

**2014
MAYORAL CANDIDATE
LARRY TAYLOR
SPEAKS**

HIPFISH MONTHLY

the alternative press serving the
lower columbia pacific region

JULY 2014 vol. 15 issue 186

Party with the Democrats

Democrats Dance page 8

FESTS!

FINNAM - METAL - REGGAE

The Cormorants - Eat Salmon... and Die

Hook & Anchor - New Release!

MOsley Wotta - at KALA

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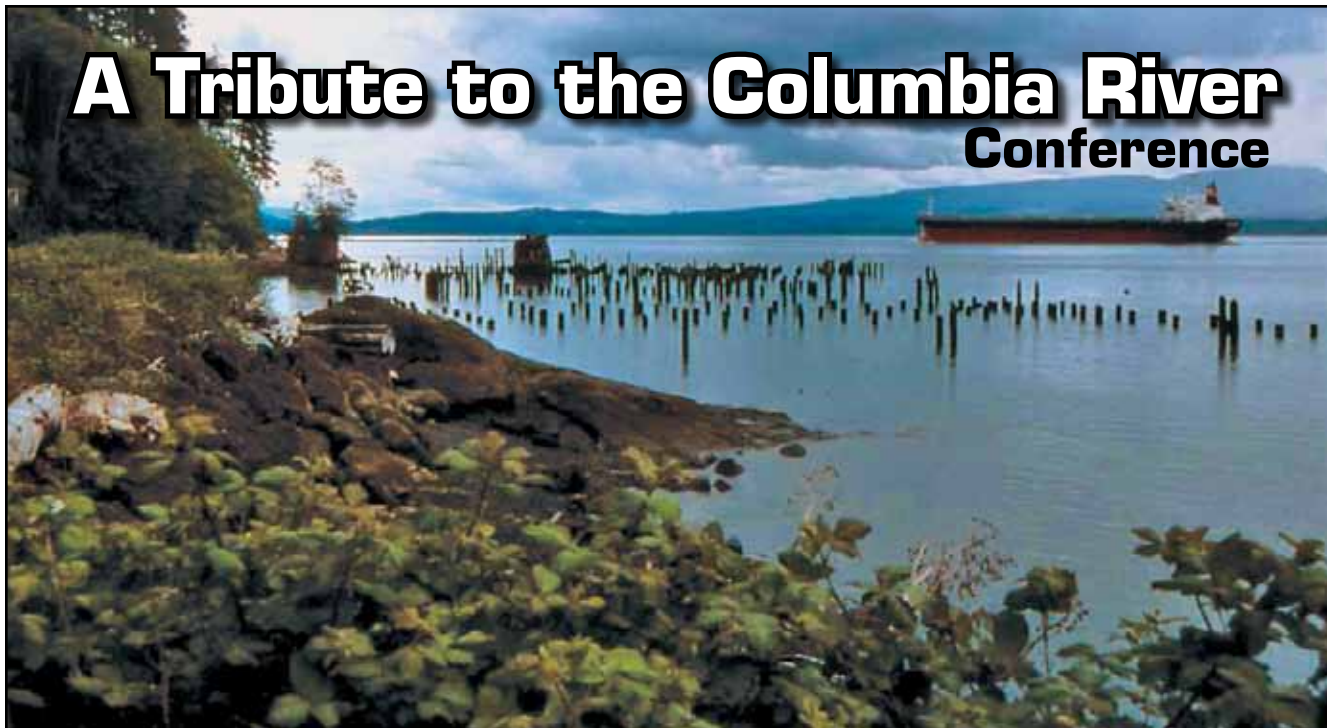
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A Tribute to the Columbia River Conference



CLATSOP COMMUNITY COLLEGE will host its first annual 'A Tribute to the Columbia River Conference' on Friday evening July 18 from 7p.m. to 9p.m. and Saturday morning July 19 from 9a.m. to 11a.m. in its Columbia Hall Community Room (Columbia 219) on the CCC main campus in Astoria. A Tribute to the Columbia River is designed to:

- Celebrate the impact of the Columbia River on the Pacific Northwest
- Examine ways in which the river has evolved
- Anticipate and reflect on how the river is likely to change and stimulate change
- Promote the Columbia River as a symbol of strength and influence for the area.

A Tribute to the Columbia River is open to the public. Participants may register for one or both days for a modest fee of \$10 per day. In addition, a catered dinner will be held on Friday, July 18 at 6p.m., and a breakfast will be available on Saturday, July 19 at 8a.m., prior to the morning session. The cost for each meal is \$15.

Space is limited and early registration is encouraged. Register at www.clatsopcc.edu/content/tribute-columbia-river-registration, or email rmccllland@clatsopcc.edu, or call 503-894-0187.

FEATURED SPEAKERS on Friday evening, July 18 include Katy Barber, Associate Professor of History at Portland State University, and Irene Martin, fisherman, writer and Board member of Salmon for All and the Columbia River Maritime Museum, and Captain Robert Johnson a bar pilot with the Columbia Bar Pilots.

Katy Barber received her Ph.D. in American Studies from Washington State University in 1999, joined the Center for Columbia River History as a Fellow in January 1999 and the faculty of the History Department at Portland State University in 2001. Her fields of expertise include the Pacific Northwest, the Columbia River and Public History. Barber's book, "Death of Celilo Falls" was released in October 2005. It examined the impact of The Dalles

Dam on the communities of Celilo Village and The Dalles, particularly the loss of sustainable Indian fishing and the gain of both modern hydroelectric power and increased river navigation.

Irene Martin lives in the fishing village of Skamokawa. She and her husband have fished in Alaska, on the Columbia River and in Willapa Bay. She has been a writer for over 40 years, specializing in Columbia River and regional history, especially fisheries history. Her latest book is a small volume of poems, "The Family that Never Threw Anything Away," published in 2014. Her other books include "Legacy and Testament: the Story of Columbia River Gillnetters," "Sea Fire: Tales of Jesus and Fishing," and "The Flight of the Bumble Bee: The Columbia River Packers Association and a Century in the Pursuit of Fish."

FEATURED SPEAKERS on Saturday morning, July 19, include Denise Lofman, Director of the Columbia River Estuary Task Force (CREST), and Chris Clatterback, Chief of Resource Management, Lewis and Clark National Historic Park.

Denise Lofman is the Director of the Columbia River Estuary Study Taskforce (CREST) and is dedicated to working with communities to find solutions for their natural resource issues. Her key responsibilities include administering and directing CREST activities on behalf of member cities, counties and ports in the region: environmental planning and management, habitat restoration and assessment, and estuarine research and monitoring. She works closely with partner agencies, universities and non-profits in striving to further CREST's mission and services.

Chris Clatterback is the Chief of Natural and Cultural Resources at Lewis and Clark National Historical Park. The park is composed of 7 units in the lower Columbia River in Oregon and Washington totaling 3,400 acres. An ecologist, Chris has worked on two wetland restoration projects near Fort Clatsop at Otter Point and at Colewort Creek.

Please direct inquiries to: Robert McClelland, 503-325-2898; rmccllland@clatsopcc.edu.

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ART @ KALA

MOSLEY WOTTA
2nd Saturday Art Walk • Astoria

WHEN JASON GRAHAM, rapper and painter, told his girlfriend that he wanted to call his band MOSley WOTTA she laughed in his face. The name functions doubly as an access point for audiences and a populist call for equality; people are, after all, mostly water, and if we're all basically the same then we may as well dance.

She thought it was dorky. Jason doesn't date that girl anymore.

He's actually married with three kids in scenic Bend, Oregon. But, even still, when I asked him where his band name came from the first word off his tongue was "revenge."

This confluence of personal, populist, and empowered is right where MOSley WOTTA's music lives. Take their jumpy single "Birthday Suit." Jason's vocal delivery is square in the heritage of Atmosphere, Sage Francis, Aesop Rock and other



The Adoption, by Jason Graham

think-piecers, broadcasting to the listener that it's time to listen carefully. But the band is bringing highly compressed drums and horn samples that compel you to at least nod your head. Which is it? Do I move or hold still?

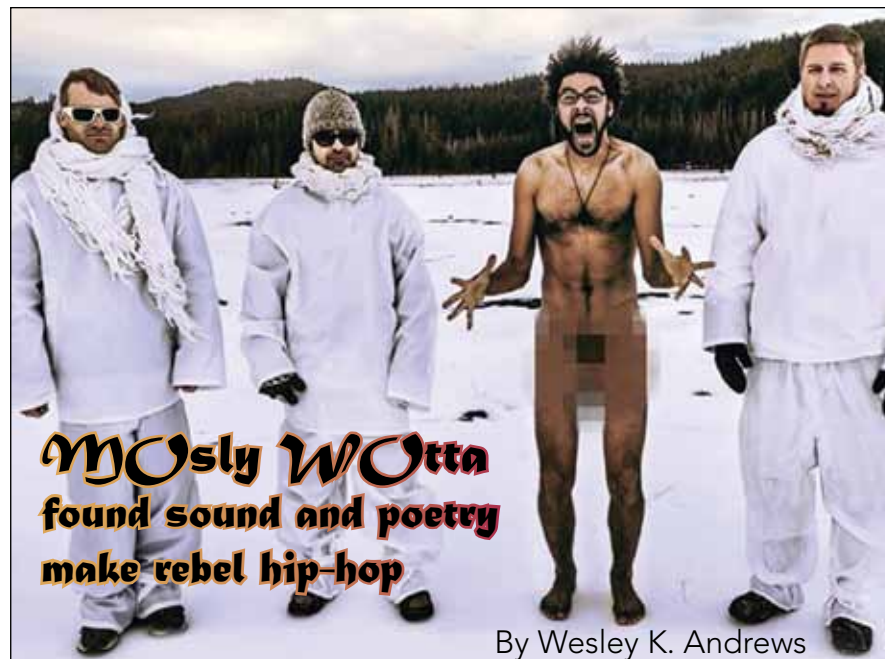
Digging into the lyrics uncovers a similar tangle of contradictions. It's a song about race but Jason makes it simpler; it's a song about skin. After that, it's a song about nudity, and then it's a song about the physical nature of color. "Color is

light bouncing off surface different / Turn on the photons and pitch me on high tint."

Then it's a song about outgrowing self-hatred. "Used to be me criticizing my pigment / Hating on my brown hue like self-loathing Pigpen."

"Birthday Suit" ultimately comes around to the classically New Age / West Coast conclusion that if color is just photons reflected off a surface then our concept of race is really just sunlight. And if we're all basically sunlight then we may as well dance.

I asked Jason what he raps about. "Right now it's kind of a 'fuck you I didn't ask to be born'," he tells me. Bend is nice. Bend is



By Wesley K. Andrews

wonderful. Bend is beautiful. Everyone gets yoga and microbrews and feels connected to the Earth. But it's humanly impossible to feel happy all the time and that's where his lyrics are going. He's an ambitious musician hungry for more recognition and that brings a mountain of frustrations. "I'm in Heaven and I'm complaining about it."

"Hip-hop is so, in some sectors, it's so inbred and so stagnant and so boring," Jason tells me. He wants a career where his connection to his fans runs deep and true. Jason was awed by the story of Minneapolis-based rapper P.O.S. whose fan connection was so profound that he asked for a kidney donation in a YouTube video and actually got one.

This quest for authenticity has taken Jason to the furthest reaches of the planet. Rise Up International, an arts education charity, sent him to Fiji to administer self-expression workshops rooted in spoken word, performance poetry, and mindfulness exercises. Jason gushed about a Fijian student who traveled eight hours by bus and boat to be there and was the "most lit up" of any of the teens. One woman, following an in-workshop meditation, stated simply that she heard "the music of the Universe, ohm" and Jason is still telling that story as if it happened last week.

Word to the wise: if you like MOSley WOTTA in concert, approach and shake hands. They are very excited to talk to you.

Colten Williams, MOSley WOTTA's guitarist and sampler, self-describes "as a band, but also an electronic band." Loops and found sounds are a huge part of their compositions but they also

Jason merges text, color, and line into a loosely contained whole that seems to struggle against the canvas's rectangular boundaries.

Creative through-lines from his music abound. The diversity of genres; the sense of collision; the creator's wrestling match with the act of expression. The KALA show promises to be an immersive journey into the heart and mind of an up-and-coming iconoclast.

I close the interview by asking Jason to tell me a joke. He tells me a joke that I can't print.

He apologizes.

He then says that his actual favorite joke is to yell the word "QUIET!" as loudly as he can. So I guess that's what you're in for.



Jason Graham (pictured at Ted X) is MOSley WOTTA, a poet, performer, and painter. MOWO has opened for such influential Hiphop acts as Gift of Gab, Tricky, Ice Cube, Talib Kweli, KRS-One and Saul Williams. His Band has been voted "best band" in his home town of Bend Oregon 3 years in a row. When he is not focusing on creating new works he teaches in schools in the Pacific Northwest. WOTTA is a receiver of the 2011 "Arts Beautification and Culture" award. MOWO was an invited speaker on the "Mixed experience Panel" with New York Times bestselling author Heidi Durrow. MOWO is a TED X alum. He has been a featured artist on Oregon Art Beat for his Writing, Painting and Music. Keeping words a family tradition, his uncle is author Walter Mosley.

HIPFISHmonthly

Mar 14

CULTURAL CALENDAR
& the month day by day 17 - 23

NEWS & FEATURES . . . 5 - 16

- CORMORANTS! . . . Goldberg 9
- HOOK & ANCHOR . . . Bacior 11
- THEATREROID . . . Kline 12
- FINNAM FEST . . . 13
- METAL FEST . . . 14
- REGGAE . . . 16

COLUMNS

- Steve Berk . . . 6
THEATER . . . 17
ART HAPPENS . . . 18
WORD/Literary Events . . . 19
FLASHCUTS KANEKUNI 24
BIKE MADAME . . . HAMMITT-MCDONALD . . . 25
FREE WILL ASTROLOGY . . . BREZNY 25
NETWORK COMMUNITY LISTINGS . . . 26
BODIES IN BALANCE ERFLING ND 27
SONJA GRACE MESSAGES . . . 28
WORD & WISDOM . . . NASON 28
CHEW ON THIS . . . MYERS 29
FOODGROOVE . . . 30-31

KALA is the groundfloor gallery and performance space located at the production office of HIPFISHmonthly. We proudly collaborate with local and regional artists in a presentational format. KALA is the Finnish word for fish.

HIPFISHmonthly is located at 1017 Marine Dr in Astoria.

ADVERTISING INQUIRIES - 503.338.4878

Send general email correspondence: hipfish@charter.net
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**AUG HIPFISH
ON THE RACKS
FRIDAY AUG 1**

Cover Design: BUGGY BISON

CHIP-in Volunteers to Clean Shively Park



ASTORIA PARKS and Recreation's Citizen's Helping Improve Parks (CHIP-in) program will host its next park clean-up at Shively Park located on 1530 Shively Park Road in Astoria on Sunday, July 13th from 1:00 PM to 4:00 PM.

"This CHIP-in day will be far different from what we have accomplished in the past. It is an opportunity to revive the natural beauty of Shively Park." Janice O'Malley Galizio, Volunteer Coordinator for CHIP-in, adds. "Following our Lindstrom Park clean-up, CHIP-in has received quite a 'buzz' about the Shively CHIP-in day. Recology Western Oregon has donated a large bin to discard yard debris, and Clatsop Community College's Upward Bound Students

have committed to joining us at Shively. It will surely be an exciting and invigorating event."

Shively Park was initially created as the main site of the first Centennial Celebration for the City of Astoria in 1911. It once housed a 1500 seat amphitheater, a zoo - replete with exotic birds and deer, as well as a complete replica of John Jacob Astor's fur trading post - Fort Astoria designed by architect John Wicks. Over one hundred years later, patrons are still enjoying the park to use for weddings, hiking, and hosting celebrations inside the

community hall.

Volunteers interested in partaking in the CHIP-in @ Shively Park event are asked to bring: sturdy work gloves, weed whackers, hand pruners, or loppers if they have them. Volunteers are also urged to wear long pants and closed toe shoes.

CHIP-in has other volunteer opportunities available with monthly park clean-ups as well as park adoption. More information is available on the Astoria Parks & Recreation Facebook page and website (www.astoriaparks.com). Interested persons may also contact Volunteer Coordinator, Janice O'Malley Galizio at (503) 298-2467 or via email at chip-in@astoria.or.us.

Historic Preservation Renovation Grant

THE CITY of Astoria has received a grant from the State Historic Preservation Office to assist property owners with needed historic renovations. The Astoria Historic Landmarks Commission's renovation grant program will make these funds available to property owners of designated historic buildings desiring to make exterior rehabilitation or renovation improvements.

Properties designated as a Historic Landmark within a National Register Historic District or as a National Landmark are eligible. Renovation or rehabilitation work shall be located on the primary facade of the structure or on a facade that is highly visible to the public. Structural improvements to preserve the integrity of the

structure may also qualify.

Projects may receive 50% of the project cost up to a maximum of \$3,000 in grant funds, whichever is the lesser amount. Projects must be completed by July 1, 2015.

If you are interested in applying for these grant funds, submit the Renovation Grant Application to the Community Development Department. The Historic Preservation Officer through the Historic Landmarks Commission will review applications on a first-come, first-served basis. Applications and grant program guidelines are available at www.astoria.or.us, go to Community Development Department, and select Projects, or from the Community Development Department, City Hall, 1095 Duane

Let's Get Physical VOCA 5K Run



**80'S 5K
ON THE RIVER**

THE HEALING Circle will be holding an 80's themed "Let's Get Physical" 5k on July 12, 2014. This event is open to all ages and skill levels, so whether you were born to run - or prefer to walk like an Egyptian - come on down for a totally bodacious time! The 5k begins at 10am at the Barbey Maritime Center (the old train station east of the Maritime Museum), and will continue along the River Walk. Boom-boxes will provide radical 80's jams, and outfits from the era are strongly encouraged. All proceeds from the 5k will help put on this year's VOCA camp, so you can get in shape for summer while supporting a great cause! To pre-register, or for more information, visit www.vocacamp.org, or call 503-325-2761.

20+ Vendors Come Together to Benefit Clatsop Animal Assistance August 9 at the Seaside Heart Bazaar from 10 AM to 5 PM in the Bob Chisolm Center

IF YOU need a diversion or a break from Beach Volleyball on Saturday, August 9th, stop in at the Bob Chisolm Community Center between 10am and 5pm. The Seaside Heart Bazaar will feature over twenty vendors selling hand-made crafts, jewelry, gift items, books from local authors and more. The center is located at 1225 "A" Street in Seaside, behind McDonald's.

Proceeds from the event benefit Clatsop Animal Assistance which is a non-profit organization dedicated to promoting and providing for the needs of the Clatsop County Animal Shelter's homeless pets.

Some of the vendors participating

include JamBerry Nails, Velata, Pure Romance, Younique, MIA Bath & Body, PartyLite, 420 Diner Books, Norwex, Tuvous Fashion, DoTerra Essential Oils, Clever Container, It Works!, Thirty-One Gifts, Scentsy, Origami Owl, Flannel John's Cookbooks for Guys and several more. A prize basket will also be raffled off to raise additional funds for CAA.

There are still a few spaces available if you're interested in participating. Booths cost \$25. For more information contact LisaMarie Costanzo in Astoria at lisamariecostanzo@gmail.com or call 859-382-4852 (cell).

2014 Regatta Pins On Sale

THE ASTORIA Regatta Association is pleased to announce that the official 2014 Regatta Pins are now on sale. These beautiful enameled pins with a Regatta Sailboat design offer many benefits. A number of downtown merchants will be offering discounts to customers who have or purchase 2014 pins. The pins cost \$10 and they will provide a \$10 discount on admission to the Regatta Admiral's Reception and a \$10 discount on the Boat Parade Reception.

Pins can be purchased at Astoria banks and credit unions and a variety of downtown retail stores.

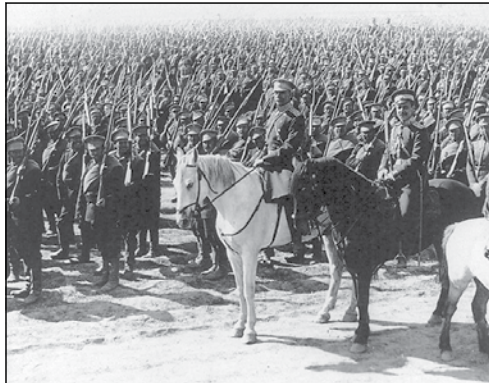
The Folly of Militarism

IT IS now close to a quarter century since the Soviet Union imploded and the US, awash in triumphalism, declared itself Superpower and took on the project of imposing a Pax Americana. Neoliberalism, the unregulated capitalism of the New World Order, pared back national sovereignty, and with it protective tariffs and environmental laws. "There is no alternative," crowed British Prime Minister Margaret Thatcher, as world trade agreements enabled a deregulated banking system to move capital freely about the world to gain the greatest return to fat shareholders. While creating super-rich oligarchs, who thrived on unhindered speculation, TINA, as Thatcher's phrase was abbreviated, did not create prosperity for world masses. On the contrary it created an unstable, boom and bust world economy, where poverty exploded as an ever wealthier elite gained free rein over labor and resources.

To enforce deregulated private investment, the US now provides its universal military presence. And as resources, under the aegis of untrammled exploitation, become ever scarcer, an augmented American military machine spreads its tentacles worldwide. We now have bases and fleets scattered across the globe and concentrated in trouble spots like the Middle East, where a declining supply of easy to obtain oil becomes ever more precious.

In the bipolar world of the forty-seven year Cold War, American administrations of both parties relied on negotiation rather than risk war and the possibility of nuclear annihilation. Presidents and secretaries of state negotiated important treaties with communist adversaries, the Soviet Union and China. They also relied heavily on diplomacy in perpetual trouble spots like the Middle East. One thinks of Nixon and Kissinger, who negotiated the first Strategic Arms Limitations Treaty with Moscow and whose diplomacy opened relations between the US and China, thus driving a wedge

between the two communist powers. That administration also signed the treaty with the USSR outlawing anti-ballistic missiles, thus assuring that neither power would seek first strike capacity by developing a missile defense system. But Superpower has abrogated the ABM Treaty, and surrounded a non-communist Russia with US-NATO missiles in her former client states aimed at Moscow and St. Petersburg, as well as ones



with supposed power to take out launched Russian missiles. Reagan was the first president to advocate missile defense, but he also was of a generation that believed diplomacy a far better option than war. Thus he negotiated a far reaching Intermediate Missile Reduction Treaty with Soviet leader, Mikhail Gorbachev. The last president to put together a meaningful diplomatic settlement in the Middle East was Jimmy Carter, who's 1979 Camp David Accords returned the Sinai Peninsula to Egypt in exchange for Egypt's recognition of Israel and peace between the two countries. Since that time we have seen little more than sanctions, bombings and war, mostly aimed at oil rich Iraq and Iran.

Despite the colossal aberration in Vietnam, which drew increasing political opposition, Cold War presidents understood the necessity of continuous diplomacy. And

most achieved a good deal diplomatically. John Kennedy, in his inaugural address said, "Let us never negotiate out of fear. But let us never fear to negotiate." Adroit diplomacy ended the Cuban Missile crisis, which threatened nuclear war. And six months afterwards, Kennedy and his Russian counterpart, Nikita Khrushchev had negotiated an Atmospheric Test Ban Treaty. Both Kennedy and his predecessor, Eisenhower, had attempted to tamp down the Cold War through summitry. Eisenhower's scheduled summit with Khrushchev at Vienna in 1960, however, was sabotaged by Allen Dulles's CIA, when over the president's objection, they conducted a final unnecessary U-2 spy flight over the Soviet Union, which crashed and torpedoed a conference that could have concluded an agreement on Berlin and other Cold War trouble spots.

While these postwar presidents, who had lived through the worst of world war, understood the value of diplomacy, their successors have not. Particularly since the demise of the Soviet Union, our presidents have more and more recklessly relied on military or economic coercion, whether through bombing, or troops on the ground, or crippling economic sanctions. Adroit diplomacy could have achieved far more than the now frequent and cruel wars, bombings and sanctions. The height of reckless adventurism came in the Second Iraq War, which Neocon ultra-militarists persuaded George W. Bush would create an imagined chain reaction that would supposedly democratize the Middle East. It did bring a chain reaction, one that now embroils Iraq and the entire region in bloody chaos. But undaunted Neocons insanely campaign for yet another Iraq invasion and more generalized Middle East War. Knowledgeable military officers have been largely critical of the new militarism, as they understand war as a last resort in defense of vital interests, rather than a means to recreate the world as plutocratic Disneyland.

by Stephen Berk



A Message from the Lower Columbia Gender Alliance Announces the Q or LGBTQ Resource Center

We have the good fortune and great allies at The Harbor who have graciously offered this group the opportunity to create a new LGBTQ resource center within their new facilities in Astoria. They have asked us to be part of their team, becoming trained individuals who will be able to provide peer assistance and support to people in need. We want your help in making this new queer space within The Harbor a reality where all are can feel safe and welcome.

We have agreed to start with a steering committee and seek knowledgeable and community oriented people within the LGBTQ community to help craft a vision and articulate the needs of our region's populace. We will have an office and meeting space for peer support groups. Anyone can contribute their ideas and we invite you to do so but, a small working group is needed to distill the ideas into a realistic plan. What is needed in our community and who do you recommend be part of this effort? How about you? Please send us your ideas and contact info (phone #). We are considering a facebook site for outreach and a future fun event for a social gathering.

Please share this message widely.

What do you think? Let us know please and we will follow up with you.

CONTACT: Jeralyn Dee O'Brien

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7/4: The Holiday Friends

7/5, 7/6: The Brazillionaires

7/7, 7/8, 7/9: Luke & Kati w/Special Guests

7/10, 7/11: Bradford Loomis

7/12, 7/13: McDougall

7/14, 7/15, 7/16: Allison Preisinger

7/17, 7/18: Denver

7/19, 7/20: Secretary

7/21, 7/22, 7/23: Tony Furtado & Stephanie Schneiderman

7/24, 7/25: Sneakin' Out

7/26, 7/27: Blake Noble

7/28, 7/29, 7/30: Lotte Kester & Kevin Long

7/31, 8/1: Dave McGraw & Mandy Fer

Show times are 9pm to 11pm on Fridays and Saturdays, 8pm to 10pm on weeknights (including Sundays). For more information please contact Ezra Holbrook at ezraholbrook@gmail.com or (503) 888-0675.

For the Love of Life and Loss

An Evening Dedicated to
Honoring the Preciousness
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Music Story-Telling Spoken Word

Death is a profoundly individual and universal fact of life. It is both known and rediscovered as it touches our lives with each person we are forced to say goodbye to. Whether it is expected or shocking, there is always a before and an after. After you lose someone close to you it is as if you in an instant understand something you knew only intellectually before. Life is finite. I am going to die. Everyone I know is going to die. Even the earth itself is going to die someday.



This community event will be an opportunity to share experiences processing one's own mortality as well as sharing stories and music inspired by people we have lost. The first half of the event will be curated and the second half will be open to those inspired to present at the event. Presentations will be limited to a maximum of five minutes each.

July 18th
HOST: TALLIE SPILLER

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"Dance is Democratic"

Democrat Dance Party at KALA July 12 get yo' democratic sweat on!!!



ASTORIA HOSTS the Democratic Party of Oregon 3rd Quarter Meeting. Over 200 delegates, officers, and caucus members will arrive in Astoria over the weekend of July 12 and 13 for the organization's third quarter business meeting. Meetings will be held at various locations at Clatsop Community College. Saturday afternoon will be devoted to training sessions. On Saturday evening a Summer BBQ Dinner will be held at Astoria's historic Elks Lodge which is open to everyone.

The evening will feature a raffle and guest speakers, with special featured guest, Oregon Speaker of the House Tina Kotek.

FOLLOWING THE ELKS BBQ, KALA WELCOMES DEMOCRATIC ATTENDEES AT THE DANCE DEMOCRACY EVENT. This is a community-wide dance event, all are invited. 2014 Astoria Mayoral Candidate Larry Taylor speaks to the audience on his campaign and Vision

for Democracy for the City of Astoria. Attendees can also pick up a "Take Back Your County" brochure, info on Taylor's "get involved" election plans, and an online voter registration booth will help make sure you as a voter are ready for the next election.

Hipfish publisher Dinah Urell will DJ the night, as KALA transforms to dance club, mixing old disco, nudisco, dance faves and just good strong dance beats. "Dance is a highly democratic activity," says Urell, "dancers allow conscientious space for one another, in the pursuit of the freedom of self-expression. American Disco was founded on democracy too – in the underground spaces of New York in the late 60's, when turntable mixing was in its raw form, black, white, gay and straight danced together in community. We hope to activate folks into a really good self-expressive, get-down, democratic sweat."

Sunday morning will be com-

mittee and caucus meetings. Caucus meetings are open to everyone, and are an excellent way to participate in the activities of the Democratic Party. Caucuses include issues on labor, Latino, Healthcare, LGBT, Rural, College Democrats, Gun Owners, Environmental, Elections Integrity, Education, and the Black Caucus.

The main business meeting will be on Sunday afternoon at the Performing Arts Center. The main agenda topic will be discussions and possible endorsement of the 2014 ballot measures.

Tickets to the July 12 BBQ Dinner can be obtained in advance at ClatsopDemocrats.org. The dinner begins at 6:30 pm. More details for the weekend can be found at: www.DPO.org. **DEMOCRAT DANCE follows the Astoria Art Walk, \$5 cover, Full Bar, 21+ please. 9pm to Midnight. KALA is located at 1017 Marine Drive in Astoria.**



Oregon Speaker of the House Tina Kotek, is guest speaker at the Democrat Summer BBQ.

Tina Kotek represents District 44 in North and Northeast Portland. She quickly moved up in the House leadership upon her arrival in Salem and is one of Oregon's most exciting emerging leaders. In the 2013 session, Speaker Kotek made education and economic development her priorities. She led the effort to make a historic \$6.75 billion re-investment in public education, working to rehire teachers, bring down class sizes, and add school days. She also oversaw a number of efforts to speed the economic recovery, help more Oregon students access a higher education, and strengthen opportunities for Oregon's middle class families. Ms. Kotek is also a strong supporter of labor unions.



Astoria Mayoral Candidate Larry Taylor Speaks • At KALA

Larry Taylor has announced his candidacy for Astoria Mayor in the November 2014 general election. "I am excited at the prospect of applying my background in financial and organizational management to Astoria" says Taylor.

Taylor has proposed an ambitious agenda to follow should he be elected. In addition to focusing on jobs and fiscal discipline, he will work to eliminate domestic violence and child abuse, move DUII prosecutions to the county court, and promote education.

A native born Oregonian, Taylor moved from Portland to Astoria in 2000. He has led several organizations, holding the role of President of The River Theater and Astoria Visual Arts. He co-founded the Astoria Music Festival in 2003, and with Margaret Thierry, co-founded the Astoria Fiber Arts Academy in 2009. Taylor also chaired The Rural Organizing Project (ROP), a networking organization, based in Scappoose, that works to support rural grassroots action groups across the state of Oregon. In addition he was involved with

a local group affiliated with ROP, Columbia Pacific Alliance for Social Justice.

His education includes a Bachelor's Degree in Computer Science from the University of California, Irvine, and a Master's Degree in Architecture and Urban Design from the University of California, Los Angeles. His thesis advisor was the eminent architect Charles Moore, who promoted the concept of "a sense of place", a quality which Astoria is attempting to maintain.

He is currently restoring his 1912 residence on Irving Avenue to its original appearance based on the architectural drawings by Emil Schacht.

His web site is www.ElectLarryTaylor.com. Residents can sign up for upcoming summits that Taylor will lead thru the summer, as well as submit ideas for improving Astoria. He can be emailed at LarryTaylorForMayor@gmail.com, and can be followed on Facebook and Twitter.

Twitter account is [LTaylor_Astoria](https://twitter.com/LTaylor_Astoria), and Facebook is [Elect Larry Taylor – Astoria Mayor](https://www.facebook.com/ElectLarryTaylor).

WEED WARS

Eat Baby Salmon... and Die

BY BOB
GOLDBERG

The Cormorant's fate on East Sand Island



HERE YE, here ye! The U.S. Army Corps of Engineers, Portland District is seeking public comment on the *Double-Crested Cormorant Management Plan to Reduce Predation of Juvenile Salmonids in the Columbia River Estuary Draft Environmental Impact Statement (DEIS)*.

According to the website, the cormorant colony population on East Sand Island needs to be reduced by 56 percent, to about 5,600 nesting pairs. Why? Because they eat baby salmon. Millions of them.

The alternatives considered in the DEIS include: no action; dispersing ~7,250 breeding pairs off East Sand Island by reducing habitat for nesting, hazing and egg takes; culling (i.e. shooting) the same amount of breeding pairs in addition to dispersal; and finally, culling with complete exclusion from East Sand Island. (And yes, you're right, all this has been tried before with sea lions, Caspian terns, and of course, cormorants.)

If you're a double-crested cormorant living on East Sand Island, maybe it's time to think about moving, maybe a few thousand miles east, let's say. Because we humans are just not willing to share the salmon with you.

But maybe you won't be safe anywhere you go.

Oh yes, you can hunt cormorants in several states. Hunts in Indiana, Michigan, Minnesota, New York, Ohio, Vermont and Wisconsin combined killed 21,312 cormorants in 2013, according to the U.S. Fish and Wildlife Service. Oregon recently joined 28 other states authorized to kill cormorants to protect public resources, such as game fish.

Has it always been this way? Well, in a word, no, but it seems as if our friend the double-crested cormorant (*Phalacrocorax auritus*) hasn't exactly had an easy time of it since Europeans landed in America. The following is excerpted from an article entitled *To Kill A Cormorant* by Richard J. King in *Natural History* magazine:

As with most animal species, the population history of double-crested cormorants

in North America has been shaped by human activity. Native Americans on both coasts ate cormorants and their eggs. Early European settlers didn't seem to eat much cormorant, but they did use the bird's meat for fish bait. By the nineteenth century, most seabird populations in New England and Nova Scotia had plummeted. Settlement and industry had encroached on island nesting areas. People gathered eggs for food, and shot all kinds of seabirds for meat, hat feathers, sport, and to keep them from eating marketable fish. Men pegged cormorants, specifically, as fish stealers. By the 1830s, cormorants no longer bred anywhere in New England.

Cormorant populations made a brief recovery during the first half of the twentieth century as people moved off islands to seek better opportunities and built new seabird habitat—in the form of reservoirs, dock pilings, and bridges. But as cormorant numbers increased, so, again, did their persecution.

DDT and other egg-thinning pesticides, introduced after World War II, intensified the devastation, and over the next two decades cormorant populations sharply declined again continent-wide. By 1969, the largest colony ever recorded in North America—perhaps a quarter million breeding pairs on an island off Baja California—had fallen to just 5,000 pairs.

Then came 1972, one of the few good years in recent cormorant history. Lawmakers banned the use of DDT, and Congress signed a revised Migratory Bird Treaty Act that put cormorants under federal protection.

Cormorant populations have since rebounded, thanks in part to conservation measures and to people's inadvertent

creation of ideal cormorant habitat near ample food supplies (like East Sand Island). (I especially like King's conclusion below.)

People, not seabirds, have done the real damage to the fisheries and ecosystems of the coasts and the Great Lakes, through overfishing, introduced species, and pollution. The money spent trying to manage cormorants—which taxpayers will need to cough up indefinitely, unless we wipe the birds out forever—could be much better spent to reduce coastal pollution; to secure conservation land and marine preserves; and to help aquaculture producers develop new bird-smart practices and fishermen develop sustainable fisheries.

The draft EIS is available on the Corps website at: www.nwp.usace.army.mil/Missions/Currentprojects/CormorantEIS. Email the Corps at cormorant-eis@usace.army.mil to request a paper copy. (Maybe a fifth alternative should be added—cull the humans. OK, maybe just haze them away from the estuary.)

Public Comment and Public Meeting • July 24

Get those comments in to Sondra Ruckwardt at cormorant-eis@usace.army.mil or U.S. Army Corps of Engineer District, Portland, Attn: CENWP-PM-E / Double-crested Cormorant draft EIS, P.O. Box 2946, Portland, OR 97208-2946 by August 4.

Or you can attend a public meeting at the Best Western Lincoln Inn in Astoria on July 24th from 3-6 pm. Oh, and don't forget the public notice number (CENWP-PM-E-14-08), title and date in your comments.



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This Way Out is sponsored in part by *Qfolk/Hipfish*.



KMUN 91.9 ASTORIA
KCPB 90.9 WARRENTON
KTCB 89.5 TILLAMOOK

Lower Columbia Preservation Society's Annual Garden Tour • July 12

THE LOWER Columbia Preservation Society's annual garden tour will take place Saturday, July 12. The self-guided tour of seven gardens is from 10am to 3pm. Tickets to the tour as well as raffle tickets can be purchased on the day of the tour at 17th Street and Grand Avenue in Astoria, from 9:30am to 1pm. Admission is \$15.00 for nonmembers and \$10.00 for LCPS members. For more information call 503-325-3245.

535 Harrison Street Eric and Britta Noguerra

Regaled by the neighbor's glorious overgrown rose bush, this original 1884 Italianate remains loyal to its standing as one of the older homes in the area. Old rhododendrons dot the grounds and a splendid hedge of holly defines the eastern border. Dahlias, fuschias, and blueberries lead to the buoy tree within the rear laurel hedge. The steep, shady incline along the west is a riot of native ferns, salal, foxglove, clover, periwinkle and mosses.

755 Florence Avenue John and Katrina Ivanoff

Gargoyle Benedict crouches among the Hebe, Pieris and wallflower by the front porch of this 1922 south slope gem. Hardy Clematis montana 'Rubens' provides fragrant pink flowers. A tuna tray holds luscious Alaskan peas, carrots and baby potatoes. Raspberries, blueberries, grapes, strawberries, rhubarb, apples, currants, figs all grow happily in this art-filled sunny garden. Yew trees are encouraged to reach for each other and house sparrows occupy fun condos along a rear fence.

1691 Irving Avenue Paul Williamson and Pam Garner, garden creators; Bob and Michele Barr, new owners

This lovely streetscape of this 1904 Queen Anne-embellished gem features Liberty apple, blueberries and smoke tree. Unique gate created by Paul from antique Asian doors leads to a luscious food-focused garden including Liberty and Akane apple, raspberries, grapes, herbs, and vegetables around a perfect chicken coop and inviting stone patio. Non-invasive Moso timber bamboo, serving as the rear fence, can grow to 80 feet and is used here for garden stakes.

Clementine's B&B 847 Exchange Street Judith Markham, proprietor

An historic rusticated stone wall anchoring the lovely 1888 Italianate overflows with thriving roses, smoke trees and shameless Campanula. The corner house dates from 1852 and may be the oldest building in town. Sitting areas with firepit and chiminea are tucked in amongst the lilacs, clematis, poppies, geraniums, peonies, fuschias, violets, hydrangeas and very old rhododendrons. An enormous Japanese maple front and center shades a beautiful old brick path and verdant patio.

358 Exchange St. (Rear service address accessed from Franklin at 4th) Carol and Larry Thomas of Edgewater Landscape Construction, Inc.

Carol and Larry have realized their long-lived dream of blending these garden components: raised beds filled with premium blend-



ed soil, automatic drip irrigation, drainage system, weed-free mulched paths, greenhouse, chickens, rabbits and sitting areas to enjoy their view. A deer fence protects the garden, keeping peace with native wildlife. Their first growing season is proving to be inspiringly productive.

3486 Grand Avenue Bennett and Trish Garner Glorious Plant Varieties and Views

Unusual textures and colors abound year-round in this easy maintenance design with pebbled paths and eye-catching foliage and flowers. Look for purple Teucrium germander by the front door, Cimicifuga simplex, tall and black, Canna lilies on the circular path, Parrotia persica tree and lilacs by the driveway. A wind-sheltered seating corner features remarkable heathers. Vegetables are grown on the warm west side. An original 1920's Craftsman forms the core of this wonderful home.

808 9th Street Mark Brown and Dennis Stichman

Recent foundation and driveway upgrades include rock retaining walls and graceful steps to this elegant 1904 Craftsman. A natural park-like inspiration is based on existing native plants: salal, thimbleberry, salmonberry, maple, alder and cedar, and the wild northern lot of the property. Three types of bamboo serve as screens; apple and Indian plum trees provide fruit; and fanciful varieties of heather anchor the western hillside. A row of lavender to discourage deer underlines a lovely slope of succulents.

SAVE THE DATE – JULY 16 Tour Gnat Creek

The North Coast Watershed Association hosts a bus/van tour of Gnat Creek July 16th from 8.30 – 1 pm, lunch included. Seating is limited, please RSVP by July 12. The tour will focus on Gnat Creek in the Nicolai-Wickiup watershed. It will start at its convergence with the Columbia River and continue upstream. The tour will be facilitated by NCWA coordinator Jesse Jones. Jim Bergeron, Nicolai-Wickiup Watershed Council member and Matt Van Ess, CREST staff, will each lead discussions illustrating points of interest and how they interact with the Gnat Creek landscape including tidegates, floodplain restoration, partners for habitat restoration funding, historic wild fish, floodplain farms, hatcheries, net pens and the Nicolai-Wickiup watershed council work plan. Along the way, visit with local residents who will speak about their experiences with Gnat Creek.

This is the first in a series of yearly tours designed to introduce whole systems of a river and its restoration and/or alteration projects, at one time. The tours will be available via a photo-documentary on website within a few days after the tour. Rivershed 2 will be decided upon via a survey on our website and will happen summer 2015.

To reserve or for more info email NCWA Director, Jesse Jones: jjones@columbiaestuary.org



Aallotar performs at FinnAm Fest Transatlantic Collaboration

Aallotar is a freshly minted transatlantic collaboration between violinist Sara Pajunen (Minnesota) and accordionist Teija Niku (Finland). The ensemble is founded on the common musical ground the women share, but also revels in the cultural differences born when a lineage is separated by an ocean and the passage of time. Aallotar's music, to be released on their March 2014 debut album, has been described as "exquisite, sophisticated chamber folk music."

The name Aallotar comes from a character from Finland's national epic "Kalevala." A daughter of the waves, her name has graced the hulls of Finnish ships for centuries – ships that separated the ancestors of Aallotar's members: Teija Niku and Sara Pajunen. One hundred years ago, their families lived within hours of each other in the western regions of Finland, speaking the same language, playing the same music, eating and drinking the same culture. Then the immigration of hundreds of thousands of Finns from 1870-1930 found Pajunen's ancestors relocating to Northern Minnesota, while Niku's family remained in Finland. Now, in the 21st century, they revisit earlier days of Finnish folk music – but with an ocean and a century of musical influence between them.

Both accordionist Teija Niku and violinist Sara Pajunen began performing Finnish folk music at an early age. Niku, from Haapavesi, Finland, plays the same 2-row accordion on which she explored Finnish polka repertoire as a child – an instrument that twice won her the Finnish Folk Championship. As an adult, Niku has earned a master's degree in folk music from the Sibelius Academy and won the respected Konsta Jylha competition with her band Grupa Balkan. Her album "Finsko Pajdusko" has been nominated Ethno Album of the Year in Finland's version of the Grammys. Pajunen, one 'of the most ambitious and notable practitioners of Finnish folk music outside of Finland,' traveled to Finland from her native Hibbing, Minnesota every four years as a child to perform. After receiving classical music degrees both in Minneapolis and Helsinki, she returned to explore the folk music that is both her personal and ancestral past. She has founded two touring ensembles based on her Finnish roots: Kaivama and Tango Pohjan Tähdet. Her recorded compatibility with (mentor/colleague/Finnish fiddler) Arto Järvelä "is superb...the most genuine Finnish music ever recorded in the U.S." Finland's Pelimanni magazine, published by the Folk Music Institute, described the sound as "two violins fly(ing) like the fragrance of a summer's morning."

Aallotar's physical and cultural separations allow a unique probing of both traditional and personal music. Singing in both English and Finnish, Teija and Sara pay tribute to their respective cultures, which - although they pulsate with many of the same values and energy of 100 years ago - have grown apart. The music of Aallotar is an exploration of those differences, with the intent to create new harmonies that bridge the expanses which water has filled. See Schedule pg 13

SHARING THE STAGE:

By Robin Baciorek

Hook & Anchor Works As A Whole Self-titled debut out July 22



Hook & Anchor. (from left) Ryan Dobrowski, Katie Claborn, Luke Ydstie, Gabrielle Macrae, & Erik Clampitt.

BALANCE IS key. It can be an incredibly hard, nearly impossible thing to attain, but when you have it you know it. Take Hook & Anchor - the term itself - a hook to explore and grasp at the unknown, and an anchor to stabilize and ground the movement. Now take Hook & Anchor - the Portland-via-Astoria band, named after the components of a good song - a hook to catch the listener's attention, and an anchor of a good basic song structure to keep the ear pleased. The still fairly new five-piece is on the verge of releasing their first self-titled record on July 22 through Jealous Butcher Records/Woodphone records, but just recently played an early album release show at Portland's Mississippi Studios to a sold-out house.

Things feel like they're happening swiftly for this group, and they are, but this whole process really began five years ago, when musician Kati Claborn started writing all this material while consistently touring with Portland's Blind Pilot (also Astorians). As time passed, she slowly accumulated a stack of songs. This process went on until last February, when Claborn's long-time friend and musical collaborator Erik Clampitt suggested they make something of those tunes. Clampitt hosts a Portland showcase at the San Francisco Old-time and Bluegrass Festival every year and asked Claborn to come down,

"He came to me and said 'Hey I know you have all those songs, why don't we put something together?'," Claborn said.

Claborn gathered musicians and booked a tour down the coast and made her way to the bay area. The songs received a lot of positive response along the way and at the festival. From there, Hook & Anchor was born.

"That's when we realized we wanted to continue on with it," Claborn said.

The band became Claborn, Clampitt, Luke Ydstie and Ryan Dobrowski of Blind Pilot, as well as old-time extraordinaire Gabrielle Macrae. Immediately one of the major strengths of this band is its flexibility and interchangeable roles. Although Claborn is spearheading the project, it's a group effort.

"It's really communal, and as the band goes along more and more people bring in new songs, although the project is a majority my songs right now," Claborn said. "I'm assuming it'll be more of a communal distribution in the future, but everybody has spent more time as side people than as leads and as harmony singers so all those parts come together really easily."

Half the band had been working as a Blind Pilot unit for the last five years. The transition into a new band setting has been easy. Rather than stunt them by keeping them in specific well-worn roles, their personal

connection has been a strong base to work from, and kept the project fluid.

"You spend so much time together, we're all really close friends so it just seems like we're playing with friends," Claborn said. "We still I think relate to each other the same way we do in Blind Pilot, or that we do just in our friendship."

The amalgamation of these friendships and various musical styles and background results in a sound both versatile and well-worn. A strong Americana vein runs through the songs with that signature dark breezy pedal steel sound, along with Claborn's countryesque, polished alto vocals. The song's five year span can be felt through the album's different moods; that deep country groove exhibited on "Hazel Dell", a folk-pop feel on the album's intro "Famously Easy", a bluegrass swiftness on "Wild Wind", or that full-hearted emotional harmony style of gospel on "Hammer". With all that versatility comes a host of instruments - violin, ukulele, banjo, piano and drums - all somehow blending into a complimentary tone. The sense of their live show is easily felt through these tracks. The group tried to record the album as much as possible gathered together in the same room to pick up a natural harmony that transpires through the recording. The one invariable feeling that stands out is that this record is a group effort, that the whole band is present in the sound.

"I don't want to put any ideas in peoples' heads, I like the idea of letting the music speak for itself."

For the moment, the band just wrapped up a few shows in the Northwest and for the most part is still in its infancy. The band's future remains open and without pressure. Everyone has separate projects, but for this one they're keeping it as easy as it began.

"We're just naturally letting it happen, getting it out there and seeing how people respond to it. I don't think any of us are putting expectations on it, but we want to put it out in the world and see what people think."

HOOK & ANCHOR



Hook & Anchor's self-titled debut spearheaded by Katie Claborn, runs a strong Americana vein.

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The Man Behind the Hurling Popcorn Shanghaied Director Nate Bucholz



YOU'VE HEARD it once, you've heard it 1000 times: *Shanghaied* in Astoria. This truly Astorian tradition has had its place in the hearts and minds of locals and tourists alike for 30 years. Yes, this summer is *Shanghaied*'s 30th year on the stage making it the oldest running show on the north coast. This month we've sat down with the man behind the scenes, Nate Bucholz. Bucholz grew up in Central Oregon where he attended High School at Redmond High. He moved to the coast in 1986, and was soon "*Shanghaied*" into the Opry Company where he has become a familiar face. This is Nate's third year as director of *Shanghaied* in Astoria, and Bucholz' flair for theater direction keeps the physical comedy flying. If you haven't yet had the pleasure of being *Shanghaied*, or even if you have, allow yourself the opportunity to experience it all this summer!

Sofie Kline: What is your background in the theatre and as a director?

Nate Bucholz: Well I've been doing community theatre all my life really. It's all been pretty much community theatre involved, and I didn't start directing until *Shanghaied* in Astoria back in '97. I did the show several times and someone said give directing a try Nate, and so I did.

SK: So you directed *Shanghaied* in 1997?

NB: Yeah, '97 to '98 and then I moved to Florida for ten years and then moved back so I could direct some more.

SK: So who did you play in *Shanghaied*?

NB: Yakko. He's my favorite character.

SK: So have you been in *Shanghaied* since you've returned or have you just directed?

NB: In 2011 I assistant directed and did a weekend of Yakko. I haven't been on the stage in *Shanghaied* since but I've done all the other melodrama's, the Lewis and Clark and the Scrooged.

SK: There have been many directors of *Shanghaied*, how do you feel that your direction differs from the others?

NB: Well it's like baking a cake; everyone has his or her own recipe. So I can't say it's better or worse than anyone else. I've worked with Karen Bain and I like to use some of her stuff and Del Corbet and Debbie Centron and there have been some other directors, I kind of steal a little piece of everything. And that helps put it together because there isn't as many ways to do the show or have a character come out, as there is to bake a cake. Everyone is different but always comes out good in the end. That's what I like to believe anyway.

S: Do you feel you have some freedom as a director? I know *Shanghaied* is a traditional story, you can't really change it that much but do you feel like you have your own personal ideas come through?

N: I'm glad you asked that question. Doing *Shanghaied* now, with it being a 10 week run, you have to double cast and sometimes triple cast. A lot of time I deal with the actors saying well that's not how so and so does it, their counterpart in the role. I like to encourage the actors to take the character and do their own thing. I don't need carbon copies of everything up there, that would be too easy and I don't think they'd have as much fun. I could pick anyone any night and I'd be satisfied. I like to encourage that with all the actors on the stage. It comes together well, it's magic.

SK: Is there anything you would like to see develop or change now that the show has been up for 30 years? Where do you see it going?

NB: I think *Shanghaied* is always going to be that traditional summer show. They've got the Lewis and Clark melodrama, and I'd like to seem them change it out every other weekend. That way people could have a variety of things to watch during the summer. It would take some work but I think it could be done.

SK: If you had 3 minutes to explain *Shanghaied* to someone who knew nothing about it, how would you describe it?

NB: Well first I'd take them back and say "Boris and Natasha off the Bullwinkle" It's that sort of thing, Boris and Natasha being the villains, Dudley Do-Right being the Eric Olsen character. You throw that melodrama into the old *Shanghaied* story and with the Finn culture it all comes together well. You just have to come and see it and trust that it's a good time.

SK: What is your background in the community theatre?

NB: I was involved with the community theatre in the cascades in Bend and did a few shows over there. When I moved over here, the first year they had the Lewis and Clark historical pageant down in Seaside and I got involved in that. We would come up as a group to see *Shanghaied*, it was there fourth season then in the old hotel. I was just starting to get my feet wet with the Seaside community theatre and I saw what the Opry Company was doing and had a good time watching the show. I talked to the director at the time, which was Del Corbett, and he said well you've got to come up and join us. So I moved to Astoria and got involved. The college had a program then too and I did pretty much every show that came along for a while.

SK: What do you feel you gain from directing? What is your reward as a director vs. being an actor?

NB: I get to sit in the back and watch everybody have a blast every night. That's it's own reward for me because I don't create that. I guide these people into having a lot of fun, and entertaining the audience. I tell them for rehearsals "You know it's not like we are doing fifth grade theatre here, these people are paying good money for their seats." And when they get up there and experience those laughs or that first standing ovation, wow. There is just nothing like it. I don't like to take a lot

theatreroids

Q&A w/SOFIE Kline

of recognition I just like to sit in the back. The applause and all that stuff, it sounds cheesy, but that's really worth it for me, because I helped create that.

SK: Do you feel that from the first year you directed *Shanghaied* since your return to now there has been growth?

NB: Yeah. When I directed from '97 to '98, I noticed some of the ideas I put fourth then were still in the show after being gone for ten years. Every year I try to think of something fresh and new to throw in there. Especially for the audience so they can come back and see how the show has grown. They have to pay attention to what's evolved, what's changed. A person can go see the Rocky Horror Picture Show and your going to get the same show every time. Well you come see *Shanghaied* and you get the same show but different emphasis, elements, or actors can change it.

SK: Do you think you'll direct next year?

NB: If they let me. It's always open. I'd like to I guess. Last summer I really wanted to do it because it's the 30th year this year. And I wanted to be a part of that, it's a part of my summer routine my summer vacation as it were.

SK: Is there anything you'd like to see develop within the Astor St Opry Company or within the theatre community in Astoria in the next 5 years?

NB: This venue here, it's getting better. The Opry Company is buying the building and working out the all the kinks to try and have as many theatre projects as they can. I'd like to see different theatre projects, like "One Flew Over the Cuckoo's Nest". That had a lot of good response and brought out a lot of actors that wouldn't do a mellow drama show because it's not their style. I'd like to see more shows like that come into this venue. I'd like to see more local actors get involved too. With some of them the whole mellow drama thing is not their deal, so they will go to Cannon Beach to get their theatre fix. There is nothing wrong with that but I'd like to see them play with us too.

SK: Good point. *Shanghaied* has been around for so long, a lot of people have opinions. What would you say to someone who wouldn't come see a mellow drama? Do you have some kind of enlightenment for them?

NB: The first thing that comes to my mind is don't knock it 'till you try it. I know a lot of theatre people who haven't done *Shanghaied*, and I think they ought to try it sometime because it's a blast. It is an actor's show. It's a great ole' time. If you're into that real blood and guts emotional type theatre then it's not the show, but I think everyone should try it. Just to round out their resume so to speak.

SK: What about audience members, not just actors, people in the community that maybe look the other way to *Shanghaied*?

NB: Again, don't knock 'till you try it. It's hard to get some people in here but word of mouth pretty much carries the show and it has for years. There are people who have seen it 15, 20 times and they still think it's the best show they've ever seen. Weather that's true or not, it is to them. And there are people who it's just not their thing and that's fine. But like I say, just give it a try because you don't know what your missing.

SK: My final question for you, is the magic of Astoria real?

NB: Definitely. I see it in the actor's every night. They come down here and they work so hard to get the audience response. Every audience responds different and once you realize that you just do your best, leave it all out on the stage, smile at the end, and come back the next night. The magic of *Shanghaied* is real.

17th Biennial Finnish American Folk Festival • Naselle Heritage Days • July 25 - 27



THE THEME for the 17th biennial Finnish American Folk Festival reflects the history of the small community Naselle, in Pacific County, Washington. Mainly settled by immigrants from Kaustinen, Finland, starting in the late 1800s, "Nasel" is the original spelling of this nonincorporated area.

The FREE festival is held at the Naselle-Grays River Valley school complex located at the junction of SR4 and SR 401. Enjoy performance, cultural presentations, sports events and games, the TORI (market place in Finnish) featuring arts and crafts, food vendors, and public dancing. Whether you are of Finnish heri-



Andrew Nestigen, from the University of Washington Finnish Studies Program, has titled his talk "The Mystery of the Finnish Tango in Aki Kaurismäki's Films." He will include film clips in his presentation.

tage or not, the family-oriented FinnAm Fest is a wonderful opportunity to learn of Finnish-American culture and history.

Exhibits include: photography, arts & crafts, art & flowers,

quilts, Finnish war memorabilia, a museum, a Viking ship, genealogy, a Finnabago, logging, and Wahkiakum County Historical Society. New this year is a room dedicated to the Sami, the indigenous people of Sapmi located above the Arctic Circle in Norway, Sweden, Finland, and Russia.

A "soft" start to the festival will occur on FRIDAY, JULY 25TH, at 12:30pm with the National Anthem and the Maypole Dancers. Later that evening, between 6:30 and 8:30 pm, performances by Lisa Bighill, the Naselle Kanteles, the Willapa Hills group, and the Naselle Finnish-American Choir will take place in the Naselle-

Grays River Valley School Commons.

ON SATURDAY, JULY 26TH, the main opening of the festival will begin at 10am in the stadium, but catch a traditional pannukakku breakfast first. Following welcoming comments by festival president, Mike Swanson, the traditional raising of the flags of the U.S. and Finland will, for the first time, also

include raising the flag of the Sami people. The Maypole Dancers will perform again followed by a discussion of the experiences of "first generation" Finnish-Americans. At the close of the open-

ing ceremony, stadium performances will occur between 11:30am to 4pm that include the Naselle Marimba Band, Carl Wirkkala and the Ghost Town Boys, the final performance of the Maypole Dancers, songs by Gene Quillhaugh, music by Folk Voice, music and song by Acustica World Music, dancing by the Astoria Scandinavian Dancers, and music and song by Allotar.

Early afternoon performances will also take place inside the school in the commons area between 1:15 to 4 pm. These performances are scheduled to include: the Astoria Scandinavian Dancers, music on

cello by Dale Bradley, the Naselle Kanteles, songs by Lois Bighill, dancing by the Katrilli Dancers, and music on the kantele and harp by Valerie Blessley.

Evening performances will be-



A new tradition at FinnAm Fest, The Sami Flag is raised along with the Finnish and American Flags. New this year is an exhibition room dedicated to the Sami, indigenous peoples of Sapmi located above the Arctic Circle in Norway, Sweden, Finland, and Russia.

gin at 6pm featuring songs by As a Sparrow, music by Folk Voice, music and songs by Dolores Villa Real from Acustica World Music, music and songs by Aallotar, and songs by the Naselle Finnish-American Choir. Following the conclusion of performances there will be a raffle. At the conclusion of the raffle, there will be a dance with music provided by the Smiling Scandinavian Dance Band.

Even though there will not be individuals or groups performing during the day on Friday, there will be many presentations

to choose from. Youth can learn some basics of the Finnish language with Haleigh See and her grandmother Rose See at 10am. While the children are busy, parents and other adults can learn about Finnish log construction from Frank Eld of the Long Valley Preservation Society located in Idaho. Carolyn Caines, novelist and poet from Cowlitz County, WA, will talk about her Finnish grandparents' history of settling there. She will include some of her poetry and will welcome questions about writing family history. Wayne Beals will talk about the Civil War in Finland and Finland's role in World War II. Andrew Nestigen, from the University of Washington Finnish Studies Program, has titled his talk "The Mystery of the Finnish Tango in Aki Kaurismäki's Films." He will include film clips in his presentation. A favorite of past festivals is Irene Martin. This time she will be speaking about women of Lower Columbia Pioneer Communities.

Saturday's Cultural Programming starts at 11:30 am. Bryan Penttila will do two presentations on local history. Helen Pitkanen of Astoria will teach beginning Finnish for adults. Greg Wirkkala will show logging films of his uncle, Ben Wirkkala, while Frank Eld will talk about the Finns who settled in Delaware in 1636. Merle Reinikka and Don Raistakka will talk about the Seal River, Rosburg, Grays River, and Eden Valley Finns. Haleigh See spent time studying in Turku, Finland, from January to June, 2013. She will talk about her experiences at the university and her travels throughout Finland.

Sunday winds down with a community wide Worship Service/ Closing Ceremony followed by pulla (cardamom bread) and coffee. Note that the exhibits, food vendors, and Tori will not be open that day.



FINNAM FEST PERFORMANCE SCHEDULE

July 25th – Friday

12:30-1:00pm in Courtyard – National Anthem, Maypole Dancers

In School Commons Area:

6:30-6:40pm – Songs by Lisa Bighill

6:45-7:15pm – Naselle Kanteles

7:15-7:40pm – Music and Song by Willapa Hills

7:50-8:30pm – Finnish-American Choir

July 26th – Saturday

Main Opening 10 – 11:25 am in Stadium:

Welcome – Mike Swanson

National Anthems – Raising of the Flags (U.S., Finland, Sami)

Maypole Dancers

Comments by First Generation Finns

In Stadium:

11:30am-12:15pm – Naselle Marimba Band

12:15pm-1:15pm – Carl Wirkkala and the Ghost Town Boys

1:15-1:30pm – Maypole Dancers

1:30-2pm – Songs by Gene Quillhaugh

2-2:15pm – Music by Folk Voice

2:15-2:45pm – Music and Song by Acustica World Music

2:50-3:20pm – Astoria Scandinavian Dancers

3:30-4:00pm – Music and Songs by Aallotar

In School Commons Area:

1:15-1:45pm – Astoria Scandinavian Dancers

1:45-2:05pm – Cello Music by Dale Bradley

2:10-2:40pm – Naselle Kanteles

2:45-2:55pm – Songs by Lois Bighill

3:00-3:30pm – Katrilli Dancers

3:30-4pm – Kantele and Harp by Valerie Blessley

6-6:30pm – Songs by As A Sparrow

6:30-6:45pm – Music by Folk Voice

6:45-7:05pm – Music and Song by Dolores Villa Real from Acustica World Music

7:05-7:25pm – Music and Songs by Aallotar

7:30-8pm – Finnish American Choir

Raffle

8:25-10:25pm – Smiling Scandinavians Dance Band

CULTURAL PROGRAMMING SERIES

Friday, July 25, 2014

10:00-11:10 – Room 201 – Frank Eld – "Finnish Log Construction-The Art"

10:00-11:10 – Room 203 – Haleigh See – "Beginning Finnish for Youth"

12:30-1:40 – Room 201 – Carolyn Caines – "My Finnish-American Family-An Ellis Island Story"

12:30-1:40 – Room 203 – Andrew Nestigen – "The Mystery of the Finnish Tango in Aki Kaurismäki's Films"

1:45-2:55 – Room 201 – Wayne Beals – "The Finnish Civil War and Finland in WWII"

1:45-2:55 – Room 203 – Irene Martin – "Women of Lower Columbia Pioneer Communities"

4:00-6:00 – Appelo Archives Center, 1056 SR 4, Naselle (2 miles east of schools) – Reception for Performers & Presenters

Saturday, July 26, 2014

11:30-12:40 – Room 201 – Bryan Penttila

11:30-12:40 – Room 203 – Helen Pitkanen – "Beginning Finnish for Adults"

12:45-1:55 – Room 201 – Greg Wirkkala – "Logging Films of Paul Wirkkala"

12:45-1:55 – Room 203 – Merle Reinikka & Don Raistakka – "Finns of the Grays River Area-The Rest of the Story"

2:00-3:10 – Room 201 – Bryan Penttila

2:00-3:10 – Room 203 – Frank Eld – "They Have the Mayflower and We Have the Kalmar Nyckel-the Finns of Colonial America"

3:15-4:30 – Room 201 – Haleigh See – "Study and Travel in Finland, 2013"

Metal Fest 2014 - Celebrating the Metal Arts



THE COURTYARD at Fort George literally heats up on July 19 for Metal Fest. Local and regional metal arts practitioners, Clatsop Community College and the Fort George Brewery & Public House are collaborating to produce Astoria's first Metal Fest, from noon to 9pm.

"By Hammer, by hand, all crafts do stand."
- Blacksmith's Motto

The festival will highlight metal artists from throughout the Pacific Northwest and a diverse range of techniques including blacksmithing, bladesmithing, and fabricating in metal. Participating artists include: Vern Wilson, sculptor; Lynn Gledhill, President of the Northwest Blacksmith Association; Mike Neely, Mark Moshofski and David Curl, professional blacksmiths and more.

Artisans will demonstrate their techniques, display their work and offer work for sale. In addition, artists are donating original work for a live auction of work that will be displayed in the Fort George Lovell Showroom gallery. Proceeds from the auction and a percentage of sales will be donated to Clatsop Community College to help support its new blacksmithing three-course sequence beginning Fall Term 2014.

Prior to the industrial revolution, a "village smithy" was a staple of every town. Today, according to Metal Fest organizer David Curl, about 5000 Blacksmiths in America are keeping the once-essential-to-human-culture forging craft alive today. And in Astoria,

the work of the talented "artist-blacksmith" Curl resonates throughout Fort George Brewery, from the artful and hearty stools and racks to the wood and metal collaborations with builder Tim Kennedy that you saddle up to the bar to. Locals and visitors alike can enjoy what the renaissance of this craft

is producing.

How did it happen? Says Curl, "In 1969, Frank Turley, the granddaddy of blacksmithing ran an ad for a class and a whole bunch of hippies showed up." Since that time, national and regional organizations have formed, and the resurgence has become a continued growing artisan phenom. While developed nations saw a decline and re-awakening of interest in blacksmithing, in many developing nations blacksmiths continued doing what blacksmiths have been doing for 3500 years: making and repairing iron and steel tools and hardware for people in their local area.

And that resurgence is happening here in the lower Columbia Pacific region. Through Solstice Forge, located in Naselle, WA, owned and operated by Dave and Karen Curl, Clatsop Com-

munity College has offered a Blacksmithing course, under the Historic Preservation degree program, for the last five years. Curl's classes at Solstice Forge have been filled to the brim, and groundbreaking in that it is the only program of its kind offered on the West Coast. Funds raised through Metal Fest will assist in acquiring forging equipment to set-up at CCC MERTS campus this fall, offering a 3-term course. On Saturday mornings, from basic forging techniques and metallurgy, traditional joinery (the old way, before electric welding), to the student being able to craft a garden gate

at the end of the year, Curl will bring the fledgling blacksmith to the level of apprenticeship in a blacksmith shop.

The Curl's business evolved from a career of working together in the trades and owning and operating KC/DC Welding and fabrication. Both are experienced Welding and Fabrication instructors and retired millwrights. In business for 23 years, Solstice Forge was born in 2001. Together they produce custom forged products for the home, garden, and business. Specializing in railings, gates, fireplace accessories and screens, lighting, shelving, furniture, and the whimsical. It's a fulltime business, and a business Dave and Karen Curl are passionate about, because they are passionate about IRON!!!

What's for sale and auction at Metal Fest? High-end to trinkets; garden art ranging from \$30- \$150, trivets, cupboard pulls, candelabras, wine

racks, horse shoe art, knives and cutlery, ginkgo leaf dinner bells, bottle openers, key chains, custom forged and sculpted work – you can invest in a major a piece of iron work, or

take a piece of art and craft home for a reasonable cost. Look for metal smith demos also to roll into the following Sunday.

- Dinah Urell

Metal Art at Metal Fest



Garden Gate
by Lynn Gledhill
\$1500

Crystal Dagger
by Dan Westlind
\$1800



Steam Punk Lamp by Dan Westling \$250

Acension by Dave Curl, \$150



ASTORIA STUDIOS TOUR • is open to the public July 26-27



Cheryl Silverblatt

THE ASTORIA Society of Artists will open their studios and workshops to the public on July 26-27, from 10am-4pm. Thirty-five participating artists open their studios in 23 locations for this annual event. Meeting artists one-on-one in their studios is an exciting and personal way to get a behind-the-scenes glimpse of a working studio.

The free, self-guided tour represents a variety of artistic mediums: painting, sculpture, ceramics, fiber arts, jewelry making, glass blowing, installation art, woodcarving and printmaking.

Making the Most of your Visit

Planning an itinerary with the tour map can be very helpful. The Astoria

Studio Tour 2014 map and brochure will be available in early July. You can download a copy from the website at Astoria Studios 2014. Hard copies will also be available at local galleries and shops.

The tour map will be an invaluable guide in planning your itinerary for this self-guided tour. Here you will find a list of all participating artists, their artistic medium, studio location as well as a visual example of their work. It is worth noting which artists plan on giving demonstrations. You will want to time your visit accordingly, allowing enough time to talk to the artists and watch or participate in the demonstrations. After all, this is the major benefit of touring a studio.



Noel Thomas at his 14th Street Studio

Don't ignore the outlying studios. Many excellent artists prefer to work a little off the beaten path. Visitors find it very rewarding to get out and explore these locations. Studio locations are numbered consecutively by location to ease your self-guided tour planning. If you're unfamiliar with the area, an easy way to get around is to ask an artist for directions to the next studio you'd like to visit.

The Astoria Studio Tour is a two-day event, lingering and getting side-tracked by a discovery along the way is par for the course.

Get a copy of your map at www.astoriastudios2014.org



Charles Schweigert in studio



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THE 10TH ANNUAL NORTHWEST WORLD REGGAE FESTIVAL - JULY 25 TO 27

THE 10TH Annual Northwest World Reggae Festival ("NWWRF") is moving to the Oregon Coast to their new home 10 miles south of Astoria, Oregon. Family friendly and sustainable, NWWRF welcomes conscious musical artists from around the world performing ROOTS, ROCK, REGGAE!

Up to 20 bands and solo artists will be performing over the 3-day festival, that has been rolling for 10 years strong, headed up by producer Doug Carnie. Located in Marcola, just outside of Eugene, Oregon, the last seven years, Carnie (a longtime sound engineer by trade) had been considering a move for sometime. This due to the severely hot weather and the increasing number of competing festivals in the Willamette Valley region. While looking at numerous options, Carnie had attended the locally

produced Hemp Fest at the Clatsop County Fairgrounds, (a festival that drew up to 900 attendees, mostly from the coastal region). Fairground options were too close to county fair time, so Carnie then worked with Nick Clark of Nature's Choice in Astoria to scout out a possible coastal location. The folks at Lundsford Farms were no strangers to event organizing, as their properties serve as a runner's station for the Hood To Coast relay. County government was amicable to the relocation of the festival, as were the surrounding neighbors on 202, providing additional parking and camping fields.

"We're conscientious about sound levels, and the very nature of reggae is mellow compared to say rock or blues. As we move into late-night, the style of the music is even more laid-back," says Carnie. Usually with decibel meter in hand, Carnie says he has not met with the type of sound ordinance that Clatsop County adheres to, that of 1000 ft. from the edge of the property, but the



NWWRF producer Doug Carnie, partner and booking management Megan Stolle and their son, Alex.

small festival with one stage and speaker system pointed downward, he's confident that "loud" should not be a problem. A family affair, Carnie's partner Megan Stolle does the booking and back-stage management, while Carnie manages the stage and sound. And, six year old son Alexander will be passed the reins one day.

Pre-show passes are going well and Carnie is hoping that the coastal location will be a great new fit, and that festivalgoers will enjoy the new site, as well as coming to the coast, camping off-site in addition to the camping available at the fest. Carnie foresees up to 1500 ticket buyers, including local and out-of-town.

NWWRF promotes "Experience the jubilation and positive energy of this growing community!"

The livvy doesn't stop with the music. Forget about the world outside while participating in diverse activities such as African dance classes, musical performances for and by the youth, visual arts displays, live painting and a growing community of the sustainable spirit. Learn about local nonprofit organizations, fair trade and sustainable businesses and then refuel with a variety of delicious organic foods while you explore the fair trade crafts from more than 30 vendors from all around the

World.

NWWRF is a family friendly festival. Youth 14 and under are admitted free. Youth Zone, provides a safe environment with a shady arts and crafts area. Saturday and Sunday morning starting at 10 AM, we will have youth entertainment by Newell Briggs, and Fairy Funk Mother and members of the various drum and dance troupes performing on our stages. They encourage the youth to bring instruments and join them in the performances in this up close and personal setting under the old growth trees.

REDUCE, REUSE, RECYCLE!

NWWRF encourages sustainability. They encourage you to bring reusable containers to enjoy the natural cascade spring water, available for free all around the site. All recycling is done at the Info and Recycling centers making sure they separated everything they can from the waste stream. Bio-diesel fuel powers the stage, site and trucks. All food waste is composted and wind power is used at the office. They strive to use the most sustainably made paper and other products available. All food booths and the staff/performer kitchen are organic and as local as possible. Refundable bottles and cans are donated to the Marcola Boy Scout chapter. Through In Ticketing, a tree has been planted for each ticket sold, totalling over 18,000 trees over the past six years.

NWWRF's accredits its success to the creative energy, dedication, skills and talents of organizers, staff, volunteers, sponsors, vendors and performers. With the help of major community participation, this annual event continues to inspire the massive to return year after year. Join the festivities and enter a world of positive conscious culture that will recharge your mind, body and soul.

Zili Misik from Boston Performs at 8pm on Friday

Zili Misik has been bridging cultures, generations, and continents for 10 years. With captivating sounds that evoke the African continent, Zili retraces routes of forced exile and cultural resistance through diasporic rhythm and song. Powerful Haitian, Brazilian and West African rhythms infuse Zili's original creations and traditional folksongs. Reconnecting Haitian mizik rasin, Jamaican roots reggae, AfroBrazilian samba, AfroCuban son, and African American spirituals, blues, jazz and neo soul, Zili Misik honors its influences while creating a sound that is uniquely its own. The women of this group have heritages and roots representing 5 countries and 3 continents.

ALL FEMALE, zili takes its name from Haitian spiritual entity, "Ezili" who is envisaged as mother, lover, and warrior. Zili's songs are sensual, political, selfreflective, positive, and invoke love. Zili's lyrics glide seamlessly from English to Portuguese to Spanish, spinning tales and visions of lives lived and yet to be.

Zili Misik won a Boston Music Award for Outstanding International Music in 2008 and was nominated again in 2009



Romain Virgo from Jamaica Performs Saturday: 9:40pm

With hard work, Romain is taking it one step at a time and will be out there and let the people know what he has to offer. In 2007, Romain Virgo made history as the youngest contestant ever to win Digicel Rising Stars, Jamaica's talent competition, at the age of 17. Virgo was sensational throughout the 2007 competition and outshone his opponents with singing skills that seemed to stretch beyond the talent of a 17 year old. Since 2009, his career definitely seems to be on the rise. His single Can't Sleep is still climbing up the Jamaican charts and already gained him attention outside Jamaica as well. Love Doctor on the Automatic riddim is already getting loads of airplay as well as his single Wanna Go Home. Romain Virgo manages to build his musical career while still doing a fiveyear bachelor's degree in performance at the Edna Manley College of the Visual and Performing Arts in Kingston, studying for a major in voice and minor in keyboard. This education assures that Romain's performance will be different from others. It already earned him a performance at Tony Rebel's prestigious Rebel Salute many time now and has been touring the world spreading the love of music.



iKronik from Jamaica Performs Saturday 4pm

It's incredible what a little vision, loads of determination, worldclass musical skill and a growing fan base can do to make a group of reggae musicians into legitimate stars. Does the name iKronik ring a bell? It should.....this is the best performing and most disciplined reggae band to emerge from Jamaica in the last 25 years...bar none. Since their official coming out in October of 2011, iKronik has done nothing less than impress reggae fans on the West Coast with their hardcore yet upodate sound, style and delivery. Fans, booking agents and members of the press have made it clear that this band is for REAL.

"In 2012 jamaican Reggae Band iKronik hit North America fast and hard just as Hurricane Sandy did the East coast October 2012, Their music blew down all superficial facades with the depth of their Musical arrangements, The masses enjoyed their sets at Sierra Nevada World Music Fest and Reggae on the River in 2013 and they have proven to be an hard act to follow. iKronik is not only renown for their own music but as a premier backing band, touring the world the likes of Luciano, Beres Hammond, Dennis Brown, Freddie

McGregor, Maxi Priest, Diana King, Marcia Griffiths, Michael Rose, Tony Rebel, Queen Ifrica, Lutan Fyah, Chuck Fender, IWayn. They will be doing their own set and backing Queen Omega, Romain Virgo and The Reggae Angels.



Liberation Movement Performs Late-night Saturday 1am

Led by Resurrector of Heavyweight Dub Champion (HDC), Sasha Rose, Noah King and supported by members of the Shipibo Tribe, Liberation Movement (LM) is a new collaborative music project that pushes the boundaries of human experience. Each LM performance is a communal ritual that opens portals to the realm of spirits and invokes new levels of consciousness and healing.

Infused with recordings of 20 Shipibo Shamans made by Resurrector over the course of 30 traditional ceremonies in the Peruvian Amazon, Liberation Movement channels the healing power of the plant spirits' Ikaros (medicine songs) with the intention of removing the veils that separate us from the vibratory pulse of the Earth.

Drawing on powerful alchemical sound devices, such as analog synths, acoustic guitar, human voice, tape delays, analog filters and consensusreality distortion units, the LM experience goes far beyond the limitations of laptop based performance. The live offering is a powerful transmutational synthesis of structure and improvisation—ancient and future.

Each Liberation Movement performance is a communal ritual that opens portals to the realm of spirits to invoke new levels of consciousness and healing.



THE 10TH NORTHWEST WORLD REGGAE FESTIVAL

Lundsford Farms Hwy 202 Astoria, Oregon
July 25-27, 2014

Gates open at 9am Every Day, Close at 11pm

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Tickets and Outlet Info at www.nwwrf.com
No Camping Sunday night Site Closes at 7pm
Weekend Pass w/ Camping \$100
Saturday/Sunday Pass w/ Camping \$60
Weekend pass no camping \$75
Friday only \$40
Saturday only \$40
Sunday only \$20

Gate Prices:

Three Day Pass w/ Camping-- \$100
Teen Youth weekend 1517 w/adult—Half price
Youth 14 and Under w/adult—FREE
Saturday/Sunday Pass w/ Camping-- \$60

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\$40.00 For Small RV's, Large Vans and Pickup Campers Plus room for one tent.
\$75.00 For Large RV's over 20 Feet long Plus room for two tents.

TICKETS AVAILABLE LOCALLY in ASTORIA:
Nature's Choice, 229 W Marine Dr. Suite C

in the columbiaPacific Daily Listings pg21-23

Into the Woods and The 39 Steps: Coaster Theatre Playhouse's Summer Repertory Season



If you're not familiar with the concept of "repertory" it's when a theatre company offers two or more plays during the same time frame, with alternating performances. This summer brings Sondheim and Hitchcock back-to-back to the Coaster Theatre's stage.

Into the Woods

One of Sondheim's most popular works, the powerhouse Broadway musical *Into the Woods* brings together the classic Fairytale characters from *The Brothers Grimm* with the Broadway magic of Stephen Sondheim and James Lapine to create a rare modern classic. The story follows a baker and his wife who wish to have a child, Cinderella who wishes to attend the King's Festival, and Jack who wishes his cow would give milk. When the baker and

his wife learn that they cannot have a child because of a witch's curse, they set off on a journey to break it. Everyone's wish is granted, but the consequences of their actions return to haunt them later with disastrous results.

Director Ryan Hull returns to the Coaster stage for this production having previously directed *Around the World in 80 Days* at the Coaster Theatre. Before returning to Oregon he completed the actors training program at the Circle in the Square Theatre on Broadway in New York City.

The 39 Steps

Mix a Hitchcock masterpiece with a juicy

spy novel, add a dash of Monty Python and you have *The 39 Steps*, a fast-paced whodunit. The suave, yet bored, Richard Hannay eyes a mysterious woman at the theater, but returns to his London town-home...where the woman turns up dead. With no more than that, he finds himself on the run as a mysterious spy organization alternately pursues and is pursued by him, from London to Scotland and back, as he fights to clear himself of the murder. Along the way, he is hindered and helped by the beautiful, upstanding Pamela who, despite her best efforts, ends up shackled, literally to a man she thinks is a murderer. Meanwhile, the police and the mysterious spy organization are closing in on Richard.

Actor, director, costumer and educator, Patrick Lathrop, will direct this play. His other role is that of the Coaster's Executive Director, a position he accepted during the past year. Previously he was education director of the theatre for 3 1/2 years.

Performance Schedule: Into the Woods: June 20 – Sept 7, \$18-\$23; The 39 Steps: June 27 – Sept 5, \$15-\$20. All performances start at 7:30pm. Box Office: 503-436-1242. coastertheatre.com



Unfinished Business: Allison Wils-King

SAVE THE PAC

THE PARTNERS for the PAC present "Unfinished Business", a concert to help Save the PAC, with vocalist Allison Wils-King and friends 7:30 pm Saturday July 26 at the CCC Performing Arts Center (corner of Franklin and 16th in Astoria). Tickets are \$15, children 12 & under free with an adult.

Allison Wils-King has been involved in music and theatre her entire life, and has been doing solo singing since high school, when she sang with her high school music teachers' jazz combo for some private gigs. Although she is trained

as a classical singer, she has always loved jazz and musical theatre. Allison has a BA in Theatre and Dance and a Masters in Vocal Performance. She sang with Portland Opera chorus for 3 years; played Pitti-Sing in their production of *Mikado* in 2000. She has directed, choreographed, produced, or performed in or over fifty productions, and worked as an Assistant Director with the Sacramento Music Circus.

This concert is one in a series of vibrant upcoming events to raise funds for the venerable



Performing Arts Center and keep it available to the community for affordable cultural events.

Comedian Michael Winslow, The Man Of 1000 Sound Effects

Manzanita July 18th



COMIC MICHAEL Winslow, best known for his roles in the "Police Academy" franchise and "Spaceballs" will perform at The Manzanita Lighthouse Pub on Friday July 18th.

Winslow, a skilled comic and actor, is a master of vocal gymnastics. He is able to imitate over 1000 sound effects using his voice alone. His work has appeared in "Gremlins," "Family Guy," "The Drew Carey Show" and over 100 other TV shows and movies.

Appearing with Winslow that night is Northwest favorite Michael Jenkins, the world's ONLY electric ukulele playing comedian! The show will be emceed by 102.3 KCRX morning announcer Tim Murphy.

Showtime is 8pm with doors opening at 6pm. Tickets for the show are \$20 at The Manzanita Lighthouse Pub, 36480 Highway 101 North in Nehalem. For more information contact the pub at 503-368-4990.

Classical Pianist Kirill Gliadkovsky Performs in Tillamook

RENOWNED CLASSICAL pianist Kirill Gliadkovsky will appear in concert Sunday, July 20, at 2pm at the Tillamook United Methodist Church, 3808 Twelfth St. in Tillamook.

Sponsored by the Monday Musical Club of Tillamook, the concert is Gliadkovsky's fourth appearance in Tillamook.

Born in Moscow and a former student at the Tchaikovsky Conservatory there, Gliadkovsky has toured extensively on three continents performing piano and organ recitals and as a soloist with orchestras in various cities in Russia, including Moscow and St. Petersburg. He has also given concerts in Italy, Great Britain., Poland, Mongolia, Canada, Japan and throughout the United States. In addition, he has been a featured artist in numerous live TV and radio shows on such broadcast outlets as, CBS, PBS, CBC, Russian State TV and Radio and many recordings on NPR. He has recorded six CDs for Alexei Records and for CMK Classics labels.

Performing with him this time will be his wife, Anna, who also enjoyed a successful career as a concert pianist prior to their marriage. And joining them at the keyboard will be their 15-year-old daughter, Anastasia, and their 5-year-old daughter, Sophia.

They will play solo, duo and trio masterpieces by Rachmaninoff, Kirilenko, Skyrovsky and

Taneyevk among others. In addition, they will perform "America," from the musical "West Side Story."

Kirill has been on the piano faculty at the University of Southern California, Santa Monica College and Pepperdine University. He was head of the piano area at Southern Utah University in Cedar City, Utah, prior to his joining Saddleback College at Mission Viejo, Calif., as the director of keyboard studies in 2011.

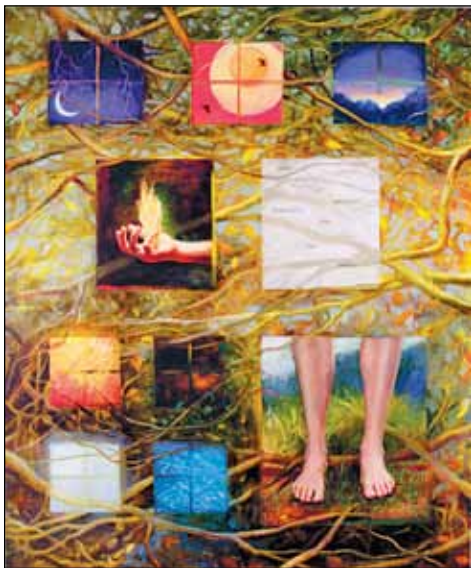
Anna is not only a performer, but also is a published music scholar and a composer. She has been on the piano faculty at SUU, Irvine Valley College and Saddleback College, in Orange County, Calif., as well.

Tickets are \$15 for adults and \$10 for students 18 and under. They can be purchased at the offices of the TLC Federal Credit Union in Tillamook and the Tillamook Chamber of Commerce.



TCAN Biennial

Four Tillamook County Artists inspired by life on the North Oregon Coast



TILLAMOOK COUNTY Arts Network (TCAN) is hosting the 2014 Biennial highlighting four painters in Tillamook County who are inspired by living on the rugged North Oregon Coast. The show opens at the Tillamook County Pioneer Museum Gallery, 2106 2nd Street in Tillamook, with a celebratory public reception for the artists on Friday, August 1, 5:00 - 7:00 p.m. with local live acoustic music. The exhibition runs July 29 through September 20.

Following on the success of its 2012 Biennial, TCAN's board of directors chose to feature four prominent Tillamook County painters in this year's show. The invited artists include Deborah DeWit and Don Osborne of Wheeler, Elaine Norberg of Tillamook and Rose Perez of Pacific City. Each

artist will be exhibiting current work for sale. In addition to these four artists, several Tillamook County printmakers are also being featured in the show: Marilyn Burkhardt of Hebo, Liza Jones, Paul Miller, Barbara Temple-Ayres of Manzanita, Susan Walsh of Nehalem and John Stahl of Netarts.

TCAN chose to host the 2014 show at the TCPM gallery because of its central county location, open hours six days a week and because of the high volume of visitor traffic to the venue. Though patrons must pay to tour the entire museum, access to the gallery is free.

"We are grateful to TCPM for partnering with us on the biennial," said TCAN biennial chair Kathleen Ryan. "The Museum staff is exemplary at their ability to hang shows and their gallery has terrific wall space and professional lighting—just the ambiance we require for this quality exhibition."

"We encourage everyone to join us at the opening and visit the exhibition to experience the creative expression that is fostered in this beautiful place we live," said Ryan.

Tillamook County Arts Network, an all-volunteer county-wide organization, has been serving the local creative

"Medicine Wheel Giveaway for Deer Hide," by Don Osborne of Wheeler, one of the featured artists at the upcoming TCAN Biennial opening on Friday, August 1, 5 - 7 p.m. at the Tillamook County Pioneer Museum Gallery. Photo supplied by the artist.

community since 2000. TCAN engages daily in its mission to strengthen, illuminate and promote arts and culture in Tillamook County through its website: www.tillamookcountyarts.org. The site features detailed information on the following: creatives throughout the county, comprehensive calendar of arts and cultural events, venues for rent, arts organizations, and media resources. Statistics show the site is used every day providing a vital service to the cultural fabric of Tillamook County. TCAN is a 501(c)(3) non-profit organization and is a registered partner with the Oregon Cultural Trust.



BallardWorks At IMOGEN

IMOGEN GALLERY shares a diverse collection of work in multiple mediums from the artists of BallardWorks, a unique space, dedicated to working studios for artists, located in Seattle. The exhibition will be available for view July 12th through August 5th, with artist's reception July 12th 5 - 8 pm, in conjunction with Astoria's Second Saturday Artwalk.

BallardWorks, founded in 2003, is a building located in the Ballard district of Seattle. Out of a shared frustration with instability of traditional studio space and dealing with increasing rents and/or having to relocate studios, four artists Dionne Hartoutunian, Jay Lazerwitz, Joan Stuart Ross and John Gleason came together with a creative solution of pooling resources to acquire a building. BallardWorks maintains 18 studios along with exhibition space and offers classes taught by artists of the building. With the intent of creating a space of support for artists, the building also serves as a platform for outreach and partnership between artists, organizations supporting the arts as well as community oriented participation. BallardWorks plays an integral part in its community and is



known as an art destination supporting artists, art patrons, students and the general public.

Included in the exhibition will be the work of eleven artists from BallardWorks, working in a broad array of mediums. Three of the original founders, Dionne Hartoutunian, John Gleason and Joan Stuart Ross will be participating.

Imogen Gallery is open every day at 240 11th Street, on the vibrant block shared with Cargo and Astoria Coffee-house & Bistro.

North Coast Printmakers Collective "Odyssey" Exhibit at CCC Art Center Gallery

CLATSOP COMMUNITY College will host a new exhibit by the North Coast Printmakers Collective in its Art Center Gallery, beginning with an opening reception, Thursday, July 26th at 6pm and continuing through September 19th. The opening reception will include light refreshments and live music, and the public is cordially invited. This special summer exhibit is sponsored in part by the Clatsop Community College Foundation.

"Odyssey" asks each of the participating artists to represent a personal journey of discovery and growth as an artist. Momentum points in the journey might be new techniques, new content or new relationships to the work. Each artist's odyssey is unique and is the foundation of her or his mission as an independent artist.

The North Coast Printmakers Collective is a diverse and talented group of established and emerging artists working to express personal insights and shared aesthetics.

Participating artists from the Collective for this show include: Vicki Baker, Elizabeth Bonn-Zimmerman, Sarah Baumert, Reed Clarke, Roger Hallin, Normandie Hand, Kirsten Horning, Pat Howerton, Gin Laughery, Marie Powell, Ben Rosenberg, Penny Treat, Roxanne Turner and Janet Wade.

From July 24th through August 16th, the Gallery will be open Mon.-Thurs. 9-5 p.m., and Fri.-Sat. 1-4 p.m., with artists in attendance Friday and Saturday. The Gallery will not be open July 4th & 5th. Hours after August 16th will be by appointment.



Joan Stuart Ross and Nancy Pobanz at RiverSea Gallery

RIVERSEA GALLERY presents two solo exhibitions opening on July 12 during Astoria's Second Saturday Artwalk. In Skyswath & Other Stories, Seattle artist Joan Stuart Ross offers layers of translucent brilliance in encaustic and mixed media abstract paintings. In the gallery's Alcove space, Nancy Pobanz presents abstract calligraphic paintings created with pigments she has gathered from eastern Oregon's high desert. The opening reception will be held on July 12 from 5:00—8:00 accompanied by live Brazilian jazz and world music by Bossa Duo. Both shows will remain on display through August 5, 2014.

RiverSea Gallery is located at 1160 Commercial in Astoria.



PLEIN AIR PARADISE works by Chris Bryant at Winifred Byrne Luminari Arts



ALDERBROOK ARTIST Chris Bryant is well known on the North Coast for exceptional photography of local landscapes. However, as the French Impressionist painters before her, she has found a unique joy in carrying on the historic tradition of painting directly from life, a modality of art-making known as plein air. Loosely translated, this term has come to mean “outdoors,” “in the moment,” and “capturing the experience as it unfolds.” Astoria’s Luminari Gallery invites guests to celebrate the land-

scape with Bryants’ new show “Plein Air Paradise,” opening during the July 12th Art Walk.

Bryant explains that through the approach of firsthand observation, plein air artists strive to more fully explore and respond to the timeless beauty that surrounds us all. She states, “I like to think of myself as promoting a heightened visual appreciation of the world.”

What compels Bryant to enjoy and endure the vagaries of the environment in order to capture its essence in pigments on canvas? “I enjoy photography and studio painting, but I also have a strong desire to ‘live’ my subject. There’s nothing like being there at the location and painting, you see so much more color in the shadow areas that you do not see when painting from a photograph. When I’m in the landscape, I use all my senses to observe, absorb, and translate my surroundings into lines and colors on a canvas. This honors what is unique to a place and time.” She adds, “I find it challenging and stimulating to capture the feeling of a moment quickly.”

Winifred Byrne Luminari Arts is located at 1133 Commercial in Astoria.

Enhance Your Outdoor Camerawork Skills 5-Day Workshop

CLATSOP COMMUNITY College offers an intensive 5-day Outdoor Camerawork Workshop with veteran instructor and accomplished photographer David Lee Myers. Register now at www.clatsopcc.edu/schedule and search under “Outdoor Camerawork” or call 503.338.2402. Outdoor Camerawork runs Monday-Friday, July 14-18, from 9:00 am to 6:00 pm. Come prepared to learn and practice your camerawork.

The workshop includes daily field work during which you will photograph a series, in a variety of locations so everybody’s interests can be met, and focus on finding worthwhile scenes, composition and framing, and working with light. Results will be reviewed and further possibilities discussed. Myers will also demonstrate how the camera controls work and how to obtain the most effective expression, starting with the basics and progressing to most capabilities of modern cameras. If the weather is interesting, one aspect of photographing is to work with what’s happening—and there are always wonderful possibilities.

Digital cameras will be most convenient for the daily reviews, but film cameras may be used, with



an understanding that the college does not have developing facilities. Students will use the Graphics Lab classroom, with Photoshop on iMacs, although instruction in Photoshop is not part of this course. Photoshop will be addressed in “Digital Processing & Printing” scheduled for July 21-25.

Throughout forty years of teaching college photography, instructor David Lee Myers has enjoyed helping people find their own voices to explore the joys and challenges of life. In his decade at Clatsop Community College, he introduced a fully digital curriculum. Myers has lived and photographed in the Columbia-Pacific since 1970. His work may be seen at RiverSea Gallery and at www.DavidLeeMyersPhoto.com. For questions about class content contact David Lee Myers at dmyers@clatsopcc.edu or 503-325-4789.

Driftwood Forts Of The Oregon Coast Author James Herman • At Seaside Public Library

RELIVE YOUR youth on Thursday, July 17, 7pm, exploring “Driftwood Forts of the Oregon Coast” with author James Herman. Hosted by The Friends of the Seaside Library with book sales and signings.

James Herman feels “fort building is unique to the Oregon Coast” and that “it is a collaborative and intuitive free form activity that spans generations and doesn’t cost anything”. The author writes, “Driftwood. It originates from time and tides. Trees, limbs, logs, then branches, in that order. The hierarchical arrangements of their parts gestate in the waters of the Pacific, and are reanimated by curious souls and inventive wanderers into driftwood forts. Each time I find one it’s like the first. The scenic and sandy 363-mile stretch of Earth known as the Oregon Coast is home to thousands of such things”.

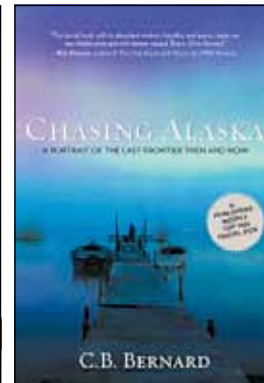
“Driftwood Forts is a dynamic and original book about a totally undocumented cultural pastime”. It blends reportage, ethnography, meditation, history, art, and photojournalism. It’s perfect to take out to the beach and also serves as a useful, all-ages entertaining guide on how to build one of these wonderful structures.

Herman, graduated from the University of Oregon with a degree in art. He is a native Oregonian from Eugene and has built forts on Oregon’s



beaches his entire life. He formed an organization called the Driftwood Forts Association to promote awareness of the joys and importance of building driftwood forts.

Chasing Alaska: A Portrait Of The Last Frontier Then And Now With Author C.B. Bernard At Seaside Public Library



BE “CHASING Alaska” on July 24, at 7:00 p.m. with author C.B. Bernard as we look at the last frontier then and now. Book sales and signings will be presented by Beach Books.

Alaska looms as a mythical, savage

place, part theme park, too vast to understand fully. Which is why C.B. Bernard lashed a canoe to his truck and traded the comforts of the Lower 48 for a remote island and a career as a reporter. He soon learned that a distant relation had made the same trek northwest a century earlier. Captain Joe Bernard spent decades sailing the Arctic in his schooner

Teddy Bear, as an explorer and hunter, enduring shipwrecks, horrific winters and starvation. He lived among the Eskimo and Inuit, giving his name to landmarks across the north. Chasing the legacy of this explorer relative, C.

B. recovered journals which he used as guides while boating to remote islands, hiking distant forests, and fishing the pristine environment that had so lured his “Uncle Joe,” nearly a century earlier.

C.B. Bernard is a freelance writer and author whose book, “Chasing Alaska”, was a Publishers Weekly Top 10 Travel Pick, a National Geographic top book choice, and a finalist for the Oregon Book Award in nonfiction. He has written for Gray’s Sporting Journal, Utne Reader, and the Huffington Post. Born and raised in New England, C.B. now makes Portland Oregon his home.

The Seaside Public Library is located at 1131 Broadway. For more information call (503)738-6742 or visit us at www.seasidelibrary.org and www.facebook.com/seasidepubliclibrary

Write About Your Art Workshop

THE HOFFMAN Center hosts a workshop for artists “How to Write About Your Art” Saturday, July 12 at 1pm.

Led by Eugene-based Vicki Krohn Amorose, the interactive two-hour class will cover artist statements, websites, proposals, publicity and funding, among other topics. The curriculum is based on her popular book Art-Write: The Writing Guide for Visual Artists.

“For today’s working artist, writing is essential to sustaining a career,” said Amorose. “My class offers clear

direction, achievable advice, and encouragement to artists who are ready to enhance their visual work with effective language.”

She added, “This class is useful for any working artist who needs to produce a statement, update their statement, or write in order to approach new opportunities in the arts.”

The workshop fee is \$35, which includes a copy of Amorose’s book. Participants must have a copy of Art-Write to use as a workbook or textbook. Books will be available at the class, or can be ordered through local bookstores or online.

To register, contact the Hoffman



Center at hoffmanblog.org, hoffman-center@nehalem.tel.net, or 503-368-3846. Amorose can be contacted at artwrite@peak.org. The Hoffman Center is located at 594 Laneda Ave. in Manzanita.

A Tribute to the Columbia River Conference

Clatsop Community College • July 18-19

\$10 for each session

Dinner & Breakfast: \$15 per optional meal -- dinner Friday, July 18 at 6pm, and breakfast Saturday, July 19, 8am.



Columbia River Conference takes place at CCC, Columbia Hall Room 219. Register at www.clatsopcc.edu/content/tribute-columbia-river-registration, or email rmcclelland@clatsopcc.edu, or call 503-894-0187.

Friday Eve • July 18

Hear a "fishstory" from the lower Columbia region, learn about the history of the Columbia River Bar Pilots and changes in the traffic along the river, and examine changes in the mid-Columbia region including the area around The Dalles Dam.

Saturday Morn • July 19

Learn about selected efforts to protect and restore the lower Columbia River estuary.

ISN'T IT GREAT TO BE DIFFERENT?

AAMC Dance Party with DJ imcodefour • Friday, July 25, 9pm



THE AAMC is super excited to welcome back DJ imcodefour after he threw down beats in May and got the place rumbling! AAMC July Dance Party, ISN'T IT GREAT TO BE DIFFERENT, is all about letting your unique freak flag fly. Costumes are highly encouraged so dress as YOURSELF, be yourself, celebrate yourself, be different, come as you are!! Make it outrageous or... whatever YOU want!

This dance party wraps up July's "Celebrate your IndepenDANCE" series at AAMC, which features FREE classes from instructor Marco Davis.

\$5 cover. 21+ / Bar. 342 10th St, Astoria, 2nd floor Ballroom

KEEP DANCING: AAMC WEEKLY SCHEDULE OF CLASSES

Keep your sexy body and mind in shape this summer with classes at AAMC. Located at 342 10th St in Astoria. Info about a specific class please contact the instructor directly. Current schedule and instructor contact go to: www.astoriaartsandmovement.com

Monday

5:00-6:00pm - Beginning Ballet with Trixie Gunn
6:30-7:30pm - Gentle Flow & Stretch with Marco Davis
7:45-8:45pm - Zumba with Nayelli Dalida

Tuesday

9:00-10:00am - Zumba Fitness with Nayelli Dalida
5:00-6:00pm - Intermediate Lyrical Jazz with Trixie Gunn
6:30-7:30pm - DANCE! (Jazz, Modern & Hip-Hop) with Marco Davis

Wednesday

5:00-6:00pm - Intermediate/Advanced Ballet with Trixie Gunn

6:00-7:00pm - Tap with Marco Davis
7:00-8:15pm - Belly Dance with Jessamyn Grace

Thursday

9:00-10:00am - Zumba Toning with Nayelli Dalida
5:00-6:00pm - Beginning Jazz with Trixie Gunn
7:00-8:00pm - Ecstatic Dance with Kim Hazel
(Every OTHER Thursday only: July 10th & 24th, August 7th & 21st)



JULY 25 - 27 2014 ASTORIA - OREGON

MIDNITE DON CARLOS ROMAIN VIRGO
QUEEN OMEGA ITALS ZILI MISIK I-KRONIK
LEROY MABRAK AND THE THUNDERCLAP CREW
NEW KINGSTON LIBERATION MOVEMENT
REGGAE BUBBLERS MYSTIC ROOTS BAND
REGGAE ANGELS NEWEL BRIGGS
ARDEN PARK ROOTS MISTA CHIEF KING TOBY
THE HERBAL CREW REAL LIFE ROCKAZ
UNITED MESSAGE HOSTED BY MARKOS PHOTINOS

TICKETS AND INFO AT
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HOTLINE: 503-922-0551

FACEBOOK: NORTHWESTWORLDREGGAEFESTIVAL

TICKETS AVAILABLE IN ASTORIA AT
NATURE'S CHOICE - 229 W MARINE DR. SUITE C
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TICKETS AVAILABLE IN THE RECEPTION AREA WHICH IS OPEN TO EVERYONE

3 DAY WEEKEND PASS WITH CAMPING -- \$100
3 DAY WEEKEND PASS NO CAMPING -- \$75
FRIDAY ONLY -- \$40 SATURDAY ONLY -- \$40 SUNDAY ONLY -- \$20
TEENS 15 - 17 HALF PRICE WITH ADULT -- YOUTH 14 AND UNDER FREE

CRAFT VENDORS - ORGANIC FOOD - FAMILY FRIENDLY
LOCATED 10 MILES SOUTH OF ASTORIA ON HWY 202

Dragulation



TIME TO start thinking about shaking out your wigs, polishing your sequins, gathering glitter, cod pieces, trimming your stashes and practicing your strut! That's right.... DRAGALUTION, Astoria's goliath-drag-dance-cabaret is on the RISE and getting ready to perform, party and grow with you!

Save the date! August 8 at Columbian theater doors at 9:30 show at 10. 8 bucks at the door and 21+ only.

Dry, Wet & Streamers...

The Art of Fly Tying
At Seaside Public Library

BEGINNING JULY 1st, and running through August 26th, the Seaside Public Library will host a new art exhibit titled, "The Art of Fly Tying". The show will feature the work, tools, and tackle of local artist Henry Hoffman and tyers of the Rainland Fly Casters. Three basic flies: dry, wet, and streamers will be on display as well as the Spruce Fly, Purple Fish Hawk, and Orange and Black Chicabou Special.

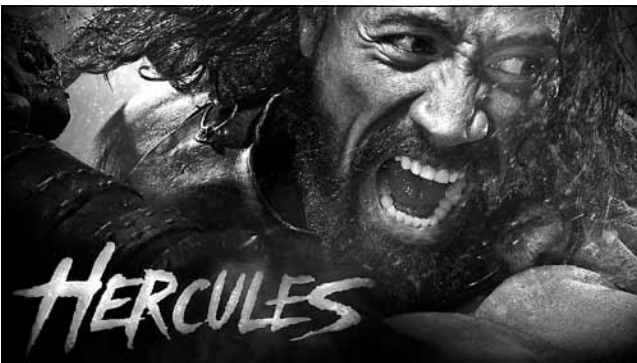
The Seaside Public Library is located at 1131 Broadway. For more information call (503)738-6742 or visit us at www.seasidelibrary.org and www.facebook.com/seasidepubliclibrary



by Les Kanekuni



DAWN OF THE PLANET OF THE APES (July 11) The sequel to 2011's *Rise of the Planet of the Apes* takes place eight years after the events of the first film. The ALZ113 simian virus created by scientists and used experimentally on apes, including Caesar (Andy Serkis), has jumped to the humans in a global pandemic which kills off most of the earth's population. Jason Clarke plays Malcolm, a survivor of the virus who forms a friendship with the apes and Caesar and sees them as equals. He is opposed by Dreyfus (Gary Oldman), who views the apes as animals and is driven by revenge after blaming them for the deaths of his children to the virus. James Franco has a tiny cameo via video clip. Official synopsis: A growing nation of genetically evolved apes led by Caesar is threatened by a band of human survivors of the devastating virus unleashed a decade earlier. They reach a fragile peace, but it proves short-lived, as both sides are brought to the brink of a war that will determine who will emerge as Earth's dominant species.



HERCULES (July 25) No doubt motivated by the success of ultra-violent sword and sandal movies like *300* based on graphic novels, Paramount/MGM have revived the Greek hero Hercules' story, starring the most comic book of action heroes, Duane "The Rock" Johnson. Synopsis: Having endured his legendary twelve labors and suffering the loss of his family Hercules, the son of Zeus, turns his back on the gods and takes his solace in the shedding of blood in war. But his life as a sword-for-hire is tested when the King of Thrace and his daughter seek his aid in defeating a tyrannical warlord. Hercules leads a band of mercenaries against the dark forces to return the king to his rightful throne. Brett Ratner (*X-Men: The Last Stand*) directs.

LUCY (July 25) Scarlett Johansson dips her toe into the action genre for the first time with Luc Besson's *Lucy*, which sounds like a mashup of *Limitless* and *La Femme Nikita*. If Johansson wants to take the next step from her turns in superhero movies like *The Avengers* to topline an action movie with a scifi angle, then Besson is the perfect director as he has a track record for action movies with female leads including *Nikita* and *The Fifth Element*. Johansson plays Lucy, a woman living in Taipei who is forced to become a drug mule. When the drug is inadvertently released into her system, Lucy gains the ability to access 100% of her

brainpower, which gives her the powers of telekinesis, elimination of all feelings of pain or discomfort and the ability to absorb knowledge instantaneously. Basically, Lucy becomes a butt-kicking machine, which she freely uses to get back at her drug lord torturers. Morgan Freeman co-stars as Professor Norman, a pioneer in brain research. Lead was first offered to Angelina Jolie, who turned it down.



MAGIC IN THE MOONLIGHT (July 25 limited) Stars rise and fall, Presidents come and go, but well into his fifth decade of moviemaking, Woody Allen keeps on ticking. Despite creative and commercial ups and downs, Allen has directed a picture a year for close to 40 years. Generally alternating darker, more dramatic pics with lighter fare and almost always shooting in New York, Allen carved out an admirable body of work. But ten years ago, Allen appeared finished. His movies were grossing less and less at the box office and he had to let go longtime members of his creative team. To survive, he had to adapt so Allen decamped from his beloved New York and followed the money to Europe. He revived his career making pictures in England, Spain, Italy and France and had career box office hits *Vicki Cristina Barcelona* and *Midnight in Paris*, picking up his fourth Oscar for the latter. In 2013 he returned to the States, making the critically and commercially successful *Blue Jasmine*. At 78, Allen shows no signs of slowing down. *Magic in the Moonlight* appears to be a lighter movie compared to the very dark *Blue Jasmine*. Synopsis: Set in the 1920s, Colin Firth stars as Stanley, a magician sent to Paris to debunk spiritualist Sophie (Emma Stone), who

may or may not be a fake. Despite his cynicism and her impressive pronouncements, Stanley finds himself attracted to the beguiling Sophie.



GET ON UP (August 1) Music biopics are regularly announced in the trades, with movies about Janis Joplin, Jimi Hendrix, Miles Davis and Bob Marley all described as pending. Few of them actually get made, usually because of music rights issues. Even when music rights have

proven unobtainable, producers have pushed ahead, leading to the predictably laughable result of a Brian Jones film (*Stoned*) with no Rolling Stones music and the recent Andre 3000 Jimi Hendrix movie that featured no Jimi Hendrix music. The producers of the new James Brown biopic have avoided this problem – there is actual James Brown music in *Get On Up* and have cast rising star Chadwick Boseman (42) as the seminal soul/funk performer. Story follows Brown's dirt poor upbringing in Georgia and his strained relationship with his mother Susie (Viola Davis) who left the family when he was a child. Finding inspiration in singers like Little Richard, Brown rises to fame in the 1960s as the leader of his own group while inspiring British Invasion performers like Mick Jagger (Nick Eversman). Entering the '70s, Brown creates an entirely new musical genre – funk. The real Mick Jagger is one of the producers of *Get On Up*. The Help director Taylor Tate directs.

GUARDIANS OF THE GALAXY (August 1) The second to last film of Marvel's Phase 2 appears with (hopefully) the successor to *The Avengers* series. Marvel expands from the usual Earth-centric stories to the cosmos with the quirkier, more idiosyncratic characters, who must, of course, save the galaxy. Official synopsis: Brash adventurer Peter Quill (Chris Pratt) finds himself the object of an unrelenting bounty hunt after stealing a mysterious orb coveted by Ronan (Lee Pace), a powerful villain with ambitions that threaten the entire universe. To evade the ever-persistent Ronan, Quill is forced into an uneasy truce with a quartet of disparate misfits—Rocket (Bradley Cooper), a gun-toting raccoon, Groot (Vin Diesel), a tree-like humanoid, the deadly and enigmatic Gamora (Zoe Saldana) and the revenge-driven Drax the Destroyer. But when Peter discovers the true power of the orb and the menace it poses to the cosmos, he must do his best to rally his ragtag rivals for a last, desperate stand - with the galaxy's fate in the balance.



FREE WILL ASTROLOGY

July

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ARIES (March 21-April 19): Would you like your savings account to grow? Then deposit money into it on a consistent basis. Would you like to feel good and have a lot of physical energy? Eat healthy food, sleep as much as you need to, and exercise regularly. Do you want people to see the best in you and give you the benefit of the doubt? See the best in them and give them the benefit of the doubt. Would you love to accomplish your most important goal? Decide what you want more than anything else and focus on it with relaxed intensity. Yes, Aries, life really is that simple – or at least it is right now. If you want to attain interesting success, be a master of the obvious.

TAURUS (April 20-May 20): Your urge to merge is heating up. Your curiosity about combinations is intensifying. I think it's time to conduct jaunty experiments in mixing and blending. Here's what I propose: Let your imagination run half-wild. Be unpredictable as you play around with medleys and hodgepodes and sweet unions. But don't be attached to the outcomes. Some of your research may lead to permanent arrangements, and some won't. Either result is fine. Your task is to enjoy the amusing bustle, and learn all you can from it.

GEMINI (May 21-June 20): The American painter Ivan Albright (1897-1983) was a meticulous creator. He spent as much time as necessary to get every detail right. An entire day might go by as he worked to perfect one square inch of a painting, and some of his pieces took years to finish. When the task at hand demanded intricate precision, he used a brush composed of a single hair. That's the kind of attention to minutia I recommend for you – not forever, but for the next few weeks. Be careful and conscientious as you build the foundation that will allow you maximum freedom of movement later this year.

CANCER (June 21-July 22): The Venus de Milo is a famous Greek statue that's over 2,100 years old. Bigger than life size, it depicts the goddess of love, beauty, and pleasure. Its current home is the Louvre Museum in Paris, but for hundreds of years it was lost – buried underground on the Greek island of Milos. In 1820, a farmer found it while he was out digging on his land. I foresee a comparable discovery by you in the coming weeks, Cancerian. You will uncover a source of beauty, love, or pleasure – or perhaps all three – that has been missing or forgotten for a long time.

LEO (July 23-Aug. 22): According to an ancient Greek myth, Sisyphus keeps pushing a boulder up a steep hill only to lose control of it just before he reaches the top, watching in dismay as it tumbles to the bottom. After each failure, he lumbers back down to where he started and makes another effort to roll it up again – only to fail again. The myth says he continues his futile attempts for all eternity. I'm happy to report, Leo, that there is an important difference between your story and that of Sisyphus. Whereas you have tried and tried and tried again to complete a certain uphill task, you will not be forever frustrated. In fact, I believe a breakthrough will come soon, and success will finally be yours. Will it be due to your gutsy determination or your neurotic compulsion or both? It doesn't matter.

VIRGO (Aug. 23-Sept. 22): Many of America's founding fathers believed slavery was immoral, but they owned slaves themselves and ordained the institution of slavery in the U.S. Constitution. They didn't invent hypocrisy, of course, but theirs was an especially tragic version. In comparison, the hypocrisy that you express is mild. Nevertheless, working to minimize it is a worthy task. And here's the good news: You are now in a position to become the zodiac's leader in minimizing your hypocrisy. Of all the signs, you can come closest to walking your talk and practicing what you preach. So do it! Aim to be a master of translating your ideals into practical action.

LIBRA (Sept. 23-Oct. 22): In the last two decades, seven Academy Award winners have given thanks to God while accept-

ing their Oscars. By contrast, 30 winners have expressed their gratitude to film studio executive Harvey Weinstein. Who would you acknowledge as essential to your success, Libra? What generous souls, loving animals, departed helpers, and spiritual beings have contributed to your ability to thrive? Now is an excellent time to make a big deal out of expressing your appreciation. For mysterious reasons, doing so will enhance your luck and increase your chances for future success.

SCORPIO (Oct. 23-Nov. 21): You have permission to compose an all-purpose excuse note for yourself. If you'd like, you may also forge my signature on it so you can tell everyone that your astrologer sanctified it. This document will be ironclad and inviolable. It will serve as a poetic license that abolishes your guilt and remorse. It will authorize you to slough off senseless duties, evade deadening requirements, escape small-minded influences, and expunge numbing habits. Even better, your extra-strength excuse note will free you to seek out adventures you have been denying yourself for no good reason.

SAGITTARIUS (Nov. 22-Dec. 21): In the Inuktitut language spoken in northern Canada, the term iminngernavearsaartunngor-tussaavunga means "I should try not to become an alcoholic." I encourage you to have fun saying that a lot in the coming days. Why? Now is an excellent time to be playful and light-hearted as you wage war against any addictive tendencies you might have. Whether it's booze or gambling or abusive relationships or anything else that tempts you to act like an obsessive self-saboteur, you have more power than usual to break its hold on you – especially if you don't take yourself too seriously.

CAPRICORN (Dec. 22-Jan. 19): Percival Lowell (1855-1916) was an influential astronomer who launched the exploration that led to the discovery of Pluto. He also made some big mistakes. Here's one: Gazing at Venus through his telescope, he swore he saw spokes emanating from a central hub on the planet's surface. But we now know that Venus is shrouded with such thick cloud cover that no surface features are visible. So what did Lowell see? Due to an anomaly in his apparatus, the telescope projected shadows from inside his eyes onto the image of Venus. The "spokes" were actually the blood vessels in his retinas. Let this example serve as a cautionary tale for you in the coming weeks, Capricorn. Don't confuse what's within you with what's outside you. If you can clearly discern the difference, your closest relationships will experience healing breakthroughs.

AQUARIUS (Jan. 20-Feb. 18): "I believe in getting into hot water; it keeps you clean." So said British writer G. K. Chesterton. Now I'm passing his advice on to you just in time for the Purge and Purify Phase of your astrological cycle. In the coming weeks, you will generate good fortune for yourself whenever you wash your own brain and absolve your own heart and flush the shame out of your healthy sexual feelings. As you proceed with this work, it may expedite matters if you make a conscious choice to undergo a trial by fire.

PISCES (Feb. 19-March 20): "I awake in a land where the lovers have seized power," writes Danish poet Morten Søndergaard in his fanciful poem "The Lovers." "They have introduced laws decreeing that orgasms need never come to an end. Roses function as currency. . . The words 'you' and 'I' are now synonymous." A world like the one he describes is a fantasy, of course. It's impossible. But I predict that in the coming weeks you could create conditions that have resemblances to that utopia. So be audacious in your quest for amorous bliss and convivial romance. Dare to put love at the top of your priority list. And be inventive!

Homework: Picasso said, "I am always doing that which I cannot do in order that I may learn how to do it." Your comment? Write uaregod@comcast.net.

The Pedaling Adventures of Madame Velo (a.k.a. The Bike Madame)

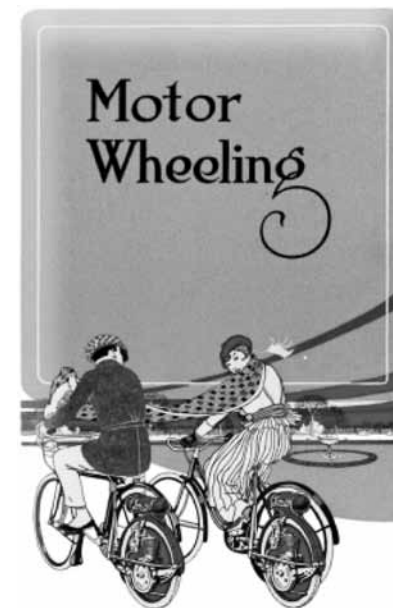
By Margaret Hammitt-McDonald

Who's Afraid of Electric Bikes?

FOR SOME cyclists, there's a masochistic glory in getting to the top of a giant hill, or completing a 50-plus mile day, under one's own power. When asked if they'd welcome the assistance of an electric motor that kicked in when they were tired, they'd answer with an emphatic (if out of breath and sweaty) "No way!" But what about if the rider suffered from aging joints, had a disabling condition, needed to haul loads and preferred a low-carbon alternative to a pickup, or needed to arrive at work without having to take a shower on arrival? What if the assistance of an electric motor would get more people out of their cars and onto bikes? I'm all for having more cyclists on the road, even if it means getting passed by riders with purring motors while I chug up Three-Mile Hill.

Electric-assist technology allows riders to pedal with a boost from a small motor. Some riders prefer to purchase a dedicated electric bike, where motor, drive train, and batteries come with it and they don't have to make an after-market conversion. Most models I've encountered have various levels of boost to your power, which either the rider controls or are determined by a torque sensor that detects the level of strain in the system and adjusts the boost accordingly. Some even have a throttle mode that lets the engine take over (so the rider can stop pedaling). The engine and batteries are located in various places, from the down tube to the rear rack. These bikes are ponderous behemoths of 50+ pounds, and some riders have to use the motor all the time just to get them rolling. They are also expensive, although cheaper than a car.

Another option is a conversion kit, which handily-inclined riders can put on a regular bike. If you're not a do-it-yourselfer, you can have a bike mechanic install it instead. Some shops even specialize in electric-system installations. The positioning of the electric components varies. Some are mid-drive assists, installed near the cranks (the arms to which the pedals are attached). Others become part of either the front or the rear wheel. Some are suited only to standard-sized bikes and/or wheels,



while others can be used on a variety of contraptions, including recumbents. An interesting design is the Copenhagen Wheel, produced by a team at MIT. It's installed into the rear wheel and has a torque sensor that activates the motor when the rider starts to work hard. It also stores energy from when the rider is pedaling easily. Apparently, so many people were interested in the devices that the team needs to find a larger facility to manufacture them and attach them to bikes on a large scale.

I have yet to test-ride one of these futuristic cycles, and it's not just because of embarrassment at being caught astride what some purists derisively call a "cheater cycle." As there isn't yet a lot of demand, many bike shops don't stock e-bikes. I recommend trying several models, as with any bike, so a shop that specializes in electric models (including load-monster cargo bikes) is your best bet. Personnel are familiar with the pluses and minuses of each model and can guide you. If you choose to go with a conversion kit, I would also suggest working with a shop that does the conversions, even if you intend to do the actual installation yourself. Enjoy your explorations, and maybe I'll see you zip past me as I'm doing my proud, sweaty thing.

Messages Sonja Grace mystic healer

Pain and Suffering

MANY PEOPLE have had numerous experiences in their lives where they have felt separated from a loved one, a place they called home or a career they could no longer continue. All of our experiences of separation can be better understood through the shared global wound of being separated from Source. We spend our lives trying to prove or disprove our connection to Source and reconcile the pain of separation.

Religions manage this wound from various perspectives of what is right and wrong, good and bad but in the big picture, the

vibration or energy of separation is felt in everyone no matter what dogma you chose to follow. We learn that our pain and suffering is translated in many ways, karma, bad luck, lack of devotion, bad genes or you must have been in the wrong place at the wrong time.

Often we leap into a higher consciousness without fully understanding what the human experience offers. If we drop down into the first chakra and experience everything from the perspective of survival and security, our pain and suffering can reveal the origins from which it came

from. If we move into the second chakra and experience our pain and suffering by connecting with our feelings, a deeper emotional experience we can uncover. If we take our pain and suffering into the third chakra we can experience the core wound of separation from Source that leaves many feeling like victims. The third chakra is home to our power and if our pain and suffering has us locked into the victim role, we are best served in looking at where we are participating as a victim and how the wounds from our past enforce this thinking. If we enter the fourth chakra and listen to our pain and suffering from our heart we find compassion and understanding for ourselves and others. We make strides to heal from the heart and address our pattern of victimization.

If we move into the fifth chakra we can then express our pain and suffering and transform through the experience as if the universe created a special karmic event just for us! The throat chakra is the frequency of the fifth dimension and a wonderful place to express how you feel! The sixth chakra allows our pain and suffering to be mentally understood but the higher octave is to perceive what that lesson is and how spiritually you are

reenacting a part of your karma that needs to be resolved and healed. The seventh chakra is the connection to Source. Your experience of pain and suffering will transcend through this portal to Creator and allow you to see a much bigger picture. All of our energy centers are needed in the healing process. We are here to resolve our karma and sometimes it is through pain and suffering that we are given the opportunity to do so.

For over thirty years, author and Mystic Healer, Sonja Grace has been offering her clients, both in the United States and abroad, immediate stability, clarity, and guidance. Through her healing, counseling and spiritual processing, Sonja has a wide variety of talent to choose from in which she accesses her ability to channel and communicate with the divine. Her new book 'Become and Earth Angel' Advice and Wisdom for Finding your Wings and Living in Service is available through Findhorn Press this fall. Other books by Sonja Grace are: 'Angels in the 21st Century' and 'Earth Ways Healing Medicine for the Soul'. The companion film presentation Earth Ways Series and her new Earth Angel Series is available on her website. www.sonjagrace.com

word and wisdom

By Tobi Nason

Independence Day!!

I'VE MOVED up your way, Astoria. So much to do, to see, to eat. I've only been in my new residence for a week, and I've eaten in a zillion places, did a lot of tourist-y things, drove across the big bridge just for the thrill of it, bought a 2 yr pass to the State Parks system, and went on a kayak tour of Coffenburg lake this morning, before I scooted off to the Farmer's Market.

Change is the word of the day. I've written a lot about change: How to do it, how to break through resistance, how to change your attitude about it, and more. Now that I have actually had two months of dramatic change, I think I now have an advanced degree. I sold my house - in one day - and sold store inventory within a week, found a condo within a few weeks, and well, here I am. I lived to write about it.

Most people have some resistance to change. I know I did. I wanted to optimize the life I had, not necessarily change it. I dug in my heels to dig deeper into the comfy zone I created for myself. I've always told clients - one change, no matter how little, will start you on the way to those bigger changes. I had a nice talk with a financial person who also suggested that if I sold my house, got rid of the store, I would have an easier, less stressful life. He painted a pretty picture. So I put my house on the market. I called the same lady that sold the house to me nearly 20 years ago. It seemed appropriate. Lo and behold, that house sold in one day. No quibbling,

no to-do list, no stipulations, as is, and for the asking price. At that point, the train has left the station, and I'm on it. I remember, at every step of the way after that, big questions without answers loomed. Serious questions, like - where was I going to live? Not really an easy thing to answer when you've got 2 dogs. I knew I wanted to go to Astoria since I do meditations at the Courthouse anyways. I tried to stay calm about taking one step at a time, especially at the end of the day, when questions were still left unanswered. I'd go to sleep, hoping and praying that something somehow would happen and that it would be in my favor.

It was a big lesson in letting go at times. Having to be patient and trust for the best. I worked hard at following my own advice - do research, get the facts, figure out what the fear is and address it.... and what I learned was this: At some point, you have to sit back and just go for the ride. And I found out that the world works in Mysterious Ways. I have found the perfect little condo for me and the two dogs. (I was getting impatient that writing up the contract on a one-bedroom that I wanted was taking so long.... well, the weekend of my signing for a once bedroom, this two-bedroom bigger condo became available. The "delay." that was irritating me so much turned out to work in my favor, big time. So my attitude is that there is always a reason for everything. Even delays....

So here I am. Still surrounded by boxes, still odds and ends to tie up. I also took some house money and bought a new used car. My van had 310,000 miles on it and realistically it will not last forever. The day I bought this new used car, I remember the salesperson as he filled in the blanks: no employment status, no address to call my own. He shook his head in confused amazement - "This is going to take a miracle."

Well, miracles do happen! I got my little car. I got a new place to live. I have a new life, folks.

There were times I felt overwhelmed and annoyed that I had to deal with everything all by myself. I was tired and whiney. Change is physically hard also. I once again found that friends, and friends of friends and Samaritans and the kindness of strangers came into my life like magic.

So here I am, better than ever. The life I had been leading was sucking the lifeblood out of me. It was routine, secure, suffocating. I learned that the price one pays for security sometimes is too high. I wanted more. To get it meant I had to dissolve my little creations of safety, my home and my store. I had to let them go. I loved my home and I loved my store, but I love freedom more.

Tobi Nason is a counselor located in Astoria territory. My number is (503) 440-0587. I am seeking office space and who knows where that may be? I'm up for anything these days.

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bodies in balance

By Tracy Erfling, N.D.

Menopause-Preparing for 'Reproductive Retirement'

MENOPAUSE AND the health concerns surrounding it, brings more women to my office than any other health condition. It is a time of uncertainty for many, a time to reflect upon the past as well as a look to the future. Above all it is a normal physiological function of the female body that doesn't so much need to be treated as assisted. And this assistance is not only my responsibility (or that of the health care provider); it is also that of the woman involved, her family, friends, and community. So take a moment to think about the menopausal women in your life and feel free to pass along any of the following information.

The definition of menopause is more than one year without a period. Again this is a natural phase of a woman's life when she moves from childbearing to 'reproductive retirement'. Before diagnosable menopause may come a phase termed perimenopause where there may be some irregular periods, or other symptoms beginning to arise. Once the stage of menopause has been reached and that woman is symptom free she is considered post-menopausal.

The symptoms and experience of perimenopause and menopause are unique to the individual, but there are many that are commonly experienced. Irregular menses is usually the first clue. Change in frequency of the menstrual cycle, with either increased or decreased bleeding seems a common theme. Hot flashes are another common symptom; they can be mild or intense, wet or dry, night or day, but women certainly seem to notice them and most want them gone. Vaginal dryness, new vaginal discomfort, vaginal discharge or bladder issues as well as lack of sex drive, are also a common theme. Insomnia, musculoskeletal pain and stiffness, foggy thinking, fatigue: these are all complaints that may also occur. Finally many women have a mental-emotional component from irritability, anger, and anxiety to lethargy and depression. All of the above may be something to consider addressing with

your health care practitioner if there is a significant impact on your daily life or sense of health and well-being.

Why are these changes happening and how long will they last? The answer to why is that the ovaries have stopped ovulating or are ovulating irregularly. Not unlike going through menarche, when women are just beginning their menses, menopause has many emotional and physiological changes. Without the formation of an egg, the hormones associated with its development are not released, and therefore the preparation of body tissues for potential pregnancy do not occur. This is a normal shift in women's hormonal lifespan as we don't want to be having children into our 50's and 60's!?! After ovarian retirement there is still some hormonal activity, but this job now falls to the adrenal glands.

These glands perform our natural inherent hormone replacement therapy. If the adrenals are in good health the transition seems to be easier than those that are overtaxed...which is an all too common problem in our modern world. How long menopause will last can for some be reflected in the health of the adrenals. If the adrenals can pick up the increased hormone production without much difficulty then it can be short and smooth. But for many who have or have had significant stress, these glands have a little more trouble taking on this new responsibility, therefore making the transition becomes a longer and more arduous task.

How can we assure good adrenal health? There are a variety of dysfunctions associated with the adrenal glands, many of which are not readily recognized or diagnosed by conventional means...a whole article in and of itself. Needless to say I will not cover this aspect of the menopausal conversation here...BUT there are some steadfast suggestions I will include. Adrenals love rou-

Dr. Tracy Erfling is a naturopath physician in the Lower Columbia Region.
Questions?
erflingnd@hotmail.com



tine, they are comforted and nourished by the regularity of our lives. How can we achieve good routine? Eat regularly, don't skip meals, and make good food choices. Sleep between the hours of 10pm and 4am when these glands are recovering and readying themselves for the coming day. Exercise!! This is something like

all other things in your day you must plan, literally putting it on your daily calendar. And of course do something relaxing everyday: reading, hot baths, music, being creative, or talking with a friend or loved one...these are ways to nourish the mind and spirit and of course, the adrenals.

When discussing therapies to assist in the menopausal transition, there are a whole variety of choices. Sometimes we opt to start the process by doing salivary testing to guide our decision regarding hormone replacement. For other women we decide to just start with things I have found tried and true and re-evaluate the plan as needed. As always this is a decision we explore together with all the individual factors in mind. The idea when entering into a hormonal plan for menopause is that it is a transitional time so therapeutic options directly related to hormone deficiency and balancing are for a finite period. The options range from nutrition and herbs to hormone replacement (bio-identical of course). When considering hormone replacement therapy, I often start with progesterone. It is the primary

hormone produced after the egg is released from the ovary, and testing often reveals its deficiency. It is quite common that women are prescribed estrogen for menopausal symptoms which indeed can be helpful for some symptoms but I appreciate the effectiveness and safety of progesterone so often choose it over estrogen. As always in naturopathy the goal is to look at the whole person including suggestions to address the health of the adrenals, digestive system, immunity, nutritional health, etc. Evaluating the risk and prevention of other diseases that start to present themselves in this later phase of life is also an important part of treating menopause...things like: osteoporosis, cardiovascular disease, reproductive cancers, breast cancer, and colon cancer.

Hormones aside, menopause is a time of reflection. A time to nourish self: mind, body and spirit. As with any time of transition there are things to embrace and things to clear away. For many women, menopause also coincides with empty nesting and retirement from our careers...yet another challenge to our definition of our roles and relationships in the home and community. So I encourage women to face this changing time with enthusiasm, to reflect and affirm themselves in order to be their best and enjoy their 'reproductive retirement' for the remainder of their lives.

Stay tuned for next month when I address andropause, the male equivalent to menopause. Until then...

DO something you love, BE with someone you love, EAT your vegetables, DRINK clean water, BREATHE deeply and MOVE your body EVERYDAY!!

CHEW ON THIS! by Merianne Myers



RECENTLY, WHILE searching my bookshelves for the perfect gift for a favorite bartender, I unearthed a little treasure called, "Burke's Complete Cocktail and Tastybite Recipes." It was written by Harman Burney Burke, aka Barney Burke, and published in 1932. I originally found it at a yard sale offered up by another hapless mover.

We obviously had very different approaches to the chore of moving, this fellow transient and I. Where I chose to offload as much heavy stuff as possible, they chose to get rid of the very thing that could have made the process tolerable - a guide to cocktails. What on earth possesses people?

This little gem is a great read. Here's how Barney talks, "To the neophyte who may lack the wisdom or miss the good fortune to choose and imbibe his drinks with understanding, there lurks a potential gloom-god ready to spoil what otherwise

may become an extremely pleasant phase of living this life of lights and shadows."

Whoa! Times change and language with them. It's the combination of condescension, admonishment and plain old snootiness that leaves me hopelessly smitten with Barney. That and the booze.

I love this book because of Mr. Burke and because it contains recipes for things that are long out of style but absolutely delicious.

FYI: In 1932, the 15 most popular drinks were Martini*, Manhattan, Bronx Cocktail, Old Fashioned, Sidecar, Clover Club, Gin Rickey, Gin Fizz, Bacardi Cocktail, Alexander, Rock and Rye, Whiskey Cocktail, Sherry Cocktail, Dubonnet Cocktail and Champagne Cocktail.

I have no idea what the Top 15 drinks of today are, but I bet many of them have vodka in the glass. Mr. Burke's book does not mention vodka. Time changes everything.

*Martini: Gin is implied. Rules of thumb: if it's not Gin, you need more words to describe it. Adding 'tini' to the end of the name does not make it so.

If I were throwing a cocktail party, I'd rely on Mr. Burke's sensibilities to set the tone and the menu. The combination of savory, salty canapés and icy, fiery booze is timeless.



ANCHOVY CANAPÉS

Cut bread 1/4 inch thick. Cut to shape and size desired. Dip in or spread with butter. Fry, or bake in oven. Spread with Anchovy Paste. Chop separately Yolk and White of Egg. Lay white and yolk in alternate rows on bread.

CAVIAR CANAPÉS

Toast thin squares of bread on one side only. Spread one-third of the square with caviar, another third with minced onion, and one third with chopped yolks of hard-boiled eggs.

TOMATO CANAPÉS

Cut Bread to suit. Toast slightly. Lay sliced Tomato on bread. Salt, Black Pepper, sprinkle of Cayenne. Grated Cheese. Brown in oven.

Remember this is 1932. The bread is obviously homemade; the tomatoes garden grown. It's hard to imagine simpler, more elegant hors d'oeuvres (which Barney asks us to pronounce OR DER).

My favorite is simply an Anchovy filet wrapped around a stuffed olive and secured with a cocktail pick. There just isn't a taste that mates with a gin martini better.



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- Two Islands Farm Market. Fridays, 3 – 6pm, through October 31. 59 W. Birnie Slough Rd on Puget Island. Trolley shuttle from Elochoman Marina at 3, 4, & 5pm and stops at the Chamber of Commerce in Cathlamet, WA. Accepts debit and SNAP cards. facebook.com/twoislandsfarmmarket
- Columbia-Pacific Farmer's Market. Fridays, 4 – 7pm, June – September. In downtown Long Beach, WA. –SNAP accepted. longbeachwa.gov/farmersmarket/
- River People Farmer's Market. Thursdays, 3 – 7pm, June 19 through October 2. At the parking lot in front of Astoria Indoor Garden Supply on 13th St in Astoria. The market accepts SNAP, and WIC and Senior Nutrition coupons. northcoast-foodweb.org/riverpeoplemarket/
- Seaside Farmer's Market. Wednesdays, 3- 6pm at the Seaside American Legion Parking Lot, 1315 Broadway St. SNAP accepted. seasideor.com/item.asp?iid=19&eid=989
- Cannon Beach Farmer's Market. Tuesdays, June 1 – September 30, 2 – 5pm. Located in the Midtown area of Cannon Beach. SNAP, Visa, and Mastercard accepted. cannonbeachmarket.org/Home.html

Markets with produce, food, art, crafts and more:

- Cowlitz Community Farmers Market. Tuesdays and Saturdays, through October, 9am – 2pm. At 900 7th Ave in Longview, WA. cowlitzfarmersmarkets.com/
- Clatskanie Farmers Market. Wednesdays, June 7 through September with more markets possible in October, 10am – 2pm near the Veteran's Memorial in Copes Park, Clatskanie. Some vendors will accept debit/credit cards and payment by SNAP should be available as the season progresses.
- Grays Harbor Farmer's Market and Craft Fair. Open all year, Monday – Saturday, 9am – 5:30pm and Sundays, 10am – 4pm. At 1956 Riverside Avenue in Hoquiam, WA. ghpublicmarket.com/
- Sunday Market on the Dock. Saturdays & Sundays, 10am- 4pm through August. Live Music, food, and more. 1161 Robert Bush Drive in South-Bend. facebook.com/SundayMarketOnTheDock
- Weekend Market. Fridays and Saturdays on the first and third weekends of the month, all year. 10am – 4pm. At the Long Beach Grange on Sandridge Road in Long Beach, WA. longbeach-grange.org/Weekend-Market2.html
- Saturday Market at the Port. Saturdays, Through September 27, 10am – 4pm. Located along the waterfront in Ilwaco, WA. portofilwaco.com/events/saturday-market/
- Astoria Sunday Market. Sundays, through October 12, 10am – 3pm. On 12th St in downtown Astoria. Some vendors may take debit/credit cards. astoriasundaymarket.com/
- Manzanita Farmer's Market. Fridays, June 13 – September 19, 5 – 8pm. At the Windermere parking lot on Laneda in Manzanita. SNAP accepted. manzanitafarmersmarket.com/
- Tillamook Farmer's Market. Saturdays, June 15 – September 28, 9am – 2pm. At Laurel & 2nd St in Tillamook. SNAP and debit cards are accepted. tillamookfarmersmarket.com/
- Pacific City Farmers Market. Sundays, June 15 – late September 28. 10am – 2pm in the South Tillamook Library parking lot in Pacific City. facebook.com/PacificCityFarmersMarket
- Neskowin Farmers Market. Saturdays, through September, 9am – 1pm. At the Neskowin Beach Wayside. facebook.com/NeskowinFarmersMarket
- Lincoln City Farmers and Crafters Year Round Market. Sundays, year round, 9am – 3pm. Located at the Cultural Center in Lincoln City. The market accepts debit and SNAP cards. Outdoors May – mid-October, indoors October – April. lincolncityfarmersmarket.org/index.html
- Siletz Valley Farmers Market. Tuesdays, through September 23, 2 – 6pm at the corner of Gaiter St and Logden Road in Siletz. facebook.com/pages/Siletz-Valley-Farmers-Market/139405816252841
- Newport Farmers Market. Saturdays, through October, 9am – 1pm at the Newport City Hall. Indoors November – April at the Lincoln County Fairgrounds Exhibit Hall on 3rd St in Newport. The market accepts debit and SNAP cards, and WIC and Senior Nutrition coupons. newportfarmersmarket.org/home.html

Canby Asparagus Farm and Casa de Tamales

in Astoria.

Family history on every plate!

POPULAR Vendors at the Astoria Sunday Market for more than a decade, the folks from the Canby Asparagus Farm Casa de Tamales opened a brick and mortar restaurant under the same name in Astoria in September of 2013. One step in the door, and you will notice just how different this restaurant is. The walls are festooned with a highly varied assortment of objects ranging from action figures, to vintage movie and concert posters, to folk paintings and much more. I've visited this restaurant several times over a number of months, and I always find new items of interest in the collection of funktastic objects at Casa de Tamales.

The real draw though, is the food, Mexican-American cuisine with a unique twist in that many items on the menu feature asparagus, grown on the family farm in Canby. The restaurant is operated by the father and son team, Charles and Brandon Maes, longtime vendors at the Astoria Sunday Market. One who has not yet eaten at the Casa de Tamales might wonder what yet another Mexican restaurant in Astoria might have to offer to the discerning diner. One taste of the excellent food at Casa de Tamales will provide the answer. I've sampled my way through much of the menu and have found everything to be well prepared and superbly flavored, from tamales to tacos, enchiladas, chile rellenos, and more. The precise seasoning and combinations of ingredients in each dish elevates the cuisine at Casa de Tamales to a higher level than one might find at a good taco stand and the use of fresh asparagus kicks it over the top.

Casa de Tamales front man, Charles Maes proudly



states: "We specialize in tamales: we make 40 varieties which include vegan, vegetarian, sweet and seafood tamales, and fat free tamales. Our trademark specialties are asparagus tamales, deep-fried asparagus, bacon-wrapped asparagus, and asparagus mole."

My personal favorite appetizers include the luscious bacon wrapped asparagus and also the perfectly fried vegetable empanadas both served with a spicy dipping sauce. The tamales are huge, about the size of my two fists and are served with flavorful beans and rice. The Nactamal tamale (a Nicaraguan-style tamale wrapped in a banana leaf and filled with chicken, potatoes, olives, and Oregon plums and



By Cathy Nist

Canby Asparagus proprietor Charles Maes and son Brandon serving up healthy portions of delicious Mexican-American plates.

grapes) is especially recommended, but I also found the chile rellenos, the chicken enchiladas, the al pastor taco plate, and the tortilla soup worth special mention. Prices at the restaurant are moderate and portions large, with appetizers from \$5 - \$9 and entrees for \$9 and up.

Maes says, "The food we serve here is based on dishes that we ate at home when I was growing up in the Yakima Valley in Washington. These were mainly dishes that my father made with the asparagus that grows in that area." Casa de Tamales thus serves up Maes family history on every plate.

The Canby Asparagus Farm was established about 20 years ago in Canby Oregon by the Maes family. The farm is approximately 20 acres, with 15 acres devoted solely to asparagus. "When we bought the farm," said Maes, "my Mother said that if it was her farm, she would plant asparagus, and that's how we got started. In the beginning, we got our break selling asparagus to Strohecker's an exclusive grocery store, up in the West Hills of Portland. As word got out, we were then able to provide asparagus to many of the fine restaurants in Portland and also Zupan's and New Seasons Markets. Now, though, we do farmer's markets: six markets per week in the Portland area and three here on the coast. We specialize in value-added products [homemade tortillas, chips, salsas, etc.] and prepared foods. Plus our two restaurants, one in Milwaukie [opened 7 years ago] and this one in Astoria.

Both restaurants were opened due to popular demand from farmers market customers. Maes commutes back and forth between the farm, the two restaurants, and the markets as needed. "It's a lot of work, but it's fun. It's a labor of love," he said. As if that doesn't keep him busy enough, Maes also offers that, "We are also available for catering or for any party needs that you may have."



According to Maes, much of what is served at Casa de Tamales is Oregon-grown. "Most of our product comes from our farm in Canby and from Chris and Marven Winters' Farm in Corbett. We try to use in-season local foods as much as possible. We serve beer, wine and margaritas at the restaurant. We also have a very good selection of Oregon wines."

If you are in search of moderately priced casual dining with excellent food and a funky ambiance, the Canby Asparagus Farm Casa de Tamales is your kind of place. Hoist a margarita for me and say hi to the camel by the front window!

The Canby Asparagus Farm Casa de Tamales in Astoria is located at 1426 Commercial St. and is

currently open 7 days a week. 11am – 8pm Sunday - Thursday, and 11am – 9pm on Friday and Saturday. Canby Asparagus Farm Casa de Tamales booths may also be found at the Astoria Sunday Market, the Cannon Beach Farmer's Market, and at the Saturday market at the Port of Ilwaco. Visit their website at canbyasparagusfarm.com to view a menu or for more information.



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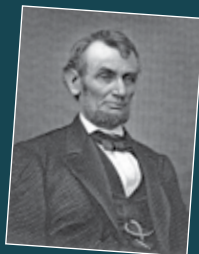
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