

# HIPFiSHmonthly

the columbia pacific region's free alternative

Volume 14 Issue 173  
June 2013



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PICTURES AT AN EXHIBITION

PLUS CABARETS . . @ KALA P.4

HIS HOLINESS

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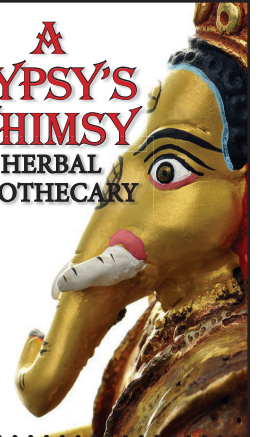
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# HIPFiSHmonthly

NEWS • FEATURES  
4 - 13

June 13

CULTURAL CALENDAR  
& the month day by day 14-19

News & events . . . 5 - 10

Dalai Lama Summit. . . Quinn 9

NEW!!!!!!OUTLOOKSOFIEKLINE

PHOTOGRAPHSSREETSTYLE . . . 11

ASTORIA MUSIC FESTIVAL . . . Urell 12-13

46th Annual Scandinavian Festival . . . 14

R-Evolution Farms . . . Nist 26

## COLUMNS

STEVE BERK . . . 6

ON RAIN . . . Love 7

WORD/LITERARY... 19

FLASHCUTS . . . . . Kanekuni 20

Bike Madame . . . Hammit-McDonald . . 21

FREE WILL ASTROLOGY . . . Brezny 21

NETWORK COMMUNITY Listings . . . 22

BODIES IN Balance. . . . . Erffing ND 23

Sonja Grace MESSAGES . . . 24

WORD & Wisdom . . . Nason 24

CHEW ON THIS . . . Myers 25

FOODGROOVE . . . . 26

**KALA** is the groundfloor gallery and performance space located at the production office of HIPFiSHmonthly. We proudly collaborate with local and regional artists in a presentational format. **KALA** is the Finnish word for fish.

HIPFiSHmonthly is located at 1017 Marine Dr in Astoria.  
503.338.4878

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## JULY HIPFiSH ON THE RACKS FRIDAY JULY 5

Cover Art: Brunnhilde sneaks  
'round town. By Colin Miller.  
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Marga Stanley - Man with a Horn

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## Pictures at an Exhibition. Astoria on the Fringe . . .

### AMF Vocal Apprentice Cabaret Show

**A**STORIA, situated as it is in the hinterlands of the Pacific Northwest, is no stranger to being on the fringe of things. And speaking of fringe . . . Edinburgh has one, Spoleto has one, even Philadelphia has one. Is Astoria poised to join the ranks of the world's great fringe art festivals?

What of the Fringe festivals? They have a long history, beginning with the granddaddy of them all, the Edinburgh Festival, held every summer in Scotland. "Fringe" in this context has two meanings. It means, first of all, a festival originating on the fringes of a larger festival, in this particular case the Astoria Music Festival. It also means "on the edge" or "out of the mainstream."

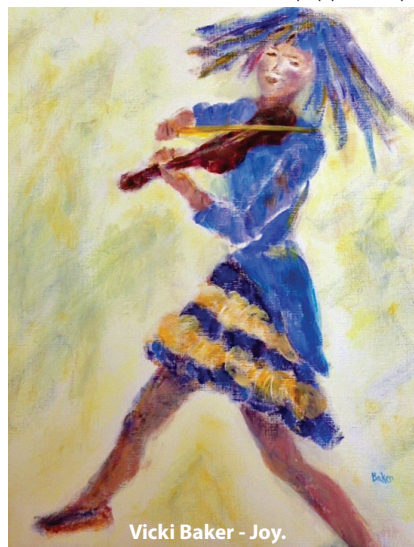
Well, enter KALA, which is Astoria's alternative answer to just about anything! The downtown storefront has been developed to accommodate a cultural multi-use space, filling the gaps, the niche, riding the fringe, the stuff originating from the creative precipice. Addressing the roster of shows that happen at KALA, owner Dinah Urell says, "We don't book any one type of show on a solid basis too far in

advance, as we want to be open to a diverse community offering . . . this includes visual art, performance art, music from classical to rock and avant garde, lectures, theater, movies, dance nights . . . we are equipped to present a multitude of cul-

tural genres," and she adds, "Local artists of all nature have found KALA to be the place where they can plausibly present their work." Whether its a mini-festival or an installation that needs viewers, the intimate 42 seating capacity seems to be the right number for audience sizes that find interest in specific kinds of art production.

Coming up for June: PICTURES AT AN EXHIBITION is a juried show, organized by Drew Herzig (City Counselor, strong proponent of the arts and social diversity

organizer), and Charles Schweigart, local artist and musician. With the help of jurors Teri Sund of Imo-



Vicki Baker - Joy.



Elizabeth Bonn-Zimmerman - Southwestern Music

gen Gallery and Scott Leaching of Dots n' Doodles Art Supply, this month's art showcase asked artists to focus their brushes and art making tools on a music theme.

Eleven of the region's finest artists, created pieces specifically for the show include: Kimberly Reed, Gin Laughery, Marga Stanley, Vicki Baker, David Ambrose, John Wecker, Charles Schweigert, Joy Diamond, Chris Bryant, Shirley Dahlston, and Elizabeth Bonn Zimmerman.

**The show opens June 8, Astoria 2nd Saturday Art Walk. Gallery viewing hours are Sat/Sun, noon to 4pm @ 1017 Marine Drive in Astoria. Or by appt by calling 503.338.4878. Thur June.**

**In Collaboration with the 11th Astoria Music Festival Cabaret at KALA • Tuesday, June 25 Presenting AMF Vocal Apprentice Artists**

AMF vocal apprentices step outside the classical world to present popular music at KALA. Cabaret seating, no-host bar and light bites are all a part of the eve.

**Show at 7pm, doors open at 6:30pm. FREE admission - Open to the community.**

## 4 in SONG.

**A GENRE-BENDING** blend of musical styles, 4 in Song, presents a 1-Act exploration in song performance, on Friday, June 28 at KALA, when four vocalists try on tunes from numerous era's. Baroque opera, Bessie Smith blues, Kurt Weill, traditional, rock and popular song weave a show with a mission to delight audiences with a singing performer focus.

Working in a studio ensemble format the four performers; Martin Buel, Teresa Barnes, Andrea Mazzarella and Dinah Urell are preparing pieces, solo and group, allowing for minimalist theatrical staging, and will be accompanied by a small combo with a "new cabaret" bent and some prepared sound-tracking. KALA has designed its space to recreate the cabaret setting; small tables and cocktails, stage lighting and sound, allowing audience to experience intimate, up close performance in a casual setting.

This is a first performance, scheduled to accent the Astoria Music Festival. Andrea Mazzarella and

Teresa Barnes are members of the hip hop/dance duo Fever Damn. Their infectious act is a regular performing duo at the VooDoo Room, always sure to pack the place. (Hear them on Sat, June 22). They've produced one CD, "Meow Down," and three of the tracks from the CD as videos on YouTube, receiving to date close to 4000 hits. Martin Buel is a newer resident to the North Coast. A landscape designer/gardener by trade with a background in dance and music, Buel has been working on building a song repertoire, having performed a one-man song show a year and a half ago at the former Pier Pressur Productions.

"4 in Song" is directed by Dinah Urell, a vocalist/performer and publisher of HIPFISHmonthly who has been in many performance projects in the region over the last 15 years; her own solo cabaret performances with pianist David Carlson, "Mark Twain Out West" by Joseph Stephenson, the popular locally produced "Women of the Blues," to name a few, and of late performing in Marco Davis' DRAG-A-LUTION, w/ Mazzarella and Barnes. Instrumentalists include: Sterling Gorsuch, Olaf Ydstie, Tyler Little (who re-



Teresa Barnes, Dinah Urell, Andrea Mazzarella and Martin Buel

cently produced original music for DRAGALUTION) and special guests.

**Friday, June 28, doors open at 9:30pm, Show 10:15ish. 1-Act show (apprx 1 hr). Cocktails and lightfare. \$10 at the door, and advance tickets available at Imogen Gallery and RiverSea Gallery in Astoria. KALA is located at 1017 Marine Drive in Astoria.**



## Celebrate Goonies Day! 25 Years.

**Mick Alderman:  
Three Weeks with The Goonies**

As a part of the Goonies 25th Anniversary Celebration, Mayor Willis Van Dusen declared June 7 to be officially recognized as Goonies Day in Astoria, Oregon. This date is special to Astorians because it's the anniversary of the day the film was released into theaters in 1985. The Astoria-Warrenton Chamber encourages fans, both local and abroad, to celebrate the anniversary.

Film fans in Astoria will be greeted by several merchants participating in the **Rich Stuff Scavenger Hunt** where fans can follow the clues to visit over a dozen goonies-enthusiast businesses. Some businesses will also offer specials for Goonies weekend including a variety of 80s- and Goonies- themed activities.

**House Tours:** The house made famous in The Goonies as the residence of the Walsh family is an iconic location. Each year, thousands of fans make the trek to the house to stand where the kids did in the movie and have snap a photo in front of it. The private home will be opened in honor of Goonies Day and fans will have the opportunity to step inside and take a tour.

**Three Weeks with the Goonies:** As an aspiring film director, author and native Astorian **Mick Alderman** was invited by director Richard Donner to observe the filming, and wound up spending nearly every day on the set. His memoir, "Three Weeks with The Goonies", takes the reader through The Goonies location shooting process - day by day - and relates a variety of anecdotes and impressions gleaned from the experience. The Oregon Film Museum has invited Alderman to present his book in person. He will be chatting about his experiences, sharing photos and signing his book.

**The Oregon Film Museum** celebrates the art and legacy of films and film-making in the State of Oregon. Housed in the old Clatsop County Jail, known to Goonies fans as the scene of the opening jail break, the museum invites visitors to explore this and other films and the production behind making movies in Oregon. Open Daily 10am-5pm.

**Friday, June 7 to Sunday, June 9**  
Details will be posted online: [GooniesDay2013@oldoregon.com/events](http://GooniesDay2013@oldoregon.com/events) and the facebook event site: [Annual Goonies Day 2013](http://AnnualGooniesDay2013). 800.875.6807



## WETLANDIA! Water Quality Monitoring Project Launch Learn more about your watershed and volunteer! June 6, Judge Guy Boyington Building, Astoria

**ASTORIA, OR** – The North Coast Watershed Association will be holding the first of two open houses on Thursday, June 6th at the Judge Guy Boyington building from 6-8pm to launch a new volunteer-driven water quality monitoring program, Wetlandia. NCWA will discuss the current state of water quality in the North Coast and Lower Columbia and what our rivers and streams are telling us. NCWA is hoping to gather information from the folks in the community on various aspects of water quality in the region. Do you monitor water? Have you in the past? Do you want to volunteer or have information to share with us? Please come to give your input as to what you have seen in your watershed and what streams and creeks you want to know more about. Meet NCWA coordinator, Jesse Jones, watershed council and board members and learn how you can join a council.

The NCWA is a non-profit organization that coordinates watershed councils and other community-based efforts to improve watershed health. The NCWA knows that healthy watersheds sustain healthy communities, and envisions healthy watersheds that support optimally functioning ecological processes and sustainable populations of naturally spawning fish, wildlife and human communities. The NCWA works collaboratively within the community, in partnership

with local, regional and federal agencies, as well as with businesses, corporations, willing landowners and volunteers, to foster stewardship, restoration, enhancement, recreation and celebration of our rivers and wetlands. The NCWA serves as a resource for and coordinates the activities of its member watershed councils: Ecola Creek, Skipanon, Youngs Bay, and Nicolai-Wickiup.

Wetlandia is a collaborative project between NCWA, Clatsop Community College, Necanicum Watershed Council, DEQ, local restoration partners and numerous volunteers to create a current, organized, and consistent water quality testing program in the Lower Columbia and North Coast. This project will directly benefit water quality improvement efforts by providing a sound scientific basis for watershed councils to guide stewardship and restoration of watersheds. Last fall, NCWA and Clatsop Community College teamed up to bring this community a Water Quality Chemistry Class. The class will be offered again in the fall, as will monthly volunteer training sessions for field sampling. This summer, the NCWA along with our current team is looking to create new water quality monitoring plans with help from the public for each watershed council of the north coast. Once these plans are complete, the testing will begin.

## Introduction to Permaculture Workshop At Alder Creek Farm in Nehalem • June 24

**LOWER NEHALEM** Community Trust presents an Introduction to Permaculture with Erin Yeake, trained permaculture educator, on Saturday, June 24, 10 a.m. - Noon at the Alder Creek Farm, at the end of Underhill Lane in Nehalem.

Workshops attendees will become acquainted with gardening in a way that promotes a beautiful, bountiful and beneficial landscape. Using principles of companion planting, aesthetics and a deep understanding of beneficial pollinators, Erin will provide key principles and answer questions in this two-hour introductory workshop.

In her own life, Erin, a student of permaculture expert Toby Hemenway, goes beyond permaculture in the garden and embraces the principles of this study of interdependence into the design of all aspects of her family's living and working spaces. She enjoys the discipline of observation and the honing of her skills of pattern literacy.

This garden education workshop is free for LNCT members and \$5 for non-members and advanced registration is encouraged.

Lower Nehalem Community Trust, a community-based land trust, has been preserving and protecting land and engaging with their community since 2002. Memberships start at just \$15 for individuals and



offer benefits such as free or reduced admission to events, speakers and workshops, newsletters, monthly e-bulletin, logo decal and more.

For more information about this workshop or to become a member of LNCT contact 503-368-3203, lnct@nehalem.tl.net, or visit our website: nehalemtrust.org.

## State Treasurer Ted Wheeler to Address CCC Graduates

**OREGON STATE** Treasurer Ted Wheeler will address graduates and guests at the 2013 Clatsop Community College Commencement Ceremony, Friday, June 14, at 7:00p.m. in the Liberty Theater. A large graduating class is anticipated, and seating is limited.

Since being appointed and then elected in 2010, Mr. Wheeler has directed efforts to implement money-saving technologies, strengthened access to data, authorized fraud lawsuits against firms that misled investors, earned an upgrade in Oregon's credit rating and revamped the Oregon 529 College Savings Network with lower costs and more options for families. He has convened business leaders and spearheaded a statewide blueprint for economic development, the Oregon Investment Act, which was approved in 2012.

Wheeler is a sixth-generation Oregonian. The town of Wheeler located on Nehalem Bay is named after his great-grandfather.

"Treasurer Wheeler understands and supports the connection between higher education and upward mobility, and we are honored that he will be sharing this important milestone for CCC students and their families," says CCC President Lawrence Galizio.

For additional info regarding the CCC Commencement Ceremony, visit [www.clatsopcc.edu/student-resources/registrar/commencement](http://www.clatsopcc.edu/student-resources/registrar/commencement). Please direct inquiries to: Chris Ousley, 503-338-2326; [cousley@clatsopcc.edu](mailto:cousley@clatsopcc.edu)



## Attention Clatsop State Forest Lovers! North Coast State Forest Coalition Outings

**THE NCSFC** has planned some early summer outings for folks to experience the newly proposed conservation areas in the Clatsop and Tillamook Forests. And while you're on the journey they've paired up some outdoor experts to add to the fun:

"The campaign to create durable conservation areas is running smoothly," according to NCSFC rep Pearl Rasmussen. Contact her in advance to schedule a spot.

- **Edible Wild Plant Hike June 15th**  
Venture into the forest with an edible plant expert and learn about how to harvest food and herbs from the forest! Location will be in a proposed Conservation Area in the Clatsop State Forest. Carpools will be available from Astoria, and possibly beyond depending on interest. To sign up or ask questions, contact Pearl Rasmussen at 503 338 8933 or [rasmussenpearl@gmail.com](mailto:rasmussenpearl@gmail.com)

- **Photo Outing, Plympton Creek, June 23**  
Learn about nature photography with Michael Granger in a scenic

forest setting. The Plympton Creek Terrestrial Anchor is a proposed Conservation Area in the Clatsop State Forest. Come see why this place is so special, and learn skills for capturing that essence on camera. The excursion will be a drive on forest roads with several stops at sites with different visual appeal including young and old trees, streams, bridges, clearcuts, and viewpoints. Michael Granger is the Owner of Lightbox Photographic in Astoria. He specializes in forest photography and helps people to explore their passion and vision through photography and printing. All photography skill levels are invited! The journey will involve some easy walking

Meet at the Berry Patch Restaurant in Westport for a cup of coffee and brief talk about the excursion at 10:30am. Carpools will be available from Astoria, and possibly beyond depending on interest. To sign up or ask questions, contact Pearl Rasmussen at 503 338 8933 or [rasmussenpearl@gmail.com](mailto:rasmussenpearl@gmail.com)

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— Rachel Carson



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# Austerity Expands Poverty

**THE HYPERCAPITALISM** that has encompassed the world since the end of the Cold War has made an elite investor class obscenely rich, while gradually impoverishing middle classes and sinking others below them to "slum dog" status of ever increasing homelessness, hunger and disease. In the 1930s Great Depression and during the Second World War, Franklin Roosevelt tried to make "freedom from want" one of the essential human rights. But plutocrats fought his attempts to give a hand up to the down and out, and present economic and political elites have succeeded in restoring the massive inequalities of the robber baron era.

International bankers and industrialists actually thrive on the deflationary regime brought on by the European austerity programs that have impoverished Greece, Spain and Ireland. And in the US, the richest one per cent thrives on the kinds of cruel cuts personified in the eighty-five billion dollar "sequestration." Withdrawal of federal funds from the economy enables corporate management to further discipline the working underclass that has already seen its unions busted, its pensions and medical benefits erased, and its wages lowered below the poverty line. With ever more desperate people lining up to apply for ten dollar an hour clerk jobs, the bottom line of retail chains grows larger and their executives' salaries and stock options fatter. Many now taking low wage jobs have college degrees and previously did highly skilled work at good salaries with ample benefits. Or they worked in family wage union jobs that have now been outsourced to sweatshops in Asia.

The sequestration cuts were imposed in March because Repub-



licans, insisting they had generously conceded increased taxes for persons making over \$450,000 per year (to a bracket still below where it was under Reagan), and would not acquiesce in proposed closing of corporate tax loopholes to raise further revenue. An already well-to-do Senator Rand Paul, who basks in the high salary and incomparable benefits given members of his elite political class, dismisses the sequestration cuts as "a pittance." But such unnecessary cuts have hurt the economic recovery and affected a broad swath of jobs including military base services, government contractors, health care workers, and national park employees. But hardest hit have been those who can least absorb the blow. The Women, Infants and Children (WICs) program, which provides nutrition for poor pregnant women so they can have healthy babies, has been severely cut. And Head Start, offering early instruction and nutrition to poor, often minority children, is also suffering devastating cuts. These are the kinds of programs the libertarian right especially despises, as they are among the remnants of President Lyndon Johnson's liberal Great Society.

## HELPING HANDS of Clatsop County

As a result of state and federal austerity, capped by sequestration, homelessness, already rampant, has exploded nationwide. Here in Clatsop

by Stephen Berk



County alone, it has surged from fifty to a hundred households from 2001-08, to over a thousand families today. Federal and state support for food banks has been cut, as have allotments for nonprofit homeless shelters. In Seaside, Helping Hands, one of the most useful programs providing shelter and retraining for homeless individuals and families, is also having to cope with less federal and state grant money. Executive Director Alan Evans, himself once a longtime victim of homelessness, states that Helping Hands not only provides emergency shelter for individuals and families hit with unemployment and homelessness, but also prepares them for reentry into productive society. A recent example is a woman whom they helped get a food handler's certificate and is now a working chef.

Many homeless suffer the effects of substance abuse, commonly a product of despair, due to the difficulties of making it in today's America of increasing costs and declining opportunities. Helping Hands has one of the best substance recovery programs in the county and has recently expanded its shelter capacity and added a thrift store to help fund its operations near the junction of Highways 101 and 26. Now with federal and state aid at low ebb, it is important for individuals, churches and public service organizations to step up and contribute or volunteer time. Contact Helping Hands at (503) 738-4321, visit them at 1530 S. Roosevelt, Seaside, or contribute to their tax deductible non-profit, Community Outreach Emergency Shelter, c/o Helping Hands, PO Box 413, Seaside, OR, 97138. Pledge cards are available for individuals or organizations to sponsor Emergency Shelter beds

## Tolovana Arts Colony Presents The Seventh Annual Cannon Beach Puttz • June 11

**PUTTZ YOURSELF** through downtown Cannon Beach on June 11, in this 7th Annual Cannon Beach event, a creation of the dearly departed team of Micheal Burgess (Unlce Mike) and Billy Hults (The Upper Left Edge) to benefit the Tolovana Arts Colony; also a manifestation of the two writers, so designed to employ the talents and resources of the many artists in the region.

Green fees: \$15.00 per golfer or \$50.00 per foursome. fun and imaginative 12 hole putting course throughout Cannon Beach. Holes are sponsored, designed, and built by Cannon Beach merchants. The Sign-in booth is located at Sandpiper Square, across from the CB Post Office. Course times: 1:00PM-5:00PM. Last tee off at 5:00PM.

After tournament party, 6:00PM-8:00PM, at the American Legion (last hole location). Prizes for lowest score (two rounds of golf at the Gearhart Golf Course) and highest score (wine from Walnut City Wine Works) will be presented. In addition, there is a Fabulous raffle and silent auction with many great prizes from local businesses. Party is open to the public. Tacos and beverages for sale.



Hole sponsors: Voyager Toys, Once Upon A Breeze Kite Shop/Jupiter's Rare & Used Books, Dueber's & Shorelines, Cannon Beach Distillery, Cannon Beach Hardware, American Legion, Accents 1925, Land's End Motel, Bruce's Candy Kitchen, Driftwood Restaurant, Bill's Tavern & Brew House, and The Wine Shack. This is TAC's major annual fundraiser. Wanted: 4 Volunteers as hole monitors. Contact Course Co-Director Evie Alburas, (503) 440-9560, peanup6@yahoo.com. Volunteers play for free.

## OCCA Offers Free Arts Website Listings

**THE OREGON** Coast Council for the Arts (OCCA) is offering free learning sessions on Monday and Tuesday, July 8th and 9th, to all Clatsop County artists, gallery owners, presenters of arts-related events, and arts, heritage and humanities organizations, to learn how to input their information on OCCA's new website, [www.coastarts.org](http://www.coastarts.org). This website is the only one of its kind devoted exclusively to promoting coastal Oregon arts.

These easy and free sessions teach people how to enter, at no cost, arts-related events, classes, workshops, auditions, receptions, artists' profiles into our website, and become part of OCCA's coastal Events and Arts Directory. Artists, public relations, executive directors, event coordinators, marketing people, and volunteers, who handle their organization's press releases, will want to attend.

Through a grant from Meyer Memorial Trust, OCCA redesigned its coastarts.org website, and the Oregon Community Foundation grant from the Fred Fields Fund, is allowing OCCA to create its Coastal Arts Network Design and Optimization (CAN DO) initiative to teach organizations and artists to input their information and keep it current.

The OCCA buys local, regional and national advertising to promote and drive people to coastarts.org and the site is quickly found with common search tools of the Internet. The site has a built-in refined search capability to allow anyone to find the art resource quickly and timely, whether it be an event, gallery, artist, venue, or art organization. More importantly, if you are an artist, performer, or event coordinator for art events on the coast, you will have a special ability to submit the content of your listings at this site easily online anytime at will, making it the freshest list of culturally fun and interesting things to do.

OCCA's CAN DO Outreach and Education Representative (OER), Ernest Brown, conducts these free learning sessions. Pre-registration by Monday, July 1, is required as space is limited. If you have a laptop or tablet computer, please bring it to the session; however it is not a requirement for participation.

In Astoria choose from the two learning sessions being offered at the Clatsop Community College on Monday, July 8th, 4:30 pm to 6:30 pm; and again on Tuesday, July 9th, 10:00 am to 12:00 noon.

In Cannon Beach, a learning session will occur at the Cannon Beach Historical Society on July 8th, 12 noon to 2 pm.

In Gearhart, a learning session will occur at the Trails End Art Association on July 9th, 6:00 pm to 8:00 pm. To register for a free training, please call Ernest Brown at 541-574-2650 or email him at [occa-can\\_do@coastarts.org](mailto:occa-can_do@coastarts.org).

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6/9: Blue Skies for Black Hearts (indie rock)  
6/14: Wild Ones (indie pop)  
6/15, 6/16: Nicole Berke (soul)  
6/20, 6/21: Tony Furtado (Americana)  
6/22, 6/23: The Waxwings (indie folk)  
6/27, 6/28: The Stolen Sweets (swanky vocal swing)  
6/29, 6/30: The My Oh Mys (soulful Americana)

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# ORAIN



## The Gothic Cheerleader

"**THE COACH** told us we had to go out and immediately get a spray tan because she needed to see how we looked," said Lily, a senior, who abruptly stopped writing an essay in my classroom during my prep period.

It was raining outside, classic April showers that bring endless lawn mowing and the slug patrol. I had just casually asked Lily about her mid-week tryout to become an Oregon State University cheerleader. A day ago, I heard it through the rain vine that she had fulfilled a lifelong dream and made the team.

She turned to me and continued. "The coach said it was because we'd be appearing on national television at football games."

"What? With a fake tan?" I screamed. "This is Oregon. Cheerleaders should look Gothic!"

Lily was getting upset. From my desk a few feet away, I detected red streaks upon her face. I knew a genuine teenage tirade was coming and I relished the thought because when Lily goes on a tirade, it is a wonder to behold. I'll never forget the one last spring about mold contaminating Newport High School. It had since entered legend.

It was time to crush the eggs and egg her on. She wouldn't be around much longer and that saddened me because she was a uniquely talented and eclectic student who could fly through the air with the greatest of ease or tell a story of picking up European

hitchhikers on Highway 101 and debating the merits of socialism. She was also gloriously pale!

Yes, I wanted a final multi-pronged tirade, one for the ages, fulminating on the indigenous beauty of Oregon rain, and against the blonde, bronzed, vacuous cheerleader, a stereotype Lily had fought to annihilate her entire high school career, most recently at the senior poetry slam where she slyly confronted those who dared to typecast: Like hanging files in a cabinet we are categorized / and only by what people see on the outside.

The very notion of any football cheerleader in Oregon having a real, let alone cultivating a fake tan was utterly heretical and preposterous, but then again, it speaks venal volumes about what big-time college football has devolved into at Corvallis and Eugene. Next thing Phil Knight will want to do is stop the good football rain during the games and intertwine the Swoosh with an umbrella for a sleek new helmet logo. God, I long for the halcyon days when a 4-7 season constituted a good year.

Some deluded coach, most likely from Arizona or Florida, who thinks of rain as the R Word, was asking a young woman who grew up in place where it rains an average of 70 inches a year, to embrace a Southern Californian identity for the sake of recruiting star athletes from the Umbrella Lands to compete for Oregon's Pac-12 universities. It was all about establishing a new brand for Oregon's gray sunshine to sell more apparel made by child slaves in Asia.

Did I mention Lily is an incredibly accomplished photographer who has taken the best photographs of rain I have ever seen? Or that she's probably set a world record for cheerleading in rain? Or that she would break up with a boy on the spot if he ever transgressed with an umbrella? In fact, she once expressed her desire to get married in rain!

Lily told me more about the tryout and I witnessed the vexation mounting. As her teacher, I had a clear professional duty to calm her down and thereby see the big business picture of the sun triumphing over rain. Perhaps I should have even suggested that she consider quitting

rather than compromising her integrity and betraying her heritage. No, never. Advance, always.


I brought out a dozen more eggs, shattered them against the wall and painted my face with the yolks. I became unhinged in my attempt to foment Lily into leading a revolution where she would storm the ramparts of this pretentious Oregon façade and blast it to smithereens with rain and her blinding white complexion as her only weapons.

I exhorted. I cajoled. I beguiled. I demanded. I begged. Just do it Lily...and refuse to tan. Make your refusal a civil right. Take to the slick streets. Gather signatures for a ballot initiative. Enshrine pallor in the state's constitution. Take a righteous stand for the sake of color-free rain. Tell them, "Blanche you!" Bring these fools in the sun some hard slanting rain like they've never seen before. Do this, Lily, and you'll become an Oregon legend.

*Matt Love lives near Newport and is the author/editor of ten books about Oregon. His new book, *Of Walking in Rain*, is available through [nestuccaspitpress.com](http://nestuccaspitpress.com). He can be reached at [lovematt100@yahoo.com](mailto:lovematt100@yahoo.com).*

*Matt Love lives near Newport and is the author/editor of ten books about Oregon, available at independent book stores or his web site at [nestuccaspitpress.com](http://nestuccaspitpress.com). He can be reached at [lovematt100@yahoo.com](mailto:lovematt100@yahoo.com) and would love to hear your rain story. His new book on rain is due out this summer.*

illustration by Colin Miller



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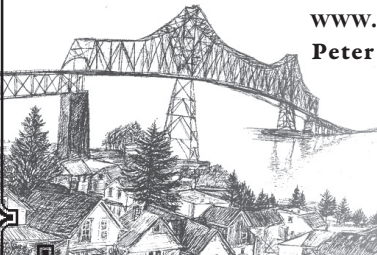
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**This Way Out** leads off each week with NewsWrap, a summary of some of the major news events in or affecting the lesbian/gay community, compiled from a variety of publications and broadcasts around the world. If you have a local news story you'd like us to report, please let us know!

**This Way Out** is sponsored in part by **Qfolk/Hipfish.**



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## Oregon United for Marriage - Summer of Love Kick-off!

**B**ASIC RIGHTS OREGON and Oregon United for Marriage are about to start gathering 116,284 signatures which are needed to get a marriage measure on the ballot. The VOTE YES Campaign will heat up in the Fall of 2014 and voters will weigh in on Nov. 4, 2014. The ballot is our only remaining option to win marriage in Oregon. In Oregon because of Measure 36, we can't win marriage for same sex couples through the courts or through the legislature. Oregon United for Marriage is building a broad coalition of individuals and organizations to win marriage for same sex couples in

Oregon. Building a fleet of volunteers with people from all corners of the state, from Bend, to Astoria, to Beaverton to Portland. It is the campaign's aim to have the largest and most-energized volunteer team in the state.

*Representatives will be in Astoria, on June 8. Look for a table at KALA, 1017 Marine Drive, during the Astoria Art Walk, 5 - 8pm. While your out in your community, make sure you sign the pledge/signature cards. Help to secure marriage at the ballot next year.*

## Bites For Rites!

### Basic Rights Oregon's most Delicious Fundraiser

On June 20, 2013, restaurants, coffee shops, bars and bakeries around the state will donate a generous percentage of their day's proceeds to Basic Rights Oregon. On this one day, you can feast to promote fairness for all LGBT Oregonians. Take a stand for equality by going out for coffee, brunch, drinks, dinner and dessert. With your help, send a powerful message to business owners that supporting LGBT equality is not only the right thing to do, but it's good business too! By dining out all day long, YOU can help sustain Basic Rights Oregon's efforts in transgender justice, racial justice and marriage equality. Mark Your Calendars for this year's Bites For Rights!  
ASTORIA: Astoria Coffeehouse, Clemente's Restaurant, T Paul's Supper Club.  
Manzanita: Left Coast Siesta

### CCC Volunteer Literacy Tutor Training

Clatsop Community College will hold a Volunteer Literacy Tutor Training on Saturday, June 8, 2013 from 12:30pm to 3:30pm in Columbia Hall, room 117, 1651 Lexington Avenue, Astoria. This training will focus on techniques for teaching second-language students. Pronunciation tips, writing ideas to engage beginning students and other delivery techniques will be presented by a volunteer and the CCC literacy coordinator. All who may be interested in these topics are invited to attend and there is no obligation to volunteer. Please call 503-338-2557 to RSVP. Please direct inquiries to: Eileen Purcell, 503-338-2557; eipurcell@clatsopcc.edu.

## HOUSE PASSES social media privacy protection for students

SB 344A prevents higher education institutions from demanding access to social media accounts. On June 3, the Oregon House of Representatives passed legislation to protect the privacy rights of college students. Senate Bill 344A would prevent colleges and universities from demanding access to the private social media pages maintained by current students or applicants. "As social networking sites grow in popularity, we need to make sure that students are confident that their personal pages are protected," said Representative Margaret Doherty (D - Tigard), who championed the bill along with Senators Ginny Burdick (D - Portland) and Bruce Starr (R - Hillsboro). "It's unacceptable for colleges to access a student's private information, just as it would be inappropriate for them to demand access to a diary or other personal notes."

Doherty also worked to expand social media privacy for Oregon's workers this session. House Bill 2654B, which prevents employers from requiring employees or applicants to provide access to their social media accounts, was recently signed by Governor Kitzhaber.

Under SB 344A, colleges and universities are still able to investigate reports of illegal activity by compelling a student to share specific information. The legislation won support from a broad coalition including higher education institutions, privacy advocates, and students' rights groups.

SB 344A passed the House and Senate with strong bipartisan support and now heads to the Governor for his signature.

## Minorities: Local Contractors

The North Coast Watershed Association is looking to put together a local contractors list of MBE/WBE (Minority Business Enterprise, Woman Business Enterprise) that we can send RFPs/RFOs to for watershed council projects. This is in addition of course, to our current list of contractors. If you are an MBE/WBE in Clatsop, Columbia or Pacific county, please send me an email with your organizational information and contact information to jjones@columbiaestuary.org

## Astoria LGBT Meetings

PFLAG NORTHCOAST meets the 3rd Thursday of the month. Thursday, June 20, 6:30pm to 8pm at the First Lutheran Church, 725 33rd St., Astoria, OR. FMI: drewherzig@yahoo.com

TRANS FAMILIES SUPPORT GROUP meets on Saturday, June 15 at 1pm. For TBA location contact drewherzig@yahoo.com. For transgender individuals and family members only.

## Lincoln City LGBT Monthly Gatherings

- Save these June dates and don't miss the fun!
- Wednesday, June 12 at 7pm - PFLAG meeting at St. Stephen's in Newport. What it Means to be Gay and Gray with an excellent new film and discussion
  - Tuesday, June 18 at 7pm - CAN (Coastal Aids Network) Pizza Night at Abby's Pizza in Newport. Join Dan Beck and the guys--women are warmly welcomed, too. Buy your own drink and enjoy great pizza and social time with your friends.
  - Sunday, June 23 at 11am - OUT on the Oregon Coast at Cafe Mundo in Newport. Join women friends for coffee and conversation on a quiet Sunday morning.

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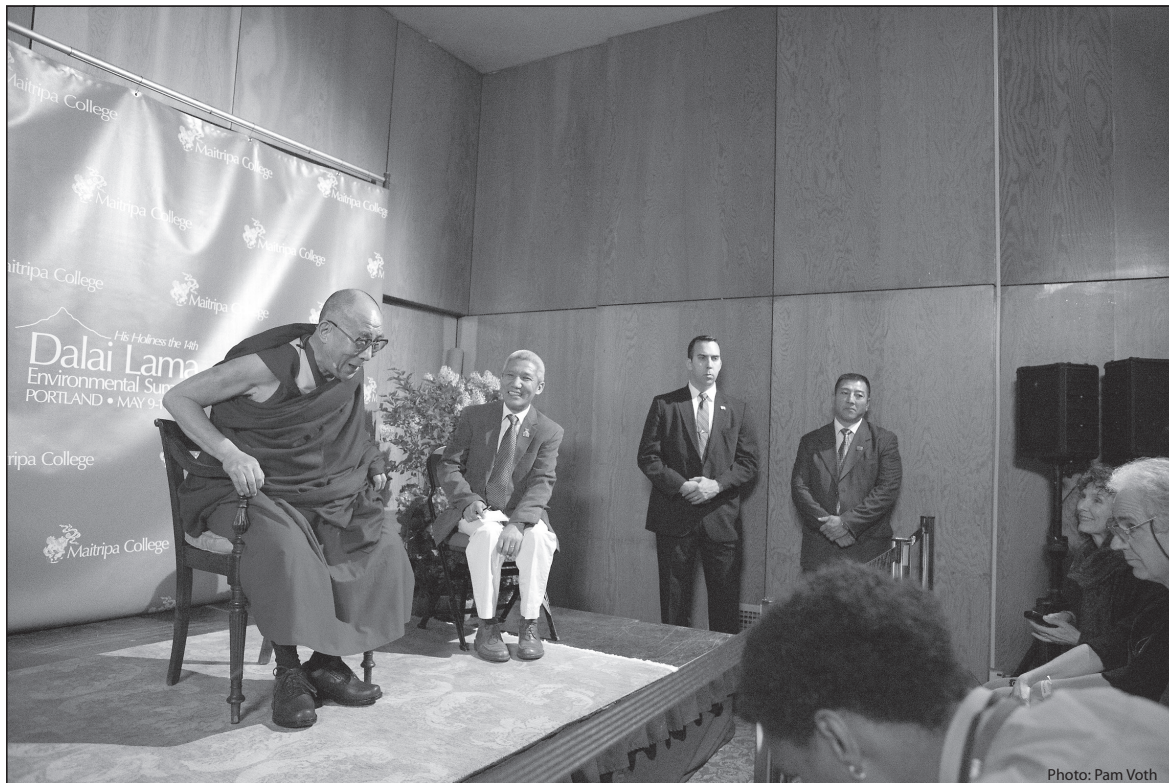
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**Sign Pledges at KALA during the June 8, 2nd Sat. Art Walk**



# Dalai Lama Environmental Summit

By Donna Quinn



"His Holiness the Dalai Lama Environmental Summit," KMUN's Donna Quinn (far right, seated) at Press Conference

**WHETHER YOU** are seated in a sold-out Coliseum of 10,000, or only six feet away at a small press conference, his presence infuses the atmosphere with well-being. Radiating peace, kindness, childlike joy, humor, and intelligence, His Holiness the Dalai Lama (HHDL) has a powerful effect on people. More than just the Spiritual Leader for over 6 million Tibetan Buddhists, the 14th Dalai Lama is a respected and important figure on the world stage, a Nobel Laureate (for peace and also for his concern with global environmental problems) and the author of over 110 books.

Portland's Maitripa College, the only Tibetan Buddhist College in the Northwest, hosted "His Holiness the Dalai Lama Environmental Summit" last month which took place at the University of Portland and Veteran's Memorial Coliseum. Although the events were streamed live (and are still available to watch at [www.dalailamaportland2013.net](http://www.dalailamaportland2013.net)), being there in person was a profound communal experience.

The Dalai Lama travels the globe, guided by three major commitments:

the promotion of basic human values or secular ethics in the interest of human happiness, the fostering of inter-religious harmony and the preservation of Tibet's Buddhist culture, a culture of peace and non-violence. Compassion and the inter-connectedness of all things are traditional values associated

to the humanity which connects us all stating that all faiths must work as one to care for the earth, our only home.

Being There: In spite of the formidable secret service presence and serious demeanor of those charged with the Dalai Lama's safety and our own, the crowd was ebullient and beautiful.



Grandmother Agnes of the Siletz Tribe

with Buddhism; qualities we desperately need in today's fractured world. Even as the Dalai Lama describes himself as a simple Buddhist monk, he says we must look beyond religious affiliations

Portland's sizeable Tibetan community was there in the bright colors and fabrics of their native dress while male and female monks beamed as they took their seats – a sea of crimson and

saffron robes. Everywhere in the halls people seemed joyful and grateful to be there -- a bubble of calm, happiness and sanity in an upside down out-there world.

Our small press contingent included the usual suspects as well as the terrific Rob Whitehair and Pam Voth from Montana, independent documentary filmmakers on a cinematic journey to record the dialogue and wisdom of some of the greatest spiritual, scientific, environmental and creative visionaries on this planet.

And, with panelists such as Dr. David Suzuki, scientist, broadcaster and author as well as Grandmother Agnes of the Siletz Tribe, the stages at this summit were rich with just those folks. The Dalai Lama's humor and wisdom – his lack of ego – his genuine laugh, his ability to poke fun at himself (along with some Buddhist texts), and his tolerance for others are all refreshing trademark qualities of a man/monk/spiritual leader who continues to be relevant throughout the world.

There was much to learn -- more than I can share in this short piece, however, here are a few thoughts from three of my favorite participants:

#### His Holiness the Dalai Lama:

"We must get beyond the concept of "we" and "they". We are all the same, all human beings."

"Greed and materialism do not make people happy. We are social animals and we need genuine friendship based on trust in order to be truly happy. For a contented

lifestyle we need inner wealth, human affection, human friendship, these are the most important forms of wealth".

"Community involves several truths, several religions".

"Secular means respecting all religions. Secular means respecting nonbelievers"

"I would like to see secular ethics taught in schools for the higher purpose of caring for each other and the earth."

"We must intertwine spirituality and science to cultivate a personal responsibility for healing our planet. Faith and reason can work together."

#### Grandmother Agnes:

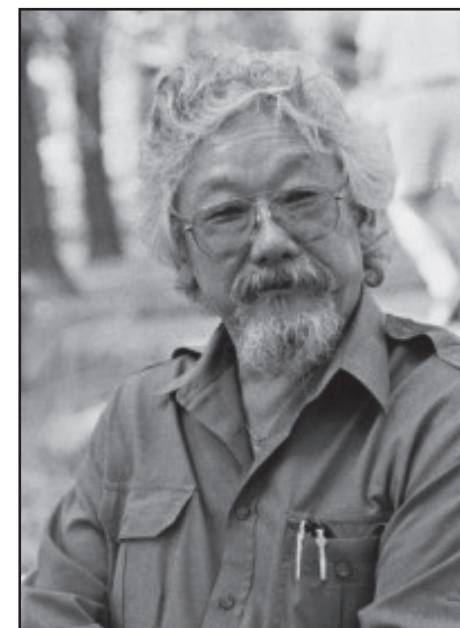
"Water is our first medicine. Bless the water, thank the water every day. The water in your shower, in your tea-pot, in your body, the water which falls from the Cloud People."

"Your cheapest medicine is laughter."

"We are all in this leaky canoe together."

#### Dr. David Suzuki

"The only time we are united as people is in a Science Fiction film when aliens are about to invade our planet! Then the President of Russia calls the President of the United States to see how they should work together and everyone gets involved. If only we could do this with the environmental challenges which face us today!"

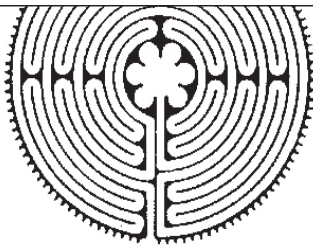


Dr. David Suzuki, scientist, broadcaster and author

"We have made our economy more important than nature. We have tried to shoehorn nature into our economy and it doesn't work. We need to create an economy which fits into and works with the laws of nature."

The website for the environmental summit where you can watch the presentations is [www.dalailamaportland2013.net](http://www.dalailamaportland2013.net). You may also wish to visit the website of Grandmother Agnes [www.agnesbakerpilgrim.org](http://www.agnesbakerpilgrim.org) as well as Dr. David Suzuki [www.davidsuzuki.org](http://www.davidsuzuki.org). To learn more about Rob and Pam's documentary, check out [www.treeandsky.com](http://www.treeandsky.com). For further information on Maitripa College in Portland, visit their website [www.maitripa.org](http://www.maitripa.org).





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## CARTM Board Sets Sites On Creative Re-Use of Materials with Opening of New Store

# The Refinery

By Lorraine Ortiz

WHEN CARTM opened its entry gate at 10 a.m. on May 23, the old re-use store was just a memory and in its place the community found a stunning transformation. The grand opening of "The Refinery" marks a new era in CARTM's mission to "lead the community to zero waste."

"At the heart of zero waste is re-use of materials," said Jan Hamilton, CARTM's executive director. "That is the reason we recycle and why CARTM was started 16 years ago—so that our community could participate in the process of materials being used again and again."

CARTM's successful ability to inspire the community to become strong recyclers has, in fact, led to the community throwing less into the landfill and recycling more. This equates to less income from trash and more expense for recycling to CARTM's bottom line.

The CARTM board took a hard look at this good news/bad news scenario and made a unanimous decision to put a new focus on the aspect of CARTM's operation with the most steady income history—the re-use store. The decision to re-invent the store was made to help maintain CARTM's income as well as demonstrate the highest and best use of materials—re-use.

Hamilton explained that in addition to the recycling ethic, the local community has been a model for creative re-use.

"This community created the Trash Art Show which was a direct response to the ultimate in creative re-use of materials. Our new store "The Refinery" is a gold mine of ideas and inspiration for creative re-use," she said.

In addition to all the household items and hidden treasures found at CARTM's store on a regular basis, the store includes new departments such as Dump Diva where shoppers can find a unique gift and the new Trash Art gallery where local trash artists will be showing and selling work year-round in the new space.

CARTM board, staff and dozens of community volunteers worked on the remodel with Barrentine Design, a design team with a long history of recycling ethic and working with used materials. The focus of the re-invention of the store was to create displays and practical examples of ways to use items found at CARTM in the home, garden and décor.

"We expect The Refinery to become even more of an essential place for our community to shop for daily needs, as well as a destination for visitors to come in for inspiration," said Hamilton. "The Barrentine Design team looked around the CARTM yard, pulled things from the trash, the metals, the lighting and the toys and created things beyond our imagination. We couldn't wait to show it all to the community at the opening on May 23."



Artist Cathy Silver and her fantastic mosaic donor wall

And the curious community showed up on a very wet, rainy, windy day to be the first through the new entrance of The Refinery. There was so much to see, so many details to take it, but soon they were finding the bargains and treasures they come to CARTM for and stayed much longer than they had planned. Ginger Salkowski of Re-evolution Gardens was one of the many people from the community at the grand opening. She arrived with dozens of her hearty one gallon tomato plant starts and donated them CARTM to sell at the opening.

"I brought my entire farming crew to the opening as a field trip," said Salkowski. "The CARTM team did an amazing job—such a cool transformation!"

The Refinery project is made possible with the grants from Tillamook County Cultural Coalition, Tillamook PUD, The Collins Foundation and support from over 100 community members. The broken-tile mosaic donor wall, created by local artist Cathy Silver incorporates items from these donors and pays homage to CARTM's colorful commitment to creative re-use.

"The donor wall is the first thing people see when they walk through the new entry of The Refinery," said Hamilton. "The wall reflects the colorful community we are and the wide variety of support for this project. In the end, people want to see CARTM thrive because it has become part of the fabric of where we live."

## Seeking Inspired Art Made With Recycled/Repurposed Materials

GET OUT your cool junk—it's time to make trash art. The Trash Art Show is all about creating something beautiful, inspiring and/or though-provoking with all that irresistibly interesting stuff you've been collecting for the past year.

All the rules are made to be broken when creating trash art. From repurposing chipped, cast-off dishes into beautiful mosaics, to using old lawn mower parts to make a kinetic sculpture—everything is fair game.

The 15th annual Trash Art Show is a unique local tradition and creative fundraiser. This year's show will benefit CARTM and Hoffman Center.

You can deliver Trash Art for the show to the Hoffman Center on Saturday, June 29, or Sunday, June 30, between 1 and 4 pm. Sorry, late entries will not be accepted.

Artists may submit up to three pieces of work for the show. There is no entry

fee and the only stipulations are that all artwork must be made with recycled, repurposed or reused materials and must fit through a standard size door. Each submitted piece must have a title and be ready with appropriate hardware for hanging or display.

The work must be for sale with the split being 50 percent to the artist and 50

percent donated to CARTM and Hoffman Center.

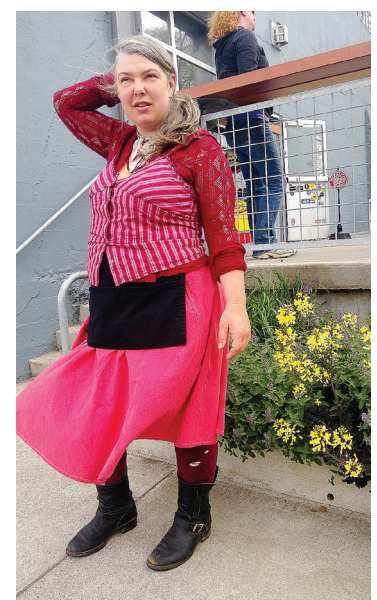
The Trash Art Show opens on Friday, July 5, 6:30 - 8:00 p.m. and runs Saturday, July 6, 10 a.m. - 4:00 p.m. and Sunday, July 7, 10 a.m. - 1:00 p.m. For more information contact Carl Vandervoort at 503-368-3805 or 503-737-5585 or carlvandervoort@mac.com.





# OUTLOOK

LOOKOUT



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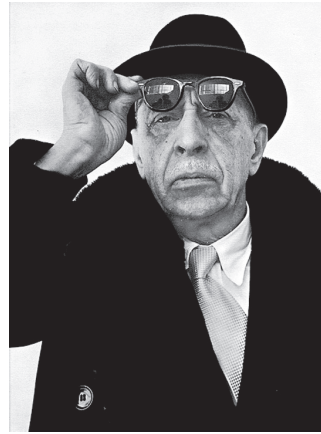
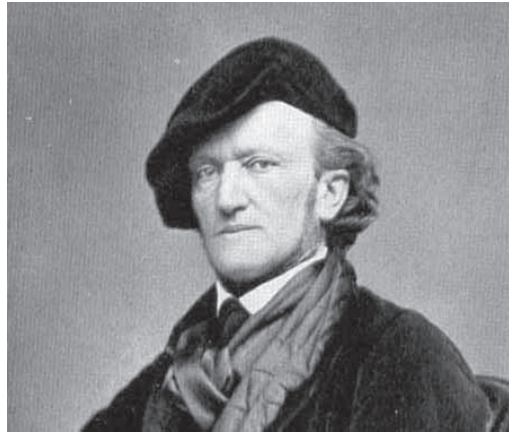
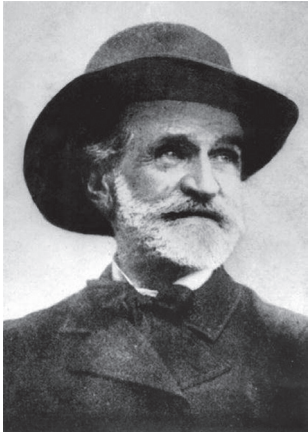
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## Not heard in Oregon for decades The 11th Astoria Music Festival brings Wagner "RING" music to the stage. Celebrating Verdi and Stravinsky too.

**ANTICIPATION** is in the air. It is a joyful anticipated benefit to anyone who has become a regular attendee of the June classical Astoria Music Festival now in its 11th year, which shows no detectable signs of stopping. In fact, as the festival continues to draw professionals from symphonic, dance and operatic fields, these artists keep coming back, building on the creative infrastructure of the festival.

Concert staging of operas makes it possible to draw the remarkable voices of today to perform major pieces on the Liberty Theater stage; community outreach brings together local ballet education with dance professionals from NYC; children are introduced to classical music on the Troll Radio theater stage; chamber music players look to the festival each year to introduce new offerings in selected composers; apprentice programs find creative ways to play out in the community, and new this summer, an Adult Music Camp invites serious amateur performers to learn under the guidance of professional artist – teachers. And of course all these programs happen with the hardworking assistance of local volunteer organizers.

Even Keith Clark, AMF co-founding Artistic Director admitted in conversation, he is amazed with this 11th season, and the expansion of what the festival will offer. This multitude of musical goings-on each year happens under a selected theme, and this year it's the "centennials," celebrating Wagner and Verdi @ 200 and the 100th anniversary of Stravinsky's ballet that caused a riot, the "Rite of Spring."

This month's cover of HIPFISH portrays the iconic Brünnhilde from Richard Wagner's *Die Walküre* (The Valkyrie), of which ACT I this season will be performed on the Liberty stage. Albeit, a more

have not been performed too frequently in America since its introduction in the 1870s. However the Seattle Opera made it a feature of the company in the 1970's, and the Metropolitan Opera just finished

By Dinah Urell  
a controversial run by staging an incredible production with a shape shifting special effects machine designed by technicians related to Cirque du Soleil, abandoning the traditional staging.

With or without special effect Disney-like machines, the Ring Cycle is a massive undertaking, with gods, giants, dragons, big orchestras and very big voices. So what will be hearing this AMF?

The 1st act of *Die Walküre* [the second in the cycle] is the introduction of the mortals, and according to Clark, "It's the most beautiful part of music, a personal and emotional story." Husband and wife Sieglinde and Hundig, who have grown unhappy together are visited by a stranger, Siegmund, of whom then Sieglinde has a strange and strong attraction to. Eventually it is revealed that they are brother and sister, fathered by the god Wotan and a mortal woman. This does not stop them from requiring love. And so the complex drama of "The Ring" unfolds. An impossible opera to stage, Act I of *Die Walküre* is set to smaller orchestra, thereby making a concert staging doable. Of course you'll still need Wagnerian pipes to do the job.

What we won't be hearing in Act I is the "Ride of the Valkyrie," but what we will be treated to is three very important singers on the opera/concert scene today, Stacey Rishoi, Gustav Andreassen (married) and Alan Glassman.

Stacey Rishoi, with a busy schedule kindly responded to inquiries on her

mystic version of the immortal warrior maiden – of spear, shield, breast plates and horned helmet – and of whom Bugs Bunny cartoons hilariously etched into our brains, and perhaps played out for many of us as a first representation of the opera singer, in addition to, "Kill da Wabbit,



Silent film made in Oregon, don't miss *City Girl*, accompanied by live orchestra.

Kill da Wabbit," the famed "Ride of the Valkyries" theme.

According to Keith Clark, music from Wagner's, "Ring of the Nibelung" has not been heard in Oregon since the 80's. The four operas that form the cycle are taken from Norse mythology, in fact

forth-coming role, her career and being married to another opera singer.

"I love what Keith [Clark] has to say about singing Wagner, that he originally intended for his music to be sung in Italian style. Sure, the voice has to be sizable and have a "cut", but it's supposed to be about bel-canto, not about "blastoso".

She furthers, "There is a misconception that singing Wagner is drastically different from singing the music of other composers; Not true. Wagner knew how to write for the voice." Clark informed in interview that Wagner, strived to create a more fluid and lyric music in his opera, was fond of Verdi's work, and was working against what the German counterpoint movement looked down upon. Often the mention of Wagner will curl people's toes, but with this particular section of *Die Walküre* and a voice described by the "Washington Post" as lustrous. . . graced with natural expression, AMF's first Saturday night concert is positioned to be a knockout!

Both Rishoi and her husband Gustav Andreassen are fulltime singers, and while they spend time apart in other parts of the world, occasionally schedules bring them together in performance, and they are both excited to perform Wagner in Astoria. Rishoi has worked with Clark singing *Carmen* and *Die Fledermaus* in recent years. Originally set out to be a music professor, Rishoi while actually teaching, won a Met competition in 99. She shifted

Rishoi sees that strength in youth and the importance of school outreach, "Children need to be playing musical instruments, singing in choirs, painting, drawing, attending concerts. I am encouraged with all the school outreach happening but that still only reaches a limited number of kids. We, as a society, must all do our part in the education of youth."

If opera is still not on your bucket list but you would like to test the waters of concert style music, there are numerous opportunities. The AMF is host to some of Oregon's top instrumentalists, playing in various ensembles, afternoon and mid week concerts. Another husband and wife duo, Inés Voglar, AMF Concert Master and Assistant Principal Second Violin with the Oregon Symphony and Joël Belgique, AMF orchestra manager and principal viola with the Oregon Symphony will present TANGORAMA at The PAC with soprano Juliana Gondek – the music of Argentinian composer Astor Piazzolla. The couple have been gracing the AMF stage for numerous years, their musicianship impeccable, and . . . Inés always wears really hot shoes in her first chair position.

And whether you like opera or not, renowned coloratura soprano Ruth Ann Swenson returns to sing Desdemona in Verdi's *Othello*, the opportunity to hear an unimaginably beautiful voice.



Soprano Juliana Gondek, AMF Concert Master Inez Volgar, Joel Belgique AMF Principle Viola and Orchs. Manager

### First Weekend

**Friday, June 14, 7:30 PM Clatsop Community College Performing Arts Center**

**PRE-FESTIVAL SHOWCASE: ASTORIA ON STAGE**  
Our small coastal town boasts a thriving community of artists, poets and fine avocational ensembles. Don't miss this pre-festival showcase of classical and pops music featuring local groups and soloists, including:

NORTH COAST SYMPHONIC BAND, David Becker, Director NORTH COAST CHORALE, Denise Reed, Director STRING OF PEARLS BIG BAND, Lee Stromquist, Director FISHER POETS and much more!

**Saturday, June 15**

**4:00 PM — Liberty Theater**  
**CHAMBER MUSIC MATINEE**

Los Angeles Philharmonic Principal Concertmaster Martin Chalifour and Russian cellist Sergey Antonov, prizewinners in Moscow's prestigious Tchaikovsky Competition, join pianist and Chamber Music Director Cary Lewis for a very special opening matinee.

Program includes Dvorak — BAGATELLES FOR STRING TRIO AND HARMONIUM, Op. 47 Mendelssohn — PIANO TRIO NO. 1 in D minor, Op. 49.

**7:30 PM — Liberty Theater**

**OPERA IN CONCERT: WAGNER @ 200**

Celebrate the Bicentennial of Wagner's birth with music from his mighty *Ring of the Nibelung*, plus

a gentle *BirthDay* greeting to his wife and sleeping baby Siegfried. Keith Clark conducts Festival Orchestra, comprised of leading members from major American orchestras.

Wagner — SIEGFRIED IDYLL  
Wagner — DIE WALKÜRE: Act I. Siegmund — Allan Glassman (Metropolitan Opera). Sieglinde — Stacey Rishoi (Chicago Lyric Opera). Hundig — Gustav Andreassen (San Francisco Opera).

**Sunday, June 16**

**Noon — Peace Lutheran Church, 565 12th Street**

**CANTATAS, COFFEE AND CROISSANTS:** Music in Historic Churches

A free concert of vocal and instrumental chamber music featuring The Astoria Festival Vocal Apprentice Artists, Juliana Gondek, Director

**4:00 PM — Liberty Theater**

**SYMPHONIC SUNDAY**

Concertmasters of the Los Angeles Philharmonic and Oregon Symphony star in a String Summit. Keith Clark leads a brilliant Russian overture and Stravinsky's popular ballet suite.

Glinka — OVERTURE TO RUSLAN AND LYUDMILA Glazunov — VIOLIN CONCERTO, Op. 82. Martin Chalifour, Violin (Concertmaster, Los Angeles Philharmonic)

Bach — CONCERTO for Two Violins, Strings, and Continuo. Martin Chalifour, Violin (Concertmaster, Los Angeles Philharmonic). Sarah Kwak, Violin (Concertmaster, Oregon Symphony)  
Stravinsky — FIREBIRD Ballet Suite, 1919



## MidWeek

**Tuesday, June 18 7:30 PM at Grace Episcopal Church**

### BAROQUE BY CANDLELIGHT

Lutenist Hideki Yamaya, Director of Portland's Musica Maestrale, and harpsichordist Gwendolyn Toth, Director of New York's acclaimed Baroque ensemble ARTEK, lead a candlelit evening of Early Music, for period instruments and voices in Astoria's historic Gothic church. Program features music of the Italian and German Baroque, including works by Stradella, Corelli and Buxtehude.

**Wednesday, June 19 7:30 PM at the Clatsop Community College Performing Arts Center**

### TANGORAMA! ANOTHER ASTOR IN ASTORIA

A steamy summer night in Buenos Aires featuring soprano JULIANA GONDEK, violinist INÉS VOGLAR, violist JOËL BELGIQUE, pianist PAUL FLOYD and the ASTORIA FESTIVAL RED HOT TANGO BAND in music by ASTOR PIAZZOLLA, including the Grand Tango and The Four Seasons in Buenos Aires, as well as Tandy's Tango by Oregon-born Lou Harrison and music of Peru, Cuba and Brazil. • Followed by Tango Lessons & Dancing across the street in Astoria's historic Masonic Lodge.

**Thursday, June 20 7:30 PM in the Liberty Theater**

### MADE IN OREGON: CLASSIC SILENT FILM with LIVE MUSIC

Presented in collaboration with the Astoria International Film Festival *The Liberty Theater is the perfect place for F.W. Murnau's 1930 classic silent film City Girl, a tale of love between the beautiful Chicago girl Kate and simple farm boy Lem. Set in the wheat fields of Minnesota, the film was actually shot in eastern Oregon. Don't miss this important part of our state's history, complete with a new musical score by Oregon composer John Paul which caused a sensation at the Oregon Sesquicentennial Film Festival: "The audience went wild: foot-stomping, whistling, cheering, clapping and a hearty chorus of huzzahs greeted the composer after the lights came back on."* - Northwest Reverb  
Composer John Paul conducts members of the Astoria Festival Orchestra

## Second Weekend

**Friday, June 21, 7:30 PM at the Liberty Theater**

### FESTIVAL ALL-STARS

Astoria Music Festival Chamber Players Cary Lewis, Director Ernst von Dohnányi — PIANO QUINTEET NO.1 in C minor, OP 1  
Anthea Kreston, Violin  
Nelly Kovalev, Violin Charles Noble, Viola Jason Duckles, Cello Cary Lewis, Piano  
Ludwig Thuille — SEXTET for PIANO and WINDS in B-FLAT MAJOR, OP. 6  
David Buck, Flute Lindsay Edwards, Oboe Louis Demartino, Clarinet Joe Berger, Horn Evan Kuhlmann, Bassoon, Cary Lewis, Piano  
Johannes Brahms — STRING SEXTET NO.1 in B-FLAT MAJOR, OP.18  
Sarah Kwak and Anthea Kreston, Violins Janet Lakatos and Jennifer Arnold, Violas Sergey Antonov and Jason Duckles, Cellos

**Saturday, June 22**

**11:00 AM — Clatsop Community Col-**

## lege Performing Arts Center

### CLASSICS FOR KIDS: Carnival of the Animals

It's a Musical Zoo for the whole family. Narrated by Nancy Montgomery and featuring cellist Sergey Antonov, and pianist "Uncle Cary." Go Wild! Wear your favorite animal costume and win a Special Prize! Free admission with a contribution of canned goods to the



Coloratura Ruth Ann Swenson of Met and San Francisco Opera fame, returns for a 3rd year to sing Desdemona in Othello.

Clatsop County Food Bank.

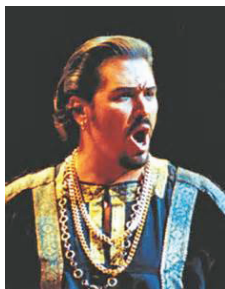
**4:00 PM — Liberty Theater**

### CHAMBER MUSIC MATINEE: Sergey's Happy Hour

By popular demand, Sergey Antonov is back "From Russia with Cello", joined by violinist Roy Malan and pianist Cary Lewis, for their 4th Annual matinee of virtuoso music and entertaining banter. It's General Admission seating, so sit down front and get close to music. Program includes youthful music by Samuel Barber and Dmitri Shostakovich.

**7:30 PM — Liberty Theater**

OPERA IN CONCERT: VERDI @ 200  
Metropolitan Opera stars join our Verdi Bicentennial festivities with music from his powerful setting of Shakespeare's drama. From Othello's exalted entrance and Iago's evil Credo to Desdemona's Willow Song and tragic end, Verdi's music sweeps us through storms of



AMF Staples, the Renowned Verdi baritone Richard Zellar once again graces the stage. Cellist Sergey Antonov, AMF fan club fav, if there is such a thing.

emotion and operatic intrigue. Plus rarely heard sacred music and a brilliant showstopper for clarinet and orchestra. Keith Clark conducts.

Verdi — LAUDI ALLA VERGINE MARIA from Four Sacred Pieces Verdi — CONCERT FANTASIA ON THEMES FROM RIGOLETTO . Arranged for Clarinet and Orchestra by Luigi Bassi . Mark Dubac, Clarinet  
Verdi — OTELLO Highlights from Acts I, II and III . Otello — Allan Glassman (Metropolitan Opera) . Desdemona — Ruth Ann Swenson (Metropolitan Opera) . Iago — Richard Zeller (Metropolitan Opera)

Members of the Astoria Music Festival Vocal Apprenticeship Program North Coast Chorale, Denise Reed, Director

**Sunday, June 23**

**Noon First Presbyterian Church, 1103 Grand Avenue**

### CANTATAS, COFFEE AND CROISSANTS: Music in Historic Churches

A free concert of vocal and instrumental chamber music featuring the Astoria Festival Vocal Apprentices Artists, Juliana Gondek, Director.

**4:00 PM at the Liberty Theater**

### FESTIVAL ORCHESTRA MATINEE: From the New World

Keith Clark conducts the Festival Orchestra's grand finale, featuring Dvorak's familiar symphony. Cellist Sergey Antonov and Resident Conductor Olivia Tsui perform a romantic concerto and State Senator Betsy Johnson speaks Abraham Lincoln's immortal words.

Dvorak — SYMPHONY NO. 9 "THE NEW WORLD"; Op. 95 Lalo

— CELLO CONCERTO in D minor . Sergey Antonov, Cello . Olivia Tsui, Resident Conductor

Copland — A LINCOLN PORTRAIT . Oregon State Senator

Betsy Johnson, Narrator • Annual Post-Concert Festival Awards Dinner honors Senator Johnson in the Astoria Golf and Country Club. See Order Form for Dinner Ticket Information

## THIRD WEEKEND: Opera and Modern Dance

**Friday, June 28, 7:30 PM**

**Clatsop Community College Performing Arts Center (PAC)**

### APPRENTICE ARTISTS OPERAS: Fully Staged with Chamber Orchestra

Juliana Gondek, Director of Apprentice Vocal Artist Program

Puccini — GIANNI SCHICCHI Sung in Italian with English Super Titles . Noel Koran, Stage Director (General Director, Tacoma Opera) .

Olivia Tsui, Conductor (Los Angeles Opera Orchestra)

Purcell — DIDO AND AENEAS Sung in English .

Catherine Turocy, Stage Director (Director, New York Baroque Dance Company) .

Gwendolyn Toth, Conductor (Director, New York's ARTEK Ensemble) . With dancers of

The Astoria School of Ballet . Margaret Wall, Director

**Saturday, June 29 11:00 AM**

**at the Clatsop Community College Performing Arts Center**

### CLASSICS 4 KIDS: Troll Radio Review & Opera for Families - It's Grand!

KMUN's Troll Radio Revue hosted by Debbie Twombly and featuring the Troll, Stinky Toadwort, Troll Radio Theater, and Music Festival Apprentice Opera Stars in fun-filled opera scenes for the whole family. Free admission with a contribution of canned goods to the Clatsop Community Action Regional Food Bank.

**4:00 PM at the Clatsop Community College Performing Arts Center**

### LAST CHANCE HAPPY HOUR: FREE ADMISSION!

Liszt: Paraphrases from the Operas of Wagner and Verdi



Diane Tiedemen, AMF Chair at the festival headquarters and Tempo Gallery.

## A Word from AMF Board Chair Diane Tiedman

**THE ARTISTIC** Director & Conductor of the Astoria Music Festival, Keith Clark continues to amaze us all with his imagination and his creativity. With his guidance, we have put together the best series of classical music programs ever and this will make ALL Astorians proud. Every summer, the Festival brings people to Astoria from all over the US and many other countries as well. Our audiences are exposed to music that may be foreign to them, but many enjoy the experience and return again and again. Relationships between performers and the public are easier to form in a small town, and it's a joy to watch this happening as the Festival progresses. This beautiful Festival is the perfect fit for the naturally stunning area in which we live. Our Festival attendees realize this and they are saying the same thing, and as a result, many fine restaurants, hotels and businesses reap the benefits.

I do not have a classical music background, but do appreciate and am awed by many of the performances. In the early days of the Astoria Music Festival, I had the opportunity to listen in on singing lessons given by AMF co-founder Katherine Matschiner in the home of a friend and was very interested to hear about her efforts and those of others to present the opera "The Marriage of Figaro" in the Liberty. I had always been interested in music and dabble at the piano myself, but this performance piqued my interest in opera and I began attending performances at the Keller Auditorium in Portland. The following year, I attended

some organizational meetings and had the opportunity to meet Keith Clark and Ruth Dobson, early creators of the Festival as we know it today. Fast forward about six years and many Festival performances attended, to 2011 where I was asked by then Board President Leena Riker to consider joining the Board and taking on the role of its Treasurer. Since I had recently retired from an accounting position at Georgia Pacific's Wauna Mill, I found I had the time to devote and was honored to accept.

Serving as Treasurer gave me the opportunity to understand the business end of the Festival and having leadership experiences in other organizations, gave the AMF Board the confidence to elect me as their President the following year. And as they say, the rest is history. This has been a fantastic experience for me and one of growth as I knew it would be. I have been fortunate to meet interesting, talented people from places I've never visited or even heard of.

This organization runs on volunteer energy and what I have witnessed of the volunteering spirit of Astorians has made me realize that I live in a very special place – this Festival couldn't be produced just anywhere. We have a great team of people on our Board but are always looking for more to join us. We will put their skills to good use and their ideas are always welcome. My personal phone number is 503-338-8703 and would love to hear from anyone interested.

And if you've never attended this kind of a concert, do yourself a favor and buy a ticket!

Mark Robson, Piano  
Brahms : Trio for Violin, Horn & Piano, Op. 40  
Jeff Thayer, Violin, Concertmaster, San Diego Symphony  
Julie Thayer, Horn, Houston Symphony and LA Philharmonic  
Cary Lewis, Piano  
Leading artists of the San Diego Symphony, Los Angeles Philharmonic and Los Angeles Opera make their Festival debuts in an afternoon of Romantic virtuosity.

**7:30 PM at the Liberty Theater**

**THE RITE OF SPRING @ 100: Fully Staged Ballet**  
Celebrate the 100th Anniversary of the ballet that caused a riot. Don't miss this fully staged produc-

tion featuring Portland's exciting modern dance company and Astoria's own young dancers. AGNIESZKA LASKA DANCERS . With members of the . Maddox Dance Studio Little Ballet Theatre . Jeanne Maddox Peterson, Director . Jeffrey Payne and Susan Smith . Stravinsky's original version for Piano 4-Hands

**Plus Aaron Copland's APPALACHIAN SPRING**  
Classic Martha Graham Film Live Performance of Original Ballet Score Keith Clark, Conductor.  
Sunday, June 30 2:00 PM at the Clatsop Community College Performing Arts Center  
**APPRENTICE ARTISTS OPERAS:** Fully Staged with Chamber Orchestra - Program as June 28



### 46th Annual Scandinavian Festival in Astoria

June 21-23

IT'S NOT just for Scandinavians! The 46th annual Scandinavian Midsummer Festival (June 21, 22, 23, 2013) at the Clatsop County Fairgrounds will feature high quality entertainment to delight most musical tastes, entertaining events and activities for all ages, and delicious ethnic food that is mostly only available outside private homes once a year.

Headliner entertainers will be the **Harald Haugaard and Helene Blum Quintet** from Denmark. Haugaard is having a very good year. In December he was awarded the equivalent of a Grammy at the Danish Music Awards for Best Instrumentalist of the Year and Best Folk Album of the year. Haugaard is a master fiddler who learned the tradition from his mother and grandfather and now composes and arranges in his own upbeat style. Helene Blum is a soprano



Ole & Lena's Wedding

whose angelic voice and heart-felt ballads make grown men cry. Audiences love the shows these experts and their backup band of cello, bass and guitar create and when Haugaard and Blum last appeared in Astoria, their CDs sold out completely before they left town. Haugaard and Blum will appear on stage all three days of the festival.

A full schedule of fourteen additional entertainers will be presented on two stages and in the beer garden during the three day festival. The Astor Street Opry will perform "Ole and Lena's Wedding" daily and include the audience in a reception complete with slide show and white wedding cake. North Coast regulars will appreciate hearing **Acústica World Music** with vocalist Dolores

Levine's new repertoire that now includes Finnish songs on Friday, June 21. **Hale Bill and the Bops**, Seattle's premier Nordic band featuring Hardanger fiddle, will make their first appearance at the festival on Saturday, June 22. Targeting classical music aficionados, the **Halcyon Trio Oregon** (trumpet, voice, and piano) will perform Grieg and Sibelius on Sunday, June 23. Numerous other groups are part of the entertainment schedule which is posted at [www.astoriascanfest.com](http://www.astoriascanfest.com) and includes costumed dancers, queen coronation, hex burning at the bonfire, midsummer pole raising, Viking reenactments, and kids' activities at the Barnefest.

Festival goers will also enjoy ethnic themed shopping from the festival booths and sampling Scandinavian delicacies or complete meals. The Olney Grange will offer its **Beef Dinner Friday** evening and the Scandinavian Cafe of Vancouver WA will offer a **Midnight Sun Breakfast Buffet** Saturday morning and a Viking Feast Dinner Buffet in the evening. The Astoria Rotary Club offers a **Finnish Pancake Pannukakku Breakfast** on Sunday. Those in the know also line up for



Nordic Spirit



Harald Haugaard and Helene Blum

the **Sons of Norway's lefse** (Norwegian flatbread with butter and cinnamon sugar), **VASA Swedish Lodge's pea soup**, the Danish Society's **frikadeller** (meat ball) and red cabbage, and **Rice Pudding** with Fruit Soup served by the Finnish Brotherhood. **Astoria Brewing Company** will service the beer



Acoustica World Music

garden with brews, non-alcoholic beverages, and snacks. Work off those extra calories by participating in the **Troll Run/Walk** on Saturday morning or the two open dances Friday and Saturday evenings.

If you've never been to the Scandinavian Festival or not attended in years, it's time to make the short trip to the fairgrounds to enjoy this opportunity to celebrate the Scandinavian heritage that flavors our region.

### Tuesday 4

#### MUSIC

**The Americans.** Rock & Roll/Americana. No cover, 9pm at the Adrift Hotel in Long Beach.

#### ART

**Monthly Photo Salon.** 7 – 9pm at the Hoffman Center in Manzanita.

### Wednesday 5

#### MUSIC

**The Americans.** Rock & Roll/Americana. No cover, 8pm at the Adrift Hotel in Long Beach.

### Thursday 6

#### MUSIC

**Tom Brosseau.** Folk. No cover, 8pm at the Adrift Hotel in Long Beach.

#### HAPPENING

**First Thursday Trivia.** Teams of 1-5 compete for universal admiration and fantastic prizes. Sign up ahead of time or just show up! Free, 5:30 – 6:30pm at the Astoria Public Library.

**Wetlandia.** Water Quality Monitoring Project Launch. An Open House event to launch a new volunteer-driven water quality monitoring program. 6pm at the Judge Guy Boyington Building in Astoria.

#### LITERARY

**"The Rolling Stones" at the Library.** Author Christopher Sandford will read from his new book, "The Rolling Stones: Fifty Years." Free, 7pm at the Seaside Library.

#### OUTSIDE

**On the Land.** Join geologist Tom Horning for a walk at this location near Sunset Beach, through oceanfront dunes and scrub-shrub habitat in the Neacoxie Wildlife Corridor. Bring water and snacks, wear sturdy walking shoes and dress for the weather. Binoculars might be a good idea. Maintained trail is an easy walk with public restroom available. Free, registration required. 10am – noon at the Yeon Property, Lewis & Clark National Historical Park, Warrenton. Register at [nclctrust.org/on-the-land/otl-june-6-2013-natural-history-walk-at-the-yeon-property/](http://nclctrust.org/on-the-land/otl-june-6-2013-natural-history-walk-at-the-yeon-property/)

### Friday 7

#### MUSIC

**Polecat.** Americana/Bluegrass/Rock. No cover, 7pm at McMenamins Sand Trap Pub in Gearhart.

**Jim Mesi.** No cover, 9pm at Roadhouse 101 in Lincoln City.

**Stolen Sweets.** Jazz/Swing. \$5 cover, 9pm at the San Dune Pub in Manzanita.

**Fred Basset & Sonja Kazen.** 6 – 8pm at the 2nd Street Public Market in Tillamook.

#### ART

**Photography Show.** The show will feature digital photographs by Instructor, James Unwin and students in the Digital Photo class. The public is welcome-Admission is free, 4 – 7pm at the Columbia Education Center in Ilwaco.

#### HAPPENING

**Goonies Day Events.** FMI: See pg4.

**Comedy on the Coast.** \$15, 8pm at Chinook Winds in Lincoln City.

### Saturday 8

#### MUSIC

**Polecat.** Bluegrass, country, celtic, rock, and world music. Free, 7pm at Waikiki Beach in Cape Disappointment State Park, Ilwaco.

**Burt Kline.** Country. Noon – 1pm at the 2nd Street Public Market in Tillamook.

**Philip Caracyorin.** 3 – 6pm at the 2nd Street Public Market in Tillamook.

**Lamaie Naki Quartet.** Bossa Nova. 7pm at the Lincoln City Cultural Center. 541-994-9994

**Bent.** No cover, 9pm at the Adrift Hotel in Long Beach.

**The Strange Tones.** No cover, 9pm at Roadhouse 101 in Lincoln City.

**Undertow.** Reggae Party. 9pm at the Snug Harbor Bar & Grill in Lincoln City.

#### ART

**Astoria's Second Saturday Art Walk.** 5 – 9pm downtown Astoria.

#### FOOD & DRINK

**Pancake Breakfast.** \$5 for adults, \$3 for children. 8am – 11am at the Peninsula Senior Activity Center in Klipsan Beach, WA

**Wine Tasting.** Mastroberadino from Italy. 1 – 4pm at the Cellar on 10th in Astoria

**Wine Walk Down Town.** Tickets on sale at the 2nd Street Public Market. 3 – 6pm in downtown Tillamook. 503-842-9797

#### HAPPENING

**North Head Lighthouse 115th Birthday Party.** There will be birthday cake, a special tour of the lighthouse, speeches and a special display of the timeline of the lighthouse from its birth until the present day. Shuttle from the parking lot at the Cape D store up to the lighthouse, as parking is limited. 11am – 5pm at Cape Disappointment State Park, Ilwaco.

**Goonies Day Events in Astoria.** FMI: see pg4

**Lower Columbia Pug Socializing Club.** Pugs and their people meet monthly for fun and socialization. 11am at Carruthers Park in Warrenton.

**Sou'Wester Garden Club Plant Sale.** There will be plants galore as well as baked items and preserves. A silent auction will feature an array of garden art and other unique and popular items. This year's raffle item that funds the Scholarship Program is a Longaberger picnic basket, garden bench and a quilt crafted by members. 9am – 3pm at Our Savior's Lutheran Church in Seaside.

**Comedy on the Coast.** \$15, 8pm at Chinook Winds in Lincoln City.

#### LITERARY

**Author Appearance.** Robert Dugoni will be speaking and signing copies of his gripping legal thrillers including "Damage Control" and "Murder One." Free, 2pm at the Cannon Beach Library.

#### OUTSIDE

**Free admission to Washington State Parks.**

**Nature Walk.** Join Neal Maine for a walk through the open coastal prairie land to

a Sitka spruce-dominated riparian forest, where ancient crabapple trees drip with lichens and moss. This is a favorite spot for migratory songbirds and waterfowl as well as elk and deer. Free, registration required. 10am – noon at Neacoxie Forest, Gearhart. Register at [nclctrust.org/on-the-land/otl-june-8-2013-nature-walk-at-neacoxie-forest/](http://nclctrust.org/on-the-land/otl-june-8-2013-nature-walk-at-neacoxie-forest/)

**Beach Soccer Tournament.** Matches last 36 minutes and are split into three 12-minute periods. Shoes are not allowed, although ankle guards and sand socks are permitted. There are six divisions, from age 10 to adult. Other standard rules apply and will be available on site. Starts at 9am in the beach at Seaside. [Seasidebeachsoccer.com](http://Seasidebeachsoccer.com)

### Sunday 9

#### MUSIC

**Thomasian Trio.** 10am – 3pm at the Astoria Sunday Market.

**Bent.** No cover. 8pm at Fort George Brewery & Public House in Astoria.

**Elizabeth Cable.** 8:30pm at Snug Harbor Bar & Grill in Lincoln City.

#### HAPPENING

**Goonies Day Events.** At various locations in Astoria. [oldoregon.com/events/entry/goonies-day-2013/](http://oldoregon.com/events/entry/goonies-day-2013/)

**LECTURE.** Gardening with Ciscoe. Seattle radio personality Ciscoe will lecture, subject TBA. \$20, noon for book signing and pictures, 1pm for talk. At the Elks Building in Long Beach. 360-642-8668

#### LITERARY

**Author Appearance.** NY Times Bestselling Mystery author Robert Dugoni will be at the Driftwood Public Library in Lincoln City at 3pm. Free admission.

#### OUTSIDE

**Free admission to Washington State Parks.**

**Beach Soccer Tournament.** Starts at 9am in the beach at Seaside. [Seasidebeachsoccer.com](http://Seasidebeachsoccer.com)

### Tuesday 11

#### OUTSIDE

**Cannon Beach Puttz.** A fun and imaginative 12 hole putting course throughout Cannon Beach. Sign in booth located at Sandpiper Square, across from the CB Post Office. \$15/ golfer or \$50/ foursome. Course times: 1 – 5pm. After tournament party, 6:00PM-8:00PM, at the American Legion in Cannon Beach.

### Wednesday 12

#### MUSIC

**Siletz Bay Music Festival.** A Haunting Refrain. Classical. \$20, 7:30pm at the Lincoln City Cultural Center. [siletzbaymusic.org/index.html](http://siletzbaymusic.org/index.html)

#### HAPPENING

**Night of All Knowledge Trivia Tournament.** A fun team trivia event with prizes. Free, 6pm at the Seaside Library.

#### LITERARY

**Open Mic Poetry Reading.** Free, 6pm at Driftwood Public Library in Lincoln City.





## BENT At Fort George

**BENT IS** a three piece band whose sound is reminiscent of Neil Young/Crazy Horse and Built to Spill. Their style is North West indie rock with a classic vibe that sounds new yet familiar. With just guitar, bass and drums, the band is rising out of the collapse of their previous band with revitalized songs that have a new attitude, energy and direction.

Their eponymous album entitled Bent "exists as a

way for a few guys who love music to make something rooted in what they love. It's a nod to greats like Nirvana, The Beatles and Pavement, just a few of the bands who obviously had a hand in shaping the musicians. "- Seattle Weekly

**Sunday, June 9, 8pm, No Cover, at Fort George Brewery, 1483 Duane St. in Astoria.**

## Old Light Light Ups The Sou'Wester

**THE HISTORIC** Sou'Wester Lodge in scenic and serene Seaview, Washington is getting a blast of real Americana music from Old Light, named one of the Best New Bands in Portland by Willamette Week back in 2011.

Since then they have lit up the word of music with their unique style. Described as "A cage match between Robbie Robertson, Jim James, Brian Wilson and Neil Young in which no winner is declared and all parties involved deny



using anabolic steroids" by Willamette Week.

**Saturday, June 15, 8pm**, Live in the intimate Sou'Wester Lodge parlor in Seaview.

**Saturday, June 15, 8pm, FREE and open to the public, at the Sou'Wester Lodge, 3728 J Place, Seaview, WA**

## The Stolen Sweets San Dune Pub/ Adrift Hotel

**1930'S SWING** jazz confections. This grouping of ladies and gentlemen includes the NW's Pete Krebs, a sweet trio of talented vocal ladies, and a very hot rhythm section.

Don't miss 'em.



**Friday, June 7 @ the San Dune in Manzanita \$5, June 27 & 28, 9-11pm @ the Adrift Hotel in Long Beach.**

## Thursday 13

### MUSIC

**The Honeycutters.** Americana/Blues/Country. No cover, 7pm at McMenamins Sand Trap Pub in Gearhart.

**The Shilohs.** Big Beat. No cover, 8pm at the Adrift Hotel in Long Beach.

### ART

**Opening Reception.** North Coast Printmaker's Collective Show. 6pm at the Art Center Gallery at CCC in Astoria.

### HAPPENING

**Charity Auction.** 6 - 10pm at the KOA Kampground in Hammond.

## Friday 14

### MUSIC

**Benny & Bay City Rockers.** 6 - 8pm at the 2nd Street Public Market in Tillamook.

**Siletz Bay Music Festival.** Major & Minor Moods. Classical. \$20, 7:30pm at the Lincoln City Cultural Center. [siletzbaymusic.org/index.html](http://siletzbaymusic.org/index.html)

**Joybox.** No cover, 9pm at Roadhouse 101 in Lincoln City.

**The Wild Ones.** Ambient/Pop. No cover, 9pm at the Adrift Hotel in Long Beach.

### FOOD & DRINK

**Bucket n' Shovel Dinner.** Have a bucket of clam chowder (from Mo's), spaghetti, or salad for just \$5 each. 6 - 8pm at the Cannon Beach Chamber Community Hall.

### HAPPENING

**Motherlode! Funny man, ventriloquist, and magician Steve Taylor will amaze astound, and encourage reading in this hilarious show for the whole family.**

There is no charge for admission. 10:30 - 11:30am at the Astoria Public Library.

**Rummage Sale.** 9am - 4pm at St Alban's Episcopal Church in Tillamook.

**Indoor Kite Flying Clinic.** Complimentary indoor kite kit will be provided. Pre-registration is recommended. Free, 2 - 4pm at St Peter the Fisherman Lutheran Church in Lincoln City. 541-996-1273

### OUTSIDE

**Nature Walk.** With Mike Patterson. Once open pasture dominated by invasive reed canary grass is slowly evolving to a dynamic wetland system full of willow and native wetland grasses. Migratory songbirds, Roosevelt elk and beavers thrive here, and the adjacent Thompson Creek plays host to wild coho salmon in the fall. Explore this beautiful property with ecologist Mike Patterson and observe what happens-both anticipated and unexpected- when humans attempt to build a whole new ecological system. 10am - noon at Stanley Marsh, Seaside. Free, registration required. 10am - noon at Stanley Marsh, Seaside. Register at [nclctrust.org/on-the-land/otl-june-14-2013-nature-walk-at-stanley-marsh/](http://nclctrust.org/on-the-land/otl-june-14-2013-nature-walk-at-stanley-marsh/)

**Crabbing Clinic.** With Bill Lackner. Participants will meet at the pavilion at the end of SW 51st next to Mo's Restaurant in Lincoln City for a hands-on crabbing lesson on Siletz Bay. [oregoncoast.org/crabbing-and-clamming-clinics](http://oregoncoast.org/crabbing-and-clamming-clinics)

### THEATER

**Rapunzel, a Musical Fantasy.** \$5, 7:30pm at the ASOC Playhouse in Astoria.

## Saturday 15

### MUSIC

**Blue Bullet Band.** 11am - 2pm at the 2nd Street Public Market in Tillamook.

**Astoria Music Festival.** Chamber Music Matinee. \$15, 4pm at the Liberty Theater in Astoria.

**Professor Gall.** 'A Tincture of Junkyard Folk and Steampunk Jazz'. 9pm at the Voodoo Room

**Jill Trenholm with Scott Docherty.** \$12, 7pm at the Peninsula Arts Center in Long Beach.

**Daric Moore.** Folk Rock. \$5, 7:30pm at the Hoffman Center in Manzanita.

**Sandcastle Day Concert.** Artists include Paul Dueber, Bill Steidel, and many others. 7:30pm at the Coaster Theater in Cannon Beach.

**Siletz Bay Music Festival.** Sextets in the City. Classical. \$20, 7:30pm at the Lincoln City Cultural Center. [siletzbaymusic.org/index.html](http://siletzbaymusic.org/index.html)

**Old Light.** Americana. No cover, 8pm at the Sou'wester Lodge in Seaview.

**Nicole Berk.** No cover, 9pm at the Adrift Hotel in Long Beach.

**Norman Sylvester.** No cover, 9pm at Roadhouse 101 in Lincoln City.

**Ramble On.** A Led Zeppelin tribute band. \$5 cover, 9pm at the San Dune Pub in Manzanita.

### ART

**Meet & Greet the Artists Reception.** For the exhibit "Friends Connecting Through Art." Free, 5 - 7pm at NCRD in Nehalem.

### FOOD & DRINK

**Wine Tasting.** Summertime Roses. 1 - 4pm at the Cellar on 10th in Astoria

### HAPPENING

**Garlic Festival.** Food and craft vendors. 10am - 5pm at Wilson Field in Ocean Park.

**Game Day at the Library.** Relax and have fun with family and friends at the library's free monthly Game Day. Choose from a wide variety of board games, card games, and LEGO® bricks for all ages. 2 - 4pm at the Astoria Public Library.

**Sand Castle Day.** At Cannon Beach. [cannonbeach.org/events/Main-Events/Sandcastle-Day](http://cannonbeach.org/events/Main-Events/Sandcastle-Day)

**Juneteenth Celebration.** Free admission, 5 - 8pm at the Nehalem Bay Winery in Mohler.

**Rummage Sale.** 9am - noon at St Alban's Episcopal Church in Tillamook.

**United Paws Monthly Adoption Day.** This is a great time to stop in and see all the kittens, cats and dogs that need new forever homes. Noon - 3pm at the Tillamook County Fairgrounds.

**Oregon Coast Scenic Railroad Dinner Train.** Departs from Garibaldi at 6:15pm. 503-842-7972

**Touch A Truck.** This annual fun-fest features a hands-on display of rigs of all shapes and sizes. Plus food, fun and games! Free, noon - 4pm at the Lincoln City Community Center.

### LITERARY

**Big Summer Reading Kickoff.** Big Rigs from the Seaside Fire Department, Public Works and Camp Rilea will be on display for kids of all ages to ooh and ah over. They'll be free hot dogs on the barbie and the opportunity to sign up for our great Sum-

mer Reading Program. Free, 11am at the Seaside Library.

**Poetry Appreciation.** Poetry, Poems, and Poets will be discussed during this hour-long group meeting. 2 - 3pm at Necanicum Village assisted Living and Memory Care in Seaside.

**Writers on the Edge.** Naturalist and author Robert Michael Pyle will read from his book "The Tangled Bank: Writings from Orion." Q & A and Open Mic sessions follow. \$6, 7pm at the Newport Visual Arts Center.

### OUTSIDE

**SW Washington Sturgeon Derby.** Time and details TBA. At the Port of Chinook. FMI, email [ask@funbeach.com](mailto:ask@funbeach.com)

**Edible Wild Plant Hike.** FMI: [seepg5](mailto:seepg5).

### THEATER

**Rapunzel, a Musical Fantasy.** \$6 - \$10, 7:30pm at the ASOC Playhouse in Astoria.

## Sunday 16

### MUSIC

**Bar-K Buckaroos.** 10am - 3pm at the Astoria Sunday Market.

**Hank Cramer.** Folk. \$12, 2pm at the Historic Raymond Theater in Raymond.

**Astoria Music Festival.** Symphonic Sunday. \$20 - \$40, 4pm at the Liberty Theater in Astoria.

**Siletz Bay Music Festival.** Musical Tapas. Classical. \$30, 4pm at Eden Hall in Lincoln City. [siletzbaymusic.org/index.html](http://siletzbaymusic.org/index.html)

**Nicole Berk.** No cover, 8pm at the Adrift Hotel in Long Beach.

**Yaquina Bay.** Indie. No cover. 8pm at Fort George Brewery & Public House in Astoria.

### FOOD & DRINK

**Pancake Breakfast.** All-you-can-eat for \$5, 8am - noon at the Bay City Arts Center.

**Cannon Beach American Legion Breakfast.** \$7 adults, \$3 children under 6. 9 - 11:30am at the American Legion Hall in Cannon Beach.

### HAPPENING

**Garlic Festival.** Food and craft vendors. 10am - 4pm at Wilson Field in Ocean Park.

**Oregon Coast Scenic Railroad Father's Day Special.** For tickets and more information, call 503-842-7972.

**Rods & Races Car Show.** Free viewing, 9am - 2pm at the Lincoln City Community Center.

### OUTSIDE

**Family Scavenger Hunt.** Sharpen your powers of observation as we explore the saltmarsh at the edge of the estuary where the waters of Neawanna Creek and the Necanicum River mingle before reaching the sea. Shells, seed heads, tree cones; what treasures of nature will you find? Join NCLC Executive Director (and mom) Katie Voelke as you explore the estuary's edge with fresh eyes. Children must be accompanied by an adult. Free, registration required. 11am - noon at Neawanna Point, Seaside. Register at [nclctrust.org/on-the-land/otl-june-16-2013-family-scavenger-hunt-at-the-estuary/](http://nclctrust.org/on-the-land/otl-june-16-2013-family-scavenger-hunt-at-the-estuary/)

**Sandcastle 5k Fun Run/Walk.** Starts at 9am at the 2nd Street beach access in Cannon Beach. Registration starts at 8am.

### THEATER

**Rapunzel, a Musical Fantasy.** \$6 - \$10, 2pm at the ASOC Playhouse in Astoria.

## Monday 17

### MUSIC

**Siletz Bay Music Festival.** Chamber Choices. Classical. Free, 7:30pm at the Lincoln City Cultural Center. [siletzbaymusic.org/index.html](http://siletzbaymusic.org/index.html)

### FOOD & DRINK

**Ice Cream Social.** The public is invited for cake & ice cream + birthday celebration. \$1 suggested donation, free if it's your birthday month. 2pm at the Peninsula Senior Activity Center in Klipsan Beach, WA

## Tuesday 18

### MUSIC

**Hannah & Leon.** 8:30pm at the Snug Harbor Bar & Grill in Lincoln City.

## Wednesday 19

### MUSIC

**Siletz Bay Music Festival.** Songs Without (and With) Words. Classical. \$30, 8pm at Salishan in Gleneden. [siletzbaymusic.org/index.html](http://siletzbaymusic.org/index.html)

### HAPPENING

**Summer Reading Club Family Night.** Cowboy Buck & Elizabeth. Stories, songs and puppets. Free, 6:30pm at the Driftwood Public Library in Lincoln City.

## Thursday 20

### MUSIC

**Tony Furtado.** Acoustic/Americana/Folk Rock. No cover, 8pm at the Adrift Hotel in Long Beach.

**Siletz Bay Music Festival.** Play Date. Classical. \$30, 8pm at Salishan in Gleneden. [siletzbaymusic.org/index.html](http://siletzbaymusic.org/index.html)

### ART

**Ilwaco Art Night.** 5 - 8pm along the waterfront at the port of Ilwaco.

### FOOD & DRINK

**Fundraising Dinner.** \$7 for adults and \$5 for children includes. 5 - 6:30pm at the Peninsula Senior Activity Center in Klipsan Beach, WA

### LITERARY

**Author Jonathan Evison.** Will read from his book "The Revised Fundamentals of Caregiving." Free, 7pm at Beach Books in Seaside.

### OUTSIDE

**Beach to Chowder Walk/Run.** Walk or run a 5k or run a 10k on hard-packed beach sand with ocean waves breaking just a few yards away. Then get together for clam chowder. \$15 - \$35, 9am - noon in Long Beach. Register at [databarevents.com/chowder.asp](http://databarevents.com/chowder.asp)

**Paddle to John Day River Marsh.** The marsh is inaccessible on foot but accessible at high tide in canoes or kayaks: just the right-size watercraft for exploring the sloughs that penetrate this marsh. NCLC and Sunset Empire Parks and Recreation District will provide the canoes for this adventure; no canoe or kayak experience required. Join naturalist Kathleen Sayce to get acquainted with this wetland: its plant life, and the birds and animals that live here year-round or stop by seasonally. Free, paddles and lifejackets are supplied, registration required. 11am - noon, meet at John Day County Park, east of Astoria. Register at [nclctrust.org/on-the-land/otl-june-20-2013-paddle-to-john-day-river-marsh/](http://nclctrust.org/on-the-land/otl-june-20-2013-paddle-to-john-day-river-marsh/)



## theater & performance.

### Singer/songwriter Daric Moore

RENOVATION • June 15

**ASTORIAN SINGER/SONGWRITER** Daric Moore performs an evening of original solo guitar and voice in a concert titled *Renovation* at the Hoffman Center at 7:30pm on Saturday, June 15, 2013.

"My music is best described as solo folk rock," says Moore. "This is actually a re-emergence concert. This will be the first solo concert I've played in 6 years and the first ever to feature mostly originals."

Moore was in the band *Revolution I* from 1985-1995 as the drummer and singer. The band recorded one album, "*Revoloceans*," and played around Portland. Moore also recorded a solo album, "*No Design*," in 1995 and an album of experimental songs with friends in 2000.

#### Why Renovation?

"Music had to take a backseat to my carpentry/renovation work for so many years. The root word of renovation is 'renew.' With some 60 cover songs burned into my brain from countless campfires, singalongs and music sessions over the years, it's only recently that I have begun writing and performing my own songs in earnest. In effect renewing my music."

Manzanita was the first place Moore moved on the coast when he left Portland.



"I still feel a connection to the town" says Moore. "It will be a great place to play my first concert of original material. I lived there when the Hoffman Center first came into being and now it is a privilege to play in a venue that supports the arts so strongly." Moore performs regularly at Open Mics in Astoria. He was last seen in Manzanita performing an original song to enthusiastic audience response at the Hoffman Center Talent Show in January. Admission is \$5.

Saturday, June 15, \$5 admission, 7:30pm. At the Hoffman Center, 594 Laneda Avenue in Manzanita.

### ASOC SUMMER TEEN PROGRAM

#### Rapunzal, A Musical Fantasy June 14 - 23

**ASOC ANNOUNCES** their new summer program for Teens. Good for all ages, this year's presentation is "*Rapunzel, A Musical Fantasy*" By Eric Stedman. It's based on the famous fairytale story, yes, about a beautiful girl with long, long hair, a handsome Prince and a very wicked witch, all set with wonderful songs, colorful sets and very creative costumes!

This full two Act play has 15 young actors showing their skills as talented performers as they sing, dance and perform their way into your hearts. All technical positions are also run by teens, under the guidance of trained ASOC Theatre craftsmen, including costuming, sets, lights, graphic designs and stage management!

Performers include: Haley Werst, Brittany Waltemate, Shannon Rose Driscoll, Tyler Gagnon, Karah Griffin, Aly Hanson, Sophi Hansen, Madeleine Hayes, Skyler Wilson, Aubrie Payne, Cole Hilton, Megan Griffin, Nicole Ramsdell, Sierra Payne, Shawn Griffin, Grace Griffin and Garrett Payne.

Directors for the 2013 Teen program are Heather Ramsdell and Kim Mitchell with Music Direction by ChrisLynn Taylor and Production Management by Kim Werst.

Friday and Saturday evenings at 7:30pm - doors open at 7pm. Sundays at 2pm, doors open at 1:30pm. Tickets for the fun fantastical show, only \$10 for adults and \$6 for kids 12 and under. And all Friday performances are just \$5.00, but Reservations are always recommended! To purchase tickets call our box office at 503-325-6104 or go on line to [www.astorstreetworkcompany.com](http://www.astorstreetworkcompany.com). At the ASOC Playhouse 129 West Bond Street Uniontown.



### It's Broadway, Baby! 100 Years of Musical Theater

**TAPA AND** The Oregon Council for the Arts are pleased to present *It's Broadway, Baby!* - 100 Years of Musical Theater. This musical revue fundraiser runs June 21, 22, 28 & 29 at 7:00 PM at The Barn Community Playhouse located on the corner of 12 & Ivy in Tillamook. Tickets are available by calling Diamond Art Jewelers at 503-842-7940 and at the door on the night of performance. It is strongly recommended you call and reserve your tickets early. The ticket price of \$20.00 includes one beverage and hors d'oeuvres.

It was 100 years ago when the American Theater opened for business on 42nd Street in the heart of

Manhattan. It was to be the first of many theaters to open on what would become Broadway—the Great White Way. Beginning with the early years of Tin Pan Alley, this delightful revue takes us through some of the most memorable music the Broadway stage had to offer over the last century.

*It's Broadway, Baby!* is staged by Joni Sauer-Folger and produced by Val Braun, with musical direction by Diane Nelson and choreography by Sarah Absher. The cast features: Sarah Absher, Roberta Bettis, Robert Bishop, Julie Buckman, Michael Simpson, John Davy, Gerry Cortimilia, Bill Farnum, Peggy Kellow, Kelli McMellon, Wally Nelson, Jennifer Purcell, Joni Sauer-Folger, Becki Wilhelm, and David Wiser. The show also highlights dancers from Dance Zone.

## North Coast Printmakers Collective

Art Gallery Show at  
Clatsop Community College  
Opening June 13 • 6pm

### PRINTMAKERS

Vicki Baker  
Elizabeth Bon-  
Zimmerman  
Reed Clarke  
Stirling Gorsuch  
Roger Hallin  
Normandie Hand  
Kirsten Horning  
Pat Howerton  
Gin Laughery  
Sarah Lippold  
Marie Powell  
Mikiala Souza

Penny Treat (left) discusses her woodblock print with Marie Powell owner of the Marie Powell Print Studio in Ilwaco, WA. 177 S.E. Howerton. The studio has state of the art printing equipment with a 40" wide x 80" long E40 Conrad Pre



**THE NORTH COAST PRINTMAKERS COLLECTIVE** announces their first gallery show in Astoria, Oregon at the Clatsop Community College Art Center. The show opens June 13th and runs through July 11th. The opening reception is planned for the evening of June 13th at 6pm in the Art Gallery at 1799 Lexington Ave., Astoria. A "must see" for art lovers and collectors, and an opportunity to enjoy the diverse and fascinating world of fine art printmaking. The college gallery will open to the public for this exhibit Monday - Thursday 9-5 p.m. through July 11th. All art work is available for purchase.

The talented print makers of this show have expressed their artistic passion using a variety of printing techniques including monoprint, etching, woodblock, linocut and mixed media printing. There will be a brief presentation explaining the fundamentals of each printing method and an opportunity to meet the artists. Music will be provided and light refreshments will be served.

The North Coast Printmakers Collective endeavors to promote education and excellence in fine art printmaking. Formally established in 2010, this group has offered the public two successful exhibits. The collective

is comprised of established and emerging artists working in a unique community-based program with shared studio space at Clatsop Community College, Astoria, Oregon.

An inspired and obsessed collective, these artists produce quality original prints reflecting personal insights and shared aesthetics. While the incentive to work cooperatively is primarily based on the common need to access printmaking equipment and studio space, a serendipitous outcome has been growth through the interactive flow of ideas and technical knowledge.



### Plastic Fantastic Show IV at LightBox Gallery

**THIS ANNUAL** group exhibit originates from LightBox's love for photographic images made with plastic "toy" film cameras. Photographers from around the world will exhibit a total of 50 prints in this exhibit, including the gallery's first ever accepted entry from Russia. Internationally renowned fine art photographer Susan Burnstine of Los Angeles juried the exhibit. Susan uses homemade cameras consisting of plastic lenses and vintage camera and household parts. She began her fine art career working with toy cameras and has become a highly acclaimed photographic artist shooting with



Bob Gervais

film and using rudimentary cameras of her own design. The exhibits' first place award winner, Bob Gervais of Portland, Oregon, will give an artist presentation and slide show Saturday at 4pm, before the exhibits' opening. Bob is recognized for his work using a holga plastic camera to shoot street photography in many locales from NYC to Merida, Mexico.

The Plastic Fantastic Show IV runs from June 8th until July 6th. Reception June 8, Astoria Art Walk. 1045 Marine Drive in Astoria, HRs: Tuesday - Saturday 11 - 5:30. 503-468-0238.



# Boats with Noel Thomas

At the Cannon Beach Gallery

**ASTORIA PAINTER,** Noel Thomas, will be the featured artist and curator of a juried show entitled Boats during the month of June at the Cannon Beach Gallery. Boats will open on Saturday, June 1 with an Artist's Reception that evening from 5pm-7pm. The Boats show has been underwritten by Lum's Auto Center in Warrenton.

Noel Thomas is known for his evocative watercolor painting of boats on the

Columbia River, which capture the essence of the river and vessels that inhabit it. Since 1990, Noel Thomas has been painting watercolors out of his Astoria, Oregon studio.

"I feel fortunate to live on the Columbia, with its incomparable views. The sailboats and local working boats have their own particular charms, but it is the cargo ships in their various configurations and stages of disrepair, plying their cargos between the ports of the world, that I find irresistible," Thomas explains of his work.

"Ships are practical and rugged, and I am drawn to how they embody the notion of form following function. Many are hulks, battered and bruised by hard work, bad weather, docks, tugs, and whatever else is out there mid-ocean in the black of the night. They are all beautiful, and each carries a story," said Thomas.

Born in Longview, WA, Thomas graduated with distinction from Los Angeles Art Center College. He went on to pursue a 15-year career in adver-



tising art in New York and Los Angeles. Returning to the Northwest in 1974, Thomas and his wife began a business of creating aged miniature houses for collectors and museums. He is a signature member of the American Watercolor Society, and the Northwest Watercolor Society.

"To me watercolor is like driving very fast through the curves—you have to be thinking ahead, slow down a little at the corner, then accelerate at just the right time. It's an adrenaline rush. And, if I mess up, hey, it's just a piece of paper. I look forward to starting fresh each time—I don't even know if I am capable of painting the same way twice, much less in a series—the excitement, and danger, for me is to find out where each new subject leads me—here and there, into this and that. Painting is my life," Thomas said of his favored medium.

The Cannon Beach Gallery is located at 1064 S. Hemlock Street in Midtown and is open Thursday-Monday from 10am-4pm. 503-436-0744.

## Tempo Gallery Vicki Baker New Paintings

**TEMPO GALLERY'S** featured artist for June Art Walk, Vicki Baker, has just returned from Florida and will be showing some of her new colorful acrylic paintings. Vicki, a long time resident of Astoria, who winters in Florida on a houseboat, paints landscapes and figurative art with a bold, impressionistic style. Stop by Tempo Gallery, a collective of 10 artists, on Saturday night, June 8th, to see Vicki Baker's new paintings and the creative works by the other gallery members. Listen to music by flautist, Lauren Brady. Refreshments will be provided.

Tempo Gallery, which shares space with the Astoria Music Festival, is located at 1271 Commercial St., Astoria. Gallery hours are 12:00 pm-4:00 pm Tuesday-Saturday. (Astoria Music Festival office hours are 12:00 pm-6:00 pm Monday to Friday, 11:00 am-4:00 pm Saturday.)



## Jill McVarish at RiverSea Dissonance and Harmony

**IN DISSONANCE** and Harmony, Astoria artist Jill McVarish presents themes drawn from music alternating with those of altercation in an exhibition of paintings at RiverSea Gallery in Astoria. The show opens Saturday, June 1st with a reception from 5:00 to 7:00 pm which will include a short presentation by the artist and light refreshments. The show continues through July 2.

In a show filled with images inspired by music and fighting, McVarish toys with time and place as she explores the vagaries of contemporary culture to uncover humanity at both its joyous heights and all too common foibles. Juxtapositions of counter-

intuitive imagery entertain the viewer throughout this collection of work: Olive Oyl plays the cello, a terrified possum breaks a clarinet, boys wrestle over a game of jacks and a Muppet marches off to war as the little drummer boy. As she takes a wry look at modern life, the artist renders her vision in a style that harkens back to painting techniques of the old masters.



"While fighting and music making are in one sense almost opposite behaviors, one creative and the other destructive, they share some qualities as well," notes McVarish. "Boxing and wrestling are, like a lot of music performance, an organized, formatted kind of entertainment.

The medium is just different. The fighting scenes are intended to suggest violence, but also the beauty in the human forms depicted in this physical, strangely intimate act."

After receiving her BFA from the San Francisco Art Institute in 1993, McVarish took a couple of extended pilgrimages to Amsterdam to study at the acclaimed Garrett

Retveld Academie. It was here that she became enamored of 17th century Dutch painting masters. Her time in Amsterdam continues to have a profound influence on her style and technique, but has not contributed to her fascination with Muppets.

RiverSea Gallery, open daily is at 1160 Commercial Street in Astoria. 503.325.1270.

## Friends Connecting Through Art

**THE 4TH** annual "Friends Connecting Through Art" show will be held June 7th through July 7th at the North County Recreation District's (NCRD) in Nehalem. Organized by Lynn Thomas, artist friends Dee Koscheski and Lori Dillon will be joining her for the month-long display of all new works. A "Meet and Greet the Artists" celebration is scheduled for Saturday, June 15th from 5 to 7 pm.

Lynn Thomas receives inspiration for her paintings from the natural beauty of the north Oregon coast. "My goal is to capture the textures, shapes and movement in the surrounding landscapes." She paints primarily on found wood, allowing the grain to enhance the visual elements of her art pieces. Thomas has been involved in visual and performing arts her entire life and in addition to her professional studio work in painting, she teaches music.

"I'm still being inspired by things I see," says potter Dee Koscheski, adding that she has taken a few formal pottery classes this past year. "I've learned some new techniques and have added a few new items." These include oval shaped oven-proof casserole dishes and some whimsical pieces. Imprinted designs and unique glazes are part of Koscheski's beautiful and functional clayworks.

Lori Dillon says she is in a discovery phase with her art, "I'm learning more about new and old art mediums, and how they work for me." These

include acrylic paints, watercolor, pen and ink, soft pastel and mixed media.

The NCRD Gallery is located at 36155 9th Street, in Nehalem. Call 503-368-7008 for information and open hours and, the artists hope to meet with fellow art lovers at the June 15th event.





## NY Times Best Selling Author Robert Dugoni at the Cannon Beach Library



**NEW YORK** Times best selling author Robert Dugoni will be speaking and signing copies of his gripping legal thrillers including "Damage Control" and "Murder One" on Saturday, June 8 at 2pm.

Dugoni wrote his way to Stanford University where he majored in communications/journalism and creative writing as well as working as a reporter for the Stanford Daily. He graduated Phi Beta Kappa and worked briefly as a report in the Metro and San Gabriel Valley. Offices of the "Los Angeles Times" before deciding to attend the UCLA School of Law. Dugoni practiced law full-time in San Francisco as a partner at the law firm, Gordon and Rees, and is currently of counsel for a law firm in Seattle.

While practicing law Dugoni satisfied his artistic thirst studying acting at the American Conservatory Theater in San Francisco, and appearing in equity and non-equity shows through out the San Francisco Bay Area. His longing to return to writing never wavered, however, and in 1999 he made the decision to quit the full-time practice of law to write novels. On his wedding anniversary he pulled a u-haul trailer across the California-Oregon-Washington border and settled in Seattle to pursue his dream.

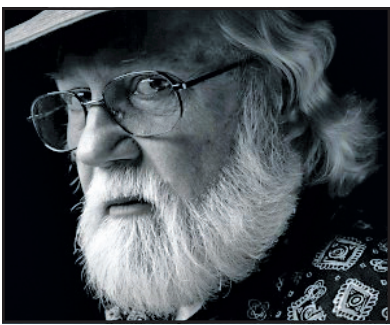
For the next three years, Dugoni worked in a 8 x 8 foot windowless office

in Seattle's Pioneer Square. He completed three novels, two of which won the 1999 and 2000 Pacific Northwest Writers Association Literary Contests. However it was Dugoni's non-fiction expose, "The Cyanide Canary," that gave him his start in business. Published in 2004 by Simon and Schuster, the critically acclaimed true story chronicled the investigation, prosecution, and aftermath surrounding an environmental crime in Soda Springs, Idaho. It became a Washington Post Best Book of the year, and the Idaho Book of the Year.

Dugoni's 2012 novel, "The Conviction," was the fifth in the David Sloane series. His books have been published in 18 foreign countries. In addition to writing novels he teaches the craft of writing and writing novels throughout the United States, Canada and Mexico.

**Saturday, June 6, 2pm at the Cannon Beach Library. FREE and open to the public. For more information, contact the Library at 503.436.1391, 131 N. Hemlock.**

## Writers on the Edge Robert Michael Pyle



**ROBERT MICHEL** Pyle's popular essay-column, "The Tangled Bank," appeared in fifty-two consecutive issues of Orion Magazine and Orion Afield, and came out in book form in 2012 from Oregon State

University Press as The Tangled Bank: Writings from Orion. A Colorado novel, Magdalena Mountain, is on deck, along with collections of poems, stories, and selected essays. His manuscript Evolution of the Genus Iris topped the long-list for the 2011 Idaho Prize for Poetry.

For thirty years, Pyle has been an independent, full-time biologist, writer, teacher, and speaker. He has published over five hundred articles, essays, papers, stories, and poems. In recent years he has served as Visiting Professor of Environmental Writing at Utah State University; as Kittredge Distinguished Visiting Writer at the University of Montana; and as place-based writing instructor from Alabama to Alaska, Tajikistan to Tasmania, and beyond.

Of his sixteen books They have been awarded the John Burroughs Medal, a Guggenheim Fellowship, three Governor's Writer's Awards, a Pacific Northwest Booksellers' Award, the Harry Nehls Award for Nature Writing, and the National Outdoor Book Award for natural history literature, and have been runner-up for the Orion, Green, PNBA, and Washington Book Awards. He resides in Southwest Washington with his wife Thea, a botanist and weaver. He is often associated with butterflies, slugs, and Bigfoot.

**Saturday, June 15 at the Newport Visual Arts Center in Newport Oregon.**

## The Rolling Stones: Fifty Years Christopher Sandford at the Seaside Public Library

**THE FRIENDS** of the Seaside Library host acclaimed author Christopher Sandford as he reads from his book, "The Rolling Stones: Fifty Years. The event will take place in the Community Room, to include book sales and signings.

In 1962 Mick Jagger was a bright, well-scrubbed boy (planning a career in civil service), while Keith Richards was learning how to smoke and to swivel a guitar. Add the mercurial Brian Jones (who'd been run out of school for theft, and playing blues guitar) and the wryly Bill Wyman and Charlie Watts, and the potential was obvious. During the 1960s and 70s the Stones were admired in some quarters for their flamboyance, creativity and salacious lifestyles, and reviled elsewhere for the same reasons. Confidently expected to never reach 30 they are now approaching their seventies and in 2012, they marked 50 years of being together as a band.

Sandford tells the human drama at the center of the band's story. He has interviewed those close to the group, family members (including Mick's parents), and the Stones contemporaries – even examining previously unreleased FBI files. "The Rolling Stones: Fifty Years" makes sense of the rich brew of clever invention and opportunism, of talent, good fortune, self-destructiveness, and other excesses, that made the Stones who they are.

Christopher Sandford has published acclaimed biographies of Kurt Cobain, Steve McQueen, Eric Clapton, Bruce Springsteen, and Roman Polanski. He has worked as a film critic and music writer for over 20 years, and frequently contributes to newspapers and magazines on both sides of the Atlantic. Rolling Stone Magazine has called him "the pre-eminent author in his field today". Sandford divides his time between Seattle and London.

**Thursday, June 6, 7pm at The Seaside Library is located at 1131 Broadway. FMI: (503)738-6742.**



## Friday 21

### MUSIC

**Shafty.** No cover, 7pm at McMenamins Sand Trap Pub in Gearhart.

**SONG.** A late night song cabaaret, featuring an ensemble of four local performers, exploring the edges of song form, from classical to old blues. A 1-set show, cocktails and light food. Directed by Dinah Urell. Doors open 9:30, show at 10:15. \$10 at the door. KALA, 1017 Marine Dive in Astoria.

**Josh Turner.** Country/Bluegrass. \$45 - \$60, 8pm at Chinook Winds in Lincoln City.

**Siletz Bay Music Festival.** A Joyful Mix. Classical. \$30, 8pm at Salishan in Gleneden. siletzbaymusic.org/index.html

**Sonny Hess & Vicki Stevens.** No cover, 9pm at Roadhouse 101 in Lincoln City.

**Tony Furtado.** Acoustic/Americana/Folk Rock. No cover, 9pm at the Adrift Hotel in Long Beach.

### HAPPENING

**Pirate Festival.** In Rockaway Beach. 503-355-8108

**Indoor Kite Flying Clinic.** Complimentary indoor kite kit will be provided. Pre-registration is recommended. Free, 2 - 4pm at St Peter the Fisherman Lutheran Church in Lincoln City. 541-996-1273

**Clamming Clinic.** With Bill Lackner. This free clinic begins with a 4pm lecture on clam digging at Driftwood Public Library in Lincoln City followed by a field trip to Siletz Bay to dig for clams. oregoncoast.org/crabbing-and-clamming-clinics/

**Scenic Helicopter Tour.** Take an aerial tour of the Pacific coastline near Lincoln City. Tours will depart from Chinook Winds throughout the day. For reservations call 541-997-3270.

### OUTSIDE

**Father's Day Treat Golf Tourney.** Fathers and sons/daughters encouraged. \$55/player, cart rental is \$15/player. 1pm shotgun start at the Gearhart Hotel.

### THEATER

**Rapunzel, a Musical Fantasy.** \$5, 7:30pm at the ASOC Playhouse in Astoria.

**A Funny Thing Happened on the Way to the Forum.** Musical comedy. \$8 - \$23, 7:30pm at the Coaster Theater in Cannon Beach.

**It's Broadway, Baby.** At the TAPA Barn in Tillamook. 503-842-7940 for tickets.

## Saturday 22

### MUSIC

**Siletz Bay Music Festival.** Family Concert. Classical. 11:30am. siletzbaymusic.org/index.html

**Ranger and the Rearrangers.** Free, at Waikiki Beach in Cape Disappointment State Park, Ilwaco.

**Calvin Johnson & the Priests.** No cover, 8pm at the Sou'wester Lodge in Seaview.

**Lloyd Jones.** Blues. \$5 cover, 9pm at the San Dune Pub in Manzanita.

**Josh Turner.** Country/Bluegrass. \$45 - \$60, 8pm at Chinook Winds in Lincoln City.

**Siletz Bay Music Festival.** Mozartiana. Classical. \$30, 8pm at Salishan in Gleneden. siletzbaymusic.org/index.html

**Phamous Phaces.** No cover, 9pm at Roadhouse 101 in Lincoln City.

**Purple Cats.** 9pm at the Snug Harbor Bar & Grill in Lincoln City.

**The Waxwings.** Classical/Rock/Folk. No cover, 9pm at the Adrift Hotel in Long Beach.

### FOOD & DRINK

**Wine Tasting.** Turley. 1 - 4pm at the Cellar on 10th in Astoria.

**Winemaker's Dinner.** Turley. Reservations required. 6pm at the Cellar on 10th in Astoria. 503-325-6600

### HAPPENING

**Around Saddle Mountain Motorcycle Run.** Sign in at 9am at Astoria Moose Lodge. Run departs at 10am. Stops in Clatskanie, Vernonia, Elsie, and ends in seaside at the American Legion for "Dogs & Burgers." \$20 donation includes meal.

**Pirate Festival.** In Rockaway Beach. 503-355-8108

**Annual Radio Relay League.** Free, starts at 11am at Barview Jetty County Park.

**June Dairy Parade.** Children's Parade at 10:30am and Grand Parade at 11am in downtown Tillamook.

**Tillamook County Rodeo.** At the Tillamook County Fairgrounds. 503-930-7656

### LECTURE

**Hiking Oregon's History.** Enjoy an arm-chair hiker's tour of Oregon's most scenic historic sites. 1pm at the North Lincoln County Historical Museum in Lincoln City.

### OUTSIDE

**YMCA Milk Run.** A 2 mile, 5k or 10k run/walk. Starts at 8am at the Tillamook YMCA. 503842-9622

**Summer Kite Festival.** At D-River State Wayside, Lincoln City. 541-996-3270.

**Anniversary Fireworks.** At Chinook Winds in Lincoln City.

### THEATER

**Rapunzel, a Musical Fantasy.** \$6 - \$10, 7:30pm at the ASOC Playhouse in Astoria.

**A Funny Thing Happened on the Way to the Forum.** Musical comedy. \$8 - \$23, 7:30 at the Coaster Theater in Cannon Beach.

**It's Broadway, Baby.** At the TAPA Barn in Tillamook. 503-842-7940 for tickets.

## Sunday 23

### MUSIC

**Coffee Concert.** Local musicians perform in a casual Sunday matinee concert with coffee and delicious desserts (included in the \$10 admission). 3pm at the Lincoln City Cultural Center.

**Siletz Bay Music Festival.** Oh Those Gershwin Boys. Classical. Artists Showcase & Fundraiser. \$125, 4pm at Salishan in Gleneden. siletzbaymusic.org/index.html

**No cover.** 8pm at Fort George Brewery & Public House in Astoria.

**The Waxwings.** Classical/Rock/Folk. No cover, 8pm at the Adrift Hotel in Long Beach.

### HAPPENING

**Pirate Festival.** In Rockaway Beach. 503-355-8108

**Annual Radio Relay League.** Free, until 11am at Barview Jetty County Park.

**Tillamook County Rodeo.** At the Tillamook County Fairgrounds. 503-930-7656

### OUTSIDE

**Forest Photo Outing.** Learn about nature photography with Michael Granger in a scenic forest setting. FMI: see pg5.

**Summer Kite Festival.** At D-River State Wayside, Lincoln City. 541-996-3270.

### THEATER

**Rapunzel, a Musical Fantasy.** \$5, 2pm at the ASOC Playhouse in Astoria.

## Wednesday 26

### FOOD & DRINK

**Spice 101 Class.** Don't know a spice from an herb, confused about salt, want to learn how to use spices and herbs to enhance your cooking? Learn at this free class. 6pm at Pat's Pantry in Astoria.



## HAPPENING

**Summer Reading Club Family Night.** Brad Clark. Music and stories. Free, 6:30pm at the Driftwood Public Library in Lincoln City.

## LITERARY

**Local Author Showcase.** Writers and friends are invited to come share and listen to original works being read by local authors. Free, 6 – 8pm at Olde Towne Trading Post in Ilwaco, WA

## OUTSIDE

**Nature Walk.** Free, registration required. 10am – noon at Ecola Creek Forest Reserve, Cannon Beach. Register at [nclctrust.org/on-the-land/otl-june-26-2013-nature-walk-at-ecola-creek-forest-reserve/](http://nclctrust.org/on-the-land/otl-june-26-2013-nature-walk-at-ecola-creek-forest-reserve/)

## Thursday 27

### MUSIC

**The Stolen Sweets.** Jazz/Swing. No cover, 8pm at the Adrift Hotel in Long Beach.

### LITERARY

**Lunch with the Author.** Author Jennie Shortridge will discuss her newest novel "Love Water Memory." Registration required. \$30 includes catered lunch and signed copy of "Love Water Memory." Noon at Beach Books in Seaside. Register at [beachbooks37.com](http://beachbooks37.com)

## Friday 28

### MUSIC

**Billy D and the Hoodoos.** Blues/Rock. No cover, 7pm at McMenamins Sand Trap Pub in Gearhart.

**Country Music Jam.** Free, 7 – 9pm at the Wickiup Senior Center in Svensen.

**SONG.** A late night song cabaaret, featuring an ensemble of four local performers, exploring the edges of song form, from classical to old blues. A set show, cocktails and light food. Doors open 9:30, show at 10:15. \$10 at the door. KALA, 1017 Marine Dive in Astoria.

**Dixie Wrecked.** No cover, 9pm at Roadhouse 101 in Lincoln City.

**The Stolen Sweets.** Jazz/Swing. No cover, 9pm at the Adrift Hotel in Long Beach.

### ART

**Plein Air and More.** Watch Featured artists "paint and create" throughout the town and on the beach. Then attend the evening gallery receptions and the Group Show in the Chamber Hall. All day events at various locations in Cannon Beach. [cbgallerygroup.com/plein-air-more-june-28-30-2013](http://cbgallerygroup.com/plein-air-more-june-28-30-2013)

### HAPPENING

**Doggie Olympic Games.** Pre-registration pizza party. 4 – 7pm at the Breakers Hotel in Long Beach.

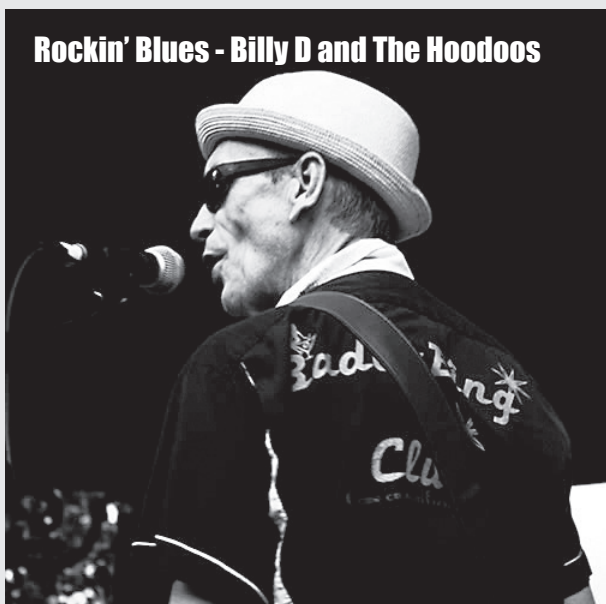
**Crabbing Clinic.** With Bill Lackner. Participants will meet at the pavilion at the end of SW 51st next to Mo's Restaurant in Lincoln City for a hands-on crabbing lesson on Siletz Bay. Free, 10:45am. [oregoncoast.org/crabbing-and-clamming-clinics/](http://oregoncoast.org/crabbing-and-clamming-clinics/)

**Hoop it up at the Beach.** 3-on-3 basketball tournament. Brackets for all ages and skill levels. At the Tanger Outlet Center in Lincoln City. [tangeroutlet.com/lincolncity/](http://tangeroutlet.com/lincolncity/)

### THEATER

**A Funny Thing Happened on the Way to the Forum.** Musical comedy. \$8 - \$23, 7:30 at the Coaster Theater in Cannon Beach.

**It's Broadway, Baby.** At the TAPA Barn in Tillamook. 503-842-7940 for tickets.



**BILLY DESMOND** grew up surrounded by the blues on the south side of Chicago, and began an early career working with blues legends Junior Wells, Big Time Sarah and Detroit Junior. After years of touring in the Midwest, he headed to LA, where he studied guitar with Blues great Tony Matthews (Ray Charles and Little Richard), and backed "Sugar Cane" Harris, blues violinist.

To calmer desert lands, Billy D moved to Sante Fe and there began a more serious intention on original compositions. Originality has proved his success. Today

his latest release, a CD/DVD project "Somethn's Wrong" has surpassed the one million milestone on YouTube. He has since moved to the great NW city of music, Portland, OR. He was voted "Best New Act" in 2010, by the Cascade Blues Society and earlier this year, one of his tune's, "Bye Now" was licensed to the hit TV series "Hart of Dixie." It pays to keep with your music.

Spend a soulful, rockin' night with Billy D and the Hoodoos at the Sandtrap in Gearhart, Friday, June 28, 7pm. All ages, NO cover.

## Saturday 29

### MUSIC

**Troll Radio Revue.** Astoria Music Festival Classics for Kids. Free admission with contribution of canned food. 11am – noon at the PAC in Astoria.

**Beth Willis Rock Band.** No cover, 9pm at Roadhouse 101 in Lincoln City.

**Jay Fleming & Dem Ole Bones.** 9pm at Snug Harbor Bar & Grill in Lincoln City.

**The My Oh Mys.** Bluegrass/Folk Rock/Psychedelic. No cover, 9pm at the Adrift Hotel in Long Beach.

### ART

**Plein Air and More.** Watch Featured artists "paint and create" throughout the town and on the beach. Then attend the evening gallery receptions and the Group Show in the Chamber Hall. All day events at various locations in Cannon Beach. [cbgallerygroup.com/plein-air-more-june-28-30-2013](http://cbgallerygroup.com/plein-air-more-june-28-30-2013)

### FOOD & DRINK

**Wine Tasting.** Pinot Noir #2. 1 – 4pm at the Cellar on 10th in Astoria

### HAPPENING

**Doggie Olympic Games.** Fun doggie games for dogs of all ages, sizes, shapes, and abilities. 11am – 1pm, registration. 12:30pm, Opening Ceremony, 12:45, the games begin. Participation: \$10/event or

\$40 for 5 or more events. On the beach at the Bolstad beach approach in Long Beach. See website for registration and more details. [doggieolympicgames.com](http://doggieolympicgames.com)

**Oregon Coast Scenic Railroad Day Double Header.** Leaves from the Garibaldi Station. 503-842-7972

**Mutt Masters Dog Show & Olympics.** Includes dog competitions for all breeds, sizes and ages. Doggie vendors, prizes and more. At 1545 SE 50th St in Lincoln City. FMI call 541-265-6610

**Hoop it up at the Beach.** 3-on-3 basketball tournament. Brackets for all ages and skill levels. At the Tanger Outlet Center in Lincoln City. [tangeroutlet.com/lincolncity/](http://tangeroutlet.com/lincolncity/)

**Surf Swap.** Bring your used surf gear to swap or sell. Free BBQ rain or shine. Noon – 4pm at Oregon Surf Shop in Lincoln City.

### THEATER

**A Funny Thing Happened on the Way to the Forum.** Musical comedy. \$8 - \$23, 7:30 at the Coaster Theater in Cannon Beach.

**It's Broadway, Baby.** At the TAPA Barn in Tillamook. 503-842-7940 for tickets.

## Sunday 30

### MUSIC

**The Salty Dog.** 10am – 3pm at the Astoria Sunday Market.

**US Navy Northwest Band.** Let Freedom Ring. Free, 2pm at the Historic Raymond Theater in Raymond.

**Astoria Music Festival.** Apprentice Artists Opera. \$15, 4pm at the PAC in Astoria.

**The My Oh Mys.** Bluegrass/Folk Rock/Psychedelic. No cover, 8pm at the Adrift Hotel in Long Beach.

**Sidestreet Reny.** Blues/Experimental/Hip Hop. No cover. 8pm at Fort George Brewery & Public House in Astoria.

### ART

**Plein Air and More.** Various locations in Cannon Beach. [cbgallerygroup.com/plein-air-more-june-28-30-2013](http://cbgallerygroup.com/plein-air-more-june-28-30-2013)

### HAPPENING

**PNPW Pro Wrestling.** \$10, 5 – 8pm at the Astoria Event Center.

## Monday 1

### MUSIC

**The Blackberry Bushes.** Acoustic/American/Bluegrass. No cover, 8pm at the Adrift Hotel in Long Beach.

## Tuesday 2

### MUSIC

**The Blackberry Bushes.** Acoustic/American/Bluegrass. No cover, 8pm at the Adrift Hotel in Long Beach.

### ART

**Monthly Photo Salon.** 7 – 9pm at the Hoffman Center in Manzanita.

## Wednesday 3

### MUSIC

**North Coast Symphonic Band.** Star Spangled Spectacular. 7pm at the Liberty Theater in Astoria.

### HAPPENING

**Summer Reading Club Family Night.** Traveling Lantern Theatre Company. Caterpillar Hunter! Free, 6:30pm at the Driftwood Public Library in Lincoln City.

## Thursday 4

### MUSIC

**The Holiday Friends.** Special event, details to be announced. At the Adrift Hotel in Long Beach.

### HAPPENING

**First Thursday Trivia.** Teams of 1-5 compete for universal admiration and fantastic prizes. Sign up ahead of time or just show up! Free, 5:30 – 6:30pm at the Astoria Public Library.

### FOURTH OF JULY EVENTS & FIREWORKS

**Old Fashioned Fourth of July Parade.** 1pm in downtown Ocean Park.

**Fireworks on the Beach.** 9:30pm off of the Bolstad beach approach in Long Beach.

**Fire Dancers.** 9 – 9:30pm at City Park in Cannon Beach.

**Celebration.** Beer, wine, food & music. Events are free and family friendly. Starts at 1pm at the Nehalem Bay Winery in Mohler.

**Oregon Coast Scenic Railroad Firework Spectacular.** The train will depart from Garibaldi at 8:30pm to take you to Rockaway to enjoy the fireworks and then have you back to your car by 11:30pm. 503-842-7972

**Gleneden Beach Celebration.** Includes a Pancake Breakfast at the Gleneden Beach Community Center, a Craft Fair and Food Court at Eden Hall, and the Annual 4th of July Parade at 1pm. 8am – 3pm at Gleneden Beach Loop.

**Fireworks at dusk on Siletz Bay in Lincoln City.**

# WEEKLY

## Friday

### MUSIC

**Bill Hayes.** Rock/Folk/Bluegrass. No cover, 5 – 8pm at the Cannon Beach Cookie Company.

**Mix & Mingle Jazz Night.** With jazz guitarist Wes Wahrmond & friends. Refreshments will be served. Free, 6 – 8:30pm at the Cannon Beach Gallery.

**Tom Trudell.** Jazz piano. No cover, 6 – 9pm at the Shelburne Restaurant & Pub in Seaview, WA.

**Asleep at the Switch.** Blues, Country, 40's, & 50's. Free (donations accepted), 6 – 8pm at the City Hall in Garibaldi.

**Thomasian Trio & Maggie Kitson.** Blues/Classic Rock. No cover, 7-11pm at Sweet Basil's Café in Cannon Beach.

**Open Mic.** Musicians, singers and comedians are all welcome. Each performer will receive \$1 off pints of beer or cider. Perform or just enjoy the show. 7:30 – 9:30pm at Hondo's Brew & Cork in Astoria.

### HAPPENING

**Friday Night Mixer.** Enjoy a social hour at the gallery, with art and conversation, plus beverages provided by Astoria Coffeehouse. 5 – 7pm at Imogen Gallery in Astoria.

## Saturday

### MUSIC

**Musician's Jam.** Free, 2 – 4pm at the Tillamook Library.

**Jennifer Goodenberger.** Classical/Improvisational/Contemporary piano music. No cover, 6pm at the Shelburne Restaurant in Seaview, WA

**The Honky Tonk Cowboys.** Country. No cover, 7 – 10pm at the Astoria Moose Lodge.

**LIVE Music, 6:30 – 9:30, musicians TBA.** At Sweet Basils in Cannon Beach

### FOOD & DRINK

**Happy Hour Appetizers, \$3 \$5, 4 – 6pm at the Wine Bar at Sweet Basil's Café in Cannon Beach.**

## Sunday

### MUSIC

**All That Jazz.** Jazz. No cover (donations accepted). 2pm at the Wet Dog Café in Astoria.

**North Coast Country Band.** No cover, 3 – 6pm at the Astoria Moose Lodge.

**Brian Johnstone, Flamenco/Jazz/Blues.** 6 – 9pm at the Wine Bar at Sweet Basil's Café in Cannon Beach.

**The Thomasian Trio with Maggie Kitson.** Jazz/Blues/Classic Rock. 7pm at Moody's Supper House in Seaside.

**Steve Sloan.** 8:30pm at the Snug Harbor Bar & Grill in Lincoln City.

## Monday

### HAPPENING

**Burgers & Jam Session.** 6 – 9pm at the American Legion Hall in Cannon Beach.

### Tuesday

### MUSIC

**Richard T.** Blues. No cover, 5:30 – 8:30pm at T Paul's Supper Club in Astoria.

**Brian O'Connor.** Jazz guitar. No cover, 6pm at the Shelburne Inn in Seaview, WA

**Salty Dogs.** Folk/Blues/Classic Rock. No cover, 6:30pm at the U Street Pub in Seaside.

**Open Jam.** Hosted by One Way Out. 8:30pm at the Snug Harbor Bar & Grill in Lincoln City.

### HAPPENING

**Teen Tuesdays.** Free special events just for teens in 6th through 12th grades. Activities include movie making, video game nights, crafts, and movie nights. 3:30 – 4:30pm at the Seaside Library. FMI visit [seasideilibrary.org](http://seasideilibrary.org)

## Wednesday

### MUSIC

**Salty Dogs.** Folk/Blues/Classic Rock. No cover, 6pm at the Rio Café in Astoria.

**Jam Session.** No cover, 7pm-ish – 10pm at the Moose Lodge in Astoria.

**Moody's Music Jam.** Bruce Thomas Smith will host a music jam every Wednesday. Everyone is welcome. 7 – 9pm at Moody's Supper House in Seaside.

**Dan Golden.** World Music. 7:30 – 10:30pm at McKeown's Restaurant & Bar in Seaside.

**Suzanne Knutzen.** Piano. No cover, 7 – 8pm at the Shelburne Restaurant & Pub in Seaview, WA

### FOOD & DRINK

**Wine Wednesdays.** Taste wines from around the World. \$5 tasting fee. 5-7pm at Sweet Basil's in Cannon Beach.

### HAPPENING

**Ecstatic Dance.** Spirit-filled, freestyle, yogic trance dance. \$5 - \$7, 6:30 – 7:45pm, at Pine Grove Community House in Manzanita

### SPIRITUAL

**Ocean Within Awareness Group.** Mission: to actively move toward our true nature and become one with the Ocean Within. Meetings will have two short meditation sessions, group discussions, and a focus practice for the week. All faiths/paths welcome. 6:30 – 7:30pm at the Astoria Indoor Garden Supply. FMI 503-741- 7626

## Thursday

### MUSIC

**Live Music.** No cover, 6pm at U Street Pub in Seaside.

**Paul Dueber.** Folk music from the 70s and 80s. No cover, 6 – 8pm at the Cannon Beach Hardware & Pub.

**The Thomasian Trio.** Jazz/Blues/Classic Rock. No cover, 6pm at Twisted Fish Steakhouse in Seaside.

**Basin Street NW.** Jazz. No cover, 6:30pm at the Bridgewater Bistro in Astoria.

**Steamin' Stan Ruffo.** Blues/Jazz/Soul/Rock. No cover, 7 – 10pm at Moody's Supper House in Seaside.

**Jim Wilkins.** 7pm at the Voodoo Room in Astoria.

**Salty Dogs.** Folk/Blues/Classic Rock. No cover, 9pm at Sam's Seaside Café in Seaside.

### ART

**Knitting/Spinning Group.** 3 – 5pm at the Astoria Fiber Arts Academy.

### HAPPENING

**Trivia Night.** Bring a team or just bring yourself and test your knowledge of useless (or possibly useful) facts. 6pm at the Ship Inn in Astoria.

**Poet & Songwriters Circle.** If you are interested in writing poetry/songs, please drop in and join the group. 7pm at the Bay City Arts Center.

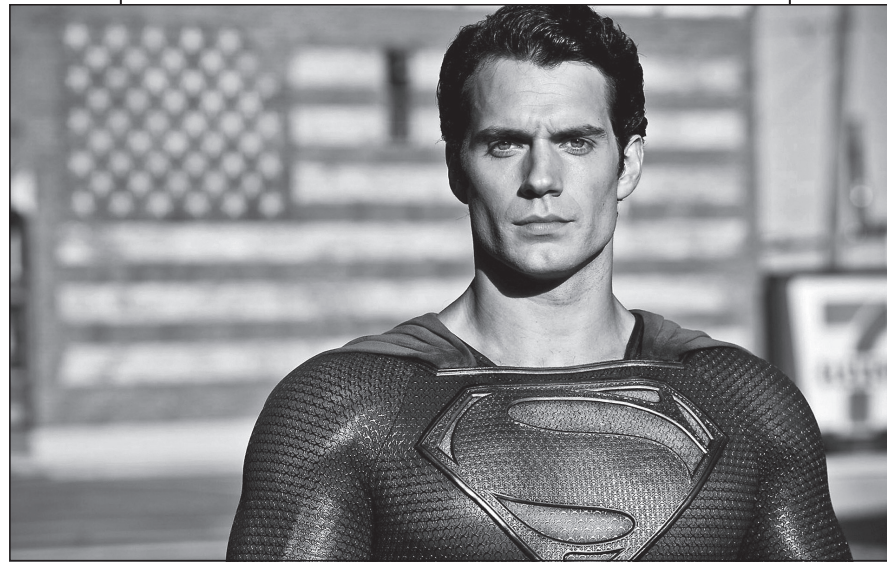


**THE PURGE (June 7)** Ethan Hawke toplines this rare horror film with more on its mind than just scares. *The Purge* imagines a near-future world where the government, strapped for cash after two additional world wars, has turned over the biggest problem the world faces – crime to a corporation. That company, Arcon, deduces that humans are a savage species that commits crimes out of a biological need. Therefore, the company deduces that a 12 hour “purge” where crime is legal and anything goes is good for society. Enter not-terribly-likeable James Sandin (Hawke), a wealthy provider of security systems for the rich. While he knows poor people die during the purge, “It doesn’t happen in our neighborhood.” Sandin lives with his wife Mary (Lena Headey), 16-year-old daughter Zoe and 12-year-old Charlie who has behavioral problems, in a fortified house in the suburbs. For years, the night of lawlessness and violence hasn’t bothered them. But James learns that the problems are not outside the house but inside. Zoe tells him her boyfriend Henry is hiding in the house, waiting to kill him for keeping them apart. Then Charlie sees a bloodied man running from a pack chasing him and lets him in. When Henry attacks James, the bloodied man vanishes. Then a band of well-dressed young people in masks arrive, led by the frightening Polite Stranger (Rhys Wakefield), who oh-so-nicely



informs James that if they do not give up the Bloodied Man, he and his gang will storm their house and kill everyone inside.

**MAN OF STEEL (June 14)** Zack Snyder (300) directs this Chris Nolan-produced second reboot of the Superman story. After Bryan Singer’s disastrous *Superman Returns* reboot in 2006 the franchise lay moribund until the *Batman Begins* team of director Chris Nolan and writer David Goyer were approached to reboot the character. Instead of the corny, Boy Scout figure that Superman had been portrayed up to then the team opted for a more realistic approach to the character. Goyer in interviews said that he saw Superman as a “Christ figure” who saves the world by suffering for our sins. Specifically, although the story follows the usual beats of an alien child sent to Earth from the planet Krypton to be brought up by adoptive earthly parents, the filmmakers focused on an adolescent Clark Kent who doesn’t fit in, particularly when he discovers his parents (played by Kevin Costner and Diane Lane) are his adoptive parents, not his real parents. Producer Deborah Snyder said in SFX that “Someone said to me that it’s the greatest adoption story in all of history. The people of Earth adopt him and he adopts us as well. Clark is on this journey of self-discovery, trying to figure out who he is and how he fits in, and in the end he comes to see how Jor-El, his Kryptonian father, has sacrificed and given to him. And he also realizes how his Earth parents made him who he is.” Russell Crowe plays Jor-El. Michael Shannon plays iconic villain General Zod. Unfortunately,



Shannon has confirmed that Zod does not say the immortal line “Kneel before Zod!” in this movie.

**WORLD WAR Z (June 21)** One of the rules of filmmaking is: Never make expensive horror movies. The reason for this is that while the horror audience is devoted and always shows up, it’s small, basically restricted to young males. An expensive horror movie has little chance of making its money back. Paramount ignored this rule when they acquired the rights to bestselling novel *World War Z*, which wasn’t really horror per se, but a political thriller set in the aftermath of a worldwide zombie war. When the budget climbed to \$150M, the political thriller aspects were jettisoned for a straightforward action zombie movie. Brad Pitt plays Gerry Lane, a United Nations employee who traverses the world to stop a zombie pandemic that threatens to end civilization, all the while yearning to see his family again. Producer/star Brad Pitt, who’s never had to carry a big budget action film before, had his hands full with the troubled production going overbudget and key members of the production team leaving/being fired. Communication between Pitt and director Marc Forster (*Quantum of Solace*) reportedly broke down to the point that the two were no longer speaking. After wrapping, the filmmak-



ers looked at the first cut and realized that their ending, which featured Pitt leading an army against the zombies with a bloodbath in Red Square, did not work. Lost writer/producer Damon Lindelof was brought in to salvage the movie. Lindelof wrote an entirely new ending to the movie, which resulted in 30-40 minutes of new footage being shot, sending the budget skyrocketing. Hopefully the first in a series of three Gerry Lane vs Zombies movies, *World War Z* would have to make an astronomical amount at the box office for the series to continue. Is \$200M for a zombie movie too much? Find out June 21.

**WHITE HOUSE DOWN (June 28)** Hollywood knows a good thing when they see one as this is the second terrorists-invade-the-White House movie released in the last three months. *Olympus Has Fallen* came out in March. The similarities are astounding. Both feature a disgraced/second rate Secret Service agent taking on dozens of terrorists – North Korean in *Olympus*, domestic in *White House Down* to save the President. Both feature children’s lives threatened by the terrorists – the President’s son in *Olympus*, the secret service agent’s daughter in *White House Down*. Both feature grave, dignified Speakers of the House who in the face of the crisis become Acting President – Morgan Freeman



in *Olympus*, Richard Jenkins in *White House Down*. Both feature a helicopter attack to re-take the White House which ends disastrously. And of course, the good guys win in both cases. There, the similarities end. *Olympus* was directed by Antoine Fuqua (*Training Day*) and is an in-your-face, bloody R-rated straight-up actioner done on a budget with cheesy Bulgarian special effects and a one-dimensional characters. Roland Joffe (*Independence Day*) had twice the budget and a better script for the PG-13 rated *White House Down*, and stars Channing Tatum as John Cale, a Secret Service agent who guards the Speaker of the House, but yearns for White House duty. But after blowing his job interview with Carol Finnerty (Maggie Gyllenhaal). Secret Service officer in charge of White House security, Cale tries to repair his relationship with his 10-year-old daughter Emily by taking her on a White House tour when all hell breaks loose. The Capitol is bombed and terrorists invade the White House, taking hostages (including Emily) and trying to capture the President. Evading capture, Cale and President Sawyer (Jamie Foxx) team up to take back the White House and stop the terrorists plot, which seems at first to be about money but could end up plunging the United States into war.





# FREE WILL ASTROLOGY

June

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**ARIES** (March 21-April 19): Back in the 1920s, the governor of Texas was determined to forbid the teaching of foreign languages in public schools. To bolster her case, she called on the Bible. "If English was good enough for Jesus Christ," she said, "it's good enough for us." She was dead serious. I suspect you may soon have to deal with that kind of garbled thinking, Aries. And it may be impossible to simply ignore it, since the people wielding it may have some influence on your life. So what's the best way to deal with it? Here's what I advise: Be amused. Quell your rage. Stay calm. And methodically gather the cool, clear evidence about what is really true.

**TAURUS** (April 20-May 20): A few weeks ago, the principal at a school in Bellingham, Washington announced that classes would be canceled the next day. What was his rationale? A big storm, a bomb threat, or an outbreak of sickness? None of the above. He decided to give students and teachers the day off so they could enjoy the beautiful weather that had arrived. I encourage you to make a similar move in the coming days, Taurus. Take an extended Joy Break – maybe several of them. Grant yourself permission to sneak away and indulge in spontaneous celebrations. Be creative as you capitalize profoundly on the gifts that life is offering you.

**GEMINI** (May 21-June 20): In Japan it's not rude to slurp while you eat your ramen noodles out of a bowl. That's what the Lonely Planet travel guide told me. In fact, some Japanese hosts expect you to make sounds with your mouth; they take it as a sign that you're enjoying your meal. In that spirit, Gemini, and in accordance with the astrological omens, I encourage you to be as uninhibited as you dare this month – not just when you're slurping your noodles, but in every situation where you've got to express yourself uninhibitedly in order to experience the full potential of the pleasurable opportunities. As one noodle-slurper testified: "How can you possibly get the full flavor if you don't slurp?"

**CANCER** (June 21-July 22): Here's a thought from philosopher Ludwig Wittgenstein: "A person will be imprisoned in a room with a door that's unlocked and opens inwards as long as it does not occur to him to pull rather than push that door." I'd like to suggest that his description fits you right now, Cancerian. What are you going to do about it? Tell me I'm wrong? Reflexively agree with me? I've got a better idea. Without either accepting or rejecting my proposal, simply adopt a neutral, open-minded attitude and experiment with the possibility. See what happens if you try to pull the door open.

**LEO** (July 23-Aug. 22): If you have been waiting for the right moment to perfect your party skills, I suspect this might be it. Is there anything you can do to lower your inhibitions? Would you at least temporarily consider slipping into a chronic state of fun? Are you prepared to commit yourself to extra amounts of exuberant dancing, ebullient storytelling, and unpredictable playtime? According to my reading of the astrological omens, the cosmos is nudging you in the direction of rabble-rousing revelry.

**VIRGO** (Aug. 23-Sept. 22): Where exactly are your power spots, Virgo? Your bed, perhaps, where you rejuvenate and reinvent yourself every night? A place in nature where you feel at peace and at home in the world? A certain building where you consistently make good decisions and initiate effective action? Wherever your power spots are, I advise you to give them extra focus. They are on the verge of serving you even better than they usually do, and you should take steps to ensure that happens. I also advise you to be on the lookout for a new power spot. It's available.

**LIBRA** (Sept. 23-Oct. 22): Reverence is one of the most useful emotions. When you respectfully acknowledge the sublime

beauty of something greater than yourself, you do yourself a big favor. You generate authentic humility and sincere gratitude, which are healthy for your body as well as your soul. Please note that reverence is not solely the province of religious people. A biologist may venerate the scientific method. An atheist might experience a devout sense of awe toward geniuses who have bequeathed to us their brilliant ideas. What about you, Libra? What excites your reverence? Now is an excellent time to explore the deeper mysteries of this altered state of consciousness.

**SCORPIO** (Oct. 23-Nov. 21): When explorer Ernest Shackleton was planning his expedition to Antarctica in 1914, he placed this ad in London newspapers: "Wanted: For hazardous journey. Small wages, bitter cold, long months of complete darkness, constant danger, return doubtful. Honor and recognition in case of success." Would you respond to a come-on like that if you saw it today? I hope not. It's true that your sense of adventure is ratcheting up. And I suspect you're itching for intense engagement with the good kind of darkness that in the past has inspired so much smoldering wisdom. But I believe you can satisfy those yearnings without putting yourself at risk or suffering severe deprivation.

**SAGITTARIUS** (Nov. 22-Dec. 21): "I'd rather not sing than sing quiet," said the vivacious chanteuse Janis Joplin. Her attitude reminds me a little of Salvador Dalí's. He said, "It is never difficult to paint. It is either easy or impossible." I suspect you Sagittarians may soon be in either-or states like those. You will want to give everything you've got, or else nothing at all. You will either be in the zone, flowing along in a smooth and natural groove, or else totally stuck. Luckily, I suspect that giving it all and being in the zone will predominate.

**CAPRICORN** (Dec. 22-Jan. 19): In 1948, Nelson Mandela began his fight to end the system of apartheid in his native South Africa. Eventually he was arrested for dissident activities and sentenced to life imprisonment. He remained in jail until 1990, when his government bowed to international pressure and freed him. By 1994, apartheid collapsed. Mandela was elected president of his country and won the Nobel Peace Prize. Fast-forward to 2008. Mandela was still considered a terrorist by the United States, and had to get special permission to enter the country. Yikes! You probably don't have an antiquated rule or obsolescent habit that's as horrendous as that, Capricorn. But it's past time for you to dissolve your attachment to any outdated attachments, even if they're only mildly repressive and harmful.

**AQUARIUS** (Jan. 20-Feb. 18): As a renowned artist, photographer, and fashion designer, Karl Lagerfeld has overflowed with creative expression for 50 years. His imagination is weird and fantastic, yet highly practical. He has produced a profusion of flamboyant stuff. "I'm very down to earth," he has said, "just not this earth." Let's make that your mantra for the coming weeks, Aquarius: You, too, will be very down to earth in your own unique way. You'll follow your quirky intuition, but always with the intent of channeling it constructively.

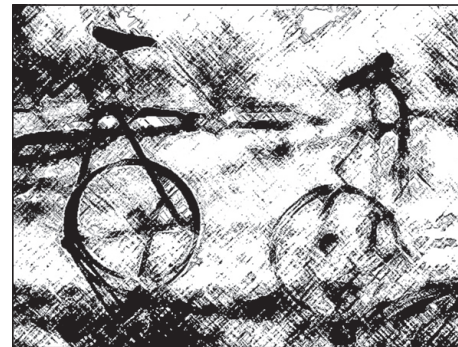
**PISCES** (Feb. 19-March 20): In the following passage, French novelist Georges Perec invites us to renew the way we look upon things that are familiar to us. "What we need to question," he says, "is bricks, concrete, glass, our table manners, our utensils, our tools, the way we spend our time, our rhythms. To question that which seems to have ceased forever to astonish us." A meditation like this could nourish and even thrill you, Pisces. I suggest you boost your ability to be sincerely amazed by the small wonders and obvious marvels that you sometimes take for granted.

**Homework:** Name one of your least useful attitudes: a belief or perspective you know you should live without, but which you haven't had the courage to banish. [Freewillastrology.com](http://Freewillastrology.com)

## The Pedaling Adventures of Madame Velo (a.k.a. The Bike Madame)

By Margaret Hammitt-McDonald

# Re-Cycle!



"yellow bikes," which have been spotted all around the country—although I should note that with these bikes, there was never a requirement to return them. They were free to travel, and travel they did.

Contacts for bike-sharing: Frans Pauwels Memorial Community Bike Center in Aloha: (503) 356-9740; Ashland Community Bike Program: (541) 552-8512; Corvallis Bike Coop: [corvallis-bicycle-coop@planet-internet.com](mailto:corvallis-bicycle-coop@planet-internet.com), and Bicycle Farm

in Portland: (971) 533-7428, or [bikefarm@bikefarm.org](mailto:bikefarm@bikefarm.org).

If you have a "parts bike," you can donate it to a repair shop, high school, or vocational training school that hosts programs for anyone from aspiring bike mechanics to cyclists who want to take charge of their own maintenance. Some of these groups will refurbish bikes, not just to provide their students with a learning experience, but to pass the finished products on to people in need, either in the area or internationally. Bicycles can be of tremendous help in developing countries, where people travel long distances for drinking water and other essentials. Pedal power can also be used to generate electricity or pump water. Some of the most innovative refurbished bicycles I've seen—amphibious bikes, cargo bikes, even pedal-powered buses—are the creations of ingenious people with limited material resources but an inexhaustible supply of imagination and ingenuity.

To donate a bike for refurbishing, check out these organizations: City Bikes Repair Shop (Portland): (503) 239-0553; Community Cycling Center (Portland): (503) 287-8786 or [info@communitycyclingcenter.org](mailto:info@communitycyclingcenter.org). For international bike donations: World Bicycle Relief Aid For Africa: [www.aidforafrica.org/member-charities/world-bicycle-relief](http://www.aidforafrica.org/member-charities/world-bicycle-relief).

Finally, if you have a creative and mechanical bent, you can use bike components to create beautiful, functional works of art, from lawn sculptures to furniture. You can find ideas by exploring these websites: [www.resourcerevival.com/store/ap](http://www.resourcerevival.com/store/ap); [www.bikefurniture.com](http://www.bikefurniture.com).

It's refreshing to know you can help to heal a wounded world through cycling... and re-cycling.

**YOU KNOW** the beast: that crusty but intact bike you've outgrown (size, style, or skill-wise), the klunker with busted components that would cost more to replace than to purchase a new bike, or the pitiful rust-bucket you left out in the rain one fateful day. You don't want to junk it, but it's too antiquated or dilapidated to sell, unless it's officially vintage or an enthusiast of oxidized sculptures is eager to pay you for it, and it's eating space in your garage or basement. So what's the environmentally and socially responsible way to part with Old Faithful?

If your friend is road-worthy, a first choice is to find someone who needs a bike, tune it up, and pass it along. If you've moved up to a specialized or "advanced" bike, a novice cyclist would appreciate your entry-level ride. Some bikes are especially suitable to elders or those with balance problems, as with cruisers, adult tricycles, or recumbent bikes and trikes. My husband gifted a veteran with his old recumbent trike, a safer setup for an elder who was starting to lose his balance on his two-wheeler.

Also consider donating a ride-able bike to a bike-sharing program. The only program I've found on the Oregon Coast is in Waldport, hosted by the local community center, but if you have a talent for community organizing, consider starting one in your area. Also called a bike library, a bike-sharing program makes bicycles available for community members. When they're finished with the bikes, riders leave them at designated areas for the next person. The idea is similar to the car-sharing programs common in some cities, except one does not usually have to pay to ride the bikes. Sometimes this means bikes have left their area, as with the famous



## WORKSHOPS/CLASSES

**DOES FOOD RUN YOUR LIFE?** Come to Overeaters Anonymous every Wednesday from 7-8pm in the Seaside Public Library, Board Room B. No dues, fees or weigh-ins. Everyone welcome! (if you have questions call 503-505-1721).

**LISTENING DEEP FOR STORY.** By writer Ruby Hansen Murray. Identify what matters in compelling prose, elements of emotional or physical risk, to deepen the stories you write. Ruby is a local resident of Puget Island, a published author and participant in National Public Broadcasting. Participants may take one or both classes. Fee \$45 per class. All levels welcome, age 18 and up. Friday June 14, 9am - 1pm. And/or Friday, June 22. Tsuga Gallery, 70 Main St., Cathlamet, WA, (360) 795-0725. Visit our website at [www.tsugagallery.org](http://www.tsugagallery.org), or email [tsugagallery@yahoo.com](mailto:tsugagallery@yahoo.com).

**WATERCOLOR WORKSHOP.** By artist Carol Boudreau. Beginners and experienced painters welcome. Demonstrated and directed painting. Carol is a Longview, WA, resident and an award-winning watercolorist with work on display at the Broadway Gallery in Longview and Ryan Gallery in Lincoln City, OR. Fee \$70, age 18 and up. Saturday, June 29, 9:30am to 4pm (w/1 hr lunch break). Tsuga Gallery, 70 Main St., Cathlamet, WA, (360) 795-0725. Visit our website at [www.tsugagallery.org](http://www.tsugagallery.org), or email [tsugagallery@yahoo.com](mailto:tsugagallery@yahoo.com).

**French Conversation Group Re-Start.** The group is devoted to speaking French only. It is NOT a class, so please do not show up expecting to learn French from scratch. Once you step through the door of the Riverbend Room, it is French only. It will be on Saturdays, from 1-3pm at NCRD in the Riverbend Room. There is a nominal charge of \$1/person/time. For more information email Jane or call her 503-368-3901 or, call Paul Miller at 503-368-5715.

**Computer Basics.** Third Saturday of each month 9:00am-10:00am. If you're new to PC computers or just needing to update basic skills, this class is for you. Each class is tailored to meet the needs of participants. Free, at the Astoria Public Library.

**The Lower Columbia Classics Car Club.** Invitation to all who are interested in Collector Cars to attend one of our monthly meetings. The meetings are held at Steve Jordan's Shop Building, located at 35232 Helligso Lane in rural Astoria - meet on the 3rd Thursday of each month. If you are interested and need the directions to get there, you may call Steve Jordan at 503-325-1807

**Toddler Arts Group.** Every Wednesday 10 to 11am - Get your toddler started in the arts! Activities are geared towards ages 1-3, but age birth-5 are welcome. All children must be accompanied by a caregiver. Bay City Arts Center, Bay City. t

**CELEBRATE RECOVERY • Nazarene Church, 2611 3rd St, Tillamook.** Adult & teen 12 step program. Child care provided. Call 503-812-3522 for more

information. Tuesdays, 7-9, Dinner at 6 by donation.s

## BODY WORK • YOGA • FITNESS

**YOGA • NCRD.** Celebrating 20 years of community yoga, and offering ongoing year-round classes as follows: Monday, Yoga of the Heart, 8:15 - 9:45 am, instructors: Lorraine Ortiz and Lucy Brook (no drop ins); Monday, Vinyasa, 2:00 - 3:30 pm, instructor Charlene Gernert; Tuesday, Mixed Levels, 4:00 - 5:30 pm, instructor Monica Isbell; Wednesday, Yoga Stretch, 8:00 - 9:30 am, instructor Lucy Brook; Wednesday, Restorative Yoga, 2:00 - 3:30 pm, instructor Charlene Gernert; Thursday, Yoga of the Heart, 8:15 - 9:45 am, instructors: Lorraine Ortiz and Lucy Brook (no drop ins); Thursday, Level I, 5:45 - 7:15 pm, instructor Monica Isbell; Friday, Very Gentle Yoga, 8:00 - 9:30 am, instructor Lucy Brook; Saturday, Mixed Levels, 8:00 - 9:30 am, instructor Lorraine Ortiz. All classes meet at NCRD, 36155 9th Street in Nehalem, Room 5. For more information call 503-368-7160.

**LOTUS YOGA.** 1230 Marine Drive, Downtown Astoria. Ongoing classes on a month to month basis. Call (503)298-3874, Check web for class schedule updates. Email [lotusyoga@live.com](mailto:lotusyoga@live.com), website [www.lotusyogaonline.com](http://www.lotusyogaonline.com) Yoga/Private Instruction.

Gentle Stretching Classes (M/W/F 9-10 AM & M/W 5:30-6:30 PM classes available) at Waves of Change Wellness Center, 1 12th Street suite #8 Astoria Qigong Classes offered TU/TH mornings 8:30-9:30 AM

**ECSTATIC DANCE.** Ecstatic, trance, yogic, spirit filled), playful, improvisational, freestyle - We're Dancing! Wed. at 6:30 at Pine Grove Community House, 225 Laneda Ave. in Manzanita. No experience necessary. You are welcome to bring Instruments of any sort to play along with what we've got going. Cost is a sliding scale from \$5 - \$7, or free if you really need to just be there.

**"LEARN SELF DEFENSE IN ASTORIA.** Kenpo Karate for Adults, WEEKLY KENPO KARATE CLASS every Friday, 5:15pm till 6:30pm, 342-10th Street, 2nd floor, Astoria, OR 97103. Class tuition is \$40.00/mo. Instructor is a Black Belt in Ed Parker's American Kenpo Karate. Visitors are welcome to drop in and see the class or inquire for free introductory lesson. Sign-up by e-mail at: [jbgroove2@crecomm.net](mailto:jbgroove2@crecomm.net) or by phone at: 360-665-0860".

**YOGA • MANZANITA.** Silver Services Yoga with Holly Smith. Meeting each Thursday from 10 to 11:30am beginning March 14, 2013. Cost: \$40 for five classes. (Sorry, no drop-ins) To Register: Call Holly at 503-368-4883. There is a richness which comes from lessons learned in the later stages of life. Silver Services Yoga provides instruction in simple yoga postures with props, breath and energy work, meditation and relaxation.

**ZUMBA CLASSES/NEHALEM.** At the Lighthouse located at 36480 Hwy 101 in Nehalem. Mon and Wed. 5pm - 6pm.

Beginners pace for all ages, 12 and over. 5.00 per class. First class FREE.

**YOGA • Bay City Arts Center.** Classed with Michelle Lawhorn - Mon & Thurs 6pm. \$5 per class.

**YOGA • Manzanita.** The Center for the Contemplative Arts, Manzanita: Tuesday evenings 5 - 5:45pm. \$35 for 5 classes. Call 368-6227 for more info.

**Yoga in Gearhart.** Gearhart Workout. For more information log on to [www.gearhartworkout.com](http://www.gearhartworkout.com) 3470 Hwy. 101 N. Suite 104 in Gearhart

**YOGA • Nehalem.** Ongoing yoga classes at NCRD are as follows: Monday, Level II, 5:15-6:45 pm, Nicole Hamic; Wednesday, Morning Yoga Stretch, 8-9:30 am, Lucy Brook; Thursday, Yoga for Parents & Kids, 3:45-4:45 pm, Charlene Gernert; Thursday, Level I, 5:45 - 7:15 pm, Charlene Gernert; Friday, Very Gentle Yoga, 8-9:30 am, Lucy Brook.

**QI GONG CLASSES/ASTORIA.** Taught by Linda Williamson at Wave of Change in Astoria. #1 12th St. Tuesday and Thursday 8:30am to 9:30am. Qigong is an ancient Chinese system of exercise and meditation. 503.861.2063

**TAI CHI.** The Center for the Contemplative Arts, Manzanita: Wednesday Mornings 10-11:30. \$30/month. Call 368-6227 for more info.

**TAI CHI AND STRETCHING.** New Tai Chi Classes forming the first week of each month (am and pm times available) At WavesOf Change 1002 Marine Drive in Astoria. Also gentle stretching classes and light resistance training. Sat May 19 - Reiki Level 1 class 9 am - 3 pm, Sat June 2nd Aromatherapy Spa Party 2 pm, Sat June 23 Intro to Aromatherapy (Level 1) 9 am - 4 pm Call for details 503.338.9921

**WAVES OF CHANGE. M-W-F 9-10 AM—Gentle Stretching Class with Light resistance training with Sam Peters. M-W 530-630 PM- Beginning Gentle Stretching with Angela.TU/TH 830-930 AM - Qigong with Linda.TU/TH 10-11 AM—Tai Chi Fan 36 Form with Angela. TU/TH 530-630 PM—Sun Style Tai Chi with Angela. Saturday 9-10 AM - Stretching class with Angela.Private lessons available \$25/hr. Drop In rate for stretching classes \$10. Contact Angela at 503.338.9921 to sign up for a class. Fee: Tai Chi class \$50 per month. Qigong class \$40 per month. Stretching class is \$75 per month for M/W/F and \$50 for M/W.**

**HIKE THE NORTH OREGON COAST WITH ANGORA HIKING CLUB.** This year the Angora Hiking Club will be leading 8 hikes that will cover the 64.4 miles of the north portion of the Oregon Coast Trail. These hikes are open to the community, and we encourage you to join us for one or all of the walks. If you have questions about this program, contact Arline LaMear, 503-338-6883. Car shuttles will begin at the Basin St. parking lot across Basin St. from Astoria KFC. Walkers should gather there by 9 a.m. for the March, April, May and June hikes. The remaining hikes, July, August, September,

and October will begin at 8 a.m. to allow extra time for the longer drives to the walk start points. A record book is available for \$2 in which to record the eight legs of the North Oregon Coast Trail. Upon completion of all eight hikes, participants will receive a certificate. If you are interested in receiving one of the record books, please call 503-338-6883 so we will know how many to have on hand.

## SPIRITUALITY

**COLUMBIA RIVER MEDITATION GROUP.** Sponsored by Great Vow Monastery. Meets ever Wednesday in the FLag Room of the Public Library. Time: 5:45 - 6:55. All are welcome to practice - quiet setting and slow walking meditation. Local contact: Ron Maxted - 503.338.9153. email: [ronmaxted@westsky.net](mailto:ronmaxted@westsky.net)

**Tibetan Buddhist Dharma Group.Dharma River meets Mondays at 7 pm, 1230 Marine Drive, in Lotus Yoga's studio.** Sadhana practice, meditation, teachings & discussion. Dharma River is a satellite of the Portland Salya Center. Contact Dharma teacher, Rosetta Hurley, 338-9704 for more info."

**A SILENT MEDITATION • with Lola Sacks.** St. Catherine's Center for the Contemplative Arts, Manzanita: Monday Nights 5 - 5:45 Call 368-6227 for more info.

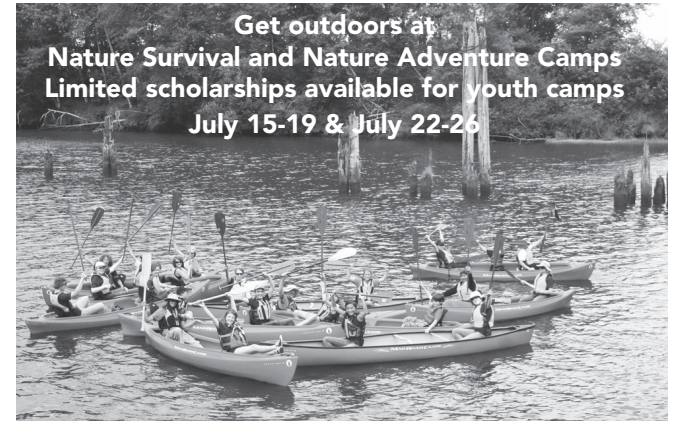
**LECTIO DIVINA • Meditation with Holy Scripture.** The Center for the Contemplative Arts, Manzanita: Tuesday Mornings 10-11:30. Call 368-6227 for more info.

**LABYRINTH WALK • Grace Episcopal Church, 1545 Franklin St, Astoria, 3-6.** Every 1st Sunday.

## VOLUNTEER

**Weekly Habitat Restoration/Stewardship Work Parties.** 10 am - noon. Meet at Alder Creek Farm, at the end of Underhill Lane between Nehalem and Manzanita. Dress for the weather and prepare to get outside with great people on beautiful properties doing a variety of habitat restoration activities. For more information contact Lower Nehalem Community Trust, 503-368-3203, [Inct@nehalem.tel.net](mailto:Inct@nehalem.tel.net).

**VISITOR CENTER SEEKS VOLUNTEERS.** The Astoria Warrenton Chamber of Commerce operates the Visitor Center located at 111 West Marine Drive in Astoria. The Center is open year-round with visitor information about the local area, the state of Oregon and beyond. The Chamber is looking to bolster their crew of volunteers for the upcoming busy season and you may be just the person for the job. "All that is needed is a welcoming smile and a desire to assist our visitors," says Suzanne Cannon, Visitor Services Manager. "We'll teach you the rest."Volunteers typically work a three-hour shift, once a week. They primarily greet visitors in person and by phone, and may also help with answering mail requests and other tasks as needed. For more details, contact Suzanne at



Get outdoors at Nature Survival and Nature Adventure Camps Limited scholarships available for youth camps July 15-19 & July 22-26

**YOUNG** people can explore the area's trails, water and animals at camps this summer through Lewis and Clark National Historical Park.

Educators from the Lower Columbia Estuary Partnership and the park will lead two weeklong camps, both featuring exciting overnight opportunities.

Nature Survival Camp, held July 15-19, takes campers on the water and to the woods, deep into the park and other sites, as they explore and practice skills to survive and thrive in nature, including a two-night camping trip at the beach. This camp is open to students entering seventh and eighth grades. The cost is \$145.

Nature Adventure Camp, held July 22-26, offers a week's worth of adventures at the park and nearby, as well as an overnight in Fort Clatsop! Nature Adventure Camp is open to students entering fourth grade through sixth grade. The cost is \$135.

Hours for Nature Survival Camp are 9 a.m. to 5 p.m. Monday & Tuesday, with a 9 a.m. drop-off on Wednesday and 11 a.m. pick up on Friday for the two-day camping trip at the beach. Hours for Nature Adventure Camp are 9 a.m. to 5 p.m. Monday through Wednesday. For the Thursday overnight, drop off is at 9 a.m. Thursday, and pickup is 11 a.m. Friday. Enrollment for both camps is limited and scholarships are available. Questions? Please call Cathy at (503) 861-4422, or go to [www.nps.gov/lewi](http://www.nps.gov/lewi) and follow the links for applications. You can also find us on Facebook - Lewis and Clark National Historical Park.

503-325-6311 or stop by to pick up a volunteer application.

## Meetings

**Pacific County Democrats Meet.** 1216 Robert Bush Drive, South Bend, WA. Monday, June 10, 2013 - 7:00pm, south County Building 7013 Sandridge Road, Long Beach, WA

**ENCORE Retirement Learning Community.** Is an association of retirement-age people who share a love of learning. Established in 2001 by a Steering Committee of retired adults, ENCORE is sponsored by Clatsop Community College. We meet for lunch the first Tuesday of every month. We try to alternate between North and South County, so look for these Community Notes in your local Newspaper to see the place of choice. Our Lunch Bunch get-togethers are a wonderful venue for meeting classmates over lunch, as well as new friends. Remember all guests that might be interested in ENCORE, or just want to know what we're all about, are welcome. Aletha Westerberg, 503-325-4325.

**BREASTFEEDING INFORMATION & SUPPORT.** La Leche League's monthly support group meetings provide an opportunity for both new and experienced mothers to share their questions or concerns, and to talk with each other about the special joys and challenges

of parenting. We especially encourage expectant and new mothers to join us. Healthy babies and toddlers are always welcome at La Leche League meetings. We look forward to seeing you soon. Second Monday of the month at 10am- Astoria FOR FURTHER INFO, PLEASE CONTACT JANET WEIDMAN @ 503-325-1306 OR LIZ PIETILA @ 503-861-2050.

## KIDS

**Port of Play.** Summer hours will begin Monday, June 3rd, 2013. Monday-Friday: 10am-1pm (closed weekends). Parent's Night Out Summer Dates Parents, drop your children off for a night of fun while you enjoy a night out. The kids will enjoy crafts, movies, popcorn and games. Snacks will be provided. Ages 2.5-10 (must be potty trained) Call 325-8669 or visit [astoriaparks.com](http://astoriaparks.com) to register. 6:00pm-9:30pm. June 1st and June 29th. July 13 and 27th. August 10th and 24th.

## Events

**TRIVIA AT THE LIGHTHOUSE.** The Lighthouse has Trivia every Sunday at 5:00 pm. The competition is keen, the questions sometimes challenging and always FUN. Teams of up to 4 people compete. The members of the winning team each receive a \$5.00 poker chip good at the Lighthouse. There's always FREE Pool every Sunday at Ron's Lighthouse, and a "3-Ball" competition at 1:00

**PANCAKE BREAKFAST.** All-you-can-eat, at the Bay City Arts Center. Every Sunday. 8am to noon. \$5/adults, \$4 members. Kids 1/2 price. Sausage, beans, slasa, fruit and yogurt, juice and tea.





## Messages Sonja Grace mystic healer

### Migration

When we get out of our own way and return to the primary roots of our human nature; we connect our energy with the Earth and all that we are innately related to in physical form. The energy of the planet is as complex as our own energy system. As technology has developed so has our ability to process information. But as we develop our brains we have the opportunity to stay connected to our emotional body and continue to feel our feelings.

With the current shifts in our galaxy, earthlings feel a lot but tend to process the experience mentally. Often, our feelings get

shut down, cut off and rejected through a logical process that society has defined through the duality. Religion and cultural belief systems are the templates that determine how we experience the duality.

When Earth's energy shifts with an earthquake or volcanic eruption; we feel this energy as highly sensitive beings, without the help of television or internet. This is also true with solar flares that challenge the Earth's electromagnetic field.

Centuries ago, we lived closer to the Earth. We could identify what food to eat and what areas were safe to set up camp. We

migrated in spring and fall to climates that supported our survival in summer and winter.

With our highly technological world we rely on other sources to tell us what to do; like carry an umbrella or wear sunscreen. Our dependency goes even further as we are governed by computerized technology that leaves us vulnerable if the grid gives way.

Many people are feeling a pull to migrate but it doesn't make sense because we do not respect the inner compass we all have. We have developed habits that keep this inner navigational system quiet so we don't have to feel as deeply as we are able to for fear of being confronted by the truth.

The truth is at a soul level woven into your inner compass that helps you navigate being in a physical body. We must reconnect with our deeper understanding of how important what we feel governs our innate ability to respond, move or transition with respect for the natural rhythm of the earth and human experience.

We are not without inner guidance but the decline of our air, water and land is enough to cause all living to feel the impact physically, emotionally, mentally and spiritually. We are at a point in history that will change the definition of the human race as

we know it. This planet has been abused far too long and cultures around the world have swept the abusive under the rug. Taking responsibility for one's own creation of garbage, toxicity and energy will help this planet. Your energy matters and is a part of the collective that creates our reality here on Earth. By shifting your attention to what your energy is doing, you help the planet to regain balance.

Trust your inner compass and take time to love this Earth as you love Creator, for the Earth was created just as you were and we are so blessed to be here.

For over thirty years, author and Mystic Healer, Sonja Grace has been offering her clients, both in the United States and abroad, immediate stability, clarity, and guidance. Through her healing, counseling and spiritual processing, Sonja has a wide variety of talent to choose from in which she accesses her ability to channel and communicate with the divine. Two time author of *Angels in the 21st Century* and her latest book, *Earth Ways Healing Medicine for the Soul*, provides a pathway to the four seasons through prayer and ceremony and is a companion to the film presentation *Earth Ways Series*.

[www.sonjagrace.com](http://www.sonjagrace.com)

### word and wisdom

By Tobi Nason

### Resilience

This is the time of year when daffodils come bursting through the ground, just as they did the year before. Honeysuckles bloom like crazy, more wild than ever. Dormancy is over.

Resilience is the ability to survive despite conditions that are less than optimal. (For a plant, that would be cold weather.) Resilience means the ability to revive oneself, to carry on, despite obstacles or hardships, to recover shape, position, strength, etc. Yes, plants and bulbs and vines demonstrate resiliency in a very fancy way. Not so with us humans. Our resilience is often more subtle, less showy. Our mere presence may be our bloom, so to speak.

All of us have some resilience. It's part of human nature, the urge to sustain oneself. Children are said to be resilient, because life hands kids things not of their own making, such as a divorce or some other loss of parent or family life. Life goes on.

I like to think of resilience as the ability to adapt, via behaviorally or cognitively.

In some sense, we are adapting all the time. Every day our body changes slightly for better or for worse. Our ideas of things shift slightly whenever we acquire new information about the world around us. Sometimes the information refers specifically to one's world. Occasionally that new information has a difficult time fitting in with what we "know" to be true. Time for a counselor.

Resilience can be thought of as a psychic muscle that sometimes gets more use than at other times. And it sometimes manifests as extraordinary. The child who rises from poverty to be a superstar; people with disabilities who reach some level of visibility; the survivors of disasters who manage to carve out a future, taking steps

almost immediately with strong statements such as "It could have been so much worse" or "At least my family and I are alive." That sort of thing. We label that "resilience."

We think it's something others exhibit. How do they do that? How could they survive that and still maintain such a positive attitude? I'm not sure I could do that, some say. I don't have it in me - I wouldn't be able to carry on.

We have resilience, each and every one of us. Our lives are full of more minor concerns, solvable problems, and troublesome concerns, some of our own making. We sometimes have problems coping with smaller things. We learn to doubt our own capacity for coping. Yet cope we do...

Resilience can be developed, if you are worried about your own capacity for dealing with life's crises. First, acknowledge those areas in your past that may have seemed daunting to you at first. Somehow, you survived, and hopefully, learned something. If you are not lifeless, you have somehow learned something. I say that with humor, because we learn things continually. We absorb our world, integrate new bits of information, and shift our mindset. We can choose to do this with ourselves on a daily basis. How we handled past events can be a starting point for reflection. And not one of us goes unscathed when it comes to bad stuff.

The only time I saw how hardships did not strengthen a person is when this particular person seemed more capable of recruiting others to bear what should have been her burdens. Time and time again, this person claimed she "couldn't cope." One friend would watch her

child. Another friend would step in and make calls, whatever. Another friend played counselor-on-call. Phew. I finally lost that friendship when I suggested I did not have the luxury of a nervous breakdown every time something bad happened. Okay, this was way before my legitimate counselor days. In reflection - I believe I learned from that experience myself, about myself. I learned that I valued resilience. That it was something I wanted for myself.

That which does not kill you makes you stronger. I believe that. Remind yourself, if ever you doubt your own coping skills, and you find fear running the show - that, unless you are in physical danger, and death is a possibility, then you will always emerge stronger.

Ah, there's the F-word. Fear. Fear pops up everywhere. It pops up when things are going badly. (What will happen if I don't get the job, loan, phone call... whatever?) Fear pops up when things are going well. (What will happen if I don't like that new job, do poorly and get fired or my new love fades out too quickly?) The unknown can quickly call Fear into play. That's why resilience is so wonderful. The word itself seems to lack impact. It seems commonplace, not special enough, because to some extent, we all have it. Some of us get opportunities to demonstrate it more boldly or more often. But we all have it.

Here's my final counseling word: When fear and doubts and hard times seem to have overcome your world, remember resilience. Write it down. Write the word on paper and then write down times in your past that you "survived."

Resilience = Survivor.

Tobi Nason is a counselor from Manzanita.

## VOLUNTEERS NEEDED To help Shelter animals

Can you donate a few hours a week to help the dogs and cats currently at the Clatsop County Animal Shelter? Volunteers are badly needed. The work's not hard but it's wonderfully rewarding.



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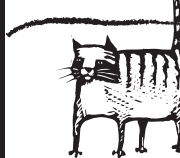
woof!  
woof!  
woof!

### TRANSLATION:

Share the love. Adopt a dog or cat from the Animal Shelter

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PH. 503-861-0737  
HRS. NOON TO 4 PM, TUES. THRU SAT.

WHAT'S THIS INVISIBLE  
DOG NONSENSE?





## Cancer: A Wholistic Overview

**THE COMPLEXITIES** of cancer have kept me from writing about it for quite some time. After some recent educational conferences and inspiration from those in my community I have felt inspired to finally address it. There are so many stories of joy and tragedy that surround this condition. It seems to me to be a great source of fear, grief, hope and growth for those who experience it.

There are some exciting advances being made in the field of cancer and natural medicine. I hope to touch on these and get us all thinking about ways to promote health and healing when approaching this difficult disease. Types of cancer and its stages are the complexities which will not be addressed today. Instead we will take a step back and look at the condition as a whole. From here we can observe where to focus the power of natural medicine to best address the whole person.

The interesting thing about cancer is that it is a totally normal process of the body. Everyday our bodies deal with cells that are not reproducing properly; that are mutations of the cells that surround them. The normal response when this occurs is for the surrounding cells to communicate this genetic outlier and thus initiate the process of immunity. Ideally, this process is a cascade of events leading to the death of the mutant cell. It is when this scenario goes unchecked, when uninhibited growth of the mutant cells are permitted to occur, that is when cancer begins.

When looking at how natural medicine can address cancer; one aspect of great value is that naturopaths themselves can be terrific educators. We have a nice scope of knowledge and often really take the time to listen and help our patients make decisions on how to direct and take charge of their care. In general I think that a diagnosis of cancer should initiate a whole team of providers so that there is always someone to answer questions, give reassurance and offer options. It is an important time to really seek out providers you like and trust not just ones that are easiest and closest. It is important to realize that there are doctors who specialize not only in cancer, but breast cancer, colon cancer, prostate cancer, etc. so depending on your diagnosis that may be worth seeking out as well.

Natural medicine also shines as an adjuvant to conventional care allowing the side effects of chemotherapy and radiation to be better controlled. When side-effects are fewer, then overall tolerance is better and outcomes are improved. Are there natural therapies that can cure cancer? There are certainly many stories and experiences which would lead one to believe this is possible, but that is a choice of the individual not the focus of this article. Let's explore natural therapies mostly used as complementary care instead. Mushrooms: there are some wonderful mushrooms out there which have excellent immune modulating properties enhancing the natural ability of the body to kill cancer cells. Turkey tail, maitake, shiitake and reishi mushrooms have all

been shown to have this immune enhancing effect. L-glutamine is an amino acid which can help repair or keep intact the gut lining which is often damaged with chemotherapy. L-glutamine can

body get sick and well again is a pretty powerful process. And I encourage people to find a path which allows them to explore this aspect of healing...prayer, meditation, creativity, support groups...

Something that speaks to you, nourishes your emotional and spiritual well-being.

It is worth noting that there are numerous natural therapies, namely herbs, that can adversely affect conventional



**Dr. Tracy Erfling is a naturopath physician in the Lower Columbia Region. Questions? erflingnd@hotmail.com**

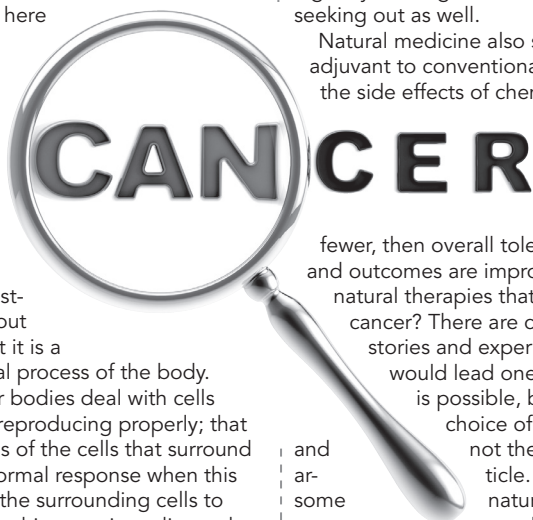
also assist with peripheral neuropathy along with vitamin B6, and vitamin E. L-glutamine naturally occurs in brassica family foods like broccoli, cauliflower, kale, cabbage and brussels sprouts. Eating as nourishing and antioxidant rich foods as possible helps anyone enduring these therapies to respond better and have less side-effects. Ginger, peppermint, aromatherapy and acupuncture can all be useful when trying to alleviate nausea. And finally melatonin, that lovely little sleep hormone, is an antioxidant, immune modulating, anti-proliferative agent which can also help with sleep; a critically important time to heal!

Living with/through cancer is an incredibly emotional experience, both for the individual and their friends and family. It is a time when we face our mortality, often earlier than expected. There are many unknowns which create fear and anxiety. There is physical and emotional pain and suffering, and deterioration of a once normal healthy body. All of this is part of the experience and something that should be embraced as part of the treatment. Watching the

therapies too, so best to ask before introducing or continuing a natural therapy during chemotherapy. There are many naturopath who specialize in the field of cancer...I am not one of them, but am always willing to meet with those dealing with or concerned about cancer to initiate the natural healing process. Three terrific resources for naturopaths in Oregon and Washington are [www.naturopathic.org](http://www.naturopathic.org), [www.ncnm.edu](http://www.ncnm.edu), and [www.bastyr.edu](http://www.bastyr.edu) at these sites you can 'find a practitioner' and look by city/region and typically their specialties are listed.

My hope is that this has given you a brief oversight to the natural options available when treating cancer; as well as a promising outlook to your health care choices. Thanks as always for reading and please feel free to email me topics of interest as I am always willing to learn and teach more about natural medicine!!

DO something you love, BE with someone you love, EAT your vegetables, DRINK clean water, BREATHE deeply and MOVE your body EVERYDAY!



**Hope House and Lower Columbia Hospice Present a Grief Group for Kids this Summer (ages 5-15)**

**HOPE HOUSE** would like to announce a collaboration with Lower Columbia Hospice in presenting a Grief Group for kids on Monday afternoons throughout the summer. This will be a therapeutic expressive arts and support group, and will be held at Hope House, adjacent to the First Lutheran Church off 33rd ave in Uppertown (3107 Grand Ave, Astoria). Group will be subdivided by age if that need presents itself (ages 5 - 15).

The start date for this group is Monday June 24th from 3-4pm- weekly attendance is not a requirement for participation

Any child or adolescent who has lost a loved one to death or DHS permanent removal in recent months/years is encouraged to attend. The group will be co-lead by a licensed Hope House counselor and a Hospice social worker.

No one will be turned away for inability to pay, but the suggested donation is \$10 per child per session.

Contact Robinette Williams at Hope House to register: (503) 325-6754 or for questions about program contact Liz Covey, LPC (503) 741-1509

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## CHEW ON THIS!

by Merianne Myers



**IF IT'S** June, it's Summer. The calendar tells us and it must be so. No matter the weather on any given day, there will be a moment for each of us when the total body experience of Summer will hit us.

Summer is an afternoon of heat that makes us want to get away from people and real close to someone. It's sun and sweat, languor and luxury. Summer makes us want to lay in the hammock with a cold drink and a hot book.

The benevolent body shot from a perfect Summer moment carries the caress and optimism of sunshine, the scent of flowers at their blowzy best, something with ice cubes, the smokey smell of pork fat and barbecue sauce a single drop of which can seduce charcoal from smolder to

flame.

It's a lover drawing you close. It's a swoon.

Fall may be a bountiful goddess and Winter a cool calculator. Spring has a definite lock on the Miss Congeniality title. But summer is ooh-baby sexy.

Sweet corn is key to summer. So are watermelon, peaches, honest-to-god tomatoes and cold beer but that's another column. Corn is a stand alone standout.

The possibilities are endless and endlessly

delectable. Just ask the Mayans who were cultivating corn over 3,000 thousand years ago in a place they didn't call Mexico.

Not to mention.....SILK. Corn has silk! It is sweet, gorgeous and swank. Its corpulent kernels have an enthusiastic burst radius. Not since oysters were irritated to the point of pearls has the combo of deluxe and delish been more artfully done. Sweet corn and oysters can be best friends. A dollop of assertive corn salsa on a just-shucked half-shell can leave us breathless and grateful. Adorning a chunk of grilled fresh fish, layered within a chicken soft taco or scooped up with an appropriately corny chip, corn salsa is a real good way to down a slug of Summer.

### FRESH CORN SALSA

- 1 cup fresh-off-the-cob corn kernels
- 1 vine-ripened tomato, seeded and diced
- 1 finely chopped Jalapeno
- 1 avocado, peeled, seeded and diced
- 2 tablespoons fresh squeezed lime juice
- 1 Tablespoon fresh Cilantro, chopped
- Salt & Pepper to taste

Multiply quantities to your heart's content. Toss everything together and eat. And furthermore, steam, boil or roast as many ears of sweet summer corn as you can get your mitts on. Make a steamy pyramid on your favorite platter. Eat it with reverence, a nuzzle of butter, a blessing of salt and a crack of pepper.



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## MARKETS OPEN!!!!

### FOOD, FLOWER AND PLANT POWER.

**Two Islands Farm Market.** Fridays, 3 – 6:30pm, May 24 through October. 59 W. Birnie Slough Rd on Puget Island. Trolley shuttle available from the Elochoman Marina at 3, 4, & 5pm and stops at the Chamber of Commerce in Cathlamet, WA. Accepts debit and SNAP cards.

**Columbia-Pacific Farmer's Market.** Fridays, 4 – 7pm, June – September. In downtown Long Beach, WA. SNAP accepted.

**River People Farmer's Market.** Thursdays, 3 – 7pm, June 20 through October 3. At the parking lot in front of Astoria Indoor Garden Supply on 13th St in Astoria. The market accepts SNAP, and WIC and Senior Nutrition coupons.

**Cannon Beach Farmer's Market.** Tuesdays, June 18 – October 1, 2 – 5pm. Located in the Midtown area of Cannon Beach. SNAP, Visa, and Mastercard accepted.

### FOOD, PLUS HANDICRAFTS, ART AND MORE.

**Cowlitz Community Farmers Market.** Saturdays, April through October, and Tuesdays, May through October, 9am – 2pm. At 900 7th Ave in Longview, WA.

**Weekend Market.** Fridays and Saturdays on the first and third weekends of the month, 10am – 4pm. At the Long Beach Grange on Sandridge Road in Long Beach, WA.

**Saturday Market at the Port.** Saturdays, Through September 28, 10am – 4pm. Located along the waterfront in Ilwaco, WA.

**Astoria Sunday Market.** Sundays, May 12 – October 13, 10am – 3pm. On 12th St in downtown Astoria.

**Manzanita Farmer's Market.** Fridays, June 14 – September 20, 5 – 8pm. At the Windermere parking lot on Laneda in Manzanita. Accepts EBT.

**Tillamook Farmer's Market.** Saturdays, June 15 – September 28, 9am – 2pm. At Laurel & 2nd St in Tillamook. SNAP and debit cards are accepted.

**Pacific City Farmers Market.** Sundays, June 16 – late September, date TBA. 10am – 2pm at the Pacific City Library.

**Neskowin Farmers Market.** Saturdays, Memorial Day through September, 9am – 1pm. In downtown Neskowin.

**Lincoln City Farmers Market.** Sundays, year round, 9am – 3pm. Located at the Cultural Center in Lincoln City. The market accepts debit and SNAP cards.

**Siletz Valley Farmers Market.** June – September, day and times to be determined. At 146 S Gaither St in Siletz. FMI, call 541-444-2144

**Saturday Farmers Market.** Saturdays, May 11 – October 26 at the Newport City Hall. The market accepts debit and SNAP cards, and WIC and Senior Nutrition coupons.



By Cathy Nist

# Farm to Table

on the Northfork of the Nehalem

## R-evolution Gardens feeds the North Coast at **dinner.**



photo: Cathy Nist

all I wanted to do was be in my garden. I didn't want to go to work in my little shop anymore, so I

[R-evolution Gardens] booth at the [Manzanita] Framers Market. I started making food to sell at the market and got a lot of positive response. People kept asking me where my restaurant was, and were surprised when I told them I didn't have one." Vance said. That was soon to change.

Ryan and Nicole Hamic, who had owned Nehalem River Inn for eight years, were impressed with Vance's experience and skill set in the kitchen. When they decided to relocate to Arizona last August, they offered her a last-minute deal to lease the restaurant for a year. The Hamics closed the doors on August 12; Vance opened dinner on August 21. She hit the ground running and hasn't looked back.

dinner features rustic farm to table cuisine with most ingredients sourced from small farms within ten miles of the restaurant. (R-evolution Gardens supplies approximately 65% of the produce.) The limited menu changes weekly, offering three or four entrees selected from lamb, beef, rabbit, pork, chicken, or seafood plus a vegetarian option. Salad, soup, appetizer, and dessert items vary with the seasons.

Chef Vance's food is very good, fresh ingredients are deftly presented with light touches of seasoning that allow the basic flavors to shine through. This writer had the opportunity to sample a four course tasting meal starting with a creamy carrot soup topped with fresh oregano leaves and chevre. The second course of luscious roasted bone marrow, was served with baguette slices, house mustard and pickled onions. Melt-in-the-mouth braised lamb with a currant jus topped fluffy herbed gnocchi. A rich chocolate pot de crème with caramel and sea salt finished the repast with just the right touch.

Prices at **dinner** are moderate with starters ranging from \$8 - \$10, entrees from \$16 - \$30, and desserts from \$6 - \$12. House specialty craft cocktails (think habaero Margarita) are \$10. A variety of wines are available by the glass from

\$9 and up or by the bottle for \$20 and up. Ft. George beer is available starting at \$4.

Using primarily local ingredients can be a challenge for the chef. Vance says, "It's a balancing

act, you have to figure out how to remain true to yourself and still accommodate the seasons. I try to keep things as simple as possible yet have a lot of complexity and layering. It's not about me; it's not about the language and the wording of what's on the menu. It's about the food and it's about the people who grow the food and about expressing what we have available here."

When her lease is up, Vance plans to move her restaurant to another, to be determined, location in the area. She hopes to expand the menu with an increased price range. She also expects to have a full bar with a large selection of craft cocktails.

Meanwhile, back at R-evolution Gardens, the long-term vision

includes more workshops. In the planning stage, possibly in conjunction with Rogue Farm Corps, is a tuition-based for-credit education for potential young farmers. Also in the works is a line of value-added food products created in conjunction with Chef Vance. Another recent addition to the team, Brigham Edwards, is currently planting medicinal herbs in the original homestead garden and is studying with a local herbal practitioner. Look for R-evolution Gardens herbal medicines in the future. Visit them on the web at [revolutiongardens.com](http://revolutiongardens.com)

**dinner.** at the Nehalem River Inn is located at 34910 Hwy 53 near Nehalem. Summer hours are Wednesday - Sunday from 5:30pm. Reservations are recommended but are not required, call 503-368-7708. For more information, or to view the current menu, go to [nehalemriverinn.com](http://nehalemriverinn.com)

**SOMETIMES** the right combination of people, place and circumstance can forge an environment that acts as a nucleus for change, fostering spin-offs into nearby communities. R-evolution Gardens in the valley of the North Fork of the Nehalem River has grown into such an environment and is the catalyst that has enabled a talented young chef to seize the opportunity to become Chef/Owner of a successful farm-to-table restaurant named **dinner.**

R-evolution (to imply our evolution) Gardens was founded five years ago by friends Ginger Salkowski and Brian Schulz who bought a few partially wooded acres on a north-facing slope with the intent of developing it into an off-the-grid homestead and base for Schulz' business, Cape Falcon Kayak. The two friends brought complimentary skills to the venture. Infrastructure, buildings, and energy and water systems on site have been chiefly constructed by Schulz. Salkowski took on the gardening, while running a fair trade boutique in Manzanita. When the garden supplied more food than two people could consume, she began selling the surplus at her store.

Perceiving a demand for fresh local produce in the area, Salkowski and others started the Manzanita Farmers Market where she vends R-evolution Gardens produce every Friday during market season. She also has a successful CSA program, which grew to 65 subscribers last year. Over 85 varieties of vegetables including at least 35 varieties of tomatoes are now grown on leased acreage a few hundred yards from the homestead. Salkowski laughs when she speaks of her transition to full-time farmer. "I realized that

gave it up. I was naive in a way; I really didn't know what I was getting into. Becoming a farmer was not ever my goal. My ideas of farming that came from growing up in the Midwest were very different from what I am doing now. It just kind of happened, and it keeps getting bigger and more complex."

What began as an off the grid homestead has morphed organically into a multifaceted enterprise. Part small-scale commercial farm, part sustainable living and farming demonstration/teaching facility, R-evolution Gardens has hosted workshops on small farming, and sustainable living and construction. A veritable posse of volunteers and interns has been attracted to R-evolution Gardens over the years. "People come and are inspired," says Salkowski. One recent import is Schulz' fiancée, Lee Vance, Chef/Owner of **dinner**, a farm to table restaurant at the Nehalem River Inn, located a few miles down the road from R-evolution Gardens.

Vance had worked in restaurants for several years prior to graduating from the Oregon Culinary Institute in Portland. After graduation, she moved to Oklahoma City to start up a food truck with friends. Later, she relocated to Portland. Six weeks after her return to Stumptown, she met Brian Schulz. As their relationship developed, Vance moved to R-evolution Gardens for the summer of 2012.

"I got a job at the Nehalem River Inn and was also working on the farm and helping with the



Lee Vance, chef and co-owner of **dinner.**



Ginger Salkowski, Farmer and founder of R-evolution Gardens.

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