominee and winner of the Philip Booth Award, American Literary Review Poetry Contest, Nancy D. Hargrove Editors' Prize, Confrontation Poetry Prize, and Vallum Award for Poetry, John has an MA in Creative Writing from Rivier College and an MA in Book Publishing from Portland State University.



The workshop will be held at the Hoffman Center for the Arts and tuition is \$40. Register at hoffmanblog.org. Held at the Hoffman Center (across from Manzanita Library at 594 Laneda Avenue.) hoffmanblog.org, kathiejhightower@gmail.com

Writing is Magic: Mechanics w/Nick Jaina & Olivia Pepper April 8 & 15

AN EXPLORATION OF THE MAGIC that is writing - interspersing short lectures on the hidden truths in the etymology of language—with writing exercises that unlock what you are afraid to write about. The purpose is to explore the reverential nature of writing, as a form of therapy, understanding, and communication. Olivia and Nick will focus on inspiration, building meaningful stories, and connecting to the parts of ourselves that are atavistic, that have always existed. (Students are encouraged to take both classes, April 8 and April 15, but are also welcome to join one or the other. The content of each class will be different.)

The focus of the class on April 8 will be on Story Structure: Focus is on mythology and the roots of storytelling to inform us on how we can structure a story to provide a satisfying progression for the character and themes. The focus of the class on April 15 will be on Mechanics: subtext, dialogue, and other ways of packing as much emotion and depth into every line of our writing. Your life is your art. You have already collected all the beautiful things in your world with every choice you've made. Now all you have to do is



see your own life with grace, and document what you see with honesty. Easy.

Nick Jaina is a writer and musician from Portland, Oregon. His memoir *Get It While You Can* was a finalist for the 2016 Oregon Book Award. Olivia Pepper is a healer and mystic from Austin, Texas.

COST: \$50. BRING: pen and paper or laptop, and please bring a sack lunch and/or snack (hot tea and coffee provided) All workshops are open to the public. All Skill Levels Welcome. This workshop is for students age 14 and up. 12 students max. RSVP via souwestfrontdesk@gmail.com or 360-642-2542. 3728 J Place, Seaview, WA 98644

Finding the Detective From Within Writing Workshop • April 29

SHERLOCK HOLMES. Nancy Drew. Longmire. Marvel's Jessica Jones. Shaft. Sam Spade. Nick and Nora. Maigret. Miss Marple. Perry Mason.

The list of famous detectives is endless. Writers create new detectives all the time. All successful stories present unique and compelling protagonists, usually flawed, eccentric, gifted or world weary. The detective almost always reveals some shadow or desire of their creator's psyche. The writer creates someone he or she wants to be or doesn't want to be. Sounds like fun, right?

Creating a detective to investigate one's self, either in the first or third person, is a fascinating exercise in exploration for possible memoir or fiction writing. Who doesn't remember playing the board game "Clue" and feeling the sheer pleasure of being caught up in becoming a detective and solving a mystery?

On Saturday, April 29 in Astoria, author and publisher Matt Love will teach a writing workshop called, "Finding the Detective Within." The workshop is a good fit for writers of nonfiction and fiction alike and offers them the rare opportunity to come together, write, collaborate and discuss the role of detecting and investigating in memoir and fiction.

In the workshop, Love will present a questionnaire to build a detective, a deduction exercise using physical clues brought by the participants, short readings of real-life mysteries that inspire fictional or personal reflection, and a series of noir prompts that a writer of memoir or fiction can take anywhere they want.

The workshop runs from 10am to 1pm in Astoria in a private home. The class costs \$65 and will cap at 12 participants. Participants will pay at the beginning of the workshop. Scholarships are also available. To register, email Matt Love at nestuccaspitpress@gmail.com or call 503-812-1524.

Manzanita Writers' Series Expands Offerings to Include Writing Workshops "Online and at the Beach"

THIS MAY, the Manzanita Writers' Series expands offerings to include writing workshops "Online and at the Beach," as part of HoffOnline, a new Hoffman Center for the Arts program that will offer writing and visual arts workshops.

In its ninth year, the writers' series brings regional authors to the coast for author readings and workshops. To augment that program, ONLINE AND AT THE BEACH will provide more in-depth instruction online over a five-week period. Students will be able to work on their own schedule as well as interact with the instructor and fellow students.

The initial series begins May 1, 2017, and culminates in an optional writing retreat weekend in Manzanita the weekend of June 2-4, 2017. Registrations open April 1, at hoffmanblog.org.

Jennie Shortridge will teach "Putting Your Prose to Work."

Whether you write fiction, memoir, or creative nonfiction, every word, sentence, and scene must do more than one job, and with concision. Learn how to make your prose do more in service of your story, pacing, characterization, themes, and voice. This course is for advanced beginners and intermediate writers.

Megan Kruse will teach "Creativity Catalyst." Learn about and try your hand at three different forms—poetry, fiction, and creative nonfiction. Gain confidence in your own voice, and get comfortable giving and receiving positive, constructive workshop critiques. This is a great class for beginning or seasoned writers who want to generate new material and experiment with different genres in a supportive, low-pressure environment.

The optional weekend retreat will allow students to meet their instructor and fellow students, enjoy additional craft writing sessions on building tension even in quiet stories, and on the transformative power of setting and "stuff." After a session on effective open mic readings, participants will have an opportunity to read their work at Open Mic. Optional activities will include "Yoga for Writers," hikes and a fun Prompt-O-Rama (a new writing prompt every five minutes for an hour).

Registrations open April 1, at hoffmanblog.org. Each online workshop (5 weeks worth of sessions) is \$199, with an added \$99 for the full retreat weekend.



HAPPENING

Town Hall Meeting with Representative Suzanne Bonamici. 11am – noon at the Warrenton High School Gym.

Easter Egg Hunt. Hunt for hard boiled eggs which can be traded in after the hunt for treats. Pre-hunt activities will include face painting, crafts, games, and more. Activities start at 11am. The hunt starts at noon at Tapiola Park in Astoria.

Easter Egg Hunt After Dark. Hunt Easter eggs after dark at the Astoria Recreation Center! Using a black light, see how many eggs you can find hidden in the dark ARC! You can bring your own flash-light or buy a glow in the dark package from us the day of the event. We'll have carnival style games and activities, such as glow in the dark face painting and glow in the dark bowling before the hunt at 8pm, tickets for the pre-hunt festivities can be purchased at the door.

12 Days of Earth Day. Offering numerous environmentally focused events in Cannon Beach. twelvedaysofearthday.com

Easter Egg Hunt & Easter Hat/Bonnet Contest. 10:30am at Rex Champ Field, Nehalem.

Easter Egg Hunt @ Hangar B. Bring your Easter basket and hunt for eggs in Hangar B kids area, Enjoy pictures with the Easter bunny, coloring, and treats

and a lot of Easter fun for children of all ages. 11am – 2pm at the Tillamook Air Museum.

United Paws Monthly Adoption Day. This is a great time to stop in and see all the kittens, cats and dogs that need new forever homes. Noon – 3pm at the Tillamook County Fairgrounds.

Newfoundland Club of America National Specialty. Includes Conformation, Obedience, and an Iron Dog Competition. At Salishan Spa & Golf Resort. See 2017 NCA National Specialty page on Facebook.

Easter Egg Hunt in the Pool. 1:30pm at the Lincoln City Community Center.

Comedy on the Coast. Featuring Greg Warren, Kermet Apio, and Rodney Sherwood. \$15, 8pm at Chinook Winds in Lincoln City.

THEATER

Love, Loss & What I Wore. Free, at the Lincoln City Cultural Center. 541-994-5663

The Real Lewis & Clark Story. \$7 - \$16, 7pm at the ASOC Playhouse in Astoria

The Mousetrap. Whodunit. \$20 - \$25, 7:30pm at the Coaster Theater in Cannon Beach.

Sunday 16

MUSIC

Lewi Longmire. No cover, 7pm at the Adrift Hotel in Long Beach.

Wanderlodge. No cover. 8pm at Fort George Brewery & Public House in Astoria.

FOOD & DRINK

Pancake Breakfast. All-you-can-eat for \$5, 8am – noon at the Bay City Arts Center.

Cannon Beach American Legion Breakfast. \$7 adults, \$3 children under 6.

9 – 11:30am at the American Legion Hall in Cannon Beach.

HAPPENING

12 Days of Earth Day. Offering numerous environmentally focused events in Cannon Beach. twelvedaysofearthday.com

Monday 17

MUSIC

Lewi Longmire. No cover, 7pm at the Adrift Hotel in Long Beach.

FOOD & DRINK

Ice Cream Social. The public is invited for cake & ice cream + birthday celebration. \$1 suggested donation, free if it's your birthday month. 2pm at the Peninsula Senior Activity Center in Klipsan Beach.

HAPPENING

12 Days of Earth Day. Offering numerous environmentally focused events in Cannon Beach. twelvedaysofearthday.com

Tuesday 18

MUSIC

Lewi Longmire. No cover, 7pm at the Adrift Hotel in Long Beach.

HAPPENING

12 Days of Earth Day. Offering numerous environmentally focused events in Cannon Beach. twelvedaysofearthday.com

LITERARY

Ruth Wariner, Best-Selling Author. A Discussion about Her Healing Journey. Room 204 at Tillamook Bay Community College.

Wednesday 19

MUSIC

The Horsenecks. No cover, 7pm at the Adrift Hotel in Long Beach.

HAPPENING

12 Days of Earth Day. Offering numerous environmentally focused events in Cannon Beach. twelvedaysofearthday.com

LECTURE

Good Food, Bad Food: Agriculture, Ethics, and Personal Choice. 3pm at the Manzanita Library.

Listening to the Land. Beavers! Dam! With Kate Holleran. 6pm at the Seaside Library.

Thursday 20

MUSIC

The Horsenecks. No cover, 7pm at the Adrift Hotel in Long Beach.

Alasdair Fraser and Natalie Haas. 7:30pm at the Liberty Theater in Astoria.

Lincoln Pops Big Band. \$6, 7:30pm at the Glenden Beach Community Club.

FOOD & DRINK

Pop-Up Farmers Market. 2:30 – 5:30pm at the North Coast Food Web in Astoria.

HAPPENING

Third Thursday Craft Fair. 10:30am – 12:30pm at the Bob Chisholm Community Center in Seaside.

La Leche League Monthly Meet-up. Pregnant women, mothers, babies & toddlers welcome. Topics discussed: preparing for birth and breastfeeding, adjusting to motherhood, parenting babies and toddlers, breastfeeding basics, benefits and challenges of

breastfeeding, nutrition, and weaning. 10am – noon at the Seaside Library.

12 Days of Earth Day. Offering numerous environmentally focused events in Cannon Beach. twelvedaysofearthday.com

LECTURE

Oregon Film Museum. With Sue Arbuthnot and Richard Wilhelm. Free, 7pm in the Lovell Showroom, Fort George, Astoria.

OUTSIDE

Earth Day Dog Walk. A dog walk will be hosted at Lewis and Clark National Historical Park's Netul Landing to help raise awareness about climate change, as well as promote outdoor activities. With our leashed dogs, we will be walking two miles on the Netul Trail, to Fort Clatsop and back. There will be prizes, drinks and snacks provided. Dog lovers and community members are welcome to attend. 3 – 5pm at Netul Landing.

Friday 21

MUSIC

Brian Copeland. No cover, 7pm at the San Trap Pub in Gearhart.

Parish Gap. 8pm at the Seafood Grill Lounge in Lincoln City.

Three Dog Night. \$23 - \$38, 8pm at Chinook Winds in Lincoln City.

Tao Jiriki. 9pm at the Nauti Mermaid in Lincoln City.

HAPPENING

American Legion Walk for Veterans. The purpose of this Walk is to raise public awareness about the crucial issues facing America's veterans and their families. Registration fee is \$20 and will include a t-shirt and water/snack. 1 – 2:30pm in Long Beach.

12 Days of Earth Day. Offering numerous environmentally focused events in Cannon Beach. twelvedaysofearthday.com

Pacific City Birding and Blues Festival. Attend nature presentations, guided birding field trips, a live blues concert, and more. Free - \$60, in Pacific City. birdingandblues.org

Great Oregon Coast Garage Sale. Nearly 100 garage sales throughout the Lincoln City area.

THEATER

The Real Lewis & Clark Story. \$5, 7pm at the ASOC Playhouse in Astoria

Saturday 22

MUSIC

Oregon Mandolin Orchestra. \$18, 7:30 at the Liberty Theater in Astoria.

Parish Gap. 8pm at the Seafood Grill Lounge in Lincoln City.

Stringology + Meg Baier. No cover, 8pm at the Sou'wester Lodge in Seaview.

Tao Jiriki. 9pm at the Nauti Mermaid in Lincoln City.

Three Dog Night. \$23 - \$38, 8pm at Chinook Winds in Lincoln City.

Bob Marley Tribute. 9pm at the Manzanita Lighthouse.

Countryside Ride. \$5 cover, 9pm at the San Dune Pub in Manzanita.

Jimmy Bivens. 9pm at Snug Harbor in Lincoln City.

Pete Krebs. No cover, 9pm at the Adrift Hotel in Long Beach.

LITERARY

Author Diana Kirk. Kirk reads from her celebrated novel, Licking Flames, Tales of a Half-Assed Hussy at KALA in Astoria. Celeste Gurvich opens. Doors 7:30. Show at 8pm. \$8@ the door. Dessert included.

FOOD & DRINK

Wine Tasting. Wines for Spring Entertaining. 1 – 4pm at the Cellar on 10th in Astoria.

HAPPENING

12 Days of Earth Day. Offering numerous environmentally focused events in Cannon Beach. twelvedaysofearthday.com

“Come Together” Community Celebration. A community celebration of music & theatre arts. Join us for an evening of songs, dance, and fun. \$15, 7pm at the NCRD Performing Arts Center in Nehalem.

Great Oregon Coast Garage Sale. Nearly 100 garage sales throughout the Lincoln City area.

Crab Feed, Wooden Boat Show, & Ducky Derby. At the Community Hall in Depoe Bay.

Surf and Earth Party. A celebration of the start of Lincoln City's ocean-sports season with live music, free admission, a surf movie, beer and wine and surf vendors. 6pm at the Lincoln City Cultural Center.

OUTSIDE

Black Lake Fishing Derby. A fun and free fishing event for kids, pancake breakfast and hot dog lunch, crafts, awards and prizes. At Black Lake in Ilwaco. Register online at www.ilwaco-wa.gov

THEATER

The Real Lewis & Clark Story. \$7 - \$16, 7pm at the ASOC Playhouse in Astoria

Sunday 23

MUSIC

Coffee Concert. 2pm at the Lincoln City Cultural Center.

Derik Nelson & Family. \$20 - \$25, 2pm at Tillamook High School.

Everything Fitz. \$15, 2pm at the Historic Raymond Theater in Raymond.

Pete Krebs. No cover, 7pm at the Adrift Hotel in Long Beach.

Scheckie & Pee Wee. No cover. 8pm at Fort George Brewery & Public House in Astoria.

Leon Forrest. 8:30pm at Snug Harbor in Lincoln City.

HAPPENING

Pacific City Birding and Blues Festival. Attend nature presentations, guided birding field trips, a live blues concert, and more. Free - \$60, in Pacific City. birdingandblues.org

Crab Feed, Wooden Boat Show, & Ducky Derby. At the Community Hall in Depoe Bay.

LECTURE

In Their Footsteps Lecture Series. Identification and Preservation of Jean Baptiste Charbonneau's Grave. With Michael Hanley and Roger Wendlick. 1pm in the Netul Room at the Fort Clatsop Visitor Center.

MORE MUSIC



Vaudeville Etiquette

Vaudeville Etiquette's dynamic sound pushes the boundaries of psych-folk with grit, passion, and come-hither wit. The Seattle quintet fills timeless melodies with modern lyrics, heady harmonies, and a potent country-meets-classic-rock

chemistry. Magnetic and Provocative. Think Stevie Nicks and Ryan Adams on a 3-day bender with The Allman Brothers.

Sunday, April 30, 8pm at Fort George in Astoria



Stringology

The best in Vintage American Music, Classic Jazz & Swing in a unique duo format, that, as the name implies, is all-strings! Hot jazz of the 1920's, 'The Great American Songbook' of the 1930's and '40's, Gypsy Swing — even Contemporary and Latin American styles are showcased

by the virtuoso guitarist ERIC BOG-ART— and the “rock-solid” rhythm back-up of TERIANNE STRATTON on ukulele.

Saturday April 22 at the Sou'wester in Seaview. Also Singer/songwriter Meg Baier.



Red & Ruby

Swing and jazz duo - Vince Brown on guitar and banjo and vocalist LaVon Hardison - perform original arrangements of songs dating from the present back to the 1920's. They tackle both familiar standards like “Honeysuckle Rose” and “I Love

Paris” as well as more obscure musical gems dug out from the very roots of jazz, all interpreted with humor and a dollop of historical context.

Friday, May 5, 7-10pm at the Sand Trap in Gearhart, No Cover.

Great Oregon Coast Garage Sale. Nearly 100 garage sales throughout the Lincoln City area.

THEATER

The Real Lewis & Clark Story. \$7 - \$16, 2pm at the ASOC Playhouse in Astoria

Monday 24

MUSIC

Pete Krebs. No cover, 7pm at the Adrift Hotel in Long Beach.

Tuesday 25

MUSIC

No cover, 7pm at the Adrift Hotel in Long Beach.

OUTSIDE

Color Me Green 5k Run/Walk. During the run/walk, participants are showered with green dye as they pass through each marker point. \$25 adult, \$a5 youth, \$50 family. Starts at 2pm at Battery Russell at Fort Stevens State Park. extension.oregonstate.edu/clatsop/4-h-color-me-green-5k-runwalk

Wednesday 26

MUSIC

Pretty Gritty. No cover, 7pm at the Adrift Hotel in Long Beach.

Thursday 27

LECTURE

Wit & Wisdom. Where is the Virtue in Fashion? With Gad Perez. Free, 7pm in the Lovell Showroom, Ft George, Astoria.

Friday 28

MUSIC

Rainspout Music Festival. At the Yachats Commons. Rainspout.org

Adlai Alexander. \$15, 7pm at the Cannon Beach History Center and Museum. 23Window. No cover, 7pm at the San Trap Pub in Gearhart.

Bret Lucich. 8pm at the Seafood Grill Lounge at Chinook Winds in Lincoln City.

Dusty Santamaria. A phantom cornerstone of the West Coast underground music and poetry scene for the past decade, Dusty draws from mid-century R&B, gospel, and country music as well as Magick theory and poetics. Doors open 8pm. Music follows. \$6 @ the door. KALA in Astoria.

The Junebugs. 8pm at Public Coast Brewing Company in Cannon Beach.

FOOD & DRINK

Astoria Warrenton Crab, Seafood, and Wine Festival. \$10 admission, 4 – 9pm at the Clatsop County Fair & Expo Center, Astoria. astoriacrabfest.com

LITERARY

Author Presentation. “Hound of the Sea: Wild Man, Wild Waves, Wild Wisdom” is a memoir of world record-holding surfer Garrett McNamara. Author Karen Karbo will present from her work. 7pm in the Community Room at the Seaside Library.

THEATER

Funny Money. Comedy. At the Barn Community Playhouse in Tillamook.

The Real Lewis & Clark Story. \$5, 7pm at the ASOC Playhouse in Astoria

Saturday 29

MUSIC

Rainspout Music Festival. At the Yachats Commons. Rainspout.org

Troll Radio Revue. 11am at Fort George in Astoria.

Claudia Schmidt. \$15, 7pm at the Peninsula Arts Center in Long Beach.

Bret Lucich. 8pm at the Seafood Grill Lounge at Chinook Winds in Lincoln City.

Rock Rewind. 9pm at Snug Harbor in Lincoln City.

Tony Smiley. \$5 cover, 9pm at the San Dune Pub in Manzanita.

ART

Artist-in-Residence Show & Tell. Free, 1pm in the Boyden Studio at the Sitka Center, Otis.

FOOD & DRINK

Astoria Warrenton Crab, Seafood, and Wine Festival. \$10 admission, 10am – 8pm at the Clatsop County Fair & Expo Center, Astoria. astoriacrabfest.com

Wine Tasting. Crab Festival Surprise. 1pm at the Cellar on 10th in Astoria.

HAPPENING

Long Beach Razor Clam Festival. Features free razor clam digging lessons, contests, street entertainment, music, an annual chowder cook off and a giant clam fry. At several locations in and near Long Beach.

Spring Plant Sale. 10am – 3pm at the Connie Hansen Garden in Lincoln City.

LITERARY

Independent Bookstore Day. Independent Bookstore Day is a one-day national party that takes place at indie bookstores across the country on the last Saturday in April. Join in the fun at Beach Books in Seaside. 10am – 6pm.

OUTSIDE

Community Beach Clean Up. Join in helping the Grass Roots Garbage Gang clean up 28 miles of beaches on the Long Beach Peninsula. Just show up at any major beach approach at 9:30am.

THEATER

The Real Lewis & Clark Story. \$7 - \$16, 7pm at the ASOC Playhouse in Astoria

Sunday 30

MUSIC

Rainspout Music Festival. At the Yachats Commons. Rainspout.org

Vaudeville Etiquette. No cover. 8pm at Fort George Brewery & Public House in Astoria.

FOOD & DRINK

Astoria Warrenton Crab, Seafood, and Wine Festival. \$10 admission, 11am – 4pm at the Clatsop County Fair & Expo Center, Astoria. astoriacrabfest.com

Wine and Chocolate Affaire. Silent and Oral Auction, Live Music. \$25, 2 – 5pm at The Officer's Mess Hall in Tillamook.

HAPPENING

Long Beach Razor Clam Festival. Features free razor clam digging lessons, contests, street entertainment, music, an annual chowder cook off and a giant

clam fry. At several locations in and near Long Beach.

Tuesday 2

MUSIC

Blind Panda. No cover, 8pm at the Adrift Hotel in Long Beach.

HAPPENING

La Leche League Monthly Meet-up. Pregnant women, mothers, babies & toddlers welcome. Topics discussed: preparing for birth and breastfeeding, adjusting to motherhood, parenting babies and toddlers, breastfeeding basics, benefits and challenges of breastfeeding, nutrition, and weaning. 5:30 – 7pm at Blue Scorchers in Astoria.

LITERARY

Ric's Poetry Mic. Every first Tuesday. 7 – 8:30pm, sign up at 6:45. At WineKraft in Astoria.

Wednesday 3

MUSIC

Blind Panda. No cover, 8pm at the Adrift Hotel in Long Beach.

Thursday 4

MUSIC

Danny Barnes. No cover, 9pm at the Adrift Hotel in Long Beach.

THEATER

Barefoot in the Park. Comedy. 7:30pm at theater West in Lincoln City.

Friday 5

MUSIC

The Builders and the Butchers. No cover, 8pm at Ft George in Astoria.

Gary Allan. \$50 - \$65, 8pm at Chinook Winds in Lincoln City.

Danny Barnes. No cover, 9pm at the Adrift Hotel in Long Beach.

ART

Spring Unveiling Arts Festival. Unveilings, demos and receptions take place all weekend long. At galleries in Cannon Beach. cbgallerygroup.com

Art Opening. 3 Potters, 3 Perspectives. A show of ceramic art from Kathleen Larson, Kathy Kanas, and Pam Jacobson. 3 – 5pm at the Hoffman Center for the Arts in Manzanita.

HAPPENING

She Shreds Showcase. 3 days of bands, one day of workshops. \$10 at the door day of or \$25 pre-purchased weekend pass. At the Sou'wester Lodge in Seaview. souwesterlodge.com/calendar/

The Astoria School of Ballet. Peter & The Wolf and The Carnival of the Animals. \$15, 7pm at the Liberty Theater in Astoria.

Comedy on the Coast. Featuring Larry Omaha, Susan Jones, and Benji Wright.

THEATER

Barefoot in the Park. Comedy. \$20 - \$25, 7:30pm at the Coaster Theater in Cannon Beach.

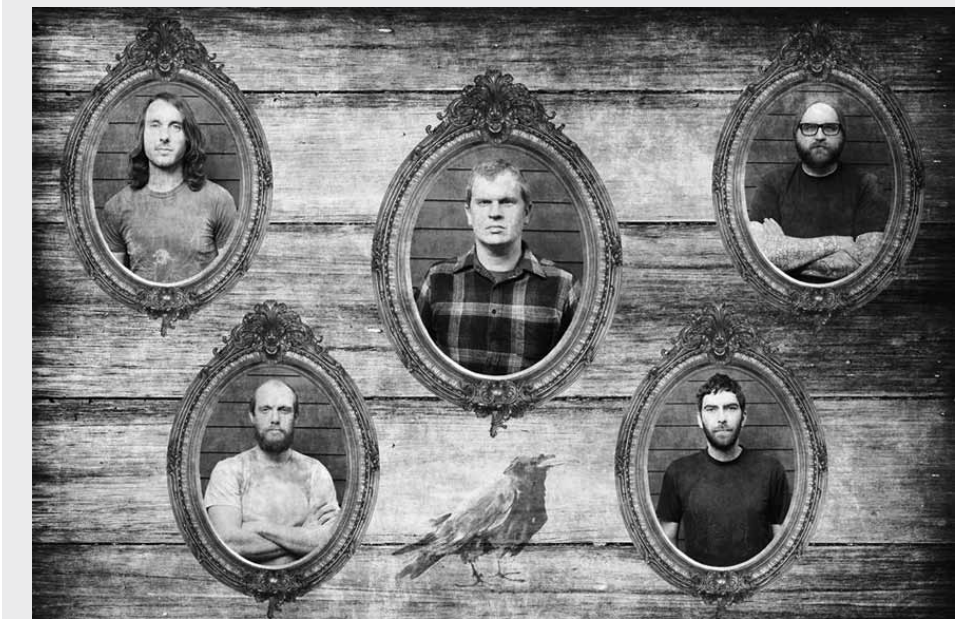
Barefoot in the Park. Comedy. 7:30pm at theater West in Lincoln City.

Saturday 6

MUSIC

North Coast Chorale Spring Concert. Joyful Masses. \$15, 7pm at the PAC in Astoria.

Gary Allan. \$50 - \$65, 8pm at Chinook Winds in Lincoln City.



Builders and the Butchers Album Release Party!
“Dead Reckoning.” Special Friday Night Show - 5/5
at The Fort George. Just before the European Tour.
With special guest Midlo, at 8pm.

“The Builders And The Butchers’ musical output is something of a Pentecostal throw-down—the musical underpinnings are reminiscent of bluegrass, but the performances are raw and unschooled, with [Ryan] Sollee in particular throwing off a maniacally ecclesiastical sort of energy...dark, sparkling, Leadbelly-like terrain covered by death-fixated epics...”
– PasteMagazine.com

Danny Barnes. No cover, 9pm at the Adrift Hotel in Long Beach.

ART

Seaside Art Walk. 5 – 8pm at galleries and businesses in downtown Seaside and Gearhart. Spring Unveiling Arts Festival. Unveilings, demos and receptions take place all weekend long. At galleries in Cannon Beach. cbgallerygroup.com

FOOD & DRINK

Wine Tasting. Firriato (Sicilian). 1 – 4pm at the Cellar on 10th in Astoria.

HAPPENING

She Shreds Showcase. 3 days of bands, one day of workshops. \$10 at the door day of or \$25 pre-purchased weekend pass. At the Sou'wester Lodge in Seaview. souwesterlodge.com/calendar/

Loyalty Day Celebration. Activities include Children's Parade and Blessing of the Fleet in Ilwaco.

CCC Foundation Arts & Experiences Auction and Dinner. Admission TBD, 5 – 10pm at the Astoria Golf and Country Club.

Game Day at the Library. Relax and have fun with family and friends at the library's free monthly Game Day. Choose from a wide variety of board games, card games, and LEGO® bricks for all ages. 2 – 4pm at the Astoria Public Library.

Household Hazardous Waste Collection. 9am – 1pm at the Tillamook Transfer Station.

Comedy on the Coast. Featuring Larry Omaha, Susan Jones, and Benji Wright.

OUTSIDE

Treasure the Beach Cleanup. Organizers supply bags and gloves to volunteers, but recommend participants bring a bucket and drinking water. Meet on the Prom in Seaside at 9am. Register at solveoregon.org/get-involved/event-registration

THEATER

Barefoot in the Park. Comedy. \$20 - \$25, 7:30pm at the Coaster Theater in Cannon Beach.

Barefoot in the Park. Comedy. 7:30pm at theater West in Lincoln City.

Sunday 7

MUSIC

North Coast Chorale Spring Concert. Joyful Masses.

Hermitage Piano Trio. \$25, 3pm at the Camp Wi-Ne-Ma Chapel, near Neskowin.

Wanderlodge. No cover, 7pm at the Adrift Hotel in Long Beach.

Live Music. No cover. 8pm at Fort George Brewery & Public House in Astoria.

ART

Spring Unveiling Arts Festival. Unveilings, demos and receptions take place all weekend long. At galleries in Cannon Beach. cbgallerygroup.com

HAPPENING

She Shreds Showcase. 3 days of bands, one day of workshops. \$10 at the door day of or \$25 pre-purchased weekend

pass. At the Sou'wester Lodge in Seaview. souwesterlodge.com/calendar/

Loyalty Day Celebration. Activities include Loyalty Day Grand Parade in Long Beach.

THEATER

Barefoot in the Park. Comedy. \$20 - \$25, 3pm at the Coaster Theater in Cannon Beach.

Monday 8

MUSIC

Wanderlodge. No cover, 8pm at the Adrift Hotel in Long Beach.

Tuesday 9

MUSIC

Pete Kartsounes. No cover, 8pm at the Adrift Hotel in Long Beach.

Wednesday 10

MUSIC

Pete Kartsounes. No cover, 8pm at the Adrift Hotel in Long Beach.

HAPPENING

Night of All Knowledge Trivia Tournament. A free and fun team trivia event. 6pm at the Seaside Library

Thursday 11

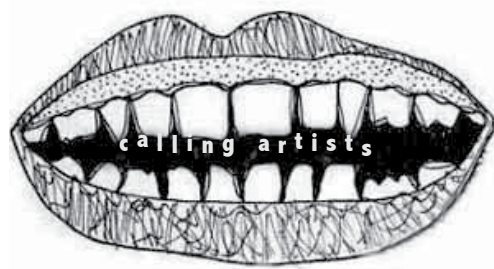
MUSIC

Pete Kartsounes. No cover, 8pm at the Adrift Hotel in Long Beach.

LECTURE

Jonathan White. Acclaimed author of Tides: the Science and Spirit of the Ocean, will read and give a slide presentation of his newly released book that evening. 7pm, Fort George Lovell Room in Astoria. The Mousetrap. Whodunit. \$20 - \$25, 7:30pm at the Coaster Theater in Cannon Beach.

ARTIST CALL



LightBox Plastic Fantastic Show

LightBox Photographic Gallery announces the call for submissions for the eighth annual Plastic Fantastic Show. This group show celebrates the love LightBox has for photographic images made with plastic "toy" cameras. We are looking for pure Toy Camera Photography and will consider images shot with film only, using plastic, pinhole, box or homemade cameras. No digital photography will be considered. LightBox established this show to celebrate the gallery's anniversary every year. Juror is Susan Burnstine – award-winning photographer, and photography journalist based in Los Angeles who specializes in homemade camera art. Show is June 10 – July 25. Go to lighbox-photographic.com for entry info.

Astoria Visual Arts Invites Artists To Participate In July Studio Tour

Astoria Visual Arts invites local artists to participate in the 2017 Astoria Open Studios Tour, Saturday and Sunday, July 29 and 30. Studios must be open to the public both days from 10 am to 4 pm and be located in Astoria. Artists are encouraged to share studios and do demonstrations. Registration forms are available online at www.astoriavisualarts.org or may be requested via email to AstoriaStudiosTour@gmail.com. The cost to participate is \$30 per artist or \$15 for AVA members. The deadline to register is May 15. AVA will be publishing a full-color Tour Guide featuring all participating artists and will be widely publicizing the event. Like the Facebook page Astoria Open Studios Tour for the latest updates. Contact Annie at 503-791-2759 for more information.

ARE YOU AN ARTIST IN NEED OF A STUDIO? Call for Artists for AVA-funded Residencies: Spring-Summer 2017

Application deadline: Midnight, Sunday, April 22, 2017. Astoria Visual Arts seeks applications from local artists interested in working in a rent-free studio from May 1 through August 30, 2017. Deadline for applications: Midnight, April 22, 2017. Notification of selection: April 29, 2017. The successful candidates are provided with one of two studios available in the Astoria Downtown Historic District free of charge for a four-month residency period, beginning May 1, 2017. The AVA a-i-r Program is designed to encourage the creative, intellectual and professional growth of local artists. Residency finalists are chosen on the basis of merit by an independent selection panel of working artists and arts patrons. Those who have applied in the past are encouraged to reapply with an updated portfolio and statement reflecting updates and changes. For more information about AVA a-i-r and to apply online, go to: astoriavisualarts.org/ava-a-i-r.html

CB Arts Assoc. May Show

The Cannon Beach Arts Association is seeking submissions for the May juried show, "Frame of Reference," which will feature contemporary artwork that blends text and image. From Egyptian hieroglyphics to contemporary graphic novels, cultures across centuries utilized various forms of text and image for communication. The exhibit will be on display May 5th to June 12th at the Cannon Beach Gallery located at 1064 S. Hemlock St and there will be an Exhibition Reception on May 6th from 6 to 8

pm. Artists are encouraged to submit their work on Tuesday, May 2nd or Wednesday, May 3rd at the Gallery. Selections will be made on May 3rd by Juror Esther Moberg with unselected work collected on Thursday, May 4th, 10 am – 4 pm. Unsold works can be collected June 11th.

Find more information about the show as well as other upcoming events visit cannonbeacharts.org Facebook, 503-436-0744.

Call For Entries: Beaver Tales Astoria Exhibit June 2017

Create art to honor the noble beaver's contributions to our environment. As part of the Beaver Tales exhibits in OR during 2017 (Oregon State University, February; Lake Oswego, April; Fairweather Gallery, Seaside, May; Astoria Art Loft, June; Nehalem, August; The Oregon Zoo, September) the Astoria Art Loft will be the North Coast venue for June 2017 (June 3 – June 30, 2017).

This exhibit is open to all artists. The subject matter is beavers, their habitat, the animals who benefit from them, and their contributions to the well-being of the environment. Two-dimensional and small three-dimensional artwork in all media are welcome.

Artists are limited to two entries and each must be professionally mounted, framed, or presented. Each artwork should not exceed 720 sq. in. (24' x 30') and must be ready to hang (wire and NO saw-tooth hangers). Entry fee is \$5 per entry and sales are subject to a 30% commission (donation to the North Coast Land Conservancy).

Bring artwork to the Astoria Art Loft, 106 Third Street, Astoria (above Dots 'N Doodles) Tuesday through Saturday, May 23 – 27, from 11 a.m. – 4 p.m. The exhibit will run from Saturday, June 3 - Friday, June 30 with a Grand Opening on Saturday, June 10 from 1 p.m. – 4 p.m. For more information, please call 503.325.4442.

Art and the Magic Forest

Delight your children and grandchildren between the ages of 4-5 and 7-8 with an outing into pure imagination. On Friday, April 7 from 4 to 6 p.m. and Saturday, April 8 from 10 a.m. to 3 p.m. Let them go with artist Brigitte Willse into a magic forest while never leaving the safety of the Astoria Art Loft. They will meet the Wee Forest Folk and will be encouraged to imagine, to create, and to enjoy a beautiful woodland with marvelous flowers, beautiful animals, tiny cottages, incredible gardens, and special adventures and stories. A woodland picnic on Saturday will feature tasty forest delight appetizers and cupcakes. Art projects will lead to imaginative and colorful artwork.

For anyone who wants to help a beloved child stretch his or her imagination, create art, increase vocabulary and concepts, and have a memorable adventure, the Wee Forest Folk with Brigitte Willse is the perfect venue. The cost for the entire workshop is \$60.

To save a space for a beloved child, call the Astoria Art Loft at 503.325.4442. 106 Third Street, Astoria.

BEAVERTALES... A Celebration of Beaver Art



BEAVER ART EXHIBIT AND SALE – Project Description The Wetlands Conservancy's Beaver Lodge advisory group has planned several art exhibits, featuring Northwest artists, roughly in conjunction with International Beaver Day, April 7, 2017. Beaver, our beloved state animal, is woefully misunderstood and blamed for dam building, flooding and munching on plants. In fact, Oregon beaver, nearly exterminated by trappers by 1900, creates wetlands, spawning and rearing habitat for salmon and steelhead, habitat for insects, birds and amphibians and create pools that keep water clean and moderate fluctuations in water flow. They are nature's hydrologists. There is a slow but growing appreciation and recognition of the positive benefits that beaver play in Oregon. It is time for more Oregonians to know about and celebrate our state mammal. Art exhibits are a great way to raise the profile of beaver, wetlands and Oregon artists. There is limited art depicting beaver and their wetland and stream habitats. Our beaver art exhibit is a fun way to celebrate beaver, wetlands and Oregon artists.

Artwork of all kinds; photographs, paintings, prints, cards, quilts, etc. depict the beaver and wetland habitat. They are in any style – realistic, abstract, whimsical, collage, etc. Three-dimensional pieces are of ceramic, wood, fiber art, or other media. A percentage of the sale of the artwork will support The Wetlands Conservancy * and other partners who are working on beaver and wetland conservation, restoration and education in Oregon.

The Wetlands Conservancy (www.wetlandsconservancy.org) promotes community and private partnerships to protect Oregon's greatest wetlands, and inspires people to explore how wetlands play a vital role in their everyday lives.

Sara Vickerman is retired from Defenders of Wildlife, where she worked for 37 years to conserve wild animals in functioning ecosystems. She has degrees in art, anthropology, biology, geography and education. Beaver Art Exhibit Venues February, 2017 kicked off at an event at Oregon State University with a reception, exhibit and sale at the LaSells-Stewart Center. The Center displayed beaver-themed photographs and art and host presentations/workshops highlighting relevant research from multiple academic disciplines. The events took

place as part of OSU's Year of Art + Science – a fitting program of events that explores the interplay of art and science, here through the lens of engaging the wider community in a celebration of Oregon's state animal and Oregon State University's mascot.

APRIL 7, 2017 IS INTERNATIONAL BEAVER DAY. A First Friday opening reception and celebration launches the second exhibit of beaver-themed art at the Arts Council of Lake Oswego's 510 Museum & ARTspace. The exhibit will continue through the month, and include workshops, tours, and other activities around the city. This exhibit will display original juried art as well as prints, cards, and other merchandise with beaver/wetland images, all benefitting the Wetland Conservancy.

MAY 6 - SEASIDE FIRST SATURDAY ART WALK in Seaside, Oregon, will feature beavers at the Fairweather House and Gallery, located at 612 Broadway in Seaside and other locations in town, including pop-up space devoted exclusively to beaver themed art.

Some of the art will be available through the summer, including smaller items like cards and prints. The sale of art at this event will benefit the Wetlands Conservancy, North Coast Land Conservancy and Necanicum Watershed Council.

Educational workshops will be hosted by local conservation groups throughout the year.

JUNE 10 - ASTORIA ART LOFT will feature local/coastal work during the Astoria 2nd Sat Art Walk. See Call for Artists (this page).

AUGUST 1 - begins a month-long display and sale of beaver-themed art at the North County Recreation District, a gallery located in the Nehalem community center. The Lower Nehalem Watershed Council will organize presentations on local beaver conservation projects in the newly renovated auditorium at the center. A percentage of the sale will help support the conservation activities of The Wetlands Conservancy and Lower Nehalem Watershed Council.

Fall, 2017 will conclude the beaver art project with an exhibit at the Oregon Zoo. The Zoo is building a new education center that will offer educational information about NW wildlife,



GOING IN STYLE (APRIL 7) Academy Award winners Morgan Freeman, Michael Caine and Alan Arkin star in this senior heist comedy. Synopsis: Lifelong buddies Willie, Joe and Al, who decide to buck retirement and step off the straight-and-narrow for the first time in their lives when their pension fund becomes a corporate casualty, in Zach Braff's *Going in Style*. Desperate to pay the bills and come through for their loved ones, the three risk it all by embarking on a daring bid to knock off the very bank that absconded with their money. *Going in Style* is directed by actor-turned-filmmaker Zach Braff, director of the films *Garden State* and *Wish I Was Here*.

Aftermath (April 7 limited) Arnold Schwarzenegger stars in this revenge drama as a man dealing with an unimaginable personal loss who decides to take matters into his own hands. Schwarzenegger plays Roman, a construction foreman whose wife and child are coming to live with him in America. As he waits for them at the airport, he is told that their plane has crashed. Roman learns their plane collided with another airliner for unknown reasons. Afterwards Roman is crippled by grief, constantly visiting the cemetery and unable to continue his life. Until he discovers the name of the air traffic controller on duty at the time of the crash. With the help of a journalist, Roman learns the address of the man who has since assumed a new identity. He sets off to exact revenge, or "punishment" in his mind. Jake Bonanos, the former air traffic controller who has also been going through hell, answers a knock on his door to find Roman standing there. Film flashes back to tell Jake's side of an awful day and aftermath.



THE FATE OF THE FURIOUS (APRIL 14) After the worldwide success of *Furious 7*, the *Furious* series returns, louder and faster than ever. Rumors of on-set bickering between stars Dwayne Johnson and Vin Diesel seemed confirmed when the studio scheduled them

for separate promotional tours. Despite their differences, Diesel announced two more films in the series were in the works. Synopsis: Now that Dom and Letty are on their honeymoon and Brian and Mia have retired from the game—and the rest of the crew has been exonerated—the globetrotting team has found a semblance of a normal life. But when a mysterious woman (Charlize Theron) seduces Dom into the world of crime he can't seem to escape and a betrayal of those closest to him, they will face trials that will test them as never before. From the shores of Cuba and the streets of New York City to the icy plains off the arctic Barents Sea, our elite force will crisscross the globe to stop an anarchist from



unleashing chaos on the world's stage... and to bring home the man who made them a family.

THE LOST CITY OF Z (APRIL 21) James Gray directs this story of early 20th century explorer Percy Fawcett and his ill-fated attempts to find a lost city in the Amazon. Story begins in 1906 when Fawcett (Charlie Hunnam), a young officer in the British Army desperate to rise above his humble beginnings, accepts a dangerous mapping assignment in Bolivia. Accompanied by his associate Henry Costin (Robert Pattinson), Fawcett and his crew move upriver on a raft, dealing with starvation, disease, and death by hostile natives. "Ain't nobody comes back from up there," he's told. Barely surviving, Fawcett returns with shards of pottery and the story of an ancient lost city somewhere in the Amazon. From the moment Fawcett returns to England a hero, he is driven to find "Zed" as he names the lost city. But that means separation from his vibrant, supportive wife, Nina (Sienna Miller) and young son, Jack. After a second trip in 1912 funded by a wealthy, corpulent benefactor who turns out to be a coward, Fawcett survives the horrors of the trenches in World War I before, near the age of 50 he sets out in 1920 for his last attempt accompanied by his now-grown son.

THE HAPPIEST DAY IN THE LIFE OF OLLI MÄKI (APRIL 21 LIMITED)

One of the rare Finnish films to receive American distribution, freshman director Juho Kuosmanen's movie has to be a contender for least macho boxing flick ever. Set in the early '60s, story leads up to the championship match between the unassuming country baker Olli Maki (Jarkko Lahti) from Kokkola with only 10 pro fights and the American champion, Davey Moore, who is unbeaten in 64 fights. More of a character study than the typical underdog Rocky-type story, we see Olli preparing for the first championship fight in Helsinki – having to lose weight by dropping a weight class, being followed constantly by a documentary film crew and dealing with media demands as an erstwhile national hero – "Can you box for the camera? Look cruel," orders one cameraman. Despite being uncomfortable with the attention, Olli puts up with it, but his main interest is his romance with Raija (Oona Aiolra) a woman he meets at a wedding. The two instantly fall for each other. Raija keeps Olli grounded, but eventually the attention and big city life make her



OLLI MÄKI (APRIL 21 LIMITED)
One of the rare Finnish films to receive American distribution.

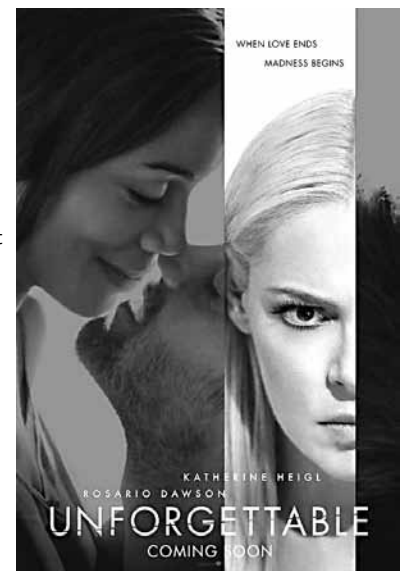
flee back to small-town Kokkola. Without Raija's grounding, Olli starts to lose focus. In most boxing movies, the hero's ambition is to be the champion, but Olli's is more to be good man and husband. At the first press conference with Moore, instead of the usual posturing and threats, Olli acknowledges his inexperience and states that if he loses, it will at least be to a worthy opponent.

Guardians of the Galaxy Vol. 2 (May 5) The surest box office bet of the summer. Expect more of the comedy, action, wisecracks and '70s pop tunes that made the first film a hit. Synopsis: Set to the backdrop of 'Awesome Mixtape #2,' Marvel's *Guardians of the Galaxy Vol. 2* continues the team's adventures as they traverse the outer reaches of the cosmos. The *Guardians* must fight to keep their newfound family together as they unravel the mysteries of Peter Quill's true parentage. Old foes become new allies and fan-favorite characters from the classic comics will to our heroes' aid as the Marvel cinematic universe continues to expand.

UNFORGETTABLE

(APRIL 21) Katherine Heigl and Rosario Dawson topline this female romantic thriller. Since classics like *Fatal Attraction* and *Basic Instinct* in the '80s and early '90s, the genre has mostly lain dormant except for occasional attempts to revive it. This attempt is notable for being the directing debut of producer Denise Di Novi, who made her name producing a string of Tim Burton movies. Also notable is the most extreme attempt yet by Katherine Heigl to change her image from the squeaky-clean types

she played in movies like *27 Dresses* that brought her stardom but has since mostly waned. In *Unforgettable* she plays a pathologically jealous woman who will stop at nothing to ruin her ex's new relationship. Synopsis: Tessa Conover (Katherine Heigl) is barely coping with the end of her marriage when her ex-husband, David, becomes happily engaged to Julia (Rosario Dawson). Trying to settle into her new role as a wife and a stepmother, Julia believes she has finally met the man of her dreams, the man who can help her put her own troubled past behind her. Tessa's jealousy takes a pathological turn, and she will stop at nothing to turn Julia's dream into the ultimate nightmare.





FREE WILL ASTROLOGY

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APRIL

ARIES (March 21-April 19): Be interested in first things, Aries. Cultivate attractions to beginnings. Go to the sites of hatchings and breakthroughs and uprisings. Give your generous attention to potent innocence and to familiar faces that are turning toward new sources of light. Marvel at creatures that are in the throes of regeneration, rediscovering the sparks that animated them in earlier years. Celebrate influences that draw their vitality directly from primal sources, and study humble seekers who are devoted to reinventing themselves over and over again. Be excited about first things.

TAURUS (April 20-May 20): Are you in drastic need of redemption? Are you bone-weary from lugging around rotting guilt? Have your friends been wondering about the whip marks from your self-flagellation sessions? Are you losing your power to keep forbidden feelings concealed? If you answered yes to any of those questions, Taurus, listen up. The empathetic and earthy saints at our Wildly Desperate Confession Club are ready to receive your blubbering disclosures. Use them! They are clairvoyant, they're non-judgmental, and best of all, they're free! Within seconds after you telepathically communicate with our earthy saints, they will psychically beam you eleven minutes of unconditional love, no strings attached. Don't wait! Transmit your poignant offerings to the Wildly Desperate Confession Club NOW!

GEMINI (May 21-June 20): The next three weeks will be a favorable time to FREE YOUR MEMORIES. What comes to mind when I suggest that? Here are my thoughts on the subject. To FREE YOUR MEMORIES, you could change the way you talk about your past. Re-examine your assumptions about your old stories, and dream up new interpretations. Add new details and feel new feelings about those old stories. Here's another way to FREE YOUR MEMORIES: if you're holding on to insults people hurled at you in the past, let them go. In fact, declare a general amnesty for everyone who ever did you wrong. If you're in an extra playful mood (which I hope you will be, since that's a good way to FREE YOUR MEMORIES), try this: While taking a long shower or hiking through the woods, make up a song with a chorus line that goes, "I'm free, I'm free, I'm free of my memories."

CANCER (June 21-July 22): How big is your vocabulary? Twenty thousand words? Thirty thousand? Whatever size it is, the coming weeks will be prime time to expand it. Life will be conspiring to enhance your creative use of language . . . to deepen your enjoyment of the verbal flow . . . to help you become more articulate in rendering the mysterious feelings and complex thoughts that rumble around inside you. If you pay attention to the signals coming from your unconscious mind, you will be shown how to speak and write more effectively. You may not exactly become a silver-tongued devil, but you could evolve into a more eloquent persuader.

LEO (July 23-Aug. 22): We all need more breaks from the routine -- more holidays, more vacations, more days off from work. We should all play and dance and sing more, and guiltlessly practice the arts of leisure and relaxation, and celebrate freedom in regular boisterous rituals. And I'm nominating you to lead the way in the coming weeks, Leo. Be a cheerleader who shows the rest of us how it's done. Be a ringleader who springs all of us inmates out of our mental prisons. Be the imaginative escape artist who demonstrates how to relieve tension and lose inhibitions.

VIRGO (Aug. 23-Sept. 22): In the coming days, people in your vicinity may be preoccupied with trivial arguments. What's more nutritious, corn chips or potato chips? Could Godzilla kick King Kong's ass? Is it harder to hop forward on one foot or backward with both feet? I suspect you will also encounter a number of folks who are embroiled in meaningless decisions and petty emotions. So how should you navigate your way through this potentially energy-draining muddle? Here's my advice: Identify the issues that are

most worthy of your attention. Promise yourself to stay focused on them with disciplined devotion. If you're ever on the verge of getting drawn into a Godzilla-versus-King-Kong type discussion, flee.

LIBRA (Sept. 23-Oct. 22): I hope that by mid-May you will be fully qualified to teach a workshop called "Sweet Secrets of Tender Intimacy" or "Dirty Secrets of Raw Intimacy" or maybe even "Sweet and Dirty Secrets of Raw and Tender Intimacy." In other words, Libra, I suspect that you will be adding substantially to your understanding of the art of togetherness. Along the way, you may also develop new skills that would enable you to write an essay entitled "How to Act Like You Have Nothing to Lose When You Have Everything to Gain."

SCORPIO (Oct. 23-Nov. 21): If you have a dream of eating soup with a tiny fork, it might mean that in your waking life you're using the wrong approach to getting nourished. If you have a dream of entering through an exit, it might mean that in your waking life you're trying to start at the end rather than the beginning. And if you dream of singing bad country songs at a karaoke bar with people from high school that you didn't like, it might mean that in your waking life you should seek out more fulfilling ways to express your wild side and your creative energies.

SAGITTARIUS (Nov. 22-Dec. 21): If you're a Quixotic lover, you're more in love with love itself than with any person. If you're a Cryptic lover, your best hope for staying in love with a particular partner is to keep him or her guessing. If you're a Harlequin, your steady lover must provide as much variety as three lovers. If you're a Buddy, your specialties are having friendly sex and having sex with friends. If you're a Histrionic, you're addicted to confounding and disorienting love. It's also possible that you're none of the above. I hope so, because now is an excellent time to have a beginner's mind about what kind of love you really need and want to cultivate in the future.

CAPRICORN (Dec. 22-Jan. 19): Your new vocabulary word is "adytum." It refers to the most sacred place within a sacred place -- the inner shrine at the heart of a sublime sanctuary. Is there such a spot in your world? A location that embodies all you hold precious about your journey on planet Earth? It might be in a church or temple or mosque, or it could be a magic zone out in nature. Here you may feel an intimate connection with the divine, or a sense of awe and reverence for the privilege of being alive. If you don't have a personal adytum, Capricorn, find or create one. You need the refreshment that comes from dwelling in the midst of the numinous.

AQUARIUS (Jan. 20-Feb. 18): You could defy gravity a little, but not a lot. You can't move a mountain, but you may be able to budge a hill. Luck won't enable you to win a contest, but it might help you seize a hard-earned perk or privilege. A bit of voraciousness may be good for your soul, but a big blast of greed would be bad for both your soul and your ego. Being savvy and feisty will energize your collaborators and attract new allies; being a smart-ass show-off would alienate and repel people.

PISCES (Feb. 19-March 20): Here are activities that will be especially favorable for you to initiate in the near future: 1. Pay someone to perform a service for you that will ease your suffering. 2. Question one of your fixed opinions if that will lead to you receiving a fun invitation you wouldn't get otherwise. 3. Dole out sincere praise or practical help to a person who could help you overcome one of your limitations. 4. Get clear about how one of your collaborations would need to shift in order to serve both of you better. Then tell your collaborator about your vision with light-hearted compassion.

Homework: Who's the person you'd most like to meet and have coffee or a drink with? Why? Testify at Freewillastrology.com

Bike Madame

By Margaret Hammitt-McDonald

What Riding a Bike Can Do for Activists

I'M STILL TAKEN ABACK by how many genuinely nice people voted against their best interests in the 2016 presidential election. How can one reach these good people? I've taken heart from lessons I've learned from cycling—not just how to advocate for human-powered transportation, but also about advocacy in general.

Cycling values life in the slow lane. Lycra-wearing racers pass me all the time, but their average speed is 18 mph, not 55+. Quick sound-bite methods have a place in activism, but building movements and forging alliances are time-consuming processes. Traveling in the slow lane, taking a panoramic view, and allowing more than a split second to make decisions, are powerful, prudent ways to cultivate relationships, not just connections of convenience that won't outlast the next election.

Cycling fosters face-to-face interactions. When you're out there in the open, not protected (or walled off) by a car's frame, it's easier to exchange greetings—and harder to flip the bird. Petitions and big demonstrations have their place, but convincing someone who's on the fence or huddling in the other corner is best done one on one. When some folks see a group shouting a slogan, instead of being won over, they shy from the "mob mentality"—especially if the group represents "the other side." Social media, with its global reach, is an amazing activist tool, but we've all experienced the discouraging flame wars ignited by the anonymity these forums foster. Person-to-person interactions are an antidote to the shortcomings of the big rally, the digital petition, and the online discussion board. Having done my share of "tabling" for progressive organizations, the heckler who swaggers up and shouts over me is evidence that face-to-face interactions don't guarantee a meeting of hearts and minds, or even a friendly agreement to disagree. A cyclist's defensive-

riding practices can carry over well to conflict de-escalation!

Cycling promotes human-scale decision-making. Unless you're on a tour or century ride, cycling is local. Many of us feel discouraged by how little we can affect political decisions made at the federal level. Creating livable communities occurs at the local level and often through bipartisan or non-partisan measures. Making one's community more pedestrian- and cycle-friendly is a goal folks can get behind. Even if your tea-party neighbor refuses to give up his/her gas guzzler because global climate change is a hoax dreamed up by Al Gore and space aliens bent on destroying laissez-faire capitalism, he/she doesn't want to get run over by speeding cars while jogging.

Cycling balances individual lifestyle choices with a critical-mass push for systemic change. Cynics have a point in their critiques of the "twenty things you can do to save the Earth" approach, which ignores corporate polluters. However, critical-mass theory observes how a vocal, visible percent of the population can prompt change. Thirty years ago, recycling was a fringe activity; now it's supported by municipal infrastructures. The same thing is true for cycling commuters and the bike lanes they've prompted public officials to provide.

Cycling is fun! Healing our beautiful world can be fun too. Gloom and doom alienate potential allies and contribute to activist burnout. Cycling can be humorous, zany, even ludicrous—and rebellious—in a society where most people ditch their rides after they get their learner's permit. The spirit that prompts teens on trick bikes to pull wheelies is the same antic "wise fool" spirit that keeps activism heartfelt and fresh.

It's my hope that activists and cyclists will continue to learn from each other and to celebrate our victories together, even if they're as small as getting a new bike box at a busy corner.

WORKSHOPS/CLASSES

ENERGY HYGIENE CLASS. Sundays. With Linda Lawson. Study and practice of tools that restore healthy energy to yourself and the planet. Small group mentoring/coaching and guided meditation are included. \$75/4 weeks or \$20 drop-in. Text or call Linda @ 720-301-3993 for registration and details.

TAROT SCHOOL. March 11, April 8, May 6, and June 3. With Suzy & Alana of Psychic Siamese Terror. This unique series of four classes is designed to strengthen your intuition and give you the necessary skills to effectively work with the Tarot. We will cover such subjects as the history of Tarot, best practices, symbolism, spreads, creating meaningful questions, and how to read for yourself and others. Each class will include instruction from two teachers, one on one mentoring and opportunities for practicing with your own deck. \$58/per class or \$200 for all four. 5 – 9:30pm at Chariot Spirit + Home in Astoria. Register at chariothome.com/shop-workshops/

LEATHERWORKING for Boaters with Kenneth Meyer. April 15, 9am-5pm. Introductory leatherworking skills for maritime applications. This class will focus on some simple uses of leather for boats. Students will learn about leather types and their uses, how to leather an oar (or walking stick), make a sheath for a knife or a fid and more. \$45/Members/\$55/Non Members. Call 503-325-2323 to register.

YOU-TUBE VIDEO BASICS: Plan, Shoot, Edit! – Learn the process of conceptualizing, planning, producing and editing a short film (video) suitable for corporate training, small business commercial, or simply upload to YouTube for business or personal use. Utilize the elements of filmmaking along the way to emphasize the story you have constructed and want to bring to life. Basic computer skills required. Class runs on Wednesdays, April 5-June 7, from 10:30 am-12:30 pm in the Graphics Lab. Cost is \$125. Taught by Adjunct Instructor, Mark Redwine.

CHINESE (MANDARIN) LANGUAGE & CULTURE – This is an ABC Mandarin Chinese course for beginners, including introduction of phonetics and daily expressions and introduction of Chinese culture. Using video lectures, short plays, interactive exercises and cultural tips to help learners build fundamental capability of oral Chinese in real-life situations. This course will also show and introduce Chinese Culture history, manners, festivals, places of interest and other aspects by vivid and interesting forms. Class is held on Thursdays, April 6-June 8, from 6:00-8:00 pm in Towler Hall. Taught by Shiqi Dotson. Cost is \$75

CONVERSATIONAL SPANISH I – This Level 1 Conversational Spanish class is designed toward understanding basic small talk and general Spanish vocabulary. The students in this class will not have to study for several years or be bogged down with complicated grammar rules! This class is designed for the adult learner and will include fun, interactive exercises. No prior Spanish necessary! Join us on Wednesdays, April 5-June 7, from 6:00-8:00 pm in Towler Hall. Taught by Leslie Arango. Cost is \$75.

BODY WORK-YOGA-FITNESS

AQUANASTICS. A water fitness class that is energizing and strengthening, yet gentle on the joints. The exercises are designed to increase range of motion, flexibility and cardiovascular fitness. Ability to swim not required. This is not a swimming class and is conducted in a 3-5 feet deep heated pool. Pool beach balls and 'noodles' are provided FREE for class use and enjoyment. As an added bonus, students are given basic water health and safety tips. Plus play some water games. This class is for both women and men. Class is held on Tuesday and Thursday beginning April 4th through May 25th, a total of twelve classes, from 9:00 to 9:50 A.M. or from 10:00 to 10:50 A.M. Only 12 students can attend each section. The cost

is \$39.00. Held at KOA Campground. Instr. Kathleen Henderson. Register now at www.clatsopcc.edu/schedule and search under Course Title or call 503-338-2402.

QIGONG WALKING AND FORMS. Mondays, starting January 23. With Donna Quinn. Qigong is an ancient Chinese health care system that integrates physical postures, breathing techniques and focused intention. Qigong (Chi Kung) means cultivating energy, it is a system practiced for health maintenance, healing and increasing vitality. Free community class, 7:30am at RiversZen Yoga in Astoria.

CLASSICAL BELLY DANCE. Classes held Sundays 3-4:30 @ Tolovana Community Hall 3778 s. Hemlock Cannon Beach. Drop in \$10. Everyone welcome. Info call Sarah 971-601-0127.

YOGA IN NEHALEM. North County Recreation District. Mon 5:45-7:15pm, Level 1 Yoga. Wed 8-9:30am, Mid-Life Yoga "leading you into your 50's, 60's, 70's and beyond!" Wed 5:45-7:15 pm, Restorative Yoga. Thurs 8-9:30am, Chair Yoga. Thus 5:45-7:15pm, Hatha Yoga. Fri 8-9:30am Very Gentle Yoga Sat 8-9:30am, Mixed Levels Yoga Sun 5:45-7:15, Level 2-3 Yoga. 3 different RYT instructors. \$8 drop-in. contact 503-368-7160

RIVERSZEN YOGA and Ki-Hara Resistance Stretching Studio. Located at 399 31st Str. Astoria. 503-440-3554. Over 30 classes, for Strength, Stamina or Yoga Flow. Levels 1, 2 & 3 offered from early morning to evening, 7 days a week. 1/2 price for new students first month and locals residents first day free. Free parking and a handicapped ramp is available. <http://riverszen.com> or [Facebook.com/RiversZen](https://www.facebook.com/RiversZen).

YOGA – Bay City Arts Center. Classed with Michelle Lawhorn - Mon & Thurs 6pm. \$5 per class.

YOGA—Manzanita, Center for Contemplative Arts, Manzanita Ave., Tuesday 5-6:30pm. \$10 drop-in fee. Call 503-368-3733 for more information.

YOGA IN GEARHART. Gearhart Workout. For more information log on to www.gearhart-workout.com 3470 Hwy. 101 N. Suite 104 in Gearhart

THAI CHI /QIGONG. ASTORIA. Angela Sidlo teaches Tai Chi at Astoria Arts & Movement Center! Mon 10-11, Wed 10-11, Thur 5:30-6:30. QiGong, Tue, 12:10-12:50, Thur 12:10-12:50. Starts in Sept. Call Angela to register 503-338-9921

T'AI CHI. The Center for the Contemplative Arts, Manzanita: Wednesday Mornings 10-11:30, \$30/month. Call 368-6227 for more info.

LEARN SELF DEFENSE. American Kenpo Karate (Ocean Park, Wa) Private & Semi-Private Lessons (Adults Only, \$10.00 Per Lesson. Currently Teaching Wednesdays And Saturdays). For Free Introductory Lesson Contact Instructor Jon Belcher At: Phone: 360-665-0860 E-Mail: Jonbelcher1741@yahoo.com

ZUMBA. Low Impact Fitness for many ages. Licensed instruction. Tolovana Community Hall 3779 S. Hemlock, Cannon Beach, Call Joy: 503.738.6560

ZUMBA. Come join the Zumba party at North County Recreation District in Nehalem, Oregon. Tue-Thur 6:30 to 7:30pm/Fri 9-10am. Fall term thru Dec. Attire: Loose gym clothing, non-gripping sneakers, a water bottle & lots of energy! Rosa Erlebach – instructor. Ncrrd. 36155 9th Street Nehalem, Or 97131 (503) 368-4595 Rerlebach@gmail.com

SPIRITUALITY

Authentic Spiritual Conversations. Meets every Tuesday in Astoria, OR, from 7:00 – 8:30 PM. Are you looking for a spiritual community of like-minded people but don't seem to fit in anywhere? Do you long for the kind of connection where you can explore what feels spiritually real and alive in you? Do you want to be able to explore your spiritual questions,

doubts, practices, and deepest longings in a space where everyone's needs are respectfully held? Are you tired of being "nice," tired of keeping silent and playing it safe, in order to fit into group norms that tell you what you should believe? Join in a conversation where your unique spiritual path is respected and you can feel safe to express your authentic truth. All faiths, including "spiritual but not religious" are welcome. We meet in the Astoria "Columbia Community Education Center" located at 2021 Marine Drive, second floor, accessed from the back of the Seafood Research building (across from the hospital). For more information contact info@cgifellowship.org or call 916-307-9790.

CONVERSATIONS WITH MOTHER MARY. Come and experience the Love and Wisdom of Mother Mary through her channel Barbara Beach. Every Second Sunday, 10:30 to 12:30ish. In Seaside, Oregon. Call or email for directions: 503-717-4302 beachhouse11111@gmail.com. Suggested donation \$15.00. Bring finger food if you feel so inclined. The gathering will include a healing circle, channeled conversation with Mother Mary, snacks and sharing.

COLUMBIA RIVER MEDITATION GROUP. Meets Thurs, 6-7:30pm, Towler Hall rm 306 at CCC. Meditation can reduce stress, increase health, creativity and efficiency, and lead to a more deeply satisfying and richer life. Led by ordained Zen priest/non-religious. Many different styles practiced, discussion of common problems encountered during meditation, focus on deepening a regular practice. All welcome.

7TH ANNUAL JIZO BON FESTIVAL. Saturday, August 27 3pm to 10pm. Great Vow Zen Monastery. Come join us for the fun and festivities at our seventh annual Jizo Bon. This special festival includes painting lanterns, Obon dancing, a play, and an informal dinner. The evening will also include a Ksitigarbha ceremony, and a lantern procession through the Jizo garden. All are invited; families with children are especially welcome. Donation of \$10 or \$15 for families or groups of friends, and \$5 for individuals, is suggested to cover the cost of tea, lanterns, and supplies. Please RSVP to let us know how many are coming.

ART & MINDFULNESS. With Amy Selena Reynolds. Once a month, 2nd Saturdays, 1-4 pm. Deepen your connection with your heart, mind, and spirit, play with creativity, find out where art and meditation begin. No previous art or meditation experience is necessary. Bring a journal and your favorite pen. All other supplies will be provided. Class fee: \$30 (Note: No one will be turned away for lack of funds. Please contact Amy if you have a financial hardship but want to take a class). Call Amy at 503-421-7412 or email amyselena888@gmail.com

A SILENT MEDITATION - with Lola Sacks. St. Catherine's Center for the Contemplative Arts, Manzanita: Monday Nights 5 - 5:45 Call 368-6227 for more info.

LECTIO DIVINA - Meditation with Holy Scripture. The Center for the Contemplative Arts, Manzanita: Tuesday Mornings 10-11:30. Call 368-6227 for more info.

LABYRINTH WALK - Grace Episcopal Church, 1545 Franklin St, Astoria, 3-6. Every 1st Sunday.

VOLUNTEER

CLATSOP COUNTY GENEALOGY SOCIETY is embarking on county-wide cemetery identification and cataloging project. Cemeteries are among the most valuable of historic resources. They are reminders of our settlement patterns and can reveal information about our historic events, ethnicity, religion, lifestyles and genealogy. The society is seeking volunteers to join members in identifying and visiting cemeteries to catalog their information for future generations. The society would also be grateful for any information from the public regarding old cemeteries and burial sites that may not be commonly known. If you are interested,

contact the society at www.clatsopcounty-gensoc@gmail.com or call 503-325-1963 or 503-298-8917.

Weekly Habitat Restoration/Stewardship Work Parties. 10 am - noon. Meet at Alder Creek Farm, at the end of Underhill Lane between Nehalem and Manzanita. Dress for the weather and Manzanita. Prepare to get outside with great people on beautiful properties doing a variety of habitat restoration activities. For more information contact Lower Nehalem Community Trust, 503-368-3203, lnct@nehaletel.net

Weekly Habitat Restoration/Stewardship Work Parties. 10 am - noon. Meet at Alder Creek Farm, at the end of Underhill Lane between Nehalem and Manzanita. Dress for the weather and prepare to get outside with great people on beautiful properties doing a variety of habitat restoration activities. For more information contact Lower Nehalem Community Trust, 503-368-3203, lnct@nehaletel.net

MEETINGS/MEET-UPS

GRIEF SUPPORT GROUP. ASTORIA/SEASIDE. Lower Columbia Hosice is currently offering free bereavement and grief support group meetings twice per month: 1st Thurs. 2-4pm @ Bob Chisholm Comm.Center, Meeting Rm. 1, 1225 Ave. A, Seaside. 3rd Tues. 4-6pm, Columbia Memorial Hospital, Columbia Center, Chinok Rm, 2021 Exchange St., Astoria. Questions call: 503-338-6230.

KNITTING CLUB. Weekly on Tuesdays 5:30-6:30. Location: Coffee Girl, Pier 39 Astoria. Community members of any skill level can meet to knit at Coffee Girl. We teach beginners and encourage everyone to bring their own supplies. If knitting isn't your thing, we welcome other crafts as well.

INCLUSIVE MEN'S GROUP. Meets at the Center for Contemplative Arts in Manzanita. Sunday evenings. 5:00pm - 8:30pm. Next meeting MARCH 12. Benefit from the experience of a more diverse circle of men – all ages - all walks of life - all points of view - let's expand the possibilities. Some of us have been meeting together for seven years. Others are new to the process. Either way, each man adds to the evening. We all have connection to a vast knowledge. The group intelligence is more expansive than the individual awareness. There is a great release and power in sharing our wisdom and our vulnerabilities. We are confidential. We are inclusive. We are diverse. Bring Yourself - Be Yourself - Add Yourself to the mix. See what happens. FMI: Darel Grothaus, darelgrothaus@raincity.com

TILLAMOOK PILOTS ASSOCIATION. Meets 1st Sat ea. month at the Airbase Cafe (Tillamook Air Museum) at 9am for their regular business meeting and to promote general aviation. Interested in learning to fly? Or simply interested in general aviation, come to the meeting and meet similar-minded folks? The TPA owns a Cessna 172 available for members to rent for instruction or for general use for licensed pilots who are members of TPA. tillamookpilots.org.

ENCORE. Join us for the ENCORE Lunch Bunch the first Tuesday of the month. Questions about Lunch Bunch? Call Reta Leithner 503-717-2297. ENCORE is a membership organization for people age 50 and older who are interested in life-long learning opportunities. ENCORE is sponsored by Clatsop Community College, and offers classes in a variety of subjects, social events, and occasional educational trips. For more information, please refer to our website: www.encorelearn.org or contact Mary Kemhus-Fryling, Clatsop Community College Community Education Coordinator, 503-338-2408, or toll free at 1-855-252-8767.



Volunteer Jeff Roehm uses loppers to snip a Scotch broom stem at North Coast Land Conservancy's Reed Ranch Habitat Reserve in May 2016.

BROOM-BUSTERS, join NCLC's Wednesday Weed Warriors. Every Wednesday May 3 through September, volunteers help the NCLC stewardship crew tackle various projects on NCLC lands. In May, they'll be helping land steward Eric Owen bust broom on one NCLC property or another. All are welcome to help Wednesdays from 10 a.m. to 1 p.m.—or for as much time as you can spare. For details, visit NCLCtrust.org/weed-warrior-Wednesdays.

Dance Your Joy at AAMC

The AAMC is a cooperative of passionate professionals who want to share the love of dance, fitness & performance art with you. 342 10th St. in Astoria. astoriaartsandmovement.com

• **MONDAY**
8:30 - 9:30am Zumba Dance Fitness with Kim Postlewaite
5:30 - 6:00pm: PreYoga Self Care with Jude Matulich Hall
6:00 - 7pm: SloFlo Yoga with Jude Matulich Hall
7:15 - 8:00pm Meditation with Jude Matulich Hall

• **TUESDAY**
8:30-9:30am: Zumba with Joy Sigler
6:30 - 7:30pm Intermediate West Coast Swing with Jen Miller
7:30 - 8:30pm Beginning West Coast Swing with Jen Miller
8:30 - 9:30pm Student Led West Coast Swing Practice Hour
• Last Tues Of Month- Swing Dance w/ Live Music: Class w/Jen 6:30 to 7:30pm followed by dance with the Bar-K-Buckaroos

• **WEDNESDAY**
9:30-10:40am Gentle Yoga with Terrie Powers
7:00-8:15pm: Belly Dance with Jessamyn Grace
8:30 - 9:30pm: Argentine Tango Practica with JL Gillikin

• **THURSDAY**
8:30-9:30am Zumba with Joy Sigler
6:00 - 7:30pm: Tri-Dosha Yoga with Melissa Henige

• **FRIDAY**
9:30 - 10:40am: Gentle Yoga with Terrie Powers
7 - 10pm: Contra Dance with Dave Ambrose and Live Music (2nd Friday of each month)

SATURDAY
6:00-7:00pm: Argentine Tango Fundamentals with Estelle & Celeste Olivares
6:30-7:30pm: Intermediate Argentine Tango Concepts
7:30-8pm: Argentine Tango Mini-Practica with Estelle & Celeste Olivares

SUNDAY
6:00-7:00pm Burlesque with Merlyn Elise

THE LOWER COLUMBIA CLASSICS CAR CLUB. Invitation to all who are interested in Collector Cars to attend one of our monthly meetings. The meetings are held at Steve Jordan's Shop Building, located at 35232 Helligso Lane in rural Astoria - meet on the 3rd Thursday of each month. If you are interested and need the directions to get there, you may call Steve Jordan at 503-325-1807

THE ASTORIA CHESS CLUB. meets Saturday mornings at 11:30 AM at Three Cups Coffee House and Thursday evenings at 5:30 PM at the Hotel Elliott's wine bar. Players of all ages and skill levels are welcome to attend. For more information, contact us at astoriachess-club@gmail.com or visit our Facebook page."

NORTH COAST LA LECHE LEAGUE. Pregnant women, mothers, babies & toddlers welcome. Topics discussed: preparing for birth and breastfeeding, adjusting to motherhood, parenting babies and toddlers, breastfeeding basics, benefits and challenges of breastfeeding, nutrition, and weaning. Astoria: 1st Tuesdays 5:30-7pm. Blue Scorcher Bakery 1493 Duane St. Astoria. Seaside: 3rd Thursdays 10-12. Seaside Public Library, 1131 Broadway St, Seaside. Call or text LLL Leader Megan Oien for breastfeeding support at 503-440-4942 or LLL leader Kestrel Gates at 503-453-3777.

Messages Sonja Grace

mystic healer



REALITY CHECK

WHEN SOMEONE has a certain scope of experiences they will often relate to others using those experiences as a point of reference. That can often lead to limited and comprised communication because they perceive situations through their experiences and project their reality on to the person they are communicating with. For example, Susan and Paula are talking about ghosts. Susan doesn't believe in ghosts, Paula on the other hand, has had an encounter with a ghost that scared her. Susan projects her reality onto Paula denying her experience as she shares her belief system from childhood. This leaves Paula unable to share her story for fear of being judged and shut down. Susan remains trapped in her belief system that may no longer

serve her but remains a part of her dogma.

When we project, we block the here and now and miss the opportunity to understand the moment. We become entrenched in our long-held beliefs, which can often feel safer than being open to new ideas and dealing with our immediate feelings.

If we are truly present we open to learning something new.

We experience new things by expanding our desire to learn. When we resist learning, seeing new places or listening with an open mind we default to what we know. Learned knowledge is important and obtaining more should be a daily pursuit.

All things are cyclical. Where you stand and view from al-

lows you the knowledge to move forward with clarity and faith. As humans, we tend to want to spout what we know in an attempt to find common ground with the person we are conversing with. Yet, this can lead to another great belief system in the human experience. Competition. We are trained at an early age to compete with one another. Now, with access to the Internet and a worldwide audience people can become overwhelmed with the feeling of keeping up.

We are living in a dualistic reality that is currently splitting apart. Measuring outside of one's self as to what is right or wrong, good or bad is a part of what is now throwing our world out of balance. When we can access the internal system that our soul embodies, knowing at a deep level what feels right and wrong, good and bad we can better stand in the center. It is from that place of observation that we can see all points of view.

We are not prisoners of our own making, but creators of a collective consciousness. When we close ourselves off to learning, or 'feel' we already know that information then

we limit our ability to hear the message Creator is trying to give us. Every person on Earth is a messenger for Source. The question is are we open to learning, listening to each other and being responsible for our energy, actions and planetary wellbeing?

For over thirty years, author and Mystic Healer, Sonja Grace has been offering her international clientele, immediate stability, clarity, and guidance. Sonja is an energy surgeon who works with the physical, emotional, mental and spiritual bodies. She helps clients process emotional wounds, clear karma and gain inner peace. Her new book 'Spirit Traveler' Findhorn



By Tobin Nason

wordwisdom

Changing Seasons. Ready?

We're moving into Spring. Yes, we are. A new time, a new beginning! Little green things start popping out of the ground, and cherry

blossoms crowd the scenery. Stirrings that feel like the urge to fall in love - or lust - disrupt the routine emotional life.

Like all changes in life, even seasonal changes, there is something that feels a bit like anxiety. The sudden sunny, breezy day - the kind that blows your hair a bit and you wish you had your sunglasses

- can trigger lots of emotions. Some of the feeling is this thrill of the day! I get high hopes and grand aspirations and then the quiet moment

of who are you kidding? So who wants to skip Spring? Who wants to go straight to Summer? It's okay to not enjoy Spring. Some people have a hard time with Christmas or birthdays. Having a hard time with all this new freshness and budding love stuff of Spring is in the same category.

Like Christmas, Spring visually provokes anticipation. We see flowers

with buds, ready to bloom. And what happens when a person has a lot of high expectations, when a heart is ready to burst with love and awe?

Sometimes a heart is broken, saddened, feeling the dissonance between "what is" and "what should be."

It's ok to be ambivalent. When everyone is loving Spring and well, you don't, don't worry. There's reasons for one's feelings and preferences. Our personality, childhood, physical location, unforeseen traumas all feed into an emotion. Spring seems to beg us to dance after months of hibernating. Some people love to dance. Some don't.

Much of Spring happiness is biochemical. The sun is churning up our serotonin. Our bodies are responding to sunshine, whether we like it or not.

Personally, I love Spring. I get optimistic and a bit excited. I read in the sunshine.

It makes me want to dance. Then it's very obvious to me that I have no dance partner. The sadness sneaks in, and I've



learned to dance anyways. And moments of "not sadness" sneak in. But its a reminder, this urge to dance, that I am ... alone. I dance alone.

Somehow I can combine joy with sadness, elation with the blues. Must be a talent of mine. Perhaps it just a fact that the flip side of joy is sadness, depression is the down side equivalent of elation.

So if you want to resist Spring, do it. Summer will show up, whether you like it or not.

Tobin Nason is a counselor located in Warrenton. She can be reached at (503) 440-0587.

The Joy of Pets

Treat yourself - adopt from the Animal Shelter and Enjoy!

"I never married because there was no need. I have three pets at home which answer the same purpose as a husband. I have a dog which growls every morning, a parrot which swears all afternoon, and a cat that comes home late at night."

Marie Corelli

Clatsop Co. Animal Shelter
1315 SE 19th in Warrenton
Ph. 503.861.0737 | Hrs. noon to 4 pm
Tuesday through Saturday

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www.dogsncats.org
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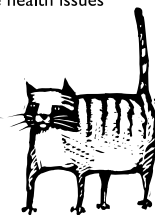
Tasks include the following:

- Cleaning and restocking cat cages
- Grooming and socializing felines
- Assisting with adoptions
- Watching for and reporting possible health problems

Tasks include the following

- Walking the dogs
- Grooming and socializing them
- Feeding the canines periodically
- Watching for and reporting possible health issues

Call for
orientation
training



Clatsop County Animal Shelter
1315 SE 19th in Warrenton

Phone: 503-861-0737

Hours: noon to 4 pm, Tues. thru Sat.

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Office: 503.436.0335 Fax: 503.436-0604

bodies in balance

Tips on Health Where the Sun Don't Shine

WE LOVE TO GRAB THEM, shake them, admire them, work them and sit around on them, what are they? Our bottoms! These masses of bone, muscles and fat have many shapes, sizes and are associated with the all-important function of elimination. Since the sun has decidedly taken time off from shinning on the lower Columbia region I thought it an appropriate time to revisit this topic...so sit back, relax your gluteus maximus and learn about health related to your backside.

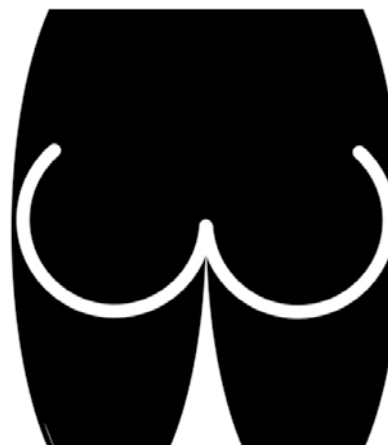
The derriere is a taboo area for many patients and practitioners alike. Yet information about anal, rectal and fecal health can be a useful reflection of overall health. So what is worthwhile information to share? Pain, bleeding, discharge, swelling, changes in bowel function or fecal content (change in color, consistency, size, frequency, undigested foods, etc.). Some of the conditions these symptoms may indicate are hemorrhoids, fissures, fistulas, polyps, diverticula, sexually transmitted infections, pancreatic or thyroid dysfunction, liver disease, or cancer.

The most common condition that likely half the people reading this article can relate to is hemorrhoids. What are they? Basically they are enlarged or swollen blood vessels which protrude into the anal canal. They can be external or internal and have varying degrees of severity. Some have hemorrhoids without notice; others have painful, achy, itchy, bleeding hemorrhoids, which need medical attention. Standing or sitting too long, straining during bowel movements, pregnancy, bowel disease, obesity, or genetic factors can cause them.

What to do about that pain in your ass. Well for one keep moving; if you stand a lot move around more, if you sit a lot do the same. If straining during a bowel movement is your issue try a stool-softening product, this can be an over-the-counter stool softener or laxative, a psyllium based product, or higher doses of Vit. C and/or magnesium. Stool-softeners are a tool to help with the immediate problem, but I encourage using increased water and fiber from fruits and vegetables as a better long-term solution. Other acute solutions to hemorrhoids would be witch hazel tucks (cotton balls saturated in witch hazel tucked against the hemorrhoid. Not to be inserted!), sitz baths (alternating hot cold with tubs of water, removable shower-head, or wash clothes) and inversion poses (propping up your behind higher than your shoulders). Health care professionals

can help you decipher if there is a more systemic cause and treatment option.

One of the systemic conditions I consider with long-term hemorrhoid sufferers is liver stagnation. This is not a liver disease per se, but a sign that the liver can use some attention. As blood flow into and out of the liver slows, the blood pools into the lower gravity fed areas of the body like the anal veins. Often cleaning up the



diet of processed, nutrient deficient foods is key as well as alterative herbs which gently remind the liver to keep blood moving and continue to remove unwanted toxins. Herbs to think of here are dandelion, burdock, nettles, and licorice. Foods that are wonderful movers for the liver are beets and beet greens, lemons, asparagus, artichokes and good quality fats. Naturopaths have perfected some good non-surgical solutions as well to permanently remove those chronic, stubborn hemorrhoids so don't be shy...ask for help. Chinese medicine also has some great therapeutic options be it acupuncture or herbal preparations that focus on liver stagnation.

For adults and kids alike our hinny can be an indicator of possible trouble with the foods we eat. It is not uncommon to have a red itchy anus when we are eating foods that are irritating the digestive tract. In infants anal redness could be a sign of difficulty with a newly introduced food, or even something a breastfeeding mom is consuming. Try to remove and reintroduce foods to see if you can pinpoint the offender. Also for kids pinworms would be something to rule out if persistent itching is a complaint...especially at night. We are talking about butts so as expected things can be a little unsettling, and pinworms

are no exception. These harmless little roundworms live in the intestines but come out at night to lay eggs, this can be a good time to catch the little buggers with some scotch tape, and rest assured they are easily treated.

For the sexually active it is important to consider the possibility of STI's (sexually transmitted infections) in or around the anus if you practice anal sex. If there is an anal discharge, testing and treatment for gonorrhea or chlamydia may be indicated. Warts from the HPV virus may be found in this area even if no anal sex is practiced. Herpes can cause painful ulcerated lesion that may or may not recur, and yeast or fungus (not an STI but worth mentioning) can cause a red, painful, itchy, moist rash. Testing for these conditions can be done at your local health department, Planned Parenthood, or health care provider and fortunately many are treatable. Please use common sense and protection! AND get treated before spreading these infections to others.

Finally what is the scoop on poop? Well there are a lot of opinions out there about timing, amount, quality and quantity. My opinion is that we are all unique, we have different diets, activity levels, and digestive abilities. Ideally we are having a bowel movement everyday and our bodies maintain a routine in how we eliminate; for some it's every morning first thing, for others it's after every meal, and for some it's every other day. The stool itself should have some form, not liquid, not pellets but somewhere in the middle. It should be a brown color, definitely not white or black, variation within the brown will occur and if you're a big beet eater then red will happen. It should not be hard to poop, it should not hurt. There should not be a lot of undigested food, although there are exceptions to that too. IF there is a big divergent from any of these basic norms then it may be worth mentioning...and I'll say it again we could all benefit from more fiber and water!

Respect your caboose by paying attention to it and what comes out of it in order to keep your rear-end healthy.

Do you have an idea for a possible topic, something you'd like to learn more about? Please email erflingnd@icloud.com and thanks for reading; remember...

DO something you love, BE with someone you love, EAT your vegetables, DRINK clean water, BREATHE deeply and MOVE your body EVERYDAY!!

By Tracy Erfling, N.D.

Dr. Tracy Erfling is a
naturopath physician in the
Lower Columbia Region.
Questions?
erflingnd@icloud.com



CHEW ON THIS!

by Merianne Myers



IT IS OFFICIALLY SPRING. Calendar-wise and weather-wise. Northwest coastal Springs are, at minimum, tri-polar. Torrential rain cowed by bullying wind into slantwise submission. Then, for no apparent reason, a serene foggy morning, still and silent with a special kind of light that graces every shade of gray and green with lavish intensity. Then, in defiance of boredom, the sun. Our annual sucker punch, these captivating days of warm, brilliant sun. We walk around in it squinty-eyed, Christmas morning smiles on our faces, drunk without the booze.

This is the serpent in the garden, this sun. The feint before the knockout blow. The misdirection a split second before the rabbit disappears. These few days of sun whisper, "Go ahead, plant your garden," and "Next week-end would be perfect for mowing the lawn," and "I'm here now. Finish what you're doing, then come outside." Do not be deceived. Spring is a liar in lamb's clothing, full of empty promises and cruel disappointments.

It's no wonder that so many species procreate in the Spring. It's the one reliable activity that is not weather dependent, trumps sunshine in the inspiring distraction category and holds the actual promise of a hopeful tomorrow.

Yeah, you're right. I'm a pessimist about Spring. That's because I am chronically and inexplicably impatient. A person might be forgiven for hoping that age brings wisdom and understanding and forbearance. I am sorry proof that this particular hope can be naive at best, in vain more likely.

Spring is an annual demonstration of this. I don't want to wait until May to plant. I am taught this lesson every damn year, yet I persist in setting out some hapless seedlings only to watch them founder then drown weeks later. I tell myself that as soon as I finish this deadline project, I will go outside, go for a walk, sit on the deck, pull some weeds. But, of course, the real deadline is getting out in the sun and I have once again heard the whooshing sound made as it flew by, to paraphrase Douglas Adams.

Spring may have your fancy turning to thoughts of love. It brings out my inner cynic otherwise lazing under a heavy blanket of optimism. I weary of Spring's flimsy promises. I do not relish the wait for summer. I'm not getting any younger. I am not gaining patience with age. On the contrary, I am increasingly defiant in the face of anything that makes me wait while time marches on. I'm old. I could be dead. Get the hell on with it or step aside.

I give to you all the hope and grace and loveliness I have no intention of spending on this feckless season. Use it quick. It won't last.



I GOT YER SPRING RIGHT HERE PASTA

SERVES 4

1 pound, give or take, of cooked chicken, bones and skin removed, cut into strips

This is a great re-use of roast chicken and can even be made with a market rotisserie chicken.

1 bunch asparagus, cut into bite-sized pieces

A handful of your favorite dry pasta per person

1 cup heavy cream or half & half

2 tablespoons butter

Zest and juice of one lemon

1/2 cup grated parmesan

A palmful of fresh parsley, chopped

1/2 teaspoon of salt, plus more for seasoning to taste and pasta water

1/4 teaspoon black pepper, plus more for seasoning to taste

Put a large pot of salted water on to boil. While it is heating, combine the cream, butter, 1/2 teaspoon salt and 1/4 teaspoon pepper in a small saucepan over medium-high heat. Bring to a simmer, stirring until it thickens enough to coat a spoon or until it's as thick as you like it. Remove from the heat and add the lemon zest and juice. Put the pan back on the burner you just turned off to keep warm.

When the pasta water boils, add the pasta, give it a stir and cook it according to the package directions, adding the asparagus to the pot for the last 3 minutes. Reserve a ladle of pasta water to thin sauce if needed. Drain pasta and asparagus and put them back in the pot along with the chicken. Taste the sauce and adjust the seasoning if needed.

Pour the sauce over the pasta mixture and toss gently to coat. Garnish with parmesan and parsley.

Build Your Nest

a postpartum planning class series
5:30 - 7:00 pm April 19th and 26th

A postpartum plan is a detailed outline of how you will get rest, support and care when your baby comes.

first class:

postpartum basics and planning essentials

second class:

circles of support and helpful resources

\$35 for the class series and the Build Your Nest postpartum planning workbook (value \$20)
Hosted by Watch Me Grow
3601 Hwy 101 N, In the North Coast Plaza on Hwy 101, Gearhart

FREE Childcare with Gearhart Kids Academy 3537, Old US Hwy 101. Please email with questions and to sign-up: vitality@kestrelgates.com
Facilitated by Kestrel Gates, find out more at www.kestrelgates.com



Clatsop County 4-H Hosts Color Me Green

5K Run/Walk

ON APRIL 23RD 2017, the Clatsop County 4-H program will host a Color Me Green 5K Run/Walk at Fort Stevens State Park in Warrenton, Oregon. The Color Me Green 5K Run/Walk is a five kilometer (3.1 miles) run or walk designed to encourage youth and community members to increase their physical activity while also having fun! During the run/walk, participants are showered with green dye as they pass through each marker point. It is a great opportunity for communities to come together to help support our 4-H youth development program, celebrate healthy living and be physically active!

4-H has addressed national issues including nutrition, fitness and safety in its programs, as well as social and emotional well-being.

Join the fun on Sunday, April 23rd, 2:00pm at the Fort Stevens State Park. The run/walk will begin at the Battery Russell park

Trigger Point Release Class

HOW TO RELEASE a tight muscle in 30 seconds or less! A FREE class at Graceful Waves Chiropractic in Wheeler offers this to the community, Thursday, April 27, 6:15 to 7:15pm. Bring a friend to be your "massage partner" for this hour where you will learn how to release a tight muscle with a quick and gently technique. The conclusion of the class includes a brief DEMO of Graceful Waves unique care services, and an opportunity to schedule a specially discounted evaluation to discover if we can help you.

Graceful Waves Chiropractic is located at 278 Rowe St. #210 in Wheeler. 503.368.WELL(9355). gracefulwaveschiropractic.com



Cooking Up Community!

There is just nothing that creates joy, impressive skills, improved health, new friends and dinner quite like cooking and eating together.

northcoastfoodweb.org

Cooking Classes at the North Coast Food Web



Dig Or No Dig

Long Beach Razor Clam Festival Will Take Place As Planned!

April 29 & 30

Tastings, cook-offs, singing mermaids, digging & cleaning lessons, competitions, and more . . .

THE RAZOR CLAM FESTIVAL returns to Long Beach for a lively weekend of food, foraging, fun competitions and entertainment. Activities will take place in downtown Long Beach, Washington, Saturday, April 29 and Sunday, April 30, with digging along the entire 28-mile span of wide, sandy beach pending state approval.

"The Long Beach Razor Clam Festival is about much more than digging for clams," said Russell Maize, event chair. "It's about friends and families sharing and learning new things while enjoying a morning or two on a spectacularly beautiful Washington beach."

Festival highlights include the ever-popular Clam Chowder Taste-Off (Saturday, 1-3PM, Long Beach Elks Club) with samples cooked up and served by local restaurant chefs to ticket holders, who vote for the prized "Best Chowder" award, and the Clam Fritter Cook-Off (Saturday, 3-5PM, Veterans Memorial Park), where Ilwaco High School Culinary Arts Program students vie for top recognition awarded by a panel of Tom Douglas restaurant chefs.

The Amateur Chowder Competition offers twelve home chefs the chance to compete for cash prizes and the highly sought out title "Best Homemade Clam Chowder" as judged by chefs from Tom Douglas restaurants. The competition takes place at the Long Beach Elks, on April 29, from 11AM to noon.

Other festival events include the following:

- **Clam Digging and Clam Cleaning Lessons** both days. Registration is at www.longbeachrazorclamfestival.com/free-razor-clam-digging-lessons/;
- **Clam Contests**, April 29, 8AM-noon, Dennis Company, Long Beach, including free samples and prize drawings by manufacturers of clam-digging tools;
- **Oregon Mermaids** storytelling, face painting, photo ops and more, April 29, 11AM-2PM, Long Beach Train Depot;
- **Street entertainment** including Dennis Duck, the Beard's Hollow Pirates and Clam Bathing Beauties;
- **North Jetty Brewing Beer Garden & Un-Clammy Foods**, April 29, 3-8PM, Veterans Memorial Park.

"The Clam Guy," David Berger, author of the soon to be released *Razor Clams: Buried Treasure of the Pacific Northwest* (due out in July, University of Washington Press) will attend as an honorary guest.



Expanding options for things to see and do, the Saturday Market at the Port of Ilwaco will open for a season preview, April 29 from 10AM to 4PM. In Long Beach, the Giant Squinting Clam and World's Largest Clam Pan provide the perfect souvenir-photo backdrop.

Headquarters for the event is the Long Beach Elks Lodge where free coffee, updates, festival keepsakes including sweatshirts, t-shirts, mugs, hats and more will be available both days.

Long Beach ranks among the best places to dig for razor clams with a vast digging area, easy beach access, the gentle slope of the shoreline and other favorable conditions.

For additional clamming information and regulations, please contact the Dennis Company at 360.642.3166 or visit WDFW at www.wdfw.wa.gov/fishing/shellfish/razorclams/.

For lodging (early reservations suggested) and destination information, visit www.fun-beach.com or call the Long Beach Peninsula Visitors Bureau at 360.642.2400.



Tom's Fish and Chips New Locale in Seaside

Cannon Beach's wildly popular restaurant Tom's Fish and Chips is opening its 2nd location in Seaside, Oregon March 27, 2017. Quick, delicious, and fun, Tom's is a great solution for lunch on the run or dinner after baseball practice. Dine in or dine out, their new location at 1 North Holladay may well become your new favorite stop. The menu has a broad appeal that includes not only seafood, but a selection of tasty burgers, a chicken item or two, as well as house-made salads, soups and sides. Owners Tom Drumheller and Tom Krueger reported, "As soon as we opened the doors of Tom's in Cannon Beach, we had people asking us to open a Seaside location. We began the hunt for our perfect second location almost immediately. We are really excited to bring this new dining option to the community of Seaside."

FOODGROOVE

For One Who Deserves Only Beautiful Things...

Mother's Day Tea & Scones

in the Flavel House Museum

TREAT THE MOTHERS in your life to a delightful afternoon of tea and scones in the Flavel House Museum dining room on Saturday, May 13th from 1:00 pm to 4:00 pm. For just \$12.00 per person, \$8.00 for CCHS members, you will be served hot tea and sweet pastries and will also enjoy a self-guided tour of the Victorian mansion. This is an afternoon "For One Who Deserves Only Beautiful Things".

For more information about this event or other Clatsop County Historical Society activities, please call 503-325-2203 or e-mail: cchs@cumtux.org



Fish Tales Seafood Panel Discussion

THE TILLAMOOK BAY WATERSHED COUNCIL, the Tillamook County Pioneer Museum, and the Bay City Arts Center are partnering with Oregon Humanities for a very special panel discussion on

SATURDAY, APRIL 29, 2017 at 1pm at the Bay City Arts Center on 5th Street in Bay City. "Fish Tales: Tillamook Traditions and Challenges" will be facilitated by Jennifer Burns Bright, a food and travel writer from Port Orford, Oregon. Dr. Bright holds a PhD from the University of California, Irvine, as well as a Master Food Preserver certification. She has recently retired from teaching at the University of Oregon and is currently a travel and food writer as well as a community organizer who likes linking local producers with consumers.

Participating local panelists will be Erin Whitney, Food Manager at Pacific Oyster in Bay City, Ray Monroe, a commercial doryman from Pacific City, Jeremy Coon from Tillamook Bay Seafood Inc. in Garibaldi, and Jeff Wong from the Consumer Supported Fishery, also in Garibaldi.

In this interactive conversation, Bright and the panel of seafood experts will explore the conundrum of eating local seafood on the North Oregon Coast. Why aren't we eating more local seafood now that preserving and distribution technologies are the most sophisticated they have ever been? What are the challenges we face in an increasingly globalized market? What traditions would we like to see continue as our community grows and changes? Join us as we delve into our relationship with products of the

sea and cultural traditions.

Through programs like this, Oregon Humanities connects Oregonians to ideas that change lives and transform communities. Their free programs engage community members in thoughtful, challenging conversations about ideas critical

to our daily lives and our state's future. There is no charge for this program but reservations are encouraged as seating is limited. Please call the Pioneer Museum at 503.842.4553 to register or for more information.

• **Jennifer Burns Bright also presents Wednesday, April 12, 2017 at 6:00 pm at the Astoria Public Library, 450 10th Street, Astoria.**

More information about Oregon Humanities' programs and publications, which include Conversation Projects, "Think & Drink," Public Program Grants, and Oregon Humanities magazine, can be found at oregonhumanities.org. Oregon Humanities is an independent, nonprofit affiliate of the National Endowment for the Humanities and a partner of the Oregon Cultural Trust.



Just Released: Fort George KENTUCKY GIRL Bourbon Barrel Aged Coffee Stout

The latest Sweet Virginia Series bottle was released just this April 8 in 67 cases. Kentucky Girl is a roasty, chocolatey, oatmeal coffee stout with a rugged bourbon kick. Brazilian Santa Luzia beans, locally roasted by Coava Coffee Roasters, add rich candy bar notes of caramel and nuts. Chocolate malts, oats, and molasses in the brew lend a sweet, yet balanced flavor. Aged in Kentucky bourbon barrels those qualities blend together beautifully, with a smooth heat on the end. Get it while you can! 1 case per person.

eat the coast

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Sunday, April 2

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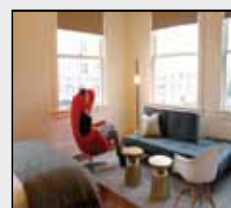
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CLATSOP COUNTY MASTER GARDENER ASSOCIATION

2017 Saturday, May 13 • 8:30am - 4pm SPRING GARDEN SEMINAR & PLANT SALE

Seminar Speakers

- 9am - Climate Change & NW Oregon Gardens by Chip Bubl
- 11am - Dry Farming in the Home Garden by Theresa Retzlaff
- 1pm - Gardening to Save Bee Colonies by Thom Trusewicz

Climate Change — Gardening for the future



Huge Plant Sale! Expert Speakers! FREE Admission!!!!
Garden Vendors! Raffles! Kids' Activities! and more! Clatsop County Fairgrounds

Coming Up at KALA

The **ART** of Resistance
An Ava Group Exhibit
at KALA • Thru May



An Evening w/Author **DIANA KIRK**
Licking Flames: Tales of a Half-Assed Hussy
Friday April 2 • 8pm \$8
Author Celeste Gurevich opens
Complimentary Dessert, Book Signing &
Social follows reading. door @ 7:30pm



Teri Robinett, Untitled

Dusty Santamaria

Friday May 26 • 8:30pm \$7

In support of his new vinyl release
Minor Cult Figure
drawing on Mid Century R&B,
Gospel and Country
Opening: Graham Nystrom
Piano/Guitar/Voice
Door @ 8pm



JAZZ/SCENES

Record Release Show
Friday, May 26, 8pm
John Stowell - Guitar
Jeff Johnson - bass
John Bishop - drums
\$12 @door. opens 7:30pm



KALA • 1017 Marine Drive in Astoria • 503.338.4878

Rally for Water & Wildlife

Wednesday • April 19
Starts @11am



Howl & Buzz at the State Capitol!

Oregon's drinking water,
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