

HIPFiSHmonthly

the columbia pacific region's free alternative

Volume 13 Issue 160
May 2012



Astor St. Opry Company presents

IN NEW LIGHT 1 NIGHT

Original work from Playwright
Keyaho Rohlf



Queer community activist shindigs - BRO on the Coast! **p.7**

Tune into the Tenor Guitar Gathering **p.10**

We talk to CCC's Kristin Shauck on painting, purpose and the community that art built **p.14**

@KALA

HANZ ARAKI & KATHRYN CLAIRE 5/11
As I Roved Out CD Release Concert

KRISTIN SHAUCK & TIM LIDDARD 5/12 thru 6/2
A Traveler Passing Through 2nd Saturday Art Walk

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HIPFiSHmonthly

May 2012

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KALA is the groundfloor gallery and performance space located at the production office of HIPFiSHmonthly. We proudly collaborate with local and regional artists in a presentational format. KALA is the Finnish word for fish.

HIPFiSHmonthly is located at 1017 Marine Dr in Astoria.
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Bob Goldberg

KALA VISUAL ARTS CURATOR:

Rebecca Rubens

NEXT
HIPFiSH
FRI. June 1

COVER DESIGN: Les Kanekuni

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Hanz Araki



artwork by B. Weeber


Kathryn Claire



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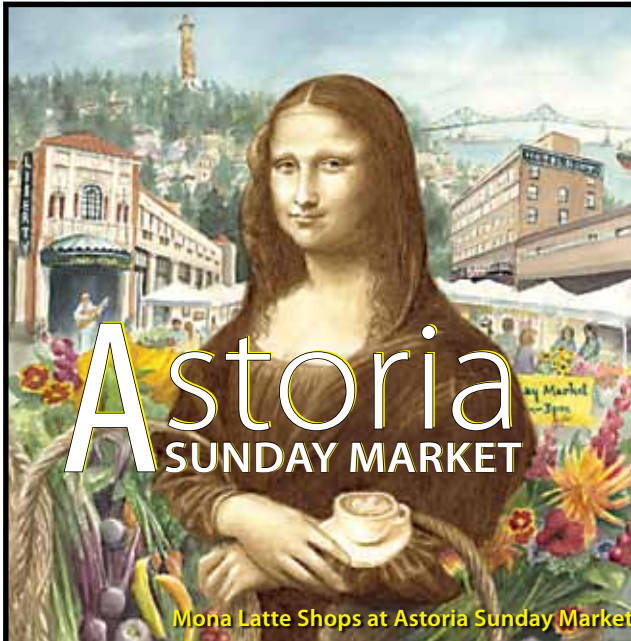
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McMenamins Gearhart Hotel Throwing Open Its Doors on Friday, May 11

MCMENAMINS HOTELS, Pubs & Breweries announces the May 11 opening of McMenamins Gearhart Hotel, located on the northern Oregon coast in the historic Kelly House, the same building that houses the Sand Trap Pub and the Gearhart Golf Links Pro Shop. Eighteen guestrooms were constructed on the top floor of the Cape Cod-style building, featuring king- or queen-sized beds with en suite bathrooms and decorated in a Pacific Northwest coastal style integrating McMenamins' signature artwork. Rates start at \$130 per night; reservations can be made at mcmenamins.com or by calling (503) 717-8159 or (855) 846-7583. Breakfast, lunch and dinner will be available to the public seven days a week, while daily room service will be available to hotel guests. The May 11 opening will include free, live music by Yarn, a Grammy-nominated roots rock band from Brooklyn, NY, rolling through on McMenamins' Great Northwest Music Tour.

Gearhart Hotel History

This new hotel had three predecessors over the past 122 years, each at different sites in Gearhart, but all con-

nected with the pioneer golf course. The original Hotel Gearhart, built in 1890, was a popular summertime retreat for wealthy Portlanders and their families. Within a year or two, an informal golf course was laid out nearby (which evolved into today's 18-hole Gearhart Golf Links). The hostelry burned down in 1913, as did its successor, two years later. The third Hotel Gearhart opened in 1923, and remained an Oregon Coast landmark until being razed in 1972.

This newest incarnation of the Gearhart Hotel is "a phoenix rising from the ashes," a welcome place not only for golfers but for visitors all along the coast. Located just across the way from the Pacific Ocean, the hotel is a convenient spot from which to explore Oregon's seaside towns and villages.



Grand Opening Celebration Memorial Day Weekend (Friday, May 25–Sunday, May 27)

It wouldn't be a McMenamins joint without a party. All are welcome to this free, all-ages, three-day celebration that benefits the Gearhart Volunteer Fire Department and features golf, live music and McMenamins tastings.

Friday, May 25:

- Naomi Hooley & Rob Stroup * Pub * 6 p.m.
- Freak Mountain Ramblers * Livingstone's Room * 7 p.m.

Saturday, May 26:

- Grand Opening Golf Tournament * 8am shotgun start * \$90 advance; \$50 for club members; must register by May 11 Register at gearhartgolflinks.com or in the pro shop
- McMenamins ales, wines & spirits tastings * 3 p.m. 'til 7 p.m.
- Naomi Hooley & Rob Stroup * Pub * 6 p.m.
- The Quick & Easy Boys * Livingstone's Room * 7 p.m.

Sunday, May 27:

- McMenamins ales, wines & spirits tastings * 3 p.m. 'til 7 p.m.
- Brownish Black * Livingstone's Room * 7 p.m.

*A self-avowed iconoclast,
Don did not want an
obituary or memorial service.*



Photo by Michael Mathers

In Memory

Astoria Artist Donald Beeler Wright 17 June 1930 – 17 April 2012

DON WRIGHT was a highly individualized person, critically acclaimed designer, and fearless adventurer who lived life on his own terms. He gained international renown for his groundbreaking museum-quality work. Don left behind extraordinary art along with singular wisdom. The "starry, sharp-edged comet trail" of Don's life affected all those who knew and appreciated his rare genius. Several of Don's sculptures now grace the newly renovated Astoria City Hall and he will be commemorated in "The Garden of Surging Waves".

Don hoped people would read his recently published book "Making for the Light" and realize the oneness of all things. A copy of this book can be found on his website and at the Astoria Public Library.

The legacy of Donald B. Wright, a one-of-a-kind authentic American Original lives on at www.donaldwright.net

Don Wright-isms to ponder.

1. Guilt sucks, forget it.
2. Fear sucks, get rid of it.
3. Belief sucks, think for yourself.
4. Use your senses to experience the world.
5. Don't worry about what other people think of you.
6. Give children blank pieces of paper to draw on, NOT coloring books.
7. Spend time just observing nature without doing anything.
8. Adventures matter more than stuff.
9. Compassion is where it's at – be compassionate.

Don's family and friends invite you to take a moment to remember Don with a scotch & soda at a time and place of your own choosing and/or make a donation to "Garden of Surging Waves".

Demystifying the Nehalem Cap A Talk on the Watershed May 10

Manzanita—LAND CONSERVATION is no longer the esoteric endeavor of a few conservation minded individuals. On the North Coast of Oregon, organizations such as local watershed councils and land trusts work steadily to assist in environmental efforts and a wide variety of land stewardship and monitoring projects.

Join Debbie Pickering of the Nature Conservancy on Thursday, May 10, 7 p.m. at Pine Grove Community House, in downtown Manzanita, to learn how most recently, a diverse group of landowners, farmers, foresters, local community groups, agency staff and conservation organizations has been exploring possibilities to create a more dynamic and healthy environment in the entire Nehalem River Watershed.

The Nehalem River is 119 miles long, making it one of the longest Oregon Coast Range rivers. The Nehalem River and its tributaries form a drainage of 855 square miles creating the watershed which meanders through portions of Clatsop, Columbia, Tillamook and Washington Counties.

Ms. Pickering's presentation, entitled "Demystifying the Nehalem CAP: Coordinating Conservation Efforts in Our Watershed" explains how this varied group of citizens looked deeply at the current conditions in the entire watershed. This foundational work began the process of creating strategies which became the Voluntary Nehalem Conservation Action Plan (CAP). Attendees will learn what has been completed, what the top voluntary strategies are, what is being done to encourage putting those strategies into practice and ways the community can help.

The presentation and discussion begin at 7:00 p.m. Socializing and some basic science education precede the presentation from 6:30-7:00 p.m. The Pine Grove is located at 225 Laneda Avenue in downtown Manzanita. This free, public presentation is hosted by Lower Nehalem Watershed Council and Lower Nehalem Community Trust.

The Lower Nehalem Watershed Council is a non-regulatory, all-volunteer organization whose work is dedicated to the protection, preservation, and enhancement of the Nehalem watershed through leadership, cooperation and education. www.nehalemtnet.net/~lnwcouncil/

The Lower Nehalem Community Trust is a 501(c)(3) non-profit organization who has been preserving and stewarding land since 2000. www.nehalemtrust.org.

For more information contact George Hemingway, 503-368-7140.

Tour the Salmonberry Watershed

JOIN VETERAN citizen-field biologists Ian Fergusson and Bob Rees on a unique tour of the Salmonberry watershed, a tributary to the mighty Nehalem River. You'll do a moderate hike into the legendary Salmonberry Falls where you'll witness wild steelhead on their perilous journey upstream, trying to pass this natural barrier into historic spawning and rearing habitat in the upper watershed. We'll school you on the dangers these fish face into the future and why it's important to engage on issues surrounding this amazing event. Contact North Coast State Forest Coalition organizer Bob Rees at brees@pacifier.com or (503) 812-9036. Space is limited so make your reservation now. This event is FREE and will take place on Sunday, May 6th beginning around noon. We'll organize carpools where feasible.

The Seaside Aquarium Turns 75



ON MAY 25TH, 2012 Seaside Aquarium, the oldest privately owned aquarium on the west coast will be turning 75. To celebrate this landmark anniversary they're rolling back admission prices to the original 1937 admission prices for the day. Adults will be 15 cents and children

will be 10 cents. We also will have drawings for 75 prizes, which will be taking place throughout the day. Hours will also be extended on that anniversary Friday too. IN homage to historical dates, the aquarium will be open from 0900 to 1937 (9:00 a.m. to 7:37 p.m.) Take-in unique histori-

cal displays, signs, and newspaper articles along with the aquariums regular display of life from the Pacific Northwest.

A little history . . .

The building that currently houses the Seaside Aquarium was constructed in 1924. When it opened

for business in the fall of that year, it was actually as a salt water bath house and swimming pool named the "Seaside Baths Natatorium". The natatorium closed in the early 1930's, underwent major renovations, and in 1937 opened as the Seaside Aquarium.

Looking at the Aquarium from the beach in 1937, there was a lunch bar in the southwest corner (the present site of the gift shop). In 1938, apartments were added upstairs. They were called the Sea Water Apartments. Some of the apartments are still there, but are no longer used.

The Seaside Aquarium is the oldest privately owned aquarium on the West Coast. The owners and staff of the Aquarium would like to thank you for your support throughout the years. Without you, the Seaside Aquarium could not have been successful for so many years.

Get Your News Out Right!

Press Release Workshop
May 10, 24



DO YOU read short articles in your local paper about community events, often grouped together under a "calendar of events"? If so, you were probably reading news releases prepared by event organizers so that local media could print them verbatim. Writing releases about your business activity that read like news articles can be the best source of free advertising for your company or organization... while providing the public thorough information about your product, services or special event.

You, too, can learn how to write releases from Victoria Stoppiello when Tillamook Bay Community College offers "Create Press Releases," a two-part class at 6:30 PM on Thursday May 10 and Thursday May 24 at the North County Recreation District building, room 4, in Nehalem. Students will receive general information at the first session, then write releases to bring to the second session for discussion and review.

Small business owners and non-profit organization staff who are responsible for advertising, public relations and community outreach will learn simple approaches that will save time (yours and your newspaper editor's), including "covering the basics," pyramidal style, creating useful "boilerplate," including photos, and compiling a relevant media list.

Stoppiello prepared monthly news releases while managing the Astoria Cooperative and in her role as a manager in non-profit organizations. She holds degrees from the University of California, Berkeley and the University of Colorado and was a freelance news writer for the Chinook Observer and Cannon Beach Citizen.

This class provides one continuing education unit. Advance registration is required. Tuition is \$25. Register with TBCC at <http://www.TillamookBay.cc> or by telephone toll free at 888-306-8222, ext. 1320.

VOICES FROM TOHOKU

Wednesday, May 9, 2012 @ 7PM
Cannon Beach City Hall – Council Chambers

TWO SPECIAL GUESTS from Japan share experiences from last year's earthquake and tsunami.

The March 2011 earthquake and tsunami were more powerful than any in living memory. This combined disaster occurred in perhaps the most prepared nation on earth. Most people, even in the hardest hit areas, survived due to preparedness, warnings, and a population educated about natural disasters. Their story is one of bravery, fortitude, and incredible spirit and hard work.

Mr. Hajime Saito was principal of a junior high school in the coastal town of Kesennuma. He will recount how his school had prepared for disaster, how they responded, and how the school served the students and community members who were sheltered there.

Ms. Rika Yamamoto was Chief of Emergency Operations at Peace Winds Japan and led a team that established emergency operations immediately after the tsunami. She will discuss how nonprofit organizations in Japan have contributed to relief and recovery.

The speakers will be introduced by Rep. Deborah Boone (D-Cannon Beach)

This event is free and open to the public. CB City Hall is located at 163 East Gower Street, Cannon Beach 503-436-1581

"Voices from Tohoku" is a special Oregon Coast installment of the Cascadia Lectures, a series of presentations organized by the Portland Earthquake Project and hosted by the Mercy Corps Action Center in Portland on Tuesday evenings through June 12 (excluding May 15).

ABOUT THE PORTLAND EARTHQUAKE PROJECT. Science and preparedness experts from four respected nonprofit and government organizations have teamed up to create the Portland Earthquake Project. This all-volunteer initiative includes representatives from Mercy Corps, The US Geological Survey, the Oregon Red Cross, and the Portland Bureau of Emergency Management. For more information, visit us on Facebook: www.facebook.com/PortlandEarthquakeProject



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Whose Entitlements?

by Stephen Berk



IN THE midst of the senseless rhetoric that constitutes a presidential campaign season these days, one of the right's favorite whipping boys is what it likes to call "entitlements." One favorite object of attack is Social Security, enacted during the New Deal to keep dependence and poverty from being the common plight of the elderly. Social Security later added SSI, or insurance against permanent partial or total disability, commonly work related. And unemployment insurance has given one or more years of minimal support to workers cast off in times of economic slump like the present. Another favorite "entitlement" target of politicians on the right, like House Budget Committee Chair Paul Ryan, is Medicare, the government health insurance program enacted in 1965 to give low cost care, including often free hospitalization and surgery to persons over sixty-five. Both Social Security and Medicare never have been programs wherein government largesse is showered on undeserving freeloaders. They are federally run insurance programs that the vast majority of working Americans pay substantial portions of their paychecks into during the scope of their entire working lives. Hence, they are not "entitlements" in the pejorative sense the right likes to use in speaking of programs that benefit ordinary or at-risk Americans. Real entitlements, the true budget busters, are given to corporations, many of which now locate chiefly offshore.

We might start with fossil fuels industries, led by big oil, which is given billions of dollars per year in subsidies. Subsidies for startup industries are not a bad idea. The US gave them to railroads when they established the first nationwide transportation and freight networks. And they began giving them to oil in the early days of exploration, as a new source of energy was being developed. But we are far beyond those days today. Railroads, now in bad disrepair, could actually use public subsidy again, to relieve congestion and pollution and offer economically stressed Americans a thrifty alternative to the automobile. Instead we subsidize the oil driven industries that have made freeway gridlock and suburban sprawl a common fact of life. This condition contributes to climate change, wetlands depletion and species extinction. But the political class, bought by fossil fuels industries, is only too happy to sweep these issues under the rug. Thus tax dollars fund oil company propaganda that alternately denies global warming's existence, minimizes its effects, or claims it is not human caused. Let big oil pay for its own disinformation, since it's now richer than most countries, and not in need of subsidy.

War, or "defense," is the source of our most subsidized industries. The US now spends close to half its federal budget on defense. China, to whom we are deep in public debt, spends six per cent. When the second president Bush began the wars in Afghanistan and

Iraq, Nobel laureate economist Joseph Stiglitz predicted they would run well over three trillions, and thus they have. Much of this blood money has gone to enrich weapons manufacturers like Lockheed Martin and Raytheon, or war service providers such as Halliburton and Kellogg, Brown and Root. Our wars have also greatly enriched people like Erik Prince, CEO of the private army formerly known as Blackwater. Enriching private parties through war contracts would likely have constituted illegal war profiteering in the World Wars, but not in these days of permanent resource wars, waged to ensure Western oil companies' access to whatever petroleum remains in places like the Middle East and Central Asia.

We could go on and on enumerating the billions in taxpayer dollars given to corporations. For example, Wal Mart, the world's biggest corporation, regularly receives public subsidies to alter vast acreage and gain the rights of way necessary to build their merchandizing behemoths notorious for low wages, poor benefits and destruction of local businesses. But as five Supreme Court plutocrats have now guaranteed, only the Big Money deserves public largesse. Real flesh and blood citizens, especially the increasing numbers of poor, do not. Whatever meager help they get is disparaged as "entitlements" and slated by the likes of Paul Ryan and his enabler, would-be -President Mitt Romney, for deep budget cuts.

Oregon LNG to Announce Plans to Export LNG, Build Pipeline across Columbia River

Columbia Riverkeeper learned in late April, through a public records request that Oregon LNG will apply for a license to export LNG. The company contacted the State of Washington to announce the latest chapter in its failed attempt to build a mega-LNG terminal on the Columbia River. The long anticipated bait-and-switch is now official: Oregon LNG will propose to export U.S. natural gas by building a pipeline from Warrenton, OR to north of St. Helens, OR, cross the Columbia River, and head due east through Washington State to connect to the Williams Pipeline.

"Based on our continued success, Oregon LNG once again goes back to the drawing board seven years after proposing its LNG import terminal," says Columbia Riverkeeper exec. Director Brett VandenHeuvel. The company's new pipeline route will shift eminent domain and high-pressure natural gas pipelines to additional landowners and communities in Oregon and Washington.

"I have no doubt that the incredibly strong and persistent opposition by OCAP contributed to Oregon LNG's decision to move the pipeline out of the Willamette Valley. Now, it is important to stand together to protect private property, farmland, and forests from LNG in Oregon and Washington," said VandenHeuvel, and raised the obvious question, "Is it wise for Oregon LNG to take a page from the unsuccessful Bradwood playbook by entering Washington?"

Oregon Governor John Kitzhaber Expresses Concern about Coal Exports, Calls for Comprehensive Review

In a strongly worded letter to federal agencies with the power to approve or deny an onslaught of coal export proposals in the Northwest, Oregon's Governor Kitzhaber expressed serious concerns about the impacts of coal export on U.S. energy policy, public health, and the environment. The Governor also went further, calling on the federal government to do a comprehensive environmental review of the six separate coal export proposals before allowing any project to move forward.

Robert F. Kennedy Jr. speaks at Coal Protest Rally

At noon Monday, May 7, Kennedy, a longtime clean energy advocate, will headline a rally at Pioneer Courthouse Square in Portland to protest proposed coal export terminals in Oregon and Washington, including one in Longview and two at Port Westward near Clatskanie. Kennedy is the president of the New York-based Waterkeeper Alliance, the umbrella organization of about 150 clean-water groups worldwide, including Hood River-based Columbia Riverkeeper. "The nation's eyes are on Washington and Oregon right now as we're faced with a choice to traffic dirty coal or commit to clean energy. Mr. Kennedy will help draw even more attention to this issue," Brett VandenHeuvel, Columbia Riverkeeper executive director, said in a written statement, to the Longview Daily News.





Central Oregon Coast Q - Happenings

Welcome to Out Oregon Coast!

OUT Oregon Coast is a social group for the gay, lesbian, bisexual and transgender communities on the Central Oregon Coast. The group is just getting started, so please feel free to let them know what events you'd like to see happening in Lincoln County from Yachats to Newport to Lincoln City.

The first gathering is a Lesbian Coffee Hour from 9am to 10am Tuesday, May 8th at The Coffee House on the Bayfront. The second one is OUT at Mundo, which is open mic night at Cafe Mundo on May 31 at 7pm. Join Out Oregon Coast to help kick off LGBT social events around the county.

Join the email list so you can be informed when and where the events are happening. To add your email go to www.outoregoncoast.com. You can also follow on Facebook --just search for Out Oregon Coast.

COMING EVENTS

Marriage Equality Town Hall on Wed., May 23

Basic Rights Oregon and PFLAG OCC are hosting a Town Hall at St. Stephen's Church, SW 9th & Hurbert in Newport on Wed., May 23. Refreshments and social time starts at 6 PM with the program beginning at 6:30. Join us for an update on plans to build support across the state and to win marriage equality in Oregon.

See you at Saturday Market on May 12!

OUT OC will be there on the opening day of Newport's Saturday Market--and hope to see you on the second Saturday of each month. We've got a few openings for table staffers, especially for the 8:30 to 10:45 shifts. Respond to this email: pflagocc@gmail.com, to let us know which month you would like to volunteer.



Third Thursday PFLAG Meeting

PFLAG Oregon North Coast meets Thursday, May 17th, 6:30 - 8 pm, at the First Lutheran Church, 725 33rd Street, Astoria, OR. For more info, contact Drew Herzig - 503-325-1895 drewherzig@yahoo.com

NOTICE! QMIX at the Bridgewater Bistro takes a break, and will be back in the fall. A warm thank you to all the great people at the Bistro for hosting a great Third Thursday event. Stay Tuned.

Basic Rights Oregon in Astoria

OREGON IS one of a few dozen states whose Constitution specifically bans the freedom of same sex couples to marry. In 2004, Oregon voters passed Measure 36, which amended the state constitution to specifically exclude gay

and lesbian couples from civil marriage. Because the Oregon State Supreme Court refused to hear a challenge to the case, and Oregon Legislature cannot amend the constitution, the only way to win the freedom to marry in Oregon is through another vote of the people.

Currently, voters are divided on the issue, but we've seen monumental progress. Over the last three years, Basic Rights Oregon's

education campaign has led to a double-digit increase in support for marriage equality in Oregon. We're building on that momentum in 2012 by travelling to communities of all sizes across the state to build a solid majority for marriage. After 20 years of anti-LGBT attacks we are, for the first time, in the driver's seat, deciding when to go with a proactive measure, instead of just fighting back. Working together, we can build the foundation for a successful ballot measure as early as the 2014 election.

To find out how you can help build a majority for marriage in Oregon, attend the Marriage Matters Community Conversation, Saturday June 2, 10 am to noon, @KALA, 1017 Marine Drive in Astoria. RSVP to mike@basicrights.org.

BASIC RIGHTS OREGON
Help build a majority for marriage in Oregon.
Let us know you're coming
RSVP to mike@basicrights.org.

BASIC RIGHTS OREGON IN ASTORIA

Marriage Matters Community Conversation

Saturday, June 2, 10am-noon
AT KALA, 1017 Marine Drive,
Astoria, 97103

Basic Rights Oregon begins a new community campaign, find out more . . . complimentary coffee and treats, too!

AT KALA, 1017 Marine Drive, Astoria, 97103

Co-sponsored by Clatsop County Marriage Equality Project and PLAG Oregon North Coast



THIS WAY OUT airs on KMUN Coast Community Radio, Wednesdays at 10:30pm.

This Way Out marks over 20 years on the air! Our first program was distributed on April 1, 1988 (no foolin'). *This Way Out* is the award-winning internationally distributed weekly GLBT radio program, currently airing on over 150 local community radio stations around the world.

This Way Out leads off each week with NewsWrap, a summary of some of the major news events in or affecting the lesbian/gay community, compiled from a variety of publications and broadcasts around the world. If you have a local news story you'd like us to report, please let us know!

This Way Out is sponsored in part by *Qfolk/Hipfish*.

KMUN 91.9 ASTORIA
KCPB 90.9 WARRENTON
KTCB 89.5 TILLAMOOK



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Creative Photography

LIGHTBOX STRIVES to bring an understanding of creative photography to the North Coast community. Through the exhibits that take place at the gallery as well as in our educational opportunities and photo group meetings, improving an understanding of creativity in photography and alternative methods and processes is our goal.

We believe anyone can strive to make everyday photographic images more dynamic. It is not difficult to take more time to think about what you are shooting, and what you want to convey with your photographs. What is the purpose of the photograph? Is there a meaning beyond the simple subject, perhaps an emotion or a message that you are trying to convey? Taking the time to think about the detail in your images will make them much more powerful and effective, anyone can learn to approach their photography in this way.

There are no set rules in having a more creative approach; it is in fact a very personal undertaking. In reality rules, such as the rule of thirds in composition, are established as a standard, one that can be broken when you are doing so with a purpose. Learning to use depth of field, the area of the image that is in focus, as well as the shutter speed to control the way movement is captured, are very simple and necessary aspects to making a perfect image. Paying attention to details, such as the use of light, helps direct the eye to essential aspects of an image, and is vital in controlling what the viewer perceives.

Control is the key to good photography. This means having a personal vision for the images that you make, understanding what you are shooting and why you are shooting it. Control also means taking the time to



LightBox Photographic offers Photographic Services: Scanning, Photo Restorations, Printing, Framing, Portraiture and Darkroom rentals. You can help promote the Creative Photographic Arts when you use our services! **lightbox-photographic.com** 503-468-0238

LIGHTBOX ILLUMINATIONS

learn the functions of your camera, how to make manual adjustments to create the desired effects you are looking for. For those shooting digital, post processing, making adjustments to your images after shooting, is an important final step.

Be aware that there are more options than just convenient digital photography. Film still exists and there are many aspects of film photography that can lead you in directions that you may have never known or have forgotten about in the digital age. Film cameras that are available, from fine cameras with sharp lenses and precise controls, to basic plastic and pinhole cameras, allow you to create in ways that you may never have considered. Focus and shutter speed control sometimes are not necessary when you are using their absence as a creative tool in of itself.

LightBox invites all to come to the gallery to be inspired by the work on our walls; a great way to learn is by seeing the creativity and methods of others. Exhibiting artists are present during show openings, and are very happy to talk about their craft. This is a good opportunity to learn from individuals skilled in the art of photography. LightBox is here to help you learn, with classes available in basic film photography, as well as educational opportunities in digital and historic alternative methods. Participation in the LightBox members photo group is a perfect way to learn, meetings are every Wednesday night. Please contact us if you are interested in being more creative with your photography.

FREE FORUM for Business and Property owners Provides an inside track on successful downtowns May 16

ASTORIA, OR — Looking to increase the return on your commercial property or increase sales in your business? Have you wondered what types of business might be successful in a small downtown? Do you want to know why some downtowns are more successful than others?

If you're a business or property owner interested in the answers to those questions, then you'll want to mark your calendar for a May 16 evening forum in Astoria.

Presented by the Astoria Downtown Historic District Association and Pacific Power, "**Building Blocks for a Successful Downtown,**" features keynote speaker Michele Reeves of Civilis Consultants. She is an urban strategist with an extensive background in commercial real estate, commercial development consulting, and retail leasing.

Reeves has been making regional news for her ability to help business and property owners in other northwest "working" towns to help stakeholders find ways to increase profitability of their business or property. Hillsboro, Gresham, Tigard and even small Portland neighborhoods have benefited from her attention.

"She (Michele Reeves) has a very collaborative approach to working with property owners, tenants, cities and downtown organizations to identify opportunities in downtown cores for physical improvements, and programmatic improvements that will help to stimulate economic activity," said Jane Blackstone, Lake Oswego's economic development manager. (Lake Oswego Review, Nov. 10, 2011.)

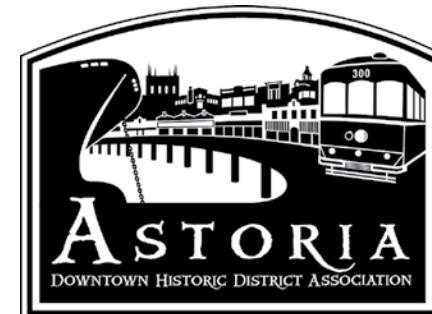
Dulcye Taylor, ADHDA president, said the impetus for bringing Reeves to Astoria came as a result of an increase in the number of downtown storefront vacancies, of concern to downtown business and property owners, as well as other citizens.

"The ADHDA's Business Development Committee wanted to address the commercial vacancy issue, because every closed storefront affects those around it. We found out about Reeves and her productive work with other communities, and with the support of event sponsors and the committee's volunteer efforts, were able to bring Reeves to Astoria to help our business district," Taylor said.

At the May 16 event, Reeves promises to "break down the fundamentals found in successful downtown and Main Street environments, including elements such as business mix, grid and circulation, tenancing for value, infrastructure improvements, parking, marketing, and retail execution.

While much of the information Reeves will provide at the forum will be useful to any business or property owner, her emphasis will be on improved economic performance for downtown Astoria.

"All of the building blocks required for a higher functioning commercial corridor exist in downtown Astoria, but the district needs to execute on some key fundamentals found in successful mixed-use districts if it wants to increase sales per square foot and begin establishing stronger ties to members of the community, and to visitors," said Reeves.



After Reeve's presentation, a panel of Astoria business and property owners will answer questions related to what's worked for them in their successful enterprises.

In addition to financial support from presenting sponsors ADHDA and Pacific Power, other sponsors for the event include Astoria-Warrenton Chamber of Commerce & Ambassadors, The Banker's Suite & Ballroom, City of Astoria, Coast River Business Journal, Craft 3, Ohana Media Group and U.S. Bank.

The May 16 forum will be held at the Banker's Ballroom in the ground floor of the Banker's Suite building at 1215 Duane St. Doors open at 5:30 p.m.; the forum is from 5:45 p.m. to 7:45 p.m. Refreshments will be available.

An R.S.V.P from business owners or property owners who would like to attend the free event is requested by May 9 to insure adequate seating & refreshments. Call (503) 791-7940 or email blaire@astoriadowntown.com.

The Astoria Downtown Historic District Association is a 501(c)(3) non-profit organization. For more information about ADHDA visit www.astoriadowntown.com.

Memorial Day Shopping



Graze at the Grange

Like to shop? Like to eat? Like to socialize with your neighbors? Those activities have been highlights of events at White Clover Grange during the last six months, first at a holiday bazaar in December and then at a "farmers' flea market" in March, while providing needed income for the Grange organization to maintain its historic building and support 4-H programs for youth.

You have a chance to satisfy those desires again when the Grange hosts a flea market on **MEMORIAL DAY WEEKEND**,

SATURDAY 9-4, AND SUNDAY 10-4.

A wide variety of local vendors will offer collectibles, crafts and food items while a scrumptious lunch of quiche prepared from locally sourced ingredients, plus desserts and beverages, will be served in the Grange's downstairs dining room.

The Grange is located in Mohler at 36585 Hwy 53 two miles east of Hwy 101, about a mile past the Mohler grocery store and Nehalem Winery. When driving east on Highway 53, you can't miss the Grange hall because there's a colorful cow right out front.

Recent improvements to the Grange building have included exterior painting and a drainage project funded by a grant from Tillamook PUD to alleviate ground water flooding in the basement kitchen and dining hall. Foundation drains were installed along the east wall of the building and drainage has been much improved...but, there is still other work to be done: In particular, repairs to the belfry, which currently leaks, posing a potential for long term structural damage.

White Clover Grange is available for rental for events; contact Grange Master Marie Scovell at 503-368-5674 for rental rates and reservations.

World's Longest Garage Sale on the Peninsula

Pack your camera, sunglasses, a good pair of walking shoes, and plenty of cash for the "World's Longest Beach Garage Sale"

For more than twenty years, thousands of folks go to the Peninsula over Memorial Weekend for its 28-Mile yard sale.

You'll find locals and part-timers selling stuff they've accumulated throughout the years, non-profit organizations who have gathered from their flocks as well as a few professional dealers and vendors.

While you might pick up a copy of the local paper to get started, you can really just drive and look for signs. There is no comprehensive list of all the sales. Be prepared to discover some neat places, interesting people, and quaint stops.

Alternative TRASH BASH Tickets on sale now

MANZANITA—100 PEOPLE will be the first to view and have an opportunity to purchase art at this year's much-anticipated Trash Art Show. The 14th Annual show, a co-production of CARTM and Hoffman Center includes a ticketed pre-opening to the Show on July 5 from 6:00 - 8:30 p.m. The show opens to the public on Friday, July 6th.

Tickets are on sale now for the pre-opening event. \$25 admission includes entry to the show, coveted first dibs on the art and an array of tasty savories, sweets, wine, beer and non-alcoholic beverages. Trash-bash inspired surprises are in store for the fortunate 100 who attend this special pre-event event.

The collaboration between the two organizations was birthed to keep the Trash Art show going and to help support the two non-profits as a fundraising activity. The pre-opening also offers locals access to the show before the holiday weekend crowds are invited to the public opening on July 6.

Tickets may be purchased from CARTM and Hoffman Center board members as well as at the cashier at CARTM, Thursday through Sunday, 10 a.m. - 4 p.m. Locals are advised to purchase tickets now as only 100 tickets will be sold. Record crowds are expected at the public opening on Friday, July 6th.

For more information call 503-368-3846.

Mortgage Payment Assistance Program Help is here.

ARE YOU struggling to pay your mortgage? Receiving Unemployment Benefits? Looking for help? The Mortgage Payment Assistance Unemployment Program (MPAU) may be the answer. Take the eligibility test at www.oregonhomeownerhelp.org, watch an easy to understand video describing the application process, read the FAQ's. Check the "Servicers" dropdown list to see if your servicer/bank is participating. **This is an on-line application process.**

The local Work-Source Oregon Center, and Community Action Team, Inc. (CAT) each have a public computer available for those clients without computers. The on-line application and supporting documentation will be processed through Community Action Team in the Astoria office. The completed package can be dropped off or mailed to Community Action Team, Inc. 818 Commercial St., Suite 203, Astoria, OR 97103 or faxed to 1-503-325-9216,

attn: MPAU Program. You can call 800-325-8098, ext. 2315 (Nicole) or ext. 2303 (Cindy) or email nmartin@cat-team.org for assistance. Please note it is applicant responsibility to meet the submission deadlines as noted on www.oregon-homeownerhelp.org.

DATES OF OPENINGS

April 18/Noon
May 2/Noon
May 16/Noon
May 30/Noon
June 13/Noon
June 27/Noon
July 11/Noon
July 25th all openings are open to the state.

If homeowners receiving unemployment benefits need assistance to complete the on-line application Community Action Team can assist.

This program covers 12 months of mortgage payments or up to \$20,000 – whichever comes first. This is a 5 year forgivable loan (i.e. no need to pay back) – with 20% of the amount borrowed being forgiven each year.

WEED WARS

A Curse of Furze

BY BOB GOLDBERG

QUESTION: WHAT'S just like Scotch broom but thorny, and is public enemy #1 of conservationists on the Oregon Coast?

Answer: Common gorse, whin, Irish furze, Irish hedge or Ulex europaeus.

Gorse is on the *New invaders in the North Coast Cooperative Weed Management Area* list which means it's coming here, and is trying to establish itself along the coast in southern Washington as well. It's widespread in the southern Oregon coastal counties, up to Lincoln County. The Oregon Department of Agriculture (ODA) designates gorse as a class B ("a weed of economic importance which is regionally abundant, but which may have limited distribution in some counties") and T ("a priority noxious weed designated by the Oregon State Weed Board as a target for which the ODA will develop and implement a statewide management plan") noxious weed. Part of the statewide plan for gorse involves the development of biocontrol agents similar to those for Scotch broom (see the June 2011 Weed Wars column).

Oregon State Parks runs a blog called Oregon Coast Gorse Control and Eradication (<http://oregongorse.wordpress.com/>), where the current top post is a video showing a hummingbird nest in gorse! The blog also contains a post about a recent workshop on gorse, which included a field visit to two gorse restoration sites: Bandon Dunes McKee Preserve (a golf course by the beach!) and Bulbards Beach State Park. Mark Tilton, a Florence resident who attended the workshop, said that the Bandon Dunes course used to be a gorse thicket. He was surprised that the course builders were able to remove the gorse successfully. Evidently, they used herbicides, burning, bulldozing, and lots of money to accomplish the task.

So what's so bad about this plant that the state is devoting huge resources to try to control it? I asked that question to Phillip Johnson, executive director of Oregon Shores Conservation Coalition and director of their CoastWatch program.

His response: "I can say with everyone else who has ever encountered it that it completely excludes you from anyplace it grows. It is deeply saddening to see it choking stream valleys on the south coast, blocking hillsides, turning trails into ugly mown strips lest they be lost entirely. I have particularly hated to see how the trail out to

Blacklock Point in Curry County, one of the most beautiful spots on the Oregon coast, has turned from a sylvan path through a native forest to a tunnel through gorse. CoastWatch plans to develop a gorse-tracking project to trace its spread and perhaps provide alerts that enable the line to be held before it spreads into new areas."

He continued, "Once it gets established, trying to remove it is an industrial activity. Removing it requires a scorched-earth approach, bulldozing, burning, then covering the area for a long time to kill off sprouts." Johnson indicated that herbicides were not particularly effective against gorse, but they are used.

And then he got to the crux of the matter. "From an anthropocentric standpoint, it excludes us from the landscape where it grows, once it really takes hold. It is viciously spiny – worse to try to push your way through than blackberries or roses. And it grows very densely. Once it occupies a place, we lose our ability to roam the landscape. And, oh yes, it is highly flammable. The city of Bandon was burned more or less to the ground in the '30s due to gorse-fueled fire. One of these days it is going to go up in flames again."

So, where is gorse from, and how did it get here? Well, the Oregon Historical Society's Oregon History Project (<http://ohs.org/education/oregonhistory/>) has the answer. Its page on the 1936 Bandon fire tells us that George Bennett, founder of Bandon, brought some Irish furze with him as an ornamental shrub, which soon became a common sight in the new town. On September 26, 1936, a forest fire was driven by a sudden shift in the wind towards Bandon. Ignited by the fire, the town's abundant gorse exploded into an inferno. The town was destroyed, and ten people lost their lives.

There are some references to people trying to use gorse oil to make biodiesel fuel, but it hasn't been very successful. The major uses of the plant seem to be as living fencing and livestock fodder. Unfortunately, there is no write-up in Scott's *Invasive Plant Medicine* on gorse. It's evidently used as an anti-depressive and anti-stress medicine for humans and horses in various essential oil lotions.

I'll leave you with this thought: What's so bad about a plant that excludes humans from the area it grows in? I can think of some places that gorse would be very useful...

VOTE in *your* Oregon Primary Election. May 15

Drop ballots at local drop site locations in your county.

Clatsop County Measure No. 4-155 VOTE YES!

If passed – this will be the first ordinance of its kind in the State of Oregon to address the inhumane treatment of circus animals. The Oregon Humane Society urges Clatsop County citizens to vote YES on Measure 4-155 and take a stand against animal cruelty. Clatsop County can begin the work on this significant animal rights issue. Please. Vote **YES** on Measure No. 4 – 155

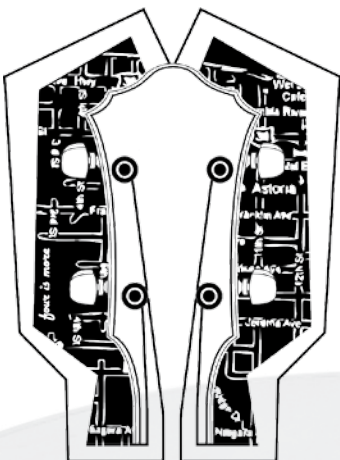
endorsement [hipfishmonthly](http://hipfishmonthly.com)



3rd Annual Tenor Guitar Gathering

A weekend to tune into a unique music passion

June 1 - 3



This Year's Events

All events are open to the public and even if you don't play a tenor guitar, or any instrument, you are encouraged to come and enjoy this unique, fun, quirky, informative musical experience. "An Evening of Tenor Guitars" is only \$15 and the tenor guitar workshops, all four of them are only \$60.

The four day tenor guitar weekend starts out **THURSDAY, MAY 31** at 7pm at The Sand Trap in Gearhart where THE WANDERERS will perform from 7pm until 9m.

ON FRIDAY, JUNE 1, we will be meeting in front of the Bridgewater Bistro at 10:30 am to get on the 11am Trolley followed by a tenor guitar lunch buffet from 12:30 until 2:30. There is limited seating and a fixed menu so you need to make a reservation by calling 503-325-6777 or 877-357-6777. Not only will you get a great meal for only \$20 (beverages not included) but you will hear Lowell "Banana" Levinger of The Youngbloods, play his five string tenor guitar and perform songs from his latest album, "Even Grandpas Get The Blues".

Tune in to KMUN between 3 and 4, and listen to Carol Newman's show "Arts Live and Local" to hear tenor guitarists talk about.... tenor guitar.

That same day, Friday, there are two more events planned. Doors open at 6:30 pm at The Astor Street Opry Company Playhouse, who have been very gracious about providing their wonderful space for a sing a long - play a long fundraiser to support KMUN. A donation of \$5 or more will get you in to play and sing all kinds of fun folk songs, or whatever songs we can figure to play.

It's going to be one big fun hootenanny. Bring your voices, instruments, and maybe some lyrics would help. The event ends at 9pm.

But Hazel's Tavern has THE RENEGADE STRING BAND performing from 10pm until midnight with tenor guitar players sitting in. So we're heading over there right after the sing and play along!



SATURDAY, JUNE 2, at the Performing Art Center starting at 9am and ending at 4pm, will be four tenor guitar workshops for \$60. That comes to only \$10 an hour. The workshops are open to the public even if you don't play an instrument, you will learn a lot, get to ask questions, and hear inside information from Lowell "Banana" Levinger, Spider Murphy and Mark Josephs.

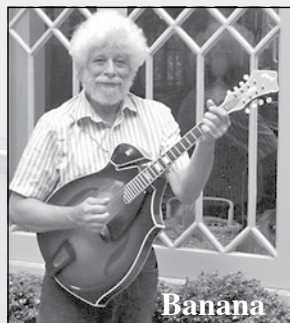
The four day Tenor Guitar weekend culminates on Saturday evening with AN EVENING OF TENOR GUITARS featuring the greatest line up of tenor guitar players in the world. This is a once in a lifetime opportunity, for \$15, to hear Josh Reynolds and friends, Spider Murphy, Lowell "Banana" Levinger, Myshkin, The Renegade String Band, The Wanderers, Mark Josephs, and special guests for a wonderful evening of tenor guitar music from 7pm until 9:45pm.

Then we are all going over to The Voodoo Room to hear Spider Murphy and his band play from 10pm until midnight!

ON SUNDAY, JUNE 3RD, the fourth and final day, we will meet at The Coffee Girl to jam from 9am until noon. Myshkin, as part of her tenor guitar world tour, will be performing at The Ft George on the last night from 8pm until 11pm.

If you would like to support the Annual Tenor Guitar Gatherings in Astoria, Oregon you can visit: <http://www.tenorguitargathering.com> and buy your tickets to AN EVENING OF

TENOR GUITARS, TENOR GUITAR WORKSHOPS, and buy this years T-Shirt!!!



A Brief History of The Tenor Guitar

In the 1900's the most popular stringed rhythm instrument was the four string tenor banjo, tuned like a cello, CGDA. The tenor banjo added a percussive rhythm sound to large orchestras. As the guitar gradually replaced the tenor banjo in popularity, a simple solution was to put a tenor banjo neck on a guitar body to produce a "guitar like" tone. Part tenor banjo, part guitar, this hybrid instrument, the "tenor guitar" was born out of necessity.

Because the tenor guitar had four strings, people would sometimes tune it like a baritone ukulele, or the top four strings of a guitar DGBE. Nick Reynolds, of The Kingston Trio, did this. Nick was the first inductee to the Tenor Guitar Hall of Fame in a ceremony held here in Astoria in 2011. He is the most well known tenor guitar player of all time.

Tiny Grimes, a jazz player, also tuned his tenor like the top four strings of a guitar. He had small hands and liked the feel of a smaller neck. Some people tune it GDAE, an octave below a mandolin. The shapes of the chords are the same, but their names change.

The Annual Tenor Guitar Gatherings

The Annual Tenor Guitar Gatherings started in 2011, has brought new focus to the instrument. There are many groups and individuals who use the tenor guitar to achieve their musical "voice". I became aware of Robin Hunte, from Barbados, for example, who started a group in 1962 called The Merrymen. Robin drives the group with his four string tenor guitar. He recently acquired a new Blueridge tenor guitar, made by Saga instruments, one of a small handful of companies that offer new tenor guitars.

I can tell you that more and more people, once they hear and play and learn about a tenor guitar, fall in love with the small size of the instrument and the beautiful sound that comes from it. Accordions, Didgeridoos, Guitars, Harmonicas, Autoharps all have their own festivals. A "Tenor Guitar Gathering" had been long overdue. Astoria and tenor guitars have become a perfect fit.

Tenor Guitar Capital of The World

Astoria, Oregon has become the "unofficially recognized" tenor guitar capital of the world. This year will mark the 3rd Annual Tenor Guitar Gathering and will bring together more tenor guitar players, performers and workshops than ever before. There will be a tenor guitar lunch buffet at the Bridgewater Bistro, a sing a long fundraiser for KMUN at the Astor Street Opry Company Playhouse, workshops and An Evening of Tenor Guitars at The Performing Art Center, tenor guitar music at The Ft George, The Sand Trap, Hazel's Tavern, The Coffee Girl and The Voodoo Room. We'll be playing tenor guitars on The Trolley and may be jamming at Gordo's Astoria Guitar Company.

What People Have To Say

"The 4-string tenor guitar has made a significant contribution to American music and culture. Historically, C. F. Martin & Co. is proud to have defined the tone of tenor guitars for the world and we are excited that there is a resurgence in popularity of these unique and fun instruments."

Dick Boak
Museum, Archives and Special Projects
C. F. Martin & Co., Nazareth, PA

"My Dad, Nick Reynolds, used to say, "It's all about the music." I am proud to help support the Annual Tenor Guitar Gatherings in Astoria. The music of The Kingston Trio continues to touch people all over the world. My Dad was a wonderful performer who gave his very best every time he played his tenor guitar and sang with the Trio. It's comforting to know that he is recognized for his achievement, albeit inadvertently, for his playing of the relatively unknown four string tenor guitar."

Josh Reynolds

"When The Brothers Four started out at the University of Washington in Seattle we were totally "powered" by the Martin Tenor Guitar. It was the sound of our first 2 or 3 albums recorded for Columbia Records., including our first single release, "Greenfields". As I think back on it now it seems likely that the trademark sort of open-stringed arpeggio introduction to that recording would have not been possible on anything else but those two Tenor Guitars. A lucky moment!"

Bob Flick
The Brothers Four

"I've been playing a 1954 Martin Tenor Guitar since 2006. A bout with tendonitis in the left elbow caused me to quit playing the six string guitar for about a year. I bought 1954 Martin to see if the smaller instrument would help with the elbow. I always loved what Nick Reynolds played on his tenor guitar, so it was an easy decision for me to try one out. The elbow healed, the 1954 Martin is fine, and singing partner for the past 53 years, Bill Murlin and I have worked the Tenor into our Wanderers act full time. We look forward to bringing the Martin to Astoria in June!"

Carl Allen, The Wanderers

"I came to tenor guitar through mandolin, after playing guitar for 15 years I picked up a mando and started writing songs on it, then began to do solo shows again and wanted to play those songs, but not so tiny-sounding. My vintage Martin Tenor has a lovely deep tone for such a small instrument, and I swear it is haunted, in a good way, by whatever songs got played on it in its youth (the '30's and '40's.) I have written a few songs on it that feel like they were given to me by the instrument, most especially the song Ruby Warbler, that I named my band after. So glad to be coming back to the Gathering, a great chance to get together with other fans of this sweet instrument."

Myshkin



Spider Murphy

"The more people are talking about tenors, the more people are playing them. I'm spreading the word everywhere I go. I'm at the Jazz Festival in New Orleans right now, and I can tell you that everyone here loves the tenor."

Spider Murphy

"The two most common questions I'm asked about the tenor guitar are, "Why a tenor guitar?" and "What's the difference between a tenor guitar and a 6 string?" The answer is an easy one. The tenor guitar has a clear, sweet voice of its own. It

works beautifully as a rhythm instrument, as part of a section or as a stand along solo instrument. I play a Martin size 5 or half size tenor from 1929, a new Martin Custom tenor, a National Reso-phonics tenor with a steel body and an archtop electric tenor made by Paul Lestock of Arrow Guitars and Mandolins. Each guitar has its own personality and history.

I went to the Library of Congress and The Smithsonian to research tenor guitars and players when the tenor first grabbed my attention and heart. About 75% of the players I found were black musicians from the early black string bands from the 1920s through about 1935. They were centered in the Midwest around Chicago and St. Louis and also in Louisiana and Alabama.

I'm thankful for the players and builders who are breathing new life into the instrument today. The tenor guitar is a voice from our American past that reaches beautifully into the future. It's a voice that could have been lost but thanks to the efforts of Mark Josephs, Paul Lestock, Josh Reynolds, Dick Boak and many others in the modern music community the tenor guitar will be with us for a long time to come."

Marcy Marxer – Two Time Grammy Winner

Words from Mark Joseph

Tenor Guitar Gathering Organizer

I GREW UP IN ATLANTIC CITY, New Jersey and started playing guitar in 1960 when I was ten years old. Playing chords came easy and I evolved into a sought after rhythm guitar player. I played rhythm guitar and sang in a four piece rock band called "the Super Jam Blues Band", and later, "The Whazooz". We played for High School dances and private "sweet sixteen" parties. When I graduated from High School I graduated to playing in bars. In 1974 I joined a swing trio and we were an opening act for Ry Cooder, Randy Newman, Horace Silver, Sonny Terry and Brownie McGee and numerous others. I met Johnny Shines, Professor Longhair, Walter "Shakey" Horton, Bucky Pizzarelli during that time and learned a little bit from observation. It was a magical time in my life, "pre straight job", so to speak.

My Mom bought me a harmonica when I was 18. I learned what I know today from meeting harp players much better than I, who took the time to share invaluable techniques that you can hear in my

recordings and live playing. When I was 40, I started playing the ukulele, similar to guitar but very different in the musical approach....and bought my first tenor guitar when I was 50 years old. I just finished an album that's all about the tenor guitar. It's called "TENOR ELEVEN", fifteen songs played on tenor guitar with vocal and harmonica accompaniment.

I never saw myself as a promoter, and still don't, but I do feel the desire to bring tenor guitar players together at one time and one place, and that place is Astoria. Music continues to be special to me. It has opened doors to new friendships and improves the quality of my life. I have worked in Los Angeles as a clerk at an Outpatient Cancer Center and will bring my uke in and play for patients. It makes them sing and smile and forget where they are for a moment. It is uplifting to them and to me as well.

I spoke to a stranger on the phone recently who's coming to this year's gathering. He told me he plays baritone ukulele and is thinking about playing the tenor guitar. When he searched the web



for information he came across the gathering. He booked himself into the Hotel Elliot and is very excited about attending. That's the kind of thing that makes me hustle to make these gatherings happen, and the fact that they're a lot of fun for me and everyone who attends. I think that everyone in Astoria has worked together to make this quirky event come to life, it's not unlike a band that rehearses for hours and then gets on stage and puts that wall of emotion out there as if it was all so easy.

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WHERE

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PerformingArts Center at
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The Conversation Project is made possible by the generous support of the Oregon
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In New Light: Four Original Plays by Keyaho Rohlfs

*A May Celebration and Much More than
Melodrama at Astor Street Opry Company*

Anyone familiar with the Astor Street Opry Company (ASOC) knows this hard-working theater group is responsible for bringing the community, and a great portion of those visiting the area, the fun melodrama, “Shanghaied in Astoria”. This humorous and historical musical provides audiences of all ages a great way to enjoy local theater, learn about the area, and have a great time hurling popcorn at the villains.



By Lynn Hadley

“IT’S THE HEART AND SOUL of the company and the community. We’ve become bigger than theater. It’s a tradition and an event that belongs to Astoria,” says ASOC’s Production Manager and Events Coordinator Judith Niland.

It is this “backbone” of the ASOC repertoire, running every summer for the last twenty-eight years, that allows ASOC to be a great deal more than just this one production. So, too, is Judith Niland. Her tremendous efforts as manager, publicist, grant writer, event coordinator, facilitator, and artist, make ASOC



ASOC Founder Judy Niland says “Bye-bye porta potties, bye-bye!!!”

a far bigger thing than just a community theater. Current ASOC Executive Board President, Chuck Meyers, speaks of her, alone, as having been the ASOC for the last 25 years. She has devoted a large part of her life to keeping the theater arts alive, well, and housed in Astoria. Having lead the capital campaign to acquire the permanent home for ASOC, and having spent the last quarter century developing the management repertoire for the theater, she, now, wishes to teach, share, and

pass on the duties and traditions of this outstanding community theater.

“ASOC’s been my life’s work, accidentally, and it was Del Corbett’s life work, too. He’s the one that taught me.”

Recently, after spending time away from the theater to recover from foot surgery,

Judith realized she could no longer perform the myriad of tasks, and juggle all the balls required to make the variety of theater at ASOC happen, forever. This wake-up call drew her attention to the need to educate and share the finer points and details of what it takes to run this theater, as a volunteer, with the other ASOC Board and Committee members. She wants to offer the opportunity to other volunteers to become proficient in the many facets of ASOC operations, as well as, allow herself more time for her own artwork. As

a trained children’s book and fairy tale illustrator with a college education in Book Arts, her first love is drawing. Arthritis has kept Judith from returning to the book press, but she remains very passionate about pursuing her metaphysical design style and symbolic art.

Her health, while keeping her from some art forms and reducing her relentless participation with ASOC, allowed her the time, while recuperating from surgery, to read more, and, specifically, lead her to more of Seaside playwright, Keyaho Rohlfs’ plays. This inspired the upcoming ASOC Fundraiser, “In New Light”, three one-act plays and one monologue written by Rohlfs.

“It’s great to remind the community that ASOC has always done other kinds of theater. That’s why we existed, and people forget about that... ‘Shanghai’s’ always been the vehicle to get there, but never the end result. You have to give those growing beyond the melodrama something else to do. This is a chance to feed some of that. His (Keyaho’s) work comes from a place in his heart and really touches people,” commented Niland of her interest in working with Rohlfs.

“Everyone loves working with him. He’s very centered, intelligent, and strongly spiritual. His stuff works on multiple levels. He doesn’t care if people get it, or not, as long as they walk away thinking.” She continues, “I found his plays to be trips into a real, yet, imaginary world full of odd heartfelt characters, connections, and synchronicities that are similar to how I shape my world. I have studied the metaphysical world ever since I was a teen, and it is something that brings me peace and balance. Life is all about how you feel, and his work helps me remember that, and that is what is real.”

Director of Rohlfs’ one-act play “Centerpiece,” Anne MacGregor, agrees that his work is like poetry that goes in and out of time and emotions, and leaves audience members to ask “What

was that?”, “How’d we get there?”, and “That was really interesting, what was it?” She added, “His writing is so superior, he is a channel. Everyone picks up their own thing-it’s amazing. I don’t know what he’s going to do with his work, but I would go on doing it forever. It’s a dream come true for any good director.”

To say that Playwright Keyaho Rohlfs speaks freely about his work and writing process is akin to saying, writing plays is a cakewalk. He draws the comparison of his play writing to pulling stories from an orphanage of abandoned imaginary friends.

“When kids get a certain age they’re told no more imaginary friends. I always wondered what happened to all the imaginary friends- where did they go?”

So, he offers them a place to reside, in exchange for their stories, which he diligently puts to paper in the form of stage productions- one act plays, monologues, and full-length plays.

“The really cool thing about theater is how you can manifest all these imaginary friends, and make it real,” says Rohlfs, and explains that he explores the barriers between real and imaginary, looks inside and outside the self to channel the voices he believes are out there, and, if lis-



Photos: Dinah Urell



A partial cast for *In New Light* with playwright Keyaho Rohlfs (center).

tening closely, can be heard. When asked about the layered, spectral quality of his work, Rohlfs replied, "I think that when we can see the invisible realm, then, we have something to talk about, and when we feel the full force of nature, then we have something to share."

In his work with Astor Street Opry Company, Rohlfs believes it to be much more than a community theater. "This playhouse is really special; it's the most community-minded, community theater around. There's activity here year 'round, day in and day out for all ages. It has a really big heart."

And no stranger to the Astor Street Opry Company he is. In the three years of ASOC's New Works Festival, an original script writing contest that solicits, celebrates, and produces selected one-acts plays and monologues submitted from all over the country, Rohlfs submissions have been selected and performed every year. This festival was initiated in 2010, for which his monologue, "Tallulah" was accepted and produced. The festival performance was directed by ASOC Production Committee Chair, Anne MacGregor, who performs the role in the reprisal of "Tallulah" for the May Celebration fundraiser.



Actor Annabelle Knight discusses a scene with playwright Keyaho Rohlfs

In 2011, his one-act play, "Center-piece" was a final selection, performed by Patricia Shannon, Bill Dodge, and Ann Bronson. In this year's festival, his comedic monologue submission, "Captive", was produced. Performed by Aly Hansen and Kirk House with direction by Del Corbett, this funny, sweet and talent-filled piece is about a teenage girl who appears center stage, singing, dancing, juggling and believing she is being held captive by a crazy bunch of community theater people. Rohlfs participation in the ASOC New Works Festival for the past three

years has brought critical acclaim to the ASOC. In the name of creating a new slot for original stage productions, ASOC has chosen Keyaho's two previously performed stage pieces, along with two new one-act plays to perform in a showcase of his

work. His beautiful use of language offers an astonishing depth of emotions, as well as an alluring sense of human nature. This May Celebration of "In New Light" offers a unique opportunity to enjoy poetic and eloquently written theater concerning relevant issues of our time. This is a fundraiser to kick-off the phase three of ASOC's capital campaign to build indoor restroom facilities and an office.

In New Light: 4 One Acts in a Night

The four performances of "In New Light: An Evening of Original Artwork

from Playwright Keyaho Rohlfs" will reprise two pieces previously produced for ASOC's New Works Festival (Center-piece and Tallulah) and include two new one-act pieces. Included in the showcase is "Center-piece" with Tom Brownson performing the lead role, originally performed by Bill Dodge in the 2011 production. This one-act play finds an elderly, homeless couple who have fallen on hard times, brought about by the current economic meltdown. They seek

shelter and comfort in the warmth of stage lights, reflecting, reminiscing, and celebrating their lives together. Anne MacGregor directs this repeat performance, again. She also performs the monologue,

"Tallulah", an elderly woman's poetic monologue about an adventuresome life, well-lived, joined by the playwright's very own jazz saxophone accompaniment.

Premiering in this showcase production are two new one-act plays, "Signing Out" and "Mahpiya". "Signing Out" portrays a road weary musician returning to his hometown to visit his father in a nursing home. Here, he gets help from a plucky nurse, and makes some unexpected choices. In "Mahpiya" (A Native American word meaning "Sky") several stories combine, as a girl surrounded by devastation, manifests her identity in a spiritual journey, spanning generations; this tale includes an interesting amphibian.

Directed by Keyaho Rohlfs and Anne MacGregor, the cast includes: Anne MacGregor, Patricia Shannon, Tom Brownson, Ann Bronson, Markus Brown, Barry Sears, Mark Erickson, Elias Enyart, Avery Hartzel, Tiffany Simmons, Brian Allen, Jane Hill, Julie House, Anabel Knight and William Grammer.

In November 2007, Astor Street Opry Company acquired a permanent home in Astoria. By July 2008, the first production on the new stage of "Shanghaied in

Astoria" was up and running. Where the cost to purchase a theater space was covered through a designated capital grant and donated funds, the additional

\$125,000 needed to make the building a safe and a comfortable public space was not. In Fall 2010, the ASOC Board secured a mortgage with Clatsop Community Bank to help where grant monies were being discontinued due to economic cut-backs. After years as a vagabond theater troupe, being set back with every move, ASOC was finally housed in its own stable and improved theater building. Now able to settle and to grow, the theater added

more family programming and an original script writing contest.

"We're still getting used to using the building during the daytime, at night, rehearsing at dark. That's what we (ASOC) have to do now to maintain a theater, and keep it going financially. We have to have something playing all the time, said Niland. Niland, whose efforts and countless hours made the theater purchase a reality, is now squeezing in a new fundraiser into the very full ASOC theatrical calendar. Two weekends in May between "The Real Lewis and Clark Story: or How the Finns Discovered Astoria" and the start of "Junior Shanghaied" offers

a time slot for some alternative theater options to raise funds for the third phase of the ASOC Capital Campaign which will make possible the construction of public restrooms and an office.

The Astor Street Opry Company (ASOC) presents a special performance fundraiser, "In New Light", featuring four original pieces by Seaside playwright Keyaho Rohlfs. Three one act plays and a monologue will be presented on May 18th, 19th, 25th and 26th at 7:30 pm

at the ASOC Playhouse located on 129 West Bond Street in Astoria, Oregon; doors open at 7:00 pm. This is a kick-off for ASOC Capital Campaign Phase Three "Pennies

for Potties (or Big Buck for Bathrooms) Drive". This evenings is a celebration of live and local entertainment with a special silent auction of original art and the unveiling of the "Yakko~Eino" Fundraiser Thermometer and the "Toilet Seat Pennies Toss" collection jar. Tickets for this fundraiser are only \$8 for singles and \$12 per couple and can be purchased by calling 503-325-6104 or online at www.astorstretoprycompany.com



Actor Jane Hill gets amphibias for her roll in "Mahpiya"





Photo: Erin J. Bernard

Kristin Shauck with an unfinished piece, titled "Barbaric Tales" and inspired by a Paul Gauguin work of the same name.

LIFE'S RICH CANVAS

CCC instructor and artist Kristin Shauck on painting, personal purpose, and the community that art built

Johann Wolfgang von Goethe once summed up the working artist's challenge as follows: "Art is long, life short, judgment difficult, opportunity transient."

To be sure, teaching, curating and creating art all at once can sometimes feel like a lot of paintbrushes to juggle, admits artist and Clatsop Community College art instructor Kristin Shauck.

However, she says, when you hit upon a formula that lets you combine your passions and your duties, the results are well worth the duress.

"It's a challenge to balance commitments," Shauck said. "I work very hard at

it ... It's important for the students to see me being a practicing artist."

In practical terms, this means getting comfortable with overlap.

When Shauck takes her art students through a drawing or breathing exercise, she'll usually join in.

She tries to think of the conversations she has with her students as secondary conversations with her own artistic self.

And she resolves to paint regularly, no matter how hectic her schedule becomes.

By Erin J. Bernard

Of course, keeping at that practice is easier when you need only paddle upstairs with a cup of fresh-brewed lemon

tea in hand to reach your workspace.

Shauck and her husband, Tim Liddiard, re-imagined a floor of their Astoria home into a two-person artist's studio last De-

cember, a renovation that Shauck says symbolizes her renewed commitment to being an artist as well as an instructor.

These days, Shauck does her creating from a sun-washed, lusciously orange ("Juicy Mango," according to the paint can) corner bedroom that boasts a commanding view of Astoria. Her studio is currently filled with half-finished oil and acrylic canvases, which Shauck considers from atop the old, paint-splattered wooden chair she's had since grad school.

Liddiard has set up shop in an adjoining room, where he plies the tools of his own artistic trade. At the moment, this means huge swathes of roofing felt, metal pipes, and rows of acrylic paint tubes.

Liddiard began creating art in 2004, when he signed up for a few of Shauck's art classes and discovered a fascination with experimentation in many mediums.

Shauck, on the other hand, has been at it since she was a small girl.

As a kid, the Texas native was rarely without a drawing implement in hand.

She started out her college career as a piano major, but felt irresistibly drawn to the art department.

Shauck was incredibly intimidated, but she signed up for a drawing class anyway, and she knew from day one that she'd found her calling.

"I felt suddenly at home," recalled Shauck.

She cultivated a fascination with all things figurative, especially the human and animal forms, as she completed bachelors and master's degrees in painting and drawing.

Shauck, who has been teaching art since grad school, arrived in Astoria eight years ago by way of South Dakota, in search of a new teaching post.

She can still recall the clear, glorious day she first visited, the way she fell in love with Astoria and felt an instant connection to the CCC faculty.

Almost a decade later, Shauck teaches basic design, drawing, painting watercolor, and a graphic novels class at CCC and is proud to be a part of a thriving art department.

She's also worked to put Astoria's art community on the map through her curation of a popular annual CCC show:

"Au Naturel: The Nude in the 21st Century," which just celebrated its sixth year.

"Au Naturel" consistently draws accomplished figurative artists from the Pacific Northwest and beyond, Shauck says, and they bring with them plenty of wisdom, which benefits the students and the community at large.

In both her classes and in her own artistic process, Shauck says the key

thing that will encourage them to settle into their body before they being to work.

"A lot of the creative process is jumpstarted by physical movement," she said.

Learning to be in the world and not simply of it is a lesson vital to the education of any art student, Shauck says, and in a town like Astoria, opportunities for connecting with the world outside

around. Recently, some of her students painted a mural at the Columbia Memorial Hospital Pavilion on the theme of birds as a metaphor for healing; her previous design classes have helped to put on surreal ball fundraisers for the Astoria Visual Arts Association.

Such commissions benefit the students at least as much as they benefit the recipients, Shauck insists, because it opens their eyes to the

wonderful things that can result when passion and purpose come together in an artist's life.

"It gives them learning experience a sense of purpose," she said. "Art can feel self indulgent, and to learn that art can function in the community for a greater purpose is very meaningful."

Lately, Shauck has also found herself curious about the meditative aspects of art.

She's been reading up on Buddhism and is working to incorporate some of its lessons into her own approach.

The hardest (and perhaps most important) lesson she's encountered so far? Casting aside cherished out-

comes. "I try to think about painting as a meditative experience," she said.

"Regardless of the subject, I try to focus on the process and let go of the end result ... I think it's good to take a more conscious approach to painting."

This means working more gesturally — that is, quickly,

with lots of energy and a mind rooted firmly in the present — no small task for Shauck, who admits that for her, a painting isn't usually "finished" until there's a deadline looming and a nail waiting on the wall.

"When you fuss and obsess over an image, it leads to frustration," she said. "This makes it a lot more fun."



Opening of 6th Annual Au Naturel International Exhibition at Clatsop Community College, founded by Kristin Shauck

to her success has been openness — to new directions, to paint's propensity to change as you work with it, to the natural evolution a piece undergoes as it moves from concept to finished product.

"Each painting is different, so I don't have a set approach," she said. "You don't ever want to lock yourself into one idea. Sometimes we get attached to an idea or a thought, and then you can't have a dialogue with the process. It's hard to let go!"

Take the figurative drawing class she teaches. Capturing the human form is incredibly difficult, according to Shauck,



Student collaborative mural project newly installed at the CMH Health & Wellness Pavilion in Astoria

which can lead to frustration for some students.

She's constantly on the lookout for new ways to help students develop the mental and practical discipline essential to the task.

She'll lead them through breathing, focusing and stretching exercises, any-

A Traveler Passing Through: Recent Work by Kristin Shauck and Tim Liddiard



Photo: Erin J. Bernard

**At KALA
Opening: 2nd Saturday
Astoria Art Walk,
May 13 5-9 p.m.
through June 3**

Tim Liddiard and Kristin Shauck with one of Liddiard's color studies in their Astoria studio space.

ARTIST KRISTIN Shauck believes that meaningful art and meaningful travel share a few key requirements: a healthy respect for the transitory, a good dose of introspection and a willingness to pack light.

"We're all just passing through this life," Shauck said. "Nothing is permanent."

Shauck and her husband, Tim Liddiard, will present their own collaboration on the theme of art as a meditative exploration at an upcoming KALA exhibit.

"Traveler" will feature figurative and abstract art

from both artists in oil, acrylic and other mediums, and the show will include several collaborative pieces.

Many of the paintings Shauck will show take a cue from the works of Post-Impressionist artist Paul Gauguin, and feature bold, vibrant colors and plenty of human and animal forms. She'll also display a series of nude figure drawings, some reworked and some presented as originals.

Liddiard, an Astoria-based contractor and carpenter by profession, will show a series of abstract paintings he's created through a self-styled process of painting layers onto synthetic roofing felt with a rotating metal pipe.

He's handed several such color studies off to Shauck, who has added her own layers of work on top.

For Liddiard, who loves using non-traditional tools and surfaces, the artistic process means trying new things and seeing what works. He thrives on contriving and carrying out planned experiments, and he tends to assess the results of his labor with a decisive and disinterested eye.

"It's all about exploring tools," he said. "I come up with some sort of method and then I test out the idea."

Shauck, on the other hand, is careful and admittedly sometimes "obsessive" when it comes to her paintings. She's prone to endless sessions of reacting, reworking and relayering.

Their adjoining studio spaces allow the two to offer each other generous doses of encouragement and critique, and any collaboration is only made more interesting by the differences in their approaches, Shauck and Liddiard say.

Learning to let the art flow as it will is an important lesson, no matter the medium, or the temperament of the maker, said Liddiard: "I have a plan, but like Kristin, I react to what's happening in the process. In the end it takes its own shape."

Still, adding your own take to a finished piece can be a tricky endeavor, Shauck says.

"It's not until I actually get the paint on there that I can say what it'll be," she said. "Any time you paint on top of someone else's work, it's much harder than when you're painting on something that's your own."

Her approach: take it one step at a time, and draw organic inspirations from Liddiard's color palette of deep browns, greens, reds blues and yellows, which she says reminds her of the river and the sky outside their studio.

"He puts together colors I'd never dream of putting together," Shauck said. "And sometimes I look at them and think, 'That'll never work!' And you know what? It does."

At this point, neither can remember whose idea the collaborative endeavor initially was, but when you exchange as much creative feedback as these two do, it's only a matter of time before that exchange spills over into the creative act itself.

"We're collaborating all the time," Liddiard said.

Shauck agreed: "We make a good team, in both art and life," she said.

-Erin J. Bernard



16 Part Harmony - acrylic on paper, each segment 15" x 11"

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3rd Annual Tenor Guitar Gathering

Astoria, Oregon • May 31- June 3

May 31 • THE WANDERERS @ The Sand Trap 7-9pm

June 1 • Tenor Guitar Buffet @ The Bridgewater Bistro featuring "BANANA" 12:30-2:30
• KMUN Fundraiser @ The Astor Street Opry Company 7-9pm
• RENEGADE STRING BAND @ Hazel's Tavern 10-midnight

June 2 • Tenor Guitar Workshops given by "Banana", Spider Murphy and Mark Josephs @ The Performing Art Center 9am to 4pm
• AN EVENING OF TENOR GUITARS @ The Performing Art Center 6:30-9:45pm
• SPIDER MURPHY @ The Voodoo Room 10:00 to midnight

June 3 • Tenor Guitar Jam Session @ The Coffee Girl 9am to noon
• MYSHKIN @ The Ft George 8 - midnight



Spider Murphy



Lowell "Banana" Levinger of The Youngbloods and Richard and Mimi Fariña.



Myshkin



The Renegade String Band



The Wanderers

www.TenorGuitarGathering.com

Hanz Araki and Kathryn Claire As I Roved Out: Songs of Spring



**Friday, May 11, 8pm at KALA
CD Release Concert \$12
doors open 7:30pm**

"I think that was our initial connection, singing together. We have similar musical sensibilities and discovered that we also have very compatible work ethics. It was a natural fit from the beginning," says Claire.

Nothing like four recording projects in a year to keep an ambitious musician's chops up. A 2011 October release entitled "Songs of Love and Murder," is just that, then a late December's release, "A Solstice Celebration." "As I Roved Out" is a lively collection of love songs, jigs and reels. Araki's distinctive tenor and Claire's crystal clear alto trade off on lead vocals, continually keeping it fresh; acapella-style vocals, for example are paired with a sexy beat of the bodhrán, luscious multi-track harmonies, and varied arrangements featuring flute and fiddle, guitar and percussion.

While he may be best known for his playing and singing of Celtic music, Hanz Araki's roots are in the shakuhachi, the traditional bamboo "Zen flute" of Japan. Hanz (short for Hanzaburo) is the world's only sixth generation shakuhachi player, following in the footsteps of his father, Kinko Ryu Grand

Master Kodo Araki V. A native of Seattle, and with Gaelic roots on his mother side, Araki eventually shifted to Celtic music, got involved in Seattle's rich Irish scene and today is a prominent Celtic flutist and fixture in American Irish music.

A native of Eugene, Kathryn Claire earlier lead the well-known group Toad in the Hole, and then Circl'd by Hounds, that frequently played the coast when she was a resident here. She recently released as a singer-songwriter "Morning Comes Too Soon." Claire is a superb songwriter, and may occasionally sneak in original.

However, the duo's commitment to bring the old tunes to life, and with such impeccable flair is a gift to present day music lovers, (and who isn't). A superb and magical treat to lift your spirit.

Doors open at 7:30. Seating is limited. Beer and Wine available and sneak preview of new work by artists Kristin Shauck and Tim Liddiard.

The exquisitely buoyant spirit of Celtic flute and fiddle come pouring out of trad musicians Hanz Araki and Kathryn Claire. And not only the sounds but the actual flutes too. In their solstice performance at KALA this past year, Araki must have played at least five different flutes of all sizes and make-up. His virtuosity seamless from flute to flute.

KALA welcomes with open ears and heart for listening as the dynamic duo return for another in a series CD release concert. AS I ROVED OUT: SONGS OF SPRING features 12 newly arranged and recorded traditional tunes. Tunes that these two remarkable Irish musicians re-envision with a modern ear.

In the circle of trad musicians in the Portland music scene, and an Irish one in particular is named The Celtic Conspiracy, Araki and Claire, while both involved in solo projects and ensemble variations, came together as Claire informs, "for the love of harmony."

KALA@hipfishmonthly 1017 Marine Drive in Astoria

KALA (Finnish for fish) is the ground floor presentation space at the production office of HIPFISH. Visual art, music and performance are settling well within the walls at 1017 Marine Drive, adding to the ever-growing cultural affluence in the Columbia Pacific Region. Keep abreast of our monthly happenings, right here in the pages of HIPFISH, hipfishmonthly.com and all the generous community media resources.



Metalon A Pentamorous Exhibition in Metal At RiverSea Gallery • May 5 - 29

RIVERSEA GALLERY brings five Oregon metal sculptors together to present the exhibition, **METALON** with a gala opening reception and party to be held at **The Banker's Suite and Ballroom Saturday, May 5th from 6 - 9 pm.** Artists Jud Turner, Jay Moody, Chris Cole, Diana Shampang-Voorheis and Christopher Truax all share a connection to metal as medium, quite often utilizing found objects that through each artist's vision find their way from discarded industrial debris to art form. The historic Banker's Ballroom will provide a whimsical setting for the opening night party, and an eclectic backdrop for viewing highlighted artworks from the show. Live music, catering by Clemente's Restaurant, and a six foot steel fountain by Jay Moody will be flowing with sparkling cider. All are invited to come and meet the artists, view some of their work and enjoy a show opening like no other. *The full exhibition will be on display at RiverSea Gallery from Sunday, May 6th through May 29th.*

Guest curator Kyle Collins, of

Portland, has held a long-time interest in metal as a reclaimed material utilized in sculpture; after meeting sculptor Christopher Truax that interest developed into a fascination that Collins wanted to share with others. Collins' enthusiasm for the genre is the backbone behind **Metalon**, an exhibition devoted to the use of repurposed objects, where

nuts and bolts might become the anatomy of a bird or fish, or incorporated into a sassy pair of stilettos. Collins has carefully cultivated a strong group of artists who each have evolved a distinctive style. **Metalon** is an exploration of diverse and eclectic uses of similar materials, but this is where the commonality ends and subject matter takes an imaginative departure.

Jud Turner, from Eugene, focuses on the repurposing of discarded objects, using metal fabrication

techniques to create work that is heavy in metaphor. Turner, who is interested in social issues, doesn't hold back, and offers narrative work with a direct and biting consideration of political issues, specifically the plight and protests of Tibetans. Turner states, "Using found objects, welded steel, and repurposed consumer items, I create sculptures which are about the exhilarations and anxieties of living in our modern, industrialized society."

Portland artist Christopher Truax also relies on metaphor within his sculpture, embracing materials that have a distinct and sometimes recognizable past which he then

fuses into new meaning. Heavily influenced by mythology and steampunk, he brings to life charismatic robots, fanciful winged creatures, glowing dragon's eyes and other curiosities from the fantastic realm of his imagination. Truax likes to combine both organic and industrial elements in his work, and he is particularly fond of using Thunderbird car parts.

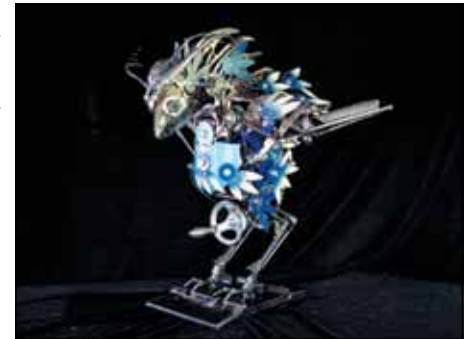
Chris Truax "Most of my art incorporates the feel of emotion, and most pieces have a movement," says Truax, "they are posable and unique on a detailed level."

Also of Portland is Jay Moody. Known for his metal fabrication skills, he transforms steel into soaring sculpture, as well as art furniture and other functional pieces. Moody has been a metal worker since working in his father's metal shop at eleven years old. Over the years he became a sculptor, creating commissioned pieces for celebrity clients

around the country and working on public art projects with Devin Laurence Field. Look for Moody's 6 ft. fountain.

Chris Cole, from Portland, adds a touch of the surreal to the exhibition

with his imaginary kinetic animals. Cole, who is inspired by the visionaries of the industrial revolution, creates



Chris Cole

intricate sculptures that are animated with either a motor or a hand crank. Each work is an ode to the mechanical age while also a statement about our culture's increasing disconnection with the natural world. "Sculpture is a means through which I can explore the concepts of movement, functionality and esthetics. Understanding physics, and the way things work, has always been a fascination of mine."

For Diana Shampang-Voorheis, of Blue River, Oregon "art is born in the collision of fire, steel and laughter. From the moment I first held a plasma cutter and welding torch, I knew fire and metal ran in my blood." Her sculpture is also inspired by cast offs; a trip to the junkyard is time well spent to find materials to create her work. Looking to add femininity and fun to the process of metalwork, she fabricates fantastical high heeled shoes, outrageous stilettos for the iconic femme-fatale.

RiverSea Gallery is open daily at 1160 Commercial Street, Open Monday through Saturday, 11-5:30 and Sunday 11-4. 503-325-1270/www.RiverSeaGallery.com



Lone Madrone

DESCRIBED AS old-timey blues swing from the future - If your looking for something western-twinged with a punky romp to top off the end of your weekend, this Oregon-based trio will fill the bill, and deliver you rightfully to the destiny of your Monday.

Sunday, May 20, No Cover, At Fort George in Astoria.

GoingsOn: May '12

in the columbia pacific

The Shanghaied Roller Dolls

Present the 70's Cult Classic Movie "Roller Boogie" followed by Live Music

May 12 • 9pm • At The Columbian Theater



Photo by Don Frank



ROLLER DERBY has come to the North Oregon Coast! The Shanghaied Roller Dolls is a flat track women's roller derby league that was founded in September of 2011 in Clatsop County. The league is a non-profit organization with the State of Oregon, has recently gained membership with the United States Roller Sports Association (USARS) and is currently working towards membership into the Women's

Flat Track Derby Association (WFTDA), the governing body for women's flat track roller derby.

The Shanghaied Roller Dolls have been practicing hard and plan on their first public scrimmage later this summer and a bout later this year. To prepare for the costs, they will be hosting a fundraising movie event on May 12, at 9pm at the Columbian Theater. The Dolls will be showing the 1970's rollerskating classic, "Roller Boogie", followed by live music

and raffle prizes! Only \$5 gets you in for both movie and music! Dress in your best 70's outfit and join the Shanghaied Roller Dolls for this super fun, disco event!

The Columbian theater is located at 1102 Marine Drive in Astoria

For more information contact the Shanghaied Roller Dolls at SRDLeague@gmail.com or "like" us on Facebook at Shanghaied Roller Dolls Fans.

Saturday 5

MUSIC

Niall Carroll. No cover, 6 – 9pm at the Wet Dog Café in Astoria.

Tom Trudell. Jazz piano. No cover, 6 - 9pm at the Bridgewater Bistro in Astoria.

Bread & Liberty Square Dance. Music by the Astoria Community Dance Band. Traditional fiddle tunes & Mexican Dances. \$5, 7pm at the Astoria Arts & Movement Center.

Jesse Meade. Country/Folk/R&B. No cover, 7 – 9pm at The Cove @ Night at the Peninsula Golf Course in Long Beach, WA

Open Mic Featuring the Tillamook Community Chorus. Admittance by donation. 7 – 9pm at the Bay City Arts Center.

Laurie Lewis with the Bee Eaters. Blues/Roots/Bluegrass. \$12 - \$15, 7:30pm at the First Presbyterian Church in Astoria.

Lloyd Mitchell Canyon. Country/Roots/Rock/Punk. No cover, 8pm at the Big O Saloon in Olney.

The Bar Pilots. 9pm at Snug Harbor Bar & Grill in Lincoln City.

Rock N Roll Cowboys. 9pm at the Snug Harbor Bar & Grill in Lincoln City.

ART

"Metalon" Gala Opening. Presenting the work of five artists who share a love of metal and found objects. 6 – 9pm at RiverSea Gallery in Astoria.

First Saturday Art Walk. 5 – 8pm at galleries and businesses in Seaside and Gearhart.

Don Rambadt Sculpture Unveiling. Sculptor Don Rambadt will unveil several new bird sculptures, including a tufted puffin. 1 – 2pm at Bronze Coast Gallery in Cannon Beach.

Spring Unveiling Weekend. At various locations in Cannon Beach. cbgal-lerygroup.com

Artist of the Month Reception. Jim Young's Photography Students. 5 – 7pm Jim Young's Photography Class Students. At the Bay City Arts Center.

FOOD & DRINK

Wine Tasting. Wines from Italy. 1 – 4pm at the Cellar on 10th in Astoria

Fish Taco Cook-off. Free, 11am – 2pm at the Culinary Center in Lincoln City.

HAPPENING

Children's Loyalty Day Parade & Blessing of the Fleet. Parade at noon

in Ilwaco, WA followed by Blessing of the Fleet at 1pm. loyaltydayslongbeach.com/

Knappa FFA/Forestry Plant Sale.

Noon- 6pm at the Knappa High School Greenhouse.

Tap Festival. Fifty tap dancers from Clatsop County and Portland will gather for the annual tap dance festival featuring music from the 1940s. \$7 - \$10, 7pm at the PAC in Astoria.

Nature Photoshow & Piano Concert.

This event features an hour of photos of American national parks by local nature photographer Thomas Robinson projected on the big screen, with solo piano of American folk, jazz and sacred songs by pianist David Robinson. Donations of canned food or cash/checks will benefit the Cannon Beach Food Pantry. 2pm at the Coaster Theater in Cannon Beach.

Incredible Edible Plant & Fruit Tree Sale. 10am – 2pm at the Food Roots Sacred Heart Garden in Tillamook.

Wildfire Awareness Week. Activities and demonstrations begin at 10:30am at the Tillamook Forest Center on Hwy 6 east of Tillamook. For more information please call 503-815-6800

Soup Bowl Event. The first 140 people to purchase \$40 dinner tickets will receive a bowl of their choice to keep. Dinner

tickets without bowl are \$15. Proceeds benefit the Tillamook County Women's Resource Center. 5pm at the Old Mill Marina in Garibaldi.

Cinco de Mayo. Presented by Jose Solano. Featuring a Charro Horse Exhibition, Mexican food, pinatas, arts & crafts and a dance with the Mariachis. 11am – 8pm at the Lincoln City Cultural Center.

Comedy on the Coast. \$15, 8pm at Chinook Winds in Lincoln City.

LITERARY

E-reader Roadshow. See above. Free, 2:30pm at the Timberland Library in Raymond, WA.

LISA at Story Time. Children of all ages are welcome to find out who or what LISA is; it's hard to explain but sure to be amazing. 11:30am at the Seaside Library.

Art Book Sale. 10am – 5pm at the Cannon Beach Library.

OUTSIDE

March of Dimes March for Babies. Participation in March for Babies will provide a memorable and rewarding day for the whole family. Call the toll-free number or log on to start a corporate, family or friends team, or donate to help babies be born healthy.

a May Celebration

In New Light

Centerpiece

Tillamook Ann Bronson*Anne MacGregor*Mark Erickson*Barry Sears*Markus Brown*Tracy Simmons*Ellen Allen*Ellis Enyart*Anabel Knight*Julia House*Patricia Shannon*Tom Brownson

Signing Out

Maple

Directed by Keyaho Rohlfis & Anne MacGregor

Doors Open 7:30pm Show 7:30pm Tickets \$8 single \$12 couple

An Evening of Original Work from Playwright

Keyaho Rohlfis

MAY 18th, 19th, 25th & 26th 2012

ASOC PLAYHOUSE 129 WEST BOND STREET UDOTOWN ASTORIA
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Tickets 503-325-6101 or online @ www.astorstreetsoprcompany.com

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Butterflies Are Free at the Coaster



Goldie Hawn and Edward Albert starred in the movie version of the 60'play, now at the Coaster.

IN HIS first home away from an over-protective mother, a young blind man strives to adjust to lonely independence. When the free-thinking girl-next-door (Jill) befriends him, Don's tender nature and uncommon perceptions unfold. Jill's love of life so brightens his world that Don begins to trust her free-wheeling ideas of life and love. This baptism is something his mother cannot abide, and the battle is on. This successful Broadway show walks us gently through a

young man's metamorphosis as it meets the fierce love of a clinging mother. Directed by Karen Bain, the cast features Richard Bowman, Sofie Kline, Sue Meyers and Ben Van Osdol

Performance Dates: May 4 - 27. Fri & Sat, 8pm, Sun Mat 3pm, (5/12, 5/27). Tickets \$15-\$20. Talkback Thursday, Q&A with Cast. May 17 @ 7:30pm. Special price \$14 & \$8. For ticket info go to coastertheatre.com

Never Kiss a Naughty Nanny At TAPA May 25 – June 9



THE TILLAMOOK Association for the Performing Arts (TAPA) announces the upcoming summer farce, "Never Kiss A Naughty Nanny" written by Michael Parker and directed by Chris Chiola. This production stars Garon Baker, Bill Briot, Lora Ressler, Barbi Waggeberby, Robert Kratz, Karen Martin, Ben Ruderman and Wally Nelson.

Mr. Broadbent, a developer and builder, has created "the house of the future". He has filled it with many gadgets including a personal ion chamber, self-cleaning bathroom and central disposal system. The house won't sell, probably because most of

the innovations of the future fail to work properly. Prospective buyers are invited to spend the night and get wined and dined. Broadbent bribes two of his employees to pose as renters to demonstrate how everything works. He even has a maintenance man, Ed Cott, on hand to make repairs as things go wrong. Someone masquerades as "the nanny" to throw off the buyers. When a surprise

visitor arrives, it is all anyone can do to keep the house under control.

The hilarity begins on May 25th at 7pm with a champagne gala and the show runs through June 9th. Friday and Saturday shows begin at 7pm. Sunday matinees begin at 2pm. Doors open 30 minutes prior to curtain. The CAST: Garon Baker, Bill Briot, Lora Ressler, Barbi Waggeberby, Robert Kratz, Karen Martin, Ben Ruderman and Wally Nelson. For information please visit www.tillamooktheater.com or contact info@tillamooktheater.com

The North Coast Chorale Gospel/Jazz May 19-20

THE NORTH Coast Chorale is pulling out all the stops this spring with performances of gospel and jazz at the Clatsop Community College Performing Arts Center in Astoria.

At its "Two Sides of the Same Coin" concerts, audiences will be treated to rousing performances of jazz and gospel music under the direction of Dr. Denise Reed, with local instrumentalists, and accompanist Debbie Loyd and. Concert dates are Saturday, May 19 at 7pm and Sunday, May 20 at 2pm. Songs the Chorale will perform include "The Storm is Passing Over", "Portrait of Duke Ellington", "Take Five", and others.

Jazz and gospel contain highly similar musical elements and are considered separate genres largely because gospel music deals exclusively with religious subjects. However, both genres describe the human condition and lift the spirit. They also build community at rehearsal and performance alike. Singers and audiences are invariably drawn in, finding themselves listening, responding and moving through the music in unexpected ways.

Besides rehearsing diligently for its upcoming concerts, what else has the NCC been up to? The North Coast Chorale recently



celebrated its 20 years of bringing choral music to the North Coast in 2010-11, under music director Dr. Denise Reed, by commissioning the musical work "The Voyage" composed by local Barbara Poulshock. The Chorale also participated in the 2011 Astoria Music Festival and will once again be part of this event in June 2012.

JAZZ TALK w/Tim Duroche The Art of the Possible: Jazz and Community Building May 8

JAZZ IS a highly democratic art form that is deeply concerned with participation and community, where risk, collaboration, and individual voice are all highly valued. How might jazz as a "community of memory" inspire us to embrace cooperation once again as an important cornerstone of our culture?

This is the focus of "The Art of the Possible: Jazz and Community-Building," a free conversation with independent scholar and professional jazz musician Tim DuRoche on Tuesday, May 8, 2012 at 7:30pm at Clatsop Community College Performing Arts Center (corner of Jerome & 16th, Astoria).

This program is hosted by the North Coast Chorale under the direction of Dr Denise Reed, and sponsored by Oregon Humanities.

DuRoche is the director of programs for the World Affairs Council of Oregon. Prior to his work with the council, he worked for Portland Center Stage, where he developed initiatives and programs connecting sustainability, civic engagement, historic preservation and the arts. DuRoche is a frequent public speaker, interviewer, and moderator for cultural organizations including Wordstock, the City of Portland, Portland Center for Public Humanities, Multnomah County Library, Pacific Northwest College of Art, Portland Jazz Festival, and LiveWire Radio. More info please contact Dr. Reed at 503-338-8403.



North Oregon Coast Symphony French Composers Featured

CELEBRATING ITS seventh season of classical community concerts, the North Oregon Coast Symphony (NOCs) will perform its last concert of the 2011-2012 season on May 15 in Seaside, May 18 in Astoria and May 20 in Rockaway Beach. The concert entitled "French Connection," conducted by Collin G. Heade, will include works by French composers

Bizet, Ravel, Offenbach, Chabrier, Faure, Massenet and Saint-Saens.

Plan to attend these concerts taking place in both Tillamook County and Clatsop County. The May 15 concert will be at 7:00 p.m. at the North Coast Family Fellowship at 2245 N. Wahanna Rd. in Seaside, the May 18 concert at 7:00 p.m. at CCC Performing Arts Center, 16th and Franklin in Astoria, and

the May 20 concert will be performed at 3:00 p.m. at Rockaway Beach Community Church, 400 S. 3rd Avenue in Rockaway Beach.

\$10 at door or can be purchased in advance at Bach 'n Rock, 16th and Marine Drive in Astoria, or by calling 360-777-8750. Students 12 and under are admitted free when accompanied by an adult.

Registration starts at 8am and the walk starts at 9am at Maritime Memorial Park in Astoria. 800-525-9255

THEATER

Alice in Wonderland, Jr. Musical. \$8 adults, \$5 students. 7pm at Naselle High School in Naselle, WA

The Real Lewis & Clark Story. (Or How the Finns Discovered Astoria.) \$6 - \$15, 7:30pm at the ASOC Playhouse in Astoria.

Butterflies Are Free. \$8 - \$20, 8pm at the Coaster Theater in Cannon Beach.

The Whales of August. \$8 - \$12, 8pm at Theater West in Lincoln City.

Sunday 6

MUSIC

Dave Drury. Jazz guitar. No cover, 11:30 – 2pm at the Bridgewater Bistro in Astoria.

Bluegrass Music Jam. 1 – 3pm at the Tillamook Forest Center.

Cannon Beach Chorus Spring Concert. “Spring Voices Unveiled.” Folk Songs & Broadway Medleys. \$10. 3pm at Community Presbyterian Church in Cannon Beach.

The Hugs. Brit Pop/Garage Pop/Folk Rock. No cover. 8pm at Fort George Brewery & Public House in Astoria.

Cannon & Sloan. 8:30pm at the Snug Harbor Bar & Grill in Lincoln City.

ART

Spring Unveiling Weekend. At various locations in Cannon Beach. cbgallerygroup.com

FOOD & DRINK

Grays River Friendship Circle Spring Tea & Luncheon. The theme this year is “Even Some Cowboys Drink Tea.” Homespun entertainment of music and poetry will be provided by Joel and Noreen Fitts of Grays River. \$8 suggested donation. Noon at Rosburg Community Hall in Rosburg, WA

HAPPENING

Loyalty Days. Events take place at the Peninsula Saddle Club and in downtown Long Beach, WA starting at 7am. FMI: loyaltydayslongbeach.com/

Knappa FFA/Forestry Plant Sale. Noon- 6pm at the Knappa High School Greenhouse.

Wildfire Awareness Week. Activities and demonstrations begin at 10:30am at the Tillamook Forest Center on Hwy 6 east of Tillamook. For more information please call 503-815-6800

LECTURE

Conservation and Art. Wildlife sculptor Don Rambadt will talk about using art to promote conservation efforts. 10am – noon at Bronze Coast Gallery in Cannon Beach.

Coastal Think Tank: Your Land, My Land. With Dr Veronica Dujon. Consider the various meanings we in Oregon have come to attach to different places in the state and to explore how these attachments shape our desire to both use and preserve our natural resources. \$5, 2 – 4pm, location TBA in Tillamook County. 503-965-2244

THEATER

Alice in Wonderland, Jr. Musical. \$8 adults, \$5 students. 3pm at Naselle High School in Naselle, WA

ACÚSTICA global rhythms



DELORES LEVINE, Multi-Lingual Vocalist and new permanent to the region leads ACÚSTICA, a fresh ensemble bringing a global sound featuring sambas, mornas, boleros, french classics, bossa novas, rumbas, jazz and tangos from the 1900's -1960's. Songs are performed in Spanish, Portuguese, Italian, French, Cape Verde Creole and of course,

at these locations:

Saturday, May 12, The Cove @ Night. 7-9pm. The lovely new venue at the Long Beach Peninsula Golf Course. 9604 Pacific Hwy, in Longbeach. No Cover. Beer /Wine and nibbles. Friday, June 1, 7pm, The Sand Trap in Gearhart. No Cover.

on an analysis of tree rings. 7pm, Rm 219 in Columbia Hall at CCC in Astoria.

Joanne Rideout Speaking Event. Rideout will be sharing photos and stories from her life. Rideout worked as a freelance journalist before moving to the Pacific Northwest. She will be sharing a vast knowledge and helpful hints about the shipping industry. 7pm at the Cannon Beach History Center.

OUTSIDE

Crabbing Clinic. With Bill Lackner. At 9:30am. Meet in the parking lot west of Mo's in Lincoln City. 541-996-4976

Thursday 10

MUSIC

Steve Sloan. 8pm at Roadhouse 101 in Lincoln City.

HAPPENING

Knappa FFA/Forestry Plant Sale. Noon- 6pm at the Knappa High School Greenhouse.

DeLake Dance Night. \$7, 6:30 – 10pm at the Lincoln City Cultural Center.

Howie Mandel. Comedian. \$30 - \$45 at Chinook Winds in Lincoln City.

LITERARY

Author Luncheon. With Heidi Durrw, author of “The Girl Who Fell From the Sky.” Includes a catered lunch and a signed copy of the author's book. Reservation required. At noon at Beach Books in Seaside. 503-738-3500

THEATER

The Whales of August. \$8 - \$12, 8pm at Theater West in Lincoln City.

Friday 11

MUSIC

Dave Drury. Jazz guitar. No cover, 6 – 9pm at the Bldgewater Bistro in Astoria.

Yarn. Americana/Country/Roots. No cover, 7pm at McMenamins Sand Trap in Gearhart.

Jeremiah Clark. Acoustic/Folk/Indie. No cover, 8:30pm at the Voodoo Room in Astoria.

Hip Deep Soul Review. 9pm at the Snug Harbor Bar & Grill in Lincoln City.

HAPPENING

Knappa FFA/Forestry Plant Sale. Noon- 6pm at the Knappa High School Greenhouse.

Mid-May Plant Exchange. 10am – 2pm at the Connie Hansen Garden in Lincoln City.

Howie Mandel. Comedy. \$30 - \$45 at Chinook Winds in Lincoln City.

THEATER

Butterflies Are Free. \$8 - \$20, 8pm at the Coaster Theater in Cannon Beach.

The Whales of August. \$8 - \$12, 8pm at Theater West in Lincoln City.

Saturday 12

MUSIC

Chuck Wilder. Jazz piano. No cover, 6 – 9pm at the Bridgewater Bistro in Astoria.

Acustica World Music. No cover, 7 – 9pm at The Cove @ Night at the Peninsula Golf Course in Long Beach, WA

Whitney Moulton Jazz Quartet. \$12, 7pm at the Lincoln City Cultural Center in Lincoln City.

Left Coast Country. Bluegrass/Country. No cover, 9pm at Hazel's Tavern in Astoria.

Illuminated Donkey. 9pm at the Snug Harbor Bar & Grill in Lincoln City.

Last Call. \$5, 9pm at the San Dune Pub in Manzanita.

Renee Hill Band. 9pm at Roadhouse 101 in Lincoln City.

ART

Astoria's Second Saturday Art Walk. 5 – 9pm downtown Astoria.

CINEMA

Shanghaied Roller Doll Movie Night. Showing the 1979s roller disco classic, “Roller Boogie.” \$5, starts at 9pm at the Columbian Theater in Astoria.

FOOD & DRINK

Pancake Breakfast. \$5 for adults, \$3 for children. 8am – 11am at the Peninsula Senior Activity Center in Klipsan Beach, WA

Wine Tasting. Wines from France. 1 – 4pm at the Cellar on 10th in Astoria

HAPPENING

Knappa FFA/Forestry Plant Sale. Noon- 6pm at the Knappa High School Greenhouse.

Lower Columbia Pug Socializing Club. Pugs and their people meet monthly for fun and socialization. 11am at Carruthers Park in Warrenton.

Annual Plant & Flower Sale. 9am – 1pm at the NCRD gymna ctivities and demonstrations begin at 10:30am at the Tillamook Forest Center on Hwy 6 east of Tillamook. For more information please call 503-815-6800

Mid-May Plant Exchange. 10am – 2pm at the Connie Hansen Garden in Lincoln City.

MUSIC.



Jeremiah Lewis Folk OUT!

WITH LYRICS often referred to as “deeply poignant,” Jeremiah Clark masterfully balances poetry with practicality and has been likened to prodigies like Rufus Wainwright and Tracy Chapman. While his songs usually take on a more serious tone, his performances are refreshingly lighthearted. Come for comedic stories about family, friends and

traveling between tunes. “If you don’t laugh AND cry at some point during the show, I simply have not done my job.”

He released his first cd at age 16, sings queer-pointed songs from the heart, and sings the hell outta them. Don’t miss the boy coming up from the south.

Friday, May 11, 8:30pm at the VooDoo Room in Astoria.

Ezra Holbrook portland folk rock royalty

EZRA HOLBROOK is a keystone of the Portland music scene. Besides playing & singing with most every band and musician of note in the area (he was a founding member of the Decem-berists, for example) he’s also a sought-after producer and engineer.

Saturday, May 19, 7pm, at the new Peninsula Arts Center. 5 blocks north of downtown LB. more info go to peninsulaartscenter.org



Mountain Breathers collaborative folk



MOUNTAIN BREATHERS is the collaborative folk project between California songwriter Chase McBride and Missoula multi-instrumentalist Michael Corson. Based in the mountain town of Missoula, Montana the duo mixes strong harmonies, endearing lyrics, and mature songwriting into a unique style of folk.

Sunday, May 27, Fort George Brewery in Astoria, No Cover.

Sven Frøkjær-Jensen of Denmark Workshop and Public Lecture on the Danish Art Scene at CCC



Charcoal drawing of life model by Sven Frøkjær-Jensen of Denmark

INTERNATIONAL ARTIST Sven Frøkjær-Jensen of Denmark will visit Clatsop Community College for a workshop and public lecture on May 15-16. Selected by juror Jane Beebe to exhibit in the 2011 Au Naturel exhibit from over 800 submissions, Mr. Frøkjær-Jensen was also chosen for a special workshop award from among many outstanding proposals.

Mr. Frøkjær-Jensen will lead a drawing workshop entitled "A Way to Artistic Freedom" at Clatsop Community College from 10am-3pm, TUESDAY, MAY 15. The workshop will be held in the Drawing and Painting Studio of the CCC Art Center, and will introduce participants to theoretical and practical techniques dealing with the creative process, the idea or project as artistic vehicle, and various means to focus one's artistic goals.

The workshop is free to students enrolled in spring term credit courses at CCC, and is also open to the public for a \$20.00 per person fee. Enrollment is limited, so please contact Kristin Shauck, kshauck@clatsopcc.edu or 503-338-2472 for more information, registration and a materials list.

With an approach to making art that has a strong philosophi-

cal edge, he explains that his goal as an artist is "to build a bridge between different worlds of expression, to span the abyss between the diversity of human minds, and to reach out for the sublime." During the workshop, Mr. Frøkjær-Jensen will be sharing aspects of his own creative process, and will take the participants through drawing exercises with the life model in order to discover and explore possible creative avenues which he has found to be "a great source of joy and understanding."

On WEDNESDAY, MAY 16 at 7pm in Room 115 of the CCC Art Center, 1799 Lexington Avenue, Astoria, Mr. Frøkjær-Jensen will give a lecture on the Danish art scene. This lecture will include historical background as well as a discussion of the most current trends in Scandinavia. The lecture is free and open to the public.

Mr. Frøkjær-Jensen has exhibited widely throughout Europe as well as across the U.S. He has also been awarded grants to travel and study Byzantine painting and art in Bali, and he holds Master's degrees in both religion and history from the University of Copenhagen. His work may be viewed online on his website at www.svenfroekjaer.com.

My Sparkly Pagoda at CARGO in Astoria



CARGO, FUNKY-FAB import store in Astoria features "My Sparkly Pagoda" original new works by Portland artist, Kathy Brock. Brock's small collages are compiled of watercolours, international stamps and post-cards from her world travels. For Astoria's 2nd Saturday Art Walk. May 12, 5 – 9pm. CARGO is located at 240 11th St. in Astoria.



Barbara Mallon: Encaustic Technique Exhibit and Workshop at Trails End June 2

LONG BEACH Artist Barbara Mallon will be on hand at Trails End Art Association on Saturday, June 2nd, from 3:00 – 6:00 PM during the First Saturday Art Walk demonstrating her encaustic and mixed media techniques. Encaustic is a painting done with heated, colored beeswax. She'll demonstrate basic forms such as tulips - and show the versatility of layering and working with wax on several panels and show how the process lends itself to both realistic and abstract pieces.

In addition, Mallon has been named "Artist of the Month" for June at Trails End and will have 15 encaustic paintings on exhibit.

The Encaustic process dates back to ancient Egypt and can be seen in lifelike facial images on sarcophaguses, as well as other

artwork treasures. Mallon says that along with beeswax and pigments, she likes to incorporate foils, beads, and other collage materials into her work. "What's so good about encaustic is you can imbue a variety of different types of material into the work, as you move forward," she says. She sometimes uses materials that give a "see-through" effect using five or more layers.

Mallon will be offering an Encaustic Workshop at Trails End

Art Association on Friday and Saturday, August 17 and 18 from 9:30AM – 3:30 PM both days. Check the Trails End website for further details.

Trails End Art Association is located in a historic schoolhouse setting at 656 Avenue A in Gearhart. A different grouping of artists' work is changed monthly and a preview of work can be viewed at the website: TRAILSENDART.ORG. For more information, please call 503 717 9458.

Cannon Beach Spring Unveiling

May 4 - 6

Every Spring the members of the Cannon Beach Gallery Group look forward to the weekend when they unveil the newest work by their featured artists.

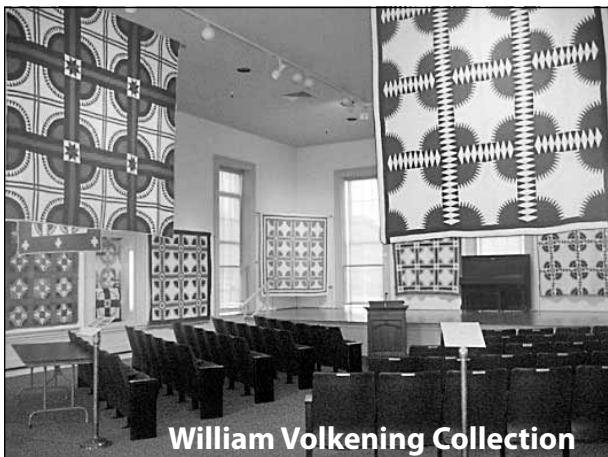
This has become one of the most anticipated annual arts events in Oregon, because it gives the art lover an opportunity to meet the artists, watch many of them at work, attend the receptions, enjoy a wide variety of food and music... and take in everything this postcard-perfect town, nestled between the wild Pacific Ocean and the coastal mountains, has to offer. For a complete listing of featured artists at galleries go to: www.cannon-beach.net/springunveiling

Whitebird Gallery

Glass artist JOSHUA RODINE is one of numerous artists featured at the Whitebird Gallery for Spring Unveiling. Delicate glass sculptures and elegant vessels, Rodine's fine glasswork is created with the flamework method allowing the artist to achieve much more detail and control than traditional glassblowing. Rodine's motifs exemplify the organic beauty of the natural world, with patterns, textures and colors that explore the human relationship to our planet.

Whitebird Gallery is located at 251 N. Hemlock in Cannon Beach





William Volkening Collection

Tidal Treasures Tillamook County Quilt and Fiber Arts Festival May 26 - 27

LATIMER QUILT and Textile Center and the Tillamook County Quilters are proud to present Tidal Treasures, the 2012 Tillamook County Quilt and Fiber Arts Festival. The show will be held Memorial Day weekend, May 26 and 27, 10am to 4pm each day at the Tillamook County Fairgrounds, 4603 3rd Street, Tillamook, OR, 97141. Admission is \$5.00 per person.

This year's featured speaker is William Volkening. Volkening studied art and photography at the Rhode Island School of Design, the School of Visual Arts, New York University and the International Center of Photography. Over the last 20 years he has built a world class collection of antique and vintage American quilts. The Volkening Collection is a private collection of approximately 60 objects with a focus on the pattern widely known as New York Beauty. Works from the collection have been published and exhibited around the world.

Art for Music AMF Artists

THE ASTORIA Music Festival participates in 2nd Saturday ART WALK on May 12, 5-9pm. Artists showing their work include David Myers, Normandie Hand, Dwight Caswell, Marga Stanley, Thron Riggs, Carol Smith, Sue Beeman, Sylvia Davis, Gin Laughery, Ellen Zimet, Nancy Karacand, and more! All these artists have been AMF volunteers.

The exhibit includes paintings, photography, jewelry, cards, and fabric art. While enjoying the show, purchase your opera and concert tickets to the 10th Anniversary Astoria Music Festival

The Quilt and Fiber Arts Festival will feature demonstrations of rug hooking, beading, spinning and weaving by local artists. There will be a variety of vender booths selling yarns and fibers, fabrics, books and much more. Food service will be catered by Katie Maffin.

Latimer Quilt and Textile Center offers exhibits of antique and contemporary quilts, weaving and spinning demonstrations, as well as instruction in various textile arts. The Center hosts meetings for several fiber arts groups. There is a research library for on site use, a climate controlled textile repository and a gift shop with hand made items, books and vintage and hand-dyed fabric.

The Latimer Quilt and Textile Center is located at 2105 Wilson River Loop Road. Summer hours April – October Monday – Saturday 10-5pm, and Sunday 12-4pm. Admission \$3.

which includes Bellini's Norma, Elizabeth Pitcairn and the legendary Red Violin, an all-Brahms program, Sergey Antonov from Russia with cello, a Viennese matinee, The Magic Flute, the Goldberg Variations, Portland Baroque Orchestra - Bach at the Brewery, and much, much more.

See the AMF website (Astoriainmusicfestival.org) for concert info or come into the office for a brochure. Refreshments and classical music, of course, are part of the eve. The AMF office/gallery is located at 1271 Commercial St. 503 325 9896.

Howie Mandel. Comedy. \$30 - \$45 at Chinook Winds in Lincoln City.

LECTURE

My Favorite Plants for the Coastal Garden. With Master Gardener Carla Albright. Free, 1pm at the Tillamook Library.

LITERARY

Author Appearance. Kevin O'Brien will read from his book "Disturbed". Free, 2pm at the Cannon Beach Library.

OUTSIDE

Rockaway Beach Kite Festival. At the Rockaway Beach Wayside. Bring your kite and enjoy the festival. For more information contact Rockaway Beach Chamber, 503-355-8108

THEATER

McManus Comedies. Poor Again Dagnabit. \$12, 2pm at the historic Raymond Theater in Raymond, WA

Tim Hawkins Live Comedy. \$21 - \$31 (buy tickets at timhawkins.net), 7pm at the North Coast Family Fellowship in Seaside.

Butterflies Are Free. \$8 - \$20, 8pm at the Coaster Theater in Cannon Beach.

The Whales of August. \$8 - \$12, 8pm at Theater West in Lincoln City.

Sunday 13

MUSIC

Brownsmead Flats. Americana. Free, 10am – 3pm at the Astoria Sunday Market.

Tom Trudell. Jazz piano. No cover, 11:30am at the Bridgewater Bistro in Astoria.

Athens Guitar Trio. Classical chamber music. \$25, 3pm at the Camp Winema Chapel north of Neskowin.

Will West & The Friendly Strangers. Folk/Roots/Americana. No cover. 8pm at Fort George Brewery & Public House in Astoria.

Sloan & Friends. 8:30pm at Snug Harbor Bar & Grill in Lincoln City.

HAPPENING

Annual Plant & Flower Sale. 9am – 1pm at the NCRD gymnasium in Nehalem.

OUTSIDE

Rockaway Beach Kite Festival. At the Rockaway Beach Wayside. Bring your kite and enjoy the festival. For more information contact Rockaway Beach Chamber, 503-355-8108

THEATER

McManus Comedies. A Fine & Pleasant Misery. \$12, 2pm at the historic Raymond Theater in Raymond, WA

Butterflies Are Free. \$8 - \$20, 3pm at the Coaster Theater in Cannon Beach.

Tuesday 15

MUSIC

North Oregon Coast Symphony Concert. "French Connection." \$10, 7pm at the North Coast Family Fellowship in Seaside.

Open Jam. Hosted by One Way Out. 8:30pm at Snug Harbor Bar & Grill in Lincoln City.

LECTURE

Coastal Encounters. Dave Newton, Director of the Whale Watch Center in Depoe Bay will give a presentation on whales of the Oregon Coast. Free, 6:30pm at the Driftwood Public Library in Lincoln City.

Wednesday 16

MUSIC

Open Mic Night. All acts welcome. 5 – 7pm at the Three Cups Coffeehouse in Astoria.

Open Mic Night. Hosted by Ann Tierney. All levels welcome. 5 – 7pm at Wheelhouse Coffee Company in Astoria.

HAPPENING

Open Mic. All Acts are welcome. No cover, 5 – 7pm at the Three Cups Coffeehouse in Astoria.

LECTURE

Sven Frøkjær-Jensen. Frøkjær-Jensen will give a lecture on the Danish art scene. This lecture will include historical background as well as a discussion of the most current trends in Scandinavia. The lecture is free and open to the public. 7pm at Rm 113 in the CCC Art Center in Astoria.

Thursday 17

MUSIC

Steve Sloan. 8pm at Roadhouse 101 in Lincoln City.

FOOD & DRINK

Fundraising Dinner. \$7 for adults and \$5 for children includes. 5 - 6:30pm at the Peninsula Senior Activity Center in Klipsan Beach, WA

LECTURE

I Dig Your Bones: Adventures in Forensic Anthropology. With Dr. Nici Vance provides a glimpse into the life of bones, bodies, and biological anthropology as she explains how skeletal remains are discovered, recovered, and analyzed for identification purposes. Free, 7pm at the Seaside Library.

THEATER

Butterflies Are Free. \$8 - \$20, 8pm at the Coaster Theater in Cannon Beach.

The Whales of August. \$8 - \$12, 8pm at Theater West in Lincoln City.

Friday 18

MUSIC

Wilho Saari. Traditional Finnish kantele music. Free, 5 – 7pm at the Columbia Pacific Heritage Museum in Ilwaco, WA

Chuck Wilder. Jazz piano. No cover, 6 – 9pm at the Bridgewater Bistro in Astoria.

Cappella Romana. Ensemble of Byzantine music. \$16 - \$22, 7pm at the Lincoln City Cultural Center.

Eric John Kaiser. Acoustic/Classic Rock/Pop. CD release party. No cover, 7pm at McMenamins Sand Trap in Gearhart.

Lincoln City Community Chorus Spring Concert. "Great American Musical." 7pm Chapel by the Sea in Lincoln City.

North Oregon Coast Symphony Concert. "French Connection." \$10, 7pm at the PAC in Astoria.

Sonny Hess. 9pm at Roadhouse 101 in Lincoln City.

ART

Opening Reception. Working with Tradition: Folk Artists of Washington State. 5 – 7pm at the Columbia Pacific Heritage Museum in Ilwaco, WA. Exhibit runs through July 29.

HAPPENING

North Oregon Coast Law Enforcement & Tilla-Wheels Annual Cruise In. 6 - 10pm in downtown Tillamook.

OUTSIDE

Superintendent's Revenge Golf Tournament. \$55/player (cart rental is \$15/ player). 1pm shotgun start at the Gearhart Hotel.

Manzanita Open Golf Tournament.

At the Manzanita Golf Course. For more information contact the Nehalem Bay Area Chamber at 877-368-5100.

THEATER

In New Light. An evening of one act plays and other events. \$8 for singles, \$12 for couples. 7:30pm at the ASOC playhouse in Astoria.

Butterflies Are Free. \$8 - \$20, 8pm at the Coaster Theater in Cannon Beach.

Saturday 19

MUSIC

Lincoln City Community Chorus Spring Concert. "Great American Musical." 2pm Chapel by the Sea in Lincoln City.

David Drury. Jazz guitar. No cover, 6 – 9pm at the Bridgewater Bistro in Astoria.

Whitney Moulton Jazz Quartet. \$12, 7pm at the Lincoln City Cultural Center.

Lloyd Jones. 9pm at Roadhouse 101 in Lincoln City.

The Ocean. 9pm at the Snug Harbor Bar & Grill in Lincoln City.

Volifonix. Funk/Psychedellic/Rock. \$5, 9pm at the San Dune Pub in Manzanita.

ART

Artist's Reception. Enjoy the work of 35 artists at the 2nd Anniversary celebration, 2 - 5pm at Wild Rain Gallery in Tillamook.

FOOD & DRINK

Wine Tasting. Turley. 1 – 4pm at the Cellar on 10th in Astoria

Winemaker's Dinner. Turley. Reservations required, 6pm at the Cellar on 10th in Astoria. 503-325-6600

HAPPENING

United Paws Monthly Adoption Day. This is a great time to stop in and see all the kittens, cats and dogs that need new forever homes. Noon – 3pm at the Tillamook County Fairgrounds.

North Oregon Coast Law Enforcement & Tilla-Wheels Show & Shine. Starts at 8am in front of the Tillamook Area Chamber of Commerce.

Mutt Masters Dog Show & Olympics.

Dog competitions for all breeds, sizes and ages, doggie vendors, prizes and more. \$3/ dog per event fee or \$25/dog for unlimited entries. Spectator admission \$5 or donation of one bag of pet food. Starts at 11am at 1545 SE 50th Street in Lincoln City.

Oregon Coast Soap Box Derby Rally Race. On NE 22nd near the Elks Lodge in Lincoln City. 541-921-8406.

LITERARY

Nye Beach Writer's Series. Author Elizabeth Eslami will read from her latest novel "Bone Worship". Q&A and Open Mic session follow. \$6, 7pm at the Newport Visual Arts Center.

OUTSIDE

Surf Perch Derby. Compete for prizes. \$30 registration fee includes breakfast. Register at the booth at the Bolstad Beach approach in Long Beach, WA from 5:30 – 8am, breakfast from 6 – 11am, weigh in from 2 – 3pm. Fish on any beach on the Long Beach Peninsula. surfperchderby.com

Manzanita Open Golf Tournament.

At the Manzanita Golf Course. For more

information contact the Nehalem Bay Area Chamber at 877-368-5100.

Reach the Beach. A cycling event ending at Pacific City. FMI and to register, go to action.lung.org/site/TR/Bike/ALAMP_Mountain_Pacific?pg=entry&fr_id=5060

THEATER

In New Light. An evening of one act plays and other events. \$8 for singles, \$12 for couples. 7:30pm at the ASOC playhouse in Astoria.

Butterflies Are Free. \$8 - \$20, 8pm at the Coaster Theater in Cannon Beach.

The Whales of August. \$8 - \$12, 8pm at Theater West in Lincoln City.

Sunday 20

MUSIC

Columbia Crew. Free, 10am – 3pm at the Astoria Sunday Market.

Chuck Wilder. Jazz piano. No cover, 11:30pm at the Bridgewater Bistro in Astoria.

Harry James Orchestra. Swing/Big Band. \$25 - \$30, 3pm at the Don Whitney Auditorium in Tillamook.

North Oregon Coast Symphony Concert. "French Connection." \$10, 3pm at the Rockaway Beach Community Church.

Lone Madrone. Folk Rock/Roots Music/ Western Swing. No cover. 8pm at Fort George Brewery & Public House in Astoria.

FOOD & DRINK

Pancake Breakfast. All-you-can-eat for \$5, 8am – noon at the Bay City Arts Center.

Cannon Beach American Legion Breakfast. \$7 adults, \$3 children under 6. 9 – 11:30am at the American Legion Hall in Cannon Beach.

Forager's Feast. Join Chef Chris Holen of Baked Alaska Restaurant as he sends you on a culinary journey through Astoria Sunday Market to find a prized collection of ingredients for a special Sunday meal prepared at Mise En Place in Astoria. Cost is \$45 per person. To make reservations call Mise En Place Kitchenware at 503-325-7414 or stop by and sign up in person.

Chef's Night Out. More than 20 chefs from Cannon Beach and surrounding communities will be showcasing their specialties. \$40 per person, 6 – 8pm at location TBA in Cannon Beach. FMI 503-436-1040

LECTURE

Coastal Think Tank. Marking Our Territory: How to Read Local Landscapes. With Reiko Hillyer One of the most persistent ways people exert power over others is to control access to space. Drawing upon the fields of architecture, environmental studies, urban design, and public policy, this discussion will pose the following questions: How do we mark our territory? How do the built environments we create reflect our values and aspirations? Whom do we include and exclude in the process? Touching on gentrification, the decline of public space, historic preservation, residential segregation, and suburban sprawl. \$5, 2 – 4pm, location in Tillamook County TBA. Call 503-965-2244

HAPPENING

Oregon Coast Soap Box Derby Rally Race. On NE 22nd near the Elks Lodge in Lincoln City. 541-921-8406.

OUTSIDE

Manzanita Open Golf Tournament. At the Manzanita Golf Course. For more in-

Friday

MUSIC
Bill Hayes. Rock/Folk/Bluegrass. No cover, 5 – 8pm at the Cannon Beach Cookie Company.
Tom Trudell. Jazz piano. No cover, 6– 9pm at the Shelburne Restaurant & Pub in Seaview, WA.
Asleep at the Switch. Blues, Country, 40’s, & 50’s. Free (donations accepted), 6 – 8pm at the City Hall in Garibaldi.
Thomasian Trio & Maggie Kitson. Blues/Classic Rock. No cover, 6pm at Sweet Basil’s Café in Cannon Beach.

Saturday

MUSIC
Musician's Jam. Free, 2 – 4pm at the Tillamook Library.
Jennifer Goodenberger. Classical/Improvisational/Contemporary piano music. No cover, 6pm at the Shelburne Restaurant in Seaview, WA
The Honky Tonk Cowboys. Country. No cover, 7 – 10p at the Astoria Moose Lodge.

FOOD & DRINK
Wine Tasting Special. \$9 for 4 2-oz pours + complimentary appetizers. 4 – 6pm at the Wine Bar at Sweet Basil’s Café in Cannon Beach.

Sunday

MUSIC
All That Jazz. Jazz. No cover (donations accepted). 2pm at the Wet Dog Café in Astoria.
North Coast Country Band. No cover, 3 – 6pm at the Astoria Moose Lodge.
Brian Johnstone, Flamenco/Jazz/Blues. 5 – 7pm at the Wine Bar at Sweet Basil's Café in Cannon Beach.

Monday

HAPPENING
Burgers & Jam Session. 6 – 9pm at the American Legion hall in Cannon Beach.
Tuesday
MUSIC
Richard T. Blues. No cover, 5:30 – 8:30pm at T Paul’s Supper Club in Astoria.
Brian O’Connor. Jazz guitar. No cover, 6pm at the Shelburne Inn in Seaview, WA
Salty Dogs. Folk/Blues/Classic Rock. No cover, 6:30pm at the U Street Pub in Seaside.

Wednesday

MUSIC
Salty Dogs. Folk/Blues/Classic Rock. No cover, 6pm at the Rio Café in Astoria,
Dan Golden. World Music. 7:30 – 10:30pm at McKeown’s Restaurant & Bar in Seaside.
Suzanne Knutzen. Piano. No cover, 7 – 8pm at the Shelburne Restaurant & Pub in Seaview, WA
HAPPENING
Ecstatic Dance. Spirit-filled, freestyle, yogic trance dance. \$5 - \$7, 6:30 – 7:45pm, at Pine Grove Community House in Manzanita

Thursday

MUSIC
Live Music. No cover, 6pm at U Street Pub in Seaside.
The Thomasian Trio. Jazz/Blues/Classic Rock. No cover, 6pm at Twisted Fish Steak-house in Seaside.
Basin Street NW. Jazz. No cover, 6:30pm at the Bridgewater Bistro in Astoria.
Randy Weese. Bluegrass/Country. 6:30 – 9pm at the Wine Bar at Sweet Basil’s Café in Cannon Beach.
Jam Session. No cover, 7pm at the Triangle Tavern in Astoria.
Jim Wilkins. 7pm at the Voodoo Room in Astoria.
Salty Dogs. Folk/Blues/Classic Rock. No cover, 9pm at Sam’s Seaside Café in Seaside.

ART
Knitting/Spinning Group. 3 – 5pm at the Astoria Fiber Arts Academy.
HAPPENING
Poet & Songwriters Circle. If you are interested in writing poetry/songs, please drop in and join the group. 7pm at the Bay City Arts Center.
Poetry Open Mike. No cover, 8:30pm at the Wine Bar at Sweet Basil’s Café in Cannon Beach.

formation contact the Nehalem Bay Area Chamber at 877-368-5100.

Monday 21

FOOD & DRINK
Ice Cream Social. The public is invited for cake & ice cream + birthday celebration. \$1 suggested donation, free if it’s your birthday month. 2pm at the Peninsula Senior Activity Center in Klipsan Beach, WA

Tuesday 22

LECTURE
Coastal Encounters. Local author Bill Lackner will do a presentation on clamming on the Oregon Coast. Free, 6pm at the Driftwood Public Library in Lincoln City.

Wednesday 23

LITERARY
Local Author Showcase. Local authors will read from their works, published or in progress. All genres welcome, including playwriting and songwriting. Free, 6pm at Old Towne Trading Post in Ilwaco, WA

OUTSIDE
CDAO Clam Clinic. Bill Lackner will lead a hands-on clinic on clam digging in Siletz Bay. The clinic begins at 9AM in the gravel pullout north of the Bayhouse Restaurant in Lincoln City. Participants will dig limits of purple varnish and bay clams. Free.

Thursday 24

MUSIC
The Ocean. 8pm at Roadhouse 101 in Lincoln City.

LITERARY
Author Appearance. CL Kraemer will read from “Shattered Tomorrows”. Free, 7pm at the Seaside Library.

THEATER
The Whales of August. \$8 - \$12, 8pm at Theater West in Lincoln City.

Friday 25

MUSIC
David Drury. Jazz guitar. No cover, 6 – 9pm at the Bridgewater Bistro in Astoria.
Country Music Jam. Free, 7 – 9pm at the Wickiup Senior Center in Svensen.
Naomi Hooley & Rob Stroup. Acoustic/Alternative/Folk. No cover, 6pm at McMenamins Sand Trap in Gearhart.
Celebrate with Beth Willis. Blues/Rock. \$7, 7pm at the Cannon Beach History Center.
Freak Mountain Ramblers. Americana/ Rock/Rockabilly. No cover, 7pm at McMenamins Sand Trap in Gearhart.
Garage Band Blues. 9pm at Roadhouse 101 in Lincoln City.
The Quick & Easy Boys. Other. \$5, 9pm at the San Dune Pub in Manzanita.

HAPPENING
World’s Longest Garage Sale. Grab a copy of the local paper or just follow the signs. All along the Long Beach Peninsula, WA

THEATER
Peter and the Wolf. Ballet. \$10, 7pm at the Liberty Theater in Astoria.
Never Kiss a Naughty Nanny. Comedy. 7pm at the Bam Community Playhouse in Tillamook. Call 503-842-7940 for tickets and more information.



Renegade Stringband

RENEGADE STRINGBAND is a hard driving bluegrass quintet based in Portland, Oregon. The band formed in 2010, meeting through the Portland music scene and Lewis & Clark College. Mandolin, banjo, bass, guitar, and three-part harmony fuse to form the band’s soulful, exuberant sound. Their repertoire runs the gamut from finely-honed originals to covers of songs by the Black Keys, Woody Guthrie, Tom Waits, and Ella Fitzgerald.
In 2010, the band toured the West Coast, delighting audiences everywhere from the NW Folklife Festival in Seattle to the Soho in Santa Barbara, CA. They kicked off 2011 with a sold out show at Portland’s Laurelhirst, and followed it up with a performance at the High Dive that the Seattle Observer reviewed, saying that the band “trades instrumental solos like a jazz sextet.” The band headed into the studio in March to record their original songs. April starts their next tour of the West Coast.
Friday, June 1, Hazel’s Tavern in Astoria, 9pm NO cover. A part of the Tenor Guitar Gathering.

In New Light. An evening of one act plays and other events. \$8 for singles, \$12 for couples. 7:30pm at the ASOC playhouse in Astoria.

Butterflies Are Free. \$8 - \$20, 8pm at the Coaster Theater in Cannon Beach.

The Whales of August. \$8 - \$12, 8pm at Theater West in Lincoln City.

Saturday 26

MUSIC
Troll Radio Revue. Americana. \$2 for adults, free for children. 11am – noon at the PAC in Astoria.

Seaside Guitarfest 2012. A showcase of many styles of guitar music, ancient to modern jazz. \$20 per family or individual for the entire day, or \$5 per family or individual for single performance. 10am – 5pm at Our Savior’s Lutheran Church in Seaside. Schedule at seasidechamber.com/Events/details/seaside-guitar-fest-2012

Memorial Weekend Blues Festival. Live music & BBQ. \$5 admission, 6 – 10pm at the Nehalem Bay Winery.

Naomi Hooley & Rob Stroup. Acoustic/Alternative/Folk. No cover, 6pm at McMenamins Sand Trap in Gearhart.

The Quick & Easy Boys. Other. No cover, 7pm at McMenamins Sand Trap in Gearhart.

Torch & Swing. 7pm at the Italian Riviera in Lincoln City.

Karoke from Hell. \$5, 9pm at the San Dune Pub in Manzanita.

The Strange Tones. 9pm at Roadhouse 101 in Lincoln City.

ART
Tidal Treasures Quilt & Fiber Festival. Demonstrations, speakers, & catering. \$5, 10am – 4pm at the Tillamook County Fairgrounds.

FOOD & DRINK
Pancake Breakfast. \$5, 8 – 11am at the Peninsula Activity & senior Center in Klipsan Beach, WA

Wine Tasting. 9th Anniversary Celebration. 1 – 4pm at the Cellar on 10th in Astoria

HAPPENING
World’s Longest Garage Sale. Grab a copy of the local paper or just follow the signs. All along the Long Beach Peninsula, WA
Tillamook County Master Gardener Association Plant Sale. 9am – 2pm at the Tillamook County Fairgrounds.

LECTURE
Oregon Humanities Conversation Project. Uniquely Oregon: Native American Arts in Oregon. With Tracy Prince. 1pm at the Tillamook County Pioneer Museum in Tillamook.

LITERARY
Manzanita Library Book Sale. 9am – 4pm at the Pine Grove Community Center and at the Hoffman Center Annex in Manzanita.

OUTSIDE
Gearhart Hotel Grand Opening Golf Tournament. \$90/player in advance, must register by May 11. 8am shotgun start at the Gearhart Hotel.

THEATER
Never Kiss a Naughty Nanny. Comedy. 7pm at the Barn Community Playhouse in Tillamook. Call 503-842-7940 for tickets and more information.

In New Light. An evening of one act plays and other events. \$8 for singles, \$12 for couples. 7:30pm at the ASOC playhouse in Astoria.

Butterflies Are Free. \$8 - \$20, 8pm at the Coaster Theater in Cannon Beach.

The Whales of August. \$8 - \$12, 8pm at Theater West in Lincoln City.

Sunday 27

MUSIC
Richie & The Catillacs. Free, 10am – 3pm at the Astoria Sunday Market.

Brownish Black. Garage/R&B/Soul. No cover, 7pm at McMenamins Sand Trap in Gearhart.

Mountain Breather. Indie. No cover. 8pm at Fort George Brewery & Public House in Astoria.

Jacob Merlin Band. 9pm at Roadhouse 101 in Lincoln City.

ART
Tidal Treasures Quilt & Fiber Festival. Demonstrations, speakers, & catering. \$5, 10am – 4pm at the Tillamook County Fairgrounds.

FOOD & DRINK
Garibaldi Lions Fish Fry. \$10 for adults, kids 10 and under \$5. Noon 5pm at the Old Mill Marina in Garibaldi.

HAPPENING
World’s Longest Garage Sale. Grab a copy of the local paper or just follow the signs. All along the Long Beach Peninsula, WA

PNPW Pro Wrestling. \$10, 5 – 8pm at the Astoria Event Center

THEATER
Never Kiss a Naughty Nanny. Comedy. 7pm at the Barn Community Playhouse in Tillamook. Call 503-842-7940 for tickets and more information.

Butterflies Are Free. \$8 - \$20, 8pm at the Coaster Theater in Cannon Beach.

Monday 28

HAPPENING
World’s Longest Garage Sale. Grab a copy of the local paper or just follow the signs. All along the Long Beach Peninsula, WA

Tuesday 29

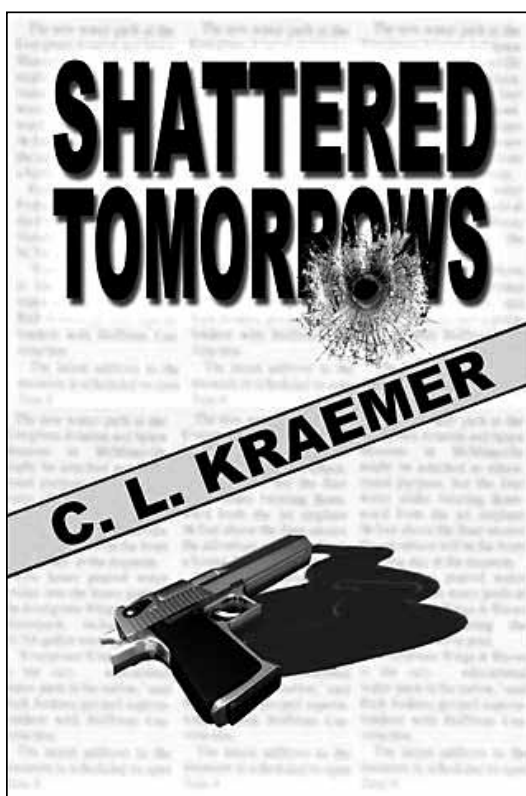
LITERARY
Coastal Encounters. Author Matt Love will talk about his latest book “Sometimes a Great Movie: Paul Newman, Ken Kesey and the Filming of the Great Oregon Novel”. Free, 6:30pm at the Driftwood Public Library in Lincoln City.

Wednesday 30

LITERARY
Local Author Showcase. Writers and friends are invited to come share and listen to original works being read by local authors. Free, 6 – 8pm at Olde Towne Trading Post in Ilwaco, WA

Thursday 31

MUSIC
Tenor Guitar Gathering. Celebrate the beautiful music of tenor guitars at a variety of events and venues (most in Astoria). FMI and schedule at tenorguitar-gathering.com/fr_home.cfm
The Wanderers. No cover, 7pm at McMenamins Sand Trap in Gearhart.



C.L. Kraemer: *Shattered Tomorrows* At Seaside Public Library

THE FRIENDS of the Seaside Library welcome C.L. Kraemer author of "Shattered Tomorrows". The event will take place in the Community Room on May 24, at 7pm and there will be book sales, signings, and refreshments will be served.

On May 7, 1981, at 10:25 p.m. at the Oregon Museum Tavern, in Salem Oregon, a gunman entered and opened fire on the patrons. At the end of his ten minute spree, three were dead, 20 wounded and a fourth died on the way to the hospital. This true life event is the setting for C. L. Kraemer's novel "Shattered Tomorrows." In the book, Lucy Daniels has suppressed a thirty year old memory but a visit with an old friend from her past shakes up the thoughts surrounding the May 7, 1981 shooting at the Oregon Museum Tavern. Lucy's friend pushes her to recall the memory and learns about an incident that changed not only Lucy's life, but everyone in the town.

C.L. Kraemer is the author of five books and the story in "Shattered Tomorrows" is so poignant for her because in real life she had been in the Oregon Museum Tavern 15 minutes before the shooting. Her spontaneous decision to leave possibly saved her life.

Seaside Public Library is located at 1131 Broadway. For more information call (503) 738-6742 or visit us at www.seasidelibrary.org and www.facebook.com/seasidepubliclibrary

SUMMER IN WORDS Writing Conference June 15-17, 2012 in Cannon Beach, Oregon

WRITERS OF all levels will have an opportunity to learn from some of the best in their field at the annual Summer in Words Writing Conference, June 15-17, 2012 in Cannon Beach, Oregon.

Best-selling author CHELSEA CAIN will headline the roster for the 5th annual Summer In Words Writers Conference at the Hallmark Inn & Resort in Cannon Beach, Oregon. A full weekend of workshops, lectures, panels and individual consults will inspire writers at all levels. The theme for this year's conference is *Refinement, Resonance & Renewal*. SIW provides aspiring and established writers the opportunity to hone their writing skills, hear inspiring advice, and network with fellow writers. Cost for all three days is \$265.00; single day pricing is also available.

This year's conference kicks off Friday morning, June 15th with workshops taught by Jessica Morrell, Bruce Holland Rogers and Naseem Rahka. Friday's workshops will be followed by a reception and book signing with books from Cloud & Leaf Bookstore and a talk by Sage Cohen. Saturday features workshops by Jessica Glenn, Sage Cohen, and Cathy Lamb and a luncheon and keynote by Chelsea Cain. Saturday night is Out Loud, a chance for participants to read from a work in process. Sunday morning includes a workshop by Jessica Morrell, Cathy Lamb describ-

ing her road to best sellerdom, and a Q & A on Risk It to Get Published.

Conference founder Jessica Morrell said, "We are excited to celebrate the fifth year of Summer in Words with such a stellar line up of speakers and workshops. I'm especially looking forward to Chelsea's talk on how to murder for money. Of course, she's talking about writing her thriller series. This year's workshops and talks will give writers a big advantage in today's ever-changing publishing landscape."

Both beginning and established writers are invited to attend the conference. SIW will also feature a raffle with proceeds going to Write Around Portland, an organization that helps people transform their lives through writing and the Hoffman Center a facility that provides arts in Manzanita.

The registration fee of \$265 covers tuition for the three-day conference, Friday night's reception, Saturday lunch and keynote, and light breakfasts each morning. Friday night's Writer's Reception and the Saturday lunch and keynote are \$25.

For the complete schedule or any information or to register, contact conference coordinator Jessica Morrell at 503 287-2150 or jessicapage@spiritone.com or conference assistant Mary Drew at mary.drw@gmail.com



Naseem Rahka, Author of THE CRYING TREE, is one of numerous best selling authors to present workshops in this years SIW writing conference.

Registrations can be mailed to Summer in Words, P.O. Box 820141, Portland, OR 97282-1141.

I Dig Your Bones: Adventures in Forensic Anthropology Dr. Nici Vance at Seaside Library

ON THURSDAY May 17, 7pm, Seaside Library will welcome Forensic Scientist, Dr. Veronica "Nici" Vance, presenting "I dig Your Bones: Adventures in Forensic Anthropology". The event will take place in the Community and refreshments will be served.

What happens when mysterious human remains are found in the woods? How are bodies identified, even after death and decomposition? Dr. Nici Vance provides a

glimpse into the life of bones, bodies, and biological anthropology as she explains how skeletal remains are discovered, recovered, and analyzed for identification purposes. Four years ago there were 60 unidentified remains at the Oregon medical examiner's office. The oldest had been on a shelf since 1968. Through her love of anthropology, dogged work and the science of DNA, Vance has identi-

fied the remains of 12 of the people. "Everybody wants to know where these bones go." She says. "These bones are somebody's loved one."

Dr. Vance is a Forensic Scientist for the Oregon State Police Forensic Lab and the State Forensic Anthro-



pologist for the Oregon State Medical Examiner's Office. She has a PhD in anatomy and analyzes biological evidence from homicides, assaults and other high profile cases.

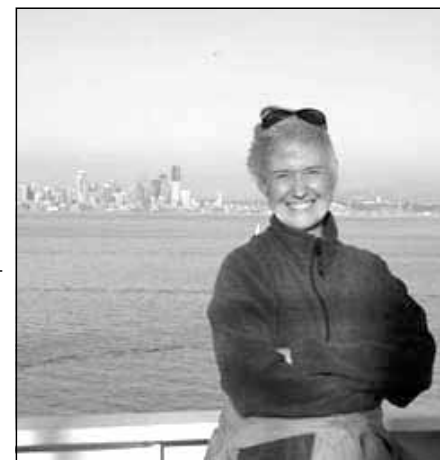
The Seaside Public Library is located at 1131 Broadway, across from the Swimming Pool. For more information call (503) 738-6742 or visit us at www.seasidelibrary.org and www.facebook.com/seasidepubliclibrary

Joanne Rideout Ship Report LIVE! at the Cannon Beach History Center

COAST COMMUNITY

Radio's Joanne Rideout will be making a rare appearance at the Cannon Beach History Center & Museum on Wednesday May 9 at 7pm. The KMUN Station manager and host of Ship Report, Rideout will be sharing photos and stories from time spent at sea aboard a bulk carrier in 2010. Come get your Ship Report live and in person!

Prior to moving to the coast Rideout lived in the desert of Southwest on Navajo and Hopi Reservations. She worked as an editor of the Hopi Tribe's local newspaper; she also covered news for the Associated Press. Rideout also spent



time as a freelance journalist contributing to several national publications, such as the Environmental Magazine, Family Circle, and Oxygen Magazine.

CB History Center is located at 1387 S. Spruce St, 503.436.9301.

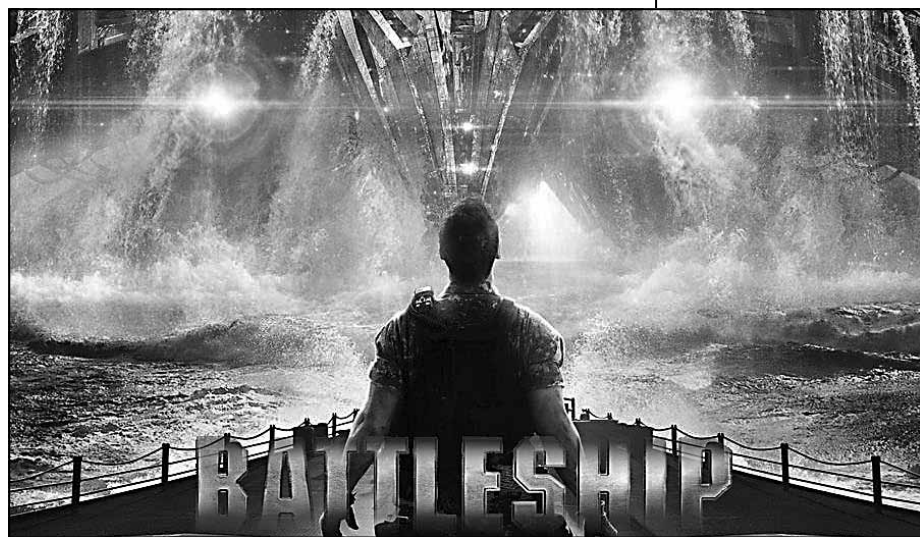
DARK SHADOWS (May 11) Star Johnny Depp had long been a fan of the '60s vampire soap opera and spoke about turning it into a movie for 10 years. Enlisting his frequent collaborator Tim Burton, Depp was finally successful, but the movie is very different from the play-it-straight TV series. Enlisting screenwriter Seth Grahame-Smith, famous for single-handedly creating the mashup genre with his books *Pride & Prejudice* and *Zombies* and *Abraham Lincoln: Vampire Hunter*, Burton has created a super-campy

in the ocean nearby. Three destroyers, including Hopper's, are sent to the site. With Hopper investigating on a small boat, the aliens attack and destroy two destroyers, damaging Hopper's. When Hopper reboards, he finds himself in command, the senior officers having been killed. With an



retro horror comedy much like *Beetlejuice*. After 18th century playboy Barnabas Collins (Depp) breaks the heart of witch Angelique Bouchard (Eva Green), she runs him into a vampire and buries him alive. In 1972 Barnabas is set free to find Collinwood Mansion in ruins with his dysfunctional descendants to blame. Barnabas sets out to restore the family fortune, but his old nemesis Angelique returns. Burton and Depp have a ball mixing very old world Barnabas and kitschy '70s clothes and music.

BATTLESHIP (May 18) When toy giant Hasbro announced deals to license its products to the movie studios, critics laughed. How can you make movies from games and toys with no story? Five years and three movies later, *Transformers* is one of the biggest franchises in movie history. The second movie *G.I. Joe* movie is about to be released, and now Universal is releasing the \$200M *Battleship* (based on the board game.) Royal screwup Alex Hopper (Taylor Kitsch) finds himself an officer onboard a destroyer in the Pacific Fleet in Hawaii. Attracted by a NASA signal, 3 alien spacecraft land



alien force field making radar and sonar useless, Hopper fights a hide-and-seek night battle with the aliens, destroying two of their ships. With his ship destroyed, Hopper's last chance to sink the final alien craft and prevent a larger invasion is to use the only ship available – the U.S.S. Missouri. Unusually released overseas first, *Battleship* is already a hit.

WHAT TO EXPECT WHEN YOU'RE EXPECTING (May 18) The axiom in the movie business that certain genres are gender-driven. Action and horror are for men – young men. Gross out comedy ditto. Less pungent comedy – mixed. But romantic comedies have always been driven by the fairer sex. Until now. Lionsgate is going all-in with their pregnancy comedy *What To Expect When You're Expecting* (based on the instructional book). Normally when pregnancy is the topic at hand it's a couples movie. Ostensibly a movie about five couples in the Atlanta area "experiencing the joys of childbirth," the movie is marketed squarely on the 5 guys struggling with the life-changing experience of having children. Ensemble cast includes Dennis Quaid, Elizabeth Banks, Chris Rock, Jennifer Lopez, Cameron Diaz, Brooklyn Decker and as the token male with no children, Rodrigo Santoro.

MEN IN BLACK 3 (May 25) Sony is hoping to recapture lighting in a bottle with its third entry in the long-running series. The stop-and-go series first premiered in 1997 starring a then-fresh faced Will Smith opposite middle-aged Tommy Lee Jones. Ten years after *MIB II*, the series returns with now not-so-fresh faced Will Smith and sexagenarian Jones reprising their roles as alien-fighting Agents J and K. Perhaps the studio waited too long and then rushed things. The movie started shooting in New York in late 2010 to take advantage of tax breaks and then picked up again in spring 2011. Even with the tax breaks the budget ballooned to over \$200M. Accounts surfaced that the shoot was not a happy one with now-superstar Smith acting



like an ornery Tommy Lee Jones – pushing his weight around, demanding a set be rebuilt because "it wasn't right." Smith's trailer alone was larger than a city bus. Synopsis: After an alien criminal assassinates Agent K in 1969, changing the entire course of history and threatening Earth, Agent J travels back in time to stop the assassination from happening. In the process J meets a young Agent K (Josh Brolin) and must convince him of the threat all the while racing against a 24-hour deadline before he is trapped in the past forever. Emma Thompson reprises her role as (present day) Agent O. Lady Gaga makes a cameo appearance.

MOONRISE KINGDOM (May 25) People either love or hate Wes Anderson's films. From his breakout film *Rushmore* (1998) to his animated *Fantastic Mr. Fox* (2009), you can count on eccentric, quirky, amusing characters who nonetheless have to deal with very real problems. Also, hard to miss are his well, eccentric costuming, color schemes generally cool soundtracks. Love him or hate him, you know you're watching a Wes Anderson film. Synopsis: Set on an island off the coast of New England in the 1960s, *Moonrise Kingdom* follows a young boy and girl falling in love. When they are moved to run away together, various factions of the town mobilize to search for them and the town is turned upside down – which might not be such a bad thing. Bruce Willis plays the town sheriff; two-time Academy Award nominee Edward Norton is cast as a camp leader; Academy Award nominee Bill Murray and Academy Award winner Frances McDormand portray the young girl's parents; the cast also includes Academy Award winner Tilda Swinton and Jason Schwartzman.





FREE WILL ASTROLOGY

May

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ARIES (March 21-April 19): On the one hand, you're facing a sticky dilemma that you may never be able to change no matter how hard you try. On the other hand, you are engaged with an interesting challenge that may very well be possible to resolve. Do you know which is which? Now would be an excellent time to make sure you do. It would be foolish to keep working on untying a hopelessly twisted knot when there is another puzzle that will respond to your love and intelligence. Go where you're wanted.

TAURUS (April 20-May 20): From an astrological perspective, it's the New Year season; you're beginning a fresh cycle. How would you like to celebrate? You could make a few resolutions – maybe pledge to wean yourself from a wasteful habit or self-sabotaging vice. You could also invite the universe to show you what you don't even realize you need to know. What might also be interesting would be to compose a list of the good habits you will promise to cultivate, and the ingenious breakthroughs you will work toward, and the shiny yet gritty dreams you will court and woo.

GEMINI (May 21-June 20): "My father-in-law was convinced that his sheepdogs picked up his thoughts telepathically," writes Richard Webster in his article "Psychic Animals. "He needed only to think what he wanted his dogs to do, and they would immediately do it. He had to be careful not to think too far ahead, as his dogs would act on the thought he was thinking at the time." To this I'd add that there is a wealth of other anecdotal evidence, as well as some scientific research, suggesting that dogs respond to unspoken commands. I happen to believe that the human animal is also capable of picking up thoughts that aren't said aloud. And I suspect that you're in a phase when it will be especially important to take that into account. Be discerning about what you imagine, because it could end up in the mind of someone you know!

CANCER (June 21-July 22): Your right brain and left brain have rarely been on such close speaking terms as they are right now. Your genitals and your heart seem to be in a good collaborative groove as well. Even your past and your future are mostly in agreement about how you should proceed in the present. To what do we owe the pleasure of this rather dramatic movement toward integration? Here's one theory: You're being rewarded for the hard work you have done to take good care of yourself.

LEO (July 23-Aug. 22): A South African biologist was intrigued to discover an interesting fact about the rodent known as the elephant shrew: It much prefers to slurp the nectar of pagoda lilies than to nibble on peanut butter mixed with apples and rolled oats. The biologist didn't investigate whether mountain goats would rather eat grasses and rushes than ice cream sundaes or whether lions like fresh-killed antelopes better than Caesar salad, but I'm pretty sure they do. In a related subject, Leo, I hope that in the coming weeks you will seek to feed yourself exclusively with the images, sounds, stories, and food that truly satisfy your primal hunger rather than the stuff that other people like or think you should like.

VIRGO (Aug. 23-Sept. 22): There are only a very few people whose ancestors were not immigrants. They live in Africa, where homo sapiens got its start. As for the rest of us, our forbears wandered away from their original home and spread out over the rest of the planet. We all came from somewhere else! This is true on many other levels, as well. In accordance with the astrological omens, I invite you Virgos to get in touch with your inner immigrant this month. It's an excellent time to acknowledge and celebrate the fact that you are nowhere near where you started from, whether you gauge that psychologically, spiritually, or literally.

LIBRA (Sept. 23-Oct. 22): "When I'm good, I'm very good," said Hollywood's original siren, Mae West, "but when I'm bad I'm

better." I think that assertion might at times make sense coming out of your lips in the next few weeks. But I'd like to offer a variation that could also serve you well. It's articulated by my reader Sarah Edelman, who says, "When I'm good, I'm very good, but when I'm batty, I'm better." Consider trying out both of these attitudes, Libra, as you navigate your way through the mysterious and sometimes unruly fun that's headed your way.

SCORPIO (Oct. 23-Nov. 21): The Weekly World News, my favorite source of fake news, reported on a major development in the art world: An archaeologist found the lost arms of the famous Venus de Milo statue. They were languishing in a cellar in Southern Croatia. Hallelujah! Since her discovery in 1820, the goddess of love and beauty has been incomplete. Will the Louvre Museum in Paris, where she is displayed, allow her to be joined by her original appendages and made whole again? Let's not concern ourselves now with that question. Instead, please turn your attention to a more immediate concern: the strong possibility that you will soon experience a comparable development, the rediscovery of and reunification with a missing part of you.

SAGITTARIUS (Nov. 22-Dec. 21): Seventeenth-century physicians sometimes advised their patients to consume tobacco as a way to alleviate a number of different maladies, from toothaches to arthritis. A few doctors continued recommending cigarettes as health aids into the 1950s. This bit of history may be useful to keep in mind, Sagittarius. You're in a phase when you're likely to have success in hunting down remedies for complaints of both a physical and psychological nature. But you should be cautious about relying on conventional wisdom, just in case some of it resembles the idea that cigarettes are good for you. And always double check to make sure that the cures aren't worse than what they are supposed to fix.

CAPRICORN (Dec. 22-Jan. 19): Outer space isn't really that far away. As astronomer Fred Hoyle used to say, you'd get there in an hour if you could drive a car straight up. I think there's a comparable situation in your own life, Capricorn. You've got an inflated notion of how distant a certain goal is, and that's inhibiting you from getting totally serious about achieving it. I'm not saying that the destination would be a breeze to get to. My point is that it's closer than it seems.

AQUARIUS (Jan. 20-Feb. 18): When most Westerners hear the word "milk," they surmise it has something to do with cows. But the fact is that humans drink milk collected from sheep, goats, camels, yaks, mares, llamas, and reindeer. And many grocery stores now stock milk made from soybeans, rice, almonds, coconut, hemp, and oats. I'm wondering if maybe it's a good time for you to initiate a comparable diversification, Aquarius. You shouldn't necessarily give up the primal sources of nourishment you have been depending on. Just consider the possibility that it might be fun and healthy for you to seek sustenance from some unconventional or unexpected sources.

PISCES (Feb. 19-March 20): You wouldn't want to play a game of darts with an inflatable dartboard, right? If you were a smoker, you'd have little interest in a fireproof cigarette. And while a mesh umbrella might look stylish, you wouldn't be foolish enough to expect it to keep the rain out. In the spirit of these truisms, Pisces, I suggest you closely examine any strategy you're considering to see if it has a built-in contradiction. Certain ideas being presented to you – perhaps even arising from your own subconscious mind – may be inherently impractical to use in the real world.

Homework: Do you allow your imagination to indulge in fantasies that are wasteful, damaging, or dumb? I dare you to stop it. Testify at Freewillastrology.com.

The Pedaling Adventures of Madame Velo (a.k.a. The Bike Madame)

By Margaret Hammitt-McDonald

Riding Etiquette with Guillaume de Tour Landry

WHEN I was a teenager, I rolled my eyes at my elders' paeans to the well-mannered youths of yesteryear, who never draped toilet paper in trees or used their under-arms to produce bathroom noises. Now that I can legitimately begin a sentence with "Young people today..." , I still roll my eyes when I hear us ill-mannered children of the '70s described as paragons of etiquette. However, I have grown to appreciate good manners, especially on the road.

One night, after accidentally consuming caffeinated black tea instead of my usual herbal tea, and under the influence of a glitter ball and a bad SF novel, I discovered I'd summoned the spirit of Guillaume, Le Chevalier de Tour Landry. The medieval French knight wrote an etiquette book for his daughters, so I took advantage of his spectral presence in front of my cat-hair-covered papasan chair to ask him to share his advice on cycling etiquette. After I showed him what a bicycle was, he rose to the challenge. After that, he rose into the ether, never to be seen again, except in a mysterious pattern of tea leaves at the bottom of my ill-fated cup.

For your pleasure and edification, I have translated his remarks from medieval French.

"How wondrous are the ways of Fortune! Verily, I was tilting my lance at a target when I was unhorsed and struck my head—I had recklessly doffed my helm, which one should not do—and now I am transported in a vision to the future, where people travel about on metal-framed wheeled monstrosities! Yet even as the ways of the future are passing strange and wondrous, still we remain human and the duties of courteous life are incumbent upon us.

"In my rightful time and place, carts, horses, and pedestrians often collideth upon the roads because we travel in whichever direction we so desire. To stayeth safe upon the roads, pritheer travel in the same direction as the horseless carriages do go and followeth diligently the same regulations, such as coming to a halt when the



magic red light doth manifest. This renders your movements predictable to pedestrians and those who pilot the horseless carriages. It may seemeth expedient to weave between parked carriages, the syde-walk, and the road, but beware lest the 18-wheeled conveyance shalt flatten you.

"While we speaketh of that, many a high-spirited rider leapeth the curb and zippeth along the syde-walk where pedestrians do take refuge from the slings and arrows of the street. Rememberest that thou hast a vehicle and belongeth in the street. If you needs must go upon the syde-walk, I pray, dismount from your metal horse and walketh it beside the foot traffic. The exception is young children, who wobbleth too much to travel safely in the lane.

"When encountering others upon the road, whether afoot, in a carriage, or on cycles, it is well to alert them to thy presence with a bell and with devices that revealeth you to the eye, such as yonder magical lamps and bright, reflective clothing. You do not wish to surprise others.

"Betimes you come upon another cyclist who rideth slower than you do. Pray alert the other to your presence in a genteel manner and passeth safely upon the left. Some goeth around in a startling, loud manner or ridest amongst pedestrians to get around the leisurely obstacle."

My knightly visitor then started to dis-course upon the uncouthness of wearing skin-tight Lycra garments, so I was compelled to bring our interview to a close.

WORKSHOPS/CLASSES

TAROT CLASSES - FREE. Join us for free classes to learn how to read tarot cards., at Godfather's Bookstore. Judith Davis has been reading tarot cards for forty years and will even help you pick out a deck if you don't have one yet! Classes will begin on March 4th from 2pm-4pm and continue on Sundays (2-4pm). We are located at 1108 Commercial Street in Astoria, Or.

ACTING/SCENE STUDY CLASS. Sundays, starting March 4. With George Dzundza. Students must be at least 18 years of age due to the potential of adult subject matter. Students will be asked to perform prepared scenes in the class. They will be instructed on how to elevate their performances and acquire the tools of a basic acting technique. They will be able to use that technique in any future performances. Work on a variety of guided scenes and experiences will sharpen their acting skills. Everyone performs. Students will learn by doing, but they will also learn by watching how their fellow students grow and progress. The hope is to produce dedicated, independent and confident theater people. \$5 per session, 2 – 5pm at the Barn Community Playhouse in Tillamook. 503-842-5566 to register.

FELTED ALPACA SCARVES. Saturday, May 5. Angela Rogers of Cedar Creek Alpacas in Hood River will teach this class about how to make wet felted alpaca scarves. Rogers will bring the fleece and there will be some needle felting involved to create a decorative element in the finished piece. No experience necessary. 1pm at the Picture Attic in Long Beach, WA

DOES FOOD RUN YOUR LIFE? Come to Overeaters Anonymous every Wednesday from 7-8pm in the Seaside Public Library, Board Room B. No dues, fees or weigh-ins. Everyone welcome! (if you have questions call 503-505-1721).

FREE COMPUTER CLASSES AT TILLAMOOK COUNTY LIBRARIES. Tillamook County Libraries will be offering free basic computer classes this fall. Sign up for a free one-on-one session where you can ask questions and learn at your own pace. Classes will be held on Saturdays at the Tillamook County Library September 11th, 18th and 25th and October 2nd and 9th. Additional sessions will be held at library branches in October and November. Registration is limited, so contact your local library soon and reserve your space.

SPIRITUAL WRITING FOR MEN AND WOMEN. Instructor Gail Balden is a writer, educator and workshop presenter with over 30 years of teaching experience. Her work has been published in anthologies, literary journals and national magazines. She teaches one-day writing workshops and writes a monthly column on the joys of small town life for the North Coast Citizen. Visit her web site at www.creativejourneys.net.

French Conversation Group Re-Start. The group is devoted to speaking French only. It is NOT a class, so please do not show up expecting to learn French from scratch. Once you step through the door of the Riverbend Room, it is French only. It will be on Saturdays, from 1-3pm at NCRD in the Riverbend Room. There is a nominal charge of \$1/ person/time. For more information email Jane

or call her 503-368-3901 or, call Paul Miller at 503-368-5715.

Library2Go Basics. Second Saturday of each month 9:00am-10:00am. Over 5000 audio books and videos can be downloaded to computers and digital devices through the Library2Go database accessible through the Astoria Public Library web site. All downloads are free to access with your library card. Learn the how to make the most of this extraordinary resource. Free, at the Astoria Public Library.

Computer Basics. Third Saturday of each month 9:00am-10:00am. If you're new to PC computers or just needing to update basic skills, this class is for you. Each class is tailored to meet the needs of participants. Free, at the Astoria Public Library.

The Lower Columbia Classics Car Club. Invitation to all who are interested in Collector Cars to attend one of our monthly meetings. The meetings are held at Steve Jordan's Shop Building, located at 35232 Helligso Lane in rural Astoria - meet on the 3rd Thursday of each month. If you are interested and need the directions to get there, you may call Steve Jordan at 503-325-1807

Toddler Arts Group. Every Wednesday 10 to 11am –Get your toddler started in the arts! Activities are geared towards ages 1–3, but age birth–5 are welcome. All children must be accompanied by a caregiver. Bay City Arts Center, Bay City. t

CELEBRATE RECOVERY • Nazarene Church, 2611 3rd St, Tillamook. Adult & teen 12 step program. Child care provided. Call 503-812-3522 for more information. Tuesdays, 7-9, Dinner at 6 by donation.s

BODY WORK•YOGA•FITNESS

YOGA NAMASTE. Yoga Namasté invites you to spring into Spring by offering 2 FREE yoga classes during the month of March. Treat yourself to an hour of simple Hatha Yoga at the Yoga Namasté studio on 342 10th Street in downtown Astoria. This is yoga for everyone, all levels are welcome. Equipment is furnished, so bring yourself and a friend and explore this ancient art of yoga with us on Tuesday, March 27 and Thursday, March 29 from 6 p.m. to 7 p.m. The 10-week Spring term will start Monday, March 26 and end June 2, 2012. Level 1-2 classes meet Monday, Wednesday, Friday at 8:30 a.m. and Level 2-3 on Monday, Wednesday and Friday at 6:15 a.m. Vinyasa or Yoga Flow class meets Saturday at 9:30 a.m. All classes are 90 minutes long. Todd Jackson, a master teacher from Portland Yoga Arts, will return to our studio May 18-20, 2012 to teach a 10-hour yoga workshop. This has been a very popular workshop and early registration is encouraged. Please consult our website www.yoganam.com for details or call Ute Swerdlhoff at 503 440 9761.

LOTUS YOGA. 1230 Marine Drive, Downtown Astoria. Ongoing classes on a month to month basis. Evening Classes Monday thru Thursday 6:00 PM: Monday Level 1 Yoga for Relaxation. Tuesday Level 2 Strengthening. Wednesday Level 1 Beginning Flow. Thursday Level 2 Advanced Flow. Morning class Friday 9:00AM All Level THERAPEUTIC Yoga. Dedicated to making Yoga an accessible part of everyday living. Call (503)298-3874, Check web for class schedule updates. Email lotusyoga@live.com, website www.lotusyogaonline.com Yoga/Private Instruction. Private Individual Therapeutic and Restorative

Yoga instruction with certified, Yoga Alliance registered yoga teacher SarahFawn Wilson, MA, RYT-500. Private group classes also available. For more information and for public class schedule, please call 503-440-6738 or email serraphon@msn.com.

ECSTATIC DANCE. Ecstatic, trance, yogic, spirit filled), playful, improvisational, freestyle - We're Dancing! Wed. at 6:30 at Pine Grove Community House, 225 Laneda Ave. in Manzanita. No experience necessary. You are welcome to bring Instruments of any sort to play along with what we've got going. Cost is a sliding scale from \$5 - \$7, or free if you really need to just be there.

WALK WITH EASE. Tuesdays & Thursdays through May 31. This structured walking program will be taught by Kay Bunnell and offers support, information and tools to help develop successful exercise routines for people with or without arthritis. Field trips are planned. Monthly cost is \$24 with resident's card, \$36 for nonresidents, free for ages 60 and older. 1:30 – 2:30pm at the Broadway Playing Field in Seaside

YOGA NCRD. Monday, Yoga Of The Heart, 8:15 am - 9:45 am Instructor: Lorraine Ortiz (no drop ins). Monday, Level II, 5:45 pm - 7:15 pm Instructor: Nicole Hamic Wednesday, Yoga Stretch, 8:15 am - 9:45 am Instructor: Lucy Brook Thursday, Level I, 5:45 pm - 7:15 pm Instructor: Charlene Gernert Friday, Very Gentle Yoga, 8:15 am - 9:45 am Instructor: Lucy Brook Saturday, Mixed Levels, 8:00 am - 9:30 am Instructor: Lorraine Ortiz.

YOGA • Bay City Arts Center. Classed with Michelle Lawhorn - Mon & Thurs 6pm. \$5 per class.

YOGA • Manzanita. The Center for the Contemplative Arts, Manzanita: Tuesday evenings 5 - 5:45pm. \$35 for 5 classes. Call 368-6227 for more info.

Yoga in Gearhart. Gearhart Workout. For more information log on to www.gearhart-workout.com 3470 Hwy. 101 N. Suite 104 in Gearhart

YOGA • Nehalem. Ongoing yoga classes at NCRD are as follows: Monday, Level II, 5:15-6:45 pm, Nicole Hamic; Wednesday, Morning Yoga Stretch, 8-9:30 am, Lucy Brook; Thursday, Yoga for Parents & Kids, 3:45-4:45 pm, Charlene Gernert; Thursday, Level I, 5:45 - 7:15 pm, Charlene Gernert; Friday, Very Gentle Yoga, 8-9:30 am, Lucy Brook.

FREE AQUANASTICS CLASS. At KOA in Warrenton. This class is being offered to adults, men and women, 50 years or older, on Monday, March 19, from 10 to 11 AM at the KOA heated, indoor pool, at 1100 Ridge Road, across from Fort Stevens State Park entrance. For directions call (503) 861 2606 or (800) 562 8506. WATER IS TERRIFIC! It's stimulating, therapeutic, exhilarating, and equalizing. It's just plain fun! This class will be lead by Kathleen Hudson, a water exercise professional with certification from the American Red Cross water safety program and the Arthritis Aquatic Training program.

T'AI CHI. The Center for the Contemplative Arts, Manzanita: Wednesday Mornings 10-11:30. \$30/month. Call 368-6227 for more info.

TAI CHI AND STRETCHING. New Tai Chi Classes forming the first week of each month

(am and pm times available) AtWavesOf Change 1002 Marine Drive in Astoria. Also gentle stretching classes and light resistance training. Sat May 19 - Reiki Level 1 class 9 am - 3 pm, Sat June 2nd Aromatherapy Spa Party 2 pm, Sat June 23 Intro to Aromatherapy (Level 1) 9 am - 4 pm Call for details 503.338.9921

Chinese Kung Fu. Tuesday and Thursday evenings from 5:30 to 7:00 at the Astoria Arts and Movement Center (11th and Harrison). The focus is on two styles; Ving Tsun Kyun and Tai Xu Quan. While both are suitable for self defense Ving Tsun is direct and linear in it's approach and Tai Xu is circular. Both are of ancient origin (Buddhist and Taoist respectively) and have been developed by nuns and monks, and by lay disciples as well. Matthew Crim vingtsunmc@hotmail.com

LEARN SELF DEFENSE IN LONG BEACH. Kenpo Karate for Adults, Tuesdays @ 7:00pm - 9:00pm. Long Beach Grange, 5715 Sandridge Rd, Long Beach WA. Also at the Grange, KENPO Karate for Kids, Mondays @ 4:00pm - 5:00pm, and free KENPO Open practice, every Saturday, 2:00pm - 4:00pm. Class tuition is \$40.00/mo. Inquire for a free introductory class / sign up: jgroove2@crescomm.net Phone: 360-665-0860. See us on video at: www.YouTube.com/Jon-BelcherKenpo

HIKE THE NORTH OREGON COAST WITH ANGORA HIKING CLUB. This year the Angora Hiking Club will be leading 8 hikes that will cover the 64.4 miles of the north portion of the Oregon Coast Trail. These hikes are open to the community, and we encourage you to join us for one or all of the walks. If you have questions about this program, contact Arline LaMear, 503-338-6883. Car shuttles will begin at the Basin St. parking lot across Basin St. from Astoria KFC. Walkers should gather there by 9 a.m. for the March, April, May and June hikes. The remaining hikes, July, August, September, and October will begin at 8 a.m. to allow extra time for the longer drives to the walk start points. A record book is available for \$2 in which to record the eight legs of the North Oregon Coast Trail. Upon completion of all eight hikes, participants will receive a certificate. If you are interested in receiving one of the record books, please call 503-338-6883 so we will know how many to have on hand.

SPIRITUALITY

TIBETAN BUDDHIST DHARMA GROUP. Dharma River, meets Mondays 7:30 - 9 pm, 1230 Marine Dr., Suite 304 in Lotus Yoga's studio. Meditation, sadhana practice, teachings & discussion. Dharma River is a satellite of the Portland Sakya Center. Contact Dharma teacher, Rosetta Hurley, 338-9704 for more info.

MEDITATION & PAINTING. Thursdays from May 17 – June 7. Glenna Gray, Artist, will facilitate the following four-week series of meditation and painting experiences as a contemplative practice. A series of four quiet mornings of meditation, reflection, and silent painting. The paintings will be your private response to the reading and meditation. Neither experience with meditation nor painting is necessary. All supplies will be furnished. \$20, 9am – 12:30pm at the Center for Contemplative Arts in Manzanita. To register, email Jan Tarr at tarrac@q.com

MEDITATION & PAINTING FOR WOMEN. Fridays, May 18 – June 8. Facilitated by Jan Tarr. This class is the same as above, but for women only. \$20, including supplies. 9am



Molalla Log House Lecture. Is the Molalla Log House Oregon's oldest building? Gregg Olson, an authority on pioneer structures in Oregon, will present a “house detective” lecture to explore this question, covering the historical context of the house, cultural trends in log buildings, and his use of dendrochronology - dating based on an analysis of tree rings. 7pm, Rm 219 in Columbia Hall at CCC in Astoria.

– 12:30pm at the Center for Contemplative Arts in Manzanita. To register, email Jan Tarr at tarrac@q.com

INTERFAITH GATHERING. ALL Paths / Faiths WELCOME. Please Join Columbia Shores Interfaith Gathering on the FIRST Sunday of EACH MONTH. We meet at the Naselle Library Community Room in Naselle, WA (just over the bridge from Astoria) at 11AM. All Paths / Faiths Welcome. Enjoy a short scenic drive and a soul refreshing gathering of like-minded souls. We offer "simple wisdom for complicated times". Please visit us on the web at : csinterfaith.spruz.com Questions?? Please email us at CSINTERFAITH@ACTIVIST.COM We wish you deep peace...

A SILENT MEDITATION • with Lola Sacks. St. Catherine's Center for the Contemplative Arts, Manzanita: Monday Nights 5 - 5:45 Call 368-6227 for more info.

LECTIO DIVINA • Meditation with Holy Scripture. The Center for the Contemplative Arts, Manzanita: Tuesday Mornings 10-11:30. Call 368-6227 for more info.

LABYRINTH WALK • Grace Episcopal Church, 1545 Franklin St, Astoria, 3-6. Every 1st Sunday.

VOLUNTEER

Weekly Alder Creek Farm Community Garden. Work Parties - Tuesdays, 10 am – Noon. Help out the Coastal Food Ecology Center, community garden, permaculture garden and harvesting for the Wheeler Food Bank. Tasks may include: greenhouse and garden weeding, planting, and watering.

MEETINGS

ENCORE Retirement Learning Community. Is an association of retirement-age people who share a love of learning. Established in 2001 by a Steering Committee of retired

adults, ENCORE is sponsored by Clatsop Community College. We meet for lunch the first Tuesday of every month. We try to alternate between North and South County, so look for these Community Notes in your local Newspaper to see the place of choice. Our Lunch Bunch get-togethers are a wonderful venue for meeting classmates over lunch, as well as new friends. Remember all guests that might be interested in ENCORE, or just want to know what we're all about, are welcome. Aletha Westerbeerg, 503-325-4325.

BREASTFEEDING INFORMATION & SUPPORT. La Leche League's monthly support group meetings provide an opportunity for both new and experienced mothers to share their questions or concerns, and to talk with each other about the special joys and challenges of parenting. We especially encourage expectant and new mothers to join us. Healthy babies and toddlers are always welcome at La Leche League meetings. We look forward to seeing you soon. Second Monday of the month at 10am- Astoria FOR FURTHER INFO, PLEASE CONTACT JANET WEIDMAN @ 503-325-1306 OR LIZ PIETILA @ 503-861-2050.

NOTICES

HEALTHY KIDS is Oregon's newly expanded no-cost and low-cost health coverage program for uninsured kids and teens up to 19 years of age. Healthy Kids offers comprehensive coverage. No family makes too much money for Healthy Kids. For assistance contact Judi Mahoney (503) 358-2333, or via email at: judimahoney@yahoo.com

Events

PANCAKE BREAKFAST. All-you-can-eat, at the Bay City Arts Center. Every Sunday. 8am to noon. \$5/adults, \$4 members. Kids 1/2 price. Sausage, beans , slasa, fruit and yogurt, juice and tea.



The Future & 2012 Predictions

by Sonja Grace

THE EVOLUTION of man has been unfolding for centuries under patriarchal rule. The effects this has had on our planet Earth in development of land, natural resources, economics, and power are perceived as both good and bad. A study of the history of humanity here on Earth shows us clearly that there was a time in which the planet was ruled by a matriarchy. For centuries people worshipped a matriarchal Goddess, and the Earth herself was honored. As planet Earth cycles and changes, so does the energy that prevails amongst those who inhabit her surface. This era came to an end in a way that informs what we see today with regard the imminent demise of patriarchal society.

It is important to understand the differences in a patriarchal versus matriarchal society. The main key to understanding this male energy is; it is a part of what I refer to as 'the duality.' This duality is not complicated: it represents both sides of our experience, good and bad; light and dark; hot and cold; happy and sad. Simply put, male and female aspects exist within each person. Feminine principles of sensitivity, intuition and gathering information are in each of us. Similarly, male principles, like solution oriented processes, and action process—the part of us that disseminates information out into the world to do something with it. We, together with and as part of the entire Universe, live within a state of duality. We are in constant motion, trying to find balance in everything we do internally and externally.

Men are currently going through a tremendous upheaval within themselves. This is getting expressed in all aspects of life. Some experience a discomfort within their jobs; others in marriage; all experience tremendous lifestyle changes. The one

aspect that is most challenging for men today, comes from a remnant of their neuro-biology—that of fulfilling their role as the warrior.

The big shift we all feel today, associated with the planet as she moves through space amid solar storm and earthquake, is also being felt within the patriarchal world. Men's hearts tend to be activated like dormant volcanoes, suddenly awakened with steam and plumes of smoke. Like molten lava spewing into the air, men feel most vulnerable and anxious with current energy.

Old behaviors, greed and power no longer satisfy rumbling in the heart. Men are being called to step up to a greater state of balance. Women are the ones who hold the weave of the world together and are called at this time to help mankind.

We have been here before -- within each man and woman is a cellular and spiritual memory of past lives. Women connect to these memories as we shift; and men literally experience the shift. Men are being pushed energetically to give up the power stance they held in the fourth world. They are asked to stand in balance with feminine energy to enter the fifth dimension. There is no one side that will lead. Rather we enter this new world with balance and a state of peace within our own inner duality.

Author Sonja Grace is a mystic healer and spiritual intuitive who provides guidance to people all over the world. She works with her clients over the phone providing immediate stability, clarity and guidance through her readings, counseling and processing work. Sonja Grace sees and receives messages from loved ones who have crossed over and offers a venue for healing in this world and the spirit world. Her new book Earth Ways: Healing Medicine for the Soul is available at: www.sonjagrace.com

Plugged In: The Neurological, Interpersonal, and Personal Impact of Technology Only Entertainment with, Dr. Doreen Dodgen-Magee PsyD

As entertainment and education becomes increasingly driven by, and dependent upon, technological tools, children's brains, relationships, and senses of self are short-changed. Information regarding the neurological, social, and intrapersonal impact of technology-only entertainment will be presented and ideas given about how to enhance family relationships, minimize potential risk, and develop genuine and appropriate levels of self esteem and interpersonal relatedness in children.

The objectives of this workshop:

- Participants will learn how technology over-use impacts growth and development in children's: neurological function, relational lives, development of a sense of self.
- Participants will learn how current trends in the proliferation of toys, learning tools, and entertainment that rely on technology lead to high risk for dependence and addiction.
- Participants will learn how to identify dependence and addiction to technology in children.
- Participants will learn general methods for assessing possible over-use and dependence upon technology.
- Participants will learn to make a plan for cutting back use (self soothing) and for helping children re-engage with the natural world and the worlds of people and ideas.

Dr. Doreen Dodgen-Magee is a clinical psychologist in Portland, Oregon. Maintaining both a clinical and consulting practice, she has 22 years of experience working with individuals and groups in the areas of relational health, emotional wholeness and maturation. Considered an expert in the area of how technology impacts mental health, she is a contributor to several magazines and journals, was recently featured in the book Just Moms, and is a frequent speaker across the United States.

Thursday May 24th, 2012 5:30 pm-8:30 pm

Guy Boyington Building, 857 Commercial St, Astoria, Oregon
Check-in begins at 5:00 pm Sponsored by North Coast Parenting & Northwest Parenting Hub Collaboration



TREM GROUP STARTING


New trem (trauma recovery empowerment model) women's group

Have you changed after a traumatic or frightening event? Since that event have you experienced anxiety, changes in sleep patterns, fear, or trouble doing things you used to do? If so then you may be experiencing the effects of trauma. If not dealt with it is often normal to develop unhealthy coping skills, changes in your personality, and feeling like you cannot cope any longer.

At the CC Women's Resource Center we offer a free, weekly group for women called TREM (trauma recovery empowerment model). TREM provides a safe and confidential place to explore the causes, effects, and methods of healing from trauma (such as emotional, physical, and/or sexual abuse) while focusing on empowering each woman. During the course of trem women learn, develop, and practice new skills such as communication, boundary setting, personal healing, coping strategies, and healthy relationship building. TREM also helps women learn how to integrate these skills into their daily lives.

If you would like to learn more about the TREM groups or receive more information please call (503) 325-3426 or drop by the Women's Resource Center located at 1361 Duane Street in Astoria. We are open Monday through Friday from 9am to 5pm. The 24/7 crisis line number is (503) 325-5735

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By Tobi Nason

word and wisdom

Becoming... myself

THE OLDER I get, the more I seem to be "more" of my younger self. I'm not always convinced that's such a good thing.

In my twenties, I was alone, financially stressed and pretty much in survival mode. Guess what? I'm currently alone, stressed and somewhat in survival mode.

I tend to shut down a little when stressed, which translates into watching a lot of bad T.V. All the wonderful advice I hand out to clients such as exercise, calling a friend, writing down a few easily achieved goals, fall by the wayside. Yes, sad to say, I sometimes do not follow my own advice.

Spring is here though and while I may be a dormant couch potato, I'm not dead. I respond to sunshine, flowering fruit trees and a gentle breeze. I recently bought herb seeds: Basil and thyme and oregano get started in plastic greenhouse and are then transplanted to the outdoors or given to friends. Even though my heart wasn't into it when I picked out my seed packets, I did it out of tradition. I know that in a few weeks I'll get lots of satisfaction when those little green plants burst through the potting soil. My heart also wasn't into clearing out the knickknacks from the corner curio shelf. The process elicited many painful memories. The figurine my mother-in-law gave me on my first Mother's Day. A framed picture that causes nothing but heartache. Clearing them out had to be done, but it was painful.


Ever since I broke my ankle last September, my thoughts and emotions took a shift. I thought then that I had hit a new low in loneliness, but instead I learned a different lesson. People, friends and neighbors were there for me. I resolved then that when I was back to walking, Things Would Change. I'd weed out those parts of my life - stuff, relationships, and emotions - that had evolved into deadweight.

In some sense, what I was doing - and still am doing - is planting seeds for a better future. Loss and change is always stressful, which is why so many of us stick with the status quo. My seeds - my simplifying, clarifying and acknowledging - will eventually let me be "me" at my best. Meanwhile, I'm moving a bit slowly through this process. and it feels uncomfortable.

How about you? Are you up for a personal spring cleaning? Can you shed those things that take up all sorts of physical and psychological space? Are you willing to be uncomfortable? Are you willing to believe in yourself?

Something to think about....

Tobi Nason is a counselor in Manzanita, currently in the midst of her multi-faceted spring cleaning. Wish her luck....



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Lyme: US #1 Vector Borne Disease

AS SUMMER approaches and we begin to make plans to tromp around in the woods I thought it a good time to put Lyme's Disease on your radar. AND as I have just attended an informative conference on this topic I wanted to give credit where credit's due. I have utilized information presented by Dr Stacey Rafferty and Dr Daniel Neuman who have proven they are by far more the experts than I. So read on and be educated about a growing health concern here and throughout the country.

Why should we be thinking about Lyme's Disease? Well it is THE number one vector borne disease in the US affecting a reported half million people across the country. It is estimated that for every one person reported, however, there are another 6-12 who are not...noteworthy indeed! Although many of you are thinking "that is a disease of the North East" I am here to dispel that myth and inform you that in fact Lyme's Disease has been reported in all 49 continental states. There is no true endemic area of Lyme carrying ticks.

How does one acquire Lyme's disease? The tick, specifically the Ixodes genus. These ticks carry a spirochete in their saliva and once bitten that spirochete (Borrelia sp.) is transmitted into your blood. These are interesting bacteria in that they are a corkscrew shape with a flagella (little tail). These features allow them to easily

leave the bloodstream and bore into a variety of tissues throughout the body. BUT not only do we get Borrelia; along with the spirochetes come other co-infections with other organisms (Babesia, Bartonella and Ehrlichia) which infect our red blood cells. This variety of potential infectious organisms can make treatment particularly tricky! Interestingly the other spirochetsal disease you may be familiar with is Syphilis, which has a similar disease pattern and a variety of overlapping symptoms with Lyme.

Why now, are there more cases of Lyme? One is a warming climate which has contributed to increasing habitat for



the hosts. There is indeed a reported increase in host populations; and the hosts are deer, Western Grey Squirrels, N. Pacific sea birds and Canadian song birds like robins and sparrows. This is coupled with a speculated inferior ability to adequately fight this infection by us the victims. As we eat less nutritious foods are exposed to more toxic pollution and have seemingly

more stressful lives we weaken. As the Lyme infection festers it can potentially create further susceptibility to other infectious agents like fungi, yeasts, viruses and bacteria...a complicated picture to sort through. In fact Lyme experts see this disease potentially re-titled as Multiple Chronic Infectious Disease Syndrome due to this long-term immune deficiency to multiple organisms.

So what kind of symptoms should we be watching for? Obviously a tick bite; common symptoms following a bite are a rash at the bite site, fever, fatigue, headaches; generally flu-like. As the disease becomes

more chronic there are more and more potential symptoms, up to 40!! But most common are persistent fatigue, roaming musculoskeletal pain, sleep disturbances, cognitive dysfunction and any combination of neurological symptoms. This disease has some seasonal cycling being worse in winter and better summer. Also noteworthy that many Lyme sufferers are diagnosed (or mis-diagnosed) with Fibromyalgia or Chronic Fatigue Syndrome.

Lyme Disease, as true with many complex conditions, may take months or years to diagnose. Yes, there are tests for Lyme, namely the Western Blot. But there seems to be 2 camps of diagnostic criteria so depending on your doctor's training and/or lab standards these test may be

falsely negative. Treatment is complex, beyond the scope of this article, but can involve a variety of therapies from herbs, homeopathy and nutritional supplementation to numerous anti-biotics and pharmaceuticals. The more complicated and long-standing the infection the longer

**Dr. Tracy Erfling is a
naturopath physician in the
Lower Columbia Region.
Questions?
erflingnd@hotmail.com**



and more intensive the therapeutic options. But the aforementioned docs seem to have had many successes regardless of these complexities.

So let's go back to something we can all do which is prevention. The nymph stage of tick growth is when ticks are most infectious, ironically when they are also most tricky to detect as they are quite small. But this stage occurs in the months of June/July...a time to be most vigilant of tick bites and infectious symptoms like rashes and flu-like illness following that great camping trip!?! Ticks are most prevalent in wooded areas, tall grasses and shrubby environments. Locally the areas of greatest concern are the Columbia Gorge, Mt Hood, and Southern Oregon. If you are going to be in these areas in June/July consider adding an insect repellent to

your supplies! After your outdoor experience check yourself, your kids and your pets for ticks. IF you find a tick remove it with some tweezer type instrument grabbing it as close to the head as possible and pulling directly out. And if, heaven forbid, the head remains

in the skin use your best techniques to remove that as well. Finally be brave and ignore your instinct to get it as far away from you as possible, but instead KEEP YOUR TICK! You can put

in a dry plastic bag in the freezer for any length of time. Then they can be easily tested for Borrelia and we practitioners can implement treatment if necessary.

I was pleased to learn more about this clearly serious disease and am now excited to be able to do my part to educate my faithful readers and potentially prevent Lyme's disease in my community. So pass along to the campers, hikers, mountain bikers, fly-fisherman and general outdoor lovers in your life, and of course enjoy the approach of SUMMER!

ONLINE RESOURCES: www.ILADS.org, www.lymediseaseassociation.org, and www.lymedisease.org

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Season 12. Astoria Sunday Market Opens May 13



participating merchant. The coins are made by Fernhill Glass Studio located on Exchange Street in Astoria behind Fort George Brewery. "We'll be looking for opportunities to give away the coins throughout the season," explained Mudge. Participating merchants include Mise En Place Kitchenware, Klassy Klost and Purple Cow Toys. "Like" Astoria Sunday Market

Facebook page for Glass Coin giveaway announcements.

ASM Downtown Coffee Walks: Tour our downtown coffee shops before the Astoria Sunday Market opens! Two Coffee Walk dates are

scheduled where local coffee shops are planning something special that morning. Astoria Coffee House & Bistro is working with

the Cargo Store and Lunar Boy Art Gallery to serve coffee cocktails for Breakfast. The Rusty Cup is planning on demonstrating Latte foam art; Wet Dog Café & Brewery is sampling special baked goods for that day only and Columbia Chocolates at ABECO Office Supplies is offering samples of their espresso shakes. Other coffee shops are planning their own special treat all



son seemed an appropriate way to bring added excitement to opening day." Astoria Sunday Market is in its twelfth season of bringing fresh produce and other products grown or made by vendors to the heart of historic downtown Astoria. Astoria Sunday Market is open from 10 am to 3 pm every Sunday starting May 13 and running through October 14. For more information about the Market and its new programs for 2012 visit www.AstoriaSundayMarket.com.

SUNDAY MARKET PROGRAMS

Shop Astoria Glass Coin Promotion: Astoria Sunday Market is giving away a limited number of glass coins that are good for discounts at any ASM vendor or



Boot Glam Art Jam needs yer boots

ASTORIA SUNDAY Market invites you to donate a pair of rubber boots that you've personalized. You can glam them up, let your imagination fly as you use the rubber boot as an art canvas, create a rubber boot sculpture, or repurpose the boots into something new!

The Market is teaming up with the Women's Resource Center to create the first Rubber Boot Glam & Art Jam in September. We're kicking things off May 12 with an Art Boot Camp where participants

can decorate a rubber boot as an entry for our Rubber Boot Fashion and Art event in September.

We're accepting submissions throughout the season. The boots will be displayed in the windows of Liberty Theater on 12th Street throughout the summer. The Rubber Boot Glam and Art Jam takes place September 21 & 22 when the boots will appear in a fashion and art event and culminate in a public voting event for the top three wearable boots. To vote, simply drop money in your favorite boot. The boot that raises the most money wins a pair of Bog Boots! All funds raised from



your votes will be donated to the Women's Resource Center helping to kick abuse to the curb!

Other prizes will be given to Best Boot Art, Best Glammed up Boot, Most Creative Repurposing of a Boot, and more!.



inspired by our Mona Latte artwork by Karen Eland!

ASM Downtown Coffee Walk Dates: Sunday, May 27, September 29 8am

Forager's Feast – A Culinary Adventure with Baked Alaska's Chef Hohen: "Chef Daddy" Chris Hohen of Baked Alaska sends you on a culinary journey through Astoria Sunday Market to find a prized collection of ingredients for a special Sunday meal. Foragers return with their treasures then work with Chef Hohen to create an interesting and sumptuous feast at Mise En Place Kitchenware. The monthly Forager's Feast is \$45 per person with a portion of the proceeds benefitting Astoria Sunday Market. To make reservations call Mise En Place Kitchenware at 503-325-7414 or stop by and sign-up in person.

The Forager's Feast Dates: Sunday, May 20, Sunday, June 17, Sunday, July 8, Sunday, August 5, Sunday, September 16

Decorated and repurposed boots will then be sold and auctioned off with proceeds benefitting Astoria Sunday Market programs and downtown revitalization projects.

Boot submissions may be dropped off any Sunday at the Astoria Sunday Market portable office parked at 12th and Duane or during the rest of the week at Astoria-Warrenton Chamber of Commerce.

Watch for details on our Facebook page or website! www.Facebook.com/AstoriaSundayMarket, www.AstoriaSundayMarket.com

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MOTHER EARTH NEWS FAIR! June 2-3

MOTHER EARTH NEWS magazine has been helping folks live self-reliant, sustainable, meaningful lives, since its inception in the early 70's and is the planet's largest and longest-running environmental lifestyle magazine. More than 3 million people read the magazine worldwide. The Mother Earth News Fair is the publications annual event held on the west coast in Puyallup Washington and on the east coast in Pennsylvania.

Fairs feature practical, hands-on demos and workshops and hundreds of vendors that cover everything from renewable energy to



Paul Stamets, dedicated mycologist for more than 30 years is one of numerous speakers at the Mother Earth Fair.

Stamets presents the workshop **MUSHROOMS AS PLANETARY HEALERS**. Habitats have immune systems, just like people. Our relationship to fungi can be the basis for novel pairings that lead to greater sustainability and better health. Explore a dozen species of medicinal mushrooms from a historical perspective, and learn about Paul's work with the Bioshield BioDefense program.

small scale-agriculture to Green transportation. This years speakers include: Joel Salatin, Paul Stamets, Ed Begley Jr, Bryan Welch, Temple Grandin, & Will Allen. See a full schedule and pre-order tickets (\$25 for a 2-day pass) at motherearthnews.com/fair/home.aspx

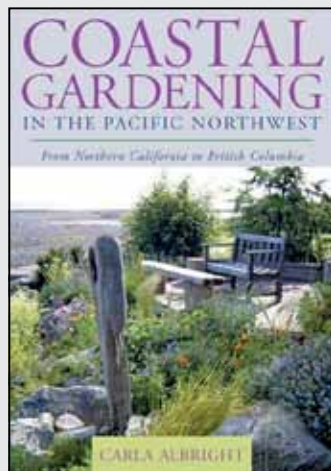
The Puyallup Fairgrounds is the site of Washington's largest single attraction: the Puyallup Fair. The Fairgrounds are located 35 miles south of Seattle and 10 miles east of Tacoma in the shadow of Mount Rainier.



Carla Albright to speak at Tillamook County Library May 12

MASTER GARDENER Carla Albright, author of the popular book "Coastal Gardening in the Pacific Northwest" will be at The Tillamook County Library on SATURDAY, MAY 12, 1pm to present a program entitled "My Favorite Plants for the Coastal Garden." This program will take place at 1pm at the Tillamook Library, located at 1716 Third St, in the downstairs meeting rooms. Come and hear advice from a master gardener who specializes in our unique climate.

Carla Albright is an Oregon State Master Gardener as well as a Penn State Master Gardener, and writes a weekly gardening column for the Tillamook Headlight Herald. She also works professionally in several gardens along the coast. Light refreshments will be served. This program is free of charge and open to the public. For more information please call the Tillamook Library at 503-842-4792.



Tillamook County Master Gardeners Plant Sale

ON MAY 26 from 9 AM to 2 PM the Tillamook County Master Gardeners will have a plant sale at the Fairgrounds in the Livestock Barn. They will be selling annuals, vegetables and house plants. There will be vendors and a Help Desk for gardening questions with an Oregon State expert to answer questions regarding invasive plants.

Food Power Workshop: The Physical, Monetary, Political, and Planetary Consequences of What We Put on Our Forks. May 19

WE ALL want healthy, tasty food at reasonable prices, but how do we find it in the maze of organic vs natural, recalled vs FDA approved, fast vs slow, processed vs local, box store vs CSA?

Complex labels omit vital information. Commercials entice us with foods doctors forbid us to eat. "Health food" seems expensive; "fast food" appears cheap. "Food Safety" is a legal issue.

Why can't we just eat? Why is food political and complicated? What can we do about it? This class takes a broad view of our most important consumer item, encouraging discussion and research through articles and films.

WORKSHOP FEE (includes materials): \$35 to TLA. One scholarship and couples discounts available. Pay at the class. *Held at Titanic Lifeboat Academy, 91868 Youngs River Road, Astoria.* 10am - 4pm with potluck lunch.

Register by phoning 325-6886 or emailing LifeboatAcademy@aol.com.



BEEKEEPING START-UP WORKSHOP

Assembling Your Hive Equipment Workshop. May 12 or 26. With Julie Tennis. This five-hour, hands-on workshop is for beginning beekeepers who would like to learn how to assemble their Langstroth hive bodies and frames. Price includes supplies and equipment to build two brood boxes, a super, twenty brood frames and ten super frames. The baseboard, inner cover, telescoping cover and queen excluder are also included. You will go home with everything you need to house your packaged bees. Class size is limited. \$200/person; \$25 for an additional person. 10am – 3pm. Workshops will be held at Tennis' home in Naselle, WA. Register at beementor.com/workshops/

LOCAL REGION FARM APPRENTICESHIP

Long-Term Education Programs. Fred's Homegrown Produce in the Naselle River Valley offers educational opportunities for individuals interested in completely immersing themselves in cutting edge farming practices. College Internships – Seeking an internship for college credit? Come to a sustainable organic farm to get real life experience! Fred's Homegrown Produce is developing a progressive new business model that is primarily focused on product quality and sustainability. Farm apprenticeship – Spend a full season on the farm to learn everything about building and operating a sustainable small farm. The focus of this season-long pursuit is to get hands-on experience in every aspect of the food growing business. In addition to learning how to grow the highest quality organic food using progressive sustainable

practices, you'll also be exposed to different strategies of product processing and retail. FMI, email fredshomegrown-produce@gmail.com

OREGON HUNGER TASK FORCE LISTENING SESSION MAY 17.

Oregon Hunger Task Force Listening Session. Thursday May 17. Community members are invited to share their experiences and thoughts on hunger and food systems in the community, and recommend policy improvements that help reduce and solve hunger in Clatsop County and across Oregon. Lunch will be provided as well as opportunities to participate in informational sessions on "Advocacy and the 2012 Farm Bill" and "Utilizing Federally Funded Child Nutrition Programs." 9:30am – 3pm at the Holiday Inn Express in Astoria. RSVP by May 10 to robyn@oregonhunger.org

COOKING CLASSES AT PELICANO.

All classes are demo in the restaurant dining room. Each class includes about 2 hours of instruction, at least 4 different dishes prepared, a packet of recipes, a glass of wine and at the end of the class, a good size sample of all the dishes. Recipes taught during the class are designed to teach techniques and offer insight that goes beyond a single recipe. Upcoming classes include Fiesta Cinco de Mayo at 10am on May 5, and Salmon Season at 1pm on May 26. Cost is \$35 or \$40 depending upon ingredients. At Pelicano Restaurant on the waterfront at 177 Howerton Way in Ilwaco, WA. FMI or to register, call 360-642-4034.



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7% OFF
 Sat May 12

10% OFF
 Thurs May 24

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 Sign up for \$25 and receive the discount the same day

Liberty Theater and Astoria School of Ballet presents

PETER AND THE WOLF

Friday, May 25 • Open Seating
7pm • Adult \$10.00 • Student, Senior, Military \$5.00



ASTORIA MUSIC FESTIVAL
10TH ANNIVERSARY
June 16 – July 1, 2012
100 Performers 17 Days 23 Events

SATURDAY, JUNE 16
GALA OPENING OPERA
Angela Meade sings Bellini's Norma
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Series and Single tickets on sale now!

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18 guestrooms above the
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Opening May 11!



3-DAY GRAND OPENING CELEBRATION

Friday, May 25 Saturday, May 26 Sunday, May 27

**Naomi Hooley
& Rob Stroup**
**Freak Mountain
Ramblers**

McMenamins
Ales, Wines & Spirits Tastings
Naomi Hooley & Rob Stroup
The Quick & Easy Boys

McMenamins
**Ales, Wines &
Spirits Tastings**
Brownish Black

Free • Tastings 3–7 p.m. • Music starts at 6 p.m. Friday and Saturday, 7 p.m. Sunday

Grand Opening Golf Tournament

A Gearhart Volunteer
Firefighters Fundraiser

Saturday, May 26

Reservations deadline:
Friday, May 11

MONTHLY McMENAMINS GOLF TOURNEYS

Every third Friday.

May 18 • "Superintendent's Revenge"
June 15 • "Father's Day Treat"

LIVE MUSIC EVERY FRIDAY NIGHT

7 p.m. • Free • All ages welcome

May 4 • Floating Pointe

May 11 • Yarn (as part of Great Northwest Music Tour)

May 18 • Eric John Kaiser CD Release

McMenamins Sand Trap & Gearhart Hotel • 1157 N. Marion Ave. • Gearhart • (503) 717-8150 • mcmenamins.com