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HIPFiSHmonthly

Aug 13

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KALA is the groundfloor gallery and performance space located at the production office of HIPFiSHmonthly. We proudly collaborate with local and regional artists in a presentational format. KALA is the Finnish word for fish.

HIPFiSHmonthly is located at 1017 Marine Dr in Astoria.
503.338.4878

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SEPTEMBER HIPFiSH ON THE RACKS FRIDAY SEPT 6

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EAST-WEST CLASSICAL GUITAR

Aaron Larget - Caplan
August 25 @ KALA



FRESH FROM solo performances in Russia and Italy, Boston-based classical guitarist Aaron Larget-Caplan returns to Astoria for a one-night only solo concert, "Music of the East and West." This concert kicks off his 2013-2014 season and his *Highway 101 Tour*, with concerts along the Pacific coast into northern California, including San Francisco and Sacramento. His performance on Sunday, August 25 at 7 p.m., at KALA, 1017 Marine Drive, will be his first in Astoria in more than ten years.

"Astoria is the perfect place to begin this tour, at the ocean's edge where nature and people are entangled and where East and West meet," says Larget-Caplan. "I was fortunate to perform here several times in the 1990s, at the Liberty Theater, the River Theater, Tongue Point Job Corps Center, and at several private and house concerts. The Astoria audience's heartfelt passion for music is a performer's dream,"

he said. Larget-Caplan is the son of Astoria resident Laurie Caplan.

As a sublimation to the water's edge, Larget-Caplan's program begins with 'Tracing a wheel on water' by Kevin Siegfried, a dance inspired by the rising and falling tides of the Maine coast. "The effect is so strong that I have performed it close to 100 times," he said. It was written for him in 2003.

"What is 'West' depends on where one stands at a given moment, and because one of the earliest cultural melting pots was Spain, with Moors of the East and Christians of the West, I'm including a few Spanish classical and flamenco pieces." Larget-Caplan will perform serenades and dances of the Iberian Peninsula, including masterpieces by Isaac Albéniz, Esteban Sanlúcar, and Pascual Marquina. He will also play re-imaginings of American popular songs and lullabies from Japan by Toru Takemitsu, who is best known for the film scores of many Akira Kurosawa movies. The concert will finish with a rarely heard virtuoso masterwork by

"I was fortunate to perform here several times in the 1990s, at the Liberty Theater, the River Theater, Tongue Point Job Corps Center, and at several house concerts. The Astoria audience's heartfelt passion for music is a performer's dream."

Keigo Fujii called 'Legend of Hagoromo,' a love song on a mythical scale.

The Washington Post called Larget-Caplan "a riveting artist whose musical styling begs immediate attention." Larget-Caplan initiated the New Lullaby Project of new commissioned guitar pieces and premiered the first New Lullaby in 2007. The collection now includes forty premieres by thirty-six composers. He released a CD featuring fourteen new melodies in 2010 called "New Lullaby," which Fanfare Magazine reviewed, saying, "This is not some god-awful Classics-for-Baby CD. Something new has been attempted here." His love for Spanish music pushed Larget-Caplan to found ¡Con Fuego! (With Fire!), a Spanish classical music and dance ensemble, in 2006.

Born in Oklahoma and raised in Colorado, Larget-Caplan was recently appointed to the faculty of The Boston Conservatory and the University of Massachusetts Boston. He discovered the classical guitar at age 16, following a few years of playing electric guitar along with Hendrix, Led Zeppelin,

and The Doors in his bedroom. He quickly made the switch to classical after being introduced to the instrument in a high school Spanish class. He graduated from the New England Conservatory, having studied with internationally-known guitarists David Leisner and Eliot Fisk. Following the Conservatory, Larget-Caplan studied for seven years with Russian master pedagogue Dmitry Goryachev. He also studied flamenco intensively with Jonathan 'Juanito' Pascual.

Sunday, August 25. Doors open 7pm. Show at 7:30pm. Tickets are \$12 and \$10 for students and can be purchased in advance at Imogen and RiverSea Gallery in Astoria, and will be available at the door. More information about Larget-Caplan, including his recordings, videos, and upcoming concerts, is at www.AaronLC.com.

LATE NIGHT CABARET @ KALA Saturday, Aug 17.

4 IN SONG, an original KALA cabaret production directed by Dinah Urell, returns for a second performance on AUGUST 17. Singers jump the tracks in eras, from medieval troubadour to Bessie Smith blues, to gospel rock., the one-act, one hour show features four local singers, and a two-man house band.

Featuring Vocalists: Andrea Mazarella, Teresa Barnes, Martin Buel and Dinah Urell

Stirling Gorsuch - Guitar/ Bass

Color Gorsuch - Piano

Special Guest Performance Poet/Humorist John Kulm opens the show.

Doors Open 9:30. Cocktails.

\$10 @ the door.

KALA is located at 1017 Marine Drive in Astoria. 503.338.4878

Legislature Adjourns 2013 Legislative Session Session marks a turning point in Oregon on education, jobs

SALEM - The Oregon House of Representatives adjourned sine die Monday afternoon, July 8, five days before the July 13 constitutional deadline for adjournment.

After years of cuts to education and vital services, and dramatic job losses throughout the state, the work of the 2013 Legislature focused on turning the corner to reinvest in schools and put Oregonians back to work.

"This session was about turning the corner from the Great Recession

to start rebuilding our schools and rebuilding our economy," said House Speaker Tina Kotek (D-Portland). "We made education a priority by adding \$1 billion in funding for schools. We made economic growth and job creation a focus. This session was about reinvesting, rebuilding, and rehiring. And with legislators from all over the state working together, we took steps to that will benefit families in every corner of Oregon."

Highlights of the session include:

Investing in Education

- \$6.75 billion reinvestment in public schools, including a total \$1 billion increase from the previous biennium, allowing many school districts statewide to begin rebuilding after years of cuts and layoffs.
- PERS savings of over \$800 million system-wide this biennium, \$200 million of which will be used by school districts statewide.
- CTE/STEM investments in Career and Technical Education and Science, Technology, Engineering, and Math education.
- Improving access to higher education through tuition equity and holding down tuition increases.
- Investing in and streamlining early childhood education to ensure children arrive at school ready to succeed.



Speaker of The House Tina Kotek

Growing Jobs and Strengthening the Economy

- Positioning Oregon to make critical investments in the I-5 Bridge Replacement project.
- Leveraging nearly \$1 billion worth of bonding capacity to put thousands of Oregonians to work on construction projects in every part of the state.

- Investing in critical infrastructure and jobs programs including ConnectOregon, industrial lands readiness, and Small Business Development Centers.

- Supporting jobs in agriculture by strengthening the Farm to School program and bolstering growing industries with support for fermentation sciences.

Improving Public Safety

- Curbing prison growth to invest in community public safety.
- Improving the safety of Oregon's roadways by helping more people access drivers cards and auto insurance.
- Significantly increasing investments in mental health care and alcohol and drug treatment.

Supporting Oregon families

- Strengthening the safety net, including Temporary Assistance for Needy Families (TANF), in-home care for seniors, and Employment Related Day Care for working families.
- Standing up for middle class families to help them avoid home foreclosure, and to get fair treatment from insurance companies.
- Insuring fair housing practices for low income families and adding funding for veterans' housing.

"We made the tough decisions in order to deliver on Oregonians' priorities," said Kotek. "Oregon's brightest days lie ahead."

Astoria Library Renovation Community Discussion

A PUBLIC meeting and preliminary discussion of the renovation study of the Astoria Library will take place on Tuesday, August 6 at the Liberty Theater. Doors will open at 5:00 pm. The meeting will take place between 5:30 pm and 7:30 pm. The City, library leadership, and consultant team are especially interested in hearing about the library service needs and ideas of our citizens, including both current needs and anticipated needs.

The City of Astoria recently commissioned a renovation study of the Astoria Library. The study has four goals: needs assessment, building program, cost estimate, and fund-raising strategies. Ruth Metz Associates (RMA), a library consulting firm based in Portland, is conducting the study. Both RMA and the city are seeking a robust community response. RMA has been meeting with community stakeholders, library patrons, library staff and city staff throughout the month of July. The public comment taken as part of the preliminary needs analysis at these meetings will be combined with comments taken at and after the August 6 meeting. Additional opportunities to

comment include a booth at the Sunday Market on August 18, with board members and staff, 10am – 3pm. Comments can also be delivered to the Astoria Library at any time.

This study is preliminary to any future architectural planning and design. "We need to see how the Astoria Library can be renovated to provide contemporary library services and at what cost. Then the City will be better able to determine next steps," according to Brett Estes, Community Development Director/Assistant City Manager.

Presentations and group discussion will take place from 5:30 to 7:00 pm. Following the presentations and group discussion, all are invited to the McTavish Room for refreshments and an opportunity to speak in more depth to members of the consulting team, city staff, and library board members.

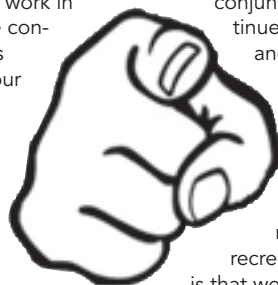
For more information about Astoria Public Library programs and services, contact library staff at 503-325-7323 or comments@astorialibrary, or visit the Astoria Public Library at www.astorialibrary.org.

Stretch Your Wings and Join a Board. Parks and Rec Needs You!

PARKS AND Recreation are an essential part of any community. The facilities and programs it provides allow us to participate in activities that create healthy minds, bodies and communities. Whether that is our kids attending a Lego camp, our families enjoying a picnic at the park, or us getting an hour to swim laps while the kids play at the aquatic center...the opportunities abound. Astoria Parks, Recreation and Community Foundation board continues to work in conjunction with parks and rec to fund the continued progress of the variety of programs and facilities we enjoy throughout our area. Our mission is to enhance the recreational health and enrichment of our community. We seek to do that by creating partnerships, opportunities and charitable funding for community, parks, open spaces and recreational activities.

The nitty gritty branch of parks and rec is that we are a non-profit and our goal is to be able to raise and hold funds which can subsequently be fed into parks and rec for all things from equipment to greenery. While money is one pillar necessary to create success, so are board members. We are hoping to inspire YOU in participating on a board which has a direct effect in your community. When joining a new board it is sometimes difficult to know what your role will be; what strengths you have to add to the group. The best way to know is to just come and start participating. The APRCF board meets at 10am the fourth Monday of each month in the lounge at the Astoria Rec Center (1411 Grand, Astoria)...all are welcome!

Tracy Erfling Parks and Rec Board Member



Call To Artists For The Eighth Annual Au Naturel Clatsop Community College

CLATSOP COMMUNITY College announces the 2014 International Juried Exhibition Au Naturel: The Nude in the 21st Century and invites entries.

Serving as juror for the 2014 exhibit is Charles Froelick, owner and director of Froelick Gallery in Portland, OR. Froelick Gallery has successfully worked with institutions such as the Smithsonian National Museum of the American Indian, the Whitney Museum of American Art, The Portland Art Museum, and The Museum of Fine Arts, Houston to acquire and exhibit artists' works.

This year's exhibit awards include \$1,000 in cash prizes and up to \$2,000 in purchase awards. A select number of Visiting Artist Workshop awards will also be granted. Additionally, one artist will be chosen to be featured in a solo show for the following exhibition season at the Clatsop Community College Art Center Gallery.

Applications are now being accepted online using the CaFÉ™ website. Applications must be received on CaFÉ™ by Midnight (11:59:59 pm) Mountain Time, Wednesday, November 7th, 2013.



Au Naturel 2014 Juror, Charles Froelick

There is no additional fee to use the CaFÉ™ online application system. To enter, visit www.callforentry.org and register a username and password. Navigate to Apply to Calls, and search the list for Au Naturel: The Nude in the 21st Century. The site also provides detailed instructions for use. Just click on the CaFÉ Help tab.

For a prospectus, send a SASE to Au Naturel International Juried Exhibition c/o Kristin Shauck, Visual Arts Center, Clatsop Community College, 1651 Lexington Avenue, Astoria, OR 97103 or download it from the Au Naturel website at www.aunaturelart.com.

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America's Other

ONE OF the most disquieting aspects of the increasingly cruel order that a militant far right has been imposing on the US is a resurgent racism. Anti-black racism is never far below the surface in America, and the Trayvon Martin case, coupled with the Supreme Court's overturning of the most protective clauses of the 1965 Voting Rights Act, have brought it front and center. An all white Florida jury's exoneration of George Zimmerman, a white middle aged vigilante, for the unprovoked shooting death of an unarmed black youth, recalls the 1955 acquittal of the killers of fourteen year old Emmett Till in Mississippi. Armed with pistol and given license to kill by Florida's ill conceived "Stand Your Ground" law, Zimmerman, while unofficially patrolling in his car, saw a black teenager whose very presence somehow threatened him. He contacted police and was told to remain in his car and not approach Martin. Instead he got out, followed and taunted the young man until he had the fight he apparently sought. When Martin wrestled him to the pavement, Zimmerman thus felt justified in grabbing his gun and killing him.

Stand Your Ground has been enacted in over twenty states. It permits anyone who "feels" threatened to respond with lethal gunfire. African American Studies professor Cornel West has stated that such laws in effect re-create the pre-Civil War slave patrols. Coupled with the severe voter suppression laws passed in states like North Carolina following the Supreme Court's subtraction of voting protections afforded previously discriminated against blacks, it forms the basis of a new Jim Crow system.

The new Jim Crow draws strength from a nationwide school to prison pipeline inflicted on African American youth. It is well known that one in three black men is now either in prison, on parole or probation. Most imprisonment is the result of nonviolent drug offenses which draw long prison terms due to the draconian drug laws most states have had in place since the drug paranoia of the seventies, followed by



the hysteria over crack cocaine in the eighties. African Americans, together with Latinos who are viewed through the prism of despised illegal immigration, are the most common inhabitants of the lucrative prison industrial complex.

African Americans have been in the US since the earliest colonial days. They are the only people who were ripped out of their native lands, rather than coming here voluntarily, the only ones to suffer the horrors of the Middle Passage, chained side by side in the toxic holds of sailing ships. For over 250 years their labor was stolen from them, labor for which they have never been given any compensation. In the recent past, blacks were subject to lynching for such offenses as looking at or talking to a white woman or seeking to exercise Constitutional rights. They were marginalized

by Stephen Berk



in a caste system that immured most in menial labor. And they were segregated into urban and rural waste places where many still reside due to lack of opportunity.

Some half a century after the formal successes of the civil rights movement, in 2008, younger Americans paved the way for the first black, actually mixed race, president. But since his election, Mr. Obama has faced continuous abuse from those offended that someone of his physical features should come to hold the nation's highest office. Hence the outlandish contentions that he is a Muslim connected to terrorists and not even an American citizen. And his duly passed health insurance, originally a Republicans idea and validated by the conservative Supreme Court, has been dubbed socialist and subjected to continuous resistance.

A common trait of nation states and civilizations like historic Christendom is to project their unacknowledged sins onto an "other," who becomes the scapegoat. European Christendom did so with the Jews, culminating in the horrors of the Nazi death camps. While not absent from the US, anti-Semitism here has never had the virulence of that in Europe. That is because the African American has been America's other. Just as when the populace of medieval Europe felt threatened by plague, famine or invasion, they blamed, massacred and exiled the Jews, so do whites who feel threatened pass laws to imprison and disfranchise blacks. The real enemy is the plutocracy the right worships, who happily continue destroying living wage jobs and the social safety net, thus reducing most Americans, the right included, to postmodern serfdom.

"Pacific Northwest Says No to Fossil Fuels" Event



OVER 800 people came together this July from across the region including Vancouver (WA), the Tri-Cities, Astoria, Eugene, Bellingham, Vancouver (BC), Seattle, Portland and Hood River to demonstrate unity in opposition to the oil, coal and gas terminals proposed throughout the Northwest.

This event included many veterans of the LNG import fight. Some of the workshops were taught by Columbia Riverkeeper's Dan Serres. Paul Sansone from OCAP (Oregon Citizens Against the Pipeline) spoke and rallied people to the LNG cause, as well as to stopping the 16 or more other fossil fuel terminal proposals in the Pacific. The event closed with a fabulous flotilla, a symbolic blockade of the Columbia River to fossil fuel exports.

The event was organized by Portland Rising Tide. If you are interested in learning more about participating in nonviolent civil disobedience and direct action with Portland Rising Tide, got to portlandrisingtide.org.

Columbia Pacific Common Sense

IF YOU would like to be more involved in stopping LNG export terminal and pipelines in our own community - Attend the next Columbia Pacific Common Sense meeting. Get the latest news, get a yard sign, add your ideas and energy as we move Onward to Victory.

Thursday, August 15
6:00 social & snacks
6:30 - 8 pm meeting
Three Cups Coffee House
279 West Marine Drive, Astoria

Courtesy coffee provided by Three Cups and Columbia River Coffee Roasters. If you'd like, bring a snack to share. We meet after Three Cups closes for the day, so we can't buy coffee or

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The Adrift Hotel Music Calendar August 2013

8/1, 8/2: Robin Baciorek (dreamy pop)
8/3: The Libertine Belles (vaudeville inspired gypsy swing)
8/4, 8/5: Vandella (country flavored rock & roll)
8/7, 8/8: Redray Frazier (indie soul)
8/9: Sassparilla (stompin' Americana)
8/10, 8/11: Western Haunts (atmospheric indie Americana)
8/12: Lotte Kestner & Kevin Long (dreamy indie folk)
8/13, 8/14: The Shook Twins (indie pop)
8/15, 8/16: Steelhead (psychedelic Americana)
8/17: Luke Winslow King & Esther Rose (vintage Americana)
8/18: Naomi Hooley & Rob Stroup (Americana pop)
8/19, 8/20: Josh Hoke (soulful Americana)
8/21, 8/22: Roisin O, Colleen Raney (indie & traditional Irish folk)
8/23: Henry Curl (indie pop)
8/24: Dirty Martini (quirky pop/americana)
8/25: Left Coast Country (country/bluegrass)
8/26, 8/27: Leroy Lee (soulful Americana)
8/28: Eef Barzelay, Chris Otepka (alt country)
8/29, 8/30: Eric John Kaiser (pop Americana)
8/31: Grand Lake Islands (indie Americana)

Show times are 9pm to 11pm on Fridays and Saturdays, 8pm to 10pm on weeknights (including Sundays). For more information please contact Ezra Holbrook at ezraholbrook@gmail.com or (503) 888-0675.

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ON RAIN

Rain has fallen the last seven days. Summer started three days ago. This is the contradiction that delights my soul and enrages the merchant. Thus delighted, I will write more lines on rain:

Suppose English Prime Minister Neville Chamberlain had been a man of rain instead of the umbrella? He was, in fact, privately ridiculed by Hitler for carrying an umbrella in such a foppish manner. History might have turned out very differently had Chamberlain stood in Munich rain and said, "No." Is using an umbrella synonymous with appeasing? This is a metaphorical question for love and life.

I want to have a sensual fracas in rain, but not with Mary Pop-pins.

"God help all men on rainy afternoons," wrote Raymond Chandler. That was LA rain. Big deal. You should me on rainy mornings.

Rain is the Oregon Coast's great secret weapon against over-population. The righteous bane of developers. Actually, it's not a secret. Everyone knows it here. The most lethal weapon we have is when people move here and then quit because of rain and then go back and tell everyone else about the miserable weather. Let it rain and never stop.

Gatsby might have lived had he abstained from umbrellas.

Thank god I never had children, otherwise I would have been tempted to write banalities about their growing up rather than originalities about rain.

Rain annexed me. Rain is vertiginous, the sun a parallelogram. Rain integrates, the sun subjugates. I feel sedulous in rain, flimsy in the sun. I want to meet a grisette who dances in rain. In a fit of grandiosity, I appointed myself a Count of Rain who immediately emancipated the serfs slaving under the sun. Rain frolics, the sun besieges. I almost see myself as a willing marionette of rain. Rain is protean in its dramatic performances, the sun a stock character. I can invent my own audience by writing about rain. Rain inspired this Oregon writer to write a book on rain. The sun inspired nothing. Is something the reverse going on with a writer in Arizona or Florida? If so, although I doubt it, I want to meet this person and compare notes. Mine will be soggy and unreadable. His will be stored inside an electronic device.

I live where rain inflicts damage on cell phones and I relish that fact.

My aunt in Phoenix told me she has been reading my rain book to elderly people in hospice care. She says they uniformly enjoy it. They are calmed and encouraged. Rain will be the last thing they ever hear before they begin their long journey back to water. I helped ease their passage. The sun can't do that.

When I read a sentence Lawrence Ferlinghetti wrote in his novel Her, "The rain fell down in loose swirling skeins, the kind a child makes with string between his fingers," I almost quit writing on rain because it made no sense to continue. Everything important I felt about rain was encapsulated by that crystalline sentence, so what was the point? Later, I realized that others still required persuasion of rain's exquisite qualities and that I had work left to do.

What is the best color for a woman's dress to have a rain stain?

I just saw a video of Elvis singing "Kentucky Rain." I didn't believe a word of it.

Did you watch the British golfer win the U.S. Open in rain? All the American professionals who live in tax-friendly Florida wilted when rain came. I relished their failure in rain.

Rains of Consciousness



I love when rain beats down on the Fourth of July and how rain renders patriots, parades, jingoism, and fireworks utterly impotent, squashing their noise, colors and cheer. I relish the frowns of little children, wet paper plates, dripping flags, and soggy hamburgers trembling in the hands of senior citizens. I envision vacationers stuck inside on their phones with the Oregon blues again, vowing never to return. Disneyland forever! And yes, Sonny the ancient husky relishes it all too, because she loathes the Fourth of July as much as I do, but does, occasionally enjoy the tasty remains of hot dogs abandoned near smoldering campfires on the beach.

It didn't rain this Fourth of July but I knocked Sonny out with pills, turned on a fan, and played a cassette with the sound of rain. We didn't hear a thing except the unequal distribution of wealth.

This month, Sonny has enacted a new routine: when there is a light rain, she leaves the protection of the awning on the deck and goes out to the lawn and sits there, slightly tilting her head skyward. I've witnessed this phenomenon three times and can't possibly describe the good will it engenders in me. I should make a short black and white film and share it with the world. The world needs to see this.

Blind Melon's "No Rain" is one of my favorite rain songs of all time yet somehow I inexplicably left this opinion out of my book on rain. The title is somewhat misleading, but the lyrics make it clear:

All I can say is that my life is pretty plain,
I like watchin' the puddles gather rain
And I don't understand why I sleep all day
And I start to complain that there's no rain

It's August on the Oregon Coast and I am officially complaining that there's no rain.

Matt Love lives near Newport and is the author/editor of ten books about Oregon. His new book, *Of Walking in Rain*, is available through nestuccaspitpress.com and coastal bookstores. He can be reached at lovematt100@yahoo.com.

Matt Love lives near Newport and is the author/editor of ten books about Oregon, available at independent book stores or his web site at nestuccaspitpress.com. He can be reached at lovematt100@yahoo.com and would love to hear your rain story. His new book on rain is due out this summer.

illustration by Colin Miller



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TILLAMOOK

Beer, Pizza and a Movie The Columbian Theater: Socioculturally Essential

by Dinah Urell



SOMETHING BRILLIANT AND ESSENTIAL is coming soon to a theater near you. As filmmakers, film lovers, and now small film theaters say goodbye to classical cinema; celluloid, those pieces of time captured on film, from darkness to light summoning life to the screen, we enter the age of digital.

I refer you to reporter Louie Opatz' article in the Tuesday July 30 edition of the Daily Astorian, "Go Digital or Go Dark," for full detail on Astoria's Columbian Theater's eminent transition.

At this writing, THE END OF THE REEL \$30,000 Kickstarter Campaign to purchase a used digital projector (costing \$50,000) is somewhere over \$5500.00 with 29 days to go. The campaign is currently averaging approx. \$800 a day, with a pledge average at \$60. The way Kickstarter, the online fundraising vehicle works, is any campaign must raise its goal by said date, in this case September 3, in order to be funded. If you do the math the 37-day campaign is right on track.

If 1200 moviegoers each pledged \$25, that would do the trick. Being a part of a successful fundraising campaign is very empowering. Especially when one knows that their dollar power is directly making change. As a community, we can make this happen. It's exciting.

What we can't really fathom yet is the possibilities that enfold as this community theater adapts to digital technology. More indie films, televised broadcasts, more film choices, more regional produc-

tions. The Columbian Theater is, as we know, a film house and live theater. In order to keep it vital, it needs employees and film revenue to continue to be the diverse venue it has become.

When Columbian Café owners Jeanine Fairchild and Uriah Hulsey opened the second run theater with cozy couches, libations and pizza (best in town), they literally jettisoned a part of modern hip culture into Astoria. It is a treat to meander up to the balcony, take up a spot, have a slice and a brew, and be in the beauty of a vintage theater. It enhances the movie experience 100%. That they don't slaughter the viewer with mega commercials, as in the multi-plex theaters that, while they offer more choices, the viewing rooms are stale and empty feeling. It's really important to have this aesthetic choice. With the bombardment of imagery coming at us from everywhere today, Fairchild and Hulsey have a sense of stewardship of culture, which informs their three businesses combined (Voodoo Lounge and Columbian Café).

Their theater doors are always open to community partnering, and as mentioned, digital is going to expand those possibilities. One LGBT social documentary movie event and community discussion at The Columbian several years back drew over 150 viewers. Being able to organize this type of event in a small, real theater is significant. The venue itself helps people feel comfortable, welcomed and included.

Since the late 60's, The Columbian has on and off, featured live performance. Mentioned numerous times in this paper, Joseph Stevenson's terrific Woody Guthrie Review was first performed on the Columbian Theater stage, and now dance theater DRAGALUTION rehearsed and performed there, speaks loudly.

Affordability. Whether you're a family or a student, or unemployed, being able to go to a low cost entertainment event is huge. And going to a movie at the Columbian is a social experience as well. Two in one for your \$4 bucks. What costs \$4 bucks anymore?

The weave of cultural richness between the café, lounge, and the theater, on the corner of 11th and Marine Drive is like a big art caldron. Fairchild and Hulsey, devoted small business owners, a Queen and King overseeing a core creative spectrum.

It is time now to ensure that the images on the screen at The Columbian Theater keep appearing. Think about how much you can invest in being a part of this happening. Watch a fabulous movie on the Kickstarter site made by the employees of The Columbian/VooDoo and then make a pledge. These pledges come with all kinds of goodies; theater passes and drink tickets, artwork by employees.

Sitting in the dark, sharing pizza and little truths, sublime. Lets be miraculous and make good things happen, because we can.

Go to www.kickstarter.com/projects/columbiantheater

Astoria Armory Redux

a vision, a resource, a plausible future

by Bob Goldberg

ON JULY 9, several people responded to an invitation to an open house at the old Armory building, bordered on the south by the former Lum's dealership, on the north by the Bowpicker Fish & Chips boathouse, and on the west by what's now the Clatsop County Historical Society Heritage Museum, in Astoria. The invitation read in part "...it would be a shame to lose this incredible resource as there is nothing like this building anywhere on the North Coast."

How true.

From the outside, the Armory building is pretty nondescript. But as you step inside, you stare up at a fine example of a lamella roof, and step onto a gym floor that looks brand new. You can imagine the stands full of people cheering on the Astoria High School basketball team; chairs filling the floor and the stands and bleachers full with Jack Benny on the stage for a USO show; lights flashing, music blaring and kids whizzing around on their roller skates; kids dancing to "Waltz of the Flowers" in pink satin tutus for Jeanne Maddox's Christmas dance recital; or a packed house to take part in the Scandinavian Festival.

Yes, lots of history in this building. Designed by John E. Wicks and his daughter Ebba Wicks Brown, and erected from joint federal, state and county funding by local builders, the Armory building added a gym, recreation center and community armory to the existing USO hospitality house (now the Heritage Museum, and formerly Astoria City Hall) in 1942. Used as an armory during World War II, the main floor gym became the home of the Astoria High School basketball team afterwards, as their gym (now Clatsop Community College's) didn't have any place for spectators. Many great tournaments and games were played there, according to Jon Englund, who was AHS's center in the 50s. Englund, now head of Englund Marine, remembers playing in the Coast League, and coming in second to Milwaukee in 1955. "In big games against Seaside, the place would be packed, with over 3000 people. It was

great," Englund told me. He said the Royal Chinoooks, a semi-pro basketball team, played there in the 50s, the Harlem Globetrotters paid a visit, and there was wrestling and special events "that were a big part of my life."

Also in the 50s, there were home and auto shows at the Armory, where the basement would be used for the cars. Skip Hauke, the current president of the Astoria/Warrenton Chamber of Commerce, remembers these shows, as well as the Astoria Regatta coronation ceremonies. In particular, he remembers being the train bearer for Regatta queen Lidia Dorn when he was 5 years old. "I still kid her about that when I see her," he said.

Still a recreation center in the 60s, the building was a lot less used after the high school moved to its current digs on Youngs Bay – with a new athletic building with plenty of seating – in 1957. The Scandinavian Festival, now at the Clatsop County Fairgrounds, was held at the Armory during this time. "I went to my first Scandinavian Festival there. There were tarps on the floor and a small square stage where someone was telling great Ole and Lena jokes," recounted Janet Bowler, who has been involved with the festival for decades. And there were some big rock bands that played the Armory, including "Buffalo Springfield and The Zombies in the late 60s, Deep Purple in the mid-70s, sometime after Smoke on the Water came out.. Canned Heat also played late 70s," according to HIPFiSH editor and publisher and Astoria native Dinah Urell. Another Astoria native, Peter Huhtala, remembers a group called People! playing at the Armory in the 70s. Their cover of The Zombies' "I Love You" peaked at No. 14 on the Billboard Hot 100 in June 1968. So, the Armory rocked through the 70s!

But by 1980, the county was looking to sell the Armory building, and finally, at the end of August 1981, four prominent local businessmen – Darrell Davis, George Brugh, Chuck Taggart and Rod Gramson – bought the Armory building at an auction, as the only bidder. Plans were for a convention center and office space, but instead, the Expo Center roller rink opened its doors at the site on Friday, November 27, 1981.

Lillian Baeten, a recently retired school bus driver and "fancy" skater, was the manager of the rink in the 80s. She remembers good times as the public – mostly kids – packed the building on Friday and Saturday nights, and came to free Christian skate night on the first Wednesday of the month. She was part of the congregation of the Clatsop (formerly Jireh) Christian Center, with her friend David Adams as pastor. The group bought the Armory building in 1994, and retained ownership until the current owner, the Columbia River Maritime Museum, bought it in 2002. According to Adams, "We had a congregation of about 140 people, and over 1000 young people came to know Christ during our time there. We were the holy rollers!" Adams' plan was for a church downstairs and a youth center on the main floor. The group did manage to completely redo the gym floor, add new windows, replace the aging roof and other small remodeling efforts while they owned the building.

Liisa Penner, Architect at the Heritage Museum, recalls that, "In the 1980s, my younger daughter had her birthday parties each year in the small room on the north side of the Armory and after the party they skated in the rink."

The CRMM maritime museum added climate control to the basement to help with storing their artifacts, including boats. With their purchase of the old Builders Supply store and warehouse, the museum is looking to sell the Armory building, and that gave Robert "Jake" Jacob an idea. Jacob, architect and owner of the Cannery Pier Hotel & Spa, spearheaded the effort to save the Liberty Theater and helped found the Astoria Waterfront Trolley. So he began to think of ways to save the Armory building for the community. "There's nothing like this building in our entire region. It would be great if a group of interested local and regional citizens could come together to save this unique structure. The inside of the building is stunning and the kinds of events that could take place there are so varied that it could also be an economic driver for our region. Astoria just can't afford to lose a building

like this -- with the kind of historic relevance and huge space it offers. From sporting events, home shows, large concerts with a great dance floor, this space can be anything the community needs," Jacob started telling folks.

At the open house – which was attended by City of Astoria staff and city council members,

Clatsop Community College management and staff, Astoria Sunday Market chief Cyndi Mudge, members of the Shanghaied Roller Dolls roller derby team, Maurice Hendrickson (a former National Guardsman), City Lumber

staff, carpenter Tim Kennedy (who was wowed by the lamella roof), Hauke, Baeten, Constance Waisanan of Partners for the PAC, other local businesspeople and this reporter – Jacob told the crowd of his vision, some of his experiences in the building, and invited others to reminisce about the glory days of the Armory. Others involved in the effort to look into community ownership of the building spoke next, including Hauke and Mitch Mitchum. "We have a real opportunity here to do something terrific. The Armory could be an economic driver for the region as well as a fun project for citizens to be involved with. The integrity of the building is excellent, the hardwood floors are in

perfect condition – and with some good ideas, a little clean-up and paint, we can preserve this treasure!" Mitchum said.

The leaders called on Robert Stang, a local green developer, to work on a plan to get the ball rolling, and he's done just that. With a promise of a 90-day window from the maritime museum to allow the newly formed Friends of the Astoria Armory to investigate the Armory building's physical integrity and assess funding possibilities, and the willingness of Craft3, a non-profit community development financial institution with offices in Astoria, to become fiscal agent for the Friends, the ball is definitely in the community's court.

Everyone I spoke to about the Armory thinks it would be a great community resource, an economic driver, and a chance to save an important historical treasure. It remains to be seen if Jacob's vision will come true. We should know in a few months.

To be informed of the Friends of the Astoria Armory's progress on the possible purchase of the Armory building for the community, or if you want to help, call 503-325-8687 and leave your name, phone number and email address. Someone will get back to you promptly.



Buffalo Springfield, a touring band played the armory in the 60's.

HIPFiSHmonthly Reader Survey

on www.hipfishmonthly.com

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YOU, READER! This month of August we want to connect with you. We ask you to go to www.hipfishmonthly.com and participate in a brief survey. We want to know things like: *Where do you pick-up HIPFiSH? In what ways do you use HIPFiSH as a community bridge? Are you a coastal native or a newbie? And where do you stand on issues like: marriage equality, fossil fuels, local economy, Big-Box development and forest preservation.*

Your survey is anonymous, but you'll then enter your name electronically into a drawing, of which will then be transferred to Crook's "Top Hat." Each Friday the month of August, HIPFiSH reader survey participant names will be drawn, winning something awesome, local, and fun.

We'll post new prizes at the top of each week. The Grand Prize: A Ten Top Table to the 29th Season of Shanghaied in Astoria with "beverage dollars" to boot. (Bring your Grandma and her sturdy woman friends).

HIPFiSHmonthly Reader Survey will be posted to the website on Tuesday, August 6. And Each Friday, through Aug 30, we'll choose winners. Reader Survey results will be published in the September Issue of HIPFiSHmonthly.

We hope that all you HIPFiSH readers will connect with us online and share some important information, thoughts and opinions and just let us know, that you read HIPFiSH.

HIPFiSHmonthly is an independent, alternative community newspaper that proudly serves the Columbia Pacific Region; its peoples and spirit, land and waters, that keep us all connected. We take pride in our part in building community, and as we grow in our service it is important that we hear directly from coastal voices. Please take a moment in your day to show support for continued independent journalism. And you could be taking nine friends out for a good time.

**HIPFiSHmonthly Reader Survey
Beginning Tuesday, August 6 - August 30.
www.hipfishmonthly.com.
We look forward to reading You!**

IF YOU GO TO HELL, IT'S YOUR FAULT: The Paintings and Politics of Sandy Roumagoux



If You Go To Hell, Its Your Own Fault, II, 48" x 60", oil on canvas

THERE IS a slim volume on my bookshelf called "Heaven Bound," a collection of 21 paintings and 21 corresponding poems, a collaborative and lyrical expression of the somewhat sorry state of our worlds, both physical and spiritual. "Heaven Bound" is a thing of beauty, depth, wit, horror, irreverence. The paintings are by Newport-based artist Sandy Roumagoux (pronounced room'-a-goo). The poems, by Roumagoux's good friend Jim Fleming, were written in response to each of the paintings.

"Heaven Bound" was published by Cape Perpetua Press as a limited edition in 1998. Fifteen years later, the inspirational force behind those poems – Roumagoux's paintings – have held up, timeless and universal. Within them are themes and images that continue to infuse the painter's work: recognition and acceptance of the

paradoxical absurdities of existence; anger at human disregard for and abuse of nature; rejection of society's acceptance of violence and hypocrisy. Dogs, salmon, rural folk, carrion, toxic discards, religious imagery are plunked down, with satirical edge, amidst bucolic surroundings.

Roumagoux paints what she sees, what grabs her, as she drives the back roads of Lincoln County. Her new work on view at KALA is, like her old work, rich, gorgeous, big (the biggest canvas is 4'x6'). In a few of the new paintings, Roumagoux elegantly inserts human-made beauty – the classic form of a Conde McCullough bridge in cerulean blue, for example – into the wild. Some of the paintings are joyful or hopeful. Others reflect, simultaneously, deep serenity and profound loneliness. Still others are subtle-yet-biting commentaries on modern rural life.

I've been called political, but I don't know how to separate politics from art. Both ask something of us, something that challenges us to a responsibility. Painter or politician, we come as candidates. We want our message to resonate with the body politic, with the voters. We make promises.

Every one of the paintings is strikingly beautiful, even those of discarded tires in the landscape, tires that nature has covered up and disguised as benign under green waves of salal and blackberries. The tires become part of the flora, hauntingly appealing in much the same way the Ashcan School of the early 20th Century turned the squalor of New York's Lower East Side into a thing of aching beauty.

"It is more beautiful than ugly, but it doesn't excuse it," says Roumagoux of her Tire Series.

"You don't think about it because of the vegetation. Nature covers waste, but it's still not a good thing." Among Roumagoux's early creative influences are Marsden Hartley, Milton Avery and C.S. Price – and it shows. Her use of color, application of paint and representational-yet-abstract composition are similar. But her subject matter is almost always more activist than theirs ever was. Her work gives voice to strong personal opinions and points of view.

My favorite painting in the show is arrestingly subversive. In it, a hand-painted sign that reads "If You Go To Hell, It's Your Fault" hangs above an apprehensive, sitting dog. Two men lounge nearby. Behind them is a rotting pile of salmon carcasses. The men nonchalantly gaze over the sign and over the dog and ignore the rotting salmon. The painting seems to be an indictment of the way much of society chooses to look elsewhere rather than struggle with thorny problems such as fishery depletion and environmental degradation.

"I focus on our culture's abuse of the environment, our love affair with greed, our throw-away consumerism and our sanitizing of violence," writes Roumagoux in her online artist's statement. "These abuses are glossed over with religious platitudes."

The plain fact of the matter is that Roumagoux is a very political painter. She also is – surprise! – a very painterly politician. Sandy Roumagoux, Painter, is also Sandra Roumagoux, Mayor.

"I've been called political, but I don't know how to separate politics from art. Both ask something of us, something that challenges us to a responsibility. Painter or politician, we come as candidates. We want our message to resonate with the body politic, with the voters. We make promises."

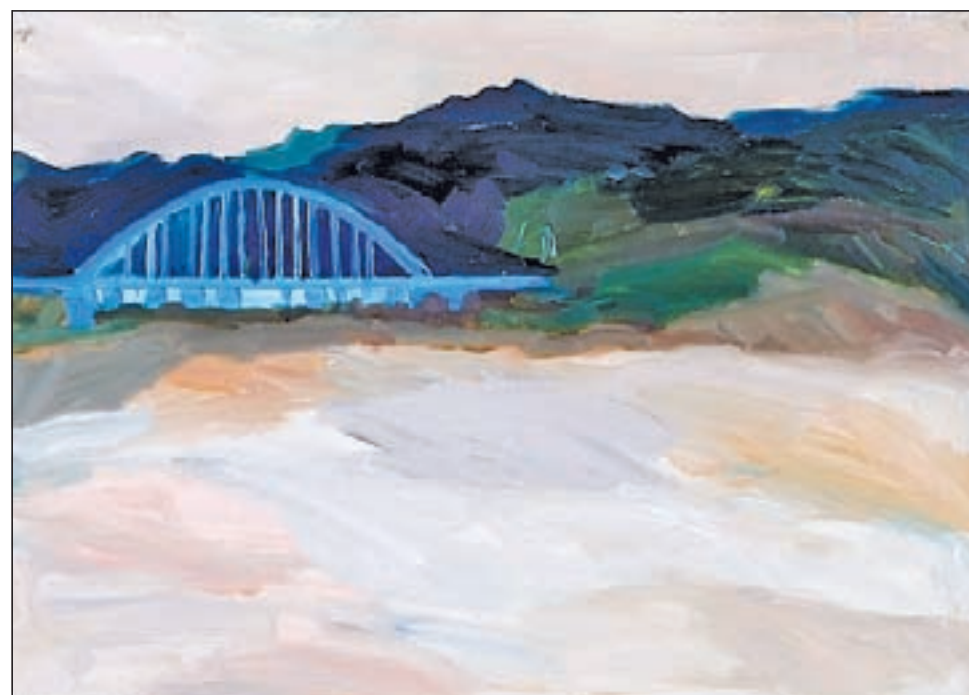
Roumagoux served on the Newport City Council for several years before her successful run for Mayor of Newport last November. Her experience as a driven, highly lauded regional painter has informed her

worldview. She deeply appreciates how much local artists can contribute to a town's economy and quality of life. Her advice to fellow municipal-government officials?

"Listen to the artists," she says. "Being an artist is being a small business. If you want to learn how to make a small business go on very little money and overhead, an artist knows how to do it. They do a lot more with a lot less...The arts are great in building community. There shouldn't be the division that there is. I find it surprising that it still is. We need to learn from one another."



Northwest Painter and Mayor of Newport, Sandy Roumagoux



Stonefield Beach, #3, 22" X 30", oil on gessoed BFK Rives paper

Sandy Roumagoux exhibits New Paintings at KALA.

Opening Aug 10, 5-8pm, Astoria 2nd Saturday Art Walk
Through Sept 3.

1017 Marine Drive in Astoria. Viewing Hours: Sats/Suns 12 noon to 4pm.

KALA presents Newport artist Sandy Roumagoux for the Second Saturday Art Walk in Astoria. Roumagoux is represented by Blackfish Gallery in Portland. She received her Bachelor and Masters of Fine Art degrees from the University of Arkansas, Fayetteville where she stayed to teach courses in drawing, painting and design. She grew up on a farm in the Willamette Valley of Oregon where "gun cabinets were as normal a piece of furniture as the dining table." Her paintings are included in the Microsoft Collection, Oregon Health Sciences, University of Arkansas, and she has exhibited in the Oregon Biennial, Portland Art Museum and the Galerie Brati Capku in Prague, Czech Republic. Currently, she is serving a two year term as the mayor of Newport, Oregon and is melding her love of politics with that of a painter/artist.

Blues & Seafood / Jazz & Oysters

A Very Hot Weekend on the Long Beach Peninsula

Aug 16 - 18

ADDING SIZZLE to summer at the beach, **BLUES AND SEAFOOD AND JAZZ & OYSTERS** promise crowd-pleasing outdoor musical performances as well as mouth-watering food. The back-to-back events take place Aug. 16 through 18, 2013, on Washington's Long Beach Peninsula.

Overlooking a bustling marina, **BLUES AND SEAFOOD** will bring nine hot performances to an outdoor stage at the Port of Ilwaco, on August 16 and 17.

"The 2013 line up is the best we have ever had," says festival organizer Bruce Peterson. "This year we are bringing in huge blues talent."

Festival opener will be **THE ROBIN GIBSON BAND** with **KENNY BLUE RAY**



The Strange Tones w/ The Volcanic Vixens

18. Performers will include **PATRICK LAMB** and **Acústica**.

"Patrick is one of those extraordinary performers who combine raw talent and energy with a singular ability to captivate an audience with his charm, sincerity and pure magnetism," said Diana Thompson, event spokesperson. "He combines the influences of Funk, Soul, R&B, and a flavor of Jazz to create his own unique sound."

ACÚSTICA – offering a "magnetic fusion of intercultural and linguistic musical experience" – will entertain with blended ethnic sounds performed by multilingual vocalist Dolores Levine accompanied by Dave Ambrose on bass, Matthew Crichton on percussion and John Orr on guitar.

Open seating is on a grass lawn (lawn chairs and blankets suggested) with a canine relaxation area reserved for dog owners with well-behaved, leashed dogs.

Tickets for both events, available for purchase online through Aug. 14, are \$15 for Friday, \$25 for Saturday, \$35 for a Friday/Saturday combination ticket, and \$20 for adults, \$10 ages six through 18, on Sunday. Free admission is offered on Sunday for children under six years, as well as Active Military and their families. A full-weekend ticket for Blues and Seafood and Jazz & Oysters is \$50 per person. Go to: bluesandseafood.com and watermusicfestival.com/jazz-and-oysters.



PATRICK LAMB

REGATTA 2013 • A River Runs To It • Aug 7 – 11

IT WAS 1894 and Astorians began a tradition that now 119 years later helps define a city and a state. As history tells it, "what began as a remark

soon became a way for the community to celebrate the return of Astoria fishermen from Alaska aboard boats filled with salted fish. A humble beginnings to an annual celebration that blossomed into one of the premier boat contests on the West Coast."

The Regatta is the oldest city celebration of the oldest American city west of the Rockies and the Oregon Heritage Commission recently has recognized it as a fourth only Oregon Heritage Tradition. The others include the Oregon State Fair (founded 1858), Linn County Pioneer Picnic (1887) and the comparatively

young Pendleton Roundup (1910). An Oregon Heritage Tradition must have been in continuous operation for more than 50 years, demonstrates a public profile and reputation that distinguishes it from more routine events, and add to the livability and identity of the state, according to Commission coordinator Kyle Jansson.

During the World Wars and the Astoria Fire of '22, the celebration went dark, and this year when longtime President and Regatta benefactor Eric Paulson stepped down, it wasn't long before native Astoria son, former city councilman and restaurateur Peter Roscoe stepped in.

Astoria without Regatta, not a reality!

The celebration brings 8 to 10 thousand people, boats are still a big part, and more

than 50 events take place during Regatta, and more than 60 volunteers throughout the year are working to make it happen.

A NEW TRADITION begins this season – "The Seaman's Memorial," honoring those who serve in the U.S. Navy, Coast Guard, Columbia River Bar Pilots, and Fisherman who have been lost at sea. On May 21, 2011 Astoria was officially recognized as a Coast Guard City, only 13 other cities across the US, including Newport, Oregon bare the title. Captain Bruce Jones, Sector Columbia River Commander will ring a giant bell at the Maritime Memorial Park in Uniontown to signify the first year as a Coast Guard City, and each year thereafter will ring consecutively. The community is openly invited to share in this new tradition.

Regatta Events

The Pirates Den (soft gambling), Heritage Square BBQ, the Grand Land, Kids and Boat Parade, Softball Games, Queen's Coronation, Fireworks and more ... REGATTA.COM will give you the run down.



Fort George's 2013 Astoria Regatta Parking Lot Party!

Saturday, August the 10th



FORT GEORGE will be continuing its' Parking Lot Party tradition for the 2013 Astoria Regatta. People on the Fort George Brewery + Public House Block will be able to watch the Grand Land Parade at noon from the patio and parking lot beer garden, see the Boat Parade from 1:00 to 4:00pm, and the fireworks display from 9:30 - 10:00pm. The parking lot stage will be graced by our very own living legend, Michael Hurley, as well as Portland's Parson Red Heads. Music starts at 6:30 and goes until the fireworks end. From the Lovell Taproom to the Parking Lot Beer Garden, to the Public House and 2nd Level, Fort George is the place to be for Regatta Saturday. The Parking Lot Party is family and family pet friendly and there is no cover charge.

Folk Hero Michael Hurley graces the Fort George Regatta Stage.

DON YE now your gay apparel and get ready to gender bend. Put on a mustache (save \$5 bucks), and enter at your own risque. Drag-alution dance theater is designed to open your consciousness and give license to dig into the dark and sexy, bawdy body. An obscene mob scene that the doctor of drag ordered. Its really okay – cum be your Drag-a-licious Self!!!!

Friday, August 9, Doors Open 9pm. Expect to stand in line – and that too is part of the fun. \$10 and \$5 in Drag. Post show dance with DJ Grey Matter. At the Columbian Theater.



Marco Davis -Dragalution Creator/Director

LOOKOUT OUTLOOK



**It's a Trifecta!
get them a projectah'
put hearts togethah'
maybe ART *is* a neccessity?**

Photos by Sofie Kline

Fashions from Q-Night in Astoria, Artist Masquerade Ball, and End of the Reel Fundraiser



2nd Saturday
ART WALK
astoriadowntown.com

Aug 10

5:00pm

downtown
Astoria

this month
sponsored by:

FORT GEORGE
BREWERY + PUBLIC HOUSE
ASTORIA, OREGON

open
every
day

Goings On: August '13

in the columbia pacific



Leo Rondeau

The Lone Star Connection Austin Music at the Coast in August

THIS MONTH, three Austin-based bands will pass through North Tillamook County during their respective West Coast tours.

Leo Rondeau (fresh off a weekend of performances at Pick-a-Thon) will be making two local appearances, the first of which occurring on Tuesday, August 6, at The Tsunami Bar and Grill in Wheeler. The following night, Wednesday, August 7, Rondeau and his band will play in Manzanita, at The San Dune Pub.

Hailing originally from the Turtle Mountains of North Dakota, Rondeau has, over the past decade, become a fixture of the country music scene in Austin, Texas. The songs off his sophomore release, *Down At The End of The Bar*, earned him a nomination in 2011 for Austin Songwriter of the Year. The band is currently touring in support of a new album, *Take It And Break It*, which finds Rondeau branching out from traditional country and western roots, into a variegated sound scape of 20th century musical

influence. The traditional layers are still present: the strings, the steel, the honky-tonk pianos, the shuffling snares. And Rondeau's storytelling is as sharp as ever, laced with elements of heart break and leaving, of honor and vice. The imagery of his lyrics induce a candid vision of scenery and circumstance, rolling from the speakers like the soundtrack to an implacable region. The songs are sculpted and sincere. On the chorus to *Resistance In My Blood* (an old Rondeau stand-by, revisited on the new album) Rondeau pays homage to his Native American heritage, singing:

I've got resistance in my blood, I've got years upon years of fightin'.
My daddy fought the odds, and my ancestors fought the white man.
And battles may be won, but the war, it ain't ever gonna end.
Lord take this world off my shoulders, and put it in my hands.

The recordings on *Take It And Break It* are as polished as a bronco-buster's prized buckle, but the grit and grace of Rondeau's art can only be appreciated, in full, through his live performances.

- Travis Champ



Horse Opera

bound through another honky-tonk Saturday night.

The month will be rounded out on Friday, August 30 with the country-folk duo Loves It! The show will take place at the always dim, yet seldom dismal Vino Manzanita. Former members of Shotgun Party and Leo Rondeau, Jenny Parrott and Vaughn Walters formed Loves It! in Austin over the mutual interests of traveling with dogs and posing for band photographs. They are currently touring the country in support of their new album *Boxie's Greatest Hits, Volume II*.



Loves It

Tuesday, Aug. 6

Tsunami Bar & Grill, Wheeler
Leo Rondeau (Austin, TX) with
The Cedar Shakes - 9pm

Wednesday, Aug. 7

The San Dune Pub, Manzanita
Leo Rondeau - 7:30 pm

Friday, August 9

Tsunami Bar & Grill, Wheeler
Audios Amigos (PDX)
with Dusty Santamaria (PDX) - 9pm

Saturday, August 10

Vino, Manzanita
Horse Opera (Austin, TX) - 8pm

Sunday, August 11

Tsunami Bar & Grill, Wheeler
Horse Opera
with
Bunny Frost - 9pm

Friday, August 30

Vino, Manzanita
Loves It! (Austin, TX) with
The Cedar Shakes - 8pm

Saturday 3

MUSIC

Viva, Viva, Vernonia! Justin Shandor, **Elvis impersonator**. \$15 - \$100. From 2 - 3:30pm, Shandor will portray Elvis from the 50s and 60s. Elvis from the 70s will appear from 6 - 7:30pm. Venue in Vernonia TBA. Tickets at brownpapertickets.com/event/294028

Clatskanie Bluegrass Festival. Performers include Fern Hill, Puddle Town Ramblers, Steer Crazy, Hardshell Harmony and Mission Mountain. Starting at noon in the City Park in Clatskanie.

The Urban Monroes. At the Lincoln City Cultural Center. 541-994-9994

The Distractions. Classic rock. 7pm at the American Legion Hall in Astoria.

Melissa Linder. 7 - 9pm at Moody's Supper House in Seaside.

Naomi Hooley, with Rob Stroup. No cover, 7pm at McMenamins sand Trap Pub in Gearhart.

Nervous and the Kid. Roots-flavored folk. No cover, 8pm at the Sou'wester Lodge in Seaview.

T-3 and Maggie. Jazz/Blues/Classic Rock. 8:30pm at the Seaside American Legion.

The Libertine Belles. Gypsy swing. No cover, 9pm at the Adrift Hotel in Long Beach.

Manic Mechanics. 9pm at the Snug Harbor Bar & Grill in Lincoln City.

Ramble On. A Led Zeppelin tribute band. \$5 cover, 9pm at the San Dune Pub in Manzanita.

Sonny Hess, Vicki Stevens opening for Janiva Magness. \$10, 9pm at Roadhouse 101 in Lincoln City.

ART

Indoor/Outdoor Quilt Show. 10am - 4pm at the Legion Hall and City Park in Clatskanie.

Northwest Artist Guild Open House. Coastal Imaginations, featuring the art of Betst Toepfer. Noon - 6pm at Gallery 504 North in Long Beach.

Flora Fauna Show. Reception starts at 4pm at Archimedes Gallery in Cannon Beach.

First Saturday Art Walk. 5 - 8pm at galleries and businesses in Gearhart and Seaside.

Opening Reception. The August Print Invitational features the work of six printmakers: Liza Jones, Paul Miller, Susan C. Walsh, John Clark, Jamie Boyd, and Nicole Rawlins. 5 - 7pm at the Cannon Beach Gallery.

Artist Reception. Celebrating the 40th artistic anniversary of Rose Perez. 2 - 4pm at the Garibaldi Museum.

FOOD & DRINK

Wine Tasting. Pinot Blancs. 1 - 4pm at the Cellar on 10th in Astoria.

Wine Tasting. Cana's Feast. \$5, 1 - 5pm at the Wine Shack Tasting Room in Cannon Beach.

HAPPENING

Willapa Festival. Events include a battle of the bands, a street market, softball tournament, beer garden, car show, parade, quilt show, and more. 10am - 6pm at Fifth Street Park and other locations in downtown Raymond.

Friendship Jamboree and Logging Show. Food and craft vendors, pancake breakfast from 7 to 11 a.m., petting zoo from 9 a.m. to 2 p.m., parade at 11 a.m., motorcycle cruise-in at noon, lawnmower races at 3 p.m., two beer gardens and live music. In downtown Vernonia.

Jake the Alligator Man's Birthday Party. Events take place in Long Beach. jakethealligatorman.com

Clatsop County Fair. At the Clatsop County Fairgrounds 3 miles south of Astoria on Walluski Rd. Schedule at clatsopfairgrounds.com/fair.htm

The Vintage Flea. A street fair of antique and flea market items. 10am - 4pm on the sidewalk near Vintage Hardware in Astoria.

Game Day at the Library. Relax and have fun with family and friends at the library's free monthly Game Day. Choose from a wide variety of board games, card games, and LEGO® bricks for all ages. 2 - 4pm at the Astoria.

Psychic Siamese Terror. Fortune Telling. At the Voodoo Room in Astoria. 503-325-2233

Dance Magic Grand Champions Dance

Competition. \$8, 9am - 5pm at the Seaside Convention Center.

Fire Mountain School Open House. Potluck dinner follows at 6pm. 3 - 6pm at Fire Mountain School, Cape Falcon.

Household Hazardous Waste Collection Day. 9am - 1pm at the Tillamook Transfer Station. 503-815-3975

Northwest Classics. Classic cars, motorcycles, airplanes! Beer & Wine garden, pancake breakfast: come out and bring the family for a full day of fun! Adults \$9/seniors \$8/youth 6-17 \$5/under 6 free. 7am - 5pm at the Tillamook Air Museum.

Sandcastle Contest. In the Historic Taft District of Lincoln City.

Comedy on the Coast. \$15, 8pm at Chinook Winds in Lincoln City.

LITERARY

Buck a Book Sale. 10am - 3pm, at the Library in Clatskanie.

OUTSIDE

Race Against Violence. 5K run/walk. \$12 - \$22. Race starts at 10am at the Bolstad beach Approach in Long Beach. Preregister at dvawareness.org/The-Race.html

Shoreline Scavenger Hunt and Cleanup. Along the Columbia and Willcutt rivers on the Columbia Land Trust's Willcutt River property on Stringtown Road, east of Ilwaco. Volunteers can team up or go solo to collect trash and tally finds. Prizes will be awarded for various categories. 10am - 1pm, reservations required. 360-213-1214

Weekly Bird Survey. No birding experience required, binoculars recommended. 8 - 10 am at Battery Russell at Fort Stevens State Park.

THEATER

Comedy of Errors. Drama. Free admission to the lay, but park fees apply. 7pm at the Amphitheater in Nehalem Bay State Park.

The Wizard of Oz. Musical. \$17, 7pm at the Fort Columbia Theater east of Chinook.

The Importance of Being Earnest. Comedy. \$15 - \$20, 7:30pm at the Coaster Theater in Cannon Beach.

Shanghaied in Astoria. Musical Melodrama. \$12 - \$20, 7:30pm at the ASOC Playhouse in Astoria.

The Fox on the Fairway. Comedy. \$12, 8pm at Theater West in Lincoln City.

Sunday 4

MUSIC

Brownsmead Flats. 10am - 3pm at the Astoria Sunday Market.

Clatskanie Bluegrass Festival. Gospel music starting at 10am in the City Park in Clatskanie.

Bluegrass Music Jam. 1 - 3pm at the Tillamook Forest Center.

Priscilla Dantas. A Brazilian piano prodigy. \$15, 3pm at the Lincoln City Cultural Center.

Scott Pemberton Trio. Live Music. No cover. 8pm at Fort George Brewery & Public House in Astoria.

Vandella. Roots rock. No cover. 8pm at the Adrift Hotel in Long Beach.

ART

Flora Fauna Show. At Archimedes Gallery in Cannon Beach.

HAPPENING

Vernonia Friendship Jamboree & Logging Festival. Activities include and craft vendors, kids carnival, black powder encampment, sports, pancake breakfast from 7 to 11am, Ridge Riders play day at Anderson Park arena at 8am, logging show from noon to 4pm, two beer gardens and live music. In downtown Vernonia.

Willapa Festival. Events include a battle of the bands, a street market, softball tournament, beer garden, car show, parade, quilt show, and more. 10am - 3pm at Fifth Street Park and other locations in downtown Raymond.

Dance Magic Grand Champions Dance Competition. \$8, 9am - 5pm at the Seaside Convention Center.

Dragon Theater Puppets. Free, 6:30pm at the Driftwood Public Library in Lincoln City.

OUTSIDE

Free Admission to WA State Parks.

Paddle to Coal Creek Swamp. Join John Mersereau and Tammi Lesh for a paddle up Nehalem Bay to Coal Creek Swamp, 80 acres of healthy Sitka spruce swamp, a once common but now rare habitat along the Oregon Coast. NCLC will not be supplying boats for this outing. Kayak rental is available in Nehalem or Wheeler. Previous kayak or canoe experience is recommended for this trip. Free, registration required. 8:30am - 1pm. Register at nclctrust.org/on-the-land/ottl-august-4-2013-paddle-to-coal-creek-swamp/

SPIRITUAL

Community HU Song. Regardless of your beliefs or religion, you can sing HU, an ancient name for God, to become happier and more secure. It is simply for the spiritual uplift of those who come and is not directed to any other purpose. Presented by Eckankar. Free, 1:30pm at the Seaside Library.

THEATER

Shanghaied in Astoria. Musical Melodrama. \$12 - \$20, 2pm at the ASOC Playhouse in Astoria.

The Wizard of Oz. Musical. \$17, 3pm at the Fort Columbia Theater east of Astoria.

A Funny Thing Happened on the Way to the Forum. Musical comedy. \$8 - \$23, 7:30 at the Coaster Theater in Cannon Beach.

Monday 5

MUSIC

Vandella. Roots rock. No cover. 8pm at the Adrift Hotel in Long Beach.

HAPPENING

Dance Magic Grand Champions Dance

Competition. \$8, 9am - 5pm at the Seaside Convention Center.

Tuesday 6

MUSIC

Leo Rondeau. Country. 9pm at the Tsunami Bar & Grill in Wheeler.

ART

Monthly Photo Salon. 7 - 9pm at the Hoffman Center in Manzanita.

HAPPENING

Public Meeting about Astoria Library Renovation. The City, library leadership, and consultant team are especially interested in hearing about the library service needs and ideas of our citizens, including both current needs and anticipated needs. 5:30pm at the Liberty Theater in Astoria.

Dance Magic Grand Champions Dance

Competition. \$8, 9am - 5pm at the Seaside Convention Center.

National Night Out. Talk with Seaside Police Department officers about crime prevention and what's going on in your neighborhood. There will be prizes and free food. 6pm at Broadway and Cartwright Parks in Seaside.

THEATER

A Midsummer Celebration. A musical revue. There will be wine and cheese before the show, with a silent auction of artwork and interesting theater props. After the show is a champagne and dessert reception. \$18 or \$23, 7:30pm at the Coaster Theater in cannon Beach.

Wednesday 7

MUSIC

Leo Rondeau. Country. 7:30pm at the San Dune Pub in Manzanita.

Redray Frazier. No cover. 8pm at the Adrift Hotel in Long Beach.

ART

Peninsula Clay Artists Show & Sale. Show Opening, with a wheel throwing demonstration by Rod Maxwell-Muir. 5am - 9pm at the Artisan in Ilwaco.

FOOD & DRINK

Ice Cream Party & Egg Hunt. For Children & families. Join in an end-of-summer ice cream party and search for the hidden eggs. 2pm at the Naselle Timberland Library.



Waikiki Beach Concerts • Sugarcane

A SUMMER treat; Free concerts at the Confluence Project amphitheater overlooking Waikiki Beach in Cape Disappointment State Park. August 10 brings Sugarcane, one of Oregon's top Bluegrass rock bands, with a mix of Country, Caribbean, blues and bluegrass to the beach. On Augsturt 24, take in The Ben

Rice Band - rockabilly, swamp rock, and soul infused country. Concerts are Free and the one hour performances start at 7pm. To access parking a WA State Discovery Pass is needed. To find out about the pass and lots more summer events on the WA Peninsula, check out www.funbeach.com

Cooper & The Jam

MOTOWN STYLE and funky upbeat dance is her performance genre - Cooper is an Oregon girl who packed up her bags and made the quest to Nashville several years back. Living on the cheap, and ambitious as hell, her music story is on the rise. She garnered attention of music industry types, recording her first album, "Motown Suite" at The Tracking Room, one of Nashville's top recording studios. She recently



opened for Mavis Staples and Robert Plant at the Waterfront Blues Fest. Friday, Aug 16 - Catch Cooper and the Jam at the Sandtrap in Gearhart. 7pm. No Cover.

Phil Vassar

September 2 • To Benefit the Columbia Memorial Hospital Foundation

RECORDING ARTIST Phil Vassar returns again to the Liberty stage. One of America's #1 Country recording artists, Vassar does a high energy show, and as a piano playing songwriter, pounds the keys and works the audience. He first hit the music business when the son of a major recording star gave his father a Vassar demo, and Englebert Hump-erdinck ended up recording it. A hit song writer for numerous country artists, such as Jo Dee Mesina, Tim McGraw, Alan Jackson, . . . he eventually jumped in to take the stage himself and now controls his own song company. He is currently on the LOVE IS ALIVE Tour.



Call the Liberty Theater Box Office. 503.325.5922 x 55. Open Tue – Sat, 2pm to 5:30pm.

HAPPENING

Tillamook County Fair. Join in on all the entertainment, fun rides, exhibits, and 4-H animals. For tickets and more info: tillamookfair.showare.com

Jason Ropp. Puppeteer. Free, 6:30pm at the Driftwood Public Library in Lincoln City.

THEATER

A Funny Thing Happened on the Way to the Forum. Musical comedy. \$8 - \$23, 7:30 at the Coaster Theater in Cannon Beach.

Thursday 8

MUSIC

Jeffrey Reynolds. 3 – 6pm at the River People Farmers Market in Astoria.

Redray Frazier. Indie soul. No cover. 8pm at the Adrift Hotel in Long Beach.

ART

Peninsula Clay Artists Show & Sale. 10am – 5pm at the Artisan in Ilwaco.

Create a Community Sculpture. With David Campiche. David will throw a large pot and participants will help make parts to attach. All ages. No experience needed. 10am – 1pm at the Artisan in Ilwaco. RSVP at 360-665-2661

Meet the Artist. With oil painter Joshua Flint. 6pm at Dots 'N Doodles Art Supplies in Astoria.

HAPPENING

Astoria Regatta. 4 days of fun on land and sea, parades, great food, and unique traditions. At various locations in and around Astoria. See schedule at: astoriaregatta.com/events/index.html

Tillamook County Fair. Join in on all the entertainment, fun rides, exhibits, and 4-H animals. For tickets and more info: tillamookfair.showare.com

Lower Columbia Time Bank Organization Meeting. The Lower Columbia Timebank is a nonprofit community project in which members give time and get services in exchange. New members are welcome at this orientation. 5pm at the CCC Library Lounge in Astoria.

First Thursday Trivia. Teams of 1-5 compete for universal admiration and fantastic prizes. Sign up ahead of time or just show up! Free, 5:30 – 6:30pm at the Astoria Public Library.

LITERARY

1,000 Friends of Oregon Reception. With author Matt Love. Wine reception, presentation, and Q & A. Free admission, 5:30pm at the Lincoln City Cultural Center.

OUTSIDE

Zen Work Party. Walk the labyrinth and learn why forests are great for relaxation, work and play. Find yourself in the forest and focus up-close and personal with woodland creatures big and small during this volunteer event. A veggie-themed potluck follows. Starts at 10am at the Willapa National Wildlife Refuge Headquarters. 360-484-3482 x23

THEATER

The Importance of Being Earnest. Comedy. \$15 - \$20, 7:30pm at the Coaster Theater in Cannon Beach.

Shanghaied in Astoria. Musical Melodrama. \$12 - \$20, 7:30pm at the ASOC Playhouse in Astoria.

The Fox on the Fairway. Comedy. \$12, 8pm at Theater West in Lincoln City.

Friday 9

MUSIC

The Twangshifters. No cover, 7pm at the Sand Trap Pub in Gearhart.

Audios Amigos with Dusty Santamaria. 9pm at the Tsunami Bar & Grill in Wheeler.

Jim Mesl. No cover, 9pm at Roadhouse 101 in Lincoln City.

Sassparilla. No cover. 9pm at the Adrift Hotel in Long Beach.

ART

Peninsula Clay Artists Show & Sale. 10am – 5pm at the Artisan in Ilwaco.

Opening Reception. Mosaic Art show opening. 5 – 7pm at the Chessman gallery in the Lincoln City Cultural Center.

HAPPENING

Surf n' Saddle Jr Rodeo. In Long Beach. peninsulasaddleclub.com/events-at-peninsula-saddle-club/

Rollin' Oldies Vintage Travel Trailer Rally. Tours 3 – 5pm. At the Sou'Wester Lodge in Seaview.

Astoria Regatta. 4 days of fun on land and sea, parades, great food, and unique traditions. At various locations in and around Astoria. See schedule at: astoriaregatta.com/events/index.html

Dragalution. A local drag show. \$10, ages 21 and over at the Columbian Theater in Astoria.

Tillamook County Fair. Join in on all the entertainment, fun rides, exhibits, and 4-H animals. For tickets and more info: tillamookfair.showare.com

Nesika Illahee Pow Wow. In Siletz. 888-CHI-NOOK

Williams & Ree. Comedy. Free, 8pm at Chinook Winds in Lincoln City.

Plaid Party. Come meet Snug's Scottish friend Jimmy. Wear something plaid to celebrate Scotland with party favors, drink and food specials, and karaoke. 9pm at Snug Harbor Bar & Grill in Lincoln City.

LITERARY

Lunch in the Loft. With author April Henry. \$20 includes catered lunch and a signed copy of one of April's books. Reservation required. Noon at Beach Books in Seaside. 503-738-3500

OUTSIDE

Beach Volleyball. Free for spectators, on the beach to the north and south of the turnaround in Seaside.

Crabbing Clinic. With Bill Lackner. A hands-on crabbing lesson on Siletz Bay. Free, meet at 8:30am at the pavilion near Mo's Restaurant in Lincoln City. 541-265-5847

THEATER

The Importance of Being Earnest. Comedy. \$15 - \$20, 7:30pm at the Coaster Theater in Cannon Beach.

Shanghaied in Astoria. Musical Melodrama. \$12 - \$20, 7:30pm at the ASOC Playhouse in Astoria.

The Fox on the Fairway. Comedy. \$12, 8pm at Theater West in Lincoln City.

Saturday 10

MUSIC

Niall Carroll. No cover, 6pm at the Wet Dog Café in Astoria.

Get Your Dancing Shoes On! With Acustica World Music. \$10, 7 – 9pm at the Sundance Event Lodge at Sea Ranch Resort in Cannon Beach.

Anna Paul & the Bearded Lady. No cover, 7pm at the Sou'wester Lodge in Seaview.

Naomi Hooley Duo. \$14. 7pm at the Lincoln City Cultural Center.

Sugarcane. 7pm at the Waikiki Beach Arena at Cape Disappointment State Park, Ilwaco.

Horse Opera. 8pm at Vino in Manzanita.

Henry Turner Jr & Flavor. No cover, 9pm at Roadhouse 101 in Lincoln City.

Ocean. 9pm at the Snug Harbor Bar & Grill in Lincoln City.

Radio Giants. \$5 cover, 21 and over, 9pm at the Voodoo Room in Astoria.

The Way Downs. \$5 cover, 9pm at the San Dune Pub in Manzanita.

Western Haunts. Americana/Roots/Psychedelia. No cover, 9pm at the Adrift Hotel in Long Beach.

ART

Peninsula Clay Artists Show & Sale. 10am – 5pm at the Artisan in Ilwaco.

Astoria's Second Saturday Art Walk. 5 – 9pm downtown Astoria.

Grand Opening. Forsythea Home & Garden Arts features a local artist section as well as home and garden art. Printmaker Miki'ala Souza is the featured artist this month. 5 – 9pm at 260 10th St in Astoria.

CINEMA

The Crash of 1929. A documentary. Free, 1pm at the Naselle Timberland Library.

Dinosaur. BYO pillow to sit on. Children 10 and under must be accompanied by an adult. Free, 3pm at the Astoria Public Library.

FOOD & DRINK

Pancake Breakfast. \$5 for adults, \$3 for children. 8am – 11am at the Peninsula Senior Activity Center in Klipsan Beach

Wine Tasting. Summertime Favorites. 1 – 4pm at the Cellar on 10th in Astoria.

Wine Tasting. Ken Wright Cellars. \$5, 1 – 5pm at the Wine Shack Tasting Room in Cannon Beach.

HAPPENING

Rollin' Oldies Vintage Travel Trailer Rally. Swap Meet 11am – 1pm. Tours 2 – 4pm. Potluck & music 7pm. At the Sou'Wester Lodge in Seaview.

Astoria Regatta. 4 days of fun on land and sea, parades, great food, and unique traditions. At various locations in and around Astoria. See schedule at: astoriaregatta.com/events/index.html

Surf n' Saddle Jr Rodeo. In Long Beach. peninsulasaddleclub.com/events-at-peninsula-saddle-club/

Lower Columbia Pug Socializing Club. Pugs and their people meet monthly for fun and socialization. 11am at Carruthers Park in Warrenton.

Tillamook County Fair. Join in on all the entertainment, fun rides, exhibits, and 4-H animals. For tickets and more info: tillamookfair.showare.com

Nesika Illahee Pow Wow. In Siletz. 888-CHI-NOOK

Nature's Art Gem and Jewelry Show. At the Lincoln City Cultural Center. 541-994-9994

Williams & Ree. Comedy. Free, 8pm at Chinook Winds in Lincoln City.

OUTSIDE

Beach Volleyball. Free for spectators, on the beach to the north and south of the turnaround in Seaside.

Relay for Life. Relay for Talent Show at 8pm, Luminaria at 10pm. Starting at noon at Taft High School Track & Field in Lincoln City. 800-227-2345

THEATER

A Funny Thing Happened on the Way to the Forum. Musical comedy. \$8 - \$23, 7:30 at the Coaster Theater in Cannon Beach.

Shanghaied in Astoria. Musical Melodrama. \$12 - \$20, 7:30pm at the ASOC Playhouse in Astoria.

The Fox on the Fairway. Comedy. \$12, 8pm at Theater West in Lincoln City.

Sunday 11

MUSIC

The Salty Dog. 10am – 3pm at the Astoria Sunday Market.

Summer Pops Concert. The Columbia River Symphony combined with the Beacock Music Concert Band will feature selections from popular Hollywood films. Free, donations accepted. 3pm at the Astoria High School Auditorium.

Live Music. No cover. 8pm at Fort George Brewery & Public House in Astoria.

Western Haunts. Americana/Roots/Psychedelia. No cover, 8pm at the Adrift Hotel in Long Beach.

Horse Opera with Bunny Frost. 9pm at the Tsunami Bar & Grill in Wheeler.

ART

Peninsula Clay Artists Show & Sale. 10am – 5pm at the Artisan in Ilwaco.

HAPPENING

Surf n' Saddle Jr Rodeo. In Long Beach. peninsulasaddleclub.com/events-at-peninsula-saddle-club/

Rollin' Oldies Vintage Travel Trailer Rally. At the Sou'Wester Lodge in Seaview.

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OUTSIDE

Beach Volleyball. Free for spectators, on the beach to the north and south of the turnaround in Seaside.

Relay for Life. At Taft High School Track & Field in Lincoln City. 800-227-2345

THEATER

Auditions. For roles in the comedy "Ghost of a Chance" by Flip Kobler and Cindy Marcus. At Theater West in Lincoln City. FMI 641-994-5663

Shanghaied in Astoria. Musical Melodrama. \$12 - \$20, 2pm at the ASOC Playhouse in Astoria.

A Funny Thing Happened on the Way to the Forum. Musical comedy. \$8 - \$23, 7:30 at the Coaster Theater in Cannon Beach.

Monday 12

MUSIC

Lotte Kestner & Kevin Long. No cover, 8pm at the Adrift Hotel in Long Beach.

ART

Peninsula Clay Artists Show & Sale. 10am – 5pm at the Artisan in Ilwaco.

Tuesday 13

MUSIC

The Shook Twins. No cover, 8pm at the Adrift Hotel in Long Beach.

ART

Peninsula Clay Artists Show & Sale. 10am – 5pm at the Artisan in Ilwaco.

Wednesday 14

MUSIC

The Shook Twins. No cover, 8pm at the Adrift Hotel in Long Beach.

ART

Peninsula Clay Artists Show & Sale. 10am – 5pm at the Artisan in Ilwaco.

HAPPENING

Night of All Knowledge Team Trivia Event. Teams can consist of one person or have as many as five people. Free, 6pm at the seaside Library.

LITERARY

Open Mic Poetry Reading. Free, 6pm at the Driftwood Public Library in Lincoln City.

THEATER

Auditions. For roles in the comedy "Ghost of a Chance" by Flip Kobler and Cindy Marcus. At Theater West in Lincoln City. FMI 641-994-5663

The Importance of Being Earnest. Comedy. \$15 - \$20, 7:30pm at the Coaster Theater in Cannon Beach.

Thursday 15

MUSIC

The Coconut. 3 – 6pm at the River People Farmers Market in Astoria.

Steelhead. No cover, 8pm at the Adrift Hotel in Long Beach.

ART

Peninsula Clay Artists Show & Sale. 10am – 5pm at the Artisan in Ilwaco.

Ilwaco Art Night. 5 – 8pm on the Ilwaco waterfront marina.

FOOD & DRINK

Fundraising Dinner. \$7 for adults and \$5 for children includes. 5 - 6:30pm at the Peninsula Senior Activity Center in Klipsan Beach, WA

THEATER

The Importance of Being Earnest. Comedy. \$15 - \$20, 7:30pm at the Coaster Theater in Cannon Beach.

Shanghaied in Astoria. Musical Melodrama. \$12 - \$20, 7:30pm at the ASOC Playhouse in Astoria.

The Fox on the Fairway. Comedy. \$12, 8pm at Theater West in Lincoln City.

Friday 16

MUSIC

Blues & Seafood. 7 – 10pm at the Port of Ilwaco. \$15 for Friday only, \$35 for Friday and Saturday, \$50 for Blues & Seafood plus Jazz & Oysters. bluesandseafood.com/schedule/

Cooper & the Jam. Soul. No cover, 7pm at the Sand Trap Pub in Gearhart.

Renee Hill Band. No cover, 9pm at Roadhouse 101 in Lincoln City.

Ronnie Dunn. Country. 9pm at Chinook Winds in Lincoln City.

Steelhead. No cover, 9pm at the Adrift Hotel in Long Beach.

ART

Peninsula Clay Artists Show & Sale. 10am – 5pm at the Artisan in Ilwaco.

HAPPENING

Old Iron Show. Enjoy Antique tractors, gas engines, farm & logging equipment, vintage cars & trucks and tool displays. \$3 for adults, kids 12 and under free. Noon – 5pm at the Blue Heron French Cheese Co. in Tillamook.

Listings continued on pg. 18

theater & performance.

Sherlock's Secret Life TAPA taps into Arthur Conan Doyle and the Singular Order of the Blue Carbuncle

THE TILLAMOOK Association for the Performing Arts (TAPA) and The Oregon Coast Dance Center are pleased to announce the cast of *Sherlock's Secret Life* directed by Robert Buckingham, which opens at The Barn Community Playhouse in Tillamook on August 30th. This Sherlock Holmes isn't quite the same detective we've met in the works of Sir Arthur Conan Doyle.

Set as a "prequel" to Doyle's writings, *Sherlock's Secret Life* written by Ed Lange, shows a younger, more vulnerable and idealistic Sherlock Holmes, portrayed by TAPA newcomer Peter Vultaggio, and also portrays a different side to Sherlock's landlady, Mrs. Hudson, portrayed by Karen Downs. The play also explores the relationship she has with both Sherlock and his partner in crime-solving, Dr. John Watson, portrayed by Ben Ruderman. The play introduces a new character, the supposed "true" love of Sherlock's life, portrayed by Samantha Swindler, whose identity and motives remain a mystery for the detective and doctor until a dramatic final scene. Also featured is the lovable Inspector Lestrade portrayed by Gerry Cortimilia, Sherlock's nemesis Professor Moriarty portrayed by Stewart Martin and the aged Dr. Watson portrayed by Bill Farnum.

Audiences who attend the Sept. 7th performance will get a special treat, as members of The Noble and Most Singular Order of the Blue Carbuncle, a Sherlock Holmes society based in Portland, will be traveling from the valley to see the production in period dress. The group met the cast and production team in June and was photographed together.

Formed in 1971, The Blue Carbuncle Society holds formal dinners, discusses themes related to Holmesian fiction, and takes an academic approach to appreciating Doyle's work. From 1887 to 1928, Doyle published 56 short stories and four novels featuring the deductive reasoning of detective Sherlock Holmes.

"We refer to all Conan Doyle's writings pertaining to Sherlock as the canon," said James Cassetta, who serves as Grand Gander, or head, of the group. "We consider the writings to be inspired."

New members must spend a year as an "egg," attending five of the group's events before being grilled on the canon at the Christmas dinner. If an egg demonstrates proper knowledge as judged by the group, he is allowed to become a member.

Once accepted, members take on a canonical name from a character in Doyle's writings. Cassetta took his moniker, William Crowder, from the gamekeeper in "The Boscombe Valley Mystery." His wife, Jan Cassetta, is Lady Frances Carfax from "The Disappearance of Lady Frances Carfax."

"The actual character of Sherlock Holmes is interesting," said Jan Cassetta. "He's a very complex man. He's very bright but he has sort of a manic depressive quality to him."

While "Sherlock's Secret Life" takes some liberties with Doyle's story lines, the play is true to much of the historic literature. Of course, one mustn't be intimately familiar with the "Holmesian canon" to enjoy the play, but those who are will recognize some familiar faces. The story is



told through the memories of an older Dr. Watson, now in his final years, looking back on the one adventure he never told of his friend, Sherlock Holmes.

Sherlock's Secret Life runs August 30 through September with an opening night champagne reception with a complimentary beverage and appetizers on August 30.

PERFORMANCES: Friday and Saturday performances at 7pm and the Sunday performances begin at 2pm. Doors half hour prior to curtain. The Barn Community Playhouse is located at 12th and Ivy in Tillamook. Reserved seating is available through Diamond Art Jewelers at (503) 842-7940. Tickets are \$15 for adults, \$10 for seniors or students, and \$40 for a family of four. FMI: facebook.com/tillamooktheater or contact info@tillamooktheater.com.

The cast of "Sherlock's Secret Life" is, standing, from left: Karen Downs, Gerry Cortimilia, Stewart Martin, Peter Vultaggio, Samantha Swindler, Ben Ruderman, Bill Farnum & Sarah Edwards.

Members of the Noble and Most Singular Order of the Blue Carbuncle are, seated, from left, James Cassetta, Jan Cassetta, Judy Lyen, Maria Vaughan, Terri Zensen and John Ellis.

THIS SUMMER the Coaster Theater in Cannon Beach offers two classics. Currently showing, now through Aug 21, Stephen

Sondheim's musical, *A Funny Thing Happened on the Way to the Forum*, has been called one of the funniest musicals ever written. Fast paced, witty, irreverent and bawdy, it tells the story of a slave in ancient Rome who goes to great lengths to gain his freedom by

securing a courtesan for his young master, Hero. As the opening number clearly states, "Tragedy tomorrow, COMEDY TONIGHT". FYI: The title for the show is taken from an old vaudeville opener, "A funny thing happened on the way to the theater."



The Coaster SUMMER

Opening July 12 – Sept 1, Oscar Wilde's, "The Importance of Being Earnest." This Oscar Wilde comedy of manners was first presented in London over 100 years ago and immediately became a classic. Meet Jack and Algernon who both lead double lives, each taking the name of Earnest as they attempt to win the hearts of Gwendolyn and Cecily under the

ever watchful eye of Gwendolyn's battle-ax mother, Lady Bracknell. Witty repartee leads to the conclusion that it is indeed important to be Earnest - Earnest indeed! Coaster Productions run Wed – Sun, 7:30pm. Check coastertheater.com for play schedules and tickets.

The Coaster Theatre Presents A Mid-Summer Celebration

Join Executive Director Patrick Lathrop and the Coaster Theatre Board of Directors as they present A Mid-Summer Celebration - an evening of music to benefit the Coaster Theatre Playhouse on Tuesday, August 6, 2013. Patrick will be joined on-stage by several board members and a few actors that have graced the stage at the Coaster Theatre Playhouse. Musical accompaniment will be provided by Kirk Valles. The evening will begin at 6:30 p.m. with a wine and cheese reception, silent auction consisting of several art pieces and unique show items and a raffle. The music program will begin at 7:30pm, with Broadway show tunes, standards and classics. Silent auction and raffle winners will be announced during intermission. After the show attendees will be invited to stay for a champagne and dessert reception.

Tickets are \$23 or \$18 and can be purchased at the Coaster Theatre Playhouse box office or online at www.coastertheatre.com/boxoffice. All proceeds go to benefit the Coaster Theatre's technology fund to supply the theatre with hardware, software, lighting and sound needs.

Peninsula Clay Artists 5th Annual Show and Sale August 7 - 17

FIRE, COLOR, clay, new work and a variety of workshops are the keynotes for the Fifth Annual Peninsula Clay Artists Show. Sales will begin at 10am at The Artisan in Ilwaco, WA August 7. The original clay work will be displayed in two gallery areas, the workshops are held in the large studio area and outside in the kiln yard. During the ten day

this workshop on Saturday the 10th of August.

OPENING August 7 at 10am the show runs 10am to 5pm daily through August 17. Opening celebration is Wednesday, August 7 between 5-9, and features a wheel throwing demonstration by our Emeritus Potter Rod Maxwell-Muir of Chinook Washington. Refreshments and

acoustic music by Brian O'Connor.

The workshop focus is on clay hand-building, mosaics and are beginner friendly. For details regarding projects, schedule, sign up and fees (class size is limited, fee includes materials and firing) contact Lestia Price

at 360-665-2661. Brochure available at Bay Avenue Gallery (Ocean Park), Dots 'n' Doodles (Astoria) and M and D design (Chinook and Long Beach) and on www.facebook.com/peninsulaclayartists.

Peninsula Clay Artists is comprised of professional potters



Dave Deal of Yellow Leaf Pottery.
Photo Kevin Kosub.

show, 15 work shops and demonstrations are being presented by invited prize winning guest artists, Dave and Boni Deal of Yellow Leaf Pottery in the Cascade Mountains, and Heather Richardson of Little House Mosaics in Safety Harbor, Florida and by members of the PCA.

Dave and Boni, featured on Oregon Art Beat, are well known for their large and intricate Raku pieces. Raku is a dramatic and risky rapid firing technique developed in Asia. Dave will be demonstrating throwing very large pieces and his unique method of raku firing tall vessels. Boni will be decorating pots using her multiple step process. The dramatic Raku firing is brought to the most extreme level when Dave, dressed in a fire suit, pulls a glowing red pot from the kiln and plunges it into a chamber of organic combustibles. The ensuing flames, smoke and rapid cooling embellish the pot, giving it the distinct raku appearance. They will be giving



Boni Deal of Yellow Leaf Pottery draws in clay. Photo Kevin Kosub

and interested folks from the Columbia Pacific region with the express purpose of sharing clay knowledge. The Artisan, a delightfully repurposed lumberyard and sign shop is at 117 Main Street SW, in Ilwaco WA (98624). Contact during show is Jan Richardson 727-612-4110.

Passages

at Imogen Gallery

An Exploration of Time, Place and Passing: Christos Koutsouras

IMOGEN IS proud to present Passages, the first solo exhibition west of the Rockies by artist Christos Koutsouras who now calls Astoria his home. Koutsouras who enjoys an international following is known for his large scale atmospheric sea and skyscape paintings.

All are invited to attend a gala reception for the artist and to celebrate the first anniversary of Imogen Gallery. This two-fold celebration will take place during Astoria's Second Saturday Artwalk 5 – 9 pm. Passages will be on view through September 3rd.

Greek born painter Christos Koutsouras has been on his own personal odyssey since leaving his parent's home on the island of Samos at the age of 18. Having the desire to become an artist from a very young age was not enough to convince his stonemason father that it was a viable career choice. Subsequently, Koutsouras left home to become a merchant marine and travel the world. He excelled in his career choice and quickly rose to the rank of 3rd mate on the ship he called home. Not feeling fulfilled with his life as a seaman, Koutsouras answered his true calling and jumped ship while in port in Ireland. From there he made his way to Berlin and enrolled in art school tipping off the beginning of a hugely successful career. He quickly became recognized and respected for his exquisite and subtle use of color.

Koutsouras' skills opened doors for him that most career artists will never see, including participation in the East Side Gallery, a monument of freedom that was established when the Berlin Wall came down. There he was given a 30 foot long portion of what remains of the wall to create a mural.

After leaving Germany he travelled across the Atlantic to New York and then on to Indianapolis where he has had multiple exhibitions at the Indianapolis Museum of Contemporary Art. He continued his passage west and settled for a time in Seattle. It was on a trip down the Oregon coast that he fell in love with the charm of Astoria, so taken with the community he found studio space and began work for his 2011 exhibition at IMOCA. He wanted to share the power of the Pacific with the people of the Midwest; subsequently Astoria and the confluence of river and sea became his muse.

Presented with relevance and reverence, Passages is about personal journey, metaphorically as well as physically. It's about the sense of place, origin and family history. After the passing of his father this last winter, Koutsouras has processed grief through his painting to fully



Home, mixed media on canvas, 30" x 68"

understand and come to terms with the sense of loss, the questioning of one's identity as well as a continuation of the cycle of life. This exhibition will incorporate a bit of all that Koutsouras has explored through his more than 3 decades of painting.

Within this collection, Koutsouras has carefully cultivated a story of his own life journey, beginning with a large painting depicting his home on Samos, a stone structure built by his great grandfather, and the birthplace of his father. This series includes the abstracted landscape, spiritual skies that hint to the insignificance of human kind, as well as figurative narration that serve as an evocation to ethos and pathos. About his work, Koutsouras states "Passages is about the transformations each of us faces. One day you wake up and don't recognize yourself, entering this part of your life is like entering the forest. It is difficult to navigate and at a certain point you can lose the path. There is light somewhere in the forest and through facing fears, you may realize you have gained more than you have lost."

Imogen Gallery is open currently seven days a week at 240 11th Street. Imogen also invites all to Friday Night Mixer, every Friday 5-7pm, stop in to see what's new and enjoy an adult beverage. FMI: 503.468.0620.

Summersault

A group invitational at Fairweather House & Garden

FIRST SATURDAY Art Walk in Seaside, August 3, Fairweather House & Garden presents "Summersault" a group invitational curated by artist Agnes Field. The show features Anne Greenwood, Jessica Schleif and Susan Walsh, three artists who, on one hand, work with the local landscape/environment, and with the other hand, produce art and installation. Artists in "Summersault" are involved in the search, through art, for the connection with intrinsic biological and natural cycles--the right hand of nature.

Anne Greenwood, based in Portland, creates mixed media work that is autobiographical and relates to her involvement with horticulture, textiles and public art. Greenwood recently completed a Percent for the Arts Public Art Project for the Oregon State Hospital, working with hospital patients to make an installation of permanent public art for the new facility in Salem, OR. Currently, she is working on an artist book project: Old Work-Tools of the Trade with writer Patrice Kelly.

Artist, gardenmaker, and sometimes curator, Jessica Schleif, is based in Astoria where she has been building both private and public gardens, and making fiber art installations for the past 17

years. She is interested in the transformation of objects into totems by bringing art from the studio out into the natural world, and also the reverse. Recently, she has been working on a small scale combining glass, felt and plants into art terrariums.

Susan Walsh, painter and printmaker, based in Nehalem, OR earned her BFA from Knox College in Galesburg, IL before doing post graduate work at Pacific Northwest College of Art, Art Therapy at Marylhurst College, OR, and etching at Crown Point Press in San Francisco, CA. In a recent exhibit she curated, Walsh used the imagery of natural seed pods--encasements designed to protect early life too fragile to exist in the world on its own.

Artist/curator Agnes Field completed her Masters work at New York University and studied at the Pacific Northwest College of Art, School of Visual Arts, New York, and SACI in Florence, Italy. She is currently curating the visual art sessions @ KALA for Hipfish in Astoria, OR.

The opening for "Summersault" will be during the First Saturday Art Walk in Seaside, OR on August 3 from 5-7pm at Fairweather, 612 Broadway, in Seaside.



Left to right: Samara Drypoint Etching w Chin Colle 9"x11" Susan Walsh; Detail Textile, Anne Greenwood; Jessica Schleif-mixed media-fiber & paper.



Jesse Reno
at RiverSea Gallery

"God Made the Ocean Out of Tears," mixed media on wood, 36"x48"

THIS AUGUST, RiverSea Gallery welcomes Jesse Reno, a self-taught mixed-media artist from Portland, Oregon who exhibits throughout the United States and internationally. An exhibition of his paintings will be presented at the gallery August 10 through September 10. All are invited to meet the artist during Second Saturday Artwalk, on Saturday, August 10 from 5:00 – 8:00.

Reno's densely layered paintings embody his own personal mythology and are abundant with images that reference primitive cultures in the

Americas and Africa that have been a constant inspiration to him since childhood. Shamanic beings and magical creatures impart a sense of Reno's inner explorations and philosophy. The playful layering of images and colors is an exuberant testament to the artist's sheer delight in moving paint, and his process of creative destruction and reconstruction.

RiverSea Gallery, 1160 Commercial in Astoria. 503-325-1270.

Shaindel Beers and the Oregon Writers Colony At FRESH • Bay City



SHAINDEL BEERS will be on the North Coast teaching at the Oregon Writers' Colony house in Rockaway Beach and Beers and her students will culminate their weekend with this afternoon reading, open to the public. Beers' poetry, fiction, and creative nonfiction have appeared in many journals and anthologies; she's an instructor of English at Blue Mountain Community College, and serves as Poetry Editor of *Contrary*.

Sunday, Aug 18 at 5pm.
Fresh appetizers and beverages available. FRESH is located



in the ArtSpace Building on the corner of 5th and Hwy 101 in Bay City Oregon. FMI: 503/377.2783 or email njs@nancyslavin.com

Beach Books Authors

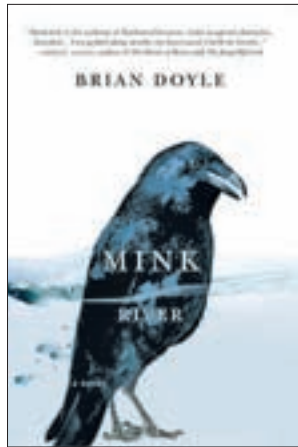
Beach Books in Seaside offers 3 author events this month.

LUNCH IN the Loft, Noon on Aug 9, welcomes New York Times best-selling author of mysteries, thrillers and young adult novels, April Henry. \$20 includes lunch and conversation and a signed copy of one of April's books.

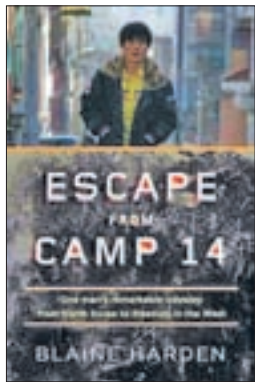
Book Release Party, Aug 16, *Just Breathe* by Honey Perkel. Just Breathe is her memoir dealing with the death of her son. It is certain to be a moving evening as Honey shares her story.

Author Brian Doyle reads from *Mink River*, Sunday Aug 18 at 2pm. Brian Doyle is the author of thirteen books of essays, stories, and poems, among them the sprawling novel *Mink River*, and *The Grail*, about a year in an Oregon vineyard. *Mink River*, a finalist for the Oregon Book Award, is of particular interest to coast readers - it is set "somewhere between Astoria and Florence, and I tried to stuff it with salt air and moist grace and huge spruce and bullwhip kelp and ale and fish and sand and prickly courage," says Doyle, grinning. It is also one of the most delightful books I've ever read. Please join us in the loft for an amazing Sunday afternoon.

Beach Books is located at 616 Broadway in Seaside.
503.738.3500



"ESCAPE FROM CAMP 14" with Author Blaine Harden at Seaside Public Library



THERE WILL be a breakout on August 29, with acclaimed author Blaine Harden as he tells the story of "Escape from Camp 14". The Friends of the Seaside Library will be hosting the event at 7pm in the Community Room. Beach Books presents book sales and signings.

North Korea is isolated, hungry, bankrupt and belligerent. Between 150,000 and 200,000 people are being held in its political prison camps, which have existed twice as long as Stalin's gulags and twelve times as long as Nazi concentration camps. Very few born and raised in these camps have escaped. But Shin Dong-hyuk did.

In "Escape from Camp 14" journalist Blaine Harden tells the story of Shin Dong-hyuk and unlocks the secrets of the world's most repressive totalitarian state. Shin knew nothing of civilized existence. He saw his mother as a competitor for food, guards raised him to be a snitch, and he witnessed the execution of his own family. The story of Shin's life and remarkable escape is an inside account of one of the world's darkest nations and a riveting tale of endurance, courage, and survival.

Blaine Harden worked for 28 years at the Washington Post as a correspondent in Africa, Eastern Europe and Asia. For four years, he was a local and national correspondent for the New York Times and a writer for the Times Magazine. "Escape from Camp 14" was also a featured segment on the CBS newsmagazine 60 Minutes. He lives in Seattle with his wife and children.

Seaside Library is located at 1131 Broadway. FMI: (503)738-6742 or www.seasidelibrary.org and www.facebook.com/seasidepubliclibrary

• • • music • visual arts • literary • outdoor • • •

Scenic Helicopter Tour. Take an aerial tour of the coastline at Lincoln City. Tours depart from Chinook Winds. 541-997-3270

LITERARY

Book Release Party. Celebrating the release of "Just Breathe" a memoir by Honey Perkel.

OUTSIDE

McMenamins Brew Tour Golf Tourney. Seasonal and Unique beers from around the McMenamins Family of breweries will be stationed on the course for tasting. 21 and over. \$55 per person, cart rental is \$15 per person. 2pm shotgun start at the Gearhart Hotel in Gearhart.

Oregon Tuna Classic. In Garibaldi. oregontunaclassic.org/garibaldi.php

Clamming Clinic. With Bill Lackner. Free clinic begins at 1:15pm with a lecture at the Driftwood Public Library in Lincoln City followed by a field trip to Siletz Bay to dig for clams. 541-265-5847

THEATER

A Funny Thing Happened on the Way to the Forum. Musical comedy. \$8 - \$23, 7:30 at the Coaster Theater in Cannon Beach.

Shanghaied in Astoria. Musical Melodrama. \$12 - \$20, 7:30pm at the ASOC Playhouse in Astoria.

The Fox on the Fairway. Comedy. \$12, 8pm at Theater West in Lincoln City.

Saturday 17

MUSIC

Blues & Seafood. 4 - 10pm at the Port of Ilwaco. \$25. bluesandseafood.com/schedule/

Bluegrass & BBQ. Free admission. 5pm at the Nehalem Bay Winery at Mohler.

503-368-9463

Haley Loren. Jazz. \$22, 7pm at the Lincoln City Cultural Center.

Mosley Wotta. No cover, 7:30pm at the Sand Trap Pub in Gearhart.

Let it Roll. 9pm at the Snug Harbor Bar & Grill in Lincoln City.

Luke Winslow King with Esther Rose. No cover, 9pm at the Adrift Hotel in Long Beach.

The Red Elvisses. \$5 cover, 9pm at the San Dune Pub in Manzanita.

Ronnie Dunn. Country. 9pm at Chinook Winds in Lincoln City.

Tommy Tutone. \$10 cover presale tickets. 9pm at Roadhouse 101 in Lincoln City.

ART

Peninsula Clay Artists Show & Sale. 10am - 5pm at the Artisan in Ilwaco.

FOOD & DRINK

Wahkiakum Food & Farm Summit. Workshops and speakers. \$20 per person, \$35 per farm/couple, includes admission to the Wahkiakum County Fair and a continental breakfast. 9am - 3:30pm at the Skamokawa Grange in Skamokawa. brownpaperickets.com/event/412911

Wine Tasting. Pinot Noir #3. 1 - 4pm at the Cellar on 10th in Astoria

Seafood Boil & End of Summer Dance Party. This fun party will feature fresh Dungeness crab, steamer clams, prawns, mussels, kielbasa sausage, red potatoes, corn on the cob, sour dough bread and more, all paired with your choice of McMenamins ale or wine. Dinner, \$60/ person, at 6pm reservations required, music at 7:30pm is free. At the Sand Trap Pub in Gearhart. 503-717-8150

Lobster Feed. \$20/ plate. 1 - 6pm in the parking lot of Kenny's IGA North in Lincoln City.

HAPPENING

Game Day at the Library. Relax and have fun with family and friends at the library's free monthly Game Day. Choose from a wide variety of board games, card games, and LEGO® bricks for all ages. 2 - 4pm at the Astoria Public Library.

The Lewis & Clark Saltmaker's Return. A historical re-creation. Starting at 5pm on the beach near Avenue U in Seaside.

A Day in the Park. Eating contest, games, Saturday market, live music and more. Noon - 4pm at Broadway Park in Seaside.

A Step Back in Time. Railroad & Museum discount pass. Enjoy a day of visiting the Tillamook Pioneer Museum, Garibaldi Museum, Latimer Quilt & Textile Center along with riding the Oregon Coast Train. \$15, 9am - 4pm at the above venues. For FMI and for ticket information, 503-322-8411

Old Iron Show. Enjoy Antique tractors, gas engines, farm & logging equipment, vintage cars & trucks and tool displays. \$3 for adults, kids 12

and under free. 9am - 5pm at the Blue Heron French Cheese Co. in Tillamook.

United Paws Monthly Adoption Day. This is a great time to stop in and see all the kittens, cats and dogs that need new forever homes. Noon - 3pm at the Tillamook County Fairgrounds.

Oregon Coast Scenic Railroad Dinner Train. Leaves Garibaldi at 6:15pm. For tickets and more info, call 503-842-7972.

Lincoln City Flower Show. 1 - 5pm at the Lincoln City Community Center.

Scenic Helicopter Tour. Take an aerial tour of the coastline at Lincoln City. Tours depart from Chinook Winds. 541-997-3270

LITERARY

Poetry Appreciation. Poetry, Poems, and Poets will be discussed during this hour long group meeting. 2 - 3pm at Necanicum Village assisted Living and Memory Care in Seaside.

Writers on the Edge. Fundraiser and author Charles K. Johnson will read from his book "Standing at the Water's Edge: Bob Straub's Battle for the Soul of Oregon". Q & A and Open Mic after. \$6 at the Newport Visual Arts Center.

Author Appearance. Bestselling author Phillip Margolin will speak and answer questions. Free, 9:30am at the Bijou Theater in Lincoln City.

Northwest Author Fair. Featuring a book signing with more than 50 authors and artists. Free, 10:30am - 1:30pm in the plaza next to Bob's Beach Books in Lincoln City.

OUTSIDE

Calling All Saltmarsh Marshalls. Travel by airboat and foot to remote areas of Willapa Bay saltmarsh in search of elusive holdouts. You and fellow Saltmarsh Marshalls will systematically hunt down this invasive species and bring it in for bounty. Participants must be at least 12 years of age. Space is limited - please RSVP. Dress in layers, wear rubber boots, and be prepared for all types of weather. Training and PFDs (personal floatation devices) will be provided. The Refuge has limited numbers and sizes of rubber boots available for use. Meet up at 8:30am at Refuge Headquarters, near milemarker 24 on State Route 101 on Willapa Bay. 360-484-3482

Saturday Morning Stewardship. Purple Loosetrite Pull at Twilight Eagle Sanctuary. Bring gloves, sturdy boots, rain gear, and water. NCLC will supply the tools needed. Starts at 9am at wolf Creek, Svenson. FMI 503-738-9126

Oregon Tuna Classic. In Garibaldi. oregontunaclassic.org/garibaldi.php

Tillamook Bay Run. You may choose from a 10k trail run or 5k trail run/walk. Afterwards enjoy entertainment and food. At Bayocean Spit, west of Tillamook. FMI 503-842-7525

THEATER

A Funny Thing Happened on the Way to the Forum. Musical comedy. \$8 - \$23, 7:30 at the Coaster Theater in Cannon Beach.

Shanghaied in Astoria. Musical Melodrama. \$12 - \$20, 7:30pm at the ASOC Playhouse in Astoria.

The Fox on the Fairway. Comedy. \$12, 8pm at Theater West in Lincoln City.

Sunday 18

MUSIC

Richie & the Catilacs. 10am - 3pm at the Astoria Sunday Market.

Jazz & Oysters. An afternoon of music & food, including oysters, desserts, beverages, sausages & more. Live music by Patrick Lamb and Acustica, \$20 adults, \$8 10-18, under six free, active military families free. Noon - 5pm at Wilson Field in Ocean Park.

Live Music. No cover. 8pm at Fort George Brewery & Public House in Astoria.

Naomi Hooley & Rob Stroup. No cover, 8pm at the Adrift Hotel in Long Beach.

Hannah & Freddie. Acoustic. 8:30pm at the Snug Harbor Bar & Grill in Lincoln City.

FOOD & DRINK

Pancake Breakfast. All-you-can-eat for \$5, 8am - noon at the Bay City Arts Center.

Cannon Beach American Legion Breakfast. \$7 adults, \$3 children under 6. 9 - 11:30am at the American Legion Hall in Cannon Beach.

HAPPENING

The Lewis & Clark Saltmaker's Return. A historical re-creation. Runs until 3pm on the beach near Avenue U in Seaside.

Old Iron Show. Enjoy Antique tractors, gas engines, farm & logging equipment, vintage cars & trucks and tool displays. \$3 for adults, kids 12

and under free. 9am - 3pm at the Blue Heron French Cheese Co. in Tillamook.

Scenic Helicopter Tour. Take an aerial tour of the coastline at Lincoln City. Tours depart from Chinook Winds. 541-997-3270

Lincoln City Flower Show. Noon - 3pm at the Lincoln City Community Center.

LITERARY

Author Reading. Author Brian Doyle has written several books including "Mink River" and "The Grail". Free, 2pm at Beach Books in Seaside.

OUTSIDE

Charity Golf Scramble. \$135/player, 11:30am at Salishan. 541-557-6433

THEATER

The Importance of Being Earnest. Comedy. \$15 - \$20, 7:30pm at the Coaster Theater in Cannon Beach.

Monday 19

MUSIC

Josh Hoke. No cover, 8pm at the Adrift Hotel in Long Beach.

ART

Kids Summer Mural Project. Kids 4th grade and up can help create a glass tile mural. 1:00PM-3:00PM. Registration required. At Taft Elementary School in Lincoln City. FMI 503-812-7813

FOOD & DRINK

Ice Cream Social. The public is invited for cake & ice cream + birthday celebration. \$1 suggested donation, free if it's your birthday month. 2pm at the Peninsula Senior Activity Center in Klipsan Beach, WA

LECTURE

Mingle & Muse. With Wildlife Rehabilitator Cheryl Rorabeck. Free, 4:30pm at the Sitka Center north of Lincoln City.

OUTSIDE

WA State International Kite Festival. A week full of spectacular kites, events, people, shopping and food. On the beach and nearby at Long Beach. For schedule, visit kitefestival.com

Tuesday 20

MUSIC

Jeanne Jolly. \$17, 7pm at the Lincoln City Cultural Center.

Josh Hoke. No cover, 8pm at the Adrift Hotel in Long Beach.

OUTSIDE

WA State International Kite Festival. A week full of spectacular kites, events, people, shopping and food. On the beach and nearby at Long Beach. For schedule, visit kitefestival.com

Wednesday 21

MUSIC

Roisin O & Colleen Raney. Celtic. No cover, 8pm at the Adrift Hotel in Long Beach.

OUTSIDE

WA State International Kite Festival. A week full of spectacular kites, events, people, shopping and food. On the beach and nearby at Long Beach. For schedule, visit kitefestival.com

THEATER

The Importance of Being Earnest. Comedy. \$15 - \$20, 7:30pm at the Coaster Theater in Cannon Beach.

Thursday 22

MUSIC

Shoeshine Blue. 3 - 6pm at the River People Farmers Market in Astoria.

Roisin O & Colleen Raney. Celtic. No cover, 8pm at the Adrift Hotel in Long Beach.

10am - noon. Register at ncltrust.org/on-the-land/otl-august-22-2013-natural-history-walk-at-the-yeon-property/

THEATER

A Funny Thing Happened on the Way to the Forum. Musical comedy. \$8 - \$23, 7:30 at the Coaster Theater in Cannon Beach.

Shanghaied in Astoria. Musical Melodrama. \$12 - \$20, 7:30pm at the ASOC Playhouse in Astoria.

The Fox on the Fairway. Comedy. \$12, 8pm at Theater West in Lincoln City.

Friday 23

MUSIC

Country Music Jam. Free, 7 – 9pm at the Wickiup Senior Center in Svensen.

The Gravy. No cover, 7:30pm at the Sand Trap Pub in Gearhart.

Henry Curl. No cover, 9pm at the Adrift Hotel in Long Beach.

Rhythm Culture. No cover, 9pm at Roadhouse 101 in Lincoln City.

Tiana Malon Jennings. 9pm at the Voodoo Room in Astoria.

HAPPENING

Cathlamet Downhill Corral. Longboard Races. 3 days, seven events. In downtown Cathlamet and on Puget Island. cathlametcorral.com

Art Fair & Farmers Market. In Rockaway Beach. 503-355-8108

OUTSIDE

WA State International Kite Festival. A week full of spectacular kites, events, people, shopping and food. On the beach and nearby at Long Beach. For schedule, visit kitefestival.com

Crabbing Clinic. With Bill Lackner. A hands-on crabbing lesson on Siletz Bay. Free, meet at 8:30am at the pavilion near Mo’s Restaurant in Lincoln City. 541-265-5847

THEATER

A Funny Thing Happened on the Way to the Forum. Musical comedy. \$8 - \$23, 7:30 at the Coaster Theater in Cannon Beach.

Shanghaied in Astoria. Musical Melodrama. \$12 - \$20, 7:30pm at the ASOC Playhouse in Astoria.

The Fox on the Fairway. Comedy. \$12, 8pm at Theater West in Lincoln City.

Saturday 24

MUSIC

The Ben Rice Band. 7pm at the Waikiki Beach Arena at Cape Disappointment State Park, Ilwaco.

Niall Carroll. No cover, 8pm at McKeown’s Irish Pub in Seaside.

Beth Willis Rock Band. No cover, 9pm at Roadhouse 101 in Lincoln City.

Dirty Martini. No cover, 9pm at the Adrift Hotel in Long Beach.

Erotic City. A Prince tribute band. \$5 cover, 9pm at the San Dune Pub in Manzanita.

Thorn. 9pm at Snug Harbor Bar & Grill in Lincoln City.

CINEMA

The Borrowers. BYO pillow to sit on. Children 10 and under must be accompanied by an adult. Free, 3pm at the Astoria Public Library.

FOOD & DRINK

Wine Tasting. Pinot Gris #3. 1 – 4pm at the Cellar on 10th in Astoria

HAPPENING

Cathlamet Downhill Corral. Longboard Races. 3 days, seven events. In downtown Cathlamet and on Puget Island. cathlametcorral.com

Hood to Coast. End of run events at the turn-around in Seaside.

Oregon Coast Scenic Railroad Moonlight Special. Departs from Rockaway Beach at 7pm. For tickets and more info call 503-842-7972.

Art Fair & Farmers Market. In Rockaway Beach. 503-355-8108

Surf City Classic Car Show. At Chinook Winds in Lincoln City. 888-CHINOOK

OUTSIDE

WA State International Kite Festival. A week full of spectacular kites, events, people, shopping and food. On the beach and nearby at Long Beach. For schedule, visit kitefestival.com

THEATER

The Importance of Being Earnest. Comedy. \$15 - \$20, 7:30pm at the Coaster Theater in Cannon Beach.

Shanghaied in Astoria. Musical Melodrama. \$12 - \$20, 7:30pm at the ASOC Playhouse in Astoria.

The Fox on the Fairway. Comedy. \$12, 8pm at Theater West in Lincoln City.



Astoria's Columbia River symphony combines with Vancouver's Beacock Music Concert Band to Perform Free Family Music Concerts

Over 100 musicians from Oregon and Washington come together for two family-oriented concerts in August. Astoria's Columbia River Symphony and Vancouver's Beacock Music Concert Band combine their talents to present a “Summer Pops” concert on August 3 in Vancouver and on August 11 in Astoria.

The same program will be performed at both locations and will feature selections from popular Hollywood films, including The Hobbit, Star Wars, Pirates of the Caribbean, Cinema Paradiso, Jurassic Park, Superman, and Star Trek. Both concerts are free, and families with youth and small children are welcome and encouraged to attend.

The first concert will take place on Saturday, August 3rd at 3:00 pm in Vancouver WA, at the First Presbyterian Church located at 4300 Main St. The second concert will be on Sunday, August 11th at 3:00pm in Astoria, in the Astoria High School Auditorium, 1001 W Marine Dr. Both concerts are free of charge, but donations will be graciously accepted.

These concerts are unique in at least two respects. Not only do they combine the talents of musical groups from two different cities, they also represent the combined efforts of two conductors who happen to be identical twin brothers. Cory and Cary Pederson, each a musician in his own right, lead community-based music ensembles in the cities where they live. Cory Pederson is also the music director for the Jewell School District. This series of concerts will be the first time that the two brothers have joined together as a team to present a musical event on this scale.

Cary Pederson’s Beacock Music Concert Band is a 40-member ensemble that is part of the New Horizons music program in operation across the nation. These programs provide entry points to music-making for adults, many of retirement age, but open to all adults. Their motto: “If you consider yourself to be an adult, you’re eligible.” The first New Horizons program was founded in 1991 at the Eastman School of Music in Rochester, New York.

The 60-member and still growing Columbia River Symphony is comprised of both adults and youth from local schools in about equal numbers. Led by Conductor Cory Pederson, and assisted by Angela Pederson-Calvin, the Columbia River Symphony is a community-based, all-volunteer, non-profit performing arts group. Its mission is to provide quality musical entertainment, increase visibility of the musical talents of its performers, and promote music education in the community. The symphony always welcomes new members and is open to anyone who plays a stringed instrument, wind instrument, or percussion. For further information about joining the symphony or information about upcoming concerts, please visit www.columbiariversymphony.org or call 1-503-836-2198.

Each ensemble will perform selections separately at each concert before joining together as one 100-plus-member ensemble to perform many movie favorites plus other musical numbers.

These performances are made possible by a generous grant from the Oregon Cultural Trust administered by the Clatsop County Cultural Coalition.

HAPPENING

Cathlamet Downhill Corall. Longboard Races. 3 days, seven events. In downtown Cathlamet and on Puget Island. cathlametcorral.com

PNPW Pro Wrestling. \$10, 5 – 8pm at the Astoria Event Center.

Art Fair & Farmers Market. In Rockaway Beach. 503-355-8108

Surf City Classic Car Show. At Chinook Winds in Lincoln City. 888-CHINOOK

OUTSIDE

WA State International Kite Festival. A week full of spectacular kites, events, people, shopping

and food. On the beach and nearby at Long Beach. For schedule, visit kitefestival.com

THEATER

Shanghaied in Astoria. Musical Melodrama. \$12 - \$20, 2pm at the ASOC Playhouse in Astoria.

The Importance of Being Earnest. Comedy. \$15 - \$20, 7:30pm at the Coaster Theater in Cannon Beach.

Monday 26

MUSIC

Leroy Lee. Folk. No cover, 8pm at the Adrift Hotel in Long Beach.

Tuesday 27

MUSIC

Leroy Lee. Folk. No cover, 8pm at the Adrift Hotel in Long Beach.

Wednesday 28

MUSIC

Eef Barzelay + Chris Otepka. No cover, 8pm at the Adrift Hotel in Long Beach.

FOOD & DRINK

Spice 101 Class. Don't know a spice from an herb, confused about salt, want to learn how to use spices and herbs to enhance your cooking? Learn at this free class. 6pm at Pat’s Pantry in Astoria.

THEATER

The Importance of Being Earnest. Comedy. \$15 - \$20, 7:30pm at the Coaster Theater in Cannon Beach.

Thursday 29

MUSIC

Jim Basnight. 3 – 6pm at the River People Farmers Market in Astoria.

Aaron Larget-Caplan. Guitar. \$12, 7pm at the Lincoln City Cultural Center.

Eric John Kaiser. No cover, 8pm at the Adrift Hotel in Long Beach.

LITERARY

Author Presentation. Author Blaine Harden will tell the story behind his nonfiction “escape from Camp 14.” Free, 7pm at the Seaside Library.

THEATER

The Importance of Being Earnest. Comedy. \$15 - \$20, 7:30pm at the Coaster Theater in Cannon Beach.

Shanghaied in Astoria. Musical Melodrama. \$12 - \$20, 7:30pm at the ASOC Playhouse in Astoria.

The Fox on the Fairway. Comedy. \$12, 8pm at Theater West in Lincoln City.

Friday 30

MUSIC

Alexander’s Real Time Band. No cover, 7:30pm at the Sand Trap Pub in Gearhart.

Loves It! With the Cedar Shakes. 8pm at Vino in Manzanita.

Eric John Kaiser. No cover, 9pm at the Adrift Hotel in Long Beach.

Grand Lake Islands. 9pm at the Voodoo Room in Astoria.

Norman Sylvester. No cover, 9pm at Road-house 101 in Lincoln City.

OUTSIDE

Clamming Clinic. With Bill Lackner. Free clinic begins at 1:30pm with a lecture at the Driftwood Public Library in Lincoln City followed by a field trip to Siletz Bay to dig for clams. 541-265-5847

THEATER

A Funny Thing Happened on the Way to the Forum. Musical comedy. \$8 - \$23, 7:30 at the Coaster Theater in Cannon Beach.

Shanghaied in Astoria. Musical Melodrama. \$12 - \$20, 7:30pm at the ASOC Playhouse in Astoria.

Sherlock’s Secret Life. At the TAPA Barn in Tillamook. For tickets and more info call 503-842-7940.

The Fox on the Fairway. Comedy. \$12, 8pm at Theater West in Lincoln City.

WEEKLY

Friday

MUSIC

Bill Hayes. Rock/Folk/Bluegrass. No cover, 5 – 8pm at the Cannon Beach Cookie Company.

Mix & Mingle Jazz Night. With jazz guitarist Wes Wahrmund & friends. Refreshments will be served. Free, 6 – 8:30pm at the Cannon Beach Gallery.

Tom Trudell. Jazz piano. No cover, 6– 9pm at the Shelburne Restaurant & Pub in Seaview, WA.

Asleep at the Switch. Blues, Country, 40’s, & 50’s. Free (donations accepted), 6 – 8pm at the City Hall in Garibaldi.

Thomasian Trio & Maggie Kitson. Blues/Classic Rock. No cover, 7-11pm at Sweet Basil’s Café in Cannon Beach.

Open Mic. Musicians, singers and comedians are all welcome. Each performer will receive \$1 off pints of beer or cider. Perform or just enjoy the show. 7:30 – 9:30pm at Hondo’s Brew & Cork in Astoria,

HAPPENING

Friday Night Mixer. Enjoy a social hour at the gallery, with art and conversation, plus beverages provided by Astoria Coffeehouse. 5 – 7pm at Imogen Gallery in Astoria.

Saturday

MUSIC

Musician’s Jam. Free, 2 – 4pm at the Tillamook Library.

Jennifer Goodenberger. Classical/Improvisational/Contemporary piano music. No cover, 6pm at the Shelburne Restaurant in Seaview, WA

The Honky Tonk Cowboys. Country. No cover, 7 – 10p at the Astoria Moose Lodge.

FOOD & DRINK

Wine Tasting Special. \$9 for 4 2-oz pours + complimentary appetizers. 4 – 6pm at the Wine Bar at Sweet Basil’s Café in Cannon Beach.

Sunday

MUSIC

All That Jazz. Jazz. No cover (donations accepted). 2pm at the Wet Dog Café in Astoria.

North Coast Country Band. No cover, 3 – 6pm at the Astoria Moose Lodge.

Brian Johnstone, Flamenco/Jazz/Blues. 5 – 7pm at the Wine Bar at Sweet Basil’s Café in Cannon Beach.

The Thomasian Trio with Maggie Kitson. Jazz/Blues/Classic Rock. 7pm at Moody’s Supper House in Seaside.

Steve Sloan. 8:30pm at the Snug Harbor Bar & Grill in Lincoln City.

Monday

HAPPENING

Burgers & Jam Session. 6 – 9pm at the American Legion Hall in Cannon Beach.

Tuesday

MUSIC

Richard T. Blues. No cover, 5:30 – 8:30pm at T Paul’s Supper Club in Astoria.

Brian O’Connor. Jazz guitar. No cover, 6pm at the Shelburne Inn in Seaview, WA

Salty Dogs. Folk/Blues/Classic Rock. No cover, 6:30pm at the U Street Pub in Seaside.

Bruce Thomas Smith. Acoustic. 7:30pm at Moody’s Supper House in Seaside.

Open Jam. Hosted by One Way Out. 8:30pm at the Snug Harbor Bar & Grill in Lincoln City.

HAPPENING

Teen Tuesdays. Free special events just for teens in 6th through 12th grades. Activities include movie making, video game nights, crafts, and movie nights. 3:30 – 4:30pm at the Seaside Library. FMI visit seasidelibrary.org

Wednesday

MUSIC

Salty Dogs. Folk/Blues/Classic Rock. No cover, 6pm at the Rio Café in Astoria,

Jam Session. No cover, 7pm-ish – 10pm at the Moose Lodge in Astoria.

Moody’s Music Jam. Bruce Thomas Smith will host a music jam every Wednesday. Everyone is welcome. 7 – 9pm at Moody’s Supper House in Seaside.

Dan Golden. World Music. 7:30 – 10:30pm at McKeown’s Restaurant & Bar in Seaside.

George Coleman. Pop/Jazz/Folk/Rock. No cover, 5:30 - 9pm at the Shelburne Restaurant & Pub in Seaview, WA

HAPPENING

Ecstatic Dance. Spirit-filled, freestyle, yogic trance dance. \$5 - \$7, 6:30 – 7:45pm, at Pine Grove Community House in Manzanita

SPIRITUAL

Ocean Within Awareness Group. Mission: to actively move toward our true nature and become one with the Ocean Within. Meetings will have two short meditation sessions, group discussions, and a focus practice for the week. All faiths/paths welcome. 6:30 – 7:30pm at the Astoria Indoor Garden Supply. FMI 503-741- 7626

Thursday

MUSIC

Live Music. No cover, 6pm at U Street Pub in Seaside.

Paul Dueber. Folk music from the 70s and 80s. No cover, 6 – 8pm at the Cannon Beach Hardware & Pub.

The Thomasian Trio. Jazz/Blues/Classic Rock. No cover, 6pm at Twisted Fish Steakhouse in Seaside.

Basin Street NW. Jazz. No cover, 6:30pm at the Bridgewater Bistro in Astoria.

Steamin’ Stan Ruffo. Blues/Jazz/Soul/Rock. No cover, 7 – 10pm at Moody’s Supper House in Seaside.

Jim Wilkins. 7pm at the Voodoo Room in Astoria.

Salty Dogs. Folk/Blues/Classic Rock. No cover, 9pm at Sam’s Seaside Café in Seaside.

Knitting/Spinning Group. 3 – 5pm at the Astoria Fiber Arts Academy.

HAPPENING

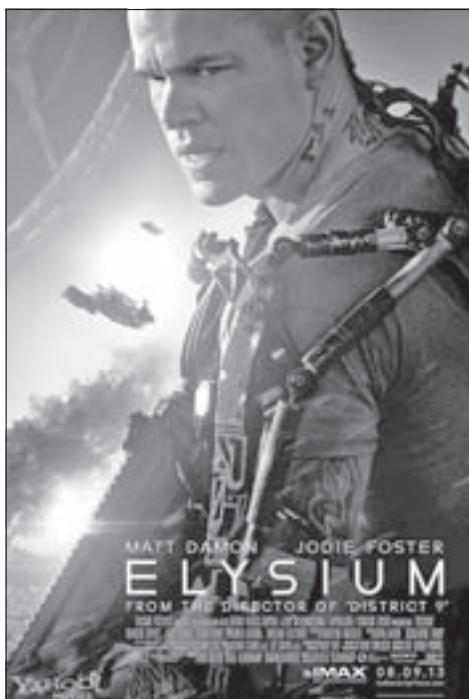
Trivia Night. Bring a team or just bring yourself and test your knowledge of useless (or possibly useful) facts. 6pm at the Ship Inn in Astoria.

Poet & Songwriters Circle. If you are interested in writing poetry/songs, please drop in and join the group. 7pm at the Bay City Arts Center.

2 GUNS (August 2) While action director Tony Scott may be dead, his frequent star of six films, Denzel Washington, keeps cranking out generic action pics that have made him a multi-millionaire. Really, only the titles change for this kind of Denzel film. That said, this appears to be a better than average meat-and-potatoes Denzel action flick, with Variety saying Washington and co-star Mark Wahlberg “make for a very enjoyable pair of double-crossed undercover operatives.” Fandango synopsis: Contraband director Baltasar Kormákur and star Mark Wahlberg reteam for this all-star thriller centered on the fragile alliance between two operatives from rival bureaus, neither of whom realize that the other is working undercover. For the past year, U.S. naval intelligence officer Marcus Stigman (Wahlberg) and DEA agent Bobby Trench (Denzel Washington) have been on a covert mission to infiltrate a powerful narcotics syndicate. In the criminal underworld, trust comes in short supply. Stigman and Trench have been forced to work as partners, but continue to eye one another with an air of suspicion. Both men realize their only hope for survival is to stick together, however, after a sensitive mission involving a Mexican drug cartel goes horribly awry. Their identities compromised as their respective agencies deny any knowledge of their existence, Stigman and Trench must now elude capture by the authorities while using their acute criminal know-how to also strike back at the ruthless gangsters who would sooner see them six-feet underground, rather than rotting away behind bars. Bill Paxton, Edward James Olmos, Paula Patton, and James Marsden co-star.



ELYSIUM (August 9) South African director Neil Blomkamp's sci-fi thriller *District 9* was a surprise hit in 2009, the rare intelligent action movie that paired bullets and social commentary. In *District 9*, aliens have populated earth, but are the underclass, living in poverty in segregated ghettos. In Blomkamp's new film, *Elysium*, humans are the underclass, or rather, the poor. The rich live idyllic lives on the utopian space station Elysium, where healing machines can instantly cure all ills. In brutal contrast, Earth has become a giant Third World slum for the poor, many of whom are desperate to be illegally smuggled to Elysium. This is the bane of Secretary Delacourt (Jodie Foster), a government official who will stop at nothing to keep Elysium free of illegal immigrant “peasants,” resorting to violence through her secret police hitman Kruger (Sharlto Copley). One of the 1%ers is Max DeCosta (Matt Damon), a former car thief turned factory worker who has dreamed of going to Elysium since he was a child. SPOILERS: When Max is accidentally radiation poisoned at work, he has five days to get to Elysium to cure himself or die. To that end he makes a deal with former criminal cohort Spider (Wagner Moura), who traffics in illegal immigration to Elysium. Max will kidnap billionaire John Carlyle (William Fichtner), the builder of Elysium and download information worth billions. For that, he gets a ticket to Elysium. But when the kidnap goes horribly wrong, Max finds himself alone and on the run from Delacourt's secret police. He turns to



childhood friend Frey, whose child Matilda is dying of leukemia. Max takes a last, desperate gamble to save himself and Matilda, a mission that may also free millions of poor people from a lifetime of misery on Earth.

JOBS (August 16) Ashton Kutcher plays Steve Jobs in this indie biopic about the early years of the founder of Apple Computer. A fairly straightforward account, pic starts in 2001 with the 46-year-old Jobs introducing a new product that would revolutionize personal audio – the iPod. Pic then flashes back to his college days at Reed College in the 1976, where Jobs promptly drops out, looking for personal education in art classes, meditation, LSD trips and a real trip to India. After taking a job with the video game maker Atari, Jobs spots a prototype built by his programming buddy Steve Wozniak (Josh Gad) and decides to build personal computers. Wozniak is skeptical. “Nobody wants to buy a computer,” he says. But Jobs, clearly the visionary of the two, replies “How does somebody know what they want if they’ve never even seen it?” Together, the two co-found Apple Computer and begin manufacture of the Apple I in Jobs’ parents’ garage. A pivotal moment occurs when entrepreneur Mike Markkula (Dermot Mulroney) makes an investment in Apple, catapulting the garage operation into a full-fledged computer company. It’s onward and upward as Apple moves into gleaming new digs. An initial public offering leaves Jobs and Wozniak multimillionaires. Jobs, as the creative and marketing face of Apple, is free to implement his sometimes-startling ideas while Wozniak concentrates on nuts and bolts. But Jobs’ dominating personality, temper tantrums



and occasional abrasiveness clash with Apple’s new corporate climate. “Steve, you’re your own worst enemy,” says CEO John Scully (Mathew Modine). Scully and the board of directors push Jobs out. While Jobs starts another computer company, Apple founders without its visionary leader. Eventually Jobs returns to the company he founded, leading to another golden age of Apple success. While none of the details of the Apple story should be a surprise to anyone with cursory knowledge of the company, the filmmakers appear to have done a more than competent job with the familiar facts. Kutcher has garnered respectful comments for his performance, with Gad in particular singled out for his soulful performance as SteveWozniak.

KICK-ASS 2 (August 16) In the midst of a still-continuing run of big budget superhero movies that try to be all things to all people, 2010’s Kick-Ass was a refreshing, R-rated, low budget blast of irreverency that mixed humor, profanity and shocking violence perpetrated by children – who can forget Hit Girl (played by then 12-year-old Chloe Moritz) kicking ass to the Banana Splits theme? Quite a gamble at the time, Kick-Ass surprisingly garnered decent enough box office that the sequel has arrived, and none too soon as Moretz’s body has changed dramatically since the first film. A small controversy erupted when Jim Carrey announced that after the Sandy Hook shootings, he would not publicize the film due to the level of violence in it. Synopsis: After Kick-Ass’ (AARON TAYLOR-JOHNSON) do-it-yourself bravery inspires a new wave of self-made masked crusaders, led by the badass Colonel Stars and Stripes (JIM CARREY), our hero joins them on patrol. When these amateur superheroes are hunted down by Red Mist (CHRIS TOPHER MINTZ-PLASSE) — reborn as super-villain The Motherf%&*^r — only the blade-wielding Hit Girl (CHLOË GRACE MORETZ) can prevent their annihilation. When we last saw junior assassin Hit Girl and young masked hero Kick-Ass, they were trying to live as normal teenagers Mindy and Dave. With graduation looming and uncertain what to do with their shared calling, Dave decides to start the world’s first superhero team with Mindy. Unfortunately, when Mindy is busted for sneaking out as Hit Girl, she’s forced to retire — leaving her to navigate the terrifying world of high-school mean girls on her own. With no one left to turn to, Dave joins forces with Justice Forever, run by a born-again ex-mobster named Colonel Stars and Stripes. Just as they start to make a real difference on the streets, a new self-proclaimed super-villain, The Motherf%&*^r, assembles his own evil league and puts a plan in motion to make Kick-Ass and Hit Girl pay for what they did to his dad.





FREE WILL ASTROLOGY

August

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ARIES (March 21-April 19): To add zest to mealtime, you might choose food that has been seasoned with red chili peppers, cumin, or other piquant flavors. Some chimpanzees have a similar inclination, which is why they like to snack on red fire ants. Judging from the astrological omens, I'm guessing you are currently in a phase when your attraction to spicy things is at a peak – not just for dinner but in other areas of your life, as well. I have a suggestion: Pursue rowdy fun with adventures that have metaphorical resemblances to red chili peppers, but stay away from those that are like red fire ants.

TAURUS (April 20-May 20): The 19th-century English artist John Constable specialized in painting landscapes. The countryside near his home especially excited him. He said, "The sound of water escaping from mill dams, willows, old rotten planks, slimy posts, and brickwork, I love such things. They made me a painter, and I am grateful." Take a cue from Constable, Taurus. Spend quality time appreciating the simple scenes and earthy pleasures that nourish your creative spirit. Give your senses the joy of getting filled up with vivid impressions. Immerse yourself in experiences that thrill your animal intelligence.

GEMINI (May 21-June 20): This is Grand Unification Month for you Geminis. If your left hand has been at war with your right hand, it's a perfect moment to declare a truce. If your head and heart have not been seeing eye to eye, they are ready to find common ground and start conspiring together for your greater glory. Are there any rips or rifts in your life? You will generate good fortune for yourself if you get to work on healing them. Have you been alienated from an ally or at odds with a beloved dream or separated from a valuable resource? You have a lot of power to fix glitches like those.

CANCER (June 21-July 22): In an episode of the TV show *Twin Peaks*, special agent Dale Cooper gives the following advice to his colleague Harry: "I'm going to let you in on a little secret. Every day, once a day, give yourself a present. Don't plan it, don't wait for it, just let it happen." Now I'm passing on this advice to you, Cancerian. It's a perfect time for you to try out this fun game. You are in a phase of your astrological cycle when you'll be wise to intensify your commitment to self-care . . . and deepen your devotion to making yourself feel good . . . and increase your artistry at providing yourself with everything you need to thrive.

LEO (July 23-Aug. 22): Sergei Diaghilev was a Russian ballet impresario who founded Ballets Russes, one of the 20th century's great ballet companies. At one point in his career he met French playwright Jean Cocteau. Diaghilev dared Cocteau to write a piece for a future Ballets Russes production. "Astonish me!" he said. It took seven years, but Cocteau met the challenge. He created *Parade*, a ballet that also featured music by Eric Satie and sets by Pablo Picasso. Now let's pretend I'm Diaghilev and you're Cocteau. Imagine that I've just told you, "Astonish me!" How will you respond? What surprising beauty will you come up with? What marvels will you unleash?

VIRGO (Aug. 23-Sept. 22): Since 1948, the chemical known as warfarin has been used as a pesticide to poison rats. Beginning in 1954, it also became a medicine prescribed to treat thrombosis and other blood ailments in humans. Is there anything in your own life that resembles warfarin? A person or an asset or an activity that can either be destructive or constructive, depending on the situation? The time will soon be right for you to employ that metaphorical version of warfarin in both capacities. Make sure you're very clear about which is which.

LIBRA (Sept. 23-Oct. 22): "My heart was a hysterical, unreliable organ," wrote Vladimir Nabokov in his novel *Lolita*. We have all gone through phases when we could have uttered a similar statement. But I doubt that this is one of those times for you, Li-

bra. On the contrary. I suspect your heart is very smart right now – poised and lucid and gracious. In fact, I suggest you regard the messages coming from your heart as more trustworthy than any other part of you – wiser than your head and your gut and your genitals put together.

SCORPIO (Oct. 23-Nov. 21): The Holy Grail of skateboarding tricks is called the 1080. To pull it off, a skateboarder has to do three complete 360-degree revolutions in mid-air and land cleanly. No one had ever pulled it off until 12-year-old Tom Schaar did it in 2012. Since then, two other teenage boys have managed the same feat. But I predict that a Scorpio skateboarder will break the record sometime soon, managing a 1260, or three and a half full revolutions. Why? First, because your tribe is unusually geared to accomplish peak performances right now. And second, you have a knack for doing complex maneuvers that require a lot of concentration.

SAGITTARIUS (Nov. 22-Dec. 21): Can you think of ways that you have been colonized? Have any powerful institutions filled up your brain with ideas and desires that aren't in alignment with your highest values? For instance, has your imagination gotten imprinted with conditioning that makes you worry that your body's not beautiful enough or your bank account's not big enough or your style isn't cool enough? If so, Sagittarius, the coming weeks will be an excellent time to get uncolonized. There has rarely been a better time than now to purge any brainwashing that puts you at odds with your deepest self.

CAPRICORN (Dec. 22-Jan. 19): An old Chinese poem tells us that "the true measure of a mountain's greatness is not its height but whether it is charming enough to attract dragons." You and I know there are no such things as dragons, so we can't take this literally. But what if we treat it as we might a fairy tale? I suggest we draw a metaphorical meaning from it and apply it to your life. Let's say that you shouldn't be impressed with how big and strong anything is; you shouldn't give your mojo to people or institutions simply because they have worldly power. Rather, you will be best served by aligning yourself with what's mysterious and fabulous. You're more likely to have fun and generate good fortune for yourself by seeking out stories that appeal to your soul instead of your ego.

AQUARIUS (Jan. 20-Feb. 18): The questions you have been asking aren't terrible. But they could be formulated better. They might be framed in such a way as to encourage life to give you crisp insights you can really use rather than what you've been getting lately, which are fuzzy conjectures that are only partially relevant. Would you like some inspiration? See if any of these inquiries help hone your spirit of inquiry. 1. What kind of teacher or teaching do you need the most right now? 2. What part of you is too tame, and what can you do about it? 3. What could you do to make yourself even more attractive and interesting to people than you already are? 4. What is the pain that potentially has the most power to awaken your dormant intelligence?

PISCES (Feb. 19-March 20): "There are some enterprises in which a careful disorderliness is the true method." So says Ishmael, the hero of Herman Melville's 19th-century novel *Moby Dick*. He is ostensibly referring to whale hunting, which is his job, but some modern critics suggest he's also talking about the art of storytelling. I suspect his statement applies to a certain enterprise you are currently engaged in, as well. Can you wrap your mind and heart around the phrase "careful disorderliness," Pisces? I hope so, because I think it's the true method. Here are some other terms to describe it: benevolent chaos; strategic messiness; purposeful improvisation; playful experiments.

Homework: Compose a love spell to get more of the intimate connection you want, but without manipulating anyone's free will. Tell me about it at Freewillastrology.com.

The Pedaling Adventures of Madame Velo (a.k.a. *The Bike Madame*)

By Margaret Hammitt-McDonald

Shifty Characters

WHEN I was nine, my cycling territory expanded. (The late Joseph Campbell might say I was heeding the Call to Adventure, an evolutionary psychologist might blame the instinct to seek a mate—never mind that the idea of a mate repelled me at that age, and I don't know how a bicycle fits into the evolutionary scheme). That's when a ten-speed descended from on high (with parental assistance) and I was initiated into the Mystery of Shifting. I pulled one of the enigmatic levers on my down-tube and suddenly it got easier to pedal up that hill—bike nirvana!

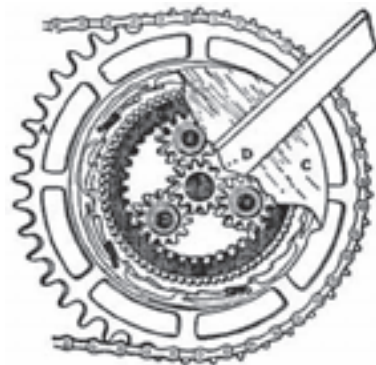
Alas, the gift of gears comes with the price of maintenance. No matter what type of shifter adorns your bike, the shifting sands of entropy can afflict it. You can repair it yourself or make a suitable offering to your local bicycle shaman...I mean mechanic. Here are some common problems encountered in this shifty realm.

Gears shift by means of devices called derailleurs, which change the tension on a cable that then moves the chain from one chainring (front) or cog (rear) to the next. If you have just a few gears, you probably have only a rear derailleur; many gears require two. Instead of a derailleur system, some bikes keep the gears protected inside the hub of the rear wheel, where they're not exposed to road gunk. The trade-off in ease of maintenance is that derailleur shifting generates more power and thus requires less exertion from the rider.

Over time, cables loosen and shifting gets sloppy. You'll notice this when, upon shifting, you hear a clicking or grinding sound and have to pedal harder than you should. Look for an adjuster barrel or tensioning bolt where the shifter connects to the frame (or where the cable connects to the shift lever) and turn it counter-clockwise to in-

crease cable tension. The illustrations in a bike maintenance book will allow you to identify your particular configuration.

Regular maintenance should include cleaning your components; road gunk causes difficulty shifting. As the rear derailleur is closer to the ground, it's prone to picking up hitchhikers, like twigs. Check for these alien invaders



before each ride and send them back into orbit! If you clean the parts and tighten the cables and shifting is still sloppy, you may need replacement parts. Rear derailleurs can bend if they collide with anything. If the cage (the plates that keep the pulley wheels apart) leans toward

the wheel, it's bent and may need to be replaced.

What if your chain falls off when you shift? Derailleurs have two limit screws that determine how far in each direction they move the chain when shifting; they may need adjustment. Chains can also self-eject if they're too loose, a typical aging-chain problem. When you hit a bump, the chain might dislocate. Try taking out a link to tighten the chain; however, it may also be worn and need replacement (a special tool will determine this).

Extreme gear combinations—smallest cog with largest chainring and vice versa—generate the most tension on the chain, which fatigues the components if you use these combinations frequently. Avoid using these mutant pairings to extend the life of your chain.

These potential problems may convince you of the virtue of a fixed-gear bike. For those of us who aren't blessed with youth and legs of steel, though, multi-gear systems are our best friends. A little knowledge and vigilance keeps them running smoothly—and prevents you from creating an unintended one-speed when you experience a bad, um, chain reaction!

WORKSHOPS/CLASSES

DOES FOOD RUN YOUR LIFE? Come to Overeaters Anonymous every Wednesday from 7-8pm in the Seaside Public Library, Board Room B. No dues, fees or weigh-ins. Everyone welcome! (if you have questions call 503-505-1721).

French Conversation Group Re-Start. The group is devoted to speaking French only. It is NOT a class, so please do not show up expecting to learn French from scratch. Once you step through the door of the Riverbend Room, it is French only. It will be on Saturdays, from 1-3pm at NCRD in the Riverbend Room. There is a nominal charge of \$1/person/time. For more information email Jane or call her 503-368-3901 or, call Paul Miller at 503-368-5715.

Computer Basics. Third Saturday of each month 9:00am-10:00am. If you're new to PC computers or just needing to update basic skills, this class is for you. Each class is tailored to meet the needs of participants. Free, at the Astoria Public Library.

The Lower Columbia Classics Car Club. Invitation to all who are interested in Collector Cars to attend one of our monthly meetings. The meetings are held at Steve Jordan's Shop Building, located at 35232 Helligso Lane in rural Astoria - meet on the 3rd Thursday of each month. If you are interested and need the directions to get there, you may call Steve Jordan at 503-325-1807

Toddler Arts Group. Every Wednesday 10 to 11am -Get your toddler started in the arts! Activities are geared towards ages 1-3, but age birth-5 are welcome. All children must be accompanied by a caregiver. Bay City Arts Center, Bay City. t

CELEBRATE RECOVERY • Nazarene Church, 2611 3rd St, Tillamook. Adult & teen 12 step program. Child care provided. Call 503-812-3522 for more information. Tuesdays, 7-9, Dinner at 6 by donation.

NATURAL CHILDBIRTH CLASSES. Do you want a better birth? **Starting on Sunday evening September 1st, Homebirth midwife Kristen Downer, will be offering a natural childbirth education series with 4 parts. It's fun, interactive, and a chance to meet other expecting mothers and couples. You will learn advanced coping skills and pain management, you will be able to write an informed birth plan for hospital or home birth, you will have a better understanding of stages of labor and what to expect at the birth, and some helpful information for breastfeeding and newborn care. All taught by Kristen Downer, homebirth midwife! It's \$95 for the 4 week series, pre-registration is helpful. For more details check out www.astoriamidwife.com and click on the Childbirth Education page. Happy Birthing!"**

BODY WORK•YOGA•FITNESS

YOGA • NCRD. Celebrating 20 years of community yoga, and offering ongoing year-round classes as follows: Monday, Yoga of the Heart, 8:15 - 9:45 am, instructors: Lorraine Ortiz and Lucy Brook (no drop ins); Monday, Vinyasa, 2:00 -

3:30 pm, instructor Charlene Gernert; Tuesday, Mixed Levels, 4:00 - 5:30 pm, instructor Monica Isbell; Wednesday, Yoga Stretch, 8:00 - 9:30 am, instructor Lucy Brook; Wednesday, Restorative Yoga, 2:00 - 3:30 pm, instructor Charlene Gernert; Thursday, Yoga of the Heart, 8:15 - 9:45 am, instructors: Lorraine Ortiz and Lucy Brook (no drop ins); Thursday, Level I, 5:45 - 7:15 pm, instructor Monica Isbell; Friday, Very Gentle Yoga, 8:00 - 9:30 am, instructor Lucy Brook; Saturday, Mixed Levels, 8:00 - 9:30 am, instructor Lorraine Ortiz. All classes meet at NCRD, 36155 9th Street in Nehalem, Room 5. For more information call 503-368-7160.

LOTUS YOGA. 1230 Marine Drive, Downtown Astoria. Ongoing classes on a month to month basis. Call (503)298-3874, Check web for class schedule updates. Email lotusyoga@live.com, website www.lotusyogaonline.com Yoga/Private Instruction.

Gentle Stretching Classes (M/W/F 9-10 AM & M/W 5:30-6:30 PM classes available) at Waves of Change Wellness Center, 1 12th Street suite #8 Astoria-Qigong Classes offered TU/TH mornings 8:30-9:30 AM

ECSTATIC DANCE. Ecstatic, trance, yogic, spirit filled), playful, improvisational, freestyle - We're Dancing! Wed. at 6:30 at Pine Grove Community House, 225 Laneda Ave. in Manzanita. No experience necessary. You are welcome to bring Instruments of any sort to play along with what we've got going. Cost is a sliding scale from \$5 - \$7, or free if you really need to just be there.

“LEARN SELF DEFENSE IN ASTORIA. Kenpo Karate for Adults, WEEKLY KENPO KARATE CLASS every Friday, 5:15pm till 6:30pm, 342-10th Street, 2nd floor, Astoria, OR 97103. Class tuition is \$40.00/mo. Instructor is a Black Belt in Ed Parker's American Kenpo Karate. Visitors are welcome to drop in and see the class or inquire for free introductory lesson. Sign-up by e-mail at: jbgroove2@crescomm.net or by phone at: 360-665-0860”.

YOGA • MANZANITA. Silver Services Yoga with Holly Smith. Meeting each Thursday from 10 to 11:30am beginning March 14, 2013. Cost: \$40 for five classes. (Sorry, no drop-ins) To Register: Call Holly at 503-368-4883. There is a richness which comes from lessons learned in the later stages of life. Silver Services Yoga provides instruction in simple yoga postures with props, breath and energy work, meditation and relaxation.

ZUMBA CLASSES/NEHALEM. At the Lighthouse located at 36480 Hwy 101 in Nehalem. Mon and Wed. 5pm – 6pm. Beginners pace for all ages, 12 and over. 5.00 per class. First class FREE.

YOGA • Bay City Arts Center. Classed with Michelle Lawhorn - Mon & Thurs 6pm. \$5 per class.

YOGA • Manzanita. The Center for the Contemplative Arts, Manzanita: Tuesday evenings 5 - 5:45pm. \$35 for 5 classes. Call 368-6227 for more info.

Yoga in Gearhart. Gearhart Workout. For more information log on to www.gearhartworkout.com

gearhartworkout.com 3470 Hwy. 101 N. Suite 104 in Gearhart

YOGA • Nehalem. Ongoing yoga classes at NCRD are as follows: Monday, Level II, 5:15-6:45 pm, Nicole Hamic; Wednesday, Morning Yoga Stretch, 8-9:30 am, Lucy Brook; Thursday, Yoga for Parents & Kids, 3:45-4:45 pm, Charlene Gernert; Thursday, Level I, 5:45 - 7:15 pm, Charlene Gernert; Friday, Very Gentle Yoga, 8-9:30 am, Lucy Brook.

QI GONG CLASSES/ASTORIA. Taught by Linda Williamson at Wave of Change in Astoria. #1 12th St. Tuesday and Thursday 8:30am to 9:30am. Qigong is an ancient Chinese system of exercise and meditation. 503.861.2063

TAI CHI. The Center for the Contemplative Arts, Manzanita: Wednesday Mornings 10-11:30. \$30/month. Call 368-6227 for more info.

TAI CHI AND STRETCHING. New Tai Chi Classes forming the first week of each month (am and pm times available) At WavesOf Change 1002 Marine Drive in Astoria. Also gentle stretching classes and light resistance training. Sat May 19 - Reiki Level 1 class 9 am - 3 pm, Sat June 2nd Aromatherapy Spa Party 2 pm, Sat June 23 Intro to Aromatherapy (Level 1) 9 am - 4 pm Call for details 503.338.9921

PILATES EXERCISE starts Monday, June 24 and runs Mondays and Wednesdays through August 14 from 6:30-7:20 pm. Loosen stiff joints, lose weight, increase your cardiovascular stamina & respiratory strength all at the same time. Please bring a yoga mat with you to class. This class is taught by Mary Jo Gruhlkey, and the cost is \$55. Class registration is open now at www.clatsopcc.edu/register or call 503.338.2402 or 503.338.2408.

Adult Beginning Tennis is held on Mondays and Wednesdays, June 24 through July 17, from 6:00-6:50 pm. Learn the basics of tennis with the fundamentals of forehand, backhand, the serve and volley. Please bring your own racquet and a can of balls. The class is taught by Donna Geertz who has a Bachelor's degree in Physical Education. Cost for this class is \$50. Class registration is open now at www.clatsopcc.edu/register or call 503.338.2402 or 503.338.2408.

WAVES OF CHANGE CLASS SCHEDULE. M-W-F 9-10 AM—Adv. Stretching Class with Light resistance training. M-W-F 10-11 AM—Beginning Gentle Stretching. M-W 530-630 PM- Beginning Gentle Stretching with Angela Sidlo. TU/TH 830-930 AM - Qigong with Linda Williamson. TU/TH 10-11 AM—Tai Chi Fan 36 Form with Angela Sidlo. TU/TH 530-630 PM—Tai Chi with Angela Sidlo. Saturday 9-10 AM - Stretching class with Angela. Private lessons available \$25/hr. Drop In rate for stretching classes \$10

HIKE THE NORTH OREGON COAST WITH ANGORA HIKING CLUB. This year the Angora Hiking Club will be leading 8 hikes that will cover the 64.4 miles of the north portion of the Oregon Coast Trail. These hikes are open to the community, and we encourage you to join us for one or all of the walks. If you have ques-

tions about this program, contact Arline LaMear, 503-338-6883. Car shuttles will begin at the Basin St. parking lot across Basin St. from Astoria KFC. Walkers should gather there by 9 a.m. for the March, April, May and June hikes. The remaining hikes, July, August, September, and October will begin at 8 a.m. to allow extra time for the longer drives to the walk start points. A record book is available for \$2 in which to record the eight legs of the North Oregon Coast Trail. Upon completion of all eight hikes, participants will receive a certificate. If you are interested in receiving one of the record books, please call 503-338-6883 so we will know how many to have on hand.

SPIRITUALITY

COLUMBIA RIVER MEDITATION GROUP. Sponsored by Great Vow Monastery. Meets ever Wednesday in the Flag Room of the Public Library. Time: 5:45 - 6:55. All are welcome to practice - quiet setting and slow walking meditation. Local contact: Ron Maxted - 503.338.9153. email: ronmaxted@wwestsky.net

A SILENT MEDITATION • with Lola Sacks. St. Catherine's Center for the Contemplative Arts, Manzanita: Monday Nights 5 - 5:45 Call 368-6227 for more info.

LECTIO DIVINA • Meditation with Holy Scripture. The Center for the Contemplative Arts, Manzanita: Tuesday Mornings 10-11:30. Call 368-6227 for more info.

LABYRINTH WALK • Grace Episcopal Church, 1545 Franklin St, Astoria, 3-6. Every 1st Sunday.

VOLUNTEER

Weekly Habitat Restoration/Stewardship Work Parties. 10 am - noon. Meet at Alder Creek Farm, at the end of Underhill Lane between Nehalem and Manzanita. Dress for the weather and prepare to get outside with great people on beautiful properties doing a variety of habitat restoration activities. For more information contact Lower Nehalem Community Trust, 503-368-3203, Inct@nehalemtnet.net.

VISITOR CENTER SEEKS VOLUNTEERS. The Astoria Warrenton Chamber of Commerce operates the Visitor Center located at 111 West Marine Drive in Astoria. The Center is open year-round with visitor information about the local area, the state of Oregon and beyond. The Chamber is looking to bolster their crew of volunteers for the upcoming busy season and you may be just the person for the job. “All that is needed is a welcoming smile and a desire to assist our visitors,” says Suzanne Cannon, Visitor Services Manager. “We'll teach you the rest.” Volunteers typically work a three-hour shift, once a week. They primarily greet visitors in person and by phone, and may also help with answering mail requests and other tasks as needed. For more details, contact Suzanne at

COMMUNITY LISTINGS

Creative Journeys Writing Workshops



Creative Journeys led by writer/educator Gail Balden will offer summer creative writing workshops at the Center for Contemplative Arts in Manzanita, Oregon in August and September. Each class meets on a Saturday from 9 a.m.-3 p.m. Open to men and women, Creative Journeys workshops require no previous writing experience and are packed full of good advice and writing exercises designed for those who are drawn to the telling of their stories. Gail Balden teaches writing workshops and writes a monthly column on small town life for the North Coast Citizen in Nehalem, Oregon. See her website at www.creativejourneys.net.

August 17 - Creating an Illustrated Journal. Creative spirits need a place to remember, doodle, draw and dream. Whether you create personal pages, travel journals or nature journals, this workshop will focus on capturing your world on the page using language and imagery. See with new eyes and express your observations, thoughts and feelings in an illustrated journal.

September 28 - 800 Words, How Three Pages of Writing can Change your Life. This workshop will focus on creating strong nonfiction narratives through point of view, characters and structure with an emphasis on personal essays.

Each workshop costs \$50. As class size is kept small, early registration is recommended, and a \$25 deposit is required to reserve a space. Send deposits to Gail Balden, 41500 Anderson Road, Nehalem, OR 97131. Call 503-368-7807 or email Gail at gailbarbara@mac.com for more information.

503-325-6311 or stop by to pick up a volunteer application.

Meetings

Pacific County Democrats Meet. 1216 Robert Bush Drive, South Bend, WA. Monday, June 10, 2013 - 7:00pm, south County Building 7013 Sandridge Road, Long Beach, WA

ENCORE LUNCH BUNCH. Will be held on Tuesday, August 6, 2013, 12:30 PM at Arnie's Café, 1609 S Main St, Warrenton OR. National Tell a Joke Day, August 16th and Book Lovers' Day, August 9 will be the monthly topics. One is frivolous and one is (or can be) serious. Tell about your favorite author or book or share your favorite joke. We're all curious..... Members are reminded to please wear your nametags! ENCORE is a membership organization offering life-long learning opportunities. It is sponsored by Clatsop Community College but is run entirely by its members who decide what they want to learn and how they want to learn it. Classes are conducted by the members but speakers are often invited; current issues and books and plays are read and discussed - keeping their minds alive. For more information check out the ENCORE website: www.encore-learn.org or call the Community Education Coordinator at 503-338-2408.

BREASTFEEDING INFORMATION & SUPPORT. La Leche League's monthly support group meetings provide an opportunity for both new and experienced mothers to share their questions or

concerns, and to talk with each other about the special joys and challenges of parenting. We especially encourage expectant and new mothers to join us. Healthy babies and toddlers are always welcome at La Leche League meetings. We look forward to seeing you soon. Second Monday of the month at 10am- Astoria FOR FURTHER INFO, PLEASE CONTACT JANET WEIDMAN @ 503-325-1306 OR LIZ PIETILA @ 503-861-2050.

KIDS

Port of Play. Summer hours will begin Monday, June 3rd, 2013. Monday-Friday: 10am-1pm (closed weekends). Parent's Night Out Summer Dates Parents, drop your children off for a night of fun while you enjoy a night out. The kids will enjoy crafts, movies, popcorn and games. Snacks will be provided. Ages 2.5-10 (must be potty trained) Call 325-8669 or visit astoriaparks.com to register. 6:00pm-9:30pm. June 1st and June 29th. July 13 and 27th. **August 10th and 24th.**

TRIVIA AT THE LIGHTHOUSE. The Lighthouse has Trivia every Sunday at 5:00 pm. The competition is keen, the questions sometimes challenging and always FUN. Teams of up to 4 people compete. The members of the winning team each receive a \$5.00 poker chip good at the Lighthouse There's always FREE Pool every Sunday at Ron's Lighthouse, and a "3-Ball" competition at 1:00

PANCAKE BREAKFAST. All-you-can-eat, at the Bay City Arts Center. Every Sunday. 8am to noon. \$5/adults, \$4 members. Kids 1/2 price. Sausage, beans , slasa, fruit and yogurt, juice and tea.

Messages Sonja Grace mystic healer

Accountability

ACCOUNTABILITY IS taking responsibility for our actions. We measure our belief systems daily, searching for proof that we are following the right path. This prescription to the duality is the outward template that we view our lives through here on Earth. This invisible veil of good and bad, right and wrong helps us to define what our experience is. Being in a physical body can cause amnesia but our original consciousness holds the key to a place beyond the good and bad that is called peace.

Accountability for ones actions and energy does not always stem from that inner gauge that is a part of our soul body. Often it comes from the belief system we learned as children. That system can be riddled with misconceptions of our world. Cultures have killed in the belief of their Gods and rituals throughout history and never felt they were wrong for defending or paying respect to their ideology or religion.

Everything is striving for balance throughout the Universe. We watch events take place

with the help of the internet and television and we can see it ripple across the globe. This information highway lends to global consciousness but often directs us to certain belief systems that once again keep us from true accountability, hooking us into the victim role and keeping us at arm's length from being responsible for our actions.

The timing and balance maintained by the Universe is not always our timing. In the past we had to exercise patience to see the bigger picture of our actions manifest. In this new fifth dimension we are experiencing a faster rate of manifestation. This is why accountability is so important. Our energy is amplified and the signal coming back is equally charged.

Accountability helps us to keep our manifestation of karma to a minimum. When we take full responsibility for our actions and leave the victim role behind we are accepting what we create. For it is the investment of our energy that we anchor into the good and bad of this world, rather than

grounding our energy and observing the duality. When humanity is in balance so is the Earth. When the Earth is in balance so is humanity. We are closely tied. We can return to that deeper understanding that is innately within each of us. The soul body holds the original consciousness and our truth. Accountability is simply an acknowledgement of our oneness with the Divine.

For over thirty years, author and Mystic Healer, Sonja Grace has been offering her clients, both in the United States and abroad, immediate stability, clarity, and guidance. Through her healing, counseling and spiritual processing, Sonja has a wide variety of talent to choose from in which she accesses her ability to channel and communicate with the divine. Two time author of Angels in the 21st Century and her latest book, Earth Ways Healing Medicine for the Soul, provides a pathway to the four seasons through prayer and ceremony and is a companion to the film presentation Earth Ways Series.

www.sonjagraces.com

word and wisdom

By Tobi Nason

My Summertime Friends and the livin' is easy . . .

OH, IF only that were true! Living any time, any place has its difficulties. Just when I think my personal difficulties are too much, all I have to do is read a novel or biography. When I read, I'm transported to another world. It's a good way to put my own world in perspective. Do-able. Temporary. Fixable. Not So Bad.

My first author-love was F. Scott Fitzgerald. I was young, 17, and had just read "The Great Gatsby." Then I read Truman Capote's "Breakfast at Tiffany's." I would have liked to have met Scott in my younger days. I may have wanted to share some drinking time and get the full blast of his personality. And Truman! I would have liked to just hang out with Truman. He seemed fun and gossipy. Shopping. We'd go shopping.

Reinvention. Both these authors seemed to believe that one could transform oneself into - something. The personal past always and eventually shows up to highlight the present, but the ability to turn a dream into a reality is a mesmerizing thought, one brought to fictional reality.

In the summer, I am often in "another world." I read in the backyard, basking in the sun. I read at work at slow times. I read in bed before I sleep. Talk about escapism....

Reinvention is closely related to just plain evolving, which is what we do naturally and daily. We have some control over

how we evolve and what we become. At least, that is the lesson I seem to gather from all that I read. Why does it fascinate me so much? Because change is a constant part of life. Overt substantial change is fascinating to most everyone. That's the essence of a good novel. Change. As I read, though, I sometimes stop to think about the relationship between circumstance and luck. Somebody described luck as making sure you are in the right place at the right time. That's all. Right place, right time. Simple.

While the recipe is simple, I still believe a person has to have some vision of what that person desires so that those subconscious decisions and actions that occur do indeed place you in the right place, over and over again. In other words- do we create our own luck by optimizing our opportunities? I believe so.

As long as change is going to happen, to be a bit pro-active in one's life will optimize opportunities. Gatsby wanted to be a rich man, so he could eventually woo his first love back. Rich, he became. How he became rich seemed to be clouded and suspicious, but his real goal was to escape his past and get a second chance to woo the rich girl. He believed he loved her and he lost her, he thought, because he was not of wealth. Holly Golightly, in Truman's story, sought adventure and life on a big scale, and that's what she achieved. She

left a man who loved her. She walked away from her roots. She walked down a road and did not look back.

I've always advocated defining one's dreams and aspirations. You have to listen to your heart on this one. Logic doesn't always play into one's dreams. Taking chances - this is the area to take chances.

All my reading reminds me that life itself is a creative process. As we evolve, we have choices to make and roads to travel. Every decision defines us that much more. We become more self-actualized as we make decisions that honor our needs and wants.

I've rambled a bit. I know that. That's part of my creative process. One path leads into another. Kind of like life. Here's the end result: Like a good book, we owe it to ourselves to dream. Like Gatsby, dream big. Like Holly, walk towards your dream. Counselor reminder: Both Gatsby and Holly paid a price for living the life of his/her choice. But who doesn't? A life of stagnation and safety has a price tag also....the death of a soul is probably the thing that one should fear the most..

Summertime.... read... re-group.... re-define. And..... relax.

Tobi Nason is a counselor in Manzanita.. She reads a lot. Fiction has much to offer in terms of life lessons.

VOLUNTEERS NEEDED To help Shelter animals

Can you donate a few hours a week to help the dogs and cats currently at the Clatsop County Animal Shelter? Volunteers are badly needed. The work's not hard but it's wonderfully rewarding.



Make a difference.
Volunteer for animals!



CLATSOP ANIMAL ASSISTANCE, INC. (CAA)
Call 503.861.0737 to join our dedicated team, Tues. - Sat., noon to 4 pm
(Must be sixteen or older to volunteer unless accompanied by an adult)



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Thomas S. Duncan, M.D. • Susan L. Skinner, CNM, CFNP
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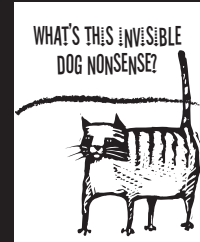
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woof!
woof!

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1315 SE 19TH IN WARRENTON
PH. 503-861-0737
HRS. NOON TO 4 PM, TUES. THRU SAT.



WHAT'S THIS INVISIBLE DOG NONSENSE?

health & wellness.

bodiesinbalance

Creativity...a tool for healing

PAINTING, PLAYING music, dancing, writing, sculpting, potting, knitting, quilting, the list goes on and on...ever thought that doing these creative things would be beneficial to your health? Well indeed churning up your creative forces has a profoundly deep and healing effect to the body. It is a way to break free from the form and constraints of the day and let other forces flow. It doesn't have to be gallery worthy creations to heal the soul and lift the spirits.

Creativity is a right-brained activity. It is this side of our brain that is centered in the moment; it takes in sensory information and puts it in perspective in order to create a relationship to our current space. Sounds like something we could all benefit from nourishing. This is in contrast to the left side of the brain, which is focused on organizing the details and minutia of our lives into a user-friendly timeline past, present, and future. It is indeed the synthesis of these perspectives that complete the picture, but to give them individual challenges will strengthen the overall function.

This is clearly a very simplistic definition of our brain function, none-the-less poignant for our purposes...so back to creativity.

So what are we healing with creativity exactly? Well I will grant you the obvious; this is not a tool to heal a broken toe. It is certainly more a means for the broken heart, i.e. a way to tap into that emotional side which is so central to our health. There are so many ways that our emotions cause physical illness; just think of how stress can make your neck and shoulders tight and sore, or how something sad causes that lump in your throat, or how the pressure of performance makes you a little nauseous. Those are all passing experiences, which demonstrate the possibilities of how long lasting unresolved

emotions could more deeply affect your health.

Creativity is not something that can be initiated or enhanced with a vitamin, mineral, or herb per se, but something

we need to nourish and foster with time and energy. Now that's not to say there aren't nutrients that assist in brain function, blood flow, or nervous system function...but that is

could provide the same healing effect.

Time is of the essence when it comes to creativity. Those of you/us talented and lucky enough to make our creativ-

**Dr. Tracy Erfling is a
naturopath physician in the
Lower Columbia Region.
Questions?
erflingnd@hotmail.com**



not our focus here. So how do we enhance this part of our lives? Well first we must find the right fit, and that is really up to you, what is available to you, and what feeds your soul. Let's say it's dancing...a great option since it's pretty much free, you can do it by yourself, and it doubles as exercise!! You can pick the music that fits your mood and use that to move your energy, and body, around. If you're happy it will let you celebrate your happiness, if you're sad it will allow you a safe and defined space to express your sorrow, and if you're angry it will give you the freedom to stomp your feet and flail your arms to let it all out...and voila you're on your way to better health! I think you can imagine how any of the other listed creative outlets

ity our career will attest to the time it takes to cultivate this, so don't deny yourself the time. Although, I think this an important activity for all ages, I see so many middle aged menopausal women who would benefit, I'm going to give an extra plug to you ladies. This is a time when the body, mind and spirit need a new focus, a new way to nurture, and I think any creative activity would fulfill this function well...just give it a try.

I hope that you are inspired to create! I assure you it will give your emotions the freedom to flow and consequently give your body an influential tool for healing.

DO something you love, BE with someone you love, EAT your vegetables, DRINK clean water, BREATHE deeply and MOVE your body EVERYDAY!!



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Vipassana Meditation Retreat with Kate Dresher

The Center for Contemplative Arts is hosting a Vipassana Meditation Retreat with Kate Dresher August 9, 10, and 11. Kate comes from Port Townsend, Washington, and is a full-time Buddhist practitioner and teacher. She has studied with Asian and Western teachers in the Theravada tradition and practiced for a time as a nun in Burma. Kate enjoys connecting with people right where they are and is inspired by people's wish for happiness and freedom. There will be an introductory evening on Friday, August 9, from 7 to 8:30. Saturday, August 10, from 9 am to 5 pm, there will be a full retreat schedule with sitting and walking meditation. Kate is available for individual interviews on Sunday morning between 9 and 11.

Please bring your own lunch and water. Vipassana teachers are supported by the practice of dana (generosity) offerings, a tradition dating to the time of the Buddha. A basket will be provided for your generous offerings. The Center for Contemplative Arts is located at Underhill Plaza, Manzanita Avenue & Division Street, Manzanita, OR. To register, please contact Lola Sacks, contemplativearts.lola@gmail.com (503)368-6227 or Judy Sorrel, sorrel@nehalemte.net (503)368-7868.

Art & Psyche Rejuvenation Retreat August 17 - 18

Yvonne Edwards first Art & Psyche events in Astoria focused on art as a vehicle for self-discovery and enjoyment. A later workshop focused on helping people find a new Life path using guided imagery and art. A recent workshop included embodied awareness exercises, the creation of self-portraits and mosaics, and Nutritarian (plant-based, nutrient-dense) lunches and smoothies.

The Art & Psyche Rejuvenation Retreat is a synthesis of the best of all previous events in that it has added the element of energy movement (Qi Gong taught by Linda Williams) and reflexology (healing foot massage given by Leigh Oviatt), as well focusing on rejuvenating the body with a Nutritarian diet. It is a chance to give our bodies/ourselves a two-day break to detox and rejuvenate.

Creating art during this retreat will support the idea of food as medicine. A field trip to Fred Johnson's "Homegrown" farm in Nelselle will show us where healing food comes from and what it takes to grow it. Pick kale, chard, cauliflower, and other plants to cook at the retreat. Each of us will purchase plants we want to cook and take home after the retreat. All the other foods will be supplied such as fruit, nuts, seeds, dates, soy and almond milk, etc. that Nutritarian recipes require. Everyone will go home with 2 types of nut cream salad dressings, seed crackers, recipes, several pieces of transformational art, and a memorable rejuvenation experience.

To Register contact facilitator Yvonne Edwards - 503.338.7202. email: astoriayme@aol.com

Creative Journeys led by Gail Balden will finish her summer creative writing workshops at the Center for Contemplative Arts in Manzanita, Oregon with an August and September workshop. Each class meets on a Saturday from 9 a.m.-3 p.m. Open to men and women, Creative Journeys workshops require no previous writing experience and are packed full of good advice and writing exercises designed for those who are drawn to the telling of their stories.

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CHEW ON THIS!

by Merianne Myers



Summer remembered to pack some sunshine for its journey through our neighborhood this year. By way of thanks, the garden is defying me to keep up with production. Bowls of potatoes, onions, garlic and tomatoes line the counter. Peas and beans are elbowing the ice cream out of the way in the freezer.

I hear tell that potatoes and tomatoes are numbers one and two on the world's Top Ten Favorite Vegetable list. And why not? Between them, they have it all. Potatoes are supremely versatile and they keep nicely while we work our way through the options. Tomatoes are not only gorgeous, they are as luscious canned or dried as they are fresh.

We can thank the Incas for today's recipe. Rumor has it they were the first ones to figure out that spuds were delicious. The fact that they were likely the only ones who had potatoes may have had something to do with it. When the Spaniards invited themselves to Peru, they found lots of new things to take home to the wife and kids. One of the best was potatoes.

Needless to say, the whole potato thing spread like measles throughout Europe. Thankfully, some of those Europeans had the sense to toss a few spuds in their luggage when they headed west. And the rest, as they say, is Idaho. Interesting aside: Idaho is not the number one potato producing state. In 1906, New York was. In 1952, Maine was. All this according to my most current reference source - my trusty 1965 World Book Encyclopedia. To their credit, Idaho has always been known as the home of the superior spud. They call themselves "Idaho, Gem of the Mountains," and we all know they're not talking emeralds.

Potatoes have deliciously insinuated themselves into countless cultures. The Irish boil them, the English make chips, the French fry them and the Russians distill them into vodka. The world's annual potato crop is several billion bushels.

Here's my definition of summer if we're talking food:

- A wedge of ripe melon
- A plate of homegrown tomatoes drizzled with olive oil and dotted with Il Condimento Balsamic
- Potato salad
- An icy cold beer

Sure, you can guild the lily with a grilled burger or lamb chop or pork rib. You could mix and match countless other garden gifts of the season, but you can't leave out potato salad.

LIFE AIN'T NO PICNIC POTATO SALAD

Preheat oven to 400

- 16 small red, yellow or fingerling potatoes
- Olive oil
- 2 - 4 sprigs of fresh thyme or rosemary or sage to roast with potatoes
- 1/2 sweet onion, diced
- or
- 4 or 5 scallions, thinly sliced
- 1 stalk celery, chopped

Put spuds and herbs on a rimmed baking sheet and drizzle lightly with olive oil, sprinkle with salt and pepper and roll them around a bit until they are coated.

Bake until just fork tender.

When they are cool enough to handle but still warm, cut them into the size you prefer and toss them in a bowl with all the other ingredients. Toss with your favorite dressing.

This is a bare bones recipe. When I make this salad I add whatever inspires me:

- Minced anchovies
- Torn fresh basil or tarragon leaves
- Seeded, diced cucumber
- Roasted red pepper
- Sliced olives
- Sautéed, crumbled bacon
- Chunked smoked salmon
- Chopped boiled egg
- Minced garlic dill pickle

I prefer Dijon vinaigrette dressing to mayonnaise. The dressing soaks enthusiastically into the slightly warm spuds and holds well at room tem-

perature without getting cranky like mayonnaise is apt to do on a warm day. However, for many of us potato salad without mayonnaise dressing simply will not do. I feel that way about mayonnaise on a fried egg sandwich - gotta have it.



DIJON VINAIGRETTE

- 2 to 4 cloves of garlic, minced
- 1/3 cup white wine or white balsamic vinegar
- 1 1/2 Tablespoons Dijon mustard
- 1 Tablespoon minced fresh herbs - parsley, thyme, sage
- 1 cup olive oil
- Salt and pepper

Mix everything but the oil, then add oil slowly while whisking OR put the whole shebang in a jar and shake it.



OPEN MARKETS!!!

FOOD, FLOWER AND PLANT POWER.

Two Islands Farm Market. Fridays, 3 – 6:30pm, May 24 through October. 59 W. Birnie Slough Rd on Puget Island. Trolley shuttle available from the Elochoman Marina at 3, 4, & 5pm and stops at the Chamber of Commerce in Cathlamet, WA. Accepts debit and SNAP cards.

Columbia-Pacific Farmer's Market. Fridays, 4 – 7pm, June - September. In downtown Long Beach, WA. SNAP accepted.

River People Farmer's Market. Thursdays, 3 – 7pm, June 20 through October 3. At the parking lot in front of Astoria Indoor Garden Supply on 13th St in Astoria. The market accepts SNAP, and WIC and Senior Nutrition coupons.

Cannon Beach Farmer's Market. Tuesdays, June 18 – October 1, 2 – 5pm. Located in the Midtown area of Cannon Beach. SNAP, Visa, and Mastercard accepted.

FOOD, PLUS HANDICRAFTS, ART AND MORE.

Cowlitz Community Farmers Market. Saturdays, April through October, and Tuesdays, May through October, 9am – 2pm. At 900 7th Ave in Longview, WA.

Weekend Market. Fridays and Saturdays on the first and third weekends of the month, 10am – 4pm. At the Long Beach Grange on Sandridge Road in Long Beach, WA.

Saturday Market at the Port. Saturdays, Through September 28, 10am – 4pm. Located along the waterfront in Ilwaco, WA.

Astoria Sunday Market. Sundays, May 12 – October 13, 10am – 3pm. On 12th St in downtown Astoria.

Manzanita Farmer's Market. Fridays, June 14 – September 20, 5 – 8pm. At the Windermere parking lot on Laneda in Manzanita. Accepts EBT.

Tillamook Farmer's Market. Saturdays, June 15 – September 28, 9am – 2pm. At Laurel & 2nd St in Tillamook. SNAP and debit cards are accepted.

Pacific City Farmers Market. Sundays, June 16 – late September, date TBA. 10am – 2pm at the Pacific City Library.

Neskowin Farmers Market. Saturdays, Memorial Day through September, 9am – 1pm. In downtown Neskowin.

Lincoln City Farmers Market. Sundays, year round, 9am – 3pm. Located at the Cultural Center in Lincoln City. The market accepts debit and SNAP cards.

Siletz Valley Farmers Market. June – September, day and times to be determined. At 146 S Gaither St in Siletz. FMI, call 541-444-2144

Saturday Farmers Market. Saturdays, May 11 – October 26 at the Newport City Hall. The market accepts debit and SNAP cards, and WIC and Senior Nutrition coupons.

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Enhance Your Farmers Market Experience with Value-Added Products.

By Cathy Nist

We are lucky to live in a region with so many farmers markets. Every year, I eagerly anticipate market season where I spend as much of my food budget as possible on fresh, local goodies (and conversely, go into major withdrawal when the markets close each October). I absolutely adore farmers market produce, but lately have been focusing on some of the wonderful value-added products made by North Coast farmers and gleaners. The following is a shortlist of some of my favorite farmers market findings.

Starvation Alley Farm's Cranberry Juice.

Soon to become Washington State's first USDA certified organic cranberry producer, Starvation Alley Farms, manufactures 100% unsweetened cranberry juice in



small batches, mainly for the urban craft cocktail market. Fortunately, it is available at the Columbia Pacific Farmers Market (Friday afternoons in Long Beach) in small and large bottles at \$9 and \$27, respectively.

I drink Starvation Alley cranberry juice nearly every day. I treat it like a concentrate; using a teaspoon or even less of the garnet-hued juice as a refreshing, thirst-quenching addition to bottled water. In this manner, I go through a small bottle of the juice in about two weeks. It would also be fabulous blended with other fruit juices or used in mixed drinks. Starvation Alley Farm's Cranberry Juice is very tart, but has a much rounder flavor than the one-note punch and bitter aftertaste of most commercially available (and highly sweetened) cranberry juices.

Columbiana Dilly Beans.

A jar of Columbiana Dilly Beans is sitting on my desk as I type this and I cannot stop munching on them. A large sprig of dill graces each jar, which is packed with deliciously pickled beans. The sharp tang of vinegar does not diminish the bean flavor and each bite finishes with a little zip of cayenne. Two or three Dilly Beans would be the perfect complement to a Bloody Mary.



Columbiana Dilly Beans are made by Watershed Garden Works of Longview, Washington. Buy them for \$6/ pint jar at the River People Farmers Market, Thursday afternoons in Astoria. Watershed Garden Works also offers pickles, jams, fruit butters, and more as well as produce and heritage varieties of edible plants.

Island's End Farm Pestos and Ferments.

Over the course of this summer, I find myself time and again turning to Island's End pesto or kim chi as my go-to flavor base for pasta or stir fry with fresh-from-the-garden veggies. My favorite Island's End product this year is their sorrel and arugula pesto, but I also love their Hot Thai Kim Chi. The pestos are concentrated and made without cheese; add olive oil and grated Parmesan as needed. The kim chi will keep for weeks in the refrigerator, but the pestos are fresh, and must be kept chilled and used or frozen within a week of purchase.

The Island's End line of pestos (\$6 per half-pint jar) are made seasonally, with garlic scape and sorrel pestos available early in the summer and basil pesto in late July or August. They also make several versions of sauerkraut and kim chi (starting at \$5 per half-pint jar) as well as a large variety of jams. Find Island's End Farm products and produce at the River People Farmers Market in Astoria, and at the Two Islands Farm Market (held at Stockhouse's Farm on Puget Island on Friday afternoons).

Cannon Beach Sea Salt.

Cannon Beach Sea Salt Company produces artisanal finishing salts, plain or flavored, from seawater collected by hand at Cannon Beach. Their traditionally based salt making process carefully preserves the beneficial trace minerals present in seawater. The salts are sealed in glass jars, without the addition of any bleaching or drying agents. Cannon Beach Sea Salt is available at the Cannon Beach Farmers Market (Tuesday afternoons) for around \$15 per two-ounce jar. Flavored versions range from spice and herb blends to fruit and even rum-infused salts. These light flaky finishing salts can be used to enhance dishes both sweet and savory. Some flavors are seasonal and available only at the Cannon Beach Farmers Market, where shoppers can meet the saltmaker and taste samples.

R-evolution Gardens Salad Rolls.

Along with some of the most gorgeous produce I have seen at any farmers market, R-evolution Gardens also has a new line of ready-to-eat raw vegetable products available at their



booth at the Manzanita Farmers Market (Friday afternoons and evenings in Manzanita). A box of 4 Salad Rolls for \$7 makes the perfect light summer dinner and is almost too beautiful to eat. Noodles and crisp raw veggies are wrapped in rice paper or lettuce leaves. In my box, the two lettuce-wrapped rolls were cleverly tied with carrot greens. The rolls were accompanied by



more raw veggies and a cup of peanut sauce for dipping, I ate every thing except for the packaging. I even scooped up the last of the peanut sauce with the kale leaves that lined the box!

Did I miss your favorite product? Have a farmers market find you would like to share or discuss? Hipfish would like to hear from you! Email us at Hipfish@charter.net





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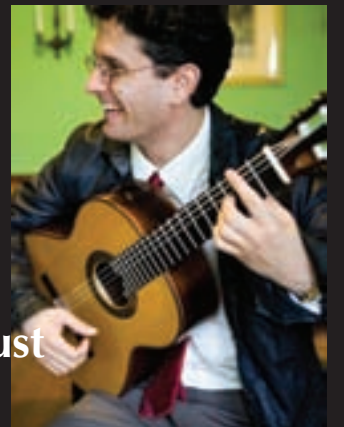
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