

November 2016 • vol 17 • issue 214

# HIPFISH MONTHLY

alternative press serving the lower columbia pacific region

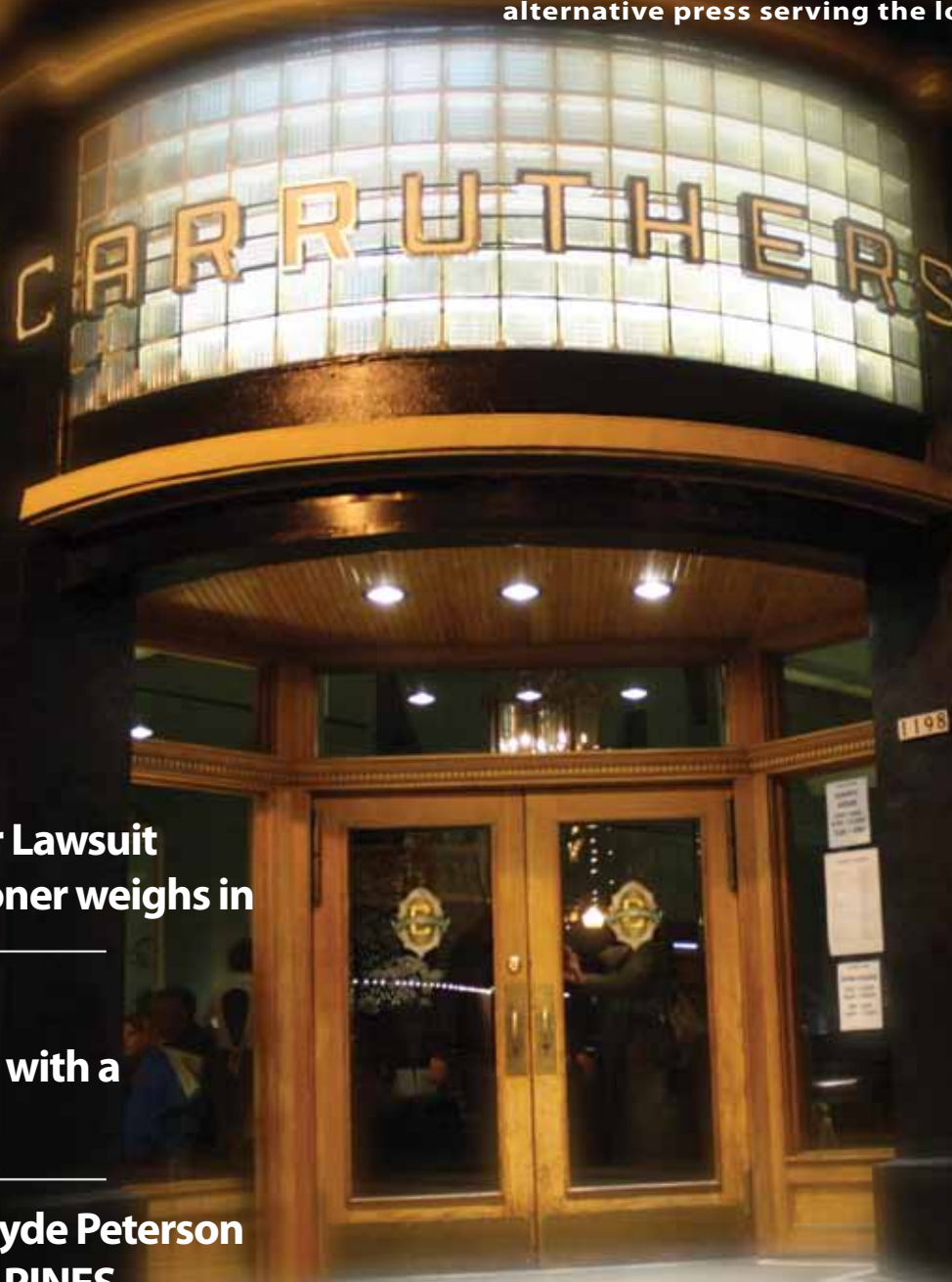
ON THE CORNER OF 12TH & COMMERCIAL  
AN ERA REINVENTED SERVES UP CULTURE  
AT CARRUTHERS IN ASTORIA

**Linn County Timber Lawsuit**  
a former commissioner weighs in

**Blue Scorch**  
Celebrates 10 years with a  
rural dance

**Seattle Animator Clyde Peterson**  
Brings film **TORREY PINES**  
LIVE to KALA

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SEASON ~  
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OFFERINGS  
BUBBLING UP  
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# Torrey Pines

A stop-motion animated feature  
from Director Clyde Peterson

**SUNDAY, DEC 11**  
**@ KALA**

**Featuring a Live Score by**  
**YOUR HEART BREAKS**

**Doors open 6:30pm, Show 7:30pm**

**\$10 @ door/all ages**

**A portion of proceeds benefits the**  
**Lower Columbia QCenter**

**TORREY PINES** is a stop-motion animated feature film by director Clyde Petersen. Based on a true story, the film is a queer punk coming-of-age tale, taking place in Southern California in the early 1990's.

Raised by a schizophrenic single mother, Petersen's life story unfolds in a series of baffling and hallucinated events. With a mother fueled by hallucinations of political conspiracy and family dysfunction, twelve-year-old Petersen is taken on a cross-country adventure that will forever alter the family as they know it.

Just south of Del Mar, CA is Torrey Pines beach and state park, as a child, Peterson lived several blocks from Torrey Pines and spent time there often, boogie boarding, throwing rocks at train cars and counting pelicans.

Handmade, textured and full of life, every object in the film was individually constructed and hand-painted by a team of 7 interns in a small basement studio in Seattle. The film is unique in that it has no dialogue and is driven by visual storytelling and original music.

"This film is for queer punks, trans youth, and people who struggle with mental health issues in their lives. It's for people who grew up without much money and used their imaginations to escape and find safe spaces. It's about being transgender, before you could look that word up on the internet and find others like you," says Peterson.



"When I saw *Torrey Pines* in Seattle at the packed Egyptian theater, the experience was one of the most special and memorable I've had in a movie house. I left the show giddy and overjoyed at being reminded of how truly magical, pure and touching cinema can be. The soundtrack was performed live by an eclectic band of musicians and foley artists. Petersen is taking the film and a smaller version of a band on the road, so you will have an opportunity to view this gem the way it was meant to be seen – larger than life and accompanied by a live score!"

— "Animated Transgender Odyssey 'Torrey Pines' Is The Year's Best Film!" by Wes Hurley, *Huffington Post*



Torrey Pines is both a complete feature film, and a touring theatrical show.

The film has a soundtrack produced by Chris Walla, (Tegan and Sara, Decemberists, Death Cab for Cutie) while the live theatrical version has a score, which debuted in October at Seattle's Queer Film Festival TWIST, performed by the band Your Heart Breaks and special guests, including Kimya Dawson, Lori Goldston, The Beaconettes (an amazing choir from Seattle, Washington), Corey J. Brewer, Chris Looney and Art Petersen.

Now on a US tour, a smaller version of the LIVE band will be featured, Kimya Dawson will be performing with the band in large city venues.

**Sunday, Dec 11, Doors open 6:30, Show 7:30pm, \$10 @ door. Cocktails. All ages, with I.D. please. KALA is located at 1017 Marine Drive in Astoria.**



Clyde Petersen is a Seattle based artist, working in film, animation, music, installation and fabulous spectacle. He is a member of the transgender and queer communities in Seattle. He travels the world with his punk band Your Heart Breaks and hosts a TV show in a small handmade boat in the Washington Park Arboretum. Boating with Clyde features artists from around the world, performing on the waterways of Seattle and can be seen online. Past projects also include the 90-minute multimedia show *Gender Failure* with Rae Spoon and Ivan Coyote.

His work has been featured around the world at the London Lesbian and Gay Film Festival, SXSW, the Henry Art Gallery, the Walker Art Gallery, Portland State University, Western Washington University, Bummer-shoot Arts Festival, Seattle Lesbian and Gay Film Festival and many more. His clients include The Thermals, Kimya Dawson, Laura Veirs, Earth, Minor Alps, Quasi, Deerhoof, Sean Nelson, The Portland Cello Project and Thao with the Get Down Stay Down to name a few. He has been awarded grants for filmmaking from the New England Foundation for the Arts (NEFA), The Neddy at Cornish, the City of Seattle, the Artist Trust Innovator Award, the Awesome Foundation and 4Culture.

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## And now for something dif ... Viva's Holiday

**Star Theater • Portland  
this December**

**VIVA'S HOLIDAY** is a one-act opera based on the memoirs of local stripper and author Viva Las Vegas. The popular show played to full houses in its 2015 premiere and is returning for a six-night run in December 2016. A lyrical story about a young woman on an unconventional path testing the limits of family acceptance during a holiday visit. the opera runs 50 minutes and is written for four singers and a twelve-piece chamber orchestra.

Composer Chris Corbell is a familiar name in the coastal Astoria region, as a one time resident and performing musician. And he recently returned to appear with Heather Christie at the VooDoo Room. Since 2013 Corbell, has facilitated scores of low-key chamber jams, new music gatherings, and small-venue shows, and also acted as artistic director and/or producer for numerous innovative underground-classical performances, in Portland bar venues.

### ABOUT VIVA'S HOLIDAY

Opera has always loved the courageous female character – Beethoven's Leonore, Puccini's Tosca. Viva's Holiday offers a modern hero in this tradition: a bright woman comfortable in her own skin, at once intellectual, rebellious, spiritual, and eager to connect with her family. Drawn from a celebrated Portland memoir, the opera explores the intersection of sex work, filial convention, and self-realization.

When Viva returns home for Christmas, she finds a family torn between care for her and discomfort with her chosen occupation – and the knowledge that self-love may seek an expression at odds with the expectations of her loved ones.

Following a sold-out first run at Portland, Oregon's Star Theater, Viva's Holiday has the makings of a Christmas tradition. Corbell's



**Former Astorian, Musician/Composer Chris Corbell**

music is approachable and multi-faceted, drawn in colors from a palette rich with humor, motivity, and charming lyricism. The libretto – in English, adapted with much care and approved artistic license from its namesake's original account – retains the vivacity of its source text. A 12-piece orchestra accompanies the four singing roles of mother, father, daughter, and son in delivering their moments of intimate comedy, audacity, and poignance.

## This Place: a community conversation about power, place, home, and belonging Friday, Nov 18



"PLACE" is a complicated and powerful idea that informs our identities and the way we live our lives, whether we're talking about the communities we're a part of, the neighborhoods where we live, or the lands that people before us called "home."

This is an opera for friends of opera, but also an opera for the people, thick with the jovial poetry of the American vernacular, rooted in tradition and reaching into rare, impious spaces.

With classical music, privilege is the elephant in the recital hall. As a bright young composition student drawn to the domain but coming unprepared from a lower-middle-class background, Corbell was sensitive to the invisible machinery of exclusion and hierarchy, and disappointed by the ivory-tower cerebralism of academic new music. Ultimately the culture drove him away from the academic world, and he embraced the underground and its wayward path of artistic discovery.

The calling of the music remained however, and he found the perfect forum for an outsider in the Classical Revolution movement's uniquely inclusive Portland incarnation. In 2010 Corbell became enthusiastically involved in the scene that brought performers and composers to a bar once a month and mix it up informally and musically amid conversations and whiskey, mostly free of the hierarchical and pedantic condescension that often characterizes the domain.

Corbell served as Executive Director of Classical Revolution PDX (CRPDX) for two years. During this tenure he also became more outspoken in the community, writing articles for Oregon ArtsWatch and PDXMag, championing a more open and inclusive classical-music culture, and advocating community-focused rather than western-history-focused art.

**PERFORMANCES: Dec. 7, 8, 14, 15, 16, 17, Star Theater, Portland Oregon. Ticket Info <http://cultoforpheus.org/site/vivas-holiday/>.**



This Place is a series of ninety-minute community discussions sponsored by Oregon Humanities happening across the state this fall. One of these discussions will be happening on Friday, November 18 at 6:00pm at the Astoria Public Library-450 10th Street, Astoria.

The discussions provide Oregonians with an opportunity to explore their relationship to the places they've come from and the places they're in now; to consider how communities have lost or gained land and power, and how this has affected people within these communities; to consider the history of neighborhoods, communities, and the state, and how those places have changed over time; and to explore options for meaningful engagement with their places and communities going forward.

Participants will come away from this conversation with a strengthened sense of community support and collective engagement around their exploration of place, as well as a resource list and information to help them continue the conversation.





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### EDITOR/PUBLISHER:

Dinah Urell

### GRAPHICS:

Buggy Bison

Les Kanekuni

Dinah Urell

Michelle Roth

### ACCOUNT EXEC:

Ryan Sheile

### CALENDAR/PRODUCTION

Assistance/Staff Writer: Cathy Nist

### MAGIC WEB WORKER:

Bob Goldberg

Social Media: Sid Deluca

### COVERDESIGN:

Les Kanekuni

## Nehalem Bay Area hosts Winter Farmers Market, Christmas gift fair, and lunches for shoppers

By Victoria Stoppiello

SINCE 2011, several Nehalem Bay area organizations have worked together to publicize and coordinate their holiday fairs. It's become a successful tradition and will continue on Saturday, December 3, with a few changes.

This year there will not be an Alternative Gift Fair in Manzanita. Also, the White Clover Grange will not host its usual holiday bazaar but the Grange hall will be the site of a Winter Market sponsored by the Manzanita Farmers Market and a hot lunch offered by the Grange. But, some traditions continue:

**Nehalem Bay United Methodist Church**, will hold its 46th Annual Christmas Bazaar & Clam Chowder Luncheon, 10th & A Streets, Nehalem, 10am to 4pm. This long-running bazaar includes a silent auction and craft vendors in addition to its traditional components: filled baskets ready for giving, jewelry, pies, bakery & candy shop, handmade crafts, gifts, jewelry counter.

All proceeds from the Methodist bazaar go to the church's charitable work, much of which is right in Tillamook County: Healthy Families, Good News Club, and Marie Mills as well as others in this country and overseas.

**Manzanita Farmers Market** will host a holiday market from 10am to 4pm at the White Clover Grange, 36585 Hwy 53, about 2 miles east of Hwy 101, land-marked by a humorous cow sculpture. This winter market will emphasize locally produced food and gift items. VENDORS INCLUDE:

**Lance's Farm Vittles:** Lamb, chicken, and beef, plus Icelandic sheep wool (roving, yarn)

**Happy Handmade:** all natural and organic skin and body products

**Miss Blackberries Farm:** beeswax candles

**Rinehart Clinic & Pharmacy:** gift raffle plus medical staff present with general health information and blood pressure checks

**CS Fishery:** local fishermen bringing fresh fish and seafood

**Women's Club of Manzanita - North County**

**Trish Peake's** hand knits

**Wild for Lavender** gifts, food products, tea, honey.

**White Clover Grange**

**North Coast Soap Company**

**Roots and Wings Jewelry**

**Tallwoman Tonics**

**Green Fork Farm**, winter vegetables including greens

The White Clover Grange will offer a hot lunch from 11am to 2pm including reuben sandwiches, vegetable soup, vegan chili, cornbread, and pie. The Grange will also raffle off a Christmas quilt and a leg of lamb from Lance's Farm Vittles. The lunch and quilt raffle will benefit the Grange's building maintenance and improvement, including this fall's window restoration projects.

.....

## Estuary Partnership Seeks Public Help to Locate Marine Debris in the Lower Columbia River

THE LOWER COLUMBIA Estuary Partnership seeks help to identify and map small to medium scale marine debris in the lower Columbia River from Bonneville Dam to the mouth of the river. Marine debris can harm fish and wildlife habitat, affect water quality, and impact human safety. The Estuary Partnership is undertaking this effort to identify and map marine debris, assess the extent of the problem along the lower Columbia River, and determine what can be done to remove the debris from the river and its shoreline. Marine debris can be reported on the Estuary Partnership's website at <http://www.estuarypartnership.org/marine-debris-submittal-form>.

Debris may include small abandoned boats, large tires, drums, and old machinery – anything that does not belong along or in the river. This inventory will not track large abandoned ships greater than 35 feet which are classified as derelict vessels and are tracked by the US Coast

Guard and others. To date, the Estuary Partnership has mapped more than 100 marine debris locations between Kalama and Portland.

"There are hundreds of miles of shoreline and back channels along the lower river," said Estuary Partnership Executive Director Debrah Marriott. "We're hoping people can keep their eyes open for marine debris, and let us know if they see anything. We want to better understand the extent of the problem and we know people out on the river every day will be a great help."

To report debris, please note the type and size of debris; document location, including GPS coordinates if known; and take a picture, if possible, to upload on the Estuary Partnership's marine debris page. The Estuary Partnership's marine debris page also includes a map of currently known debris in the lower river.

## Friends Help Musician and Malternative Owner Pierce Christie



BELOVED Astoria cultural Icon, Mr. Pierce Christie recently suffered a stroke, and community members are responding. Christie, is the owner/creator of Malternative, a great shop that keeps musicians and music lovers in equipment, records, videos, and all the cool cultural paraphernalia to fit your life style needs.

Pierce Christie is also a drummer who began his career with Astoria's coolest young hippie rockers in the early 70's, Mother Hubbard's Wonderland Band, starring other famous Astoria musician stock.

Christie is the son of Peg and John Christie, the father of folk rock musician Heather Christie and brother to country swing musician Retta Christie, and rock musician Peter Christie.

Heard to be making improvements, folks have the opportunity to help Pierce along the way to recovery and his loss during this illness.

### • A PIERCE CHRISTIE BENEFIT WITH THE COLUMBIANS AND SPECIAL GUESTS AND SILENT AUCTION

The Merry Time Bar & Grill 995 Marine Drive, Astoria  
FRIDAY AUGUST 18TH. Silent Auction 7-9pm. Entertainment at 7:30

Suggested donation \$5-\$10 at the door. All proceeds from the door, silent auction, and from the sale of Pierce's favorite drink (a greyhound) will go directly to Pierce Christie's daughter Heather to help with costs associated with his recent stroke. Local businesses throughout Astoria have generously donated gift certificates and items for a silent auction to be held 7-9pm.

### • CHRISTIE PALOOSA • BENEFIT FOR PIERCE

Pagan Pancakes, Kevin Violette Experience, Trixie Trio, Christie & McCallum, The Offenders.  
SATURDAY, NOV 26, 6-11pm, at the Moose Lodge, Donation at the door.

**READ: Standing Rock and Imperialism Itself**  
By Gary Leupp pg 10





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*"women have been central to the environmental movement and our understanding of ecology since its earliest stirrings and fragile beginnings in the 19th century"*  
Excerpted from "Rachel Carson and Her Sisters" by Robert K. Musil



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SINCE THE BUSH II ADMINISTRATION, under the influence of neocons Vice President Cheney and Defense Secretary Rumsfeld, invaded Iraq in 2003, the American empire has claimed the right to preemptive invasion and "regime change." This doctrine is a further development of previous US claims

Avoiding head on confrontation with the Soviets or Chinese during the Cold War and the possibility of nuclear war, the US fought proxy wars with the communists, the longest and most traumatic, in Vietnam. The last war fought with draftees, it was also the last to produce a multi-generational peace move-

ment, together with a cultural upheaval that their Wall Street allies. Now in key positions in the defense and foreign policy establishment, neocons seek unrestricted access to the earth's dwindling resources. Rather than viewing other great powers as partners to create a sustainable planetary way of life, they view them as competitors and adversaries in cornering the world's remaining resources. Neoconservatism views the other great nuclear armed powers, Russia and China through a one-dimensional militarist lens.

In service to material ends, neocons have readapted imperialism to justify preemptive war against countries they deem any

level of "threat." Their real purpose is to seize resources, while further projecting power. Countries whose leaders want to control their own resources thus often find themselves in US gunights. Neocon operatives have produced coups and "color revolutions", which have often produced chaos in former Soviet bloc countries and republics in Eastern Europe, such as Ukraine, as well as in Middle Eastern oil states.

Under neocon influence both major political parties have supported US invasion and devastation of Iraq and Libya in particular, killing over a million and creating a massive refugee crisis. And now they call for "regime change," in Syria. The Assad government there is allied to Russia and Iran, neocon designated enemies. But the underlying issue is the routing of a fuel pipeline. Siding with Jihadist rebels, neocons again demand "regime change," against a secular government.

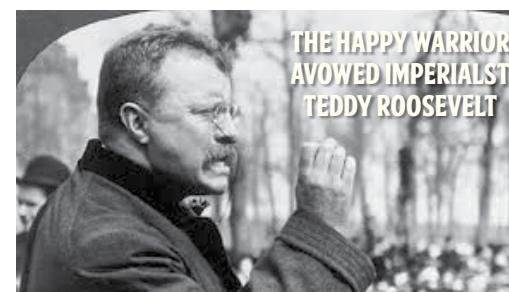
Regime change is a euphemism for waging aggressive war, condemned at the Nuremberg Tribunal, which tried the Nazi war criminals at the end of World War Two. The Assad government has drawn in Russian air power to fight the Islamists. And China has recently joined Russia in a support capacity. In testifying before the Senate Armed Services Committee and asked about creating a no-fly zone in Syria, which Mrs. Clinton strongly supports, Chairman of the Joint Chiefs of Staff, Marine General Joseph Dunford stated it would "require us to go to war, against Syria and Russia. That's a pretty fundamental decision that certainly I'm not going to make." Do Americans really want to trigger a likely nuclear Third World War? I seriously doubt it.

## Regime Change and Empire by Stephen Berk

of right to invade countries and alter their governments begun in the 1898 Spanish American War. At that time, the McKinley administration claimed to be liberating the Cubans while leaving them free to govern themselves; but then Congress passed the Platt Amendment, in which the US claimed the right to intervene militarily in Cuba whenever it served our interest. Thus, the US retains a military installation and notorious prison camp at the best Cuban harbor, Guantanamo Bay.

When avowed imperialist Teddy Roosevelt became president after McKinley's assassination, he added the "Roosevelt Corollary," to the Monroe Doctrine, claiming US hegemony in the Western Hemisphere. To this day, any Latin country nationalizing resources and redistributing wealth downward, risks US intervention to protect its business interests, from United Fruit bananas in Guatemala to Kennecott copper in Chile. Since World War II's end, intervention is generally done through CIA covert ops and organizing opposition to overthrow socialist governments, often killing many in the process.

During the Cold War, the CIA acted frequently against "non-aligned" countries, claiming independence of both the Soviet and Western blocs. One thinks of US covert ops replacing the Congo's Lumumba, and Indonesia's Sukarno with murderous dictators willing to cater to American corporate interests. The Cold War occasioned the building of many US bases abroad to project power under the banner of "containing" communism. Thus was facilitated tremendous growth of US international corporate interests under military protection. Such policy was expensive, leading to outsized "defense" budgets which increasingly short-changed domestic needs.



questioned suburban consumerism and the overall acquisitive American way of life. But almost as soon as the peace movement and "counterculture" arose and challenged reigning Cold War ideology, so too did one to counter it, reasserting the virtues of "democratic capitalism."

In think tanks like the Rand Corporation and Hudson Institute "neoconservatives" strategized US global hegemony, and in political magazines like Commentary they attacked peace activism and countercultural expression. When the Soviet Union broke apart and the Cold War ended with both Russia and China going capitalist, the neocons retained their militant posture, seeking a "benign" American worldwide imperium. They saw the world as necessarily unipolar, with the US as the one superpower, having the right to police the planet in its own interest.

Unlike more progressive activists, neoconservatives pay scant attention to the growing environmental and climate crisis. Their commitment remains to the consumer economy, run on fossil fuels and computer technology. The idea of powering down, decentralizing and creating a less energy intensive way of life is anathema to these technocrats and



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## Albatrosses of the Oregon Coast

Oct 13

Manzanita, Oregon – Albatrosses have been described as “the most legendary of all birds,” holding a special place in maritime lore and superstition such as in Samuel Taylor Coleridge’s *The Rime of the Ancient Mariner*. The true story of the albatross is even more enthralling. Join the Lower Nehalem Watershed Council welcoming Ted Chu, wildlife biologist and Council Board Member, as the featured presenter for the next Speaker Series event. Chu had the brief opportunity to volunteer on the Midway Atoll albatross nesting grounds where Black-footed and Laysan albatrosses that forage off the Oregon coast return each year to large breeding colonies. The slide presentation will highlight these iconic birds. As a special door prize, Chu will be giving away a signed copy of Carl Safina’s book *Eye of the Albatross*.

The presentation is held at the Pine Grove Community House, 225 Laneda Ave, in Manzanita. Doors open at 6:30 pm for refreshments. The presentation will start at 7:20 pm following an update from Lower Nehalem Watershed Council at 7:00 pm.

Event Information: Refreshments and snacks will be served. This event is FREE and open to the public. Find more information on our speaker series on our Facebook page (<https://www.facebook.com/lwnc1>).

November 10 at Pine Grove Community House (225 Laneda Ave, Manzanita). 6:30 PM Doors open – Refreshments. 7pm Council Updates. 7:20pm Presentation



Wisdom  
the Laysan albatross  
tending her chick  
in February 2016.  
Wisdom is the  
oldest known bird in  
the wild at 65 years old  
(possibly even older).  
Photo Courtesy of Midway  
Atoll National Wildlife Refuge.

## Return of the Salmon Celebration Gather with Friends and Neighbors Saturday November 19

Enjoy a Potluck Dinner Welcoming the Salmon Home. This free event celebrating the annual fall salmon spawning run will take place at the Cannon Beach Community Hall, at 2nd and Spruce, beginning at 6:00 pm. Please bring a favorite dish and your own place settings. Please plan to wait until after the blessing to serve yourself.

Hosted by the Ecola Creek Awareness Project. Information: [ecola\\_watershed@yahoo.com](mailto:ecola_watershed@yahoo.com) or call Susan at 436-2586



## The Agent Orange Legacy in Oregon Forests Rober Dorband Talk • November 12

ROCKAWAY BEACH CITIZENS for Water Protection present noted photographer and environmentalist Roger Dorband, presenting a compelling talk about “The Agent Orange Legacy in Oregon Forests.” The talk is followed by Q&A session and specific guidance on taking action through writing and community activism.

The goal of RBCWP is to fight for and protect access to safe, clean water and air for Oregon coastal communities. Mr. Dorband will share how he got involved in exposing the impacts of forest practices, especially the pesticide spraying that is done after clearcutting. Time for questions and an open discussion of the issues will follow. Roger will also teach us how to write effective letters to newspaper editors and legislators to bring about positive change. A short RBCWP business meeting will follow. Light refreshments available.

Please join us! For more information, email us at [rockawaycitizen.water@gmail.com](mailto:rockawaycitizen.water@gmail.com) and check us out online at <https://www.facebook.com/rockawaybeachcitizens> and <http://www.saveshortsands.org>

Roger Dorband is a native of Grants Pass, Oregon where he grew up on the Rogue River. He received a bachelors degree in psychology from the University of Oregon before earning a second degree in fine art from Portland State University. In collaboration with renowned author Ursula K. LeGuin, Mr. Dorband’s black and white photography was published in “Blue Moon Over Thurman Street.” He also published “The Rogue, Portrait of a River” and “Out Here” a second collaboration with Ms. LeGuin.

Roger Dorband has recently contributed a series of articles to HIPFISHmonthly. The May 2016 edition he wrote “A Forest for the Trees” as a letter to Bernie Sanders, summarizing current industrial forest practices in Oregon and the resulting negative impacts. In the August 2016 edition he wrote “So Close to Home: A Forest Becomes a Clearcut and a Knappa Couple Grieves” and in September and October he wrote the two-part series “Oregon’s Shame: Agent Orange in the Oregon Forests.” Check it out at <http://www.hipfishmonthly.com>

**Saturday, November 12, 10am, St. Mary’s by the Sea Catholic Church, 275 S. Pacific St., Rockaway Beach**

## NATURE MATTERS

### Join NCWA for a talk by Daniel Bottom on Estuary Restoration and Salmon Recovery at the Fort George Brewery.

JOIN NCWA for a talk by Daniel Bottom on Estuary Restoration and Salmon Recovery at the Fort George Brewery.

Widespread salmon decline and the listing of many stocks as threatened or endangered have intensified habitat restoration activities to promote salmon recovery and maintain viable populations and fisheries.

In recent years, watershed restoration efforts have expanded into many Oregon estuaries, including the Columbia River estuary, where widespread diking and filling has eliminated most of the shallow, off-channel rearing habitat that was historically available to downstream migrating juveniles.

Estuary restoration efforts take for granted that salmon populations are resilient and will respond favorably if wetland rearing habitat is restored, yet few case studies are available to directly validate this assumption. One important exception is a long-term research program in Oregon’s Salmon River basin where a sustained restoration effort during the past 4 decades has re-established juvenile salmon access to ~3/4 of the estuary’s historical tidal wetlands. In response, juvenile Chinook and Coho Salmon now exhibit a diversity of estuary-associated rearing behaviors (i.e., life histories) that were not apparent in either population when most of the estuary’s wetlands were diked.

Increased life history diversity not only strengthens the resilience of salmon populations to disturbance. It

also contributes directly to salmon production. Up to 75% of the adult Chinook and 20 - 35% of the adult Coho now returning to spawn in Salmon River are the survivors of juveniles whose life histories are directly tied to the restored estuarine marshes. The Salmon River results have important implications for habitat restoration and salmon recovery programs in the Columbia and other estuaries throughout the region.

Dan Bottom served as a fishery research biologist and project leader in state and federal government for 38 years, including 22 years with the ODFW Research Section in Corvallis and 16 years with NOAA’s Northwest Fisheries Science Center in Newport, Oregon. At NOAA Dan led an interdisciplinary research team investigating the ecology and life histories of juvenile Chinook salmon in the Columbia River estuary. In 2011 he co-authored an Oregon Sea Grant book examining the conservation future of Pacific Salmon species, *Pathways to Resilience: Restoring Salmon Ecosystems in a Changing World*. Dan retired from federal service at the end of 2015. He continues serving as a member of the Expert Regional Technical Group for the Columbia River estuary and as Courtesy Faculty at Oregon State University.

Doors open at 6 p.m. The program is free. Nature Matters is a program from the North Coast Watershed Association and Lewis and Clark National Historical Park

### Columbia Under the Microscope

Join Riverkeeper’s Liz Terhaar and three local scientists for “Columbia Under the Microscope,” presentations about cutting edge research on pollutants and pharmaceuticals in the Columbia River - from 6:00-7:00 pm, at the Blue Scorchers Bakery. Event is free and open to all ages, with food and drinks available for purchase. Thursday, November 10



**THIS WAY OUT**  
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*This Way Out marks almost 30 years on the air!  
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## Lower Columbia Q Center Meeting

**Astoria Armory - 1636 Exchange Street Astoria, 3rd Wednesday of the month, 6pm-7pm**

Attention all LGBTIQ community members and allies! We meet at the Astoria Armory to discuss the great strides we have made in our efforts to build awareness, community, educational opportunities and pride, as well as future endeavors to increase safety, visibility and support services in Clatsop County and beyond. Something often said in the LGBTIQ community is that "we get to choose our family". We want to extend a welcome to the people of the Lower Columbia Region to join our family.

Mission: The Lower Columbia Q Center is a safe and welcoming resource and peer support service for the LGBTIQ community, friends, family, and allies of the Lower Columbia Region.

## Lower Columbia Gender Alliance/Trans Support

The Lower Columbia Gender Alliance holds peer support group meetings on the third Thursday of each month. Meetings are open to transgender, gender queer, questioning and family members or partners. Meetings will be at 6:30 pm at the Q center. For Information call Jeralyn O'Brien @ 503-341-3777

**Over the Rainbow Radio Show on KMUN 91.9 Every 3rd Wednesday 8:30 - 1030pm**

**LCQC Choir meets every Tuesday 7-8:30pm**  
Contact [LCQCAstoria@gmail.com](mailto:LCQCAstoria@gmail.com).

**Coming this Fall. Youth and Young Adult Social groups for LGBT Youth 15-18 and Young Adults 18-25**

**2nd Wed each Month. Open LBGTQ Friends and families peer support group 6-9pm. Everyone Welcome.**

On the web: [LCQCAstoria.org/facebook](http://LCQCAstoria.org/facebook)  
[LCQCAstoria@gmail.com](mailto:LCQCAstoria@gmail.com)

## Monthly LGBTQ Events in Lincoln County

- 1st Wed of ea. month, 7pm is Trans Parents Coffee Hour at the Chalet in Newport.
  - 2nd Tues. ea month, 4pm is LGBT+ & Allies Happy Hour at Georgie's in Newport.
  - 2nd Wed. ea month - 6pm to 7:30pm PFLAG Group at St. Stephen's at 9th and Hurbert in Newport.
  - 4th Sun of ea month, 11am is OUT OR Coast Women's Coffee at Cafe Mundo in Newport.
- To connect with Oregon Central Coast Chapter of PFLAG, call (541)265-7194, email: [pflagocc@gmail.com](mailto:pflagocc@gmail.com)

## Measure 97's defeat underscores need for corporate tax transparency

By Chuck Sheketoff executive director  
Oregon Center For Public Policy

NOVEMBER 8, 2016, will be remembered as a dark day in Oregon history. An avalanche of corporate money buried with misinformation the best chance in over two decades to finally confront the chronic underfunding of our public schools and other public services. Corporate money won; the people of Oregon lost.

The defeat of Measure 97 underscores the need to change the climate for meaningful tax reform in Oregon, and the starting place is disclosure of corporate taxes.

We know that corporations as a group are getting away with paying far too little in income taxes, but we have no way of knowing which corporations are the worst tax avoiders and which tax loopholes they use to pay nothing or next to nothing in taxes.

Once Oregonians can see for themselves which corporations are paying their share in taxes and which are not, we're confident the political climate will support the necessary reforms so that Oregon is no longer at the bottom of the pack in business taxes.

Publicly traded and large corporations doing business in Oregon -- all of which benefit from our schools, public safety and other public structures -- should be required to disclose with the Secretary of State information about their federal and state tax liabilities, how they determine their Oregon profits, and which special tax provisions and accounting gimmicks they use to lower their tax bills.

Corporate tax transparency, and the impetus for tax reform that disclosure would unleash, cannot come too soon. Oregon is staring at a \$1.4 billion budget hole for the upcoming budget period. This threatens further setbacks for Oregon public schools, the cutting of safety lines for Oregon's poorest families, and other painful cuts in services.

Oregon lawmakers must not let this happen. In addition to requiring transparency of corporate tax information, the legislature needs to take some steps toward requiring corporations to pay their share. This means that lawmakers must begin with a hard look at the plethora of ineffective and inefficient tax subsidies and loopholes that contribute to our fiscal problem and let powerful corporations off the hook for paying taxes. A majority of the legislature needs to close them.

Without question, the defeat of Measure 97 is a serious setback for the many Oregonians who yearn for an education system that provides all children a quality education, and public services that support the vulnerable and provide opportunity for all.

For those looking for a path forward, corporate tax disclosure is the change that will make it possible to reform the system.

The Oregon Center for Public Policy ([www.ocpp.org](http://www.ocpp.org)) is a non-partisan, non-profit institute that does in-depth research and analysis on budget, tax and economic issues. The Center's goal is to improve decision making and generate more opportunities for all Oregonians.

**CLATSOP COUNTY DEMOCRATS MEET** fourth Monday of each month at 7pm. Doors open at 6:30pm, at the Astoria Yacht Club, located on the second floor of the building immediately to the east of the former Astoria Riverwalk Inn and above Tiki Tours. Access is by the external staircase on the north/beautiful Columbia River side of the building overlooking the West Mooring Basin. [www.ClatsopDemocrats.org](http://www.ClatsopDemocrats.org)

**PACIFIC COUNTY DEMOCRATS**  
2nd Mondays, 7pm, North County Annex  
1216 Robert Bush Drive, South Bend, WA

## CREATE • Nov 17

**Columbia River Estuary Action Team**

**Save the date:** Meets Thursdays at the Blue Scorchers in Astoria, at 6-8pm. CREATE is the Columbia River Estuary Action Team, working on forests, salmon, ports and plants, and an exciting array of other issues we estuary-ites care about. CREATE is the group emerging from Columbia Pacific Common Sense. CREATE's coordinators, are Kathleen Zunkel, of Warrenton, and Roger Rocka, of Astoria. All interested welcome. Special Event this month. Oct 20, BEYOND TOXINS @ KALA. See pg3.



# CLEARCUTS AGAIN, AND AGAIN . . .

They say that a picture is worth a thousand words.

How many acres does it take to cut down a thousand trees?

## Linn County Timber Law Suit

*we're listening, but what are we hearing?*

Oped/By Helen Westbrook

On March 10, Linn County filed a \$1.4 billion lawsuit against the State of Oregon. What's it all about? Linn County claims they and fourteen other counties, including Clatsop, are owed hundreds of millions of dollars because the State has not pursued adequately aggressive industrial timber harvest in our State Forests to max out revenue. This point of view clearly shifts the balance of value away from ecology, fish and wildlife, recreation and water resources in favor of the economic interests of the counties and especially of the timber industry. So this is the back pay Linn County calculates the counties are owed, along with a significant increase of clear-cutting and pesticide spraying going forward.

**Background:** After the Depression in the 1940s, many private owners had stopped paying taxes on their burned and cut over forest lands that were virtually worthless at the time, and the lands reverted to the counties. The lands needed extensive restoration and, as the Linn County lawsuit notes, the lands were a "financial burden on the counties" because the counties were stuck paying for fire protection and management costs. So the counties deeded the lands to the State through the newly created Oregon Department of Forestry. Once the state received the land, it began providing fire protection, replanting and management.

The Clatsop State Forest is big: at 147,000 acres, it comprises around 20% of land in the whole county. While the Clatsop has only half the acreage of the Tillamook State forest, Clatsop forest brings in more revenue because trees grow better in our productive soils and gentler terrain.

**What does the law say state forests are for?** State law requires the forest lands to be managed for the "greatest permanent value" of the people of Oregon. The law does not specify a primary use for the forest. The law that allows state acquisition of forests notes the purposes of "watershed protection," "erosion control," and "recreation" as well as "forest crops" ORS 530-010(1). Over the years, science has established that intact forests play a key role in provision of clean drinking water, clean air, carbon sequestration, rich productive soil, fish and wildlife habitat, recreation and flood control among other values. The economics of harvest are a very important piece of the balance that we want to achieve, while the other values are critical but not so easy to state in monetary terms.

**Timber Industry's Lawsuit.** The Linn County lawsuit turns out not to be Linn County's lawsuit after all. Documents filed by the State of Oregon clearly demonstrate that this litigation

was developed and is being funded by private timber interests (Stimson, Hampton and timber lobby group Oregon Forest Industries Council). Submissions that the plaintiff Linn County was required to make to the courts in support of its suit clearly show that attorneys fees to date, and projected through class action certification, have been and will be, paid by timber companies and timber interest groups. While agreeing to fund the suit through the class action certification phase, the timber interest parties also laid out the strategy for the litigation effort. The State concludes that "Linn County is, in essence lending its name to a litigation strategy and case design already developed by private industry groups and to a case that has been framed to advance their interests." Are we shocked that this suit was designed, bought and paid for by the industry that stands to make the most money from it!?

**Questionable Claims.** The Linn County suit claims that since 1998, the Oregon Dept of Forestry has placed greater emphasis on forest uses such as recreation and fish habitat, thereby causing Linn County forest revenues to decline. Linn County claims that reduced state timber harvests have had "devastating effects on local communities" and caused the unemployment rate to "skyrocket." This seems highly unlikely, given that state forest harvest in Linn County tripled following the adoption of the 1998 rule, compared with the ten years prior. Linn County's suit is a class action suit, so Linn purports to speak for Clatsop and other counties. The hidden issue of the fiscal shortages of the counties is their ever increasing operational costs. Economists have said the limited timber resource is a short term, not a long term, solution. The counties and State have had almost two decades since implementation of the "greatest permanent value" rule to find a balance of forest values and to identify alternative revenue sources for the counties.

**County Commission's Role.** Clatsop County has a crucial role to play in the current forest discussion. But, unfortunately, our Commission has been silent where our voice could count most, at the Forest Trust Lands Advisory Council that makes recommendations directly to the Board of Forestry. The Clatsop County forest representative has allowed Tillamook and other county commissioners to dominate the conversation. If Clatsop spoke up for a balanced plan, we could show that not all counties want to see more intensive clear-cutting, habitat destruction and pesticide use.

On October 7th, a Linn County Circuit Court judge granted class action status to this lawsuit. Counties that do not want to see our state forests turned into industrial tree farms have the opportunity to opt out of the lawsuit. If a county takes no action, it will automatically be included as a party in the suit against the State, implicitly supporting devastating practices



on our public forests. Additionally, the nearly 150 taxing districts within the 15 state forest counties will each have to make the choice of remaining participants in the lawsuit or opting out.

In the meantime, the real question is this: What do our county commissioners think? Do they grasp the significance of the role that healthy forests play in provision of clean drinking water, clean air, carbon sequestration, rich productive soil, fish and wildlife habitat, flood control? Or do they prefer massively increased clear-cutting, habitat destruction and increased pesticided applications in our county? Do they? Can't tell you....they've had nothing to say.



The machine with the jaws -- a feller buncher, a piece of technology that put hundreds of men out of work in Oregon.

Helen Westbrook is a 28 year resident of Clatsop County, currently residing in Astoria. Previously, as a resident of south county, she served two terms on the Clatsop County Commission



**THE DAKOTA ACCESS PIPELINE** was originally scheduled to cross the state of North Dakota north of Bismarck, the state capital (pop. 70,000). But then the route was shifted 40 miles south, to the south, to pass by the Standing Rock Sioux reservation (pop. 8200). This is sovereign territory of the Sioux, whose reservation straddles North and South Dakota and whose members include Hunkpapa Lakota and Yanktonai Dakota.

The Sioux are a nation of about 170,000 people, divided linguistically into the Lakotas, Dakotas and Nakotas concentrated in what are now North and South Dakota. We know that there were some in

## Standing Rock and Imperialism Itself

By Gary Leupp

what is now either Wisconsin or Minnesota in 1660 because French traders met them and recorded the encounter. They may have advanced into the Dakotas only after that.

(I mention these details only to suggest that the Sioux have not “always” been in their current zone. Native American tribes—like Germanic, Celtic, Slavic, Turkish or Bantu tribes elsewhere—migrated and settled over time, and sometimes reached a new territory simultaneous with the first Europeans’ arrival.

For example: the Apache may have migrated into what is now the U.S. Southwest some 500 years ago, just as the Spanish conquistadors were arriving. Since they spoke an Athabaskan language, it seems likely that they descended from people who had lived in Alaska 500 years earlier. They had wandered a long way from home.

The Inuit, who originated in Siberia over 10,000 years ago, entered Alaska’s North Slope around 3000 BCE and started spreading out throughout the islands of the Canadian Arctic Peninsula around 1000 CE reaching Greenland in a short time. They arrived on that large island around the same time that the Scandinavians did. Both had come a long way. We should always question the “My people have always been here” allegation. The native/settler dichotomy is simplistic. We all come from somewhere else.)

The Standing Rock Reservation’s boundaries are defined by the Fort Laramie Treaty (or Horse Creek Treaty) of 1851, which exchanged Sioux recognition of “the right of the United States Government to establish roads, military and other posts, within their respective territories” on their territory for a U.S. commitment “to protect the

aforsaid Indian nations against the commission of all depredations by the people of the said United States, after the ratification of this treaty.” They are confirmed by another treaty signed in 1868.

Back to the Dakota Access Pipeline. According to the *Bismarck Tribune*, the route was changed due to concern that the DAPL, built by Sunoco and projected to send 500,000 gallons of oil every day from North Dakota to Illinois, would endanger the water supply to the city’s residents.

(These by the way are 92% white, 4% Native American, 4% other. Full disclosure: my father was born and grew up and was raised in North Dakota, as was his father before him. I visited Bismarck multiple times in my childhood. One of my mother’s brothers worked in government there. It is a very white place.)

The water issue is the first issue (of two) raised by those protesting the DAPL raise. The Missouri River that constitutes the reservation border is the people’s only source of water. (Specifically, Lake Oahe, which is a large swelling within the river straddling the two Dakotas.) It is at present quite pure. The pipeline will flow beneath it. The Army Corps of Engineers has assessed that it will pose no threat to the water, but the people point to reports that pipelines leak. The Standing Rock Sioux are arguing in court that the pipeline directly violates the tribe’s rights as a sovereign nation because it will hurt its drinking water resources.

Quick Google search: AP reports that from 1995 to the present, there have been over 2,000 significant accidents involving oil and petroleum pipelines in this country, producing billions of dollars in damage. Incidents rose from 2006 to 2015 by 60%. From 2013 to 2015, an average of 121 accidents happened every year. The Yellowstone River pipeline leak spilled 50,000 gallons of oil into the Glendale, Montana water supply in March 2015. 6000 residents were for a time instructed not to drink the water, like Flint residents were in 2014, although that involved a different poisoning issue.

Just check out Wikipedia’s list of pipeline accidents in the U.S. in the 21st century.

It includes this entry: *In January [2005], a Mid-Valley owned and Sunoco operated pipeline ruptured, spilling 260,000 US gallons (980,000 L) of oil into the Kentucky and Ohio rivers. The U.S. Environmental Protection Agency fined the companies \$2.5 million for the spill.*

In other words, the Standing Rock Sioux have good reason for concern about the quality of

their environment and health at Sunoco’s hands, and for outrage at the manner in which the Army Corps of Engineers conducted its environmental impact assessment. And the very fact that the route was shifted south from Bismarck to Indian Country precisely due to fears about water contamination—what is this but unbridled racism?

The second issue is that of sacred burial sites. This might seem less important, especially to the irreligious outsider. But the ongoing protest observances conducted by representatives of many tribes in North Dakota involve many religious practices related to identity: sacred songs and dancing, prayers, peace pipes, sweat lodge meetings, water protection rituals. They believe strongly in the appropriate handling of the burial grounds.

This does not mean demanding respect for the boundaries of a discrete cemetery site but rather the recognition that a broad swathe of sovereign land long used for burial purposes is off-limits from (to quote the treaty again) “depredations by the people of the...United States” such as typically accompany these projects. It seems reasonable to demand that recognition for burial sites, especially some of the most infuriating and provocative actions of the U.S. in relation to native peoples have involved the treatment of the latter’s remains.

The National Park Service recently built a \$ 3 million boardwalk over native sacred burial sites and spent tax dollars damaging 78 such sites. It built over 200 sacred mounds without doing any impact analysis and, according to a Congressional report “know what they were doing was wrong.” And there’s a long history of the theft and exploitation of Native Americans’ remains. Doesn’t Yale University’s Skull and Bones Society still boast that it acquired Geronimo’s skull in the 1910s?

The Cheyenne River Sioux Tribe has accused pipeline goons of “knowingly destroying sacred sites.” So this, too, is reason to oppose DAPL. But the main reason for opposition is not water



Photo by Jeffrey Putney | CC BY 2.0

purity, nor even respect for one’s ancestors, but the Sioux tribes’ aspirations for sovereignty, on land assigned them by violated treaties, as they come up against capitalist imperialism itself.

Why are the treaties so violated, still? Isn’t it all about private property, oil profits, indifference to the environment, inevitable state support to the biggest property-owners—that is to say, isn’t it all about the system itself? Which we all, in our different ways, oppose?

It was beautiful to see in Cannon Ball, North Dakota, the largest gatherings in recent times of representatives of native peoples from many tribes, and many allies from many places and movements, in defense of their rights. As it happens, the movement to stop DAPL dovetails with the burgeoning Black Lives Matter Movement and the networks formed out of Occupy Wall Street and the disillusioned Bernie campaign. Young people of all ethnic backgrounds are realizing that capitalism and imperialism suck, and that the shameful history of slavery and racism needs to be recognized and repudiated.

Add to this the realization that Native Americans are rallying against Big Oil and in so doing benefiting all of us. And then imagine an anti-war, anti-Hillary movement that channels the energies of these several movements for economic justice, racial justice and native rights into a revolutionary movement focused on the real problem of imperialism itself, which the new president will likely personify.

Gary Leupp is Professor of History at Tufts University, and holds a secondary appointment in the Department of Religion. He is the author of *Servants, Shophands and Laborers in in the Cities of Tokugawa Japan*; *Male Colors: The Construction of Homosexuality in Tokugawa Japan*; and *Interracial Intimacy in Japan: Western Men and Japanese Women, 1543-1900*. He is a contributor to *Hopeless: Barack Obama and the Politics of Illusion*, (AK Press). He can be reached at: gleupp@tufts.edu



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## FOCUS MUSIC

Hey Loretta! • Nov 12-13

### A Musical Tribute to the Coal Miner's Daughter



A TALENTED GROUP of Oregon musicians paying tribute to Loretta Lynn have been touring points in Oregon this fall. Fronted by the popular Portland folk-country songstress Mary Rondthaler, the five-piece band will perform two 45 minute sets featuring the songs of country music legend Loretta Lynn. Also known as the Coal Miner's Daughter, Loretta wrote many of her own songs and has been dubbed the Queen of Country Music throughout her five-decade career. In 1972, she was the first woman to be nominated and named Entertainer of the Year by the Country Music Association and the only woman ever to be awarded the CMA Artist of the Decade for her inspired work throughout the '70s. The show title "Hey – Loretta!" is taken from a tune by Loretta Lynn, recorded in the 70's.

Rondthaler has spent many years honing her craft around the Portland music scene. She's performed and recorded

with George Chudacoff, Suc-cotash, The Sagebrush Sisters and The Rocky Butte Wranglers. She can be seen regularly singing country and western songs with the Wranglers at nightclubs around the Northwest, as well as with The Sagebrush Sisters, a three-piece cowgirl swing band. Mary is well known for her knack of picking great unknown songs from the repertoires of many legendary country music artists.

The band features three graduates of Oregon State who studied music under Professor Neal Grandstaff, widely known for his lifelong contribution to music performance and education. They

are Justin Schepige on bass, Tommy Brownson on drums and Erik Crew on lead guitar. On pedal steel guitar is veteran Nashville touring pro and session player Gary Thorsen, who toured with Loretta's twin daughters, The Lynns. He's worked for many other country music greats, including Tanya Tucker. Gary is locally known for his inspiring work in the musical show "Who's Gonna Fill Their Shoes?" and with the Opry West at The Little Theater by The Bay in North Bend. The show title "Hey – Loretta!" is taken from a tune by Loretta Lynn, recorded in the 70's.

**Saturday, Nov 12, 7pm, Sunday Nov. 13, 2pm. At the CCC PAC, 588 Franklin in Astoria. Advance Tickets available at the Rusty Cup, 1213 Commercial in Astoria [www.hey-loretta.com/tickets](http://www.hey-loretta.com/tickets). Bring a non-perishable food donation to the door for a \$2 off day of show price.**

## 2017 SONGWRITING CONTEST CALL FOR ENTRIES

BAY CITY, OREGON: The Bay City Arts Center is soliciting entries for its Oregon Coast Songwriting Contest.

The contest is open to all ages and genders everywhere, Arts Center vice-president Joe Wrabek said. "The goal is to showcase—and reward—good writing." Finalists will be invited to perform on stage, and one will be awarded a \$500 prize.

The official call for entries takes place Saturday, November 5, the day the Arts Center celebrates Marie Antoinette's birthday. Entrants are asked to submit recordings of three original songs, along with a \$30 entry fee. The deadline for submissions is Groundhog Day, February 2, and finalists will be selected by a 3-judge panel by or before St. Leif's Day, March 29.

"We made all the deadlines holidays, to make them easier to remember," Wrabek said.

Up to eight finalists will be invited to perform live at the Arts Center on a "Dinner and Finals Night" in June. "It'll be after all the schools have closed, so it'll be easier for people to travel," Wrabek said. The performances will be streamed live over the Internet—a practice that's become an Arts Center specialty. "The dinners are an Arts Center specialty, too," Wrabek noted.

Judges for the contest are Larry Schaeffer, a renowned sound engineer and performer, and proprietor of Westlake Studios in Portland and Nehalem, Oregon;

Michael Simpson, a music teacher and multi-instrumentalist who plays with the KISS tribute band, Dr. Love; and Wrabek, an award-winning songwriter who plays with a Gospel band, a marimba band, and a senior-citizen rock 'n' roll band.

Details about the contest, and an entry form, are on a WordPress "page," 2017contest.wordpress.com. A separate e-mail address has been set up for entries at orcoast.songwritingcontest@gmail.com.

## 16th Annual Yachats Celtic Music Festival Nov 11 - 13



The schedule for the sweet 16th annual Yachats Celtic Music Festival is set. More than a dozen musical acts, workshops, presentations, Ceili and Morris dances, jam sessions, beer and whiskey tastings, and new this year, a Celtic themed Mystery Game.

The Festival presents CHESSBOXER as their headliner act at this year's festival for Nov. 11-13.

ChessBoxer is comprised of Matt Menefee on banjo, Ross Holmes on violin and Royal Masat on upright bass. Menefee and Holmes were founding members of the progressive acoustic band Cadillac Sky, while collectively the three musicians have performed with Mumford & Sons, Bruce Hornsby, Alison Krauss and Old Crow Medicine Show among many others. Before coming to Yachats, they will be backing up Greg Allman in New York. It was through their work with Bela Fleck that they first came to the attention of Warren Haynes.

The legendary guitarist asked Fleck if he had any musicians to suggest when assembling a touring ensemble to perform the songs on his new acoustic-based album, Ashes & Dust. Fleck told him to look no further than ChessBoxer. Although rooted in a time-honored string band sound, ChessBoxer subtly push musical boundaries. Their interest in symphonic music can be heard on tracks like "Calon Lan" and "I Can't Tell My Secret Weapon" where they've condensed orchestrated musical ideas down to three instruments. On more traditional leaning material like "The Devil and Sally Jones" and "Bacon," they achieve elegance, but retain a spirited earthiness. Their technical form and knowledge of melodic structure results in beautiful instrumental compositions. The band describes them as "stories that evolve with each performance."

From inspired original pieces, to traditional tunes ChessBoxer will take you on a magical musical journey. Chessboxer has performed at Carnegie Hall, The Hollywood Bowl, Glastonbury Fest, Bonnaroo, Red Rocks, The Gorge, Letterman, Leno, around the world, and now Yachats. Don't miss this opportunity to see them at the 16th annual Yachats Celtic Music Festival.

More than a dozen musical acts, and a variety of workshops and presentations including a Celtic Spirituality Workshop, Bodhran, Penny Whistle and Celtic Harp workshops, Ceili and Morris dancing, jam sessions, beer and whiskey tastings, plus a Celtic themed Mystery Game. Main Stage at the Yachats Commons, and various locations. It's going to be a whale of a time! Nov. 11-13 Yachats, Oregon [www.Yachatscelticmusicfestival.org](http://www.Yachatscelticmusicfestival.org)

Facebook: Yachats Celtic Music Festival

Tickets are available locally at Yachats Mercantile 541-547-3060. All Events Pass \$95.00, Friday night concerts \$35, \$35 all day Saturday, \$35 All Saturday night concerts, Some single concerts \$15. All Sunday day events FREE. Jams FREE!

Performers at the 2016 festival: The Fire, Biddy on the Bench, Toad in the Hole, Connla's Well, Piper on The Point, Biddy on The Beach, Doo Dad Shanty Boys, The Fire, and Terry Trenholm, and more.

The entire roster and schedule are on the festivals website [www.YachatsCelticMusicFestival.org](http://www.YachatsCelticMusicFestival.org), and on Facebook at Yachats Celtic Music Festival.

## Manzanita Mystery Weekend • Nov 18-19

### Film, Theater, Mystery Recycling, a Writing Scary Workshop, & Kids' Storytime

IT'S GOING TO BE another dark and stormy weekend in Manzanita, NOVEMBER 18 - 20, a Mystery Weekend which promises even more twists and turns than last year's inaugural event.

Sponsored by the Hoffman Center for the Arts, North Tillamook Library, Riverbend Players Readers Theater, North County Recreation District (NCRD) and CART'M, mystery enthusiasts can partake in a variety of activities over the three-days. According to event coordinator Madeline Olson, there's something for everyone.

"What started as a mystery book sale at the North Tillamook Library in Manzanita two years ago expanded the following year to include more mystery-related events along with additional collaborators interested in establishing a fall shoulder-season event," Olson explained. "This year promises even more fun with more activities."

Mystery Weekend II kicks off Friday, Nov. 18 with two evening events. The Riverbend Players Readers Theater present "Dead Give Away" at 7pm at the NCRD auditorium in nearby Nehalem. Admission is \$15. At 7:30 in Manzanita the Hoffman Center for the Arts is host to a mystery movie presentation of "If There's A Hell Below" at 7:30 p.m. at a cost of \$5 at the door

On Saturday, Nov. 19, mystery activities include a mystery version of Story Time for Children featuring "Where's My Teddy,"

by Jez Alborough, at 11am at the North Tillamook Library, 571 Laneda Ave. in Manzanita. The first 10 families attending the event will receive a free book.

"Taking Your Mystery Recycling" is the theme of an all-day free event at CARTM from 10 a.m. to 4 p.m., while NCRD, by popular demand, is host to a Live Clue Experience, a family-oriented whodunnit with prizes and snacks from 11 a.m. to 1 p.m..

Hoffman Center events on Saturday include a Writing Scary workshop by author Cat Winters from 1 to 3:30pm. Pre-register on the Hoffman blog. Cost is \$30. Winters will read from her new novel "Yesternight" at 7pm at the Hoffman Center, which will be followed by the Writer's Series Open Mic with the theme "It Was A Dark & Stormy Night" for those wishing to share their creations. Admission is \$7 at the door.

Mystery Weekend wraps up on Sunday, the 20th, with the Mystery Book Sale from 11am. to 3pm at the North Tillamook Library featuring gently used mystery books with proceeds helping to support library building maintenance. And, if you missed the Riverbend Players Readers Theater presentation of "Dead Give Away," at the NCRD Auditorium, you have another opportunity at 2pm.



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# Coast Community Radio

KMUN 91.9, 88.9, 91.3, 104.3

KMUN broadcasts 7,500 watts of power from its main transmitter on Megler Mountain, and 10 watts each from translators in Wheeler, Cannon Beach and South Astoria.



KTCB 89.5

KTCB broadcasts 4400 watts of power from Cape Mears, serving Tillamook county.

KCPB 90.9

KCPB broadcasts 400 watts of power from its transmitter on Megler Mountain.

## New Releases/ Book Events

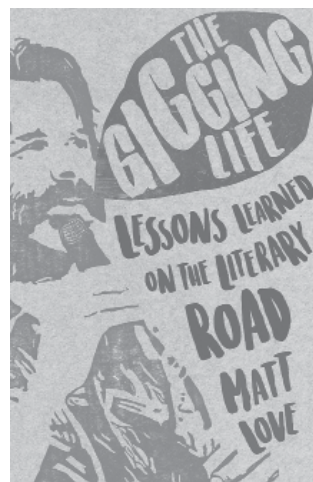
### Godfather's Books and Nestucca Spit Press Form New Publishing Venture

ASTORIA'S GODFATHER'S BOOKS and Espresso and Nestucca Spit Press (NSP) have formed a partnership to publish books, magazines and other publications about Oregon, including a literary review in 2017 featuring local writers and artists.

Charlie Holboke, owner of Godfather's, is excited about the prospect of getting into the publishing business. "It makes feel a little like City Lights Bookstore and Publishers in San Francisco and Lawrence Ferlinghetti, in a smaller way of course, but just the same. I think there is great potential in town that there could be a Ginsburg or Bukowski right on the corner and it's my hope to help publish them," he added.

Matt Love, founder of Nestucca Spit Press, an independent Oregon publisher established in 2003, is also excited about the partnership. "This collaboration is a great way for Godfather's and NSP to harness their mutual passions and energies and put some entertaining stories out into the world," said Love. Godfather's is one of the oldest and unique bookstores on the Oregon Coast and I think we'll work well together," he added.

The partnership's first official publication is author Matt Love's latest book, *The Giggling Life: Lessons Learned on the Literary Road*. This humorous blend of memoir and how-to guide chronicles many of Love's adventures during his 14 years of promoting his books and stories around Oregon at over 1000 presentations. It features several scenes set in Astoria and Seaside and special appearances by Maurice Lucas, Oregon State Penitentiary, Ken Kesey, Vortex I, Ted Nugent, Tom McCall, Cheryl Strayed, Jim Harrison, Paul Newman and many more. "I like to think I've learned a lot in the course of my journey and believe these lessons might apply to other creative entrepreneurs who take their products directly to consumers," said Love.



Holboke and Love are still in the planning stages for the forthcoming review, but they promise to offer something radically different to Astoria's literary community. "I think it's time for something new," said Holboke. Those interested in submitting should check in with the bookstore after the first of the year.

*The Giggling Life: Lessons Learned on the Literary Road* is on sale in Astoria exclusively at Godfather's Books and Espresso, located 1108 Commercial Street. The book is also available at other independent bookstores in Oregon. A special edition of the book with bonus material is available through NSP's web site, [nestuccaspitpress.com](http://nestuccaspitpress.com)

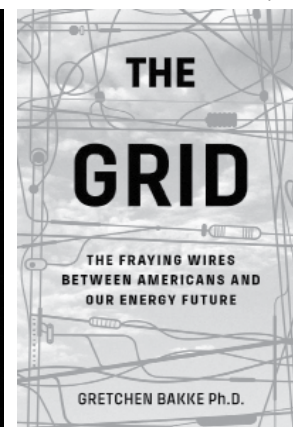
### RAIN MAGAZINE Invites Submissions for the 2017 Edition

RAIN Magazine, Clatsop Community College's annual literary and arts publication, invites submissions now through Feb. 1 for the 2017 edition. Proud of its 40-plus years publishing the art and literature of the local talented coastal community, Rain welcomes submissions from the general public as well as CCC students and area high school students. For submission guidelines [rainmagazine@clatsopcc.edu](mailto:rainmagazine@clatsopcc.edu).

Current CCC students and interested community members can join the staff of Rain Magazine. Register for WR 270 Literary Publications, which takes place noon to 2:20 p.m. Tuesdays and Thursdays during winter term. Registration opens Nov. 9. In this class, students participate in all phases of producing a literary magazine (manuscript selection, graphic design, editing, fundraising, correspondence and distribution). The course includes instruction in the industry standard publishing software Adobe InDesign. Instructor Ryan Hume will lead the 2016 Rain Magazine project.

For more information, contact Hume at 503-338-2517 or [rhume@clatsopcc.edu](mailto:rhume@clatsopcc.edu)

### The Grid: Author Gretchen Bakke to speak at CCC Library



CCC Library will host a reading and discussion by author and former Astorian Gretchen Bakke on Monday, November 21 at 5pm in the CCC Library. Beer, wine, and light snacks will be available.

In her new book, *The Grid: The Fraying Wires Between Americans and Our Energy Future*, Bakke unveils the many facets of America's electrical grid. An engineering triumph of the twentieth century, this omnipresent but seldom-noticed apparatus is turning out to be a poor fit for the present. As power plants and transmission lines continue to age, the number of power outages is increasing, and during these blackouts money is lost and national security is at risk. But fixing the grid is the least of our problems.

"We don't actually have a good way yet to store electricity, not on a large scale," Bakke said in a recent interview on NPR's *Fresh Air*. "We have our little batteries in our telephones, for example. And so we think that we have electricity storage. But in fact, for the grid, we don't."

According to Bakke, we produce far more energy than we can use and far more than the grid can carry. "That's where we see the grid as this bottleneck between what we've got right now and our vision of a renewable-powered future. It's the grid that is the weakest link."

Ms. Bakke was born in Portland, grew up in Astoria, and currently lives in Montreal. She holds a Ph.D. from the University of Chicago in cultural anthropology and has done research on several failing nations, including the Soviet Union, the former Yugoslavia, and Cuba. She is a former fellow in Wesleyan University's Science in Society Program and currently an assistant professor of anthropology at McGill University.

Copies of *The Grid* may be purchased at the CCC bookstore or at the event. For more information, contact the Clatsop Community College Library at 503-338-2462 or email at [libcirc@clatsopcc.edu](mailto:libcirc@clatsopcc.edu).

### Book Release Party: Build Your Nest workbook by Kestrel Gates.

The workbook offers expectant parents a postpartum planning process for having rest, support, and care after their babies are born. It is available for purchase on-line at [www.kestrelgates.com](http://www.kestrelgates.com) and will be carried by the new A.lot.a.mus Childrens Resale Store (previously called Odie B's) at 1054 Exchange St., once it has re-opened.

**November 13th 5pm -7pm.**  
1490 Commercial St. Astoria,  
Astoria Integrative Family  
Medicine, the office of Naturopathic doctors Allie Evans ND, Carolyn Nygard ND, and Mary Bess Gloria ND





# Seasonal Offerings

## A Note on the Power and Responsibilities of being a Consumer Nation

*Sarah Simmons, owner of Moxie Fair Trade, shares a message with HIPFISH readers this month. Sarah's business, as witnessed in recent news, was destroyed by the October tornado that hit the Manzanita region hard. But as scheduled, she delivered this piece with the holidays in mind..*

**HEY THERE FOLKS,** I wanted to share a reminder about the power that we **DO HAVE**. I've been listening to a lot of political conversations lately and hearing how many people feel disempowered by their presidential choices. There is a feeling I'm picking up of bad or worse as options. So now is the time to remind you how much power we have in our wallets.

We are a consumer nation. This means that we consume most of what is produced in this world. It also means that we are in charge of what is produced in the world as well as how it is produced. This is not a fair situation and we know this. But right now that is where it is. So what can we do in the situation we are currently in?

Well in the immediate, we have one **HUGE** option before us. The Holidays are coming and as Americans we spend a **WHOPPING** \$465 Billion on holiday shopping/food/gift wrap etc. So that's where we can start. Imagine that money as nourishing energy. It is a firehose of energy. But it is in our power to trickle that amount into all of the things that we want to support and divert that nourishment from the things we don't believe in.

What does it look like? It could look like taking 75% of your expendable income and committing to make **CONSCIOUS** spending choices. If you don't believe in big business, fast food, factory farming, pesticide coated vegetables or global pollution from fast fashion, then instead you support your small local businesses, local farms and organic options, locally owned restaurants and ethically run boutiques. Another way to look at is to ask Who and What you want to nourish? Do you believe in health, spirituality, intellectual pursuits, schools, and free healthcare? Then you take your 75% Conscious Expendable Income and support your local yoga studios, churches, bookstores, schools, free clinics. Pets? Local vets or spay clinics. Gay rights? Local chapters of LGBTQ. If they don't offer gift certificates or ways to donate, ask them to create them. They will be more than willing.



Sarah Simmons/Moxie Fair Trade

The point is that if we choose how we spend, we **GROW** what we believe in and **DIMINISH** what we don't agree with. That is not only our consumer power, but also our consumer responsibility. As a consumer Nation, it falls on each of our shoulders if we are supporting global child labor, slavery, rampant pollution and the poisoning of our earth's waterways and land. So we simply stop supporting the big business that does it. They will feel it where it hurts, in their wallets, and they **WILL** change.

There is a Policy of Seven Generations in one of the Native American tribes that says that decisions for the tribe should only be made if they will **BENEFIT** seven generations in the future. I would clearly and loudly say that many of the big business decisions being made today in the corporate world are damaging human equality and human rights as well as polluting our planet, now and in the future. We have unfortunately and somewhat ignorantly allowed a system to grow that harms our present world as well as the future of our planet and species. The good news? 75% of 465 Billion is almost 349 Billion, and that is only current holiday spending people. We have more Power than we believe, no matter who is in the white house. We only need to stop our **OWN** ignorance. (And 75% still leaves you 25% for brainless spending. That will fix itself as our conscious muscles become stronger. Consider this a big baby step.)

Take on the challenge. Take your power back. Boost what you believe in, and diminish what you don't believe in, simply with the strength of your wallet. Consider it both active and passive revolt. We will watch the world change before our eyes if we Realize and Utilize the power that we ourselves have. We are not small. We are **HUGE** and we **CAN** create the change we want. Make the commitment to owning your own power. Together, we rise. Together, we change the world. We **DO** have **CHOICE** and **POWER**.

## Go Ahead: Change the World This Holiday Season

McTavish Room at The Liberty • Dec 10



Caren Black of Lower Columbia Timebank (center), the driving force behind Gifts That Make A Difference, with The Clauses (Steve and Ann Farly) who'll be making an appearance, LinMarie (left) event officianado, and new Liberty Theatear Director, Jennifer Crockett.

**WE ALL WANT** to make a positive difference – with our lives, our work, our money and our time. Gifts That Make a Difference is a fun and festive afternoon where making a difference is the whole point.

On Saturday, December 10th, in the elegant McTavish Room on the second floor of Astoria's Liberty Theater, not-for-profit groups from Cannon Beach to Long Beach will gather from noon until 4:00 pm. Amidst live music and tempting treats, folks can meet and talk to volunteers from over 30 local nonprofits and find a fit for their time or donations.

Better yet, instead of searching for the right gifts to buy for someone on their holiday gifts list, shoppers may make a donation in that person's name to a group that represents their interests. Arts and nature, local foods, animals and advocacy, community and communications – there will be groups to match everyone's interests.

A selection of holiday cards and nonprofit gift announcements describe for the recipient the work the nonprofit will do in their honor.

There are three different ways to donate: money, signing up with a group to volunteer time, or donating Wish List items. For example, CASA would love to receive children's books in new or very good condition, particularly "board books" (the ones with hard covers).

The Astoria Warming Center would appreciate donations of men's underwear (new), warm jackets or rain gear.

In addition to taking donations, many groups will also offer tangible gifts like concert tickets and items relating to the nonprofits' work or made by nonprofit clients.

## Messiah Community Sing-Along, Play-Along

4:00 pm Sunday November 27 (Sunday after Thanksgiving)  
CCC Performing Arts Center (corner of Franklin & 16th Streets, Astoria)

**JOIN THE NORTH COAST CHORALE** for it's annual free Messiah Sing-and-Play-Along Benefit Concert 4:00 pm Sunday November 27 at the Clatsop Community College Performing Arts Center. This concert will include choruses from Handel's "Messiah", with the NCC and some vocal soloists and instrumentalists. The public is invited to bring their music and some Messiah scores will be available as well. If you'd like to accompany on an instrument, please call the NCCC music director Denise Reed at 503-338-8403.

Although the concert is free, it is a benefit for local food programs. Financial donations and gifts of food are appreciated. This event is supported by Thrivent Financial. [www.northcoastchorale.org](http://www.northcoastchorale.org)



## WINTER bazaar

December 3rd 11am - 5pm

A one day market bringing together artisans in HiH Lights' art barn studio.

There'll be reclaimed wood furniture, jewelry, paintings, gourmet ice cream, natural dyed textiles, sculpture, vanilla, glass mosaics, painted rocks, pizza, and handmade paper lights  
89120 Lewis and Clark Road, Astoria OR



AS EVIDENCED in the photograph of the Astoria Fire of 1922, The Carruthers Building was one of few on Commercial St. in Astoria that survived, and has since come to serve the city for nearly a century—it's uncanny destiny to be re-visioned during a new era of renaissance for the city of Astoria, and as if time stood still, to rather magically, reflect the era of its time.



Story/Photos  
by Dinah Urell

Defeo & The Kitchen Staff: from left, Justin Haukikenziro, Brian Douglas, Chef Daniel Brownson, Jim Defeo, 2nd Chef Wade Padgett-McEuen and head waiter Jean Marc Bourgouin, in the lounge.

"Often when you look at a building's exterior, what you see inside is totally different," says restaurateur and owner of the new Carruthers, Jim Defeo. "I wanted the restaurant to reflect when it first had been built, to feel as if all of it was built at the same time, and as if it had always been there."

Yelp reviews, especially those posted by visitors from far-off states, exclaim astonishment to the artful establishment, on finding a sort of piece of living history, to the grandeur of its interior, and the bold, black, art deco exterior.

Opened just three months ago, and a year in the planning, Defeo said, "When you entered the space, it felt like the lobby of a grand hotel, with its columns and high ceilings." With an aesthetic to keep it simple, grand was on the table, in addition to the era-play. Menus and signage have been modeled to a 20s typeface, 9 ft. gold-framed mirrors in the main dining room and lounge area do indeed say *grand*, massive wood fireplaces (one floor-to-ceiling), sleek wood and faux-marble top tables are closely arranged to fill the entire main dining section—if you were looking through a Black & White lens, you could easily imagine a 1920's eatery, in Berlin. And one, with a French maître d'.

Therein lies the brilliance. A functional décor in its sparseness does not overstate, but implies an era, and a city culture now fit for the changing times and tides of the oldest established white settlement this side the Rockies.

In its heyday, Astoria the bustling city, (as people did a lot more bustling in those days) was place to interracial immigrants, travelers, those in port—it was a time when a more diverse interaction of people did so, due to the nature of technologies of the time, more reliance on face to face communication. The building's name-

sake, The Carruthers, were first ship builders and then morphed into manufacturing equipment for canning. The Cannery Museum at Pier 39 dedicates a display, featuring the machine that eliminated hand-packing – *its fills as many cans in a minute as a skilled manual worker turned out in an hour* – thereby revolutionizing the tuna and salmon industry in the region.

Carruthers family lineage based in Portland - now that the restaurant has adopted its namesake - have come to dine, and according to Defeo, seating up to a 20-top of folks with a fascinating link to Astoria, celebrating their history in grand fashion.

Jim Defeo, known lovingly in town as Jimbo, has his own history, steeped in food and people and putting them together for some 30 years. Born on the east coast, as a young man he put down roots in Portland, first as an art student, but eventually and still in his early 20s, put his talent to use in the food industry—owning sev-

eral successful restaurants, but the call of a simpler life brought he and his partner Tony Danton to Astoria in 2006. Together they began to build the Astoria Coffee House, on that sunny side of a side street on 11th in the middle of downtown.



Astoria Fire, 1922

following suit. As Astoria's armchair culture critic Sid Deluca describes it, "It's the Mini-Pearl of the city." Collaborating with Patty Merrill, owner of Portland's CARGO import store, and Teri Sund of IMOGEN Gallery across the street from ACH, has turned the volume way up. Astoria, in its renaissance with many creative business owners, needed the hot shot, as an arm in elevating the experience—Jimbo the quixotic, dream-making dealer. And when Astoria Coffee House put in

its central, horseshoe shaped bar, it wasn't long before the concept caught on – in a New York state of mind? Making it easy for even singles to sit down, to enjoy adventurous foods and convivial spirit.

With the cultivation of 11th St., next up, a venue across from the Liberty Theater, a grand bar for those hungry for food, good drink and post-show excitement. The two go hand in hand. As the Liberty finds its groove in *presenting*, Carruthers can extend that groove, by just being open, holding artist receptions, and luring performing artists with extra energy for after show encore. There's no age limit on late night socializing – and often the cherry on the cake, after an exhilarating performance, its worth a little midnight oil.

If you've ever worked in a restaurant, you know that teamwork is essential, and can make or break the dream, or your nerves. The service industry continues to grow on the coast, the folks who work in it, a family tree of sorts, a social milieu who share the war stories and the pride of being very good at what they do, to make people happy. Carruthers wait staff is comprised of many familiar service industry folk, says Defeo, "All wonderful, dynamic people, who really like each other, and work real strong together. It feels very old school, all family, all part of Astoria. When you walk in you feel familiar. That's why I picked 'em."





**Dessert Chef Kathleen McCormack**

Jean Marc Bourgouin is headwaiter at Carruthers. A significant face and name in the restaurant scene, Jean Marc is familiar to Peninsula's 42nd St. Café customers, headwaiter there for 13 years. Calm and gracious—and anyone is sweet on a French dialect, the presence of a headwaiter or maître d' is not so usual today, certainly old school, and Jean Marc, absolutely the quintessential manifestation. After traveling the miles each day to 42nd St., while he admits he misses the unwind drive, he excitedly picks up at the new venue. Jean Marc is married to chef Kathleen McCormack, also a part of the Carruthers team, doing the desserts, and also well known in the restaurant industry since the couple moved here from Anchorage, Alaska in 2002.

Born in France, Jean Marc came to Alaska in the early 80's. Before beginning a 12-year tenure as headwaiter at the celebrated Marx Bros. Café, he fished on the Bering Sea, loving the experience but realizing his body was not made for the rigors of the job. He found his niche in hospitality.

"For some reason, I love it," he says, "I did not do this in France, or had that special inclination but even with friends at the house, I just make sure that they have everything, maybe too much - over doing it."

The duties of headwaiter as Jean Marc puts it, *makes sure the machine is well oiled*, and after years of "second nature" in the business, that intuitively puts you in charge he says, "Especially in a new restaurant I'm thankful that Jimbo allows freedom."

When asked of his waiter's role is one of passion, he remarks, "Yes, I'm a people pleaser. I

like to see that when people leave, they leave with a smile and they have had the greatest experience. They don't have to worry about anything – they come and from that point, they are taken care of. So they can just enjoy themselves. We have a great staff that can do that, that's what we do, we make people feel good."

When you see Cannery Café Apple Pie on the dessert menu, it's in tribute to Dana Gunderson's restaurant, lost to the 2010 waterfront fire, where Kathleen McCormick was dessert chef, a position she took upon settling in Astoria. McCormick, originally from South Hampton, NY, is a graduate of the French Culinary School in Manhattan, studying under the then not as famous Jacques Pépin. Executive Chef at the Marx Bros. Café, and part owner in a secondary café & deli for the Anchorage Museum of History and Art, after a long career in fine dining, of high output and long hours, when she and Jean Marc moved to the lower 48, sticking to desserts was a kinder, gentler proposition. After the 2010 fire, McCormick worked part time at Fort George, up till the Carruthers position, creating soups and specials.

Dark Chocolate and Pistachio Pudding has been a favorite thus far, and McCormick is offering specials not on the menu, and often tested at the bar, such as Chocolate Salted Caramel Pot d' crème. Lucky fellow foodies were the recipients of test experiments along the way before the venue opened. "Trying to make people happy is the goal, something for everyone," says McCormick.

Bar manager Laura Cherau created the drink menu, and there's plenty of room at the horseshoe-shaped, marble topped grand bar to sample her potables. Drink titles such as The Botanist (a gin drink) scintillate the brain as well, creative ingredients like green tea, habanero shrub, cinnamon smoke, honeysuckle and Laphroaig rinse. The menu is handily organized by booze type, offers cocktails made of beer and teas, hot drinks, a martini list and 11 craft beers on tap, Northwest, California and French wines dominate.

Coming up through the ranks of Astoria's restaurant scene, Head Chef Daniel Brownson, began his career as a line cook at the Urban Café eight years ago. Described by Defeo as a very happy, open, friendly creative guy, who always takes risks – without being too out there, without over-designing the food, Brownson was to be the sous chef at Carruthers, but by propitious circumstances, nearing opening Defeo announced, "You're the man!"

Brownson's first risk, he applied as a line cook at the Urban Café without any working, professional experi-

ence. When asked, "Why should we hire you without experience, I said only one thing, this is my passion," says Brownson. "They took me seriously, and then told me, that's the only reason I got the job."

And where did this passion come from, "My Mother is a great cook, and she had the biggest spice rack of all time, a wall full of spices, so when ever I was bored I would mix and match, see what worked, see what didn't, from there it really kicked off. Every time I cooked for folks, before I was doing it for a living, people were really impressed with the way I put flavors together."

The talented young cook after one year soon found himself under the wing of Astoria Coffee Houses, Chef Rick, who in "trial by fire" style impelled Brownson to keep taking risks. "I remember the first thing he asked me to do was cook the



**Bartender David, serving The Botanist, a gin drink featuring St-Germain, cucumber, lemon and mint.**

steak, make it the perfect temperature, can you do that he said. It was nerve wracking, but I did it. And it was really good."

Brownson did a one year stint at the Bridgewater Bistro, working under the noted Chef Red, gleaning from her yet more professional knowledge on the job – but back to the Astoria Coffee House he went, working in a smaller arena, allowing the opportunity to really focus as a main chef.

Present time. The Carruthers menu is laid out Ocean/Pasture/Garden ... a deliberate method of connecting the source to table concept, Garden being six vegetarian entre choices.

Brownson's description of the menu building, "It may sound unorthodox, no rules." He also states, "We're going around the world." Each season of the year will produce a new menu, related to both availability and what feels good for the soul for the time of year, plus feature cultural variety. From the Pasture - the fall menu features for example, Caribbean Braised Pork Shoulder, A Southwestern Fried Chicken. From the Garden - a North African Antipasto. From the Ocean - an Italianesque Prosciutto Melon & Prawn Caprese—most selections priced between \$18 - \$25. All starters, soups, salads and protein sides too, will also be refreshed come winter menu.

Along with the high stress/high creativity of the head Chef position, 29-year-old Brownson has the pleasure of working with his best friend, 2nd Chef, Wade Padgett-McEuen. Both gents have been serving the local restaurant scene their adult employed years, Padgett-McEuen coming over from The Columbian Café. Says Brownson, "Working side by side, either it was



**Head Waiter Jean Marc, photo collage by local artist Becky Tonkin, and ghost shadow of a former long ago employ.**

going to be fantastic or a disaster, but after the first day of being on the line, we knew it was going to work. He's a fantastic sous chef."

Brownson is ecstatic about the shifting seasonal menu, and his creations being well received. He's finding that customers are excited to try everything, "You'll have three months to eat everything on the menu, and then you can start anew."

The employees at Carruthers undeniably exude a joyful presence, and there should be no limit on that commodity.

"Jimbo is creating a real incredible opportunity for this town," says Jean Marc, "he brought something totally new, a new vision, he was not scared of doing it – it can be pretty scary when you see what happened to this building, it's an amazing transformation, it could be scary to just think about 9 ft. mirrors. You have to find them, but you have to have the concept first, and look at this fireplace . . . that's a part of an elevating experience."



**Reception following an Astoria Music Festival event.**



**A sign that once lit up Commercial St.**



## Fearless Watercolor

### Audene Jay at NCRD Gallery

**AUDENE JAY**, award winning, diverse, long time professional artist, is presenting her watercolors in a solo show at the NCRD Gallery during the month of December. The show titled "Fearless Watercolors" is exuberant and full of vibrant color, truly inspiring, and of formidable canvas.

She was awarded a scholarship to the prestigious Museum of Fine Arts School in Houston, Texas. A performance artist as well as visual artist, she performed solos shows at galleries in Houston, including Munchies Performing Arts Center. She is a published poet and was chosen as a juried poet to perform at the famous Houston Poetry Fest at St. Thomas University in Houston. She was a gallery artist with Aries Gallery (formerly Toni Jones Gallery) for 10 years before moving to California where she was awarded a scholarship to the Advertising Arts Collage in San Diego graduating with honors. After owning and running an advertising agency in California the travel bug hit and she, her husband and their 100lbs. White German Shepherd traveled full time for several years finally settling in Nehalem, Oregon. Here on the coast she not only continues painting but began teaching her Fearless Drawing course at the Hoffman Center for the Arts. Her work has been shown in numerous invitational and juried shows. She has work in private collections in San Francisco, Houston and Minneapolis.

**OPENING: FRIDAY, DECEMBER, 2, 6pm-8pm, NCRD Gallery, 36155 9th St. in Nehalem, OR.**



*Forrest Berries, water color, 50" x 25"*

## Caravan of Glam

11/12  
8pm



*Ecstasy Inferno*



*Ginger Vitus*

photo: Brinny Stanley

PORTLAND-BASED CARAVAN OF GLAM returns to the Astoria Event Center – the troupe of highly visual, visceral entertainers, ranging from acrobatics, fabulous costumes, amazing performances in song and connecting with audiences, keep crowds coming back for more. We've seen them on America's Got Talent and now in 12 states— with a base of over 50 performers, all shapes, all sizes, all colors perform in the Caravan high energy shows, representing today's diversity in the Drag genre.

**Hosted by Ecstasy Inferno, & Astoria's own Ginger Vitus joins the glam gang on stage this Saturday. \$12 in Advance sold at Port of Call. \$15 @ the door. Astoria Event Center, 8-11pm. Not to Miss, Sis!!!!!!**

## STARMAS!!!!

### Holiday Dance Party at AAMC

TWO ROBOT ELVES prepare for an epic holiday season. A short short time from now on a street close close to you! That'll be at the AAMC on Dec 3. Get out your Xmas Dance Stockings and do a season's jig. Candy sweets, performances, featuring Astoria's Q-Choir, hosted by Ginger Vitus –its special, out-of-this world hollydaze fun.

**Sat, December 3rd, 8pm. \$5 bucks and a reindeer! 342 10th St. 2nd Floor in Astorior.**

## Enchantment of Twilight

### Group Show at RiverSea

**NOCTURNE**, the November group show at RiverSea Gallery, is in honor of twilight, that magical "blue hour" when dusk deepens into night. This time of year, as autumn fades to winter and days draw ever shorter, there is a heightened awareness of changing light. In Nocturne, thirteen of the gallery's represented artists have been invited to exhibit new work depicting those suspended moments as daylight slides softly into darkness, and the world becomes suffused in enchantment. The show opens Saturday, November 12, with a reception from 5:00 to 8:00 during Astoria's Second Saturday Artwalk, and continues through December 6, 2016.

Included in the show are paintings and works on paper by: Carol Aust, Thomas Benenati, Mary Lou Epperson, Stirling Gorsuch, Don Gray, Rhonda Grudenic, Christy Harangozo, Michael Lindstrom, David Marty, Betsey Nelson, Robert



*Inside, Outside* by Carol Aust, 12"x25" diptych, acrylic on panel  
ing a sense of tension while veering slightly into the realm of the absurd. In his striking, minimalist compositions, human strife and environmental issues are captured deep within what may at first glance appear to be lighthearted paintings.

Birds of a Feather opens Saturday, November 12, with a reception from 5:00 to 8:00 pm during Astoria's Second Saturday Artwalk. The artist will be on hand to discuss his work, and complimentary



*Grenade II*, oil on canvas, 8" x 24" Michael Smith

Paulmenn, Barbara Szkutnik, and Noel Thomas.

### ALSO at Riversea: Birds Tell a Complex Tale in Paintings by Michael Smith

Exhibiting in the Alcove at RiverSea Gallery is Birds of a Feather, a solo show of narrative paintings by Vancouver, Washington artist, Michael Smith. Working in oil on canvas, he explores the human condition using story lines that juxtapose birds with unfamiliar objects or settings, creat-

ary small bites and beverages will be served. The show continues through December 6, 2016.

Smith is a longtime Northwest resident and exhibits regularly at galleries and museums throughout the region. Recently, his work was added to

the permanent collection of the Maryhill Museum of Art in southwest Washington. He teaches art at a high school in Vancouver and is a board member of Arts of Clark County. This is his first solo show on the Oregon coast.

**RiverSea Gallery, open daily at 1160 Commercial Street in the heart of historic Astoria. Open Daily: 503-325-1270, riverseagallery.com.**

## Luminari Arts

### Fair Trade Firefly

Luminari Arts offers the complete line of Firefly Jewelry to bring in the holiday season. Each piece is hand worked and detailed with tiny mosaic elements made with Swarovski crystals, semi precious stones and sterling silver. Based in the highlands of Guatemala, Firefly provides fair wages and comfortable working conditions to the indigenous people, employing skilled artisans. The design of Firefly is informed by the traditional weaving crafts of the region, and designed by Juan Carlos Chavajay Vasquez.

Luminari Arts features a strong exhibit of local artists, and offers a bodacious greeting card selection, and many lines of creative products.

**2nd Saturday At Walk, 5-8pm, Live music with Ted Brainard; beverages and finger foods, located at 1133 Commercial in Astoria.**





# November Cultural Calendar



11/25

## SANKTA LUCIA

In Sweden the preferred spelling is "Sankta Lucia" for the title of the young woman chosen to lead the procession of attendants in white robes, and young men called "Star Boys". Caitlin Landwehr, who was Miss Denmark for the 2016 Scandinavian Festival Court, will be the Lucia Bride and wear the ceremonial crown of candles on her head. Other members of the court will be Lucia attendants. The new Scandinavian Midsummer Festival Court for 2017 will be introduced.

You do not have to be Scandinavian to participate and enjoy this fun evening. Everyone is invited to leave the Thanksgiving left-overs and shopping and come listen to good music, sing Christmas Carols, mingle with friends and dance.

**Admission is \$1 or \$5 per family with all admission funds going to the Scandinavian Festival Scholarship Fund administered by the Astoria High School Scholarships, Inc. For more information visit "Astoriascanfest.com" or contact Loran Mathews at 503-325-6136.**

LOOKING FOR A FAMILY FRIENDLY EVENT to attend on Thanksgiving weekend? Here are the details on how to do that at a great price!

In Scandinavia "Santa Lucia is celebrated in December, but here in Astoria, this winter festival of lights is celebrated the day after Thanksgiving to tie in with the opening of the Christmas season, 7pm on Friday, November 25th at the Astoria High School Auditorium and Commons area. Musical entertainment starts at 6:30pm with refreshments and public dancing after the Santa Lucia Ceremony.

## Peace & Harmony Concert

THE NORTH OREGON COAST Symphony presents its Fall/Winter concert series, "Peace & Harmony," Friday, Nov. 18, The Astoria PAC, 7pm, and Sunday, Nov. 20, Rockaway Community Church, 3pm. There will also be an "open rehearsal" on Tuesday, Nov. 15, 6:30pm at the Cannon Beach Community Church, 132 E. Washington St. in Cannon Beach. There is no admission fee for this event, but donations are encouraged.

The North Oregon Coast Symphony is a group of local musicians and volunteers dedicated to providing live classical music to the North Oregon coastal region.

The ensemble of 24 local musicians, under the direction of conductor Cory Pederson, will be performing portions of Aaron Copland's Pulitzer-prize winning work "Appalachian Spring". This composition helped establish a recognizable voice for American classical music, its archetypal sound evoking the vast American heartland. "Quiet City", another of Copland's compositions, will also be on the program. This piece was conceived around the idea of a young trumpet player who imagined the night thoughts of many different people in a great city and expressed them through his playing. Along with Copland's works, Norman Leyden's composition "Serenade for String Orchestra," and Jay Ungar's "Ashokan Farewell" will further explore the themes of optimism, hope, and freedom. Small ensemble selections will be performed during the concert

Featuring works by Copland, Leyden & Ungar



11/18-20

## The North Oregon Coast Symphony

as well. The North Oregon Coast Symphony invites all, young and old, to these family-friendly concerts held in an atmosphere of peace and harmony.

The Symphony is currently looking for string players. If you play violin, viola, cello, or string bass, and are interested in rehearsing and performing in a friendly local ensemble, please contact Director Cory Pederson at (503) 836-2198 or nocscory@gmail.com. If you would like to volunteer in any capacity, please call Nancy Giasson at (630) 525-0566. For more information about the North Oregon Coast Symphony, visit [www.NorthOregonCoastSymphony.org](http://www.NorthOregonCoastSymphony.org).

**Friday, November 18, 7 pm at the CCC Performing Arts Center, 588 16th St. in Astoria. Sunday, Nov. 20, 3pm at the Rockaway Community Church, 400 SE 3rd St. in Rockaway Beach. Admission to these concerts will be \$15 Adults, \$10 Seniors, and children under 12 free.**

## Monday 7

### MUSIC

Wanderlodge. No cover, 7pm at the Adrift Hotel in Long Beach.

### CINEMA

Miss Representation. A film about gender, sexism, and beauty ideals. Free, 6pm in Room 219 in Columbia Hall at CCC in Astoria.

## Tuesday 8

### MUSIC

Benyaro & Jeff Crosby. No cover, 7pm at the Adrift Hotel in Long Beach.

### Wednesday 9

### MUSIC

Open Jam. Port of Call in Astoria. 7-10pm.

Lucy Barna. No cover, 6-8pm at the Sand Dune Pub in Manzanita.

Luke Callen. No cover, 7pm at the Adrift Hotel in Long Beach.

### HAPPENING

Be an Angel Fundraiser. Live and silent auctions. \$25, 6:30pm at the Lovell Showroom, Fort George in Astoria. 503-325-6104

Night of All Knowledge Trivia Tournament. A free and fun team trivia event. 6pm at the Seaside Library.

### LECTURE

The World of Haystack Rock Lecture Series. Peregrine Falcons of Yaquina Head. With Wayne Hoffman. 7pm at the Cannon Beach Library.

## Thursday 10

### MUSIC

BRUCE THOMAS SMITH and Friends. FREE Acoustic Music at the Port of Call in Astoria. Evening.

Luke Callen. No cover, 7pm at the Adrift Hotel in Long Beach.

### ART

Opening Reception. Art Faculty + Regional Artists Exhibit. Art Scholarship Fundraiser. 6pm at the Royal Nebeker Art Gallery at CCC in Astoria.

### CINEMA

Resilience: The Biology of Stress & the Science of Hope. 5-7pm at Hilltop Auditorium in Ilwaco.

### HAPPENING

Slide Show. Journey to the Bottom of the Grand Canyon. 3-5pm at the North Tillamook County Library in Manzanita.

### LECTURE

Nature Matters. Estuary Restoration and Salmon Recovery. With Daniel Bottom. Free 7pm at the Lovell Showroom at Fort George in Astoria.

Lower Nehalem Watershed Council Speaker Series. Albatrosses of the Oregon Coast. With Ted Chu. Free, 7pm at the Pine Grove Community House in Manzanita.

### LITERARY

Author Presentation. Author Christopher Sandford will speak about his book, "Bowie: Loving the Alien," a biography of David Bowie. 7pm at the Seaside Library.

### THEATER

Metaphysical Comedy - The Ramplings. 7pm at the River City Playhouse in Ilwaco.

Jake's Women. \$15, 7:30pm at Theater West in Lincoln City.

## Friday 11

### MUSIC

Brian Copeland Band. No cover, 7pm at the Sand Trap Pub in Gearhart.

Wayne Brady. \$35 - \$50, at Chinook Winds in Lincoln City.

FM. \$5 cover, 9pm at the San Dune Pub in Manzanita.

Leslie Lou & The Lowburners. No cover, 9pm at the Adrift Hotel in Long Beach.

Yachats Celtic Music Festival. [yachats-celticmusicfestival.org/](http://yachats-celticmusicfestival.org/)

### ART

Opening Reception. Little Houses, work by Kate Saunders. 5-7pm at the Chessman Gallery at the Lincoln City Cultural Center.

### HAPPENING

Women Only Weekend. A variety of events in Cannon Beach. [cannonbeach.org/events/Main-Events/Women-Only-Weekend](http://cannonbeach.org/events/Main-Events/Women-Only-Weekend)

Holiday Fair and Bazaar. Over 70 vendors of handmade vintage and retail items.

Noon - 7pm at the Tillamook County Fairgrounds.

### OUTSIDE

Wild Mushroom Hike. Free, 1pm at Battery Russell, Fort Stevens, Hammond.

### THEATER

Dead Giveaway. Thriller. \$15, 7pm at the NCRD Performing Arts Center in Nehalem.

Jake's Women. 7:30pm at Theater West in Lincoln City.

## Saturday 12

### MUSIC

Hey Loretta! A musical tribute to Loretta Lynn. \$18 (bring a non-perishable food donation for \$2 off), 7pm at the PAC in Astoria.

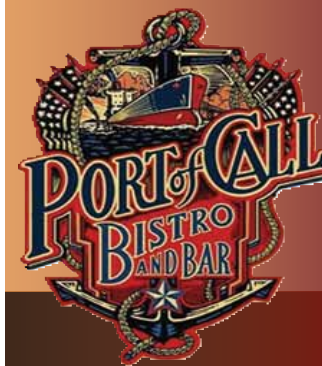
Fall Music Fest IV. Live music with The Ocean, hors d'oeuvres no host bar, raffle and silent auction. \$20, 7-11pm at the Lincoln City Cultural Center.

Albatross. No cover, 8pm at the Sou'wester Lodge in Seaview.

Wayne Brady. \$35 - \$50, at Chinook Winds in Lincoln City.

Leslie Lou & The Lowburners. No cover, 9pm at the Adrift Hotel in Long Beach.

cont. p.21



## EVENTS

894 Commercial Street  
503.325.4356  
astoria

**Thursday  
Nov 10 & 24  
BRUCE THOMAS  
SMITH  
AND FRIENDS  
FREE ACOUSTIC  
MUSIC**

**WED-NOV 19  
8PM - \$8**

**METAL  
KLEVERKILL**



## Port of Call SPECIALS

- Mon/Tue: Closed for winter hours
- Thurs: Burger and draft beer for \$10
- Breakfast every Sun/Sat@10am
- Sun: \$10 Bloody Mary Bar-10am to 2pm. Active military appreciation day 20% off with proof of service.
- \$10 bottomless mimosas for 2 hours

**SUNDAY NOV 13 • 7PM  
Pacific Northwest  
Professional  
WRESTLING**  
(Last Sunday of Every Month)  
Astoria Event Center  
Doors Open at 4:30PM

## CARAVAN OF GLAM



**Sat/Nov 12 • 8pm  
tickets@door**



# theater & performance

## The Riverbend Players present the suspenseful thriller Dead Giveaway



**DEAD GIVEAWAY** by Mary Orr and Reginald Denham invites the audience to participate in a thriller -- with a glimmer of suspense. The story opens with two people robbing a service station and accidentally killing the proprietor in the melee. In a state of panic, they take the dead body with them and hide out in the vacant summer house of a U.S. senator. To their surprise, the senator unexpectedly shows up with a newly acquired lady friend. Object: tryst. Result: blackmail. Highway robbery soon turns into a case of political intrigue, as the authors show us how immorality is not the sole purview of people in the upper or lower class.

Directed by Sedona Torres, with Assistant Director Mike Sims and Producer Tom Cocklin, "Dead Giveaway" is produced in collaboration with the Hoffman Center's "Dark and Stormy Weekend." The cast includes Bob LaTorre, Renee LaTorre, Michael Dinan, Gail Hand, Dick Huneke, Jeff Slamal, Janet Robinson and Linda Wiebenson.

**PERFORMANCES:** Dates of the show are **Fridays November 11 and 18, Saturdays November 5 and 12 at 7:00. Sundays are November 6, 13 and 20 at 2:00. Tickets \$15. For information or advance tickets call 503-368-7008. At the NCRD Performing Arts Center, 36155 Ninth Street, Nehalem, Oregon.**

## It's A Wonderful Life At The Coaster • Opens Nov 18

THIS HOLIDAY SEASON the Coaster Theatre Playhouse brings the American classic *It's A Wonderful Life* to the stage starting Friday, November 18, 2016.

In our American culture *It's a Wonderful Life* has become almost as familiar as Dickens' *A Christmas Carol*. The saga of George Bailey, the Everyman from the small town of Bedford Falls, dreams of escape and adventure only to have them quashed by family obligation and civic duty. His guardian angel descends on Christmas Eve to save him from despair and to remind him -- by showing him -- what the world would have been like had he never been born and that his life has been, after all, a wonderful life. This faithful adaptation celebrates the faith of the season, as well as the American philosophy of life: hard work, fair play and the love and support of one's family and community will be rewarded.

*It's A Wonderful Life* is directed by Sheila Shaffer and features Ben Ruderman (George Bailey), Slab Slabinski (Clarence Odbody), Stewart Martin (Mr. Gower/Mr. Potter's Goon), Marin Donohue (Young George/Pete Bailey), Timothy Garvin (Harry Bailey/Sam Wainwright), Susi Brown (Mother Bailey), Karen Martin (Aunt Tilly), Aftyn Garvin (Violet Petterson), Markus Brown (Bert/Mr. Welch), William Ham (Ernie), David Sweeney (Uncle Billy), Emily Dante (Mary Hatch/Bailey), Donald Conner (Henry F. Potter), Carolyn Anderson (Mr. Potter's Secretary/Mrs. Thompson), Nancy McCarthy (Mrs. Hatch/Mrs. Martini), Eliza Davis (Miss. Andrews/Miss. Carter), Bob Goldberg (Mr. Martini), Parker Fergus (Newspaper Boy/Tommy Bailey), Aerial Bird (Zuzu Bailey), Hannah Dante (Janie Bailey).

**Performances: November 18 – December 23. Performances begin at 7:30pm. Sunday shows start at 3:00pm. Tickets: \$15 or \$20 coastertheatre.org**

## Save The Date For A Seasonal Thriller-Chiller-Farce-Fun- nier-Than-You-Ever-Thought-Possible!

### THE RAMPLINGS

THE PENINSULA PLAYERS will present Stephen Levi's *The Ramplings*.

*The Ramplings* has been described as a metaphysical farce in two acts: "Nothing is as it appears and everything is as it should be is the motto of coastal Maine's Singapore Inn where three guests pursue different ends on a snowy Christmas eve."

Laurie Carter, the Director of the play, offers this synopsis: "Hector, a celebrity race car driver and an impeccable Irish drunk who speaks with a lilting brogue, desperately seeks an elusive bottle of Irish whisky. His wife wants to lay a wreath on her mother's grave on this first anniversary of her death in an automobile accident she blames on Hector. The only other guest also has plans for that bottle of whisky: it will certainly coax her husband-who also died exactly a year ago-from his grave. Invisible cats, flying ghosts and an ageless innkeeper who may or may not be an angel spell madcap merriment that concludes with lives restored and relationships healed. This holiday delight was written by Stephen Levi, the author of *Good Morning Miss Vickers* and other popular comedies."

Irish race car driver Hector Rampling (played by Barry Sears) and his snobbish wife Clarice's (played

by Rita Smith) marriage moves from rocky to blissful during a strange stay at a magical Maine inn on a snowy Christmas Eve. Philosophical innkeeper Arden Pelfrey (played by Clint Carter) and strange spiritual medium Tweety Brickle (played by Penny Bierly) help to create a fast-paced spirit filled with surprises. Laurie Carter's and her cast are now in the midst of rehearsals.

"The inn is truly a state of mind," said Levi in 2004. "The innkeeper could be called an angel or Obi-Wan Kenobi. He could be God or the universal spirit. This inn is where people come to be healed. Audience members might be surprised by the play's humor." *The Ramplings* contains some adult themes and is for mature audiences.

**PERFORMANCES: November 11, 12, 18, and 19th at 7 pm, and on November 13, and 20th at 2pm. At the River City Playhouse in Ilwaco, 127 SE Lake Street, across from the post office. All tickets are \$10 and are available at the box office one-half hour before the show begins. Tickets are also available at Okie's Market in Ocean Park, Stormin' Norman's in Long Beach, and The Olde Cafe in Ilwaco.**



Clint Carter as Mr Pelfrey, Barry Sears as Hector Rampling, Rita Smith as Clarice Rampling, and Penny Bierly as Tweety Brickle, in "The Ramplings" (photo by Clint Carter)

## A CHRISTMAS CAROL A Unique Performance In December

CHARLES DICKENS wrote two versions of "A Christmas Carol". One was printed in the newspaper, where he was paid by the word and the other one he condensed so it could read it at public gatherings.

The cast is Dida DeAngelis (Reader), Jennifer Crockett (Clairnet), Nate Crockett (Violin), Ann Bronson (Soprano), Stacey Brown (Alto), Patrick Corjay (Bass) and Sen Incavo (Reader).

Sen Incavo has adapted the shorter version of the tale into a Reader's Theater that involves only two readers, reading all the parts and they are accompanied by a quartet of singer, a clarinet, a violin, and two dancers from the Astoria School of Ballet.

This is a very unique performance at the Holiday time. Tickets are for sale on line at TicketsWest or at the Liberty Box Office for \$15.00 each.

The January show for Reader's Theater is "Death and the Maiden", by Ariel Dorfman starring Kate Brister, Bill Ham, and Daric Moore, is a psychological thriller.

The March show for Reader's Theater is "Doubt, A Parable", by John Patrick Shanley, starring Susi Brown and Bereniece Jones.

**Performances: December 7-8 and 14-15 7:00 pm in the McTavish Room in The Liberty Theater. \$15 @ the door.**





## Solstice Enlightened Kitty Paino and Terrie Remington

TERRIE REMINGTON AND KITTY PAINO will be holding a joint show called 'Solstice Enlightened', between November 20, 2016 and January 3, 2017 at the Grace Episcopal Church Gallery. Meet the artists on Sunday November 20th from 11am – 1pm.

The two Astoria artists often share ideas for how to bring light into their paintings, and although their styles are very different, their approach to light is the same. They both feel that when the days begin to be darker in winter, it makes it even more important to celebrate the joy of light and decided to call their show Solstice Enlightened to represent that appreciation.

Remington's work will highlight the painted sculpture technique she has refined over the last 50 years. She has been an accomplished professional artist as both her avocation and vocation for her entire adult life. She was born in Rockville Centre, New York and studied art in Phoenix, San Francisco, Mendocino, Seattle, and Madrid. The multi-media sculptures are made of clay, natural fibers and raw linen mar-bleized



Terrie Remington, Sunset Tango



Kitty Paino, Bright Moon

for durability, then painted in acrylics and oil. Sealed driftwood, shells and feathers are some-times utilized. She attempts to capture passion and emotional fire in her paintings. [www.terrieremington.com](http://www.terrieremington.com).

Paino works with multi-media on canvas and paper using acrylics, watercolor, and incorporating paper she's enhanced to make her pallet using a variety of techniques including marbling, citrasolv, and wash paper. For her, the journey is the reward when painting, and has a profound connection with nature that is reflected in her work. She has won numerous awards for her art, including the Oregon Coast Arts Commission permanent collection; multiple au Naturel International Show pieces, including an honorable mention; and multiple Best of Show and People's Choice awards at Trail's End Art Association in Gearhart. Kitty Paino is a lifetime resident of the Oregon Coast, holds a graduate degree in art from the U of O, and is a retired Clatsop Community College administrator. [www.krpgraphics.com](http://www.krpgraphics.com).

The Grace Episcopal Gallery is located at 1545 Franklin Ave, in Astoria. Meet the artists on Sunday November 20th from 11am – 1pm.

## LITTLE HOUSES Kate Saunders and poetry by Ger Killeen Chessman Gallery Nov 11 – Dec 5

LINCOLN CITY- If it's the second Friday, it's time for an art reception at the Chessman Gallery in the Lincoln City Cultural Center. On Friday, November 11th from 5 -7 pm enjoy the new show along with complimentary refreshments, wine and an artist's talk at 6 pm. This month features an unusual and innovative joint exhibition by glass artist Kate Saunders and poet Ger Killeen. This show, entitled "Little Houses", will run from November 11 through December 5.

It has been said that in dreams, a house represents one's self. Using this metaphor, Kate Saunders has created small abodes of fused glass and textural mixed media, symbolizing particular people or groups of people. In his part of this exhibition Ger Killeen has transformed original poems into a multimedia experience which emphasizes both the visual materiality of his texts and their contexts, and complicates the process of reading, seeing, and hearing them. Many of his text-image poems relate directly to Kate Saunders' glass houses, while some stand in a more oblique relationship to the glass art. By using web-connected codes readable by smart devices the walls of the gallery are "opened up" beyond their physical confines to allow the viewer/reader/listener to encounter the work in new ways.

Be sure to bring your iPad or smartphone to get the full experience!

Ger Killeen is originally from Limerick, Ireland and now lives in Oregon, where he teaches at Marylhurst University. He has won numerous awards and published 5 books of poetry, three of which include A Wren (Bluestem Press), Lia A Léimfidh Thar Tonnta/A Stone That Will Leap Over the Waves (Trask House), and Signs Following (Parlor Press).

Kate Saunders lives on the Oregon coast and has been doing fused glass for many years. She originally started to fuse glass to use it in mixed media sculpture, but it didn't take long for glass to become her main focus.

"I always like to say that I've wanted to fuse glass since the first time I saw a melted Coke bottle at a car-nival when I was a kid, but got waylaid by ceramics in college." Says Kate. See Kate's work at Touchstone Gallery in Yachats. [www.touchstone-gallery.com](http://www.touchstone-gallery.com), [www.lewisglassworks.com](http://www.lewisglassworks.com).

Lincoln City Cultural Center, 541-994-9994, [lincolncity-culturalcenter.org](http://lincolncity-culturalcenter.org), or become a friend on Face-book.



## Facing You An Exploration of Portraiture @ IMOGEN

IMOGEN presents the second invitational exhibition exploring humanity through portraiture. This year's exhibition will include the sublime paintings of Reed Clarke, April Coppini and Timothy Peitsch all exploring the essence of humanity. This evocative collection

moves beyond a surface glance at an individual, inviting the viewer a step closer and to consider the underlying. Perhaps even to see ourselves through the eyes of others, and what it means to be a part of mankind.

The exhibition opens for Astoria's Second Saturday Artwalk, November 12, with a reception for the artists, 5 – 8 pm. All are invited to attend and enjoy good company, food and drink, provided by the Astoria Coffeehouse and Bis-tro. The exhibition will be on view November 12th thru December 6th.

Reed Clarke of Portland, Oregon has dedicated much of his career as a fine art-ist painting others. Known for his skill as a painter and printmaker, he has had his work juried into Clatsop Community College's prestigious Au Naturel: Nudes in the 21st Century exhibition 5 times, receiving a first prize award as well as a purchase award from CCC. He has exhibited his work



Reed Clark



Tim Peitch

throughout Portland including a show at the White Gallery of Portland State University.

April Coppini of Portland, well known for her gestural charcoal drawings of bees and other flora and fauna, has also found herself drawn to the human face for her own reasons. April's focus on the energy of animals and insects, is portrayed with respectful accuracy for what each animal's role is, sharing an element of each species' essence and its role on the planet. She has received great critical acclaim for her drawings, including articles published in Luxe and Artist's Magazine. This will be April's second inclusion to Facing You, where she deftly proves her skills as a painter.

Astoria artist, Timothy Peitsch has always focused on the portrayal of people in his work. His last solo show at Imogen was an impressive series of graphite portraits of historical characters who somehow added to the lore of Astoria history. For this series he's ventured into the world of color, using surprising pops of color, adding a twist that takes a skillfully rendered portrait into a new and unexpected realm.

Imogen Gallery is located at 240 11th Street in Astoria. Mon - Saturday, 11 to 5, 11 to 4 Sunday, closed Wed. 503.468.0620/[imogengallery.com](http://imogengallery.com)



April Coppini

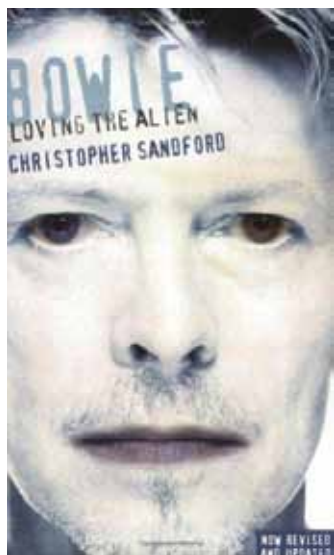


## Bowie: Loving The Alien • Nov 10

### Christopher Sandford At Seaside Public Library

**NOTED BIOGRAPHER CHRISTOPHER SANDFORD** speaks about his book *Bowie: Loving the Alien* at the Seaside Public Library, November 10. The event will take place in the Community Room at 7pm for book sales and signings.

Musical legend David Robert Jones, better known as David Bowie, passed away in January of this year and we will have the opportunity to look at his life through the lens noted biographer Christopher Sandford. Based on interviews with family members, colleagues, lovers, and the previously silent William Burroughs, this unsparing yet evenhanded biography will guide us through many of the personas, crises, and musical metamorphoses of David Bowie. He was also known as Davy Jones, the Laughing Gnome, Major Tom, Ziggy Stardust, Aladdin Sane, and the Thin White Duke. Bowie was the grandfather of punk, an actor, art aficionado, political activist, and one of rock's



most resonant idols. He was a totem of modern pop culture who helped shape the musical landscape of a generation. Sandford will guide us through his life from humble beginnings in South London, to the icon who sold more than 140 million records worldwide. The man and musician will be convincingly deconstructed and compellingly humanized.

Christopher Sandford is the acclaimed author of nineteen books and has written for a variety of publications including the Times of London, The Daily Telegraph, Cosmopolitan, and Rolling Stone. His biographies of Mick Jagger, Kurt Cobain and Sting have been best sellers. Born in London, Sandford splits his time between Seattle and England.

The Seaside Public Library is located at 1131 Broadway. For more information call (503) 738-6742 or visit us at [www.seasidelibrary.org](http://www.seasidelibrary.org)

## Explore Colonial South Africa

### Novelist Diana Polisensky

### *Whitewashed Jacarandas*

### At Seaside Public Library

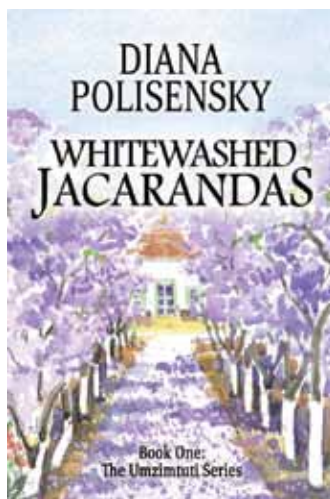
THE FRIENDS OF THE SEASIDE LIBRARY welcome Diana Polisensky, November 19 as she speaks about her novel *"Whitewashed Jacarandas."* The event takes place in the Community Room at 1pm for book sales and signings.

The novel *"Whitewashed Jacarandas"* begins as Dr. Sunny Rubenstein travels the night train through the black void of Africa to check out his 51st job prospect on the rich Cheetah Gold Mine. Along the way he hears that the mine might be running out. But the appendage to it, Umzimtuti, the smallest municipality in the world, could be big—even King George VI will stop off for tea on his Victory Tour on the Royal White Train. Sunny cannot afford to lose a case in his first year, or he will fail to secure the post permanently. He will have to deal with the early morning sick parade under the shadeless blue gum trees, surgery, then on to afternoon clinics ending with calls to far-away farms and mud huts. Umzimtuti is a town where poker stakes are high and liquor flows freely at the Umzimtuti Hotel bar. Bullet holes in the wall attest to its wild past. Sunny will have to unseat the tight-fisted, Mayor if Umzimtuti is ever

going to put in street lights, and get rid of bucket toilets so the town can capture the new surge in post-war industry. Sunny's belief that competence, hope, hard work and idealism are enough will be sorely tested.

Diana Polisensky was born into a medical family and grew up in Africa. Her story in *"Whitewashed Jacarandas"* is based on real events.

The Seaside Public Library is located at 1131 Broadway. For more information call (503)738-6742 or visit us at [www.seasidelibrary.org](http://www.seasidelibrary.org)

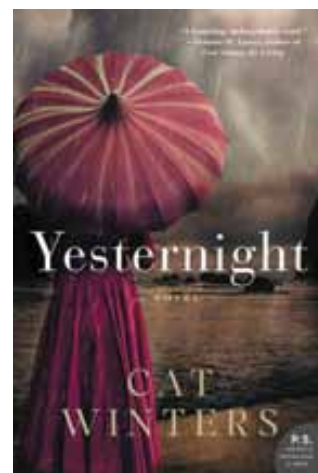


## Cat Winters: Yesternight

### Hoffman Center • November 19

YESTERNIGHT is Winters' second adult novel, recently released October 4, 2016. Set in 1925 in the "rain-soaked coastal hamlet of Gordon Bay, Oregon," the novel involves reincarnation and madness as well as issues of a professional woman stifled by the conventions of her time.

Cat Winters is an award-winning, critically acclaimed author of YA and adult fiction that blends history with the supernatural. Her adult novels are *The Uninvited* and *Yesternight*. Her young adult works include *In the Shadow of Blackbirds*, *The Cure for Dreaming*, *The Steep and Thorny Way*, and the forthcoming *Odd & True*. She has been named a Morris Award finalist, a Bram Stoker Award nominee, and an Oregon Spirit Book Award winner, and her books have appeared on numerous state and "best of" lists.



Winters will lead a writing workshop during the day from 1 to 3:30 pm titled *Writing Scary*.

Learn how to make your readers' hearts race with fear, whether you're a writer of horror or you simply want to write a



chilling scene. Through lectures, group discussions, and a variety of exercises, Winters will share her favorite tools for producing writing that's evocative and spooky.

Tuition is \$30. Register at [hoffmanblog.org](http://hoffmanblog.org).

Following Winters' reading and Q&A in the evening, the popular Open Mic welcomes up to nine local or visiting writers reading 5 minutes of their original work. The suggested (not required) theme for the evening's Open Mic is "It Was a Dark & Stormy Night." Admission for the evening reading is \$7. Both events are part of the second annual Dark and Stormy Night - Mystery Weekend in Manzanita, in collaboration with the North Tillamook Library.

At the Hoffman Center (across from Manzanita Library at 594 Laneda Avenue.) FMI: [hoffmanblog.org](http://hoffmanblog.org) <<http://hoffmanblog.org>> online or contact Kathie Hightower, [kathiejhightower@gmail.com](mailto:kathiejhightower@gmail.com)

*"Yesternight is a story that is unassumingly haunting."*

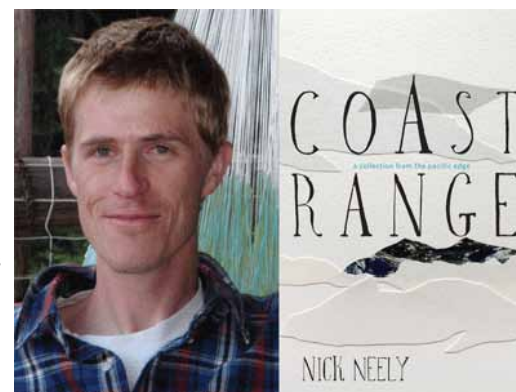
—Kirkus

## Sitka Center Book Reading with Nick Neely

SITKA CENTER FOR ART and Ecology hosts a book reading with past Writer-in-Residence Nick Neely on Wednesday, November 16, 6pm.

Nick was a Sitka Center Writer-in-Residence for 3 ½ months in 2015. He returns to share his new book, *Coast Range*, a collection of essays focusing on the interactions between humans and the natural world within the California and Oregon coastal ranges. Neely capably explores the complexity of his subjects with polish and finesse, looking carefully and thinking deeply. The presentation begins at 6pm in Boyden Studio, light refreshments provided. This event is free and open to the public - a great opportunity to visit the Sitka Center!

Nick Neely's work is published in journals such as *Kenyon Review*, *The Threepenny Review*, *The Georgia Review*, *Audubon*, *Orion*, and *High Country News*. He holds MFAs in poetry and nonfiction from Columbia University and Hunter College. He is the recipient of a PEN Northwest Boyden Wilderness Writing Residency, a UC-Berkeley Food and Farming Journalism Fellowship, and the 2015 John Burroughs Nature Essay Award. He lives in Hailey, Idaho with his wife, the painter Sarah Bird.



## Ric's Poetry Mic • First Tuesdays @ Winecraft

FORMERLY "The Last Tuesday Poetry Open Mic" has a new name, a new place to meet and a new date. In honor of the founder Ric Vrana, the event is named Ric's Poetry Mic and is held at WineKraft, 80 10th Street (on the west end of the Pier 11 Building) in Astoria. The event moves to the first Tuesday of every month. Readings are from 7pm to 8:30pm, with sign up to read at 6:45 p.m. All poetry friends are welcome to come to read and listen. Contact: Mary Lou McAuley <[mmcauley05@gmail.com](mailto:mmcauley05@gmail.com)>



Purple Cats. 9pm at Snug Harbor in Lincoln City.

Shatterproof. 9pm at Rusty Truck Brewery in Lincoln City.

Yachats Celtic Music Festival. yachatscelticmusicfestival.org/

**ART**  
Opening Reception. Into the Wood, art by Jay Ylvisaker. 5 – 7pm at Rowboat Gallery in Pacific City.

**FOOD & DRINK**  
Wine Tasting. Antinori. 1 – 4pm at the Cellar on 10th in Astoria.

Winemaker's Dinner. Antinori. 6pm at the Cellar on 10th in Astoria. Reservations required. 503-325-6600

**HAPPENING**  
Caravan of Glam. Portland's Drag Show that offers performance on a diverse scale - acrobatics, dance, song performance, energetic and high entertainment. 8pm. Cover@ the door. Port of Call in Astoria.

Holiday Bazaar. 10am – 3pm at 18 Moore Rd in Bay Center.

Donkey Basketball. \$8, 2 – 4pm at the Astoria Armory.

Classy Canines Dog RACE Agility Event. The public is invited to participate in this fun day with their dogs. No prior agility experience is necessary. Food will be for sale and dog-themed vendors will sell their wares. \$3.00 per dog per agility event. Additional fees for certification. Starts at 8:30am at the Clatsop County Fairgrounds, Astoria.

Women Only Weekend. A variety of events in Cannon Beach. cannonbeach.org/events/Main-Events/Women-Only-Weekend

Holiday Fair and Bazaar. Over 70 vendors of handmade vintage and retail items. 10am – 5pm at the Tillamook County Fairgrounds.

**LECTURE**  
The Agent Orange Legacy in Oregon Forests. With Roger Dornband. At St Mary's by the Sea Catholic Church in Rockaway Beach.

**LITERARY**  
Lunch with Marcia Miller. Enjoy a catered lunch and fashion show with author Marcia Miller. \$30, includes lunch and a copy of Miller's book "You Go Girls! The Woman's Guide to Great Travel. Reservations required. Noon at Beach Books in Seaside. 503-738-3500

**OUTSIDE**  
Wild Mushroom Program. Presentation and hike. 1pm at Coffenbury Lake, Fort Stevens, Hammond.

Open Spaces Bird Walk. Bird photography discussion. 9 – 11am at Cascade Head, near Otis. 541-992-9720

**THEATER**  
Dead Giveaway. Thriller. \$15, 7pm at the NCRD Performing Arts Center in Nehalem.

The Complete Works of William Shakespeare (abridged)[revised]. Free, 7:30pm at the Coaster Theater in Cannon Beach.

Jake's Women. \$15, 7:30pm at Theater West in Lincoln City.

## Sunday 13

**MUSIC**  
Hey Loretta! A musical tribute to Loretta Lynn. \$18 ( bring a non-perishable food donation for \$2 off), 2pm at the PAC in Astoria.

Delphi Piano Trio. \$25, 3pm at the Camp Winema Chapel, near Neskowin.

Leslie Lou & The Lowburners. No cover, 7pm at the Adrift Hotel in Long Beach.

Polecat. No cover. 8pm at Fort George Brewery & Public House in Astoria.

Leon Forrest. 8:30pm at Snug Harbor in Lincoln City.

Yachats Celtic Music Festival. yachatscelticmusicfestival.org/

**ART**  
Artist Reception. Needle and Crooked knife, featuring the fiber and wood works by Tina McCann. Noon – 4pm at the Latimer Quilt and Textile Center in Tillamook.

**HAPPENING**  
Pacific Northwest Professional Wrestling. Doors open at 4:40pm. Port of Call in Astoria.

Storytelling with the Mountain Man. Free, donations accepted. 2pm at the Lincoln City Cultural Center.

**THEATER**  
Dead Giveaway. Thriller. \$15, 2pm at the NCRD Performing Arts Center in Nehalem.

Metaphysical Comedy – The Ramplings. 2pm at the River City Playhouse in Ilwaco.

## Monday 14

**MUSIC**  
Nellen Dryden. No cover, 7pm at the Adrift Hotel in Long Beach.

## Tuesday 15

**MUSIC**  
North Oregon Coast Symphony. Open rehearsal of Peace & Harmony concert. Free, but donations are encouraged. 6:30pm at the Cannon Beach Community Church.

Nellen Dryden. No cover, 7pm at the Adrift Hotel in Long Beach.

## Wednesday 16

### MUSIC

The Horsenecks. No cover, 7pm at the Adrift Hotel in Long Beach.

**FOOD & DRINK**  
Powered by Teens Ham Dinner. \$10 - \$30. 5 – 7pm at Tillamook High School.

**LITERARY**  
Book Reading. Author Nick Neely will read from his book "Coast Range." 6pm at the Sitka Center near Otis.

**OUTSIDE**  
Mushroom Walk. Dane Osis will lead a mushroom foraging orientation walk to find and identify edible and inedible mushrooms in the Ecola Creek Forest Reserve. Meet up at 10am at the Cannon Beach City Hall parking lot. Bring a basket and knife, dress for the weather.

## Thursday 17

### MUSIC

The Horsenecks. No cover, 7pm at the Adrift Hotel in Long Beach.

Lincoln Pops Big Band. \$6, 7:30 – 10pm at the Gleneden Beach Community Club.

**ART**  
Opening Reception. Art Scholarship Fundraiser show with work by CCC faculty and invited regional artists. 6pm at the Royal Nebeker Art Gallery at CCC in Astoria.

**LECTURE**  
Oysterville Town Hall and Lecture Series. This is the Store that Jack Built: 1885 – 2016. With Tom Downer. 10am at the Oysterville Schoolhouse.

## Friday 18

### MUSIC

Eric Sapington. At Stimulus Espresso Café in Pacific City.

Folkslinger. No cover, 7pm at the Sand Trap Pub in Gearhart.

North Oregon Coast Symphony. Peace & Harmony. \$15, 7pm at the PAC in Astoria.

The Resoelectrics. No cover, 9pm at the Adrift Hotel in Long Beach.

### CINEMA

If There's a Hell Below. \$5, 7:30pm at the Hoffman Center in Manzanita.

**HAPPENING**  
Benefit for Pierce Christie. Merry Time Bar & Grill. Silent Auction and performances beginning at 7pm. Sugg. Donation \$5-\$10.

**LECTURE**  
This Place: A Community Conversation. Free, 6 – 7:30pm at the Astoria Public Library.

**OUTSIDE**  
American Cancer Society Relay for Life. 5 – 11pm at the Lincoln City Outlets. 541-996-5000

### THEATER

Dead Giveaway. Thriller. \$15, 7pm at the NCRD Performing Arts Center in Nehalem.

Metaphysical Comedy – The Ramplings. 7pm at the River City Playhouse in Ilwaco.

It's a Wonderful Life. \$15- \$20. 7:30pm at the Coaster Theater in Cannon Beach.

## Saturday 19

### MUSIC

Kleverkill. Metal band from Central Oregon. With guests. \$8, 8pm at the Astoria Event Center.

Lewi Longmire. \$12, 7pm at the Peninsula Arts Center in Long Beach.

Chuck Westmoreland. No cover, 8pm at the Sou'wester Lodge in Seaview.

Bottleneck Blues Band. 9pm at Rusty Truck Brewery in Lincoln City.

Moody Little Sister. \$20, 7pm at the Lincoln City Cultural Center.

The Resoelectrics. No cover, 9pm at the Adrift Hotel in Long Beach.

The Ocean. 9pm at Snug Harbor in Lincoln City.

**ART**  
Astoria Artwalk. Free, 5 – 9pm at galleries and other businesses n downtown Astoria.

**FOOD & DRINK**  
Wine Tasting. Wines for Thanksgiving. 1 – 4pm at the Cellar on 10th in Astoria.

**HAPPENING**  
United Paws Monthly Adoption Day. This is a great time to stop in and see all the kittens, cats and dogs that need new forever homes. Noon – 3pm at the Tillamook County Fairgrounds.

Netel Grange Contra Dance. Celebrating ten years of Blue Scorcher.

\$5 - \$10. 5pm, come early for dance lessons. At the Netel Grange near Astoria.

Sadie Hawkins Dance. 8pm – midnight at the Astoria Armory.

Fall Yard Debris Cleanup. Drop off leaf bags and debris at Tillamook City Hall parking lot. NO TRASH - this cleanup is for leaves and yard debris only. 9am – 1pm.

Restoration Pow Wow. At Chinook Winds in Lincoln City.

**LITERARY**  
Author Presentation. Author Diana Polisensky will speak about her book, "Whitewashed Jacarandas." 1pm at the Seaside Library.

Manzanita Writers Series. Author Cat Winters will read from her new novel, "Yesternight." \$7, 7pm at the Hoffman Center in Manzanita.

cont. p22

# WEEKLY

## Friday

### MUSIC

Maggie & The Cats w/ The Tolovana Brass. A New Orleans Gumbo of eclectic covers, soul, blues, r&b, and a Lagniappe of originals. No cover, 6:30 – 9:30 at the Wine Bar at Sweet Basil's in Cannon Beach.

Tom Trudell. Jazz piano. No cover, 6– 9pm at the Shelburne Restaurant & Pub in Seaview, WA.

Asleep at the Switch. Blues, Country, 40's, & 50's. Free (donations accepted), 6 – 8pm at the City Hall in Garibaldi.

Jackson Andrews & Dave Quinton. Blues/ Folk/Rock. No cover, 6pm at Sweet Basil's Café in Cannon Beach.

Open Mic. Musicians, singers and comedians are all welcome. Each performer will receive \$1 off pints of beer or cider. Perform or just enjoy the show. 7:30 – 9:30pm at Hondo's Brew & Cork in Astoria,

**HAPPENING**  
Friday Night Mixer. Enjoy a social hour at the gallery, with art and conversation, plus beverages provided by Astoria Coffeehouse. 5 – 7pm at Imogen Gallery in Astoria.

Trivia Night. Find out how much useless (or even useful) stuff you know at the weekly Trivia Night. 7pm at Baked Alaska in Astoria.

Family Skate Night. The Shanghaied Roller Dolls host a family friendly Open Skate Night. There's also Shanghaied Roller Doll merchandise available to purchase and concessions if you need a snack during all the fun! Come on Friday and see if your favorite Doll is there. \$2 at the door and \$3 for skate rentals. 5 - 9:00pm at the Astoria Armory.

Spirit Dance 2. A free-form dance celebration. Music by DJ Pranawave. 6pm warm-up & stretch. 6:15 circle opens and dance begins. 8pm finish. Suggested donation \$10, free for kids. At Pine Grove Community House in Manzanita.

## Saturday

### MUSIC

Musician's Jam. Free, 2 – 4pm at the Tillamook Library.

Open Mic. 3 – 6pm at the Beehive in Nehalem.

George Coleman. Pop/Jazz/Folk/Rock guitar. No cover, 6pm at the Shelburne Restaurant in Seaview, WA

The Honky Tonk Cowboys. Country. No cover, 7 – 10p at the Astoria Moose Lodge.

Saturday Night Dance Party. With DJ Nacho Biznez mixing the latest dance music with old favorites. No cover, 1pm at Twisted Fish in Seaside.

**FOOD & DRINK**  
Wine Tasting Special. \$9 for 4, 2-oz pours + complimentary appetizers. 4 – 6pm at the Wine Bar at Sweet Basil's Café in Cannon Beach.

## Sunday

### MUSIC

All That Jazz. Jazz. No cover (donations accepted). 2pm at the Wet Dog Café in Astoria.

North Coast Country Band. No cover, 3 – 6pm at the Astoria Moose Lodge.

Steve Sloan. 8:30pm at the Snug Harbor Bar & Grill in Lincoln City.

## Monday

**HAPPENING**  
Burgers & Jam Session. 6 – 9pm at the American Legion Hall in Cannon Beach.

## Tuesday

### MUSIC

Richard T. Blues. No cover, 6 – 8:30pm at T Paul's Supper Club in Astoria.

Brian O'Connor. Jazz guitar. No cover, 6pm at the Shelburne Inn in Seaview, WA

Salty Dogs. Folk/Blues/Classic Rock. No cover, 6:30pm at the U Street Pub in Seaside.

Open Jam. Hosted by One Way Out. 8:30pm at the Snug Harbor Bar & Grill in Lincoln City.

### HAPPENING

Teen Tuesdays. Free special events just for teens in 6th through 12th grades. Activities include movie making, video game nights, crafts, and movie nights. 3:30 – 4:30pm at the Seaside Library. FMI visit seasidelibrary.org

### THEATER

Teen Theater Club. Classes will present acting skill development and a monthly focus on a specific area of theater, including stage make-up, set design and lighting, script writing, budgeting and stage management. For ages 14 to 17. \$10/ month. At the ASOC Playhouse in Astoria.

## Wednesday

### MUSIC

George Coleman. Pop/Jazz/Folk/Rock. 5:30 – 9pm at Shelburne Restaurant and Pub in Seaview.

The Coconuts. Swing/Jazz/Country/Bluegrass/Folk. 6pm at the Wine Bar at Sweet Basil's Café in Cannon Beach.

Jam Session. No cover, 7pm-ish – 10pm at the Moose Lodge in Astoria.

Jam Session. Hosted by Richard Thomasian. No cover, 7 – 10pm at the Port of Call in Astoria.

Dan Golden. World Music. 7:30 – 10:30pm at McKeown's Restaurant & Bar in Seaside.

**LITERARY**  
Weekly Writing Lounge. A weekly drop-in writing environment with resources. \$3/ session. 10am – 12:30pm at the Hoffman Center in Manzanita.

**SPIRITUAL**  
Ocean Within Awareness Group. Mission: to actively move toward our true nature and become one with the Ocean Within. Meetings will have two short meditation sessions, group discussions, and a focus practice for the week. All faiths/paths welcome. 6:30 – 7:30pm at the Astoria Indoor Garden Supply. FMI 503-741- 7626

## Thursday

### MUSIC

Alex Puzauskas. Jazz. 6pm at the Shelburne Inn in Seaview.

Dallas Williams. Folk/Americana. No cover, 6:30pm at the Wine Bar at Sweet Basil's Café in Cannon Beach.

Live Music. No cover, 6pm at U Street Pub in Seaside.

Live Music. Thursday Night Gigs, 6pm at the Cannon Beach Gallery.

Richard T. Blues. No cover, 6 – 8:30pm at T Paul's Supper Club in Astoria.

Two Crows Joy. 6 – 8pm at the Sand Dollar Restaurant & Lounge in Rockaway Beach.

Basin Street NW. Jazz. No cover, 6:30pm at the Bridgewater Bistro in Astoria.

Music Jam. All are welcome. 6:30 – 8:30pm at the Astoria Senior Center.

Jim Wilkins. 7pm at the Voodoo Room in Astoria.



## MORE MUSIC



### Nellen Dryden

Nashville based American singer-songwriter Nellen Dryden is mesmerizing audiences with the melodic and nostalgic music of her live show and debut album "Little Stray Heart." And Willie Nelson thinks so

too. One of her tunes Heart Moves, is featured for the Willie movie coming up, My Cricket and Me.

**Nov 14-15, 7pm at the pickled fish/Adrift Hotel in Long Beach**



### Kleverkill

Clean, sweet METAL, Slamming low, heavy riffs, real life stories, killer guitar solos and hooks along with rock solid drumming. Central Oregon's Kleverkill, kills it. With guests One Last Time.

**Wednesday Nov 19, 8pm, \$8, Astoria Event Center**



### The American West

Portland's The American West is an upright bass and guitar duo, combining desert noir, folk, and indie-rock, birthing their self-described "post-american," or as songwriter Matthew Zeltzer

calls it, "Americana without the handclaps."

**Friday, November 25, 7pm – 10pm at the Sand Trap in Gearhart**

#### THEATER

Dinner Theater. Presenting Elf. \$15 for adults, \$12 for 12 and under. 6 – 8pm at Knappa High School.

It's a Wonderful Life. \$15- \$20. 7:30pm at the Coaster Theater in Cannon Beach.

### Sunday 20

#### MUSIC

Cash'd Out. \$15, 2pm at the Historic Raymond Theater in Raymond.

Jason Farnham. \$20 - \$25, 2pm at Tillamook High School.

North Oregon Coast Symphony. Peace & Harmony. \$15, 3pm at the Rockaway Community Church in Rockaway Beach.

Lewi Longmire. No cover, 7pm at the Adrift Hotel in Long Beach.

Jacob Miller & the Bridge City Crooners. No cover. 8pm at Fort George Brewery & Public House in Astoria.

Zuhg. 8:30pm at Snug Harbor in Lincoln City.

#### ART

Artist Reception. Terrie Remington and Kitty Paino will be holding a joint show called Solstice Enlightened. 11am – 1pm at Grace Episcopal Church.

#### FOOD & DRINK

Pancake Breakfast. All-you-can-eat for \$5, 8am – noon at the Bay City Arts Center.

Cannon Beach American Legion Breakfast. \$7 adults, \$3 children under 6. 9 – 11:30am at the American Legion Hall in Cannon Beach

#### LECTURE

In Their Footsteps Lecture Series. No Account of Capt. Lewis..., I Fear Some Accident: Lewis and Clark's Search for a Winter Campsite. With Rex Ziak. 1 – 3pm in the Netul Room at the Fort Clatsop Visitor Center, Warrenton.

#### THEATER

Dinner Theater. Presenting Elf. \$15 for adults, \$12 for 12 and under. 6 – 8pm at Knappa High School.

Metaphysical Comedy – The Ramplings. 7pm at the River City Playhouse in Ilwaco.

### Monday 21

#### MUSIC

Kim Weitkamp. \$15, 1pm at the Historic Raymond Theater in Raymond.

Lewi Longmire. No cover, 7pm at the Adrift Hotel in Long Beach.

#### FOOD & DRINK

Ice Cream Social. The public is invited for cake & ice cream + birthday celebration. \$1 suggested donation, free if it's your birthday month. 2pm at the Peninsula Senior Activity Center in Klipsan Beach.

#### LITERARY

Author Gretchen Bakke. Reading and discussion by former Astorian Gretchen Bakke, author of THE GRID, The Praying Wires Between Americans and Our Energy Future. 5pm at the CCC Library.

### Tuesday 22

#### MUSIC

Pretty Gritty. No cover, 7pm at the Adrift Hotel in Long Beach.

### Wednesday 23

#### MUSIC

Pretty Gritty. No cover, 7pm at the Adrift Hotel in Long Beach.

#### OUTSIDE

Wild Mushroom Hike. Free, 1pm at Battery Russell, Fort Stevens, Hammond.

#### THANKSGIVING

### Thursday 24

#### MUSIC

The American West. No cover, 7pm at the Sand Trap Pub in Gearhart.

Erotic City. Prince Tribute Band. \$5, 9pm at the San Dune Pub in Manzanita.

Western Haunts. No cover, 9pm at the Adrift Hotel in Long Beach.

#### HAPPENING

Deck the Hall. Holiday shopping. Unique treasures created by Local Artists. Noon – 4pm at Redmen Hall in Skamokawa.

Holidays at the Beach. Fun family events including magic shows, holiday photos, and more. In Long Beach. Holidayslong-beach.com

Santa Lucia Festival. \$1 per person or \$5 per family. 7pm at the Astoria High School Auditorium.

Holiday Gift Fair. Noon – 5pm at the Seaside Convention Center.

Holiday Gift Fair. 8am – 5pm at the Rockaway Beach City Hall.

Lighting of the Christmas Tree. 6:30pm in Rockaway Beach.

Tree Lighting Party and Santa Sale. Shop for handmade gifts and make your own ornament with live music and visits with Santa. At the Lincoln City Cultural Center.

Creative Arts Holiday Show and Sale.

Original works by local artists. 10am – 5pm at the Gleneden Beach Community Hall.

#### THEATER

It's a Wonderful Life. \$15 - \$20. 7:30pm at the Coaster Theater in Cannon Beach.

### Saturday 26

#### MUSIC

Troll Radio Revue. 11am at Fort George in Astoria.

Margot Limburg and Timothy Hull. \$12, 7pm at the Peninsula Arts Center in Long Beach.

The June Bugs. 9pm at Rusty Truck Brewery in Lincoln City.

Western Haunts. No cover, 9pm at the Adrift Hotel in Long Beach.

Ted Vaughn Blues Band. 9pm at Snug Harbor in Lincoln City.

#### FOOD & DRINK

Breakfast with Santa. \$18 for adults, \$13 for kids 10 and under. 9am and the Sand Trap Pub in Gearhart.

Wine Tasting. 1 – 4pm at the Cellar on 10th in Astoria.

#### HAPPENING

Deck the Hall. Holiday shopping. Unique treasures created by Local Artists. Noon – 4pm at Redmen Hall in Skamokawa.

Holidays at the Beach. Fun family events including magic shows, holiday photos, and more. In Long Beach. Holidayslong-beach.com

Holiday Gift Fair. 10am – 5pm at the Seaside Convention Center.

Holiday Gift Fair. 8am – 5pm at the Rockaway Beach City Hall.

Tree Lighting Party and Santa Sale. Shop for handmade gifts and make your own ornament with live music and visits with Santa. At the Lincoln City Cultural Center.

Creative Arts Holiday Show and Sale.

Original works by local artists. 10am – 5pm at the Gleneden Beach Community Hall.

#### OUTSIDE

Wild Mushroom Program. Presentation and hike. 1pm at Coffenbury Lake, Fort Stevens, Hammond.

#### THEATER

It's a Wonderful Life. \$15- \$20. 7:30pm at the Coaster Theater in Cannon Beach.

### Sunday 27

#### MUSIC

North Coast Chorale. Messiah Sing-and-Play-Along. Free, 4pm at the PAC in Astoria.

Blind J Wakins & Caitlin Webster. No cover, 7pm at the Adrift Hotel in Long Beach.

McDougall. No cover. 8pm at Fort George Brewery & Public House in Astoria.

#### HAPPENING

Deck the Hall. Holiday shopping. Unique treasures created by Local Artists. Noon – 4pm at Redmen Hall in Skamokawa.

Holidays at the Beach. Fun family events including magic shows, holiday photos, and more. In Long Beach. Holidayslong-beach.com

Holiday Gift Fair. 10am – 3pm at the Seaside Convention Center.

#### THEATER

It's a Wonderful Life. \$15- \$20. 3pm at the Coaster Theater in Cannon Beach.

### Monday 28

#### MUSIC

Blind J Wakins & Caitlin Webster. No cover, 7pm at the Adrift Hotel in Long Beach.

#### HAPPENING

Tree Lighting Holiday Celebration. 4:30 – 7pm in downtown Cathlamet.

Tuesday 29

#### MUSIC

Blind J Wakins & Caitlin Webster. No cover, 7pm at the Adrift Hotel in Long Beach.

### Wednesday 30

#### MUSIC

Rhythm Method. No cover, 6 – 8pm at the San Dune Pub in Manzanita.

Common Starling. No cover, 7pm at the Adrift Hotel in Long Beach.

#### HAPPENING

Angels Anonymous Fantasy of Trees. Noon – 8pm at Chinook Winds in Lincoln City.

#### OUTSIDE

Wild Mushroom Hike. Free, 1pm at Battery Russell, Fort Stevens, Hammond.

### DEC. Thursday 1

#### MUSIC

Aaron Meyer. \$20, 7pm at the Lincoln City Cultural Center.

Common Starling. No cover, 7pm at the Adrift Hotel in Long Beach.

#### HAPPENING

Deck the Hall. Holiday shopping. Unique treasures created by Local Artists. Noon – 4pm at Redmen Hall in Skamokawa.

First Thursday Trivia. Teams of 1-5 compete for universal admiration and fantastic prizes. Sign up ahead of time or just show up! Free, 5:30 – 6:30pm at the Astoria Public Library.

Angels Anonymous Fantasy of Trees. Noon – 8pm at Chinook Winds in Lincoln City.

### Friday 2

#### MUSIC

The Supraphonics. No cover, 9pm at the Adrift Hotel in Long Beach.

#### ART

Starving Artist Faire. One of a kind handmade items, Santa, music, etc. \$2 admission or 2 non-perishable food items. 7 – 10pm at the Astoria Armory.

#### HAPPENING

Deck the Hall. Holiday shopping. Unique treasures created by Local Artists. Noon – 4pm at Redmen Hall in Skamokawa.

Christmas Bazaar. 2 – 7pm at the Tillamook Church of the Nazarene.

Angels Anonymous Fantasy of Trees.

Noon – 8pm at Chinook Winds in Lincoln City.

#### THEATER

Scrooged in Astoria. \$5, 7pm at the ASOC Playhouse in Astoria.

It's a Wonderful Life. \$15- \$20. 7:30pm at the Coaster Theater in Cannon Beach.

### Saturday 3

#### MUSIC

Anna Tivel and Jeffrey Martin. \$12, 7pm at the Peninsula Arts Center in Long Beach.



Blue Evolution. 9pm at Snug Harbor in Lincoln City.

The Supraphonics. No cover, 9pm at the Adrift Hotel in Long Beach.

#### ART

Starving Artist Faire. One of a kind hand-made items, Santa, music, etc. \$2 admission or 2 non-perishable food items. 10am – 6pm at the Astoria Armory.

Winter Bazaar. Reclaimed wood furniture, jewelry, paintings, gourmet ice cream, hand-dyed linens, sculpture, vanilla, glass mosaics, painted rocks, and pizza. 11am – 5pm in the barn at HiiH Lights, 89120 Lewis and Clark Rd, Astoria.

Seaside Art Walk. 5 – 8pm at galleries and businesses in downtown Seaside and Gearhart.

#### FOOD & DRINK

Wine Tasting. Holiday Sparkling. 1 – 4pm at the Cellar on 10th in Astoria.

Winemaker's Dinner. Holiday Sparkling. 6pm at the Cellar on 10th in Astoria.

Reservations required. 503-325-6600

#### HAPPENING

Deck the Hall. Holiday shopping. Unique treasures created by Local Artists. Noon – 4pm at Redmen Hall in Skamokawa.

Game Day at the Library. Relax and have fun with family and friends at the library's free monthly Game Day. Choose from a wide variety of board games, card games, and LEGO® bricks for all ages. 2 – 4pm at the Astoria Public Library.

Festival of Trees. 9am – 9pm at the Seaside Convention Center. facebook.com/events/1640505639606175/

Holiday Lasagna-thon. Dinner, live music, silent auction and more. \$25, \$10 for youth under 12. 6 – 9pm at the Bay City Arts Center. Call 503-377-9620 to make reservations.

Christmas Bazaar. 9am– 3pm at the Tillamook Church of the Nazarene.

Angels Anonymous Fantasy of Trees. 10am – 3pm at Chinook Winds in Lincoln City.

Angels Holiday Ball. Live music with Blackbird, dinner, silent auction and more. \$75, 5:30 – 10:30pm at Chinook Winds in Lincoln City.

Holiday Craft Fair. 10am – 4pm at the Connie Hansen Garden Conservancy in Lincoln City.

Saturday Pile-Up. Bring your own car for the car show, Bench Racing, Tailgate Party, and Jam Session. Starts at 11am at Lincoln Auto Supply in Lincoln City.

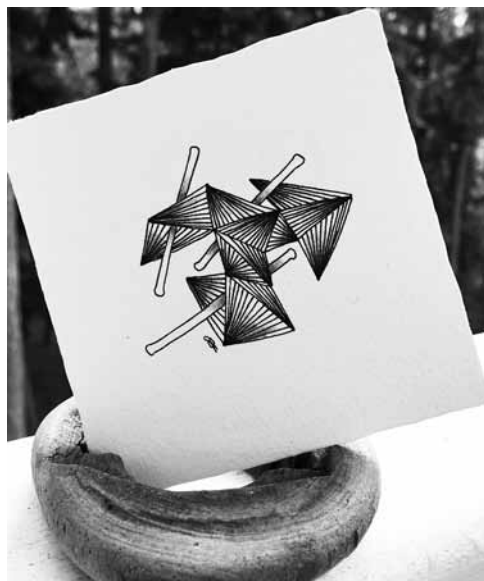
#### LITERARY

Author Presentation. Author Floyd Skloot will read from his novel "The Phantom of Thomas Hardy." 7pm at the Hoffman Center in Manzanita.

#### OUTSIDE

Plant Willows at Thompson Creek. Celebrate 10 years of successful restoration

## Two-Day Zentangles Workshop Set for Manzanita



The Hoffman Center for the Arts in Manzanita will host a two-day "Two Tangled Treasures" Zentangles workshop the weekend of Nov. 12-13. Deb Thompson, an instructor from Eugene who has taught the art at the Center before, will lead the sessions.

The workshop is designed by all ages. Instruction hours will be from 9:30 a.m. to noon each day.

The Saturday workshop will work with Renaissance Tiles. The Sunday session will introduce Black Tiles as another medium for dramatic designs.

"Students will explore tangles from a new angle," said Thompson. "They will use brown, black and white pens to work the surface, and continue to create shadow and highlight with graphite and white charcoal pencils."

Tuition for the workshop will be \$70 for both days or \$35 for one only. The materials fee will be \$6 per day, paid to the instructor.

Persons interested in taking the class can register for "Two Tangled Treasures" on-line at hoffmanblog.org. The registration deadline is Thursday, Nov. 10.

Questions about the "Two Tangled Treasures" workshop can be sent to Thompson at DebThompson@CreationUnplugged.com

### ARTIST CALL: Cannon Beach Gallery Annual Miniatures exhibition Memories and Mementos.

In light of the momentous occasion of the 30th Anniversary, the theme of this show will encourage artists to take a look back through their memories and interpret these through their art. The Juror for this exhibition will be Jeanine Grafton, Gallerist and Owner of RiverSea Gallery. In addition to the juried exhibition CB Gallery announces a satellite show will be happening in it's new space located in Sandpiper Square. The Creative Coast Project Space will host any artwork not juried into the Miniatures exhibition. This exhibition will run during the same time frame as our main show and will provide a wonderful opportunity for all the artwork submitted to be viewed.

Submission Day: November 30, 10am – 4pm @ Cannon Beach Gallery. Early Submissions may be brought to the Creative Coast Project Space located in Sandpiper Square. Open hours are Wednesday – Saturday, 11am – 4pm. For criteria and entry info go to: cannonbeacharts.org.

## North Coast Chorale Invited to International Choral Festival in Spain



THE NORTH COAST CHORALE (NCC) has received an invitation to participate as an external group at International Federation of Choral Music 11th World Symposium in Barcelona, July 22 through July 25, 2017.

Only 24 choral groups were selected from around the world. NCC, although not one of the 24, was invited to participate in a special group during the first session.

The group is working to recruit at least 30 singers to make the trip. Dr. Denise Reed says "It is an incredible opportunity to represent Astoria in a world choral symposium and the North Coast Chorale is honored to be invited!"

The North Coast Chorale celebrated their 25th anniversary in 2015. Dr. Reed has been the group's music director since 2006. The group supports the community in many ways: for over ten years the NCC has co-sponsored a Community Messiah

event that raises funds for the local food banks, the group helps ring in the season during the annual 'lighting of the town' with holiday carols, participates annually at the Scandinavian Lucia Festival, participated at the dedication of the Garden of Surging Waves and the Harvest Moon Festival, sing by invitation with the North Coast Symphonic Band and the Astoria Music Festival, donate their services to benefit community causes such as scholarship fundraisers, and sing at the Clatsop Retirement Village and Clatsop Care Center. The North Coast Chorale is one of the Partners for the CCC Performing Arts Center, and consistently presents meaningful concerts at reasonable prices to the communities of the North Coast.

The Chorale will be conducting fundraising to help offset the cost of the trip for singers. Watch for more information and ways the community can help the NCC make this dream a reality.

## Veterans' Day and Trunk Show at The Art Loft

NOVEMBER is a busy month at the Astoria Art Loft.

The Second Saturday Art Walk on November 12, 3 – 6 pm is the time to honor all our current and former military personnel and their families and all who served our country. The artwork for November is the work by our honorees and their families and includes artwork by artists of all ages. Many subjects and many different media are exhibited. Military medals and military photos are also on display. Join us to meet the many who have served our country.

Have fun on November 18 and 19, Friday and Saturday, 10 a.m. – 4 p.m. with special festivities: a jewelry trunk show, original art-and-soul, and pet portraits. Enjoy the jewelry creations by Nancy Karacand, well-known for her original designs and her exquisite beadwork. Nancy has created many new and unusual pieces for this trunk show. Select your holiday gifts from among the many original, small, and affordable pieces of art, our art-and-soul.

Want a beautiful portrait of your beloved dog or other pet? Make an appointment for a pet portrait with a professional photographer. Appointments available on Friday and Saturday, Nov 18 and 19, from 10 a.m. – 3:45 p.m. Call for appointment and information on fees: 503.325.4442 or 503.791.8444.

Classes and activities are ongoing. Wednesday afternoons are devoted to watercolor and Wednesday evenings to drawing. Thursdays are for Open Studio and Fridays are for art-related films and videos.

Private lessons are available through the week. The gallery is open Tuesday through Saturday, 11 a.m. – 4 p.m. and other times by appointment.

**The Art Loft is located at 106 3rd St. in Astoria**

## Trails End Show for December Gifts in Mind

HAVING TROUBLE finding that perfect gift? Look no further than the Trail's End Art Gallery December show for the unique gift of art for your home or that of a special friend. Plan now to attend the December 3 opening reception from 2-5 p.m. at the gallery in Gearhart, 656 A Street. Enjoy refreshments and the art before going on to other Gearhart Art Walk locations nearby.

Trail's End features favorites of our local artists with a thought to pieces that could make wonderful and exciting gifts. You can choose from photographs and paintings that are original, one-of-a-kind works of art. Many depict local scenes. Also available are high-quality prints and cards of all types. Fused glass plates and decorations shine with holiday motifs. For the perfect hostess gift, consider hand-turned wooden wine stoppers. Also available are delicate hand-turned wooden bowls and beautifully decorated boxes.

**December 3, 2-5pm at 656 A Street in Gearhart**

## HIIH LIGHTS • SUNDAY OPEN STUDIO

Invites the public to come out to their art barn studio, watch Lâm Quang make paper, and see their lights. Nov 13, 10-12 noon. 89120 Lewis and Clark Road, Astoria. www.hiihlights.com





**ARRIVAL (NOV. 11)** Amy Adams stars in director Denis Villeneuve's thoughtful take on an alien contact movie. Adams plays Dr. Louise Banks, a linguistics professor doing translation work for the military when news reports flash that alien spacecraft have landed at 12 points on the globe. Immediately, Banks is contacted by Army Colonel Weber (Forest Whitaker) to travel to Montana with theoretical physicist Ian Connelly (Jeremy Renner) to attempt to communicate with the aliens. There, they find a mile-high oval spacecraft that hovers above earth except for a one hour window where humans can enter. In an observation room, separated by a clear panel, Banks makes contact with the aliens, who are seven-legged creatures called "heptapods," who emit an inky fluid that changes into characters. In the most fascinating sequence, Louise must learn the meaning of the aliens' words, while teaching them English. With worldwide unrest, bordering on panic ratcheting to warlike conditions, the military pressures Banks to move faster, which she resists. All the while, Banks is dealing with the loss of a child to cancer, a tragedy that acquires a deeper meaning by the end.



**BILLY LYNN'S LONG HALFTIME WALK (NOV. 11)** Director Ang Lee brings to the screen the story of Billy Lynn (Joe Alwyn), an American soldier crowned a hero of the Iraq War, whose entire squad is paraded before the public during halftime of a Dallas Cowboys football game. When news footage captures Billy rescuing his wounded Sgt. Shroom (Vin Diesel), he and his entire squad become celebrities and are whisked back to the States for a two-week Victory Tour to drum up support for the war before they redeploy. Scenes of intense combat contrast with the disconnect Billy and his squad feel while living the celebrity life – a Hollywood player dangles movie deals, the smarmy Dallas Cowboys owner (Steve Martin) uses them for the publicity they bring. Amidst the overwhelming disorientation, Billy finds some reality when he strikes a romance with Christian Dallas Cowboys cheerleader (Makenzie Leigh), while his sister Kathryn (Kristen Stewart) tries desperately to convince Billy not to redeploy due his possible PTSD.

**THE EDGE OF SEVENTEEN (NOV. 18)** Hailee Steinfeld (True Grit) is getting rave reviews for her portrayal of wiseass teenager Nadine, who is convinced everyone's life is better than hers and is simultaneously insecure

and hostile. Nadine must live in the shadow of older brother Darian, the family favorite, and has a tense relationship with her mother (Kyra Sedgwick). Nadine's only refuge is her best friend Krista, who she's been besties since a young age. But when Krista starts a romance with Nadine's brother, Nadine forces her to choose between her brother and herself. When Krista chooses Darian, Nadine must reach out for the first time toward people she previously dismissed.



Synopsis: Everyone knows that growing up is hard, and life is no easier for high school junior Nadine (Hailee Steinfeld), who is already at peak awkwardness when her all-star older brother Darian (Blake Jenner) starts dating her best friend Krista (Haley Lu Richardson). All at once, Nadine feels more alone than ever, until an unexpected friendship with a thoughtful teen (Hayden Szeto) gives her a glimmer of hope that things just might not be so terrible after all.

**FANTASTIC BEASTS AND WHERE TO FIND THEM (NOV. 18)** The first of five planned films in J.K. Rowling's new wizardry series, Fantastic Beasts is set in 1920's New York and stars Eddie Redmayne, Katherine Waterston, Colin Farrell and Jon Voight. The year is 1926, and Newt Scamander (Eddie Redmayne) has just completed a global excursion to find and document an extraordinary array of magical creatures. Arriving in New York for a brief stopover, he might have come and gone without incident, were it not for a No-Maj (American for Muggle) named Jacob, a misplaced magical case, and the escape of some of Newt's fantastic beasts, which could spell trouble for both the wizarding and No-Maj worlds.



**MANCHESTER BY THE SEA (NOV. 18)** Casey Affleck turns in what many are touting as an Academy Award-worthy performance in playwright Kenneth Lonergan's meditation on regret and shattered lives in a small New England town. Affleck plays Lee Chandler, a taciturn handyman who spends days cleaning toilets and painting walls and solitary nights in bars, picking the occasional fight. Hints of a happier past crop up in flashbacks that show him fishing with his older brother Joe (Kyle Chandler) and his son Patrick; Lee as a family man with his wife Randi (Michelle Williams). By the omission of Lee's wife and children from his life, we get hints of a past tragedy that drove Lee to his dead-end existence. When Lee get news that Joe has died from a heart attack, he leaves Boston and drives to Manchester by the Sea, a small town, where he is informed that in the absence of the mother, Lee must surprisingly become teenager Patrick's guardian. Patrick's typical teenage concerns with girls and his rock band help Lee move past, if not come to terms with great personal regrets.



**ALLIED (NOV. 23)** Brad Pitt and Marion Cotillard star in this World War II romance thriller. Pitt plays Max Vatan, a Canadian working for British intelligence who enters Morocco on a dangerous mission to execute the German Ambassador. In Casablanca he meets Marianne Beausjour (Cotillard), a famous French spy ring leader, who plays Max's fictional wife and will aid him in the attack. With two weeks to kill before the attempt, Max and Marianne rehearse for the mission and get to know each other. Despite their professional demeanors, and the fact that in Max's estimation there is only a small chance of both surviving the mission, they fall in love. The assassination is successful but Max is wounded. Ordered by Max to leave him, Marianne instead saves him and the two escape on a boat where Max proposes. Marianne joins Max in London where they are married and have a child. For a while, life is good as Max works a safe desk job while Marianne cares for their child. Then one day, Max has a private meeting with British Intelligence where he's informed they believe his wife is a German spy. Max has 72 hours to clear his wife. If guilty, Max will be forced to execute Marianne himself or be hanged. Marianne realizes through Max's behavior that something has changed while Max goes on a dangerous mission to France to clear Marianne's name.

**MISS SLOANE (NOV. 25)** Jessica Chastain bids for her third Oscar nomination with her performance as a ruthless lobbyist who takes on the gun industry. Synopsis: In the high-stakes world of political power-brokers, Elizabeth Sloane (Jessica Chastain) is the most sought after and formidable lobbyist in D.C. Known equally for her cunning and her track record of success, she has always done whatever is required to win. However, when she takes on the most powerful opponent of her career, she finds that winning might cost her too much.







# FREE WILL ASTROLOGY

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## NOVEMBER

**ARIES** (March 21-April 19): I am in awe of your headfirst, charge-forward, no-distractions approach. In fact, I aspire to incorporate more of the Aries-style directness into my own repertoire. But I also love it when, on rare occasions, you flirt with a more strategic perspective. It amuses me to see you experimenting with the power of secrets. Your wisdom often grows at an expedited rate when you get caught up in a web of intrigue that exposes you to dark joys and melodramatic lessons. During times like these, you feel fine about not having everything figured out, about not knowing the most straightforward route to your destination. You allow the riddles and enigmas to ferment as you bask in the voluptuous ambiance of the Great Mystery. Now is such a time.

**TAURUS** (April 20-May 20): I am pleased to inform you that at least 30 percent of what you think you know about love and lust is too prosaic. Probably too narrow and constrained, as well. But here's the good news: As soon as you agree to relinquish the dull certainty of that 30+ percent, you will open yourself to a surge of fresh teachings. And soon, I expect, dewy throbs and hot flows will awaken in all the erotic parts of your body, including your heart and brain and soul. If you're brave enough to respond, generous lessons in intimacy will keep you entertained for weeks.

**GEMINI** (May 21-June 20): Over the last two decades, well-meaning Westerners have donated a profusion of clothes to low-income folks in Kenya, Uganda, and Tanzania. Kind and magnanimous, right? Yes, but their largesse has had an unintended consequence: the demise of the textile industry in those African countries. With this as a cautionary tale, I'm asking you to take inventory of your own acts of benevolence and charity. Are they having effects that you approve of? If not completely, how could you adjust the way you give your gifts and bestow your blessings?

**CANCER** (June 21-July 22): Is it possible that you might flourish as a topdog after all the work you've put in as an underdog? Can you wean yourself from the worried fantasy that you've got endless dues to pay, and then harness your imagination to expand your confidence and build your clout? I believe you can. And in the coming weeks I will unleash a flood of prayers to the Goddess of Holy Reversals, asking her to assist you. Now please repeat after me: "I am a creative force of nature. I am a strong song of liberation. I am a wise animal with direct access to my primal intelligence."

**LEO** (July 23-Aug. 22): The next few weeks could be smooth, peaceful, and bland. Is that the experience you want? Mild satisfactions, sweet boredom, and slow progress? There's nothing wrong with any of that. Please feel free to loll and loaf as you explore the healing charms of laziness. Grant yourself permission to avoid conflict and cultivate sunny self-protectiveness. This is one of those times when silence and stasis are among the best gifts you can give yourself. Welcome the rejuvenating power of emptiness!

**VIRGO** (Aug. 23-Sept. 22): It's time to replace banged-up, dried-out old obsessions with ripe, juicy fascinations. It's your duty to phase out numbing traditions and deadening habits so as to make room for exciting new rituals, customs, and sacraments. Can you summon the electric willpower to shed influences that are technically "correct" but lacking in soulfulness? I think you can. Do you love yourself enough to forswear pretty but meaningless titillations? I think you do. Now get out there and do the hard work necessary to bring more serious fun into your life. Homework: Write an essay titled "What I Can Do to Be More Playful."

**LIBRA** (Sept. 23-Oct. 22): Over the course of his or her life, the average British person says "Sorry" on over 90,000 occasions. The typical Libran Brit probably utters routine apologies upwards of 120,000 times. Libras from other countries may not reach that heady level, but many do specialize in excessive politeness. (I should know, as I have three planets in Libra in my natal chart.)

But in accordance with the astrological indicators, I am authorizing you to be a bit less courteous and solicitous than usual in the next few weeks. Don't go overboard, of course. But allowing yourself some breathing room like this will help you get more rigorous access to your authentic, idiosyncratic, soulful urges -- which will be very tonic.

**SCORPIO** (Oct. 23-Nov. 21): Until 2007, Scotland's official slogan was "Scotland, the Best Small Country in the World." Deciding that wasn't sufficiently upbeat, the government spent \$187,000 on a campaign to come up with something better. "Home of Golf" and "Home of Europe's Fastest Growing Life Sciences Community" were among the proposed phrases that were rejected. The ultimate choice: "Welcome to Scotland." I bring this to your attention, Scorpio, because you're in a favorable phase to rebrand yourself. But I hope you will be more daring and imaginative than Scotland. How about "Smolderingly Alarmingly Brilliant"? Or maybe "Safely Risky and Unpredictably Wise" or "Home of the Best Secrets Ever"?

**SAGITTARIUS** (Nov. 22-Dec. 21): I cheer you on as you attend to your difficult but holy duties. I send you my love as you summon the wisdom and resourcefulness you need to weather the gorgeous storm. Here are clues that might be useful: Whether you are partially or totally victorious will depend as much on the attitude you hold in your heart as on your outward behavior. Be grateful, never resentful, for the interesting challenges. Love your struggles for the new capacities they are building in you.

**CAPRICORN** (Dec. 22-Jan. 19): The coming weeks constitute the harvest phase of your personal cycle. That means you have the pleasure of gathering in the ripe rewards that you have been cultivating since your last birthday. But you also have the responsibility to answer and correct for any carelessness you have allowed to affect your efforts during the previous eleven months. Don't worry, dear. My sense is that the goodies and successes far outnumber and overshadow the questionable decisions and failures. You have ample reasons to celebrate. But I hope you won't get so caught up in your rightful exaltation that you'll neglect the therapeutic atonements.

**AQUARIUS** (Jan. 20-Feb. 18): Like England and Spain, the Netherlands has a royal family, including a king, queen, prince, and princesses. They're an egalitarian bunch. The young ones attend public schools, and the previous queen's birthday is celebrated with a nation-wide flea market. The king's crown is attractive but quite economical. Its pearls are fake, and other "jewels" are made of glass, colored foil, and fish scales. In accordance with the astrological omens, I propose that you create a regal but earthy headpiece for yourself. It's high time for you to elevate your self-worth in an amusing and artful way. What fun and funky materials will you use in your homemade crown?

**PISCES** (Feb. 19-March 20): In her book, *A Natural History of the Senses*, Diane Ackerman reports on the eccentric methods that professional writers have used to galvanize their creative process. Poet Amy Lowell relaxed into her work day by puffing on Manila cigars. Novelist Colette plucked fleas from her cat. T. S. Eliot's poetry thrived when he had a head cold. Novelist George Sand liked to jump out of bed after making love and immediately begin writing. Novelist William Gass, who is still among the living, wanders around outside taking photos of "rusty, derelict, overlooked, downtrodden" places. As for D. H. Lawrence: climbing mulberry trees naked energized his genius. What about you, Pisces? Now is an excellent time to draw intensely on your reliable sources of inspiration-- as well as to seek new ones.

Homework: Compose a sincere prayer in which you ask for something you think you're not supposed to. Testify at [Freewillastrology.com](http://Freewillastrology.com).

# Bike Madame

By Margaret Hammitt-McDonald



## Make Your Own Fuel (for you, not the bike)

UNLESS YOUR TRIP is so short that you coast more than you pedal, after (or during) your ride, you're going to need to refuel. Maybe you head for the nearest café at journey's end, but not every trek brings you to such a convenient refreshment spot.

Enter the prepared-food industry, ready to supply you with a bewildering array of choices, everything from nuts in fancy dress to stuff in a tube that started life aboard the space shuttle. These products are convenient if you don't have the time or the inclination for creating a homemade version. However, if you'd like to save money and avoid all that packaging, why not try a make-it-yourself treat with ingredients you have complete control over?

Here are some recipes for treats you can pack in your panniers, courtesy of my husband, Seth Goldstein, baker (and snacker) extraordinaire.

If you're partial to dates, figs, and other sweet but wholesome items (think date logs with coconut flakes), Omega-3 Energy Spheres are tasty and easy to make. Take one cup of ground date pieces (you can grind them yourself, but be aware of their sticky consistency), 1 tablespoon ground flax seed, 1 teaspoon cinnamon, a pinch of nutmeg, a pinch of cayenne pepper (or paprika if you don't like hot peppers), and shredded coconut to taste and combine them in a mixing bowl or food processor until evenly blended. Separate the mixture and roll into balls. Put them into a glass leftovers container or jar and take them along. They last up to two days, a week if refrigerated.

If you prefer granola, try Glorious Granola of the Greek Gods (it's like Olympian nectar, only crunchier!) Pour 16 ounces of your favorite nut butter into a mixer and mix on a low setting

until the oils and the solids are evenly blended. Add three to four cups of a granola flavor of your choice (from the bulk section of your friendly food co-op or natural grocery store) and mix until the nut butter covers the granola completely. (The amount of granola required will depend on how much you need to yield an even blend. This also differs depending on how large the granola chunks are.) You can then add more ingredients, as you wish: ½ cup sunflower seeds, ½ cup nuts, ½ cup chocolate bits, and 1 cup raisins or other small dried fruits (such as cranberries or blueberries). If you want the granola to be moister, add 2 tablespoons honey, maple syrup, or fruit juice. Continue mixing it all together until everything is evenly distributed. Place in a glass storage container and refrigerate overnight so the mixture hardens and is no longer drippy. You can divide it into bars or just eat it out of the container with a spoon. It'll last up to a week in the refrigerator.

Some swear by that classic camping concoction, gorp. Maybe you're satisfied with a giant bag full of peanuts, raisins, and M & Ms, but for the ambitious, here's my contribution to gorp greatness: 1 cup mixed nuts, 1 cup dried cranberries, ½ cup dried mangoes, chopped or torn into small pieces, ½ cup crunchy sesame sticks, ½ cup toasted pumpkin seeds, and ½ cup dark chocolate bits. Pour all ingredients into a mixing bowl, stir together until well blended, pack in a jar, and go! When the stomach calls, reach in and grab a handful. Yum!

The next time you're out for the day (or just riding to work), don't settle for space goo squeezed out of a tube-- concoct your own little piece of bike-trip snacking nirvana! Astronauts will envy you.



## WORKSHOPS/CLASSES

**ADVANCED UKULELE WORKSHOP.** November 12. With Lorenzo Carlson. Special chords, scales, finger picking styles, song arrangements. \$10, Noon at Thiel's Music Center in Astoria.

**BLOCK PRINTING.** NOVEMBER 17. With Jill Merrill. Students will make a block print and a set of printed greeting cards. All materials are provided and the class is free. 2 – 3pm at the Ocean Park Library. RSVP at 360-642-3908

**PAINTING WITH A PINT.** November 11 or December 3. With Janet Hockman-Sheridan. A step-by-step two hour painting class while you sip on a pint of your favorite Fort George beverage! Participants can enjoy beverages and appetizers in a unique and fun atmosphere, socializing with friends, all while completing a 16" x 20" painting. Cost is \$35, which includes all materials, instruction, and one Fort George beverage of your choice. 2-4pm in the Lovell Showroom at Fort George in Astoria.

**BLOCK PRINTING.** November 19. With Jill Merrill. Students will make a block print and a set of printed greeting cards. All materials are provided and the class is free. 2 – 3pm at the Raymond Library. RSVP at 360-642-3908

**ZENTANGLE** on Renaissance Tiles. November 12, 13. Instructor Deb Thompson will highlight the eight steps of the Zentangle Method, and teach students Zentangle patterns that can build a Zentangle foundation. No prior knowledge or practice of Zentangle is necessary. \$35/day + \$6 materials fee. 9:30am – noon at the Hoffman Center in Manzanita. Register at hoffmanblog.org

**SILK SCARF PAINTING WORKSHOP.** November 19. \$25 for 2 scarves and all materials. 1 – 4pm at the Connie Hansen Garden Conservancy in Lincoln City

**AUTUMN FLOWER ARRANGING CLASS.** November 22. 10am – noon at the OSU Extension Office in Tillamook.

**KID'S FALL-THEMED ART CLASS** November 26. For children 5 – 7 years old. \$5, 12:30 – 2:30pm, at the Bay City Arts Center. Register at 503-377-9620

**HOLIDAY WREATH MAKING.** November 26, 27. Bring the beauty of the forest home this winter by creating a winter wreath. Participants will be introduced to a variety of natural materials that can be used for home decoration during the holiday season. Younger children will also be able to make a cone craft and other small items. All materials and supplies are included in the cost of the class [\$15 wreaths & \$5 cone craft]. 11:30am – 1:30pm at the Tillamook Forest Center, east of Tillamook.

**HOLIDAY WREATH MAKING CLASS.** November 28, December 3, or December 5. \$15. Get creative at the Cannon Beach Chamber of Commerce from 11am until 3pm. This wreath-making event comes with an instructor, along with refreshments and holiday music.

**SHAKESPEARE BY THE BAY. SATURDAYS,** starting November 29. The course will focus on the following plays: The Tempest, Antony & Cleopatra, and Hamlet. \$20, 10am – noon at the Bay City Arts Center. Register at 503-377-9620

## BODY WORK•YOGA•FITNESS

**GET FIT WITH AQUANASTICS** at KOA Fall into fitness with Aquanastics. This class is an invigorating 50-minute water workout that's easy on the joints, refreshing and fun. This multi-level class includes a warm-up, 30 minutes of cardiovascular training, muscular strength and conditioning with 'noodles' and a flexibility cool-down. Water exercise provides special benefits of buoyancy and water resistance in a heated pool. This pool is shallow and ability to swim is not required. The class is for both men and women and is limited to 12 students per session. There is no pool fee. Taught by Kathleen Hudson. Tuesday/Thurs-

day, October 4 – November 29 from 9:00-9:50 am or 10:00-10:50 am at the KOA Campground Pool. Cost is only \$39. Please preregister now at [www.clatsopcc.edu/schedule](http://www.clatsopcc.edu/schedule) and search in Fall term for 'Aquanastics' under Course Title or call 503-325-2402.

**CLASSICAL BELLY DANCE.** Classes held Sundays 3-4:30 @ Tolovana Community Hall 3778 s. Hemlock Cannon Beach. Drop in \$10. Everyone welcome. Info call Sarah 971-601-0127.

**RIVERSZEN YOGA** and Ki-Hara Resistance Stretching Studio. Located at 399 31st Str. Astoria. 503-440-3554. Over 30 classes, for Strength, Stamina or Yoga Flow, Levels 1, 2 & 3 offered from early morning to evening, 7 days a week. 1/2 price for new students first month and locals residents first day free. Free parking and a handicapped ramp is available. <http://riverszen.com> or [facebook.com/RiversZen](https://www.facebook.com/RiversZen).

**YOGA** – Bay City Arts Center. Classed with Michelle Lawhorn - Mon & Thurs 6pm. \$5 per class.

**YOGA**—Manzanita, Center for Contemplative Arts, Manzanita Ave., Tuesday 5-6:30pm. \$10 drop-in fee. Call 503-368-3733 for more information.

**YOGA IN GEARHART.** Gearhart Workout. For more information log on to [www.gearhart-workout.com](http://www.gearhart-workout.com) 3470 Hwy. 101 N. Suite 104 in Gearhart

**THAI CHI/QIGONG.** ASTORIA. Angela Sidlo teaches Tai Chi at Astoria Arts & Movement Center! Mon 10-11, Wed 10-11, Thur 5:30-6:30. QIGong, Tue, 12:10-12:50, Thur 12:10-12:50. Starts in Sept. Call Angela to register 503-338-9921

**T'AI CHI.** The Center for the Contemplative Arts, Manzanita: Wednesday Mornings 10-11:30. \$30/month. Call 368-6227 for more info.

**LEARN SELF DEFENSE.** American Kenpo Karate (Ocean Park, Wa) Private & Semi-Private Lessons (Adults Only, \$10.00 Per Lesson. Currently Teaching Wednesdays And Saturdays). For Free Introductory Lesson Contact Instructor Jon Belcher At: Phone: 360-665-0860 E-Mail: [Jonbelcher1741@yahoo.com](mailto:Jonbelcher1741@yahoo.com)

**ZUMBA.** Low Impact Fitness for many ages. Licensed instruction. Tolovana Community Hall 3779 S. Hemlock, Cannon Beach, Call Joy: 503.738.6560

**ZUMBA.** Come join the Zumba party at North County Recreation District in Nehalem, Oregon. Tue-Thur 6:30 to 7:30pm/Fri 9-10am. FALL term thru Dec. Attire: Loose gym clothing, non-gripping sneakers, a water bottle & lots of energy! Rosa Erlebach – instructor. Ncrd. 36155 9th Street Nehalem, Or 97131 (503) 368-4595 [Rerlebach@gmail.com](mailto:Rerlebach@gmail.com)

## SPIRITUALITY

**A COURSE IN MIRACLES** . The Astoria ACIM study group meets weekly on Tuesdays from 3:00-4:00pm at the Masonic Lodge, 1572 Franklin Ave. Bring your book with you. For information call 916-307-9790 or send email to [moffett@cgifellowship.org](mailto:moffett@cgifellowship.org).

**CONVERSATIONS WITH MOTHER MARY.** Come and experience the Love and Wisdom of Mother Mary through her channel Barbara Beach. Every Second Sunday, 10:30 to 12:30ish. In Seaside, Oregon. Call or email for directions: 503-717-4302 [beachhouse11111@gmail.com](mailto:beachhouse11111@gmail.com). Suggested donation \$15.00. Bring finger food if you feel so inclined. The gathering will include a healing circle, channeled conversation with Mother Mary, snacks and sharing.

**COLUMBIA RIVER MEDITATION GROUP.** Meets Thurs, 6-7:30pm, Towler Hall rm 306 at CCC. Meditation can reduce stress, increase health, creativity and efficiency, and lead to a more deeply satisfying and richer life. Led by ordained Zen priest/non-religious. Many different styles practiced, discussion of common problems encountered during meditation,

focus on deveoping a regualr practice. All welcome.

**7TH ANNUAL JIZO BON FESTIVAL.** Saturday, August 27 3pm to 10pm. Great Vow Zen Monastery. Come join us for the fun and festivities at our seventh annual Jizo Bon. This special festival includes painting lanterns, Obon dancing, a play, and an informal dinner. The evening will also include a Ksitigarbha ceremony, and a lantern procession through the Jizo garden. All are invited; families with children are especially welcome. Donation of \$10 or \$15 for families or groups of friends, and \$5 for individuals, is suggested to cover the cost of tea, lanterns, and supplies. Please RSVP to let us know how many are coming.

**ART & MINDFULNESS.** With Amy Selena Reynolds. Once a month, 2nd Saturdays, 1-4 pm. Deepen your connection with your heart, mind, and spirit, play with creativity, find out where art and meditation begin. No previous art or meditation experience is necessary. Bring a journal and your favorite pen. All other supplies will be provided. Class fee: \$30 (Note: No one will be turned away for lack of funds. Please contact Amy if you have a financial hardship but want to take a class.) Call Amy at 503-421-7412 or email [amyselena888@gmail.com](mailto:amyselena888@gmail.com)

**A SILENT MEDITATION** - with Lola Sacks. St. Catherine's Center for the Contemplative Arts, Manzanita: Monday Nights 5 - 5:45 Call 368-6227 for more info.

**LECTIO DIVINA** - Meditation with Holy Scripture. The Center for the Contemplative Arts, Manzanita: Tuesday Mornings 10-11:30. Call 368-6227 for more info.

**LABYRINTH WALK** - Grace Episcopal Church, 1545 Franklin St, Astoria, 3-6. Every 1st Sunday.

**MEDITATION/PAINTING FOR WOMEN.** March 4, 11, 18. With Mindi Bender. A series of three quiet mornings of meditation, reflection and silent painting. The paintings will be your private response to the reading and meditation. Neither experience with meditation nor painting is necessary. All supplies will be furnished. \$15/ 3 week session. Register by calling 734-476-6941

## VOLUNTEER

CLATSOP COUNTY GENEALOGY SOCIETY is embarking on county-wide cemetery identification and cataloging project. Cemeteries are among the most valuable of historic resources. They are reminders of our settlement patterns and can reveal information about our historic events, ethnicity, religion, lifestyles and genealogy. The society is seeking volunteers to join members in identifying and visiting cemeteries to catalog the information for future generations. The society would also be grateful for any information from the public regarding old cemeteries and burial sites that may not be commonly known. If you are interested, contact the society at [www.clatsopcounty-gensoc@gmail.com](http://www.clatsopcounty-gensoc@gmail.com) or call 503-325-1963 or 503-298-8917.

Weekly Habitat Restoration/Stewardship Work Parties. 10 am - noon. Meet at Alder Creek Farm, at the end of Underhill Lane between Nehalem and Manzanita. Dress for the weather and prepare to get outside with great people on beautiful properties doing a variety of habitat restoration activities. For more information contact Lower Nehalem Community Trust, 503-368-3203, [Inct@nehalemtnet.net](mailto:Inct@nehalemtnet.net)

Weekly Habitat Restoration/Stewardship Work Parties. 10 am - noon. Meet at Alder Creek Farm, at the end of Underhill Lane between Nehalem and Manzanita. Dress for the weather and prepare to get outside with great people on beautiful properties doing a variety of habitat restoration activities. For more information contact Lower Nehalem Community Trust, 503-368-3203, [Inct@nehalemtnet.net](mailto:Inct@nehalemtnet.net)



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## MEETINGS/MEET-UPS

**GRIEF SUPPORT GROUP. ASTORIA/SEASIDE.** Lower Columbia Hosice is currently offering free bereavement and grief support group meetings twice per month: 1st Thurs. 2-4pm @ Bob Chisholm Comm.Center, Meeting Rm. 1, 1225 Ave. A, Seaside. 3rd Tues. 4:30-6pm, Columbia Memorial Hospital, Columbia Center, Chinok Rm, 2021 Exchange St., Astoria. Questions call: 503-338-6230.

**KNITTING CLUB.** Weekly on Tuesdays 5:30-6:30. Location: Coffee Girl, Pier 39 Astoria. Community members of any skill level can meet to knit at Coffee Girl. We teach beginners and encourage everyone to bring their own supplies. If knitting isn't your thing, we welcome other crafts as well.

**INCLUSIVE MEN'S GROUP.** Meets at the Center for Contemplative Arts in Manzanita. Sunday evening, October 9th, 5:00pm - 8:30pm. Regrouping after summer break. Benefit from the experience of a more diverse circle of men – all ages - all walks of life - all points of view - let's expand the possibilities. Some of us have been meeting together for seven years. Others are new to the process. Either way, each man adds to the evening. We all have connection to a vast knowledge. The group intelligence is more expansive than the individual awareness. There is a great release and power in sharing our wisdom and our vulnerabilities. We are confidential. We are inclusive. We are diverse. Bring Yourself - Be Yourself - Add Yourself to the mix. See what happens. FMI: Darel Grothaus, [darelgrothaus@raincity.com](mailto:darelgrothaus@raincity.com)

**TILLAMOOK PILOTS ASSOCIATION.** Meets 1st Sat ea. month at the Airbase Cafe (Tillamook Air Museum) at 9am for their regular business meeting and to promote general aviation. Interested in learning to fly? Or simply interested in general aviation, come to the meeting and meet similar-minded folks? The TPA owns a Cessna 172 available for members to rent for instruction or for general use for licensed pilots who are members of TPA. [tillamookpilots.org](http://tillamookpilots.org).

**ENCORE.** Join us for the ENCORE Lunch Bunch the first Tuesday of the month. Questions about Lunch Bunch? Call Reta Leithner 503-717-2297. ENCORE is a membership organization for people age 50 and older who are interested in life-long learning opportunities. ENCORE is sponsored by Clatsop Community College, and offers classes in a variety of subjects, social events, and occasional educational trips. For more information, please refer to our website: [www.encorelearn.org](http://www.encorelearn.org) or contact Mary Kemhus-Fryling, Clatsop Community College Community Education Coordinator, 503-338-2408, or toll free at 1-855-252-8767.

## Winter Holiday Botanical Greeting Card Class With Artist Dorota Haber-Lehigh At Seaside Public Library



SIGN UP for a “Holiday Botanical Greeting Card Class” with local artist and illustrator, Dorota Haber-Lehigh. Dorota's classes have been so popular she's back for another holiday installment on Saturday, December 3, at 1:00 p.m. Sign up at the circulation desk or by phone at the Library. All materials will be provided.

Botanical illustration is the art of depicting the form, color, and details of plant species. These are often printed with a botanical description in books, magazines and other media.

Participants in this workshop will create a winter botanical card to celebrate the Holiday Season. Bring a plant, fruit, nut, flower, pine cone, winter berries, or any botanical item that is symbolic to you during the holidays. The greeting cards you make in this class will be a one-of-a-kind delight for friends and family. Seaside Public Library is located at 1131 Broadway. (503)738-6742

## Dance Your Joy at AAMC

**The AAMC is a cooperative of passionate professionals who want to share the love of dance, fitness & performance art with you. 342 10th St. in Astoria. [astoriaartsandmovement.com](http://astoriaartsandmovement.com)**

• **MONDAY**  
5:30 - 6:30pm: PreYoga Self Care with Jude MatulichHall  
6:00 - 7pm: SloFlo Yoga with Jude Matulich Hall  
• **TUESDAY**  
8:45-9:45am: Zumba Fitness with Joy Sigler  
6:00– 7:00pm: Beginning West Coast Swing with Jen Miller  
7:30 – 8:30pm: Level 2 West Coast Swing with Jen Miller  
8:30-9:30pm: West Coast Swing Practice Hour with Jen Miller  
• **WEDNESDAY**  
8:30-9:40am: Gentle Yoga with Terrie Powers  
5:30 - 6:30pm: Pilates with Jude MatulichHall  
7:00-8:15pm: Belly Dance with Jessamyn Grace

8:30 - 9:30pm: Argentine Tango Practica with JL Gillikin

• **THURSDAY**  
8:45-9:45am: Zumba with Joy Sigler  
6:00 - 7:30pm: Tri-Dosha Yoga with Melissa Henige  
7:30-8:15: Silent Meditation w/Terrie Powers

• **FRIDAY**  
9:30 - 10:40am: Gentle Yoga with Terrie Powers  
6:30-8:30pm: Sacred Women's Gathering with Melissa Henige (3rd Fri. of ea. month)

• **SATURDAY**  
6:00-7:00pm: Argentine Tango Fundamentals with Estelle & Celeste Olivares  
6:30-7:30pm: Intermediate Argentine Tango Concepts  
7:30-8:30pm: Argentine Tango Mini-Practica with Estelle & Celeste Olivares

• **SUNDAY**  
7:00pm-8pm: Modern/Jazz with Marco Davis (starts Oct 23)

**THE LOWER COLUMBIA CLASSICS CAR CLUB.** Invitation to all who are interested in Collector Cars to attend one of our monthly meetings. The meetings are held at Steve Jordan's Shop Building, located at 35232 Helligso Lane in rural Astoria - meet on the 3rd Thursday of each month. If you are interested and need the directions to get there, you may call Steve Jordan at 503-325-1807

**THE ASTORIA CHESS CLUB.** meets Saturday mornings at 11:30 AM at Three Cups Coffee House and Thursday evenings at 5:30 PM at the Hotel Elliott's wine bar. Players of all ages and skill levels are welcome to attend. For more information, contact us at [astoriachess-club@gmail.com](mailto:astoriachess-club@gmail.com) or visit our Facebook page."

**BREASTFEEDING INFORMATION & SUPPORT.** La Leche League's monthly support group meetings provide an opportunity for both new and experienced mothers to share their questions or concerns, and to talk with each other about the special joys and challenges of parenting. We especially encourage expectant and new mothers to join us. Healthy babies and toddlers are always welcome at La Leche League meetings. Meetings are held on the Third Thursday of each month from 11:00 – 12:30 at 320 South Street, Astoria. La Leche League Leaders are available to answer breastfeeding questions and concerns. Megan Oien@503.440.4942 or Janet Weidman@503.741.0345



## Messages Sonja Grace mystic healer

### I Stand With Standing Rock

ON AN ISLAND, up north off the coast of Norway, a 96-year-old man visits the local hospital to have his foot looked at. He tells the doctor he walks ten miles a day to visit his wife's grave. The doctor who is young in appearance but wise beyond her years kneels to the ground and takes the old man's foot into her lap and proceeds to treat callouses that span a lifetime. This act of kindness comes from being in service and understanding the frailty of humans. The elderly man was exercising his cultural beliefs by walking to his wife's grave every day to pay his respects. Our respect for our ancestors is through our traditions and beliefs. We are witnessing the prejudice and disrespect right here in America at Stand-

ing Rock, North Dakota. The Dakota Access Pipeline is being constructed by Dakota Access and Energy Transfer Partners to move crude oil from North Dakota to Illinois. The pipeline will cross ancient ceremonial sites and burial grounds as well as the longest river in the United States, the Missouri River.

This will put drinking water for millions of people at risk. Standing Rock and Native Americans from all over the country have taken a stand. The Fort Laramie Treaty of 1851 is being violated along with the thousands of people that now stand with Standing Rock to protect their sacred sites and the water. That treaty was created a 165 years ago. When your people have been murdered, raped, taken from your family

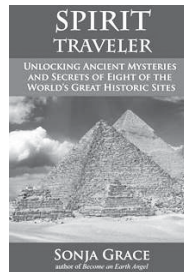
and told not to speak your language and assigned land that was the only place they had to go, you can understand why the Standing Rock Sioux feel their treaty is not being upheld, their land respected and the water safe.

The fact that our first people understand 'water is life' should not be ignored. But the local police and National Guard have continued to attack these peaceful protestors. An eighteen-year-old male was shot while riding his horse. The people on horseback have been chased by police on AVTs and shot at. A former tribal chairman was arrested and one of the elderly Grandmothers was maced in her face. They have dragged elders out of the sweat lodge and thrown them to the ground and desecrated the ceremonial feathers and pipes. The police stood on top of two graves of powerful Sioux women and threw tear gas down the hill at the people. All the people wanted to do is protect what is sacred to them. If people marched into the Catholic Church and dragged all the people out and desecrated their ceremonial objects, the entire world would be in shock. This is no different.

These people protesting at Standing Rock do not carry weapons. They are trying to

save millions of lives by protecting our water. The Norwegian man walking ten miles every day to visit his wife's grave has the luxury of a culture that supports his walk, his land and the dead. We are not immune to environmental changes and would greatly benefit to stop the Dakota Access Pipeline. We do not need to continue destroying our water for the sake of economic gain. Our children's children will thank us for protecting their water and the land. My ancestors were the first people and I stand with Standing Rock.

For over thirty years, author and Mystic Healer, Sonja Grace has been offering her international clientele, immediate stability, clarity, and guidance. Sonja is an energy surgeon who works with the physical, emotional, mental and spiritual bodies. She helps clients process emotional wounds, clear karma and gain inner peace. Her new book 'Spirit Traveler' Findhorn Press is now available at [www.sonjagrace.com](http://www.sonjagrace.com)



By Tobin Nason

## To Think or not to think: word and wisdom

HOW do most of us make decisions? We use logic and facts. Ever have the feeling that despite all the facts, your intuition is saying differently? Yep, you have.

Intuition and gut feelings are instinctual and immediate. The subconscious signals to the conscious - "Warning, warning!" - via those visceral, slightly uneasy not-right feelings.

Examples: You find the seemingly perfect place to live, but you hesitate to sign on the dotted line. Someone befriends you and despite all the pleasant facts and figures regarding the person, a vague sense of dis-ease shudders through you. A decision between a safe place (good job, perhaps) and a leap of faith (more schooling) may defy logic when your intuition votes for the less safe option of a return to school.

What's going on? I believe it's our sub-conscious rearing its quiet but oh-so-important head. .

There's a maxim in counseling that states that everyone subconsciously knows the answers to their own problems. As a counselor, my job then is to

help you reveal those subconscious but real solutions. A subconscious is a truly personal vault of intimate information. It knows you better than you think you know yourself. Got that?



For example: Your subconscious probably will stall you from signing on a dotted line for a place that "looks" good but in your hidden heart, you've always wanted something different. A cabin in the woods or a life of travel, for example.

In this world, there are no correct desires or needs. Advertising will try to tell you otherwise, but our uniqueness means that we have stored visions

and desires and experiences that fit into a particular "sense of self." Most of us strive to fit in somewhere. So we consciously try to highlight those areas for others to see. When we try to be other than what we "are," the struggle begins. Your subconscious will pound at your every decision. A hesitation will enter most every "wrong" decision. Things will not feel right. Guarantee it.

I would suggest some regular introspection time. Kind of like a conversation with your subconscious. Review those moments that didn't feel right. Learn from those times, so the next occasion feels more honest. Re-learn to trust your intuition. Intuition is taking input and connecting the dots of your history - what you know, want, love, fear- and saying, "Don't do it. Run!" Or, it may say - "Yes! Take it, try it, do it! You want to, I know you do." You'll end up with the Life you really want.

Tobi Nason is a counselor located in Warrenton (503) 440-0587 and considers her intuition to be her best friend.

## The Joy of Pets

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Marie Corelli

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### THE LOWER COLUMBIA CLINIC

Thomas S. Duncan, M.D. • Susan L Skinner, CNM, CFNP

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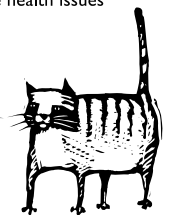
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- Assisting with adoptions
- Watching for and reporting possible health problems

#### Tasks include the following

- Walking the dogs
- Grooming and socializing them
- Feeding the canines periodically
- Watching for and reporting possible health issues

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1315 SE 19th in Warrenton

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Cannon Beach, Oregon 97110-1465

Office: 503.436.0335 Fax: 503.436-0604

## bodies in balance

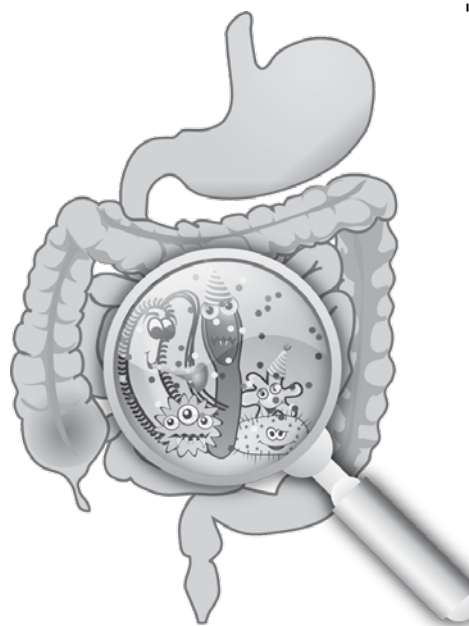
### SIBO: A Functional Digestive Disorder

WHEN we look to find the source of problems arising in the digestive tract there is a long tube of possibilities. Are we looking at the tube itself or something that releases into the tube? Are we seeking answers from something foreign in the tube or merely something affecting the basic function of the tube? It has become clear time and time again in my years of naturopathic practice that conventional medicine does a lovely job of diagnosing structural issues within the tube but when it comes to more functional problems, their skills begin to deteriorate. In the move towards more functional medical diagnoses of digestive complaints one of the newest to arise is SIBO aka Small Intestinal Bacterial Overgrowth. This diagnosis may have some familiar overlap with IBS (irritable bowel syndrome) or dysbiosis (a more generalized term for overall gut flora imbalance), but is a condition in and of itself worth some exploration.

Digestion is such a lovely system, one that is critical to our survival. Simplistically this is the process of moving nutrients from one opening (the mouth) to another (the anus) via a long tube. The mouth is likely our favorite part of this system, where we taste and interact with our food; this is of course where saliva and chewing are the main players in the actual process of digestion. The esophagus is in its most basic function is a pathway between the mouth and the stomach. In the stomach the chemistry begins; acids not only initiate food breakdown but also set up the very important levels of pH throughout the entire digestive tract. Next stop is the duodenum (one of my favorite anatomical terms) where other digestive organs not immediately in the tube (namely liver and pancreas) influence the digestive process. We then arrive at the small intestine where digestion occurs on a more cellular level... micronutrients are being absorbed, immunity is hard at work and of course transport both between cells and along the tube, is continuing to occur. We make a brief pass of the cecum and appendix before entering the large intestine. Here the body concentrates its assistance of friendly bacteria, creates balance of leftover food fibers and unwanted waste products adds or subtracts just the right amount of water to create an ideal mixture for elimination; facilitated by lots of muscular action.

As the name SIBO indicates this diagnosis has much to do with the terrain of one specific part of the digestive tract, the small intestine; so let's spend a moment to review this terrain a little more carefully. The small intestine is indeed the bulk of the tube. Not only in its length (around

20 feet!), but within the tube itself lies a rich 'shag carpet' of tissue...the microvilli. There is a wondrous symbiosis between our cells which make up the microvilli and the bacteria covering them. And although the concentration of the bacteria here is relatively minor compared to the large intestine, together they facilitate the breakdown of food for optimal absorption AND mediate any necessary immune response. When these bacteria get out of balance one potential outcome is an overgrowth



and voila ...SIBO.

SIBO can arise due to a variety of reasons, but in general there are either problems with low acidity (which is incidentally a common cause for heartburn too), and/or slow motility (the rate of movement of food substance through the tube). When we are not releasing enough acid in our stomach, not only is the whole process of digestion slowed, but the reduced rate of food breakdown also compromises the health of the bacterial balance. Food comes into our system with much of its own bacteria, I'm not necessarily talking about e. coli or other pathogenic bacteria, but just the reality of microorganisms that grow on everything. The acid in our stomach is a first line of defense to ensure these bacteria are controlled. Motility issues are a more complex picture of problematic nervous system communication or poor muscular action or tone. For as the movement of the food slows, those little bacteria have a greater chance to find a good home and settle in.

There are some conditions and symptoms that increase suspicion for SIBO. Clearly digestive symptoms are a first clue:

By Tracy Erfling, N.D.

Dr. Tracy Erfling is a  
naturopath physician in the  
Lower Columbia Region.  
Questions?  
[erflingnd@icloud.com](mailto:erflingnd@icloud.com)



bloating (abdominal pain and distension), gas, loose stools or diarrhea. As time and severity of this condition progresses one could also see fatigue and weakness or even bone conditions like osteoporosis as nutrient deficiencies and malabsorption can occur. Those who are already suffering from a digestive condition like IBS (irritable bowel syndrome) or Celiac disease are also at risk. Metabolic disorders (like insulin resistance or diabetes) or other digestive organ dysfunction involving the liver or pancreas can similarly create higher risk of SIBO.

Testing for this condition is thankfully quite easy, just a simple breath test. It takes a specialized apparatus to measure methane in the breath, however, which is not all that common among health care providers. There are some stool tests that can be useful, although again not terribly common among conventional physicians. There may be need for some additional blood tests to ensure that other systems are not affected; but overall, the methane breath test is THE diagnostic test, as well as a means to measure progress. The literature indicates the use of a small bowel biopsy to culture the bacteria, but I have to admit I've not known naturopaths to utilize this method.

Treatments as you would likely imagine includes antibacterials, either herbal or pharmaceutical. The strength and duration of treatment may vary, and continued monitoring with the methane test may be used to determine progress. Lifestyle modifications including dietary changes, digestive enzymes and/or hydrochloric acid therapy, as well as techniques to address the nervous system/motility issues are all potential therapeutic tools. Replacing any overt nutritional deficiencies, reestablishing the balance of the good gut bacteria and managing any inflammatory sequela would also be on the 'treatments to consider' list. It should be noted that sometimes there is necessity to repeat this process a few times over to keep the overgrowth in check so again, monitoring is important.

SIBO has been an invaluable addition to conditions which affect our ever challenged digestive system. It demands us to look beyond the tube at the fundamentals of how the system functions. To re-create balance allows for true healing...a lesson pertinent to many aspects of health.

*DO something you love, BE with someone you love, EAT your vegetables, DRINK clean water, BREATHE deeply and MOVE your body EVERYDAY!!*



## FOOD GROOVE

### CHEW ON THIS!

by Merianne Myers



BY THE TIME you read this, the unholy election will be over leaving some of us furious and crying foul, some of us hoping against hope that everything will get better and most of us exhausted. I don't claim to know who will win and what might happen when they do. Because electing crazy and/or scary people to public office is hardly revolutionary for Americans. I hold out no hope that we will change that any time soon. We've had some real doozies and lived to tell about it. Don't get me wrong, it's not the cross dressing, dementia, chronic philandering or staggering ineptitude that worries me. It's the hiding part.

The hiding part and this... that we the people, who are supposedly the employer of our elected officials have demonstrated ourselves to be largely and proudly ignorant, defiant in the face of facts, profoundly disinterested in taking a meaningful part in the process and obscenely hateful toward anyone that is not of our color or religion or ethnicity. All this stuff most often simmers just below the surface, only boiling over during times of ideological conflict. Kind of like now.

I try really hard to be open-minded. I do not 'unfriend' people who offend me on

social media. Then somebody pisses me off one too many times in real life and I scratch them off my list of friends without an iota of angst.

I try really hard to be inclusive. Then I spend most of my time with folks I have more in common with than not.



I try really hard to be a contributing member of society. Then I remember that my (previously) blonde, blue-eyed perspective is so ingrained in me, I don't often realize that things come comparatively easy not because I work hard but because I was born a middle class white girl at a time in our history when that was the currency of success.

I try really hard not to be judgmental of others. Then I, not so secretly, blame organized religion for most of the ills of the world and laziness for the remainder.

All of this by way of saying, I get why humans are wanky. I get that the things that drive some of us crazy are the very things that inspire others to great things. I don't hope for pie-in-the-sky stuff like world peace or ending hunger or even better government. All those goals fly in the face of human nature and will take more generations to evolve than the Earth is liable to last. I simply hope for a little more courtesy, a little more class and a willingness to keep trying. That would be really nice.

To you whom I have offended by ignoring you or insulting you or excluding you or being offensively white, I apologize. Not about the religion part, though. I mean that. I offer you, by way of atonement, the best clam chowder recipe in the world. I know that tastes vary widely when it comes to chowder, but I'm not kidding, this soup is the bomb. It comes from my lifelong friend and brilliant chef, Gretchen Blissett and it imbues every bowl with kindness and courtesy and warmth on a blustery winter day.

## SINCERE APOLOGY CLAM CHOWDER

SERVES 4 - 6

- 4 slices peppered or plain bacon finely chopped
- 1 medium onion chopped
- 2 ribs celery chopped
- 3 Tablespoons fresh thyme chopped
- 1 Tablespoon fresh chives chopped
- 2 teaspoons minced garlic
- 3 cans (6.5 oz.) chopped clams (reserve juice)
- OR
- 1 1/2 cups fresh chopped fresh clams plus 1 1/2 cups clam juice
- 1/4 pound smoked salmon
- 2 cups water
- 2 medium red potatoes cubed

Sauté bacon until done. Drain away most of the fat then add the onion and celery sautéing until tender. Add herbs and garlic. Stir while cooking for 5 minutes more. Add clam juice, water, potatoes, clams and salmon.

Bring to a boil then reduce heat and simmer until potatoes are done. Stir in milk and gently heat. Season with salt and pepper. This chowder is great garnished with garlic croutons.

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## MUSHROOMS.

### Hear the Talk. Walk the Walk

Dane Osis, a ranger at Fort Stevens State Park, will lead a mushroom foraging orientation walk to find and identify edible and inedible mushrooms in the Ecola Creek Forest Reserve.

**WEDNESDAY, NOVEMBER 16**, at 10am at the Cannon Beach City Hall parking lot. Bring a basket and knife; dress for the weather.

Sponsored by the Ecola Creek Awareness Project.

## North Coast Food Web Haps.

- Pop-UP Farmers Market, Buy Direct from Local Farmers this Thanksgiving. Fresh fall produce, baked goods, cheese, meats, \$10 Snap-Match, desserts and more. November 22, 2:30pm-5:30pm, at North Coast Food Web, 577 18th Street.

### CLASSES

- **FARM FRESH CHICKEN AND DUCK EGGS** from Spring Up Farm and Blackberry Bog Farms, 9am until 6pm at the NCFW.

- **HOLIDAY PIE MAKING SERIES.** Nov 14, 21, 28. A 3 part series will teach you how to take the guess work out of pie making just in time for your holiday baking.

- **FALL SOUP SERIES. SATURDAY**, Dec 3, 10 and 17 at 10am. Each class will make 2 seasonal varieties of soup, enjoy a meal and have fun all while learning.

- **HEALTH BUILDING SMOOTHIE AND JUICE CLASS.**

December 12. With Jenn Visser. Join Jenn in the teaching kitchen, we will learn how to concentrate the healing power of whole foods into delicious smoothies and juices. This will be a super interactive class. You'll learn how to design your own smoothies and juices to your own desired focus of healing, immune boosting, weight loss, and more. \$40, 6:30 - \*pm at the North Coast Food Web in Astoria. [northcoastfoodweb.org](http://northcoastfoodweb.org)



## BLUE SCORCHER Celebrates 10 years with a Contra Dance at Netel Grange



The first official Blue Scorcher co-op owners, 2009. Reprint Hipfish/Photo by Don Frank.

THE WORKERS at Blue Scorcher Bakery Cafe are throwing a party to celebrate 10 wonderful years of business. Please come dance with them at Netel Grange on Saturday, November 19, 2016. The hall opens at 4 pm with fresh-baked treats and drinks for sale, and the dancing starts at 5 pm. No experience necessary - veteran caller Dave Ambrose will instruct before the first dance to get everyone in step. Be sure to come at 5pm if you're new to contra dancing. The band includes Dan Sutherland, Larry Warner, Jon Fenton, and Randy Weiss.

Historic Netel Grange has been a central part of the Lower Columbia farming and country dance scene for decades. Located about 7 miles south of downtown Astoria alongside river, forest, and working farms, the hall has been well-maintained and in regular use since it was built in 1910. During the birthday cake-cutting ceremony, dancers will get a chance to honor some of the people who kept the local farm, country dance, and grange traditions alive: musicians, callers, and farmers - dancers all.

Cost is \$5 to \$10 per person, sliding scale. Children under 12 are free with adult admission. All ages are welcome, and there will be a play corner for small children.

Netel Grange is located at 90525 Logan Road, Astoria. Ride sharing will be available. Call Blue Scorcher Bakery Cafe for details, (503) 338-7473, or visit their website at [www.bluescorcher.coop](http://www.bluescorcher.coop). This is a no-alcohol event.



## What is Contra Dancing?

CONTRA is danced to Celtic, Quebecois, Old Time, New England, Southern Appalachian, Jazz, Blues, and all sorts of other music played by live bands. In a contra dance, parallel lines of dancers stand opposite -- or "contra to" -- their partners. A dancer and his/her partner form a couple.

In response to the Caller's instructions, each couple interacts with the couple next to them to form a four person "set" and each set interacts with the sets on either side of them. Over the course of a dance each couple moves up and down the hall, interacting with every other couple in their multi-set "line."

There is no fancy footwork involved (that is the other sort of line dancing) but the instructions given by the Caller do form a series of repeating figures that dancers eventually memorize. As this happens, the Caller provides fewer and fewer prompts until s/he drops out entirely; leaving you, your partner, and the others in your line to finish the dance, accompanied only by the exciting, lilting, haunting, and/or pulse pounding music provided by that night's band. Dance Nirvana, Contra style!

**FLASHBACK 2004**, many customers to Blue Scorcher will remember The Bread Collective, the more humble beginnings of the busy bakery/café -- about 5 folks gathered together in the back of a former restaurant, to bake good organic bread together and tasty cookies, and make it available to desiring consumers. What seemed rather experimental at the time has since evolved into one of Astoria's most popular community gathering places, by Sept 2006 the welcoming location on the corner of 14th and Duane was established.

On a recent stormy weekday afternoon, there was a substantial crowd both at the bakery takeout counter and at the restaurant tables, where patrons enjoyed a daily special of fragrant garbanzo tangine soup served of course, with a gargantuan chunk of bread hand made in the bread oven a few feet away. Unlike most restaurants, here one of numerous chef/cooks delivers your meal to you, a touch that seems especially homey. The Blue Scorcher has also long been a large part of both the social and philanthropic scene in Astoria, hosting such events as the late summer Lughnasa Fest, celebrating local growers and sustainability practices, and making the dining area available to numerous types of events and bread donations to community organizations.

In 2009 co-founders Joe Sullivan and Iris Sullivan Daire began meeting more formally with a group of the workers who were interested in developing the business as a co-op. While Joe and Iris had officially been the owners in a DBA structure, "From the beginning it was a very participatory, collective business," says Iris. In 2012 Blue Scorcher Bakery & Café officially became a worker-owned co-op. While there are still separate employees, along with worker-owners, the Scorcher is run on the collective philosophy, creating an environment that shares in values, visions and goals.

These values outline the Blue Scorcher Mission: Delicious Food, Joyful Work, Strong Community--providing a viable Third Place: Stewardship of Resources (local, organic, renewable), and Local Economy.

One of the most shining values expressed in the Scorcher's vision statement, "Honoring the human energy that goes into everything we do." Ten years strong, Blue Scorcher at the corner of 14th and Duane is light, laughter and definitely aroma -- the aroma of love pouring out of them ovens, workers directly invested in their place of employment, the art of a cooperative work place making a true difference in the community. And . . . really, really, delicious, healthy food!

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Bring a non-perishable food donation to the door for a \$2 off day of show price.

# COUNTRY DANCE

## Contras & Squares

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Contra Dance

Saturday, November 19

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Kids under 12 free  
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All ages are welcome,  
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for small children.

- Grange opens at 4pm with fresh-baked treats and drinks for sale.
- Dancing starts at 5pm. No exp.necessary
- Veteran caller Dave Ambrose instructs before the first dance - be sure to come at 5pm if you're new to contra dancing.

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A no-alcohol event.